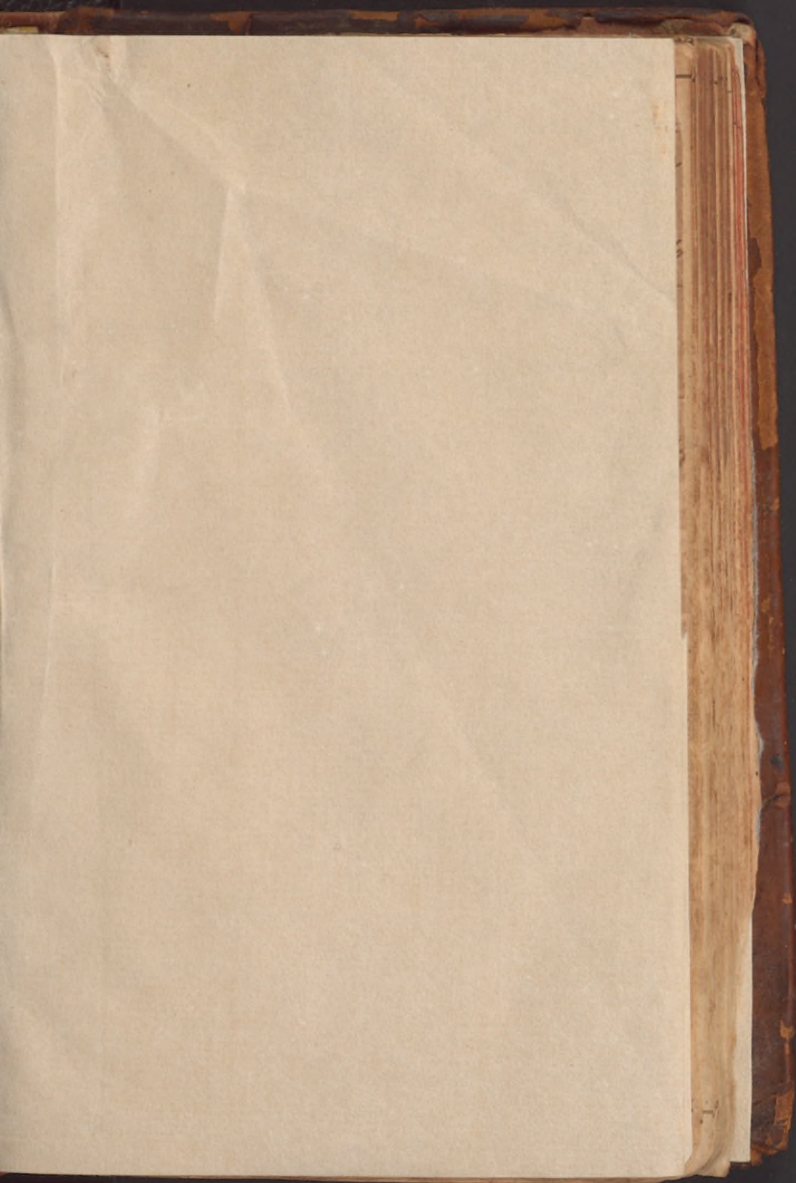
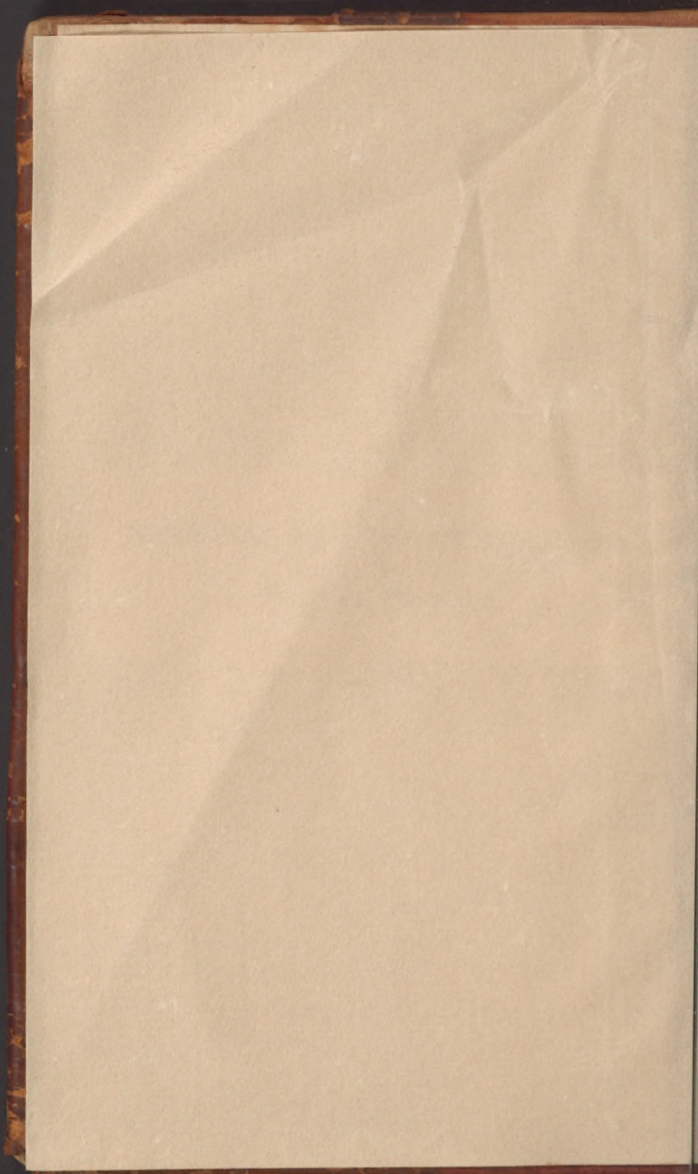


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Oil rubbed upon y^e branches, &
stems of fruit trees, destroys y^e in-
sects, & increases y^e fruit buds.

It is used successfully upon y^e stems
of Cornucopia & guard y^e against
y^e depredations of y^e ear-wig.

^{distillate}
Sir J. M. Kenzie - Mr. John Linnæus

These ~~plants~~ ~~grow~~ ~~in~~ ~~the~~ ~~front~~
in ~~the~~ ~~land~~

Book, Alko Durid by
m. E. Greyson potter in
Oxford London. near
Tavern Hall. by business
to name in the area

ms

B

19

4

Are effectual remedy for venery
chilblains - - - - -

One ounce of white copperas
dissolved in a quart of water, & occa-
sionally applying to the affected
parts will utterly remove the most
obdurate blains - N. B. This
application must be used before
they break otherwise it will do
injury - - - - -

Cure for Cancer

Crowfoot root - Footthache or blister
wad - Assenic sprinkled upon
them & calcined.

Styles (Thor)

A Booke containing many rare
and excellent Receites
very necessary

For the restauration of the body
to perfect health



O quanta radicum! quanta
et herbarum Virtus!



Legere, et istis non uti, est idem,
ac si dicerem, negligere
et abuti.



Quisque silet bona parva alijs, peccando re peccat:
Labitur in culpam qui sinit ista mori.

For the fracture in the
page

For a sore Throat — —

Take Oil Olives & spirits of
turpentine - put y^e throat with
the mixture & wear flannel -

Double quantity of oil & spirits -

For a cold & cough

One drachm of sweet spirits
of nitre. one drachm of elixir
of vitriol, 60 drops of laudanum

3 tea spoonsfull of honey: -

thirty drops of y^e mixture
to be taken three times a day

1

A precious ointment for all aches.

* Take twelve penny worth of gratia dei and six penny worth of noris oyle one penny worth of salot oyle melt all together together on a resting fire of talls, and reserve it for your use.

To ease all aches, and especially of any sort of the gout.

Take a rownd with out the rind or giste lay them in stronge vineger 24 houres then take them out and dry them in an oven not very hot, or in the sunne, then beat them to powder, and take two penny waight of it, & put it into a saucer full of faire water & drinke it.

For all manner of tooth ach.

Take the rootes of Surges, scatche them in wine, then wash the mouth once in a mounth, it will keepe your teethe from aching.

A Soueraigne medicine for the tooth ach.

Take the mowe of young broome & skinne and then take off the mowe & skinne

9 buddes of sage, 9 of rosemary, 9 rootes
of daylett, a litle quantity of hys cotton
most skinnes of new galls a penny,
wortz of pepper, and some wheat more
in quantity of bay salt then pepper;
brake all these together in a mortar
very small; then take so much vinegar
as will temper them, then boyle it all
in a pewter dish, upon a reaping dish
of toled until it lookes very black,
then wash y^e gumme wth it in the morn-
ning fasting, & at night wash them
againe wth y^e mount, also wth the liquor
of the same galls alwayes as yet
as you can suffer it, and lay some
of the same galls upon the place
agruoued all night.

An oyntment for the same.

Take cast lauandor Juniper pollitorin,
squibor wood, comstipe pimpernel and
sage of bay, an equal quantity, bruike
them, and take the iure therof to the
quantity of galls a pint, & boyle them
in a pint of oyle oliuo, after they be
well boyled put thereto a litle water
and so make an oyntment of them
for the same paine.

5
For the tooth ach.

Take a quantity of pennyroyall & stamp it
with bay salt, take a little thereof in
a linnen cloath, and lay it to the tooth,
for the pain of an gonor, then take
the more, more, and keep it as long
as you can, and after wash more, and
more; this will allow the art, & draw
out the pain.

For the tooth ach.

Take angelica, fetterlicke, rosel seed,
oyle of bitter almonds, pound these in
a mortar, then drop two droppes of
the into the contrary, care to
that side where the paine lyeth, keep
your selfe warme, & ly on that side
your paine is, and bind your head ab
ove as possible you can endure.

For an ach where noe
swelling is.

* Take oleum Petrolinum, it looked very
clear, some what greenish, & smell much
like oyle of spits; with this annoynt the
place payned and ease it well.

For the head ach.

Take worruyne, betony, and waxe wood

and sack, then, then there will be well
the first man's good: then make a plaster
for the mouth in this manner. Take
the same powder, then by the powder
bring out the juice, then grind them in
a mortar very small, and temper them with
the said liquor againe, & put thereto
a quantity of roseton & ames to gold
in the liquor, then make a garland of
a bayleffe, and bind the good there with
then lay the plaster on the mouth with
the garlands, as the party may suffer it
it will be a valuer & a rap about: doo this
but have timor & it will give you.

For all manner of aches
impostumes & cankers.

Take Resin of oare, galls a
pound, take virgin wax and frankincense
of oare, a quarter of a pound, an ounce of
masticke, a quarter of a pound of hearts
tallow, 3 dramms of comfrey, melt that
with it to be melted, and beat the rest
into powder, then boyle all together, &
straine it through a cloth into
a bottle of white wine, then boyle it
all untill the wine be consumed, then
let it coole a little, and put thereto a
quarter of a pound of turpentine
& strain it together untill it be cold, &
make it up in aoule, & booke it to use.

5

A good seare cloath for aches.

Take halfe a pound of red lead and boyle it in a pinte of oyle olive untill it bee thick, and use it.

For the tooth ach.

Take a little gun-powder put into a fine linnen cloath, the same being put into the hollow tooth, or gold betweene the tooth, soe that it touch the aching tooth, it will a way the payne presently.

For the tooth ach.

Take sage & xallitory, sooth them in vinegar, and sooke them in soe much as you can suffer it.

For the tooth ach.

Boyle flowe in vinegar, wash the toothe with it quickly, take away the paine another.

The leaved of sage layd ^{to} the toothe, that aches take away the payne & comfort the toothe that are girt together, red, that they be not more put to griefe or payne hereby.

For the tooth ach.

If you touch the toothe that aches with water & snowe, incontinont it take away the payne, & breake the toothe.

alloe.

Take the roots of Sparage stamped and layd
vnto the aching tooth, will draw it out
without payne.

Alloe

Straw-berry leaues removed take away
the tooth aching. probatum est.

Alloe

Take the roots of Mouse-ear put into the
gallowood of the tooth take away the payne.

M^r Chambers receite for
tooth ach or payne in the gums.

Take a quantity of wood-bond leaues
a quantity of rhue, a quantity of violet
leaues, a quantity of the pills of pome-
granades, and a little allome, boyle them
together in faire well water, and wash
your gums with the water hereof.

An excellent remedy for
the tooth ach.

Take a daylie roote of Sparage it cleane
then pare it round sugar-loafe-fashion
fitt to put into the eare, and after it
is set woolle to keepe it fast in, and it
will turne you in a very short time.

For the head ach.

Take a posset of small ale take of the
sund, take a quantity of the best figgs

split from a boyle from in y^e possit drink
wth a pint of liquorice split.

For the head ach.

In the exfluxive paine, take a good quan-
tity of rhue, make it very soft till it be
almost dry, betwene two tiles, then put
it betwene the fowle of a gloat, and
soe bind it to the tender part of the head.

For the head ach.

Take fennell & scotch it in water & make
yo^r head here wth it, & it affrayeth y^e paine.

For an ach.

Take spare mint 3 handfulls chopped, take
2^l of sweet May butter unmassed temper
them together & rould them in roulds, put
them in a pipkin & cover it close & set it
in a roole still 9 dayes, then boyle &
after straine them & put them to one
ounce of bees wax, & put it up for all
the yeare to annoynt them wth it & any
ach.

For the tooth ach.

Take a little rose mary & bay salt & stam
them together, put it in a linen cloth
and lay it to your tooth or gums.

A notable secret for all incurable aches
and all paines in the ioynts.

Take all the wth wth p^{er}ns a burk rashed,
off (the later the better) cast away the stalks
taking nothing but the p^{er}ns, rub the same

in pincers or tongs, then set the same
in a gallon of faine water, untill all be
come to a pint or some what more, then
cast away the scum of grease, & let it
in the vessel stand untill it be cold, when
then will be like a gelly; when you will
use of this, warme it in a saucer, then
lamoynt the ground where there will
be, the first evening & morning, and let
it dinte in by the space of the first, and
in 9 or 10 washings it will cure & gale
it thoroughly for ever.

The Leden Plaster.

The Vertue of it.

This being applyed to the stomack causeth
a good appetite, to the first & taketh away
all griefes of the stomack; applyed to the
belly, it causeth the colick; it causeth the
flowing of women in great abundance;
applyed to the veins it bindeth the flux,
& taketh away speake, & strenghteneth wonder-
fully the veins & sinewes; it draweth
out a thorne in the flesh, & breaketh and
galeth all fallowes & impostumes, and gener-
ally galeth all wormes, & causeth all ayres
in the body.

To make the Plaster.

Take a pound of oyle lime, galle a pound
of red lead, a quarter of a pound of white
lead beaten to fine powder, & an ounce of
Cyprian & Sops, let them be well interpo-

rated

water in an earthen pot well glazed
 glazed before you set it to boyle, then set
 it on a soft fire of coles an hour & an
 halfe continually stirring it wth a stick,
 then make the fire some what greater, un-
 till the red colour turne to greene, and leave
 not stirring untill it come to the colour of
 oyle, but more dark; then drop a little upon
 a table wth a stick, & when it is cold if it
 come of wth out stirring it is well boyled,
 then put in wth an ounce of spiced
 grease & a little oyle of bayes, then make
 the plaster th^{ick}. Drop a little into the pot
 & test it in y^e hand untill it be cold, then
 plaine it upon a table, & if it be sticking
 or breaking put in a little more spiced
 grease, but if not, it is well.

This plaster will last good 7 yeares, ap-
 plying it to the place grownd, if every
 morning you take it and wipe it wth a cloth.

For the shaking Ague

Take polipodium, ren, betony, dandelion,
 of each herbe xxxvj, stam together
 & drinke from wth ale.

For the ague.

Take the greene polipodium wth grownde
 like foarnes upon an oak, lime, mary-
 gold leaves, of each a handfull, put them
 into a quart of ale, & is stale, sooke it to-
 gether to a pint, then straine it, & set it
 on the fire againe untill it sooke upon

put into it a Spoonfull of brimstoned copper
 & drinke this water for fit somethy upon
 you, & by the grace of god it will helpe you.

For the ague.

Take galles a dozen of slippe of alder
 greene, & younge, taking of the rusty, and
 first, steepe of the next greene vint to the
 wood, & take of this a good handfull and
 spread it small & pound it in a mortar
 & also an ounce, then infuse it into a pint
 of very strong vinegar, let it steepe
 therein for 7 or 8 dayes, then straine it,
 & giue it the party, to drinke fasting 3
 Spoonfulls, nor eate or drinke for 2 dayes
 after, use this water or fowre times
 not only in the morning but at night also,
 & it will, by gods helpe, driue away the ague.

For the ague in the brest

Take periwinkle, fetherfue, alder buds,
 time, bayes, red sage, rosemary, alehoofe,
 layse mores, organen, Lauander, smalage,
 rue, longe wort, black mary goulds, of
 each a like quantity, spread all these and
 pound them vnto powder, and let them
 stand together nyne dayes after, and
 then boyle them.

For the ague in the brest.

Take red sage, smalage, fetherfue, peri-
 winkle, alder buds, of each a handfull
 spread them small & put them into milke

Boyle them together, then beat it
wth oate meale, and lay this poltice to the
woomans breast.

A Syrup against a long ague; cholter,
fleame, oppilationes of the
side, and the iaudies.

Take the iuyce of endiue & smalage
of eare galls a pint, of the iuyce of poppe
& burrage. of eare a pint, roots, & rashes
from white rosetes of eggs, then put theron
2 ounce of rose leaues dryed, galls an
ounce of pared liquorice cut into small
peeces, Spite nam the weight of 10, an-
seed, fennell seed, smalage seed, of eare
the weight of 1-6, finely bruised, then
take 4 pintes of the iuyce liqui strained,
& put to it 2 lb of a galls of fine white sugar
& sooth it to the thight of a Syrup.

For the burning ague.

Take a pottle of water & galls a pint of
dinogaw, onino, succory, fine leaved grass,
violet leaues, and strawberry leaues of eare
an equal quantity, sooth sooth to a quart
put theron galls a pound of sugar, & drink
therof morning and eveninge.

A good p^rseruatiue against the
pestilentiall ague.

Make a posset, & boyle it wth also therof wth
Redd small rootes untill they be soft, then

Take 12 Spoonfulls of hys ale, & put thereto 3
Spoonfulls of vinegar w^{ch} a peny mouth
of treacle mixed thereto w^{ch} for drinke it
warms ab you may.

A good medicine for a sore brest.

Take a gaine of greene beer, & also a pound
of roming seed, & also a pound of fress butter
boyle them well together, then straine it and
make a salve therof.

For bleeding at the nose.

Take betony and salt & mingle them toge-
ther, & put them in y^e nose, & it will stop.

For bleeding at the nose.

Take the roche of warme wood & make
it very cleane, & use it a good space.

To stanch blood.

Open the roche of a nettles, but smother it
not downe, & w^{ch} out doubt it will stanch,
for but keep it in y^e mouth, & you cannot
lose any blood.

To stanch blood

Hammered cleane stamped & layd to the
place that bleedeth, stanching the blood, & bane it.

To stanch blood.

Take verminle & use it in y^e mouth,
and it will helpe you.

To stanch blood

Use powder of nettles pressed into the nostrills
stanching blood incontinent

To staunch bleeding in any place
savouring the nose.

Take goose moss and lay it to the out or
wound, & it will staunch the bleeding.

For spitting of blood.

Take powder of dry mulberries it is the best
remedy. For a pain in the belly or
toughness of the stomach.

Take wild time a handfull, an ounce penny
wort, of aniseed bruised, & for murr liquorice
2^d ounce of sena alexandrina 2^d ounce of
sugar, boyle these in 3 pint of malmsey
untill it come to a quart, then strain it &
drinke these of a good draught first & last
morning & evening.

For a payned back.

Take unguentum rosatum & wash the back
these with evening and morning; and lay
this plaster following to it. Take of fo-
lloes of tansey, & goose louse of each a hand-
full, wash them and stamp them fine, then
mix them with a pint of wine, & 2 ounces
of viscon dunge till it be a plaster like, &
so lay it to your back.

For a greivous payned back.

Take laurel & rootes of egrimony, m^g wort, &
betony stamp with old grease & xiragar, and
a plaster these of applyed to the back will put
the paine quite away, being used 3 or 4 times.

For a weaknes or payne in the back.
Take the string of the bark of a roale, 4
dabob minred small, the yelkes of 4 eggs, boyle
these in mustadell together, take of this most
your part in the mornings, abstaining
untill dinner time.

A plaster for the heate of y^e back.
Take y^e broad white lily leaved root grow
in water ponds, serw them after the manner
of a plaster fit to reuoc the roines of the
bark, then spread the quantity of an ounce
of oyle of roses here vpon, & bind it close
to the roines of the bark, & let it ly 28 dayes
ore, untill sun time at the roint be
quite dryed out of it.

For the biting of any venomous beast.
Take plantan and drinke the iugre here of
& take plantan & Celendine of eary a like
quantity, stamp & temper them wth stale piss
& lay to the sore, & it will assuage the swelling
and draw out the venome.

For y^e biting of a venomous beast.
Take the patient's water and the iugre of
centry, & giue it the party to drinke, this helpeth
both man and beast.
Or take fennell or rose & sooke it in butter
& giue it the patient to drinke.

For the same

Take the seedes of bettony & make powder
 thereof & drinke it, ^{with wine} then take bettony stamped
 & fry it wth grease & lay it to the sore, it will
 draw out the venome, & assuage both the swell-
 inge and paine.

For the same.

Take plantan & stampe it in red minte and
 a clove of garlicke, stampe them together & lay
 it plaster wise also to the wound; but drinke
 plantan or celendine tempered in old wine.

For the same.

Take garlicke salt & new bruis & mixe
 them well together, & lay them to the sore,
 & drinke one of the afore sayd liquors.

For the same.

Take lilly, rosel, dubbed dayly, isop, rose-
 mary with sage stampe & straine them, then
 put to the mixe a spoonfull of aqua vite &
 treacle & drinke this wth ale or milke.

For stinging.

Take a burre roote milke and salad oyle
 stampe them together and annoynt the place,
 & give the patient salad oyle to drinke.

For stinging of Adders.

Take dragons & drinke it, also stampe
 dragons and lay it to the place, & it will draw
 out the venome, & ease the payne.

To stanch blood.

Take vine leaves & dry them & make powder &
 put it into the wound, & it will cease.

Or take the bird called the Kings fisher, bake
him in an oven after the bread is drawn out
the yolkes, gutts, & all, then beat him to powder
& lay it to the wound.

Or take the softer down of the body of an
ewe, it doth the same.

To stanch bleeding at the nose

Bind the temple with a list about the year
so that the patient may not have the
sunne, & dimme the eyes with of smalage, and
lay a perum oake leafe under the tongue
but first let him see the leafe in his mouth.

To stanch bleedinge.

Take a little fine white sugar, & ab murg
raddle, beat them together to small powder
& lay them on the wound, then lay on the
a steane cleare bound to asse, & silk.

A salve to ripen & heale both botch
botch, boyle, or adder.

Take white castile soape & very rusty bacon
a little quantity cut very small, stamp them
together in a wooden dish with a wooden pestle
for the space of 6 hours until they be
thoroughly incorporated, like a salve, then
spread some of it thinn upon a linnen cleare
& lay it to the greife, rearing it during
& morning: it will continue good longe
if you box it up close.

For a boyle if it rotten & breaks not.

Take roasted specke and burnt gusafe, beat

is unmolten, stamp them together & fry them
a little, and lay it to the boyles as yet as it
can be suffered, and at the last it will
beate wth in a plaster.

A good drinke for weaknes in
the body, & for y^e wind collick.

Take bolony & great plantan of eare, or
gandfull, some seed & liquor of eare,
an gale p^{er}ony wort, stampd, boyle these
together in a quart of water also to the
gale, then strain it & drinke it warme
first & last.

An oyntment for the same.

Take roalt foote oyle, bassonob grease,
aqua vita, & the suet of mares strayed
mixe them together in equal quantities,
then take part thereof & make it put in
a penninge, & annoynt betwixt the soul
dors, but wash it well in before the fire,
of the 5th or six times.

Against all evils in y^e body.

Take rose mary, flowers, put them in
a linnen cloath, & boyle them in faire cleere
water to y^e galle, soe soaks it, & drinke it.

A diet drinke to coole and
purge the body.

Take Garzaperilla 8 ounces, Saxifrage
2 ounces, quairi 4 ounces, coriander seed
2 ounces, cena a quantity conformable,

Stirre hysm & infuse hysm into 10 quartes
of running water all night, to morrow put
in liquorice 2 ounce, aniseeds 2 ounce,
boyle all together to 6 quartes, & let hys
patient drinke a quart a day, thus, galls
a pint in the morning, galls a pint
at 4 of the clock in the afternoon,
and hys other pint at meals.

An easie purge to coole the body.

Take Pillele-gregatiue one dram
and a scruple, let hysm be made up into
5 or 6 pills, & take hysm all early, in the
morning; it is excellent to purge the
liver & floame of the stomack.

Another stronger purge.

Take diagredian galls a dram in a
litle white wine, take it early, in the
morning fasting, walke upon it in y^e
garbox, & some 2 or 3 fowert after
eate a litle broth.

Another slighter purgation.

Take galls a pound of pruned & stem
hysm in water over a soft fire, hysm
power forty, hys liquor into another yet,
hys take a quantity of liquorice, a quan-
tity of sweet anniseeds, a litle quantity
of ginger root, a litle cinnamon, hys a
pottle quantity of cena, & stem all these
together over a soft fire in the yet w^{ch}
hys liquor it, hys straine it into the pruned

Upon in the morning fasting let the patient
take 3 or 4 of the peaches with 2 or 3 spoone
fulls of the liquor with good part putting
a little sugar upon them; let him not eate
for an hour or two after, & then a little com-
fortable bread, & this will give him a stool
or two, & be exceeding refrigerative for
the body.

For greifes in the body.

Take a pottle of running water, an hand-
full of liquorice well scraped, cut, & bruised
in a mortar, an handfull of aniseeds, an
handfull of parsley, seeds, an handfull of un-
sifted flour, an handfull of mouse ears, an
handfull of madder of Rome, put these into
the water, & boyle it from a pottle to a quart,
then strain it from the scum, & put to it
the quantity of a wallnut of sugar candy,
then drinke five spoonefulls of it every eue-
ning & morning.

A plaster for broken bones.

Take brooke lime, chick weed, smalage
& ground fill, & stamp them together, then
put thereto coming seed powder, then take
saffron tallow melted & fry it therein
when it is well fried put to it roscals brams
& good lye of lime, & strain it well together,
& lay it got always to the sore.

To draw out broken bones.

Take civium, betony, rew, penny & strain them, & with
they make a salve of the iuyce there of.

To keepe bookes from vermine.

Take the flowers of rosemary & put them amongst bookes or cloathes, so they will not come to grow.

For the brayne.

Take the rooer of betony in yo^r cottage.

An ointment for any outward bruise.

Take flowers of sederb, rozen herbe and rozen, to fill, grind them small in a mortar, in the grinding put to so many spoonfulls of beam flower, as they be so many spoonfulls of the sederb flowers, & a good quantity of saler oyle, mingle them well, then put them into an open mouthed glass, & let them stand in the sunne a month; this will keepe 3 or 4 yeares, & when it may be dry, put more oyle to it; & when you would use this ointment, take some of it in a saucer, & anoint the bruise, & lay some of the flowers upon it: this will helpe it in sores or fine dressings.

This drinke cureth all sorts of sores or bruises, be they neuer so old; heales woemens breasts, which are thought incurable, and if any bone be putrified, it will make it fall away in scales. If there be any impostume in the body, it will cause it to breake outwardly, and likewise if there be any corruption in the body, it taketh away the ache in the stomach, which diuers haue after they haue taken a litle cold.

Take cymony 2 handfulls, wild angelica, betony, wild daylis roote, & leysse, wild wort, beamble leysse, bone wort, foild bugle, samole, myrtle, dandelion, frabion, may wort, worme wood, & awort, of each a handfull; soyle all these small, spread in two gallons of water, until they be so very tender, you may put into it galles a pint of clarified yong; give of it 3 times a day &

or 5 Spoonfulls warme, take it in the morning
fasting, at 2 in the afternoon, & at going to
bed, & drinke not any poyson before or after.

For any payne, bruiſe, or ach.

Take myrtle & mallowes, of each 2 handfulls,
a handfull of loundage, 3 leaues of, hys or hys
drumme of laundage cotton, as much yonge
grecase as an egg, or more, gallye a pint of
pale oyle, as much fat & consalted butter as
an egg, as much deere's suet as a walnut,
boyle these together, till the greise be turned
upon straght the greise, & if you please you
may apply them as a caty.

For a burne or scauld.

Take a good handfull of groundall, 12 pound
of yonge leade, stamp from small at greene
sunder, then take about of pepper dunge, & as
much greese dunge, then take a pottle of egge
land, & stamp all together untill it be so
greene that you can see no leade, then make
it up in a ball, & let it stand all night, then
in the morning boyle it a little, strain it, & boyle it.

For the same.

Take 2 ounces of the oyle of roses, 3 ounces
of swaine, an ounce of pure yong, & boyle it all
together & boyle it till it is white.

For the same.

Take gallye a pound of singuone or poyse leade,
a pound of spirit madam, gallye a pound of the
ynges of yonge swaine, gallye a pound of yonge
drumme leaues, gallye a pound of mast mallowes
or romon mallowes leaues, stamp these to
gether, & take the ynges, & boyle it on roles,
or of a pound of pale oyle, or oyle of roses rather,
& 4 ounces of clarified pepper suet, & 2 ounces of
frye leade, let it boyle till the ynges be almost waite,
& let it coole, apply it on white paper to a burne or scald,
but on letyng or letorator to the river.

For a canker in the mouth.

Take the powder of five rooks of colondine, dryed roke,
vinegar wax, water of young suckles, scald them to-
gether till they be drie, & amongst the place before.

Or take the iuyce of plantan, woodbine, a little
very allome, vinegar & cold water, & wash ye mouth.

Or take a quantity of sage, a good quantity of
very allome, scald them in faire running water,
& wash ye mouth therewith every morning fasting
& neither eate nor drinke for an hour after.

For a canker

Take a handful of russet leodes, & hyne rook,
& 16 or 20 litle branset of yarrow, lay them in
white wine, untill they be very soft, then strain
& clarify them, & drinke every morning & evening
three or foure spoonfulls, blood warme, & abstaine
from sinke for a time.

For a canker in an old sore.

Take a pint & a halfe of red rose water, as much
plantan water, scald them together, wth as much
white marrow as a gable nutt, let them scald
the rosalme, then strain it cleane wth a colander
& keep it in a glasse for ye use, for an appointed
medicines: & when you will use it, warm 4 spoone
fulls, & wash the sore, & lay a cleare 3 or 4 double
root of swin upon the sore, & if you feele it too raw,
lay there wth 4 spoone fulls of a tow payd of mercury,
water wth 2 or 3 spoone fulls of cold water, & as
much of plantan water: wth not this water in any
silver vessel, for by reason of the yarrow it will outbit.

For a canker in the body.

Take the rook of dragons, drye & make them
into powder; then take the weight of 9 pound of the
powder, & put it into faire yet water, let it stand
a night, in the morning pour out the water, &
put in white wine, & scald it well, & drinke of it
warmed; & it will cure you.

For a canker in a wicemans brest.

Take ruberds dung, powder of burned wth gale-
gony, vinegar wax, shaly, & beane flower, & lime, scald
scald together all together in wine or vinegar, putting

to make rashes fallow, & make them of a plaster, & lay it to the best; a very good recipe.

To make the black salve, or for a carbuncle.

Take rusty baron, & black soap, pound them together, & make them up in a roule, & use oft it.

For the stone or wind collick.

Take a quantity of the sprigge of gaudaine or wild time, a quantity of samyphire, rosemary, wyl the blossoms if you can, parsley, solitory of the wall, bread root, periwinkle, foxglove, Dore romey, purple, madiff, roots, adox buds, red root, or red rose root, the leaves of rose, red hellebore small, & mix them together, then take a good handful of rowdinge, & mix the herbs therein, then set it in the sunne turning it 9 dayes, until you see the rasy moysture dry, then distill it, the faintest water is best. Let your herbs dry a day before you mix them; use it to be made in May, or y^e beginning of June.

Be very carefull for weather, & in the day.

For the wind collick.

Take a rove of fine bumfast, & dry it in the brown shade of riuot, but let it see good & pure, then put the bumfast in the riuot & it will save you possibly.

For the collick & stone, & for the mother.

Take romelle seed, rorander seed, rarroway seeds, washy seed, groundfile seed, galmgall seed, of each an ounce, the leaves & roots of sony an ounce, of pignall a quarter of an ounce, & at myng tyme, make all these into powder, & searpe it, & drinke of it in good ale, or white wine first & last, & in all y^e saues you eat wth y^e meat, tis a very good.

For the collick pluriie, or impostume in the side.

Take 3 handfulls of brocke lym, & groweth in the riuor, & is small, wth y^e salt a pound of good or deere's suet, & boyle it in three pinte of running water, till it be thyn, then you may plaster it on a cleate, & use apply it to the place grownd, & against it is sold, gaud more in red wine, to put them on.

For the wind collick & stone.
Take milke of a sow that grazeth upon the downe,
distill it in the mounte, of may, because the same
garden gave most vertue, distill the same
ing, but if ye should be weak, put to it a spoone
full of ginger finely beaten, & a little white wine.

A present remedy for the wind collick.

Take white wine & good white oyle, & ringe them to
golow, & distill them of new & fresh.

Take bay-leaves, & other good white wine
are opened, & make it powder, & distill it wth white wine.

For the wind collick.

Take coriander, & garden of edens gave some oyle,
boyle them to powder, then take a peny worth of
walley, a little aniseeds, galbe a pint of myrrour
put the rest therein, then put a flint stone,
put it therein, untill the medicine be well made
to powder, & distill it of, & you shall find ease.

For the cough.

Take a pint of white water, 2 peny worth of
aniseeds, as much of liquorice fine strained, & made
them soft into powder, then take halfe a pound of
pure white sugar, & a little of the powder of the
roote of alstrampans, boyle all these in the white
water, untill it be thicke, & a syrrus.

For the murrey or cough.

Take a quart of white ale, put therein the lignes of
2 wallnuts of sugar candy, & a pint or two of
liquorice finely ground, & let them boyle a little
in the ale, then strain the vessel, & distill of
it morning & evening.

For a cough.

Stamp garlick wth bayleaves or good white
& make it thicke like an ointment, & annoynt
the soles of ye feet, & ye feet bene very good.

For a pericious cough.

Take sage, rue, romain, pepper, boyle the wth good
and take them of morning & evening.

For a greete cold or cough.

Take the powder of rosemary, Cloves, & put some
figgs, also it fasting, & when you goe to bed. *probatu est.*

For a cold

Take nettles seed, soake it in oyle, & annoynt the feete
& pained spere wth it.

For a Consumption.

Take seare mynt, rosemary, red femell, mayden
feyre, of each 3 croppes, sweet margerome, penny
nyall, 3 braunzell, galls a pound of blew musk
boyle all these in a pottle of running water, untill
it come to a quart; then put to it a quart of white
wine, & a little quantity of liquorice, boyle these
wth the rest againe; & drinke of it morning & evening.

For a Consumption.

Take a fat sow pig, put it into a faire stillitory
wth seare mynt, red femell, & mippes of each a
good quantity, linx root & slaty, of each galls
a goodfull, saime & cleane dale 9, the stones taken
out, a goodfull of greate refined cleane massed,
2 or 3 rawe roots, the stones pinched out, galls a
quarter of man, put all these into the stillitory
& distill them together on a soft fire, then put
it in a faire glass, & set it in the sunne 7 dayes,
& so drinke of it at yo^r pleasure.

Another for the same.

Take a young pig, not too fat, but well fleest, find
him, & wash & dry him as cleane as you can, then
quarter him, & put him wth the head & feete into
an earthen pottle pot, put thereto a quart of
mustard, or bestard, or instead of it a quart of
running water, ad the dale, saime, refined
turkants, of each a quarter of a pound, croppes
timeb, wthold mane of each, galls an ounce, sugar
tandy 2 ounces, sutoy, a goodfull, mayden saime
bleed root, linx root, saule tongue, violet, raphan
berry leane, of each galls a goodfull, 2 or 3 femell
washed, the pig taken away; sweet margerome,

alial rosd tonge
 longuobose of our galls a handfull, put all these
 into the pot & fix it close wth wax, then put the pot
 into a bottle of faine water, let it boyle 24 hours
 & at the water consumed, put in more being made
 yet; then let the liquor thin through a fine cloath
 & take a spoonfull at once, & put into the broyle, & raddled.

For chills pleures or ribes.

Take 4 ounces of wax, 3 ounces of the best rosin
 an ounce of turpentine, 5 ounces of fresh grease, mixt
 all these together upon a little fire.

For costivenesse.

Take a peare of pears bread & toast it, & spread
 it with the clara serena, as you doe butter, & apply
 it to the navel at first as you can suffer.

To fret out dead flesh.

Take the powder of sulphur, & lay it to the wounds
 upon the dead flesh.

A diet drinke.

203 gallons of ale take some 6 ounces, aspen be-
 berries 2 ounces, bay berries pulled 2 ounces & a galls,
 & 3 ounces pulled of the roots of polipodium, of the
 oak 5 ounces, fennell seed an ounce & a galls, anni-
 seed an ounce, sapifrage sliced thimble an ounce
 bruisd all powdred, saw the same, wth if the body
 be hard to work on, and the same betwixt ye galls,
 for it will make the stronger, mingle all these to-
 gether in a dist, & put them into a rannet bag some
 weight thimble, to let these ingredients into the ale, then
 wth a stone or pounds of lead in the bag to draw it
 from fermenting, the bag being fast tyed, put it into
 the vessel of ale soe byed that it shal not be the
 bottom, nor swimme on the top, but gang in the middle
 but before you put in the bag, the ale must be turned
 in a vessel of 4 gallons, & when it hath done
 murthering put in your bag, & after it hath done murther
 aliter but wth the same cloath & lay it, & after 48
 hours or soe you may drinke & drinke freely
 of, leting the bag gang in it until the last
 & ye may be done morning & evening for 10 days
 or more, or less as you shall see good.

For the droppe.

Take yalfe a bussell or older leaues, & at ^{many} of water ^{with} leaues, yee from together, & boyle from well in 6 gallons of water from straine it & drinke thereof: yee may be gathered in March, April, or the mounthe of May.

For the droppe, approued.

Take the iuyce of squimony, wild sage, hysop, & rose for myrtle, of euey an sunne, & broad leaue rabbit of barly, flower w^{ch} it from make worke of a bussell of barly, mault, & breake euey yale into leaues phoe & put from in the roote, & drinke from of first & last.

For the hot droppe, or flux.

Drinke the water of Calantan.

For the droppe.

Take & drinke of Landius in a doration: Or the roote of older feedon & drinke it very good.

For deafnesse.

Take yong of rosb, iuyce of nut, oyle of bitter almonds, put together, & drop 2 or 3 dropes into the eare, & stop it wth a slight wolle.

For a noise or rumbling in the eare.

Take the iuyce of anise leaues, yalfe at many of the iuyce of nut, & droppe of the water that is from the out of greene asse, burnet, mixe & take together & drop a drop or 2 into the eare & use it. Probatu est.

For the same, & to kill any worme in y^e eare.

Take the iuyce of betony, good yong, & worme wood warme it, & drop it in, it killeth you & kill any worme.

For the paynes in y^e stomack or deafnes.

Drop the oyle of bitter almonds warmed into y^e eare.

Or take y^e rind of olive, & put it into the fire, & keepe the water by some out of the oyle, to a stinky quantity, but to it a spoonfull of wine, & the oyle of a blacke oyle, then put the liquor after it is well boyled into a rasset of glass, drop of this warme into y^e eare & in 3 or 4 dayes it will helpe you. Or take a blacke myrtle, & put it in a cleare, & straine salt on ym, & yee y^e yale, & warme ym selfe well in the salt, yee ym

with a needle, & let the water run into a glass, & put 3 or 4 droppes thereof into y^e eare hole; then take some margerome, stamp it, & draw a little of the juice of it, & put a little of it into the nostrils; this will abate the smel, & may be gathered & must be used, or else they will die.

A medicine for deafness.

Take the juice of sweet Colic, & the milke of a woman that giveth a boy suck, of each a like portion, the milke of bitter almond, & every night, when you go to bed, take 3 droppes thereof into y^e eare, & the best way is to range the eare every night, and take the roole, that women observe to be wrought of a black stone, & stop the eare in with, you draw the medicine, this is excellent to restore the hearing.

For one that cannot hear.

Take an earwig, flea gum, & roset gum, & boare the roaste that droppeth from gum, & put it into the eare, & it will restore hearing. probatur est.

For deafness.

Take ramonile, melleloto, margerome, calamint, & sage, penny royal, fitweed, myrtle, of each a fair full, boyle them together in faire running water, the sweat of an oxen, then dip a sponge in the same water, & hold it to y^e eare, do yet as you can suffer, that the sweat may enter into y^e eard, when take rest, & stop y^e eare close, that no cold can possibly enter into y^e eard.

To avoid drunkenness.

Take betony, & make it into powder, & eat it, and you shall not be easily drunken.

To helpe digestion.

Take the outer rind of a limon, the rind taken quite away, wash & mince it very small, put to it the weight of 4th of fine & ryomen powder, & put into the weight of sugar candy, as all the weight of the rind of the limon, let the sugar candy be crushed & mixt all together, & eat thereof on a knife point this softens the stomach.

A way to helpe digestion & ease faults comonly in y^e liver.

Take agrimony, liver wort, endive, of each y^e same a good

lell, & quickly rosted, all washed cleane, & put into 3
quints of faine running water, upon which it untill
gale be consumed, straine it, & put a small quan-
tity of rindes of yorke, heat it may, last yewof, & put
to it a stick of cycomen bruised, & a convenient
quantity of sugar, upon set ab on the fire & boyle it
again, & upon it gale, boyle take it of, & booyng
almost cold put it in a glass, & drinke thereof
mornynge and eveninge.

For a noyse in the head or eare.

Wass rolf/foote leaues cleane, stampe them in a
morter, take out the iuyce, upon boyle it, & straine
it as longe as any greene cometh on the top, yewof
droppe of it into ye eare; it will purge you at
toppe or foure droppings.

For the eyes.

p: 175.

To cleere the eye sight.

Take fowle, mo, eye bright, tormentill, botany,
roffe, for-lyghted, ximpyornell, volandine, ocules
Christi, & the yorke called bylagopion, smalage,
wood bind, ymo-leaue commonly, of each one
gandfull, distill them in a soft fire, & use it.

For all curles in the eyes.

Take wood bind, eye bright, ximpyornell, red demell
mole wort, day lily, long bloom red roffe, of each
a gandfull; mayden haire volandine, with taney,
of each 2 gandfulls; infuse them in white wine
24 porsers, upon distill them, & use the water.

To keepe back humors from ye eyes.

Take beames, the outer rime or skinn beinge pull
ed of, bruse them, & mixe them with the white of
an egge, or with mastice, clay & a plaster to y temple.

A powder for blood shoten eyes.

Take of limes 2 dramms, dragon's blood one dram,
stampe them & searre them finely, & put a very
litle of it into ye eye; heit is verolent, probatu est.

For the same.

Take 5 loaves of bread, temper it wth spiced grapes
& a little salt, & bind it to the eye if it is sore.

For sore eyes: or canker if it be strained.

Take galbe a pyale of faire water, from the spring
& put thereto 1/2 mung, & ^{white} rose as ab a big beane,
& make them together, untill the roppesse be con-
sumed, upon drop of this water wth a fozger into
ye eye, & in 2 or 3 dropping the wth be made.

To take away the blood or rednes of the face
and eyes, of what humour soeuer.

Take worme-wood wth the right of an egge
& lay it over the eye, & it will take from the heat.

A remedy for sore eyes, that burne
and itch, often proved.

Take in a peringur galbe a pint of white wine, 2
pennyworth of lapis calaminaris, & make it in the fire
very hot, & then quench it in the wine, doe so 7, 8, or
9 times, then strain it throu, & eveninge & mor-
ninge put a little of it into ye eye.

For watry eyes.

To cure swry day, a little botony, is very good.

Another for the eyes.

Take the red spryale, take from in cleare water, & take
of the top the grapes, & wth that annoynt ye eye
early in the morning, & late in the eveninge.

A singular water for diseases in the
eyes, & to clarify the sight.

Take greene wall nuts, guths & all from the two
wth a few wall nut loaves, & distill the wth of a water,
& drop of the same into your eye.

For sore eyes.

Take solandino, mo, plantan, annib, & a bunch of
fennell ab all the of the grapes, stamp the wth in a
new earthen pot, then let it stand 48 houre, then
strain it & annoynt ye eye eveninge & morninge.

For bleared eyes.

Take the iuyw of worme-wood, & mingle it wth water
made of the right of an egge, put it into ye eye,
& it will gelye you.

For a white haw in the eye.

Take the grease of an hare, & lay it to the eye good.

For a pinne or web in the eye

Take an egge, & rest it hard, & the white all night,
put in it a little murr, white roxoreffe at a pease, &
all got morninge it, & lay it to the eye, & to the
a cloath, & let it drye into the eye, this for young
& it is a good approved remedy.

Or take botony, straine it & temper it wth water
or wth white wine marmode, drinke it 10 dayes, &
it will destroye the web.

For eyes y^e burne.

Take the yarning of an apple cut somewhat longe
& the inside laye to the eye at night upon your eye
to bed, being fast bound, & applye the same presently.

For moist eyes.

Take the leaves of botony, the roots of fennell
pepp^r from tosp^r, & mass y^e byob wth y^e water of y^e fennell.

Or take water of the distillation of lym^e
& mass y^e eyes often frequently, it dryes the
teares or watering of the eyes. probat^o est.

For rhumish eyes.

Take a red roche leafe, amoynt it wth the white
of an egge beaten well, when you goe to bed lay
it to your eyes, & let it be all night, use this often.

An excellent remedy for a pin or webbe,
rednes, watering or sorenes of y^e eyes.

Take the white of an egge & beate it containinge
well, from the white of the grease cleane, then put
into the white, beinge drye, clove, a little quan-
tity of rose allome beinge in fine powder, & so
let it stand a while, & it will turne all to a water
from perfume it for y^e eye to drop in to any y^e
eye, & you shall find it an excellent remedy.

For a perle in the eye.

Take salte a handfull of ground iuris de murr,
of white drye rocks, wth a little white sugar candy,
beate them to y^e powder & take the iuris de murr & drop
it into the eye morninge & eveninge.

For a pime or web in the eye.

Take a pretty quantity of the stalks, roots, & leaves
of the herbs called Christopher in the beginning of
of May, put them to a good quantity of may butter
without salt, put them well stamped in a pewter
dish, & set it in the sunne for the space of
2 or 3 good mountayns, if it will not be rotten any
sooner, when it is rotten & as an oyle. set it one more
in the sunne, & melted straine it, then drop it into
of it into the eye, as a small pime's head, & let the
patient see by this good for the space of a quarter
of an hour, this is a very souveraine medicine,
but it must be made & mingled in May; yet it
may be strained either in May, June, July, or August.

For the emrods.

Beat it wth much malmsey & romin, & put it up
wth yet clearest to it, & truste it as said.

For the Emrods an approved
and an especiall syment.

Take a handfull of pile-worke, w^{ch} must be ga-
thered in April, wash it, & put thereto 3 ounces
of fresh butter, w^{ch} to be until May, in a cold
earthen pot; in May take 2 pounds of May butter,
ad to it red brambles leaves, 2 or 3 leaves, sage
leaves, fennell, soft mary, mollist, leuagis, of
each a handfull, rumonils, & mallew^o, of
each a handfull, & a little yonge leeks, & you
shall have very small. boyling them together in the
earthen pot, until the herbs be so dry, then
take them out & straine them, & keep the
syment for y^e use. Excellent for the emrods
and piles. And if you mixe this syment
the quantity of a quarter of a pound wth an
ounce of vermic, it greatly a burne wonderfully.

For a feauer w^{ch} is burneing.

Take a rooke or two of red well, wash it cleane,
the roots of the herb, & mild time, the leaves of
mary gold wth the blossoms, any red brinfor,
the quantity of a spoonfull, for much romin,

e few more thens bruised, cyrimony, bay leaues, e
 of each a pound of refining stoned, stamp & press
 all well together, the perbes being stamped
 before, boyle them all in a pottle of malmsy, e
 in the boyling put thereto some alexandria
 bruised an ounce, e rayd of white ginger
 bruised, e ounces of sugar, boyle them to
 a quart, then straine it, e drinke of it first e last.

A good drinke to drinke in the feruent heat
 take two pottles drinke made of ale, boyle it
 wth surroy, burrage, bugleat, bay leaues e blossoms
 of many colors, anny seed, sugar, straine it and
 drinke it, you may use the same perbes in y^e
 broth. Or take white wine e milk, anny
 seed e liquorice distilled, e use to drinke it.

An excellent barley wine to cure or coole
 the heate of y^e liuer or any heate in a feauer.
 take a pint of barley water, a pint of white
 or roudish wine, gallo a pint of red rose water,
 gallo a pint of ourrage water, a quarter of
 a pint of surroy water, the iuyce of 3 good
 limons, crush all these with for much sugar
 as will sweeten all well, e drinke thereof
 at your time. probat^{us} est.

For the spotted feauer an excellent receipt
 take cardus, marigold flowers, angelica roots,
 tormentil roots, of each a small handfull, gallo
 some, e iuyce, of each gallo an ounce, boyle
 these in 3 quart of posset drinke, till gallo be
 consumed, then straine it, e sweet it wth the
 iuyce of frabise, iuyce of gillyflowers, e
 iuyce of limons, of each an ounce, e a
 gallo, but if it be not sweet enough, take sugar candy.

A posset drinke for the same.
 take two pints of new milk, 3 yints of small

also, 2 Spoonfulls of rose anemone, fixe them together,
 the first it cure the first, until the wind is set, take of
 the wind, & mix the cleare possit drink, by the way, you
 mentioned in the former receipt in the possit drink
 upon w^{ch} 2 Spoonfulls of harts possit drink, mixe with
 a draine of mitridate & galea & draine of treacle,
 & well mixed, give it to the first party 3 night to
 gether, two Spoonfulls at a time.

For the falling sicknes.

Take the powder of the stones of a swallow, or 5
 leaved grass, drinke 33 dayes together; the mixture
 of sorghum drinke 9 dayes together; or the great
 of a fowle boiled in water, & eat daily drinke, & the
 great eaten, the blood being first cleane draine out
 or the liver of a partridge; or the flesh of a doe dryed
 & made into fine powder, & drinke wth wine or ale.
 Every one of these by gods grace excellently the falling
 sickness or epilepsy.

For the same, & divers other diseases.

Take young swallows, burne them up, & make
 powder of them, mingle it wth castoreum, & a little
 fine ayfoll, heat some of the gall, you may buy it
 at the apothecaries, distill water therof, & drinke
 of it fasting 9 dayes: It is good for the stones,
 the liver, & falling with, if you shall not find it
 many yeares; it maketh a good colour, cleanse the
 belly & stomack, gelyeth the palat, murther the ignis
 & inward, & a guttidian fever: but give it not to
 a woman wth child; it gelyeth the skin & the
 the poast, causeth one to sleepe well, to make water
 destroyeth paine & give it it is annotated, & preserveth
 a man from drunkenness.

For a felleo very good.

Take the mixture of sulphur, & smalage, of each 3
 Spoonfulls, as many great flames as will make it
 burne; a wall nut signeth of blacke sox, work it to
 together till it be like salve, & lay it to the finger, &
 change it every day, once at the least, & it will take
 away the paine & gelye you quickly.

For a felleo or other sore.

Take some wth a little salt, & lay it to, it will gelye
 the felleo perfectly.

A Sympke to breake fleame.

Take zloze, mayden haire of eare a handfull, a stube
of stranged & bruised liquore, soothly boyle in a pottle
of faire morning water, till halfe be consumed, then
straine it, & put to it halfe a pounde of suger water,
from sooth, till to the sycke of a sycke, & take 3 or 4
pennifull of it morning & evening wth so much
majke wine or beere, or ale. proved est.

To open the pipes, & breake fleame.

Take a quart of redde of conduit water, from take
any sort 2 ounce, a bunge of liquore bruised, put
from into the water, from take alivemans hertes,
garts tongue, gowepounde, buer root, of eare a like
mug, & a top or two of rommroyall, boyle all these
in the liquor till the herte part be consumed, then
straine it, & drinke of it like wine, wth a little ginger.

Or take a gallon of water, & a pound of fony
boyle from, & stime of the frute at the boyle, & well
boyled put to it cinnamon bruised small, from straine
it through a yelley bag, & put it into a glass, & drinke of.

To void & destroy fleame.

Take yesty ~~water~~ ^{water} fennell seede, politory, zloze
soothly from in good ale wth liquore, & a quantity
of clarified fony, & use to drinke it.

To destroy fleame.

Take powder of colony, & take from of redde fony
so much as will make 2 or 3 poldts, swallow from
Dorand regale upon you goe to bed very good.

A posset to purge fleame strongly.

Take zloze, lavender better, & rosemary of eare 3
royce, booke from small, & mixe from in the market
wth stalt ale, from straine it, & put to it a little
troude, & as your milk is hot, put in the stranged
liquor, & let it stand a little: then take 3 or 4
pennifull of it.

A strong purge for fleame & superfluous humors.

Take ~~the~~ diureticall galbe 2 dram, in a little redde
wine, take it early fasting, walke upon it in y^e morn
ing, & some 2 or 3 houres after take a little beere.

To stop the bloody flux.

Put a poore of roze allome in boylng milk, take of y^e same
drinke by a spoon, very good, if you can oake the same.

For the bloody flux.

Boyle goly-gauke-rooted in wine, & strain it, & drink it; out of the party gave an aqua, upon hot the spots be sod in water, w^{ch} plantan leaved & strained & drank w^{ch}.

To stop the flux.

Blaunnd almonds sod w^{ch} very till they be black & eaten fasting restrain the flux of the body, & soon & surely, but more if they be not blaunnd.

Take Et found roots, & you shall find it a very strong place against the flux of the body.

Or take bearnes too in vinegar. Or the stalks of a cold sports roasted in amber; Or the liver of any beast sod in vinegar, & eaten, restrain the flux of blood. Water of plantan drunk, is very good both for the flux, & the gut dyspepsy.

M^r Halls receite to make his powder.

& ointment to cure a fistula.

Take besorminals, & a greater quantity of redde & crocke, beate & rub them well together in an iron mortar, & grind it after w^{ch} a hammer's blow & make it powder & apply it: This make for ointment sub. Take the buds of the poplar tree, at their first coming, w^{ch} is in May, or the beginning of June, take of them a quart, & the two leaved of George's just; If you had less just, make it in a bottle, & let it boyle a little, then put in y^e poplar buds, & let them boyle till an hour together, strain them from for burning too, then strain it into an oaken pot, & upon it is redde wine it & the poplar buds, are dry, but make the poplar buds, & upon it, but you must use the leaf, upon it & the buds first, upon it is, no higher look a city.

For Forgetfullnesse or Droulinesse. Flower.

Take oall of a crane made warm in a tison of soft, dole & strongly, & lightly strain w^{ch} the distill'd body, if the wax of the work be annoynted, & so on. Take out or smelt of dog some table away, & so on. Caime bearn & sod in vinegar & layd glasser wife to the powder part of the good another leaf that are soany, w^{ch} flower. This making dole, & other quinton forgetfullness, for 3 smelt of a man's gain.

For a pimpled face.

Take the iuyce of lilly root & vinegar together,
of each a like quantity, annoynt the face therewith out-
ring & morning, for the space of 9 or 10 dayes.

To helpe the rednes of the face.

Beate the root of lilly in water, & morning &
evening wash y^e face therewith, & so rub it well.

For a pimpled face.

Take a pint of rojale wine, a quarter of an ounce
of rojale rospice, galles an ounce of allome, galles
a quarter of an ounce of samfist & ab myrry
burnt, as a big & palle nut, beate all these in
a mortar very small, & put it into the wine
then yake it all together galles an ounce, & let
it stand 2 dayes before you use it. It will becom
good a rojale wine.

A speciall remedy for the gout.

Take waxe refined by equal portions, & more of
gaspes tallow, then take plantan, red worke, equal
portions, stame them & straine the iuyce out, & let
it stand all night, in the morning put of the
cleare water that stande above, & put all in a pan
& boyle it very well, untill all be melted, then straine
it into a possele paper, you will keep it, & when
you neede the greise make a plaster of clay it thereto.

To alay the ach of anye gout what soeuer.

Take artoine fennell, beate the 24 yowes in
the strong vinegar, then take them & drye them
in an oven or the sunne, so that they be not
burned, then beate them into powder, & take 2 penny
waight of it, & put it into a cleane saucer of
faire water, & drinke it.

For the goute.

Take sage, pearly fennell, rue, lavender, of each an
equal portion, as much of broome flower as all
the rest, grind them all together in a mortar, & frye
the well in may butter, straine it & let it stand 2
dayes & 2 night, after wards scolde the wine
& let it boyle againe & take & gather the scumme a bowle
of it in a pan, & put in the powder of plantan roots
& ringme root, & mixe the together; this oylment is best.

To make haire grow where neuer any was.

Take an euger, & bene a gale in an olme tree, & upon
the sea romelye, or upon sixe the gale wth a roe, and so
take out the water wth a scoone, & put it into a pot,
& use to annoynt the bare place wth a foyle.

To take away haire.

Take the ap^{er} of a sole w^{erke} falker made into a plaster,
Or use the ap^{er} of a greene froggs leu^{er} & made
into a lye, if paine being w^{erke} w^{erke} by falls away.

Or take perle leu^{er} & beane flour to powder, & mixe
it wth distill^{er} & use to rub the place.

Or annoynt the place wth the milke or blood
of a bit^{er}, & paine will not grow there.

For payne in the head.

Mustard seede, or the leu^{er} of it bruised, & layd
upon the head amongst payne: here is good better remedy.

For a payne in the head.

Take some new well brayd & boyled in water p^{er}me
it to y^e smell^{er} upon the greife, wth milke of a sheepe,
miltigale & payne, & cause you to take a pleasant sleape.

To purge the head.

Take the seede of stanslawe, beate it to fine pow-
der, upon y^e powder in a linnen cloath, & make
thereof a little ball, as big as a p^{er}le nut, & put
it in your mouth, & w^{erke} it w^{erke} downe, & open it
betw^{er}ne y^e teeth, & y^e good downe y^e good the space
of an hour, & it will purge y^e head & quicke
& loose your teeth from aching.

Or sm^{er}ke wth the iug^{er} of alle w^{erke} into y^e
nostrills; this purge the head, & y^e best any good p^{er}me.

Or rub wth many gale leu^{er} betw^{er}ne y^e finger &
put it into y^e nose, & let it stay there a good space,
& it will bring out the iug^{er}, & ease y^e head.

Or take some milke, & y^e iug^{er} w^{erke}, & w^{erke}
a quill blow it wth into y^e nostrills; it will purge y^e head.

Or sm^{er}ke wth the iug^{er} of ground gale.

Pills to purge the head.

Take maioram & beat it to powder, mixe it wth ginger pow-
der, & take a rosette on y^e, pill it & stamp it wth y^e powder,
& make pills as big as p^{er}le, put them into y^e nose, & wa-
ter will flowe thereout, & ease y^e paine.

For dazzling of the head.

Take white pulchall, & lay it to the temples. probat^{us} est.
 & salve to cure a sore head.

Take 12 of the finest oyster shells you can get, wipe
 them very cleane, lay them upon a cleane peece
 & a row, put y^e garlick for two from burne from
 to ayres, then put them into a quartor of a pinte
 of better oyle, compounding them wth two honey
 roots of quill sillex, & an ounce of bismuth. It
 will be best to keep a quartor of a pint of this
 oyle by it selfe; the playe ground, must have a
 ray of vanial, & you must not away the pain
 there to the face; then annoynt the place wth this
 medicin every morning, & at night wth oyle alone.

For the heart burminge.

Take the rox of fennell, & give them in the mouth
 sucking & swallowing the iugre, spit out the rest.

For straitnes at the heart with cold.

Take figgs in wine, & straine it well, then put
 thereto 2 dramms of the powder of Detamyl drinke
 therof first cold, & last hot; Allse for a woman
 that hath had a dead child, let her drinke the pow
 der of Detamyl in wine. And being thus take it
 saufely iron or wood to come out of a mans body.

For the heareme.

Take an apple, roste it softly, take the softest
 of it & put it upon a linnen cloath or cotton, & put
 it in your eare, when you goe to bed: it is excellent.

For the yellow Jaundies.

Take turmeint & as much Quory beate them to
 powder, as much also of the inner barkes of a
 barbery tree, wth a quantity of english passon
 in powder, mixe all together, & drinke it in y^e best
 ale, 3 or 4 dayes together fasting.

For the black jaundies.

Take sage, rosemary, of each a handful, bruise
 & straine the iugre of them into a little stale ale,

Take a pound of very good vinegar, & put thereto as
 much treacle as ~~the~~ milt, & boile it in the vinegar,
 untill it be incorporated, then put thereto as much
 wall ~~two~~, as a nut, wase from together untill it be cold
 warm, & see drinke of it: this is very good.

For the yellow iaudies.

Take stale ale, & put therin a good of fier get foor
 take of the some, & put therin a quantity of ivory
 shav'd, a quantity of graynol, & of english paffron
 pound'd together, & drinke it 3 times first & last.

For the black iaudies.

For falling of the Tuola.

Take salt & brimst. pepper together, & lay it on the
 end of your thumb, & put it up therin.

For the iaudies.

Take wd wormes well wass'd wth Em & wth out dry,
 then & make them powder, or boyle them in y^e broth,
 made wth rye, rye, mutton, or veale, & great wormes
 endius, surory, rootes & yerbes, partly rootes of viol
 leaved, & burrage, by the wormes in a fine linen
 cloth, of the bignesse of a great walnut, & see let
 them boyle in earth or stone, but not in brass.

For y^e iaudies or morphew.

Take the yellowest dark rootes you can get, scrape
 & wase them cleane, take out the y^e rye, then by
 them, & put them into rye or some wine
 in a new cloth covered, put to it also a dozen more
 of y^e same mynt, & let it stand 24 houres, & two
 houres before you drinke y^e broth, drinke of this
 in the morning & fasting.

For y^e yellow & black iaudies

& for the greene sicknes.

For the yellow iaudies take of ivory made into small
 powder also an ounce, turmerick 3 quarters of an
 ounce, english paffron the weight of 4th, all beaten
 to fine powder, mixe these together, & drinke a quan-
 tity of them morning & evening wth stale ale:

And for the black jaundies take the same, but first purge melancholy: for the greens, the same medicine is also very good.

To ripen an Impostume.

Take worme wood, mallowes, mugworts of each a good handfull, stamp & mingle them together, with a quartor of a pound of yeggs greasse, fry them, & put to them a handfull of rosbare bramm, a little wine, & ounces of yong, then boyle them till they be thicke, then lay it to the sore.

To breake an impostume.

Boyle lilly, rosbare & an onion in cleere water, untill they be very soft & tender, then stamp, and fry them in yeggs greasse, & lay it to the sore.

For an impostume in the body.

Take rosbare, rosbare, worme wood, yong powder, & make them into a fyne net, with wine; take heed of, & it will melt for impostumes to goe downe wards, & when it is broken, drinke of the same fyne net, but let it be always warme.

A water distilled in the winter good for Impostumes in the Lungs & Stomack &c.

Take alitampans, lilly, flower de lise of each 3 rootes, a good quantity of rosbare, as much of sage, galls as much of garden tym, & of nutt the rosbare in small peeces, & boyle them with the galls in a mortar, untill they be well mixed, then put thereto an ounce of liquorine cleane strain'd, & cut into small peeces, & binised in a mortar, as much amyssad & fenel cleane & liggly binised, galls for much grosse beaten pepper, in juce all these in a gallon of milk, or strong ale, & distilled it. This is also good for the asthma, the colic, to comfort the heart, & for the brams & grans of apoplexy & Dissolutes grosse humors of the braine,

taking but one spoonfull every week fasting in
summer, & two in winter.

For the itch or scab.

Take 2 penny worth of the oyle of bayes, take a
pound of blud. soap, a penny worth of brimstone
mixe these together & anoynt the scabs therewith
& sweete oylment to kill the itch.

Take oyle of bayes, quirk siluer, barretts yreaso,
tempor from toytow, & anoynt the party, ^{secret} ~~secretly~~.

A mercurious good ^{secret} recete of small charge
to cure swelled knees & leggs, red &
full of humours; often approved.

Take a good pino if you can, or else a white
lambs pino, or a kids pino, cut a piece of
it ab broad ab the palms of your hands, or
some neat meate, smelt it in a pan on the fire, wth
thee things in it: resins of a pino tree 2 pound,
gallens 2 ounce, mastick an ounce, misle, rynth
amber of east 6 grains or more; breake the
mastick betwene two papers, & melt the resins
& galbani in a pan, & melted put the mastick
to it, stire it that it burne not, then spread it
upon the pino take also a finger breid, then take
12 or 15 of the little beastes called mounkes peason
sowes, the by under stones in moist places, stame
from in a mortar, wth a little barretts yreaso
make first of an oylment & lay it upon the plaster
& pashed lay it under the knee, or side of the leg,
read bound for 2 or 3 dayes; if the leg be cury,
stave it away; & if y^e plaster gett made little
bladders, part from, & ripe from, & wash from
wth wine againe the detraction of oylment
olive leant, & plantan ~~gout~~ ^{gout} ~~gout~~ ^{gout} ~~gout~~
boone made, & ripe & dry from againe & make
renew the plaster, & stire the oylment a little,
& lay it on againe. See the outry 2, 3, or 4 dayes
& the plaster will draw to it in short time a great
aquefily, & will take away the inflammation, wth
& swelling, if there be a wound, goals it wth a plaster.

For hibes.

Take a little rosin, pound it to powder, mixe it wth the grease of a tatters ransle, like a salve, make a plaster & lay it to abt 20 at you can suffer.

For a laske.

Out of the goad of a great onyon, pick out the midst, & fill the hole wth frankincense, & onylise saffron beaten to gether to powder, & cover the hole wth the top out of, & roast it in embers, abt a maddon & well roasted, take out the roze, & lay the gold to the mauler; upon it it will take another.

A drinke for the same.

Take the rind of a yong granate, 2 or 3 acornes wth out the shells, & dry the barnell, put hereto amyssed a spoonfull, a rayb of good yinger, beate these together to powder, & mixe all together, & drinke of it wth red wine ragent in half a dozen meafes rather than beane sod; drinke it together wth some beere or faine fmes in a day.

For a laske &c.

Take beards of knot grass boyled in wine or water pray all manner of lastes, & fluxes of the belly, the bloody flux, flowers, spiting of blood, & all fluxes of blood.

For the same.

Take 2 quartfulls of raggate flower, try it in a faine white cleat, scate it in water, wth must first boyle before you put in the flower, let it boyle, till it be so hard, that you may cut it into sties, upon dry the sties in an oven, & beate them to powder, & put it in milk, beere, or the like.

Or take the rind of a dozen of great hartie cyphors, dry them in a cleat, upon shew or beere, rubbe beane flower, & fry them in sweet butter, white beere, hot wine, & beate them, & drinke a cup of rosberr, or allegant, abt you can get.

Or take a new tile stove, make it red hot, & take a nutmeg beater to powder, & beate into it 5 or 6 yolkes of eggs, bake it on the tile, & grate it, & put a red pot full of shools into a ring of ale, & throw y^e grates hit, & drinke.

For the same.

Take a very good nutmeg, roay it in a brown paper, rest it, & take it very hot, & immediately drinke a good draught of wine of red berde, doe this 2 or 3 times.
Or take a burked ryle, & make it into powder, & drinke it with red wine.

An outward medecine for an extreme laske.
Take galles a pound of wine, boake it very fine & strain it, Scalpe an ounce of rymonr of lead in like manner, upon take a pint of red wine & boyle these in it, & make a pulvis; upon take 2 pounds of red cloath, or scarlet & spread it on fire & apply it hot to the belly, beneath the navel, on every quarter or galles an ounce one after another.

An excellent receite for a laske.

Take a quantity of gum arabick as much as a fagge butt, mayston it in y^e mouth, & as it mayston, swallow it downe, & meanes that it mayston, & doe this 3 or 4 times morning & together fasting & it will infailably geale you.

A tisane to open the Lights.

Take a quart of pure barley, a pottle of pure running water, a good quantity of liquorice, amyfood, & great walnuts, w^{ch} some figgs, boyle all these to the halfe upon straine it, & to make it pure good boyle it againe w^{ch} the whites of 2 egges, & take it first & last.

For the Meagram.

Take salony, wild hythled, of eare a handfull, broyle of singronne, the whites of a new layd egge, boake it & take of the cleare, a handfull of rypake bramo mingle all together, & put them in a fair lincloth cloath, & lay it to your forehead 3 night, & let the old plaster by still, & it will geale you.

A drinke for the same in perik.

Take good red wine or mustard, & put to it amyfood, liquorice, figgs, roman, rose pound, flow, tyme, or gamont, altramand roots, wild sage, herbs to argue,

mayson pines, of each a like quantity, put all into a
vintore & distill it after the manner of aquavite.

To procure myrtle or cheerefullnes.

Take water of bussage drunke wth wine make a man
rejoycfull: it is got & moist.

Or take a quart of white wine, a pound of the
pit of an opbe bark, partly roots, fowell roots of
oats, 2 handfulls, boyle all together untill the wine
be partly wasted, then straine it, & drinke 9 or 10
poonfulls before morninge & eveninge, for the
space of 9 or 10 dayes: this is very good.

For the mother or spleene.

Take powder of pearle pound, & take a drinke of it daily.

Or take partly roots & fowell, the roots & buds of
paragon, the roots of tyme, a like quantity of each,
boyle them in 7 pint of water, & a pint of honey, &
make thereof a syrop; take this 6 dayes; after that
infuse a draine or galbe a draine of rubarbe
in white wine red, or in this syrop all a night,
if the syrop be made thicke, & drinke of it.

To cause the meazles or pox to come forth.

Boyle a handfull of figgs, steame wood, in a pint
of scale ale, untill partly be wasted, & drinke a
draught of it warm wth mixed wth the powder of
orange paxton.

For the mercurie.

Take a possit wth seminary, drinke of it in the
mornings in y^e bed, & proake after 2 houres after
it: then take amysses powder & the powder of sem
& sugar, & drinke of it the same morninge: you
take a new layd egge scooped 24 corners in
a mazer, then prick it wth a pinne, & take that
wth some feare, & amoynt the mercurie
wth it & it will goo away.

For stopping in the mill.

Take partly lacus, rumemilt yarrow, felysful,
brown semell, pollitory, of the root, squimery
of each a handfull, stammye, & fry it in a little fress

butter, & lay it warme to the belly, & the side from
the pit of the stomack downwards, & woulde it last
under the plaster, or that w^{ch} is layd plaster w^{ise},
let it be 12 houres, upon w^{ch} account it, & amoynt
the place w^{ch} the oyle warme, & ofake the place
before a good fire w^{ch} an power at a time.

For swelling of the members or stones.

Take a rose rube, goly pante, violet leaues, &
momils of eare, a handfull, a good quantity of
romain beaten to powder or flower, boyle these
in faire running water, untill it be some what
thick, & lay it plaster w^{ise} thereto: w^{ch} upon the
are almost boyled enough, pull the rose rube to
good use, & let it boyle on.

For a greate heate in the mouth.

Take a pint of water, the quantity of a nut of
w^{ch} the almonds, ab must sage, & a spoonfull of gony,
boyle all together, & w^{ch} w^{ch} menty thereto.

A good medicine for an oncome.

Take a pint of milke, put therein an gallo
romy, w^{ch} of englist safren dryd & beaten to
powder, w^{ch} raimos of light bread, for must ab
will make it thick; in the boyling put thereto
the yelkes of 2 egges raw, boyle w^{ch} a little
milk, stirre it continually, w^{ch} upon it it thick
take what & spread it on a linnen cloath, & lay
it to, & changing it twice a day, & in the
remoueing of euery plaster, amoynt the place
w^{ch} the following. Take gallo a pint of
may butter, put to it romain seed beaten, & mixe it.

To affuage the swelling of any oncome.

Take a pint of w^{ch} the wine, & a good quantity
of w^{ch} the flower or meal, boyle them together
untill they be thick, & lay it to the sore place.

Or take ground silt, romain seed, mallerseed
of eare a libe, fry them in shoff butter w^{ch} a good
space, & lay it plaster w^{ise} to the ground place.

Altoo it is exceeding good to put to the
apone (hyd) oymment (where it is marked in the
margin) wth the nose \oplus take an ounce of
the iuyve of rue, & boyle it wth the butter
& remaine soe beaten to powder & parted, straine
it, & let it stay a little, upon w^{ch} it.

A good drinke for the pestilence.

Take three of riddle, fenell, endive, & serice lymon,
of eare, alibe, mixe them wth burrage water, & a ty-
fane made of barley wth the powder of bolocaminale.

For the stone, ~~the stone~~ the stone.

Take rue, burrage, fenell, of eare, a handful, a quan-
tity of fenell, the root & root of dragon, wth the
rubarbe, & put them into a velle of running water
boyle it till the water be washed & let it
stand untill it be almost cold, straine it through
a faire cloath, & if it be too bitter put to some
sugar candy, & if you drinke it before the morn-
ing, you shall be cured of the stone.

A preservative & curative against
the sicknes, or plague.

Take a new layd gombes egge, & make a hole in
the middle, draw out all the white, & leave the yolke
& fill wth the root wth the English saffron wth the
dry the egge by the fire, or in an oven, w^{ch} the
bread is drawn, soe long till the shell be black
& burned, & the rest binde, & dry, & boale it to
powder, & put to it the same weight of mustard
seed powder, upon add to it dittany turmentil,
nux-vomica, of eare a draine powder eare by it
selfe, & upon put them all together, & put to it
rue, piony, zedoary, canfire, fine hearts, of eare
equall portions, soe heat the weight of the 5
or at most, at all the rest, boale all together
in a mortar, for the space of 2 gombes, untill
they be well incorporated in a lump, upon glass
it w^{ch}, set it in a redd place, covered wth a leafe
of gold; it will last 30 yeares wth out corruption,

is of an inestimable value, one calls young raight
 will y^e save one from the plague, & might of a body
 to save y^e a mortal wound strength to defend the body.
 but if you be informed to take it before taking blood
 take 2 or 3 grains; but after bleeding take a single
 scruple, or 2, or 3, if your strength will save, tem-
 pered wth wine, for a yet labing; & in a great cold
 take a little quantity, & speak however; & save
 knowe the first thing desperate, not being able
 to volume any thing, yet taking 2 scruples of
 this, mixed wth a little aqua vita, the vomiting
 will cease, & nature recovered, & the full body
 restored to the danger of death.

An emplaster for the same.

Made it of oyle olive 20 ounces, wax, bitarce
 of cast, bitarce of silver, rovere rove, or any
 4 ounces; myrror also an ounce, rovere torol.
 4 ounces, & so make it up.

The vertue of this emplaster

- 1 It cures all sores & greives, for that the benevolence
- 2 The swelling leggs, & swelling of deafness, so it will
 blow or open the
- 3 All immoderate swellings, inflammations & swelling
 of feet, or swifed; & like wife for the tongue of
 any venemous thing.
- 4 The puffed, & swollen in any part of the body.
- 5 The sores, & ulcers caused by honey or yonoxpeas
 & all sores in the body or parts.
- 6 The fistula, so it never for great & old
- 7 The plague, laying it presently upon the place
 where the pest is
- 8 The bites of dogs, swifed or breathing out
 of the leggs or feet, if you cannot move off or pass.
- 9 All burnings, although wth gun powder.
- 10 The cuts, spralls or stabes wth knives or daggers.
- 11 All bites of venemous beasts or mad doggs.
- 12 All itches & stabes in the head of man or woman.
- 13 The night, so it never for bad.
- 14 The warts, immoderate, & tumors in any part
 of the body.
- 15 The itches & sores.
- 16 The cancer, provided so, that it be layd to in

time, before it comes to the part of the party.
All excoriated & fistulas in the hands.

17

All sores on the feet

18

All puerulentous sores, that grow between the nail
bed of the fingers or toes.

19

All itchy ulcers in the fundament

20

All cancrs in the yard, & all such sores, & grawels,
along the same of both urinary.

21

All sore eyes, inflamed, or excrementitious with
water, that they cannot open from.

22

All the best Antivenereous fire.

23

Also it cures the chancres, & is only applyed.

24

Infuse all puffed, spots, marks, furcles, in the
hair or brows.

25

A preservative from the plague.

Take good grass, tender locust, red burrage locust,
sage, of each a handful, bruise & stam from & put
the juice of them into a quart of white wine, &
put a quart of grated ginger into it, & let it stand
a night, then drink of it 9 mornings fast,
ing one after another, & by Gods grace it will
keepe you from being infected.

Or take the powder of bellorinats & hyacinth
mingled together very well.

An excellent preservative in the plague
time to expell it from the house.

Take olibanum, mastick, wood of aloes beniamin,
storax, wadanum, cloves, juniper, make of them
a perfume, & sprinkle it with vinegar, & also take
the quene brannings of quints trees in your
chamber, & sprinkle them with vinegar & rose water.

An electuary very precious against the plague.

Take 20 mall nuts, 14 fat figgs, good grass, worm
wood, yellow sw, one eye, stacion of oare, a handfull,
2 suns & a galle of pimpernelle rotajinks alias
the blessed bird, galls, an ounce of aristochia lon
ga, an ounce of aristochia rotunda, a handfull
of the locusts of ditary, 3 dramms of bay berries,
2 dramms & a galle of the yender of parts longus,
3 dramms of mace, a drame of the salt of the sea,

2 Drames of nux vomica, a handful of leafles
of bugloss, stamp from together in clarified honey, &
take a drame thereof every morning fasting.

For the dead paulty, or numbness
in the ioynts or bones.

Take also may toyal, red sage leys of saye a gaine
dull, a pint of good mauntyng, galles a pint of weale
foote oyle, boyle from together & straine it cleane, & an-
noynt the place w^{ch} it remains. probatū est.

For the paulty in the hands.

Wash ye hands in cold water, & germain is sage, and
let them dry of them selves.

For the paulty.

If any man doubt of the paulty, let him take every
morning 3 mustard seeds, & 3 pepper cornes, and
use it day by day.

Or take the flowers, leaues, & rootes of rose
steepe stamped from, & lay from in a linnen cleath,
& bearene from some yot, & lay from to the nose of
the nose & to the eares, & germain is sage, & lay
to warmen, 2 or 3 times: and stamp sage & lay it in
like manner to ye pullet or winted.

For the same.

Take spanish Et omnis enyone the roots taken
out, & fill ye from w^{ch} good aqua vite, & rest
from well, then straine from, & if they bee
come to dry, put to them in the straining a little
more aqua vite, & use the oyle, & annoynt
the patient euery morning: it is very good.

For a plurecy: vide pag: 23.

For the piles or whites an excellent salve.

Take pile wort, gathered in April, & of it small
& temper it w^{ch} a little butter to p^rserue & keep it
till May; then take 2 poundes of may butter, w^{ch}
bramble leaues, mallowes, ale herb, red or leaues
soft mary, gowse looke, fennell, russet flou, lepps, melle
lets, & ale herbs, & of the goodes w^{ch} small &
incise from in the butter, then put it in an earthen
pot, & set it in the hot sunne for the space of

to roaste, then boyle it on a gentle fire stirring
it, & when the partes are dryed, it is enough, then
straine it thorowly from the partes & put a quart
of a pound of wax thereto. If you ad best
valerijes raris it is an excellent salve
& a very souveraine remedy against any burne
or scald what soever; & without the raris
it cures the piles.

For the same.

Take the blossoms & buds of chrysanthemum, if it
be for a man, it must be the seed, for a woman
the raris; boyle them in wine with a little
of a pint, straine the partes, & lay them to the
golden quince, & drinke the liquor seasoned
with sugar candy, 2 spoonfulls at a time in
the morning & evening, if the party be
aged take the more.

To make one piss freely.

Take partly seed, alexander seed, the rosted of
hemp in winter, or the leaved in summer of our
cucumber, boyle them in a pottle of good ale
& let it stand while it be cold, then straine
it, & make a posset of the liquor, & drinke of it
but let the urine alone.

Or partly barley, liquorice, & violet in water
5 or 6 porsers, then straine it, & drinke first & last.

For those that cannot retaine or
hold their water.

Take with vinegar & water upon you go to
bed the bladder of a goat, sheep, or bull made
into powder. Or take 3 dayes together at the
moone of the moone the bladder of a fresh
water fish. Or the braine of a parrot taken
in wine. Or drinke the bladder of a fure pig made
into powder. Or the bladder of a beaver made
into powder. Or fill boards rosted, & eaten are
very good for any one that hath the distill
ation of urine or take your powder in drink or pot

For the same.

Burne goats halfe, & make it into powder, and put it into the patients pottage.

Or lay a little tile upon hot coles, & lay upon a quart of spoone out in a spoon, & give it time to melt upon coles it to powder, & take in a spoon a little wth warme milk or pottage evening & morning fasting.

To take a peale of castorium, one pt of milk may beate them to powder, & wth a little syce make pills, & take one every night wth you goe to bed.

For one that is poisoned.

Take wall worke saule, pare away the out or rime, beat it to powder, lay it in ale or water all night, then straine it, & drinke it fasting, & you will vomit wth the poison.

For the Rhume.

Take a purple ray smothered wth frankincense or Storax, & take a spoonfull of the syce diacodion, & put it in your mouth a quarter of an hour after you be in bed, or now then spit it out: but if you saw the murre, then you must swallow it downe.

Or dry & beate a handfull of bay salt, & put to it a handfull of oxeneye dried a little, mixe them, & powd them in a linen bag or tow, & take them out over a smoking dish of coles, & lay them to the mouth of the patient behind & before, & doe thus 3 or 4 times in a dressing.

To make a water in perill.

Take 3 gallons of the best of sack, or mall nutt, or beche, liquorice, amissod, of each a pound rorandor seed, ransow, galmyall, pishward, set mall, or the mall, of each an ounce, wth of the summe a pound, figgs galls a pound, roromon 4 ounces, renny royal a good handfull, raronile, myrtle, russet timo, semell, rorin,

Sapifrago, Dill, four pound, of each pulp a good
full, allitramsane roots, 2 ounces, mixe all
loose into the lyed 24 pounds, before you set
you limbeck, let y^e pot be 4 gallons & more
& draw out of this 5 pints of the strongest, &
upon it is 4 dayes set out to it a good quantity
of rose leanes, & let it stand 10 dayes, & then
straine it, & put to it pulp a pound of refined
of the sumbe, the stone pilled out, & 4 ounces
of figgs of Algier, & let it stand 14 dayes,
then cleare it, & stop it up close.

Doctor Smithes water for y^e same.

Take a gallon of stronge Spanish wine, three
quarters of a pound of liquorice, & as much
of anniseed, distill from ab you doe aqua vita
from take a quarter of aqua vita, & as much
rose water, 2 ounces of liquorice, & as much
anniseed. If you will you may, let this stand
24 pounds, & then straine it.

For the rhume.

Take of ibanum, 3 pound; wrap from up
in tansome of roset, & swallow from down,
as pills, when you are ready to sleepe. But
take this not a bowe 2 night together; the
three pound must be of the signet of small yeaft.

For the same.

Take of these rosted in amber, & lay it to the good.

Or if it proceed of a cold cause, take got ra
lamyut & not for time, bray from, & lay from to
the temples, or any place of the good.

Or cast into the nostrilles the iugre of tole
wort; this purge, the good from rhume.

For a rupture

Take mond royall, bene worthe, Stoygard puffs,
bret grass, of each a goodfull, steepe from together.
& put this into a pint of the drinke p^rscribed in the 20th

page c & h veritas: you take hyon, & straine
hyon into the same drinke, & give it ab the
ofox. If you use the water above mention
ed, for wounding or sore breasts, ^{per other parts} you may put in part
of one of the gallons of water, a gallon of white
wine, & amoynt the place wth oyle of myrrour wood.

For the Rickets.

Take soft wax, bay leaved, ramomils, topi of
Lunentox, by 2 rinds of ale peefe, forced of long
spred tyme; of each a pound full, spread hyon and
beate hyon in a mortar, boyle it in a pound of
butter first, the space of an houre; straine it
& amoynt the rickets, fives, & frowe, & drawe to
the backe, every evening & morning for a quar
ter of an houre. This oylment is to be made in May.

A drinke for the Rickets.

Take the rooke of fox warm, it hath a slow
like garlick; take is of hyon rouns, bruse hyon
& put it into galbe a pint of milke, boyle it to
a quarter of a pint, so drinke of it every mor
ning fasting, & fast galbe an houre after:
w^{ch} you have used this a while, milke, hyon
beate take in the same maner of oyle; &
w^{ch} you see w^{ch} will not take it any longer
in milke; take it in an oyle, & beate it to
pouder, & give it the oyle in oone.

Syroe for the Rickets.

Take a quart of running water, maydon pain
page of ierusalem, saltfoote, of each an ounce,
an ounce of the stoned roots of fox warm, li
guorine stoned amised brused, of each galbe an
ounce, a pound full of redne pinked lincis wood,
20 figgs stoned, boyle all these well together
to the galbe, & straine it, & put to it a pound
& a pulbe of fine sugar, 2 dramet of pearced
wells, 3 leavels of gold, let these boyle well
together, hyon straine hyon, & give the oyle one
spoonfull first in the morning, & one last at night.

To stop the running of the reins.

Take *Opuntia tursicentonia*, by quantity of a
small nut, compound of roset a quarter of an ounce,
galea a quarter of an ounce of rymon beaten
2 or 3 ounces of white sugar candy, and yellow
sanders a quarter of an ounce of orange, white
sanders also.

Another for the same.

Take white sanders a quarter of an ounce,
yellow sanders galea an ounce, and sanders 3 quar-
ters of an ounce, beats from night together in
a mortar, in an ounce of compound of red roses,
e beats all againe, then take for many times
tursicentonia massed in plantain water as will
bring it to the stiffness of a pill, e take half
of the quantity of a galea nut in the yolk
of an egge new laid; take this 3 mornings
together, then wait 3 dayes, e so by 3 dayes
together, untill 9 dayes be expired; then
take a plaster of diacatma, apply it to the
barb, e let it be, till it fall off of it selfe.

The vertues of Rosemary.

Boyle the leaues in white wine e mass ye
same, boild e broild, e you shall be faire, put
the leaues under ye backe head, e you shall
be deliuered from all euill broames.

Boyle the leaues to powder, e lay it on a
ranke, e it will kill it.

Take a box of the rood, e smelt to it, and
it will restore your youth.

If ye leaues be smelted wth the gout, boyle
the leaues in water, e binde them to the place
ing in a linnen cloath, e it will relieve you.

Boyle the leaues in stronge ale, e bind
them to the stewart, e it galeth all euill.

The rood or stewart burnt to powder keepe the
firste from all euill, if you put it in a linnen
cloath, e rub your head wth it.

50
For the Stone.
Take powder of spinel berisid, powder of Dam
bonis, powder of facifrago, of each a lib. m^o,
& drinke it wth possit also.

Another.
Take unfol time, ramomilo, of each 2 handfuls,
rosmary, botony, of each one handful, 3 handfuls
of rimbfolo, boyle them in a pottle of sack & a
pint of clarified yong, unto a quarton, & take
it in the morning & powder before you eat, &
be last at night.

For the Stone.
Take a spoonfull of roxander seed, 2 spoonfulls
of parsley seed, & 2 of broome seed, alexander seed,
ground well seed of each a handful, beate them to
powder, & seare them; then take a quantity of
white wine & put thereto a handful of parsley
roots & leaves in summer, in winter the berries
only, a handful of politory, on the wall, galfe
a handful of wild mallowes, a handful of
water rasses, boyle all from a quart to a pint
straine it, & then put in the fore sayd powders,
& drinke it milke warme first & last.

Another very good.
Take a quart of good red wine, put thereto 3 pound
of sugar, galfe an ounce of camomil seed, red roze
seed, all together from a quart to a pint, then
straine it, & use it red first & last: very good.

Or take yarrowe, must leekes, beane roots,
rosmary, facifrago, full these herbs several, then
take a lib. portion of the waters, & see must
manually as the waters be in all & distill the
together & keep that water in a glass, & drinke
4 spoonfulls of it wth a spoonfull of the pou-
der of good ginger.

For the Stone in the bladder
Drinke turmain, bayes, longe pepper, ground pill,
and slawes.

An emplaster for the Stone.
Take parsley, thyme, unfol leekes, yong royall,

ramomile, veruine politory of the wall, sapifrage
reynard of earg a handfull, boyle them in a quart
of rhye wine to a pint, & lay it to ye bottey.

Or take worme wood & ramomile of earg
a handfull, boyle them in a pint of malmsey,
untill it be consumed to the halfe & apply it.

A distilled water for the stone, to be made
in the end of may or beginning of June.

Take politory of the wall, sapifrage, parsley, molper
of lime, of earg 5 handfulls, 12 radice rootes small
ones, three the rootes & stam the yordas, & lay them
in a gallon of new milke, & see distill them.

Some take but one handfull of earg of the yordas
& 5 or 6 rootes. & you take 6 spoonfulls of water
& the spoonfulls of rhye wine wth a little sugar,
& a little nutmoge stirred together, & take it blood
warms to gether in 3 mornings, & take only
in the space of 3 weekes, & ride in walks upon
it 3 times, & after you have drunk this, take
halfe a good nutmoge.

To breake the stone.

Drinke the powder of eggs shells. probatur est.

Or take the powder of the rootes of the nettles
put a spoonfull thereof into a draught of rhye
wine, & drinke it somewhat warme, use it every
day, untill the stone be broken & consumed.

For the stone.

Boyle a pint of gelly, bovine in good ale, till the
ale be consumed, then straine it, & put to it a little
butter, drinke thereof 5 or 6 spoonfulls, & wth in gisse
an powder you will make water, if ever any, the
disme will cause it.

For the same.

Take a good dole of myrr rootes, stam it & bring
out the myrr & drinke out every day, the quantity of
a suppe full. probatur est.

Take gumme of yarrowe dole breake the stone,
& loo on the gravelle wonderfully.

Or distill sparaberie & mingle the water wth
good malmsey, & drinke it.

Or take a red hot flint, put it in a quart of white wine, rowse it close, & let it boyle, & drinke it cold.

For the Stone.

Take also, white wine, of each a pint a quarter of a pint of pearly water, grammoll seed, rounder seed, of each a penny, recub, beaton, a handfull of molger of timo, ad mung, veltitory, of the wall, galfe an ounce of pearly seed, boyle all together on a soft fire until it come to galfe a pint or more about

Or take mond pearly, veltitory on the wall, amispod, boyle them in a quart of white wine to a pint, & drinke thereof in the morning fasting & walke vpon it.

A purge against the stone or grauel, by Mr Groves.

Take a draine of puluis sanctus, galfe an ounce of Syrac of vesel, siccoe from in a penny worth of white wine, & drinke it of, & you shall find great ease.

Or take of the ingre of 2 Lymens draught a fine cleare put thereto 4 or 6 spoonfulls of good sallet oyle, wth a little quantity of sugar, drinke it of in a morning, & walke vpon it; this is most excellent to prouoke urine.

Another for grauel.

Take a good draught or two of more ale out of the fat, wth some fresh butter in it, & walke as before or 2 vpon it, & it will cause you to void much grauel & sende.

Or take 3 or 4 red pearing - robb's drye from & pound to powder, & all wayes also some of liquor in y^e drinke or potage, or in lett.

For the stomach rayned wth heat burning.

Take red water, small ingre purified, of each a pint, syrac from, ad thereto a quantity of amispod, wth sugar, boyle all, until halfe is consumed, & take 3 spoonfulls at a time euery drinkinge and morninge, & at other times also if need requires so to doe.

To breake fleame about y^e stomach.

Take the ingred^s of fennell & a quantity of gony,
boyle the until it be drye, & drinke the of evening
evening and morning. This cleareth y^e stomach.

Or take parsley, roches, fennell roches the y^e
taken out, wild thyme, ffoe, an oyle like limes wood
w^{ch} groweth in an oyle, of each a good handfull,
put them cleane, scold them in a pottle of
running water, to a quart, & w^{ch} this water
make almon milke, & broathen it w^{ch} sugar,
& drinke of it at oft as you please.

For the squincy in the throte.

Boyle the ingred^s of fennell in gony very well,
until the ingred^s be consumed, & use it.

Or take galbe a handfull of the roches of
rochite lillies, or as many as will make a plaster,
galbe a pint of milke, galbe a spoonefull of twa
re, fennell all together, & make it as yet as you
can suffer, spreading it on a cleare, lay it to y^e throte.

A gargle for the squincy.

Take 2 spoonefulls of mustard, a spoonefull of gony,
a pretty quantity of a rochite doggs head finely scoured,
a quantity of fennell or plantan water, gargle
your throte w^{ch} this. afternoon gargle w^{ch} fennell
& mount w^{ch} ffoe of mulberries or clark berries,
& raduis water warmed.

To lay outwardly for y^e squincy.

Take a rochite doggs head poundd small, a quan-
tity of gony, a quantity of ryeat flower, the y^e of
of a new layd egge, beate all together, & spread
it on a peece of leather, or brown paper, & lay
it outwardly to your throte.

A pultis for the squincy.

Take the roches of gony, fennell, the roches of mal-
lons, of each a handfull, the y^e w^{ch} taken out, ram-
mils, violet leaved, & flowers, of each a handfull,
take them small, & boyle the in a pint of faire water,

put to it fennel roots meale limbed, fennel bark,
of each take an ounce, boyle it to a pulve, & put
into it take an ounce of oyle of ranemile,
take an ounce of oyle of sweet almond, & spread
it & lay it to warm, & range it once in 6 houers.

For shrinking of the sinues.

Take mace, mallowes, wofe many tosse of each a pint
full, stamp them together, then presse them in may,
butter molled & mingled ther, then let it stand 10
dayes, then strait it well on a soft sieve, then strain
it, & keepe it in a stone pot.

For shrinking of the haimes or sinues.

Take a quantity of fine mustard made wth white
wine vinegar, a quantity of maulemoly, a quantity
of cyperion, boyle all together, & wth this oyle of
then take yew-wood, wrap it in a brown waxe
& rost it untill it be soft, & lay it on the place
grownd, as yet, as you can suffer it.

For a prick in the sinues with a
nagyle, knife, or thorne.

Take oyle of rose well, & lay it upon the place
very soft, & bind black mooll upon it. probatid est.

For the same if the hole be stopped.

Compos beulhed rospat flemox wth wine & boyle
it together, till it be thit, & make a plaster of it,
& lay it to the sore as yet as you can suffer it.

For one that cannot sleepe.

Stam bay berisob in a mortar, & lay upon all about
your good in a cleat. Or take squimery, & put it
under your good, & you will sleepe untill it is taken away.

Or take a handfull of gromwell seed, wash it cleane,
& dry it against the fire, then beat it to powder, then
strain it wth a quantity of new ale, & make a draught
through a strainer, then straiten it wth sugar, & drink
it warme. & tis also good for the cleare jaundice.

Or make powder of the white tosse or seed of
lettice, & temper it wth woman's milke, & if you have
an egge & lay it to the temple of the head, & you will
sleepe. Or drinke this powder in milke.

For one that cannot sleepe.

Take 5 branges of arhangell, 7 of rojite wort, e
11 of the leaues of sedmwil, yound the together, e strain
them wth a myl drinke as wll make a possot,
e make a possot wth the sayd liquor e milke, and
drinke the possot also wpon you goe to bed.

For the spleene.

Take onidus, garttongue, panny royall, of oare,
galle a gandrill, smalago, fennell, parsley, of oare,
2 rootes, amissod, romem seed, of oare galle a
quarke of an ounce, sooke thes in 3 pintes of water,
e the fynd part of a pint of rojite wine pinger,
to the galle, e wpon it is red, strain it, e wll a
litle sugar euery morning drinke a good draught
before fasting, e let it be blood warme wpon
you take it, e boyle it in stone or eare, not in brass.

To cleanse the spleene.

Take garttongue, mild poppe, lettice, burrage, wth
the flowers of fumitoria e parsley roots, sooke
all thes in rojay, wpon they are well sodden, la
rish the rojay wth white of egge, straininge it
e boyle it e drinke it first e last during a moneth,
e it will geve the spleene, e cleanse the blood, e wll
fast the body many wayes.

To make one slender.

Take fennell, e sooke it in water, e drinke the
water last at night, e first in the morninge.

For the sciatica.

Take the oyle of a fox, oyle of ranomilo, of
oare a like quantity, take warts foot oyle e aqua
vita trind soe myl, put all together, e strain
them, e amouge thes place quined by the fire.

To make one soluble or loose.

Take brot of weale, mallow, ~~the~~ violet leaues,
e great rishns stoned, wpon strain it, e take a quantity
before fasting, e fast 2 yerres after it.

For a cold cough & spitt.

For a stinking breath.

Take to drinke Roxine tempered wth wine. Or
 take gawaine mints in powder, & wash y^e mouth
 therewith, after wash wth y^e mouth, gumbe and
 clove wth the powder of myrtle; it is very good.

For the straitenes of wind.

Take an earthen pot of a gallon, put therein
 faire water, & a turnell of a year old, tye
 take femell y^e old faire trapped egg put
 in. being taken away, also the rooked of
 parsley, furbury, garts tongue, liver wort,
 & dandelion, put all into the pot, boyle it a
 good space, & put to it a quantity of grease
 of swete, & p^{er}shins, & boyle it, till the turnell
 be boyled in manner to a pore, then strain
 it, & drinke thereof first in the morning,
 & an hour before supper, & do it till you
 longe as you shall finde good.

For the same.

Take a pennywort, of the smallest gigns or odes
 eggs tye in very small, & boyle them in ale, made wth
 out yeast, put thereto 3 pounds of sugar & any
 an galls penny wort, of liquorice, as much of
 graynel, boyle all together, & sup it wth as a syrop.

For a short wind.

Take mallowes, mercury, & burrage wth a pore
 of paxte, & drinke the breack wth white wine or
 wyay made of milke.

For a paine in the side.

Take mild tyme pennyroyall, running water,
 saxifrage, mousband, of each galls a handfull, boyle
 them in a quart of white wine to a pint wth
 mixture boriot galls a handfull bruised, put to
 it 2 poundfulls of fine sugar, strain it & drinke
 of the liquor first & last, & take it as you see need.

For a Stitch

63

Take the great red poppy flower, that first
grow in roome, distill them as you do roses,
take a draught of the water blood warm wth all
ale or wine, drink it twice or thrice at any time.

Or take 2 or 3 handfulls of ramson flowers
or of the yarrow, & at morn, warm wood, some mal-
lowes, a good handfull of rosemary, press all in
a gallon of water till galls be consumed, then
put it into a dry bladder of an ox or cow, & lay
the bladder to the place quined at yet at you can
suffer it, & when it is almost cold, warm it againe
or rather take 2 flowers, & when one is cold, lay
to the other that it yet.

Another for a puyne in the side.

Take a few scales of parr, the good handfull of
solomon seal a quantity of pigeon dung, fry all
these in may, butter, & in a bag, or linen cloth
lay it to the side, at yet at you can suffer it.

For a swellinge.

Take warm wood, broome, of each galls an arme-
full, burne them to ashe, & put them into a close
pottel drinke made of white wine wth a mortar
of unripe berries, & boyle it all together, then
sweaten it wth sugar, & drinke it; let the pottel
drinke be a quart in quantity.

For a Surfet.

Take warm wood & red mynt, shew them well
wth salt, & boyle them in vinegar, wth some
of brown bread, & sew it in a linen bag, & lay
it yet to the stomack; this will helpe you.

For a tetter.

Take a penny worth of mercury, sublimate, put
it into a glass wth a quarter of a pint of faire
water, & let it stand, & wash the tetter upon wth
sowing & morning, & let the water dry wth it selfe.

Or take mercury, sublimate & bold orminale &
make them into powder, & mixe it wth faire water in
ye sand, & lay it on the tetter beinge clensed.

Or boyle glass to fine powder, & mixe it wth black
saage, & annoynt the sore therewith.

For the tische.

Take a quart of faire water put thereto 4 lbs.
gore ground, of sage, galls a handfull, may, or pans
a handfull, liquorice galls a pound grossly binidd
soak them in the water to the galls, then strain it,
& put to the liquor 4 ounce of penny, boyse; man,
rhyemon, ginger, nutmegg, of each galls an ounce,
& 4th waite waigst of long pepper, boyle these
together to fine powder, & put them into the liquor,
& make wth fine wheat flower a rate, and
bake it, & eat therewith.

For the same.

Boyle a quart of good ale, & straine it cleane,
put to it a good quantity of anniseeds, a pint of
liquorice binidd, 3 figgs, a peere of sugar candy,
boyle them untill it come to a pint, & drinke
of it for the space of 7 or 8 dayes.

Or boyle the flower of wth many in goats
milke, then let it stand in the ayre well covered
a night, & drinke thereof.

A water to scower corrupt teeth.

Take romage & penny wth the powder of allome, &
boyle them together, & wash them therewith, & it
will preserve them, & take away the paine.

To make a tooth fall out

Take red myrtle, wth the galls faire, & a water frog
dry them in an oven, & make powder of them,
& wth tooth you will draw out, wet the top of yo^r
finger in the milke of a bit, & then dip your
finger in the powder, & lay it on the tooth, & it
will fall out.

For a Timgany.

Take a gallon of faire running water from the
spring, set it over the fire in a sheet vessel, then
take an ounce of rohanox seed, an ounce of anniseeds,

by hym in Sunday & Calyx; take also a pound of melting
of the sunne, wash hym & girt hym, & put hym into
another calyx, a quart of oake madd, stower hym
as you woulde doo lamsones, three & a half
in many waters, till they be royle, & beyle all
in the sayd water, till almost yalfe the water
be consumed, & straine it into a faire vessel,
use to drinke it duringe & morning, & after
uncleob a good draught reasonable warme, & by
gods grace it will helpe you.

A white salve for a wound.

Take gums elemi, rosin burgintine, a like
quantity in weight of oare, roly for many matter
suet & fress, grease, the suet becom for many at the
grease, melt all together, but let hym not scold,
then straine hym, & beate hym together till it be cold.

In oylment to ease & comfort a wound.

Take a quantity of oyle of rosed, a quantity of
belemminak in powder, the whites of 2 egges,
beate hym a good space together, then lay it on
a cloath, & lay it about the wound.

For a cut or chop.

Take burgundy gill, a quarter of a pound, 2 penny
worth of turpentine, yellow wax 2 ounces, frank
incense 2 ounces, 2 spoonefulls of aquaviva, boyle
eggs in an earthen pipkin, until they be well
melted, stirring hym continually, & send it on
brown paper or thin lather, & lay it to the place
ground, & let it be, until it fall of.

A precious salve to heale any
fore or greene wound.

Take rosin, burgundy ^{rosin} wax, of oare yalfe a pound,
a quarter of a pound of virgin wax, 3 spoonefull
suet & doores suet of oare, a quarter of a pound,

olibanum a quarter of a pound,
 mastick & also a pound, soaks these to powder, w^{ch}
 may be beaten & put in a pan w^{ch} has wax
 & suet, & when it is well melted, straine it into a
 pottle of white wine, or scold it in a quart, & let
 it coole a little, then put in ramfins w^{ch} are
 continue, ~~of oare~~ of oare a quarter of a
 pound, & straine it, till it be cold, & scold it againe.

Another better.

& also refine, burghundy wine, of oare yells a pound,
 ringin wax, Raspe suet, doord suet, of oare a quar-
 ter of a pound, melt all together w^{ch} a little white
 wine, & straine it continually, then put in an ounce
 of mastick, frankincense, olibanum, continue
 continue, of oare a quarter of a pound, myrror an
 ounce, 2 dramms of ramfins lye & least must
 be last put in, & all well beaten, nor let it
 stay long on the fire after these are put in,
 then straine it through a canvas into a basin,
 & before you straine it put into the lye a quart
 of white wine, then let it coole, & so make it
 up into round, & if you will keepe it, lay it
 alwayes in white wine, & it will keepe 4 years.

For a cut.

& also 2 lbs & the mownd of rardus bondundus,
 & put it to the cut, & it will heal it.

To get out of y^e flesh wood or iron.

If it be deepe in, & cannot be got out, dig about
 in the iuyce of valerian, & put it in as deepe as
 you can, & by the good valerian stamp it upon
 the sore, & a rible upon it, the dramms out wood, iron,
 or any thing else, & healed the wound.

For a cut.

Make the pouce w^{ch} the iuyce of flax, & dig lint
 to win, & lay it to sore.

A pultis for any greivous sore or wound.

& also a quart of milk, a penny white lead grater
 (& amount the powder first w^{ch} rapeseed grease) two

ounce of red rosb leawb, boyle all well together,
 put to it 2 penny worth of ~~some~~ turpentine,
 boyle it but a litle, then put in 2 spoonfulls of
 good gony, the yelkes of 2 eggs, well beaten, &
 worth of sperma cete, put in these two last
 in the cooling.

A balsome to cure greene wounds.

Take a pint of the best oyle, 4 ounces of beeb mee,
 4 ounces of turpentine, an ounce & a halfe of
 mumia, oyle of St Johns wort, alias aspericu,
 2 ounces of alconet root, & boyle all well together.

To take away warts or corpes.

Lay upon the wart or some simstone as much
 as a pinne head, & let it burne till it come to
 the roote, then take it away, it is but litle or
 no paine upon a wart.

Or take a silke thread, ty it strait about the
 wart, & let it be, till it come off. probatur est.

To kill wartes.

Lay duob dung in vinegar, & annoynt the wart
 Or rub persulf on it, & it pulls it off by the roote;
 Or take arsenick, & mixe it wth vinegar, &
 apply it on the warted. Or stamp wood bind
 leawb, & lay upon the wart; use this but 6 times,
 & it will destroy the wart.

For wormes in the hands.

Mixe ye gandy ite, rub upon untill the water
 & stume be broken, then take gun powder &
 rub upon wth ye spittle.

For a wenne.

Bind the worne fast, then take redigoaste
 pulgure, sex, oyle of eggs, allome, gony, &
 cast a quantity, temper them together, & lay
 it upon, & it will take away the worne, &
 leave it wth out doubt.

For a woeman in trauaile, & wants throues.
 Take ditany, gallo an ounce of rousé, a good quan-
 tity of cashey 2nd mouty of spermacete, boyle all in
 a pint of rogitis wine, & upon sweeten it with sugar,
 & giue it the woeman to drinke.

To spout into the yard.
 Cooke barley, & ransyfiéd gony togolger, till the barley
 doe swathe, upon steame it, & put it into the
 spout, & use it.

Take pinguin in powder at the 2
 frankincense well bruised the 3
 poppe with the 1 saffron in powder
 two ounce more of the 2 and an ounce
 first dissolved the first rosin
 an frankincense then the pinguin
 then add the spiter with an ounce
 of thome seed & of labdanum
 in powder 5ij.

make a buxum of rosin & balsum
 then and in the 2 the 2 of pinguin
 the plaster also an ounce of
 waxe
 lay it on the parts of the pained
 side & wear it 29 or 30 daies
 & mych without opening it at all
 m: follow at the 2 the 2 in
 2 but the 2 be made the 2
 plaster

Mustard whey

Recipe for Rheumatism

Take of the best Surinam ~~mustard~~
mustard seed 3 oz. boil it gently in
three pints of water till reduced
to one; then add one pint of skimmed
milk, & strain it thro a small
sieve. This produces of whey. - Take
a tea cup full of this whey, luke
warm, every morning - - -

The Second booke of admirable &
most approved receites.



For any greife or payne in the
head, except the pox.

Take red rose, ranomil, flower of mollilot,
calamint, of each two handfulls, sooke them
in 40 pound of water & good wine, until the
be consumed, & w^{ch} they being got let the
patient wash his legge from the knee down
no more every night & morning, and his
armes from the elbow downward; he
must be empty stomack, or at least not
very full.

For a head ach w^{ch} continueth.

Take leaues of black iuice & bray them wth vi-
negar, oyle, & wine, of each a like quantitie
sooke together, & annoynt y^e forehead,
& temples, & it will bringe ease.

For the head ach.

Let the patient beinke his good cleaues, a
pinder, by reason of the ophream payne, take
iuice & make iuice of it, w^{ch} you shall mingle
wth oyle of rose, and wth a linen cloath annoy-
nt gently his nostrills, temples, & forehead, & if

hys rayne has wrong reasonment, lay some of it
upon the skull of his head.

For the head ake.

Take the brains of a crow & scold it, & open
out it. hys is not rayne of the head for
great or old but hys will please it.

For y^e megram happening suddenly:

Take benzewine bray it wth vinegar, & anoynt
y^e forehead wth it & y^e temples.

For itching in the head.

Take a sparrow's gall, mixe it wth white gallye,
& laye wth shub your head, & let it dry upon it.

For scabbs of the head.

Take a bulles gall mingle it wth vinegar,
gawing made it lute warme, rub y^e head wth
it, & it will please you.

To kill the scurfe in the head.

Take an handful or more, y^e also an ounce of quirt
brimstone scold it wth old wine, & wash y^e head
wth it; but first wash y^e head wth lute warme
water, & it will cure you.

To kill lice.

Mingle maye & vinegar together, & drinke of
it seaventye dayes, & they will dye, & no more breed.

Against distillation of the brayne
and heavines of the head.

Stamp beete roots, & take hysine myrr, & re-
sine, & put it up into y^e nostrills, & it will raise all
the guttours of the head to descend, and soe
it will draw them out.

For the greife of the scull

Take the Resin of the yino tree, & is weight
 10 dramms, of aloes powder one ounce, mixe
 them together, and boyle them on a soft fire, &
 after take of gumme elemi one ounce, & make
 a Decat w^{ch} you must lay upon the greife.

For a greife in y^e head & hinders sleepe.

Take warm wood well stamied, boyle it in
 water, & bind it to the temples upon the greife,
 & it will take away y^e greife & cause rest sleepe.

For the old mueterate greife
 of the head.

Take of gumme drabirt, of myrrh myrrh,
 of saffron, of euphorbium, of each 3 dramms,
 stamp them all together, & mixe them wth the
 white of an egge well beaten, then apply
 it to the temples & forehead.

A remedy for the surte of the scull.

Take the iugre of gimpernell, & wass, brown
 powder of linen cloate, & put them off into
 upon the surte, & it will quickly be healed.

A precious oyntment for the
 rupture of the scull.

Take opopanax, bdellium, amoniack, of each
 3 dramms, rosin, gumme elemi, of each one
 ounce, olibanum, micsa, saracolla, of each
 one dramme & an halfe, oyle of roset 4
 ounces, wass 2 ounces; first dissolve y^e gumme
 into ainyax, & straine them, then beate the
 rest to fine powder, & make an oyntment of them.

To remedy the cumotion of the brayne
when y^e patient hath lost his speech.

Take red roses, lxx leaues & fruite of myrtle,
pomo granat floures, calamus aromaticus,
gallia muscata, lignū aloes, of each a drāmo,
barly meale 3 ounces; boyle lxx in red wine,
& rose water ad miz ab sufficiat, lxx put
thereto one gramme of muske, & make a plaster
to lay upon the good, but first cut away the
hair wth a sharpe razor.

To remedy y^e disease called Vertigo.

Take nutmegs & cloves of each a drāmo
solwale 2 scruples, gentian one scruple, red
roses, yellow saffron, of each one drāmo &
an gallo, of aloes cicotrine 6 drāmos of roger
rubarb 3 drāmos, bray all severally into pou-
der by it selfe, & wth roger lxx, and melke, brot
it by sprinkling a little rose water, lxx let
it dry, & doe that 7 times, lxx wth lxx
of violet make a past of pills, of w^{ch} take
a scruple ⁱⁿ evening an hour before meate
& you shall see a marvelous good success.

To purge melancholy humours, &

to remedy y^e payne of y^e head.

Take 2 pound of poligodium, lxx leaues
of cene 25 ounces, tamarindes one pound, ^{may}
^{be used} ⁱⁿ ^{the} ^{same} ^{way} ^{as} ^{the} ^{others} ^{are} ^{used}
of each 5 ounces, burrage floures & violet
of each 2 handfulls, melone seeds 4 ounces, sa-
nagon one ounce & an gallo, ginger, salt
gema, of each 7 drāmos, the wyrd of luxius
4 pound, the wyrd of endiue 2 pound, raine
water 30 pound, mixe all together, and boyle

upon, untill the fourth part be consumed, then
 straine it, & make into the sayd Decortion 12
 infusions of fresh roses gathered in the mor-
 ning, & for every infusion put in 7 pounde
 of roses, & put thereto of sugar 8 pounde,
 & make a Syrry: the use of w^{ch} is, to give
 a course (more or lesse, according to the
 disposition of the person, that shall use it) dis-
 solved wth rosiaceall matters, or wth water of
 luxius & ~~for~~ fumitory.

Another for the vertigo.

Take a quantity of white stone pounde, and
 penny wial, & alibe salt, let them be boyled
 wth water in an earthen pot, till the fourth
 part be consumed, then straine it, & put unto
 it a quantity of gony, & boyle it againe till it
 be thick, & for the space of 7 mornings give
 the patient one or 2 spoonfulls at a time.

To cure Scotomia, & vertigo, the paulsie
 & all inward diseases, & to consume the
 superfluous humours of y^e head.

Take of caraway seede, anniseed, ameos,
 parsy seed, smalage seed, betony, cumin, cala-
 mynt, pulegiunt, flope, spikenard, pepper,
 ginger, sage, rue, centrum galli, eye bright
 incense, madick, saffron, of all the mitabo-
 lantes, but the greater quantity of citrines,
 cynamon, squinant, of each take an ounce
 of margerocke, folium, basil, cardamomes, ga-
 lingell, liquorice, of each 2 ounces, pound them
 into very small powder, of the w^{ch} take in

all your meales, but more in y^e winter then
in other parts of the year.

For the payne in y^e head, reynes
of y^e back, loynes, & matrix.

Take greens saund & ounnob, of the faulle
of rypas be dramed, rosemary flowers
milfoyle, matricaria fenigreeke, lime seede,
of eare, 6 ounnob, infuse the sayd herbs to
borome tender for the space of thre dayes
in the water, then put thereto 9 ounnob of
oyle, & boyle it until the water be consumed
then strain it through a linnen cloath, then
put to it of rax, pitch, spayne, turpentine,
galbanum, mastick, of eare, & ounnob, of
storax, calamint, spike nard, of eare, one
pound, of balme & ounnob, bruse what is
to be brused, & mixe every thing together
& moltinge it wth the matter make an ointment.

To heale bruising of y^e head, with
broaken bones or with out.

Take old wyte wine or gony, salt, brimstone,
betony, of eare, a like quantity, bray them,
make a plaster, & lay it to the sore. And if
a bone be broaken that the blood is out
into in at some small fissure, then take
meale, & meale of oates, of eare, & dramed,
the iuyce of plantan one dram, & angelica
Laxacium acutum one dram, & make a
plaster therof wth good mauling.

For a payne in the head.

Take betony, roots brayed, boyle the in old oyle &
a little wine, & annoint the place wth the warm.

Another for the same.

Take old oyle, & mixe it wth superbum vnder
3 or 4 graynes, & annoynt the sore place,
the body being first purged, & the good alse,
but let the head be purged by drawing ox
into the nose the iudges of the; But if
the paine be caused by ronge heat, giuing
first purged or opened a vaine, annoynt
the greife wth this following.

Take the iugre of former grapes 2 ounces,
the droggs of yule galls any summe, suffron
5 graynes, mixe them & make a liniment.

To remedy the greife of y^e head & neck.

Take the oyle of sweet almonds 3 ounces,
the meale of marse mallowes galls an ounce
wax as much as sufficeth, then make an
oyntment at the fire & annoynt the place
morning & evening.

For the rupture of the skull.

Take of plaster seed 3 ounces, laxacia
acutum 4 ounces, the meale of black beanes
as much as you please, beate these into powder,
& boyle them wth very stronge wine
& lay of this twice a day to the wound.

For the same.

Take of gumme elemi 3 drammes, of rosin 4
drammes, of wax 6 ounces, oyle of roses 2
ounces & an galls, armoniac 2 ounces,
turpentine 3 ounces & 5 drammes, the meale
as much as sufficeth wth wine & wax make
a plaster. For y^e falling sicknes.

Take germaunder gathered in may, when it

upon it is in blossoms, dry it in the shade, and
 make it into powder, & upon you will see it
 take the yelke of an egge or two, ~~beate~~ ^{beate}
 them, wth a spoonfull of the powder into the
 spoon souly it, & give the patient it to eat
 the first morning & evening for 8 dayes; &
 abstaine from wine, roothen, beanes, pease,
 fitzies, saws, salads, salt meats, & all things
 of hard digestion. It is a notable remedy.

To kill lice.

Annoynt the head wth lard, or barrowes
 grease, or wth oyle of bayes.

For ach in the head

Buy a roose of fresh beefe to the nay of the
 neck a probatum est.

For a payne in the head.

Boyle celerome in vinegar, & beate it, &
 after the it upon the fore head. probatum est.

For the falling sicknes

Boyle gillie in water & origanum & beccados,
 & mix it wth Syre of worme wood, & drinke thereof

But after the party is purged wth quills
 for the stomach the melandale & troubles

7 or 8 dayes together. & at the xijth drinke
 a potion made wth squilla, & cucurbitum to
 vomit wth a quill or pepper. you must boyle the
 squilla in vinegar, make oximell, & drinke of it
 after that wth Syre of worme wood.

egg myre of rommen rue put into y^e
 spirit roselle is good therefore.

Take the rooke of roselle wine, & hang
 it about the neck; it runneth for swift.

Or take a bores bladder wth the water
 in it dryed in an oven, & drinke every day

Take quantity of a beane w^{ch} is called. it is
 excellent. Or make powder of the rooke
 of piony, & the seed thereof, of each a like
 quantity, drinke by proof every day 3 w^{ch} ox
 smell squillitike, in w^{ch} is found fatz beane
 boyled. probatus est.

To cause one to speake y^e hath lost
 his speech in his sicknes.

Stamp worme wood, & temper the iugro
 w^{ch} water, then straine it, & put of this liquor
 into his mouth, w^{ch} a spoon. probatus est.

For the falling sicknes.

Take a penny leafe of white bread & three
 penny worth of beefe of a steere bullcock of the
 nover side, fry it, & lay it to the brow of the
 patient a mounth together. probatus est.

For one that is Luneticke.

Take box leaved, & flower de luce rooked shred
 drye them both, in an oven or over a gasing
 fire, & beate them to powder, & take w^{ch} drink it.

To procure sleepe.

Take oyle of water lillies, & oyle of poppie
 & mixe them w^{ch} a little oppium, & anoynt
 the forehead & temples therewith.

For a sore mouth.

Take gale grass, worme wood, soft pershe, sage,
 sine sole, yarrow, gony suckle leaved, red fen
 nell, red bramble leaved, many good leaved, & some
 all these together, & strayne them, then put to it
 allome & gony, & mixe them w^{ch} well, & wash y^e
 mouth w^{ch} it. probatus est.

For a bruise on ones head by a blow.

Stamp agrimony & mixe it w^{ch} gony & make

a plaster to the soles, & it will heal it.

For a cold rhume.

Dry yongg royall in a pan & lay it to his head day.

For a payne in y^e head.

Boyle solidomy in vinegar & heale it, then binde
it upon the face & head. probatur est.

The Colours of Urine.

Alba, or white Urine.

White urine & clear, as milk water, betoken
enough understanding, & rare not; & in scarce
feauers it is deadly. Without feauer it
betokeneth, in man or woman agree-
uance in the reynes, & sometimes wyldings.

Lactea or milke like Urine,

White cartid & thick standing it more perilous
in men than women, in scarce feauers is deadly.

White & consalt, dark about, & in y^e midst clear
signifieth the dropsy. ^{Emeth} If it be in the upper
part signifieth the gout in the body: & if the
mety, or be in the ground, it signifieth the
gout in the lower part of the body.

Glaucea, or lant horne like urine

Signifieth if it be clear, a swelling or under
cutting of the mylke, & a rough, a mixed water
that turneth from the lunges betwixt the
man & the mylke, that will rot all it some-
by, and often times it ingendereth & causeth
the dropsy.

Curapos urine

It is a sign of corrupt humors, as a swelling chiefly
in the body, & in the limbs, or the face.

Pale urine

Signifies a feeble stomach, & a great cooling
of the second digestion for urbane.

Black urine above

Signifies the wasting of the quarters feaver,
& quivering of kindled peate. with darkness
when signifies drynes, if it be pale; if green
a burning feaver. But black in the ground
signifies claustrum of Menstrue, & loosening of the
guts.

And urine black in a feaver, if the urine
be fat, for the most part it signifies
death.

To cure old sores.

Take the iuyce of white lilly leaues, a little
cinnober & gony. to the quantity of the iuyce,
boyle them & lay it to the sore. probatus est.

For a fistula.

Take gimpernell & Mulline
of each a like quantity of the iuyce, & wash
therewith the infected parts.

For wounds or rotten sores.

Take milfoyle & samole, boyle them in water
& straine them through a linnen cloth, & with
the decantation mixe the moale of four groole
with the fat of a goat, & calke ad mure
oyle olive, dissolue them at the fire, & put
to them wax, & make an oynment.

To cleere ones eye sight.

Take a got barley, loafe, cut it in two middle
 & sprinkle thereon the powder of raxaway food
 & hold it got before the eyes. Take gummy front
 boaten & put in the eyes cleere the from: for
 dots, allens, & tully.

A medicine for swellinge.

Take two gallons of strong ale before it
 is cleared, a platterfull of frumy grass, &
 pound & stamp it wth the ale, then straine it
 & let them boyle together an hour or 2, then
 take galles an ounce of myke sanders, a mus
 nutmeg, & three penny roots of sassa
 boak them together & put them all into the ale
 & let it boyle, upon it it two dayes etc drink
 the of every morning fasting & at midday
 as long as it lasteth, & if you find not golpe
 in drinking this quantity, make at mus nut
 & use it daily. probatur est.

Remedyes for the eyes.

Take the longob or lights of a barrow hog,
 wth all the appurtenances & sooke it in water,
 then hold your eyes over the smoke of it,
 in hysse or 4 times it will cure you.

For dark eyes.

Imoynt the eye wth the iuyce of dragon
 leasob. Or make iuyce of bolony, & mixe
 it wth ~~bolony~~ wine being got, & put the of
 into your eyes.

A notable experiment for y web in y eye.

Take strayed liquorice, good ginger, galinagal
 fennel seed, silber of the mountaine, purple

foal, of saff, an ounce, of red e eye bringt
 bole dyed, amoniack, aneos, carobalsamum,
 turbiti, of saff 2 dramms, of sene 3 dramms,
 longe pepper a dramme, alsoe epatake a dramme,
 rynomon, nutmegge, cucubes, carroway, of
 saff, a dramme, of sugar ab nutt, ab wild
 fuffie, e mixe them, the dose of it is a spoone
 full at once in the hot time. Sore eyes.

Or take bullorbs gall mixed with gony,
 e put it into the eye.

Or take the powder of rattle bones.

But of all take rattle bones e boyle them
 in water, e gather the grease of it, and an
 ounce the eye of the fox of probatus est.

Eye iugre of an onion mixed with gony,
 e put into the eye muste a roob in the eye.

Agarick is good for the eyes.

Eye iugre of ground iine tempered with
 best miller, e put into the eye muste the
 roob in the eye. Or yarrow iugre used the
 same way. Another very good.

Take of agarick 20 dramms, rynomon 8 dramms
 spiibe nard 10 dramms, mastice 38 dramms
 compound them with gony, e take the use of
 shewy day. probatus est.

Or take a dried pepper brame mixed
 with gony, e put of it into the eye.

Or take a bullorbs gall, affa fetida one
 dramme, baquamim e cummbe, dissolve them in a
 glasse, e drye them, e make the use of a powder.

For a perle in the eye.

Take the iuyce of fennell & mixe it wth gong
e oyle of balsam, & drop it into the eye. probat^{us} est.

Or make dunge dryed to powder, & put
into the eye made by the web.

Catharina auri vel argenti confort hebe-
dini ocularum.

To put away the white in the eye.

Take oyle of alcanna, wth it the droggis of
wine being very old when it is beaten to oyle.

Take eye bright to cleare the eyes.

Or purge the eyes wth ierapigra.

Dymonon is also good. or oyle of fe-
nugreece annoynted on the eyes. Make iuyce
of rosemary & mixe it wth gong & annoynt the
eyes. or make iuyce of ground iuyce, & put
it into the nostrill out of the side of the nose.

Or six leaues of ground iuyce & a braunc of
red doney, bray them & mixe them wth sweet
milk, & strain it through a cleare, & put of
it into the eye, doe soe for some, & cleare the
eye from dunge from the light. probat^{us} est.

For the web in the eye.

Boyle rapens greafe upon a paynted stone,
& grind the rapens as small as may be, & mixe
them, & going to bed put a little of it into the
eye for some nights, if the web be old put in more
of the rapens. probat^{us} est.

Or take the Jaracolla wth white wine, &
put of it into the eye.

For bleared eyes.

Take a quart of white wine, & put it into
a cleare panne, & put thereto an ounce
of powder of salt gemma, & let them boyle

together a little, then take them from y^e fire &
 set them in y^e same dunge, & cover it wth another
 panne, & cover it after wth y^e same dunge, & let
 it stand 3 dayes; then take it out of the dunge
 & pour out the clearest into a rosbill syringe,
 & a linnen cloath, & put it into a xioll, & wth
 a feather drop of it into the eye that is sore,
 at evening. *Probatur est.*

For watery eyes.

Boate the whites of an egge, & take the y^e
 tyrof & annoynt the eyes going to bed; or
 lay it upon on a linnen cloath; or wet two
 tyroin & lay them to y^e eyes.

The most precious water to cleere the
 eyes, and to cure a perle.

Take smalago, red femell, mus, waxine, ogie,
 mony, tinfol, pimpornell, oufrard, betony,
 sage, colydon, of each a quarter, wash them
 cleane, & stamp them, then put them into a
 brass panne, & take the whites of 15 peppes
 roset, & boate them & a pint of good wyte
 wine, & put it to the perle, wth 3 spoonefulls
 of pure yong, & fine spoonefulls of the wine
 of a man wth it, mixe them well, & let them
 boyle a litle, then strain it through a linnen
 cloath, & put it into a glasse, & stopp it very
 close, while you use it, & wth a feather put of
 it into the eye, & when it is drye, annoynt it wth
 wyte wine; it wth be good in 15 dayes if
 ones goe wth alle see. *probatur est.*

For a web in the eye.

Take pimpornell water & femell water, the
 iuyce of valerian of each alike proportion, &

put of it wth a feather into the eye. probatur est.
 Or take the marrow of a goose winge &
 burned allome powder, temper wth yem; & put it
 into the eye wth a feather 3 or 4 times; then
 use the water afore sayd; & it will kill the
 greatest mole in the eye that may be.

Things good for the eyes.

To cure early in the morning of myrabolants
 rodded, & take the meats of yem long in y^e mouth.
 But now is most excellent for the eyes.

Take also formoll seed, put it into boyled sugar
 & take proof. Mounth rood wine is very good.
 Or wth boyled in wine: take but slender sup-
 pers, gauranga wth zimox of squillas, espe-
 tially after you be purged. Shews are good
 & to take apparagus & bolony. To cure the
 braynes of parturidge is good; or rape leaved,
 or often to yem eye bright.

An excellent receite to quicken y^e sight.
 Take formoll seed made soft & steeped,
 & then dried, & add to it so much powder of
 yemmon, & passe so much good sugar, and
 use it daily. Or boyle the white of an egg
 untill it bee cleere, then take iijss of formoll
 dropped, mixe yem & put it into the eye.

For darknes in the eyes & bloodynes.
 Make powder of aloes, & mixe it wth y^e white
 of an egge, & lay it to wth.

For an humour flowing to the eyes.
 Take beanes & pull of the skinnes, & comfort
 them wth the white of an egge, & lay yem
 to. or else take yem & yem yem.

For a payne in the eyes.

Boyle the rootes of fernell in water in a pot,
 & put a drop therof into the parties eye.

For watery eyes.

Put a drop of the parties owne urine into
 his eye. very good.

To take away a great spot in y^e eye.

Take the roote of rcelandino, & boyle it wth
 wth water, & put it into a bag, & hang it wth
 & put a drop of best, wth distillat^{ion}, into the eye.

For payne in ones eyes.

First purge the party, wth pills of aurie, or
 pills of the 3 kindes of mirabolans, or wth pills
 pills sine quibus esse nolo: & after take me-
 & nople, grate them on a tile, & put them be-
 twixt a linnen cloath, & lay them on the eyes.

Bumbast mol in fernell water 2 pl^{ts}, & one
 jet of y^e urine of the, is good layd to the eyes.

Or wth an egg, & take the white & put it
 betwixt bumbast, & lay it to the eyes.

Two braynes of an fawne roasted & well in-
 corporated wth wine, is good eaten.

Oyle of Beere, oyle of Eldoninop wth
 wth white pepper & the urine of a yong
 two & cyphos^{is} milke.

For such as pisse in bed whose urine
 runeth from them unwittingly.

Boyle roming & drinke therof warme. Or
 take the sea crabs & boyle them, & drinke them
 fasting wth wine. Or take the bladder of a fow
 & dry it to powder & drinke it. Boyle dry red lead
 & drinke of it; or of oximell drunton: or Boyle till
 & drinke of it: or passly beyer in water & drinke it wth.

For the fallinge sickness.

When you see one fall of this grise, presently
out the parties grinde in two, mixest the oil
is upon you, & burne it in two parts that the
parties be not hurt, & let it be never for
it after, & the fall be rid of his grise.

For the Colick.

Take some good dry it, & grind it to powder &
take a poundfull thereof, & put it into ale, and
drinke it: it will make you goe to stool easily.
it is also good for a flux taken in the same manner.

For the yellow jaundies, & to prouoke an appetite.

Take powder as before sayd it a speciall remedy, either
eaten or drunken.

For the tooth ach.

Take dandelion the quantity of a nut brayed,
& put into a linen cloath & laye to the tooth going
to bed. but make an ointment of it maye make into
the tooth. probatur est.

To ease the paine & ach of the gout.

Take an handful of wine, & a great doale of the
leaves of white wine, & mixest the red berry in
the good, & make iuyce of them, & put thereto iuyce
of combe looke, & of orome, & boyle them wth a
bullorkes gall a little & drunke, & a penny worth of
spermacete & good grease, & a good many smilke
mole beaten, & being well boyled, straine it & drunke
it to your use, for it is a speciall good oyle for the same.

A medicine for the eyes that are white.

Take of Carduus marianus 10 dramms, sarcacolla grosse
3 dramms, dragagant a dramme, opium halfe a dramme
make therof a soft substance & use it.

An orange-colour powder for the eyes.

Take of sarcacolla, m^l it a quantity 10 dramms, alces
2 dramms of saffron, myrror one dramme, licium

2 Drams, beate from all, from vj^o f^o powder.

A powder for the eyes wch are white.

Take *rosita sarcacolla* ^{not it white} & fat, & put it into brost milke, & let it in the sun till it dry, & then beate it very well take of this 3. ounce, & add thirto of *Myse Memithe* 2. Drams. beate them well againe & keepe them and put of it into thine eye when neede requires. 1.

To gurge.

Take the weight of 1^o of aloes cicatime, pound the weight of 4^o beaten severally, mixe them in y^e pan wth a litle wine vinegar till it be hard, then make pills the weight of 4^o or 6^o & take them wth the wax of an apple, or gony, if you take it before supper, it will worke in the night, if after supper the next day. *probatu est.*

To cure the collick.

Take powder of bullorbs dung, & give it to the child unknowne, in pottage, or straine the dung, & give it the child to drinke; the last is best.

A resolute plaster to be 4 or 5 dayes before it is removed.

Take resin, wax, ^{salte a dram} rothes gall, frong boore or ale, roming seed & fine leaude, 2 Drams, blend the one dram, mutton suet & turpentine 3 Drams, boyle these to the forme of a plaster & spread it something thicke upon a cleat, & set it fast about the member that it swollens or maketh as gonyes miliaris or Oedema, & for all swelling & swelling alow, & at the water runneth out & the swelling standeth, bind the plaster againe for 4 or 5 dayes. *Sepe probatu est.*

Remedies for the eares; or for deafenes.

Take vinegar got & drop it into the eare fasting,
and hysop the iuyce of mint, oyle of bitter al-
monds, & of the nuts of persica warne, & drop it
into the eare. Or gold ye eare euer the flume
of got water, in w^{ch} was boyled penny royall,
& marrow wood. hysop golden hysop, gaurding.

Or boyle marrow wood in water & bathe the
eare wth the decoction. Or rosen a goate in newly
killed, take a forme & fill it wth y^e urine of the
goate, & hang it w^{ch} in the smoke nyght dayes,
& put the end into y^e eare. Or take an onion
& make it hollow, & fill it wth oyle, & the iuyce
of rue, & lay it toward agayne, & cut the onion into
the eare, until it be well boyled, & put of
that oyle into the eare. Or put into the eare
the blood of a goate basing warne.

Or put into the eare the iuyce of scabiose,
mixed wth a little quantity of oyle of bitter almond.

To purge filth out of the eares.

Take iuyce of alder leaves, & distill it into y^e eare.
Or take filings of iron & mixe it wth y^e grass vinegar,
boyle it & put it into the eare. probatu est.

For the head ach.

Boyle rotidomy in vinegar, & beate it, then bind
it to your forehead, & it will ease you.

Or beate maioran, & presse out the iuyce, & put
it w^{ch} into the nose. probatu est. Or take red
myrtle stamped, & wth the iuyce annoynt the temple.

For the megram.

Take hysop or 4 spoonfulls of aqua vite, & a
quantity of boulted flower, & mingle them well
till it be thicke, as a plaster, then take powder of
penny royal, & the flower, & mingle
them, & spread it on white leather, & lay to ease of y^e
temple a plaster, let it by a day, & a night, doe this 2 or 3 times.

For experience in the vrine.

Black vrine

In great quantity wth a cloud of black liquor, ^{noted} great
broyle of peate in the body, greenish, lack of sleep,
& bleeding at the nose in time to time.

Pale vrine

Some w^{ch}at grows betwixt the foener called
medium enutium propter melancholiam.

Vrine pale & some white in it signifies a foener
called minorem enutium propter flevium.

Vrine pale wth a white like load & resolution
of kind, that it called spermatis, noted of falling out.

Vrine pale wth greenish colour signifies the foener
aschitem. Vrine pale of redish colour signifies a
foener called syphochius.

Vrine pale wth white small lumps liquor, & good
but wth black lumps mingled note the strangury.

Vrine pale wth round lumps causing lumps
& stones, or small white matter, as be in of some
beames signifies the gut called ateria.

To cleanse the eares from matter & filth.

Take iij of alder leaues, & put it into y^e phis ear.

For the Gomore passion.

Boyle lottis seed, & dimes herseed wth water.

Or boyle a peere of lead flat, & lay it to y^e phis
bark; or boyle seed & mandragorus seed of eare,

a part, of opium a tenth part, boyle them in oyle
in a double glasse, & wth y^e make an ointment

whereof annoynt the pashos bark & xiiii
parts, wth wth in wine oyle of rose, & oyle

of balme & lay, it appoies. *Propriat est.*

Or take the leaues & flowers of agnus castus
& boyle them in vinegar & ad herbe a little cas-

torum, & make a plaster & lay, it to the priuy pt.

An ointment for an ach.

Take an ounce of bayle it well & stime it, put sperato of peny & Drames, boyle it againe to the halfe or more, & annoynt the sore heere with, until you finde ease. probatus est.

More of Urine.

Urine pale wth white at affe^{ct}, & black & coler-
fious signifies wine overgrown of man or woman.

Urine pale wth small stringe at affe^{ct} & black
signifies the suffocation of the moone, & wth stringe
signifies the dryng of the month.

Urine white & thinne at water wth strake
& and at a stream the bottome betokeneth the
disease of the spleene.

Urine white & thinne altogether pale, be-
tokeneth the droppe. Urine white & thinne & a
great quantity betokeneth, much drinking.

Urine white & thinne & a little wth red gravel
betokeneth, are in the wombe & in the veins,
called Nephritis. Urine wth greene inkle
signifies the frenzy. Urine white & thinne wth
greate fatnes in the ground signifies a dis-
ease in the reynes, that one cannot see the
water, it is called diabitem.

Urine white wth white moles in it signifies
arterica passio. Urine white wth a great black
inkle signifies sickness caused by melancholy.

Urine white wth a leadie inkle signifies
falling euill. Urine white wth a waterie in-
kle signifies schoman, & is a disease or wine
in the head & maketh the sight partly fall.

Urine white & pale about signifies an ill
liquor. Urine white & thinne, at in the seauer
signifies death. Urine white signifies old and
fresh good. Urina Rubra.

Urine bloody, signifies the bladder is quite rotte,
 some filly, that is spewm.

Urine of a roo-man that is faint, & cleere, if
 it rime like flux if it ruffels off & galy, not left
 to meate, it signifies that the roo-man is rotte.

Urine of a roo-man that is galy, a golden colour
 & is cleere & ppaue, signifies the roo-man is lust to man.

Urine of man or roo-man that galy the lower
 aqua, that galy a black galpimy in the one galy
 of the vinnall is a true token of death.

Urine of a maye that galy, not followe
 not a man is faint & cleere, & not out any roo-man.

Urine of a man: every man is rotte and
 found rotte urine in the morning is rotte
 before meate rotte, & after meate rotte.

For a greate heate in man or woeman.
 Take ^{exaling} water, burrage water, & worne
 wood water of eare, & dramed, temper them
 with confound of rofob & drinke it thuringe
 and morninge.

To kill a fellor.
 Take the rootes of tormentill & drinke it with
 the rootes of termentill exgeteth poiffon
 and alloe venome.

To heale a wound.
 Take fanicle, milfole, bugle, equal
 portions, brake them in a mortar, & with
 beere or water wine temper them & drinke
 it to the party, to drinke thine a day, till he be well.
 Bugle keepeth the wound open, milfole cureth
 it, and fanicle healeth it.

For the Tifick.
 Take 3 loze, 3 or 4 pound, & part of tongue plant
 boyle them in a quart of pale ale to a pint & drinke it.

For the Goute.

Take a strong brine wth salt, heat it rary, an o^f
e being got put thereto your leg, or hand.

For cloathes y^e be mouldy & stained

Take soft storkfish, e take of h^{is} water being warme
e lay the cloath in it all night, e in the morning
wash it cleane, wth dry, combe to it, e cleave againe.

For the Morpew.

Take white wine, e some e blanched almonds, stamp
the h^{is} wine e almonds, e lay them in the wine
upon boyle it e drinke of it 9 dayes first e last.

For a tertian feauer.

Take the iuyce of dandelion, e the iuyce of worme
wood, e drinke of it before the fit cometh.

For the droply.

Get the party, drinke the seede of daniel's bit
9 dayes e you shall see red.

To make one have a good colour in y^e face.

Eate dry figgs, e drinke carmell, origanū is good.
or gum of the young tree dauntton wth wine early.
e also acetum squillitick drunke. Exyrop of squillas.
Egarick, or saffron, or ginger in powder is good.
E also powder is good drunke. Cicer eaten; or
calamus aromaticus. or any got milke from
the cow mixed wth sugar is good.

For an ach

Take young croppes of alder, stamp them, and
take of the iuyce some of horse parts, e a fourth
part of black soape, boate them well together,
untill they be a salve or anoyntment, e lay
it thereto e it will ease the ach, probatur est.

To cleare ones eyes.

Boate the white of an eg till it be cleare

Take some of the upper part after it hath stood
a while, & mixe the oyle of it wth it under most
wth the iuyce of fennell mixed well together,
& put of it into the eye, & not flap the eye, &
lay it on the eye. probatu^m est.

A plaster for the hardnes and windi-
nes, which is vnder the spleene.

Take of red 10 dram^s, of nitrum called bar-
rach, 3 or 4 mynt, or water mint dryed, of oyle
3 dram^s, armoniac 8 dram^s, of armoniac
must be dissolued in old wine, w^{ch} if you must
make the roset, & make of them a plaster, &
lay it to the place. probatu^m est.

To prouoke sleepe.

Take oyle of bill, oyle of poppy, oyle of mandrag-
ora, or the oyle of frogs, & amoynt ^{of} temples.

Remedies for the face, as morpheu, burn-
inges, bleeding at the nose & others.

Take the whites of 2 egges, 2 ounce of tutia
alexandrina, two ounce of quire lime wth
in wine water, an ounce of new wax, oyle
rosate as murgat, pale sulfur, make of this
an oylment & use it.

To stanch bleeding at nose.

Take great wit wasse, & lay them upon a
tile upon colde, vntill they be dry, make you
dow of them, & put of it into your nose & it will
cease from bleeding.

For a red face.

Take four ounce of the cornell of peartree,
2 ounce of gourd seed make them of an oyle
w^{ch} if you amoynt your face euening and
mornings. probatu^m est.

To make the face faire.

Take rose may, flower, boyle them in white wine, & wash yo^r face wth it, & use to drinke of it for shall your face be faire, & yo^r breath sweete.

To take spots out of the face

Take 2 ounce of the iuyce of lemon, & two ounce of rose water, 2 ounce of silver sublimed, & soe much of rose, put all together, & make an oymment, & annoynt yo^r face wth it night & morning, after annoynt it wth butter. Another.

Take oyle of the white of an eg, & take an ounce of it, & take an ounce of rose, 2 dram of white silver, & a dram of cambray saffron, mingle these, & annoynt yo^r face wth it.

For the Squinancy

Boyle worme wood in vinegar, & gargange wth it. Or boyle figgs & the rind of pomegranate in water, & gargange wth it.

For the morpew.

Take an ounce of verdigrise, an ounce of white brimstone, make them into powder as small as may be, & take two fat geese grease, make them cleare, & take out the brayned, then wash them & scatche them, till they be tender, then let it roole, & gather the fat from of, & throw it wth the sayd powder, & make an oymment of the same, but let it not come neere any fire, but annoynt oymment annoynt the face partly. probatur &c.

For a flux of blood at y^e nose.

Take musc & mixe it wth oyle, & put it into the nose; Or take gum arabick & colida

rum & mixe them wth vinegar & lay it thereto.
 Or take woole & put it into the nose of an ox
 & lay it to his face & forehead. Or wet
 woole in the urine of most good & lay it to.
 Or mixe the wth vinegar & lay it to the nose.
 Or take an egg shell burned, & take of it one
 part, & of galls y^e same for measure, & blow it
 into the nostrills. Or by the urine of a hart.

For the Jaundies.

Boyle tamarisks in vinegar, & drinke it.
 To keepe y^e mouth whole &
 sound from greifes.

Before & after meate make y^e mouth wth good
 matter, the dryeth wth the gumme descending
 into the iawes from the head; also to rub your
 tooth wth powder made of clove & nutmeggs,
 & make hand every day fasting, it clengeth y^e
 stinking of the mouth.

Or if you dissolve a little mastick in oyle of
 roset, & anoynt the palate of the mouth, it
 preserveth it from hurt. Also an pearle head
 burned to powder, & put into a ranke in the
 mouth, or other greife therein cureth it. p^robatus est.

To stanch blood.

Take the gourd sigillum salomonis, & smelt
 hereto off meate, & as long as you have it you
 shall not bleed.

To remove melancholy.

Take of epithymum 3. iij, of Lapis lazuli,
 of agarick, of oare 3. ii, of scamony 3. j, of clove
 &c, make powder of all these, & take every
 night of this powder 3. ii. probatus est.

For coldnes in the stomach.

Take a plaster wth storax, wax & oyle, mixe

Boyle together, & lay it to sores.

To engender flesh.

Take of Sarcocolla 2 parts, frankincense one part, beaks of an, & mace of an, & apply them to the sores.

To incarnate & cleanse ulcers.

Take Sarcocolla & mix it wth y^e y^e, & to dry a few mixe it wth the whites of an egge or milke, it will also eat away dead flesh out of ulcers.

For Scabbies

Boyle brauns wth vinegar, & make a plaster. It is good for get impostumes, w^{ch} boyled wth me, & make a plaster of: Good for sore breasts w^{ch} proceed from abundance of milke.

To purge evil from the breast.

Take brauns in water all night, in the morning straine it & boyle it wth oyle of almonds & mixe it wth sugar; it runneth out in fewe dayes.

To riden impostumes & hard swellings.

Take leuon boyled in milke, & lay to sores.

To cure a Leper.

Boyle tamariske in water, & drinke often of it.

To heale wounds hard to be cured.

Use oleum philosophorum.

To incarnate a wound.

Use unguentum triaфармаcum.

For old sores.

Use unguentum Egyptiacum magnum.

To expect some in the body.

Use electuary of aloes; or aromaticum gariofilatium; diaciminum aromaticum nardium; trifera sarracenea; & trifera muscata; dianisium electuarium Judi; aromaticum rosatum.

For the tooth ach.

Take iij parts of ground iij, & put of it into
heat side of the saw on the top tooth, also, &
you shall wonder at the ease it will bring you.

To heale rotten & putrified wounds.

Mix aloes wth dragons blood & myrr, & lay it to.

For the gout.

Take the leaues of the corbe-grass, & make
iij parts thereof, & boyle it wth a bullock's gall, &
gloome snagg's wth out shells, put it on paper
& lay it to the sore.

A plaster to ease the gout or any
other greate swelling or ach.

Take 3 yolkes of eggs, butter, & saffron a
pinty quantity dryed, make it into powder, the
iij parts of singuone, iij parts of mace, & the
iij parts of ground fill, mixe them wth wth wth
flour, & boyle all together very softly, upon
a low fire, & mixe it wth wth wth, & make a plaster of
this peltis, & lay it to the sore.

For the tooth ach or iawes.

Take iij parts of day's hot rootes & all, & put of it
into your saw, & stop it wth black robb. Clu-
roynt your iawes wth oyle of exeter & your
temples also.

Remedyes for the neck, throate,
mouth and teeth.

For the Kinges euill.

Take wth the foot rootes & all well stamped, mixe
it wth flax seed & barrowes grease, make
a plaster & lay it to the sore, & change it twice a day,
& all the sores shall be dissolved into scabs,
& after they be scabbed, wash often the place wth
wth wth wth for the space of ten or
fifteen days.

For the same.

Take the stalks of an goose, put the in a fire pan
amongst embers & roasts until they may be beaten
to powder, give the patient to drinke of the said
powder in wine some the quantity of 2 penny weight.
Doo the 21 dayes, & doubtles you will cast out of
y^e mouth all the disease & filth of the milt.

For kernels in the throat.

Dry rampion & make it in powder, mingle it wth
gony, take in the morning a spoonfull, & at night
at night, swallowing it gently, wth it till you be well.

For the Scabie.

Take a pound of Scabie water, aqua vite,
an ounce, mingle them, & lay it upon the face.

Or take swallowes in an oven & break them
to powder, & lay it to growe all the mouth if you can
if not mingle it wth gony, roset, & a little flower
of amilum, & put it into y^e mouth, letting it
goe downe of it selfe.

Or take the oyle of violets, put 2 or 3 drop
of it into white wine, wth the wth mass, & gar-
gle in y^e throat oftentimes.

For the Ringes milt.

Take romish, or white lende well stamod &
sunder, oyle olive 8 sunders, boyle them together
5 or 6 houres stire it continually, & when it is
dark it is boyled enough; then spread it upon
a linnen cloth, & lay it upon the sore places: if
sore be broken it will be healed quickly; if not
this will also resolve & loose & finally heal
it bravely.

To breake botches, impostumes, catarres,
or sores coming in the throat.

Take dry Junco of an ass, & of swallowes make
spend powder, & put of it into water or in pot
wine, & gargle wth mass y^e throat often wth it.

To fasten loose teeth.

Take fruit in rinds, mastick, & pills of some graine
an oghall quantity, & make thereof a powder; & when
you goe to bed wash y^e teete wth a little red wine,
then lay of the sayd powder to y^e teete. excellent.

To make teete white.

Take mallow rootes, rub y^e teete wth them dayly.
Or take a crust of rye strawe, burne it to rednes
& make powder thereof to strowe y^e teete wth all,
& wash them after wth faire well or wth it wth good.

To fasten loose teete.

Take a little myrror, temper it wth wine & oyle
& wash y^e mouth wth it.

To keepe one from vomiting.

Drinke the wynt of worme wood.

For those that spit blood.

Make a rate of fine wyf flower, & being bathed let
the party sake of it as yet at the ran ordure.

For those y^e vomit up their meate againe.

Take the best leaues of an aspe, boyle them in
stronge vinegar, & straine them, & make thereof
a plaster, & lay it upon the stomack, or belly.

For the tooth ach.

Boyle the leaues & rootes of rye wood in water
& pour wth wash y^e mouth, & get of it in y^e mouth.

To mitigate the payne in childrens teete.

Take butter & oyle, & rub the wth as teete for wth
it taketh away the payne & bringe them of.

For the tooth ach and the rhume.

Boyle rinde & rashes & wash y^e mouth for wth.
Or burne salt & rinde it wth vinegar, & wash
y^e mouth therewth. Muske & laye to
the teete taketh away the teete wth. Or make you
tor of a roob goole, & boyle it in water & wash

your teete from rotte. or to make yo mouthe in
the iunge of alder flour or muste y teete are.

Take also a red get bint, & lay on ymogen,
& gete your mouthe over it. probatu est.

For swelling in the cheeke.

Take an earthen drasse made get & lay it to yo oppote.

To make teete come out of children easly.

Amoynt to ymogen gumes wth goatob milke, or hog
braine of an faw or rony; or wth gumes gwafo,
or mixe hog brayne of beastes wth ymogen, & dymke
sprow. or amoynt to ymogen wth butter only, or oyle
mixed wth ymogen.

Floures of dogge teete mixed wth ymogen safely
young children wth ymogen, beed teete; if you
amoynt to ymogen wth ymogen, it gete ymogen and
ofte soote in the mouthe, or iarned. It ston found
in the good of a floor, or part of a frayle is good.
Or amoynt to ymogen wth ymogen salt mixed; it is
safely hog payne of teete breeding. Ege iunge of
liquore gete in the mouthe, it allest good.

For a fore throte.

Take oyle of lyllob, oyle of ramomill, & oyle
of dill of oare, an sume, make to ymogen get & an
moynt to the throte to ymogen wth ymogen, & not black well
to ymogen; & lay it to the fore throte.

To breake a fore in the throte.

Take snagge wth ymogen, & all, & boate to ymogen, &
plaster to ymogen, to ymogen wth ymogen, it very fast.

Or take ymogen wth ymogen, to ymogen wth ymogen, to ymogen
& lay it to the throte, & wth ymogen it wth ymogen
remoue it & lay on another plaster. Or to ymogen
wood & boeing warm lay it to the fore throte.

Or make a limment wth dogge dunge dunge &
mixed wth ymogen, & amoynt to the throte wth ymogen about.
But if the matter remains long, and still, take
diacule dissolved wth ymogen gwafo, & lay it to ymogen.

Or else make this plaster. Take unguent de altea
of musilage, of linc seeds, of semigreek seed of
each two dramoz, of the more ~~substance~~ substance
of cassia fistula, of butter, of loamon, of figgob,
of oyle of sweet almoné, & of these make a plaster
& lay it to the place.

For the tooth ach.

Eye iugre of yarrow drunken is very good.

For the brest and stomach & cough.

Take the iugre of peasle, powder of romyn, brost
mille, mixe all together, then give it by the way to drinke
& make after ward this ointment followinge.

Take linseed, semigreek, soke them in water
& straine them, & mixe the substance of the good wth
butter, & annoynt the child brost it being warme.

For a cough.

Take himstone powder pulke an ounce, put it
into a new layd bag, soft washed, mingle it wth lye,
put to it beinge wine the signes of a ripe pease,
slightly stamped, & drinke it in the morning at yo
breakfast, & take at nuyt againe at night going
to bed, it will purge you at triue or by the waye
but if the cough have stayd you long, take of it oftener.

Or take an handful of floss, & boyle it to the
third part of the water you boyle it in, and mixe
your wth the water, & drinke it fastinge.

To keepe the stomach well.

Take got water & vinegar, & vomit oute a mounty.

Or take rosin wth the stone fasting.

To preserve the stomach.

Boyle worme wood & spike nard in beere, & drinke it,
or make a plaster of aloes & mastick, & lay it to the stomach.

For hardnes in the stomach.

Boyle worme wood in beere, & drinke it, it purge the
the stomach from all greivous humours.

Or drinke syrac of roses wth a little wood of aloes.

Or mustard seed roasted & beaten, & drunken wth water.

Or take fasting 3 dramms of the electuary of the wood
of aloes & of rubarbe; it comforteth the stomach, & good
digestion, purgeth the stomack & procureth a good appetite
& remoueth wind from the stomack. Also to cure
digestion, amoynt the stomack wth the oyle of mastick.

For a cough.

Take 2 or 3 peaces of rarish well mundified, sicke
from cold, & put to them yonge suet, & stampe it well
all together, & at night when you go to bed, warme
well the soles of y^e feet & amoynt them well wth
this; then warme them againe as yet as you can
suffer, & rub them well wth a virgins spere, & booying in
bed, let your feet be bound warme wth linne cloath
& rub also the small of y^e legges wth the sayd oyle
month in space night it will cure you, be the cough
newer for recovery.

For hardness of woemens breasts after
they be brought to bed.

Take yonge branne, & sooth it wth iuyce of rue,
& lay it vpon the breasts. This is also good against
the biting of venomous beasts.

To make woemens milke increase.

Take small seed, sooth it in barley water, & drinke it.
Soft pease boyled in water & broken, are also good.

For a woemens sore pap that
hath a canker in it.

Take the ferra of a white goose; & the iuyce of re-
londine mixed; & lay it to, & it will kill the canker.

For swelled pappes.

Take mouse dung, & mixe it wth vayne water,
& bathe the pappes wth it. Also geese grease mixed
wth oyle of roses & rose lodowick is good layd to parts.
Or geese grease alone amoynting the pappes for wth.

For an impostume in woemens pappes.

Wet a sponge in oxycrate booying warme, & wring
it, & lay it to, & bind it fast. Or boate bread, grate
pantary, wax, & oyle together, & wth this amoynt
the agriuin.

For sore pappes, boches, or boyles.

Take mallow leaues, & worme wood, of euey a great handful, sooke them in water till they be tender as if they were of an apple, then lay them abroad that the water may runne from them, then press them small, then straine them into a pound of good grease, & to meate all that you cannot disperse the one from the other, & like warme lay it plastered to the sore pappes, or other sores, probatur est.

For ach in woemens pappes.

Take mint & stamoc tron, & make a plaster with they flower, & lay it to the sore. probatur est.

To cause a woemens milke to increase.

Take luyne of venise & fennell, & drinke it often.

For an extreame cough.

Take rosemary word, & mixe it with honny, and use to eate it. probatur est.

A remedy for the teeth.

Take white roses & brans seeds, of euey a drame, white sandels, white amber, white margarets, of euey a scruple, mastick, mynon, of euey a half a drame, beate them all alittle, & ad thereto a litle gom of roses, & mixe them well; at night wet ye finger in this mixture, & rub ye teete, & early in the morning wash them with white wine in which the root of the flower dolure dried must be boyled, then pint them with a teete pick of the wood of the mastick tree.

For the teete ach.

The roots of veruine, mallonst, or rut mallonst is very good.

Things very good for the teete.

Crage: organ: mynts; liquis; the goad of an gawt burne: famariske: the rine of an ash: water of green elust & gawt beens distilled: ver

vine rered; the young springes of a bramble-buff.
 Dork rootes rered; Lincoze or Squilithole; parts found
 burned: the drogg of oyle (called amurca) oliv
 leaues.

To prouoke an appetite; & to purge ill humors.

Make a saure wth Sage, parsley, vniuerse, & a little
 pepper, boale from & bring from ley to dry.

To prouoke good digestion.

Make a plaster to the stomach of powder of mast
 mastick in powder, & mixe from wth oyle of roset,
 & waxe at the fire.

For a weake stomach.

Boyle mane in fennell water, then ad a little
 wine, & straine it, & giue it to the ply the liquor
 to drinke.

For swelled pappes.

Take the meale of flax seed, the meale of lent
 tils, temper from wth oyle of roset & saffron,
 and lay it upon to. Or take fere-gum, leaues
 of cedar, poppie leaues, heat and roset, worme
 wood, rue, sodder, & make from get, & lay from to.

Or eggs mixed wth oyle of roset lay to y^e pappes.

Or make anoyntment thus. Take libanith,
 worme wood seed, mastick, lentil meale, of each
 two dramms, of waxe 4 dramms, oyle of roset
 16 dramms, & make an oymntment.

For hot humours that trouble woemens
 brestes, & cause them to swell.

Anoynt the swelling wth roset of eggs, & oyle
 of roset equal proportions; then make very fine
 powder of nitrum, & lay it on wth wth the former liq^r.
 but if it proceed of a cold humour, take meale of
 fennell wth the iugre of parsley & cedar mixed.

For woemens brests w^{ch} are raw.

Take rare quince hornells, & lay them in running
 water & lay from to. For the tooth ach.

Eye iugre of yarrow drunke wth aspell. probated of.

For a cold stomack.

Boyle mild margarone in floss broth, or make you
 oz of it, & drinke it wth mustard, maulmsy, or
 salt; and being warme wet a sponge to the
 ab bot, as you can suffer it, & wringe out the wine
 & lay the sponge to the cold stomack & it
 not digest meat, it breakes wine, & crushes wine.

For swelling & ach in the brestes.

Take mallorob & warme wood, boyle them in water
 & presse the water from the herbs, & ginde from wth
 foggis grasse, & make a plaffer of it, & lay it to the
 brests; it gylteth one in 3 or 4 dayes. probatus est.

To make a leane body fat.

Abstaine from salt meats, rawe & pinching thinges:
 hennills, rawe eggs, almonds, fiftie nuts, ymo kernels,
 hazle nuts, traxob gemob, young pigeon rosted
 & fat, or baked, good wine, also myrtle, at meales
 let blood & purge seldom, bathe after ye meat be
 digested, be not too angry, eat must, drinke little,
 & especially ~~the~~ wine; be not lightly angry, sorrow
 full or paine spent, also it woe men kind must,
 temperate exercise, & rubbing, use all sweet &
 whittie wth thinges, for they fatten.

A good medicine to make one fat.

Blame, almond, & hazle nuts, make wth seed
 the greene grains of wth turpentine is made, f~~or~~
 dissolve all in butter & sugar, of the wth let him eat
 a little evening & morning, & drinke after it good wine.

To purge melancholy.

Abstaine from bleeding; vomit is very hurtfull:
 the best thinges are good: burrage, bugloss, time,
 epithimum, scolopendria the greater & lesser,
 rapens, tamarisk, spissidum, sweet wine, foggis,
 mustaba, mirabalanos, polipodium, Cene, Lapis
 lazuli.

To cleanse a sore.

Take the iuyce of smalage mixed wth barley meal
& lay it on the sore. probatu^m est.

To make a drying plaster for a sore or canker.

Take beane meale of Orbeus of oare, a like portion
& mixe from wth acotely, & alittle salt, & make a
plaster of ow of. probatu^m est.

To ease the payne of the gout.

Take an handful of mo, a great many of the
leaves of the wjite vine, that carrieth the wth
berry in fadge, & make iuyce of them, & put thereto
the iuyce of pome looke, & of oxymore and boyle
from wth a bullocks gall, a young root, of spore
marole & poyge gwaite, a good many of shaggs,
moal beaton in a dist, & boyle all these together
& straine them, & passe that oyle to your use,
to annoynt the place therewith.

To kill a canker in the mouth or face.

Take mercury sublimate, & boyle it wth vinegar, or
wth white wine, & wash your mouth, or face therewith,
And upon you will see it spall, take sublimate
& put camfrase to it, & boyle it in water of pony-
furdles, & it will heale the canker.

For a sore legge through a bruise.

Take milke & boyle it, & make a passot of it wth
alome, & take the mud prily got & lay it thereto:
& give greater a lay, that soe just wth a cast that
warrs over it.

For a great heat one hath to quench his thirst.

Take ordure naton, burrage naton, worme wood wth
of oare, & cunrot & mixe from wth consensing of roses
& drinke of it evening & evening. probatu^m est.

For the thume & head ach.

Take rue, red myrtle, worme wood of oare an hand-
full, let them passy in a frying pan until they
bee crackling dry, then put them into a linnen bag

of a handfull broade & a spanne longe, & put for
day of powder againe into the frying panne, and
warmed from very roole, & lay it to your left side,
under the first ribbe, & lay downe a time upon it,
& upon the bag warme it againe
& lay it upon to ^{day} ~~the~~ 2 or 3 times. probatus est.

For a cough or Straitnes in the brest.
Take figge & figle stamped well together, upon
boyle them in gony, & take of it fasting. probatus est.

To make one lusty & stronge if is weake.
Take powder of calaminth, & put of it into y^e brole,
& dimble, & use to take & drink of it. probatus est.

For one if is taken lame in any member.
Boyle in a pint of maulmsy, y^e Dunge of an ox
solt, about 3 yeares old, a little waxe, & well boyled,
put thereto a quantity of romain in powder, and
lay this to the place. probatus est.

To stay the flower in a woeman.
Take botony, noyze, pollitory of spayne, & iflowe
stamp them together, & give y^e of this to dimble
in the morning's fastings. probatus est.

To stop a woeman of bleedinge
after her child birth.
Take small stamped together, & give it for to
dimble. probatus est.

For an ague.
Take peaypewds purple, fulgerfons, ropper, & the
weight of an eggs boaton all together, & lay it to the weight.

For y^e head ach in an ague.
Take botony, ramemill, & rosemary of oare, a hand
full, fry them in a spoonfull of gony, and lay this
to the place. probatus est.

To destroy a canker or felon.
Boyle plantan small, & put thereto gony, & a little
powder of burnt adome or miter, & apply it. probatus est.

A speciall remedy for the greene sickness.

Take a quart of claret, & spoonfulls of gony,
boyle & straine it cleane, put to it a quarter of a
pound of quibids, or less, also an ounce of rone
nion, a quarter of an ounce of ginger, boyle all well
together to a pint, & straine it into heres pintle of
agua vite, put to it also a pound of sugar, & draw
from roole together in two pots, & booke it in a glass
bottle, & put to it some tornasol to colour it,
& drinke a spoonfull first & last.

To cure melancholy.

Take got yeales milk if you be bound in yo body,
or boyle worme wood & drinke it also fasting.
Use stronge fisherb. Or Boyle cologuntida
or boyle gony, & let her party blood. flunge
her party wth ʒ iij of hiebra, take her of her
in a month, & stay 10 dayes betweene every time.

To heale dangerous ulcers.

Take burraige & mixe it wth hings good for hie
purpose, & lay it to growe.

To heale woundes

Take oaten leaues, & brisee her on a stone,
& lay her to growe. probat^{us} est.

Or brisee pear tree leaues & lay her to growe.

For knotts in flesh and arteries.

Take old eggs, & boyle it wth her party of
eggs, & make her into past, & lay it to. probat^{us} est.

To cure new woundes.

Take new eggs & beate it, & lay it to growe, &
lay upon it a fresh or wine leafe.

Or burne a string, or lay it to dry.

For ulcers.

Burne old roses, & lay her affes to her ulcer.

To cure deepe and hollow ulcers.

Take oyster shells & make powder of her, & lay
it to growe, being first burnod, it can be flung
to grow in frost place, mixe it wth her party of
& lay it to the hollow ulcers.

For an inflammation in the throat

Take two dayes together lupinus wth y^e meate
wth leavened bread, & drinke old wine, then take
y^e same dunge, & dry it & use it to gargle, or else
boyle in water a pome & a wartidge, & make
for plant wth the brack liquor.

For rotten sores.

Take lapis phrygius, & put it into the saw; or
mixe it wth vinegar, or wine & add on wth water.

To stanch bleeding.

Take gypsum, make it soft, & mixe it wth red
flawer wth gungoly on the mill walled & the right
of an egge & lay it to drye. It is a good furee but
very small, & layd to, it is very good.

For the plague.

Drinke often of the wine of spideren

For vlcers in y^e feete or hands.

Take a limon cleare & by it to grow on, & ab often
at you pisse, let it drop on the place.

For biting of snakes or tigers.

Take goats dunge mixed wth vinegar, & lay it to drye.

For hard swelling, y^e scum, dropsy, or spleene.

Take goats dunge mixed wth barley flower, & wine
& water boyled together, & lay it to drye.

For a greate cough.

Take apples called pippins, & boyle them in
faine water, & mixe the liquor wth ~~the water~~
sugar, & drinke often of it. probat^{us} est.

To dry rhume in the matrix or vulva.

Boyle pennyroyall & figs in vinegar, & gargarize it.
or boyle pennyroyall wth figgs in beere or ale, and
drinke thereof. If it be a sicke frow, make a fomen-
tation of y^e decoction, it dryeth y^e moisture of y^e matrix.

An oymtent for yreimes y are hot.

Take of oyle, of water lillies, oyle of roses, oyle of
 violetts, of saff. ʒij. red sanders ʒ. j. cymomon ʒ. ʒ.
 Vinoger ʒ. ʒ. & with a litle wax make an oymtent.
 For a laske.

Take an oz of rosted rars, put to it a litle aqua vite
 soe stire it well together, & let it rest a litle longer,
 and then take it.

For the wormes.

Take boulted ruppals flower, at murg at will by
 upon fyve rowndes of gold, put it into a glasse pound
 into it at murg, wold water ab will pour the flower,
 & make it looke like milke & ab thinned, & quib it
 the yild to drinke; this will cause yim to purge his
 To stay the flux.

Day 3 or 4 forsoe gawd in red wine a day, & a
 night, & then drinke of it.

To kill the wormes.

Take an yolk in an orange ab big ab a poppy, &
 squashe the liquor out, & put into the empty orange
 oyle of bayse, iij. of this iij. of waxe wood,
 treacle, flower of lufus, soote all this a time, then
 put it into a disse & annoynt the necke, stomack, then
 the loe, nostrilles, & the uttermost part of the pulsed.

For wormes.

If the yild be soe litle, that it can receive nothing
 at the mout, take aqua vite, ruppall waxe or
 wold the stomack or breast of the yild, then pour
 over the plant the powder of fine myrror, & lay
 the yild a time or two, with the breast upward: & you
 shall see that the wormes will come forth dead.

For the collicke.

Take dayly, 5 or 6 peare, bennetts before dinner or supper
 with salt & bread, these remedy breast & stomack, ease
 the collicke, & kill all sort of wormes. Or take
 pulvad made of myrror, or melior waxe, or
 take it in your pottage. Sweet margerome is also
 very good for it.

A glistre for the collicke.

Take fresh assis Dung, boyle it in righte wine, put
to it a handfull of amissod, a litle oyle of ramomile
a litle oyle of rapord, wth a handfull of brannt, boyle
from y^e salt a quarter of an p^our, & take from from
the fire & presse out the substance, & so make a glistre of it.

For the collicke.

Take the iunge of y^e barberyge, y^e salt a glass full, put
to it somuch red rissal powder as will by upon two
gracoi, & give the patient to drinke by it.

For the stone collicke.

Make powder of virga aurea, put a spoonfull of it into
a new layd or soft vessel & drinke it of fasting, &
eate not in 4 y^e years after, this will ränge you to
make water, & taking in a quarter of an p^our & cast
ing it 10 or 12 times you shall voyd the stone.

For the flux or laske.

Take in slawt xaurick beaten & stamped & drinke it.
Or boyle it in milke & eate it evening & morninge.

To kill wormes.

Make flower of dryed luxines, & knead it wth y^e y^e
& lay it upon the righte stomack.

For the wormes

Take oymtent of Rencolefic, & sing things ab leson
the body; sing at be made of sorow bitter, & expulsiue
mediins. to wit: the iunge of salt the persicars, or
the leaues of persica arbor, ʒ. ij. oyle of bitter almond,
or of abinthio, ʒ. ij. petreolum ʒ. iii. a litle ringer,
& baller of gale, leaf of repeat flower upon the milk walt
ʒ. ij. mixe these together & ad to wth to berebinth or
bing as much as shall suffice, & make an oymtent &
lay it to the navel.

For the flux.

Take blawm of almond, boyle them in y^e y^e, till they
be black, & eate them of fasting, it is excellent good,
but it will be spenges if the almond be not blawm.
Or make bread of mede as it cometh from the mill,
& eate thereof, this is the last remedy.

Or eggs take & 4 grains roche, or the seed, & make
a suppositorie wth opium. this is stronger then the other.
Or boyle old eggs, & drinke the water, or dry the
eggs after & take a dramma of it; this is y^e strength of
Caton leaus distilled & drunk, stayes a laste.

For the collicke

Boyle pigson dung in wine, & make a plaster of it. probat^{us} est.

For y^e bloody flux when nothing else will stay it.

Take a ear full of sparrows got from the fire, put it
into a halfe pint dish, & set it in a clef steele, then
you goe to the steele, sit downe over the steele, & doe it
upon the collicke, that the smoke may ascend to you, it
will cure you in houre or halfe dring. probat^{us} est.

For rankling of an ague sore.

Take a red scale, & soote it in y^e owne wine, & goe yet
at you can suffer, lay it to the ground place. probat^{us} est.

For the collicke

Take the myre of bullorbs dunge, & drinke it: or make
it into powder & drinke it. probat^{us} est.

For the flux of menstruas.

Drinke the powder of romegrans flowers; or
also boyle the flowers; & drinke the rof.

For the droppie

Take adon rooked mixed wth opimell, & drinke it
continually: or give the y^e. a grain of eugherbium
to purge y^e body: Or take pigsons dunge, an
ounce of carstant, rubarb called piganum ʒ.ij. wth
opimell. or put upon the swelled belly nitrum bor
ton: or salt, & soft eximell. or wash y^e selfe well
wth sea water, & drinke little. or rub the belly wth
panged salt, & drinke imogor of squilla.

For the stomacke.

Take an ounce of ginger, stonacke take some rabbit,
& boyle them in imogor, & straine them, & put thereto
sugar, & powder of ginger, & boyle all together, &
put it into a gally pot, & use it morninge and
eveninge. probat^{us} est.

For stopping in the throat.

Take powder of columbines, & mixe it wth aqua vite
and wth water, & drinke it.

For the drop sic.

Take the seed of *Morhus diaboli* strained, & drinke
of it wth wth wine nine dayes.

For to prouoke vomiting.

Take mustarde drained, *Spuma hirci* called banar,
3. j. & condise danick bocher all, then sift them, and
drinke them wth dill water, & opimela.

Or take mustard & put thereon the seeds of radishes,
eat it, & drinke after it warme water & gony, this
will cause you to vomit, by putting a feather into
y^e mouth. Or take of *nux vomica* 3. ij. & mixe it wth
gony, & dissolue it wth hot water, & drinke of it
when you would vomit.

A restorative for a weak stomacke.

Take long pepper, grained, saffron, of each 2 penny
worth; beate them to powder, then take a stork of
on, & beate it to a rolline wth the 3 powders put
to it, & the yelkes of egges, fard roasted, and
give it to the weak person. probatus est.

For the sharpnes in the and payne in the
tongue or mouth: for y^e shrivity or tickle.

Put in y^e mouth *diadragantum frigidum*, untill it
be dissolved; you may haue it dissolved at y^e apothecaries

For a very sore mouth.

Take gerbe grain, warme wood, felpersine, sage, rint,
sole, yarrow, gony, subtle loanes, many gold loanes,
steame all these, & put thereon allome, & gony, & boyle
them together, & wash y^e mouth therewith. probatus est.

To lift up the Vuola.

Boyle an egg very hard, & pull of y^e shell, & wringe it
alittle, & lay it wth the marrow of the good. Or burne
the wth of foote & put of the powder into the vuola
& it will lift it up by drying up the fume, & raising it to fall.

For cold in y^e stomach, and cold rhume in y^e head.

Take pills of Storax, & swallow them downe. Or make a plaster wth Storax, myrr, & cyper, & lay it to the stomach.

For the pestilence.

Terrafigillata drunke wth wine beate for greater take before of early in y^e morning a simple wth sweete wine aqua vita, myrr, of lemon's, & myrr of 3 leaved grass.

Or take leaved bread tosted, wet it wth rose wine vinegar, or the myrr of the wild vine, untill the tof stink it be, then put thereon y^e powder & eat it wth tof early in the morning.

A preservative against the plague.

Take of meliphidate ʒ. ij. Specierum diambre, & Galeni p^rscription called Galeni Lotificantern, of each ʒ. ʒ. 5.

Diarrho^{is} sup^{er}to sugar 3 ounce, wth water of astrology: make into taolod, & gild it, & take every day once.

Or take 2 dry figgs, 2 nuts, leaved of me xx, beate all together wth a little salt, & eat of it fasting: excellent.

Or take ʒij olivary, ʒij most almond blamg^{er}, dry figg, ʒij leaved of me 20, graynob of iuniger 5, beate them wth rose wine vinegar, & make an olivary, & take an ounce of it in the morning.

For y^e cough & straitnes in y^e brest.

Take dry figgs, & glose & stam^{en} from mole together, then boyle them from wth gony, & drinke of it fasting.

To stay rhume.

Take y^e powder of morm^{er} wood & myrr, of each alike & powder layd upon a tof of rye bread (w^{ch} must not be tosted brown) stowed, or vapor but root in maul wth y^e oyle of figs or two of them in the morning fasting two persons after it: you may lay sugar over y^e powder.

For the tooth ake.

Stamp 2 leaved of garlick, & by it to y^e wrist on the side that your tooth ake, & it will draw away all paynt.

Or boyle ʒij in vinegar, & wash y^e mouth wth the liquor, & it will ease the paynt presently. If y^e tooth be felle, fill it wth y^e myrr of an fig tree.

For a sore throat.

Take the inward bark of a walnut tree, rosemary, myrtle, & 2 or 3 good figgs slit asunder, boyle them well wth w^hite wine, & drinke the liquor. probat^u est.

To heale choppes in y^e gums & lippes.

Take mastick powder mixed wth y^e w^hite of an egg. probat^u est.

For the tooth ach.

Take woodbine, & columbine leaues, yownd, & strained from, & put to it allema water, then drie a cleane linnen cloath, & put it to the tooth & abate. probat^u est.

To bring forth childrens teeth easily.

Amoynt the gums wth gony, & salt mixed together.

To ease y^e payne vnder y^e ribs, spleene, & reynes.

Take oftines almond.

For hardness of the sinewes.

Take the marrow of a doore, or raffe, & amoynt y^e place.

For the lithargy.

Take a spoonfull of castoreum, & ab murg of w^hite pepper, & ab murg of mellicrate, & giue it to the party.

To prouoke Menstrues.

Put the y^e yearly blood in the foot, then giue her to drinke of castoreum wth xony, royall or talamint. probat^u est. but it must be giuen wth wine & water boyled together, & be drunke.

For the collick.

Drinke aloes powder; or take hiera antidotum; or hennel; or pyrolomium; or boyle xaxly rootes in water furnished wth water, & drinke thereof. Or boyle branne in wine, & put it into a linnen bag, & rub y^e belly well & lay the bag there to. Or take dimensions romine wth stoned, mixe them wth wine, & boyle them together & put them into a linnen cleath, & lay it to the stomack, inauels, barke, or priny parts. Or drinke two spoonfulls of oximell, & amoynt the parties with honer wth oyle of rose, or oyle of bayle.

For the gout.

Take opium, castoreum of eare ʒ. ij. of saffron ʒ. ij.

agragals from together wth water, w^{ch} is in galls yau
boone boyled, & lay it howle. But if the payne inwaite
amongst the plant wth strong vinegar, w^{ch} is in yau
mint & origanum yau boone boyled.

An excellent powder to cate out dead flesh.

Take roars, alleno, of myrabolans, rhinob, terra
sigillata, flowers of yemo granats, of each 2 dramms
powder of morning, powder of red coral, of each 2 dramms,
mixe them together, & use howsoe. probatus est.

Remedies for the back, reynes, loynes,
liver, and the spleene.

For all manner of inflammations in the liver,
swelled leggs, & inflamed hands.

Take flower of Busby, or amilum, soke it galls an
power in romen water, straine it, & put it into another
pot, put to it a few mallorob, sunnol, & yoxb, and
burrage, soke all together until it be dissolved, ad to it
an ounce of sandal; then straine all, & take in a linen
rleath two nutty full of cassia extracta, & put heat fraim
ed to it, pressing it wth y^e fingers, heat the substance how
may afford into the stragued water as it yaloth, then
put to it saze as much as you will; then take every
morning of this lying in your bod a little glass full,
wth your wrist upward, then lay a linen rleath upon y^e
stomach; sleep if you can, & take a little of it after you
are up, & have done yo uerostitio: this must be done
in summer, & not in winter.

For an ach.

Take 3 parts of the urine of young Eldor or ruxob,
& a fourth part of black sope, boale these together till
it be a sluce or ointment, & lay it howle. probatus est.

For a payne in y^e reynes, flanke, & all other greifes.

Take 3 quarters of an ounce of storax liquid, rayons yau
goose greafe, durt, greafe, of each & dramms, of oyle roset
& dramms, red wax 2 dramms, melt these wth yau
of butter & so mingle them, & then put to it the storax
& pound it on a rleath, & lay it upon the greife.

For the spleene.

Every thing that is condensing to make one fat is good.
Boyle worme woods in beere & perry. or take dry figgs,
& boyle them in melletrate beate & mixe them wth worme
woods, & lay it to drye. Or take rarer roots, an ounce
vinegar a pint & deal water & cast, boyle them together
to a third part, & drinke 4 or 5 spoonfulls at a time.

Or take young roots of ground quise boyled in wine, drinke it.
Or take mirabolani, & supple top in vinegar, & being
made to iute, lay it to drye. Or by to drye the
pleasors of a fox, or kid. or beate the spits of ta
marisks, then boyle it & lay it to drye. Or the roots
of taxeris boyled in vinegar & put into a linnen cleath
& lay to drye quite great case in one dayes space.

An excellent remedy for a stitch

Take a dishfull of got ombro, & sprinkle upon wth a
little wine vinegar, & put them into a linnen bag, & so
apply it got to the side, & being cold warme it againe
in a platter, or also take new ones as before.

For a payne in the side, & to open the spleene.

Take an handful of the middle yewes wine of quene
ass borax, & infuse it into a pint of white wine galfe
a day, & a night, in the morning drinke of it fasting,
& walke & fast 2 dayes after.

A restorative.

Take a pint of white beards, 2 yelkes of eggs, with
sugar wandy, an ounce, 2 pennyworth of white saunders,
the weight of 4^o of Arabian powder, boyle a peece
or two of gold in it, & boyle it to 3 quarters of a pint
beate the yelkes of eggs wth the wine & put them
in last for sundrye, & drinke of it morning & evening.

A singular remedy for the pluresy.

Beate galfe a pound of the roots of Stabious, of red
corall & olivet, sugar as much as will suffice to make
a Syrop thub. Boyle the sugar a good time, then put
to drye galfe a pint of the iuyce of Stabious, & you
for of corall, boyle the wood & strain it, & drinke a good
draught hereof. Or drinke the iuyce of rue.

Or boyle figgs wth egggs greafe, or falot oyle & myllasser
it t^hereto. Or boyle maris mallow rootes, fenigroote
seed, flax seed & mylate, & incorporate them well, & lay
it t^hereto. This cureth all y^e pluxury or yalulid.

Or take the meale of fenigroote seed, flax seed and
leuson, & make bread of it wth butter, bake it & lay it
yt to the pluxury. probatus est.

To cause one to voyde floame.

Take wth y^e wthersed ray sine of the summe, & boale them
wth the powder of onidus & a litle gemye oale t^hereto.

For an impostume, or to cure a canker.

Take ray sine wth beane meale & romaine, & make
a plaster t^herof, & lay it t^hereto.

A water against dead flesh, & to heale any sore.

Take right roxerob, camfire at y^e discretion, burne them
in a fier pan, & make powder t^herof, then take
boldorninate a xijth poone, & make it into fine powder,
then take running water, soke it & straine it over the
fier, & put in all your powder, & let it boyle againe, &
so stand a night, & the powder will sink to the bottoome
then put it into a cleane glass. This applyed to the
sore soke out dead flesh, & restore the four joint,
will bringe it to perfect healinge. probatus est.

To kill a felon.

Boale Jimmy, soke very small, & mixe it wth black
sope, and lay it t^hereto. probatus est.

For all manner of scutes.

Take volitory of spaine & soke it in water, or right wine
& lay it to the scute, this assayed help sooking & y^e arg.

An oymnt for the ioynts.

Take 5 or 6 handfulls of wallwort, soke it well in wine
then straine it, & wth a litle wax, oyle of spike, & aqua
vite make an oymnt, and anuy day annoynt
the place anuying & moving. probatus est.

For swelling without breaking the skynne.

Boyle barley meale in red wine, & make a plaster, & lay
it t^hereto warme. probatus est.

For the goute.

Take a spongy barme wth water & salt, & will have an
eg, & put the part ground into it as hot as you can
endure, & abill wth lather together; an excellent remedy.

To make away wartes.

Take great wormes, & boyle from roth, & let it stand
untill it be cold, then take of the fat, & annoynt wth marbled.

For the gout in the coyntes.

Take endive root, the inner of gilly quike rootes, oyle of
robit & ramomile, barley flower, yolke of egge, & a litle
saffron, mixe the together, & lay it by rote. probat^{us} est.

For an extreame aca.

Take gromlock upon a hile, then upon from a stire of esse
roffe, then gromlock againe over the roffe, then lay
the hile upon ombert to ston, & being thoroughly got, lay
it plaster wth to the greife, & use it oft times; when
you take of the plaster, scrape the water from the place
& if neede require lay it on againe. probat^{us} est.

For the sciatica.

Take ~~gromlock~~ wth wth pite, & amoniac, & mixe the wth roth
together, & lay it by rote. this is very good.

For the goute.

Take flea worke, boyle it, & bath the place, it taketh
a way the payne very suddenly. Or take the roote of
a wild cucumber & braune, boathen, & lay it by rote,
this taketh away the swelling & paine by rote.

Or take turpentine, rosin, & wax, treacle & aqua
vita, boyle them, & spread it on a linnen cleath, some great
warme, wth a litle butter on the boide where you spread
it, & lay the plaster to the greife. Or boyle storace wth wth
& lay it on stinne & all as hot as you can suffer it.

For the tooth ach.

Take the inner of ground gum, & put of it into the sauc
on the same place the payne is: the effect is wonderful.

For the Sciatica.

Take an oylment of lard & oyle, wth gum in colouim-
tida gate, beane boyled wth aloes, tagia, agopinat &c.

Precepts for the goute.

If the gout be used & without swelling or redness & paine

of an opsimum paine, the vaporations of the said salt,
 put into a bag, & after severall dayes w^{ch} goodly w^{ch}
 not & may be used in the foot w^{ch} is cold. Or fomentate
 the place w^{ch} is the Devotion of malle w^{ch} get & boyled
 w^{ch} fongroote flav. seed, & calamynt. If the paine
 not, if yeant soure, let him blood, & use the fomentations
 made w^{ch} sea water, or venen water ading thereto salt.
 Or maye going to stool, & use the foment.
 Or use oyle of bayle;
 & after 40 dayes use drasmecon, or ligapopinaccum,
 or diaspermaton. After you have used the bathes of
 nitrum; euforbium; adarace, & powder of pepper, lay
 inge upon the place; or also powder of bay, borriob.

An oylment for the same.

Take squilla, me, rochet of saile numerous, two p^{ts}
 of water & one of old oyle, boyle upon white fire untill
 only remayneth, then cast away the rochet, put upon
 powder of nitrum, euforbium, adarace, pepper & bay,
 borriob, use the oyle, & purge w^{ch} gelobonit.

Take For a rupture.

Take made of resin, ^{murgia} resin, not too much, especially if
 you are gonoroe, drink not too much, use not much
 poney, leave of salt, loofe w^{ch}, glister or sharpest
 torid: & some times going to dinner take also an
 ounce of cassia w^{ch} broyle of a pullet, or tamarindes, or
 diacartamus tempered w^{ch} the said broyle or oyle or liquor.

Take of sanguis araconis, boldarmineke, scabie,
 mumia, cyperus nutts, of each an ounce, a quart water
 rosted dryed, of each 5 dramms, of great rounde,
 & the lesser, & the middle, & the wild rino, of each an ounce
 & an halfe; make a powder, & take the use of w^{ch} the
 portion of ground guio, & rounde, called the knights house.

Or take powder of valerian early, & take a dramme
 & an halfe at once, w^{ch} red wine. Or make powder
 of water rosted dryed, & give it to the party w^{ch} milke
 or pappin strept or iron saw beent quantized.

Also take the roots of nut & torment
 or the red wine & drink continually, until the cure is
 done, most good for the party the same offered.

Or take of the three sorts of rounde, of each kind
 of scabie, plantan, valerian, ympernoct, of each an
 ounce, cyperus nutts, nut magb, tyngomon, romaine, ro-

mander prepared of oare, galls, frankincense
 mastick, terra sigillata, boldarmine, gumme dragan,
 of oare 3 dramms, vini stiptici lotor claus, ~~et~~
 aqua, lib: 4. potest addi ciria: concisi
 Et mlt: et pot fieri almodu nitat. 1.

An emplaster for the same.

Take rospert nuts, accasia, galls, pomogranate flowers,
 of oare 2 dramms; myrror, saravoll, frankincense, gumme
 arabick, of oare 3 dramms, dragons blood, boldarmine
 very allowe, aloes, numia, of oare 2 dramms, make a
 fine powder, & mixe it wth vinegar, & emplaster it
 together, & tynge it straitly up.

If after the gout vex the place, and be
 hard amongst the sinewes.

Make a plaster spere of hard diaculum made soft
 in warm water, & layd together.

For runnynge of the reynes.

Take an ounce of mastick make it into fine powder,
 & put it into a quart of ale, & boyle it untill a
 quart be wasted, then take it of & let it stand till
 it be cold, then take the uppermost & drinke it ~~at~~ ^{at} ~~the~~ ^{the} ~~place~~ ^{place}.

Or take tomy, & make powder thereof, & temper it
 wth the myrror of ~~the~~ ^{the} ~~place~~ ^{place} ~~the~~ ^{the} ~~place~~ ^{place}
 of oare, & lay it to the yerd, roynot & membr. ~~at~~ ^{at} ~~the~~ ^{the} ~~place~~ ^{place}.

To stay a laske.

Take spere furno, noble seed, plantan seed, rose seed
 flowers of pomogranate, seeds of a fegnel root,
 of oare 2 dramms; of dragons blood, mastick, of oare 4
 dramms, venice turpentine, 2 dramms, & make it wth
 wth plantan myrror. Or take fasting mastick 3 dramms
 wth rayne water, it comforteth the stomack, & all good.

Or take 3 dramms of dragons blood, wth plantan myrror.

For the extreme payne of the goute.

Take a dramme of opium powder & lason powder, mixed
 wth rospert of eggs, & oyle of roset, & layd to, it is excellent.

For all swelling what soever.

Take a pottle of wormes mused, put the into a pint of
 rospert wine, scald the a little, then put therein a pint of salt
 oyle, & let the oyle together, untill the wine be consumed
 then strain it & put that oyle into a cleane vessel, & let

it on the fire, & put into it an ounce of deers blood, &
as much of the same blood, & make an ounce of wax framed
by you, melt all together, & apply it. probatu est.

For the dropie.

Drinke of seedes of *Erugis diabolici* wth white wine 3 dayes.

For a burninge ague.

Take 10 shagles wth some peles, a great handfull of
gamboge, make an hand full of bay salt, soaks them
very well together, then lay for one gale to the base
sole of the foote, & the other gale to the other; lay it not
to, untill the goods fall downe on the party, an gorse,
upon lot it by on 8 gorse, it coloure you wth in a day
& a night, & may be applyed to a spide.

For one that never had a child.

Take a handfull of mercury, as much of ground pill,
xxxij from small & frame from wth 6000; or beyle from
wth portage wth some red sanders, & drinke of it every day.

For a dropie either hot or cold.

Take meane wood, wth merole, fetter few, fuzge, wall
woode, of the roote of eare gale a pound, of fennell
pawly, ffox, sage, Smalage, Annis, mynts, water neppe,
gore pound, Onidie, linor wort, greene bark of Alder,
of eare, a quarter, wash them cleane, & pound them
in a mortar, then put them into an earthen pot, & put
there 2 gallon of white wine, or good water, wth
it is not turned; seethe it till it come to a gallon, then
straine it through a fine sieve into a faire vessel,
wash the earthen pot, & put the liquor into it againe,
& rouse it, & give the party, gale a pint at a time,
the first & last, at eveninge yet, at morninge yet,
let him take nothing for 3 dayes but bread & pot-
tage made wth billers, white wine, & calve melle.

Other take 2 pound of sage washed cleane, & put it
into a cofin of doug, made of goats melle, & when
it is baked, soaks it in a mortar, & then put it into
a faire cloath, and the cloath wth a weight of three
pounds, & hang it in a gallon pot of stone, & fill it
wth wth white wine or Rale Ale, & rouse it, & let the
party drinke of it, & not other drinke wth it lastly,
& let them make ready merr, & drinke after of it
first & last; & after three dayes let him take any

to moment break, but no drink but his prescribed
 let him also bleed in one or two veins. probab^{ly}
 est to be a singular and most excellent receipt.

Remedies for cankers, emroids,
 piles, and boyles.

For the emroids or piles.

Boyle green clove in water until it be dissolved, then
 take a pare of red cloath, a little bigger, then the palme
 of ye hand, & strike it along upon the palme of ye
 hand; let the patient ly in bed wth his body covered
 wth woad, & lay the cloath bound upon the emroid, as
 yet as may be suffered, causing a little before layd
 upon from a little oyle olive; then take away the cloath
 & bound, & in like manner lay on oysters; & soe change
 as long as you may, & then let him sleepe if he can.

For a boyle or botch.

Take rumos of bread, ragging dryed in an oven, &
 mole panned, butter, yeggs fresh, louson, romos milke,
 & a little saffron; make of all this an oymnt, &
 lay it to the sore, putting first a little saffron powder
 upon the very place, where you will see it break
 & upon that lay the plaster, leaving it soe while night
 & morning it evening & morning, soe shall you
 make it soon ripe, & break; then dress it wth oyle
 wth the yelke of eggs one whole day; after this
 purge away the filth wth some drawing oymnt,
 finally lay to it the oymnt of aloes & tutia, or
 or some resolutive or healing oymnts.

Or boale bay salt into powder, then sift it, & mix
 wth the yelke of an egg, & lay it upon to
 this is good for a plague sore; salis probatum.

To resolve a fester boyle or bock in the beginning.
 Cut an orange in the middle, then take a little torme in
 a vessell & pistle upon it, then mingle it in ye hand, & put
 to it a little common salt, beaten to powder, & lay it upon
 to the sore, putting upon the sayd torme selfe an orange

to bind all this on, regarding it evening & morning, & the
 venous matter will fountainly disflow.

For impostumes, boches, cankers & other swellings.
 Take barley & branno, & scold from white lye, so like
 to a plaster very tight, then lay it upon the sore.

To ripen an impostume, boche, fester, or any swelling sore.

Take eggs of geese, or laid, & lay it to y^e sore. very good.

For a canker. approved.

Take myrror, mastick, & dragon's blood, pound together
 upon table the maxwots of a red stone, & pound all together
 & make it into a roule, & upon you use it, make a plaster
 upon a new linnen cloth, or leather. Powder of meyl
 will open a wound; & powder of ranter, will close it.

To breake a bock or boyle.

Take ground fill & rapens grease & gind together
 & make a plaster, & lay it to sore. probatus est.

Or take, rosmarino, mallorob, ruggate flomox
 lincbad & gony, scold from all together in wine, & make
 a plaster, & bind it to sore very good. probatus est.

For the measles in young children.

Take iulip, violob 2 cunro, rose water & cunro,
 oyle of vitriole & graynro, mixe together, & drinke it cold.
 & y^e is a rare medicine.

To kill a letter.

Unyout the letter wth the iure of woodbine leaue, & probatus est.

To kill a canker or fester.

Take plantain beaten small, gony, a little powder of
 burnt alum & vinegar, mixe together, & lay upon the sore.

To take away a wonne.

Unyout the wonne but leave night wth the blood of a
 toung, & it will fall away. probatus est.

An ointment for scabbes or ringwormes.

Take the iure of the yellow daffodill, iure of dragon,
 iure of sorrel, w^{ch} is sepper, of eare 2 cunro, & gony
 grease galls a pound, boyle together together, until the
 iure be boyled away, then put it into a mortar, and
 mixe it well wth tartar, & siling of lead, & lay wth
 the oyle on an ower or furred mouth, & redigress, the
 affe of a wound, of eare, & drambo, an ounce of quirk
 under the wth fasting spittle, & at night, vinegar as still
 suffice, to in recoverate all & make an ointment of lye.

For the shingles.

Take moyst pigeon's dung, & barley meale, mixe them
together & lay it to the sore. ~~as usual~~. Then lay more
leaves about them, & let it dry by a day & a night; then
lay a fresh plaster: for 3 plasters will cure you, & so
the ringed never see grievous. probatum est.

To kill a canker.

Take running water, & water out of the fruites
of sage, & put therein rosemary, sage, gonyfuelle leaves,
a good peece of root allome, & gony, boyle them well
together, & wash the place therewith, then make you
dow of sage & smalidge & lay upon the sore. probatum est.

To cure an aque.

Take briony, or the roots of white wine, called vitis
alba, cut, & booke it in a mortar wth frankincense,
bay salt, & turpentine, & lay it to y^e wthered. probatum est.

To cure a burne with fire.

Take p^{er}son's ^{stallion} ~~stallion~~, & gonnos dung, fry them
together, & strain out the iuyce, & annoynt the place.

For swelled hands.

Take a plaster wth rowe dung, mixed wth gony
& siniger, & lay it to the sore, when it is hard.

For the dropic.

Take white wood, ale, & oake meale, make pottage
therewth, & use it 9 dayes, & every day fresh. probatum est.

For ach in the wombe.

Take tansey, me, & Soutper wood, use it fasting.

For the stone in the reynes

Boyle Baellium of arabia, & drinke therewth, it
will drive the stone & expelle the wind.

For a strangury, & such as cannot make water.

Boyle the roots of leaves of plantain in white wine, &
drinke it. or boyle radice ischur in white wine, & ad you
of p^{er}son's ~~stallion~~ ^{stallion} burned, & drinke therewth, it is a p^{er}fect
remedy for the same.

To kill the swine pox.

Take a handful of wild sause, warme wod, may gold
leaves of cast, ab mus, wass, & dry from between a
plate, rub & fry from wth butter, and take the iure,
& annoynt the pox from wth.

For a burne or scald.

Take warme, & steepe linnen by middle into of white
gaghe, or the rim of silver, & annoynt the place.

To kill a letter.

Burne muske upon a linnen basin, & wth the oyle wth
remote linnen of annoynt the letter often. probatur est.

A present remedy for the collick.

Take wallnut wth out the shells, seeth from in white
wine, strayne it, & put in at night sugar vandy, ab will
sweeten it, & drinke it. probatur est.

To take away wartes.

Stammy squinomy & colomina wth Eyseltz it be hiebt. probatur est.

For the mother.

Take groene becompe toppes stammy & lynnex from wth
pale ale, & drinke the of. probatur est.

For ach in the feete wth traualinge.

Stimpe stamod rombin hart wth oyle olive, & annoynt
the soles of ye feete, & bind thereto a red cloth lince.

For all manner of goutes.

Take bimpfene powder, stund it wth oyle sine on a font
& annoynt the gout before the fire. or take a red mayse
cut it into smallen p^{ts}, & put thereto salt, while it be
molled, & therewth annoynt the place before the fire.

To quench ones thirst.

Take the roots of lowage, stammy it, & temper it wth water,
& drinke it 3 night going to bed. probatur est.

To stanch the menstruall blood in women.

Take a trade dryed, & put it into a bag, & hang it about
the womans neck. probatur est by 11th May.

To proucke the flowers.

Take myrris, & ignomon, of each 3. j. of saune 3. j.
parly, seed, spualago seed, spith weed, asarum, of each
3. j. make of all these a powder, & take of it 3. j. wth
the iure of eringus. It is good to take it wth some liquor.

For an itch.

Take bimpfene powder, & temper it wth aqua vita, &
salte oyle, & annoynt the places therewth. probatur est.

For the emoids.

fig. sage in oyle of rose, put it into a linen bag, & lay it p^{ts} to.

To make one soluble.

Take waynt of the sunne, scooped from a night in water & sunny, in the morning, ~~in the morning~~ into 20, or 30 of
 from 2 spoonfulls of the liquor to 8 spoonfulls of water
 a spoonfull of sunny.

For a laske.

Take a new layd egg, beat it wth y^e yolk, & put out the white
 & keep the yolk in y^e greater part of the shell, & put therein
 a good deale of verinyer, & spin it together on the fire,
 & after wards fry it wth. probat^{us} est.

For paynes in the belly, & especially of such
 whose nauke comes out.

Take the powder of burnt gally, mixe therewith the rime
 of a yew tree, or frankincense, & y^e white of an egg, & lay it to.

For paynes in the belly.

Drinke the roots of aristologia; or dry romaine seed, & take
 thereof 2 spoonfulls, wth 8 spoonfulls of water or wine.

Or eggs romaine seed & swallow it downe. Or bay seed taken
 out of the skin & made into powder, & drinke thereof 2 spoon
 fulls wth wine. Or eringus roots wth wine, or oile of bayle
 & drinke wth wine.

To make one laxative.

Take rogate branno boyle it in water & straine it; take
 blamped almond, boate them in a mortar, & temper wth
 wth the water, & drinke it, or make it into porrige. probat^{us} est.

For a paynt in y^e stomach, for vomiting, y^e collick,
 in the spleene or liuer, or y^e ague by fleame.

Take of amysseed 2 dram^{es}, mastick white, aromaticum
 of card^{us} a dram^e, boyle them & drinke thereof.

For y^e stomach payned, & cannot digest, for
 an ague by cold, for oppilations & y^e collick.

Take of spibe a dram^e, galmyall 2 dram^{es}, resin 3
 dram^{es}, boyle them & drinke thereof.

To cure y^e distillation of y^e urine.

Take daily in y^e drinke siliam, wth oyle of rosete.
 Or anacardina, methridate, & ieragelem. Or
 trifera minor mixe wth wall nuts & frankincense.

For y^e ouer much flowing of urine.

Butter of milke, or iuyce of some granat^{us} drinke.
 Take acafia, ʒ. ij. dragagant ʒ. j. & ʒ. ii. dryed roset ʒ.
 iij. bloodminato ʒ. iij. gum^m arabick ʒ. ij. boate them

Take it wth red water. Or make a plaster wth barley
meale, vinegar, & oyle of roset, & lay upon to ye bark.
Or drinke warm milke & milke get from h^{er} cows.

An ointment for the same.

Take frankincense 3. iij. atalia, hieoguidides, lab-
danum, of oare 3. iij. oyle of roset an ounce, populden
3. ij. pound them well in a mortar, & annoynt h^{er}
wth y^e oyle & bring partes h^{er} wth y^e. Or take oyle of
macer lillyot, oyle of roset, oyle of violet, quins arabica
h^{er} lesser cold seed, red sanders, walnutts dryed to
pouder, roset, frankincense, myrr, yppoc, galimgul,
rynonon, Trulla make pouder of them.

To stay the flux of urine.

Take h^{er} l^{it}le skimmes of h^{er} manes of pomeis, dry
h^{er} to pouder in h^{er} samer; a drama h^{er} wth of; oli-
banum, dryed walnutts, some granate flowers, galls
of oare 3. dramms, make a pouder of it all, & take
of it fasting wth red water & y^e oyle of roset.

For swelling in the codd.

Roast about your neck a parsnipps roots; or hake
bay, leaved & sm^o leaved, & boate them together
and lay upon yppoc. probatus est.

To make one pisse.

Drinke tanze, & ramomils wth y^e oyle rime. probatus est.

To stay the flux of urine.

It is very good to cate h^{er} lunge of a kiddy.
Or boyle barley, & cast away h^{er} first red water, & fill
it wth frost water, & boyle it a graine upon sturme
it, & put to h^{er} liquor letire water, & ordure water
drinke h^{er} wth of after it is; but upon it boyle h^{er} put in
myrtle leaved, & miltidate, or h^{er} wth.

Pilles for h^{er}se that pisse in bed.

Take myrr, castoreum, & offus, Caribilla walnut
& Galos xeritony, of oare galls an ounce, boate h^{er} &
make them wth wth water of myrr, myrr, or wth h^{er}
h^{er} ingre of myrtle, or myrr, & after steep take
a drama, or a drama & an oyle.

An excellent pouder for the same.

Take yppocynth, & yppocynth in h^{er} water, poloy of y^e mountain.

of oare, 3 dramms; myrror a dramme, & an gale, & rypoffe
 mustard seed, rardomonum, rypoffe milke, frankincense
 of oare, a dramme, make it wth wth gony, & take by
 quantity of a nutt going to seed.

Or take a speeche bladder, & spread it upon a pot
 tyle, stone, or iron plate, & being dryed to powder, drinke
 wth wth water & vinegar: but it is farre better to
 drinke it wth red wine made pot alleth.

Or take chimolea (wth is a certaine oare, brought
 out of spaine) beate it small, & temper it wth butter,
 gale, & simplashe it on the pinnit, & the barke bond.

For an ache or swelling in the knee.

Take me of lousage, stampe & mixe them together
 wth wth gony, then fry them, & lay them warm to the place.

To kill small wormes in y^e belly.

Take me to powder, & drinke of it dayly; Or take it in
 bread, first & last. or put it into wine, & warme it
 & drinke thereof. probatum est.

To kill the greater wormes.

Make powder of colony, & saivine, & put of it into
 water, & drinke of it some wth warme. probatum est.

For a wrench.

Boyle milke grated marrow, & tresp butter, or
 grease together, untill it be thicke, & lay it to the
 place.

For one y^e is taken lame.

Take a pint of maulmy, stonde y^e dunge, a little
 wax, boyle all together well, then put thereto a quanti-
 ty of romer powder, & lay it to the place. probatum est.

To prouoke the menstrues.

Take a foard of galea pilled, & put it into
 water, it prouoketh mightily.

To bring out y^e pox, plague, measles
 or other payne about y^e heart.

Take 5 leaues of sage, 5 blades of saffron dryed, &
 make them into powder, a fig cut into small peeces,
 boyle all these in faire water, drinke it often. probatum est.

For one y^e is broken.

Take an onyon wth mutton grease & a little
 gale, & put it into a linen cleath, and lay it to the
 place. probatum est.

To prouoke y^e mentrues in woemen.

Take a litle rook w^{ch} is used in ombels, upon boate it & wine.
it w^{ch} is good, & put thereof into the matris. Or drinke
lilly seedes, & it will bringe forth a dead child if possible.
Or boyle pennyroyall & balye for makinge, & carrye
away the swelling of the matris; or drunke, or put
into the matris w^{ch} is the same: for dole calamint
or parsimpe, either drunke, put up, or fermentate.
Charge boyled & drunke, or put up beinge forth for
foundings.

To heale the emroids.

Dry or burne dill seede, & ringe it w^{ch} is good, & laye upon
to geale the hem. Or take filings of iron, & comfort
it w^{ch} is mullon, & laye it to, it most excellēt. Or
take old burncast, & roste it in water againe dill
pathe becom boyled, & after drye the burncast, & ringe
for aske for w^{ch} is good, & upon make a suppository of it.
Or take lufemary leaues bruised, & make a plaster,
& laye to the emroids. Or romber dill w^{ch} is good for
flux of the emroids. Or make powder of ox w^{ch} is good
w^{ch} is in w^{ch} is good for w^{ch} is good for w^{ch} is good for
might w^{ch} is good for w^{ch} is good for w^{ch} is good for
might w^{ch} is good for w^{ch} is good for w^{ch} is good for

If the emroids hangē out & payne you much.

Take old linnen & put upon, & upon this plaster lay
the powder of ransy wood, & mastick, & laye this
plaster to w^{ch} is good for w^{ch} is good for w^{ch} is good for

To stay the laske.

Drinke acacia; or make a suppository of it, w^{ch} is good
must, opium. Or boyle gonground w^{ch} is good & w^{ch} is good
& boate from well to gether, & make a plaster it to the
plate about the priuy member. probatur est.

Or boyle ox frye a p^{er}cepte lower w^{ch} is good
& oate of it get, it staye the flux w^{ch} is good.

Or boyle romber milke, & put upon a peere of
iron or a flint stone, & set from boyle well, & drinke
thereof: this is a w^{ch} is good for w^{ch} is good for w^{ch} is good for

Take beards bracke: or w^{ch} is good for w^{ch} is good for w^{ch} is good for
w^{ch} is good for w^{ch} is good for w^{ch} is good for w^{ch} is good for
w^{ch} is good for w^{ch} is good for w^{ch} is good for w^{ch} is good for
w^{ch} is good for w^{ch} is good for w^{ch} is good for w^{ch} is good for

For those that spit blood.

Take gumme of the pear tree, called yuma persici quere
to the it is good, & w^{ch} is good for w^{ch} is good for w^{ch} is good for

For an old or new sore

Take red lead, turgentine, oyle olive, & barrowes
greafe, boyle it untill it beo stiff upon a fire, then
strain it, & put it into a vessell to keepe it in, &
& make a plaster upon a linnen cleat, & lay it to.

To stay urine.

Drinke the braine of a gase wth wine. gallani wth
wine drinke is good. see is galmgall for use.

To cure a burne.

Take a new eg, & lay it upon soft wood: it is a most
rare secret, to dry the sore. Or amoynt it wth bolamiral.

To stay the running of mans nature.

Drinke the water wherein lentils are boyled: &
gym seed, reniander seed, purple seed, & rarned
mille upon it is power: but take the water upon
in both seeds are boyled. Or make plasters of
govan, opium, ramfne, the muske muskilago
of flea worke, purple seed, & oyle of poppie, oyle of
roses, or oyle of myrtle. Or reniander seed, &
water lily seed dryed.

Flurges from the liver, let blood, & equite to vomit.
Eggs got byings are good to dry the mans seed.
rud, & zib seed, agnus castus, telamylt, euforbii
tomem; all thinge to dry the mans seeds must
be taken wth acetosum. Or take ymo kernell,
Balad & fryed & sifted, of bdellium of oare 3. p.
rome granate flower, red roses of oare 3. v. boate
from & sift from case from. Olinoma saye
that ymo kernell loofe have vertue by dryinge.

Another for the same.

Take lile seed 3. iij. lotire seed, purple seed
of oare 3. iij. & drinke from wth water of lentilob.
Or take lotire seed 3. ij. ot p. me seed 3. j. pome
granate flower 3. ij. seeds of lagnus castus 3. j. all
tjib for one dose.

Or take old romfow of roses 2 ounce put it
into a mortar, & temper it wth powder made of some
granate flower, myrr in powder, frankincense,
mashk, in powder, anniseed in powder, romem
in powder, hne dryed to powder, margerone dryed

to powder, & sugar, & compound them well taking
of part a little quantity of this portion of mastic
& so take of it daily. probatum est p^r M^r May.
remember to ad in the sooting balsaminal of y^e list.

For a burne wth fier.

Take the yolke of an egge, or the white of egges
somewhat wth salt oyle, & lay it upon it. probatum est.

+ Or take mutton suet, & gommets dango, & frye
together, then straine out the y^egre through a cleat,
& annoynt the burne therewth, probatum est.

For the droppie:

Take the sawings of exposed skimmes, or nete
skimmes, & boyle them in water untill they be
found ab glow, & put it in a cleat, & bind it about
your body. probatum est.

For swelled feete or hands.

Boyle elder leaues in water, & put thereto salt
& bathe the swelling therewth.

For the spleene when it is hard.

Boyle elder leaues in oyle & wine, & lay the
together.

To prouoke the menstrues.

Take coloi, & lay theron storax, & let the
woman sit ouer the fume therof; it is good.

To stay flux of urine.

Take graynes of myrtle, wallnuts, frank-
incense, romain, rypesse, of eare, a part beaten.
& take wth the same 2 dramms. Or take the
leaues of myrtle dryed, alloms, leaues of
alcanna, of eare, a part, boyle them wth wine
& drinke therof an ounce at a time in the morning.

Or take wallnuts, & scrape them in wine
vinegar 24 porsers, & frye them in a panne
till they be drye, & take therof ten dramms.

Or take iurall, myrtle, frankincense, storax
drye, pounde them, & mixe them wth honey, and
wallnuts dryed to powder. Or take the wth stand
of a pulled herb, burne it to powder, & use of it
twice or thrice a day. Or the stombe of a pidge-
goy dryed to powder: it is excellent good.

For a burne newly done.

Amoynt the place well wth mustard, & good stow,
 they will seth out the fire, & heal it.

To cure scabbes.

Take litarge beaten to powder, gumme tragayant, vitricke
 equal proportion, incorporate them, wth some vinegar,
 put them into a glass & stop it close, & bury it in a
 moist place amounte, & then amoynt the place wth it.

Old sores are good to cure a burne. Eggis grease,
 mace mallowes, arafia, into, alomo, maydon garden
 roots, burnt lettuce, raphe lillies, dore leanes, Euid,
 & hoggs wort, wild lotus, mallowes, an ox, plan-
 tan, comf looke, poyse dunge, poyse dunge, and
 franco muske.

For swelled knees.

Take me & lowage stamped red together, mingle
 it wth gony, & lay all together, & lay this plaster to
 the sore some what warm, & the art & swelling will cease.

For ach or sores

Take the roots of poly gaulde, soothly from tender,
 upon gumme upon in a mortar, & put thereto a quantity
 of rosbare beale flower, & mingle them well together,
 & fry it wth oyle olive, & lay it as hot as you can suffer.

For biting of an adder.

Take some, upon tomox ventory, wth water & drinke some
 of, it is good for man & beast. Or stamp me & tom
 & fry it wth oyle olive, & lay it thereto.

For the plurisie.

Take an pole in a mellow apple, & take away
 some wth in, & put therin 2 or 3 graynes of oliba-
 num, then cover the apple againe, wth the first pore
 out of, & roste it in y^e embers till it growe tender, then
 brinde it into 4 parts wth y^e olidanum & take it: it
 will instantly cause the apostume to breake. probati-
 est per Roserum May.

Or take the flower that stieks on the inside
 make of it just wth water, & for make lillie water

of the signes of a greake, take from oxen hogen wth
 oyle of straxions, lay one very got to the greife, rub-
 ing it wth oyle of straxions, & when one take is cold
 take another, doe soe 10, or 15 times, & in short time
 the apostume will breake, & you shall see it forth.

Or take a white leafe very got, & open it in the
 middle, spread upon both sides twales, & bind both parts
 to the sides of the body, upon the greife, let it rest at
 power, or until the apostume breake, wth paine becom-
 wth in 2 power, & the bread being taken away, you
 shall see the putrifaction of the apostume.

Or a combs tooth praxed into some & drunk like
 both the apostume of the plurisie.

For an ach or bruise.

Take newes foote oyle a pottle, an oxen gale, a pint
 of aqua vite, as much red water, bay leaues, red
 may fringed from the stalks, straw berry leaues, roots
 & roots, lavender cotton, lavender spike, of each
 a handful, beat them small, & put them into the
 fore said stuffe, & boyle it on a soft fire in a pottle
 of two gallons, but beware the flame keep it net,
 & being well boyled, take it off & straine it, but take
 not the botome of it, & soe amoynt you there wth.

For the plurisie & shortnes of breath.

Round asirelogia plingely made pumbe from the lunges,

For an old cough.

Graden down the lignes of a leafe of myrrit it
 is excellent, & gelye from the paynes in the breast.
 Straight it is good for the lunges, & against the plurisie.

For hartnes, & paynes in the arteries & vaynes.

Shelt amoynt wth vinegar lest it burne, or boake it
 in a milder wth vinegar, & lay it thereto. Mixed wth
 nitrate it is good for a spraffe. mixed wth vinegar
 it is good for the felens in the head. Mixed wth vinegar
 or pery amoynting the arthens it gelye the good net.

For a stitch.

Take combs or leaues of polly boake & mixe them
 wth stale ale & drinke by wth. probable est.

For the sciatica.

Bringe out the iuyce of newe fresh dunges, & drye put
to it a quantity of stronge vinegar, & frye it, & as soot as
maye be put it into a linnen cloath, & laye it to the greife,
upon it maye be colde grate it againe wth newe vinegar,
& soe 3 or 4 times. probatu est.

Or take a quart of the droggs of very stronge ale,
& a pint of newe beere, boyle them together, & as soot
as maye be laye it to the place all night. probatu est.

A notable ointment to cure scabbes.

Take a pint & a halfe of good wine, brimstone 3 ounces,
frankincense 2 drames, salt 3 ounces, the roote Stru-
tium, alies conditi 4 ounces, white wax an ounce
& a halfe, in the end of the boyling ad liquida storax
& a drame & a halfe, boyle all untill the boyling part or
halfe be consumed, then let it settle & runneth, &
amongst the palmes of y^e hands & upon any scabb int.

For a hot humour in the legge.

Boyle well the rotye of eggs & skumme the cleane
from the iuyce of ginseng & put to it, & amongst y^e place.

For paynes in the eares & head.

Take 3 poundes of waxe, bruyse it small, & boyle it wth 3
poundes of salte oyle, untill a thicke part see masterd, &
that y^e oyle waxe growe from strayinge if strange a redde,
& heere is the ointment for y^e use. probatu est.

For swelling in the coolds.

Take powder of barley meale & good pome frye them
together, & make a plaster & laye it all about the rodd,
& bind it that it fall not of. probatu est. but re-
member to ad powder of romme to it, upon you frye it.

For all manner of wrenches, bruyes & swellings.

Take 8 ounces of yellow waxe, oyle of roseberd 8 ounces,
Carull 8 ounces, ramfinc a drame, cut y^e waxe small
& put it into a skollot wth the oyle, & boyle the on a
soft fire, aliter, then put in y^e romme small beaton,
& boyle the of 3 a litle, & upon you perceiue it some-
what yellow, put in y^e ramfinc beaton small, & boyle it
a litle, then gett make a plaster cloath, next is left make in usual
for y^e use

An ointment for all old & dangerous wounds.

Takecelandine, lowage, sage, frabiosa, of each a good full, grind them in a mortar, & temper them wth 3 pound ballors, & oyle oliue, of each a pound, let it stand in a vessel 9 days, then scold it in a skollot, untill the greas goe to the bottome, then straine them, & set it ouer the fire, & put thereto two sunbe of wax, but in sumer 3 sunbe, then put an ounce of mastick in powder, frankincense, & indigeroase, of each an ounce boyle it all together untill it be growne, when it is taken from the fire put to it an ounce of aloes & patike in powder.

For a felson.

Take black soot, a rotten foot, ground sil, & yolke of an egge & bay salt beaten all together, untill it beo like a plaster, then lay it on. probatu est.

The excellent new plaster.

Take smalage called apium, slantand, & botony, of each iij pound, put it into a game, & put thereto a quarter of a pound of new wax, also a quarter of frankincense, rogit, & cleare, also a quarter of rait, & resin, boyle them in the iij pound, & strain it well, take it up & strain it, & strain it, then take an ounce of waxintine, & temper it to gether & being well gether it, & it is made, use it betwene ye hand before you spread it. this is a very great cure.

A Soueraigne medicine for a stich.

Take rosemary, & bindy tongue, the leaues & berries of knot gilly, dry all these in the mounteb May, June, or July, & make powder of them, as fine as can be made, & drink the powder for ye stich. probatu est.

For a droppe swelling in the belly.

Take flower solun called gladin, stamp the roots small, & temper it wth good ale, & boyle them untill & put to it, as you would make a posset, & for drink a good part fresh made on the morrow fasting.

For swelling at the heart.

Take goose dung stamped wth ox bile, & lay it to all night, to take away rednes in y^e leg, or face.

Take new made fox's dung, lay it to the layge soying part, an old bruis, & it shall take it away, the same doo to the face.

To make y^e face well coloured & faire.

Take the marrow of the bone of a swines foot, temper it with warme water, & anoynt the face.

To make a cleere voyce.

Take the flower of the sunne, let it not raine on the sunne, make powder thereof, & temper it with wine, & drinke thereof.

For gnawing in the wombe.

Take the roole wood, & take romaine & vinegar, & make a plaster, & lay it upon it.

To make flesh grow in all manner of wounds.

Take turpentine & ointment, gony, galls an ounce, powder of white frankincense one dram, saffron the head of a dram, take enough of the oyle of roses, & wax, & make a salve thereof.

To cleare y^e matter, & cause flesh to grow.

Take turpentine, gony, of roses strained, of each an ounce, myrrour, furrowell, of each 3 drames, bealy, make an ointment, the yolk of an egg, galls a dram of saffron, mixe the oyle, & set it on the fire, & stirre it well, & rogeon it it like warme, put the ointment the yolk of an egg.

To stanch a greete fluxe.

Take the roole wood, & the roole of the roole wood, w^{ch} beards of the roole wood, gony, make a powder, & temper it with wine, & drinke thereof first & last, & take each day 3 or 4 times, or 3 at the least, w^{ch} get bread, drinke nothing but wine, & let it be kept, w^{ch} be 3 dayes, & it will certainly cure you. Probabil est.

To stay the queer flowing of urine.

Drinke a quart of beere w^{ch} beere, or gallamie w^{ch} wine, w^{ch} galls w^{ch} take the oyle, or take the galls.

For the mother w^{ch} is fallen.

Boat the leaved, & put upon into the matre, very good. Plaster the leaved drinke in wine, galls, the roole wood, & repeated up. See also a suffumigation of myrrour.

Make a plaster of leaved, or roole wood, & lay it to the navel. Or take the roole wood, & galls dissolved into wine, drinke it, it galls the roole wood of y^e mother.

Two drachons & beyle in oyle w^{ch} galls, galls, & galls, galls layd get to, before & behind, galls, matre, galls.

Quinturpentine, & roole wood, the sunne at the mouth of the matre, it galls the roole wood thereof.

To cure a tertian ague.

Take masticke, rolandino, white pepper, black pepper, fatch,
e nollis beaten strongly together, e layd to the next part.

Drinke the iuyce of plantain before the fit cometh.

Drinke the iuyce of timorwell upon the fit it open
you; the iuyce of agur. probat' est.

Drinke the iuyce of sumer, or mulage, probat' est.

Moore beaten red wolle about ʒi more, excellent.

Or by carlid about ʒ body exactly a quotidian. e probat' est.

To stop a mercurialous great flux, if any thing will.

Take a pint of milke as it cometh from the cow in a
fawt vessel, e put it on the fire, e bind fast as may very
allowe in a lump, as will equal the bignes of the
egg of a fow, e sooke it in the milke, untill it runneth
like a pisset, then take the rind e eate it, e drinke
the bray, all at a meale, e drinke no other drinke
by warme first on one side, then of the other, doo this
three times. probat' est.

To stay the excessive running of urine.

Take miltardale e twarke, e drinke the iuyce of red wine,
e anneynt the reds e parts about the necke with oyle of
castor, e oyle of lillies mixed together.

To heale a greene wound.

Take Sage, thyme, rosemary, wormewood, ramomile, apheloge,
myrrour, calony, myrrour, red tanfy, camomile,
porrino, plantain, stabiole, red wolle, timorwell, south
wood, of eare, a fawful, stam from small, then take
a quart of oyle, e a pound of butter, e put it into a pan
e boyle or fry the herbs red thyme, then put thereto
frankincense e myrrour, e frame from roble, then put
thereto the iuyce of mace, e oyle of mace, e it is made.

For swelling or ach in the feet.

Take eate a clove of ochemdale e milke upon
the iuyce of pignone e pignone fruit, let the boyle
till it be thre, then make a plaster upon a cleat, e
lay it all about the sore, as warme as may be. e probat' est.

An oymntment to strengthen the reynes.

Take oyle of the water lilly, oyle of violots, of eare, gulf
an ounce, red sandre a drame, cyrenon gulf a drame,
vinder gulf an ounce, with a litle waxe, e so
make an oymntment from this.

For such, whose water goes fr^o them by dropping.
 Nicotia fryed is good. Burne tomin, & try it in a
 linen cloth, & smell thereto: it is a p^osent remedy.

To purge fleame, & comfort the stomach & nerves.

Take the powder of ayanirke, & drinke oxymell for
 three or four dayes, evening & morning.

For aches, & sciatica, & bruises.

Take white lead a quarter of a pound, rorow an ounce
 & a quarter, beaten small, paleit sylt palls a pinte,
 put the sylt into a p^ortin, set it on the fire, & upon it
 boylee out in the furnace, & strain it well, & boyle it till
 it looks cleare, at water, then put in the white lead,
 & strain it till it be black, & void forward it, & lay it thereto.

To know whether the stone be in the
 bladder, or in the reynes.

Take the y^e g^onds morfus galind, w^ood, boylee them
 in water, & simplify it upon the p^ortin pashed, & the
 y^ende, & if the paine increase, the stone is in the
 bladder, if not, it is in the reynes.

For the stone.

Take wine & benyit of the bay, her drinke breake y^e stone.

Or take y^e powder of garlick, boylee them long in water
 & drinke them of 3 dayes, & it will breake the stone.

Or boylee the leaues of *Inula campana* in wine,
 & plaster them thereto.

To breake the stone.

Drinke the wine of limon; Or annoynt the
 p^ortin w^oth the grease of a fox. Or take
 p^ortin beaten & made p^ot, & layd to y^e p^ortin.

Or take white w^ool, & make w^ool of y^ere of,
 the number of tenne, or more, & put them into
 white wine all a night, & drinke of that wine
 in the morning fasting, untill the stone
 come forth.

Take reynes, dunge, & the
 blood of an goat, & the powder of the y^ere
 of an goat is excellent for the stone.

To stay the whites.

Take a pottle of water, palls an ounce of r^oman,

pills of rorne granate galie anoume, brot grasse
 galie a handfull, boyle thofe till the water come to
 a pinte & make candles thereof, for these morning
 take the hard part euen morning great use.

The vertue of oximed.

It is to surge fat & grosse gumme, & for knotted
 in the fless & arteries.

To comfort one that is weake.

Take 3 Boopob peash, & cut of the fat from them,
 shue them & wash them cleane from the blood with
 red rose water, then dry them with a linnen cloath,
 & put in the out side of eary peash 6 clewe, after
 theye haue bene steept a night in red rose water
 then take the stringe of xotomary, the beaue being
 pulled of, & lay them in a cleane & easen panne
 upon the stringe lay the peash, & put to them men
 red rose water, after theye haue bene steept a night
 & put to the next red rose water 6 ounces of white
 condensed sugar, & scuer the panne with a red
 waxe, & cuer that a linnen cloath, & by them fast, &
 set the panne in an oven to bake with bread, &
 being baked take the liquor from the peash, & drinke
 it often: it galye downe very much good to weake people.

For the quarterne ague.

Take 10 bed galie an ounce, before the fit come,
 let them be rubb set by the bed side, & drinke with
 mustard or maulm, at morn, Shurebecca at night
 by upon the wornde of gold, the wine must be
 into warme, then be reuend very warme, & sweat
 the more you sweat the better it is, at you sweat
 be wiped with warme cloathes. Then take sage,
 rose, & speargard puple, of eary a like quantity,
 stam them, & sprinkle them well with white wine
 ainger, & bind it to the wrists, let it be soe a
 day, & the next day take it of, upon the fit
 to come againe, lay on to the wrists as be fore,
 & take of the sayd drinke, & sweate as be fore,
 and with all reason ye fit is of & you recou, you
 may rest if you will, but let the fit be well ouer;

keep it for a tertian ague, ^{also} by gods grace you
shall be releas'd from it at thre times by
doing as it mentioned.

For an ague.

Make iugre of ramomils, & mixe it wth oyle
& amynt soft carb bone, & the pulps, before
the fire comely, & you shall be cured & safely.

Or take 2 handfulls of nettles, & some oobes
& bay, salt, of saff, an ounce, soake them well
together, & in the boaking, put thereto of saffing
pittles, & make of it a plaster, & lay it to the
pulses or wrists. probatur est.

Spemlorb, ragwood & bay, salt well beaten
together, & layd to the wrists surely an ague.

Or make a bath of floures & the pithons
wind, take it, & you cure it & rest it away.

For the head ach in an ague.

Take a long onion, cut of the crown, & core it
& fill it full of the powder of frankincense, then
roast it, & rest it, & crush'd together lay it to
the naxpe of the nose.

For a quartan ague dimble soore, for
a tertian dimble cold spaler.

A laxative powder.

Take of sene galls an ounce, in powder, a quantity
of white wine distilled, an ounce of ginger powder,
beate them well all together, & beate them, then
put a pinty quantity, by roof into the gap of an
apple, & take it towards bed time.

To dissolve wind in the stomach.

Boyle epula campana rooted in wine & drinke it.

Or make powder thereof, & drinke it in wine. or
mixe the powder wth rath synomon powder & drinke
it wth wine.

A very excellent water to heale
all sores possible to be healed.

Boyle faine water & take it from the fire, & then

make his powder following. take of easy almond
pale a pound, a quarter of a pound of green
vitriole. put both in two water, and drawing
it, let it scum, till it be dry, then beat it to small
powder; of this powder cast into two few, upon
it dead flesh, or proud flesh; or lay a little lint
upon it, & a plaster of flos unguentorum about
it, & remove it not in 12 dayes, till it come
away, softly, freely, & easily.

Or scum a quantity of waxe at Colan, & take
from two five put therein two asaf tyg powder,
& let it scum a night, then put it into a cleane
dissell, & boyle it for your use.

To remedy shrunk sinewes.

Take mater crossed, ramonile, of easy a yndfull
grind them small, & fry them wth wheat meal,
& fry, & lay it very hot upon it.

To cure a hot impostume

Take pepper cramoie, & boyle it in water & oyle
& make thereof a plaster. Or take two oyle of
ramonile, dill, & bayes, of easy an ounce, put ther
to a little waxe, & make thereof an ointment.

Or to make a mollificative ointment for the same
take musilage, yely, gaulth forigthwa food, flay
food, of easy an ounce, of oile oyle, yermol greafe,
oyle of litleed, oyle of bayes, oyle of ramonile, of
easy, a like portion, a little butter wth waxe, &
confort both into an ointment, & apply it: But
if the party have a full body, & full of humours,
then purge him first, according to the humours,
w^{ch} are expressed to the body, & afterwards lay this
mollificative ointment upon it.

Or make a plaster for the same: take oyle of
rosin, & bold ominate, & mixe them together. Or
take a yndfull of mallowes; of warm wood,
& resin, of easy, 5 ounce, barley, cramoie an ounce
oyle of ramonile a fourth part, boyle them
then beat them, & make a plaster thereof.

For biting of a mad dogge.

Beate fennell wth water, & lay it thereto.

To cure an old sore legge.

Take butter & fyre it, & put thereto rofins in powder, & fry them together, & apply it. Probatur best.

To kill an itch in the legge

Take gony, bolominato, & ground roxoreffo, grind them small, & annoynt the leg therewith, & wash away together. Or take red lead, rofins, bole omminato, & a little roxoreffo, grind them small wth pinogor & barabroes greafe, & put thereto the yolk of an egg, & annoynt the leg therewith. Probatur best.

Emplasters to breake a sore or to draw forth verome.

Take figgs, yreod, roxat beaten, equall portions beate them all together, & lay it thereto.

Or take lewon mixed wth oyle: or pure mixed wth stoned rofins & gony: or barabroes dunge mixed wth yreod greafe: or glasse beaten small & mixed wth Turbantino: oyle boyled wth affod:

Or take cantharides 10 in number, an ounce of rofins, of lewon an ounce & a halfe, stabiofo, the greater dunge ~~lewon~~ tongue, consolida the greater, antepharmoni, of oare an ounce, more porake from wth oyle of lillio: but if you will make it stronger, ad thereto salt & vermine, raita columbina herba, & rue, of oare two dramms.

Or take auripigmentum, pepper, of oare two dramms, 10 figgs & gony sufficient to make a plaster.

Also galbanū, white lilly rootes, mane dunge, consolida the greater, ground betwene two stoned.

Or lewon 4 ounces, mustard seed, rue, stabiofo, worme wood, of oare a handfull, white lilly rootes a handfull, vitriol two dramms, cantharides 10 in number, galbanū an ounce rotten nutts 3, oyle of white lillio sufficient, boyle the herbs & roots in y^e oyle, & ad the other ingredients according to art, & make a plaster

Temperate plasters.

Take of *marſh mallowes* 2 ounces, a good of a
 lyeke roote, bramme of flax seed, of each an ounce
 & a half, boyle them in water, & scald them wth
 wth leuon & old peggles greafe, & lay it yett hwarth.

Or take 2 handfulls of bramme not thoroughly
 sifted, & boyle it in vinegar. Or *trement* *beruine*
 mixed wth oyle of roset & vinegar.

Or *onyons* boyled in butter, adding hwarth figgs,
 & leuon, wth oyle of ramanile.

Or take *mallowes*, & *marſh mallowes*, & *fra-*
diſhe of oare, a handfull, boyle the goodes in com-
 mon water, wth the wth incorporate bramme beat
 the goodes, & mixe them all together, wth an
 ounce of *commed greafe*, & ab mixe of oyle of
ramonile, *saffron* half a drame, this is a most
 delicate & excellent plaster.

Or take *rabbits* the goodes *doube foots* *iron*
 & *conſolda* the greater. Or an *emplaster* made
 wth *apocynax* beaten wth refined *stear*. Or
assa, *nitrum*, & mixe mixed wth *gony*. Or *amoynt*
 it wth *twarte*, & lay them on *onyons* & *mallowes*
 boyled together.

To make a Greene salve.

Take *colydon*, *leuon*, *paury*, *rabbits*, of each
 a handfull, grind them small in a mortar, & temper
 it wth *gagges tallow* & oyle *olue*, of each a pound.
 Let it stand in a cleane vessel 9 dayes, & then boyle
 them vntill the goodes sticke to the bottom, then
 strain it, & let the iugre ouer the fire, if you make
 it in winter put but 2 ounces of *beax* thereto, if
 in summer take 3, then put thereto powder of *massie*
frankincense, and *redigreafe*, of each an ounce,
 & boyle all together vntill it be growne from
 take it downe, & put thereto an ounce of *aloe*
opatite in powder; this is an excellent salve
 for all old wounds or sores.

A Soueraine remedy for sore or cut.

Take a little fine flax, & a little guggu gresse & yoype from small, & make a plaster to be soof.

A water to heale a sore or cut.

Take red fennell, red sage, gilliflow, rose mary, daydy, leaues, saffron, neppe, & allomut of each a like quantity, saw only the daydy leaues, more of any other, boyle them & straine them & apply it.

Unquentum Jacobi, vel emplastrum Jacobi.

Take of lapis calaminaris a pound, of the magnet stone an ounce, of terra sigillata an ounce, of solominato an ounce, litarge of gold an ounce, mumia an ounce, of the liver of a roe of a pound, ramfine pulbe an ounce, and of turpentine as much as will suffice.

Finis Deo gratias

To make Aquamirabilis

Take galingall Cubits Cardimous
 and melilot mace nutmegs ginger
 cloves and Finangh of each of all theas
 A dram beat them into a very fine
 powder then take the iuce of Jallenoine
 on Linde and of aquavivy on pidge of white
 wine ~~three~~ 3 pints put all thes into a
 still and let them steepe together on
 night then distill it with a temperate
 fire when it is distilld putt in a lottell
 bag of Saffron in the glass then
 streobon it with Sugar as you please

The third Booke of admirable
good Reccites.

For the head ach.

Take elder leuvs made got betwix some 2 tiles stoned,
& lay from got to the four yead & tempered.

A salve good to draw the hedd.

Take gumme elemy, turpentine, of eury a quarter, an
mar, fress grease, & melted suet, melt togeather,
& straine it, & seale it till it be cold.

For a paine in the head, sorenes in the
eyes, for rhume, & all moyst humors.

Take a gallon & a halfe of faire water from y^e foun-
taine, seape thowm an ounce of sene, 3 ounces &
a halfe of Saxaperilla, stined & strayed tyms, an ounce
of liquorice, strapod & stined, let from seape 24
horers, then boyle away the tyrd part, then put in
an ounce of armadeculas beaten small in a mortar,
& set it on the fire againe, & let it stand but one
wgame, you must dimde this 20 dayes togeather
& eate rest meate & bread & refines of the summer.

For the tooth ach, or rhume in y^e eyes.

Take a pound of stene pite, 3 or 4 ounces of the same,
8 ounces of rosin, 4 ounces of frankincense, melt
all togeather, & straine it, then beate to powder 4
ounces of romain seed, & beate it, then take halfe
an ounce of slouds, 2 ounces of labdanum, and
quarter of an ounce of saffron, beate togeather,
& put them to the rest w^{ch} are melted, & boyle it a
litle, then take it from the fire, & keepe it with
stirring, while it beo thirde enough to make xxiii
roules, & then put it into an earthen pot &
keepe it for your use.

For the tooth ach.

Take iij berries well beaten in vinegar or white wine; mix wth some of the liquor yet, & when it is cold, spit it out: this helpeth the tooth aches.

For the same.

Take a pint of white wine vinegar, a handful of barberries bruised, boyle them together till some be consumed, then put thereto a spoonfull of y^e or waxe beaten, let them boyle together, & as yet as you can suffer gargle it on that side y^e paine is, & spit it out, & use it 3 or 4 times.

For an Ague.

Take a handful of meadow-sweet, & boyle it in a quart of white wine, & good ale, & ^{boyle} it till it be half consumed, then strain it, & sweeten it wth y^e sugar, & drinke it, before the ague is set to come; then by downe renewed wth as many reasgob as you can suffer, & when you beginne to burne, take y^e rest also, make wth y^e y^e rest; burrage, oviu, dandelion, rumsels, violots, & fennel, & take wth y^e drinke during the time of y^e fit, wth this 5 or 6 times.

For the shaking ague.

Take a fennel egge, take out the white, & fill the hole wth aqua rososita, & drinke it wth y^e rest, or also it will dry, wth the y^e rest, & by downe, for you will vomit wth y^e rest; this will helpe you wth y^e rest out doubt, for it hath often bene proved.

For an ague: hang this subscribed about your neck, but noe body must looke on it but hee.

that writes it.

Before the gates of Ierusalem coming on a fountaine & saw Iesus Christ say to a doctor, wth y^e rest of an ague, Iesus answered him, wth y^e rest & drinke

it, his oull ague boomy dismissed ye sayd I
before his Lord Jesus, hat my power gals, hys
wouds about him the oull ague got or told may
not just from; so it dem as then past do find,
hand merry, upon no clouds, & deliver me o
Lord from advers call oull in the name of
our Lord Jesus against Amen.

For an ach or Stitch.

Take a pound of black soap, ²/₃ or lower handfulls
of sulder or pigeons dung, yolkes of eggs,
linseed, fonyguske seed, of eare 2 or 3 cumms,
boyle all these in rosch milke, & make a plaster
thereof; then take raw, raw fish, alexanders,
of eare 2 or 3 handfulls, bruis them & make
a plaster & lay it to the place where the ach or
stitch is.

For bruised stones

Take mallows, raleworts, of eare a like mure,
soak them, then bruis them, & doe away the water,
& put the powder in a pan, & put thereto barley
flower, & the yolke of an egge, & fry them toge-
ther, & make a plaster, & lay it thereto.

For a black or blew face wth a blow.

Take comber, & distill it, & not the place thereto
the space of an ymer, doe it with a reash, &
let the water be warme.

To stanch the bleeding of a wound.

Take a handfull of got fowls dung, bind it fast
to the wound, the space of 2 days & 2 nights. proceed.

To stanch bleeding at the nose.

eggs ready (Consumatum est) written in the
fowls head of the pty, & bleed mth of same blood, stanch it.

To take away the burning caused by gunpowder.

Take gony, black soap, of eare, gals a pound, two

oumbes of bay salt beaten to powder, boyle all alike,
then put it in a faire pot or box, & when you
use it, lay it on a linnen cleath, & apply it to the
place ouering & morninge.

For a payne or heate in the back.

Take Sanders & rose leaues, lay them in rose
water a royle night, then wash your back therewith,
it taketh away the paine, yeate, & comforteth, & rest
must, the sores.

For weakenes in the back.

Take a best of mutton, & boyle it in milke, &
put therein a good quantity of royle anagall
blossoms, & when the mutton is soden drinke
the milke, & eate the mutton, not gawing eate
any thing before that day.

For a sore breast

Take a penny worth of royle roperoff, gale a pint
of royle wine, scote, the wine, then put it into a
pot, & put the roperoff to it, and annoynt the
sore therewith euery ouering & morninge.

For choped hands.

Boate the royle of an egge, & mixe it wth the
pouder of mastick, & annoynt the wounds therewith.

For a consumption.

Take the gindor part of a bore pig, wth y^e stens
reano strayed, put it into a pot, wth 2 gallons
of running water, let it boyle a good space, then
put in (when it is strimed) a handfull of ^{reary} ~~the~~ royle
of rose mary, as must, hyme, let them also boyle
again a good time wth a pound of royle & a
pound of pruned, gale a pound of dates small
rub, & strained into a linnen cleath, & let the date
be tender, then gind them in some of the liquor,
& strain it into the pot, then take a handfull of the

pit of an oxen hath purged & washed, then take
 the pit in some of the piggs bristles, then cut the
 skinne of the pit, & fraime it into the rest, & let
 the rest be finished herewith, & let all boyle together,
 then pour all into a colinder, & after through
 a strainer, then take a quantity of sanders finely
 beaten, & a few cloves & mace, to amounte the last,
 & let all stand alike together, then fraime it
 through a fine linnen cleath, & drinde thereof
 evening & morning, as ye stomach will beare it.

For the colick & stone

Take solerow, deuils tongue, politory of the wall,
 of eare, a gaudfull, mingle the herbs in sundry, &
 frye all in fresh butter, then put all in a linnen bag,
 & lay it to the greife as hot as you can suffer it,
 & it will put the paine from that place, & when
 you feele it remoued, apply the liquor to, & it will
 in short time drine it quite away.

To heale a cut or greene wound.

Take spermy, turpentine as an egge, & beat it
 well with the yolkes of two egges, then lay it on
 lint, & daily dresse the wound, & it will cure it.

To heale a cut or bruise.

Take herbs graue, ^{leaves} plantain, oxeye, gembert,
 valerian, tuftan, ragwort, gratia dei, mallorob,
 of eare, a great gaudfull, then take 6 pounde of
 scoops tallow, wax, rosin, of eare 4 pounde,
 & also a pound of turpentine, drinke the herbs,
 & put all into a great pot, & let it boyle, straine
 it often, & if it rise up, take it of least
 it run ouer, then set it on againe, & do it
 3 or 4 times until it be well too, then straine it
 through a course cleath, & when it is all most
 cold, make it up into roulets or cakes, & you
 may booke it 2 or 3 yeares very good.

A water to heale all wounds
in a short time.

Take a pound or as much, as you please of new
yellow wax, melt it, then put it into a pan or
diss, wherein must be chaunselly, mastardoll,
or white wine, then take it out of the wine &
melt it againe, then percoler it againe upon the
same wine, doinge 4 or 7 times; then take the
same wax, & melt it in the fire, & mixe it wth
a handfull of bris finely beaten to dust, more
percoler it together, & put it into a rooked mettal
viall of glass, wth distillors rill, a bagg of clay, lay it
wth to the midst of the word, & let it distill first
wth a little fire, for the space of 8 houers, then
after make y^e fire greater, & at last very great,
after the oven & all is red againe, you shall take
the water out of the receiver, & percoler it into a
viall well stopp'd wth wax & close cloath, soe
that it neither take vent, nor stand neere the fire
or fire; for it is of so fine a substance, that it
woud flye & immediately raine. You must not
moyster the wound wth this water, & bind a cloath
there upon, steeped in the same water; It is also
good for y^e French smorre, And if this water be well
& naturally distilled the second time, it is of so
fine & piercing a substance, that it will pierce
through the palme of your hand in a moment.

For the cough or tick.

Boyle pennyroyall in milke & a poore of strooke
butter, & put it through a ring wth a quill.

For the cough of the longes.

Take 3 pints of running water, take a pound of
Portugall sugar, 9 figgs, anniseeds & liquorice beuf-
ed, of each liquorice a spoonfull, anniseeds but
take a spoonfull, a handfull of resin of the

Summe, & cleane washed & stomed, a penny worth of
mayden haire, wth a quantity of ʒijss, & saltfoot,
boyle all together, till palse or more be consumed,
then straine it through a fine cloath, & take every
morninge two spoonfulls like warme.

To put away the crampe.

Take fingeres imbed betwixsome lye tooke, rising to
bed, especially upon lye tooke small most, & lye fin-
gers are most frosted.

For deafenes.

Take good suet, & put it into lye eares.

To bring any quick thing out of y^e eares.

Take a white lode get out of lye eare, & breake
it in lye midst, & apply it to lye eare.

For ~~breaking~~ the flowers.

Take a pottle of sea water, a pottle of white wine
a pint of bay salt, 3 handfulls of rom-lobe, boyle
them all in a new earthen pot, to lye palse, then
take it of, & sit close over it covered close wth
cloath round about, upon it it rade, & take it a
gaine, & so goe to bed, & pour your selfe warme,
& lye flowers will breake.

To breake the flowers.

Take a gallon of water from lye spring, a
pound of refined stone, 3 ounces of liquorice
& cleane it, & take out lye yite, 3 fennell rootes,
that grow not borne seed, & take out lye yite,
3 aliramsand roots, if they be small, if great
but one, & fill it, & take out lye yite, then take
palse a pint of barley, & boyle all together, till
it be consumed to a quart, & drinke thereof
every morning & evening 8 spoonfulls at a
time being warme, as yet as you can not drinke it.

To stay the flowers.

Take 3 pint of red wine, a lib of ʒijss will of pomgra-
nate, wth 4 of lye flowers, sinomon, sugar candy, palse
a handfull of red rose leaved, wth some seed, boyle lye

all together until they come to a quart.

For the bloody flux.

Take two poundes of berries, bruis & strain
them into milk, wth 2 or 3 scoops of ripe pears,
& a quantity of rymon powder, & boyle all to-
gether making it thirde lile pears, & strain it,
& lay it to the graife.

A pultis for the hot goute.

Take the masse of gale, wth it towards the sunne
spread it small, & boyle it in fronger ale grounde,
then take it wth rypate meale, until it be thirde
to make a plaster, & lay it to the quyns as yet
as you can suffer it, & use it, & you shall find ease.

To make white hands.

Take sparrows dunge, mixed wth warme water,
& wash ther wth; or take the rootes of nettles put
in the same water.

For the Jaundies.

Take solidony one pound, liquore a quartor of a
pound, a gallon of water, steam & bruis the li-
quore well, & scope all together to a pottle, and
drinke there of fasting.

For the black jaundies.

Take spayles wth dried & dryed to powder, & a spoon
full at a time ^{drinke} in ale, & be wth ten bayes
together, surely for black jaundies.

A gargarisme for falling of the Tuola.

Take the rootes of sage, wood budy & plantan
distilled, of each a like quantity, boyle them wth
some perry, & strain it cleane, & put into it a little
brint alone, to give it a relife, & if you will, mixe
a little syrop of mulberies wth it, & upon you
made gargarize ther wth all red, All the eye
greenes ^{of} the flower de luce powder about
one more or threate is very good to keepe in
the palate, & to gelve the almonds of the threate.

To cleanse the Liver.

Take liver wort, garts tongue, of each a handfull,
Sfox, long wort, betony, penny royall, of each halfe a
handfull, alivampaine, Lemnell, parsley, of each one
roote, a vntly quantity, of amysed, & liquorice, a
handfull of rasins of the sunne, stoned, two dates
ruffs, boyle soft in 3 quartes of running water, to the
halfe, then straine it, & drinke a good quantity, like
warne morning & evening.

To the Liver that is wasted.

~~Take mallowes, & rote wort, softy from in faire
water, then drinke from & put away the water,
put the rotes in a pan, & put thereto barley flower,
& the yolke of an egge,~~

For the Liver that is wasted.

Take a gallon of running water, an ounce of liquo-
rice drisped, garts tongue, violet leaues, Pen-
tyllie, sowd, & onduw water.

To make lozings

Take halfe a pound of fine sugar, & melt it in
3 or 4 spoonfulls of rote water, a good handfull
of rosemary flower finely cut, boyle soft as
gigs as manus christi. And drawing fine sugar
from it then upon, as you doe manus christi.

Or you may take the blew leaues of violet flower,
& soft from instead of the rosemary; or also red
gilly flower, taking only the red, & cutting away
the roote; this is farre better, then the wyre.

For the morpore.

Take a penny worth of brimstone flower, & temper
it in a saucer of wine vinegar, untill you shall see
or proue no more brimstone, & in bed annoynt
your selfe therewith, for 2 or 3 nights together,
and this will cure you. probatur est.

To place the mother.

Take rosemary, myrtle, mallows, scold from in
white wine & water, & boyle the pot close, that
the breaste goe not out, wchile it is scolding, then
warme yo' selfe ready to goe to bed, & sit ouer it 5
nights together, then after 5 nights take a wash-
ing dish, & the powder of myrtle, masticke, labiam,
frankincense, & sit ouer the breaste therof, &
it shall establish & settle the mother againe.

To remooue the mother or spleene.

Take the worst dunge of a pig, fry it in
barrowe grease, or horse butter, spread it on a
cleare lye breading of one hand, rowning it wth
a cleare, & sit yo' fundament ouer it as hot as
you can suffer, doe this 3 times, & keepe your
selfe warme after it.

Or take wild sage, maydens gaite, sparrows
tongue, clay, drye them & make them of powder,
& use to drinke it in good ale or beere.

& water for a sore mouth.

Take a pottle of white wine, a quarter of a
pound of clarified gony, 2 ounces of white
popperisse, wth sage, rosemary, & woodbine lea-
ues, spread the perches small, & let it boyle
to the halfe, then straine it, & wth you will
use it, make it hot & wash your mouth therof.

A water for melancholy &
trembling of y heart.

Take of the flowers of rosemary, burrage,
& rootes of buglasse, of each a libe, of saffron
a drame, of the ginseng 4 ounces, of good white
wine well digested & cleared 2 pntls, mixe

leafe together, & let them stand 24 houres, but
put them in a glasse, & then bury the glasse body
in good dung for 15 dayes, then draw it out,
& distill according to art 2 or 3 times ouer, the
quantity to be administr'd is a draine.

For melancholy proceeding from the spleene.

Take a rooche take ^{fasting} in warme porridge a spoon
full of powder of time finely sear'd; twine
a rooche take 7 spoonfulls of parts tongue
water warm'd, wth a little sugar, take this
last a day, or two after the other, & you must
stay a day, betwixt the taking of the parts
tongue water. The parts tongue leaues must
be gathered that day the moone is ranged, be-
fore the sunne is set, & then distill them.

To restore comfort & nature.

Take a handfull of mallows, half a handfull of
mercury, by them wth a hand, & boyle them in 3
pintes of water, wth pinnis, wth mod, & a roche of irben
let them sooth till it be soft, then strain it from
the liquor, stamp it, & put to it a quantity of spar-
veris, & more, & let it boyle wth the roche, & eat
of the same.

For the greene sicknes.

Take a pottle of ale, sooth it, & strain it, then
put to it small rocks, partly rosted, parts tongue
linex wort, of each a handfull, liquorine & ann
seed of each 2 ounces, frome barley, brimston, red wax
wants, of each 2 handfulls; boyle all, till half the
ale be wasted, then strain it, & drinke of it in
the morning, & the after noon, alwayes fasting
2 houres after you please to take it.

Doctor Turners recipe for y^e plague.

Take yim ponnell, rabios, squimony, ponnery,
garky tongue, liver wort, botony, dragons, angs-
livo, sage, rosemary, rosmary, mayden hair,
sivralle, tormentill, burmoine, angention, roorn
wood, tardus conditub, red rose leaues, lay all
these in sowe a night in ranary wine.

For the piles.

Take treacle, & lay it upon a browne paper,
& soe lay it on the sore.

For the piles.

For a pin, web, or perle in y^e eye.

Grate white ginger on a red stone, & booke it wth
a little roperose, when you goe to bed put some
of it into yo^r eye wth a quill, when it gals some
lye a little, take ground iuy stamped & strained
wth best milke, & put 3 or 4 dropes into the eye
euening & morning, after the ginger gals,
boone in the eye gals an yoner.

To remouue y^e web or spots in y^e eyes.

Take stork gilliflower leaues, dayly roots, of
oary, gals a handfull, a spoonefull of bay salt
boate the root together, & lay it upon both the
eyelids, draw a leaue or some cloth, &
doe it 2 or 3 night when you goe to bed. This
is Doctor Turners. prabatu est.

For the paulucy.

Take rosmary, sage, yowls maulm, of oary,
a handfull, ranomils flowers 3 handfulls, &
wth salt oyle make an oyle for use, as you make
oyle of roses, & annoint the patient.

A water for to skinne the priny
place, if it be gone.

Take a quart of springe water, violet leaues,
columbin leaues, violets leaues, valerian,

Take rose leaues, if you can, of all together as many
as you can giue in ye hand, broat them small,
e put therein a spoonfull of yong, the waigt of
12 of aristologia, boyle all together, till 3 parts
be consumed, e warme it upon you also it.

An especial oymnt to annoynt y
small pox, when they be full come out.

Take a pottnet of scalding water from the fier, e
set a dish wth spoons oaking butter upon it to melt
from hence the butter into a basin of faire cold
water, e red, take of the uppermost of the butter
wth a spoon, e put it into a faire dish againe, e
melt e use it as before 3 times; then put up
cloose of the butter into a gally, pot or glasse,
e upon you use it, take a little in a saucer, and
melt it as before, soe that it come not neere the
fier, e wth a feather annoynt the places very
often both day e night, that the scabs may neuer
be dry, e soe long as any wounde ariseth any more
annoynt the places, let not the ply come neere
any fier wth y^e face, nor take any ayre, but keepe
your face that y^e face may alwayes be warme,
untill all the daunger be past.

For running of the heimes.

Take a penny wth of nutants, the libe of Dates
6 yolkes of eggs, a good quantity of clay, fry all
these in fress butter untill they be well
dried, e make rollops or
buttered bread, e take 3 or 4 of them warme.

For weakness of y^e reimes of y^e back.

Take romney, clay, noope, an angel, of oats a
like quantity, the y^e of an oset barb, boyle these
in running water, the y^e being cut small,
put therein a little sugar vandy to sweeten it.

For a fistula.

Take greens the y^e of an ounce, mercury sub
limed a quarter of an ounce, good allome an ounce,

a quart of running water, scald together
till all be dissolved, & keepe it in a glass for y^e use.

For the same.

Take running water, allome, treacle, gony, gony-
purple, sweet leaved, wild sage & bark, all put to-
gether, & strained, & wth a silver pipe spouts of
boyl'd water to the wound.

A plaster for a fistula.

Take rosin turpentine, wax, of each 3 ounces, bea-
worts y^e greater a quarter of a pound, frankincense
take an ounce dissolved, set it on a soft fire,
& make thereof plaster, & pleges, & apply it.

For all swellings.

Take groundsell, ejilliment, dayseed, umbarda, pet-
timorale, smilke & stamens from, & set from over
the fire, till from boyle well, & as yet as you
can suffer lay it to the sore: probatur.

For swelling.

Take water muske very small, & put from into
the best of white wine, & put thereto a handful
of roscaron branno, & of each fallow, from scald
all together until it be hard, from make a
plaster & lay it to the swelling, but let it first
stand to roole & settle 24 hours.

Or take the ingre of marle, alias night-
shade, & the seed of an got possit well beaten
together, make a plaster thereof & lay it to the swelling.

For an ach or swelling in y^e knees.

Take rose & lowage, & stamp from together wth
gony, from fry from, & lay the plaster warme there-
to, & it will cure you.

For those that sweat too much.

Take limesalt & letive, stamp it together, & lay it
to y^e forehead; use it till it cures you.

For the Stomack.

Take rums wood, red roset, rums of bread, wine

pingor, boyle it on a rasping Dye of rosb, then
put it in a bag, & lay it to yo^e stomack, and no
doubt but it will cure you.

For Salve for all Sores.

Take a pint of a galbe of oyle olive, a pint of tur
pentine, a pint of an galbe of redam a quarter
of a pound of sunnyside wax, galbe a pound of
freese tallow, 2 handfulls or raywort, 2 of plan
tan, & 2 of oxime, cut the yerbos small, boyle all
together, softly, & alwaye stirring it, until it be
well mingled, then take it of, & straine it through
a stronge rannab cloath.

To draw wood or iron out of the flesh.

Take salerian, & tie it with a linnen cloath to the
flesh, wherein it wood or iron, & it will draw it forth.

For a straine with a dry cough.

Take 4 spo, ympernell, pomyroyall, 2 spoines
of fasson, 2 or 3 spoies of liquorice, a handfull of
frasiob, boyle all together with some niolob, lettice,
& beets, & make it in posset ale, & drinke of
it first and last.

An especiall and approved water called
Aqua-composita, for a surfet, or for
a colde stomack.

Take a handfull of rosemary, a good roote of
alirampant, a handfull of floy, a handfull of sage
galbe a handfull of timo, 6 or 7 rasps of root
margoreme, liquorice, aniseed, of oare & sumer,
gaut tongue, ventury, pore pound, of oare a hand
full, red mint, pomyroyall, not a handfull of
oare, cut & bring the yerbos in sundor, take
out the pite of the alirampant, & stire the roote
put all in a brass pot with 3 gallons of stronge
ale, & one gallon of rime-libe, cover the pot
close & let it stand all night; then set it on the

fire, till it begins to boyle, then take it of, & set ye
 limbeck upon the pot, & stop it close wth y^e past, the
 foots of the limbeck must be fit for the mouth of
 the pot, & the pot not too full, least it make the
 aqua compacta looke thicke, & the limbeck must
 be kept wth cold water upon the top, wth a tempe-
 rate fire under, & when it begins to draw 6
 p^{er} fulls, cast that away, & the rest is best &
 strongest, & let it runne, so longe as it continueth
 in one strength, when it weaveth weaker, take
 the first away, & set another glasse under, & let
 it runne, so longe as it runneth cleere, nex
 weaveth weaker, then the former, when it weaveth
 take another glasse, & let it runne so longe as
 it ran; & when you will make more, put the last
 into the still againe: you must take good heed upon
 the change it, that the oyle be not the limbeck.

To cleanse an old sore.

Take bilbeck, ray root, & if you can, the rind of
 spoons oaken leaues, of each a pound full, boyle
 them in a quart of white wine, & a quart of
 water, & put therein as much of an ounce of
 allome, boyle it to the halfe, then straine it, &
 wth the mass the same be wth y^e wth, & wet lint therein,
 & lay it upon the sore twice a day.

For a fresh sore or wound.

Take an ounce of oyle of roset, an ounce of tur-
 pentine, & a little verdigrise, then waige as much
 as will make a plaster, & lay it to upon.

For a sore that will not heale.

Take rosbaxale, wth wine vinegar, of each a like
 quantity, wet a fine linnen cleath therein, lay it
 on the sore, till it is faire, then apply some oyle
 plaster thereto, that will heale it.

For the squinny in the throat.

Make the didder tooth, of tops of century, made in water,
 mixe it wth gny, & make a plaster, & apply it.

A drinke for the stone.

Take a vassell of white wine, & strained
 to a good draught, put a spoonfull of white sage,
 & a spoonfull of white stone.

Or take the middle rind of a young tree,
 stamped, & strained, & lay it out into a little white
 wine, warmed, & drinke it, & it will dissolve the stone.

Or take a handfull of gilly berries, sodden
 in a pint of good ale, to the galls, then strain
 it, & put thereto a little butter, & drinke 5 or 6
 spoonfulls thereof at a time.

For the tooth ach.

Take iij berries well sodden in vinegar, or white
 wine, & lay the liquor hot in y^e mouth, till it
 be red, & then spit out, & the tooth
 will be eased.

To keepe the teeth from rotting.

Small gold in the mouth, & under the tongue, in the
 morning, will it be melted to water, & the tooth
 will be preserved, & the mouth
 will be sweet.

To make your teeth white.

For a sore throte.

Take the rashes of pollitory of spaine, wash them
 in wine, & boyle the rashes a handfull of
 sage, & a spoonfull of gony in clear wine, &
 take one spoonfull of it at a time.

For a vomit.

Take the powder of the roots of pollitory of spaine,
 & put it in a figge, or refine, & eat it.

To breake the wind in the belly.

Take of the seeds of romaine, fennell, anniseed,
 of each a like quantity beaten to powder, & sodden
 in wine, & drinke a good draught thereof,
 first & last, for 4 or 5 dayes together, very good.

For running of y^e water.

Take a penny worth of white allome, most of
 sage, & rosemary, molten in wine, & drinke
 thereof.

² painfulls, peny 2 spoonfulls, boyle these in running water, till they be soft, then strain it into a cleane vessel, & use it wth a syringe.

For these that cannot hold their water.
Take a moults head, wth you make powder thereof, & drinke it all at one time, & it is a perfect & infailable remedy.

For a weak body, & water of a capon.
Cut good lye floss of a rozen, taking cleane away the skinn, & all the fat; then wash it well in cleane water, then add to you some of violets, of burraze, & bugles of each an ounce & a halfe, & some of roset an ounce, wash you 6 in number, mixt all together, & distill it according to art, & take a spoonfull of that distillation often in comfortable breath.

A speciall water for sore eyes.
Take a gallon of faire running water, put it into a faire earthen pot, or pan, put thereto some musk w^{ch} is so pure as an egge, & cover it, & let it stand a night, heat the w^{ch} may melt, then strain it wth a collyer, & pour all the rest of the water into an other faire vessel, excepting the ground, then put a pint of white rose water thereto, & put it in glasses, & set it in the sunne, for space of a month, then cleane it through a faire linnen cloath, & use it.

To cleere the eye sight.
Take the water of red pimper, as much of the iuyce of some, as much of rosemary w^{ch} is long & thin together, put of both in the eye at evening, & take some of the water & some of the iuyce of glyme, & make of it w^{ch} is a plaster thereof, & lay it about the eye all night, & on the morrow wash you well wth cleane & cleane water.

For bloodshot eyes, or blemished sight.
Take the yme of partridge troppes, the white
of an egge, mixe them together, then take rotten
& wet it with wine, & lay it to the eyes. p: 29.



To make Conserues, preserues, oyles,
Syrropes, purges & many
other usefull things.

Conserues.

To make Conserue of Linneces.

Take fine great quince, pare & core them,
to 8 pound of them take 2 gallon of water
when the water is blood warme put into it
the whites of 2 egges, beaten, & straine them
in the water, then put 8 pound of sugar
to them it, & when it doth boyle, take it off,
& let it unnt through a poore of white
linsey, then set it over the fire againe, &
skime it as longe as any dole arise, then
put in your quince, & let them boyle untill
they be so tender, that you may straine the
Liquor & all through a good fine poore of
sannet, then boyle it againe till it be so
thicke that it will stand on a box or dish, &
not stink there to when it is cold, but some
rebound away, if it will not doe so, boyle it
longer; & you must skime it continually.

To conferue Greene walnatts.

Take greene walnatts, upon they be as big, as
a date, cut from longe wayd a funder, then set
them on the fire wth sugar in a pot, but from
boyle tender, then take them in a platter, & make
your Syrops Spub. Take red, or white wine &
put into it 2 ounces of rhyomen powder, the powder
of ~~myrrour~~ ^{& amys} ~~spices~~, if carey galls an ounce, fandy
nitro flower, of each 2 ounces, draw them all bying
a funder, then put them into a pot, & set it on the
fire, & let it wth boyle, then put them into a faire
possetle, & some from wth lye wth good for the
iachures, merrow, & especially for y^e palues
taking one of them every day wth your heart.

To make conferue of barberries.

Take y^e barberries cleane, & put them into a you
hor pot, & stop it close, then put heat pot into a
braise pot, or bottle, filled wth wth water, & let it
boyle 2 or 3 persons, till the barberries be tender,
then let them be red, & frame them, then boyle
the pulp upon a quire fire till it be as thick
as marmelade, then adding fine sugar in
powder, broaten it, according to y^e liking, the
sugar must boyle very little, because of the royle.

To make conferue of roses,
or any flowers.

Take red rosb buds, also the miltost of, stamp
them small, take to each pound of flower, three
pounds of sugar, finely broaten, mixe all wth
tagetox; And in like manner take the buds,
or fine flower-leaves of any flower.

To make conferue of rosemary flowers.

Take every ounce of rosemary flower, take 2 ounces
of sugar, & some rhyomen, beat from small tagetox
& put it into a glass & mixe it & set it in the sunne,
upon it is most got, & let it stand 3 or 4 weekes.

To preserve barberries

Take faine bunches of barberries, or none at all, with out the stons, w^{ch} a needle, to every galles pound, take a pound & a halfe of sugar, faine & beaten to powder, & melt y^e sugar wth a quarter of a pint of rose water, & melted take it from the fire, & upon it it galles wth, put in your barberries, & mixe all well, then boyle it wth a quind fire, alwayes regarding the colour, that they be not over boyle, least they be black, then put the out of y^e pan wth force into a basin, & put the wth.

To preserve cherries.

Take a quarter of a pint of rose water, a pound of sugar, boyle these, & straine it, until it be cleare, & let it coole, then put thereto a pound & a quarter of cherries, boyle it wth a quind fire, until it be firm, as a jelly, & straine it continually, then take it of, least it loose the colour.

To preserve quinces.

Take quinces as soon as you can after they be gathered, take the yelowest & smallest about the ronne, waigh out 6 pounds, & put them in a brass pan, wth the stalks and downeward for close as one may stand by an oxe, then put to them 6 pounds of fine sugar in powder, & a quart of rose water, or faine roddint water, boyle it wth a quind fire, that the quinces may be tender before the fyre so fyre upon they may be tender, you may some tyme abate the fyre, & turne it as it riseth, but beware not the quinces, & turne the often, least they grow black by lying still.

To preserve damsons, or other pines.

Take a better sort liquor, & wth sugar make the same fyre, & put them into a pound of damsons, boyle them wth a very soft fire, 3 or 4 porses, and straine them continually.

To make red marmelade.

Have e row your quinces, e put them into red wa-
ter, e to every pound of quinces, take some many pound
of sugar; first put the sugar in water, e make it
into syrop, e when it is cold put in the quinces
soe that the syrop cover the quinces, e 2 imges
over, then cover it, e let it boyle as fast as it
is possible, till they be very red e tender, e the
liquor be somewhat first, then straine it
into a ston mortar, e after boyle it till it come
to a marmelade, straining it alwayes, then box
it up: in this manner you may make mar-
melade of pears, or any other fruit.

To make white marmelade.

Take up e yellow quince, scald them in water
wth a gentle fire, till they be tender, then take
them up e let them cool e pare them, e take
the pulpe fine pulpe of the quince, e for every
pound a pound of sugar fine, e finely beaten
to powder, boyle wth ye pulpe as fast as mar-
melade, then put in your sugar, e let it but
melt, e soe boxe it up.

To make the dry marmelade,
of peaches.

Have peaches, e cut them from the stone, e
mince the finely, e lay them in steepe in cold
water, then straine them wth the water through
a rouse cloath, into the pan you will scald the
in; to claime 2 pound of peaches take one
pound of sugar finely, beaten, put some
of it into the pan, but keepe the rest to moult
wth; then set on the pan, e stime it till it be thick
e a stick will stand upright, then lay it in a
diss, in lumps, when it is cold, moult it about
wth the best of the sugar, e print the, e take
them on many paimes, e scald the wth fire it.

To dresse peaches whole.

Take 2 pound of sugar, w^{ch} as much water as is necessary for the syrup, & clarify the same w^{ch} the whites of two eggs, break the sugar in powder, & put all in the pan, let it boyle on a quick fire; when it is skummed & cleane, put in the peaches, & let it boyle to the firmness of a Syrop, if you will, put in 6 spoonfulls or more of red water, then take up the peaches, & put the into faire water, potts, or any other for they be skummed.

To dresse oranges.

Take the greatest oranges, pare them from the top & quarter them in the top, & take out the meate let them be in water 48 hours, & change the water 3 times a day, then pare them from in faire water 3 times, & let the water still scold, before you put them in, & take to every 3 oranges a pound of sugar, & to every pound of sugar a pint of water, & a pint or two over at all, then put the water into the pan & break them in 2 or 3 whites of eggs, and scald them together till they be on a froath, then set on the pan, & put in the sugar broken in small powder, & let it scold w^{ch} a quick fire, & when it boyleth, skum it cleane, & put in the oranges, let them scold a good while, then take them up, & straine the Syrop, & set it on the fire againe, & put in a good quantity of red water, & let it scold a good space, then put in the oranges againe, & let them scold till they be tender, & the Syrop as thick as you will give it, & when it is cold, put it up in potts.

To dreffe plumes blew or yellow.

Take the plumes dry, to euery pound take
3 quarters of a pound of sugar, in powder take
the plumes & rings from one by one wth a
linen cloth, & lay them in ye pan, of each
& cast sugar on them, the sugar throughly mixt
toe, set the pan on the fire, wth open they beginne
to broake, turne them, & stime them cleane,
let them stoke on a quire fire, wth open they be
more wth any, it will be hard to the spoon, then
take them of, & stime them as longe as any
is soft, & wth you see them broaken or part
enroabed, take a cloth & take of them wth a
needle they be waxed, & wth open they be almost
toe, put them in potts, & pine papers, & lay
them ouer them.

To make all manner of confections.

Take any kind of seeds, or ginger, cinnamon, or
orange pills or any other seeds minced in small
peeces, & put any kind of seeds into a grate
pan, wth 2 eares, then take sugar, & clarify it,
boiling it, till it will runne betweene your
fingers, then take the pan of seeds, pausing
in readines a table wth a hole in the midst,
& a pinne in the hole, then fill the table wth
hot sugar, & let one hole it ouer the pan of seeds,
& draw the pinne in the hole a little, so that
the sugar may runne out as small as a thread,
at it runneth, take the pan wth seeds ouer
the fire, at you would wth some, & so wth take
it till it be dry, & good, & take another pan
table full of sugar, doe wth it as before, till
they be as big as you would wth them, & if the
seeds in the beginning were together, mix them

in sunder wth your hands; To colour spage, take
 a quarter of a pound of brasil, sande lignis,
 & 10 lime stone, rinquompe, & lay them in water,
 till they be quantized, then let the water settle,
 & take of the clearest spage, & put the bra-
 sil therein, & boyle it, then rase it, & put
 thereof to your sugar, wth you will have coloured.

To make ginger bread.

Take a pound of sugar, an ounce & a halfe of
 rymon, 2 ounces of ginger, a spoonfull of annis
 seeds, as many fennel seed, beat them all into
 powder, then take a quarter of a pound of
 almonds blanched, beat them in a mortar, &
 put therein 2 or 3 spoonfulls of the powder afore
 sayd, & some of the almonds beaten, & beat the
 together till they be stiffe like paste, then moule
 some of the powder, & spread it abroad in rales,
 as thinn as you can, & so put them upon
 y^e moule, then cut them wth your knife, & as
 you make y^e rales, put on powder enough,
 that they sticke not to the moule, then pull
 them off from the moule, & lay them to dry.

To make sugar plate of quinces,
 roses, violets, or what else.

Take quinces, wash them, & cut them in small
 peeces, & put them in paper baggs, & so dry
 them in an oven, till they will beate to pow-
 der; And thus you may make powder of roses,
 violets, or what you list to have y^e plate
 to taste of: then take the afore sayd powder
 or any of these powders, & put thereto a little
 of the powder of the quins, called dragagan,
 w^{ch} must be layd in water all night, the
 powder of the quinces, & y^e sugar must be

beaten, & beate generally, & the gumme put
to the gumme powder beaten, & the sugar to
them, as you beate them, & when it is done
you may make it in plates, print the
them, & if you will have them taste of muske,
put a dramme into the water when you
stirre the gumme.

To make good bisket.

Take a pound of fine flower twice boulded,
a pound of fine sugar finely beaten, then take
a faire boulded, or bafen, & breake them in
12 new layd eggs, keeping forth only 6 of the
white, soaks the eggs well together, then
put in the flower, & sugar, stirring it till
with a flat stick, & by stirring, work into
the same stuffe 2 ounces of ammass, &
as much roriander seed, & well mixed, put
of the same into moulds, amoyning them
before wth smoothe butter, then put them in
to the oven, w^{ch} must be not rather, then
for mangel, as the bisket should, print
it wth a great pinne, w^{ch} you may get in
the end of a witty longe stick, you may
if you please put into it 2 or 3 spoonefulls
of rose water, or less, as you like.

To make short sweete cakes.

Take fine ryeat flower, & put it in an earthen
pot close stopp'd, & bake it in an oven, then
soaking it brings a fine scumme, the flower
will after as much baking as a confectionary,
then take clouted cream, or smoothe butter, &
sugar, cloves, mace, saffron, yolkes of eggs,
put all into the cream, & temper them, then
put to the flower, & for make ye cakes, the
heat will be short, therefore make the like &
lay paper over them.

To make artificial balme.

Take the iuyve of pinyrons, put it in an
 egge shell, let it over the pot embroxi, boyle
 the iuyve, & straine it cleane, till it be redde
 & cleare, then put it into a faine pear, & put
 thereto a quart of oyle of bayes, & set it over
 the fire, & put thereto powder of frankincense
 myrror, mastike, & olibanum, of each an ounce,
 carduograsse 2 dramms, then set the oyle
 on the fire, till it bee warme, & then put
 thereto the powders, & straine them well to
 gether, till they be dissolved, then straine
 it, & put it in venter bottles.

To make syrope of violets.

Take a pint of water of violet leaved distil-
 led, a pound & a quarter of sugar, boyle it
 longer than ordinary syrope, then put of the
 finest leaved of the violet, straine & straine
 them, & take y^e y^e a pint of it, & put into
 the former, let boyle it, & straine it about, let it
 not boyle, put it in glasses, not yet, & when
 it is cold stoppe them.

To make syrope of roses.

Take a quart of damaske rose water, & put
 therein as many damaske rose leaved as the
 venter will containe, put both into a venter
 pot, then into an earthen, or brass pot of water,
 let them stand very hot all day, but not boyle,
 the next day, take the roses out, & mixing them
 into the liquor, & put in fresh leaved, five dayes
 together, as before, lastly, boyle this liquor to the
 thickness of a syrope, w^{ch} sugar, a pound & a quar-
 ter of sugar to every pint of liquor.

To make Syrope of Endiue.

Take a pint of the iuyce of endiue, clarifie it,
 & boyle it wth 3 quarters of a pound of white sugar,
 on a soft fier, to the thirtieth of a Syrope.

To make Syrope of Saffron.

Take endiue water, & a quantity of saffron fine
 ly beaten, to color it, & color it by a night, then straine
 it, & straine it, then straine it againe, wth sugar
 to the thirtieth of a Syrope.

To make Syrope of worme wood.

Take fine white worme wood, 6 ounces, rose
 leaues dried, 2 ounces, white nard, 3 dram^s,
 of the iuyce of quince, a quart, of old white
 wine, a quart, of ~~the~~ briske the rose
 leaues, white nard, & worme wood, & straine
 them in the wine, wth the iuyce for the space
 of 24 houres in a marble vessel, or in a calke
 on yot, straine it to the yells on a soft fier, &
 so straine it, then put thereto a pint of a
 yells, or a quart of good cony, & straine it a
 gaine to the thirtieth of a Syrope; you may take
 sugar in stead of cony, if you please.

To make Syrope of rosemary flowers.

Take distilled water of rosemary flowers
 cleane giued, boyle it on the fier, then straine
 then put in sugar, & boyle it to a Syrope.

To make Syrope of tyme.

Take the roppes of 2 ounces of tyme, dry rula
 mynt, & mynt, of each 5 dram^s, amy seed,
 fennell seed, parsley seed, dauen seed, of each
 yells an ounce, great rosin^e stone, 4 ounces
 & a yells, straine all in six pint of water, till y^e
 rosin^e be sold on, after put in the yells, & straine
 the seeds, & straine it to the yells, then straine it, &
 put the liquor on againe, & put to it 2 pound of
 cony, or sugar, & straine it to the thirtieth of a Syrope.

To make Syrop of mynts.

Take a pint of the iuyce of mynts, a quarter of
the iuyce of sweet pomegranates, & a quart of
the iuyce of meane pomegranates, that is 60
brasons. Sweete & bitter, & a pound & a halfe of
sugar, & scald together to the thicke of a Syrop.

To make Syrope of the rines
of oranges & Limons.

Take a pound of the iuyce of oranges, or
limons, when they be new & fresh, & put them
into 5 pints of faine running water, scald it
to 3 pints, then straine it, & mixe a pound of
sugar scald it to the thickenesse of a Syrop, & when
you take it from the fire put to it 4 graines
of muske. This Syrop strengtheneth the sto-
mack, braine, & heart, if the disease proceed
of cold, it also maketh a sweet breath;
So doe the iuyces of oranges & limons made
into conserues, if the bitterness be first taken away.

To make a dish of cleere ichey.

Take radishes foot, an old roole, a knurle of
weale, or a hie, w^{ch} of herbs you please; &
set it on the fire in a pelt, & straine it that
no fat be left behind, & you let it boyle a
while, then take out the weale, & put in ye
turne fall; when it is boyled enough, you shall
know by putting a little of it into a saucer,
& if it stand, take out the turne fall, & put in
a good deale of yemen, a rayb of ginger &
a nutmeg, all well brui'd, & 12 whites of egs,
w^{ch} good flow of sugar, 6 whites of egs, beaten
the Syrop be as white as snow, & let the pot
stand on a gentle fire, & straine it of the whites of egs,
& rest them away, then put all into a
bag, & put it through as often as you please, till it
be faine & cleane, then distill it, & send it up.

To make white jelly. or of other colours.

Take calves foot, staid lye, & mass lye in 3 several waters, then lye & take out the bones & fat, then lay lye in water a night, & lift from lye lye put lye into a net wth a bundle of wool lye & the bones take out, boyle lye in 2 gallons of water, lye put in a quart of white wine, & let it boyle till past be consumed, straine it wth a colander, lye let it runne throug your jelly bag, lye put it into a faire earthen pot season it wth nutmegs bruilde, sliced ginger, brinde & cinnamon, & a little salt, lye let it boyle a ragaine or 2, lye take the whites of 8 eggs, or 10, & put lye in wth it softly, lye let it runne throug a jelly bag softly, 2 or 3 times, if you will give it of amber colour, put in a little saffron before ye eggs, if you will give it red. put in clarret wine, & turasay, if you will give of all lye put in one, & let it coole & set of all lye a day.

To make Jelly of harts horne.

Take 3 pale pint of fine running water, pale a pint of white wine 2 ounces of galls, galls strained, let it boyle softly in a pottle close covered, till it come to a pint, lye straine it, & put to it a little sliced ginger, & cinnamon sliced, lye next day take of the top, & leave the bottom, & put it in a pottle, & put to it fine sugar, & a top of sweet marrow, pale a spoonfull of red rose water, a little wine of limon, & orange, & strain it a little more, lye put it throug a jelly bag, wth a little rosbay spring, in the bottom of the bag. Give jelly, it to be eaten cold; but for the more speedy remedy of a consumption melt lye wth jelly againe, and drinke it something warme.

To make aqua vita.

Take 3 quarters of a pound of liquorice galls
a pound of amyssode, boyled, infuse in ale
in a gallon of wine all night, the next day distill
it in a limbeck, this is aqua vita.

Or take 4 gallons of strong ale, a pound
of liquorice, a mug of amyssode, a pottle of wine
lyob, sage, yfop, yew wood, of each 3 handfuls, rose
mary, tymo, fennell, of each 2 handfuls, galls a
handfull of galls to grow, leauds, & a great root
of aliramsans, & so distill upon in a limbeck.

To make stronge aqua vita.

Take galls to grow, liver wort, red ment, balme,
yew wood, organon, brown fennell, rose mary,
fennell, of each a handful, angelica & quarter
of a handful, amyssode a pound & a quarter
liquorice a pound cut & well bruised, infuse all
these in 8 gallons of strong ale & let it stand
12 hours, straining it often about, then distill it
in a limbeck, the first pottle will be very stronge
& you may have almost a pottle of the second,
but that will be a great deal smaller.

To make aqua composita.

Take 4 gallons of strong ale, amyssode, liquo-
rice, of each galls a pound, sugar 3 penny worth,
galls to grow, & aliramsans roots, of each a hand-
full, myrtle, fennell, harts, pennyroyall, yfop,
sage, rosemary, tymo, wormwood, mug wort, of
each a handful, boate 3 pines, & shew the galls
lightly, & infuse upon in the ale 24 hours, stir-
ring it often, then put all into a limbeck, & let
it heat not your pot out, keepe a temperate fire
till the limbeck beginneth to warme, then keepe
your fire low, & when it beginneth to drop
upon keepe the limbeck moyst wth a wet cloth,
& keepe alwayse cold water in the top.

To make balme water.

Take worme wood, politory of the well, squimong,
 raddnut bendixbut, balme, angelico, roasfins of y^e
 sumer, stoned, of each a handful; liquorice, amy
 ston, of each a quarter of a pound a quantity
 of tamarisk, & mayson faint mife all these in
 2 gallons of stronge ale, upon Distill it, and
 draw out of it a quart of the best water.

To make worme wood water.

Take 2 gallons & a galls of stronge ale, liquer
 ice stoned & bruised, amy ston sifted & bruised of
 each galls a pound, 2 great handfuls of the best
 of worme wood, put all into the ale, & let it stand
 24 hours, stirring it often, & stopping it close,
 upon Distill it in a limbeck, & draw out a gallon
 of water, upon put to the water an ounce of
 rymon, bruised, 2 ounces of nutmeggs, galls
 an ounce of great mace, a mure of ginger
 all well bruised, & soe let them stand upon Dis-
 till till you have a gallon of water in the mure
 distill on a soft fire, & soe perfume it.

To make Ipecacas water.

Take 8 ounces of ^{fine} rymon powder, clove, nut-
 meggs, of each an ounce, 2 ounces of ginger, &
 mace of grains, all made into fine powder,
 put all into 5 quartes of cleare wine, & let it in-
 fuse 3 or 4 dayes, stirring it often; upon put all
 into a stillatory, & distill it with a soft fire, but
 take heed you shall not ye stiffe too day, but keepe
 it moist, from burning too; take out all the
 residu & strain it into a cleare basin, & set
 it on a wafering dish of rolob, putting ab mure
 sugar into it, as you call for the good, upon strain
 it till it be ab light ab towle, & is it good for
 a cold stomach; & the yome of yowd of dryd well is
 good for a powder of rymon.

To make rosa solis a principall restaura
^{tion}

Take the perle rosa solis at morn'g ab with fill
 a pottle pot, in must be gathered in June or
 July, you must not touch it wth yo^r hands, but
 take it by the stiel, & it will come wth yo^r roots,
 nor wash it, for then the leaues will rotte,
 & part of the dead leaues: this perle grows
 in low meadows, & marish ground; put to
 this quantity a pottle of aqua vite in to a large
 vessel, & let it stand close stopp'd 3 dayes, & 3
 night, at the least, then strain it, into a glass
 or pewter pot, put to it then a pound of sugar
 small beehon, & galbe a pound of liquorice, boath
 small, into fine powder, galbe a pound of dates
 stoned, & put in small peeces, mixe all together
 & stop the glass close; drinke of this at night
 to bed ward galbe a spoonfull, wth ale, and
 at morn'g in the morninge fasting, for then
 it not the weakest body, in the world that takes
 nature or strength, or that it cast into a consump
 tion, but this will restore him againe, & will
 him to be stronge & lusty, & to have a mira
 culous hungry stomack, & very shortly, if he
 use this 3 times together he shall feele great
 comfort, & as he feeleth him selfe he may use it.

To make amiseed water.

Take 12 gallons of aqua vite, 3 pound of
 amiseed, galbe a pound of liquorice, a pound
 of Dates, 2 pound of refined of the sunne, scrape
 the 24 perles, then draw ^{down} 12 gallons liquor out,
 & then you shall perceive it to mune wth it (if
 you will doe lesse, take accordinge to the quan
 tity you desire) & then take 7 pound of wth it

sugar, & put it to 7 gallons of liquer, in
a mallet, & stabe them well together, & let it
stand 4 dayes, & then you may drinke it.

*Aqua mirabilis et preciosa
of wonderful vertue.*

Take galinall, cleuod, quibibo, ginger, melle
lot, & cardimex, mace, nutmegg, of each a
draine, galbe a pint of the ingr of solidor,
mingle all these together, & make a powder
of them wth the sayd ingr, & a pint of good
aquavite, & 2 pints of rosite wine; put all
these into a stillitory of glass, & let it stand
all night, then distill it on as easy a fire as
+ an vessels bee made.

The vertues of this water.

- 1 It dissolue the swelling of the lunges, & opens
the lunges & purges, & poures it gently.
- 2 It will not suffer the blood to putrify, nor
shall you ever need to be let blood if you but
use this water.
- 3 It takes a way the peate burning.
- 4 It preserveth from melancholy.
- 5 It confoundeth floame, so that it shall not
gaine dominion over nature.
- 6 It excolleth veins.
- 7 It purgeth the stomack.
- 8 It preserveth youth in its owne state.
- 9 It ingendereth a good colour, and preserveth
the visage.
- 10 It preserveth the memory.
- 11 It destroyeth the saluety in the limbes & tongue.
- 12 It releaseth either man or woman laboring
towards death, if you give them but one spoonfull.
Of all waters artificiall it is the best, & in summer
the one spoonfull in a week fasting: in winter two.

Doctor Stevens water.

Take a gallon of Castoyne wine, ginger, of
 romon, nutmegs, cloves, grains of amissed,
 fennell seed, tarraway seed, of each a drams, fenn
 tube sage, myrtle, red rosb, time, solitery, rose
 mary, white time, rammile, lavender, of each a
 handful, bray the herbs & spices, & put all in
 the wine, & let it steepe for 7 months, stirring
 it often, then still it in a limbeck, & keepe the
 first water by it selfe, for it is the best; & keepe
 the second, it is good, but not like the first.

The vertues of this water.

- | | |
|---|----|
| It comforteth the vitall spirits. | 1 |
| It helpeth inward ill inward diseases that
proceed from cold. | 2 |
| It helpeth the taking of the palsy. | 3 |
| It useth the contraction of the palsy. | 4 |
| It helpeth women to conception & aw barren
or fruitlesse. | 5 |
| It useth the worms in the belly. | 6 |
| It helpeth the cold cough. | 7 |
| It helpeth the cough. | 8 |
| It comforteth much the stomach. | 9 |
| It useth the cold dropsy. | 10 |
| It helpeth the falling of the breast. | 11 |
| It preserveth from in good liking, that
useth it sometimes, & not often. | 12 |
| It preserveth youth. | 13 |

Mixe this water Doctor Stevenss prepared
 from selfe, until you reach for it, that you reach
 neither good nor ill, but lay had this 5 years,
 it is much better standing in the sun all summer.

The Water of Life.

Take balme leane & shaltes, burnot leane &
 flemox, rosemary, red sage, & sage, tarragon,

turmarick leaues & rootes, rose blis leaues,
 red roses, carnations, tymo, the stringes, that
 grow upon sawey, red samole leaues, red mynt
 rootes, of each a pintfull; put all these herbs
 in a glazed earthen pot, & put soe much water
 vnder it will couer them, & let them steame
 in 8 or 9 dayes; then take rhymer, sugar
 nutmeggs, of each an ounce, of cloues & saffron
 a little, great red root, ginger of each a pound,
 Dates false a pound, the ginde part of an
 old rony, a good fleshy, running raxon, the
 red fleshy wth the sinewes of a leg of mutton,
 4 yenny pigeons, 12 lardes, the yelkes of 12
 eggs, a loafe of white bread cut in peeces,
 mustard or bastards, soe much as shall distill
 these stringes at one time in a limbeck, & put
 to it matridatum 2 or 3 ounces, soe much per
 fort towards, & distill it wth a temperate fire,
 & keepe the first water by it selfe, & the second
 also, & reason there wth noe water, that is
 strange, put more wine vpon the stiffe, & distill
 till it againe, & you shall haue another good
 water; you must keepe yo^r water in a double
 glasse.

The vertues of this water.

- 1 It is restorative to y^e principall members.
- 2 It defende against y^e pestilentiall diseases.
- 3 It cureth the palsy.
- 4 It cureth the dropsy.
- 5 It helpeth the palenes.
- 6 It cureth both black & yellow jaundies.
- 8 Cureth the wormes.
- 9 Expelleth an ague.
- 10 Cureth the mottings.
- 11 Cureth the pestilentiall taint.
- 12 Expelleth melancholy.

- 13 Stronglyent & spirits, & strings of the brains.
 14 Pollocus for peart.
 15 Comfort for stomack.
 16 Stronglyent for liver.
 17 A spoonfull 2 or 3 by it selfe, or in ale
 18 beere or wine & sugar & elsy digestion
 19 breath & wind, stopp the laste, & bindelgnot.

To make Aurum potable.

Take rosa solis, & distill it till you have a pottle
 of the water, then take a quart of it, & let it
 be infused wth more of rosa solis, & a quarter
 of a pound of sugar candy, small beaton, two
 shilber of liquirine swayed well, & trimmings
 7 dates stoned, a gaine full of rose leaved stoned
 wth a pint of manhoods or mustard, let it
 stand all together in a glass or pewter pot
 48 hours, stoned stoned for 4 days, & the ayre
 can get out, & distill it; so done, take your
 stopp out of the rosa solis water, & use it
 in all points as you did the first, if you will
 have more of it; this last stilling must
 be in a stillatory of glass, it will last 3 or 4
 years if it be stoned close.
 It is good against great Consumptions.

To make worme wood wine to drinke.

Take small wine, or Rensell wine washed, put
 thereto 2 kind of worme wood, speare myrtle, a
 sort of rooke, if it is almost yellowe, same stoned, &
 the pitte taken out, & stoned, put all in to the
 wine, & if it stand a day or more before you
 drinke it, it will be better; this is to be drinke
 3 glasses before you take any breaf.

To make honey of roses.

Take honey & steele it well, & stime it cleane,

Put cleane picked white pepper in small peece,
wthout boundes, or knobbe, scate the till the
colour of the poy be browne, & slenderly of the
white, & it is good, & then it is done. you may
keepe it 5 yeares. It is comfortable, & may
be given to keepe heat and moderated by softnes.

To clarify honey.

Take poy, bray the musk water, boyle from
softly, diligently stirring it, till palse be con-
sumed, & as it is boyling, put in the many whites
of egges, as you clarify poynt of poy, then
straine it through a linnen cleath, w^{ch} till it is
got, then boyle it againe to a convenient thicknes.

To clarify sugar.

Take a pound of sugar, & a pint of water, &
scate from on a soft fire in a latyne or copper
basin, then to every pound of sugar to be
clarified take the whites of 2 egges, wth a
litle quantity of water, & a small bundle of
rosemary twiggos, w^{ch} must be beaten to a
fine wth a soft fire till palse be consumed,
& turned into a foam, w^{ch} must be put into a
pot w^{ch} remain the sugar & water boyle, cast in
also the egges beaten wth your hand, &
let them scate on a soft fire till the third part
be consumed, then straine it, & having made
it not cleane, boyle it againe, unto the third
part almost of a peece, for w^{ch} w^{ch} it w^{ch}
about your finger like bird lime, it is enough,
but if you clarify sugar, w^{ch} you intend
to boyle or put other things, then let it not
boyle to the third part after it is strained, be-
fore you put in those things, w^{ch} are w^{ch}
for a medecine, or for any other w^{ch}
w^{ch} w^{ch} w^{ch}.

To make Pomillian

Take poplar buds, 2 pounds, lead 4 pounds,
beate them fine together, upon let it
rot 3 weekes, after ward put them to
the leaues of poppy, madrake, bramble,
myrt, faine, plantain, madam, lottine, burdock,
violet, of each 2 ounce, & beate these
herbes wth the about sayd, & boyle it
well, wth a pint of raphie wine, untill
the wine & the ingre of the herbes be
consumed, then straine it, & let it stand
untill it be wth; & preserve it for
your own best use.

To make Manus Christi.

Take sugar finely beaten, & put it in a
skellet wth rose water, & let it boyle, stirring
it, & in the boyleing put in the white of an
egge well beaten, & straine it as longe as
any ainside, wthen it becometh to cleare, put
in more finely beaten to powder, & after good
stirring it still, untill it be very white, & so drye
it: it will abide upon what you lay it on.

A plaster called Gratia Dei.

Take 2^o ingre of botony, romaine, imper
noll, of each a pound weight, wth wth most wth
a pound, refine galls a pound, persimone bark in
bouse of each 3 ounce, small powder of cat-
phemia galls a pound, probet p^{er}cept taller
galls a pound, of bastard a pint, boyle ^{from} till
it be thick, then straine it, boyle it againe wth
3 ounce of oyle olive, & all the powder about
sayd, boyle it softly galls a quarter of an ounce,

Upon cast it into a pewter Dish or basin,
till it be red, upon take it out, & woule it
up in lather or xarement, & booke it for
your use. It is good for wounds, rittes or
for stabbes, or any such like.

To make mel quorum, or quod melk.
good to comfort & cleyse y^e stomach.

Take 10 pound of well clarified pony, a pound
of lye dryest of roset, put upon in a vessel,
upon lyeo, beginne to boyle put in 4 pound
of roset small bread, & boyle all untill y^e
myte be consumed, & strain it very well.

To make oyle of Exceter.

Take a pound of rose hipe flowers, in lye meane
of may, stamp upon in oyle oliv, at mury
at will send upon, & see let upon stand in a
pot untill lye middle of June, upon take
Salumnt, gerbe Jogn, fago, spinney, wearme
wood, red ambrole, fownd, politory, reliden,
rom, red roset, Soutger wood, lavender, rosemary,
runcmild, politory of Capaine, fownd lauge,
lge flowers of lilius, stamp upon together, see
small at you can, upon take lge flowers about
sayd, & wringe upon out of lge oyle, & put lge
myte into lge oyle gerbe & grand from all
together, & put upon in white wine, & straye
upon 24 hours, upon set upon on lge fire in
a pan, & boyle from till all lge water be
boyled out of lge wine & gerbe, w^{ch} a soft
fire; upon take a spoonfull, & if lge be too
water in lge spoon, if it boyled enough, upon
strain it in a glasse or pewter pot, for now
oyle vessel will hold it; it will last 3 or 4 years;
It is good for y^e palsy, & gout: in lge summer an
noyne y^e halfe by lge summer, in lge winter by y^e fire.

To make oyle of cloves.

Take a pound of the best powder of cloves, put to it 3 pound of almond starch, & beaten, mixe the well together, then sprinkle on each pound an ounce of white wine, letting it lie in a mass together for the space of 8 dayes, putting it in an earthen pan, not sooke for longe, until you cannot get your hand through then put it into square bags, & wringe hard, until all the white substance of the oyle be come forth.

The vertues of oyle of Cloves.

- 1 It reviveth the spirits very much.
- 2 Thrusts away melancholly.
- 3 It taketh all the vertues of a balsome.
- 4 It heales frost, and green wounds.
- 5 It stayeth issuing of blood, & matter out of a wound.
- 6 It comforteth the naturall parts with in.
- 7 It purgeth melancholly blood.
- 8 It comforteth the heart.
- 9 It reviveth & cleareth the head, & especially helpeth the eyes, & the sight of the head.
- 10 It helpeth the weakness of the sight.

To make oyle of anniseeds.

Take halfe a pound of anniseeds, bray the grosse, & put for many water thereto as will cover them, & after percolate into a copper receivable, then set on the fire low, or good closed tub, in the night about, not standing & to continue 3 or 4 dayes, then distill it with a soft fire, so that the water by not the oyle passeth to ~~the~~ ^{very} cold, & then the oyle shall fall into the receiver, until it be to gatheron like camphire: then take all in a cleare glass the water will run through, but not the oyle, & it will be in a cleare menther glass set in a snow or hot place.

To make a Purge.

Take the middle rind of a night apple, sooke
it in ale a night in the morning drinke a
good draught of the ale.

Another Purge.

Take the rooke of Mechoacan, boake it into
fine powder, & take thereof a drame & a halfe
& drinke it in 4 or 5 spoonfulls of sack, some
times in the morning, then possibly drinke
a good draught of sack after it, & possibly it
will make you purge easily.

A gentle Purgation.

Take a quart of clarified rye, put therein
a great handful of pearts tongue, as much of
maydon paine, a quantity of linor weed, violet
leaves, burrage, of each, a great handful,
barbernes, seed, of each, 2 ounces, boyle
all to lesse than halfe by much, & to drinke
it fasting 3 morninge together, wine or hie
in the yeare.

To purge with ale.

Take a spoonfull of Bastile sope, put
thereto as much sugar sandy, & boyle it in
a pint of malmsey, put a quart of butter
in to it, & after it fully boyled, straine it
& drinke it milke warme, halfe of it in
the morning fasting, & the other halfe at night.

An excellent good purge.

Take very good Cramony (not being red,
not ones tongue will become milke) boake it
to very fine powder, not will be done togeth-
er if you annoynt the end of the nostrill
wth a drop or 2 of any sweet oyle, as al-
mond, nutt, or Pallet oyle, upon waigg out

10 grains of spirit fine powder, & mixt a knife
 upon a plate incorporate it wth the quantity of
 two mill mag^s of conformed of barboricid, Doe
 spirit oute night, w^{hen} you will take it in the
 morninge, that the conformed may bite & rox
 wth the better, in the morninge take it wth
 taking warme breack 2 or 3 p^{er}son after
 as in other purgation, it will worke safely
 upon the same p^{er}son.

If you had rather p^{er}son it in a potion,
 then after the conformed p^{er}son biten it 10 or 12
 p^{er}son, dissolve it in 2 or 3 p^{er}sonfulls of white
 wine, or red water, or ronten water, straining
 it well, & p^{er}soning it of clove, spirit will
 tast like sugar & the ingre of liquor is wth
 red water, & will worke at well, as the other,
 only in regard, that some of the p^{er}son
 will remaigne behind, & come not into the
 cleare liquor, you may, increase the quantity
 of straining 3 or 4 grains, & take it 13 or
 14, w^{hen} in the former you took but 10.

If you had rather take it in a pill,
 then take parts an ounce of straining finely
 powdered, & drop 3, 4, or 5 drops of oyle
 of vitrioll upon it, strain & incorporate it to
 gether wth a wooden spatula, till it come
 into a masse of pills; if 3, 4, or 5 drops be
 not enough, take more, but be sure to take
 as little as you neede must, for the oyle
 of vitrioll will make it to grow continually
 softer, & will overmaster it too much, if
 the masse of pills, you may take 13 or 14
 grains, at one time in 2 little pills.

To make Gunne powder.

Take for a tryall a pound of salt peter, & a pound of brimstone, & half a pound of rolo, made of rolo wort stalkes, or pure burnt rolo of fine willow: if you will make it fine quickly, dry it first, then put them all together, & pounde them wth aqua vite, or wine, & good vinegar, till it be very moist, that you are about to make it into balles, then take a moale fine, & put it in, mooneye it too & fro over a faire cleafe, & that will fall together in round, then dry it, & so shall you make good powder, or so few you may strow it, forward it upon a broad lying in the sunne, beinge got, that is very good, & in the summer the best time to make it in.

To make Lute.

Take of the best & finest calke, to w^{ch} add the droffe of iron, brought to fine powder, & the tention weightest assed, ground flax, & gorse dunge, & mixe these by art together.

A Gargle.

Take brought wort, bramble buds, plantain leaues, red rose leaues, of each a handfull, floss, oxymore, rosemary, sage, of each a handfull, soles these in 2 quartes, & half a pinte of water, to a quart, then straine it & put to it 4 spoonefulls of honey, & boyle it well aynewe: gargle wth it often, warme, that is good for a sore throte.

A pleasant water for linen.

Take 2 pounde of spike, ab many rose leaues,

a pound of roftmary, galts a pound of man
 lin, galts a pound of balme, 2 handfuls of
 pomegreall, 4 sunrod of maro, a quartor of
 a pound of arras, lay all these in cleard
 wine, & put it into a pot close stopp'd, for
 the space of 24 houres, & at the space of
 your limbeck pour a fine limon cleafe, into
 w^{ch}. put a graine of muske, & amber greene,
 & rubings w^{ch} lot the water dropp't, you may
 also put into ye pot the powder of bayle.

For a staine in cloathes.

Take the water againe lavender cotton is
 good on; leie take away any spot or staine
 in cleafe, or cloath, or other thinge, if the
 stained place be muddie the w^{ch}. probata est.

A receipt to make the weagon salve

Take y^e fatt of a het Beare, killed in y^e time
 of his Brownst in the winter & oiled thereof.

Take y^e fatt of a wild Beare killed in the
 brownst & oiled thereof. These 2 fatts must
 be melted together, upon a Soale fire softly,
 and being melted pour the same fatt upon
 cleane water, then y^e dropp't thereof will fall to
 y^e bottome, and y^e water will swimme on y^e top
 of y^e water, take y^e same and dry it w^{ch} a cleane
 cloath, the other thes fatts shalbe y^e better to
 be used. Take raine wormes which come
 out of y^e ground after a shower of raine,
 either in Aprile or in May at y^e new moon,
 dry them in the sunne, then beat them to
 powder, & oiled thereof.

Take bluestone

Take Bloudstone, beaten small to powder
 & ounce thereof. Take 3 ounces of red sanders
 the reddest thereof; Take Ironite or Kings
 hearth, the leane thereof beaten small to powder
 one ounce. Take the mofe of a dead mans
 skull, beaten to powder, $\frac{1}{2}$ ounce all these are
 to be weighed according to the order before, and
 mingled together, then take $\frac{1}{2}$ salt and sett them
 upon a scale fyre, and let them melt softly being
 melted together then strew the powder upon $\frac{1}{2}$ salt
 and stir them together and lett it be cold and
 be putt into some box, made of mettell and then
 you shall have a strang and wonderfull salve wth will
 mend decay $\frac{1}{2}$ older it is the better it is to be used.
 If any man will heale wth this Salve, hee must
 take $\frac{1}{2}$ weapon, and putt it into $\frac{1}{2}$ wound, and
 make the same flesh to bleed and if it be a
 thrust, then annoynt the weapon from $\frac{1}{2}$ point
 toward the handle; If it be a blow, annoynt from
 $\frac{1}{2}$ Edge to the Backe of the same and then bind
 the weapon very carefully, that noe dust come
 unto it and bind it, in such sorte $\frac{1}{2}$ salve be
 not rubbed off; and being annoynted and bound
 upp in silken linnen, lett $\frac{1}{2}$ weapon be layd
 whether two hott nor too cold and att any hand
 bind new linnen about $\frac{1}{2}$ weapon, $\frac{1}{2}$ hath not
 bene used about a womans Body and when a man
 doth annoynt $\frac{1}{2}$ weapon, hee must not accompany
 any woman, if hee doo, hee must neither annoynt
 the weapon, nor come next the same; and if
 the wound be dangerous then lay the point of $\frac{1}{2}$
 weapon

weapon against the rising of ^{the} sume and amoynt ^{of} some
~~one~~ cure in 4 or 6 dayes, not thick nor too thinn^e and
 bind ^{the} weapon wth some new linnen cloth, or else some
th hath shot scint yf^e about a womans body. If a man
 will know whether there be danger of death in a man
 wounded; Take Sandell and Bloudstone and strew it on ^{the}
 weapon and the weapon will heat, if it smelt water,
 then it is a signe of death, if the sweat be red like
 bloud, then there is no danger, but a signe of healing
^{of} wounded must keepe a good dyett, both for eating
 & drinking, and keepe not company wth women, and the
 wound must be washed wth a man's ly^e 2 or 3 tymes
 a day wth a feather to wash out ^{the} corrupted matter, and
 then dip in a running water wth a peece of linnen cloth
 and wring out ^{the} water and lay the same linnen
 cloth upon the wound wth out putting in of any tent
 to ^{the} wound but it muste so drape; (by Gods helpe) and it shall
 be whole in 14 dayes wth out putting the party wounded
 to death paine smart or swelling. If the party wounded
 chaunce to misorder his body and thereby ^{the} wound to rage, and
 grow fyre, then take ^{the} leaved of blacke bramble bryer, put
 them in vinegar wth a little Allome and boyle them together
 and then bynd upon the aforesaid linnen cloth wth layed on
 the wound, and the party hurt shall finde ease presently
 of his smart or paine. If a man be shot wth a Bullett
 and can gett bullett thereof the same in other
 weapon or if that ^{the} bullett be putt out of the
 body, then amoynt the knife or instrument so farre
 as the same hath betw^e in the wound and by
 Gods helpe, it shall both helpe and heale; if the
 bullett be not to be had, then take ^{the} powder
 wherewith the powder was putt into ^{the} peece and
 amoynt it upwardes 2 or 3 tymes very well,
 and

And then putt it often into y^e Gunne that
yt may bee well annoynted wth, and bind
yt as aforesayd, then take y^e Gunne and an-
noynt it on y^e outside along, as far as y^e bullet
went into y^e place where it lay, and then bind
it as aforesayd.

If a man bee hurt, and another man run
away wth y^e weapon; then forme a piece of wood
like y^e weapon, then renew y^e wound wth y^e same
wooden weapon that it bleed, then wipe off
the blood, and annoynt y^e same aforesaid
and by Gods helpe it will heale any hurt.

In the same manner may a man heale any
old hurt or soare lett them bee of what
kind soever if they bee open soares, I praye
the old soare wth an instrument made of wood
untill y^e blood come then use the sayd
instrument as aforesaid.

To stay blood, take y^e Masse of a dead
Mans head or skull and lay yt upon
the wound y^e bleed and it will stay
bleeding presently. It is good to doe so
before yo^u annoynt y^e weapon, and the
parted hurt must ^{not} haue y^e weapon untill
hee bee whole and sound for if hee doe
meddle wth the weapon hee will fynd much
paynt and smart.

Tho: Styles Lth Author

An Alphabetical Index of all
the Receiptes contained in
this little Volume.



A C H.

- For an Ach. 1. 5. 7. 8. 21. 98. 100. 124. 127.
141. 142. 147. 159. 191.
A punctions oymment for all Aches. 1. 4.
For all invurable Aches. 7.
For Ach in the gums. 6.
For Ach in the good. 3. 6. 157.
For the good Ach heat continuos. 77. 78. 84.
For any Ach of the good except y^e pop. 77.
For the good Ach in an ague. 149.
For ure or swelling in the foote. 146.
For Ach in y^e foote by traailing. 134.
For Ach or swelling in the knees. 137. 170.
For Ach regard not swelling ib. 3.
For Ach in the stomack. 20.
For Ach of the tooth. 1. 2. 3. 5. 94. 157.
158. 173.

A G O.

For one in the Agony of Death. 190.

A G V.

For an Ague. 10. 115. 133. 148. 149. 158. 192.

A G V.

For a burninge Ague. 11. 130.

For the Ague in the breast. 10.

For the Ague by floame 135.

For a longe Ague. 11.

For the essentiall Ague. 11.

For a quartane Ague. 148.

For a tertian Ague. 100. 146.

For the speaking Ague. 9. 158.

^{A N T.}
For the Ulcerous flux. 49.

^{A P O.}
For all Abscesses in the eares. 49.

^{A P P.}
To procure an Appetite. 8. 112.

^{A R T.}
For a paine or gardnes of Arteries. 142.

B A C.

For sores in the Back. 160.

For paynes in the Back. 13. 4. 82. 160.

For weaknes in the Back. 160.

^{B E L.}
For gnawing in the Belly. 145.

For paynes in the Belly. 13. 135.

^{B I T.}
For Biting of a mad dog. 151.

For Biting of any venomous beast. 14. 15.

For all Bittings wth venomous beasts or mad

Dogges. 48.

For Bitinge of snakes or vipers. 15. 117. 141.

^{B L A.}
For a black or blew face wth a blew. 159.

B L E.

- To stauing Bleeding at the nose. 159.
To stauing Bleeding in any place, but
the nose. 13.
To stauing Bleeding of a wound. 159.

~~B L O~~ B L O

- To stauing Blood. 12. 15. 16. 101. 102.
103. 115. 117.
To stauing the Menstrual Blood. 134.
For the preservation of the Blood. 190.
For the loss of the Blood. 13. 107. 122. 138.

B o

B O D.

- For griefs of the Body. 19.
Against all evils of the Body. 17.
To rule & purge the Body. 17. 18.
For a rotten Body. 20.
For weakness of the Body. 17.

B O N.

- For broken Bones. 19.
To make putrified Bones fall away
in scabs. 20.

B O O.

- To keep Books from rotting. 20.

B O T. B O Y.

- For Batches or Boyles. 106. 131. 132.
To ripen & heal a Batch, Boyle or any
Sore. 16.
For a Boyle that is rotten & breaks not. 16.
To resolve a Batch, Boyle, or Swollen in
the beginning. 131.
For a Boyle in any part of the body. 48.

B R A.

- For the Braine. 20.
 Against Diffillation of the Braine. 78.
 For remotion of the Braine fixament of the. 80.
 To strengthen the Braine. 192.

B R E.

- For softness of Breath. 142.
 For a stinking Breath. 62. 192.

B R E

- For the Breast. 109.
 For a sore Breast. 12. 110. 111. 112. 160.
 For a lump in a woman's Breast. 111.
 For a gland of woman's Breasts after
 they be brought to bed. 110.
 For swelling in the Breast. 110.
 For a Cancer in the Breast. 22.
 For an Empystum in the Breast. 110.
 For a raw Breast. 112. 113.
 To cure a sore Breast, brought incurable. 20.
 To purge milk from the Breast. 104.

B R O.

- For one leg is broken. 53. 128. 137.

B R V.

- For a Bruise. 20. 21. 142. 147.
 For an outward Bruise. 20.
 For all manner of Bruises. 143.
 For a Bruise in the head. 82.
 For a Bruise in the leg. 114.
 To cure a Bruise. 161.
 For Bruised Stones. 159.

B V N.

For the Bunnings. 101.

B V R.

To cure a Burne. 21. 133. 134. 140. 141.

To cure a Burne, all young, wth Gun-powder.
48. 159.

C A N.

For a Canker, or, Hallow. 22. 48. 115. 126. 132.

133.

For all manner of Cankers. 4.

For a Canker in the body. 22.

For a Canker in the breast. 22.

For a Canker in the eye. 30.

For a Canker in the mouth or face. 22. 114.

For a Canker in an old sore. 22.

C A T.

For a Catarre. 106.

C H E.

For swelling in the Cheekes. 108.

To procure Cheerfulness. 45.

C h i.

For Chill bleanes. 26.

C H O.

For Cholter. 11.

C O D.

For swelling in the Coddles. 137. 143. 46.

C O L.

- For the Collick. 8. 23. 94. 95. 118. 119. 120.
 123. 124.
 For the mind Collick. 17. 23. 24.
 For the stone or wind Collick. 23. 24.
 For the Collick and stone. 161.
 For the Collick in the spleen or liver. 135.
 For a Cold or Cough. 25.

C O O.

- To Coole and purge the body. 17. 18.

C O N.

- For a Consumption 25. 160. 186. 193.

C O R.

- For Cornes in the foot. 49. 67.

C O S.

- For Costiveness. 26.

C O V.

- For a Cough. 24. 109. 110. 111. 115. 117.
 122. 162. 191.
 For an old Cough. 142.
 For a perilous Cough. 24.
 For a straine with a dry Cough. 171.
 For the Cough of the lungs. 162.
 C. R. A.
 To put away the Crampe. 163.

C V J.

For a Cut. 65. 66. 153. 161.
For all sort of Cuttes. 48.

D E A.

For Deafenes. 27. 28. 39. 96. 163.
To save out Dead floss. 26. 124.

D J E.

An excellent Diet dimbo. 26.

D J S.

For inward Diseases. 191.
Against pestilentiall Diseases. 192.
To ease Digestion. 28. 112. 193.
For Distillation of the Urine. 135.

D R O.

For the Dropsey. 27. 28. 100. 117. 120. 121.
133. 140. 144. 191. 192. 130.
For the wet Dropsey. 27.
For Droufines. 36.
For wet or cold Dropsey. 130.

D R V.

To annoy Drunkennes. 28.

E A R.

Pomdis for the Eares. 96. 97. vide Deafenes.

E A R.

- For all fistulas in the Ear. 49.
 For a noise or rumbling in the Ear. 27. 29.
 For payne in the Ear. 27.
 To bring any quicke being out of the Ear. 163.
 To kill a worme in the Ear. 49.

E M P.

- Emplastrum Jacobi. 153.
 Emplasters temperate. 152.

E M R.

- For the Emroids or piles. 32. 50. 51. 131. 138. 168.

E Y E.

- For all sores in the Eyes. 29.
 To take away from the Eyes any blood
 or redness. 30.
 For a Cancer in the Eye. 30.
 For sore Eyes. 30. 157. 174.
 For sore Eyes that burne out. 30. 31.
 For sore Eyes, inflam'd, or aguniticke
 with redde water that they cannot open. 49.
 For a redde sore in the Eye. 31.
 To loose black humors from the Eyes. 29.
 For black Bottom Eyes. 29. 30.
 For redde in the Eyes. 157.
 For an humor flowing to the eyes. 92.
 To remove spotted in the Eyes. 168.
 To close the Eye sight. 29. 30. 88. 90. 91.
 92. 300. 174.
 For dark Eyes. 88. 92.
 For a pinne, mob, or pocke in the Eye.
 31. 32. 88. 90. 91. 168.

E V E.

- For bleared Eyes. 30. 90.
 To quiten the Eye sight. 92.
 For payne in the Eyes. 93.
 For watry Eyes. 30. 31. 91. 93.
 For Eyes that are redde. 94. 95.

F A C.

- For a pimpled Face. 37.
 To take Rednes out of the Face. 101. 144.
 To take any blot or rednes of the Face. 30. 37.
 To take spotted out of the Face. 102.
 To make the face faire. 102.
 For the Face black & blow wth a blow. 159.
 To make a good colour in the Face. 100.
 145. 190.

F A L.

- For the Falling Sicknes. 34 ~~87~~ 94. 83. 85.

F A T.

- To make a lean body Fatte. 113.

F E A.

- For a burning Feauer. 32. 33. 130.
 For the spotted Feauer. 33.
 For a tertian Feauer. 100.

F E E.

- For breaking out or swelling of the Feete. 48.
 For any or swelled Feete. 140. 146.
 For any plors in the Feete or
 Gands. 117.

F F L.

For a Felton. 34. 99. 115. 144. 169. 170.
To resolve a Felton in the beginning. 131.

F J F

For C^t Antagonist Fier. 49.

F J S.

For a Fistula. 36. 87.

For a Fistula be it neuer so great. 48.

For all Fistulas in the ear. 49.

F L A.

For pagne in the Shank. 124.

F L E.

To break Fleame. 35. 59.

To consume Fleame. 34. 83. 84. 85. 94. 190.

To cause one to weede Fleame. 11. 35.
126. 147.

To ingorder Flesh. 104.

To cate out dead Flesh. 26. 124. 126.

To draw wood or iron out of the Flesh. 171.

For superfluous flessh betwixt the fingers. 49.

F L O.

To stay the Flowers of woman. 115. 163.

To break the Flowers. 163.

To provoke the Flowers. 8. 134. 137. 138. 140.

F L V.

To stay the Flux. 8. 118. 119. 145. 146.

For the bloody Flux. 35. 36. 120. 164.

To stay the Flux of urine. 136. 139. 140.
145. 146.

F O R.

For Forgetfulness. 36.

F R E.

For Freckles. 49.

F R V.

to make a woman Fruitfull. 130. 191.

G A N.

for the Gangrene plentifully applyed. 49.

G O M.

for the Gomery passion. 97.

G O V.

for the Goute. 37. 100. 105. 123. 127. 164. 196.

for all manner of Goutes. 126. 134.

for the Goute in the ioynts. 127.

for the cure or payne of the Goute. 1. 37.
114. 129. 94.

G R A.

for Grauell. 58.

G R E.

for the Greene sicknes. 40. 116. 167.

G V M.

for to gale eggs in the Gumes or lips. 123.

H A I.

to take away Haire. 38.

to make Haire grow againe neuer any more. 38.

H A N.

for the Hands that are ruffled. 160.

for inflamed Hands. 124.

for spotted Hands. 140.

to make the Hands white. 164.

for blisters in the Hands or feet. 117.

H E A.

^{page in}
For Age Head ~~arg.~~ 38. 80. 81. 82. 83. 84. 86.
96. 114. 115. 143. 157.

For Age Head arg. 3. 6. 7. 77. 84.

To loose Age Head. 197.

For Dazling of Age Head. 39.

For an old muoderate greife of Age Head. 79.

For paines of Age Head. 78.

To cure a sore Head. 39.

To draw Age Head. 39.

To purge Age Head. 38.

For a Bruiſe in Age Head. 82. 85.

For greife in Age Head gndring Sleepe. 79.

For a great Heate. 8. 99.

For Heate of Age bart. 14. 160.

For Age Hearinge. 39.

To comfort Age Heart. 193. 197.

For Age Heart burninge. 39. 190.

For trembling of Age Heart. 166.

For ſtraightnes at Age Heart w^{ch} is cold. 39.

For Pooling at Age Heart. 144.

H V M.

Against all ill Humours w^{ch} are ſcower
in Age Body. 112.

For all moyſt Humours. 157.

For an Age Humour in Age legge. 143.

J A V.

For Age Jaundies. 39. 40. 94.

J A V.

- For the black Jaundies. 39. 164.
For the yellow Jaundies. 39. 40. 94.
For both black & yellow Jaundies. 40. 192.

J M P.

- For an Impostume. 8. 11. 104. 106. 132. 126.
To cure an got Impostume. 150.
For all manner of Impostumes. 4.
To ripen an Impostume. 41.
To break an Impostume. 20. 41.
For an Impostume in the body. 41.
For an Impostume in the lungs & stomach. 41.
For Impostumes, proceeding of bruis^{es}. 48.
For an Impostume in the face. 23.

J N F.

- For an Inflammation. 117.
For Inflammations proceeding of bruis^{es}. 48.

J O Y.

- For the Joyntes. 126.
For payne in the Joyntes. 7.

J T C.

- For the Titch. 42. 134.
For Titch in the good. 78.
For all Itches in the good. 48.
For all Itches, although in the fundament. 49.
To kill the Titch in the leg. 151.

J V O.

- For the falling of the Testicles. 40. 121. 164.

K E R.

For Kernells in the Throats. 106.

K I B.
For Kibes. 26. 43.

K I N.
For the Kinges Quill. 48. 105. 106.

K N E.
For any or swelling in the Knees. 42. ^{141.} 137.

K N O.
For Knottes in the fless & arteries. 116.

L A B.

For a woman in labour & wants to proceed. 68.

L A M.
For one that is taken Lamme.

L A S.
For a Laske. 43. 44. 118. 119. 129. 135.
138. 193.

L E G.
For all manner of inflammations in the
Legges, Liuer, or Gands. 124.

For an yot tumour in the Legge. 143.

To take away rednes in the Legge. 144.

To cure an old sore Legge. 151.

To kill an itch in the Legge. 151.

For swelling in the Legges. 42.

For breaking out, or swelling of the Legges. 48.

For swelled legges proceedings of
dysentery. 48.

L E P

Co cure a Leper. 104.

L T G.

Co open the Lightes. 44.

L T C

Co kill Lice. 78. 84.

L T K

Co professe one in good Likeing. 191.

L T P.

Co heale woxes in y^e Ligges or gumes. 123.

L T T

How the Lithargy. 123.

L T V.

Co comfort the Liuer. 193.

Co cleanse the Liuer. 165.

How the Liuer is washed. 165.

Co golpe faulte in the Liuer. 28.

L O O.

Co make one Loose or Laxative. 61. 135. 149.

L O Y.

How payne in the Loynes. 82.

L O Z.

Co make Lozenges. 165.

L V N.

How one that is Lunitike. 85.

L V N.

How the Lunges that are poyssed. 190.

M A T.

For payne in the Matrix. 82. 133.

For dry ruine in the Matrix. 117.

M E A.

To raise the Meazles to some forty. 45.

M E G.

For the Megraime. 44. 78. 96.

M E L.

Against Melancholly. 80. 103. 113. 116.
166. 190. 192. 197.

To purge Melancholly blood. 197.

For Melancholly proceeding from the Spleene. 167.

M E M.

For swelling in the Members. 46. 137. 143.

To preserve the Memory. 190.

M E N.

To procure the Menstrues. 134. 137.
138. 140.

M I L.

To raise roo-mans Milke to increase. 110. 111.

For stopping in the Milt. 45.

M I R.

To raise Mirth & rejoynfullnes. 45.

M O R.

For the Morpheu. 45. 100. 101. 102. 165. 40.

M O T.

For the Mother. 134. 145. 166.

To remove the Mother or Spleene. 166.

To enlarge the Mother. 166.

M O V.

- For a sore Mouth. 121. 166.
To procure the Mouth sound. 103.
For Swallowing in the Mouth or tongue. 121.
For a great foet in the Mouth. 46.

M V R.

- For the Murry, or tongue. 24.

N A T.

- To restore Nature. 167.
To comfort the Naturall parts within. 197.
To stay the running of mans Nature. 139.

N A V.

- For the Naueil, to come out. 135.

N A V.

- For superfluous flesh growing
between the Nayles. 49.

N E C.

- For quicke in the Neck or good. 83.

N E R.

- To comfort the Nerves. 147.

N O S.

- For bleeding at the Nose. 12. 16.

O N C.

- For an Oncome. 46.
To assuage the swelling of an Oncome. 46.

O P P.

For Oppilations of the face. 11.

O X J.
The vertue of Oximell. 148.

P A L.

For the Paluesy. 50. 168. 190. 191. 192. 192.

For the dead Paluesy. 50.

For the Paluesy in the hands. 50.

P L E.

An excellent p^rformation in the Plague
time to keep it or expell it fro^m the house. 48.

P A Y.

For any Payne. 21.

For a Payne in the bart. 13. 14. 160.

For a great Payne in the bart. 13.

For Payne in the gums. 6.

For Payne in the ioynts. 7.

For Payne in the side. 62. 63.

P E R.

For a Perle, Linne, or mod in the eye. 31.
32. 88. 89. 90. 91. 168.

P E S.

For the Pestilence. 47. 48. 122. 192.

P I L.

For the Piles or Hemorrhoids. 50. 51. 131. 168.

P I M.

For a Pimpled face. 37.

P I N.

For a Pinne, in the eye. Vide perle.

P J P.

To open the Pipes, & break floame. 35.

P J S.

How to open that cannot Pisse. 133. 136.

To make one Pisse freely. 51.

How to open that Pisse in bed. 93. 136.

P L A.

How to cure Plague. 117. 122. 168.

A preservative against the Plague. 49.

How to cure Plague, & give the sign. 48.

A preservative & curative against the Plague. 46.

An excellent preservative in the Plague
time, to expell it from the pores. 49.

Plasters very temperate. 152.

P L V.

How a Pleurisy. 23. 121. 125. 141. 142.

P O X.

To raise the Pox to some forty. 45.

How to small Pox, when they be full out. 169.

To kill the Crimo Pox. 134.

P O Y.

How one that is Loysoned. 52.

P R T.

To skime the Trium plant, if it be gone. 168.

P V R.

To Purge & cool the body. 17. 18.

P V S.

How any Rush, or boyle, in any part
of the body. 48.

R I N.

for Rankling in an ague. 120.

R E I.

for payne in the Reines. 82. 123. 124.

for unning of the Reines. 55. 129. 169. 26.

for the stone in the Reines. 126. 133. 169.

to strengthen the Reines. 146.

for the Reines that are got. 118.

R E S.

A Restaurative. 125. 189. 192.

R H V.

for cold Rhume in the head. 122.

for Rhume in the eyes. 157.

for dry Rhume in the matrix. 117.

for the Rhume. 52. 53. 86. 107. 114. 122. 157. 190.

R I B.

to ease the payne in the Ribbes, Reines, & Spleene. 123.

R I C.

for the Rickets. 54.

R I N.

for a Ringe worme. 48. 132.

R O S.

the vertue of Rosemary. 55.

R V P.

for a Rupture. 53. 128. 137.

for a Rupture in the skull. 79. 83.

S A L.

To make a grooms Salve. 152.

S C A.

For Scabbes. 42. 48. 104. 132. 141. 143.

For all Scabbes in the head. 48.

For the popple Scabbe. 48.

For Scabbes in the head, & to kill the Thrushes. 78.

For a Scald. 21. 134.

S C T.

For the Sciatica. 61. 127. 143. 147.

S C V.

For a quife in the Scull. 79.

For the Ruyhus in the Scull, or the Surt. 79. 83.

S H T.

For the Shingles. 133.

S T D.

For the Side. 11.

For a payne in the Side. 62. 63. 125.

S T G.

To clear the Sight. 88. 90. 91. 92. 100. 174.

To quiten the Sight. 92.

For weaknes of the Sight. 197.

S T N.

For the paines of the Sinewes. 123.

For contraction of the Sinewes. 191.

For the Stricken Sinewes. 60. 150.

To strengthen the Sinewes. 8.

For a pinte in the Sinewes. 60.

S L E.

To provoke Sleepe. 60. 61. 101.

To make one slender. 61.

S O L.

To make one Soluble. 61. 135. 149.

S O R.

To cure all sorts of Sores. 20. 65. 171.

For a Sore that will not heal. 172.

To cure all Sores and quifols if they
bone be not gush. 48.

For old Sores. 87. 104. 126. 139. 151.

For rotten Sores. 87. 105. 117.

To break a Sore. 151.

For a Sore in the breast. 160.

For a Sore mouth. 165.

To get wood or iron out of a Sore. 66. 171.

For all Sores possible to be cured. 149.

For rantling of an ague Sore. 120.

To cleanse a Sore. 114. 172.

S P J.

For the vital Spirittes. 191.

To revive the Spirittes. 197.

To strengthen the Spirittes. 193.

S P E.

To recover the Speech lost by sickness. 85.

S P L.

For the Spleene. 45. 61. 101. 117. 123. 125. 140. 192.

To cleanse the Spleene. 61.

To remove the Spleene. 166.

S P O.

Co venemous Spotts from y^e eyes. 168.

S Q V.

For the Squinny. 59. 102. 106. 117. 172.

For all Sorts of Stabbes. 48.

Co Staunch y^e bleeding of a wound. 159.

Co staunch bleeding. vide bleeding; blood.

Against Sterrility of a woman. 130.

S T J.

For Stingeing. 15.

For Stingeing of wipers, shalob^h. 15. 117. 141.

S T O.

For Stopping in the Throat. 121.

For a Stitch. 63. 125. 142. 144. 159.

S T O.

For the Stomacke. 8. 109. 112. 120. 121.
147. 170. 190. 191. 193. 196.

For rodeness of the Stomack. 103. 113. 122. 171.

For y^e Stomack payne wth great burning. 58.

Co break flegme out of y^e Stomack. 59.

For ayre in the Stomack. 20.

For rodeness of the Stomack. 13.

For payne in the Stomack. 135.

Co Dissolve wind in the Stomack. 149.

For the Stone. 56. 57. 58. 119. 147. 173.

Co break the Stone. 57. 147.

S T O.

- to know if y^e Stone be in y^e bladder or wombe. 147.
 for the Stone in the wombe. 133.
 for the Stone in the bladder. 56.
 for swelling of y^e Stones or members. 46.
 for y^e Stones y^e aw^e briefed. 159.

for Stopping in the throat. 121.

S T R

- for a Straine wth a dry^e cough. 171.
 for the Strangury. 133.
 for Straitnes of winds. 62.

to make one lustye Stronger y^e is weak. 115.

S V R.

for a Surfet. 63. 171.

S W E.

- for one that Sweates much. 170. 192.
 for Swelling. 63. 88. 126. 132. 170. 95.
 for all Swelling wth a fever. 129. 143. 170.
 for Swelling in the throat. 137. 143.
 for any or Swelled glands or foot. 140. 146.
 for Swelling at the throat. 144.
 for Swelling in the glands. 133.
 for any or Swelling in y^e throat. 137. 141. 170.
 for Swelled legs wth proceedings
 of deafnes. 48. 171. 172.

T E E.

To keep the Teeth from rotting. 173.

For rotted Teeth. 64.

To fasten loose Teeth. 107.

To mitigate the pain of inflamed Teeth. 107.

To bring inflamed Teeth forth easily. 108. 123.

To make tooth aches 107.

For the Tooth-ach. 1. 2. 3. 5. 6. 7. 94. 105. 107.
109. 111. 112. 122. 127. 157. 158. 173.

For all manner of Tooth-ach. 1.

To make a Tooth fall out. 64.

T E T.

For a Tetter. 48. 63. 132. 134.

T H T.

To quench the Thirst. 114. 134.

For the pestilential Thirst. 192.

To draw a Thorne out of the flesh. 8.

T H R.

For any inflammation in the Throate. 117.

For a sore Throate. 108. 123. 173. 200.

To break a sore in the Throate. 108.

For a woman in travails, that wants to
throwes. 68.

For all Thrushes with ravens or dages. 48.

T J M.

For a Tingany. 64.

T J S.

For the Tifick. 64. 99. 121. 142. 162.

T O E.

For Superfluous floss, growings between
the fingers & Toes. 49.

T O N.

For Scurves in the Tongue or mouth. 121.

V A I.

For Reimbring of the Vaines. 60.

Co strengthon the Vaines. 8.

V E N.

For botches or sores raised by Venery. 48. 49.

Co draw forth Venome. 151.

For the cure of any Venomous thing. 48.

V F R.

For the disease called Vertigo. 80. 81. 197.

Co to preserve the Visage, or face. 190.

V I S.

Co comfort the Vitall spirits. 191.

V N G.

Unguentum farodi. 153.

V O M.

A Vomit. 173.

Co provoke vomiting. 121.

Against Vomiting. 107. 135.


W O V.

- A magic salve for a Wound. 65.
To soles & comfort a Wound. 65.
For a grievous Wound, or sore. 66.
To staunch the bleeding of a Wound. 159.
To heal all Wounds in a short time. 162.

Y A R.

- For tumours in the Yard. 49.
To spout a water into the Yard, to
soles & cleanse &c. 68.

Y O V.

- To preserve Youth. 190. 191.
- 

Cure for Rheumatism - 70 page

The Second Index.
Alphabetically.

B.

- To make good Bisket. 182.
To make artificial Balme. 183.

C.

- To make port fruit Cakes. 182.
To Clarify, & refine, Sugar. 194.
To make all manner of Confeits. 180.
To make Conserue of barberries. 176.
To make Conserue of quinces. 175.
To make Conserue of greene Walnutt. 176.
To make Conf. of roses, or any flowers. 176.
To make Conf. of rosemary flowers. 176.

D.

- To Dresse oranges. 179.
To Dresse peaches myself. 179.
To Dresse plummes either blaw
or yellow. 180.

G.

- To make a Gurgle. 200.
 To make Ginger-bread. 200. 181.
 To make Gratia dei, a plaster. 195.
 To make Gunne-powder. 200.

H.

- To clarify Honey. 194.
 To make Honey-of-roses. 193.

I.

- To make Icy Jelly. 185.
 To make Jelly of galls green. 186.
 To make white or other coloured Jelly. 186.

L.

- To make Lozings. 165.
 To make Lute. 200.
 A pleasant water for Linen. 200.

M.

- To make Manus-christi. 195.
 To make dry Marmelad of peargob. 178.
 To make red Marmelad. 178.
 To make white Marmelad. 178.
 To make Melguorum, or quod mel. 196.

O.

- To make Oyle of anniseeds. 197.
 To make Oyle of Cloves. 197.
 To make Oyle of Exiter. 196.

P.

- To Preserve barberries. 177.
 To Preserve cherries. 177.
 To Preserve damsons, or Apron plums. 177.
 To Preserve quinces. 177.
 To make Pomillion. 195.
 To make severall Purges. 198. 199. 95.

S.

- To make Sugar plate of quinces, roses,
 violets, or any other such like. 181.
 To make Syrop of endive. 184.
 To make Syrop of myntes. 185.
 To make Syrop of roses. 183.
 To make Syrop of rosemary flowers. 184.
 To make Syrop of saffron. 184.
 To make Syrop of tyme. 184.
 To make Syrop of violets. 183.
 To make Syrop of wormewood. 184.
 To make Syrop of the rind of oran-
 ges and limons. 182.
 For a Staine in cloathes. 201.
 For stayned + cleatjed or mouldy. 200.

V.

℞ Vomit. 173.

W.

- ℞ to make amigd water. 189.
℞ to make aqua composita. 187.
℞ to make aqua vita. 187.
℞ to make strong aqua vita. 187.
℞ to make aurum potabile. 193.
℞ to make balme water. 189.
℞ to make Ipecras water. 188.
℞ to make water of life. 191.
℞ to make aqua mirabilis et preciosa of
wonderfull vertue. 190.
℞ to make rosa solis. 189.
℞ to make Doctor Steuens water. 191.
℞ to make worme wood water. 188.
℞ to make worme wood wine to drinke. 193.
℞ pleasant water for linen. 200.

Finis.

An excellent receipt to make a
grend ointment for the
p

Take speere mint Camomile worm
wood rose mace balm lauender
Doffor and ayromony of stiches
tyso a great handfull 2. of
pisse butter out of the Oxen set
the butter to melt on the fire and
stampe the carbe then put them in
one quarter of an eumer of mace
Redd boyls thep some will se
take an ounce till it seth yfoure
vpon a soft fire then set it
thick and ^{suble} it out from the fire
then set the pudrest pt on the fire
againe & strain it. then ye may keep
it for your use all the yere.

To make the black salve for the
for the blacke before mentioned

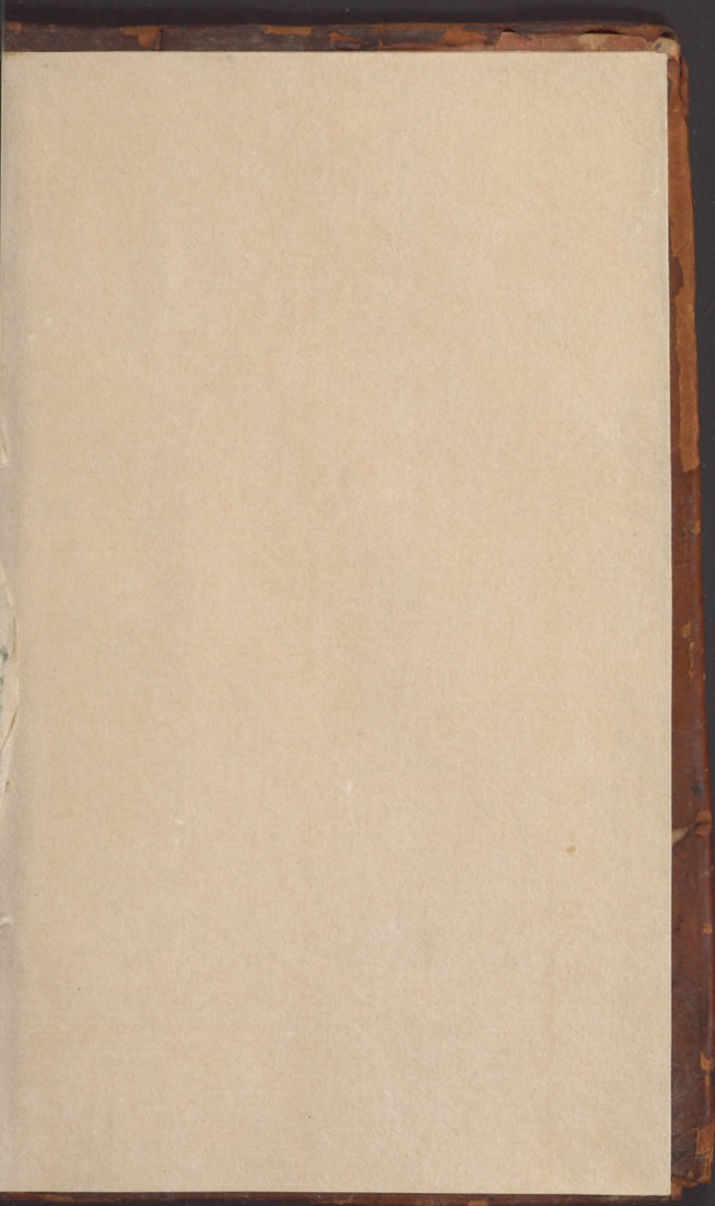
Take a pint of the best salte oyle of
of red led. w^{ch} may be w^{ch} w^{ch} w^{ch}
is warm vpon the fire put in the
then keepe it skimming till it be
as pithy then put into it 2 cuppes
bees wax & let it boyle 6 or 7
let it set a litle then put it into a

after y^e laue acynotted by y^ets
pained. w^{ch} is trased in w^{ch} y^ets
y^euen eye at myght w^{ch} y^ets go to bed
by next morning before the fire
draw downe w^{ch} y^ets finger a
drop or 2 of oyle of amber upon
the plate most pained. then lay
on your plaster made of the plate
salve & lett it by till it fall of

- 1 pound of white lode
- 1 pound of v. lode
- 2 pound and a halfe of
fallett oyle 12 ounces
of cassell soie

MS
B
119

M



a
7
D
S
S
o

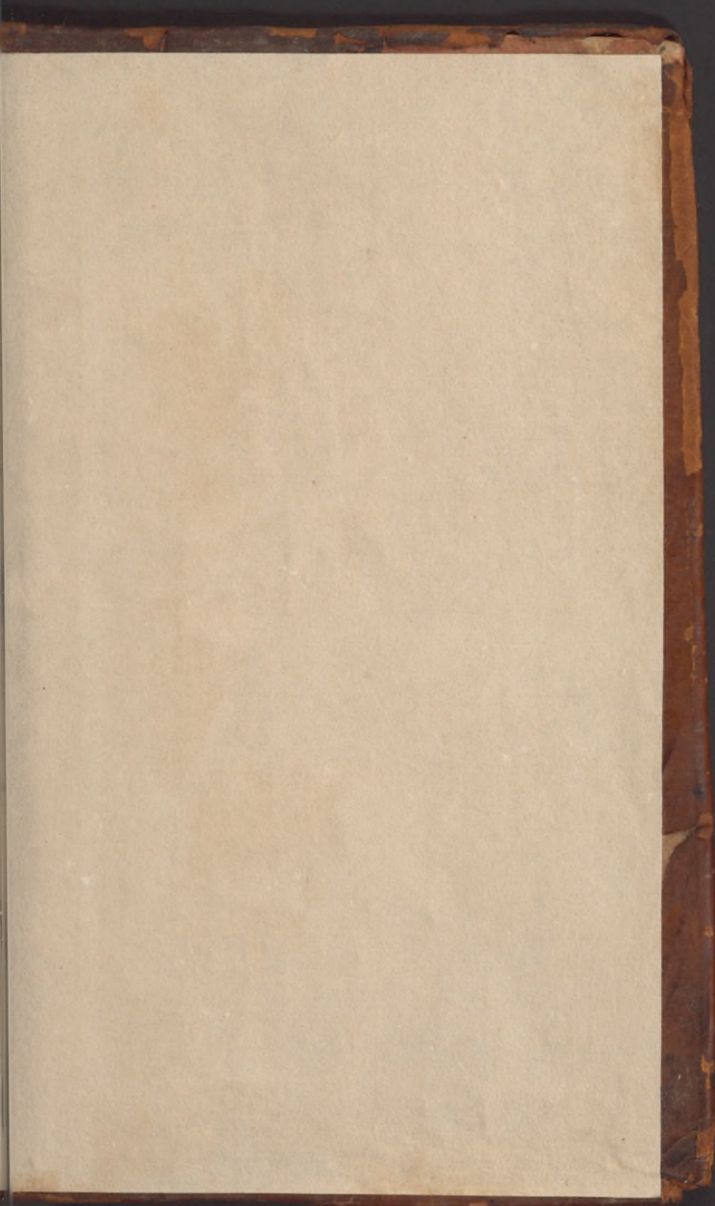
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R C