Medical Recipes
c. 1750

A

B

C

For a Cold
Horsnell 8
For a bad Cough 77 51:24 35 21:153
a Canker in the mouth 30
a Syrup for a Cough & Cold 38
a Cancker in the mouth 44
For a Consumption 83:94:49
a listus for a Cough - - - 57
From Dr Ratcliffe do
For a Cough 64:65:82:93:119:140
For Chilblain 67 141
For a Cancer or sharp Humour 67
For the Collick in the stomack 69 86
the Hearts horn drink for a Looseness 70
a Composing Draught 72
For Corns 47:78
For the Collick 81 87
For a Contraction of the nerves 87
For a Chin Cough 93:119 132
Turners Cerat 82
the Red Cordiall - - 114
For a Consumtive Cough 139
For a Billious Collick 152

D

For a Dropsey - - - 18 101 115.
Stoutons Drops - - - 24
the Febrifuge or the Salt
of wormwood Draughts 39
Dr Daille's Drops 69
For a deafness - - 113
an extraordinary & never
Faling Medicine for a Dropsey 129
For the bite of a mad dog 135
a Diet Drink - - - - - 148.

E

F

G

H

J

K

L

M

N

O

P

R

S

T

V

Y

Z

The Black Salve

Take 4 ounces of the finest red lead and half a pint of the best sallet oyl, and mix them verywell in a skellet then sett it one a low fire to boyl very gradually tell it begins to turn blackish, then trie it with a ragg, if it run through it will be to thin. if it be black and thick that it stick to your finger a litle not to much take the skellet of the fire and put in as much palm of sity as will lyon a half crown and keep it stirring tell you think it is well melted, then poure it into galley pots when you use it for a sore spread it on a ragg but if it be for a pain in the limb or back then spread on a gentile lam leather it will keep 4 or 5 year it is good for a cutt or a bruise or a chopt lip or a pain in the back or side take a little & put into a small galley pot by it self and put in as much more palm of sity as will lyon a half crown and keep for sore nipels or a burn or any thing you would have heal it is good for a blister when it is inflamed.

you most have your lead at the apothecary finely searched

From My Mother

The Yallow Salve

Take 4 ounces of venus turpentine 3 an. ½ of a ounce of barrows grease 3 : ½ a ounce of the best yallow bees wax shaved very thin then set on a slow fire in a skillett to melt then put in your barrows grease & let it be melted when it is melted take it of the fire and stiring in your turpentine last, just warm them all together then pour it into galley pots for your use this is a grate drawer it is good for a boyl or sore breast

From my Mother

Mrs Boxes Searcloth

½ a pint of Sallet oyle
3 ounce of harrows grease
2 ounce of Oyle Scorpion
3 ounce of Grays or badgers Grease
3 ounce of Urchin or hedghogs Grease
4 or 5 Ounce of Red lead
Boyle all these together over a gentle fire to a searcloth then try it with a peace of dowlas till you find it will bare when ready dip in peices of Dowlas whilst it is hot and lay them on pewter dishes or plate oyled till they are cold and hard

Cap. Vebors Searcloth A grat Drawer

Take half a pint linseed Oyl
3 ounces of white lead
And mix them together and boyl it till it turns black and then try it with a ragg whether it will stick if it will it is enough then dip in your ragg and rowle them up for your use and keep them in a damp place

A Plaister for y Stomach & Consumption

Take one ounce of burgemy peich
One ounce of rosin
one ounce off bees wax
} this is good for any strain or bruise ache or pain applyed to the grieved parts
melt them in a little earthen pipkin then put in 3 quarters of an ounce of ordenary turpentine half an ounce of oyl of mace spread it on a peice of leather cut fit for the stomack and grate little nutmeg on it before it is cold it must be renewed every three week

A Plaistter for Sore Eyes

Take betony hemlock feather few chamomel of each half a handfull shred them very small then take 2 ounce of bole armoniack fine powder stir and mix all these in half a pound of tar, and lay it on new hempen cloth ~~that~~ as it comes from the weaver, that has never bin washed. lay it on each temple and the top of the head shift it with new 3 times a week, and every time taking new cloth if you find it to thin you must put in more of the herbs & powder the hair must be shaved off where the plaister is laid on, the plaister on the top of the head must be pritty large to cover the top of the head

From my Mother Mrs Hides Plaister

Take a quarter of a pint of the best Sollet oyl
2 peny worth of frankincense
2 peny worth of rosin & 2 peny worth of venus pitch
2 peny worth of bees wax
then put these in a new pinking to boyl tell all be melted then take it of stiring till it hath done boyling then drop in 2 peny worth venus turpentine stiring it till it is cool enough to be put into galley pots it will cure any cut or sore when you use it melt it and dip lint in it if the wound be deep

A Plaistter for Temple

Take mastick dragon blood myrr an equal quantity of them beanflower as much as will make it into a salve with the white of egg well beat this is good for the head ake

A Plaister of Basilicon

Take 6 ounces of turpintine
5 ounces of frankincense
6 ounces of Clear pitch
9 ounces of yallow bees wax
6 ounces of rosin
6 ounces of beefsuet
1 pound and 4 ounces of sallet oyl
Dissolve them on a gentle fire and strain it into your galley potts

Unguentum Album

Take 8 ounces of the best olive oyl
12 ounces of hogs grease
4 ounces of white wax
6 or 7 ounces of Serous washed in rose water
4 drams of Camphere
let your hogs grease & wax be melted first and put into a pot then put in your serous & oyl and your Camphere and kep it stiring till it is Cold

Plaister for the Belly for a flux

Take the old marmalade of quince 2 parts of that and one of diacordiame and a litle Cinnamon on the top of your Plaister and margent it round the edge of your leather with diapalme plaister for a flux

Take the Caul of a Sheep and shred it fine then put it into a pipkin and a quarte of a pint of rose water and let it boyl all together a while, then strain it from the skins then put it in your pipkin again to warm you must have your raggs redy to dip in when you have dip the raggs hold them to the fire to drop of some of the fat from them when they are hot you must lay them on pewter dishes to cool smooth them with your hands & role them up for use

From my Mother Ague Plaister

Take a dram of Frankincense
a dram of Mastick
a dram of Myrrh
Mix all these together and then take a spoonfull of all them and ado the bigness of a walnut of venis turpintine, & let it melt over a fire or spirit frame till it is all well melted then have your leather redy to be spread for the size of the persons wrist it should be layd on be for the 3 fits when the plaisters are spread throw some of the powder of mastick on the top let it lay on a month

From m. Mother Nurse Oakes Plaister for a breast

Take 2 ounces of linseed oyl and 2 peny worth of diapalme 3 ounces of virgin wax and half an ounce of palm of Sity and one spoonfull of hungary water boyl all these together till it is of a good thickness then spread it on a linnen cloth

The Lips Salve

Take half a pound of hogs larde a quarter of a pound of Vergin wax a quarter of a ounce of oyle of Jessamy or Essings of lemon, melt all these together then put in as much alkanet root as will make it of a good red then put it into your pots or saucers for use add 2 ounces of very good pomatum & strain it through a sive

from Mr Heathcote at Hackney

Eye Salve

Take May Butter well clarified in the sunn 2 pound & of an ounce of vargin wax 1 ounce of Lapis Intie finely powdered 2 drams of campher

Disolve all these together in a pewter dish over a gentle fire when they are well mixt and melted put in 2 spoonfull of red rose water then take it off the fire & stir it till cold keep it in a gally pot close covered with a skin and leather use it night and morning put into the Eye the bignes of a pea and hold the Eye lid down while melted it is good for hot and cold Rhumes pin or web

You must use it to both Eyes tho but one be ill and wash your Eyes after with red rose water from Mr Heathcote Hackney

A Salve for the Kings Evill

Tak an ounce of bees wax an ounce of resson and as much sweet oyle as they both contain and simer them together in a pipkin till they are all melted

To Make Issue Plaster

Take Diachilon 3 pound Rezin ½ a pound Yallow Wax ½ a pound Turpentine 2 ounces Take all these, and melt them in a pipkin, and let it stand till it is cold the next day heat it and pour some one a plate, and set it over a lamp to keep hot, then take your paper draw over the top but besure you dont let it come on both sides take care you dont melt the plate for it is very apt to doe

Mr Tanner. For A large Cut or Wound

Where there hapens to be a large Cut and no Surgion at hand - take some warm milk and wash the wound and when you have done that shake some flower into it and then fill the wound with dry lint and cover it with a diachalam plaster and send them to the Surgion

Mr Tanner A Plaster for the Stomach

Take of burgany Pitch and beeswax and oyl of mace a quarter of an ounce of each and mix them together Stiring them all the while and when you think them well mixt spread them upon lether and grate sum nutmeg upon it and lay it on your stomach this is for a stiring at your stomach

For the Leprosey

Take a pound of tar and half a pound of fresh butter put into an earthen pot and beat them well together with a hasell stick which must be very well heated at the fire offten that the tar and butter may mix well, and with the same hasell stick well heated lay it all over the place affected doe this every day for a fortnight together, this cured a woman that hath had the Leprosey for 30 years it shead all her skin and she was like a new born child

A Plaster for a Sore Breast

Take ¼ of a pound of white leade and ½ pound of Leas wax and ½ a pound of sallet oyle put the oyle and wax together sterr them over the fire till they are all melted then put in the lead and sterr them till they boyl and boyle them a hours and half keep it stirring off from the fire till it is cold then put it into pots for use

For a Scald or Burn

Take Diapalma Plaster 4 ounces melt it in a Pipkin and pour into it 6 ounces of oyl of Elder that will make it into an ointment as much Spermasity as will lye on a half crown, and let all simer together, & let it stand to be cold & spread it on a rag

Tanner

Take of Rosemary, sweet majoram Lavender wormewood
lammomoil and the flower Rue bay leaves the youngest
charity, valeretenum of each a handfull, well picke but
not washee chopp them & beat them in a morter all to=
gether then put them into a quart of good Sallat oyl
add to them an ounce of cloves half an ounce of mace
half an ounce of nutmegs beat them small & put them
in to the oyl and herbs.
Put them in a stone jugg, and stopp it up with wood
flax & what els, necessary to keep out all aire tye
a leather over it and set it in a horse dunghill for
thirty days then straine it out and keep it in a bottle
close stopped for your use
Tis good to take inward for bruises given between
four or ten drops according to the age or constitu=
tion of the party, it must be given in a spoonfull
of posset drink and a draught of poset drink after
it and so to be taken as you find occasion twelve
hours between if you doe repeat it, it is good for
sore brest to anoint them and for swelling, wounds
or ackes comeing of cold coughs it is good for
deafness to warm 2 or 3 drops & put into the ear
tis good to anoint a bruise as well as take it inward
ly tis good for little heat or pimples or cut fingers
& so forth
Cosen Dancomb.

For A sore Breast

Take Hony & spread it on lane paper and then strow some fine pepper on the top of it, this is good to brake a breast or sweling and hath done a great deal of good in such like case

A Green Oyntment for Scalds or Burn

Take house leek one pound elder tops night shade ground Ivy plantain mellolet and sage of each half a pound shred them and bruise them well then put them in a pan and add oyle 3 pints and may butter a pound gallow wax one pound rosin eaight ounces turpentine 4 ounces and let all these boyle together, then clear them of into your pots

An Oyntment to Cure a Scald Head

Take a New lay'd Egg and make a hole in it and put out all the meat then fill the shell 3/4 quarters full of the best live Honey, then take as much white coperas as will lye on a three pence and put it to the honey then set it on a fire cools and boyle it together a pritty while and skim it now, and then, with the edge of a knife, when it is boyled up to the top and you think it is well mixed with the boyling take it of and straine it and put it in to a galley pot and anoint the place that is greeved and keep it for your use this my Mother knows hath cured several

The Oyntment of Tobaco from Co Ash 12 v

Take Tobacco leaves 3 pounds bruise them, Oyle of olive 2 pound wax 10 ounces rosin 4 ounces Turpentine 2 ounces boyl all these together till the hearbs begin to be a little Crisp then strayne it into pots

An Oyntment for the Eyes v

Take of bole almoniack washed in rose water one ounce lapis calaminaris washed in eyebright water Tutty prepared of each two drams: pearls in very fine powder half a dram camphire half a scruple opium five grains fresh butter washed in plantaine water as much as is sufficient to make it into an oyntment according to art, it is exceeding good to stop hot rhume that fall down into the eyes the eyelids being but anoynted with it

Oyntment of Tutty v

Take of Tutty prepared two ounces lapis calaminaris often burnt and squenched in plantaing water an ounce make them being finely powdered into an oyntment with a pound and a half of oyntment of Roses It is a cooling dring Oyntment appropriated to the eyes to dry up hot salt humours that flows down thither, the Eyelids being anointed with it

Take 3 pints of the best Oyle of olive half a pound of bees wax two ounces of Red sanders, a pound of venice turpentine, one dram of cochenale, one ounce of true natural balsom, one ounce of oyle of St Johnsworth, half a pint of sack, half a pint of dammask rose water, cut the wax, then put it into an earthen pan, so bigg as may hold all the ingredients and set it on a chaffindish of coles melt it & let it boyle a little, then put in your Oyle, which must, before beeaten, with the sack till they be so incorporated, that there is no separation, but remember to save, 2 or 3 spoon falls of your sack out, then make it boyle a little & take it of & stirre it, then set it on again, and so doe 3 times, & if it boyles take a little up in a spoon to see if the sack spends, then put in your Turpentine which must be washed, till it be white, in the rose water and all the water drained from it, then lett it boyle a little taking it of some times to see if the sack be spent then put in the oyle of St Johnworth stiring it all together then put in your cochenile which must first beeaten very small, in a brass morter & boyled in the sack that was left out & that & the sack put in there stiring it still, then take it of the fire and stirre it till it is cold, then gett it on the fire and make it scalding hot, then take it of & stirre, in your sanders all the while you are stirring them in, then take it of the fire againe & keep it stirring till it be pretty cooll then put in your balsome and keep it stiring till it is as

Thick as hot starch if the balsome be put in hot it will be hard & not so good for use
from my mother

An Oyntment for the Piles

Take one handfull and a half of elder leaves one handfull of violet leaves half a handfull summer savory a little rose mary one head and a half of houseleek one branch and a half of orpinshred one pound and half of fresh butter without salt and add to these some pileworth roots but rose leaves & flowers which will be better, boyle all in butter untill the strength of the Herbs is out then straine it hot as possible you can through a canvas and put it over the fire & let it seethe and scume it clean as it riseth & when it is clear from the thick froth slice in to it a peece of bees wax half as bigg as an egg then let it seeth again and scum it, ~~and~~ and pour it out into an Earthen pan and when you use it spread some of this oyntment on a linnen cloth and lay it to the part which paineth all night and if your Piles be in ward you must use this in the nature of a Popositary keep it in a coole seller and it will be pretty stiffe

Together with the medicine above, the said Sr John Champante did at a convenient seasone before the use of the oyentment bathe the part with his warm urin before the making use of the chamber pot it must be made warm before the fire that it may be through warm when you apply it

 Memorandum that these 2 application eased & recovered him when he was in greate paine & much danger by the piles and found no benefit by the phisicians perscriptions; from My Aunt of Hackney

For yellow sickness

Take of the ponder of steel one ounce prepaired of the conserves of the leaves of mugwort 2 ounces of syrrup of the five roots as much as is sufficient to mix it into an electuary & then take the bignes of a chestnut every morning for 2 months
from cosen Jess

For a glister

Take 16 spoonfull of milk 12 spoonfull of sack and make sack whay of it then take a new layd egg and only the yolke of it, some double refined sugar a peece of metradate as big as a wallnut and mix them all together but take care that it dont turn to curds & whay, for then it wont doe att all, half a pint is enought for a grown body a quarter of a pint for a child is enough
from Mr Scrivener

A cure for the Seate coming Down; Coseu Ash

Take the sole of a shoe only cut the heele of it; it must be one that hath a very sweaty foot put into a clear fire and when it is red hot take it out & when it is cold beat it to ponder and sift it and keep it in a glass for vse

First when you vse it wash the seete with cold water and then strow some of this powder all over it then put it gentley up with a cloth, then let the party sett still a good while warm and this will cure it from coming down any more

approved by my Mother

Goody Hawods pills

Take Cypress Turpentine half an ounce Rubarb 2 drams white amber halfe a dram Peruvian balsom one Scruple make them into 6 Pills of each one dram to every dose add 6 graines of Sweet Mercury let them take 6 every night for the whites

from my Mother

Flooding Glister

Take a handfull of plantain leaves and a handfull of red rose leaves and boyl them in 3 pints of milk till it comes to one pint then straine it out from the herbs and then make vse of it

from Mrs Price the midwife

A Glister from Mr Porter

Take a good handfull of rue a good handfull of cammomille yearbs & flowers & a handfull of fenell a quarter of an ounce of aniseeds & coliandrseeds caraway seeds & fennil seeds cut your yearbs and bruise your seeds, then take a quart of milk & boyle all these things in it till it comes to a pint then strain it of, then take a pint of that liquor and put in a good handfull of salt 2 Large spoonfulls of brown suger, then strain it & put in 3 spoonfull of oyl take care you dont use it to hot, for the Colick and Convulsions

Bags for the Wormes

Take Rue Southern wood Lavin Wormwood feathersfue cammomile leeks of all a good Handfull shread them grosly, heat them thoroughly in a pan with an oxes gall you must have a long thin bag to put them in from the throat below the Navell let it be renewed in 4 or 5 hours,
and give a Glister sweetened with honey very sweet

from my Grandmother

For a sprain

Take 2 quarts of ye strongest beer you can and 2 handfulls of Rosemary and 2 handfull of bay salt & boyle all these together and bathe the sprain if it be inwardly take balm posset drink

from my Mother

For a dropsey

Take a sheeps head and brake it into pieces and boyle it with the woole on, and march mallows and ordinary mallows roots and leaves and when it is well boyled lett the party have it put into the close stoole and set over it as hot as they can bare it and as long as it is convenient and so use this at severall times, this has done good

Old Mr Dawson

For to cause easy Labour

Take 1 ounce of Succus, of Carmis 2 ounces of Sirup of Clove Gillyflower 2 ounce of Sirup of Rasberry, Take all these & mix them all together & shake them well and take one spoonfull every morning for one month before hand and if this quantity doth not serve mix more

from my mother

A purge for the Head

Take some of ye roots of wilde white primroses and stomp them very well but first wash them clean and dry them in a cloath and ~~young~~ tops of 2 or 3 sprig of sweet margrum with them and when thay be well stamped then straine out the juice and when you have arived to purge your head hold it back and let somebody powr up a thimbell full up your nose and it will purge your head and make you spitt a bundantly as soon as you have done spiting take something hot and goe to bead

For A Sprain

Take rye flower & make it into a pan cake with Chamberly and lay it on as hot as you can bare it

from my Sister Heathcote

For a Sore throat

Take one Head of houseleeke and one ounce of Oyle of white Roses and boyle it into an Ointment and spread a new peece of flanell and lay this on the throughtt and this will give you Ease

Mr. Gold oyle of Dowlis fra webbing Eye

Take a Long stripit of dowlis & role it with your fingers & leave a hole in the midle of it, then take a plete & set it upright then set it on fire to burn & the oyle will remaine on the plate but beware that you take care of that the ashes donot not git a mong it, then take a fether & Iust draw it through the eye & then, where the peel is you must stay some time be tween your doing of it for if you doe it to fast, it will leave a flaw ~~at~~ on the sight at first, this has cured his daughter he told my father him self

Apotice from Mr Coope for a sting of a Hornet or sore throat

Take Caminile and frye it in new butter without salt this is the best thing for a hornet sting or a sore throote to asuage it, with out braking, I have seen it made use of, severall times

and this I have seen done take Brandy & dip caminile in brandy when an Inflamation has come with a sprain or a wench or bruise and that hath taken it a way

A Fomentation for an Inflamation to prevent a mortification

Take Rue, wormwood Rosemary & camomile of each a handfull Wood Ashes two pound boile them in six quarts of water to your pour of the liquor clear when settled and when used add one pint of brandy or Rum or any other Speritous Liquor of the strenght of brandy you must dip in some flannell & squiced dry, & applied very Hot

from Mr Cotsworth,

Losinges for a Cough

Take a pound of double refined Suger, & an ounce of red Roses & a Lemon, pare your Lemon very thin & mince it as small as you can & mince the roses the same & make them into losinges & take some when your Cough is troublsom

Issue pease

Take 1 ounce of blue Vitrol Stone dissolve it in half a pint of water take a quarter of a pint of pease & put them into the water & let them simmer over the fire till they are turned green then take them out & dry them for use

To Make the Green Ointment in May

Take wormwood march sage common mallows and marish mallows of each a modrate handfull chop them a litle but not to small and take a pound of butter out of the churn with out washing or any salt only let the butter milk be very well out set it one a sloe fier in a skellet with your chop herbs and let it boyle till the herbs be crisp then strain it through a hare sive into galley pot and keep it for your use
It is good for to dissolve a swelling or for a sore breast in a lying in or a fall whare the skin is of or a kick of a horse or a crick in the neck or a bruise it will keep 5 or 6 years, a proved by my Mother

Ointment for the Rickets

Take 3 pints of black snails 1 pound of may butter out of the churn with out washing or salting and boyle them together till they be very hard and the butter be very clear boyle them strain it through a hare sive into galley pots when you use it melt it and Anoint the joints but not touch the back bone

from my mother

Spanish flies

Take a qt of an ounce of white wax & the bigness of a walnutt of Spanish flyes work them well together, & this will make a very Good Issue as well as Costick

For Agprine or bruise

Take of oyle of swallows and oyle of roses an equall quantyty and anoint the place very well by the fire and then take the white of 2 eggs and a peace of allom beat with the eggs and the allom well together tell it is like a salve then spread it one a pease of cloth then lay it on the sprine but you must anointe every Day and lay the same thing on againe but fresh

For an Inflamation in a blister

Take half a pint of the best sallit oyle sonce of bees wax 2 ounces of palm oyl sity, take care that it is not to stife it must be melted all to gether & put into a pot it is good for a burn or scalle, spread it on a cloth.
you must burn your oyle first

Burnt Oyle for a Scalo or Burn

Take of the best ballet oyle and dip a holond ragg into it till the ragg be wett then take the tongs and hold the ragg with them then with a pease of paper set it on fire and let it drop into some silver thing for it will melt any pewter if it be but a litle you want then with a small bit of a ragg you may let it drop in a sponce but you may keep it half a year or longer you must anointe the burn or scalo with the oyle 2 or 3 times a day it will take the fire out of a blister and give you ease

Electuary for y^d Greensickness

Take 2 ounce of fine ponder of steel Prepared 2 ounces of ponder of brimston 2 ounces of trackell 5 hole nutmeg grated, or as much ginger as the quanty of a nutmeg, mix all these into an Electuary and take the quantity of a nutmeg morning & night this quantity generally cures but a double quantity never faills

from Mrs Hase

An Electuary for the Piles

Mrs Potter

Take 3 ounces of Lenitive Electuary, half an ounce of Flower of Brimstone & one ounce of Syrup of Violets mix them together & take the quantity of a nutmeg once or twice a Day

To make Houton's Drops or Dr Ratcliff's Bitter Tincture

Take the rine of six right Seville oranges pared very thin without any white. One ounce of Gention Sliced half a quarter of an ounce of English Saffron or 2 Drams & one ~~penny~~ Dram of Cochineal bruised very much, infuse these in a quart of right french brandy & let it Stand Eight Days then pour it off from the Drugs add to this 2 penny worth of Snake root the ounce of yeadory roots & one nutmeg Stirring it every Day or ten Times a Day Shake

Take a Tea Spoonfull in a Glass of White wine 2 hours before dinner the Same in the afternoon or take it in water is as good

Coll^n Hannock's Receipt for the Scurvy and leprosy

Sorrel Roots
Madder Roots } of Each half a pound
Monk Rubarbe

The leaves of Scabius
and Agrimony } of Each four handfulls

Senna
Hermodactos
Sarsaparalla } Each four Ounces
Anne Seeds
Sweet fennell Seeds

put the Druggs into one Bagg and the rest in another Bagg in four Gallons of new Ale wort and when it has Stood four days begin to Drink it, a pint Every morning for a man and half a pint Every morning for a woman.

Johnsons Cordiale Water 4 of Balm

Take 8 handfulls of Cardus 6 handfulls of Mint 2 handfulls of Wormwood and 1½ ounce of Annseeds & 2 quarts of Brandy Still it in a cold Still then put into Every quart bottle 3 or 4 ~~ounces~~ small pieces of Loaf Suger, if your Still be small divide it into two and cut your herbs in different short you may put in 1 ounce of Cardimum Seeds bruised

An Ointment for the Eyes from Mrs Fawsel 2.6

4 Ounces of May Butter without Salt
1 Ounce of Virgins wax
½ an Ounce of Tutty
2 Scruples of Camphire
2 Spoonfulls of Rose water
mix all together in a pewter Bason & melt ym softly keeping it Stiring till all be melted then take it off the fire & Stir it till cold then put it into a Galley pot tye it up close & it will keep 3 or 4 years, when you use it take a little peice & rub it on the out side of your Eyes when you go to Bed

---

For Sore Eyes from Mr Parkes

put a half penny worth of white Copperas in a Quart of Spring water let it Stand 3 Days & then its fit for use you must Drop a little into both Eyes going to rest

---

Milk Water qs Doct Cromwell

Take 2 handfulls of Cardus 2 handfulls of mint 2 handfulls of Balm 1 handfull of Rue 1 handfull of wormwood Still all these in 4 quarts of water and take 3 quarts from them and mix them all together

To Make Spermacity Draught

Take a quarter of an ounce of Spermacity and half an ounce of white Ginger beat very fine together then mix it with the Yolk of an Egg and 8 ounces of black Cherry water or penny Royall water or any other Simple water that you like, & take half at night and the other in the morning

---

For a Bad Cough

Lad Bellfield

Take a vere old Fowle & Stuff it with a pound of Currants & a Stick of Liquorish Sliced, boile it in a Gallon of water till it Comes to a quart & take of this

---

An Excellent Remedy for a Sore Throat

Take five Spoonfulls of Syrup of Elderberries and mix in one Spoonfull of Honny and as much Salt Prunell in Powder as will lye on a Shilling take a Tea Spoonfull of this as often as you Can

---

For a Sore Throat from Mrs Bush

Take bole Aminack, burnt allum, powder of Mirrh & Honny mix it into an Electuary rub the part a grived with your finger or a Small Soft brush, with this Electuary as often as you Can

---

For a Sore Throat Ditto

Take Some ruff amber to Smoke in a pipe you must make the Pipe Red Hot & put in the amber & hold it on one Side that it

may not run out or Stop the Pipe, then Draw in all the Smoke you Can & repeat it two or Three Times ——

For a Fever Dr Beade at Bath

Take the finest Peruvian Bark two ounces, Virginian Snake root two Drams, boyled over a Gentle fire from five pounds to a Quart, adding half a Dram of Cochinel, when tis almost boyled Enough, Strain it & of the Strained Decoction take three ounces — Peoney water Compound, half an ounce, Spirit of Lavender half a Dram, mix for a Draught which may be taken Every Six Hours when the fit is off

For a nervous Fever from Dr Ledderdale

Take one ounce of Powder of Jesuits Bark and five ounces of Sal Volatile oleosum Infuse them in a Bottle with a Glass Stopper a boat a Fortnight then press off the Liquore and filtre it thro thin Cappeper for use Take one Tea Spoonfull, of this in two large Spoonfull of Febrifuge Every four hours, & as the Fever Decreases, take it Three times a Day, & so Lessen it to twice a Day

To Make a Breast Salve yt never fails, Mrs Fauset

Take two pounds of mutton Suet half a pound of Rosin half a pint of Salled oyl (Such as is used for Sucks when the is fryd) put it into a Sauce pan with the oil & Rosin mixing them well & Stirring them into a Clean Earthen pann let it Stand a little to Coole then beat with a Spoon till it looks white NB it will keep a year or two then put it in Galley potts for use it heals all milk Sores in Breasts by Heating it & Dipping fine Cloths in it laying ym as hot as may be endured to the Grieved part, it Cures bruises in any part of the Body & is very good for a Burn when the fire is out half yd quantity is Enough

For Venems & Sores in Hand or Foot Bi from Mr Kirshaw

of Knot Grass & Rue each a Small handfull boil them in a wine quart of ale or of ale & Small beer till at least half is Consumed, let yd Patient drink it fasting two hours before & after it & keep him Self warm for Some time after — one Draught will Commonly do Service if yre be occation for Repetition let it be with an intervale of 48 hours

For the Itch from Dr Hepborn

Two ounces of white Helleborn boil d in a quart of water to a pint, & a quarter of an ounce of Ginger let the person wash them Selves before the Fire night & morning for four or five times

For a Canker in the mouth Dr Hepborn

Take Spirits of Vitriol & with a fine Rag apply it to the parts affected night & morning till it heals if the Canker is too far gone for the Spirits to bring it off in a white Skin then apply the oil of Vitriol in the Same manner but the Spirit is generally Strong Enough

For the Rheumatism

Take 30 Drops of Spirit of Turpintine, Drop it on a Lump of Suger drinking any Liquor you like after it, take this three nights Successively going to Rest 25 Drops is Sufficient for a woman it will not hurt if the Patient is afflicted with the Gravile but rather be of Service

For the Piles Dr Ratcliff

Conserve of Violets two ounces, Conserve of Red Roses one ounce Crabs Claw prepered & flower of Sulpher of each a Dram with a Sufficient quantity of Syrup of marshmallows to make it into a Soft Electuary Take a bit of Size of an nutmeg fasting

Ointment for the Piles

Take wood Lice & fry them in oil & anoint the part affected

Do for the Piles & for being very much bound

Take a handfull of Hay & put it in a Close Stool & Pour hot water upon it & Sit over it

A Glister in a Fever — Dr Hepbourn

Take half an ounce of Castell Soap an ounce of Double Loaf Suger & 3 quarters of a pint of milk then boyle it till the Soap is melted & Stirr in a bout an ounce of butter

---

For a Bruise on the Breast — Mrs Norton

Take your owne water & Set it on the Fire and put in two pieces of Scarlet Cloth and apply it warm to your Breast first one piece & then the other for 9 nights together & let one of the pieces remain on all night you may bathe your breast as long as you like and as warm as you can, to be done the night the Hurt is recieved or as soon after as you can

---

For a Pain in the Ear

Take half a pint of Claret a quarter of a pint of wine Vinagar put in Some Sage Rue Rosemary let it boyle up, put it into a new mugg & hold your Ear close, So that the Steem may be Sure to goin as it Cooles heat it a gain & a gain & when the Strenght is pretty well wasted wrap your head very warm & go to bed

---

For the Rheumathism

Take 30 Drops of Spirits of Turpintine (Etheriage) Drop on a lump of Suger drinking any Liquor you like after it take this

Three nights Successively going to rest 25 drops is sufficient for a woman it will not hurt if the Patient is afflicted with the Gravile but rather be of Service

---

a Certain cure in the Hydrophobia Madness &c.

Take Native Cinnabar & Factitious Cinnabar finely powder'd of Each 24 Grains: the Strongest Musk 16 Grains rub them well together & give the whole for one Dose in a Small Tea Cup of Arrack or Brandy as soon as possible after the Bite and another Doze 30 Days after, but if the Symptoms are come on two Dozes must be taken in an hour & half, it produces a Considerable Drowsiness

---

For a Broken Chin

Take a piece of Cambrick Paper which is that Sort that pieces of Cambrick are Rap't up in & Dip it in Brandy very wet & lay it upon the Bruised place for a Month or Six Weeks & never take it off but Bind it up with a Rag till it is quite well

---

For Colick & Gripes — Sr Hans Sloane

Take of Alexiterius Milk water 6 Ounces, of Strong Cinnamon water 3 Ounces of Diascordium, 6 Drams of Syrup of Clove gily flowers half an Ounce, mix

then let the patient take 3 Spoonfull immediately
and after every Vomit
Take of Diascordium one Scruple, of Venice Treacle
15 grains Gascoigne powder half a Scruple Rhubarb
roasted 9 Grain Syrup of dryed Roses as much as
is Sufficient to make it into a Bolus, to be taken
at night, Drinking upon it 3 Spoonfules of the above
prescribed mixture -

Sr H Sloane mixture for ye Gripes
Take Alexiteriale Milk Water 4 Ounces
Compound Piony water 1 Ounce
Liquid Laudanum 20 Drops
Syrup of Cloves 3 Drams
Mix all these together, Take two
Spoonfulls after every Loose Stool

An Excellent Receipt For a Broken Chin or
any Bruise by Mr Chiseldon

Take the white of an Egg & beat it very well then put Some
of the best Olive Oyle & beat together then put as much
Bole Armoniack to it as will make it into a pretty thick

Ogutment, Spread it upon a Cloth & Lay it over the leg, & Sore & repeat it till it is well, this has been used with great Success by Mr Chiseldon but it will be proper to take half an Ounce of Linetive Electuary Every day or Some other phisick

---

For the Kings Evil or Scrophulous Cases

Bruise the Stalks & Leaves of Water Parsnips in a Stone Morter & Squeeze the Juice through a Cloth Mix four large Spoonfulls with the like quantity of Milk & drink it in a Morning fasting two Hours after it & Continue it untill well

the Right water Parsnips Grow in the middle of waters & Rivers, but those that Grow on the Banksides are Poysonous & Care must be had to a void them

---

For the Fett in Horses or Gripes

Put 40 Drops of Laudinum into warm ale & let them drink it

To make mouth water

Take a Spoonfule of Spirrit of Scurvy Grass, a Tea Spoonfule of Tinture of Myrh put to them a bous half a pint of decayed red port Shake it well & wash your mouth with half a Spoonfule of it Every morning fasting

For a Lump in the Breast by a Bruise to prevent a Cancer

Take a little Sack & put into it as much Saffron as you can take up with 3 fingers & boyle it, then take Some new muslin dip it in the Liquor & Lay it warm upon the Breast shifting it Severall times then keep the Breast warm wet a piece of Scarlet Cloth this must be done twice a day till the Lump is gone, the muslin must be new Every third time, it must be applied as soon as possible after the Blow or Bruise this Cured a young Lady when She had got a large Lump in her Breast by a Blow

Miss Lydes Reicpt for a Cough

Take two ounces of Diacodium, two ounces of Balsom of Tolu one ounce of Aqua Mirabilis

A Receipt for any Sore Breast & has Cured a Confirm'd Cancer

The Person must keep a Strict Diet Eat no Sort of Salt meat nor Strong Dishes particularly avoid Spices, Salt Vinegar and all inflamitary Food, the Drink at meals must be Chiefly a little Sack with water no French wine or Spiritous liquor the Person must Drink a Phitzan made of Sarsaparilla a bout a quarter of a pint 3 or 4 times a day, made with two ounces of the afore said Root Boyled in two Quarts of water to one & then Strain'd, at the Same time must be taken Melepedes bruis'd two Hundred in a day, begining with a less Quantity & increasing as the Stomach will bear

if the Person Should be Costive take a little Manna Just Enough to keep the Body open during the Said Course. Bathe the part with Boys Urine very well twice a day, dipping Flanells & apply after Bathing also a Scarlet Cloth wet with the urine, Care must be taken the Boy be of Healty Strong & wholsom Parents & about Seven years old, let it be Milk warm—

NB a person in Lady Betty Egertons Family has been Cured when her Breast was So bad that Mr Peirce the Surgion at Bath thought there was an absolute necessity to Cutt it off & the day was actually fixed for the Operation, She used the above Remedy for 4 months, but found a Senceable alteration in 6 weeks: if there is a Sore, use Linnen next the part, & Flannel over it which is to be wore Constantly

Mr Plunket who is a very Eminent man for Curcing Cancers is to be heard of at the Bay Tree in bear binder Lane

this Recipt was given me as a certain Cure by Mrs Lehook Janv 18th 1752

Take the Electuary of Sassaphras Candied Ginger of Each one ounce pearl & red Corrall prepared Each a dram & half, red Roses in Powder one dram Syrup of Cloves as much as is Sufficient to make an Electuary to be taken the bigness of a Nutmeg Every Morning & at 5 in the afternoon

For a Sharp Scurbutick Humour with running Heats & pimples

Take the fresh Root of Red Dock & take the finest Red Rubd Brick & make a deep dent or hole in it, then take the Strongest vinigar & put it in the dent or hole, then take the dock Root & Rub it in the hole with the vinegar till it Comes to a froth, then anoint the person with the Froth all over the Heats & pimples Several Nights Running, but they must take Some Red or Gascongne Powder those Nights they are anointed & afterwards they must take a little phisick which is innocent & Cooling, this was perscrib'd by a Grand Vizier's phisition to a person in Turkey who was very bad next to a Leprosey & Cured & it has been made use off with good Success in England

A Syrup for a Cough & Cold

Take a penneth of Dryed Hore Hound & boyle it in 2 or 3 quarts of water till it Comes to 3 pints then take to every pint of this Liquor one pound of your Five penny Clayd Suger & boyle it into a Syrup take a Spoonfull of this 2 or 3 times a day or when your Cough is Troublesome

---

An Ointment for the Eyes from Mrs Tawset

4 Ounces of May Butter
1 Ounce of Virgins wax
½ an Ounce of Tutty
2 Scruples of Camphire
2 Spoonfulls of Rose water

Mix all together in a pewter Bason & melt them softly keeping it Stirring till all be melted then take it of the fire & Stir it till cold, then put it into a Galley-pot & tye it up Close, & it will keep 3 or 4 years when you use it take a little peice & rub it on the out side of your Eyes when you go to Bed.

For a Bad Sprain Mr Chifeldon

Take an equall quantity of oyl & vinigar & make it into a poltice with oatmeal let it be warm & lay it on ye part & repeat it when it grows Dry

Mrs Scribo

For an Inflamation by a Hurt got by Bleeding
Take Some Hogs Lard & try it down then lapt
very thick quite round the arm & repeat it till
the Inflamation is gone it is a Certain Cure

To draw a Sore Milk Breast

Take 2 large Turnips & boyl them & Squeese
them between 2 trenchers to get out all the water
then mix it into a poltice with hogs lard or
fresh butter with out Salt & Change it twice
a day & when the breast is broke put on a heal-
ing plaster

The Febrifuge or the Salt of wormwood Draughts

Take 2 Drams of Salt of wormwood put it into
the Juice of one large Lemmon or two Small ones
when it has done boiling or hissing add 9 Spoonfulls
of penny Royall water & Tenn of Milk water & Sweeten
it with a little Double refined Suger to your taste
add 2 or 3 Spoonfulls of Brandy put it in a pint
bottle & fill it up with plain water Take four
Spoonfulls Every 6 hours

A Fistula Water good to Clean any Sore in man or Horse

upon a Red hot hearth where you burn wood, Clean Swept, put two ounces of Roch alum & one ounce of white Copperas burn ym till Dry then beat ym in a morter with two ounces of Bole armoniack Take a pint of Spring water boilo very fast, when you have taken it of the Fire take as much of the powder as will lay upon an old Shilling (or 140 grains) & put into the water let it Stand till Cold & Bottle it up for use it will keep Seven years you must heat it very hot but not boil it, to wash the wound, NB it will not heal false, if you would have the water very Strong you must abate of the Quantity of Bole = Remember always in all waters to Shake the Bottle

---

For a Fever or ague Dr James

an ounce of Jesuits Bark half an ounce of Gentian Root, a drachm of Saffron & a drachm of Cochineale powder all these & divide them into Sixteen parts to take one Every 3 hours in a Gill of red wine till finisht 2 Days after take an ounce of Salts & 3 days after that, repeat the Same once in 4 hours to prevent a return of the Fever or ague.

An Eye water From Miss Denning

48 the same by mistake

Take three Ounces of Plaintain water
Six Drops of Spirits of Rosemary
Five Grains of Sal: amoniac
wash the Eye three or four times a day with the Eye water, & at night when you Goe to bed dip Dip a bit of fine Cambrick Double & lay upon your Eye, & if you have any Pricking or pain in your Eye then Lay a bit of fine Rag Spread with venice Treacle upon the wet Rag & bind them Down

---

An Infalluable Cure for the Gout

Gentian
aristolochia or Berthwort } Roots

Germander
Century
Ground pine } Tops & Leaves

These Ingredients must be well Dryed beaten to powder Seperately, & Sifted thro: a fine Lawn Sieve, then mix together Equall quantity of Each by weight & take of the mixture one Dram every Morning in what vehicle you like best for Six months, ¾ of a Dram for three months more, & ½ a Dram for three months more, then ½ a Dram Each other day for a year

For a Tetter

Take the Oldest Tallow Candle that you can get then Spitt in your Hand & let it drop in your hand then work it with your fingers till it be a Salve then Anoint the place where the Tetter is & it will certainly take it away, put it into a Gally pot it will keep

---

For a Sprain

Take a quarter of a pound of Bay Salt a qt of a pound of Castile Soap make a Lather in a pint of water Bathe & Stoop it with Flannell as hot as you can bear it & Lap a piece of Flannell Round it this has Cured after it has been three months under Surgions Care

---

+

For a Fever upon the Spirits or Nerves

Take one Ounce of the best Peruvian Bark in Powder put it in a Viol & put to it 5 ounces of Sal: Volatile Oleosum, let it Stand 48 hours shaking it very often then Filter it for use Take a Tea Spoonfull, in three Large Spoonfulls of Febrifuge. Every 3 or 4 hours till the Fever abates then twice a day till you have taken 3 ounces of Bark then rest a week & repeat one Ounce of Bark more this has Cured when other Medicine failed

 Chalybeatum Restorative Steel wine

Take Clean Filings of needles one ounce the Juice of 4 Sour oranges, let them Stand 24 hours then add one quart of white wine, a quarter of an ounce of Cinnamon, one dram of Cloves two Scruples of Mace half a dram of Saffron, this is a very Serviceable Composition for many purposes & will infallibly Cure a green Sickness, in hypochondriacal melancolly & all affections of the Spleen it will do much Good, & after Fevers or any distemper that Spoils the Juices, this will greatly a gain restore them to their due warmth & Vigour if you mix it with Some Viper wine it will be a Higher Cordiale Still

A very Strenghtning Jelly

Mrs Braithwaite

Take a Neats foot foot pick it Clean from the bones put it into a pan with a Gallon of Milk a quarter of a pound of Brown Sugar Candy & Grate one Nutmeg into it Set it in the oven with Bread then Strain it off while it is hot & when it is Cold Cut out a good Spoonfull & put it into half a measure of Milk & Set it on the fire til it is dissolved and drink that quantity the first thing in the Morning & the last at Night

For a Sprain

Take half a pound of Salt & half a pound of Allum Boyle it in a Gallon of water to two quarts then put in your Sprained Leggs or hands as hot as you Can bear it & hold it in, till quite Cold, twice doing it, will make a perfect Cure.

Dr ward

For a Humour in the Leg

Take Some Milk & boile it put in Some fullers-Earth & make it into a poltice & lay it warm on the part a greeved & let it lye on all night repeat it till well.

For a Cancker in the Mouth

Take a like quantity of white Borax Burnt allum & white Suger Candy well Powdered & fine Sifted, & with this powder rub the Cankerd part twice or thrice a Day & then a little after wash the Mouth as oft as you please with the Juice Robert an herb So Called

---

To take out Spotts occationed by Lemon

Take Salvolatile & Rub the Spotts with it will take it out

an Excelent Receipt for a Sore Throat

Take Some honey in a large Silver Spoon & boyle it & Skim it & take of it, as often as you Can it is a certain Cure Do take ~~Some~~ a little piece of Salt of Prunell & Lay it under your Tong it will Draw a Rhum Spit it out but Swallow as little as you Can it is an Excelent thing

For a Tetter

Take a Sheet of white writing Paper devide it in Severall Pieces then Role them up as tight as you Can & Set them up End ways on a Pewter plate & Set the Paper on fire & as it burns there will Come out an oyly matter on the plate take that & onoint the Tetter with it it is a Certain Cure when repeated

For being Bound

if you Cannot go Easy to Stool take a handfull of hay & put it in the Close Stool Pour hot water up on it & Sit over it it will Certainly make you go & Easy

For to Preserve the Teeth

Take Guaicum Chips 2 oz boyled in 3 Pints of water to a quart ~~or Take the Gum & put it in a quart of water~~ to one ounce of Guaicum

For the Tooth ake

4 Drams of allum 2 drams of mastick 2 drams of Frankinsens, 2 drams of mirrh put in to a pint of white wine and Shake it Every Morning & hold it in your mouth the ingredients must be beat very fine

To Clean the Teeth

Take Bole Armenack & Dragons Blod & mertle & white Boracks an Eqnale quantity, allum & brick-dust the Same, mix all these to gether & keep them Dry they must be very Finely beat this is good for the grims & Teeth

a gargle For a Sore Mouth mr Faux

Take Bramble leaves Stub Sorrel Honey Suckle Leaves 2 or 3 prices of allum Sweeten it with Honey

Viper Broth

half a Chicken & a whole viper put into 3 pints of Cold water boiling it over a gentle Fire till it Comes to a quart then Strain it for use

To Destroy Buggs

Pelitory of the wall will bring all the Buggs to it & they may be Burnt the next morning

To Cure warts & Corns

Rub them with Onion & Salt & bind Some on when you go to Bed, be Sure you do not let it Come to yt Eyes, Continue this till they are gone it never Fails

---

For a Sore Throat Dr Heyboun

Take 25 or 30 Grains of Gum Guaiacum mix it with as much Sugar & a little of the yolk of an Egg Take it when you go to Bed & Drink Sack whay after it the next night take 21 Grains in the Same manner & if you are not quite well 20 Grains the Third night the Dr Said he never knew it fail

---

To Stop a loosness & Vomiting Dr Langerman

Take an Equal quantity of Venice Treakle and Balsom of Peru & Set it over the fire then Rub it all over your Stomack a good while as hot as you Can bear it it is a Certain Cure

---

For the Strangury

Dissolve an Ounce of Gum Arabic Powdered in three Pints of Barly water and Drink splentifully of it if it is not liked alone You may add a little milk & Sugar

An Eye water

Three Ounces of Plantain water
Six drops of Spirits of Rosemary
Five Grains of Sal ammoniac
wash the Eye three or four times a day with the Eye water, & at night when you go to bed dip a bit of fine Cambrick Double & lay upon your Eyes and if you have any pricking or pain in your Eye then lay a bit of fine rag spread with Venice Treacle upon the wet rag & bind them down

---

For a Swelling

Take chick weed & round Mallos & boil them in Suit a good while then lay them on the place like a poltice

---

An Ointment for the Piles

Two Drams of Myrh one ounce of Frankincence a Quarter of a pound of Honey one ounce of the oyl of Roses put them in a new Pipkin & set them over a slow fire keeping it Stirring till it Comes to an ointment when it is Cold spread it upon a Cloth & apply it to the place a greeved

For a Consumtion

Take the Lungs of a Fox and dry them in a Chimny Corner till it will grate fine & take as much of that Powder as will lye on a Sixpence in the best old Maligo Wine that you can get you must mix it in a Spoonfull of that & after it 3 more this must be taken fasting but if the person cannot take it in the morning, then at Night it is an Effectuall Cure if taken in time

---

an Excellent Salve for a Sore Breast

Lady morgans
Cook Eli Phillips

Take Oyl of Roses Oyl of Lilly's Oyl of Cammomile Oyl of Elder Old Castile Soap Black Basilicon & & Brandy Beeswax & Honey of Each one Penny worth Melt them all together & keep them for use to be Spread on Black Brown Paper when used

---

Mrs Hage

For the Green Sickness

Take 2 ounces of prepared Steel 2 ounces of Brimstone 2 ounces of Cmon treakle, beat all these together very well then take the bigness of a nutmeg in the morning & at 5 a Clock in the afternoon

Mrs words only

Another the Same

Take Conserve of hips one Ounce of Roman (Conserve) wormseeds 2 Ounces of Steel prepared with Sulphur One Ounce Make these into an Electuary with Syrups of Orange peel take the quantity of a nutmeg twice a day for a month or Six weeks drinking a Common Glass of white wine bittered with Rhubarb & Gentian

---

For a Gargell for the Mouth & Throat

Take Sorrill wood bine Leaves plantain Leaves Black berry Leaves violet Leaves of Each a handfull boil it in a quart of water to a pint then Strain it, & take a lump of Allum the bigness of a Small nut & put it in & Sweeten it with Honny & So Gargel your Mouth & Throat with it

---

For the Farcy in Horses

Birthwort Powdered. Give as much as will lye upon a Shilling Every feed of Corn the Corn a little wett Give this a month or Six weeks together

For a Wheezinness & Cough Lady Stampe

Take the whites of 3 new layed Eggs a quarter of a pint of red Rose water as much Spring water 4 Ounces of white Suger Candy finly beaten mix them together, & beat it with a whisk to a froth take it off as it rises & put it into a China bason so do till all comes to a froth then let it stand till it comes to a Sirrup so keeps it in a bottle & take a spoonfull at a time every 2 hours it cools & comforts the lungs

---

For a Cough. Mrs Lyells

Take Two Ounces of Diacodium Two ounces of Balsom of Tolu One Ounce of Aqua Mirabilis

---

For an Inveterate Ague Dr Chenies

Take Six Drams of Jesuits Bark Two drams of Salt of Steel One Dram of Snake Root made up into Pills with Gum dragon & Four to be taken morning & night

---

a Certain Cure for a Sore Throat

Take a little Honny boil & scum it in a Spoon & take it

an Old Experience Receipt for the Plague

Take 3 pints of Malmsey (or Canary Sack) & boil in it one handfull of Sage & as much Rue till one pint be wasted away then Strain it & set it over the fire again & put thereto one dram of long pepper half an Ounce of Ginger & a quarter of an Ounce of Nutmeggs all well beaten together then let it boyle a little & put thereto one dram & a half of Within date, one dram of venice Treackle & a quarter of a pint of Aqua vita or hot Angelica water

Keep this as your life above all wordly treasure take it always Morning & Evening three Spoonfuls at Each time if the party be diseased if not morning is Sufficient

---

For a Shortness of Breath

Take an Equal quantity of Summer Savory & Red Nettle-Tops & Drink it as you do Tea Morning & afternoon or when you are thirsty you may drink it Cold & Sweeten it with a little Sugar

For the Jaundice

Take 3 new Black glazed two Eard Potts made of Cowdung which holds a quart, then take one of the potts & put into it a pint of the Strongest Stale Stout Bear then get a large Rusty key or hinge the more Rusty the better, put it in the Fire & make it Red hot then Squench it 3 times & drink it Fasting, do this 3 ~~mornings~~ & Every time in a new pot the Potts you may have at queen High if not they wile make them

you must not be Surprised for it will work both ways which Carries off the Cause, it Infallibly Cures tho: it be turned to the Black Jaundice

---

For the Vapours & giddiness in the head

Take a quarter of a pint of mint water as much Salt of wormwood as will lyon a Sixpence & one Spoonfull of Syrrup of Lemons From this medicine Lady Humpheries found Great benifit

---

For the Leprosey

Take of the Bark of Elm tree & boil it in Small Bear & drink it for a month to gether

For the Jaundice

Take a good handfull or more of the green Leaves that Grows on the Stalks of Artichokes Squeeze the Juice out of them & take two Spoonfulls thereof in a morning fasting & the Same quantity three hours after Dinner, which being of a thick Substance & very bitter you may put a Spoonfull of Mountain or white wine with it

---

For the Same

Take Sheep dung ¼ of an ounce to a pint of water & take a Small Glass of it morning & night after it has been steep'd 2 days

---

For a Shortness of Breath, dropsey & Gout

Put half a pint of Mustard Seed in a bottle & put a quart of white wine to it & after 2 days, drink Every morning a quarter of a pint fasting, & take nothing for two hours after it fill up the bottle with as much wine as you took out, if you add a good Stick, or two of Hors Radish cut Small & Scraped, it is a fine Medicine for a dropsey or the Gout in the Stomach.

Do for Shortness of Breath

Take half an ounce of needle fyling put it into a pint of Sack & Let it Stand a month or as you have ocation &

55 Take Every Morning 40 drops more or Leys as you think proper dropt into 3 or 4 Spoon fuls of Malego wine & drink it fasting

---

To make Lime water

a Pound of Oyster Shells Powder when Burnt, put to it a Gallon of water warm let it Stand 24 hours Stirring it about three times then Filter it off Clear & keep the Bottles Close Corked & drink half a pint a boul three or 4 times a day Just warm you may put a little Milk to it if you like it the Oyster Shells must be Burnt Red Hott & when Cold ground to Powder in a Morter it is a great Sweetner of the Blood & good for the Gravill

---

For a Pain on the Side proceeding from gravell — Sr Hans Sloane

Take Chamomile violet Mallow leaves of Each 4 handfulls Chamomile flowers two handfulls — mix these Sliced & Cutt & put into two Baggs boile these Baggs in water & wring one of them Clear of the water & apply it as warm to the part affected as you Can bear it, Let it lye on till it Cools then apply the other after the Same manner & alternatively till the pain a bates — in Such a Case take 20 grains of Palmacelty

a little Suger & 21 grains of Powder of Peare & drink after it a cup of Isop or milk water

---

Oyntment for a foundered Horse or a Tender hoof
2 Ounces of Mastick
2 pound of Hogs Lard
2 pound of Turpentine
4 Ounces of Populeon
2 Ounces of Dialthea
Boyled together & Seumed Clear
anoint the Crowned of the Hoof & now & then the whole Hoof

For an ague

Take a Spoonfull of Flower a Spoonfull of Salt a Spoonfull of Pepper beat mixt up into a poltice with Spirits to be put on the wrist an hour before the Fit repeat it 3 times the Poltice not to be taken off till fresh be put on, a never Failing medicine

an other Ditto

Take one Spoonfull of Lemon Juice one pint of mulled wine to be taken in the Cold & Hot fitt repeat it 3 times if requisite

an other Ditto

Take an Ounce of flower of Brimstone & devide it

into three parts & take one part every morning in half a pint of ale or a quarter of a pint of white wine begin to take it an hour before you Expect the Fit & go direct to Bed

For a Swelling in the Face

Take Chamomile flowers & Centuary tops of Each half a handfull Cardous Seed bruised 2 drachms, wormseed 2 Scruples in Fuse these in a pint & halfe of Spring water Scalding hot let them Stand one hour Strain it & keep it for your use a dyet drink

For the Bloody Flux

Take Black Berryes when they are Red & inclining to turn Black & bake or dry them in an Oven then Powder them & take as much as will lye on a Shilling

a linitus for a Cough

Take an Ounce of Oyl of Sweet Almonds an ounce of Syrup of Ground Ivy an Ounce of Syrup of Cetern Mix them all together & take a Spoonfull of it going to rest & any time when the Cough is trouble Some

an Electuary for a Cough from Dr Ratcliffe

Take Conserve of Red Roses, of Hips, of Each an ounce & half

Gum Olibanum in Powder two drams Spt of Sulphur twenty drops Syrup of white Poppies a Sufficient quantity to make them into an Electuary

---

For Fits

The lights of a Cow Calf, warm out of the Body without washing, to be Sliced & Baked in a Slow Oven & beat to Powder in a Stone Morter & Sifted thro a Lawn Sive
One Spoonfull to be taken in a Glass of white wine & water Every Morning fasting one hour after in the Months of March, & October & at five in the afternoon, neither Eating nor Drinking for an hour after NB the paler tis Dry'd the better
a Tea Spoon a dose for a child
The patient Should not know what the Medicine is

Drops for Fits

Half a pint of French Brandy 2 drams of Assafatida & as much wood Soot as will lie in an Egg Shell Let them Stand together ten days Shaking it 3 or 4 times in a day then Strain it off & keep it in a Bottle Close Stopt
Take a Spoonfull of it twice a day upon an Empty-

Stomach if it a grees tolerable well, but if otherwise only once & this for three weeks then you should rest & at the Change of the Moon it should be repeated for 3 or 4 days

Mucilaum in a Fever

Take a quarter of an Ounce of quince Seed half a pint of water Simmer it over the fire till it is a Gelly then Strain it thro a fine Lawn & put to it two Ounces of Syrup of Rasberries it is plasant & good in a Fever to take now & then in a Sea Spoon

For a Feverish Heat

a Spoonfull of Lemon Juice as much Salt of wormwood as will lie on a Sixpence & two Spoonfulls of Milk water

For a Coosenegs & Vomiting S.t Hans Sloane

Take of Alexiterias Milk water 6 Ounces of Strong Cinnamon water 3 Ounces Diascordium 6 drahms Syrup of Clovegilly flowers half an Ounce Mix them & take 3 Spoonfulls Imediately & after Every Vomit

The Bolus

Take of Diascordium one Scruple of Venice Treacle

15 grains gascoigne Powder half a scruple Rhabarb Rosted 9 grains Syrup of Dryed roses as much as is Sufficient to make it into a Bolus to be taken at Night Drinking after it 3 Spoonfulls of the perscribed Mixture if the looseness be very violent take about 8 Spoonfulls of Heartshorn drink & 2 Drams of diascordium & make of it a Clyster to lye in the Body as long as it can be kept with out uneasyness

Se No 33

For the Strangury — S. Hans Sloane

Take a handfull of Mallows either roots or Leaves. boyl it in 3 pints of water to one quart Sweeten it with Suger & drink a large draught 3s Mixed with one half of milk

---

Ditto from Mrs goodier

Take a Smarth or Goose Tong & a goodhandfull of Parsley Roots or Leaves & two quarts of new ale & boyle it very well together & drink large Draughs of it as often as you can, or you may Still the Herbs for winter to be ready on occation

To make Cinamon water

Take one Gallon of Brandy 4 Ounces of Cinamon a quarter of an ounce of Cloves & Some Double Refined Suger, Do Take one Dram of Oyl of Cinamon to a Gallon of the best Brandy & drop it on Double refined Suger & put it into y Brandy & let it Stand a few days before you use it & then mix it with Some Simple waters otherwise it will be too Strong

---

For a Great weakness in the Joints

Take 3/4 of a pound of right Durham Mustard=Seeds & boyl it in three quarts of Spring water till it Comes to one quart then Strain it thro= a cloth & anoint the Joints Every Night going to Bed lapping a flannel to keep it warm you must not bruise the Seeds but boyle them whole

---

For the Gout

Take a Dozen large Cloves of Garlick or Eighteen Small ones put into a quart of Brandy let it Stand Twenty Four Hours, & take Three Spoonfulls fasting in the Morning & at Night going to Bed as the Liquor is reduced add dayly the quantity you take from it till you have added a pint

For the Teeth

Take one pint of Old Verjuice boyle it, as soon as it boyls put in half an Ounce of Roch Allum half a Dram of Cochenial & boyle it till it is wasted to half a pint, then Coole it for use

Ditto

Take two penny worth of Honey a peice of Allum as big as a walnutt Burn the Allum very well beat it in a Mortar put to it two penny worth of Bole Armenicum put them together in half a pint of Vinegar & boyle it a very little

Ditto

To a full pint of very Strong Sage Tea add a quarter of a pound of Honey of Bole Armenien & Allum of Each one penny worth & one 1/4 of a pint of Strong Vineager wash your Mouth with it Morning & Night

Ditto a Gargell

Take one quart of Verjuice 2 Ounces of Allum, one handfull of Red Sage the Rind of one Lemon one large Spoonfull of Honey boyle all these together till a third part be wasted

For a pain in the Teeth

Take half a pint of white wine Vinegar an Ounce of Rock Allum a piece of white Suger Candy, the bigness of a large wallnut, a large handfull of Ground Ivy boyle these together till it Comes to a quarter of a pint & wash your mouth with it if it is too Sharp for your Gumse mix a little water with it when you use it

---

No. 54 For a Shortness of Breath

Put half a pint of Mustard Seed in a bottle put to it a Quart of white wine, & after 2 days drink every Morning half a pint of it fasting and do not Eat or drink for 2 hours after it, & put in as much wine in the Bottle again as you have taken out, till it Comes to a pint

55 the Same For the Same Ditto

Take half an Ounce of Needle filings & put it into a pint of Sack & let it Stand a month or as you have occation Take every Morning 40 Drops more or Less as you think fit, Drop it into 4 Spoonfulls of Malligo & drink it fasting

---

For a Sifick

Take ox eye deases make a Possis & boyle Some of the ox eye deases in the Posset drink then Strain it & beat a yolk of an Egg in it when it is Cole, drink half a pint when you Go to bed & if very bad as much in the morning

For a Thoroughness

Take a Pipping Roast it & if you please butter it & sweeten it with Suger Candy & put it in water & make Lambs woole & drink it going to bed

---

For a Cough

Take at night when you go to bed, as much Powder of Burnt Hartshorn as will lye upon a new Shilling in a little milk Till you find your Self better (Mrs wrickles worth

Syrrup of Vinegar For a Cough

Take a Pottle of fair water two buglas roots two Suckery Roots one fennell root one parsly one handfull Celendine one handfull of Coltsfoot Leaves pull the pith out of the Roots & wash them Clean, boyl all in the water tilhalf be Consumed then Strain it & to half a pint of this Liquor take half a pint of vine Vinegar & one pound of Suger boyl it to a Sybrup —

This good a gainst the heat of the Liver on to take of it in a Burning Fever or to Cut the hard flegm & Choller it provoketh Urin it Coleth & quencheth thirst & keepeth The body Soluble

Lozenges For a Cough

Take a pound of double refined Suger & an ounce of red Roses & a Lemon pare your Lemon very thin & mince it as Small as you can the Roses must be dry & minced as Small also

For the Green Sickness

Take one handfull of Stinking Orris & put it Clean = Pick'd into a quart of water & let it Just Simmer over the fire then Strain it & Sweeten it with Hony & drink a quarter of a pint of this mixed with 3 or 4 Spoonfulls of renish or white wine every night & morning it is an extraordinary Medicine both Cleansing & Strenghtning, when this quantity has been taken rest 14 days & repeat it again

an other

Take one Ounce of Powder of Steel, one Ounce of Allecampain 2 ounces of Hony & 2 ounces of Treakle Mix these well with half a pint of Double Still'd Annyseed water take a Spoonfull in the Morning 2 hours before breakfast Stirring after it & one Spoon full at night going to bed

---

For a Cough

Take Alhoof & bruise it in a Stone Morter & to half a pint of Juice put half a pound of Hony & boyle it to a Syrrup

---

For the Teeth Sr Hans Sloane

Red Corall prepared Armenian Bole Burnt Heartshorn prepared of each 3 drams fine myrrh in Powder one Dram Two Scrupples of Dragons blood Hony of Roses a sufficient quantity to make it into a dentifrice

For the Tooth Ach

Into 2 Drams of rectified Spirits of wine disolve Camphyr one Dram, prepared Opium five grains add Oyl of Box ten drops Mix them well & keep them close stopt, if for a hollow tooth 4 or 5 drops on a little Cotton to be put into the tooth or over it as far as the Gum, if not hollow 6 or 7 drops or more on a little Cotton to be put into ye Ear on the side of the pain, if in a quarter of an hour it be not allayed the Same quantity to be reapplyed, AB it has never yet happened to have occation to apply it the 3d Time

---

For the Rickets

Take 3 pints of Black Snales a pound of May Butter out of the Churne with out Salt or washing & boyle them together till they be very hard & the Butter a very Clear Oyl then Strain them out & keep the Oyl in a Gallypot & when you use it Melt it & anint the Joints but not tutch the back bone

---

For a Violent Humour next to a Leprosy

Take a Breast or Logn of Mutton & Roast it & baist it with Fat & Catch the Driping Clear from the Gravy & anoint the Person where ever Effected with it

For Chilblains

Take a Turnip & Cut it in pieces & boyl it in water to pap & wash the Chilblains in the water the Turnips was boyled in & bind on the Turnips when you go to bed & it will Cure them Even if they are broke

---

For a Cancer or Sharp Humour in the Blood mr morton

Take the Corns of Stone Horses Feet, put them in a Bagg & Hang them in a Chemney for an Oven will dry them too much when they are dry Grate off the Ruff part, Powder the remainder, put five times as much as will lay upon a Shilling into a quart of white wine let it Stand two days Take a quarter of a pint of it a little warm Going to bed & as much two hours before Rising Shaking the bottle tis to be took till the person finds benifit which will generally be when they have took five or Six Bottles they must not Eat any thing Salt, or Sower, nor put their hands in Cold water while they are taking it, the Effects are only Breathing Sweats, NB if it is only for a Sharp humour it will not be necessary to take it in the a morning & it is likely three or four will be Sufficient

---

For a Leprosey

Take of the Bark of Elm tree & boyl it in Small bear

half a pound to a quart of drink, & drink it for a month together this is a Certain Cure

---

For the Evill

Take Some Rye Meal & Make it into a Past then make it into a Pasty & fill it very full of Sage of Vertue then Bake it with Bread 2 or 3 times till it will beat to Poudre

---

an other for the Same, the Salve

Take an Ounce of Beeswax & an Ounce of Clear Rosson & as much Sweet Oyl as they both Contain & Simmer them together in a new Pipkin till they are both melled

For the Drink

Take 4 Ounces of Lignum vitty 4 Ounces of Sassafras 2 Ounces of Saxafrass 4 Ounces of China Root 1 Ounce Red Sanders 1 Ounce of white Sanders one Ounce Heants horn chavings 1 Ounce of Ivory Chavings Take all these & put them in a new Pipkin with 10 quarts of water, let it boyl almost away then put in as much more & do the like, then put in as much more & let it boyl half a way, then take it off & put in half a pound of Rejons of the Sun & half a pound of figs Sliced & 2 Ounces of Liquorish Sliced let it Stand till it be Cold then Strain it & drink freely of it

Doctor Daille's Drops

℥ VIIII Sp: Sal Volatile Oleosum Sylvi
Cum Sp: Sal Ammoniaci -

For a Sore Throat

Take 12 Ounces of Salt Peter beaten to fine Powder put it into a Crueple & Set it on a Chafindish of Coles when it is melted put into it between your Fingers 2 penny wait of Powder Blew & two penny wait of Sulfer, Stiring it with a hot wier then put in two penny wait more of Sulfer to Clear it then Heat a Bellmetle Skillet & pour it into it & let it Stand till it is Cold then take a bit as big as a Pea & as it dissolves — Swallow it

For the Lungs & Stomach

Take 6 Figgs 2 ounces of Reasons of the Sun Stoned half an ounce of Liquorish half a Handfull of maiden-Haire, half a handfull of Spotted lungwort one Scruple of Annesseeds boyle these with a Handfull of French Barley in 3 pints of water till ⅓ be Consumed

For the Collick in the Stomack

Take 2 ounces of Rue 2 ounces of wormwood make it into an Electuary or Conserve with one nutmeg Roasted & grated then take the bigness of a nutmeg at Night; & if you like it you may drink Spaw or Pearmond water with it

For a Sore Throat Dr Hepborn

Take 25 or 30 Grains of Gum guaiacum mix it with as much Suger & a little of the yolk of an Egg, take it when you go to bed & drink Sack way after it. the next night take 21 grains in the same manner & if you are not quite well 20 Grains the third night the Doctor Said he never knew it fail

---

For the Rheumatism Mrs Morton

Take 4 Ounces of Gum ~~Guaiacum~~ beat it fine put it into a quart Bottle put to it one pint of the best Brandy Let it Stand in the Sun or before a moderate fire for tewn days to Settle & pour it into phialls as you have occasion to use it Take two Tea Spoonfulls in a Glass of Spring water which must be first Sweeten with a lump of Loaf Suger going to rest & if it purges more then three times omit a night or lessen your quantity Continue taking it for a month or Six weeks

---

The Hartshorn drink for a Loosness

Take 3 pints of water & one Ounce of Burnt Hartshorn Let it boyl a little then put in half a Loaf of a penny white Loaf half a nutmeg a blade of mace & ~~a little~~ cinamon, & ~~Sugar~~ if you please, & let it boyl half a way

you may Sweeten it with Syrup of quinces, & you may put in a spoonfull of plague water or a little Red wine if you like it

Read drink for the Same

Take a quart of plantin water & squence a steel in it till it is half boyled away as much wine as water a blade of mace a sprig of burnit & mint a lump of Suger & boyl all together a little & drink a cup of it now & then

---

To Prevent a Miscarrage

Take half a pint of Plantin water half a pint of small Cinamon water half a pint of red Rose water a small handfull of Pomegranite flowers Thicken all these with the yolks of two eggs Simmer them over the Fire & Sweeten them with double refined Suger Take half a pint at night, half a pint next morning the other half pint the following night Just before the time of Miscarrying, Take it at Them times they used formerly to miscarry at

---

a Purging Syrup — Old Mrs Stanlys

Take a large Handfull of the Green & Roots of the Herb Called Mercury & as much of Mallows & half a handfull of Parsley Roots take the Pith out of them take ~~half~~ an Ounce of Caraway Seeds & an Ounce of Annis seeds put all these into a quart of water & set it over the Fire in a

Pipkin till more then half is boyled a way then Strain it out get two quarts of Buckthorn berrys & put them in an Earthen pot close Stoped Set it in an Oven & bake it with Household Bread, then take the Pulpe & put to it the liquor add a pound of Course Suger & boyl it up to a good Syrup, if you add half a nutmeg to it it will prevent griping, to a Man you must give according to his Strenght 2 3 or 4 Spoonfulls to a Child a Spoonfull or a Spoonfull & half let them take it in a Draught of posset drink & drink in the working of it posset drink

---

For a Sore Leg — Do

Take Childers or Goose Grass bruise it & take three Spoonfulls of the Juice Every Morning in a Glass of white wine for nine Mornings first taking the purging Syrup

---

a Composing Draught — Do

Take as much as you Can hold between your fingers of Pansey flowers & half a handfull of green Balm 2 or 3 tops of Spear mint, & infuse them in a quart of Red wine Let it Stand 48 hours then Strain it off, & put in 2 ounces of white Suger Candy & drink a Glass at going to rest

For the Piles — Mrs Talbot

Take 2 or 3 handfulls of Black berry leaves & put them in a quart of Spring water boyl it till it Comes to a pint Sweeten it with a Spoonfull of Clayd Suger & take one half of it warm at night & the other in the morning

---

a Fine Cooling Purge — Mrs Lilly

Take an Ounce of Cream of Tarter and Pour over it a pint of boyling Milk do this the night before you design to take it in the morning Strain the whey Clear from the Curds & disolve an Ounce of Manna in the whey & drink it a little warm.

Raisin whey for Breakfast — Mr Wilson

a quarter of a pound of Raisons chopt Small boyl'd in a quart of Milk till the goodness boyl'd out of em then Squeeze in the Juice of half an orange or Lemon & Strain it thro a Sieve & drink it warm in winter & Cold in Sumer

---

To make Blew water

Take a pound of the best Salt armoniack in lumps & put it into a Clean Copper or brass Skillet or pot & put to it one Gallon of Clear water let it Stand 3 days & night & Stir it twice a day with a brass Ladle

Till the Salt is all dissolved then put it into bottles for use it is good for all manner of Sores it takes of all manner of Redness & heats of the Face good for chopt Lips & Sore Throats Cancers in the mouth you may warm it at first & make it weak with a little water but by degrees bring it to the Strongest

---

For Faintings — Sr Hans Sloane

Take Black Cherry water 6 Ounces Compound Bryony water 3 Ounces, assafetida Caston bound up in a noddle of Each half a dramme Suger as much as is Sufficient to make it into a Julep then take 6 Spoonfulls at a time in faintings

an other for the Same

Take of Black cherry water four Ounces Rue water 2 Ounces Compound Bryony water 2 Ounces Spirit of Lavender half an Ounce fine Suger two drams

The Spirits

Take Salvolatile 4 drams Tinture of Caston 20 drops Spirits of Lavender a dram Mix all together & take 21 drops in Sickness — Mr Dawson

---

For Faintings & inward bruises

Take Speties Diambra 3 drams, Tinture of Caston 18 drams

Salvolatile Oliosum 12. Drams, put into a Bottle Shake it frequently for five or Six days afterwards Pour it off Fine & take 20 or 25 drops in a glass of white wine Cherry or Canary

---

Vapour water

Take Black Cherries eight pounds & beat them in a Stone Morter take Sack three quarts Brandy one quart Castor one Ounce Gallengale Squinanth otherwise Call'd Cameles Hay of Each one Ounce Spicknard Contra yerva Species — Liberantes Herves Berries of Each half an Ounce Bytron pile, Borage flowers Bugloss Camomile Cowslips Clove gilly=flowers Rose mary Marygold, the flowers of Each two Ounces Lillies of the Valley two Ounces Myrhe one Scruple, let these infuse 48 hours in an Earthen Pott then distile it in a Cole Still keep it for your use

---

Histerick Pills

Assafida Cut Small Jessron finly Powdered Castor in fine Powder, Galbanum Cut Small of Each of these half an Ounce a quarter of an Ounce of Oyle of Amber put it all into a little marble Monter with as much venice treacle as you find will make it Stiff Enough to make up into pills, tho= it is best to keep in a galley pott & make it up as you use it into pills as bigg as a pea take one Every Night for Six weeks together they are Good for the Palsey —

Convultion falling Sickness or any diseases in the Head they have been of great Service to lying in woemen & have been given with great Success to Such as after long illness have been in Convulsion & thought to be dying with Hickcoughs & are of very great use in all Lowness of Spirits & weakness of Nerves

For weaknesses in woeman with Flooding or for a Cough

Take three Ounces of Conserve of Red Roses & one Ounce of Lucatellus Balsom mix them together & take a bout the bigness of a small Nut Morning & Evening drinking half a pint of Cows Milk after Each Dose

For a Person in Extream Weakness

Take dulcifyed Spirit of Niter to begin with tenn or fiveteen drops once a day & if it agrees Increase to 30 or 35 three times a day the person may take it in Milk, water, wine & water green Tea or any other Liquor that is not Strong all other Medicine must be left off it is not proper to be given to any body above fifty or any that is Subject to the diabet

To Make Salts to Smell too

Take Sal Armoniack & Potashes of Each an Equal quantity the Potashes to be the finest & whitest you Can Get

To prevent a Miscariage

Take Shepperds Purse a good Handfull & Steep it in Claret & drink it

For weakness an Excelent Receipt for inward Bleeding

Take the Juice of Stinging nettles & the Juice of plantine leaves Each a like quantity & fill a wine glass full & drink 2 or 3 glasses of it in a day, & take the bigness of a Hazzell nut of the best Lucatellus Balsom morning & night it will Infallibly Cure to a pint of Claret Squnched, with a piece of Red Hott Iron & put 9 spoonfulls of Each of the Juices & mix it to gether

For a Sore Throat

Make a large Toast pretty hard then lay it on a Pewter plate & pour Some hot Vinegar to Soak the Toast then put it on a double Cloth & put it as warm as you Can bear it to your throt all night the Toast must Lye next the Throat

To Cure Horses Greesy Heels

Take a pound of Green Soap & a pint of Vinegar gently boyled in a pipkin & kept close & applyed to ye parts

For a Grand Cold Cough or Hoarsness

Take a quart of milk & put in it a good handfull of penny=Royall & a good Stick of Liquorish cut in Small Slices

& boyle them together a good while till the vertue is boyled out then turn it with as much Ale as will turn it Clear & Strain the Curds & So drink half a pint Every morning & night & it will do its Effect,

Salt of wormwood will Stop any Vomit

an Excelent Recipt for Corns

Venice Turpentine 2 Spoonfulls Honey one Spoonfull, Beeswax two Ounces Melt them all together

For an Ague

Take 3 drams of Jesuite Bark to Each dram of Bark put 3 Large Spoonfulls of Brandy & Let the Person take it when the fit is off four or five hours before they Expect the return at Every half hour one till all be taken this need be given but once going to bed at the first dose, if they perceive their Stomack Sick give them a Vomit the day before they take this

For Low Spirits & nervous Disorder

Take of Saffron & Corrall Powder 3 penny worth of Each & as much flower of Liquorish as will Lye on a Shilling put it into a pint of Strong mountain & drink a Glass when ever disordered

To Stop any Bleeding by a Cut or otherwise

Take Punk or Agarick which is an excrescence that groeth on the Ock Tree & when dryed looks like a piece of Lether Scrape or Cut Some of it in thin pieces & Tye it on the Bloody place it will Imediately Stop it, but in Case you Cannot get this take the Puffs that grow in the Grass & Comes up like mushrooms & turns Brown & is full of Fine dust or Powder that will as Effectuale Stop the Bleeding as the other by applying it to the Cut

---

an Other

Take the Powder out of the Molly Puffs that grows in the Grass Feilds Like mushrooms & when ripe are full of Brown dust, apply it & it will Certainly Stop any Bleeding

---

For an Inflamation in the Eyes

Take a new Layd Egg. boil ~~them~~ pretty Hard & peel the hard Shell from it, then cut ~~them~~ it in half the long way & Lay one piece in the ~~napes~~ of your Neck & the other piece a Cross upon it & tye it pretty tight, it will

Draw like a Blister but not Break the Skin it must be put on at night, & repeated till the Eyes are well this has Cured when all other aplications Failed it must be Shifted when it runs, Every other day or Every day if it Draws much

---

Mr. Robinson at Dorsin

For a Palpatation of the Heart & ~~Courage~~ Cowness of Spirits

Take an Ounce of Salvolatile & put to it the Size of a large Hazele Nutt of Camphir, & when disolved take 40 drops night & Morning or any time when Sick or faint in a glass of Mountain wine & water

---

To Raise Low Spirits & Nervous disorder

Take of Saffron & Corrall Powder of Each three penny worth & as much Flower of Liquorish as will Lye on a Shilling put it into a pint of Strong Mountain wine & drink a glass when ever you find your Self disordered

---

For the Gravill

Take one dram of Spermacetty & the yolk of a new Laid Egg & mix it well together then put one ounce of white wine to it & take it two or three time, will Give Imediate Ease

For a Sore Throat for man & Horses

Take Cow Dung as hot as you can get it or make it hot a gain & put it to the Throat & bind it on repeat it till the Throat is better it is a certain Cure

---

For the Collick

Take 2 Ounces of Rhubarb 2 Ounces of Annisseeds, 2 Ounces of Carraway Seeds 2 Ounces of Cardamum Seeds Six penny worth of Saffron put them into a Gallon of Brandy & Stir it Every day for Ten days then Strain it off

---

Turpintine Pills for a weakness

Take ½ an Ounce of Sierotin pintine & ½ an Ounce of beat Sinnamon a Nutmeg grated work it alltogether if that Sinnamon is not Enough to make it into Pills then add a little More roleing them up, you must keep them in powdered Sinnamon, take two Pills at Night & two in the Morning till they are all gone

---

Viper Broth

Take half a chicken & a whole viper put into 3 pints of Cold water boiling it over a Gentle Fire till it Comes to a quart then Strain it for use

the Same in 46

To Cure a violent Loosness or Flux

Take two ounces of Chipt Logwood boyl it in a quart of Milk & a quart of Spring water till almost half is wasted then Strain it through a Sive let it Stand to be Cold then Scum it, take half a pint warm Night & Morning if this don't do repeat it after Omating it 2 or 3 days approved by Dr Crow, & it is an Infalluable Cure

---

For a Shortness of Breath

Take one head of Garlick & peel it then boil it a while & Shift the water & boil it in more untile it be Soft then Mash it Small & put ye Juice of 3 Lemons & 3 Ounces of white Ingar Candy & then boil it a little together of this take as often as you please a little at a time in a Tea Spoon it Gives present Ease

---

For a Cough or Shortness of breath

Take one Ounce of Syrup of Coltsfoot, one of Syrup of Maiden Hair one ounce of Syrup of Alehoof two Ounces of Lingseed Oil fine drawn Mix all together take a Spoonfull at night going to bed Shaking it first

---

Turners Cerat

Take fresh May butter & yellow wax of Each 3 pounds & half Finest florence Oil 4 pound of the white & lightest Lapis-

 Calaminaris finely levigated 2 pound 10 Ounces
Melt the butter wax & Oil together to which when Strain'd
add the Powder gradually Stirring it all the time till
it grows Cool

To Make rice Gruell in a Fever with a Loosness

Take 2 Spoonfulls of rice & 2 quarts of water & a
Stick of Cinnamon & 3 Cloves & Some hartshorn let
it boil 2 hours at least till it Comes to one quart, you
May put in a Glass of Sack or white wine which you
think most proper or leave it out, Sweeten it with a little
Suger

For a Severe Fever

Take 20 grains of red Powder & mix 5 grains of
Campfer with it & let them take it Every 3 hours —

For a very deep Consumption

Take Something more then half a pint of Scim Milke put
into it a lump of Loaf Suger about the Size of a Small
wallnutt then take Eleven Snails wipe them Clean & breake
the Shells off then put them into the Milk & as Much
red Rose Leaves as will lye heapt upon a Crown piece
put it over the fire & let it Simmer till the Snails are
Disolved & the Milk be as thick as good Cream then

take it off & Strain it & drink it three Mornings together & leave it off three So Continuit till better

---

A Milk water for a Consumtive Cough

Take a Calves gather Slit at the Pipes wipe them Clean but wash them not Cut them the whole Gather into bitts as big as the End of your Thumb put them into an ordinary Rose Still with a Gallon of new Milk put to them Oak of Jerusalem Lungwort Scabious Liver wort & Harts=tonge of Each an Handfull Small Cut, Snails one Hundred Cleanged & Slit distill them in a Rose Still with a Soft Fire Sweeten the water with Manus Christi, with Pearles, or white Suger drink it in the Morning Fasting & at four a Clock in the afternoon the Quantity as the Stomack will bear keep it in a Cool place

---

a water for a Consumption

Take 2 quarts of Snail Shells wash them in water & dry them in a Cloth & Crack them ~~pouts~~ them into a Gallon of new Milk with a good handfull Maiden haire as much Coltsfoot as much agrimony the like quantity of Hyssop & a pound of Hony Still all them together & Give a wine Glass full twice or three a day Sweetned with white Suger Candy

To make a plaster for a Consumption

Take 2 Ounces of Rossen 2 Ounces of Burgundy pitch & 2 Ounces of Beeswax one Ounce & half of Turpentine one Ounce of Oyl of mace beat the Rossin & Shave the other things as directed then melt them together upon a slow fire keep it with Continuall Stirring let them have one boyle, pour them rough upon the plaisters & when they are allmost Cold Grate Some nutmeg upon them & lay them to the pitt of the Stomack this is good for any Strain or bruise ache or pain applyed to the Grieved part it must be put on Leather & pricked full of holes ——

Jelly Broth for a Consumption

Take a knocle of Veal & Flee a young Cock then put these into a Clean pipkin with 9 quarts of water with one blade of mace let your water be above the veal the depth of your hand then let this simer over a Clear fire 7 hours at least but be sure not to boye, you must be perpetually Skimming it or it will taste greasy, after you see it is Enough Strain it thro a very Clean Sive you may keep it in a Cool place a week & be Good for Eating

For a Pluracy

Take 20 grains of Dryed goats Blood which Comes from Switzerland, Every 4 hours then Every 6 hours then twice a day then once a day till the pain is quite abated, this Cured Mr Sloane when all the doctors gave him over

---

For a Pluracy

Take a lump or two of Stone Horse dung as Fresh & hot as you Can get it & Steep it in white wine a little while & drink a quarter of a pint repeat it till the pain is quite gone, this seldom Ever failed

---

A Syrup for a Great Cold upon y^d Lungs

Take a pint of the Juice of Ale hoof & half a Pound of Honny & boyl it to a Syrup

---

For the Collick in the Stomack

Take 2 Ounces of Rue 2 Ounces of Roman wormwood make them into an Electuary or Conserve, one nutmeg roasted & grated into them

Take the Bigness of a nutmeg at Night & drink Spaw or Pyrmont water with it

the Same in 69 th page

For a deafness

Take a Right Midling Silver Eele & put it in a wide mouth Glass that will hold a Gallon & tye 8 or 9 Severall Papers & leathers So that no Breath or aire may Come in & Set it in a Horse dunghill five weeks then the Eele will be dissolved into a fine oyle pour it out & Stop it Close & keep it for use, when you use it drop it into your Ear twice a day for Severall days it has Cured to admiration

if you Can get a Life Hare & catch the water it makes & drop it in your Ears & dip some Cotton in it & put it in your Ears it never fails Curing.

For the Colick

Take 2 ounces of Senna half an ounce of Annisseeds half an ounce of fennel Seeds half an ounce of Civill Orange Peel 15 Cloves boyl all these together in a pint and half of Spring water till it Comes to a pint, when it is Cold Sweeten it with 2 ounces of Syrup of damask Roses

---

For a Contraction of the nerves

Take a quarter of a pound of Badgers Grece a quarter of a pound of oyl of Earthworms a quarter of a pound of oyl of St. Johnsworth

heat all these in a new Earthen pipkin & by a fire going to bed rub in this ointment to the afflicted part & put on

a new bit of flanell after ying this Medicine

For the Jaundice

Take a dram of Saffron & a little Honey & as much flower as will make it up in a Ball, you must do it in a Brass Ladle & apply it to the navell for Severall nights going to rest till you find the distemper abates

Ditto

Take Sheeps Dung a quarter of an Ounce to a pint of water & let it Stand 2 days then take a small glass of it morning & night for a good while

Do.

for a child of 2 years old take 5 Grains of Rhubarb & 20 Grains of old Castill Soap & let it be taken every other night

Ditto

Take 9 Spoonfulls of Succary & 3 Spoonfulls of honey & mix it in 3 half pints of ale or white wine take one third fasting in the morning Shacking the bottle & the Second Third two hours after Supper and the last Third the next morning Just warm'd

For a Leprosey

Take of the Bark of Elm tree & boyl it in Small beer ½ a pound to a quart of drink & you must drink of this for a month together

For the worms Mrs. Rainer

Take an Ounce of Hierapicra & Steep it in a pint of Sack Close in a Bottle 2 or 3 days, then take it and give a child 2 or 3 Spoonfulls

---

another From Mrs Ashe

Take one Ounce & an half of wormseed
the best Senna half an Ounce
fine Rhubarb a quarter of an Ounce
Rhue dryed ½ quarter of an Ounce
Hartshorn Ivory & Coralina each ¼ of a dram
Coriander Seeds ¼ of a Dram
Beat them into powder & Sift them through a fine Sive give to a child of 6 or 7 years old as much as will lye on a Sixpence & So Proportionably

---

For the Scurvy Mrs Rainer

Take 2 handfull of dandilion 2 handfull of Sorrell one handfull of Sage, one Good Lemon Sliced Peel & all Cut the herbs & beat them in a Stone morter put them in a Glass with a little Suger & it will Clarifie, Take a wine Glass full in a morning or at meat or in beer by it Self

For the Scurvy & Rhumatism

Take Cinabar of antimony half an Ounce
Gum Guaiacum three Drams, diaphoretick
antimony Six Drams, Ethiops mineral 3 drams,
Compound powder of Arum root three Drams,
Conserve of Garden Scurvy grass One Ounce,
Sirrup of Elder berries a Sufficient quantity
to make it into an Electuary, take the quantity
of a Nutmeg twice a day drinking after it a
Draught of ~~Guaiacum~~ Decoction of Rasspings of
Guaiacum ~~or Lignum vitey which~~ is the Same thing

---

an other for the Same

Take a Handfull of Scurvy grass a Stick of Horseredish
Scraped 2 Ounces of winter Bark 3 Spoonfulls of mustard
Seed bruised, put them into a Bottle of white mountain wine
let it Stand 3 Days then take a Glass of it night & morning
the Same Ingredients will Serve a gain to be filled up again

---

an other for a Purge

Take one Ounce of Gum Guaiacum beat it grosly & put it into
half a pint of Rum let it Stand a Few days to Settle,
then take a Lump of Suger & put it in a Cup of water
let it melt, then take a Tea Spoonfull or two & put it
in the Cup of water & Suger, Stir it & drink it of Imediately

For the Gout

Take four Ounces of the best Jalape Grosly powdered a dram of Cloves, rectified Spirit of wine one pint Infuse them in a Gentle heat or only near the fire Take half a Common Spoonfull of this tinture in any Collick or Gout in the Stomach in two or three Spoon=fulls of Mountain wine or Sherry In crease or lessen the quantity of this according to the age or Strength of the patient or violence of the Disease

---

an other

Take one Ounce Rhubarb of the best,
half an Ounce True Cassumenar Root
half an Ounce of Angelico Root Spanish
half an Ounce Zedoary Root
2 Drams Centaury minor
2 Scruples Saffron English
To be Steepd in 2 quarts of Mountain wine and after 3 or 4 days Standing to drink Every night & morning 1 or 2 Ounces of it

---

an other a proved by Mr Blackall

Take 5 handfulls of Green Broom one pound of French Barley ½ a pound of Raisons of the Sunn Stoned ½ a pound of the best Figgs, of Annised Carraway Seeds & Liquirish Sliced of Each 4 Ounces, boil all these in 4 Gallons of Conduite water over a Soft fire till

half boyled a way letting it Stand till near Cold then Strain it & put it in Bottles for Drinking, ½ a pint at Night & as much in the morning is the usiall Draught

---

Fol: 76 the Same by mistak

Salts to Smell too

Take Sal Armoniack & Pottashes of Each an Equall quantity, the Pottashes to be the finest & whitest you Can get

---

For an Ague

Take a quarter of a pint of Sack a quarter of a pint of Lemon Juice Sweeten it to your taste warm it & Drink it two hours before you Expect the fit, & if not in bed go to bed before you take it roast a Litill Orange & Cut it in two & Stuff Each half with Tobacco & bind it on upon the inside of Each wrist at the Same time they drink the Sack & Lemon Juice, a bout 3 hours after give them Some warm Sage Tea made Small to Drink So do 3 or 4 times, they must Lye till they have Sweated well & are grown Cool a gain, & if they have any thing of the fitt till tis gone off keep very warm after you rise that day, if once dont Cure they should take it a gain, in the Same manner before the next fitt

a Plaster for an ague

Take of Bole armoniack Venice Turpintine Olibanum Frankincense long Pepper an Equall Proportion & one nutmeg mix it all together & spread it on a round plaster to be laid on the Belly an hour before the fit Comes

---

For a Chine Cough

Take 7 figgs & cut them open & fill them with mustard seeds then put them into a pint of Clarret then set it on the fire till it be half boiled away then take up the figgs & bruise them with a spoon till they be in an Electuary then morning & evening give the Child a little in a spoonfull of the Clarret take 2 ounces of oyl of sweet Almonds & one ounce of Syrrup of Violets & one ounce of Syrrup of Vinegar mix all these in a Glass bottle & shake it well together then give the Child now & then a spoonfull

---

For a Cough

Take 4 ounces of Oyle of sweet Almonds 2 ounces of Syrrup of maiden Haire a little flower of Brimston ¼ of an ounce of Spirma City, made into a Lintus with 6 ounces of white Suger Candy

The Balsamick Syrrup

2 ounces of Tolu 12 ounces of Spring Water or any of the pectorall Waters or fair Water boyle them together for 2 or 3

hours then Strain it, when Cold disolve in it 20 Ounces of fine Suger So as to Make it into Syrup with out heat
Take of the Ballsamick Syrup & Diacodium of Each 4 Ounces Aqua Mirablis 2 Ounces Mix these, take 2 Spoonfulls at Night & One two or three times a day when the Cough is Troublesom

---

For a Consumption

Take half a pound of Raisons of the Sun Stone a quarter of a pound of Figgs a quarter of a pound of Hony half an Ounce of Lucatellus Balsom half an Ounce of Powder off Steel, half an Ounce of flower of Elecampane a Nutmeg Greated a pound of Double refined Suger Stirred & pounded all together in a Stone Morter powring to it a pint of Sallet Oyle by degrees take a piece as big as a nutmeg 3 or 4 times a day & Every Morning in a Glass of Old Malaga Sack, with the Yolk of a new laid Egg in it One Morning put into it as Much flower of Brimstone as will lye on a Silver Groat the other Morning as Much flower of Elecampane, So Change it Every Morning

---

For a Consumptive Heat

Take 2 Ounces of pearl Barly 2 Ounces of Heartshorn Shavings One Ounce of orange Root not Candid, 2 quarts of water boyle it till it is Tender Rub it thro a Sive & to half a pint put 2 Spoonfulls of Milk Sweeten it to your taste with Conserve of Roses or Suger drink it twice a day

Dr Heathcote's
Mrs Heathcotes
St James's Sqre

5

tea spoonfull of salt
Do of allum Dissolve
in a Large spoonfull
of vinegar & apply
to the tooth

Lenitive Electuary 2 ounces
Milk of Sulphure ½ an ounce
syrup of Roses as much as will
mix them together, take the
Quantity of more if there be
occasion at night going to bed

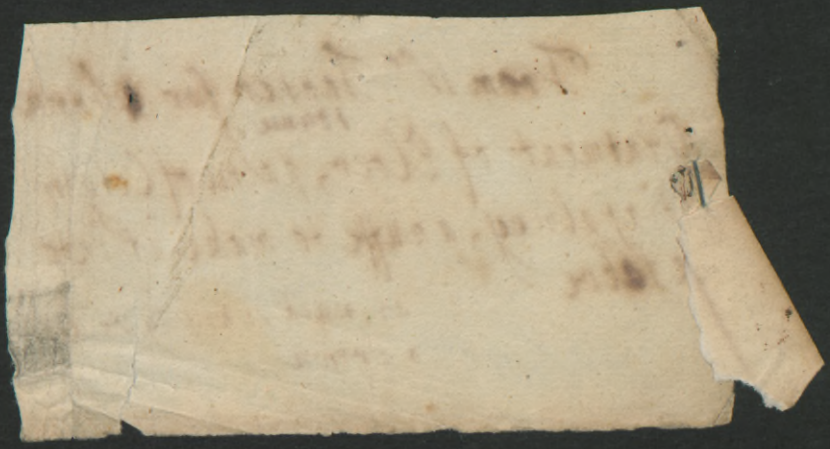
One ounce of Compound Piongy water

One ounce Spirit of Lavender

From Mr Tanner for a burn
Ointment of Elder, palme of Christ &
Diapalma, a ruffe to make it into
a salve

as much as will lye on half
a crown

Mr



Cypress Turpentine half an Ounce Rhubarb, two Drams white amber halfe a Dram Peruvian Balsom one Scruple, make them into Six Pills of each one Dram to Every dose add Six Grains of Sweet Mercury Let them take Six Every Night

The Breast Cyder

Take of Cyder of Lillies, Camomile, Roses, & Elder of each one Ounce; Castile Soap, black Basilicon, & Yellow Wax of each one Ounce; Honey & Brandy of each 4 Ounces

Breast Oils.

for the Gravell

4 Drachms of Spermi Ceti bruised or beat with half a Yolk of an Egg in a Morter Exceding fine. ad to it by Degrees 4 ounces of white wine i:e: half a pint divide it in four equall parts. take them in the Cause of 24 Houre

Hollands Geneva & water is a very great Diuratick

Balsam of Capevi, 15 Drops twice in the Day

Syrup of Violets

Take 8 Ounces of Violets, when they be pick'd & bruised in a Stone Morter then put them into a pint of water which must be boyling hot. Cover them & let them stand for an hour in a Skillet of hot water keeping the water boyling, then strain it out & to that Liquor put 2 pounds of Double refined Suger beaten & searcht then set it in a Skillet of water & let it stand till all the Suger is melted & the Syrup of what thickness you would have it.

For a Bruise either inward or outward Dr Lower

Take 30 Grains of Crabs Eyes 30 grains of Dragons Blood 30 grains of Rhubarb all powder'd fine 60 Grains of Spermicity mix with them 2 Drams of white Suger Candy powder'd, & take all this at 3 times mix'd in a little warm Ale & drink a draught after it, take it Night & Morning, you must repeat it twice or thrice as you have occation,

---

A Bitter Draught for an Ague

Take Cardus one penny worth Roman wormwood one penny worth Dention two penny worth, Bark half an Ounce Dust Bruised Rhubarb a quarter of an Ounce grated steep all together in 3 quarts of mountain wine four days & then strain it into bottles & take a wine glass at alleven in the morning & at 4 in the afternoon 12 days

For an Hysterick Fever

Take Conserve of Roman wormwood Peruvian Bark in Powder, of Each One Ounce Venice Treakle a Quater of an Ounce Powder de Galletta of Species Diambra with out perfume of Each One Dram, Russia Castor in Powder forty Grains, Salt of Amber twenty Grains, Compound Syrup of Peonys Enough to make it into an Electuary, Dose, the Quantity of a nutmeg thrice a day add oyl of nutmeg 5 Drops

---

Lady King

For the Gravile

Take the Roots of Comfery Asparages Parsley & fennell of Each One handfull & a small handfull of Gravil Grass wash them well & Scrape the Roots boyl them in a Gallon of water till tis Consumed to a quart Strain it & make a Syrup, of which drink two or three Spoonfulls in a Glass of french wite wine or Renish, in the Morning & at night as you goe to Bed

---

an Other

Take an Ounce of the best Castile Soap, three drams of the best Rhubarb grated very fine beat these two Ingredients in a Morter very well then drop in forty drops of Etheriall oyl of Turpintine beating the Ingredients over again make up this Mass into Moderate pills four where of are a dose two to be taken at night & two in the morning Drinking a Glass of Renish or Mountain Wine after Each Dose

a Glister For the Gravill

Take one pint of Milk Turned with half a pint of Sack boyl in the whey two penny worth of Juniper berries — Cammomile Flowers & Glister Seeds put in 2 Spoonfulls of Glister Suger then Strain it and put it into the Bladder with a quarter of a pint of linseed oyl

---

The Electuary For the Gravill

Cassia drawn ℥iiss
Pul: Rhaburb Op.t ℥iss Cypruse Terpentine well washt Seven drams, Spec: Diatragacanth frigid ℥i Pul: Liquoriss ℥ss
Mix these together in a good quantity of Syrup of Marshmallos take of this the quantity of a good walnutt in a Morning Fasting & drink a good Quantity of plain posset drink immediatly after it, one hour after Make a posset with white wine with Syrup of marshmallos then walke & Eate what you please

---

For the Gravell — Mrs Hide

Take half a pint of Pitley water & 6 penny worth of oyle of Juniper berries Sweeten it with Syrup of Marsmellos & drink it at twice as warm as you Can, it seldom fails to give ease if not repeat it a gain

---

an Other

Take the Skin that holds the gizzards of Pidgeons wipe it Clean

without washing & dry them & beat it to Powder & take as much as will lye upon a Shilling in a Glass of wine this has been tryed with Good Success by the Lady Macklesfield

---

an Other Mr Scribo

Take better then half a pint of white wine Sweeten it with an ounce of Syrup of Marshmallos & Scrape into it the red of nine or Eleven reddishes then boyl it all together then Strain off & drink it, it Seldom Ever fails

---

A Powder for the Stone proved by y Bishop of Lincoln & Pope Silvester

Take of the Seed of Grommell & Saxifrage of Each 1 ounce of filipendule ½ an ounce of white amber, Corall, white & red, of Each 2 drams, make all this into a fine powder mingle them together, give the pt. tient one Spoonfull in broth, this Cures the Stone & it never admits of a return, Pope Silvester gave the Doctor that perscribd it to him £300 p. Annum for Ever

---

an Other for the Stone

Take 2 new layd Eggs & Dry the Shells between 2 tyles till you can beat them to powder So fine that you may Sift it thro: a piece of Lawn, then take a quart of white wine & put it in a pan that holds a Gallon then take 2 or 3 flints & heat

them in the fire read Hott then take them out & quench the wine with them as quick as you can one after an other, So take the powder all in a Spoon & drink a Draught of Posset drink after it

A Stil'd water for the Stone

Take wild time Saxafrayes Pellotory of the wall & Parsley, of Each a good handfull two Good horse Redish & Three others Radish Roots Scrape & Slice the Roots Pick your herbs Clean, but not wash them put them all in Steep in a Gallon of new Milk & let it Lye 24 hours if the wether be Cold, if hot, but all night, & So put all into an Ordinary Still, it will run three Quarts or near Take Six Spoonfulls of this water & Six of white wine & Scrape a good Deal of Nutmeg Mingle them all together & Sweeten them well with Loaf Suger & drink it three Mornings together fasting it must be taken 3 Mornings before the full of the moon, or three Mornings after the Change or any time when you feel pain

A Lead Salve

Take two pounds four Ounces of Olive Oil a pound of white & a pound of red Lead ~~both~~ ~~bolt~~ to be beat, or Ground very fine, twelve Ounces of Spanish Soap shaved very thin in Corporate all these together in an earthen pot, that

is well Glased when you See the Soap Comes upwards
Set it on a Slow fire that is free from Smoke let it
Continue there an hour & half till it is turned from gray
to Oil Colour or darker, then drop Some of it upon a piece
of wood & if it does not Stick to the finger it is Enough
pour it into water & when it is Cold put it down close
in a gallypot, it will keep 20 years indeed the older
it is the better, the pot that you make this quantity
in ought to hold ten or twelve pints —

The Virtues & use of this Salve

Laid to the Stomach it takes a way pains & provokes
appetite, to the Belly it Cures the Collick & Conducive
to Conception, to the Rains, the Bloody flux, running of
the Rains, Heat of the Kidneys, & weakness or pain
in the Back, applyed to the Fundament it Cures the Piles
it dispperses Swellings, Draws out the blackness, & heals
a bruise, laid upon the temples it takes a way the head-
ache, & is good for the Eyes, a Plaister of this will
Cure a Sore throat, pain in the teeth or Swelled face
it breaks fellons pushes & imposthumes & heals them
it draws out humours without breaking the skin, & it
will heal any wound by washing it Every day with warm
Soap Sudds & laying on a fresh plaister, it is Excellent

For burnings taking out the fire & healing them without any other application, it also drys up the Milk in womens Breast

---

For a Dropsy. Miss Blackall

Take a Quart of the Juice of Pellitory of the wall & Clarify it well to which add three pounds of Clarifyed Hony, then boil it to a Syrup ~~of a wine Glass full of french white wine~~ Just Consistance two Moderate Spoonfulls of the Syrup in a wine Glass full of french white wine at night going to Rest & in the Morning two or three Hours before Rijeng is admirable in a dropsy, Shortness of Breath gravill or any other obstrution it is a very Gentle Jourge a Modarate Sweat a Great deuretick, it usally has a good Effect in three days taking, which uses a pint of wine, for no Medicine in a dropsey Should be taken in Much Liquor, but I never knew it fail of Success in Six or Nine days Continuance & May be repeated when the patient finds him Self fill with water, Great Care Must be taken not to burn the Syrup in the boiling for that intirely Changes the opening quality it is best to make it in the Month of May the herbs then being in most perfection & it is best to gather it in the dry, & the Hony Should

be old & free from Mixture NB the Juice is Clarified by Setteting it over a Gentle fire till the Scum rises perfecly on the Top, & then let it pass through a Flannell the Hony is Clarified by Melting & Scumming without Straining —

---

an other

Take a handfull of Scurvy Grass, a handfull of green broom a handfull of red Sage a handfull of wormwood & a quarter of a peck of rye Flower & Make it into a paste & dry your herbs very dry, then take your paste & role it out to be as a pasty then put your herbs in to it & let it be Baked with bread & when it is Baked you must have a Bag to put it in, after it is broke into pieces, then take 2 Gallon of ale & 2 of Small Bear & put it into a Stean & let it Stand 2 days, & drink half a pint at a time as often as you Can there is in my Cookery Book an other Exterondinary recipt for the Same in N° 9

Mrs Flodier

An other

Take the inner Bark of Elder & when you Cut it off the Tree you must Cut it down wards, when the out-ward bark is off you must Scrape the inside down-wards, then take as much as you Can grasp in your

hand & put it into one pennyworth of all ale & let it infuse for 12 hours, then Strain it through a fine Cloth drink the liquor so drained fasting — if it does not purge the first time repeat it that day sennight but if it does you need only repeat it in 3 months — if the Patient fills a gain repeat the medicine
NB if cut upwards tis an Emetick

For a Red or Pimpled face

Take half an Ounce of the best Rhubarb beaten very fine a quarter of an Ounce of Senna powdered very fine as many of the best Currans as will suffice to work the afore Said Powders into a Conserve by beating & mixing them well together in a Stone Monter, after it is well mixt moysten it with Syrup of Roses at your Pleasure put it up in a Galley Pott & take the quantity of a nutmegg every morning, Except it work above twice or thrice in which Case you may take it but every other morning — The wash to be used with it
Take a pint of white wine & put it in a Quart bottle then put to it half an Ounce of Flower of Brimstone

Shaking the Bottle Every day, but particularly a bout a quarter of an hour before you use it when it is pretty well Settled which it will be in that time, wash with the upper & Clearest part thereof, this use frequently in a day as you See Cause you Must also put into the Bottle a Piece of Camphire a bout the bigness of a Nutmeg tyed up in a Rag

---

A Wash for the Face

Take a quart of rain water or any Soft water in which dissolve 4 Ounces of Powder of Saltpeter take 4 Ounces of Bitter Almons & Just boyle them in a Small Quantity of water that you may peal the Skine off & beat them very fine & add the Salt & water to it by a little at a time, So that it may be very well Mixt it Must be Strained through a Sarvell & well pressed, beat what is left over again & mix it in the Same manner as before that you may Get all the Goodness out of the Almons then you may add to the Strained Liquor half a pint of Brandy a little Camphire a bout the Size of a Hassel nutt, if you like it a little Scented add a bout an Ounce of Hungary water or Hony water & Stop it Close, it will keep a year in a Cool place

To Clear the Face & prevent Mole spots

Take half a pint of Soft water one penneth of Salt-
of Tanter & boil it let it Stand till Cold then put
in a Spoonfull of Camphirated Spirits & half
a Gill of Oyl of Sweet Almons

A Powder for the Hands to make them white

Take your frensh Kidney beens & bitter Almons an
Equall part & put them Seperately in vineagar
for 3 days then take them out & dry them, then
beat them in a Monter very fine, then take
some Rice & Socke it in Goats Milk then dry it
& pound it then Mix it all together, & to Every
pound of this Powder put half an Ounce of Mirth
& a little Camphir

For the Itch

Take an Equall Quantity of Sulfer of Brimstone &
Sulfer of Viver mixt with Sweet Oyl & the Juice
of Lemon make it into a Linnement & a noint the Palm
of your hands & wrist with it or any part of your Body

For Vapers arising in the Head with dimneys of Sight &
numnesses Dr Willis

The pills

Take Stomack pills with Gums 2 Drachms; Castor half a scruple, Tarter of Vitriole one scruple Balsom of Peru a Sufficient Quantity to make them into 20 pills where of 4 are to be taken at Night & one in the morning following, repeating them once in 6 or 4 Days—

The Confection

Take Compound powder of Aron Roots Ditamus of Creete of Each 2 Drachmis Male Piony Roots one Ounce Zedoary, Eucampanas, Contrayerva, Roots of Each one Drachm, Species Diambra, pearle prepared, Ivory, red Corall of Each one Drachm, Electuary of Sassafras— with out Musk 2 Ounces, white Suger disoloed in a Sufficient Quantity of Male piony water 4 Ounces, make these into a Confection & take the Quantity of a Walnut in the Morning & at 5 in the afternoon drinking upon it a little less then a Quarter of a pint of the Distilled water as followeth

The distilled water

Take Mislatoe of the Aple tree Sage Rosemary Lavendar Betony of Each 3 handfulls, Aron Leaves Scurvy Grass both Sorts Brooke Lyme, water Cresses of Each 4 handfulls, Angelica, Roots Male Piony Roots of Each Six Ounces Capt winters Bark two Ounces the outward rine of a Lemon & 6 Oranges

107 all being well Cut & bruised add to them Aron water 4 pounds Black Cherry water & Malligoe wine of Each 2 pounds distill them in a Cold Still, After the pills are taken, they Must Continue taking this distilled water in Stead of their ordinary drink

---

Nurse Bonnifield Milk water

A gallon of Milk Six handfulls of Alehoofe & a pound of Conserve of Red Roses a pint of Sack & the whites of Twenty Eggs half an ounce of Cinamon & half an ounce of nutmegs to be Stilled in a Cold Still, for weakneses

---

Lady Hicks

For a Sprain

Take one pound of burgendy Pitch half a pound of white Virgins wax a quarter of a pound of male Frankincence finely beaten to Powder then boil them till they are well melted in a new Pipkin & put it into Cold water then put them into Rolls & Cover them with white Paper & keep them for your use

---

A Paste for the Hands

Take ½ a pound of Bitter almonds lay them in Cold water untill they will Blanch then blanch them & beat them

in a Stone Morter very fine, then take a quarter of a pint of Damask Rose water as much Sack, a pint of Bullocks Gall Set the Gall on the fire let it boil a bout half a way Scuming it very Clean then take the Yolks of four Eggs beat very well & mingle it all together let it boyl whilst it be very Stiff & it will keep the better.

A Liquid Balsom

Mrs Hartopp

Take of Sarsapilla Sliced & bruised three Ounces, of fine Spirits of wine One Quart, let these Stand together in a wide mouth Bottle well stopt for 3 days in the Sun, then Strain out the liquor very Hard and add to it four Ounces of Gum Guaiacum Digest it again three days as before and then Straining the Liquor add an Ounce & half of Balsom of Peru digest it again three days more & then Shaking the Bottle pour the liquor into Small Vials, Cork & Seal them down.

wash any wound with this, Laying over it any Sort of Healing plaister Binding it well upon the part, repeat it Night & Morning it will Cure the wound when there is no Loss of flesh, ten or twelve drops every morning taken for a week in Spring water Cures a Vain Broken in the Stomach it Cures the Rhumatism take a Sea Spoonfull of this Balsom in a Gill of warm water & Sweeten it with Suger

To Make the Liquid Balsom

Mrs Du Boyse

Take Balsom of Peru half an Ounce, Storax Calamit One Ounce, Spirit of Benjamin One Ounce Oyl of Sweet almonds, purest Frankinsence, Choicest Myrrh, Roots of angelica, Flowers of St Johnwoth, of Each a quarter of an Ounce Rectified Spirit of wine half a pint Put these into a Bottle in a warm place of Continuall heat, such as under Bakers Oven for Six weeks shaking it often, another fo 47 in my Cookery Book approved Mrs Taylor

---

Thurlingtons Balsom of Life

Take Balsom of Peru one Ounce
Storax Callamik 2 Ounces
Egnatwith Sweet almonds 3 Ounces
Aloes acotria
Mirrh the Garcorest
Frankinsense
Root of angelico
Flower of St Johns worth
} of Each ½ Ounce
Spirits of wine one pint

Pound the Druggs well put all with the Spirits of wine in a quart Bottle well waxt down, & let it Stand in the Sun all the Dog days then Strain it through a fin Cloth & keep it well Stopt for use

For an Intermitting Fever

from Mrs Evelyn

Take one Drachm of Bark, one Drachm of Common wormwood mixt together in Tinture of Snake root make these into two Boluses one of which to be taken when the fit is off the other Six hours after a Vomit should be taken first

---

To Cure & to take off a whenn

Take a Horse Hair & tye it Gently Round & tighter by degrees when it begins to be Sore put a Poultis to it made of a halfpenny Role & a pint of new milk boyl it welltogether then put in a little Saffron & let it boyle together again if the whenn be not too large this Quantity will make three Poultisses, put one of them in a fine double Cloth & lay it on as hot as they Can bear it & Just before it is put on take a feather & with a little oyl Rub over the poultis Cloth on that Side next the whenn & put it on it must be repeated 2 or 3 times a Day or as you find it draws & fresh put on at Night

an Other

Take your Common Snales in Shells & prick the Snalls with a pin & rub your whenn, with the Liquor that Comes from it

A Most Excelent receipt for the Eyes occationed from the Small Pox, or for any Sharp runing humour

Take a wooden (Civil new) Bowl put in the whites of two new Layd Eggs & take Some allum & rub it round the Bowl till it Turns to a Curd not too hard, & put it between double Clothes & bind it upon the Eyes & when it is taken off wash the Eyes with New milk this must be repeated till the Eyes are welle, at the Same time they must take Gentle phisick & if the Humour is very Sharp with a great runing then a Blister must be Laid on the Back & when taken off keep it runing, take a Collerd Leaf prick it full in holes & Clap it between your hands & Just warm it & lay it on it must be often shifted which will make it run the better so do, till it begins to heal From Dr Douglass.

The Medicine & methode for the Small Pox Mrs. Hide & Lady payton

Take half an Ounce of Methridate to two Ounces of Conserve of wood Sorill mixt well together with a Knife on the Back of a Pewter plate till it is very fine give the Quantity of a Large Bolus in Strong Milk water or Smalest plague water, or Cardus, to a man or woeman Morning & Evening the first & last thing they take. to Children a Smaler Quantity Proportionabl to their age

in Case of Danger May be Given 3 Times a day or oftner & Must be Continued till the Pox begin to dye & Shell off no other Medicine Must be Given with it the Person Must be kept in bed all the time in a Moderate Breathing Sweat, which the Medicine in Clines to & Composes to rest, Bleeding, Blistring nor any Evacuation is allowd nor Broth's or any flesh or diet but very thin water grewill with out Bread or Salt a Spoonfull of milk may be Sometimes put into it For Drink they May take plentifully of Posset drink Made of fresh Small bear Strained from the Curds put in a few Raisons Stoned a little Sliced liquorish Some Mary-Gold flowers dryed, & Hartshorn Shavings of all a Moderate Quantity of Posset drink, boyl them in Small bear with a bit of toasted bread in it to which put a little Sack with Some Saffron in a bit of muslin hung in it May be Some times allowed them to take a little fit Great Care Must be taken they take no Cold nor Must Get out of Bed till the Height of the distemper is over or Shift their linnen

a Lincament for a Sore throat

Take a heapd Tea Spoonfull of Honey & of Bole almonick Burnt Allum & Powder of Mirrh of Each as much as will

 lye on a Shilling Mix all together into a Soft Liniament & a noint with it the Inside of the Throat with a Feather

Syrup of Turnips

Take a peck of Turnips pare them & put them in an Earthen pot, put to them one quart of Hops water one pound of raisins of the Sun Stoned, half a pound of Figgs Sliced 2 ounces of Liquorish & Slice it very thin ~~one handfull~~ one handfull of Penny Royall one of the young tops of rosemary ~~two~~ two ounces of Coliander Seeds 2 ounces of Caraway Seeds bruised put all these to the Turnips with one handfull or better of the leaves of Coltsfoot, tye a double paper over them & bake them with households bread when you draw it out of the Oven press it very dry to every pint of this Liquor put one pound of Sugar & boil it up into a Syrup

For a Deafness

Take a wright Silver ~~Mi~~ding Ele & put it in a widemouth Glass that will hold a Gallon & tye 8 or 9 Papers So that not a breath of air may Come in & Set it in a Horse dung-

hill five weeks & then the Ele will be disolved into a fine oyl pour it out & Stop it Close & keep it for use, when you use it drop it into the Ear twice a day for Severale days it has Cured to admiration

---

The Red Cordiall

Take one Gallon of French Brandy 2 pound & 3/4 of Red Poppies 3 ounces of Snake Root 4 ounces & a half of Sweet fennill Seeds one ounce & a half of Annis seeds a little Jamaica Pepper 3/4 of a pound of Raisins of the Sun, 1/2 dram of Saffron Steep all these but not the Saffron in the Brandy a month or more then Strain it thro: a hare Sive pretty dry & Still the ingredients in a Still, till they are dry & put the water you draw from them to the Cordiale then dry the Saffron in a warm oven & rub it to Powder & put it into the Cordiall Take Six Spoonfulls at a time, or more, if occation be Sweeten it with Syrup of Clove Jilly flowers or Sugar forget not to Stone the Raisins & bruise the Seeds, & Snake Root, before you put them in the Brandy, it is a rare Cordiall to Sweat, against the Sickness or Small Pox measles or ague fever Griping in the Gutts, or upon any occation what so ever you may take it in less quantity, if it is not to Sweat

For the Dropsy from a Gentleman that was himself Cured by it & Severale Since

Cut a lemon round like a Screw & put into it as much Turmerick as it wile Contain, then roast the lemon Cut it in half put it in a pint of the best white wine take this quantity at three times in the Morning & at 4 a Clock in the afternoon & the next Morning one dose has Cured Severale

---

Syrup of long Life it must be made in May,

Take of the Juice of Mercurialis or Mercury 4 pound the Juice of burage one pound, Juice of buglass one pound, Mingle these with 6 pounds of Clarified Honey the whitest you Can Get let them boil together, a boiling & pass them thro: a new flannell bag infuse a pint & half of white wine, half a quarter of a pound of Gentian roots & a quarter of a pound of Iris or blew flower deluce let them Infuse 24 hours then Strain it without Squeezing, then put this Liquor to that of the herbs & Honey & then boil it to a Syrup you must order your Matters So that one thing, Stays not for an other but all be ready together, take of this Syrup one Spoonfull Every Morning

an eminent officer in the Great Army with charls the first was Sent into Barbary, had his quarters there assigned him

in an old gentlemans House with whome by great office of Humanity he soon Contracted a Singular friendship & seeing him look very old yet very fresh & Vigorous asked him how old he was who answered him 132 years old & that till 60 he had been a good fellow taking little Care of him Self but that then he had begun to take a Spoonfull of Syrup in the Morning fasting, which Ever Since kept him in health, being desired to impart that receipt to his Guest he freely granted it & the officer returned to his Country Made use of that Syrup & with it preserved him Self & Many more yet kept the receipt Secret, till haveing attain'd by his Syrup to 92 years of age he Made a Scruple to Conceal it any longer

---

Syrup of Clove Gilly flowers

Take your Clove Gilly flowers Cut them from the white then take a pound of the flower & 2 pound of Double refined Sugar & a pint of white wine or Sack & a pint of Spring water then take 40 whole Cloves & put them into an earthen pot, the Cloves & Sugar all together tye it Close down & set it in an Oven with tarts & let it Stand all night, then Strain it off & give it a boil up then put it into bottles but not Cork it this will keep 2 years & more

For any Icking or runing Sore or Scurfy head

Take Vinegar & oyl of Each a quarter of a pint beat it in a dish till it is Mixt then put into it Brimstone one penny worth Litharg of Gold a Shillings worth powdered & Serch'd Mix all these to gether put it into a pot & keep it for use, if it is only an Icking this Cures it, anoint the patient three Times against the fire, if it be a leprosey or Scurfy head then you must take Cows pis warm & wash the place greeved till you have made it Raw, then anoint the place put on old Cloths about it, this do once Every day against a good fire till it be killed

---

an Exelent Oyntment to disperce any Swelling & Cancerous Stamour in the Breast, Mrs Pelken

Take all the Fat you Can get out of the Large Geese, put it in a galley Pott, & put the Galley pott into, a Sauce pan with a little water to keep the Sauce pan from burning Set it over a gentle fire to melt the fatt, it must not boyl, only hott Enough to melt, then Strain it through a muslin into a Gally pott for use

An Extermary Poultice for a wenn or Cancerous Lump in the Breast or large Cores or Swelling on a Horses foot

Take a quarter of a pint of Milk & five or Six Tea=Spoonsfull of Grounded Lintseed boyl it on a Slow fire keeping it Stirring all the while till it Comes to a Consistence then lay it on a peece of Doulle Cloth & put a little Lintseed oil very thin on the Poultice to prevent its Sticking & apply it as warm as you Can bear it with a fresh Poultice once or twice a day as you find occasion

if for a Horse the quantity must be larger & Some Turpointine mixt with it

it is an Infalluable & Safe Poultice for any hard Swellings that wants Drawing, altho of many years Standing.

Mrs Flodrice

a Speedy Cure for Rhumathism

Take a very large Handfull of Sawzy & boil it in a pint of Strong Mountain wine to half a pint, & Drink it going to rest

For Maw worms in Children

If a girl, give a Glister made of Boys urin, if a Boy it must be made of a girls urine

For a chine Cough or a Hoopin Cough

Rub the childs Back Bone with Rum knight and Morning by the Fire approved

For a Cough

Take 4 Ounces of Oyl of Sweet almons 4 Ounces of white Sugar Candy 2 Ounces of Syrup of Maiden hair a little Brimstone Make these into a Lintus, Take about a Tea Spoonfull Morning, & Evening or when your Cough is troublesome

To Cure Horses greesy Heels the Same in 47

Take a pound of Green Soap & a pint of Vinager gently boiled in a pipkin & kept close & applyd to the parts

a Powder to whiten & Fasten Teeth

Take Burnt allum one Ounce Cream of Tarter 3 drams of Dragons Blood one Ounce of Corrall prepared 1 one Ounce of Myrh one Ounce Mix altogether & rub the Teeth Morning & Evening.

For a Cough

Miss Jennings

Take two ounces of Jarr Raisons Stoned, two Ounces of White Sugar Candy beat & Sifted, two Ounces of Cold Conserve of Roses & 16 drops of Spirit of Sulfer beat altogether into an Electuary, take the quantity of a Nutmeg when Ever the Cough is Troublesom

---

For the Piles

Lady Morgan

Get the Sole of an old very Sweaty Shoe & put it in the fire & burn it till it is red hott then take it out of the fire & when Cold beat it to Powder & apply it to the part agreeved

---

Do

Take a handfull of Poppy tops & boil it in a pint of water & apply it warm to the place afflicted

Mr. More

---

a Glister for the Piles

Mr St. Hill

Take a large Handfull of Cammimell Flowers & boil them in a pint of Milk & put in a Spoonfull of oil & a Spoonfull of Brown Sugar

---

Mrs Evelyn

Tincture for the Epilepsy & all other Fits & nervous disorder

Put a quart of the best Brandy, Six Drachms of Assafetida

Slied two ounces of Stone Soot, the hard Soot that Sticks to the wall where nothing but wood is Burnt 2 ounces of powder of Eggsheles when these ingredients are Mixt together in a glass Bottle let it Stand 8 days before you use it Shaking the bottle Every day
The dose give for fits to a man is two large Spoonfulls fasting in y morning 3 days before the new Moon & 3 days after which Continue till the quart is taken to a woman one Spoonfull & half to one of ten or twelve years of age one Spoonfule to a child of two ten drops on loaf sugar, to a child in the Month 5 drops in Small Bear this Medicine Must be given in the Same Manner at the full Moon too

---

To Prevent Miscariages Mrs Richerson

Take a Good handfull of fresh red Sage dipt in water Give it one Shake but not too dry beat it in a Stone Morter very fine then press out the Juice through a bitt of Muslin & drink a large Spoonfull in a Small glass of Sent Every morning about an hour before you rise Repeat this for 9 mornings running, then rest 9 mornings then begin again & rest as before the 9 mornings, then

Then take it again the 9 Mornings & rest for a month
Follow this Method till you find Benefit

Ditto from Mrs Coope

Take Shepperds purse a good handfull & Steep it in
Claret & Drink it

Mrs Coope

To Stop violent Bleeding in course

Take a pint of Claret & put a piece of Red hot Iron in
it then take 9 Spoonfulls of the Juice of Nettles & the
Same Quantity of plantaine leaves & put it to the Wine
devide it in 3 parts & take it 2 or 3 times a day

For the Rhumatism a never Failing Medicine

Take 4 Balls of Stone Horse Dung 2 bunches of
Penny Royale Shread, 2 ounces of Liquorish, & two
Spoonfulls of Mustard seeds, Bruised, a quarter of
a pound of Raisons Stoned a quarter of a pound of
Figgs Shread, Tye them up in a Cloth, make a Posset-
Drink with 3 Quarts of ale & a quart of Milk
when the Curd is Strained from it, put in the Ingredients
Give all a Gentle Simmer over the fire, then poure
it into an Earthen pan keep it Close Covered, let the
Ingredients remain in, till all is Drank, Drink
half a pint in the Morning fasting the Like in the after
noon & at going to Bed

Plague Water

Take the Leaves of Rue Scordium Wormwood Rosemary & Red Sage Sallendine the Leaves & flowers of Sentry, Mary Gold flowers Rosemary, & flowers Rosafoles, the Leaves of Scabius, Egrimony, Cardis, the Leaves & flowers of Bettany, Mugwort, Balm, Pimpernell, with the Purple flowers, Dragon flowers, the Leaves & flowers of Lillies in the Valley, of Each ~~a~~ large two handfull, the Roots flowers & Leaves of ~~angelico of Each~~ Scorcinary Two handfulls, the Roots & Leaves of angelico of Each Two handfulls, the Roots of Elicompaine Zedinary Turmintall Piony Liquorish of Each a handfull, Cut them & Pick them from the dirt & put them into a deep Earthen Pan, put three Gallons of malt Spirits to them, Cover them close & let it Soake three Days Stirring them now & then if this Quantity don't Cover the herbs, add another Gallon of Spirits, & then Still them off in a Cold Still

For a nervous Disorder in the Eyes

Take of Rue Billony Penny Royall Sassafrass Dill Eye Bright Loveage Cinnamony of Each a quarter of an ounce made into fine Powder & mixt well together and take the quantity that will lye on a Sixpence in Broth gruell or what meat for a month This has restored the Sight after four years Loss —

For Weak Eyes

Camphorated Spirits of wine as high as it will bear & as many Drops of Compound Spirits of Lavender as will Tinge it of a pale Red, To be applyd by way of Bathing Round the Eyes & on the Temples —
NB This is only Good where the Optick Nerves is affected

For Histerieks & Lowness of Spirits

Milk Water four ounces, Rue water two ounces Compound Paony water one ounce & half, Tinture of Castor two Drams, Syrup of Saffron half an ounce Mixt together, Take two Spoonfulls of it three times a day

A Water For Sore Eyes

Old Lady Heathcote Family Receipt

Take half a pint of Spring Water & the bigness of a Small hassel nut of white Copperas & as much powder of Fishshew as will lye upon an old three pence or a new Sixpence & as much hard Sugar as white Copperas boil all them together in a Silver Tankard a quarter of an hour then let it Stand till it be Cold & then put it into a Glass bottle & when it is Settled Clear you may wash your Eyes & let a drop or 2 goe into your Eyes — it is best for those Sore Eyes which are very redd, but it will Clear the Sight of any Eyes
these things may be had at the Apothecary.

Sweetning Powders

Take Powder of Crabs Eyes Ten Grains, Powder of Pearl, & Corall, Each 5 Grains Sugar of Pearl Ten Grains this Quantity is to be taken with Every half Pint of Asses Milk

---

For a Strain & Great Strenghtner after a Broken Leg: or Kneepans

Take Rosemary flowers Lavender tops Bay leaves, Hearts=horn Shavings, of Each one handfull, boil these in a Gallon of spring water till half be Consumed, bathe the parts — afflicted at Night going to bed for about a quarter of an hour before the fire, as hot as you can bear it then sip a toler of

flannell in the Stoope & wrap it round the part, doe this Every night till you find benifitt which will be in a little time

---

a Cure for a Lame Legg

Take a handfull of Red Sage

D° of - - - - - - - - of Rosemary
D° - - - - - - - - of Balm
D° - - - - - - - - of Penny Royall
D° - - - - - - - - of Sheeps Dung

2 Drams of Camphire, a quarter of Spirits of wine

Put these Ingredience together in 5 quarts of water Boil them half a quarter of an hour, when you will use it, let it be warmed & put the Legg greeved in it & Rub it well with the Herbs for a bout 8 minutes repeat it morning, & night, when done wrap it in flannell Every third day fresh Herbs

---

Fr Dallies L'Eau Blanche a water for Sore Leggs

℞ aq: Calce viv: ℥ viii aq: Ros: plantag: a a ℥ IV Spir vini ℥ ij Saccar: Satur Camphor a a ʒ i — Ceruse ʒ i ʒ

Cet la L'eau dont Mr Boffu cet ci Souvant Servi avec Succes pour L'erecipelle Inflamation des

lilfere a la Jambe pour Leinge dans les
Gonorhe et pour les Yeux ci on y ageoule la
tutia il est bon, Contre la gangrene, est tres bon

To Assuage a Swelling in the Legg

Take Some Rye flower with the Bran in it, Some wormwood Chopt into it Some Garlick & put to it about 2 Tea Spoonsfull of Salt & apply it as hot as you can bear it Repeating to warm it when it grows Cold

---

A Most Excellent Receipt For a Burn

Take Some Oyl, or Burnt Oyl is best, & do the parts that are Burnt all over with it then take Some Carrots or Potatos which you Can Soonest Get & take off the First Coat then Scrape as much as will Cover the Burn Pretty thick & as it dryes put on fresh, Continue doing this till all the fire is out, this will Cure in 24 hours but in Case you Cannot Get Carots, or Potatos, then take Some onions, & Stamp them, & Lay them on repeating it as it dry's, which will be as good, if it Should afterward require a plaister put only the white Cerecloth made of oyl virgins wax & a little Spermacety, or Furners Cerect, or the Black Plaster in f.° 1:

For a Burn, Infallable

Clap it into Cold water & keep it in till the fire is out if you do not like to do that, hold it in, or Bathe it with Lamp Spirits. Continuing it till the fire is out, it gives no pain or Smart, unless the Skin is off, but makes it quite Easy, as long as you hold it in the Spirits till all the fire is out, this I have Experienced with great Success, Even to a Burnt Eye, but that I did with 8 double fine Raggs Dip't in Brandy & Lay'd it upon the Eye as wet as possible & Shifting it pretty often, which in a few hours made a perfect Cure

---

For an Astma

Take a pint of Milk D° of Spring water Set over a Slow fire till its reduced to one pint then put in the quantity of a Walnut of Minorca Honey take half a pint at Night warm in Bed & the other half pint two hours before you Rise at Each time to be drank as warm as possible N.B. avoid Salt Meat, Take a Tea Spoonfull of the Honey in the afternoon & D° in the afternoon

---

For D°

Take a Large Handfull of Barbery Bark, 3 drams of Saffron a Spoonfull of Cardimum Seeds a quarter of a pound of Reasons

Stones, Infuse all these in a Quart of Mountain wine with a Lemon Sliced in it & take a Glass Every morning fasting, you may put a pint of wine to the Ingredients when the first quart is used

---

An ~~extraordinary~~ & never Faling Medicine
For the Dropsey

Take Some of the best Sallet Oil & bathe the Swelled part offtiles a good while warm before the fire then put on a warm Piece of Flannell, & repeat it, till you find benifit & Cured.

For a Sprain

Bathe Immediately the part afflicted with Spirits of Hartshorn till it appears Black, then make a Poltice & look for P. 19 or 38 Either of them are Extraordinary Good, after you have done with the Poltice P. 125, & then a Strenthing Plaster

---

For the Same

Take Some venice Treakle & Mix a little old Rum with it & bathe the parts afflicted with it & Spread Some pretty thick upon Lether & put it on, this has Cured after they have been 3 Months under the Care of Surgions

---

To Cure St. Anthonys Fire

Take 3/4 of an Ounce of Oil of Elder 3/4 of an Ounce of Linseed

oil, one ounce of Lime water, Beat them together & annoint the affected parts with a feather when going to rest being made warm at first.

---

a very Good Plaister for a Sore Legg

Take linseed oil a bout half a pint & a penneth of Horse Turpintine & a piece of Bees wax, put this on the Sore then foment the Leg with warm verjuice & role it with a Flannell wetted in the verjuice repeat the Same Every Night till cured, In case the parts Should be Inflamed make a Seare=cloth, made of a little oil & Some wax & a little Spermacity melted together & dip in Some fine Raggs & Layd on a Pewter plate till cold then apply it to the part the above ingredients must be melted together & put in a galley pot & then spread

For a Sprain of an ankle. Dr. Edward Omr. Hall

Take half a pound of Salt half a pound of Allum, half a pound of Soft Sope, boil them in two Gallons of water till it Comes to one, & then put your Ankle in as hot as you can bare it Covering ye pan Over with a Cloth to keep the Steam in, & when you take your foot out Rapit up in flannele & go to Bed

In the Small Pox, to be taken a handfull of Sheeps dung Steept in half a pint of white wine, take a Small wine Glass full at a time

---

A Plaister to Prevent Miscarrying to be Spread upon Thin Leather & applyd to the Loins when young with Child & to be Continued till quick

Take Cypress Nuts, & Galls of Each three Drams Dragons Blood three Drams Load Stone two Drams Hearts flax Calcind three Drams, Myrtle Berries one Spoonfull Mastick Nutmegs & Olibanum of Each 2 Drams, Powder all these very fine Then take Pitch three Ounces, Rozin & Turpintine of Each two Ounces Melt these over a Gentle fire & when Cool Enough Stir in the Powders & make it into two Rolls & put them into a bladder being first oil'd to prevent its Sticking & being Exposed to the air

---

Mr Parkes

For a Sprain

Take two old kid Gloves, Cut them in Strips & put it into half a pint of Old Verjus & Set it on a Slow fire & let it Simmer till it becomes Like Glue put it in a Galey Pot till Cold, then Spread on kid Leather

For a Sprain in Fol: 130 the Same by mistake

Take half a pound of Salt, half a pound of Allum half a pound of Soft Sope, Boil them in two Gallons of water till it Comes to One, & then put your Ankle in it as hot as you Can bare it Covering the pan over with a Cloth to keep the Steam in & when you take your foot out rap it up in flannell & go to Bed

---

For the Jaundice

Take Red Dock Root Scraped & Sliced, Barberry Bark, of Each a Small handfull, 24 Grains of Saffron, a handfull of Earthworms washed Clean put all these into a quart bottle of white wine & let it Stand 24 hours then Strain it off & Drink a quarter of a pint in the morning & as much in the afternoon

---

For a Hooping Cough

Bathe the Childs Back bone every Night with Rum & in the morning also

For the Gravill

Take one Spoonfull of the Juice of Onions one Spoonfulls of Juice of Commamile one Spoonful of Sweet Oyl, two Spoonfulls Mountain wine, all Mixed together Sweetend with Honey and when warmed to be Drank at a draft, it has a Tendency to keep the Body in Good Order & to Lessen the obstruction with a divine Blessing attending

---

Almond Milk

Boil French Barley, till the Husks open then put a way the water, & take more & boil it till the Barly be fully Burst then take the water from the Barly & keep it till it be Cold then take 20 almons to make a pint of Milk & Blanch them, & beat them very fine then take the last water the barly was boyled in & put in Some Powdered Sugar then Strain them through a Cloth being mixt together & put in a Spoonfull of Rose water & So give it the Patient to drink it is Cooling & Norishing you may boil a Blade or 2 of mace with the Barly & Some Heartshorn but let them not be broken with the Barly

Dr. Frewen of Oxford's Receipt

For a numbness in the Limbs

Take opodeldock 3 ounces Compound Sp. of Lavender half an ounce, Spirit ~~of Lavender~~ Sal: Ammoniac with Lime, 2 ounces Make an Ointment of these & Rub the part affected Night & Morning

---

For the Rheumatism or Gout

Take One ounce of Gum Guiacum
half an ounce of Cinabar of Antimony ℥ in powder
4 ounces Conserve of Hips
Mixt all together in an Electuary take as much as a large nutmeg every Night drinking a Glass of Peppermint water after it

---

Nervous Drops

Species Diambere 3 drams Tincture of Castor 12 drams Sal volatile Oleosum 8 drams put into a bottle, Shake it frequently for five or six days afterwards pour it off fine, & then add half the quantity to it again of the Liquid & let it Stand the Same time then Mix it all together then let it Stand till fine, Take 21 or 25 drops in a Glass of white wine Cherry or Canary or Milk water or you may put ~~all~~ on at once

Dr Frewen of Oxfords Receipt
For a numbness in the Limbs

Opodeldoch in English — Liniments Saponaces 3 Ounces
Compound Spirits of Lavender ½ an Ounce
Spirit of Sal ammoniac with Lime, 2 Ounces
Make an Ointment of these & Rub the Part affected night & morning

---

For the Rhumatism

One Ounce Gum Guaicum Infused in 4 or 5 Ounces of Salevolatile 2 Tea Spoonfulls in a Glass of water morning & night Sweeten the water with a lump of Sugar before you mix it

---

For the Bite of a Mad Dog from Dr Mead

Take the Powder of Long Pepper, & Powder of ash Coloured Ground Liverwort of Each half a Drahm to be taken night & morning for three days in Cows Milk

---

For the Bite of a Mad Dog

This Receip was taken out of Cathorp Church in Lincolnshire the whole Town being bitten with a Mad Dog, & all that took this Medicine, did well & the rest died mad
Take the Leaves of Rues pick'd from the Stalk & Bruised

Six Ounces Garlick pick from the Stalks & Bruised
Venice Treacle or methridate & the Scrapings of
Pewter of Each Four Ounces boil all these over
a Slow fire in two Quarts of Strong Ale till one
pint be Consumed, then Strain it off when Cold
& keep it in a Bottle Close Stop'd & give of it
nine Spoonfulls to a Man or woman warm
Seven Mornings together Fasting, & let 'em fast
after it 2 hours, to a Horse or Cow give 15 Spoon
fulls to a Sheep or Dog 6 Spoonfulls —
This the author believes will not fail by Gods
Blessing if it be Given with in nine Days after
the Bite of the Dog, apply Some of the Ingredients
from which the Liquor was Strained to the bitten place

Mrs Morris Excellent ointment for a Burn
or Scald, to heal presently any Scald or burning with
fire, hot water, Gun Powder, or what soever Else, being
presently applied, for then it worketh best, it Effects also
all blisters & breakings out what So ever & healeth with
out Doubt

a pint of Olive oyle put into a Pipkin, then gather Some
Sprigs of the Elder no bigger then the Top of your little Finger
Scrape off & throw a way the uppermost rinde, Scrape of the

green till you have a Good handfull & the youngest Leafs of the Elder one handfull, plaintin & Jengreen Leafs of Each one handfull bruise the herbs & put in the Oyle & the 6 part of a Pint of Strong wine vinegar 3 Spoonfull of vrin, of a Tallow Cotton Candle a bout 2 Inches week & all boil this to gether on a Soft fire half an hoar Stirring it now & then, Strain it thro= a course linnen Cloth & put it into the Same Pipkin again, adding to it an ounce & ½ of yellow wax let it melt & Stir it till it be of the Consistence of an Oyntment, when you use it Spread it on a thin piece of Paper or fine Linnen Cloth to make it Green put in a handfull of Cammomiles

---

To Make Gasking Powder

Take of the raggs of Pearle, of Red Coral, Crabbs Eyes, Heartshorn white Amber, of Each of these one Ounce beat them Severally into fine Powder, & Search them together thro: a fine Search, then take 5 Ounces of the black tipps of Crabbs which you must beat & Search as the rest & ½ ounce of the best bezoar done in the Same manner, weigh them all Severally & then mingle them together in a China Bofon, having Some Jelly of Heartshorn ready made with Some Saffron Infused in it then whet the Powders with it when it is Cold, but before

it Jellays, & let it Stand till the next day, when it is wele mixt make it up into balls & dry them in the Sun & wrap em up Severally into Papers & keep em Close, the Crabs claws are best if you Can get em before they are boyl'd & when they are in Season, as May, or Sept. This Powder is Good in any Pestilential Distemper as Fevers Small Pox Mearles Great Colds &c to a man or woman 25, or 30, Grains to a Child of 9 or 10 years old, 16, to a young Child 6 Grains —

For an Asthma or Shortness of Breath
The Ammoniacum Mixture

Two Drams of Gum Ammoniacum with 4 ounces of Hysop water of which take a Spoonfull at any time when Breathing is Difficult

---

To Brace and Strenthning the Nerves

Elixir of Vitriol & Tincture of Bark Equal Quantity Take forty Drops in a glass of water twice a Day

---

a Fine Lip Salve

Take 2 ounces of Virgins wax two Ounces of Hog's Lard half an Ounce of Spermaceti, One Ounce of Oil of Sweet almonds two drams of Balsom of Peru two dram of Alkenet Root cut Small Six Neid Raisins

Shred Small a little fine Sugar Simmer them all together a little while then Strain it off in little potts it is the finest Lip Salve in the word

For a Sore Throat

Take a Black Ribon & dip it in Some Spirits of Heartshorn & put it wet to the Throat

For Sore Eyes

Take a new glazed Pipkin put in a quart of Spring water or better & a handfull of Red Sage let it boil very Gently then Fry & dip in a piece of new Cloth if it looks Green it is Enough wash your Eyes with it at Night Going to bed

For a Consumtive Cough

Take Some Oringo Root & Make it into Sea & Drink a quarter of a pint Mixt with a quarter of a pint of Boiled Milk which must Stand to be Cold long Enough to take off the Scum, then drink it in Stead of Asses Milk Morning & afternoon it is as good

For a Cough

Take one Lemon Boil it Tender but not Break or Burst Cut it & take out the Juice & Soft Pulp from the Seed Strings & Rind put to this Pulp, 2 ounces of Sugar Candy Finely Beat 2 Ounces Oil of Sweet almons, one Ounce of Syrup of Poppy Mix all well together, & take a large Spoonfull when ever the Cough is Troublesom

---

From Mr James Lock

To Make Surfeit water

Take one Gallon of the Best French Brandy Steep Six good handfulls of red Poppy leaves 9 days then wring them out dry, thro' a Course Cloth & put into the Liquor 1½ pound of Raisons of the Sun, Stoned, 1½ pound of Dates, the Stones & white Skinnes taken out & Sliced very thin one ounce of Mace, one ounce of annisseed Rub'd & Dusted, One Ounce of Cinnamon one quarter of an Ounce of Cloves, one Ounce of Liquorish Sliced These must Steep 14 days, then take one pint of Damask Rose water ½ a pint of Poppy water Distilled

one pound of white Sugar Candy bruised, let them Steep 2 or 3 days then Mix all together & Run thro' a Jelly Bag, & bottle it up for use

NB 2 ounces of the Sugar Candy may be left out

For Chilblains

Take one ounce of venice Turpintine 3 ounces of Old Lard a quarter of an ounce of Bees wax Sliced very thin put them into a Pipkin & melt them altogether & pour it into a galley pot for use, Spread the ointment on a Cloth & put it over the Chilblains, if they are broke then put Some on a lint over the hole, & a large plaister over it, if you find the ointment to hard add a little more Lard, it is good for all cut fingers

---

For a Great Sweetner of the Blood

Bruise half a pint of Live millipedes & put to them a quart of mountain wine let it Stand 2 or 3 days Sometimes Shaking it, when it is fine, drink a Glass

of it in the morning, another glass in the afternoon & as you drink it add another pint of wine to the millepedes So that three pints of wine on the whole to the half pint of millepedes, it may be drank two or three months ere any benifit is found

---

For the Jaundice — Mr Freke Surgion

Take of Castell Soap two Drachms of Rhubarb Powder'd One Drachm of Nutmeg Grated half a Drachm, beat them well together & make the mass into Pills of a moderate Size of which take three or four every day — From Mr Lance

---

For the Gravill

Turn a pint of milk with half a pint of white wine Strain of the Liquor & add to it two Spoonfulls of Salad Oyl & two of Syrup of Marshmallows, mix them well & Drink it warm going to Bed

---

To Strengthen the nerves

Put half an Ounce of Wild Valerian Powder'd in a Teapot pour half a pint of boiling water upon it let it draw two hours take 4 large Spoonfull of this Tea twice a day, adding to each dose a little Sugar & 30 drops of Spirits of Volat: Fo[illegible] — Ed

For the Gravill

142 y^d Time by mistake

Turn a pint of Milk with half a pint of white Wine Strain off the Liquor & add to it two Spoonfulls of Sallad Oyl & two of Syrup of Marsh Mallows Mix them wele & Drink it warm going to Bed

---

An Excellent Reciept for an asthma

Mr Waple

an Equal Quantity of Cold drawn Linseed Oyl & Syrup of Marsh Mallows Mix'd wele together a Spoonfull taken 2 or 3 times a day, it has relieved in violent fitts near Expiring

---

To Stop Bleeding at the Nose

Take a piece of white Writing Paper & let the Person Bleed upon it, & make it very wet with the Blood then Clap it upon the Forehead & it will Stop the Bleeding

---

For a Ferulous & Leprous

Take the Fat of a Loyn of Mutton ~~&~~ Roast~~ed~~ & Baisted with Tary then a noint with the Drippings the Parts affected

For a Contracted Joint or Numness

Take the yolk of a new laid Egg let it be beaten with a wooden Spoon to the greatest thinness, then by a Spoonfule at a time add 3 Ounces of pure water agitating the Mixture Continually that the Egg & water may be well Incorporated this Liquor may be applied to the parts Contracted, Cold or only Milk warm by a Gentle Friction for a few Minutes 3 or 4 Times a Day

---

For a Dropsey

Tak a handfull of Covegrass a handfull of Green Broom a handfull Red Sage a handfule of wormwood & a quarter of a Peck Rye flower & Make it into a Past, Dry your herbs very Dry, then take your Past & Role it out to be as a Pasty & put your herbs into it, it Must be Baked with Bread & when it is Baked have redy two Baggs to put it in, all Broke to Prices, then take 2 Gallons of Ale & 2 Gallons Small Beer & put it into a Stean & let it Stand 2 Days & Drink half a pint at a time as often as you Can

---

A Good Receipt for the Teeth

the same in 82

Take a full pint of very Strong Sage Tea, add ¼ of a pound of Honey, of Bole Armenian & Allum of Each one penny worth & a ¼ of a pint of Strong Vineager, wash your Mouth with it Morning & Night

a very Good Eye water Mr Heartly

Dissolve an ounce of white Copperas in a quart of Snow water let it Stand two days then Strain it thro= a Doulas bag let it Stand another day & Strain it, again, then boil it up in the Shells of new laid Eggs, NB the Liquid Cleaving to the Egg Shells, gives virtue to the water — when thus boil'd let it Cool & put it into a Bottle for use

Dab the Eyes well with linnen Rag twice a Day if found too Sharp for the Eyes, it may be qualify'd with a little addition of Rose water

---

An other

a Penny worth of Eye bright, a Penny worth of Plantain water, a Penny worth of white Rose water, a Penny worth of Powder of Tutty, a Penny worth of Lapis Calaminaris Put all these into a viol, Set it in a window in the Sun for Severall days Shake it once a day, & when Ever you use it, an ancient Person who washed her Eyes with it very often, found great Benifit

---

For Blindness

Take a new Laid Egg & Set it in Embers till it is as hard as a hard Boiled Egg, then Peel of the Shell & take out the yolk

& fill up the hole with the finest Loaf Sugar or white Sugar Candy beat very fine, & keep the Egg as hot as you Can, & as the Sugar melts, Squize the Egg Gently with your hand & a Liquor will Drop from it, put a few Drops in a Tea Spoon, & have it drop into the Eye, or Eyes when you that are Blind, when you go to bed, it will make it Smart, which it must do, or Else ~~it~~ it will be of none Effect, a Lady of my acquaintance who was taken quite Blind with one Eye, when she was a Girl, Mr Sharp the noted Surgion was applyed to - as her Eyes Look'd as the other, there being nothing amiss to appearance, he told her there was a vaine which Comes from the neck & leeds to the Back part ~~of~~ of the Ball of her Eyes which was the Cause of her being Blind, that vain being affected by some Great Cold, but would do nothing, but this Medicine which She was advised by a good nurse to Try Intirely Cured her, & her Sight is now as perfect as the other not Good for old People, & Decayed Eyes, or nervous

---

Receipt for a Horses Cold

2 ounz of Syrup of maiden Hair, 2 ounz of Brown Sugar Candy Powdered, ½ pint of Linseed oil Cold Drawn ½ pint of Sack mix all together, to give him ½ any morning & ½ ~~at Night~~ the next morning & no Cold water

Tobacco for Dim Eyes

	Dm
Wood of Aloes	1½
Cortex Elatheria	1½
Sassafras Bark	2
Gum Storax	1
Benjamin	1
Amber prepared	2
Flower of Eye bright	2
Rosemary	2
Lavender	2
will Cost 18 d	14½

Tobacco 4 Oz:

Bruise the wood & Gums Seperately & lightly in a Morter So as to Mix all well with the Tobacco to be Smoaked when you please, but a pipe chiefly when Going to bed

---

For a Blemish in the Eye, or a thin Growing Sight on the

Take 2 Ounces of Cicuta Vulgaris, or the Common Hemlock pound it in a Morter to which add a Thimbl-full of Bay Salt, half a Sea Spoonfull of Powder of Tutty,

& as much Bole Armoniac as is Sufficient to make it Spread Easy upon a piece of Black Silk
if but one Eyee is Affected it must be applied to the Contrary Wrist if both Eyes it must be applied to both Wrist, The Plaister must be applied to Each wrist & renewd Every Twelve Hours as long as you have Occation washing your Eyes with the Eye water at Proper Intervales as mentioned at the Bottom Viz
Take Red Rosewater three Ounces Tutty & white Sugar Finely Powdered of Each one ounce, Shake them well & let it Settle & wash your Eyes with a fine Rag three or four times a day

---

Strengthening Oils for Sprains

Oil of Excesor
Peter
Worms
Camomile
Origanum
of each an Equal quantity

For a Blite

Take 2 handfulls of Sage in a quart of water Boil them well together then take out the Sage & put in 2 Ounces of Castell Soape & foment it with flannels

then take of Spermacety one Drachm white wax half a Drachm, Dissolve them over a Gentle heat, in one Ounce of Sweet Oil adding when Dissolved 2 Drachm of Turners Cerat & anoint the parts affected

---

A Diet Drink

Take Sassaphras, Sasaprilla Cheiney Roots, Liquorish Ivory & Hartshorn Chavings of Each one Ounce Sweet fennell Seeds Coriander Seeds of Each half an Ounce Reasons of the Sun Stoned two Ounces two handfull of arickangel flowers, Slice the Drugs & bruise the Seeds, & boil all these in three quarts of Spring water over a gentle fire Close Stopt, till it is boiled half a way, then Strain it off & bottle it up & let the Child Drink it for her Common Drink Devide the Ingredients into 3 or 4 parts, & make it at Severall times for fear it Should be Sower before the Child can drink the whole quantity

An Excelent Receipt to cure any Inward Bleeding

Take the Juice of Nettles & the Juice of Plantine of Each a like Quantity & fill a wine Glass full & Drink two or 3 Glasses of it in a Day, & take the Bigness of a Hazzele nute of the Best Lucatelus Balsom Morning & Night twile Infallably Cure

---

An Excelent Receipt for the Stone or Gravile

Take of the Best Sallet oyl & the Juice of Lemons & white wine of Each a like Quantity & mix it wele together & fill a wine Glass full & Drink it off the first in the Morning & last at Night, Continue this for a Month or Six weeks, tis an Infallable Cure

---

Dr Fothergil's Receipt for a Hoarshness

Powder of Gum Dragon	3 Drams
Oil of Sweet Almons fresh drawn	1½ oz
Syrup of Diacodium	1½ oz

Made into a Linetus of which take a Small Spoonfule often

Simple Tinture of the Peruvian Bark	6 Drams
of the Paregoric Elixir	2 Drams
acid of Elixir of Vitriol	1½ Dram

Mix them & take 60 drops every day in a little Wine a bout an Hour before Dinner

For Vapours & Lowrys of Spirits

Take one Ounce of assafetida one Ounce of Castor and one Ounce of Salvolatile Oliosum in Spirits, & mix them together, & take about 30 or 40 Drops in water

---

Against Phlegm

To fast at Night, in the Morning take the Juice of a Sour Crabbed Lemon mixt with oil of Almons & Some Syrup of Squills (alias a Sea Onion) take half a Spoonfull & fast with it

---

A Bitter to help Disgestion

Take one Ounce of Rhubarb Sliced & put it into five half pints of white Mountain wine & let it Steep by the fire a day & a Night, then put in half an Ounce of the peel of Civill Oranges well Dried, & let it Stand & Steep three Days by the fire side, then Drink a wine Glass, Just as you are a going to Dinner

---

To vomit

In Case you Cannot Get the vomiting Powder, Take a Large Spoonfull Heaped, of Flower of Mustard & mix it with a little water, or any Liquor, & if it does not operate soon mix up a little more, & drink it, it is very Safe, & never fails

For a Pluritick Pain in the Side
or a Healing Julip for Shortness of Breath

Take 2 Ounces of Oil of Sweet Almons put it in a Large Glass or pint Bottle put to it 2 Tea Spoonfules of Spt of Heartshorn & half a pint of Small Cinamon water & Shake it till it turn white, take 2 Ounces at a time, 3 times a day, in the morning, at 4 in the afternoon & at Night going to rest, it is very Proper to Bleed first

---

against Sweating at Nights or Weakneses
Mr Waplke

Take a quart of Old Syprets wine or Canary pare the Rine off one Lemon very close Slice it & put it into the wine with a Dram of Saffron put into a fine Ragg & Squize it 2 or 3 times a Day with a Spoon, & take a Small wine Glass twice a Day put in 3 or 4 Lumps of Sugar

---

For the Palsey

Take a live viper Cut the Head off & Skine it & Cut it into Small Pieces & put it in a wide Mouth Bottle & Set it in a Skillet of water & let it Stew for Severall hours till it yealds a bout a Cup full of Liquor, Take this Once a day till you are well

For a Dimness of Sight

Take of Lapis Calaminaris a penny worth & oil or fatty of vipers mixt up to the Consistancy of thin point Spread it on a bit of old Cambrick, & dip a Clean bit of Cambrick into Rose water lay that upon your Eyes, & the Ointment Rag upon it

---

Lady Betty Bedingfields receipt

For a Dropsey after She had been tapped, this Cured her

3 handfulls of the tops of Green Broom boyled in a Gallon of Spring water Skim it till nomore Scum Rises & when So boyled, put the Broom and water into an Earthen pot, & keep it Close Covered for use

Take a large Spoonfull of whole Mustard Seed Every Morning & Night & after Each Spoonfull of Mustard Seed unbruised, take half a pint of the above Broom water

if the Mustard is Disagreable you may mix it up with any Sort of Syrup—

For a Billious Collick

Take 25 Grains of Hepouruciana steep^d in wine for a vomit Take a handfull of the Inside Scraped of Barberry

Bark & a handfull of yellow nettles pour a Gallon of Boiling water upon it & drink plentifull off it in the womiting

---

For the Rhumatism by mistake ye same p. 90

Take One Ounce of winter Bark Sliced Ounce of Mustard-Seeds Bruised & a handfull. of Scraped horseradish put these into a quart of Mountain wine & let it Stand 48 hours, Shake the Bottles now & then, then Pour it off the Ingredients, & take four Spoonfulls of it fasting & about Six in the afternoon

---

For a Violent Cough

Take 6 ounces of Sweet fennel water
1 Ounce of Syrup of Balsom Shake them together
1 Ounce of Oyl of Sweet Almons, Shake them well together then add 2 drachms of Salvolatile Shaking it well, it will make a white emultion
Take 3 or 4 Spoonfulls frequently as the Cough May be troublesom

a Great Strenghner in weakneses

Take the whites of one Egg beat it very well & take off all the Froth, mix the Egg So beat, with a Spoonfule or two of white wine & if you like it with the Juice of a Civill Orange & Sweeten it to your Taste Repeat this Every Day a bout 12 a Clock till you Grow Stronger

---

A Mulgion for the Strangury

Take a whole Handfull of Pearl Barly to two Quarts of water boil it to a quart ~~one~~ Shifting it, then Strain it off & put two ounces of Gum Arroback & a few Blanch'd bitter almons finely Beaten & a little Nutmeg water you must firs boil the Barly in a little water before you put the two quarts to it

Mr Selchens Receipt for the worms

one Dram of Jalop Powdered

½ a Dram of Scamonea

20 Grains of Calomelanos

¼ of an Ounce of Crumbs of Bread that was Baked the day before Grated & Sifted

half an Ounce of 8 penny Sugar Dry'd & Sifted

Mix all these well together in a Glass, or Serpentine Stone Morter & wet it by a Drop or two at a time of Rose water, make it into a Paste & work it a ¼ of an Hour then Role them into long Roles & Cut them into thin Cakes & work them & let them Lye to harden, this Quantity makes two Doz: Cakes

For the Strangury

Take 9 or 11 Drops of Oil of Turpentine and put it in a Cup of warm ale & Drink it as often as you find pain

1

A B

6 D

E

F

G

H

I

K

L

M

R

O

P

2

R

S

Y

Z