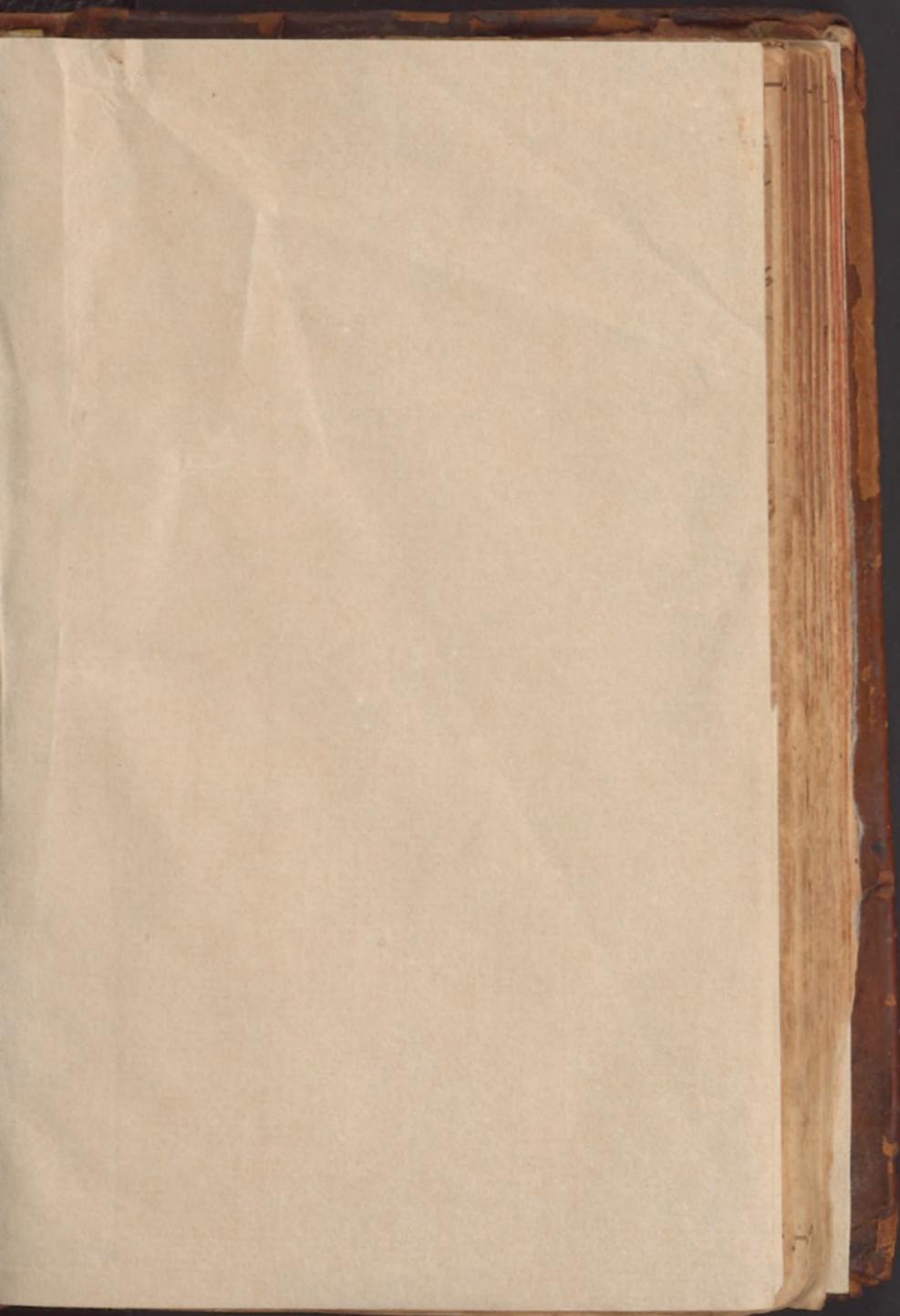
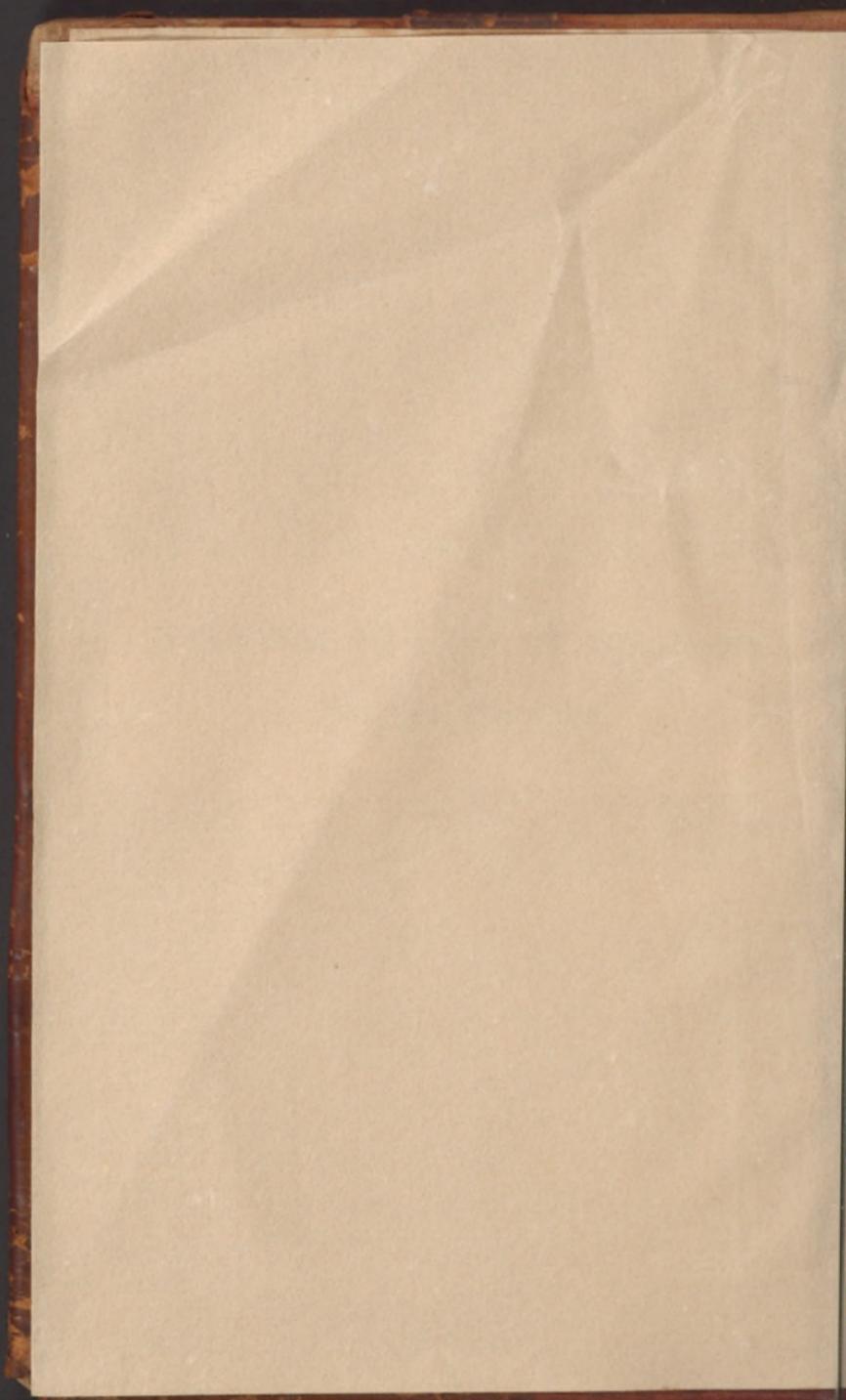


R C

NATIONAL LIBRARY OF MEDICINE

Bethesda, Maryland





Oil rubbed upon y<sup>e</sup> branches, &  
stems of fruit trees, destroys y<sup>e</sup> in-  
sects, & increases y<sup>e</sup> fruit buds.

It is used successfully upon y<sup>e</sup> stems  
of Cornucopia & guard y<sup>e</sup> against  
y<sup>e</sup> depredations of y<sup>e</sup> ear-wig.

<sup>distillate</sup>  
Sir J. M. Kenzie - Mr. John Linnæus



Book, Alko. owned by  
m<sup>r</sup>. gregor potter in  
Oxford London. near  
Tavern Hall. by business  
go same in the year

ms

β

19

4

Are effectual remedy for venery  
chilblains - - - - -

One ounce of white copperas  
dissolved in a quart of water, & occa-  
sionally applying to the affected  
parts will utterly remove the most  
obdurate blains - N. B. This  
application must be used before  
they break otherwise it will do  
injury - - - - -

---

Cure for Cancer

Crowfoot root - Footthache or blister  
wad - Assenic sprinkled upon  
them & calcined.

Styles (Thor)

A Booke containing many rare  
and excellent Receites  
very necessary

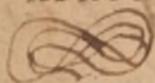
For the restauration of the body  
to perfect health



O quanta radicum! quanta  
et herbarum Virtus!



Legere, et istis non uti, est idem,  
ac si dicerem, negligere  
et abuti.



Quisque silet bona parca alijs, peccando re peccat:  
Labitur in culpam qui sinit ista mori.

For the fracture in the  
page

For a sore Throat — —

Take Oil Olives & spirits of  
turpentine - put y<sup>e</sup> throat with  
the mixture & wear flannel -

Double quantity of oil & spirits -

For a cold & cough

One drachm of sweet spirits  
of nitre. one drachm of elixir  
of vitriol, 60 drops of laudanum

3 tea spoonsfull of honey: -

thirty drops of y<sup>e</sup> mixture  
to be taken three times a day

1

A precious oylment for all aches.

\* Take twelve penny worth of gratia dei and six penny worth of noris oyle one penny worth of salot oyle melt all together together on a resting fire of coles, and reserve it for your use.

To ease all aches, and especially of any sort of the gout.

Take a rownd with out the rind or giste lay them in stronge vineger 24 houres then take them out and dry them in an oven not very hot, or in the sunne, then beat them to powder, and take two penny waight of it, & put it into a saucer full of faire water & drinke it.

For all manner of tooth ach.

Take the rootes of surges, scatche them in wine, then wash the mouth once in a mounth, it will keepe your teethe from aching.

A Soueraigne medicine for the tooth ach.

Take the mowe of young broome & skinne and then take off the mowe & skinne

9 buddes of sage, 9 of rosemary, 9 rootes  
of daylett, a litle quantity of hys cotton  
most skinnes of new galls a penny,  
wortz of pepper, and some wheat more  
in quantity of bay salt then pepper;  
brake all these together in a mortar  
very small; then take so much vinegar  
as will temper them, then boyle it all  
in a pewter dish, upon a reaping dish  
of toled until it lookes very black,  
then wash y<sup>e</sup> gumme w<sup>th</sup> it in the morn-  
ning fasting, & at night wash them  
againe w<sup>th</sup> y<sup>e</sup> mount, also w<sup>th</sup> the liquor  
of the same galls alwayes as yet  
as you can suffer it, and lay some  
of the same galls upon the place  
agrieved all night.

An oyntment for the same.

Take cast lavender Juniper pollitorin,  
squibor wood, comstipe pimpernel and  
sage of bay, an equal quantity, bruike  
them, and take the iure therof to the  
quantity of galls a pint, & boyle them  
in a pint of oyle olivo, after they be  
well boyled put thereto a litle water  
and so make an oyntment of them  
for the same paine.

5  
For the tooth ach.

Take a quantity of pennyroyall & stamp it  
with bay salt, take a little thereof in  
a linnen cloath, and lay it to the tooth,  
for the space of an hour, then take  
some more, more, and keep it as long  
before, and after wards more, and  
more; this will allow the ache, & draw  
out the pain.

For the tooth ach.

Take angelica, fetterlicke, rosel seed,  
oyle of bitter almonds, pound these in  
a mortar, then drop two droppes of  
the iure into the contrary, care to  
that side where the paine lyeth, keep  
your selfe warme, & ly on that side  
your paine is, and bind your head ab  
gaine as possible you can endure.

For an ach where noe  
swelling is.

\* Take oleum Petrolinum, it looked very  
clear, some what greenish, & smell much  
like oyle of spits; w<sup>ch</sup> this annoynt the  
place payned and ease it well.

For the head ach.

Take worruyne, betony, and waxe wood

and sack, then, then there will be well  
the first man's good: then make a plaster  
for the mouth in this manner. Take  
the same powder, then by the powder  
bring out the juice, then grind them in  
a mortar very small, and temper them with  
the said liquor againe, & put thereto  
a quantity of roseton & ames to gold  
in the liquor, then make a garland of  
a bayleffe, and bind the good there with  
then lay the plaster on the mouth with  
the garlands, as the party may suffer it  
it will be a valuer & a rap about: doo this  
but have timor & it will give you.

For all manner of aches  
impostumes & cankers.

Take Rosin of oare, galls a  
pound, take virgin wax and frankincense  
of oare, a quarter of a pound, an ounce of  
masticke, a quarter of a pound of hearts  
tallow, 3 dramms of comfrey, melt that  
with it to be melted, and beat the rest  
into powder, then boyle all together, &  
straine it through a cloth into  
a bottle of white wine, then boyle it  
all untill the wine be consumed, then  
let it coole a little, and put thereto a  
quarter of a pound of turpentine  
& strain it together untill it be cold, &  
make it up in aoule, & booke it to use.

5

A good seare cloath for aches.

Take halfe a pound of red lead and  
boyle it in a pinte of oyle oliv<sup>e</sup> untill  
it bee thick, and use it.

For the tooth ach.

Take a little gun-powder put into a fine  
linen cloath, the same being put into the  
gallow tooth, or gold betweene the tooth,  
soe that it touch the aching tooth, it putt  
a way the payne presently.

For the tooth ach.

Take sage & xallitory, sooth them in vi-  
negar, and sooke them in soe mount, as  
got as you can suffer it.

For the tooth ach.

Boyle flowe in vinegar, wash the tooth  
therin w<sup>ch</sup>, & it quickly taketh away the paine  
another.

The leaved of sage layd <sup>to</sup> the tooth,  
that taketh away the payne & com-  
forteth the tooth that are girt together,  
red, that they be not more put to griefe  
or payne thereby.

For the tooth ach.

If you touch the tooth that aches, w<sup>ch</sup> water  
Brosses, incontinont it taketh away the  
payne, & breaveth the tooth.

alloe.

Take the roots of Sparage stamped and layd  
vnto the aching tooth, will draw it out  
without payne.

Alloe

Straw-berry leaues removed take away  
the tooth aching. probatum est.

Alloe

Take roots of Mouse-ear put into the  
gallowines of the tooth take away the payne.

M<sup>r</sup> Chambers receite for  
tooth ach or payne in the gums.

Take a quantity of wood-bond leaues  
a quantity of rhue, a quantity of violet  
leaues, a quantity of the pills of pome-  
granades, and a little allome, boyle them  
together in faire well water, and wash  
your gums with the water hereof.

An excellent remedy for  
the tooth ach.

Take a daylie roote of Sparage it cleane  
then pare it round sugar-loafe-fashion  
fitt to put into the eare, and after it  
is set wool to keepe it fast in, and it  
will turne you in a very short time.

For the head ach.

Take a posset of small ale & take of the  
sund, take a quantity of the best figgs

split from a boyle from in y<sup>e</sup> possit drink  
w<sup>th</sup> a pint of liquorice split.

For the head ach.

In the exfluens paine, take a good quan-  
tity of rhue, make it very soft till it be  
almost dry, betwene two tiles, then put  
it betwene the fould of a gloat, and  
soe bind it to the ynder pt of the head.

For the head ach.

Take fennell & scote it in water & make  
yo<sup>r</sup> head here w<sup>th</sup> it, & it affrayeth y<sup>e</sup> paine.

For an ach.

Take spare mint 3 handfulls chopped, take  
2<sup>l</sup> of fresh May butter unmassed temper  
them together & rould them in roulds, put  
them in a pipkin & cover it close & set it  
in a roole still 9 dayes, then boyle &  
after straine them & put them to one  
ounce of bees wax, & put it up for all  
the yeare to annoynt them w<sup>th</sup> it & any  
arthes.

For the tooth ach.

Take a little rose mary & bay salt & straine  
them together, put it in a linen cloth  
and lay it to your tooth or gums.

A notable secret for all incurable aches  
and all paines in the ioynts.

Take all the w<sup>th</sup> w<sup>th</sup> p<sup>er</sup>ns a burk rashed,  
off the later the better) cast away the stalks  
taking nothing but the p<sup>er</sup>ns, rub the same

in pincers or tongs, then set the same  
in a gallon of faine water, untill all be  
come to a pint or some what more, then  
cast away the scum of foam, & let it  
in the vessel stand untill it be cold, when  
then will be like a gally; when you will  
use of this, warme it in a saucer, then  
amoynt the ground where there will  
be, the fire, evening & morning, and let  
it dinte in by the space of the fire, and  
in 9 or 10 drossings it will cure & heal  
it thoroughly for ever.

### The Leden Plaster.

#### The Vertue of it.

This being applyed to the stomack causeth  
a good appetite, to the fire, & taketh away  
all griefes of the stomack; applyed to the  
belly, it causeth the colick; it causeth the  
flomox of women in great abundance;  
applyed to the veins it bindeth the flux,  
& taketh away speake, & strenghteneth wonder-  
fully the raynes & sinewes; it draweth  
out a thorne in the fless, & breaketh and  
healeth all fallowes & impostumes, and gener-  
ally healeth all wormes, & causeth all ayres  
in the body.

#### To make the Plaster.

Take a pound of oyle lime, halfe a pound  
of red lead, a quarter of a pound of white  
lead beaten to fine powder, & an ounce of  
Cyprian & Sops, let them be well interpo-

water in an earthen pot well glazed  
 glazed before you set it to boyle, then set  
 it on a soft fire of coles an hour & an  
 halfe continually stirring it w<sup>th</sup> a stick,  
 then make the fire some what greater, un-  
 till the red colour turne to greene, and leave  
 not stirring untill it come to the colour of  
 oyle, but more dark; then drop a little upon  
 a table w<sup>th</sup> a stick, & when it is cold if it  
 come of w<sup>th</sup> out stirring it is well boyled,  
 then put in w<sup>th</sup> an ounce of spiced  
 grease & a little oyle of bayes, then make  
 the plaster th<sup>ick</sup>. Drop a little into the pot  
 & fold it in y<sup>e</sup> paper untill it be cold, then  
 plain it upon a table, & if it be sticking  
 or breaking put in a little more spiced  
 grease, but if not, it is well.

This plaster will last good 7 yeares, ap-  
 plying it to the place grownd, if every  
 morning you take it and wipe it w<sup>th</sup> a cloth.

### For the shaking Ague

Take polipodium, ren, betony, dandelion,  
 of each herbe xxxij, stamp them together  
 & drinke them w<sup>th</sup> ale.

### For the ague.

Take the greene polipodium w<sup>th</sup> grownde  
 like foarnes upon an oak, lime, mary-  
 gold leaves, of each a handfull, put them  
 into a quart of ale, & is stale, sooke it to-  
 gether to a pint, then straine it, & set it  
 on the fire againe untill it sooke upon

put into it a Spoonfull of brimstoned copper  
 & drinke this water for fit somethy upon  
 you, & by the grace of god it will helpe you.

For the ague.

Take galles a dozen of slippe of alder  
 greene, & younge, taking of the rusty, and  
 first, steepe of the next greene wood to the  
 wood, & take of this a good handfull and  
 spread it small & pound it in a mortar  
 & also an ounce, then infuse it into a pint  
 of very strong vinegar, let it steepe  
 therein for 7 or 8 dayes, then straine it,  
 & give it the party, to drinke fasting 3  
 Spoonfulls, nor eate or drinke for 2 dayes  
 after, use this water or fowre times  
 not only in the morning but at night also,  
 & it will, by gods helpe, drive away the ague.

For the ague in the brest

Take periwinkle, fetherfue, alder buds,  
 time, bayes, red sage, rosemary, alehoofe,  
 layse mores, organen, Lauander, smalage  
 rye, longe wort, black mary goulds, of  
 each a like quantity, spread all these and  
 pound them w<sup>th</sup> sweet lard, and let them  
 stand together nyne dayes after, and  
 then boyle them.

For the ague in the brest.

Take red sage, smalage, fetherfue, peri-  
 winkle, alder buds, of each a handfull  
 spread them small & put them into milke

Boyle them together, then beat it  
w<sup>th</sup> oate meale, and lay this poltice to the  
woomans breast.

A Syrup against a long ague; cholter,  
fleame, oppilationes of the  
side, and the iaudies.

Take the iuyce of endiue & smalage  
of eare galls a pint, of the iuyce of poppe  
& burrage. of eare a pint, roots, & rashes  
from white rosetes of eggs, then put theron  
2 ounce of rose leaues dryed, galls an  
ounce of pared liquorice cut into small  
peeces, Spite nam the weight of 10, an-  
seed, fennell seed, smalage seed, of eare  
the weight of 1-6, finely bruised, then  
take 4 pintes of the iuyce liqui strained,  
& put to it 2 lb of a galls of fine white sugar  
& sooth it to the thight of a Syrup.

For the burning ague.

Take a pottle of water & galls a pint of  
dinogaw, onino, succory, fine leaved grass,  
violet leaues, and strawberry leaues of eare  
an equal quantity, sooth sooth to a quart  
put theron galls a pound of sugar, & drink  
therof morning and evening.

A good p<sup>r</sup>servatiue against the  
pestilentiall ague.

Make a posset, & boyle it w<sup>th</sup> also therof w<sup>th</sup>  
Redd small rootes untill they be soft, then

take 12 spoonfulls of hys ale, & put thereto 3  
spoonfulls of vinegar w<sup>ch</sup> is a peny worth  
of treacle mixed thereto w<sup>ch</sup> for drinke it  
warms ab you may.

A good medicine for a sore brest.

Take a gallow of greene beer, & also a pound  
of roming seed, & also a pound of fress butter  
boyle them well together, then straine it and  
make a salve therof.

For bleeding at the nose.

Take betony and salt & mingle them toge-  
ther, & put them in yo<sup>r</sup> nose, & it will stop.

For bleeding at the nose.

Take the roche of warme wood & make  
it very cleane, & use it a good space.

To stanch blood.

Open the roche of a nettles, but smother it  
not downe, & w<sup>ch</sup> out doubt it will stanch,  
for but keep it in yo<sup>r</sup> mouth, & you cannot  
lose any blood.

To stanch blood

Hammered cleane stamped & layd to the  
place that bleedeth, stanching the blood, & bane it.

To stanch blood.

Take verminle & use it in yo<sup>r</sup> mouth,  
and it will helpe you.

To stanch blood

Use powder of nettles pressed into the nostrills  
stanching blood incontinent

To staunch bleeding in any place  
savouring the nose.

Take goose moss and lay it to the out or  
wound, & it will staunch the bleeding.

For spitting of blood.

Take powder of dry mulberries it is the best  
remedy. For a pain in the belly or  
toughness of the stomach.

Take wild time a handfull, an ounce penny  
wort, of aniseed bruised, & for murr liquorice  
2<sup>d</sup> ounce of sena alexandrina 2<sup>d</sup> ounce of  
sugar, boyle these in 3 pint of malmsey  
untill it come to a quart, then strain it &  
drinke these of a good draught first & last  
morning & evening.

For a payned back.

Take unguentum rosatum & wash the back  
these with evening and morning; and lay  
this plaster following to it. Take of fo-  
lloes of tansey, & goose louse of each a hand-  
full, wash them and stamp them fine, then  
mix them with a pint of wine, & 2 ounces  
of viscon dunge till it be a plaster like, &  
so lay it to your back.

For a greivous payned back.

Take laurel & rootes of egrimony, m<sup>g</sup> wort, &  
betony stamp with old grease & xinggar, and  
a plaster these of applyed to the back will put  
the paine quite away, being used 3 or 4 times.

For a weaknes or payne in the back.  
Take the string of the bark of a roale, 4  
dabob minred small, the yelkes of 4 eggs, boyle  
these in mustadell together, take of this most  
your part in the morninge, abstaining  
untill dinner time.

A plaster for the heate of y<sup>e</sup> back.  
Take y<sup>e</sup> broad white lily leaved root grow  
in water ponds, serw them after the manner  
of a plaster fit to reuoc the roimes of the  
bark, then spread the quantity of an ounce  
of oyle of roses here vpon, & bind it close  
to the roimes of the bark, & let it ly 28 dayes  
ore, untill sun time at the rointure bee  
quite dryed out of it.

For the biting of any venomous beast.  
Take plantan and drinke the iugre here of  
& take plantan & Celendine of eary a like  
quantity, stamp & temper them w<sup>th</sup> stale piss  
& lay to the sore, & it will assuage the swelling  
and draw out the venome.

For y<sup>e</sup> biting of a venomous beast.  
Take the patient's water and the iugre of  
centry, & giue it the party, to drinke, this helpeth  
both man and beast.  
Or take fennell or rose & sooke it in butter  
& giue it the patient to drinke.

For the same

Take the seedes of bettony & make powder  
therof & drinke it, <sup>with wine</sup> then take bettony stamped  
& fry it w<sup>th</sup> grease & lay it to the sore, it will  
draw out the venome, & assuage both the swell-  
inge and paine.

For the same.

Take plantan & stampe it in red minte and  
a clove of garlicke, stampe them together & lay  
it plaster wise also to the wound; but drinke  
plantan or celendine tempered in old wine.

For the same.

Take garlicke salt & new bruis & mixe  
them well together, & lay them to the sore,  
& drinke one of the aforesaid liquors.

For the same.

Take lilly, rosel, dubbed dayly, isop, rose-  
mary with sage stampe & straine them, then  
put to the mixe a spoonfull of aqua vite &  
treacle & drinke this with ale or milke.

For stinging.

Take a burre roote milke and salad oyle  
stampe them together and annoynt the place,  
& give the patient salad oyle to drinke.

For stinging of Adders.

Take dragons & drinke it, also stampe  
dragons and lay it to the place, & it will draw  
out the venome, & ease the payne.

To stanch blood.

Take vine leaves & dry them & make powder &  
put it into the wound, & it will cease.

Or take the bird called the Kings fisher, bake  
him in an oven after the bread is drawn out  
the yolkes, gutts, & all, then beat him to powder  
& lay it to the wound.

Or take the softer down of the body of an  
ewe, it doth the same.

To stanch bleeding at the nose

Bind the temple with a list about the year  
so that the patient may not have the  
suffice, & dim the eyes with of smalage, and  
lay a perum oake leafe under his tongue  
but first let him see the leafe in his mouth.

To stanch bleeding.

Take a little fine white sugar, & ab murg  
raddle, beat them together to small powder  
& lay them on the wound, then lay on the  
a steane cleare bound to asse, & silk.

A salve to ripen & heale both botch  
botch, boyle, or adder.

Take white castile soape & very rusty bacon  
a little quantity cut very small, stamp them  
together in a wooden dish with a wooden pestle  
for the space of 6 hours until they be  
thoroughly incorporated, like a salve, then  
spread some of it thinn upon a linnen cleare  
& lay it to the greife, rearing it during  
& morning: it will continue good longe  
if you box it up close.

For a boyle if it rotten & breaks not.

Take roasted specke and burnt gusase, beat

is unmolten, stamp them together & fry them  
a little, and lay it to the boyles as yet as it  
can be suffered, and at the last it will  
beate w<sup>th</sup> in a plaster.

A good drinke for weaknes in  
the body, & for y<sup>e</sup> wind collick.

Take bolony & great plantan of eare, or  
gandfull, some good liquore of eare,  
an gale pommy wort, stampd, boyle these  
together in a quart of water also to the  
gale, then strain it & drinke it warme  
first & last.

An oyntment for the same.

Take roalt foote oyle, bassonob grease,  
aqua vita, & the suet of mares strayed  
mixe them together in equal quantities,  
then take part thereof & make it put in  
a penninge, & annoynt betwixt the soul  
dort, but wash it well in before the fire,  
of the 5<sup>th</sup> or six times.

Against all evils in y<sup>e</sup> body.

Take rose mary, flowers, put them in  
a linnen cloath, & boyle them in faire cleane  
water to y<sup>e</sup> galle, soe soaks it, & drinke it.

A diet drinke to coole and  
purge the body.

Take Garzaperilla 8 ounces, Saxifrage  
2 ounces, quairi 4 ounces, coriander seed  
2 ounces, cena a quantity conformable,

Stirre hysm & infuse hysm into 10 quartes  
of running water all night, to morrow put  
in liquorice 2 ounce, aniseeds 2 ounce,  
boyle all together to 6 quartes, & let the  
patient drinke a quart a day, thus, galls  
a pint in the morning, galls a pint  
at 4 of the clock in the afternoon,  
and the other pint at meals.

An easie purge to coole the body.

Take Pillele-gregatiue one dram  
and a scruple, let hysm be made up into  
5 or 6 pills, & take hysm all early, in the  
morning; it is excellent to purge the  
liver & floame of the stomack.

Another stronger purge.

Take diagredian galls a dram in a  
little white wine, take it early, in the  
morning fasting, walke upon it in y<sup>e</sup>  
garbox, & some 2 or 3 fowere after  
eate a little broyle.

Another slighter purgation.

Take galls a pound of pruned & stem  
hysm in water over a soft fire, hysm  
powver forty, the liquor into another yet,  
then take a quantity of liquorice, a quan-  
tity of sweet anniseeds, a little quantity  
of ginger root, a little cinnamon, then a  
small quantity of cenna, & stem all these  
together over a soft fire in the yet again  
the liquor it, then straine it into the pruned

Upon in the morning fasting let the patient  
take 3 or 4 of the peaches with 2 or 3 spoone  
fulls of the liquor with good part putting  
a little sugar upon them; let him not eate  
for an hour or two after, & then a little com-  
fortable bread, & this will give him a stool  
or two, & be exceeding refrigerative for  
the body.

For greifes in the body.

Take a pottle of running water, an hand-  
full of liquorice well scraped, cut, & bruised  
in a mortar, an handfull of aniseeds, an  
handfull of parsley, seeds, an handfull of un-  
sifted flour, an handfull of mouse ears, an  
handfull of madder of Rome, put these into  
the water, & boyle it from a pottle to a quart,  
then strain it from the scum, & put to it  
the quantity of a wallnut of sugar candy,  
then drinke five spoonefulls of it every eue-  
ning & morning.

A plaster for broken bones.

Take brooke lime, chick weed, smalage  
& ground fill, & stamp them together, then  
put thereto coming seed powder, then take  
saffron tallow melted & fry it therein  
when it is well fried put to it roscall brams  
& good lye of lime, & strain it well together,  
& lay it got always to the sore.

To draw out broken bones.

Take civium, betony, rew, penny & strain them, & with  
they make a salve of the iuyce there of.

To keepe bookes from vermine.

Take the flowers of rosemary & put them amongst bookes or cloathes, so they will not come to grow.

For the brayne.

Take the rooer of betony in yo<sup>r</sup> cottage.

An ointment for any outward bruise.

Take flowers of sederb, rozen herbe and rozen, to fill, grind them small in a mortar, in the grinding put to so many spoonfulls of beam flower, as they be so many spoonfulls of the sederb flowers, & a good quantity of saler oyle, mingle them well, then put them into an open mouthed glass, & let them stand in the sunne a month; this will keepe 3 or 4 yeares, & when it may be dry, put more oyle to it; & when you would use this ointment, take some of it in a saucer, & anoint the bruise, & lay some of the flowers upon it: this will helpe it in sores or fine dressings.

This drinke cureth all sorts of sores or bruises, be they neuer so old; heales woemens breasts, which are thought incurable, and if any bone be putrified, it will make it fall away in scales. If there be any impostume in the body, it will cause it to breake outwardly, and likewise if there be any corruption in the body, it taketh away the ache in the stomach, which diuers haue after they haue taken a litle cold.

Take cymony 2 handfulls, wild angoliva, betony, wild daylis rootes, & leayes, wild wort, beamble leaues, benewort, foild bugle, samole, myrtle, dandelion, frabion, may wort, worme wood, & awort, of eary a handfull; soyle all these small, spread in two gallons of water, until they be so very tender, you may put into it galles a pint of clarified yong; give of it 3 times a day &

or 5 Spoonfulls warme, take it in the morning  
fasting, at 2 in the afternoon, & at going to  
bed, & drinke not any liquor before or after.

For any payne, bruise, or ach.

Take myrtle & mallowes, of each 2 handfulls,  
a handfull of lewdage, 3 leawes of, haw or hysop  
drunck of laundax cotton, as much yoope  
grasse as an egg, or more, galls a pint of  
pale oyle, as much fat & consalted butter as  
an egg, as much deere's suet as a walnut,  
boyle these together, till the greise be turned  
upon straght the greise, & if you please you  
may apply them as a catg.

For a burne or scald.

Take a good handfull of groundall, 12 pound  
of yowle leawes, stamp from small at greene  
sunne, then take about of pepper dunge, & as  
much greese dunge, then take a pottle of egges  
land, & stamp all together untill it be so  
greene that you can see no land, then make  
it up in a ball, & let it stand all night, then  
in the morning boyle it a little, strain it, & boyle it.

For the same.

Take 2 ounces of the oyle of roses, 3 ounces  
of swaine, an ounce of pure gong, & boyle it all  
together & boyle it till it is white.

For the same.

Take galls a pound of singuone or porsleabe,  
a pound of spirit madam, galls a pound of the  
vines of yowse dower, galls a pound of red  
bramble leawes, galls a pound of mast mallow  
or romon mallowes, stamp these to  
water, & take the iuyce, & boyle it on roleb,  
or of a pound of pale oyle, or oyle of roses rather  
& 4 ounces of Clarified pepper suet, & 2 ounces of  
frog land, let it boyle till the iuyce be almost waisted  
& let it rest, apply it on white paper to a burne or scald,  
but on letger or leterate to get rid.

For a canker in the mouth.

Take the powder of five rooks of colondine, dryed roke,  
vinegar wax, water of young suckles, scald them to-  
gether till they be drie, & amongst the place of growth.

Or take the iuyce of plantan, woodbine, a little  
very allome, vinegar & cold water, & wash ye mouth.

Or take a quantity of sage, a good quantity of  
very allome, scald them in faire running water,  
& wash ye mouth therewith every morning fasting  
& neither eate nor drinke for an hour after.

For a canker

Take a handful of russet leodes, & fyne rootes,  
& 16 or 20 litle branset of yarrow, lay them in  
ryght wine, untill they be very soft, then straine  
& clarifie them, & drinke every morning & evening  
three or foure spoonfulls, blood warme, & abstaine  
from drinke for a time.

For a canker in an old sore.

Take a pint & a halfe of red rose water, as much  
plantan water, scald them together, wth as much  
ryght murrey as a gable nutt, let them scald  
the rosalme, then straine it cleane wth a colander  
& keep it in a glasse for ye use, for an appointed  
medicines: & when you will use it, warm 4 spoone  
fulls, & wash the sore, & lay a cleare 3 or 4 double  
root of swin upon the sore, & if you feele it too raw,  
lay there 2 or 3 spoonefulls of a tow payd of murrey  
water wth 2 or 3 spoonefulls of cold water, & as  
much of plantan water: wth not this water in any  
silver vessel, for by reason of the yarrow it will outbit.

For a canker in the body.

Take the rooket of dragons, drye & make them  
into powder; then take the weight of 9 pound of the  
powder, & put it into faire yet water, let it stand  
a night, in the morning pour out the water, &  
put in ryght wine, & boyle it well, & drinke of it  
warmed; & it will cure you.

For a canker in a wicemans brett.

Take ruberds dung, powder of burned wpeale  
gony, vinegar wax, shaly, & beane flower, & lime, scald  
scald together all together in wine or vinegar, putting

to make rashes fallow, & make them of a plaster, & lay it to the best; a very good recipe.

To make the black salve, or for a carbuncle.

Take rusty baron, & black soap, pound them together, & make them up in a roule, & use oft it.

For the stone or wind collick.

Take a quantity of the sprigge of gaudaine or wild time, a quantity of samphire, rosemary, wyl the blossoms if you can, parsley, solitory of the wall, bread root, periwinkle, figstrage, Dore romie, purple, madiff, roots, adox buds, red root, or red rose root, the leaves of rose, red hellebore small, & mix them together, then take a good handful of rowdinge, & mix the herbs therein, then set it in the sunne turning it 9 dayes, until you see the rasy moysture dry, then distill it, the faintest water is best. Let your herbs dry a day before you mix them; use it to be made in May, or in beginning of June.

Be very carefull for weather, & in the day.

For the wind collick.

Take a roone of fine dumbeast, & dry it in the brown shade of riuot, but let it see good & pure, then put the dumbeast in the naule & it will save you possibly.

For the collick & stone, & for the mother.

Take romelle seed, rorander seed, raronmay seeds, washy seed, groundfile seed, galmgall seed, of each an ounce, the leaves & roots of sony an ounce, of pignall a quarter of an ounce, & at myng tyme, make all these into powder, & searpe it, & drinke of it in good ale, or white wine first & last, & in all ye saues you eat wth ye meat, tis, it very good.

For the collick pluriie, or impostume in the side.

Take 3 handfulls of brocke lym, & groweth in the riuor, & use it small, wth yalks a pound of yeeow or deere's suet, & boyle it in three pinte of running water, till it be thyn, then you may plaster it on a cloath, & use apply it to the place grownd, & against it is sold, send more in woodinelle, to put them on.

For the wind collick & stone.  
Take milke of a sow that grazeth upon the downe,  
distill it in the mounte, of may, because the same  
garden gave most vertue, distill the same  
long, but if ye should be weak, put to it a spoone  
full of ginger finely beaten, & a little white wine.

A present remedy for the wind collick.

Take white wine & good white oyle, & ringe them to  
golow, & distill them of new & fresh.

Take bay-leaves, & other good herbs, & white wine  
and oyled, & make it powder, & distill it w<sup>th</sup> white wine.

For the wind collick.

Take coriander, & garden of edens, & good oyled  
beate them to powder, then take a peny worth of  
walley, a little aniseeds, & also a pint of myrtle  
put the rest therein, then put a flint stone,  
put it therein, untill the medicine be well made  
to powder, & distill it of, & you shall find ease.

For the cough.

Take a pint of white water, 2 peny worth of  
aniseeds, as much of liquorice fine strained, & made  
them soft into powder, then take halfe a pound of  
pure white sugar, & a little of the powder of the  
roote of alstrampans, boyle all these in the white  
water, untill it be thicke, & a syrop.

For the murrey or cough.

Take a quart of white ale, put therein the lignes of  
2 wallnuts of sugar candy, & a pint or two of  
liquorice finely ground, & let them boyle a little  
in the ale, then strain the vessel, & distill of  
it morning & evening.

For a cough.

Stamp garlick w<sup>th</sup> bayleaves or good oyled  
& make it hard like an ointment, & annoynt  
the soles of ye feet, & ye feet bene very good.

For a pericious cough.

Take sage, rue, romain, pepper, boyle the w<sup>th</sup> good  
and take them of morning & evening.

For a greate cold or cough.

Take the powder of rosemary, Cloants, & put some  
figgs, also it fasting, & when you goe to bed. prebated 28.

For a cold

Take nettles seed, soake it in oyle, & annoynt the feete  
& pained spots w<sup>th</sup> it.

For a Consumption.

Take seare mynt, rosemary, red femell, mayden  
feyre, of each 3 croppes, sweet margerome, penny  
nyall, 3 braunzell, galls a pound of blew musk  
boyle all these in a pottle of running water, untill  
it come to a quart; then put to it a quart of white  
wine, & a little quantity of liquorice, boyle these  
w<sup>th</sup> the rest againe; & drinke of it morning & evening.

For a Consumption.

Take a fat sow pig, put it into a faire stillitory  
w<sup>th</sup> seare mynt, red femell, & mippes of each a  
good quantity, linex roots & slaty, of each galls  
a goodfull, saime & cleane dale 9, the stones taken  
out, a goodfull of greate refined cleane massed,  
2 or 3 good roots, the stones pinched out, galls a  
quarter of man, put all these into the stillitory  
& distill them together on a soft fire, then put  
it in a faire glass, & set it in the sunne 7 dayes,  
& so drinke of it at yo<sup>r</sup> pleasure.

Another for the same.

Take a young pig, not too fat, but well flesht, find  
him, & wash & dry him as cleane as you can, then  
quarter him, & put him w<sup>th</sup> the good & roots into  
an earthen pottle pot, put thereto a quart of  
mustard, or bestard, or instead of it a quart of  
running water, ad the dale, saime, refined  
turkants, of each a quarter of a pound, croppes  
timeb, w<sup>th</sup>old man of each galls an ounce, sugar  
tandy 2 ounces, sutoy, a goodfull, mayden saime  
bleed root, linex root, saule tongue, violet, raphan  
berry, cleane, of each galls a goodfull, 2 or 3 femell  
washed, the pig taken away; sweet margerome,

alial rosd tonge  
 longuobose of our galls a handfull, put all these  
 into the pot & fix it close w<sup>th</sup> wax, then put the pot  
 into a bottle of faine water, let it boyle 24 hours  
 & ab the water consumed, put in more being made  
 yet; then let the liquor thin through a fine cloath  
 & take a spoonfull at once, & put into the body, & ravelled.

For chills pleures or ribes.

Take 4 ounces of wax, 3 ounces of the best rosin  
 an ounce of turpentine, 5 ounces of fresh grease, mixt  
 all these together upon a little fire.

For costivenesse.

Take a peare of pears bread & toast it, & spread  
 it over the place sore, as you doe butter, & apply  
 it to the wound as fast as you can suffer.

To fret out dead flesh.

Take the powder of sulphur, & lay it to the wound  
 against the dead flesh.

A diet drinke.

203 gallons of ale take some 6 ounces, aspen be-  
 berries 2 ounces, bay berries pulled 2 ounces & a galle,  
 & 3 ounces pulled of the roots of polipodium, of the  
 oak 5 ounces, fennell seed an ounce & a galle, anni-  
 seed an ounce, sapinagr seeds 1/2 ounce an ounce  
 brinse all powder, saw the same, w<sup>th</sup> if the body  
 be hard to work on, and the same betwixt the hands,  
 for it will make the stronger, mingle all these to-  
 gether in a dist, & put them into a ravelled bag, some  
 weight of lead in the bag to draw it  
 from spinning, the bag being fast by, put it into  
 the vessel of ale soe by heat it shal not be the  
 bottom, nor spinne on the top, but gang in the middle  
 but before you put in the bag, the ale must be turned  
 in a vessel of 4 gallons, & upon it galy down  
 remaining put in your bag, & after it galy down  
 aliter but in the sunge clef & lay it, & after 48  
 hours or soe you may draw & drinke freely  
 of, leting the bag gang in it until the last  
 & it may be done morning & evening for 10 days  
 or more, or less as you shall good.



with a needle, & let the water run into a glass, & put 3 or 4 droppes thereof into y<sup>e</sup> eare hole; then take some margerome, stamp it, & draw a little of the juice of it, & put a little of it into the nostrils; this is good at the may be to get good & must be used, or else they will die.

A medicine for deafness.

Take the juice of sweet wood, & the milk of a woman that gives a boy suck, of each a like portion, the milk of gither almond, & every night, when you go to bed, take 3 droppes thereof into y<sup>e</sup> eare, & the best way is to range the eare every night, and take the wood, that grows between the bones of a black horse, & stop the eare in with, you draw the medicine, this is excellent to restore the hearing.

For one that cannot hear.

Take an earwig, flea gum, & roset gum, & boare the roasts that drop from gum, & put it into the eare, & it will restore hearing. probatur est.

For deafness.

Take ramonile, melleloto, margerome, calamint, & sage, penny royal, fitweed, myrtle, of each a fair full, boyle them together in fair morning water, the sweat of an oxen, then dip a sponge in the same water, & hold it to y<sup>e</sup> eare, do so at you can suffer, that the sweat may enter into y<sup>e</sup> eare, then take y<sup>e</sup> eare close, that no cold can possibly enter into y<sup>e</sup> eare.

To avoid drunkenness.

Take betony, & make it into powder, & eat it, and you shall not be easily drunk.

To help digestion.

Take the outer rind of a limon, the rind taken quite away, wash & mince it very small, put to it the weight of 4<sup>th</sup> of fine & ryomen powder, & put into the weight of sugar candy, as all the above weight, & salt of salt, let the sugar candy be crushed & mix all together, & eat thereof on a knife point this softens the stomach.

A way to help digestion & ease faults commonly in liver.

Take agrimony, liver wort, endive, of each half a pound.

full, & quickly rosted, all washed cleane, & put into 3  
 pintes of faire running water, upon which it untill  
 half be consumed, straine it, & put a small quan-  
 tity of rindes of yorke, heat it may, half growed, & put  
 to it a stick of cyrenon brused, & a convenient  
 quantity of sugar, upon set ab on the fire & boyle it  
 againe, & upon it gett boyled take it of, & booyng  
 almost cold put it in a glass, & drinke thereof  
 morninge and eveninge.

For a noyse in the head or eare.

Mace, salt/foote leaues cleane, stampe them in a  
 mortar, take out the iuyce, upon boyle it, & straine  
 it as longe as any green cometh in the box, booyng  
 droppe of it into ye eare; it will purge you at  
 theore or faure dressings.

For the eyes.

p: 175.

To cleere the eye sight.

Take fennell, me, eye bright, tormentill, botany,  
 rofob, fere-wishted, ximparnell, volandine, ocules  
 Christi, & the yorke called bylagopion, smalage,  
 rood bnd, ximo leaues commonly, of each one  
 gandrull, distill them w<sup>th</sup> a soft fire, & use it.

For all euils in the eyes.

Take rood bnd, eye bright, ximparnell, red lomell  
 moll wort, day seed, long bloom red rofob, of each  
 a gandrull; mayden haire volandine, with taney,  
 of each 2 gandrulls; infuse them in rofob wine  
 24 porsers, upon distill them, & use the water.

To keepe back humors from ye eyes.

Take beamte, the outer rind or skinn beinge pull  
 ad of, bruse them, & mixe them w<sup>th</sup> the right of  
 an egge, or w<sup>th</sup> mastice, clay & a plaster to y<sup>e</sup> temple.

A powder for blood shoten eyes.

Take of limes 2 dramms, dragon's blood one dram,  
 stampe them & searce them finely, & put a very  
 little of it into ye eye; heit is vncleant, probatū est.

For the same.

Take 5 loaves of bread, temper it w<sup>th</sup> spiced grapes  
& a little salt, & bind it to the eye if it is sore.

For sore eyes: or canker if it be strained.

Take galbe a pyale of faire water, from the spring  
& put thereto 1/2 mung, & <sup>white</sup> rose as ab a big beane,  
& make them together, & till the mung be so  
lumped upon drop of this water w<sup>th</sup> a fother into  
ye eye, & in 2 or 3 dropping the w<sup>th</sup> be made.

To take away the blood or rednes of the face  
and eyes, of what humour soeuer.

Take worme-wood w<sup>th</sup> the right of an egge  
& lay it over the eye, & it will take from the heat.

A remedy for sore eyes, that burne  
and itch, often proved.

Take in a peringur galbe a pint of white wine, 2  
pennyworth of lapis calaminaris, & make it in the fire  
very hot, & then quench it in the wine, doe so 7, 8, or  
9 times, then strain it throu, & eveninge & mor-  
ninge put a little of it into ye eye.

For watry eyes.

To cure swry day, a little botony, is very good.

Another for the eyes.

Take the red spry lode, scold from in cleare water, & take  
of the top the grease, & w<sup>th</sup> that annoynt ye eye  
early in the morning, & late in the eveninge.

A singular water for diseases in the  
eyes, & to clarify the sight.

Take greene wall nuts, guths & all from the two  
w<sup>th</sup> a few wall nut loaves, & distill the w<sup>th</sup> of a water,  
& drop of the same into your eye.

For sore eyes.

Take solandino, mo, plantan, annib, & a bunch of  
fennell ab all the of the good, stamp the w<sup>th</sup> in a  
new earthen pot, then let it stand 48 houre, then  
strain it & annoynt ye eye eveninge & morninge.

For bleared eyes.

Take the iuyw of worme-wood, & mingle it w<sup>th</sup> water  
made of the right of an egge, put it into ye eye,  
& it will gelye you.

For a white haw in the eye.

Take the grease of an hare, & lay it to the eye good.

For a pinne or web in the eye

Take an egge, & beat it hard, & the white all night,  
put in it a little musk, white roxoreffe at a pease, &  
all got morninge it, & lay it to the eye, & to the  
a cloath, & let it drye into the eye, this for young  
& it is a good approved remedy.

Or take betony, straine it & temper it w<sup>th</sup> water  
or w<sup>th</sup> white wine marmode, drinke it 10 dayes, &  
it will destroye the web.

For eyes y<sup>e</sup> burne.

Take the yarning of an apple cut somewhat longe  
& the inside laye to the eye at night upon your eye  
to bed, being fast bound, & applye the same presently.

For moist eyes.

Take the leaves of betony, the roots of fennell  
pepp<sup>r</sup> from tosp<sup>r</sup>, & mass y<sup>e</sup> byob w<sup>th</sup> y<sup>e</sup> water of y<sup>e</sup> fennell.

Or take water of the distillation of lym<sup>e</sup>  
& mass y<sup>e</sup> eyes often frequently, it dryes the  
teares or watering of the eyes. probat<sup>o</sup> est.

For rhumish eyes.

Take a red roler leafe, amoynt it w<sup>th</sup> the white  
of an egge beaten well, when you goe to bed lay  
it to your eyes, & let it be all night, use this often.

An excellent remedy for a pin or webbe,  
rednes, watering or sorenes of y<sup>e</sup> eyes.

Take the white of an egge & beate it containinge  
well, from the white of the froate cleane, then put  
into the white, beinge drye, clove, a little quan-  
tity of rose allome beinge in fine powder, & so  
let it stand a while, & it will turne all to a water  
from perfume it for y<sup>e</sup> eye to drye in to any sore  
eye, & you shall find it an excellent remedy.

For a perle in the eye.

Take a pailfull of ground iuris de musc,  
of white drye w<sup>th</sup> w<sup>th</sup>, w<sup>th</sup> a little white sugar candy,  
boate from the y<sup>e</sup> tosp<sup>r</sup> & take the iuris de musc & drop  
it into the eye morninge & eveninge.

For a pime or web in the eye.

Take a pretty quantity of the stalks, roots, & leaves of the herbs called Christopher in the beginning of May, put them to a good quantity of may butter without salt, put them well stamped in a pewter dish, & set it in the sunne for the space of 2 or 3 good mountayns, if it will not be rotten any sooner, when it is rotten & as an oyle. set it one more in the sunne, & melted straine it, then drop it into of it into the eye, as a small pime's head, & let the patient see by this good for the space of a quarter of an hour, this is a very souveraine medicine, but it must be made & mingled in May; yet it may be strained either in May, June, July, or August.

For the emrods.

Beat it w<sup>th</sup> much malmsey & romin, & put it up w<sup>th</sup> yet cleare to it, & truste it as said.

For the Emrods an approved  
and an especiall syment.

Take a handfull of pile-worke, w<sup>ch</sup> must be gathered in April, tread it, & put thereto 3 ounces of fresh butter, w<sup>ch</sup> to be untille May, in a cold earthen pot; in May take 2 pounds of May butter, ad to it red brambles leaves, 3 or 4 leaves, sage leaves, fennell, soft mary, molliset, leuagis, of each a handfull, rumonils, & malle w<sup>ch</sup>, of each a handfull, & a little yonge leeks, & yett of each very small, boyling them together in the earthen pot, until the herbs be cleare risse, then take them out & straine them, & keepe up a syment for y<sup>e</sup> use. Excellent for the emrods and piles. And if you mixe this syment the quantity of a quarter of a pound w<sup>th</sup> an ounce of vermillion, it healeth a burne wonderfully.

For a feauer w<sup>ch</sup> is burneing.

Take a rooke or two of red well, wash it cleare the roots of the roots, & mild time, the leaves of may, fold w<sup>th</sup> the blossoms, any red bruiser, the quantity of a spoonfull, for much romin,

e few more thons bruised, cyrimony, bay leaues, e  
 of each a pound of refining stoned, stamp & press  
 all well together, the perbes being stamped  
 before, boyle them all in a pottle of malmsy, e  
 in the boyling put thereto some alexandria  
 bruised an ounce, e rayd of white ginger  
 bruised, e ounces of sugar, boyle them to  
 a quart, then straine it, e drinke of it first e last.

A good drinke to drinke in the feruent heat  
 take two pottles drinke made of ale, boyle it  
 w<sup>th</sup> surroy, burrage, bugleat, bay leaues e blossoms  
 of many colors, anny seed, sugar, straine it and  
 drinke it, you may use the same perbes in y<sup>e</sup>  
 broth. Or take white wine e milk, anny  
 seed e liquorice distilled, e use to drinke it.

An excellent barley wine to cure or coole  
 the heate of y<sup>e</sup> liuer or any heate in a feauer.  
 take a pint of barley water, a pint of white  
 or roudish wine, gallo a pint of red rose water,  
 gallo a pint of ourrage water, a quarter of  
 a pint of surroy water, the iuyce of 3 good  
 limons, crush all these with for much sugar  
 as will sweeten all well, e drinke the proof  
 at your time. probat<sup>us</sup> est.

For the spotted feauer an excellent receipt  
 take cardus, marigold flouers, angelica roots,  
 tormentill roots, of each a small handfull, gallo  
 some, e iuyce, of each gallo an ounce, boyle  
 these in 3 quart of pottle drinke, till gallo be  
 consumed, then straine it, e sweet it w<sup>th</sup> the  
 iuyce of frabise, iuyce of gillyflouer, e  
 iuyce of limons, of each an ounce, e a  
 gallo, but if it be not sweet enough, take sugar candy.

A pottle drinke for the same.  
 take two pints of new milk, 3 yints of small

also, 2 Spoonfulls of rose anemone, fixe them together,  
 the first it cure the first, until the wind is set, take of  
 the wind, & mix the cleare possit drink, by the way, you  
 mentioned in the former receipt in the possit drink  
 upon w<sup>ch</sup> 2 Spoonfulls of harts possit drink, mixe with  
 a draine of mitridate & galea & draine of treacle,  
 & well mixed, give it to the first party 3 night to  
 gether, two Spoonfulls at a time.

For the falling sicknes.

Take the powder of the stones of a swallow; or 5  
 leaved grass, drinke 33 dayes together; the mixture  
 of sorghum drinke 9 dayes together; or the great  
 of a fowle boiled in water, & eat daily drinke, & the  
 great eaten, the blood being first cleane draine out  
 or the liver of a partridge; or the flesh of a doe dryed  
 & made into fine powder, & drinke w<sup>th</sup> wine or ale.  
 Every one of these by gods grace gelyeth the falling  
 sickness or ephency.

For the same, & divers other diseases.

Take young swallows, burne them up, & make  
 powder of them, mingle it w<sup>th</sup> castoreum, & a little  
 fine ayfoll, heat some of the gall, you may buy it  
 at the apothecaries, distill water therof, & drinke  
 of it fasting 9 dayes: It is good for the stones,  
 the liver, & falling with, if you shall not find it  
 many yeares; it maketh a good colour, cleanseth the  
 belly & stomack, gelyeth the palisy, murthering  
 & inward, & a guttidian fever: but give it not to  
 a woman w<sup>th</sup> child; it gelyeth scabs & sickness of  
 the poast, causeth one to sleepe well, to make water  
 destroyeth paine w<sup>ch</sup> you it is annoynted, & preserveth  
 a man from drunkennesse.

For a felleo very good.

Take the mixture of sulphure, & smalage, of each 3  
 Spoonfulls, as many great flames as will make it  
 burne; a wall nut signeth of blacke sox, work it to  
 together till it be like salve, & lay it to the finger, &  
 change it every day, once at the least, & it will take  
 away the paine & gelye you quickly.

For a felleo or other sore.

Take some w<sup>ch</sup> a little salt, & lay it to, it will gelye  
 the felleo perfectly.

A Sympke to breake fleame.

Take glose, mayden haire of eare a handfull, a stube  
of stragled & bruised liquore, soothly boyle in a pottle  
of faire morning water, till galls be consumed, then  
straine it, & put to it galls a pounde of sugar water  
from scots, till to the sycke of a sycke, & take 3 or 4  
pennyworth of it morning & evening w<sup>th</sup> some  
majke wine or beere, or ale. proved est.

To open the pipes, & breake fleame.

Take a quart of redde of conduit water, then take  
any sort 2 ounce, a bunch of liquorice bruised, put  
them into the water, then take alivian and hrotes,  
galls tongue, gowpounde, bux root, of eare a like  
mug, & a top or two of pennyroyall, boyle all these  
in the liquor till the hinde part be consumed, then  
straine it, & drinke of it like wine, w<sup>th</sup> a little ginger.

Or take a gallon of water, & a pound of gony  
boyle from, & stime of the fruits at the boyle, & well  
boyled put to it cinnamon bruised small, then straine  
it through a yelley bag, & put it into a glass, & drinke of.

To void & destroy fleame.

Take yesty <sup>or water</sup> fennell seede, politory, glose  
seede from in good ale w<sup>th</sup> liquorice, & a quantity  
of clarified gony, & use to drinke it.

To destroy fleame.

Take powder of colony, & take from of w<sup>th</sup> gony  
for many as will make 2 or 3 poldes, swallow from  
Dorand regale upon you goe to bed very good.

A posset to purge fleame strongly.

Take glose, lavender better, & rosemary of eare 3  
royce, booke from small, & mixe them in the market  
w<sup>th</sup> stalt ale, then straine it, & put thereto a little  
troude, & as your milk is cold put in the stragled  
liquor, & let it stand a little: then take 3 run, & drinke of.

A strong purge for fleame & superfluous humors.

Take ~~the~~ diureticall galls 2 dram, in a little white  
wine, take it early fasting, walke upon it in your  
box, & some 2 or 3 hours after take a little beere.

To stop the bloody flux.

Put a poore of w<sup>th</sup> alleme in boylng milk, take of your  
drinke the w<sup>th</sup> w<sup>th</sup> you get, & if you can eate the run.

## For the bloody flux.

Boyle goly-gauke-rooted in wine, & strain it, & drink it; out of the party gave an aqua, upon hot the spots be sod in water, w<sup>th</sup> plantan leaues & strained & drank w<sup>th</sup>.

## To stop the flux.

Blaunnd almonds sod w<sup>th</sup> very till they be black & eaten fasting restrain the flux of the body, w<sup>ch</sup> soon & fully, but more if they be not blaunnd.

Take Et found royle, & you shall find it a very strong place against the flux of the body.

Or take beames too in vinegar. Or the stalks of a royle specke roasted in amber; Or the liver of any beast sod in vinegar, & eaten, restraineth the flux of blood. Water of plantan drunk, is very good both for the flux, & the pet diopsy.

M<sup>r</sup> Halls receite to make the powder.

## A ointment to cure a fistula.

Take belemnites, & a greater quantity of white wax, & beat & rub them well together in an iron mortar, & grind it after w<sup>th</sup> a hammer, then make it powder & apply it: this make the ointment sub. Take the buds of the poplar tree, at their first coming, w<sup>th</sup> it is in May, or the beginning of June, take of them a quart, & the two leaues of George's foot; wash the foot small, & put it in a bottle, & let it boyle a little, then put in the poplar buds, & let them boyle till an orange together, strain them for burning too, then strain it into an oaken net, & upon it is cold mix it w<sup>th</sup> the poplar buds, and they, but make the poplar buds; w<sup>ch</sup> you must use for least, upon it. Backe forth, first, upon it is, no higher than a city.

## For Forgetfulness or Droulinesse. Flower.

Take the oyle of a crane made warm in a tison of pole, dole strongly, & lightly strain w<sup>th</sup> the discolouring, if the wax of the work be unmounted, w<sup>ch</sup> you may. Take out or smelt of dog some table away, then. Caime beames & sod in vinegar & layd glasser w<sup>th</sup> to the powder part of the seed another heape that are many, w<sup>th</sup> flowers. This w<sup>th</sup>ing dole, either quinton forgetfull persons, for 3 smelt of a man's gain.

## For a pimpled face.

Take the iuyce of lilly root & vinegar together,  
of each a like quantity, annoynt the face therewith out-  
ring & morning, for the space of 9 or 10 dayes.

## To helpe the rednes of the face.

Beate the root of lilly in water, & morning &  
evening wash yo<sup>r</sup> face therewith, & so rub it well.

## For a pimpled face.

Take a pint of rojale wine, a quarter of an ounce  
of rojale rospice, galles an ounce of allome, galles  
a quarter of an ounce of samfist & ab myrry  
brimsfent, as a big & palle nut, beate all these in  
a mortar very small, & put it into the wine  
then yake it all together galles an ounce, & let  
it stand 2 dayes before you use it. It will becom  
good a rojale wine.

## A speciall remedy for the gout.

Take waxe refined by equal portions, & more of  
gaspes tallow, then take plantan, red worke, equal  
portions, stame them & straine the iuyce out, & let  
it stand all night, in the morning put of the  
thick water that standeth above, & put all in a pan  
& boyle it very well, untill all be melted, then straine  
it into a possele paper, you will keep it, & when  
you neede the iuyce make a plaster of clay it thereto.

## To alay the ach of anye joint what soeuer.

Take artoine fennell, beate the 24 portions in  
the strong vinegar, then take them & drye them  
in an oven or the sunne, so that they be not  
burned, then beate them into powder, & take 2 penny  
waight of it, & put it into a cleane saucer of  
faire water, & drink it.

## For the goute.

Take sage, pearly fennell, rue, lavender, of each an  
equal portion, as much of broome flower as all  
the rest, grind them all together in a mortar, & fry  
the well in may butter, straine it & let it stand 2  
dayes & 2 night, after wards scolde the wine  
& let it boyle againe & take & gather the scumme a bowle  
of it in a pan, & put in the powder of plantan roots  
& ringine root, & mixe the together; this ointment is best.

To make haire grow where neuer any was.

Take an euger, & bene a gale in an olme tree, & upon  
the sea romelye, or upon sixe the gale w<sup>th</sup> a roe, and so  
take out the water w<sup>th</sup> a scoon, & put it into a pot,  
& use to annoynt the bare place w<sup>th</sup> a foyle.

To take away haire.

Take the ap<sup>er</sup> of a sole w<sup>th</sup> a falk made into a plaster,  
Or use the ap<sup>er</sup> of a greene froggs leu<sup>er</sup> & made  
into a lye, if paine being w<sup>th</sup> the lye w<sup>th</sup> falls away.

Or take perle leu<sup>er</sup> & beane flour to powder, & mixe  
it w<sup>th</sup> distill<sup>er</sup> & use to rub the place.

Or annoynt the place w<sup>th</sup> the milke or blood  
of a bit<sup>er</sup>, & paine will not grow there.

For payne in the head.

Mustard seede, or the leu<sup>er</sup> of it bruised, & layd  
upon the head, & payne is soon better remedy.

For a payne in the head.

Take some new well brayd & boyled in water p<sup>er</sup>med  
it to y<sup>e</sup> temple upon the greife, w<sup>th</sup> the milke of a  
miltigale of payne, & cause you to take a pleasant sleape.

To purge the head.

Take the seede of stanslaw, beate it to fine pow-  
der, upon put the powder in a linnen cloath, & make  
thereof a little ball, as big as a p<sup>er</sup>le nut, & put  
it in your mouth, & w<sup>th</sup> it w<sup>th</sup> downe, & open it  
betw<sup>en</sup> y<sup>e</sup> teeth, & hold downe y<sup>e</sup> head the space  
of an hour, & it will purge y<sup>e</sup> head & quench  
& loose your teeth from aching.

Or sm<sup>ell</sup> or the iure of alle worke into y<sup>e</sup>  
nostrills; this purge the head, & w<sup>th</sup> any good p<sup>er</sup>med.

Or rub a may gale leu<sup>er</sup> betw<sup>en</sup> y<sup>e</sup> finger &  
put it into y<sup>e</sup> nose, & let it stay there a good space,  
& it will bring out the iure, & ease y<sup>e</sup> head.

Or take some milke, & y<sup>e</sup> iure of a  
quill blow it w<sup>th</sup> into y<sup>e</sup> nostrills; it will purge y<sup>e</sup> head.

Or sm<sup>ell</sup> the iure of ground gale.

Pills to purge the head.

Take maicoram & dry it to powder, mixe it w<sup>th</sup> ginger pow-  
der, & take a rosh<sup>er</sup> onyon, pill it & stamp it w<sup>th</sup> y<sup>e</sup> powder,  
& make pills as big as p<sup>er</sup>le, put them into y<sup>e</sup> nose, & wa-  
ter will flowe thereout, & ease y<sup>e</sup> paine.

For dazling of the head.

Take white pulchall, & lay it to the temples. probat<sup>us</sup> est.  
 & salve to cure a sore head.

Take 12 of the finest oyster shells you can get, wipe  
 them very cleane, lay them upon a cleane peece  
 & a row, put y<sup>e</sup> earles for two from burne from  
 to eyes, then put them into a quartor of a pinte  
 of better oyle, compounding them w<sup>th</sup> two honey  
 roots of quill sillex, & an ounce of bismuth. It  
 will be best to keep a quartor of a pint of this  
 oyle by it selfe; the playe window, must have a  
 ray of sunne, & you must rub away the pain  
 there to the face; then annoynt the place w<sup>th</sup> this  
 medicin<sup>e</sup> every morning, & at night w<sup>th</sup> oyle alone.

For the heart burinise.

Take the rox of fennell, rubb them in y<sup>e</sup> mouth  
 surting & swallowing the iugre, spit out the rest.

For straitnes at y<sup>e</sup> heart with cold.

Take figgs in wine, & straine it well, then put  
 thereto 2 dramms of the powder of Detamys drinke  
 therof first cold, & last hot; Allse for a woman  
 that hath w<sup>th</sup> a dead child, let her drinke the pow  
 der of Detamys in wine. And being thus take it  
 saufely iron or wood to come out of a mans body.

For the heareme.

Take an apple, roste it softly, take the softest  
 of it & put it upon a linnen cloath or cotton, & put  
 it in your eare, when you goe to bed: it is excellent.

For the yellow Jaundies.

Take turmeint & ab murg. Quory beate them to  
 powder, ab murg. also of the mex barkes of a  
 barbery tree, w<sup>th</sup> a quantity of english passon  
 in powder, mixe all together, & drinke it in y<sup>e</sup> best  
 ale, 3 or 4 dayes together fasting.

For the black jaundies.

Take sage, rosemary, of each a handful, bruise  
 & straine the iugre of them into a little stale ale,

Take a pound of very good vinegar, & put hereto as  
 much treacle as ~~the~~ milt, & boile it in the vinegar,  
 untill it be incorporated, then put hereto as much  
 wall ~~two~~, as a nut, wash from together untill it be cold  
 warm, & see drinke of it: this is very good.

For the yellow iaudies.

Take stale ale, & put therein a good deal of fier got steele  
 take of the same, & put therein a quantity of ivory  
 shav'd, a quantity of graynol, & of english saffron  
 pound'd together, & drinke it 3 times first & last.

For the black iaudies.

For falling of the Tucla.

Take salt & brimston together, & lay it on the  
 end of your thumb, & put it up there w<sup>th</sup>.

For the iaudies.

Take wd wormes well wash'd w<sup>th</sup> Em & w<sup>th</sup> out dry,  
 then & make them powder, or boyle them in y<sup>e</sup> broth,  
 made w<sup>th</sup> rye, rye, mutton, or veale, & great wormes  
 endius, surory, rootes & yerbes, partly rootes of viol  
 leaues, & burrage, by the wormes in a fine linnen  
 cloth, of the bignesse of a great walnut, & see let  
 them boyle in earthen stone, but not in brass.

For y<sup>e</sup> iaudies or morpheu.

Take the yellowest dark rootes you can get, scrape  
 & wash them cleane, take out the y<sup>e</sup> rye, then from  
 them, & put them into rye or some wine  
 in a new cloth covered, put to it also a dozen more  
 of y<sup>e</sup> same mynt, & let it stand 24 houres, & two  
 houres before you drinke y<sup>e</sup> broth, drinke of this  
 in the morning fasting.

For y<sup>e</sup> yellow & black iaudies

& for the greene sicknes.

For the yellow iaudies take of ivory made into small  
 powder also an ounce, turmerick 3 quarters of an  
 ounce, english saffron the weight of 4<sup>th</sup>, all beaten  
 to fine powder, mixe these together, & drinke a quan-  
 tity of them morning & evening w<sup>th</sup> stale ale:

And for the black jaundies take the same, but first purge melancholy: for the greens, the same medicine is also very good.

To ripen an Impostume.

Take worme wood, mallowes, mugworts of each a good handfull, stamp & mingle them together, with a quartor of a pound of yeggs greasse, fry them, & put to them a handfull of rosbare bramm, a little wine, & ounces of yong, then boyle them till they be thicke, then lay it to the sore.

To breake an impostume.

Boyle lilly, rosbare & an onion in cleere water, untill they be very soft & tender, then stamp, and fry them in yeggs greasse, & lay it to the sore.

For an impostume in the body.

Take rosbare, rosbare, worme wood, yong yownd, & make them into a fyne net, with wine; take heed of, & it will melt for impostumes to goe downe wards, & when it is broken, drinke of the same fyne, but let it be always warme.

A water distilled in the winter good for Impostumes in the Lungs & Stomack &c.

Take alitampans, lilly, flower de lise of each 3 rootes, a good quantity of rosbare, as much of sage, galls as much of garden tyme, & of nutt the rosbare in small peeces, & brake them with the galls in a mortar, untill they be well mixed, then put thereto an ounce of liquorine cleane strain'd, & cut into small peeces, & binised in a mortar, as much amyssad & fenel cleane & liggly binised, galls for much grosse beaten pepper, in juce all these in a gallon of white wine, or strong ale, & distill it. This is also good for the asthma, the colic, to comfort the heart, purge of bramm, & against of apoplexy & Dissolutes grosse humors of the braine,

taking but one spoonfull every week fasting in  
summer, & two in winter.

For the itch or scab.

Take 2 penny worth of the oyle of bayes, take a  
pound of blud. soap, a penny worth of brimstone  
mixe these together & anoynt the scabs therewith  
& sweete oylment to kill the itch.

Take oyle of bayes, quirk siluer, barretts yreaso,  
tempor from toytow, & anoynt the party, <sup>secret</sup> ~~secretly~~.

A mercurious good <sup>secret</sup> recete of small charge  
to cure swelled knees & leggs, red &  
full of humours; often approved.

Take a good pino if you can, or else a white  
lambs pino, or a kids pino, cut a piece of  
it ab broad ab the palms of your hands, or  
some great meate, smelt it in a pan on the fire, w<sup>th</sup>  
the things in it: resins of a pino tree 2 pound,  
gallens 2 ounce, mastick an ounce, misle, rynth  
amber of east 6 grains or more; breake the  
mastick betwene two papers, & melt the resins  
& galbani in a pan, & melted put the mastick  
to it, stire it that it burne not, then spread it  
upon the pino take also a finger hilt, then take  
12 or 15 of the little beastes called mounkes peason  
sowes, the by under stones in moist places, stame  
from in a mortar, w<sup>th</sup> a little barretts yreaso  
make first of an oylment & lay it upon the plaster  
& pashed lay it under the knee, or side of the leg,  
good bound for 2 or 3 dayes; if the leg be cury,  
take it away; & if the plaster gett made little  
bladders, part from, & ripe from, & wash from  
w<sup>th</sup> wine againe the detraction of oylment  
olive leaues, & plantan ~~gout~~ <sup>gout</sup> ~~gout~~ <sup>gout</sup> ~~gout~~  
boone made, & ripe & dry from againe & make  
cleane the plaster, & stire the oylment a little,  
& lay it on againe. Doe this outry 2, 3, or 4 dayes  
& the plaster will draw to it in short time a great  
aquefity, & will take away the inflammation, w<sup>th</sup>  
& swelling, if there be a wound, good it w<sup>th</sup> a plaster.

## For hibes.

Take a little rosin, pound it to powder, mixe it w<sup>th</sup> the grease of a tatters ransle, like a salve, make a plaster & lay it to ab pt ab you can suffer.

## For a laske.

Out of the goad of a great onyon, pick out the midst, & fill the hole w<sup>th</sup> frankincense, & onylise saffron beaten to gether to powder, & cover the hole w<sup>th</sup> the top out of, & roast it in embers, ab a maddon & well rosted, take out the roze, & lay the gold to the mauler; upon it it will take another.

## A drinke for the same.

Take the rinde of a yonge granate, 2 or 3 acornes w<sup>th</sup> out the shells, & dry the barnell, put hereto amyssed a spoonfull, a rayb of good yinger, beate these together to powder, & mixe all together, & drinke of it w<sup>th</sup> red wine ragent in calfe a dozen measure water & wine beens seed; drinke it together w<sup>th</sup> some beere or faine fmes in a day.

## For a laske &amp;c.

Take beards of knot grass & boyled in wine or water pray all manner of lastes, & fluxes of the belly, the bloody flux, flowers, spiting of blood, & all fluxes of blood.

## For the same.

Take 2 quartfulls of raggate flower, try it in a faine white cleat, scatch it in water, w<sup>th</sup> must first boyle before you put in the flower, let it boyle, till it be so hard, that you may cut it into stiches, upon dry the stiches in an oven, & beate them to powder, & put it in milk, beere, or the like.

Or take the rinde of a dozen of great hartie cyphors, dry them in a cleat, upon shew or beere, rubbe beens flower, & fry them in sweet butter, white beere, hot wine, & beate them, & drinke a cup of raggate, or allegant, ab you can get.

Or take a new tile stone, make it red hot, & take a nutmeg beater to powder, & beate into it 5 or 6 yolkes of eggs, bake it on the tile, & grate it, & put a red pot gad of shools into a ring of ale, & drinke of it.

For the same.

Take a very good nutmeg, roay it in a brown paper, rest it, & take it very hot, & immediately drinke a good draught of wine of red berde, doe this 2 or 3 times.  
Or take a burked ryle, & make it into powder, & drinke it with red wine.

An outward medecine for an extreme laske.  
Take galles a pound of wine, boake it very fine & strain it, Scalpe an ounce of rynomor sliced in like manner, upon take a pint of red wine & boyle these in it, & make a pulvis; upon take 2 pounds of red cloath, or scarlet & spread it on fire & apply it hot to the belly, beneath the navel, on every quarter or galfe an hour one after another.

An excellent receite for a laske.

Take a quantity of gum arabick as much as a fagge butt, mayston it in y<sup>e</sup> mouth, & as it mayston, swallow it downe, & meanes that it mayston, & doe this 3 or 4 times morning & together fasting & it will infailably gelee you.

A tisane to open the Lights.

Take a quart of pure barley, a pottle of pure running water, a good quantity of liquorice, amyfood, & great walnuts, w<sup>ch</sup> some figgs, boyle all these to the galle upon straine it, & to make it pure good boyle it againe w<sup>ch</sup> the whites of 2 egges, & take it first & last.

For the Meagram.

Take salony, wild hythled, of eare a handfull, broyle of singronne, the white of a new layd egge, boake it & take of the cleare, a handfull of rypake bramo mingle all together, & put them in a fair lincloth cloath, & lay it to your sore head 3 night, & let the old plaster by still, & it will gelee you.

A drinke for the same in perik.

Take good red wine or mustard, & put to it amyfood, liquorice, figgs, roman, rose pound, flow, tyme, or gamont, altramand roots, wild sage, herbs, tongue,

mayon pinto, of each a like quantity, put all into a  
 limbeck & distill it after the manner of aquavite.

To procure myrtle or cheerefullnes.

Take water of busage drunke w<sup>th</sup> wine make a man  
 vigorous: it is got & moist.

Or take a quart of white wine, a pound of the  
 rye of an opbe bark, partly roots, fennell rootes of  
 each 2 poundfulls, boyle all together untill the wine  
 be halfe wasted, then straine it, & drinke 9 or 10  
 spoonfulls before morninge & eveninge, for the  
 space of 9 or 10 dayes: this is very good.

For the mother or spleene.

Take powder of pearle pound, & take a drinke of it daily.

Or take partly rootes & fennell, the roots & buds of  
 paragon, the roots of tyme, a like quantity of each,  
 boyle them in 7 pintes of water, & a pint of honey, &  
 make thereof a syrop; take this 6 dayes; after that  
 infuse a draine or galbe a draine of rubarbe  
 in white wine redde, or in this syrop all a night,  
 if the syrop be made thicke, & drinke of it.

To cause the meazles or pox to come forth.

Boyle a poundfull of figgs, steame wood, in a pint  
 of scale ale, untill halfe be wasted, & drinke a  
 draught of it warme mixed w<sup>th</sup> the powder of  
 orange paxton.

For the mercurie.

Take a possit w<sup>th</sup> seminary, drinke of it in the  
 morninge in y<sup>e</sup> bed, & proake after 2 houres after  
 it: then take amysses powder & the powder of sem  
 & sugar, & drinke of it the same morninge: you  
 take a new layd egge scooped 24 corners in  
 a mazer, then prick it w<sup>th</sup> a pinne, & take that  
 w<sup>th</sup> romish feare, & amysses the mercurie  
 w<sup>th</sup> it & it will goo away.

For stopping in the mill.

Take pouty lacust, rumemilt yarrow, felypse  
 & round semell, politory, of the root, squimery  
 of each a poundfull, stamie the, & fry it in a litle fress

butter, & lay it warme to the belly, & the side, from  
the pit of the stomack downwards, & wch it last  
but the plaster, or heat wch is layd plaster wch  
let it be 12 houres, upon wch account it, & amoynt  
the place wch the oyle warme, & ofake the place  
before a good fire wch an power at a time.

For swelling of the members or stones.

Take a rose rube, goly pante, violet leaues, &  
momils of eare, a handfull, a good quantity of  
romain beaten to powder or flower, boyle these  
in faire running water, untill it be some what  
thick, & lay it plaster wch by rote: upon the place  
and almost boyled enough, pull the rose rube to  
ground, & let it boyle on.

For a greate heate in the mouth.

Take a pint of water, the quantity of a nut of  
white almonds, ab must sage, & a spoonfull of gony,  
boyle all together, & wash y<sup>e</sup> mouth therewith.

A good medicine for an oncome.

Take a pint of milke, put therein an ounce  
or more, wch of englist safren dryd & beaten to  
powder, wch raimos of light bread, for must ab  
will make it thick; in the boyling put therein  
the yelkes of 2 egges raw, beaten wch a little  
milk, stirre it continually, wch it is thick  
take what & spread it on a linnen cloath, & lay  
it to, & changing it twice a day, & in the  
remoueing of euery plaster, amoynt the place  
wch the following. Take galy a pint of  
may butter, put to it romain seed beaten, & mixe it.

To affuage the swelling of any oncome.

Take a pint of white wine, & a good quantity  
of white flower or meal, boyle them together  
untill they be thick, & lay it to the sore place.

Or take ground pite, romain seed, mallorcs  
of eare a libe, fry them in shoff butter wch a good  
space, & lay it plaster wch to the ground place.

Altho it is exceeding good to put to use  
aford byd oymment (where it is marked in the  
margin w<sup>th</sup> this note ⊕) take an ounce of  
the iuyce of rue, & boyle it w<sup>th</sup> lye may butter  
& remaine sove beaten to powder & passed, strain  
it, & let it stand a little, tyeon use it.

A good drinke for the pestilence.

Take spax of violet, fenell, endiue, & sencer lymont,  
of eary alike, mixe them w<sup>th</sup> burrage water, & a ty-  
sane made of barley w<sup>th</sup> lye powder of bolearminalt.

For the stone, ~~the stone~~ ~~the stone~~ ~~the stone~~.

Take rue, burral, fofphure, of eary a handfull, a quan-  
tity of fenell, lye root & roots of dragon, wash lye  
rubarbe, & put them into a pottle of running water  
boyle it till fofphure be washed & let it  
stand untill it be almost cold, strain it through  
a faire cloath, & if it be too bitter put to it  
sugarrandy, & if you drinke it before lye may  
doe appoynt, by godt grace there is no danger.

A preservative & curative against  
the sicknes, or plague.

Take a new layd gombe egge, & make a hole in  
the middle, draw out all the white, & leave the yolke  
& fill w<sup>th</sup> lye root w<sup>th</sup> onyliss, saffron w<sup>th</sup> lye, tyeon  
dry the egge by the fire, or in an oven, w<sup>th</sup> lye  
bread is drayned, so long till the shell be black  
& burned, & the rest binde, & dry, & boale it to  
powder, & put to it the same weight of mustard  
seed powder, tyeon add to it dittany turmentil,  
nux-vomica, of eary a draine powder eary by it  
selfe, & tyeon put them all together, & put to it  
rue, piony, zedoary, canfire, fine hearbe, of eary  
equall portions, soe heat the weight of lye 5  
or 6 times, at all the rest, boale all together  
in a mortar, for the space of 2 houres, untill  
they be well incorporated in a lump, tyeon glasse  
it w<sup>th</sup>, set it in a redd place, covered w<sup>th</sup> a leafe  
of gold; it will last 30 yeares w<sup>th</sup>out corruption.

is of an inestimable value, one calls young raight  
 will y<sup>e</sup> save one from the plague, & might of a body  
 some gale a medicinal strength to defend the body,  
 but if you be informed to take it before taking blood  
 take 2 or 3 grains; but after bleeding take a single  
 scruple, or 2, or 3, if your strength will bear, then  
 wash w<sup>th</sup> wine, for a yet labing; & in a great cold  
 take a little quantity, & speak however; & I have  
 knowne the first thing desperate, not being able  
 to volume any thing, yet taking 2 scruples of  
 this, mixed w<sup>th</sup> a little aqua vita, the vomiting  
 gale ceased, & nature returned, & the full body  
 escaped the danger of death.

An emplaster for the same.

Made it of oyle olive 20 ounces, wax, bitarce  
 of cast, bitarce of silver, venore romfo, of each  
 4 ounces; myrror also an ounce, venore torol.  
 4 ounces, & so make it up.

The vertue of this emplaster

- 1 It cures all sores & greives, for that the benevolence
- 2 The swelling leggs, eroding of sores, so it will  
 blow or open w<sup>th</sup>
- 3 All imbecillities, swellings, inflammations eroding  
 of flesh or sinews; & like w<sup>th</sup> for the touch of  
 any venomous thing.
- 4 The rashes, & boils in any part of the body.
- 5 The sores, & ulcers caused by honey or yonoxpeas  
 & all sores in the body or parts.
- 6 The fistula, so it never for great & old
- 7 The plague, laying it presently upon the place  
 where the pest is
- 8 The bites of dogs, swellings or breakings out  
 of the leggs or feet, if you cannot move off or pass.
- 9 All burnings, although w<sup>th</sup> gun powder.
- 10 The cuts, spralls or stabs w<sup>th</sup> knives or daggers.
- 11 All bitings of venomous beasts or mad dogs.
- 12 All itches & stabs in the head of man or woman.
- 13 The night stabs, so it never for bad.
- 14 The warts, imbecillities, & tumors in any part  
 of the body.
- 15 The itches or scalls.
- 16 The rashes, provided so, that it be layd to in

time, before it comes to the part of the party.

All abscesses & fistulas in the scrotum.

All sores on the feet.

All puerulentous sores, that grow between the rays  
of the fingers or toes.

All itchy ulcers in the fundament.

All carnosities in the yard, & all such sores, & growths,  
along the same of the woman.

All sore eyes, inflamed, or excrementitious with  
water, that they cannot open from.

All the best Antivenereal fiers.

Also it cures the chancres, & is only applyed.

Infuse all puffed, spotted, washed, & furrowed, in the  
hair or brows.

A preservative from the plague.

Take good grass, tender locust, red burrage locust,  
sage, of each a handful, bruise & stam from & put  
the juice of them into a quart of white wine, &  
put a quart of grated ginger into it, & let it stand  
a night, then drink of it 9 mornings fast,  
once after an other, & by Gods grace it will  
keep you from being infected.

Or take the powder of belladonna & hyacinth  
mingled together very well.

An excellent preservative in the plague  
time to expell it from the house.

Take olibanum, mastick, wood of aloes, beniamin,  
storax, wadanum, cloves, juniper, make of them  
a perfume, & sprinkle it with vinegar, & also take  
the quince branched of quince trees in your  
amber, & sprinkle them with vinegar & red water.

An electuary very precious against the plague.

Take 20 mall nuts, 14 fat figgs, good grass, worm  
wood, yellow sw, one eye, stacion of oare, a handful,  
2 suns & a galle of pimpernelle rotajunk alias  
the blessed bird, galls, an ounce of aristochia lon-  
ga, an ounce of aristochia rotunda, a handful  
of the locusts of ditary, 3 dramms of bay berries,  
2 dramms & a galle of the yender of parts longus,  
3 dramms of mace, a drame of the salt of the sea,

2 Drames of nux vomica, a handful of leafles  
of bugloss, stamp from together in clarified foy, &  
take a drame thereof every morning fasting.

For the dead paulty, or numbness  
in the ioynts or bones.

Take also may toyal, red sage leys of saye a gaine  
dull, a pint of good mauntyng, gallye a pint of weale  
foote oyle, boyle from together & stry it thro' a  
noyntell lye plate w<sup>ch</sup> it remains probatid est.

For the paulty in the hands.

Wash ye hands in cold water, & germain is sage, and  
let them dry of them selves.

For the paulty.

If any man doubt of the paulty, let him take every  
morning 3 mustard seeds, & 3 pepper cornes, and  
use it day by day.

Or take the flowers leasels, & rootes of rose  
steyn stamped from, & lay them in a linnen cleath,  
& beare them from some yot, & lay them to the nose of  
the wike & to the eares, & germain is sage, & red sage,  
to warmen, 2 or 3 times: and stamp sage & lay it in  
like manner to ye pullet or wicket.

For the same.

Take Spanishe St Omors anyent the roots taken  
out, & fill ye from w<sup>ch</sup> good aqua vite, & rest  
from well, then straine from, & if they bee  
come to dry, put to them in the straining a little  
more aqua vite, & some lye oyle, & annoynt  
the patient evening & morning: it is very good.

For a plurecy: vide pag: 23.

For the piles or whites an excellent salve.

Take pile wort gathered in April, & of it small  
& temper it w<sup>ch</sup> a little butter to p<sup>r</sup>serve & keep it  
till May; then take 2 poundes of may butter, w<sup>ch</sup>  
bramble leasels, mallowes, ale w<sup>ch</sup>, red or leasels  
soft may, gowse liske, fennell, w<sup>ch</sup> lye, lye, melle  
lete, & ale w<sup>ch</sup>, & of the goodes w<sup>ch</sup> small &  
incise them in the butter, then put it in an earthen  
pot, & set it in the yot sumer for the space of

to roaste, then boyle it on a gentle fire stirring  
it, & when the partes are dryed, it is enough, then  
straine it thorowly from the partes & put a quart  
of a pound of wax thereto. If you ad best  
valerijes raris it is an excellent salve  
& a sove, souveraine remedy, against any burne  
or scald what soever; & without the raris  
it cures the piles.

For the same.

Take the blossoms & buds of chrysanthell, if it  
be for a man, it must be the red, for a woman  
the white; boyle them in white wine, w<sup>th</sup> a butt  
or a pint, straine the partes, & lay them to the  
golden quince, & drinke the liquor seasoned  
w<sup>th</sup> sugar candy, 2 spoonfulls at a time in  
the morning & evening, if the party be  
aged take the more.

To make one piss freely.

Take partly seed, alexander seed, the rosted of  
tansey in winter, or the leaved in summer, of each  
a handfull, boyle them in a pottle of good ale,  
& let it stand while it be cold, then straine  
it, & make a posset of the liquor, & drinke of it,  
but let the urine alone.

Or forty barley, liquorice, & violet in water  
5 or 6 pomeis, then straine it, & drinke first & last.

For those that cannot retaine or  
hold their water.

Take w<sup>th</sup> vinegar & water upon you goe to  
bed the bladder of a goat, hearse, or bull made  
into powder. Or take 3 dayes together at the  
moone of the moone the bladder of a fresh  
water fish. Or the braine of a parrot taken  
in wine. Or drinke the bladder of a fure pig made  
into powder. Or the bladder of a beare made  
into powder. Or fill boards rosted, & eaten are  
very good for any one that hath the distill  
ation of urine or take your powder in drink or pot

## For the same.

Burne goats halfe, & make it into powder, and put it into the patients pottage.

Or lay a little tile upon hot reeds, & lay thereon a quart of spoore out in spoore, & give it time to melt upon heate it to powder, & take in a spoone a little w<sup>th</sup> warme milke or pottage evening & morning fasting.

To take a peale of castorium, one pt of milke may beate them to powder, & w<sup>th</sup> a little syrope make pills, & take one every night w<sup>th</sup> you goe to bed.

## For one that is poisoned.

Take wall worke saule, pare away the out or rime, beate it to powder, lay it in ale or water all night, then straine it, & drinke it fasting, & you will vomit w<sup>th</sup> the poison.

## For the Rhume.

Take a quart of rye smothered w<sup>th</sup> frankincense or Storax, & take a spoonefull of the syrope diacodion, & put it in your mouth a quarter of an hour after you be in bed, or now then spit it out: but if you saw the murre, then you must swallow it downe.

Or dry & beate a handfull of bay salt, & put to it a handfull of oxeneye dried a little, mixe them, & powd them in a linnen bag or tow, & take them out over a smoking dish of reeds, & lay them to the mouth of the patient behind & before, & doe thus 3 or 4 times in a dressing.

## To make a water in perill.

Take 3 gallons of the best of sack, or mall nutt, or beere, liquorice, amissod, of each a pound rorandor seed, ransow, galmyall, pishward, set mall, or the mall, of each an ounce, w<sup>th</sup> of the summe a pound, figgs, galls a pound, roromon 4 ounces, renny royal a good handfull, ransomile, myrtle, russet timo, semell, rorin,

Sapifrago, Dill, four pound, of each pulp a good  
full, allitramsane roots, 2 ounces, mixe all  
loose into two lyes 24 pounds, before you set  
you limbeck, let ye pot be 4 gallons & more  
& draw out of this 5 pints of the strongest, &  
upon it is 4 dayes set out to it a good quantity  
of rose leanes, & let it stand 10 dayes, & then  
straine it, & put to it pulp a pound of refined  
of the sumbe, the stone pilled out, & 4 ounces  
of figgs of Algier, & let it stand 14 dayes,  
then cleare it, & stop it up close.

Doctor Smithes water for y<sup>e</sup> same.

Take a gallon of stronge Spanish wine, three  
quarters of a pound of liquorice, & as much  
of anniseed, distill from ab you doe aqua vita  
from take a quarter of aqua vita, & as much  
rose water 2 ounces of liquorice, & as much  
anniseed. If you will you may, let this stand  
24 pounds, & then straine it.

For the rhume.

Take of ibamum, 3 pound; wrap from up  
in ransome of roset, & swallow from down,  
as pills, when you are ready to sleepe. But  
take this not a bowe 2 night together; the  
three pound must be of the signet of small yeaft.

For the same.

Take of these rosted in amber, & lay it to the good.

Or if it proceed of a cold cause, take got ra  
lamyut & not for time, bray from, & lay from to  
the temples, or any place of the good.

Or cast into the nostrils the iugre of tole  
wort; this purge, the good from rsume.

For a rupture

Take mond royall, bene worthe, Stoygard puffs,  
bret grass, of each a goodfull, steepe from together.  
& put this into a pint of the drinke p<sup>r</sup>scribed in the 20<sup>th</sup>

page c & h veritas: you take hyon, & straine  
hyon into the same drinke, & give it ab the  
ofter. If you use the water above mention  
ed, for wounds or sore breasts, <sup>per other parts</sup> you may put in part  
of one of the gallons of water, a gallon of white  
wine, & amoynt the place w<sup>th</sup> oyle of myrrour wood.

#### For the Rickets.

Take soft wax, bay leaved, ramomils, topi of  
Luncheon, by 2 rinds of ale peefe, forced of long  
spred time, of eare a handfull, spread hyon and  
beate the in a mortar, boyle it in a pound of  
butter first the space of an houre; straine it  
& amoynt the rickets, fives, & downe to  
the heels, every evening & morning for a quar  
ter of an houre. This oylment is to be made in May.

#### A drinke for the Rickets.

Take the rooke of fox warm, it hath a slow  
like garlick; take is of hyon rouns, bruse the  
& put it into galbe a pint of milke, boyle it to  
a quarter of a pint, so drinke of it every mor  
ning fasting, & fast galbe an houre after:  
w<sup>ch</sup> you can use this a vinty night, hyon  
beate take in the same maner of rouns;  
& w<sup>ch</sup> you can use will not take it any longer  
in milke; take it in an ouer, & beate it to  
pouder, & give it the roid in soone.

#### Syroe for the Rickets.

Take a quart of running water, maydon pain  
page of ierusalem, saltfoote, of eare an ounce,  
an ounce of the sturd roots of fox warm, li  
guorine sturd amised brused, of eare galbe an  
ounce, a handfull of redne pinked luser wood,  
20 figgs sturd, boyle all these well together  
to the galbe, & straine it, & put to it a pound  
& a pulse of fine sugar, 2 dramet of pearced  
wells, 3 leavels of gold, let these boyle well  
together, hyon straine hyon, & give the roid one  
spoonfull first in the morning & one last at night.

To stop y<sup>e</sup> running of y<sup>e</sup> reines.

Take *Opium turpentine*, bys quantity of a  
great nut, confound of roset a quarter of an ounce,  
galea a quarter of an ounce of rymon beaten  
2 or 3 ounces of white sugar candy, and yellow  
sanders a quarter of an ounce of orange, white  
sanders also.

Another for the same.

Take white sanders a quarter of an ounce,  
yellow sanders galea an ounce, and sanders 3 quar-  
ters of an ounce, beate them right together in  
a mortar, ad an ounce of confound of red roset,  
e beate all againe, then take for murg, *Opium*  
*turpentine* massed in plantan water as will  
bring it to the stiffness of a pill, e take here  
of the quantity of a galea nut in the yolk  
of an egge new layd; take this 3 morningts  
together, then waite 3 dayes, e soe by 3 dayes  
together, untill 9 dayes be expired; then  
take a plaster of diapatma, apply it to the  
back, e let it be, till it fall off of it selfe.

The vertues of Rosemary.

Boyle the leaues in white wine e mass y<sup>e</sup>  
same, beate e browe it, e you shall be faire; put  
the leaues under y<sup>e</sup> beds head, e you shall  
be deliuered from all euill dreames.

Bray the leaues to powder, e lay it on a  
ranke, e it will kill it.

Take a box of the rood, e smelt to it, and  
it will restore your youth.

If ye leggs be swollen w<sup>th</sup> the gout, boyle  
the leaues in water, e binde them to the swell-  
ing in a linnen cloath, e it will relieve you.

Boyle the leaues in stronge ale, e bind  
them to the stomack, e it relieves all euill.

The rood or shallop burnt to powder keeps the  
feet from all euill, if you put it in a linnen  
cloath, e rub your feet w<sup>th</sup> it.

50  
For the Stone.  
Take powder of spinous berries, powder of Dam  
scone, powder of facifrage, of each a lib. m<sup>o</sup>,  
& drinke it w<sup>th</sup> possit also.

Another.  
Take unrot lime, ramomils, of each 2 handfuls,  
rosmary, botony, of each one handful, 3 handfuls  
of rimbfolo, boyle them in a pottle of Urke & a  
pint of clarified yong, unto a quarton, & take  
it in the morning & powder before you eat, &  
be last at night.

For the Stone.  
Take a spoonfull of roxander seed, 2 spoonfulls  
of parsley seed, & 2 of broome seed, alexander seed,  
ground well seed of each a handful, beate them to  
powder, & seare them; then take a quantity of  
white wine & put thereto a handful of parsley  
roots, & leaves in summer, in winter the berries  
only, a handful of politory, on the wall, galfe  
a handful of wild mallowes, a handful of  
water rasses, boyle all from a quart to a pint  
straine it, & then put in the fore sayd powders,  
& drinke it milke warme first & last.

Another very good.  
Take a quart of good red wine, put thereto 3 pound  
of sugar, galfe an ounce of camomil seed, red roze  
seed, all together from a quart to a pint, then  
straine it, & use it red first & last: very good.

Or take yarrowe, must leaved, beane roots,  
rosmary, facifrage, full these herbs several, then  
take a lib. portion of the waters, & see must  
manually as the waters be in all & distill the  
together & keep that water in a glass, & drinke  
4 spoonfulls of it w<sup>th</sup> a spoonfull of the pou-  
der of good ginger.

For the Stone in the bladder  
Drinke turmain, bayes, longe pepper, ground pill,  
and clove.

An emplaster for the Stone.  
Take parsley, thyme, unrot leetle, yong royall,

ramomile, veruine politory of the wall, sapifrage  
reuerd of eare a handfull, boyle them in a quart  
of rhye wine to a pint, & lay it to ye botte.

Or take worme wood & ramomile of eare,  
a handfull, boyle them in a pint of malmsey,  
untill it be consumed to the halfe & apply it.

A distilled water for the stone, to be made  
in the end of may or beginning of June.

Take politory of the wall, sapifrage, parsley, molise  
of lime, of eare 5 handfulls, 12 radice rootes small  
ones, three the rootes & stam the yordas, & lay them  
in a gallon of new milke, & see distill them.

Some take but one handfull of eare of the yordas  
& 5 or 6 rootes. & you take 6 spoonfulls of water  
& the spoonfulls of rhye wine w<sup>th</sup> a little sugar,  
& a little nutmoge stirred together, & take it blood  
warms to give together in 3 mornings, & take only  
in the space of 3 weekes, & ride in walks upon  
it 3 times, & after you have drunk this, take  
halfe a good nutmoge.

To breake the stone.

Drinke the powder of eggs shells. probatur est.

Or take the powder of the rootes of the nettles  
put a spoonfull thereof into a draught of rhye  
wine, & drinke it somewhat warme, use it every  
day, untill the stone be broken & consumed.

For the stone.

Boyle a pint of gelly, bovine in good ale, till the  
ale be consumed, then straine it, & put to it a little  
butter, drinke thereof 5 or 6 spoonfulls, & w<sup>th</sup> in gisse  
an powder you will make water, if ever any, w<sup>th</sup>  
drinke will cause it.

For the same.

Take a good dole of myrrour, stam it & bring  
out the myrrour & drinke out every day, the quantity of  
a suppe full. probatur est.

Take gumme of gummole dole breake the stone,  
& loo on the ground wonderfully.

Or distill sparaberie & mingle the water w<sup>th</sup>  
good malmsey, & drinke it.

Or take a red hot flint, put it in a quart of white wine, rowe it close, & let it boyle, & drinke it cold.

For the Stone.

Take also, white wine, of each a pint a quarter of a pint of pearly water, grammoll seed, rounder seed, of each a penny, recub, beaton, a handfull of molger of timo, ad mung, veltitory, of the wall, galbe an ounce of pearly seed, boyle all together on a soft fire until it come to galbe a pint or more about

Or take mond pearly, veltitory on the wall, amispod, boyle them in a quart of white wine to a pint, & drinke thereof in the morning fasting & walke vpon it.

A purge against the stone or grauel, by Mr. Groves.

Take a draine of puluis sanctus, galbe an ounce of Syrac of vesel, siccoe them in a penny worth of white wine, & drinke it of, & you shall find great ease.

Or take of 2 ingredients of 2 Lymens draught a fine cleare put thereto 4 or 6 spoonfulls of good sallet oyle, wth a little quantity of sugar, drinke it of in a morning, & walke vpon it; this is most excellent to prouoke urine.

Another for grauel.

Take a good draught or two of more ale out of the fat, wth some fresh butter in it, & walke as before or 2 vpon it, & it will cause you to void much grauel & sende.

Or take 3 or 4 red pearling - redd drageon & pound to powder, & all wayes also beane of biper in y<sup>e</sup> drinke or potage, or in lott.

For the stomach rayned wth heat burning.

Take red water, small ingre purified, of each a pint, syrac, amispod, ad thereto a quantity of amispod, wth sugar, boyle all, until halfe is consumed, & take 3 spoonfulls at a time euery drinkinge and morninge, & at other times also if need requires so to doe.

To breake fleame about y<sup>e</sup> stomach.

Take the ingred<sup>s</sup> of fennell & a quantity of gony,  
boyle the until it be drye, & drinke the of evening  
evening and morning. This cleareth y<sup>e</sup> stomach.

Or take parsley, roches, fennell roches the y<sup>e</sup>  
taken out, wild thyme, ffoe, an other like limes wood  
w<sup>ch</sup> groweth in an oake, of each a good handfull,  
put them cleane, scold them in a pottle of  
running water, to a quart, & w<sup>ch</sup> this water  
make almon milke, & broathen it w<sup>ch</sup> sugar,  
& drinke of it at oft as yer please.

For the squincy in the throate.

Boyle the ingred<sup>s</sup> of fennell in gony very well,  
until the ingred<sup>s</sup> be consumed, & use it.

Or take galbe a handfull of the roches of  
rochit lillies, or as many as will make a plaster,  
galbe a pint of milke, galbe a spoonefull of twa  
re, fennell all together, & make it as yet as you  
can suffer, spreading it on a cleat, lay it to y<sup>e</sup> throate.

A gargle for the squincy.

Take 2 spoonefulls of mustard, a spoonefull of gony,  
a pretty quantity of a rochit doggs head finely scoured,  
a quantity of fennell or plantan water, gargle  
your throate w<sup>ch</sup> this. afternoon gargle w<sup>ch</sup> fennell  
& mount w<sup>ch</sup> ffoe of mulberries or clark berries,  
& raduis water warmed.

To lay outwardly for y<sup>e</sup> squincy.

Take a rochit doggs head poundd small, a quan-  
tity of gony, a quantity of ryeat flower, the y<sup>e</sup> of  
of a new layd egge, beate all together, & spread  
it on a peere of leather, or brown paper, & lay  
it outwardly to your throate.

A pultis for the squincy.

Take the roches of poly, fennell, the roches of mal-  
lons, of each a handfull, the y<sup>e</sup> w<sup>ch</sup> taken out, ram-  
mils, violet leaved, & flowers, of each a handfull,  
take them small, & boyle the in a pint of faire water,

put to it fennel roots meale limbed, beinge barly  
of oare, galls an ounce, boyle it to a pulve, & put  
into it galls an ounce of oyle of ranemile,  
galls an ounce of oyle of sweet almond, & spread  
it & lay it to warm, & range it once in 5 houers.

For shrinking of the sinues.

Take mace, mallowes, wth many topps of oare, a pint  
full, stamp them together, then presse them in may,  
butter molled & mingled ther, then let it stand 10  
dayes, then strait it well on a soft sieve, then strain  
it, & keepe it in a stone pot.

For shrinking of y<sup>e</sup> vaines or sinues.

Take a quantity of fine mustard made wth redde  
wine & vinegar, a quantity of maulemoly, a quantity  
of cyperion, boyle all together, & wth this applye  
then take yew-wood, wrap it in a browne waxe  
& rost it untill it be soft, & lay it on the place  
grownde as yet, as you can suffer it.

For a prick in the sinues with a  
nagyle, knife, or thorne.

Take oyle of rose well, & lay it upon the place  
very soft, & bind black mooll upon it. probatū est.

For the same if y<sup>e</sup> hole be stopped.

Compos beulhed rospat flemox wth wine & boyle  
it together, till it be thit, & make a plaster of it,  
& lay it to the sore as yet as you can suffer it.

For one that cannot sleepe.

Stampe bay berriob in a mortar, & lay upon all about  
your good in a cleat. Or take squimery, & put it  
under your good, & you will sleepe untill it is taken away.

Or take a handfull of gromwell, wash it cleane,  
& dry it against the fire, then beate it to powder, then  
strain it wth a quantity of new ale, & make a draught  
thereof a fraimter, then straiten it wth sugar, & drink  
it warme. & y<sup>e</sup> is also good for the cleare jaundice.

Or make powder of the redde topps or topps of  
lettice, & temper it wth woman's milke, & y<sup>e</sup> will  
an oyle & lay it to the temple of the head, & you will  
sleepe. Or drinke this powder in milke.

For one that cannot sleepe.

Take 5 branges of arhangell, 7 of rojite wort, & 11 of the leaues of sedmwil, pound the together, & straine them w<sup>th</sup> a muslin drinke as will make a possot, & make a possot w<sup>th</sup> the sayd liquor & milke, and drinke the possot also w<sup>hen</sup> you goe to bed.

For the spleene.

Take onidus, garttongue, panny royall, of oare, galfo a gandrul, smalago, fennell, parsley, of oare 2 rootes, amissod, romem seed, of oare galfo a quarker of an ounce, soote the in 3 pintes of water, & the fynd part of a pint of rojite wine & vinegar, to the galfo, & w<sup>hen</sup> it is red, straine it, & w<sup>th</sup> a litle sugar euery morning drinke a good draught before fasting, & let it be blood warme w<sup>hen</sup> you take it, & boyle it in stone or earth, not in brass.

To cleanse the spleene.

Take garttongue, mild poppe, lettice, burrage, w<sup>th</sup> the flowers of fumitoria & parsley roots, soote all these in water, w<sup>hen</sup> they are well sodden, & lauish the water w<sup>th</sup> white of egge, straininge it, & boyle it & drinke it first & last during a moneth, & it will purge the spleene, & cleanse the blood, & w<sup>hen</sup> you fast the body many wayes.

To make one slender.

Take fennell, & soote it in water, & drinke the water last at night, & first in the morning.

For the sciatica.

Take the oyle of a fox, oyle of ramomilo, of oare a like quantity, take warts foot oyle & aqua vita trind soe much, put all together, & straine them, & amongst the place quinned by the fire.

To make one soluble or loole.

Take brot of woad, mallow, ~~the~~ violet leaues, & great rednes stoned, w<sup>hen</sup> straine it, & take a quantity before fasting, & fast 2 yerres after it.

For a cold cough & spitt.

For a stinking breath.

Take to drinke Roxine tempered w<sup>th</sup> wine. Or  
 take gawaine mints in powder, & wash y<sup>e</sup> mouth  
 therewith, after wash w<sup>th</sup> y<sup>e</sup> mouth, gumbe and  
 clove w<sup>th</sup> the powder of myrtle; it is very good.

For the straitenes of wind.

Take an earthen pot of a gallon, put therein  
 faire water, & a turnell of a year old, tye  
 take femell y<sup>e</sup> old faire, washed & put  
 in. Being taken away, also the rooked of  
 parsley, furbury, garts tongue, liver wort,  
 & dandelion, put all into the pot, boyle it a  
 good space, & put to it a quantity of grease  
 of swete, & p<sup>r</sup>unes, & boyle it, till the turnell  
 be boyled in manner to a pore, then strain  
 it, & drinke thereof first in the morning,  
 & an hour before supper, & do it till you  
 longe as you shall finde good.

For the same.

Take a pennywort, of the smallest gigns or seeds  
 tye them very small, & boyle them in ale, made w<sup>th</sup>  
 out yeast, put thereto 3 pounds of sugar & any  
 an galls penny wort, of liquorice, as much of  
 graynel, boyle all together, & sup it w<sup>th</sup> as a syrop.

For a short wind.

Take mallowes, mercury, & burrage w<sup>th</sup> a pore  
 of paxte, & drinke the brack w<sup>th</sup> white wine or  
 wyay made of milke.

For a paine in the side.

Take mild tyme pennyroyall, running water,  
 saxifrage, mousband, of each galls a handfull, boyle  
 them in a quart of white wine to a pint w<sup>th</sup>  
 mixture boriot galls a handfull bruised, put to  
 it 2 poundfulls of fine sugar, strain it & drinke  
 of the liquor first & last, & take it as you see need.

For a Stitch

63

Take the great red poppy flower, that first  
grow in roome, distill them as you do roses,  
take a draught of the water blood warm w<sup>th</sup> all  
ale or wine, drink it twice or thrice at any time.

Or take 2 or 3 handfulls of ramson flowers  
or of the yarrow, & at morn, warm wood, some mal-  
lowes, a good handfull of rosemary, press all in  
a gallon of water till galls be consumed, then  
put it into a dry bladder of an ox or cow, & lay  
the bladder to the place quined at yet at you can  
suffer it, & when it is almost cold, warm it againe  
or rather take 2 flowers, & when one is cold, lay  
to the other that it yet.

Another for a puyne in the side.

Take a few scales of parr, the good handfull of  
solomon seal a quantity of pigeon dung, fry all  
these in may, butter, & in a bag, or linen cloth  
lay it to the side, at yet at you can suffer it.

For a swellinge.

Take warm wood, broome, of each galls an arme-  
full, burne them to ashe, & put them into a close  
pottel drinke made of white wine w<sup>th</sup> a mortar  
of unripe berries, & boyle it all together, then  
sweeten it w<sup>th</sup> sugar, & drinke it; let the pottel  
drinke be a quart in quantity.

For a Surfet.

Take warm wood & red mynte, shew them well  
w<sup>th</sup> salt, & boyle them in vinegar, w<sup>th</sup> some  
of brown bread, & sew it in a linen bag, & lay  
it yet to the stomack; this will helpe you.

For a tetter.

Take a penny worth of mercury, sublimate, put  
it into a glass w<sup>th</sup> a quarter of a pint of faire  
water, & let it stand, & wash the tetter upon w<sup>th</sup>  
sowing & morning, & let the water dry w<sup>th</sup> it selfe.

Or take mercury, sublimate & bold orminale &  
make them into powder, & mixe it w<sup>th</sup> faire water in  
ye sand, & lay it on the tetter beinge clensed.

Or boyle glass to fine powder, & mixe it w<sup>th</sup> black  
saige, & annoynt the sore there w<sup>th</sup>.

For the tische.

& take a quart of faire water put thereto 4 lb  
gore ground, of sage, galls a handfull, may, or pans  
a handfull, liquorice galls a pound grossly binidd  
sooke upon the water to the galls, then strain it,  
& put to the liquor 4 ounce of penny, boyse; man,  
rhyemon, ginger, nutmegg, of each galls an ounce,  
& 4<sup>th</sup> waite waigst of long pepper, boyle these  
together to fine powder, & put them into the liquor,  
& make w<sup>th</sup> fine wheat flower a rate, and  
bake it, & eat it as youe will.

For the same.

Boyle a quart of good ale, & straine it cleane,  
put to it a good quantity of anniseeds, a pint of  
liquorice binidd, 3 figgs, a peere of sugar candy,  
boyle them untill it come to a pint, & drinke  
of it for the space of 7 or 8 dayes.

Or boyle the flower of w<sup>th</sup> many in goats  
milke, then let it stand in the ayre well covered  
a night, & drinke of it.

A water to scower corrupt teeth.

& take romage & penny w<sup>th</sup> the powder of allome, &  
boyle them together, & wash them there w<sup>th</sup>, & it  
will scower them, & take a way the paine.

To make a tooth fall out

& take red myrtle, w<sup>th</sup> galls galls, & a water figg  
dry them in an oven, & make powder of them,  
& w<sup>th</sup> tooth you will draw out, rest the top of yo  
finger in the milke of a bit, & then dip your  
finger in the powder, & lay it on the tooth, & it  
will fall out.

For a Timgany.

& take a gallon of faire running water from the  
spring, set it over the fire in a sheet vessel, then  
take an ounce of rohanox seed, an ounce of anniseeds,

by hym in Sunday & Calyx; take also a pound of melting  
 of the sunne, wash hym & girt hym, & put hym into  
 another calyx, a quart of oake madd, stower hym  
 as you woulde doo lamsones, three & a half  
 in many waters, till they be royle, & beyle all  
 in the sayd water, till almost yalfe the water  
 be consumed, & straine it into a faire vessel,  
 use to drinke it duringe & morning, & after  
 uncalob a good draught reasonable warme, & by  
 gods grace it will helpe you.

A white salve for a wound.

Take gums elemy, venise bayntine, a like  
 quantity in weight of oare, roly for many matter  
 such & fress, groafe, the such knowe for many as the  
 groafe, melt all together, but let them not scold,  
 then straine the, & beate the together till it is cold.

In oylment to ease & comfort a wound.

Take a quantity of oyle of rosed, a quantity of  
 belemminak in powder, the whites of 2 egges,  
 beate them a good space together, then lay it on  
 a cloath, & lay it about the wound.

For a cut or chop.

Take burgundy gill, a quarter of a pound, 2 penny  
 worth of turpentine, yellow wax 2 ounces, frank  
 incense 2 ounces, 2 spoonfulls of aquaviva, boyle  
 the in an earthen pipkin, untill they be well  
 melted, stirring them continually, & send it on  
 brown paper or thin lather, & lay it to the place  
 grieved, & let it be, untill it fall of.

A precious salve to heale any  
 sore or greene wound.

Take refine, burgundy <sup>wax</sup> ~~gill~~, of oare yalfe a pound,  
 a quarter of a pound of virgin wax, 3 spoonfull  
 such & doores such of oare, a quarter of a pound,

olibanum a quarter of a pound,  
 mastick & also a pound, soaks these to powder, w<sup>ch</sup>  
 may be beaten & put in a pan w<sup>ch</sup> has wax  
 & suet, & when it is well melted, straine it into a  
 pottle of white wine, or scold it in a quart, & let  
 it coole a litle, then put in ramfins w<sup>ch</sup> are  
 continue, ~~of oare~~ of oare a quarter of a  
 pound, & straine it, till it be cold, & scold it againe.

Another better.

& also refine, burghundy wine, of oare yells a pound,  
 ringin wax, Raspe suet, doord suet, of oare a quar-  
 ter of a pound, melt all together w<sup>ch</sup> a litle white  
 wine, & straine it continually, then put in an ounce  
 of mastick, frankincense, olibanum, continue  
 continue, of oare a quarter of a pound, myrror an  
 ounce, 2 dramms of ramfins lye & least must  
 be last put in, & all well beaten, now let it  
 stay long on the fire after these are put in,  
 then straine it through a canvas into a basin,  
 & before you straine it put into the bason a quart  
 of white wine, then let it coole, & so make it  
 up into round, & if you will keepe it, lay it  
 alwayes in white wine, & it will keepe 4 years.

For a cut.

& also 2 lbs & the marrow of rardus bonducius,  
 & put it to the cut, & it will heal it.

To get out of y<sup>e</sup> flesh wood or iron.

If it be deepe in, & cannot be got out, dig about  
 in the ioynt of valerian, & put it in as deepe as  
 you can, & by the good valerian stamp it upon  
 the sore, & a ribe upon it, the dramms out wood, iron,  
 or any thing else, & healed the wound.

For a cut.

Make the pouce w<sup>ch</sup> the ioynt of flax, & dig lint  
 to win, & lay it to sore.

A pultis for any greivous sore or wound.

& also a quart of milk, a penny white lead grater  
 (2 annes the pound first w<sup>ch</sup> rapeseed grasse) two

ounce of red rose leawes, boyle all well together,  
 put to it 2 penny worth of ~~some~~ turpentine,  
 boyle it but a litle, then put in 2 spoonfulls of  
 good gony, the yelkes of 2 eggs, well beaten, &  
 worth of sperma cete, put in these two last  
 in the cooling.

A balsome to cure greene wounds.

Take a pint of the best oyle, 4 ounces of beech mee,  
 4 ounces of turpentine, an ounce & a halfe of  
 mumia, oyle of St Johns wort, alias aspericu,  
 2 ounces of alconet rootes, & boyle all well together.

To take away warts or corpes.

Day upon the wart or corpe dimstone as much  
 as a pinne head, & let it burne till it come to  
 the roote, then take it away, it is but litle or  
 no paine upon a wart.

Or take a silke thread, ty it strait about the  
 wart, & let it be, till it come off. probatur est.

To kill wartes.

Day duwe dung in vinegar, & annoynt the wart  
 Or rub persulf on it, & it pulls it off by the roote;  
 Or take arsenick, & mixe it w<sup>th</sup> vinegar, &  
 apply it on the warted. Or stamp wood bind  
 leawes, & lay them upon the wart, use this but 6 times,  
 & it will destroy the wart.

For wormes in the hands.

Mixe ye gandy tye, rub them untill the water  
 & phume be broken, then take gun powder &  
 rub them w<sup>th</sup> ye spittle.

For a wenne.

Bind the worne fast, then take redigroafe  
 pulgum, Rose, oyle of eggs, allome, gony, &  
 cast a quantity, temper them together, & lay  
 it upon the wenne, & it will take away the worne, &  
 scalle it w<sup>th</sup> out doubt.

For a woeman in trauaile, & wants throues.  
 Take ditany, gallo an ounce of rousé, a good quan-  
 tity of cashey 2<sup>nd</sup> mouty of spermacete, boyle all in  
 a pint of rogitis wine, & upon sweeten it with sugar,  
 & giue it the woeman to drinke.

To spout into the yard.  
 Cooke barley, & ransyfiéd gony togolger, till the barley  
 doe sweate, upon steame it, & put it into the  
 spout, & use it.

for the fistula

69

Take pinguin in powder at the 2  
Frankincense well bruised the 3  
poppe with the 1 saffron in powder  
two ounce more of the best an ounce  
first dissolved the first rosin  
an frankincense then the pinguin  
then add the spittle with an ounce  
of the same seed of Labdanum  
in powder 5ij.

make a blym of rosin & balsam  
together and in the hole of the  
the plaster also an ounce of  
the best of the same  
Lay it on the hole of the pained  
side & wear it 29 or 30 days  
& mych without opening it at all  
m: Follow at the hole in  
Rubeolous beer make the  
plaster

## Mustard whey

## Recipe for Rheumatism

Take of the best Surinam ~~mustard~~  
mustard seed 3 oz. boil it gently in  
three pints of water till reduced  
to one; then add one pint of skimmed  
milk, & strain it thro a small  
sieve. This produces the whey. - Take  
a tea cup full of this whey, luke  
warm, every morning - - -

The Second booke of admirable &  
most approved receites.



For any greife or payne in the  
head, except the pox.

Take red rose, ranomil, flower of mollilot,  
calamint, of each two handfulls, sooke them  
in 40 pound of water & good wine, until the  
be consumed, & w<sup>ch</sup> they being got let the  
patient wash his legge from the knee down  
no more every night & morning, and give  
armed from the elbow downward, the  
must be empty stomack, or at least not  
very full.

For a head ach w<sup>ch</sup> continueth.

Take leaue of black iuice & bray from w<sup>ch</sup> vi-  
negar, oyle, & wine, of each a like quantitie  
sooke together, & annoynt y<sup>e</sup> forehead,  
& temples, & it will bringe ease.

For the head ach.

Let the patient beinke, give good cleaue, a  
pinder, by reason of the ophream payne, take  
iuice & make iuice of it, w<sup>ch</sup> you shall mingle  
w<sup>ch</sup> oyle of rose, and w<sup>ch</sup> a linen cloath annoy-  
nt gently, give nostrills, temples, & forehead, & if

the rayne be more waggont, lay some of it  
upon the skull of his head.

For the head ake.

Take the brains of a crow, & scold it, & then  
take it. howe is not payne of the head for  
great or old but hee will please it.

For y<sup>e</sup> megram happening suddenly:

Take benzewine bray it w<sup>th</sup> vinegar, & anoynt  
y<sup>e</sup> forehead w<sup>th</sup> it & y<sup>e</sup> temples.

For itching in the head.

Take a goodes gale, mixe it w<sup>th</sup> white galle,  
& laye w<sup>th</sup> shub your head, & let it dry upon it.

For scabbs of the head.

Take a bulles gale mingle it w<sup>th</sup> vinegar,  
gawing made it luke warme, rub y<sup>e</sup> head w<sup>th</sup>  
it, & it will please you.

To kill the scurfe in the head.

Take an handful or more, y<sup>e</sup> also an ounce of quire  
brimstone scold it w<sup>th</sup> old wine, & wash y<sup>e</sup> head  
w<sup>th</sup> it; but first wash y<sup>e</sup> head w<sup>th</sup> luke warme  
water, & it will cure you.

To kill lice.

Mingle maye & vinegar together, & drinke of  
it seaventye dayes, & they will dye, & no more breed.

Against distillation of the brayne  
and heavines of the head.

Stamp beete rootes, & take heine iuyce, & re-  
sine it up into y<sup>e</sup> nostrills, & it will raise all  
the guttours of the head to descend, and soe  
it will draw them out.

## For the greife of the skull

Take the Resin of the yino tree, <sup>t</sup> is weight  
 10 dramms, of aloes powder one ounce, mixe  
 them together, and boyle them on a soft fire, &  
 after take of gumme elemi one ounce, & make  
 a Decat w<sup>ch</sup> you must lay upon the greife.

For a greife in y<sup>e</sup> head y<sup>e</sup> hinders sleepe.

Take warm wood well stamied, boyle it in  
 water, & bind it to the temples upon the greife,  
 & it will take away y<sup>e</sup> greife & cause rest sleepe.

For the old mueterate greife  
 of the head.

Take of gumme drabirt, of myrrh myrrh,  
 of saffron, of euphorbium, of each 3 dramms,  
 stamp them all together, & mixe them w<sup>th</sup> the  
 white of an egge well beaten, then apply  
 it to the temples & forehead.

## A remedy for the surte of the skull.

Take the iugre of gimpernell, & wass, brown  
 powder of linen cloate, & put them off into  
 upon the surte, & it will quickly be healed.

A precious oyntment for the  
 rupture of the skull.

Take opopanax, bdellium, amoniack, of each  
 3 dramms, rosin, gumme elemi, of each one  
 ounce, olibanum, mica, saracolla, of each  
 one dramme & an halfe, oyle of rose 4  
 ounces, wass 2 ounces; first dissolve y<sup>e</sup> gumme  
 into ainyax, & straine them, then beate the  
 rest to fine powder, & make an oyntment of them.



upon, untill the fourth part be consumed, then  
 straine it, & make into the sayd Decortion 12  
 infusions of fresh roses gathered in the mor-  
 ning, & for every infusion put in 7 pounde  
 of roses, & put thereto of sugar 8 pounde,  
 & make a Syrry: the use of w<sup>ch</sup> is, to give  
 4 ounces (more or lesse, according to the  
 disposition of the person, but still the same) dis-  
 solved w<sup>th</sup> rosiaceall matters, or w<sup>th</sup> water of  
 luxius & ~~for~~ fumitory.

Another for the vertigo.

Take a quantity of white stone pounde, and  
 penny wial, & alibe salt, let them be boyled  
 w<sup>th</sup> water in an earthen pot, till the fourth  
 part be consumed, then straine it, & put unto  
 it a quantity of gony, & boyle it againe till it  
 be thick, & for the space of 7 mornings give  
 the patient one or 2 spoonfulls at a time.

To cure Scotomia, & vertigo, the paulsie  
 & all inward diseases, & to consume the  
 superfluous humours of the head.

Take of caraway seede, anniseed, ameos,  
 parsy seed, smalage seed, betony, cumin, cala-  
 mynt, pulegiunt, flope, spikenard, pepper,  
 ginger, sage, rue, centrum galli, eye bright  
 incense, madtick, saffron, of all the mitabo-  
 lantes, but the greater quantity of citrines,  
 cynamon, squinant, of each take an ounce  
 of margerocke, folium, basil, cardamomes, ga-  
 lingell, liquorice, of each 2 ounces, pound them  
 into very small powder, of the w<sup>ch</sup> take in

all your meales, but more in y<sup>e</sup> winter then  
in other parts of the year.

For the payne in y<sup>e</sup> head, reynes  
of y<sup>e</sup> back, Loynes, & matrix.

Take greens saund & ounnob, of the faile  
of rypas be dramed, rosemary flowers  
milfoyle, matricaria fenigreeke, lime seede,  
of eare, 6 ounnob, infuse the sayd herbs to  
borono tender for the space of three dayes  
in the water, then put thereto 9 ounnob of  
oyle, & boyle it until the water be consumed  
then straine it through a linnen cloath, then  
put to it of rax, pitch, spayne, turpentine,  
galbanum, mastick, of eare, & ounnob, of  
storax, calamint, spike nard, of eare, one  
pound, of balme & ounnob, bruse what is  
to be brused, & mixe every thing together  
& moltinge it w<sup>th</sup> the spatter make an ointment.

To heale bruising of y<sup>e</sup> head, with  
broaken bones or with out.

Take old wythe wine or gony, salt, brimstone,  
betony, of eare, a like quantity, bray them,  
make a plaster, & lay it to the sore. And if  
a bone be broaken that the blood is out  
into in at some small fissure, then take  
meale, & meale of oates, of eare, & dramed,  
the iuyce of plantan one dram, & an gill  
Laxacium acutum one dram, & make a  
plaster therof w<sup>th</sup> good mauling.

For a payne in the head.

Take betony, roots brayed, boyle the in old oyle &  
a little wine, & annoint the place w<sup>th</sup> the warm.

## Another for the same.

Take old oyle, & mixe it w<sup>th</sup> superbum roden  
3 or 4 graynes, & annoynt the sore place,  
the body being first purged, & the good alse,  
but let the head be purged by drawing ox  
into the nose by the use of the; But if  
the paine be caused by ronge, heat, giving  
first purged or opened a vaine, annoynt  
the greife w<sup>th</sup> this following.

Take the iugre of former grapes 2 ounces,  
the droggs of yule galls any sume, suffron  
5 graynes, mixe them & make a liniment.

To remedy the greife of y<sup>e</sup> head & neck.

Take the oyle of sweet almonds 3 ounces,  
the meale of marse mallowes galls an ounce  
wax as much as suffron, then make an  
oyntment at the fire & annoynt the place  
morning & evening.

## For the rupture of the skull.

Take of plantan seed 3 ounces, laxacia  
acutum 4 ounces, the meale of black beanes  
as much as you please, beate these into powder,  
& boyle them w<sup>th</sup> very stronge wine  
& lay of this twice a day to the wound.

## For the same.

Take of gumme elemi 3 drammes, of rosin 4  
drammes, of wax 6 ounces, oyle of roses 2  
ounces & an galls, armoniac 2 ounces,  
turpentine 3 ounces & 5 drammes, the meale  
as much as suffron, w<sup>th</sup> wine & wax make  
a plaster. For y<sup>e</sup> falling sicknes.

Take germaunder gathered in may, when it

upon it is in blossoms, dry it in the shade, and  
 make it into powder, & upon you will see it  
 take the yelke of an egge or two, ~~beate~~ <sup>beate</sup>  
 them, w<sup>th</sup> a spoonfull of the powder into the  
 spoon souly it, & give the patient it to eat  
 the first morning & evening for 8 dayes; &  
 abstaine from wine, roothen, beanes, pease,  
 fitzies, saws, salads, salt meats, & all things  
 of hard digestion. It is a notable remedy.

To kill lice.

Annoynt the head w<sup>th</sup> lard, or barrowes  
 grease, or w<sup>th</sup> oyle of bayes.

For ach in the head

Buy a roose of fresh beefe to the nay of the  
 neck a probatum est.

For a payne in the head.

Boyle celerome in vinegar, & beate it, &  
 after the it upon the fore head. probatum est.

For the falling sicknes

Boyle gillie in water & origanum & beccados,  
 & mix it w<sup>th</sup> Syre of worme wood, & drinke thereof

But after the party is purged w<sup>th</sup> gillie  
 for the stomach the melandale & troubles  
 7 or 8 dayes together. & at the xij<sup>th</sup> drinke

a potion made w<sup>th</sup> squilla, & cucurbitum to  
 vomit w<sup>th</sup> a quill or stopper. you must boyle the  
 squilla in vinegar, make oximell, & drinke of it  
 after that w<sup>th</sup> Syre of worme wood.

egg myre of rommen rue put into y<sup>e</sup>  
 gillie w<sup>th</sup> squilla is good therefore.

Take the rooke of white wine, & hang  
 it about the neck; it runneth for a while.

Or take a bores bladder w<sup>th</sup> the water  
 in it dryed in an oven, & drinke away day

Two quantity of a beane w<sup>ch</sup> is called. it is  
 excellent. Or make powder of the rooke  
 of piony, & the seed thereof, of each a like  
 quantity, drinke by proof every day 3 w<sup>ch</sup> ox  
 smell squillitike; in p<sup>ty</sup> of foxe fatz beane  
 boyled. probatus est.

To cause one to speake y<sup>e</sup> hath lost  
 his speech in his sicknes.

Stamp worme wood, & temper the iugro  
 w<sup>th</sup> water, then straine it, & put of this liquor  
 into his mouth, w<sup>ch</sup> a spoon. probatus est.

For the falling sicknes.

Take a penny leafe of white bread & three  
 penny worth of beefe of a steere bullork of the  
 nover side, fry it, & lay it to the brow of the  
 patient a mounte together. probatus est.

For one that is Luneticke.

Take box leaues, & flower de luce rooked shred  
 drye them both; in an oven or over a gasing  
 fire, & beate them to powder, & take and drinke it.

To prouoke sleepe.

Take oyle of water lillies, & oyle of poppie  
 & mixe them w<sup>th</sup> a little oppium, & anoynt  
 the forehead & temples therewith.

For a sore mouth.

Take gale grass, worme wood, soft pershe, sage,  
 sine sole, yarrow, gony suckle leaues, red fen  
 nell, red bramble leaues, may gold leaues, p<sup>er</sup>  
 all these together, & strayne them, then put to it  
 allome & gony, & mixe them w<sup>th</sup> it, & wash yo<sup>r</sup>  
 mouth w<sup>th</sup> it. probatus est.

For a bruise on ones head by a blow.

Stamp agrimony & mixe it w<sup>th</sup> gony & make

a plaster to the soles, & it will heal it.

For a cold rhume.

Dry yongg royall in a pan & lay it to his head day.

For a payne in y<sup>e</sup> head.

Boyle solidomy in vinegar & heale it, then binde  
it upon the face & head. probatur est.

## The Colours of Urine.

Alba, or white Urine.

White urine & clear, as milk water, betoken  
enough understanding, & rare not; & in scarce  
feaver it is deadly. Without feaver it  
betokeneth, in man or woman agree-  
uance in the reins, & sometimes windings.

Lactea or milke like Urine,

Urine lartred & thick standing it more perilous  
in men than women, in scarce feaver it is deadly.

White & beneath, dark about, & in y<sup>e</sup> midst clear  
signified the dropsy. <sup>Emolli</sup> If it be in the upper  
part signified the gout in the body: & if the  
mottled be in the ground, it signified the  
gout in the lower part of the body.

Glaucea, or lant horne like urine

Signified if it be clear, a swelling or under  
cutting of the mylke, & a rough, a mixed water  
that turneth from the lungs betwixt the  
man & the mylke, that will rot all it cometh  
by, and often times it ingendereth & causeth  
the dropsy.

## Curapos urine

It is a sign of corrupt humors, as a swelling chiefly  
in the body, & in the limbs, or the face.

## Pale urine

Signifies a feeble stomach, & a great cooling  
of the second digestion for certain.

## Black urine above

Signifies the wasting of the quarters feaver,  
& quivering of kindled peate. with darkness  
when signifies drynes, if it be pale; if green  
a burning feaver. But black in the ground  
signifies claufium of Menstrue, & loosning of the  
guts.

And urine black in a feaver, if the urine  
be fat, for the most part it signifies  
death.

## To cure old sores.

Take the iuyce of white lilly leaues, a little  
cinnober & gony. to the quantity of the iuyce,  
boyle them & lay it to the sore. probatus est.

## For a fistula.

Take gimpernell & Mulline  
of each a like quantity of the iuyce, & wash  
therewith the infected parts.

## For wounds or rotten sores.

Take milfoyle & samole, boyle them in water  
& straine them through a linnen cloth, & wth  
the decotion mixe the moale of four grooble  
wth the fat of a goat, & calfe ad murg  
oyle olive, dissolue them at the fire, & put  
to them wax, & make an oynment.

To cleere ones eye sight.

Take a got barley, loafe, cut it in two middle  
 & sprinkle thereon the powder of raxaway food  
 & hold it got before the eyes. Take gummy front  
 beaten & put in the eyes cleere the from: for  
 dots, allens, & tully.

A medicine for swellinge.

Take two gallons of strong ale before it  
 is cleared, a platterfull of frumy grass, &  
 pound & stamp it w<sup>th</sup> the ale, then straine it  
 & let them boyle together an hour or 2, then  
 take galles an ounce of redde sanders, a mus  
 nutmegs, & three penny roots of sassa  
 boak them together & put them all into the ale  
 & let it boyle, upon it is two dayes to drink  
 the of every morning fasting & at midday  
 as long as it lasteth, & if you find not golpe  
 in drinking this quantity, make at mus new  
 & use it daily. probatur est.

Remedyes for the eyes.

Take the longest or lights of a barrow hog,  
 w<sup>th</sup> all the appurtenances & sooke it in water,  
 then hold your eyes over the smoke of it,  
 in hysse or 4 times it will cure you.

For dark eyes.

Imoynt the eyes w<sup>th</sup> the iuyce of dragon  
 leasob. Or make iuyce of bolony, & mixe  
 it w<sup>th</sup> ~~water~~ wine being got, & put the of  
 into your eyes.

A notable experiment for y<sup>e</sup> web in y<sup>e</sup> eye.

Take strayed liquorice, good ginger, galinagal  
 fennel seed, silber of the mountaine, purple

foal, of saff, an ounce, of red e eye bringt  
 bole dyed, amoniack, aneos, carobalsamum,  
 turbiti, of saff 2 dramms, of sene 3 dramms,  
 longe pepper a dramme, alsoe epatake a dramme,  
 rynomon, nutmegge, cucubes, carroway, of  
 saff, a dramme, of sugar ab nutt, ab wild  
 fuffie, e mixe them, bye dose of it is a spoone  
 full at once in the evning. Sore eyes.

Or take bullorbs gall mixed with gony,  
 e put it into the eye.

Or take the powder of rattle bones.

But of all take rattle bones e boyle them  
 in water, e gather the grease of it, and an  
 ounce the eye of the fox of probatus est.

Eye iugre of an onion mixed with gony,  
 e put into the eye muste a roob in the eye.

Agarick is good for the eyes.

Eye iugre of ground iine tempered with  
 best milke, e put into the eye muste the  
 roob in the eye. Or yarrow iugre used by  
 same way. Another very good.

Take of agarick 20 dramms, rynomon 8 dramms  
 spiibe name 10 dramms, mastick 38 dramms  
 compound them with gony, e take the use of  
 shewy day. probatus est.

Or take a dried pepper brame mixed  
 with gony, e put of it into the eye.

Or take a bullorbs gall, affa fetida one  
 dramme, baquamme & cumme, dissolve them in a  
 glasse, e drye them, e make the use of a powder.

For a perle in the eye.

Take the iuyce of fennell & mixe it w<sup>th</sup> gong  
e oyle of balsam, & drop it into the eye. probat<sup>us</sup> est.

Or make dunge dried to powder, & put  
into the eye made by the web.

Catharina auri vel argenti confort hebe-  
dini ocularum.

To put away the white in the eye.

Take oyle of alcanna, w<sup>th</sup> it the drogg<sup>s</sup> of  
wine being very old when it is beaten to oyle.

Take eye bright to cleare the eyes.

Or purge the eyes w<sup>th</sup> ierapigra.

Dymonon is also good. or oyle of fe-  
nugreece annoynted on the eyes. Make iuyce  
of rosemary & mixe it w<sup>th</sup> gong & annoynt the  
eyes. or make iuyce of ground iuyce, & put  
it into the nostrill out of the side of the nose.

Or six leaues of ground iuyce & a braunc of  
red doney, bray them & mixe them w<sup>th</sup> sweet  
milk, & strain it through a cleare, & put of  
it into the eye, doe soe for some, & cleare the  
eye from dunge from the light. probat<sup>us</sup> est.

For the web in the eye.

Boyle rapens greafe upon a paynted stone,  
& grind the rapens as small as may be, & mixe  
them, & going to bed put a little of it into the  
eye four nights, if the web be old put in more  
of the rapens. probat<sup>us</sup> est.

Or take the jaracolla w<sup>th</sup> white wine, &  
put of it into the eye.

For bleared eyes.

Take a quart of white wine, & put it into  
a cleare panne, & put thereto an ounce  
of powder of salt gemma, & let them boyle

together a little, then take them from y<sup>e</sup> fire &  
 set them in y<sup>e</sup> same dunge, & cover it w<sup>th</sup> another  
 panne, & cover it after w<sup>th</sup> y<sup>e</sup> same dunge, & let  
 it stand 3 dayes; then take it out of the dunge  
 & pour out the clearest into a rosbill syringe,  
 & a linnen cloath, & put it into a xioll, & w<sup>th</sup>  
 a feather drop of it into the eye that is sore  
 at evening. *Probatur est.*

For watery eyes.

Boate the whites of an egge, & take the y<sup>e</sup>  
 tyrof & annoynt the eyes going to bed; or  
 lay it upon on a linnen cloath; or wet two  
 tyroin & lay them to y<sup>e</sup> eyes.

The most precious water to cleere the  
 eyes, and to cure a perle.

Take smalago, red femell, mus, waxine, ogie,  
 mony, tinfold, pimpornell, oufrard, betony,  
 sage, colydon, of each a quarter, wash them  
 cleane, & stamp them, then put them into a  
 brass panne, & take the whites of 15 peppes  
 roset, & boate them & a pint of good wyte  
 wine, & put it to the perle, w<sup>th</sup> 3 spoonefulls  
 of pure yong, & fine spoonefulls of the wine  
 of a man w<sup>th</sup> it, mixe them well, & let them  
 boyle a litle, then straine it through a linnen  
 cloath, & put it into a glasse, & stopp it very  
 close, while you use it, & w<sup>th</sup> a feather put of  
 it into the eye, & when it is dry, annoynt it w<sup>th</sup>  
 wyte wine; it w<sup>th</sup> be good in 15 dayes if  
 ones goe w<sup>th</sup> alle see. *probatur est.*

For a web in the eye.

Take pimpornell water & femell water, the  
 iuyce of valerian of each alike proportion, &

put of it w<sup>th</sup> a feather into the eye. probatur est.  
 Or take the marrow of a goose winge &  
 burned allome powder, temper w<sup>th</sup> yem; & put it  
 into the eye w<sup>th</sup> a feather 3 or 4 times; then  
 use the water afore sayd; & it will kill the  
 greatest mole in the eye that may be.

Things good for the eyes.

To cure early in the morning of myrabolants  
 rodded, & take the meats of yem long in y<sup>e</sup> most  
 that may be most excellent for the eyes.

Take also formoll seed, put it into boyled sugar  
 & take proof. Morned rood wine is very good.  
 Or w<sup>th</sup> boyled in wine: take but slender sup-  
 pers, gauranga w<sup>th</sup> zimox of squillas, espe-  
 tially after you be purged. Shews are good  
 & to take apparagus & bolony. To cure the  
 braynes of parturidge is good; or rape leaved,  
 or often to yem eye bright.

An excellent receipte to quicken y<sup>e</sup> sight.  
 Take formoll seed made soft & steeped,  
 & then dried, & add to it so much powder of  
 yemmon, & passe so much good sugar, and  
 use it daily. Or boyle the white of an egg  
 untill it be cleere, then take iijss of formoll  
 troppet, mixe yem & put it into the eye.

For darknes in the eyes & bloodynes.  
 Make powder of aloes, & mixe it w<sup>th</sup> y<sup>e</sup> white  
 of an egge, & lay it to w<sup>th</sup>.

For an humour flowing to the eyes.  
 Take beanes & pull of the skinnes, & comfort  
 them w<sup>th</sup> the white of an egge, & lay yem  
 to. or else take yem & yem yem.

For a payne in the eyes.

Boyle the rootes of fernell in water in a pot,  
 & put a drop therof into the parties eye.

For watery eyes.

Put a drop of the parties owne urine into  
 his eye. very good.

To take away a great spot in y<sup>e</sup> eye.

Take the roote of rcelandino, & boyle it w<sup>th</sup>  
 w<sup>th</sup> water, & put it into a bag, & hang it w<sup>th</sup>  
 & put a drop of best, w<sup>th</sup> distillat<sup>ion</sup>, into the eye.

For payne in ones eyes.

First purge the party, w<sup>th</sup> pills of aurie, or  
 pills of the 3 kindes of mirabolans, or w<sup>th</sup> pills  
 pills sine quibus esse nolo: & after take me-  
 & nople, grate them on a tile, & put them be-  
 twixt a linnen cloath, & lay them on the eyes.

Bumbast mol in fernell water 2 pl<sup>ts</sup>, & one  
 jet of y<sup>e</sup> urine of the, is good layd to the eyes.

Or w<sup>th</sup> an egg, & take the white & put it  
 betwixt bumbast, & lay it to the eyes.

Two bregnots of an faw<sup>er</sup> w<sup>th</sup> w<sup>th</sup> well in-  
 corporated w<sup>th</sup> wine, is good eaten.

Oyle of Beere, oyle of Eldoninop w<sup>th</sup>  
 w<sup>th</sup> w<sup>th</sup> black pepper & the urine of a y<sup>e</sup>  
 two & w<sup>th</sup> w<sup>th</sup> w<sup>th</sup>.

For such as pisse in bed whose urine  
 runeth from them unwittingly.

Boyle roming & drinke therof warme. Or  
 take the sea crabs & boyle them, & drinke the  
 fasting w<sup>th</sup> wine. Or take the bladder of a fow  
 & dry it to powder & drinke it. Boyle dry red lead  
 & drinke of it; or of oximell drunton: or Boyle till  
 & drinke of it: or w<sup>th</sup> w<sup>th</sup> w<sup>th</sup> in water & drinke it w<sup>th</sup>.

For the fallinge sickness.

When you see one fall of this grise, presently  
out the parties grinde in two, mixest the oil  
is upon you, & burne it in two parts that the  
parties be not hurt, & let it be never for  
it after, & the fall be rid of his grise.

For the Colick.

Take some good dry it, & grind it to powder &  
take a poundfull thereof, & put it into ale, and  
drinke it: it will make you goe to stool easily.  
it is also good for a flux taken in the same manner.

For the yellow jaundies, & to prouoke an appetite.

Take powder as before sayd it a speciall remedy, either  
eaten or drunken.

For the tooth ach.

Take dandelion the quantity of a nut brayed,  
& put into a linen cloath & laye to the tooth going  
to bed. but make an ointment of it maye make into  
the tooth. probatur est.

To ease the paine & ach of the joint.

Take an handful of rue, & a great doale of the  
leaves of rose vine, & mixe the the best berry in  
the world, & make iuyce of them, & put thereto iuyce  
of comflook, & of orome, & boyle them w<sup>th</sup> a  
bullorkes gall a little & drunke, & a penny worth of  
spermacete & good grease, & a good many smilke  
mole beaten, & being well boyled, straine it & drunke  
it to your use, for it is a speciall good oyle for the joint.

A medicine for the eyes that are white.

Take of Carduus marianus 10 dramms, sarcacolla grosse  
3 dramms, dragagant a dramme, opium halfe a dramme  
make therof a soft substance & use it.

An orange-colour powder for the eyes.

Take of sarcacolla, m<sup>l</sup> it a quantity 10 dramms, alces  
2 dramms of saffron, myrror one dramme, licium

2 Drams, boate from all, from vj<sup>o</sup> f<sup>o</sup> powder.

A powder for the eyes wch are white.

Take *rosita sarcacolla* <sup>not it white</sup> & fat, & put it into brost milke, & let it in the sun till it dry & then boate it very well take of this 3. ounce & add thirto of *Myse Memithe* 2. Drams. beate them well againe & keepe them and put of it into thine eye when need requires. 1.

To gurge.

Take the weight of 1<sup>o</sup> of aloes cicatime, pound the weight of 4<sup>o</sup> beaten severally, mixe them in y<sup>e</sup> pan w<sup>th</sup> a litle wine vinegar till it be hard, then make pills the weight of 4<sup>o</sup> or 6<sup>o</sup> & take them w<sup>th</sup> the juce of an apple, or pome, if you take it before supper, it will worke in the night, if after supper the next day. *probatu est.*

To cure the collick.

Take powder of bullorbs dung, & give it to the child unknowne, in pottage, or straine the dung, & give it the child to drinke; this last is best.

A resolute plaster to be 4 or 5 dayes before it is removed.

Take resin, wax, <sup>salte a dram</sup> rothes gall, frong boore or ale, roming seed & two leaubs, 2 Drams, blend these one dram, mutton suet & turpentine 3 Drams, boyle these to the forme of a plaster & spread it something thicke upon a cleat, & set it fast about the member that it swells or maketh at gonorrhoe miliaris or oedema, & for all swelling & swelling alords, & at the water runneth out & the swelling standeth, bind the plaster againe for 4 or 5 dayes. *Sepe probatu est.*

## Remedies for the eares; or for deafenes.

Take vinegar got & drop it into the eare fasting,  
and hysop the iuyce of mint, oyle of bitter al-  
monds, & of the nuts of persica warme, & drop it  
into the eare. Or gold ye eare euer the flume  
of got water, in w<sup>ch</sup> was boyled penny royall,  
& marrow wood. hysop golden hysop, gaurding.

Or boyle marrow wood in water & bathe the  
eare w<sup>th</sup> the deroction. Or rosen a goate in newly  
killed, take a forme & fill it w<sup>th</sup> y<sup>e</sup> urine of the  
goate, & hang it w<sup>ch</sup> in the smoke nyght dayes,  
& put the end into y<sup>e</sup> eare. Or take an onion  
& make it hollow, & fill it w<sup>th</sup> oyle, & the iuyce  
of rue, & lay it toward againe, & cut the onion into  
the eare, until it be well boyled, & put of  
that oyle into the eare. Or put into the eare  
the blood of a goate basing warme.

Or put into the eare the iuyce of scabiose,  
mixed w<sup>th</sup> a little quantity of oyle of bitter almond.

## To purge filth out of the eares.

Take iuyce of alder leaves, & distill it into y<sup>e</sup> eare.  
Or take filings of iron & mixe it w<sup>th</sup> y<sup>e</sup> grass vinegar,  
boyle it & put it into the eare. probatu est.

## For the head ach.

Boyle rotidomy in vinegar, & beate it, then bind  
it to your forehead, & it will ease you.

Or beate maioran, & presse out the iuyce, & put  
it w<sup>ch</sup> into the nose. probatu est. Or take red  
myrtle stamped, & w<sup>th</sup> the iuyce annoynt the temple.

## For the megram.

Take hysop or 4 spoonfulls of aqua vite, & a  
quantity of boulted flower, & mingle them well  
till it be thirt, as a plaster, then take powder of  
penny royal, & the flower, & mingle  
them, & spread it on white leather, & lay to ease of y<sup>e</sup>  
temple a plaster, let it by a day, & a night, doe this 2 or 3 times.

For experience in the vrine.

Black vrine

In great quantity w<sup>th</sup> a cloud of black liquor, <sup>noted</sup> great  
broyle of peate in the body, greenish, lack of sleep,  
& bleeding at the nose in time to time.

Pale vrine

Some w<sup>ch</sup>at grows betwixt the foener called  
medium enutium propter melancholiam.

Vrine pale & some white in it signifies a foener  
called minorem enutium propter flevium.

Vrine pale w<sup>th</sup> a white like load & resolution  
of kind, that it called spermatis, noted of falling out.

Vrine pale w<sup>th</sup> golden colour signifies the foener  
aschitem. Vrine pale of redde colour signifies a  
foener called syphochius.

Vrine pale w<sup>th</sup> white small lumps liquor, & good  
but w<sup>th</sup> black lumps mingled note the strangury.

Vrine pale w<sup>th</sup> round lumps causing lumps  
& stones, or small white matter, as be in of some  
beames signifies the gut called ateria.

To cleanse the eares from matter & filth.

Take iij of alder leaues, & put it into y<sup>e</sup> phis ear.

For the Gomore passion.

Boyle lottis seed, & dimes herseed w<sup>th</sup> water.

Or boyle a peere of lead flat, & lay it to y<sup>e</sup> phis  
bark; or boyle seed & mandragorus seed of eare,

a part, of opium a tenth part, boyle them in oyle  
in a double glasse, & w<sup>th</sup> y<sup>e</sup> make an ointment

whereof annoynt the pashos bark & xiiii  
parts, w<sup>th</sup> w<sup>ch</sup> in wine oyle of rose, & oyle

of balme & lay, it appoies. *Propriat est.*

Or take the leaues & flowers of agnus castus  
& boyle them in pinage & ad herbe a little cas

torum, & make a plaster & lay, it to the priuy pt.

An ointment for an ach.

Take an ounce of bayle it well & stime it, put sperato of peny & Drames, boyle it againe to the halfe or more, & annoynt the aching part with it, until you finde ease. probatur est.

More of Urine.

Urine pale w<sup>th</sup> white at the top, & black resolution signifies wind overgrown of man or woman.

Urine pale w<sup>th</sup> small string at the top & black signifies the suffocation of the mouth, & w<sup>th</sup> stringe of gold in of the mouth.

Urine white & thinne at water w<sup>th</sup> streakes, & and at the bottom the bottome betokeneth the disease of the spleene.

Urine white & thinne altogether pale, betokeneth the dropsy. Urine white & thinne a great quantity betokeneth, much drinking.

Urine white & thinne & a little w<sup>th</sup> red gravel betokeneth, are in the womb & in the veins, called Neurem. Urine w<sup>th</sup> greenie in the signifies the frenzy. Urine white & thinne w<sup>th</sup> greates fatnes in the ground signifies a disease in the reynes, that one cannot gete his water, it is called diabitem.

Urine white w<sup>th</sup> white moles in it signifies arterica passio. Urine white w<sup>th</sup> a great black in the signifies sickness caused by melancholy.

Urine white w<sup>th</sup> a leadie in the signifies falling euill. Urine white w<sup>th</sup> a waterie, in the signifies schoman, & is a disease or wind in the head & maketh the face partly pale.

Urine white & pale about signifies an ill liquor. Urine white & thinne, at in the sauer signifies death. Urine white signifies old and w<sup>th</sup> good. Urina Rubra.

Urine bloody, signifies the bladder is quite rotte,  
 some filly, that is spewm.

Urine of a roo-man that is faint, & cleere, if  
 it rime like flux if it ruffels off & galy, not left  
 to meate, it signifies that the roo-man is rotte.

Urine of a roo-man that is galy, a golden colour  
 & is cleere & ppaue, signifies the roo-man is lust to man.

Urine of man or roo-man that galy the lower  
 aqua, that galy a black galpimy in the one galy  
 of the vinnall is a true token of deat.

Urine of a maye that galy, not followe  
 not a man is faint & cleere, & not out any roo-man.

Urine of a man: every man is rotte and  
 found rotte urine in the morning is rotte  
 before meate rotte, & after meate rotte.

For a greate heate in man or woeman.  
 Take <sup>exaling</sup> water, burrage water, & worne  
 wood water of eare, & dramed, temper them  
 with confound of rofob & drinke it thuringe  
 and morninge.

To kill a fellor.  
 Take the rootes of tormentill & drinke it with  
 the rootes of termentill exgeteth poiffon  
 and alloe venome.

To heale a wound.  
 Take fanicle, milfole, bugle, equal  
 portions, brake them in a mortar, & with  
 beere or water wine temper them & drinke  
 it to the party, to drinke thine a day, till he be well.  
 Bugle keepeth the wound open, milfole cureth  
 it, and fanicle healeth it.

For the Tifick.  
 Take 3 loze, 3 or 4 pound, & parts tongue  
 boyle them in a quart of pale ale to a pint & drinke it.

## For the Goute.

Take a strong brine w<sup>th</sup> salt, heat it rary, an o<sup>f</sup>  
e being got put thereto your leg, or hand.

For cloathes y<sup>e</sup> be mouldy & stained

Take storkfish, e take of h<sup>is</sup> water being warme  
e lay the cloath in it all night, e in the morning  
wash it cleane, w<sup>th</sup> dry, combe to it, e cleue againe.

## For the Morpew.

Take white wine, e slope e blanched almonds, from  
stamp the slope e almonds, e lay them in the wine  
upon boyle it e drinke of it 9 dayes first e last.

## For a tertian feauer.

Take the iuyce of dandelion, e the iuyce of worme  
wood, e drinke of it before the fit cometh.

## For the droply.

Get the party, drinke the seede of Douills bit  
9 dayes e you shall see red.

To make one haue a good colour in y<sup>e</sup> face.

Eate dry figgs, e drinke carmell, origanū is good.  
or gum of the young tree dauntton w<sup>th</sup> wine early.  
e also acetum squillitick drunke. Exyrop of squillas.  
Egarick, or saffron, or ginger in powder is good.  
E slope powder is good drunke. Cicer eaten; or  
calamus aromaticus. or any got milke from  
the cow mixed w<sup>th</sup> sugar is good.

## For an ach

Take young croppes of alder, stamp them, and  
take of the iuyce the best of horse parts, e a fourth  
part of black soape, boate them well together,  
vntill they be a salve or an oymntment, e lay  
it thereto e it will ease the ach, probatur est.

## To cleare ones eyes.

Boate the white of an eg till it be cleare

Take some of the upper part after it hath stood  
a while, & mixe the oyle of it w<sup>th</sup> it under most  
w<sup>th</sup> the iuyce of fennell mixed well together,  
& put of it into the eye, & not flap the eye, &  
lay it on the eye. probatu<sup>m</sup> est.

A plaster for the hardnes and windi-  
nes, which is vnder the spleene.

Take of red 10 dram<sup>s</sup>, of nitrum called bar-  
rach, 3 or 4 mynt, or water mint dryed, of each  
3 dram<sup>s</sup>, armoniac 8 dram<sup>s</sup>, of armoniac  
must be dissolved in old wine, w<sup>ch</sup> if you must  
make the roset, & make of them a plaster, &  
lay it to the place. probatu<sup>m</sup> est.

To prouoke sleepe.

Take oyle of bill, oyle of poppy, oyle of mandrag-  
ora, or the oyle of frogs, & amoynt <sup>of</sup> temples.

Remedies for the face, as morpew, burn-  
inges, bleeding at the nose & others.

Take the whites of 2 egges, 2 ounce of tutia  
alexandrina, two ounce of quire lime w<sup>th</sup>  
in wine water, an ounce of new wax, oyle  
rosate as murgat, pale sulfur, make of this  
an oylment & use it.

To stanch bleeding at nose.

Take great wit roafe, & lay them upon a  
tile upon coles, until they be dry, make you  
dow of them, & put of it into your nose & it will  
cease from bleeding.

For a red face.

Take four ounce of the cornell of peart, &  
2 ounce of gourd seed make them of an oyle  
w<sup>ch</sup> if you amoynt your face evening and  
mornings. probatu<sup>m</sup> est.

To make the face faire.

Take rose may, flower, boyle them in white wine, & wash yo<sup>r</sup> face w<sup>th</sup> it, & use to drinke of it for shall your face be faire, & yo<sup>r</sup> breath sweete.

To take spots out of the face

Take 2 ounce of the iuyce of lemon, & two ounce of rose water, 2 ounce of silver sublimed, & soe much of rose, put all together, & make an oymment, & annoynt yo<sup>r</sup> face w<sup>th</sup> it night & morning, after annoynt it w<sup>th</sup> butter. Another.

Take oyle of the white of an eg, & take an ounce of it, & take an ounce of rose, 2 dram of white silver, & a dram of cambray saffron, mingle these, & annoynt yo<sup>r</sup> face w<sup>th</sup> it.

For the Squinancy

Boyle worme wood in vinegar, & gargaigne w<sup>th</sup> it. Or boyle figgs & the rind of pomegranate in water, & gargaigne w<sup>th</sup> it.

For the morpew.

Take an ounce of verdigrise, an ounce of white brimstone, make them into powder as small as may be, & take two fat geese grease, make them cleane, & take out the brayned, then wash them & scatche them, till they be tender, then let it roole, & gather the fat from of, & throw it w<sup>th</sup> the sayd powder, & make an oymment of the same, but let it not come neere any fire, but annoynt oymment annoynt the face partly. probatur. Et.

For a flux of blood at y<sup>e</sup> nose.

Take musc & mixe it w<sup>th</sup> oyle, & put it into the nose; Or take gumme arabick & colida

rum & mixe them w<sup>th</sup> vinegar & lay it thereto.  
 Or take woole & put it into the nose of an ox  
 & lay it to his face & feede feed. Or wet  
 woole in the urine of moste geade & lay it to.  
 Or mixe h<sup>er</sup> w<sup>th</sup> vinegar & lay it to the nose.  
 Or take an egg yolk beate, & take of it one  
 part, & of galls yolk for mure, & blow it  
 into the nostrills. Or by the spring water.

For the Jaundies.

Boyle tamarisks in vinegar, & drinke it.  
 To keepe y<sup>e</sup> mouth whole &  
 sound from greifes.

Before & after meate make y<sup>e</sup> mouth w<sup>th</sup> good  
 mater, h<sup>er</sup> drye, w<sup>th</sup> the gumme descending  
 into the iawes from the head; also to rub your  
 tooth w<sup>th</sup> powder made of clove & nutmeggs,  
 & make hand every day fasting, it strengthe y<sup>e</sup>  
 stinking of the mouth.

Or if you dissolve a little mastice in oyle of  
 roset, & anoynt the palate of the mouth, it  
 preserveth it from hurt. Also an pearle head  
 beate to powder, & put into a ranke in the  
 mouth, or other greife therein w<sup>th</sup> it. p<sup>ro</sup>bat<sup>ur</sup> est.

To stanch blood.

Take the gerd sigillum salomonis, & smole  
 herbe off m<sup>o</sup>st, & as long as you have it you  
 shall not bleed.

To remove melancholy.

Take of epithymum 3. iij, of Lapis lazuli,  
 of agarick, of our 3. ii, of scamony 3. j, of clove  
 &c, make powder of all these, & take every  
 m<sup>o</sup>st of this powder 3. ii. probat<sup>ur</sup> est.

For coldnes in the stomach.

Take a plaster w<sup>th</sup> storax, wax & oyle, mixe

Boyle together, & lay it to sores.

To engender flesh.

Take of Sarcocolla 2 parts, frankincense one part, beaks of an, & mace of an, & apply them to the sores.

To incarnate & cleanse ulcers.

Take Sarcocolla & mix it w<sup>th</sup> y<sup>e</sup> y<sup>e</sup>, & to dry a few mixe it w<sup>th</sup> the whites of an egge or milke, it will also eat away dead flesh out of ulcers.

For Scabbies

Boyle brauns w<sup>th</sup> vinegar, & make a plaster. It is good for get imposthumes, & boyled w<sup>th</sup> me, & make a plaster of: Good for sore breasts w<sup>th</sup> proceed from abundance of milke.

To purge evil from the breast.

Day, brauns in water all night, in the morning strain it & boyle it w<sup>th</sup> oyle of almonds & mixe it w<sup>th</sup> sugar; it runneth evil in the breasts.

To riden imposthumes & hard swellings.

Take leuon boyled in milke, & lay to sores.

To cure a Leper.

Boyle tamariske in water, & drinke often of it.

To heale wounds hard to be cured.

Use oleum philosophorum.

To incarnate a wound.

Use unguentum triaфармаcum.

For old sores.

Use unguentum Egyptiacum magnum.

To expect some in the body.

Use electuary of aloes; or aromaticum gariofilatium; diaciminum aromaticum nardium; trifera Surracenea; & trifera muscata; dianisium electuarium Judi; aromaticum rosatum.

For the tooth ach.

Take iij parts of ground iuris, & put of it into  
heat side of the saw on the top tooth, also, &  
you shall wonder at the cure it will bring you.

To heale rotten & putrified wounds.

Mix aloes w<sup>th</sup> dragons blood & myrr, & lay it to.

For the gout.

Take the leaues of the corbe-grass, & make  
iij parts thereof, & boyle it w<sup>th</sup> a bullock's gall, &  
gloose snagg's w<sup>th</sup> out shells, put it on paper  
& lay it to the sore.

A plaster to ease the gout or any  
other greate swelling or ach.

Take 3 yolkes of eggs, butter, & saffron a  
pinty quantity dryed, make it into powder, the  
iij parts of singuone, iij parts of mace, & the  
iij parts of ground fill, mixe them w<sup>th</sup> w<sup>th</sup> w<sup>th</sup>  
flour, & boyle all together very softly, upon  
a low fire, & make a plaster of  
this peltis, & lay it to the sore.

For the tooth ach or iawes.

Take iij parts of day's hot rootes & all, & put of it  
into your saw, & stop it w<sup>th</sup> black robb. Clu-  
roynt your iawes w<sup>th</sup> oyle of exeter & your  
temples also.

Remedyes for the neck, throate,  
mouth and teeth.

For the Kinges euill.

Take robb's foot rootes & all well stamped, mixe  
it w<sup>th</sup> flax seed & barrowes grease, make  
a plaster & lay it to the sore, & change it twice a day,  
& all the sores shall be dissolved into pus, &  
& after they be past, wash often the place w<sup>th</sup>  
the robb's wine for the space of ten or  
fifteen days.

For the same.

Take the stalks of an goose, put the in a fire pan  
amongst coals & roasts until they may be beaten  
to powder, give the patient to drink of the said  
powder in wine some the quantity of 2 penny weight.  
Doo the 21 dayes, & doubtless you will cast out of  
his mouth all the disease & filth of the world.

For kernels in the throat.

Dry camomill & make it in powder, mingle it w<sup>th</sup>  
gony, take in the morning a spoonfull, & at night  
at night, swallowing it gently, w<sup>th</sup> it till you be well.

For the Gynise.

Take a pound of Scabius water, aqua vite,  
an ounce, mingle them, & lay it upon the face.

Or take swallowes in an oven & break them  
to powder, & lay it to growe all the mouth if you can  
if not mingle it w<sup>th</sup> gony, roset, & a little flower  
of amilum, & put it into his mouth, letting it  
goe downe of it selfe.

Or take the oyle of violets, put 2 or 3 drop  
of it into white wine, w<sup>th</sup> the w<sup>th</sup> mass, & gargle  
in ye throat oftentimes.

For the Kings eith.

Take romish, or white lende well stamwed &  
sunder, oyle olive 8 sunned, boyle them together  
& or 6 pomeis stire it continually, & when it is  
black it is boyled enough; then spread it upon  
a linnen cloth, & lay it upon the sore place: if  
sore be broken it will be healed quickly; if not  
this will also resolve & loose & finally heal  
it bravely.

To breake botches, impostumes, catarres,  
or sores coming in the throat.

Take dry Junge of an ass, & of swallowes make  
spend powder, & put of it into water or in pot  
wine, & gargle w<sup>th</sup> mass ye throat often w<sup>th</sup> it.

To fasten loose teeth.

Take fruit in rinds, mastick, & pills of some graine  
an oghall quantity, & make thereof a powder; & when  
you goe to bed wash y<sup>e</sup> teete w<sup>th</sup> a little red wine  
then lay of the sayd powder to y<sup>e</sup> teete. excellent.

To make teete white.

Take mallow rootes, rub y<sup>e</sup> teete w<sup>th</sup> them dayly.  
Or take a crust of rye straw, burne it to rednes  
& make powder thereof to strowe y<sup>e</sup> teete w<sup>th</sup> all,  
& wash them after w<sup>th</sup> faire well or w<sup>th</sup> red wine.

To fasten loose teete.

Take a little myrror, temper it w<sup>th</sup> wine & oyle  
& wash y<sup>e</sup> mouth w<sup>th</sup> it.

To keepe one from vomiting.

Drinke the wynt of worme wood.

For those that spit blood.

Make a rate of fine wyf flower, & being bathed let  
the party take of it as yett as he can endure.

For those y<sup>e</sup> vomit up their meate againe.

Take the best leaues of an aspe, boyle them in  
stronge vinegar, & straine them, & make thereof  
a plaster, & lay it upon the stomack, or belly.

For the tooth ach.

Boyle the leaues & rootes of rye wood in water  
& pour w<sup>th</sup> wash y<sup>e</sup> mouth; & yett of it in y<sup>e</sup> mouth.

To mitigate the payne in childrens teete.

Take butter & oyle, & rub the w<sup>th</sup> as teete for w<sup>th</sup>  
it taketh away the payne & bringeth them off.

For the tooth ach and the rhume.

Boyle rinde & pebbles & wash y<sup>e</sup> mouth for w<sup>th</sup>.  
Or burne salt & rinde it w<sup>th</sup> vinegar, & wash  
y<sup>e</sup> mouth therew<sup>th</sup>. Muske & sugar & lay it to  
the teete, taketh away the teete w<sup>th</sup>. Or make you  
tor of a rosb gale, & boyle it in water & wash

your teete from rotte. or to make yo mouthe in  
the iunge of alder flour or muste y teete are.

Take also a red get bint, & lay on ymogen,  
& gete your mouthe over it. probatu est.

For swelling in the cheeke.

Take an earthen drasse made get & lay it to yo oppole.

To make teete come out of children easly.

Amoynt to yow gumbe wth goatbe milke, or hog  
braine of an faw or rony; or wth gorned grease  
or mixe hog brayne of beasted wth ymme, & dymke  
sprow. or amoynt to yem wth butter only, or oyle  
mixed wth yow.

Flouder of dogge teete mixed wth yow easly  
young children wpen to yow beed teete; if yow  
amoynt to yem from yow wth, it gete yow drowe and  
ofter soote in the mouthe, or iarrow. It stow found  
in the good of a floore, or part of a mayle is good.  
Or amoynt to yow iarrow wth yow salt mixed; it is  
easly to yow payne of teete brooding. Ege iunge of  
liquore of gold in the mouthe, it alle the good.

For a sore throate.

Take oyle of lyllob, oyle of ramomill, & oyle  
of dill of oare, an sume, make to yow get & an  
moynt to the throate from wth, & not black well  
to yem it; & lay it to the sore throate.

To breake a fore in the throate.

Take snagge wth spoll, & all, & boate to yem, &  
plaster to yem to yow, to yow wpen to yow fast.  
Or take yow wth to yow to yow wth to yow to yow  
& lay it to the throate, & wpen it to yow to yow  
remoue it & lay on another plaster. Or to yow wth  
wood & boeing to yow lay it to the sore throate.  
Or make a limment wth dogge dung & dogge  
mixed wth yow, & amoynt to the throate wth about.  
But if the matter remains to yow, and still, take  
diacule dissolved wth yow, & lay it to yow.

Or else make this plaster. Take ungentle altee  
of musilage, of lime seeds, of semigreek seed of  
each two dramis, of the more precious substance  
of cassia fistula, of butter, of loamon, of figgob,  
of oyle of sweet almonis, & of these make a plaster  
& lay it to the place.

For the tooth ach.

Eye iugre of yarrow drunken is very good.

For the brest and stomack & cough.

Take the iugre of peasle, powder of romyn, brost  
mille, mixe all together, then giue it by the way to drinke  
& make after ward this oymment followinge.

Take limosced, semigreek, soke them in water  
& straine them, & mingle the substance of the good wth  
butter, & annoynt the child brost it being warme.

For a cough.

Take himstone powder pulke an ounce, put it  
into a new layd bag, soft washed, mingle it wth hony  
put to it being wine the signes of a ripe peach,  
slightly stamped, & drinke it in the morning at yo  
breakfast, & take at nuyt againe at night going  
to bed, it will purge you at triue or by the waye  
but if the cough haue stayed you long, take of it oftener.

Or take an handful of flossie, & boyle it to the  
third part of the water you boyle it in, and mixe  
your wth the water, & drinke it fastinge.

To keepe the stomack well.

Take got water & vinegar, & vomit ouer a mounty.

Or take rosin wth the stone fasting.

To preserue the stomack.

Boyle worme wood & spike nard in beere, & drinke it  
or make a plaster of aloes & mastick, & lay it to the stomack.

For hardnes in the stomack.

Boyle worme wood in beere, & drinke it, it purge the  
the stomack from all greie humours.

Or drinke syrac of roses wth a little wood of aloes.

Or mustard seed roasted & beaten, & drunken wth water.

Or take fasting 3 dramms of the electuary of the wood  
of aloes & of rubarbe; it comforteth the stomach, & good  
digestion, purgeth the bowels & procureth a good appetite  
& remoueth wind from the stomach. Also to the  
digestion, amoynt the stomach w<sup>th</sup> the style of mastick.

For a cough.

Take 2 or 3 peaces of rarish well mundified, scime  
from wood, & put to them yonge suet, & stampe it well  
all together, & at night when you go to bed, warme  
well the soles of y<sup>e</sup> feet & amoynt them well w<sup>th</sup>  
this; then warme them againe as yet as you can  
suffer, & rub them well w<sup>th</sup> airtie spere, & booying in  
bed, let your feet be bound warme w<sup>th</sup> linne cloath  
& rub also the small of y<sup>e</sup> legge w<sup>th</sup> the sayd oyle  
month in space night it will cure you, & the rough  
newer soe reuement.

For hardness of woemens breasts after  
they be brought to bed.

Take yonge branne, & sooth it w<sup>th</sup> iuyce of rut  
& lay it vpon the breasts. This is also good against  
the biting of venomous beast.

To make woemens milke increase.

Take small seed, sooth it in bashy water, & drinke it.  
Sijt yonge boyled in water & breake, are also good.

For a woemens sore pap that  
hath a canker in it.

Take the ferra of a white goose; & the iuyce of re-  
londine mixed; & lay it to, & it will kill the canker.

For swelled pappes.

Take mouse dung, & mixe it w<sup>th</sup> vayne water,  
& bathe the pappes w<sup>th</sup> it. Also geese grease mixed  
w<sup>th</sup> oyle of roses & rose lodow is good layd to parts.  
Or geese grease alone amoynting the pappes for w<sup>th</sup>.

For an impostume in woemens pappes.

Wet a sponge in oxicrate booying warme, & wring  
it, & lay it to, & bind it fast. Or boate bread, greche  
pantary, wax, & oyle together, & w<sup>th</sup> this amoynt  
the agriuin.

For sore pappes, boches, or boyles.

Take mallow leaues, & worme wood, of euey a great handful, sooke them in water till they be tender as if they were of an apple, then lay them abroad that the water may runne from them, then press them small, then straine them into a pound of good grease, & to morrow all hit you can get dispoine the one from the other, & like warme lay it plasterwise to the sore pappes, or other sores. probatu est.

For ach in woemens pappes.

Take mint & stamoc tron, & make a plaster with they flower, & lay it thereto. probatu est.

To cause a woemens milke to increase.

Take luyne of venise & fennell, & drinke it often.

For an extreame cough.

Take rosemary word, & mixe it with honny, and use to eate it. probatu est.

A remedy for the teeth.

Take white roses & brans seeds, of euey a drame, white sandels, white amber, white margarets, of euey a scruple, mastick, mynon, of euey a half a drame, beate them all alittle, & ad thereto a little gom of roses, & mixe them well; at night wet yo finger in this mixture, & rub yo teete, & early in the morning wash them with white wine in which the root of the flower dolure dried must be boyled, then pint them with a teete pick of the wood of the mastick tree.

For the teete ach.

The roots of veruine, mallonst, or rut mallonst is very good.

Things very good for the teete.

Crage: organ: mynts; liquis; the goad of an gawt burne. Jamariske: the rinde of an ash: water of green elust & gawt beens distilled: ver

vine rered; the young springes of a Bramble-buff.  
 Dort rootes rered; Lincoze Squillitike; parts found  
 burned: the drooggs of oyle (called amurca) oliv  
 leaues.

To prouoke an appetite; & to purge ill humors.

Make a saure roe, fawo, parsley, vniogex, & a little  
 pepper, boale from & bring from together.

To prouoke good digestion.

Make a plaster to the stomach of powder of mar  
 masike in powder, & mixe from roe, oyle of roset,  
 & waxe at the fire.

For a weake stomach.

Boyle mane in fennell water, then ad a little  
 wine, & straine it, & giue it to the ply the liquor  
 to drinke.

For swelled pappes.

Take the meale of flax seed, the meale of lon  
 till, temper from roe, oyle of roset & saffron,  
 and lay it upon to. Or take fere-gum, leaues  
 of cedar, poppie leaues, heat and roset, worme  
 wood, rue, sodder, & make from get, & lay from to.

Or eggs mixed with oyle of roset lay to y papp.

Or make anoyntment thus. Take libanith,  
 worme wood seed, masike, lon till meale, of oare  
 four dramms, of waxe 4 dramms, oyle of roset  
 16 dramms, & make an oymntment.

For hot humours that trouble woemens  
 brestes, & cause them to swell.

Anoynt the swelling with roset of eggs, & oyle  
 of roset equal proportions; then make very fine  
 powder of nitrum, & lay it on wet with the former liq.  
 but if it proceed of a cold humour, take meale of  
 fennell with the iugre of parsley & cedar mixed.

For woemens brests which are raw.

Take rare quince hornells, & lay them in running  
 water clay from to. For the tooth ach.

Eye iugre of yarrow drunke with aspell. prohibited.

For a cold stomack.

Boyle mild margarone in floss broth, or make you  
 oz of it, & drinke it w<sup>th</sup> mustard, maulmsy, or  
 salt; and being warme wet a sponge w<sup>th</sup> wine,  
 abset, as you can suffer it, & wringe out the wine  
 & lay the sponge to the cold stomack & it  
 not digest meat, it breakes wine, & crushes wine.

For swelling & ach in the brestes.

Take mallorob & warme wood, boyle them in water  
 & presse the water from the herbs, & grind them w<sup>th</sup>  
 foggis grease, & make a plaster of it, & lay it to the  
 brestes; it gelyeth one in 3 or 4 dayes. probatus est.

To make a leane body fat.

Abstaine from salt meats, rawe & pinching thinges:  
 hennills, rawe eggs, almonds, fiftie nuts, ymo kernels,  
 hazle nuts, traxob gemob, young pigeon rosted  
 & fat, or baked, good wine, also myrtle, at mealeob,  
 lot blood & purge seldom, bat, after ye meat be  
 digested, be not too angry, eat must, drinke little,  
 & especially ~~the~~ wine; be not lightly angry, sorrow  
 full or paine peacted, also it woe men kind must,  
 temperate exercise, & rubbing, use all sweet &  
 whittie w<sup>th</sup> thinges, for they fatten.

A good medicine to make one fat.

Blame, almond, & hazle nuts, make w<sup>th</sup> seed  
 the greene grains of w<sup>th</sup> turpentine is made, f~~or~~  
 dissolve all in butter & sugar, of the w<sup>th</sup> lot give salt  
 alittle evening & morning, & drinke after it good wine.

To purge melancholy.

Abstaine from bleeding; vomit is very hurtfull:  
 the best thinges are good: burrago, buglass, time,  
 epithimum, scolopendria the greater & lesser,  
 rapori, tamarisk, spissidum, sweet wine, foggis,  
 mustaba, mirabalanob, polipodium, Cene, Lapis  
 lazuli.

To cleanse a sore.

Take the iuyce of smalage mixed w<sup>th</sup> barley meal  
& lay it on the sore. probat<sup>us</sup> est.

To make a drying plaster for a sore or canker.

Take beane meale of Orbeus of oare, a like portion  
& mixe from w<sup>th</sup> acotely, & alithe salt, & make a  
plaster of ow of. probat<sup>us</sup> est.

To ease the payne of the gout.

Take an handful of mo, a great many of the  
leaves of the wjite vine, that carrieth the w<sup>th</sup>  
berry in fadge, & make iuyce of them, & put thereto  
the iuyce of pome looke, & of oxymore and boyle  
from w<sup>th</sup> a bullocks gale, a young root, of spore  
marole & poyge gwaite, a good many of shaggs,  
moal beaton in a dist, & boyle all these together  
& straine them, & passe heat oyle to your use,  
to annoynt the place therewith.

To kill a canker in the mouth or face.

Take mercury sublimate, & boyle it w<sup>th</sup> vinegar, or  
w<sup>th</sup> white wine, & wash your mouth, or face therewith,  
And upon you will see it spall, take sublimate  
& put camphire to it, & boyle it in water of pome  
furdle, & it will heal the canker.

For a sore legge through a bruise.

Take milke & boyle it, & make a passet of it w<sup>th</sup>  
alome, & take the mud prily got & lay it thereto:  
& give greater a lay, that soe just w<sup>th</sup> a cast that  
warrs over it.

For a great heat one hath to quench his thirst.

Take ordure naton, burrage naton, worme wood w<sup>th</sup>  
of oare, & cunrot & mixe from w<sup>th</sup> consensing of roses  
& drinke of it evening & evening. probat<sup>us</sup> est.

For the thume & head ach.

Take rue, red myrtle, worme wood of oare an hand  
full, let them passy in a frying pan until they  
bee crackling dry, then put them into a linnen bag

of a handfull broade & a spanne longe, & put for  
day of powder againe into the frying panne, and  
warmed from very roole, & lay it to your left side,  
under the first ribbe, & lay downe a time upon it,  
& upon the bag, waxes cold warme it againe  
& lay it upon to <sup>day</sup> ~~twice~~ 2 or 3 times. probatus est.

For a cough or straitnes in the brest.  
Take figge & figle stamped well together, upon  
boyle upon in gony, & take of it fasting. probatus est.

To make one lusty & stronge if is weake.  
Take powder of calaminth, & put of it into y<sup>e</sup> brote,  
& drinke, & also to take & drinke of it. probatus est.

For one if is taken lame in any member.  
Boyle in a pinte of maulmsy, y<sup>e</sup> Dunge of an oxen  
solt, about 3 yeares old, a little waxe, & well boyled,  
put thereto a quantity of romain in powder, and  
lay this to the place. probatus est.

To stay the flower in a woeman.  
Take botony, noyze, pollitory of spayne, & iflowe  
stamp upon together, & give y<sup>e</sup> of this to drinke  
in the morning fasting. probatus est.

To stop a woeman of bleedinge  
after her child birth.  
Take small stamped folgerfon & give it for to  
drinke. probatus est.

For an ague.  
Take peaypends purple, folgerfon, ropper, & the  
weight of an egge beaten all together, & lay it to the weiffe.

For y<sup>e</sup> head ach in an ague.  
Take botony, ramemill, & rosemary of oare, a hand  
full, fry upon in a spoonfull of gony, and lay this  
to the place. probatus est.

To destroy a canker or felon.  
Boyle plantan small, & put thereto gony, & a little  
powder of burnt adome printox, & apply it. probatus est.

A speciall remedy for the greene sickness.

Take a quart of claret, & spoonfulls of gony,  
boyle & straine it cleane, put to it a quarter of a  
pound of quibids, or less, also an ounce of rone  
nion, a quarter of an ounce of ginger, boyle all well  
together to a pint, & straine it into heres pintle of  
agua vite, put to it also a pound of sugar & draw  
from royle together in two pots, & booke it in a glass  
bottle, & put to it some tornasol to colour it,  
& drinke a spoonfull first & last.

To cure melancholy.

Take got yeales milk if you be bound in yo body.  
Or boyle worme wood & drinke it also fasting.  
Use stronge fisherb. Or Boyle cologuntida  
or boyle & gony, & let her party blood. flunge  
her party w<sup>th</sup> ʒ iij of hiebra, take her of hiebra  
in a month, & stay 10 dayes betwixen euery time.

To heale daungerous ulcers.

Take burraige & mixe it w<sup>th</sup> hiebra good for hie  
purpose, & lay it to growe.

To heale woundes

Take oaten leaues, & bruyse them on a stone,  
& lay them to growe. probat<sup>us</sup> est.  
Or bruyse pear tree leaues & lay her to y wound.

For knotts in y flesh and arteries.

Take old eggs, & boyle it w<sup>th</sup> her party of  
eggs, & make them into past, & lay it to. probat<sup>us</sup> est.

To cure new woundes.

Take new eggs & beate it, & lay it to growe, &  
lay upon it a fresh or wine leafe.

Or burne a string, or lay it to dry.

For ulcers.

Burne old shoes, & lay her assed to her ulcer.

To cure deepe and hollow ulcers.

Take oyster shells & make powder of them, & lay  
it to growe, being first burnod, it causeth flesh  
to grow in hie place, mixe it w<sup>th</sup> her party of  
& lay it to the hollow ulcers.

For an inflammation in the throat

Take two dayes together lupinus w<sup>th</sup> y<sup>e</sup> meate  
w<sup>th</sup> leavened bread, & drinke old wine, then take  
y<sup>e</sup> same dunge, & dry it & use it to gargle, or else  
boyle in water a p<sup>er</sup>mo<sup>re</sup> & a quartidge, & make  
for plant w<sup>th</sup> the breath of y<sup>e</sup> of.

For rotten sores.

Take lapis phrygius, & put it into the saw; or  
mixe it w<sup>th</sup> vinegar, or wine & add on w<sup>th</sup> water.

To stanch bleeding.

Take gypsum, make it soft, & mixe it w<sup>th</sup> y<sup>e</sup> great  
flawer w<sup>th</sup> y<sup>e</sup> gungoly on the mill walled & the right  
of an egge & lay it to gargle. It is a good furee but  
very small, & layd to, it is very good.

For the plague.

Drinke often of the wine of spideren

For vlcers in y<sup>e</sup> feete or hands.

Make a limon slaty & by it to grow on, & ab often  
at you piss, let it drop on the place.

For biting of snakes or tigers.

Take goats dunge mixed w<sup>th</sup> vinegar, & lay it to gargle.

For hard swelling, y<sup>e</sup> scumpe, dropsy, or spleene.

Take goats dunge mixed w<sup>th</sup> barley flower, & wine  
& water boyled together, & lay it to gargle.

For a greate cough.

Take apples called p<sup>er</sup>oxins, & boyle them in  
faine water, & mixe the liquor w<sup>th</sup> the water,  
sugar, & drinke often of it. probat<sup>us</sup> est.

To dry rhume in the matrix or vulva.

Boyle pennyroyall & figs in vinegar, & gargarize it.  
or boyle pennyroyall w<sup>th</sup> figgs in beere or ale, and  
drinke thereof. If it be a sicke f<sup>er</sup>ie red, make a fomen-  
tation of y<sup>e</sup> dorethion, it dryeth y<sup>e</sup> moistnes of y<sup>e</sup> matrix.

An oymntment for y<sup>e</sup> reimes y<sup>e</sup> are hot.

Take of oyle, of water lillies, oyle of roses, oyle of  
 xicolots, of saig ʒij. red sanders ʒ. j. rymomen ʒ. ij.  
 Vinoger ʒij. & with a litle wax make an oymntment.  
 For a laske.

Take an og rosted rare, put to it a litle aqua vite  
 soe stire it well together, & let it rest a litle longer,  
 and then take it.

For the wormes.

Take boulted rypals flower, at murg at will by  
 upon fyve rowndes of gold, put it into a glasse pound  
 into it at murg, wold water ab will pour the flower,  
 & make it looke like milke & ab thinned, & quib it  
 the yild to drinke; this will cause yim to purge the  
 To stay the flux.

Day 3 or 4 forsoi gawd in red wine a day, & a  
 night, & then drinke of it.

To kill the wormes.

Take an yole in an orange ab big ab a poppy, &  
 squashe the liquor out, & put into the empty orange  
 oyle of bayle, iij. of this iij. of waxe wood,  
 treacle, flower of lufus, soke all this a time, then  
 put it into a disse & annoynt the nards, stomack, ten  
 pleat, nostrils, & the uttermost part of the pulsed.

For wormes.

If the yild be soe litle, that it can receive nothing  
 at the mout, take aqua vite, rypall waxe or  
 wold the stomack or breast of the yild, then pour  
 over the plant the powder of fine myrror, & lay  
 the yild a time darre, with the breast upward: & you  
 shall see that the wormes will come forth dead.

For the collicke.

Take dayly, 5 or 6 pearls before dinner or supper  
 with salt & bread, the best rypall waxe & stomack, cast  
 the collicke, & kill all sort of wormes. Or take  
 pulsed made of rypall waxe, or melior waxe, or  
 take it in your pottage. Sweet margerome is also  
 very good for it.

## A glistre for the collicke.

Take fresh assis Dung, boyle it in righte wine, put  
to it a handfull of amissod, a litle oyle of ramomile  
a litle oyle of rapord, w<sup>th</sup> a handfull of brannt, boyle  
them w<sup>th</sup> a quarter of an pover, & take them from  
the fire & presse out the substance, & so make a glistre of it.

## For the collicke.

Take the iunge of vine barberyed, w<sup>th</sup> a glasse full, put  
to it somuch red vinnall powder as will by upon two  
gracoi, & give the patient to drinke by it.

## For the stone collicke.

Make powder of vira aurea, put a spoonfull of it into  
a new layd or soft vessel & drinke it of fasting, &  
eate not in 4 dayes after, this will vance you to  
make water, & taking in a quarter of an pover & cast-  
ing it so or 12 times you shall voyd the stone.

## For the flux or laske.

Take in slawt xaurick beaten & stamped & drinke it.  
Or boyle it in milke & eate it evening & morninge.

## To kill wormes.

Make flower of dryed luxines, & knead it w<sup>th</sup> yony  
& lay it upon the righte stomack.

## For the wormes

Take oymtent of Rencolefic, & sing things as lesse  
the body; sing at be made of sorow bitter, & expulsiue  
mediins. to wit: the iunge of bale the persicars, or  
the leaues of persica arbor, ʒ. ij. oyle of bitter almond,  
or of abinthio, ʒ. ij. petreolum ʒ. iii. a litle ringer  
& balle of gale, w<sup>th</sup> repeat flower upon the milk wale  
ʒ. ij. mixe these together & ad to w<sup>th</sup> to berebinth or  
bing as much as shall suffice, & make an oymtent &  
lay it to the nable.

## For the flux.

Take blawnt almond, boyle them in yony till they  
be black, & eate them of fasting, it is excellent good,  
but it will be spenges if the almond be not blawnt.  
Or make bread of mede as it cometh from the mill,  
& eate thereof, this is the last remedy.

Or eggs take & hoggs rooke, or the seed, & make  
a suppositorie w<sup>th</sup> opium: this is stronger then the other.  
Or boyle old rye, & drinke the water, or dry the  
rye after & take a dramma of it; this is y<sup>e</sup> strength of  
Caton leauis distilled & drunk, stayes a laste.

For the collicke

Boyle piggon dung in wine, & make a plaster of it. probat<sup>us</sup> est.

For y<sup>e</sup> bloody flux when nothing else will stay it.

Take a ear full of rye-roles got from the fire, put it  
into a halpington dish, & set it in a clepe steele, then  
you goe to the steele, sit downe over the roles, & doe it  
upon the roles, that the smoke may ascend to you, it  
will cure you in houre or halfe dring. probat<sup>us</sup> est.

For rankling of an ague sore.

Take a red scale, & soote it in y<sup>e</sup> owne wine, & goe yet  
at you can suffer, lay it to the ground place. probat<sup>us</sup> est.

For the collicke

Take the myre of bullorbes dunge, & drinke it: or make  
it into powder & drinke it. probat<sup>us</sup> est.

For the flux of menstruas.

Drinke the powder of romegrans flowers; or  
also boyle the flowers; & drinke the rof.

For the droppie

Take adder rooked myre w<sup>th</sup> opimell, & drinke it  
continually: or give the y<sup>e</sup>. a graine of eugherbium  
to purge y<sup>e</sup> body: Or take piggon dung, an  
ounce of carstant, rubarb called piganum ʒ.ij. w<sup>th</sup>  
opimell. or put upon the swelled belly nitrum bo-  
ton: or salt, & soft eximie. or wash y<sup>e</sup> selfe well  
w<sup>th</sup> sea water, & drinke little. or rub the belly w<sup>th</sup>  
panged salt, & drinke imogor of squilla.

For the stomacke.

Take an ounce of ginger, stoncke take some rabbit,  
& boyle them in imogor, & straine them, & put thereto  
sugar, & powder of ginger, & boyle all together, &  
put it into a gally pot, & use it morninge and  
eveninge. probat<sup>us</sup> est.

For stopping in the throat.

Take powder of columbines, & mixe it w<sup>th</sup> aqua vite  
and w<sup>th</sup> water, & drinke it.

For the drop sic.

Take the seed of *Morus diaboli* strained, & drinke  
of it w<sup>th</sup> w<sup>th</sup> wine nine dayes.

For to prouoke vomiting.

Take mustarde drained, *spongia histri* called banary  
3. ij. & condise danick bocher all, then sift them, and  
drinke them w<sup>th</sup> dill water, & opimela.

Or take mustard & put thereon the seeds of radishes,  
eat it, & drinke after it warme water & gony, this  
will cause you to vomit, by putting a feather into  
y<sup>e</sup> mouth. Or take of *nux vomica* 3. ij. & mixe it w<sup>th</sup>  
gony, & dissolue it w<sup>th</sup> hot water, & drinke of it  
when you would vomit.

A restorative for a weak stomacke.

Take long pepper, grained, saffron, of each 2 penny  
worth; beate them to powder, then take a stork of  
on, & beate it to a rolline w<sup>th</sup> the 3 powders put  
to it, & the yolkes of egges, fard roasted, and  
give it to the weak person. probatus est.

For the sharpnes in the and payne in the  
tongue or mouth: for y<sup>e</sup> shrilly or tick.

Put in y<sup>e</sup> mouth *diadragantum frigidum*, untill it  
be dissolved; you may haue it dissolved at y<sup>e</sup> apothecaries

For a very sore mouth.

Take gerbe grain, warme wood, selphur, saffron, rind  
sole, yarrow, gony, subtle loanes, many gold loanes,  
strange all these, & put thereon allome, & gony, & boyle  
them together, & wash y<sup>e</sup> mouth therewith. probatus est.

To lift up the Vuola.

Boyle an egg very hard, & pull of y<sup>e</sup> shell, & wringe it  
alittle, & lay it w<sup>th</sup> the rind of the good. Or burne  
the water of footes & put of the powder into the vuola  
& it will lift it up by drying up the fume, & raising it to fall.

For cold in y<sup>e</sup> stomach, and cold rhume in y<sup>e</sup> head.

Take pills of Storax, & swallow them downe. Or make a plaster w<sup>th</sup> Storax, myrr, & cyper, & lay it to the stomach.

For the pestilence.

Terrafigillata drunke w<sup>th</sup> wine beaten for greater take before of early in y<sup>e</sup> morning a fuple w<sup>th</sup> sweete wine aqua vita, myrr, of lemons, & myrr of 3 leaved grass.

Or take leaved bread tosted, wet it w<sup>th</sup> rose wine vinegar, or the myrr of the wild vine, untill the tof stink it be, then put thereon y<sup>e</sup> powder & take that tof early in the morning.

A preservative against the plague.

Take of meliphidate ʒ. ij. Specierum diambre, & Galens p<sup>r</sup>scription called Galeni Lotificantern, of each ʒ. ʒ. 5.

Diarrho<sup>is</sup> sup<sup>er</sup>to sugar 3 ounce, w<sup>th</sup> water of astrology: make into taolod, & gild it, & take every day once.

Or take 2 dry figgs, 2 nuts, leaved of the xx, booke all together w<sup>th</sup> a little salt, & take of it fasting: excellent.

Or take ʒij olivary, ʒij most almond blamg<sup>er</sup>, dry figg, ʒij leaved of the 20, graynob of iuniger 5, & the tof w<sup>th</sup> rose wine vinegar, & make an olivary, & take an ounce of it in the morning.

For y<sup>e</sup> cough & straitnes in y<sup>e</sup> brest.

Take dry figgs, & glose & stam<sup>e</sup> from mole together, then boyle them from w<sup>th</sup> honey, & drinke of it fasting.

To stay rhume.

Take y<sup>e</sup> powder of morm<sup>e</sup> wood & myrr, of each alike & powder layd upon a tof of rye bread (w<sup>ch</sup> must not be tosted brown) stowed, or vapor but root in maul w<sup>th</sup> y<sup>e</sup> oyle of y<sup>e</sup> or two of them in the morning fasting two persons after it: you may lay sugar over y<sup>e</sup> powder.

For the tooth ake.

Stamp 2 leaved of garlick, & by it to y<sup>e</sup> wrist on heat steepe heat your tooth, atole, & it will draw away all paynt.

Or boyle y<sup>e</sup> tof in vinegar, & wash y<sup>e</sup> mouth w<sup>th</sup> the liquor, & it will ease the paynt presently. If y<sup>e</sup> tooth be felle, fill it w<sup>th</sup> y<sup>e</sup> myrr of an yew tree.

For a sore throat.

Take the inward bark of a walnut tree, rosemary, myrtle, & 2 or 3 good figgs slit asunder, boyle them well w<sup>th</sup> w<sup>h</sup>ite wine, & drinke the liquor. probat<sup>u</sup> est.

To heale choppes in y<sup>e</sup> gums & lippes.

Take mastick powder mixed w<sup>th</sup> y<sup>e</sup> w<sup>h</sup>ite of an egg. probat<sup>u</sup> est.

For the tooth ach.

Take woodbine, & columbine leaues, yong & strained from, & put to it allema water, then drie a cleane linnen cloath tyer in, & p<sup>u</sup>t it to the tooth y<sup>e</sup> aches. probat<sup>u</sup> est.

To bring forth childrens teeth easily

Amoynt the gums w<sup>th</sup> gonye & salt mixed together.

To ease y<sup>e</sup> payne vnder y<sup>e</sup> ribs, spleene, & reynes.

Take oftines almond.

For hardness of the sinewes.

Take the marrow of a doore, or raffe, & amoynt y<sup>e</sup> place.

For the lithargy.

Take a spoonfull of castoreum, & ab murg of w<sup>h</sup>ite pepper, & ab murg of mellicrate, & giue it to the party.

To prouoke Menstrues.

Put the y<sup>e</sup> yearly blood in the foote, then giue her to drinke of castoreum w<sup>th</sup> xony, royall or talamint. probat<sup>u</sup> est. but it must be giuen w<sup>th</sup> wine & water boyled together, & be drunke.

For the collick.

Drinke aloes powder; or take hiera antidotum; or hennel; or pyrolomium; or boyle xaxly rootes in water fernell rootes in water, & drinke the w<sup>h</sup>ole. Or boyle branne in wine, & put it into a linnen bag, & rub y<sup>e</sup> belly well & lay the bag there to. Or take dimmons romine w<sup>h</sup>ite stone, mixe them w<sup>th</sup> wine, & boyle them together & put them into a linnen cleath, & lay it to the stomack, inauels, barke, or priny parts. Or drinke two spoonfulls of oximell, & amoynt the partiest part here w<sup>th</sup> oyle of rose, or oyle of bayle.

For the goute.

Take opium, castoreum of eare ʒ. ij. of saffron ʒ. ij.

agragalus from together w<sup>th</sup> water, w<sup>ch</sup> is in galls yau  
boone boyled, & lay it howle. But if the payne inwaite  
amongst the plant w<sup>th</sup> strong vinegar, w<sup>ch</sup> is in yau  
mint & origanum yau boone boyled.

An excellent powder to cate out dead flesh.

Burne root, alleno, of myrabolans, rhinob, terra  
sigillata, flowers of yemo granats, of each 2 dramms  
powder of morning, powder of red coral, of each 2 dramms  
mixe them together, & use howsoe. probatus est.

Remedies for the back, reynes, loynes,  
liver, and the spleene.

For all manner of inflammations in the liver,  
swelled leggs, & inflamed hands.

Take flower of Busby, or amilum, soke it galls an  
power in romen water, straine it, & put it into another  
pot, put to it a few mallorob, sunnole, & yoxb, and  
burrage, soke all together until it be dissolved, ad to it  
an ounce of sandal; then straine all, & take in a linen  
rleath two nutty full of cassia extracta, & put heat pain  
ed to it, pressing it w<sup>th</sup> y<sup>e</sup> fingers, heat the substance y<sup>e</sup>nt  
may afford into the stragued water as it yalthe, then  
put to it saze as much as you will; then take every  
morning of this lying in your bod a little glass full,  
w<sup>th</sup> your nose toward, then lay a linen rleath upon y<sup>e</sup>  
stomach; sleep if you can, & take a little of it after you  
are go, & have done yo uere silit; this must be done  
in summer, & not in winter.

For an ach.

Take 3 parts of the urine of young Eldor or raxob,  
& a fourth part of black sope, boale these together till  
it be a sluce or syntment, & lay it howle. probatus est.

For a payne in y<sup>e</sup> reynes, flanke, & all other greifes.

Take 3 quarters of an ounce of storax liquidus, rayons galls  
goose greafe, durt, greafe, of each & dramms, of oyle roset  
& dramms, red wax 2 dramms, melt these w<sup>th</sup> galls ad drams  
of butter & so mingle them, & then put to it the storax  
& pound it on a rleath, & lay it upon y<sup>e</sup> greife.

## For the spleene.

Every thing that is condensing to make one fat is good.  
Boyle worme woods in beere & perry. or take dry figgs,  
& boyle them in melletrate beate & mixe them w<sup>th</sup> worm  
woods, & lay it to drye. Or take rarer roots, an ounce  
vinegar a pint & deal water & cast, boyle them together  
to a third part, & drinke 4 or 5 spoonfulls at a time.

Or take young roots of ground quise boyled in wine, drinke it.  
Or take mirabolani, & supple top in vinegar, & being  
made to y<sup>e</sup>nt, lay it to drye. Or by to drye the  
pleasors of a fox, or kid. or beate the spits of ta  
marisks, then boyle it & lay it to drye. Or the roots  
of taxeris boyled in vinegar & put into a linen cloth  
& lay to drye in great case in one dayes space.

## An excellent remedy for a stitch

Take a dishfull of got ombro, & sprinkle upon w<sup>th</sup> a  
little wine vinegar, & put them into a linen bag, & so  
apply it got to the side, & being cold warme it againe  
in a platter, or also take new ones as before.

## For a payne in the side, &amp; to open the spleene.

Take an handful of the middle y<sup>e</sup>erone rinde of quene  
ass borax, & infuse it into a pint of white wine galfe  
a day, & a night, in the morning drinke of it fasting,  
& walke & fast 2 dayes after.

## A restorative.

Take a pint of white beards, 2 yelkes of eggs, with  
sugar wandy, an ounce, 2 pennyworth of white saunders,  
the weight of 4<sup>o</sup> of Arabian powder, boyle a peece  
or two of gold in it, & boyle it to 3 quarters of a pint  
beate the yelkes of eggs w<sup>th</sup> the wine & put them  
in last for sundry, & drinke of it morning & evening.

## A singular remedy for the pluresy.

Beate galfe a pound of the roots of Stabious, of red  
corall & olivet, sugar as much as will suffice to make  
a Syrop thub. Boyle the sugar a good time, then put  
to y<sup>e</sup>nt galfe a pint of the iuyce of Stabious, & you  
for of corall, boyle the whole strait it, & drinke a good  
draught here of. Or drinke the iuyce of rue.

Or boyle figgs w<sup>th</sup> egggs greafe, or falot oyle & mylaffe  
it t<sup>h</sup>ereto. Or boyle maris mallow rootes, fenigroote  
seed, flax seed & mylate, & incorporate them well, & lay  
it t<sup>h</sup>ereto. t<sup>h</sup>is curet<sup>h</sup> ulcers pluxy or valulid.

Or take the meale of fenigroote seed, flax seed and  
leuen, & make bread of it w<sup>th</sup> butter, bake it & lay it  
t<sup>h</sup>ereto for pluxy. probat<sup>u</sup>s est.

To cause one to voyde floame.

Take w<sup>th</sup> w<sup>th</sup>ersed ray sine of the sumer, & boale them  
w<sup>th</sup> the powder of onioe & a litle gemye oale t<sup>h</sup>ereto.

For an impostume, or to cure a canker.

Take ray sine w<sup>th</sup> beane meale & romme, & make  
a plaster t<sup>h</sup>erof, & lay it t<sup>h</sup>ereto.

A water against dead flesh, & to heale any sore.

Take right roxerob, camfir at y<sup>e</sup> discretion, burne them  
in a fier pan, & make powder t<sup>h</sup>erof, t<sup>h</sup>en take  
boldorninate a pritty poore, & make it into fine powder  
t<sup>h</sup>en take running water, soke it & straine it ouer the  
fier, & put in all your powder, & let it boyle againe, &  
so stand a night, & the powder will sink to the bottoome  
t<sup>h</sup>en put it into a cleane glass. t<sup>h</sup>is applyed to the  
sore soke out dead flesh, & restore the soueraintie,  
will bringe it to perfect healinge. probat<sup>u</sup>s est.

To kill a felon.

Boale Jimmy, soke very small, & mixe it w<sup>th</sup> black  
sope, and lay it t<sup>h</sup>ereto. probat<sup>u</sup>s est.

For all manner of scutes.

Take volitory of spaine & soke it in water, or right wine  
& lay it to the goute, t<sup>h</sup>is assayed belye proofing & c<sup>o</sup>.

An oymnt for the ioynts.

Take 5 or 6 handfulls of wallwort, soke it well in wine  
t<sup>h</sup>en straine it, & w<sup>th</sup> a litle wax, oyle of spibe, & aqua  
vite make an oymnt, and ouer daye annoynt  
the place ouerling & moving. probat<sup>u</sup>s est.

For swelling without breaking the skynne.

Boyle barley meale in red wine, & make a plaster, & lay  
it t<sup>h</sup>ereto warme. probat<sup>u</sup>s est.

## For the goute.

Take a stronge brime w<sup>th</sup> water & salt, & will have an  
eg, & put the part ground into it as hot as you can  
endure, & as it cooleth take farther; an excellent remedy.

## To make away warts.

Take great rorism, & boyle from roth, & let it stand  
untill it be cold, then take of the fat & annoynt w<sup>th</sup> marbled.

## For the gout in the coyntes.

Take endive robor, the inner of zely gaulth roots, oyle of  
robt & ramomils, barley flower, yellets of egge, & a litle  
Saffron, mixe the together, & lay it by night. probat<sup>us</sup> est.

## For an extreame aca.

Take yewberde upon a hilt, then upon from a stire of esse  
roffe, then yewberde againe over the roffe, then lay  
the hilt upon ombert to ston, & being thoroughly got, lay  
it plaster wise to the greife, & use it oft times; when  
you take of the plaster, scrape the water from the place  
& if neede require lay it on againe. probat<sup>us</sup> est.

## For the sciatica.

Take ~~pepper~~ wine, yew pite, & amoniac, & mixe the well  
together, & lay it by night. this is very good.

## For the goute.

Take flea worke, boyle it, & bath the place, it taketh  
a way the payne very suddenly. Or take the roots of  
a wild rumer & braune, boathen, & lay it by night,  
this taketh away the swelling & paine of the joint.

Or take turpentine, rosin, & wax, treacle & aqua  
vita, boyle them, & spread it on a linnen cleath, some great  
warme, w<sup>th</sup> a litle butter on the boarde upon you spread  
it, & lay the plaster to the greife. Or boyle storax, fustic  
& lay it on stinno & all as hot as you can suffer it.

## For the tooth ach.

Take the inner of ground yew, & put of it into the sauc  
on the same place the payne is: the effect is wonderfull.

## For the Sciatica.

Take an annoyntment of hams & oyle, w<sup>ch</sup> grow in colouim-  
tida gate, boone boyled w<sup>th</sup> aloes, tagia, agopinat &c.

## Precepts for the goute.

If the gout be used & without swelling or rednes & taken

with an oporant paine, the vaporations with fine salt,  
put into a bag, & after severall dayes with goodly rest  
not & may be used in hot sweat oyle. Or fomentate  
the place with the decoction of mallewort get & boyled  
with fennel seed, flax seed, & calamynt. If this doe  
not, if yeant sound, let him bleed, & use the fomentations  
made with sea water, or rosin water adding thereto salt  
promad going to stools, & use hot springs; Or use oyle of bayle;  
& after 40 dayes use drastick, or hyopocistum,  
or diaspermaton. After you have used the bathes of  
nitrum; euforbium; adarace, & powder of pepper, lay  
ings from the place; or use powder of bay, borax.

An ointment for the same.

Take squilla, me, rootes of saile numerous, two ptes  
of water & one of old oyle, boyle them untill the water  
only remaineth, then cast away the scum, put thereto  
powder of nitrum, euforbium, adarace, pepper & bay,  
borax, rest of oyle, & purge with gelobonit.

Take For a rupture.

Take made of resin, <sup>murgia</sup> cast not too much, especially if  
you are gonoroe, drink not too much, use not much  
poney, loose of belly, loose of oyle, glister or suppositi-  
ories: & some times going to dinner take also an  
ounce of cassia with broyle of a pullet, or tamarindes, or  
diacartamus tempered with the same broyle or oyle or liquor.

Take of sanguis draconis, solerminake, scabiosa,  
mumia, cyperus nutts, of each an ounce, a quart water  
rosted dryed, of each 5 dramms, of great rounde,  
& the lesser, & the middle, & the wild rind, of each an ounce,  
& an ounce, make a powder, & take thereto with the de-  
coction of ground guio, & rounde, called for knights house.

Or take powder of valerian early, & take a dramme  
& an ounce at once, with red wine. Or make powder  
of water rosted dryed, & give it to the party with milke  
or pappin strept or raw saw beane quantified.

Also three palms, the roots of each of nut & torment  
or of red wine & drink continually, until every night.  
Dinner most used for the party the same effect.

Or take of the three sorts of rounde, of each kind  
of scabiosa, plantan, valerian, ympernoll, of each an  
ounce, cyperus nutts, nut magb, tyngomon, romaine, ro-

viander prepared of oare, galls, frankincense  
 mastick, terra sigillata, boldarmine, gumme dragan,  
 of oare 3 dramms, vini stiptici lotor claus, ~~et~~  
 aqua, lib: 4. potest addi ciria: concisi  
 Et mlt: et pot fieri alimodn ritate. 1.

An emplaster for the same.

Take rospert nuts, accacia, galls, pomogranate flowers,  
 of oare 2 dramms; myrror, saravoll, frankincense, gumme  
 arabick, of oare 3 dramms, dragons blood, boldarmine  
 very allome, aloes, numia, of oare 2 dramms, make a  
 fine powder, & mixe it w<sup>th</sup> vinegar, & emplaster it  
 together, & tynge it straitly up.

If after the gout vex the place, and be  
 hard amongst the sinewes.

Make a plaster of oare of hard diaculum made soft  
 in warm water, & layd together.

For runnings of the reynes.

Take an ounce of mastick make it into fine powder,  
 & put it into a quart of ale, & boyle it untill a  
 quart be wasted, then take it of & let it stand till  
 it be cold, then take the uppermost & drinke it ~~at~~ <sup>at</sup> ~~the~~ <sup>the</sup> ~~place~~ <sup>place</sup>.

Or take tomy, & make powder thereof, & temper it  
 w<sup>th</sup> the myrror of ~~the~~ <sup>the</sup> ~~place~~ <sup>place</sup> ~~the~~ <sup>the</sup> ~~place~~ <sup>place</sup>,  
 & lay it to the yerd, roynot & membr. ~~at~~ <sup>at</sup> ~~the~~ <sup>the</sup> ~~place~~ <sup>place</sup>.

To stay a laske.

Take spere furno, noble seed, plantan seed, rose seed  
 flowers of pomogranate, seeds of a fegnel root,  
 of oare 2 dramms; of dragons blood, mastick, of oare 4  
 dramms, venice turpentine, 2 dramms, & make it w<sup>th</sup>  
 w<sup>th</sup> plantan myrror. Or take fasting mastick 3 dramms  
 w<sup>th</sup> roynot water, it comforteth the stomack, & all good.

Or take 3 dramms of dragons blood, w<sup>th</sup> plantan myrror.

For the extreme payne of the goute.

Take a dramme of opium powder & lypson powder, mixed  
 w<sup>th</sup> rospert of eggs, & oyle of roset, & layd to, it is excellent.

For all swelling what soever.

Take a pottle of wormes mused, put the into a pint of  
 rospert wine, scald the a little, then put therein a pint of salt  
 oyle, & let the oyle together, untill the wine be consumed  
 then strain it & put that oyle into a cleane vessel, & let

it on the fire, & put into it an ounce of deers foot, &  
 as much of yucca foot, & half an ounce of may framed  
 liquor, melt all together, & apply it. probatu est.

For the dropie.

Drinke of seedes of *Erugis diabolici* w<sup>th</sup> white wine 3 dayes.

For a burninge ague.

Take 10 sheeles w<sup>th</sup> some pebbles, a great handfull of  
 yemlets, half an hand full of bay salt, soate from  
 very water together, then lay for one half to the base  
 of the foot, & the other half to the top; lay it not  
 to, untill the water hath soaked on the party an hour,  
 then let it by on 3 dayes, it coloure you w<sup>th</sup> in a day  
 & a night, & may be applyed to a spot.

For one that never had a child.

Take a handfull of mercury, as much of ground pill,  
 1/2 oz from small & frame from w<sup>th</sup> 2 ozs, or 3 ozs from  
 w<sup>th</sup> portage w<sup>th</sup> some red sanders, & drinke of it every day.

For a dropie either hot or cold.

Take meane wood, w<sup>th</sup> merole, fetter few, fuzge, wall  
 woods, of the roots of eare, half a pound, of fennell  
 party, ffox, sage, Smalage, Annis, mynts, water proofe,  
 good ground, Onions, linor wort, greens bark of elder,  
 of eare, a quarter, wash from cleane, & pound them  
 in a mortar, then put them into an earthen pot, & put  
 thereto 2 gallons of white wine, or good water, w<sup>th</sup>  
 is not turned; set it till it come to a gallon, then  
 straine it through a fine sieve into a faire vessel,  
 wash the earthen pot, & put the liquor into it againe,  
 & rouse it, & give the party, half a pint at a time,  
 the first & last, at eveninge yet, at morninge yet  
 let him take nothing for 3 dayes but bread & pot-  
 tage made w<sup>th</sup> bitters, white wine, & calomale.

Other take 2 pound of sage washed cleane, & put it  
 into a coffin of dough made of goats moulde, & when  
 it is baked, soate it in a mortar, & then put it into  
 a faire cloath, and the cloath w<sup>th</sup> a weight of three  
 pound, & hang it in a gallon pot of stone, & fill it  
 w<sup>th</sup> w<sup>th</sup> white wine or Rale ale, & rouse it, & let the  
 party drinke of it, & not offer drinke w<sup>th</sup> it lastly,  
 & let them make ready more, & drinke after of it  
 first & last; & after three dayes let him take any

to moment break, but no drink but his prescribed  
 let him also bleed in one or two veins. probab  
 est to be a singular and most excellent receipt.

Remedies for cankers, emroids,  
 piles, and boyles.

For the emroids or piles.

Boyle green clove in water until it be dissolved, then  
 take a pare of red cloath, a little bigger, then the palme  
 of ye hand, & strike it along upon the palme of ye  
 hand; let the patient ly in bed w<sup>th</sup> his body covered  
 w<sup>th</sup> woad, & lay the cloath bound upon the emroid, as  
 yet as may be suffered, causing a little before layd  
 upon from a little oyle olive; then take away the cloath  
 & bound, & in like manner lay on others; & soe stoppe  
 as long as you may, & then let him sleepe if he can.

For a boyle or botch.

Take unmoed of bread, ragginge dryed in an oven, &  
 mole panned, butter, yeggs fresh, louson, renned milke,  
 & a little saffron; make of all this an oymnt, &  
 lay it to the sore, putting first a little saffron powder  
 upon the very place, where you will see it break  
 & upon that lay the plaster, leaving it soe while night  
 & morning it evening & morning, soe shall you  
 make it soon ripe, & break; then dresse it w<sup>th</sup> oyle  
 w<sup>th</sup> the yelke of eggs one whole day; after this  
 purge away the filth w<sup>th</sup> some drawing oymntment,  
 finally lay to it the oymntment of alooe & tutia, or  
 or some resolutive or healing oymntments.

Or boale bay salt into powder, then sift it, & mix  
 w<sup>th</sup> the yelke of an egg, & lay it upon to.  
 This is good for a plague sore; salp probatum.

To resolve a fester boyle or bock in the beginninge.  
 Cut an orange in the middle, then take a little torme in  
 a vessell & pistle upon it, then runge it in ye hand, & put  
 to it a little common salt, beaten to powder, & lay it upon  
 to ye sore, putting upon the sayd torme selfe an orange

to bind all this on, regarding it evening & morning, & the  
 venous matter will fountainly disflow.

For impostumes, boches, cankers & other swellings.  
 Take barley & branno, & scold from white boy, be like  
 to a plaster very tight, then lay it upon the sore.

To ripen an impostume, boche, fester, or any swelling sore.

Take eggs of geese, or land, & lay it to y<sup>e</sup> sore. very good.

For a canker. approved.

Take myrror, mastick, & dragon's blood, pound together  
 upon table the marrow of a red stone, & pound all together  
 & make it into a roule, & upon you use it, make a plaster  
 upon a new linnen cloth, or leather. Powder of meyl  
 will open a wound; & powder of ranter, will close it.

To breake a boche or boyle.

Take ground fill & rapens grease & grind together  
 & make a plaster, & lay it to sore. probatus est.

Or take, rosmarino, mallorob, ruggate flower  
 lincbad & gony, scold from all together in wine, & make  
 a plaster, & bind it to sore very good. probatus est.

For the measles in young children.

Take iulip, violet 2 cunnob, rose water & cunnob,  
 oyle of vitriole & graynob, mixe them, & drinke it cold.  
 & y<sup>e</sup> is a rare medicine.

To kill a letter.

Unyout the letter w<sup>th</sup> the iure of woodbine leaues, & probatus est.

To kill a canker or fester.

Take plantain beaten small, gony, a little powder of  
 burnt alum & vinegar, mixe them, & lay upon the sore.

To take away a wonne.

Unyout the wonne but leave night w<sup>th</sup> the blood of a  
 toung, & it will fall away. probatus est.

An ointment for scabbes or ringwormes.

Take the iure of the yellow daffodill, iure of dragon's  
 iure of sorrel, w<sup>th</sup> is pepper, of each 2 cunnob, & eggs  
 of geese galls a pound, boyle these together, until the  
 iure be boyled away, then put it into a mortar, and  
 mixe it well w<sup>th</sup> tartar, & filings of lead, & put w<sup>th</sup>  
 the oyle on an oven or furnace's mouth, & redigress, the  
 oyle of a pound, of each 2 drams, an ounce of quick  
 silver will be w<sup>th</sup> fasting spittle, & at night, vinegar as still  
 suffice, to in recoverate all & make an ointment of them.

## For the shingles.

Take moyst pigeon's dung, & barley meale, mixe them  
together & lay it to the sore. ~~as usual~~. Then lay white  
linen about them, & let it dry by a day & a night; then  
lay a fresh plaster: for 3 plasters will cure you, & so  
the ringed never see grievous. probatum est.

## To kill a canker.

Take running water, & water out of the fruites  
of sage, & put therein rosemary, sage, gonyfuelle leaves,  
a good peece of root allome, & gony, boyle them well  
together, & wash the place therewith, then make you  
dow of sage & smalidge & lay upon the sore. probatum est.

## To cure an aque.

Take briony, or the roots of white wine, called vitis  
alba, cut, & boyle it in a mortar w<sup>th</sup> frankincense,  
bay salt, & turpentine, & lay it to y<sup>e</sup> w<sup>th</sup>ered. probatum est.

## To cure a burne with fire.

Take ~~the~~ <sup>the</sup> ~~shell~~ <sup>shell</sup> of  
together, & straine out the iuyce, & annoynt the place.

## For swelled hands.

Take a plaster w<sup>th</sup> rowe dung, mixed w<sup>th</sup> gony  
& siniger, & lay it to the sore, when it is hard.

## For the dropic.

Take white wood, ale, & oake meale, make pottage  
therew<sup>th</sup>, & use it 9 dayes, & every day fresh. probatum est.

## For ach in the wombe.

Take tansey, me, & Soutper wood, use it fasting.

## For the stone in the reynes

Boyle Baellium of arabia, & drinke therew<sup>th</sup>, it  
will drive the stone & expelle the wind.

## For a strangury, &amp; such as cannot make water.

Boyle the roots of leaves of plantain in white wine, &  
drinke it. or boyle radice ischur in white wine, & ad you  
of paros & fume burned, & drinke therew<sup>th</sup>, it is a present  
remedy for the same.

## To kill the swine pox.

Take a gandrill of wild sause, warme wod, maye gold  
leaves of cast, ab musc, wass, & drye from between a  
plate, rub & frye from w<sup>th</sup> butter, and take the iure,  
& annoynt the pox from w<sup>th</sup>.

## For a burne or scald.

Take warme, & steepe linnen bye middle into of white  
gaghe, or the rind of Ox, & annoynt the place.

## To kill a letter.

Burne musc upon a linnen basin, & w<sup>th</sup> the oyle w<sup>th</sup>  
remedye linnen of annoynt the letter often. probatur est.

## A present remedy for the collick.

Take wallnut w<sup>th</sup> out the shells, seeth from in white  
wine, strayne it, & put in at night sugar vandy, ab will  
sweton it, & drinke it. probatur est.

## To take away warts.

Stammye ignemey & colomina w<sup>th</sup> Eysell, it is good. probatur est.

## For the mother.

Take groene becompe topper, stammye & linnen from w<sup>th</sup>  
pale ale, & drinke the of. probatur est.

For ach in the feete w<sup>th</sup> traualinge.

Stammye framod rombin, seeth w<sup>th</sup> oyle olive, & annoynt  
the soles of ye feete, & bind linnen a red rils lince.

## For all manner of goutes.

Take bimpfene powder, stund it w<sup>th</sup> oyle sine on a font  
& annoynt the gout before the fire. or take a red maye  
cut it into smallen p<sup>ts</sup>, & put growe salt, while it be  
molled, & linnen annoynt the place before the fire.

## To quench ones thirst.

Take the roots of lowage, stammye it, & temper it w<sup>th</sup> water,  
& drinke it 3 night going to bed. probatur est.

## To stanch the menstruall blood in women.

Take a trade dryed, & put it into a bag, & hang it about  
the womans neck. probatur est by 11<sup>th</sup> May.

## To proucke the flowers.

Take myrris, & ignemon, of each 3. j. of sauro 3. j.  
parly, seed, spualago seed, spith read, alarum, of each  
3. j. make of all these a powder, & take of it 3. j. w<sup>th</sup>  
the iure of eringis. It is good to take it w<sup>th</sup> some liquor.

## For an itch.

Take bimpfene powder, & temper it w<sup>th</sup> aqua vita, &  
salte oyle, & annoynt the places linnen. probatur est.

## For the emoids.

fig. sage in oyle of rose, put it into a linnen bag, & lay it p<sup>ts</sup> to.

## To make one soluble.

Take wayne of the sunne, scoope from a night in water & peny, in the morning, in the evening, or 20, or 30 of from 2 spoonfulls of the liquor to 8 spoonfulls of water a spoonfull of peny.

## For a laske.

Take a new layd egg, beate it w<sup>th</sup> y<sup>e</sup> yolk, & put out the white & beate the yolk in y<sup>e</sup> greater part of the yolk, & put thereto a good deale of verinyer, & stirre it together on the fire, & after wards say it w<sup>th</sup>. probat<sup>us</sup> est.

## For paynes in the belly, &amp; especially of such whose nauke comes out.

Take the powder of burnt gally, mixe therewith the rime of a yew tree, or frankincense, & y<sup>e</sup> white of an egg, & lay it to.

## For paynes in the belly.

Drinke the roots of aristologia; or dry romaine seed, & take therof 2 spoonfulls, w<sup>th</sup> 8 spoonfulls of water or wine.

Or eggs romaine seed & swallow it downe. Or bay seed taken out of the skin & made into powder, & drinke therof 2 spoonfulls w<sup>th</sup> wine. Or eringus roots w<sup>th</sup> wine, or oile of bayle & drinke w<sup>th</sup> wine.

## To make one laxative.

Take rogate branno boyle it in water & straine it; & take blamped almond, beate them in a morter, & temper therof w<sup>th</sup> the water, & drinke it, or make it into porrige. probat<sup>us</sup> est.

For a paynt in y<sup>e</sup> stomach, for vomiting, y<sup>e</sup> collick, in the spleene or liver, or y<sup>e</sup> ague by fleame.

Take of amysseed 2 dram<sup>es</sup>, mastick white, aromaticum of card<sup>us</sup> a dram<sup>e</sup>, boyle them & drinke therof.

For y<sup>e</sup> stomach payned, & cannot digest, for an ague by cold, for oppilations & y<sup>e</sup> collick.

Take of spibe a dram<sup>e</sup>, galmyall 2 dram<sup>es</sup>, resin 3 dram<sup>es</sup>, boyle them & drinke therof.

To cure y<sup>e</sup> distillation of y<sup>e</sup> urine.

Take dayly in y<sup>e</sup> drinke siliam, w<sup>th</sup> oyle of rosete. Or anacardina, methridate, & ieragelem. Or trifera minor mixe w<sup>th</sup> wall nuts & frankincense.

For y<sup>e</sup> ouer much flowing of urine.

Butter of milke, or iuyce of some granat<sup>us</sup> drinke.

Take acafia, ʒ. ii. dragagant ʒ. i. & ʒ. ii. dryed roset ʒ. iii.

bolonminat ʒ. iii. gum<sup>me</sup> arabick ʒ. ii. beate them

Take the best of them, & make it so with Mustilago of spilium, and  
take it with red water. Or make a plaster with barley  
meale, vinegar, & oyle of roset, & lay upon to ye back.  
Or drinke warm milke & milke got from the cow.

An ointment for the same.

Take frankincense 3. iij. atalia, hieoguidides, lab-  
danum, of each 3. iij. oyle of roset an ounce, populden  
3. ij. pound them well in a mortar, & annoynt the  
wound & pring partes therewith. Or take oyle of  
walke lillyot, oyle of roset, oyle of violet, gum arabic  
the lesser cold seed, red sanders, walnutt dryed to  
powder, roset, frankincense, myrr, yppoc, galbana,  
rynonon, Trulla make powder of them.

To stay the flux of urine.

Take the best skimmes of the marrow of pomme, dry  
them to powder in the sunne; a dramma liquor of oli-  
banum, dryed walnutt, some granate flowers, galls  
of each 3. iij. drams, make a powder of it all, & take  
of it fasting with red water & some of roset.

For swelling in the codd.

Boase about your neck a parsnippe roots; or take  
bay, leaved & sm. leaved, & boate them together  
and lay upon the sore. probatus est.

To make one pisse.

Drinke tansey, ramomils, myrr, & oyle rime. probatus est.

To stay the flux of urine.

It is very good to take the lunge of a kidde.  
Or boyle barley, & cast away the first red water, & fill  
it with frost water, & boyle it a while upon steeve  
it, & put to the liquor letive water, & ordure water  
drinke liquor of after it is; but upon it boyle the put in  
myrr, leaved, & miltridate, or bracke.

Pilles for those that pisse in bed.

Take myrr, castoreum, & oyle, Caribilla walnut  
& Galos peritony, of each galls an ounce, boate the &  
make them so with water of myrr, myrr, or with  
the iugle of myrr, or myrr, & after steep take  
a dramma, or a dramma & an oyle.

An excellent powder for the same.

Take musk, & y. y. y. in the water, poloy, of y. mountain.

of oare, 3 dramms; myrrour a dramme, & an gale, & rhyffle  
 mustard seed, rardomonum, rhyffle milt, frankincense  
 of oare, a dramme, make it w<sup>th</sup> m<sup>l</sup> gony, & take by  
 quantity of a milt going to bed.

Or take a speerid bladder, & spread it upon a pot  
 tyle, stone, or iron plate, & being dryed to powder, drinke  
 w<sup>th</sup> w<sup>l</sup> water & vinogex: but it is farre better to  
 drinke it w<sup>th</sup> red wine made pot alleth.

Or take chimolea (w<sup>th</sup> is a certain oare, brought  
 out of spaine) beate it small, & temper it w<sup>th</sup> butter,  
 gale, & implaster it on the pinnit, & the bark bond.

For an ach or swelling in the knee.

Take me o lousage, stampe & mixe them together  
 w<sup>th</sup> gony, then fry them, & lay them warm to the part.

To kill small wormes in y<sup>e</sup> belly.

Take me to powder, & drinke of it dayly; Or take it in  
 bread, first & last. or put it into wine, & warme it  
 & drinke thereof. probatum est.

To kill the greater wormes.

Take powder of colony, & saivine, & put of it into  
 water, & drinke of it some w<sup>l</sup> warme. probatum est.

For a wrench.

Boyle milt grated marrow, & tress butter, or me  
 greafe together, untill it be thicke, & lay it to the part.

For one y<sup>e</sup> is taken lame.

Take a pint of maulmy, stonde yowse dunge, a little  
 wax, boyle all together well, then put thereto a quanti-  
 ty of romer powder, & lay it to the part. probatum est.

To prouoke the menstrues.

Take a goad of galea killed, & put it into the  
 matre; it prouoketh mightily.

To bring out y<sup>e</sup> pox, plague, measles  
 or other payne about y<sup>e</sup> heart.

Take 5 leaues of sage, 5 blades of saffron dryed, &  
 make them into powder, a fig cut into small peeces,  
 boyle all these in faire water, drinke it often. probatum est.

For one y<sup>e</sup> is broken.

Take an onyon w<sup>th</sup> milt greafe & a little  
 gale, & put it into a linen cleath, and lay it to the  
 part. probatum est.

To prouoke y<sup>e</sup> mentrues in woemen.

Take a litle rooke assted in ombre, upon boate it & wine.  
it w<sup>th</sup> oyle, & put thereof into the matris. Or drinke  
lilly seedes, & it will bringe forth a dead child of itselfe.  
Or boyle pennyroyall & balye for makinge, & carrye  
away the smelling of the matris; or drunke, or put  
into the matris balye for same: see dole calamynt  
or parsimint, either drunke, put up, or fermentate.  
Charge boyled & drunke, or put up beinge forth for  
foundings.

To heale the emroids.

Dry or burne dill seedes, & ringe it w<sup>th</sup> gony, & layd upon  
to geale the spore. Or take filings of iron, & comfort  
it w<sup>th</sup> mullon, & lay it to, it most excellēt. Or  
take old burncast, & roste it in water againe dill  
patz becom boyled, & after dry for burncast, & ringe  
for asse hony, & upon make a suppository of it.  
Or take lufemary leaues bruised, & make a plaster,  
& lay to the emroid. Or romber dill yealthe for  
flux of the emroid. Or make powder of ox wolls  
waxed in yurkens jaw becom patzod, & drunke w<sup>th</sup>  
myte wine fasting: this yealthe upon y<sup>e</sup> gently.

If the emroids hangē out & payne you much.

Take old lincen & pure pig, & upon this plaster lay  
the powder of ransly woodes, & masturb, & lay this  
plaster to the emroid. probatur est.

To stay the laske.

Drinke acacia; or make a suppository of it, w<sup>th</sup> red  
myrt, opium. Or boyle gonground w<sup>th</sup> wine & oyle,  
& boate from well to gether, & applye it to the  
plate about the priuy member. probatur est.

Or boyle ox fry, a p<sup>r</sup>oxob lewer w<sup>th</sup> ~~and~~ may  
& oate of it get, it staye the flux y<sup>e</sup> gently.

Or boyle romer milke, & put therein a peere of  
iron or a flint stone, & set from boyle well, & drinke  
thereof: this is a portof remedy.

Take beards bread: or wine & a new layd egg,  
w<sup>th</sup> a litle salt, & drinke of it fasting, & for the  
second day, & fast a long perox after. Or drinke the  
powder of tormentill, or the doration of that perox.

For those that spit blood.

Take gumme of the pear tree, called yuma persici quere  
to the it excellēt, & opene the matter in the lunges

For an old or new sore

Take red lead, turgentine, oyle olive, & barrowes  
greafe, boyle it untill it beo stiff upon a fire, then  
strain it, & put it into a vessell to keepe it in, &  
& make a plaster upon a linnen cleat, & lay it to.

To stay urine.

Take the brains of a gase wth wine. gallani wth  
wine drinke is good. see is galmgall for use.

To cure a burne.

Take a raw egg, & lay it upon soft wood: it is a most  
rare secret, to dry the sore. Or amoynt it wth bolusminat.

To stay the running of mans nature.

Take the water wherein lentils are boyled: &  
gym seed, reniander seed, purple seed, & rarned  
with water it is power: but take the water wth  
in both seeds are boyled. Or make plasters of  
gamboge, opium, camphire, the muske muskilago  
of flow werts, purple seed, & oyle of poppie, oyle of  
roses, or oyle of myrtles. Or reniander seed, &  
water lily seedes dryed.

Flurges from the liver, let blood, & equite to vomit.  
Eggs got byings are good to dry the mans seed.  
rud, & zib seed, agnus castus, telamint, euforbium  
tomam; all things to dry the mans seeds must  
be taken wth acetosum. Or take ymo kernells,  
Balad & fryed & sifted, of bdellium of oare 3. p.  
rome granate flowers, red roses of oare 3. v. boale  
from & sift from case from. Oluroma saye  
that ymo kernells loose there vertue by dryinge.

Another for the same.

Take till seed 3. ij. lotire seed, purple seed  
of oare 3. ij. & drinke from wth water of lentilob.  
Or take lotire seed 3. ij. ot p. me seed 3. j. pome  
granate flowers 3. ij. seeds of lagnus castus 3. j. all  
this for one dose.

Or take old rompew of roses 2 ounce put it  
into a mortar, & temper it wth powder made of some  
granate flowers, myrr in powder, frankincense,  
mashke in powder, anniseeds in powder, romam  
in powder, hne dryed to powder, magerone dryed

to powder, & sugar, & compound them well taking  
of part a little quantity of this portion of mastic  
& so take of it daily. probatum est p<sup>r</sup> M<sup>r</sup> May.  
remember to ad in the sooting balsaminal of y<sup>e</sup> list.

For a burne w<sup>th</sup> fier.

Take the yolke of an egge, or the white of eggs  
somewhat w<sup>th</sup> salt oyle, & lay it upon it. probatum est.

+ Or take mutton suet, & gommets dango, & fry them  
together, then straine out the y<sup>e</sup>gre & frunge a cleat,  
& annoynt the burne therew<sup>th</sup>, probatum est.

For the droppie:

Take the sawings of exposed skimmes, or nete  
skimmes, & boyle them in water untill they be  
found ab glow, & put it in a cleat, & bind it about  
your body. probatum est.

For swelled feete or hands.

Boyle elder leaues in water, & put thereto salt  
& bathe the swelling therew<sup>th</sup>.

For the spleene when it is hard.

Boyle elder leaues in oyle & wine, & lay the y<sup>e</sup>gre.

To prouoke the menstrues.

Take coloi, & lay theron storax, & let the  
woman sit ouer the fume therof; it is good.

To stay flux of urine.

Take graynes of myrtle, wallnuts, franko-  
incense, romain, rypasse, of each a part beaten.  
& take w<sup>th</sup> the same 2 dramms. Or take the  
leaues of myrtle dryed, alloms, leaues of  
alcanna, of each a part, boyle them w<sup>th</sup> wine  
& drinke therof an ounce at a time in the morning.

Or take wallnuts, & scrape them in wine  
vinegar 24 pores, & fry them in a panne  
till they be dryed, & take therof ten dramms.

Or take iurall, myrtle, frankincense, storax  
dryed, pound them, & mixe them w<sup>th</sup> honey, and  
wallnuts dryed to powder. Or take the w<sup>th</sup> stand  
of a pulled herb, burne it to powder, & use of it  
twice or thrice a day. Or the stomes of a pidge-  
goy dryed to powder: it is excellent good.

For a burne newly done.

Amoynt the place well w<sup>th</sup> mustard, & good stow,  
 this will seth out the fire, & heale it.

To cure scabbes.

Take litarge beaten to powder, gumme tragayant, vitricke  
 equall proportion, incorporate them, w<sup>th</sup> some vinegar,  
 put them into a glass & stop it close, & bury it in a  
 moist place amounte, & then amoynt the place heereof.

Old sores are good to cure a burne. Eggis grease,  
 maiste mallowes, arafia, into, alomo, maydon garden  
 brooke, burnt lettuce, raphe lillies, dore leanes, Eui,  
 & hoggs wort, wild letice, mallowes, an ox, plan-  
 tan, combe leafe, poyse dunge, pigeons dunge, and  
 franco muske.

For swelled knees.

Take me & lowage stamped red together, mingle  
 it w<sup>th</sup> gony, & lay all together, & lay this plaster to  
 the sore some what warm, & the art & swelling will cease.

For ach or sores

Take the rootes of poly saules, soothly from tender,  
 upon gumme upon in a mortar, & put thereto a quantity  
 of rosbare beele flower, & mingle them well together,  
 & fry it w<sup>th</sup> oyle olive, & lay it as hot as you can suffer.

For biting of an adder.

Take some upon tomox rentory, w<sup>th</sup> water & drinke thereof,  
 of, it is good for man & beast. Or stamp me & tom  
 & fry it w<sup>th</sup> oyle olive, & lay it thereto.

For the plurisie.

Take an pole in a mellow apple, & take away  
 some w<sup>th</sup> in, & put therin 2 or 3 graynes of oliba-  
 num, then cover the apple againe, w<sup>th</sup> the first poore  
 out of, & roste it in y<sup>e</sup> embers till it growe tender, then  
 brinde it into 4 parts w<sup>th</sup> y<sup>e</sup> olidanum & take it: it  
 will instantly cause the apostume to breake. probati-  
 est per Roserum May.

Or take the flower that stieks on the inside  
 make of it just w<sup>th</sup> water, & for make lills rabot

of the signes of a greake, take from oxen hogen w<sup>th</sup>  
 oyle of straxions, lay one very got to the greife, rub-  
 ing it w<sup>th</sup> oyle of straxions, & when one take is cold  
 take another, doe soe 10, or 15 times, & in short time  
 the apostume will breake, & you shall see it forth.

Or take a white leafe very got, & open it in the  
 middle, spread upon both sides twales, & bind both parts  
 to the sides of the body, upon the greife, let it rest at  
 power, or until the apostume breake, w<sup>th</sup> paine becom-  
 w<sup>th</sup> in 2 power, & the bread being taken away, you  
 shall see the putrifaction of the apostume.

Or a combs tooth praxed into some & drunk like  
 both the apostume of the plurisie.

For an ach or bruise.

Take newes foote oyle a pottle, an ox ob gale, a pint  
 of aqua vite, as much red water, bay leaues, red  
 maye fringed from the stalks, straw berry leaues, roots  
 & roots, lavender cotton, lavender spike, of each  
 a handful, beat them small, & put them into the  
 fore said stuffe, & boyle it on a soft fire in a pottle  
 of two gallons, but beware the flame touch it not,  
 & being well boyled, take it off & straine it, but take  
 not the botome of it, & soe anoynt you ther w<sup>th</sup>.

For the plurisie & shortnes of breath.

Round asirelogia plingely made pumbe from the lunges,

For an old cough.

Graden down the lignes of a leafe of myrrit it  
 is excellent, & gelye from the paynes in the breast.  
 Straight it is good for the lunges, & against the plurisie.

For hartnes, & paynes in the arteries & veynes.

Shelt anoynt w<sup>th</sup> vinegar lest it burne, or boake it  
 in a milder w<sup>th</sup> vinegar, & lay it therote. Mixed w<sup>th</sup>  
 nitrate it is good for a spraffe. mixed w<sup>th</sup> vinegar  
 it is good for the felens in the head. Mixed w<sup>th</sup> vinegar  
 or pery, anoynting the arthens it gelye the good nob.

For a stitch.

Take combs or leaues of polly boake & mixe them  
 w<sup>th</sup> stale ale & drinke by day. probatur est.

## For the sciatica.

Bring out the iuyce of newe foxe dung, & drye put  
to it a quantity of stronge vinegar, & fry it, & as soot as  
may be put it into a linnen cloath, & lay it to the greife,  
upon it maye be used againe w<sup>th</sup> newe vinegar,  
& soe 3 or 4 times. probatu est.

Or take a quart of the droggs of very stronge ale,  
& a pint of newe beere, boyle them together, & as soot  
as may be lay it to the place all night. probatu est.

## A notable ointment to cure scabbes.

Take a pint & a halfe of good wine, brimstone 3 ounces,  
frankincense 2 drames, salt 3 ounces, the roote Stru-  
tium, alies conditi 4 ounces, white wax an ounce  
& a halfe, in the end of the boyling ad liquida storax  
& a drame & a halfe, boyle all untill the boyling part or  
halfe be consumed, then let it settle & rince, &  
amongst the palmes of y<sup>e</sup> hands & upon any scabb int.

## For a hot humour in the legge.

Boyle well the rotye of eggs & skime the cleare  
from the iuyce of ginseng & put to it, & amongst y<sup>e</sup> place.

## For paynes in the eares &amp; head.

Take 3 poundes of wax, bruyse it small, & boyle it w<sup>th</sup> 3  
poundes of salte oyle, untill a hard part see mastered,  
& that y<sup>e</sup> oyle waxe growe from strayinge if strange a redde,  
& beeye this ointment for y<sup>e</sup> use. probatu est.

## For swelling in the coolds.

Take powder of barley meale & good peny fry them  
together, & make a plaster & lay it all about the rodd,  
& bind it that it fall not of. probatu est. but re-  
member to ad powder of romme to it, upon you fry it.

## For all manner of wrenches, bruyes &amp; swellings.

Take 8 ounces of yellow wax, oyle of roseberd 8 ounces,  
Carull 8 ounces, ramfinc a drame, cut y<sup>e</sup> wax small  
& put it into a skollot w<sup>th</sup> the oyle, & boyle the on a  
soft fire, aliter, then put in y<sup>e</sup> romme small beaton,  
& boyle the of 3 a litle, & upon you perceiue it some  
meat yellow, put in y<sup>e</sup> ramfinc beaton small, & boyle it  
a litle, then get made a plaster cloath, next is left make in w<sup>th</sup>  
the y<sup>e</sup> of

An ointment for all old & dangerous wounds.

Takecelandine, lowage, sage, frabiosa, of each a pound full, grind them in a mortar, & temper them w<sup>th</sup> 3 pound ballors, & oyle oliue, of each a pound, let it stand in a vessel 9 days, then scold it in a skollot, untill the greas goe to the bottome, then straine them, & set it ouer the fire, & put thereto two sunbe of wax, but in sumer 3 sunbe, then put an ounce of mastick in powder, frankincense, & indigeroase, of each an ounce boyle it all together untill it be growne, when it is taken from the fire put to it an ounce of aloes & patike in powder.

For a felson.

Take black soot, a rotten foot, ground sil, & yelke of an egge & bay salt beaten all together, untill it beo like a plaster, then lay it on. probatu est.

The excellent new plaster.

Take smalago called apium, slantand, & botony, of each a pound, put it into a game, & put thereto a quarter of a pound of new wax, also a quarter of frankincense, rogit, & cleare, also a quarter of rony, & resin, boyle them in the iuyce, & strain it well, take it up & strain it, & strain it, then take an ounce of waxintine, & temper it to gether & being well gether it, & it is made, use it betwene ye hand before you spread it. this is very many & great cured.

A Soueraine medicine for a stich.

Take rosemary, & binye tongue, the leaues & berries of knot golly, dry all these in the mounteb May June, or July, & make powder of them, as fine as can be made, & drink the powder for ye stich. probatu est.

For a droppe swelling in the belly.

Take flower solind called gladin, stamp the roots small, & temper it w<sup>th</sup> good ale, & boyle them well, & put to it, as you would make a posset, & for drink a good part fresh made on the morrow fasting.

For swelling at the heart.

Take goose dung stamped w<sup>th</sup> ox bile, & lay it to all night, to take away rednes in y<sup>e</sup> leg, or face.

Take new made fox's dung, lay it to the layge soying part, an old bruis, & it shall take it away, the same doo to the face.



## To cure a tertian ague.

Take masticke, rolandino, white pepper, black pepper, fatch,  
e nollis beaten strongly together, e layd to the next part.

Take the myre of plantane before the fit cometh.

Take the myre of timor well ripen the fit is upon

you; the myre of ague. probat' est.

Take the myre of timor, or malaga, probat' est.

Moore beaten red wolle about 20 wght, excellent.

Or by carlid about 2 body exactly a quotidian. e probat' est.

## To stop a mercurialous great flux, if any thing will.

Take a pint of milke as it cometh from the cow in a

jarre of glass, e put it on the fire, e bind fast as may very

allowe in a lump, as will equal the biggnes of the

egg of a stone, e sooke it in the milke, untill it runneth

like a pisset, then take the widd e eate it, e drinke

the bray, all at a meale, e drinke no other drinke

by warme first on one side, then of the other, doo this

three times. probat' est.

## To stay the excessive running of urine.

Take miltardale e swarte, e drinke theese of red wine,

e apneynt the redde e part about thee with oyle of

castor, e oyle of lillies mixed together.

## To heale a greene wound.

Take Sage, thyme, rosemary, wormewood, ramomile, apheloge,

myrt, rosmery, betony, mugwort, red tansey, camomile,

porrino, plantan, stachise, red wolle, timor, wood, south

wood, of eare, a handfull, stam from small, then take

a quart of oyle, e a pound of butter, e put it into a pan,

e boyle or fry the herbs red thyme, then put theese

frankincense e myrr, e frame from robb, then put

theese in the myre of mace, e it is made.

## For swelling or ach in the feet.

Take eate a clove of oshondale e milke upon a

the myre of pinguent e pinguent fruit, let the boyle

til it be thyn, then make a plaster upon a cleat, e

lay it all about the sore, as warme as may be. e probat' est.

## An oymntment to strengthen the reynes.

Take oyle of the water lilly, oyle of violets, of eare, gulf

an ounce, red sandre a drame, cyrenen gulf a drame,

indiger gulf an ounce, with a litle waxe, e so

make an oymntment from this.

For such, whose water goes frō them by dropping.  
 Nicotia fryed is good. Burne tomin, & try it in a  
 linen cloath, & smell thereto: it is a gōnt remedy.

To purge fleame, & comfort the stomach & nerues.

Take the powder of ayaire, & drinke oxymell for  
 thre or four dayes, euening & morning.

For aches, & sciatica, & bruiſes.

Take white lead a quarter of a pound, romo an ounce  
 & a quarter, beaten small, paleit sylo palls a pinte,  
 put the sylo into a pynkin, set it on the fire, & upon it  
 boyle out in the furnace, & strain it well, & boyle it till  
 it looks cleare, ab water, then put in the white lead,  
 & strain it till it be black, & cold forward it, & lay it thereto.

To know whether the stone be in the  
 bladder, or in the reynes.

Take the gende morsus galind, white wood, boyle them  
 in water, & simplify it upon the white waxed, & the  
 yarde, & if the paine increase, the stone is in the  
 bladder, if not, it is in the reynes.

For the stone.

Take wine & benyit of the bay, her drinke breake y stone.

Or take y powder of garlick, boyle them long in water  
 & drinke thre of 3 dayes, & it will breake the stone.

Or boyle the leaues of Tmala camgaria in wine,  
 & plaster them thereto.

To breake the stone.

Drinke the wine of limon; Or annoynt the  
 white waxed wth the grease of a fox. Or take  
 white waxed & made soft, & layd to y white waxed.

Or take white waxed, & make rounde spheres of,  
 the number of tenne, or more, & put them into  
 white wine all a night, & drinke of that wine  
 in the morning fasting, untill the stone  
 come forth.

Take reynes, dung, & the  
 blood of an goat, & the powder of the game  
 of an goat is excellent for the stone.

To stay the whites.

Take a pottle of water, palls an ounce of rymon,

pills of rorne granate galie anoume, brot grasse  
 galie a gandrill, boyle thos til the water come to  
 a pinte & make candles therof, for these morning  
 take the hard part eury morning great use.

The vertue of oximel.

It is to surge fat & grosse gumme, & for knotted  
 in the fless & arteries.

To comfort one that is weake.

Take 3 Rooper's peash, & cut of the fat from them,  
 sine them, & wash them cleane from the blood with  
 red wine water, then dry them with a linen cloth,  
 & put in the out side of eary peash 6 clewe, after  
 they have bene strooped a night in red wine water  
 then take the stringe of rodomary, the leaues being  
 pulled of, & lay them in a cleane & sauer panne  
 upon the stringe lay the peash, & put to them men  
 red wine water, after they have bene strooped a night  
 & put to the next red wine water 6 ounces of white  
 condensed sugar, & sauer the panne with a red  
 wax, & cover that a linen cloth, & by them fast, &  
 set the panne in an oven to bake with slowe, &  
 being baked take the liquor from the peash, & drinke  
 it often: it galye downe very much good to weake people.

For the quarterne ague.

Take 10 bed galie an oume, boyle the fit combe,  
 let them be redde set by the bed side, & drinke with  
 mustard or maulm, at morn, ffurebecca at night  
 by upon the wornde of gold, the wine must be  
 into warme, then be rendered very warme, & send  
 the more you comit the better it is, at you must  
 be wiped with warme clothes. Upon the paye  
 mo, & spaygeant purse, of eary a like quantity,  
 stam them, & sprinkle them well with white wine  
 vinegar, & send it to be waxed, let it be so a  
 day, & the next day take it of, upon the fit  
 to make againe, lay on to the waxe as be fore  
 & take of the foye drinke, & spaygeant as be fore,  
 and with all reason ye fit is of & you need, you  
 may use if you will, but let the fit be well cured;

keep it for a tobian aqua, <sup>also</sup> by gods grace you  
 shall be releas'd from it at thre times by  
 doing as it mentioned.

For an aqua.

Make iijrs of ramomils, & mixe it w<sup>th</sup> oyle  
 & amynt soft carbons, & the pulps, before  
 the fire comely, & you shall be cured & safely.

Or take 2 handfulls of nettles, & combed  
 & bay, salt, of each an ounce, soake them well  
 together, & in the soaking, put thereto of saffron  
 & mace of it & y<sup>e</sup> luster, & lay it to the  
 pulps or roasted. probatur est.

Esomorb, ragwood & bay, salt well beaten  
 together, & layd to be roasted surely an aqua.

Or make a bath of flaxen & the patients  
 wind, take it, & you cure it & rest it away.

For the head ach in an aqua.

Take a long onion, cut of the crown, & core it  
 & fill it full of the powder of frankincense, then  
 roaste it, & rest it, & crush'd together lay it to  
 the naxpe of the nose.

For a quackstone aqua drink to cure, for  
 a tobian drink told spaler.

A laxative powder.

Take of sene galls an ounce, in powder, a quantity  
 of white wine distilled, an ounce of ginger powder,  
 & mixe them well all together, & soave them, then  
 put a pinty quantity, & proof into the gap of an  
 apple, & take it towards bed time.

To dissolve wind in the stomach.

Boyle epula campana rosted in wine & drink it.

Or make powder of, & drink it in wine. or  
 mixe the powder w<sup>th</sup> rath synomon powder & drink  
 it w<sup>th</sup> wine.

A very excellent water to heale  
 all sores possible to be healed.

Boyle faine water & take it from the fire, & then

make his powder following. take of easy almond  
pale a pound, a quarter of a pound of green  
vitriole. putt both in two water, and sturving  
it, let it scold, till it be dry, then boyle it to small  
powder; of this powder cast into two saw, upon  
it dead flesh, or proud flesh; or lay a little lint  
upon it, & a plaster of flos unguentorum about  
part, & remove it not in 12 dayes, till it come  
away, softly, freely, & easily.

Or scold a quantity of make at Colan, & take  
from two five put therein two asaf tyo powder,  
& let it scold a night, then put it into a cleane  
vessel, & boyle it for your use.

To remedy shrunk sinewes.

Take mater crossed, ramonile, of easy a yandfull  
grind them small, & fry them with wheat meal,  
& fry, & lay it very hot upon it.

To cure a hot impostume

Take pepper cramoie, & boyle it in water & oyle  
& make thereof a plaster. Or take two oyle of  
ramonile, dill, & bayes, of easy an ounce, put ther  
to a little wax, & make thereof an ointment.

Or to make a mollificative ointment for the same  
take musilage, yoly, gaulth, fennigreek, food, flay  
seed, of easy an ounce, of oile oyle, yermol, grease,  
oyle of lillies, oyle of bayes, oyle of ramonile, of  
easy, a like portion, a little butter with wax, &  
confer both into an ointment, & apply it: But  
if the party have a full body, & full of humours,  
then purge him first, according to the humours,  
with expresse the body, & afterwards lay this  
mollificative ointment upon it.

Or make a plaster for the same: take oyle of  
roses, & bold ominate, & mixe them together. Or  
take a yandfull of mallowes; of warm wood,  
& roses, of easy, 5 ounces, barley, cramoie an ounce  
oyle of ramonile a fourth part, boyle them  
then boyle them, & make a plaster thereof.

For biting of a mad dogge.

Beate fennell w<sup>th</sup> water, & lay it thereto.

To cure an old sore legge.

Take butter & fyre it, & put thereto rofins in powder, & frye them together, & apply it. Probatu<sup>st</sup> est.

To kill an itch in the legge

Take gony, bolominato, & gromm roxoreffo, grinde them small, & annoynt the leg therewith. Or take red lead, rofins, bole omminato, & a litle roxoreffo, grinde them small w<sup>th</sup> pinogor & barabroes greafe, & put thereto a yolk of an egg, & annoynt the leg therewith. Probatu<sup>st</sup> est.

Emplasters to breake a sore or to draw forth verome.

Take figgs, yreod, roxat beaton, equall portions beate them all together, & lay it thereto.

Or take lewon mixed w<sup>th</sup> oyle: or yre mixed w<sup>th</sup> stoned rofins & gony: or barabroes dunge mixed w<sup>th</sup> yre greafe: or glasse beaton small & mixed w<sup>th</sup> luyantino: oyle boyled w<sup>th</sup> affod:

Or take cantharides 10 in number, an ounce of rofins, of lewon an ounce & a halfe, stabioffe the grebe dunge ~~lewon~~ tongue, consolida the greater, antepharmani, of oare an ounce, more porake from w<sup>th</sup> oyle of lillio: but if you will make it stronger, ad thereto salt & vermine, raita columbina herba, & rue, of oare two dramms.

Or take auripigmentum, pepper, of oare two dramms, 10 figgs & gony sufficient to make a plaster.

Also galbanū, w<sup>th</sup> lily rootes, mane dunge, consolida the greater, ground betwene two stoned.

Or lewon 4 ounces, mustard seed, rue, stabioffe, worme wood, of oare a handfull, w<sup>th</sup> lily rootes a handfull, vitriol two dramms, cantharides 10 in number, galbanū an ounce rotten nutts 3, oyle of w<sup>th</sup> lillio sufficient, boyle the yre & roots in y<sup>e</sup> oyle, & ad ther other ingredients according to art, & make a plaster

## Temperate plasters.

Take of marse mallowes 2 ounces, a good of a  
lylly roots, bramo of flax seed, of oare an ounce  
& a half, boyle them in water, & scald them w<sup>th</sup>  
w<sup>th</sup> leuon & old peggis grease, & lay it yett hwarth.

Or take 2 handfulls of bramo not thoroughly  
sifted, & boyle it in vinegar. Or treatment beruine  
mixed w<sup>th</sup> oyle of roset & vinegar.

Or onyons boyled in butter, adding harts figgs,  
& leuon, w<sup>th</sup> oyle of ramanilo.

Or take mallowes, & marse mallowes, & fra-  
bis of oare, a handfull, boyle the y<sup>e</sup> herbs in com-  
mon water, w<sup>th</sup> the y<sup>e</sup> w<sup>th</sup> incorporate bramo beat  
the y<sup>e</sup> herbs, & mixe them all together, w<sup>th</sup> an  
ounce of combed grease, & ab mixe of oyle of  
ramonillo, saffron galls a dram, this is a most  
delicate & excellent plaster.

Or take rabiois, the y<sup>e</sup> herbs doube foote rirony  
& consolda the y<sup>e</sup> greuter. Or an oyle plaster made  
w<sup>th</sup> apocynax beaten w<sup>th</sup> refined stoned. Or  
assa, nitrum, & mixe mixed w<sup>th</sup> gony. Or amoynt  
it w<sup>th</sup> treacle, & lay upon onyons & mallowes  
boyled together.

## To make a Greene salve.

Take solydomy, leuonage, Pauery, rabiois, of oare  
a handfull, grind them small in a mortar, & temper  
it w<sup>th</sup> pappes tallow & oyle olive, of oare a pound.  
Let it stand in a cleane vessel 9 dayes, & then boyle  
them vntill the y<sup>e</sup> herbs sink to the bottom, then  
strain it, & let the iugre ouer the fire, if you make  
it in winter put but 2 ounces of wax thereto, if  
in summer take 3, then put thereto powder of mastice  
frankincense, and beedigrease, of oare an ounce,  
& boyle all together vntill it be growne from  
take it downe, & put thereto an ounce of alooe  
opatite in powder; this is an excellent salve  
for all old wounds or sores.

A Soueraine remedy for sore or cut.

Take a little fine flax, & a little guggu gresse & yoype from small, & make a plaster to be soof.

A water to heale a sore or cut.

Take red fennell, red sage, gilliflow, rose mary, daydy, leaues, saffron, neppe, & allomut of each a libo quantity, leave only the daydy leaues, more of any other, boyle them & straine them & apply it.

Unquentum Jacobi, vel emplastru Jacobi.

Take of lapis calaminaris a pound, of the mag- net stone an ounce, of terra sigillata an ounce, bole armata an ounce, litarge of gold an ounce, mumia an ounce, of the liver of a roe of a pound, ramfine pulbe an ounce, and of turpentine as much as will suffice.

Finis Deo gratias

*[Handwritten initials and scribbles]*

## To make Aquamirabulus

Take galingall Cubib Cardimous  
 and melilot mace nutmegs ginger  
 cloves and Finangn of each of all theas  
 A dram beat them into a very fine  
 powder then take the iuce of Jallenoine  
 on Linbe and of aquavivy on pidge of white  
 string ~~two~~ 3 pints put all thes into a  
 still and let them steepe together on  
 night then distill it with a temperate  
 fire when it is distilld putt in a lottell  
 bagg of Saffron in the glass then  
 streibon it with Sugar as you please

The third Booke of admirable  
good Reccites.

For the head ach.

Take elder leaues made got betwosome 2 tils stons,  
& lay from got to the fore head & temples.

A salve good to draw the hedd.

Take gumme elemy, turpentine, of eury a quarter, an  
mar, fress grease, & melted suet, melt togeger  
& straine it, & seale it till it be cold.

For a paine in the head, sorenes in the  
eyes, for rhume, & all moyst humors.

Take a gallon & a halfe of faire water from y<sup>e</sup> foun-  
taine, seape thowm an ounce of sene, 3 ounces  
a halfe of saxaperilla, sined & strayed tyms, an ounce  
of liquorice, strapod & sined, let from seape 24  
horers, then boyle away the tyrd part, then put in  
an ounce of armadeculas sealer small in a mortar,  
& set it on the fire againe, & let it stand but one  
wgame, you must dimde this 20 dayes togeger  
& eate rest meate & bread & refines of the summe.

For the tooth ach, or rhume in y<sup>e</sup> eyes.

Take a pound of stons pite, 3 or 4 ounces of the tax,  
8 ounces of rosin, 4 ounces of framimonsie, melt  
all togeger, & straine it, then seale to powder 4  
ounces of romain seed, & seale it, then take halfe  
an ounce of slouds, 2 ounces of labdanum, and  
quarter of an ounce of passyon, seale togeger,  
& put them to the rest w<sup>ch</sup> are melted, & boyle it a  
litle, then take it from the fire, & keepe it with  
stirring, while it be thirde enough to make xxiii  
roules, & then put it into an earthen pot &  
keepe it for your use.

For the tooth ach.

Take iij berries well beaten in vinegar or white wine; mix w<sup>th</sup> some of the liquor yet, & when it is cold, spit it out: this helpeth the tooth aches.

For the same.

Take a pint of white wine vinegar, a handful of barberries bruised, boyle them together till some be consumed, then put thereto a spoonfull of y<sup>e</sup> or waxe beaten, let them boyle together, & as yet as you can suffer gargle it on that side y<sup>e</sup> paine is, & spit it out, & use it 3 or 4 times.

For an Ague.

Take a handful of menses grass, & boyle it in a quart of white wine, & good ale, & <sup>boyle</sup> it till it be half consumed, then strain it, & sweeten it w<sup>th</sup> y<sup>e</sup> sugar, & drinke it, before the ague cometh to come; then by downe renewed w<sup>th</sup> as many cleales as you can suffer, & when you beginne to burne, take y<sup>e</sup> spot ale, made w<sup>th</sup> y<sup>e</sup> y<sup>e</sup> herbs; burrage, oviue, dandelion, rumsels, violots, & fennel, & take w<sup>th</sup> y<sup>e</sup> drinke during the time of y<sup>e</sup> fit, w<sup>th</sup> this 5 or 6 times.

For the shaking ague.

Take a fennel egge, take out the white, & fill the hole w<sup>th</sup> aqua romosita, & drinke it w<sup>th</sup> y<sup>e</sup> gently, or also it will dry, w<sup>th</sup> the yolk, & by downe, for you will vomit gently; this will helpe you w<sup>th</sup> out doubt, for it hath often bene proved.

For an ague: hang this subscribed about your neck, but noe body must looke on it but hee.

that writes it.

Before the gates of Ierusalem coming on a fountaine & saw Iesus Christ saye to a doctor, w<sup>th</sup> y<sup>e</sup> best thou goe, the doctor answered saye, I ly first of an ague, Iesus answered him, rise & dismisse

it, his will and being dismissed go sayd  
before the Lord Jesus, that his power shall  
wound about him the will againe get or to day  
not just from; so it dem as then past do  
have mercy upon me olowd; Deliver me o  
Lord from advers call will in the name of  
our Lord Jesus against Amen.

For an ach or Stitch.

Take a pound of black soap, 2 or three handfulls  
of ruller or pigeons dung, yolkes of eggs,  
linseed, fonyguske seed, of each 2 or 3 cumm,  
boyle all these in roset milk, & make a plaster  
thereof; then take raw, raw fish, alexanders,  
of each 2 or 3 handfulls, bruis them & make  
a plaster & lay it to the place where the ach or  
stitch is.

For bruised stones

Take mallow, rale wort, of each a like mung,  
soak them, then bruis them, & doe away the water,  
& put the powder in a pan, & put thereto barley  
flower, & the yolke of an egge, & fry them toge-  
ther, & make a plaster, & lay it thereto.

For a black or blew face with a blow.

Take gomerl, & distill it, & not the place thereto  
the space of an ymer, doe it with a reash, &  
let the water be warme.

To stanch the bleeding of a wound.

Take a handfull of get fowls dung, bind it fast  
to the wound, the space of 2 days & 2 nights. proceed.

To stanch bleeding at the nose.

eggs ready (Consumatum est) written in the  
fowls head of the pty, & bleed with the same blood, stanch it.

To take away the burning caused by gunpowder.

Take gony, black soap, of each half a pound, two

oums of bay salt beaten to powder, boyle all alike,  
then put it in a faire pot or box, & when you  
use it, lay it on a linnen cleat, & apply it to the  
place ouering & morninge.

For a payne or heate in the back.

Take Sanders & rose leaues, lay them in rose  
water a royle night, then wash your back therewith,  
it taketh away the paine, yeate, & comforteth, rest  
must, the sores.

For weakenes in the back.

Take a best of mutton, & boyle it in milke, &  
put therein a good quantity of royle anagall  
blossoms, & when the mutton is soden drinke  
the milke, & eate the mutton, not gawing eate  
any thing before that day.

For a sore breast

Take a penny worth of royle roperoff, gale a pint  
of royle wine, scote, the wine, then put it into a  
pot, & put the roperoff to it, and annoynt the  
sore herewith euery ouering & morninge.

For choped hands.

Boate the royle of an egge, & mixe it w<sup>th</sup> the  
pouder of mastick, & annoynt the wounds herewith.

For a consumption.

Take the gindor part of a bore pig, w<sup>th</sup> y<sup>e</sup> stens  
reano strayed, put it into a pot, w<sup>th</sup> 2 gallons  
of running water, let it boyle a good space, then  
put in (when it is strimed) a handfull of <sup>reano</sup> ~~the~~ royle  
of rose mary, as must, hyme, let them also boyle  
again a good time w<sup>th</sup> a pound of royle & a  
pound of pruned, gale a pound of dates small  
rub, & strained into a linnen cleat, & let the date  
be tender, then gind them in some of the liquor,  
& strain it into the pot, then take a handfull of the

pit of an oxen bark pibed & washed, upon which  
 the pit in some of the piggs bristles, upon cut the  
 skinne of the pit, & fraime it into the rest, & let  
 the rest be finished likewise, & let all be together  
 upon powder all into a colinder, & after through  
 a strainer, upon take a quantity of sanders finely  
 beaten, & a few cloves & mace, to amount the last,  
 & let all stand alike together, upon fraime it  
 through a fine linnen cloth, & divide the  
 evening & morning, as ye stomach will bear it.

For the colick & stone

Take solerow, deuils tongue, politory of the wall,  
 of eare, a gaudfull, mixing the herbs in sundry, &  
 frye all in fresh butter, upon put all in a linnen bag,  
 & lay it to the greife as hot as you can suffer it,  
 & it will put the paine from that place, & upon  
 you feele it remoued, apply this to, & it will  
 in short time drive it quite away.

To heale a cut or greene wound.

Take spermy, turpentine as an egge, & beat it  
 well with the yolkes of two eggs, upon lay it on  
 lint, & daily wash the wound, & it will cure it.

To heale a cut or bruise.

Take gerbe grain, <sup>leaves</sup> plantain, oxeye, gembert,  
 valerian, tuftan, ragwort, gratia dei, mallorbi,  
 of eare, a great gaudfull, upon take 6 pounde of  
 scoops tallow, wax, rosin, of eare 4 pounde,  
 & also a pound of turpentine, bruse the herbs,  
 & put all into a great pot, & let it boyle, straining  
 it often, & if it rise up, take it of least  
 it run ouer, upon set it on againe, & do it  
 3 or 4 times until it be well too, upon strain it  
 through a course cloth, & upon it is all most  
 to be made it up into woules or rales, & you  
 may booke it 2 or 3 yeares very good.

A water to heale all wounds  
in a short time.

Take a pound or as much, as you please of new  
yellow wax, melt it, then put it into a pan or  
diss, wherein must be chaunselly, mastardoll,  
or white wine, then take it out of the wine &  
melt it againe, then percolate it againe upon the  
same wine, doinge 4 times & 7 times; then take the  
same wax, & melt it in the fire, & mixe it w<sup>th</sup>  
a handfull of bris finely beaten to dust, inco-  
porate these together, & put it into a rooked mettal  
vial of glass, w<sup>th</sup> distillors rill, a bag pipe, clay it  
w<sup>th</sup> to the midst of the neck, & let it distill first  
w<sup>th</sup> a little fire, for the space of 8 houers, then  
after make y<sup>e</sup> fire greater, & at last very great,  
after the oyle & all is red againe, you shall take  
the water out of the receiver, & percolate it into a  
vial well stopp'd w<sup>th</sup> wax & close cloath, soe  
that it neither take vent, nor stand neere the fire  
or fire; for it is of so fine a substance, that it  
woud flye & immediately raine. You must not  
moyster the wound w<sup>th</sup> this water, & bind a cloath  
there upon, steeped in the same water; It is also  
good for y<sup>e</sup> French smother, And if this water be well  
& naturally distilled the second time, it is of so  
fine & piercing a substance, that it will pierce  
through the palme of your hand in a moment.

For the cough or tick.

Boyle pennyroyall in milke & a poore of strooke  
butter, & put it through a ring w<sup>th</sup> a quill.

For the cough of the longes.

Take 3 pints of running water, take a pound of  
Portugall sugar, 9 figgs, anniseeds & liquorice beuf-  
ed, of each liquorice a spoonfull, anniseeds but  
take a spoonfull, a handfull of resin of the

Summe, & cleane washed & stomed, a penny worth of  
mayden haire, w<sup>th</sup> a quantity of 3 lbs, & salt-foot,  
boyle all together, till palse or more be consumed,  
then straine it through a fine cloath, & take every  
morninge two spoonfulls like warme.

To put away the crampe.

Take fingeres imbed betwix some lye tooke, arising to  
bed, especially upon lye tooke small most, & lye fin-  
gers are most frosted.

For deafenes.

Take good suet, & put it into lye oare.

To bring any quick thing out of y<sup>e</sup> eares.

Take a white lode got out of lye oare, & breake  
it in lye midst, & apply it to lye eare.

For ~~drinking~~ the flowers.

Take a pottle of sea water, a pottle of white wine  
a pint of bay salt, 3 handfulls of rom-lobe, boyle  
them all in a new earthen pot, to lye palse, then  
take it of, & sit close over it covered close w<sup>th</sup>  
cloath round about, upon it it rote, & take it a  
gaine, & so goe to bed, & pour your selfe warme,  
& lye flowers will sweate.

To breake the flowers.

Take a gallon of water from lye spring, a  
pound of refined stone, 3 ounces of liquorice  
& cleane it, & take out lye yite, 3 fennell rootes,  
that grow not borne seed, & take out lye yite,  
3 aliramsand roots, if they be small, if great  
but one, & fill it, & take out lye yite, then take  
palse a pint of barley, & boyle all together, till  
it be consumed to a quart, & drinke 3 or 4  
owry morning & evening 8 spoonfulls at a  
time being warme, as yet as you can not drinke it.

To stay the flowers.

Take 3 pint of red wine, a lib of y<sup>e</sup> will of pomgra-  
nate, w<sup>th</sup> 4 of lye flowers, sinomon, sugar candy, palse  
a handfull of red rose leaved, w<sup>th</sup> some seed, boyle lye

all together until they come to a quart.

For the bloody flux.

Take two poundes of barrie, brufe & strain  
them into milke, w<sup>th</sup> 2 or 3 scooles of ripe pears,  
& a quantity of rymon powder, & boyle all to-  
gether making it thirde libe pax, & strain it,  
& lay it to the graife.

A pultis for the hot goute.

Take the masse of gagle, w<sup>th</sup> it towards the sunne  
spread it small, & boyle it in fronger ale grounde,  
upon fire it w<sup>th</sup> rypate meale, until it be thirde  
to make a plaster, & lay it to the quyns as yet  
as you can suffer it, & use it, & you shall find ease.

To make white hands.

Take sparrows dunge, mixed w<sup>th</sup> warme water,  
& wash ther w<sup>th</sup>; or take the rootes of nettles put  
in the same water.

For the Jaundies.

Take solidony one pound, liquore a quartor of a  
pound, a gallon of water, steam & brufe the li-  
quore well, & scole all together to a pottle, and  
drinke there of fasting.

For the black jaundies.

Expell spaxles w<sup>th</sup> <sup>drugs</sup> & dryed to powder, & a spoon  
full at a time <sup>in ale</sup>, & be w<sup>th</sup> ten bayes  
together, surely for black jaundies.

A gargarisme for falling of the Tuola.

Take the rootes of sage, wood budy & plantan  
distilled, of each a like quantity, boyle them w<sup>th</sup>  
some pany, & strain it cleane, & put into it a little  
buint alooe, to give it a relief, & if you will, mixe  
a little Syrop of mulberies w<sup>th</sup> it, & upon you  
made gargarize ther w<sup>th</sup> all red, All the eye  
greenes <sup>of the flower de luce</sup> formed about  
one more or threate is very good to keepe in  
the palate, & to gelve the almonds of the threate.

To cleanse the Liver.

Take liver wort, garts tongue, of each a handfull,  
 flax, long wort, betony, penny royall, of each halfe a  
 handfull, alivampaine, Lemnell, parsley, of each one  
 roote, a vntly quantity of amysseeds, & liquorice, a  
 handfull of rasmes of the summe, stoned, two dates  
 ruffs, boyle soft in 3 quartes of running water, to the  
 galls, then straine it, & drinke a good quantity, like  
 warme morning & evening.

To the Liver that is wasted.

~~Take mallowes, & rote wort, softy from in faire  
 water, then drinke from & put away the water,  
 put the rootes in a pan, & put thereto barley flower,  
 & the yolke of an egge,~~

For the Liver that is wasted.

Take a gallon of running water, an ounce of liquo-  
 rice drisped, garts tongue, violet leaues, Pen-  
 tigitte, sowd, & onduw water.

To make lozings

Take halfe a pound of fine sugar, & melt it in  
 3 or 4 spoonfulls of rote water, a good handfull  
 of rosemary flower finely cut, boyle soft as  
 gyps as manus christi. And drawing the sugar  
 from it then upon, as you doe manus christi.

Or you may take the blew leaues of violet flower,  
 & soft from instead of the rosemary: or also red  
 gilly flower, taking only the red, & cutting away  
 the white; this is farre better, then the wyse.

For the morpore.

Take a penny worth of brimstone flower, & temper  
 it in a saucer of wine vinegar, untill you shall see  
 or proue no more brimstone, & in bed annoynt  
 your selfe therewith, for 2 or 3 nights together,  
 and this will cure you. probatur est.

To place the mother.

Take rosemary, myrtle, mallows, scold from in  
white wine & water, & boyle the pot close, that  
the breaste goe not out, wchile it is scolding, then  
warme yo' selfe ready to goe to bed, & sit ouer it 5  
nights together, then after 5 nights take a wash-  
ing dish, & the powder of myrtle, masticke, labiam,  
frankincense, & sit ouer the breaste therof, &  
it shall establish & settle the mother againe.

To remooue the mother or spleene.

Take the worst dunge of a pig, fry it in  
barrowe grease, or horse butter, spread it on a  
cleare lye breading of one hand, rowning it w<sup>th</sup>  
a cleare, & sit yo' fundament ouer it as hot as  
you can suffer, doe this 3 times, & keepe your  
selfe warme after it.

Or take wild sage, maydens gaide, sparrows  
tongue, clay, drye them & make them of powder,  
& use to drinke it in good ale or beere.

& water for a sore mouth.

Take a pottle of white wine, a quarter of a  
pound of clarified yong, 2 ounces of white  
popperose, white sage, rosemary, & woodbine lea-  
ues, spread the perles small, & let it boyle  
to the halfe, then straine it, & wpon you will  
use it, make it hot w<sup>th</sup> wass your mouth therof.

A water for melancholy &  
trembling of y heart.

Take of the flowers of rosemary, burrage,  
& rootes of buglasse, of each a libe, of saffron  
a drame, of the ginseng 4 ounces, of good white  
wine well digested & cleared 2 pntls, mixe

leafe together, & let them stand 24 houers, but  
put them in a glasse, & then bury the glasse body  
in good dung for 15 dayes, then draw it out,  
& distill according to art 2 or 3 times ouer, the  
quantity to be administered is a draine.

For melancholy proceeding from the spleene.

Take a roode take <sup>fasting</sup> in warme porridge a spoon  
full of powder of time finely seared; twine  
a roode take 7 spoonfulls of parts tongue  
water warmed, w<sup>th</sup> a little sugar, take this  
last a day, or two after the other, & you must  
stay a day, betwixt the taking of the parts  
tongue water. The parts tongue leaues must  
be gathered that day the moone is ranged, be-  
fore the sunne is set, & then distill them.

To restore comfort & nature.

Take a handfull of mallows, half a handfull of  
mercury, by them w<sup>th</sup> a bread, & boyle them in 3  
pintes of water, w<sup>th</sup> pinnis, w<sup>th</sup> mod, & a rodd of irben  
let them sooth till it be soft, then strain it from  
the liquor, stamp it, & put to it a quantity of spar-  
veris, & mar, & let it boyle w<sup>th</sup> the rodd, & eat  
of the same.

For the greene sicknes.

Take a pottle of ale, sooth it, & strain it, then  
put to it small rocks, partly rosted, parts tongue  
linex wort, of each a handfull, liquorine & ann  
seed of each 2 ounces, frome barley, brimston, red wax  
wants, of each 2 handfulls; boyle all, till half the  
ale be wasted, then strain it, & drinke of it in  
the morning, & the after noon, alwayes fasting  
2 houers after you please to take it.

Doctor Turners recipe for y<sup>e</sup> plague.

Take yim ponnell, rabios, squimony, ponnery,  
garky tongue, liver wort, botony, dragons, angs-  
livo, sage, rosemary, rosmary, mayden hair,  
sivralle, tormentill, burdoine, angention, roorn  
wood, tardus conditub, red rose leaues, lay all  
these in sowe a night in ranary wine.

For the piles.

Take treacle, & lay it upon a browne paper,  
& soe lay it on the sore.

For the piles.

For a pin, web, or pette in y<sup>e</sup> eye.

Grate white ginger on a red stone, & booke it w<sup>th</sup>  
a little roperose, when you goe to bed put some  
of it into yo<sup>r</sup> eye w<sup>th</sup> a quill, when it gals some  
lye a little, take ground iuy stamped & strained  
w<sup>th</sup> best milke, & put 3 or 4 dropes into the eye  
euening & morning, after the ginger gals,  
boone in the eye gals an pover.

To remouue y<sup>e</sup> web or spots in y<sup>e</sup> eyes.

Take stork gilliflower leaues, dayly roots, of  
oary, gals a handfull, a spoonefull of bay salt  
boate the well together, & lay it upon both the  
eyelids, draw a leaue or some cloth, &  
doe it 2 or 3 night when you goe to bed. This  
is Doctor Turners. prabatu est.

For the paulucy.

Take rosmary, sage, yowls maulm, of oary,  
a handfull, ranomils flowers 3 handfulls, &  
w<sup>th</sup> salt oyle make an oyle for use, as you make  
oyle of roses, & annoint the patient.

A water for to skinne the priny  
place, if it be gone.

Take a quart of springe water, violet leaues,  
columbin leaues, violets leaues, valerian,

Take rose leaved, if you can, of all together as many  
as you can give in ye hand, break them small,  
e put therein a spoonfull of yong, lye waigt of  
12 of aristologia, boyle all together, till 3 parts  
be consumed, e warme it upon you also it.

An especial oylment to annoynt y  
small pox, when they be full come out.

Take a pottnet of scalding water from the fire, e  
set a dish w<sup>th</sup> spoons oaking butter upon it to melt  
from hence the butter into a basin of faire cold  
water, e red, take of the uppermost of the butter  
w<sup>th</sup> a spoon, e put it into a faire dish againe, e  
melt e use it as before 3 times; then put up  
cloose of the butter into a gally, pot or glasse,  
e upon you use it, take a little in a saucer, and  
melt it as before, soe that it come not neere the  
fire, e w<sup>th</sup> a feather annoynt the places very  
often both day e night, that the scabs may never  
be dry, e soe long as any wounde ariseth any more  
annoynt the places, let not the ply come neere  
any fire w<sup>th</sup> y<sup>e</sup> face, nor take any ayre, but keepe  
your face that y<sup>e</sup> face may always be warme,  
untill all the daunger be past.

For running of the heimes.

Take a penny w<sup>th</sup> of nutants, the libe of Dates  
6 yolkes of eggs, a good quantity of clay, fry all  
these in fress butter untill they be well  
dried, e make rollops or  
guttered thereof, e take 3 or 4 of them warme.

For weakenes of y<sup>e</sup> reimes of y<sup>e</sup> back.

Take romney, clay, noope, an angel, of oats a  
like quantity, the y<sup>e</sup> of an oset barb, boyle these  
in running water, the y<sup>e</sup> beinge cut small,  
put therein a little sugar vandy to sweeten it.

For a fistula.

Take greens roxerest galbe an ounce, mercury sub  
limate a quarter of an ounce, good allome an ounce,

a quart of running water, scald together  
till all be dissolved, & keepe it in a glass for y<sup>e</sup> use.

For the same.

Take running water, allome, treacle, gony, gony-  
purple, sweet leaved, wild sage & bark, all put to-  
gether, & strained, & w<sup>th</sup> a silver pipe spouts of  
boyl water to the wound.

A plaster for a fistula.

Take rosin turpentine, wax, of each 3 ounces, bea-  
worts y<sup>e</sup> greater a quarter of a pound, frankincense  
take an ounce dissolved, set it on a soft fire,  
& make thereof plaster, & pleges, & apply it.

For all swellings.

Take groundsell, ejilliment, dayseed, umbarda, pet-  
timorale, smilke & stamens from, & set from over  
the fire, till from boyle well, & as yet as you  
can suffer lay it to the sore: probatur.

For swellinge.

Take water muske very small, & put from into  
the best of white wine, & put thereto a handful  
of roscaton branno, & of each fallow, from scald  
all together until it be hard, from make a  
plaster & lay it to the swelling, but let it first  
stand to roole & settle 24 hours.

Or take the ingre of marle, alias night-  
shade, & the seed of an got possit well beaten  
together, make a plaster thereof & lay it to the swelling.

For an ach or swelling in y<sup>e</sup> knees.

Take rose & lowe age, & stamp from together w<sup>th</sup>  
gony, from fry from, & lay the plaster warme there-  
to, & it will cure you.

For those that sweat too much.

Take limesalt & letive, stamp it together, & lay it  
to y<sup>e</sup> forehead; use it till it cures you.

For the Stomack.

Take risme wood, red rose, rumor of bread, wine

pingor, boyle it on a rasping Dye of rosb, then  
put it in a bag, & lay it to yo<sup>e</sup> stomack, and no  
doubt but it will cure you.

For salve for all sores.

Take a pint of a galbe of oyle olive, a pint of tur  
pentine, a pint of an galbe of redam a quarter  
of a pound of sunnyside wax, galbe a pound of  
freese tallow, 2 handfulls or raywort, 2 of plan  
tan, & 2 of oxime, cut the yerbos small, boyle all  
together, softly, & alwaye stirring it, until it be  
well mingled, then take it of, & straine it through  
a stronge rannab cloath.

To draw wood or iron out of the flesh.

Take salorian, & tie it with a linnen cloath to the  
flesh, wherein it wood or iron, & it will draw it forth.

For a straine with a dry cough.

Take 4 stop, yimpernell, pomyroyall, 2 gerinib  
of passion, 2 or 3 stirbe of liquorice, a handfull of  
strabis, boyle all together with some niolde lettice,  
& beets, & make it in posset ale, & drinke of  
it first and last.

An especiall and approved water called  
Aqua-composita, for a surfet, or for  
a colde stomack.

Take a handfull of rosemary, a good roote of  
alirampant, a handfull of floy, a handfull of sage  
galbe a handfull of timo, 6 or 7 rasps of root  
margoreme, liquorice, aniseed, of oare & sumbe,  
gauty tongue, ventury, pore pound, of oare a hand  
full, red minty, pomyroyall, not a handfull of  
oare, cut & bring the yerbos in sundor, take  
out the pite of the alirampant, & stire the roote  
put all in a brass pot with 3 gallons of stronge  
ale, & one gallon of rime-libe, cover the pot  
close & let it stand all night; then set it on the

fire, till it begins to boyle, then take it of, & set ye limbeck upon the pot, & stop it close w<sup>th</sup> y<sup>e</sup> past, the foots of the limbeck must be fit for the mouth of the pot, & the pot not too full, least it make the aqua compacta looke thicke, & the limbeck must be kept w<sup>th</sup> cold water upon the top, w<sup>th</sup> a temperate fire under, & when it begins to draw 6 parts full, cast that away, & the rest is best & strongest, & let it runne, so longe as it continueth in one strength, when it weaiths, take the first away, & set another glasse under, & let it runne, so longe as it runneth cleere, nex weaiths, register, upon the former, when it weaiths, take another glasse, & let it runne so longe as it ran; & when you will make more, put the last into the still againe: you must take good heed upon the change it, that anye onkers not the limbeck.

To cleanse an old sore.

Take bilbeck, ray root, & if you can, the rind of spoones oaken leaues, of each a pound full, boyle them in a quart of white wine, & a quart of water, & put therein as much of an ounce of salome, boyle it to the halfe, then straine it, & w<sup>th</sup> the mass the s<sup>u</sup>ng grow w<sup>th</sup>, & wet lint therein, & lay it upon the sore twice a day.

For a fresh sore or wound.

Take an ounce of oyle of roset, an ounce of turpentine, & a little verdigrise, then waige ab<sup>ove</sup> must ab<sup>ove</sup> will make a plaster, & lay it upon.

For a sore that will not heale.

Take rosbaxale, w<sup>th</sup> wine vinegar, of each a like quantity, wet a fine linnen cleath therein, lay it on the sore, till it is faire, then apply some other plaster thereto, that will heale it.

For the squinny in the throat.

Take the didder tooth, of tops of century, made in powder, mixe it w<sup>th</sup> gny, & make a plaster, & apply it.

### A drinke for the stone.

Take a vassell of white wine, & strained  
to a good draught, put a spoonfull of white sage,  
tyme & any other good herbs.

Or take the middle rind of a young tree,  
steamed, & strained, & lay it out into a little white  
wine, warmed, & drinke it, & it will dissolve the stone.

Or take a handfull of gilly berries, sodden  
in a pint of good ale, to the palle, then strain  
it, & put thereto a little butter, & drinke 5 or 6  
spoonfulls thereof at a time.

### For the tooth ach.

Take iij berries well sodden in vinegar, or white  
wine, & lay the liquor hot in y<sup>e</sup> mouth, till it  
be red, & then spit out, & the tooth  
will be eased.

### To keepe the teeth from rotting.

Small gold in the mouth, & under the tongue, in the  
morning, will it be melted to water, & the tooth  
will be preserved, & the mouth  
will be sweet.

### To make your teeth white.

### For a sore throte.

Take the rind of a pottle of pomegranate  
saine, & boyle the rind & palle a handfull of  
sage, & a spoonfull of gony in claret wine, &  
take one spoonfull of it at a time.

### For a vomit.

Take the powder of the roots of pottle of pomegranate,  
& put it in a figge, or refine, & eat it.

### To breake the wind in the belly.

Take of the seeds of romaine, fennell, anniseed,  
of each a like quantity beaten to powder, & sodden  
in white wine, & drinke a good draught thereof,  
first & last, for 4 or 5 dayes together, very good.

### For running of y<sup>e</sup> water.

Take a penny worth of white allome, most of  
sage, & rosemary, molten in wine, & good  
brandy.

<sup>2</sup> painfulls, peny 2 spoonfulls, boyle these in running water, till they be soft, then strain it into a cleane vessel, & use it w<sup>th</sup> a syringe.

For these that cannot hold their water.  
Take a moults head, w<sup>th</sup> you make powder thereof, & drinke it all at one time, & it is a perfect & infailable remedy.

For a weak body, & water of a capon.  
Cut good lye floss of a rozen, taking cleane away the skinn, & all the fat; then w<sup>ash</sup> it well in cleane water, then add to you some of violets, of burraige, & bugles of each an ounce & a halfe, & some of roset an ounce, leafe y<sup>e</sup> gold 6 in number, mixt all together, & distill it according to art, & take a spoonfull of that distillation often in comfortable breath.

A speciall water for sore eyes.  
Take a gallon of faire running water, put it into a faire earthen pot, or pan, put thereto some musk w<sup>ch</sup> is so pure as an egge, & cover it, & let it stand a night, & that lye so pure may melt, then strain it w<sup>th</sup> a collyer, & pour all the rest of the water into an other faire vessel, excepting the ground, then put a pint of white rose water thereto, & put it in glasses, & set it in the sunne, for space of a month, then cleane it through a faire linen cloath, & use it.

To cleere the eye sight.  
Take the water of red pimper, as much of the iuyce of some, as much of rosemary w<sup>ch</sup> is long & thin together, put of both in the eye at evening, & take some of the water & some much of the iuyce of glyme, & make of it w<sup>th</sup> a plaster thereof, & lay it about the eye all night, & on the morrow w<sup>ash</sup> the eye well w<sup>th</sup> cleane & cleane water.

For bloodshot eyes, or blemished sight.  
Take for imps of partridge troppes, the whites  
of an egge, mixe them together, then take rotten  
& rot it green, & lay it to the eyes. p: 29.



To make Conserues, preserues, oyles,  
Syroppes, purges & many  
other usefull things.

## Conserues.

To make Conserue of Linneces.

Take fine great quince, pare & core them,  
to 8 pound of them take 2 gallon of water  
upon the water is blood warme put into it  
the whites of 2 egges, beaten, & strowe them  
in the water, then put 8 pound of sugar  
to them it, & upon it dole scald, take it off,  
& let it unnt through a poore of white  
linsey, then set it over the fire againe, &  
stirre it as longe as any dole arise, then  
put in your quince, & let them scald untill  
they be so tender, that you may straine the  
Liquor & all through a good fine poore of  
sannet, then scald it againe till it be so  
thicke that it will stand on a box or dish, &  
not stink there to upon it is cold, but some  
rebound away, if it will not doe so, scald it  
longer; & you must stirre it continually.

## To conferue greene walnuts.

Take greene walnuts, w<sup>ch</sup> you may be as big, as  
 a date, cut from longe way to a p<sup>ar</sup>t, then set  
 them on the fire w<sup>th</sup> sugar in a pot, but from  
 boyle tender, then take them in a platter, & make  
 your syrops sp<sup>ec</sup>. Take red, or white wine &  
 put into it 2 ounces of rhyemen powder, the powder  
 of ~~myrror~~ <sup>amiss</sup> ~~of saffron~~, of saffron galls an ounce, fanning  
 rice flower, of each 2 ounces, draw them all bying  
 a funner, then put them into a pot, & set it on the  
 fire, & let it w<sup>th</sup> boyle, then put them into a fair  
 possell, & some from w<sup>ch</sup> they are good for the  
 jaundies, mercurie, & especially for y<sup>e</sup> jaundie  
 taking one of them every day w<sup>ch</sup> your heart.

## To make conferue of barberries.

Take y<sup>e</sup> barberries cleane, & put them into a new  
 earthen pot, & stop it close, then put heat pot into a  
 brass pot, or bottle, filled w<sup>th</sup> water, & let it  
 boyle 2 or 3 p<sup>ar</sup>ts, till the barberries be tender,  
 then let them be red, & straine them, then boyle  
 the pulp upon a quire fire till it be as thick  
 as marmelade, then gallying fine sugar in  
 powder, beate it, according to y<sup>e</sup> liking, the  
 sugar must boyle very little, because of the role.

To make conferue of roses,  
 or any flowers.

Take red rose buds, also the m<sup>ost</sup> of, stamp  
 them small, take to each pound of flower, three  
 pounds of sugar, finely beate, mixe all well  
 together, & And in like manner take the buds,  
 or fine flower-leaves of any flower.

## To make conferue of rosemary flowers.

Take every ounce of rosemary flower, take 2 ounces  
 of sugar, & some rhyemen, beate from small together  
 & put it into a glass & cover it & set it in the sunne,  
 upon it is most good, & let it stand 3 or 4 weekes.

## To preserve barberries

Take faine bunches of barberries, or none at all, with out the stons, w<sup>ch</sup> a needle, to every galles pound, take a pound & a halfe of sugar, faine & beaten to powder, & melt y<sup>e</sup> sugar w<sup>th</sup> a quarter of a pint of rose water, & melted take it from the fire, & upon it it galles w<sup>th</sup>, put in your barberries, & mixe all well, then boyle it w<sup>th</sup> a quind fire, alwayes regarding the colour, that they be not over boyle, least they be black, then put the out of y<sup>e</sup> pan w<sup>th</sup> force into a basin, & put the w<sup>th</sup>.

## To preserve cherries.

Take a quarter of a pint of rose water, a pound of sugar, boyle these, & straine it, until it be cleare, & let it coole, then put thereto a pound & a quarter of cherries, boyle it w<sup>th</sup> a quind fire, until it be firm, as a jelly, & straine it continually, then take it of, least it loose the colour.

## To preserve quinces.

Take quinces as soon as you can after they be gathered, take the yellowest & smallest about the ronne, waigh out 6 pounds, & put them in a brass pan, w<sup>th</sup> the stalks and downeward for close as one may stand by an ope, then put to them 6 pounds of fine sugar in powder, & a quart of rose water, or faine rodduit water, boyle it w<sup>th</sup> a quind fire, that the quinces may be tender before the fyre so fyre upon they may be tender, you may some tyme abate the fyre, & turne it as it riseth, but beware not the quinces, & turne the often, least they grow black by lying still.

To preserve damsons, or other p<sup>ru</sup>mes.

Take a better sayd liquor, & w<sup>th</sup> sugar make the same fyre, & put them into a pound of damsons, boyle them w<sup>th</sup> a very soft fire, 3 or 4 p<sup>er</sup>sons, and straine them continually.

## To make red marmelade.

Have & row your quinces, & put them into red wa-  
ter, & to every pound of quinces, take some many pound  
of sugar; first put the sugar in water, & make it  
into syrup, & when it is cold put in the quinces  
soe that the syrup cover the quinces, & 2 times  
over, then cover it, & let it boyle as fast as it  
is possible, till they be very red & tender, & the  
liquor be somewhat thick, then straine it  
into a ston mortar, & after boyle it till it come  
to a marmelade, straining it alwayes, then box  
it up: in this manner you may make mar-  
melade of pears, or any other fruit.

## To make white marmelade.

Take ripe & yellow quinces, scald them in water  
w<sup>th</sup> a gentle fire, till they be tender, then take  
them up & let them cool & pare them, & take  
the pulpe fine pulpe of the quinces, & for every  
pound a pound of sugar fine, & finely beaten  
to powder, boyle w<sup>th</sup> the pulpe as fast as mar-  
melade, then put in your sugar, & let it but  
melt, & soe box it up.

To make the dry marmelade,  
of peaches.

Have peaches, & cut them from the stone, &  
mince the finely, & lay them in steepe in cold  
water, then straine them w<sup>th</sup> the water through  
a rouse cloath, into the pan you will scald the  
in; to claime 2 pound of peaches take one  
pound of sugar finely, beaten, put some  
of it into the pan, but keepe the rest to moult  
w<sup>th</sup>; then set on the pan, & stime it till it be thick  
& a stick will stand upright, then lay it in a  
diss, in lumps, when it is cold, moult it about  
w<sup>th</sup> the best of the sugar, & print the, & take  
them on many pains, & scald the w<sup>th</sup> fire it.

## To dresse peaches whole.

Take 2 poundes of sugar, w<sup>ch</sup> as much water as is necessary for the sugar, & clarify the same w<sup>ch</sup> the whites of two egges, breake the sugar in powder, & put all in the pan, <sup>but the orange</sup> let it boyle on a quick fire; when it is skimed & cleane, put in the peaches, & let it boyle to the softnes of a figge, if you will, put in 6 spoonfulls or more of red water, then take up the peaches, & put the into faire water, potts, or any other place for they be cleane.

## To dresse oranges.

Take the greatest oranges, pare them from the top & quarter them in the top, & take out the meate let them be in water 48 houres, & change the water 3 times a day, then pare them from in faire water 3 times, & let the water still scold, before you put them in, & take to every 3 oranges a pound of sugar, & to every pound of sugar a pint of water, & a pinte or two more at all, then put the water into the pan & breake them in 2 or 3 whites of egges, and scald them together till they be on a froth, then set on the pan, & put in the sugar broken in small powder, & let it scold w<sup>ch</sup> a quick fire, & when it boyleth, skime it cleane, & put in the oranges, let them scold a good while, then take them up, & straine the sugar, & set it on the fire againe, & put in a good quantity of red water, & let it scold a good space, then put in the oranges againe, & let them scold till they be tender, & the sugar as thick as you will give it, & when it is cold, put it up in potts.

To dreffe plumes blew or yellow.

Take the plumes dry, to euery pound take  
3 quarters of a pound of sugar, in powder take  
the plumes & rings from one by one w<sup>th</sup> a  
linen cloth, & lay them in ye pan, of each  
& cast sugar on them, the sugar throughly mixt  
toe, set the pan on the fire, upon theye beginne  
to broake, turne them, & stime them cleane,  
let them stoke on a quire fire, upon theye be  
more waxy, it will be fitt to the spoon, then  
take them of, & stime them as longe as any  
is left, & when you see them broaken or past  
enroabed, take a cloth & take of them w<sup>th</sup>  
a silke theye be waxed, & when theye be almost  
toe, put them in potts, & pine papers, & lay  
them ouer them.

To make all manner of confections.

Take any kind of seeds, or ginger, rynamer, or  
orange pills or any other seeds minced in small  
peeces, & put any kind of seeds into a greates  
pan, w<sup>th</sup> 2 cards, then take sugar, & clarify it,  
boiling it, till it will runne betweene your  
fingers, then take the pan of seeds, pausing  
in readines a table w<sup>th</sup> a gold in the midst,  
& a pinne in the gold, then fill the table w<sup>th</sup>  
got sugar, & let one gold it ouer the pan of seeds,  
& draw the pinne in the gold a little, soe that  
the sugar may runne out as small as a thread,  
as it runneth, take the pan w<sup>th</sup> seeds ouer  
the fire, as you would w<sup>th</sup> some, & soe make  
it till it be dry, & good, & take another pan  
table full of sugar, doe w<sup>th</sup> it as before, till  
theye be as big as you would send them, & if the  
seeds in the beginninge were together, mixe them

in sunder w<sup>th</sup> your hands; To colour legge, take  
 a quarter of a pound of brasil, stande in wine,  
 & 10 lime stone, rinquompe, & lay them in water,  
 till they be quantized, then let the water settle,  
 & take of the clearest thereof, & put the bra-  
 sil therein, & boyle it, then rase it, & put  
 thereof to your sugar, w<sup>th</sup> you will have coloured.

To make ginger bread.

Take a pound of sugar, an ounce & a halfe of  
 rymon, 2 ounces of ginger, a spoonfull of annis  
 seeds, as many fennel seeds, beat them all into  
 powder, then take a quarter of a pound of  
 almonds blanched, beat them in a mortar, &  
 put therein 2 or 3 spoonfulls of the powder afore  
 sayd, & some of the almonds beaten, & beat the  
 together till they be stiffe like paste, then moule  
 some of the powder, & spread it abroad in rales,  
 as thicke as you can, & so put them upon  
 y<sup>e</sup> moule, then cut them w<sup>th</sup> your knife, & as  
 you make y<sup>e</sup> rales, put on powder enough,  
 that they sticke not to the moule, then pull  
 them off from the moule, & lay them to dry.

To make sugar plate of quinces,  
 roses, violets, or what else.

Take quinces, wash them, & cut them in small  
 peeces, & put them in paper baggs, & so dry  
 them in an oven, till they will beate to pow-  
 der; And thus you may make powder of roses,  
 violets, or what you list to have y<sup>e</sup> plate  
 to taste of: then take the afore sayd powder  
 or any of these powders, & put thereto a little  
 of the powder of the quince, called dragagan,  
 w<sup>ch</sup> must be layd in water all night, the  
 powder of the quince, & y<sup>e</sup> sugar must be

beaten, & beate generally, & the gumme put  
to the gumme powder beaten, & the sugar to  
them, as you beate them, & when it is soe  
you may make it in plates, print the  
them, & if you will have them taste of muske,  
put a dramme into the water when you  
steepe the gumme.

### To make good bisket.

Take a pound of fine flower twice boulded,  
a pound of fine sugar finely beaten, then take  
a faire boulded, or bafen, & breake them in  
12 new layd eggs, keeping forth only 6 of the  
white, soake the eggs well together, then  
put in the flower, & sugar, stirring it till  
with a flat stick, & by stirring, work into  
the same stuffe 2 ounces of anniseeds, &  
as much roriander seed, & well mixed, put  
of the same into moulds, amoyning them  
before w<sup>th</sup> smoothe butter, then put them in  
to the oven, w<sup>ch</sup> must be not rather, then  
for mangel, as the bisket usually, print  
it w<sup>th</sup> a great pinne, w<sup>ch</sup> you may get in  
the end of a wittie long staffe, you may  
if you please put into it 2 or 3 spoonefulls  
of rose water, or less, as you like.

### To make short sweete cakes.

Take fine wheat flower, & put it in an earthen  
pot close stopp'd, & bake it in an oven, then  
soaking it brings a fine scumme, the flower  
will after as much baking as a confectionary,  
then take clouted cream, or smoothe butter, &  
sugar, cloves, mace, saffron, yolkes of eggs,  
put all into the cream, & temper them, then  
put to the flower, & soe make ye cakes, the  
best will be short, therefore make the like &  
lay paper over them.

To make artificial balme.

Take the iuyve of pinyrons, put it in an  
 egge shell, let it over the pot embroxi, boyle  
 the iuyve, & straine it cleane, till it be redde  
 & cleare, then put it into a faine pan, & put  
 thereto a quart of oyle of bayes, & set it over  
 the fire, & put thereto powder of frankincense  
 myrror, mastike, & olibanum, of each an ounce,  
 waddinge 2 dramms, then set the oyle  
 on the fire, till it bee warme, & then put  
 thereto the powders, & straine them well to  
 gether, till they be dissolved, then straine  
 it, & put it in venter bottles.

To make syrope of violets.

Take a pint of water of violet leaved distil-  
 led, a pound & a quarter of sugar, boyle it  
 longer than ordinary syrope, then put of the  
 finest leaved of the violet, stamped & strained  
 them, & take half a pint of it, & put into  
 the former, let boyle it, & straine it about, let it  
 not boyle, put it in glasses, not yet, & when  
 it is cold stoppe them.

To make syrope of roses.

Take a quart of damaske rose water, & put  
 therein as many damaske rose leaved as the  
 venter will containe, put both into a venter  
 pot, then into an earthen, or brass pot of water,  
 let them stand very hot all day, but not boyle,  
 the next day, take the roses out, & mixing them  
 into the liquor, & put in fresh leaved, five dayes  
 together, as before, lastly, boyle this liquor to the  
 thickness of a syrope, w<sup>th</sup> sugar, a pound & a quar-  
 ter of sugar to every pint of liquor.

## To make Syrope of Endiue.

Take a pint of the iuyce of endiue, clarifie it,  
 & boyle it w<sup>th</sup> 3 quarters of a pound of white sugar,  
 on a soft fire, to the thirtieth of a Syrope.

## To make Syrope of Saffron.

Take endiue water, & a quantity of saffron fine  
 ly beaten, to color it, & color it by a night, then straine  
 it, & strain it, then straine it againe, w<sup>th</sup> sugar  
 to the thirtieth of a Syrope.

## To make Syrope of worme wood.

Take fine white worme wood, 6 ounces, rose  
 leuocis dried, 2 ounces, white nard, 3 dram<sup>s</sup>,  
 of the iuyce of quimob, a quart, of old white  
 wine, a quart, of ~~the~~ white wine, & white  
 leuocis, white nard, & worme wood, & straine  
 from in the wine, w<sup>th</sup> the iuyce for the space  
 of 24 houres in a marble vessel, or in a calke  
 on yot, straine it to the yalfe on a soft fire, &  
 then strain it, then put thereto a pint, or a  
 yalfe, or a quart of good cony, & straine it a  
 gaine to the thirtieth of a Syrope; you may take  
 sugar in stead of cony, if you please.

## To make Syrope of rosemary flowers.

Take distilled water of rosemary flowers  
 cleane giued, boyle it on the fire, then strain  
 then put in sugar, & boyle it to a Syrope.

## To make Syrope of tyme.

Take the roppes of 2 ounces of tyme, dry rula  
 mynt, & mynt, of each 5 dram<sup>s</sup>, amy seed,  
 fennell seed, parsley seed, dauen seed, of each  
 yalfe an ounce, great rosin<sup>e</sup> stone, 4 ounces  
 & a yalfe, straine all in six pint of water, till y<sup>e</sup>  
 rosin<sup>e</sup> be sold on, after put in the yalfe, & straine  
 the seeds, & straine it to the yalfe, then strain it, &  
 put the liquor on againe, & put to it 2 pound of  
 cony, or sugar, & straine it to the thirtieth of a Syrope.

To make Syrop of mynts.

Take a pint of the iuyce of mynts, a quarter of  
the iuyce of sweet pomegranates, & a quart of  
the iuyce of meane pomegranates, that is 60  
brasons. Weale & flower, & a pound & a halfe of  
sugar, & soote eggs to the thight of a syrop.

To make syrope of the rmes  
of oranges & Limons.

Take a pound of the iuice of oranges, or  
limons, wagen they be new & fresh, & put them  
into 5 pints of faine running water, soote it  
to 3 pints, then straine it, & wate a pound of  
sugar soote it to the thightness of a syrop, & when  
you take it from the fire put to it 4 gramms  
of muske. This syrop strengtheneth the sto-  
mack, brame, & heart, if the disease proceed  
of cold, it also maketh a sweet breath;  
soe doe the iuices of oranges & limons made  
into conserues, if the bitterness be first taken away.

To make a dish of cleere ichey.

Take radish root, an old rool, a knurble of  
weale, or a hie, wte of eggs you please; &  
set it on the fire in a pelt, & straine it that  
noe fat be left behind, & you let it boyle a  
wght, then take out the weale, & put in ye  
turne fall; when it is boyled enough, you shall  
know by putting a little of it into a saucer,  
& if it stande, take out the turne fall, & put in  
a good deale of ynenion, a rayb of ginger &  
a nutmeg, all well bruyed, & 12 wghts clewe  
wte good stow of sugar, 6 wghts of eggs, wate  
the syrop be as wght as now, & let the pot  
stand on a wght, & straine it of the wghts of wte  
the eggs, & cast them away, then put all into a  
bag, & put it through as often as you please, till it  
be faine & cleane, then distill it, & soone it up.

To make white jelly. or of other colours.

Take calves foot, staid hys, & mase hys in 3 several waters, then take out the bones & fat, then lay them in water a night, & lift them from the water, put them into a net w<sup>th</sup> a bundle of woolen threads, & the bones taken out, boyle them in 2 gallons of water, then put in a quart of white wine, & let it boyle till part be consumed, straine it w<sup>th</sup> a colander, then let it runne throug<sup>h</sup> your jelly bag, then put it into a faire earthen pot, season it w<sup>th</sup> nutmegs, cinibide, sliced ginger, being drynmen, & a little salt, then let it boyle a ragaine or 2, then take the whites of 8 eggs, or 10, & put them in w<sup>th</sup> it softly, then let it runne throug<sup>h</sup> a jelly bag softly, 2 or 3 times, if you will give it of amber colour, put in a little saffron before ye eggs, if you will give it red. put in clarret wine, & turasay, if you will give it of all hues put in one, & let it coole a foot of all together a day.

To make Jelly of harts horne.

Take 3 pale pintes of fine running water, passe a pinte of white wine & 2 ounces of galls, galls strained, let it boyle softly in a pintein plate rounde, till it come to a pint, then straine it, & put to it a little sliced ginger, & rymenon sliced, for 10 day take of the top, & leave the bottom, & put it in a scollot, & put to it fine sugar, & a top of sweet mannevome, passe a spoonfull of red rose water, a little wine of limon, & orange, & strain it a little more, then put it throug<sup>h</sup> a jelly bag, w<sup>th</sup> a little rosbay string, in the bottom of the bag. Give jelly, it to be eaten cold; but for the more speedy remedy of a consumption melt this jelly againe, and drinke it something warme.

### To make aqua vita.

Take 3 quarters of a pound of liquorice galls  
a pound of amyssode, boyled, infuse in ale  
in a gallon of wine all night, the next day distill  
it in a limbeck, this is aqua vita.

Or take 4 gallons of strong ale, a pound  
of liquorice, a mug of amyssode, a pottle of wine  
lyob, sage, yfop, yew wood, of each 3 handfuls, rose  
mary, tyne, fennell, of each 2 handfuls, galls a  
handfull of galls to grow, leauds, & a great root  
of aliramsans, & so distill it in a limbeck.

### To make stronge aqua vita.

Take galls to grow, liver wort, red ment, balme,  
yew wood, organon, brown fennell, rose mary,  
fennell, of each a handful, angelica & quarter  
of a handful, amyssode a pound & a half  
liquorice a pound cut & well bruised, infuse all  
these in 8 gallons of strong ale & let it stand  
12 hours, straining it often about, then distill it  
in a limbeck, the first pottle will be very stronge  
& you may have almost a pottle of the second,  
but that will be a great deal smaller.

### To make aqua composita.

Take 4 gallons of strong ale, amyssode, liquo-  
rice, of each galls a pound, sugar 3 penny worth,  
galls to grow, & aliramsans roots, of each a hand-  
full, myrtle, fennell, harts, pennyroyall, yfop,  
sage, rosemary, tyne, wormwood, mug wort, of  
each a handful, boate 3 pence, & shew the gorbels  
lightly, & infuse them in the ale 24 hours, stir-  
ring it often, then put all into a limbeck, & let  
it heat not your foot out, keepe a temperate fire  
till the limbeck beginneth to warme, then keepe  
your fire low, & when it beginneth to drop  
then keepe the limbeck moyst wth a wet cloth,  
& keepe alwayse cold water in the top.

## To make balme water.

Take worme wood, politory of the well, squimong,  
 raddnut boudixub, balme, angelico, roasfins of y<sup>e</sup>  
 sumer, stoned, of each a pintfull; liquorice, amy-  
 stois, of each a quarter of a pound a quantity  
 of tamarisk, & mayson faint mife all these in  
 2 gallons of stronge ale, upon Distill it, and  
 draw out of it a quart of the best water.

## To make worme wood water.

Take 2 gallons & a galls of stronge ale, liquore  
 in shred & bruised, amylois sifted & bruised of  
 each galls a pound, 2 great pintfulls of the wood  
 of worme wood, put all into the ale, & let it stand  
 24 houres, stirring it often, & stopping it close,  
 upon Distill it in a limbeck, & draw out a gallon  
 of water, upon put to the water an ounce of  
 rymon, bruised, 2 ounces of nutmeggs, galls  
 an ounce of great mace, a mure of ginger  
 all well bruised, & soe let them stand upon Dis-  
 till till you have a gallon of water in the mure  
 diout on a soft fire, & soe present it.

## To make Ipecacas water.

Take 8 ounces of <sup>fine</sup> rymon powder, clove, nut-  
 meggs, of each an ounce, 2 ounces of ginger, &  
 mace of grains, all made into fine powder,  
 put all into 5 quartes of cleare wine, & let it in-  
 fuse 3 or 4 dayes, stirring it often; upon put all  
 into a stillatory, & distill it with a soft fire, but  
 take heed you shall not ye stiffe too day, but keepe  
 it moist, from burning too; take out all the  
 residunt & strain it into a cleare basin, & set  
 it on a wafering dish of rolob, putting ab mure  
 sugar into it, as you shall finde good, upon strain  
 it till it be ab light ab towle, & is it good for  
 a cold stomach; & the yome of yowd will be  
 good saure for a powder of rymon.

To make rosa solis a principall restaura  
<sup>tion</sup>

Take the perle rosa solis at morn'g ab with fill  
 a pottle pot, in must be gathered in June or  
 July, you must not touch it w<sup>th</sup> yo<sup>r</sup> hands, but  
 take it by the stiel, & it will come up by 3 roots,  
 nor wast it, for soon the leaues will wither,  
 & pick of the dead leaues: this perle grows  
 in low meadows, & marish ground; put to  
 this quantity a pottle of aqua vite in to a large  
 vessel, & let it stand close stopp'd 3 dayes, & 3  
 nights, at the least, then strain it, into a glass  
 or pewter pot, put to it then a pound of sugar  
 small beaten, & galbe a pound of liquorice, beaten  
 small, into fine powder, galbe a pound of dates  
 stoned, & put in small peeces, mixe all together  
 & stop the glass close; drinke of this at night  
 to bed ward galbe a spoonfull, w<sup>th</sup> ale, and  
 at morn'g in the morninge fasting, for soon  
 it not the weakest body, in the world, but take  
 nature or strength, or that it cast into a consump  
 tion, but this will restore you againe, & will  
 give you to be stronge & lusty, & to have a mira  
 culous hungry stomack, & very shortly, if you  
 use this 3 times together you shall feele great  
 comfort, & as you feele you shall see may use it.

To make amiseed water.

Take 12 gallons of aqua vite, 3 pound of  
 amiseeds, galbe a pound of liquorice, a pound  
 of Dates, 2 pound of refined of the sunne, scrape  
 the 24 perles, then draw <sup>down</sup> 12 gallons liquor out,  
 & then you shall perceive it to mure w<sup>th</sup> it (if  
 you will doe lesse, take accordinge to the quan  
 tity you desire) & then take 7 pound of w<sup>th</sup> it

sugar, & put it to 7 gallons of liquer, in  
a mallet, & strike them well together, & let it  
stand 4 dayes, & then you may drinke it.

Aqua mirabilis et preciosa  
of wonderful vertue.

Take galinall, clew, quibib, ginger, melle  
lot, & cardimex, mace, nutmegg, of each, a  
draine, galbe a pint of the ingr of solidor,  
mingle all these together, & make a powder  
of them w<sup>th</sup> the sayd ingr, & a pint of good  
aquavite, & 2 pints of rectifd wine; put all  
these into a stillitory of glass, & let it stand  
all night, then distill it on as easy a fire as  
+ an vessels bee made.

The vertues of this water.

- 1 It dissolveth the swelling of the lunges, & opens  
the lunges w<sup>th</sup> purging, & pounded it gently.
- 2 It will not suffer the blood to putrify, nor  
shall you ever need to be let blood if you but  
use this water.
- 3 It taketh a way the peast burning.
- 4 It preserveth from melancholly.
- 5 It resolveth the fluxions, so that it shall not  
gaine dominion over nature.
- 6 It expelleth the humors.
- 7 It purgeth the stomack.
- 8 It preserveth youth in its owne state.
- 9 It ingendereth a good colour, and preserveth  
the visage.
- 10 It preserveth the memory.
- 11 It destroyeth the saltness in the limbes & tongue.
- 12 It releaseth either man or woman laboring  
towards death, if you give them but one spoonfull.  
Of all waters artificiall it is the best, & in summer  
the one spoonfull in a week fasting: in winter two.

### Doctor Stevens water.

Take a gallon of Castoyne wine, ginger, of  
 romon, nutmegs, cloves, grains of amissed,  
 fennell seed, tarraway seed, of each a drams, fenn  
 tube sage, myrtle, red rosb, time, solitery, rose  
 mary, white time, rammile, lavender, of each a  
 handful, bray the herbs & spices, & put all in  
 the wine, & let it steepe for 7 or 8 days, stirring  
 it often, then still it in a limbeck, & keepe the  
 first water by it selfe, for it is the best; & keepe  
 the second, it is good, but not like the first.

### The vertues of this water.

- It comforteth the vitall spirits. 1  
 It helpeth inward ill inward diseases that  
 proceed from cold. 2  
 It helpeth the taking of the colic. 3  
 It useth the contraction of the spleen. 4  
 It helpeth women to conception & aw barren  
 or fruitlesse. 5  
 It useth the worms in the belly. 6  
 It helpeth the cold cough. 7  
 It helpeth the cough. 8  
 It comforteth much the stomach. 9  
 It useth the cold dropsy. 10  
 It helpeth the colic the sticking of the bowels. 11  
 It preserveth from in good liking, that  
 useth it sometimes, & not often. 12  
 It preserveth youth. 13

Mixe this water Doctor Stevenss prepared  
 from selfe, until you reach for it, that you reach  
 neither good nor ill, but lay had this 5 years,  
 it is much better standing in the sun all summer.

### The Water of Life.

Take balme leane & shaltes, burnot leane &  
 flemox, rosemary, red sage, & sage, tarragon,

turmarick leaues & rootes, rose blis leaues,  
 red roses, carnations, tymo, the stringes, that  
 grow upon sawey, red samole leaues, red mynt  
 rootes, of each a pintfull; put all these herbs  
 in a glazed earthen pot, & put see must, w<sup>ch</sup>  
 wine ab will cover them, & let them steake  
 in 8 or 9 dayes; then take cinamon, sugar  
 nutmeggs, of each an ounce, of clove & pepper  
 a little, great red root, ginger, of each a pound,  
 Dates false a pound, the ginder part of an  
 old rony, a good fleshy, running raxon, the  
 red fleshy w<sup>ch</sup> the sinerob of a log of mutton,  
 4 yenny pigeons, 12 lardes, the yellob of 12  
 eggs, a loafe of white bread cut in peeces,  
 mustard or bastards, see must, ab shall distill  
 these things at one time in a limbeck, & put  
 to it matridatum 2 or 3 ounces, see must per  
 fort towards, & distill it w<sup>ch</sup> a temperate fire,  
 & keepe the first water by it selfe, & the second  
 also, & reason there w<sup>ch</sup> no water, that is  
 strange, put more wine upon the stiffe, & distill  
 till it againe, & you shall haue another good  
 water; you must keepe ye water in a double  
 glasse.

The vertues of this water.

- 1 It is restorative to the principall members.
- 2 It defende against the pestilentiall diseases.
- 3 It cureth the palsy.
- 4 It cureth the dropsy.
- 5 It cureth the pleurisy.
- 6 It cureth both black & yellow jaundies.
- 8 Cureth the worms.
- 9 Expelleth an ague.
- 10 Cureth the mottings.
- 11 Cureth the pestilentiall breath.
- 12 Expelleth melancholy.

- 13 Stronglyent & spirits, & strings of the brains.  
 14 Pollocus for peart.  
 15 Comforts the stomack.  
 16 Stronglyent for liver.  
 17 A spoonfull 2 or 3 by it selfe, or in ale  
 18 beere or wine & sugar & elsy digestion  
 19 breaths & wind, stopps the laste, & bindeth not.

To make Aurum potable.

Take rosa solis, & distill it till you have a pottle  
 of the water, then take a quart of it, & let it  
 be infused w<sup>th</sup> more of rosa solis, & a quarter  
 of a pound of sugar candy, small beaton, two  
 shilings of liquorice scraped well, & trimm'd  
 7 dates stoned, a quart full of rose leaved stoned  
 w<sup>th</sup> a pint of maulmsey or mustadell, let it  
 stand all together in a glass or pewter pot  
 48 hours, ~~stand stoned for~~ & the ayre  
 can get out, & distill it; so done, take your  
 stopper pale of the rosa solis water, & use it  
 in all points as you did the first, if you will  
 have more of it; this last stilling must  
 be in a stillatory of glass, it will last 3 or 4  
 years if it be stopp'd close.  
 It is good against great Consumptions.

To make worme wood wine to drinke.

Take small wine, or Rensell wine washed, put  
 thereto 2 kindes of worme wood, speare myrtle, a  
 sort of rooke, if it be almost yellowe, same stoned, &  
 the pitte taken out, & stoned, put all in to the  
 wine, & if it stand a day or more before you  
 drinke it, it will be better; this is to be drinke  
 3 glasses before you take any breaf.

To make honey of roses.

Take honey & rosey it well, & straine it cleane,

Put cleane picked white pepper in small peece,  
w<sup>th</sup>out boundes, or knobbe, scald it till the  
colour of the poy be become, & slenderly of the  
white, & it is fit, & then it is done. you may  
keepe it 5 yeares. It is comfortable, & may  
be given to keepe heat and moderated by softnes.

To clarify honey.

Take poy, bring the mung water, boyle from  
softly, diligently stirring it, till puffs be con-  
sumed, & as it is boyling, put in for many whites  
of egges, as you clarify poynt of poy, then  
straine it through a linnen cleath, w<sup>ch</sup> till it is  
got, then boyle it againe to a convenient thicknes.

To clarify sugar.

Take a pound of sugar, & a pint of water, &  
scald from on a soft fire in a latyne or copper  
basin, then to every pound of sugar to be  
clarified take the whites of 2 egges, w<sup>th</sup> a  
little quantity of water, & a small bundle of  
rosemary twigg, w<sup>ch</sup> must be beaten to a  
fine w<sup>th</sup> a soft fire till puffs be consumed,  
& turned into a foam, w<sup>ch</sup> must be put into a  
pot w<sup>ch</sup> remain the sugar & water boyle, cast in  
also the egges beaten w<sup>th</sup> your hand, &  
let them scald on a soft fire till the third part  
be consumed, then straine it, & having made  
it not cleane, boyle it againe, unto the third  
part almost of a peece, for w<sup>ch</sup> you it w<sup>ch</sup>  
about your finger like bird lime, it is enough,  
but if you clarify sugar, w<sup>ch</sup> you intend  
to boyle or put other things, then let it not  
boyle to the third part after it is strained, be-  
fore you put in those things, w<sup>ch</sup> are w<sup>ch</sup>  
for a medecine, or for any other w<sup>ch</sup>  
w<sup>ch</sup> you put to it.

## To make Pomillian

Take poplar buds, 2 pounds, lead 4 pounds,  
beate them fine together, upon let it  
rot 3 weekes, after ward put them to  
the leaues of poppy, madrake, bramble,  
myrt, faine, plantain, madam, lottine, burdock,  
violet, of each 2 ounces, & beate these  
herbes w<sup>th</sup> the about sayd, & boyle it  
well, w<sup>th</sup> a pint of raphie wine, untill  
the wine & the ingre of the herbes be  
consumed, then straine it, & let it stand  
untill it be w<sup>th</sup>; & preserve it for  
your own best use.

## To make Manus Christi.

Take sugar finely beaten, & put it in a  
skellet w<sup>th</sup> rose water, & let it boyle, stirring  
it, & in the boyleing put in the white of an  
egge well beaten, & straine it as longe as  
any ainside, w<sup>th</sup>en it becometh to cleare, put  
in more finely beaten to powder, & after good  
stirring it still, untill it be very white, & so drye  
it: it will abide upon what you lay it on.

## A plaster called Gratia Dei.

Take 2<sup>o</sup> ingre of betony, romaine, juniper  
w<sup>th</sup>, of each a pound weight, w<sup>th</sup> w<sup>th</sup> w<sup>th</sup> w<sup>th</sup>  
a pound, refine galls a pound, perfume frankin-  
cense of each 3 ounces, small powder of cat-  
phemia galls a pound, probet w<sup>th</sup> taller  
galls a pound, of bastard a pint, boyle <sup>from</sup> till  
it be thick, then straine it, boyle it againe w<sup>th</sup>  
3 ounces of oyle olive, & all the powderi about  
sayd, boyle it softly galls a quarter of an ounce,

Upon cast it into a pewter Dish or basin,  
till it be red, upon take it out, & woule it  
up in lather or xarement, & booke it for  
your use. It is good for wounds, rittor or  
for stabbes, or any such like.

To make mel quorum, or quod melk.  
good to comfort & cleyse y<sup>e</sup> stomach.

Take 10 pound of well clarified pony, a pound  
of lye dryest of roset, put upon in a vessel,  
upon lyeo, beginne to boyle put in 4 pound  
of roset small bread, & boyle all untill y<sup>e</sup>  
myle be consumed, & strain it very well.

To make oyle of Exceter.

Take a pound of rose hie flowers, in lye meane  
of may, stamp upon in oyle oliv, at morn  
at night send upon, & see let upon stand in a  
pot untill lye middle of June, upon take  
Salumnt, gerbe Jogn, fago, spinney, worme  
wood, red ambrole, fomesse, politory, reliden,  
rom, red roset, Poutex wood, lavender, rosemary,  
runcmild, politory of Capaine, fowell lauge,  
lge flowers of lilius, stamp upon together, see  
small at you can, upon take lge flowers about  
sayd, & wringe upon out of lge oyle, & put lge  
myle into lge oyle gerbe & grand from all  
together, & put upon in white wine, & straye  
upon 24 hours, upon set upon on lge fire in  
a pan, & boyle from till all lge water be  
boyled out of lge wine & gerbe, w<sup>ch</sup> a soft  
fire; upon take a spoonfull, & if upon be too  
water in lge spoon, if it boyled enough, upon  
strain it in a glasse or pewter pot, for now  
oyle vessel will hold it; it will last 3 or 4 years;  
It is good for y<sup>e</sup> palsy, & gout: in lge summer an  
noyne y<sup>e</sup> halfe by lge summer, in lge winter by y<sup>e</sup> fire.

## To make oyle of cloves.

Take a pound of the powder of cloves, put to it  
3 pound of almond starch, & beaten, mixe the well  
together, then sprinkle on each pound an ounce  
of white wine, letting it lie in a mass together  
for the space of 8 dayes, putting it in an earthen  
pan, not open for long, until you cannot feel  
your hand through then put it into square bags  
or orange pards, until all the white substance of  
the oyle be come forth.

## The vertues of oyle of Cloves.

- 1 It reviveth the spirits very much.
- 2 It putteth away melancholly.
- 3 It taketh all the vertues of a balm.
- 4 It healeth frost, and green wounds.
- 5 It stayeth the issuing of blood, & matter  
out of a wound.
- 6 It comforteth the naturall parts with in.
- 7 It purgeth melancholly blood.
- 8 It comforteth the heart.
- 9 It reviveth & cleareth the head, & of  
pecially relieveth the eyes, & the sight of the head.
- 10 It healeth the weakness of the sight.

## To make oyle of anniseeds.

Take halfe a pound of anniseeds, bray the  
grasse, & put for much water thereto as will  
cover them, not after pour into a copper  
retort, then set on the fire, or heat  
closed below, in the night about, not standing  
& to continue 3 or 4 dayes, then distill it with  
a soft fire, so that the water by not the  
oyle passeth to ~~the~~ <sup>the</sup> cold, then the oyle  
shall fall into the receiver, until it be to  
gather like camphire: then take all in a cloth  
& the water will run through, but not the oyle, not  
will be in a broad mouthed glass set in a snow or hot place.

## To make a Purge.

Take the middle rind of a night's egg, sooke it in ale a night in the morning drinke a good draught of the ale.

## Another Purge.

Take the rooke of Mechoacan, boake it into fine powder, & take thereof a drame & a halfe & drinke it in 4 or 5 spoonfulls of sack, 3 times in the morning, then possibly drinke a good draught of sack after it, & possibly it will make you purge easily.

## A gentle Purgation.

Take a quart of clarified rye, put therein a great handful of pearts tongue, as much of maydon paine, a quantity of linon weed, violet leaves, burrage, of each, a great handful, barbernes, seed, of each, 2 ounces, boyle all to lesse than halfe by much, & to drinke it fasting 3 morninge together, wine or hie in the yeare.

## To purge with ale.

Take a spoonfull of Castile sope, put thereto as much sugar sandy, & boyle it in a pinte of malmsy, put a quart of butter in to it, & after it fully boyled, straine it, & drinke it milke warme, halfe of it in the morning fasting, & the other halfe at night.

## An excellent good purge.

Take very good Cramony (not being red, not ones tongue will become milke) boake it to very fine powder, not will be done together if you annoynt the end of the nose with a drop or 2 of any sweet oyle, as almond, nutt, or Pallet oyle, upon waigg out

10 grains of spirit fine powder, & mixt a knife  
 upon a plate incorporate it w<sup>th</sup> the quantity of  
 two mill mag<sup>s</sup> of conformed of barboroid, Doe  
 spirit oute night, w<sup>hen</sup> you will take it in the  
 morninge, that the conformed may bite & rox  
 w<sup>th</sup> the better, in the morninge take it w<sup>th</sup>  
 taking warme breack 2 or 3 p<sup>er</sup>son after  
 as in other purgation, it will worke safely  
 upon the same p<sup>er</sup>son.

If you had rather p<sup>er</sup>son it in a potion,  
 then after the conformed p<sup>er</sup>son biten it 10 or 12  
 p<sup>er</sup>son, dissolve it in 2 or 3 p<sup>er</sup>sonfulls of white  
 wine, or red water, or ronten water, straining  
 it well, & p<sup>er</sup>soning it of clove, spirit will  
 tast like sugar & the ingre of liquor w<sup>th</sup>  
 red water, & will worke at well, as the other,  
 only in regard, that some of the p<sup>er</sup>son  
 will remaigne behind, & come not into the  
 cleare liquor, you may, increase the quantity  
 of straining 3 or 4 grains, & take it 13 or  
 14, w<sup>hen</sup> in the former you took but 10.

If you had rather take it in a pill,  
 then take parts an ounce of straining finely  
 powdered, & drop 3, 4, or 5 drop of oyle  
 of vitrioll upon it, strain & incorporate it to  
 gether w<sup>th</sup> a wooden spatula, till it come  
 into a masse of pills; if 3, 4, or 5 drop be  
 not enough, take more, but be sure to take  
 as little as you neede must, for the oyle  
 of vitrioll will make it to grow continually  
 softer, & will overmaster it too much, if  
 the masse of pills, you may take 13 or 16  
 grains, at one time in 2 little pills.

## To make Gunne powder.

Take for a tryall a pound of salt peter, & a pound of brimstone, & half a pound of rolo, made of rolo wort stalkes, or pure burnt rolo of fine willow: if you will make it fine quickly, dry it first, then put them all together, & pounde them w<sup>th</sup> aqua vite, or wine, & good vinegar, till it be very moist, that you are about to make it into balles, then take a moale sine, & put it in, mooning it too & fro over a faire cleafe, & that will fall together in round, then dry it, & so shall you make good powder, or so few you may strow it, spread it upon a broad tray in the sunne, beinge got, that is very good, & in the summer the best time to make it in.

## To make Lute.

Take of the best & finest calke, to w<sup>ch</sup> add the droffe of iron, brought to fine powder, & the tention weightest assed, ground flax, & gorse dunge, & mixe these by art together.

## A Gargle.

Take brought wort, bramble buds, plantain leaues, red rose leaues, of each a handfull, floss, oxymor, rosemary, sage, of each a handfull, soles these in 2 quartes, & half a pinte of water, to a quart, then straine it & put to it 4 spoonefulls of honey, & boyle it well aynewe: gargle w<sup>th</sup> it often, warme, that is good for a sore throte.

## A pleasant water for linen.

Take 2 pounde of spike, ab many rose leaues,

a pound of roftmary, galls a pound of man-  
 lin, galls a pound of balme, 2 handfuls of  
 pomegranate, 4 sunned of mace, a quartlet of  
 a pound of arras, lay all these in cleare  
 wine, & put it into a pot close stopp'd, for  
 the space of 24 houres, & at the space of  
 your limbeck gause a fine linnen cleafe, into  
 w<sup>ch</sup>. put a graine of muske, & amber greene,  
 & rubings w<sup>ch</sup> lot the water dropp't, you may  
 also put into ye pot the powder of bayes.

For a staine in cloathes.

Take the water againe lavender cotton is  
 good; laye take away any spot or staine  
 in cleafe, or cloath, or other thinge, if the  
 stained place be m<sup>uch</sup> the grow<sup>th</sup>. probata est.

### A receipt to make the weagon salve

Take y<sup>e</sup> fatt of a het Beare, killed in y<sup>e</sup> time  
 of his Brownst in the winter & oiled thereof.

Take y<sup>e</sup> fatt of a wild Beare killed in the  
 brownst & oiled thereof. These 2 fatts must  
 bee melted together, upon a Soale fyre softly,  
 and being melted pour the same fatt upon  
 cleane water, then y<sup>e</sup> dropp't thereof will fall to  
 y<sup>e</sup> bottome, and y<sup>e</sup> water will swimme on y<sup>e</sup> top  
 of y<sup>e</sup> water, take y<sup>e</sup> same and dry it w<sup>ch</sup> a cleane  
 cloath, the other thes fatts shalbe y<sup>e</sup> better to  
 bee used. Take rayne wormes which cometh  
 out of y<sup>e</sup> ground after a shower of rayne,  
 either in Aprill or in May at y<sup>e</sup> new moon,  
 dry them in the sunne, then beat them to  
 powder, & oiled thereof.

Take bluestone

Take Bloudstone, beaten small to powder  
 & ounce thereof. Take 3 ounces of red sanders  
 the reddest thereof; Take Iron or Kings  
 hearth, the leane thereof beaten small to powder  
 one ounce. Take the mofe of a dead mans  
 skull, beaten to powder,  $\frac{1}{2}$  ounce all these are  
 to be weighed according to the order before, and  
 mingled together, then take  $\frac{1}{2}$  salt and sett them  
 upon a scale fyre, and let them with softly being  
 melted together then strew the powder upon  $\frac{1}{2}$  salt  
 and stir them together and lett it be cold and  
 be putt into some box, made of mettell and then  
 you shall have a strang and wonderfull salve w<sup>th</sup> will  
 never decay & older it is the better it is to be used.  
 If any man will heale w<sup>th</sup> this Salve, hee must  
 take  $\frac{1}{2}$  weapon, and putt it into  $\frac{1}{2}$  wound, and  
 make the some flesh to bleed and if it be a  
 thrust, then annoynt the weapon from  $\frac{1}{2}$  point  
 toward the hand; If it be a blow, annoynt from  
 $\frac{1}{2}$  Edge to the Backe of the same and then bind  
 the weapon very carefully, that noe dust come  
 unto it and bind it, in such sorte  $\frac{1}{2}$  salve be  
 not rubbed off; and being annoynted and bound  
 up in silken linnen, lett  $\frac{1}{2}$  weapon be layd  
 whether two hott nor too cold and att any hand  
 bind new linnen about  $\frac{1}{2}$  weapon,  $\frac{1}{2}$  hath not  
 bene used about a womans Body and when a man  
 doth annoynt  $\frac{1}{2}$  weapon, hee must not accompany  
 any woman, if hee do, hee must neither annoynt  
 the weapon, nor come next the same; and if  
 the wound be dangerous then lay the point of  $\frac{1}{2}$   
 weapon

weapon against the rising of <sup>the</sup> sume and amoynt <sup>of</sup> some  
~~one~~ cure in 4 or 6 dayes, not thick nor too thinn<sup>e</sup> and  
 bind <sup>the</sup> weapon w<sup>th</sup> some new linnen cloth, or else some  
<sup>th</sup> hath shot scint yf<sup>d</sup> about a womans body. If a man  
 will know whether there be danger of death in a man  
 wounded; Take Sandell and Bloudstone and strew it on <sup>the</sup>  
 weapon and the weapon will heat, if it smelt water,  
 then it is a signe of death, if the sweat be red like  
 bloud, then there is no danger, but a signe of healing  
<sup>of</sup> wounded must keepe a good dyett, both for eating  
 & drinking, and keepe not company w<sup>th</sup> women, and the  
 wound must be washed w<sup>th</sup> a man's ly<sup>e</sup> 2 or 3 tymes  
 a day w<sup>th</sup> a feather to wash out <sup>the</sup> corrupted matter, and  
 then dip in a running water w<sup>th</sup> a peece of linnen cloth  
 and wring out <sup>the</sup> water and lay the same linnen  
 cloth upon the wound w<sup>th</sup>out putting in of any tent  
 to <sup>the</sup> wound but it muste so drye; (by Gods helpe) and it shall  
 be whole in 14 dayes w<sup>th</sup>out putting the party wounded  
 to death paine smart or swelling. If the party wounded  
 chaunce to misorder his body and thereby <sup>the</sup> wound to rage, and  
 grow fyre, then take <sup>the</sup> leaved of blacke bramble bryer, put  
 them in vinegar w<sup>th</sup> a little Allome and boyle them together  
 and then bynd upon the aforesaid linnen cloth w<sup>th</sup> layed on  
 the wound, and the party hurt shall finde eade penyty  
 of his smart or paine. If a man be shot w<sup>th</sup> a Bullett  
 and can gett bullett therofe the same an other  
 weapon or if that rye bullett be putt out of the  
 body, then amoynt the knife or instrument so farr  
 as the same hath betne in the wound and by  
 Gods helpe, it shall both helpe and heale; if the  
 bullett be not to be had, then take <sup>the</sup> powder  
 wherew<sup>th</sup> the powder was putt into <sup>the</sup> peece and  
 amoynt it upwardes 2 or 3 tymes very well,  
 and

And then putt it often into y<sup>e</sup> Gumme that  
yt may bee well annoynted w<sup>th</sup>, and bind  
yt as aforesayd, then take y<sup>e</sup> Gumme and an-  
noynt it on y<sup>e</sup> outside along, as far as y<sup>e</sup> bullet  
went into y<sup>e</sup> place where it lay, and then bind  
it as aforesayd.

If a man bee hurt, and another man run  
away w<sup>th</sup> y<sup>e</sup> weapon; then forme a piece of wood  
like y<sup>e</sup> weapon, then renew y<sup>e</sup> wound w<sup>th</sup> y<sup>e</sup> same  
wooden weapon that it bleed, then wipe off  
the blood, and annoynt y<sup>e</sup> same aforesaid  
and by Gods helpe it will heale any hurt.

In the same manner may a man heale any  
old hurt or soare lett them bee of what  
kind soever if they bee open soares, I praye  
the old soare w<sup>th</sup> an instrument made of wood  
untill y<sup>e</sup> blood come then use the sayd  
instrument as aforesaid.

To stay blood, take y<sup>e</sup> Masse of a dead  
Mans head or skull and lay yt upon  
the wound y<sup>e</sup> bleed and it will stay  
bleeding presently. It is good to doe so  
before yo<sup>u</sup> annoynt y<sup>e</sup> weapon, and the  
parted hurt must <sup>not</sup> haue y<sup>e</sup> weapon untill  
hee bee whole and sound for if hee doe  
meddle w<sup>th</sup> the weapon hee will fynd much  
paynt and smart.

Tho: Styles L<sup>rd</sup> Author

An Alphabetical Index of all  
the Receiptes contained in  
this little Volume.



A C H.

- For an Ach. 1. 5. 7. 8. 21. 98. 100. 124. 127.  
141. 142. 147. 159. 191.  
A pretious oymment for all Aches. 1. 4.  
For all invurable Aches. 7.  
For Ach in the gums. 6.  
For Ach in the good. 3. 6. 157.  
For the good Ach heat continuob. 77. 78. 84.  
For any Ach of the good except y<sup>e</sup> pop. 77.  
For the good Ach in an ague. 149.  
For ure or swelling in the foote. 146.  
For Ach in y<sup>e</sup> foote by traailing. 134.  
For Ach or swelling in the kneeb. 137. 170.  
For Ach regard not swelling ib. 3.  
For Ach in the stomack. 20.  
For Ach of the toole. 1. 2. 3. 5. 94. 157.  
158. 173.

A G O.

For one in the Agony of Death. 190.

A G V.

For an Ague. 10. 115. 133. 148. 149. 158. 192.

## A G V.

For a burninge Ague. 11. 130.

For the Ague in the breast. 10.

For the Ague by floame 135.

For a longe Ague. 11.

For the essentiall Ague. 11.

For a quartane Ague. 148.

For a tertian Ague. 100. 146.

For the speaking Ague. 9. 158.

## A N T.

For the Obsequies for. 49.

## A P O

For all Apostumes in the eares. 49.

## A P P.

To procure an Appetite. 8. 112.

## A R T.

For a paine or gardne of Arteries. 142.

## B A C.

For sores in the Back. 160.

For paynes in the Back. 13. 4. 82. 160.

For wealens in the Back. 160.

## B E L.

For gnawing in the Belly. 145.

For paynes in the Belly. 13. 135.

## B I T.

For Biting of a mad dog. 151.

For Biting of any venomous beast. 14. 15.

For all Bitings w<sup>th</sup> venomous beasts or mad  
Dogs. 48.

For Bitings of snakes or vipers. 15. 117. 141.

## B L A.

For a black or blew face w<sup>th</sup> a blew. 159.

B L E.

- To stauing Bleeding at the nose. 159.  
To stauing Bleeding in any place, but  
the nose. 13.  
To stauing Bleeding of a wound. 159.

~~B L O~~ B L O

- To stauing Blood. 12. 15. 16. 101. 102.  
103. 115. 117.  
To stauing the Menstrual Blood. 134.  
For the preservation of the Blood. 190.  
For the loss of the Blood. 13. 107. 122. 138.

B o

B O D.

- For griefs of the Body. 19.  
Against all evils of the Body. 17.  
To rule & purge the Body. 17. 18.  
For a rotten Body. 20.  
For weakness of the Body. 17.

B O N.

- For broken Bones. 19.  
To make putrified Bones fall away  
in scalds. 20.

B O O.

- To keep Books from rotting. 20.

B O T. B O Y.

- For Batches or Boyles. 106. 131. 132.  
To ripen & heal a Batch, Boyle or any  
Sore. 16.  
For a Boyle that is rotten & breaks not. 16.  
To resolve a Batch, Boyle, or Swollen in  
the beginning. 131.  
For a Boyle in any part of the body. 48.

B R A.

- For the Braine. 20.  
 Against Diffillation of the Braine. 78.  
 For remotion of the Braine fix want of the. 80.  
 To strengthen the Braine. 192.

B R E.

- For softness of Breath. 142.  
 For a stinking Breath. 62. 192.

B R E

- For the Breast. 109.  
 For a sore Breast. 12. 110. 111. 112. 160.  
 For a lump in a woman's Breast. 111.  
 For a gland of woman's Breasts after  
 they be brought to bed. 110.  
 For swelling in the Breast. 110.  
 For a Cancer in the Breast. 22.  
 For an Empyema in the Breast. 110.  
 For a raw Breast. 112. 113.  
 To cure a sore Breast, brought incurable. 20.  
 To purge milk from the Breast. 104.

B R O.

- For one leg is broken. 53. 128. 137.

B R V.

- For a Bruise. 20. 21. 142. 147.  
 For an outward Bruise. 20.  
 For all manner of Bruises. 143.  
 For a Bruise in the face. 82.  
 For a Bruise in the leg. 114.  
 To cure a Bruise. 161.  
 For Bruised Stones. 159.

B V N.

For the Bunnings. 101.

B V R.

To cure a Burne. 21. 133. 134. 140. 141.

To cure a Burne, all young, w<sup>th</sup> Gun-powder.  
48. 159.

C A N.

For a Canker, or, Hallow. 22. 48. 115. 126. 132.

133.

For all manner of Cankers. 4.

For a Canker in the body. 22.

For a Canker in the breast. 22.

For a Canker in the eye. 30.

For a Canker in the mouth or face. 22. 114.

For a Canker in an old sore. 22.

C A T.

For a Catarre. 106.

C H E.

For swelling in the Cheekes. 108.

To procure Cheerefullnes. 45.

Ch.

For Chill bleanes. 26.

C H O.

For Cholter. 11.

C O D.

For swelling in the Coddles. 137. 143. 46.

C O L.

- For the Collick. 8. 23. 94. 95. 118. 119. 120.  
 123. 124.  
 For the mind Collick. 17. 23. 24.  
 For the stone or wind Collick. 23. 24.  
 For the Collick and stone. 161.  
 For the Collick in the spleen or liver. 135.  
 For a Cold or Cough. 25.

C O O.

- To Coole and purge the body. 17. 18.

C O N.

- For a Consumption 25. 160. 186. 193.

C O R.

- For Cornes in the foot. 49. 67.

C O S.

- For Costiveness. 26.

C O V.

- For a Cough. 24. 109. 110. 111. 115. 117.  
 122. 162. 191.  
 For an old Cough. 142.  
 For a perilous Cough. 24.  
 For a straine with a dry Cough. 171.  
 For the Cough of the lungs. 162.  
 C. R. A.  
 To put away the Crampe. 163.

C V J.

For a Cut. 65. 66. 153. 161.  
For all sort of Cuttes. 48.

D E A.

For Deafnes. 27. 28. 39. 96. 163.  
To save out Dead floss. 26. 124.

D J E.

An excellent Diet dimbo. 26.

D J S.

For inward Diseases. 191.  
Against pestilentiall Diseases. 192.  
To ease Digestion. 28. 112. 193.  
For Distillation of the Urine. 135.

D R O.

For the Dropsey. 27. 28. 100. 117. 120. 121.  
133. 140. 144. 191. 192. 130.  
For the wet Dropsey. 27.  
For Droufines. 36.  
For wet or cold Dropsey. 130.

D R V.

To annoy Drunkennes. 28.

E A R.

Pomdis for the Eares. 96. 97. vide Deafnes.

## E A R.

- For all fistulad in t<sup>he</sup> Ear. 49.  
For a noyse or rumbling in y<sup>e</sup> Ear. 27. 29.  
For payne in t<sup>he</sup> Ear. 27.  
To bring any quist being out of y<sup>e</sup> Ear. 163.  
To kill a worme in t<sup>he</sup> Ear. 49.

## E M P.

- Emplastrum Jacobi. 153.  
Emplasters temperate. 152.

## E M R.

- For t<sup>he</sup> Emroids or piles. 32. 50. 51. 131. 138. 168.

## E Y E.

- For all sores in t<sup>he</sup> Eyes. 29.  
To take away from t<sup>he</sup> Eyes any blood  
or redness. 30.  
For a Cariker in t<sup>he</sup> Eye. 30.  
For sore Eyes. 30. 157. 174.  
For sore Eyes that burne out. 30. 31.  
For sore Eyes, inflam'd, or agunitishe  
with redde water that they cannot open. 49.  
For a redde sore in t<sup>he</sup> Eye. 31.  
To loose hard gumme from y<sup>e</sup> Eyes. 29.  
For blood Bottom Eyes. 29. 30.  
For gumme in t<sup>he</sup> Eyes. 157.  
For an gumme flowing to t<sup>he</sup> eyes. 92.  
To remove spotted in t<sup>he</sup> Eyes. 168.  
To close t<sup>he</sup> Eye sight. 29. 30. 88. 90. 91.  
92. 300. 174.  
For dark Eyes. 88. 92.  
For a pinne, mob, or pocke in t<sup>he</sup> Eye.  
31. 32. 88. 90. 91. 168.

E V E.

- for bleared Eyes. 30. 90.  
 To quinton the Eye sight. 92.  
 for payne in the Eyes. 93.  
 for many Eyes. 30. 31. 91. 93.  
 for Eyes that are redde. 94. 95.

F A C.

- for a pimpted Face. 37.  
 To take Rednes out of the Face. 101. 144.  
 To take any blot or rednes of the Face. 30. 37.  
 To take spotted out of the Face. 102.  
 To make the face faire. 102.  
 for the Face black & blow w<sup>th</sup> a blow. 159.  
 To make a good colour in the Face. 100.  
 145. 190.

F A L.

- for the Falling Sicknes. 34 ~~87~~ 94. 83. 85.

F A T.

- To make a lean body Fatte. 113.

F E A.

- for a burning Feauer. 32. 33. 130.  
 for the spotted Feauer. 33.  
 for a tertian Feauer. 100.

F E E.

- for breaking out or swelling of the Feete. 48.  
 for any or swollon Feete. 140. 146.  
 for any plors in the Feete or  
 Gands. 117.

F F L.

For a Felton. 34. 99. 115. 144. 169. 170.  
To resolve a Felton in the beginning. 131.

F J F

For C<sup>t</sup> Antagonist Fier. 49.

F J S.

For a Fistula. 36. 87.

For a Fistula be it neuer so great. 48.

For all Fistulas in the ear. 49.

F L A.

For pagne in the Flanke. 124.

F L E.

To breake Fleame. 35. 59.

To consume Fleame. 34. 83. 84. 85. 94. 190.

To cause one to weede Fleame. 11. 35.  
126. 147.

To ingorder Flesh. 104.

To cate out dead Flesh. 26. 124. 126.

To draw wood or iron out of the Flesh. 171.

For superfluous flessh betwixt the fingers. 49.

F L O.

To stay the Flowers of woman. 115. 163.

To breake the Flowers. 163.

To prouoke the Flowers. 8. 134. 137. 138. 140.

F L V.

To stay the Flux. 8. 118. 119. 145. 146.

For the bloody Flux. 35. 36. 120. 164.

To stay the Flux of urine. 136. 139. 140.  
145. 146.

F O R.

For Forgetfulness. 36.

F R E.

For Freckles. 49.

F R V.

to make a woman Fruitfull. 130. 191.

G A N.

for the Gangrene plentifully applyed. 49.

G O M.

for the Gomery passion. 97.

G O V.

for the Goute. 37. 100. 105. 123. 127. 164. 196.

for all manner of Goutes. 126. 134.

for the Goute in the ioynts. 127.

for the cure or payne of the Goute. 1. 37. 114. 129. 94.

G R A.

for Grauell. 58.

G R E.

for the Greene sicknes. 40. 116. 167.

G V M.

for to gale eggs in the Gumes or lips. 123.

H A I.

to take away Haire. 38.

to make Haire grow againe neuer any more. 38.

H A N.

for the Hands that are ruffled. 160.

for inflamed Hands. 124.

for spotted Hands. 140.

to make the Hands white. 164.

for blisters in the Hands or feet. 117.

H E A.

<sup>page in</sup>  
For Age Head ~~arg.~~ 38. 80. 81. 82. 83. 84. 86.  
96. 114. 115. 143. 157.

For Age Head arg. 3. 6. 7. 77. 84.

To loose Age Head. 197.

For dazling of Age Head. 39.

For an old muoderate grieife of Age Head. 79.

For paines of Age Head. 78.

To cure a sore Head. 39.

To draw Age Head. 39.

To purge Age Head. 38.

For a bruis in Age Head. 82. 85.

For grieife in Age Head gndring Sleepe. 79.

For a great Heate. 8. 99.

For Heate of Age bart. 14. 160.

For Age Hearinge. 39.

To comfort Age Heart. 193. 197.

For Age Heart burninge. 39. 190.

For trembling of Age Heart. 166.

For straitnes at Age Heart w<sup>ch</sup> is cold. 39.

For swelling at Age Heart. 144.

H V M.

Against all ill Humours w<sup>ch</sup> are scower  
in Age Body. 112.

For all moyst Humours. 157.

For an Age Humour in Age legge. 143.

J A V.

For Age Jaundies. 39. 40. 94.

J A V.

- For the black Jaundies. 39. 164.  
 For the yellow Jaundies. 39. 40. 94.  
 For both black & yellow Jaundies. 40. 192.

J M P.

- For an Impostume. 8. 11. 104. 106. 132. 126.  
 To cure an got Impostume. 150.  
 For all manner of Impostumes. 4.  
 To ripen an Impostume. 41.  
 To break an Impostume. 20. 41.  
 For an Impostume in the body. 41.  
 For an Impostume in the lungs & stomach. 41.  
 For Impostumes, proceeding of bruis<sup>es</sup>. 48.  
 For an Impostume in the face. 23.

J N F.

- For an Inflammation. 117.  
 For Inflammations proceeding of bruis<sup>es</sup>. 48.

J O V.

- For the Joyntes. 126.  
 For payne in the Joyntes. 7.

J T C.

- For the Titch. 42. 134.  
 For Titch in the good. 78.  
 For all Itches in the good. 48.  
 For all Itches, although in the fundament. 49.  
 To kill the Titch in the leg. 151.

J V O.

- For the falling of the Testicles. 40. 121. 164.

K E R.

For Kernells in the Throats. 106.

K I B.  
For Kibes. 26. 43.

K I N.  
For the Kinges Quill. 48. 105. 106.

K N E.  
For any or swelling in the Knees. 42. <sup>141.</sup> 137.

K N O.  
For Knottes in the fless & arteries. 116.

L A B.

For a woman in labour & wants to proceed. 68.

L A M.  
For one that is taken Lamme.

L A S.  
For a Laske. 43. 44. 118. 119. 129. 135.  
138. 193.

L E G.  
For all manner of inflammations in the  
Legges, Liuer, or Gands. 124.

For an yot tumour in the Legge. 143.

To take away rednes in the Legge. 144.

To cure an old sore Legge. 151.

To kill an itch in the Legge. 151.

For swelling in the Legges. 42.

For breaking out, or swelling of the Legges. 48.

For swelled legges proceedings of  
dysentery. 48.

L E P

Co cure a Leper. 104.

L T G.

Co open the Lightes. 44.

L T C

Co kill Lice. 78. 84.

L T K

Co professe one in good Likeing. 191.

L T P.

Co heale woxes in y<sup>e</sup> Ligges or gumes. 123.

L T T

How the Lithargy. 123.

L T V.

Co comfort the Liuer. 193.

Co cleanse the Liuer. 165.

How the Liuer is washed. 165.

Co golpe faulte in the Liuer. 28.

L O O.

Co make one Loofe or Laxative. 61. 135. 149.

L O Y.

How payne in the Loynes. 82.

L O Z.

Co make Lozenges. 165.

L V N.

How one that is Lunitike. 85.

L V N.

How the Lunges that are poyssed. 190.

M A T.

For payne in the Matrix. 82. 133.

For dry ruine in the Matrix. 117.

M E A.

To raise the Meazles to some forty. 45.

M E G.

For the Megraime. 44. 78. 96.

M E L.

Against Melancholly. 80. 103. 113. 116.  
166. 190. 192. 197.

To purge Melancholly blood. 197.

For Melancholly proceeding from the Spleene. 167.

M E M.

For swelling in the Members. 46. 137. 143.

To preserve the Memory. 190.

M E N.

To procure the Menstrues. 134. 137.  
138. 140.

M I L.

To raise roo-mand Milke to increase. 110. 111.

For stopping in the Milt. 45.

M I R.

To raise Mirth & rejoynfullnes. 45.

M O R.

For the Morpew. 45. 100. 101. 102. 165. 40.

M O T.

For the Mother. 134. 145. 166.

To remove the Mother or Spleene. 166.

To enlarge the Mother. 166.

M O V.

- For a sore Mouth. 121. 166.  
To procure the Mouth sound. 103.  
For Swallowing in the Mouth or tongue. 121.  
For a great foet in the Mouth. 46.

M V R.

- For the Murry, or tongue. 24.

N A T.

- To restore Nature. 167.  
To comfort the Naturall parts w<sup>th</sup> in. 197.  
To stay the running of mans Nature. 139.

N A V.

- For the Naueil, to come out. 135.

N A V.

- For superfluous flesh growing  
between the Nayles. 49.

N E C.

- For quicke in the Neck or good. 83.

N E R.

- To comfort the Nerves. 147.

N O S.

- For bleeding at the Nose. 12. 16.

O N C.

- For an Oncome. 46.  
To assuage the swelling of an Oncome. 46.

O P P.

For Oppilations of the face. 11.

O X J.  
The vertue of Oximell. 148.

P A L.

For the Paluesy. 50. 168. 190. 191. 192. 192.

For the dead Paluesy. 50.

For the Paluesy in the hands. 50.

P L E.

An excellent p<sup>r</sup>formation in the Plague  
time to keep it or expell it fro<sup>m</sup> the house. 48.

P A Y.

For any Payne. 21.

For a Payne in the bart. 13. 14. 160.

For a great Payne in the bart. 13.

For Payne in the gums. 6.

For Payne in the ioynts. 7.

For Payne in the side. 62. 63.

P E R.

For a Perle, Linne, or mod in the eye. 31.  
32. 88. 89. 90. 91. 168.

P E S.

For the Pestilence. 47. 48. 122. 192.

P I L.

For the Piles or Hemorrhoids. 50. 51. 131. 168.

P I M.

For a Pimpled face. 37.

P I N.

For a Pinne, in the eye. Vide perle.

P J P.

To open the Pipes, & break floame. 35.

P J S.

How to open that cannot Pisse. 133. 136.

To make one Pisse freely. 51.

How to open that Pisse in bed. 93. 136.

P L A.

How to cure Plague. 117. 122. 168.

A preservative against the Plague. 49.

How to cure Plague, when the sign is. 48.

A preservative & curative against the Plague. 46.

An excellent preservative in the Plague  
time, to expell it from the pores. 49.

Plasters very temperate. 152.

P L V.

How a Pleurisy. 23. 121. 125. 141. 142.

P O X.

To cure the Pox to some forty. 45.

How to cure small Pox, when they be full out. 169.

To kill the Crimo Pox. 134.

P O Y.

How one that is Loysoned. 52.

P R T.

To skime the Trium plant, if it be gone. 168.

P V R.

To Purge & cool the body. 17. 18.

P V S.

How any Rush, or boyle, in any part  
of the body. 48.

R I N.

for Rankling in an ague. 120.

R E I.

for payne in the Reines. 82. 123. 124.

for unning of the Reines. 55. 129. 169. 26.

for the stone in the Reines. 126. 133. 169.

to strengthen the Reines. 146.

for the Reines that are got. 118.

R E S.

A Restaurative. 125. 189. 192.

R H V.

for cold Rhume in the head. 122.

for Rhume in the eyes. 157.

for dry Rhume in the matrix. 117.

for the Rhume. 52. 53. 86. 107. 114. 122. 157. 190.

R I B.

to ease the payne in the Ribbes, Reines, & Spleene. 123.

R I C.

for the Rickets. 54.

R I N.

for a Ringe worme. 48. 132.

R O S.

the vertue of Rosemary. 55.

R V P.

for a Rupture. 53. 128. 137.

for a Rupture in the skull. 79. 83.

S A L.

To make a grooms Salve. 152.

S C A.

For Scabbes. 42. 48. 104. 132. 141. 143.

For all Scabbes in the head. 48.

For the popple Scabbe. 48.

For Scabbes in the head, & to kill the Thrushes. 78.

For a Scald. 21. 134.

S C I.

For the Sciatica. 61. 127. 143. 147.

S C V.

For a quife in the Scull. 79.

For the Ruyhus in the Scull, or the Surt. 79. 83.

S H I.

For the Shingles. 133.

S I D.

For the Side. 11.

For a payne in the Side. 62. 63. 125.

S I G.

To clear the Sight. 88. 90. 91. 92. 100. 174.

To quiten the Sight. 92.

For weaknes of the Sight. 197.

S I N.

For the paines of the Sinewes. 123.

For contraction of the Sinewes. 191.

For the Strunken Sinewes. 60. 150.

To strengthen the Sinewes. 8.

For a pinte in the Sinewes. 60.

S L E.

To provoke Sleepe. 60. 61. 101.

To make one slender. 61.

S O L.

To make one Soluble. 61. 135. 149.

S O R.

To cure all sorts of Sores. 20. 65. 171.

For a Sore that will not heal. 172.

To cure all Sores and quifol if they  
bone be not hurt. 48.

For old Sores. 87. 104. 126. 139. 151.

For rotten Sores. 87. 105. 117.

To break a Sore. 151.

For a Sore in the breast. 160.

For a Sore mouth. 165.

To get wood or iron out of a Sore. 66. 171.

For all Sores possible to be cured. 149.

For rantling of an ague Sore. 120.

To cleanse a Sore. 114. 172.

S P J.

For the vital Spirittes. 191.

To revive the Spirittes. 197.

To strengthen the Spirittes. 193.

S P E.

To recover the Speech lost by sickness. 85.

S P L.

For the Spleene. 45. 61. 101. 117. 123. 125. 140. 192.

To cleanse the Spleene. 61.

To remove the Spleene. 166.

## S P O.

Co venoms Spotts from y<sup>e</sup> eyes. 168.

## S Q V.

For the Squinny. 59. 102. 106. 117. 172.

For all Sorts of Stabbes. 48.

Co Staunch y<sup>e</sup> bleeding of a wound. 159.

Co staunch bleeding. vide bleeding; blood.

Against Sterrility of a woman. 130.

## S T J.

For Stingeing. 15.

For Stingeing of wipers, shalob<sup>h</sup>. 15. 117. 141.

## S T O.

For Stopping in the Throat. 121.

For a Stitch. 63. 125. 142. 144. 159.

## S T O.

For the Stomacke. 8. 109. 112. 120. 121.  
147. 170. 190. 191. 193. 196.

For rodeness of the Stomack. 103. 113. 122. 171.

For y<sup>e</sup> Stomack payne w<sup>th</sup> heat burning. 58.

Co break flegme out of y<sup>e</sup> Stomack. 59.

For ay<sup>e</sup> in the Stomack. 20.

For rodeness of the Stomack. 13.

For payne in the Stomack. 135.

Co Dissolve wind in the Stomack. 149.

For the Stone. 56. 57. 58. 119. 147. 173.

Co break the Stone. 57. 147.

## S T O.

To know if y<sup>e</sup> Stone be in y<sup>e</sup> bladder or wombe. 147.

For the Stone in the wombe. 133.

For the Stone in the bladder. 56.

For swelling of y<sup>e</sup> Stones or members. 46.

For y<sup>e</sup> Stones y<sup>e</sup> awne briefed. 159.

For Stopping in the throat. 121.

## S T R

For a Straine w<sup>th</sup> a dry rough. 171.

For the Strangury. 133.

For Straitnes of winds. 62.

To make one lustye Stronger y<sup>e</sup> is weaker. 115.

## S V R.

For a Surfet. 63. 171.

## S W E.

For one that Sweates much. 170. 192.

For Swelling. 63. 88. 126. 132. 170. 95.

For all Swelling w<sup>th</sup>at lower. 129. 143. 170.

For Swelling in the throb. 137. 143.

For any or Swelled glands or foot. 140. 146.

For Swelling at the throat. 144.

For Swelling in the glands. 133.

For any or Swelling in y<sup>e</sup> throat. 137. 141. 170.

For Swelled legges proceeding  
of deafnes. 48. 171. 172.

## T E E.

To keep the Teeth from rotting. 173.

For rotted Teeth. 64.

To fasten loose Teeth. 107.

To mitigate the pain of widdow Teeth. 107.

To bring widdow Teeth forth easily. 108. 123.

To make tooth rots. 107.

For the Tooth-ach. 1. 2. 3. 5. 6. 7. 94. 105. 107.  
109. 111. 112. 122. 127. 157. 158. 173.

For all manner of Tooth-ach. 1.

To make a Tooth fall out. 64.

## T E T.

For a Tetter. 48. 63. 132. 134.

## T H T.

To quench the Thirst. 114. 134.

For the pestilential Thirst. 192.

To draw a Thorne out of the flesh. 8.

## T H R.

For any inflammation in the Throate. 117.

For a sore Throate. 108. 123. 173. 200.

To break a sore in the Throate. 108.

For a woman in travails, that wants to  
throwes. 68.

For all Thrushes with razor or dagger. 48.

## T J M.

For a Tingany. 64.

## T J S.

For the Tifick. 64. 99. 121. 142. 162.

T O E.

For Superfluous floss, growings betwixt  
the fingers & toes. 49.

T O N.

For Scurves in the Tongue or mouth. 121.

V A I.

For Reimbring of the Vaines. 60.

Co strengthon the Vaines. 8.

V E N.

For botches or sores caused by Venery. 48. 49.

Co draw forth Venome. 151.

For the cure of any Venomous thing. 48.

V F R.

For the disease called Vertigo. 80. 81. 197.

Co to preserve the Visage, or face. 190.

V I T.

Co comfort the Vitall spirits. 191.

V N G.

Unguentum farodi. 153.

V O M.

A Vomit. 173.

Co provoke vomiting. 121.

Against Vomiting. 107. 135.

W O V.

- A magic salve for a Wound. 65.  
To soles & comfort a Wound. 65.  
For a grievous Wound, or sore. 66.  
To staunch the bleeding of a Wound. 159.  
To heal all Wounds in a short time. 162.

Y A R.

- For tumours in the Yard. 49.  
To spout a water into the Yard, to  
soles & cleanse &c. 68.

Y O V.

- To preserve Youth. 190. 191.
- 

Cure for Rheumatism - 70 page

The Second Index.  
Alphabetically.

B.

- To make good Bisket. 182.  
To make artificial Balme. 183.

C.

- To make port fruit Cakes. 182.  
To Clarify, & refine, Sugar. 194.  
To make all manner of Confeits. 180.  
To make Conserue of barberries. 176.  
To make Conserue of quinces. 175.  
To make Conserue of greene Walnutt. 176.  
To make Conf. of roses, or any flowers. 176.  
To make Conf. of rosemary flowers. 176.

D.

- To Dresse oranges. 179.  
To Dresse peaches w<sup>th</sup> w<sup>h</sup>ite. 179.  
To Dresse plummes either bl<sup>ack</sup> or yellow. 180.

## G.

- To make a Gurgle. 200.  
 To make Ginger-bread. 200. 181.  
 To make Gratia dei, a plaster. 195.  
 To make Gunne-powder. 200.

## H.

- To clarify Honey. 194.  
 To make Honey-of-roses. 193.

## I.

- To make Icy Jelly. 185.  
 To make Jelly of galls green. 186.  
 To make white or other coloured Jelly. 186.

## L.

- To make Lozings. 165.  
 To make Lute. 200.  
 A pleasant water for Linen. 200.

## M.

- To make Manus-christi. 195.  
 To make dry Marmelad of peargob. 178.  
 To make red Marmelad. 178.  
 To make white Marmelad. 178.  
 To make Melguorum, or quod mel. 196.

## O.

- To make Oyle of anniseeds. 197.  
 To make Oyle of Cloves. 197.  
 To make Oyle of Exiter. 196.

## P.

- To Preserve barberries. 177.  
 To Preserve cherries. 177.  
 To Preserve damsons, or Apron plums. 177.  
 To Preserve quinces. 177.  
 To make Pompileon. 195.  
 To make severall Purges. 198. 199. 95.

## S.

- To make Sugar plate of quinces, roses,  
 violets, or any other such like. 181.  
 To make Syrop of endive. 184.  
 To make Syrop of myntes. 185.  
 To make Syrop of roses. 183.  
 To make Syrop of rosemary flowers. 184.  
 To make Syrop of saffron. 184.  
 To make Syrop of tyme. 184.  
 To make Syrop of violets. 183.  
 To make Syrop of worme wood. 184.  
 To make Syrop of the rind of oran-  
 ges and limons. 182.  
 For a Staine in cloathes. 201.  
 For stayned + cleatjes or mouldy. 200.

V.

℞ Vomit. 173.

W.

- ℞ to make amigd water. 189.  
℞ to make aqua composita. 187.  
℞ to make aqua vita. 187.  
℞ to make strong aqua vita. 187.  
℞ to make aurum potabile. 193.  
℞ to make balme water. 189.  
℞ to make Ipcras water. 188.  
℞ to make water of life. 191.  
℞ to make aqua mirabilis et preciosa of  
wonderfull vertue. 190.  
℞ to make rosa solis. 189.  
℞ to make Doctor Steuens water. 191.  
℞ to make worme wood water. 188.  
℞ to make worme wood wine to drinke. 193.  
℞ pleasant water for linen. 200.

Finis.

An excellent receipt to make a  
grend ointment for the  
p

Take speere mint Camomile worm  
wood rose mace balm lauender  
Doffor and ayromony of stiches  
two a great handfull 2. of  
pisse butter out of the Oxen set  
the butter to melt on the fire and  
stampe the oareb then put them in  
one quarter of an eumer of mace  
Redd boyls then some will be  
take an ounce till it seth yfoure  
upon a soft fire then set it  
thick and <sup>suble</sup> it out from the fire  
then set the pudrest pt on the fire  
againo & strain it. then ye may keep  
it for your use all the yeare.

To make the black salve for the  
for the blacke before mentioned

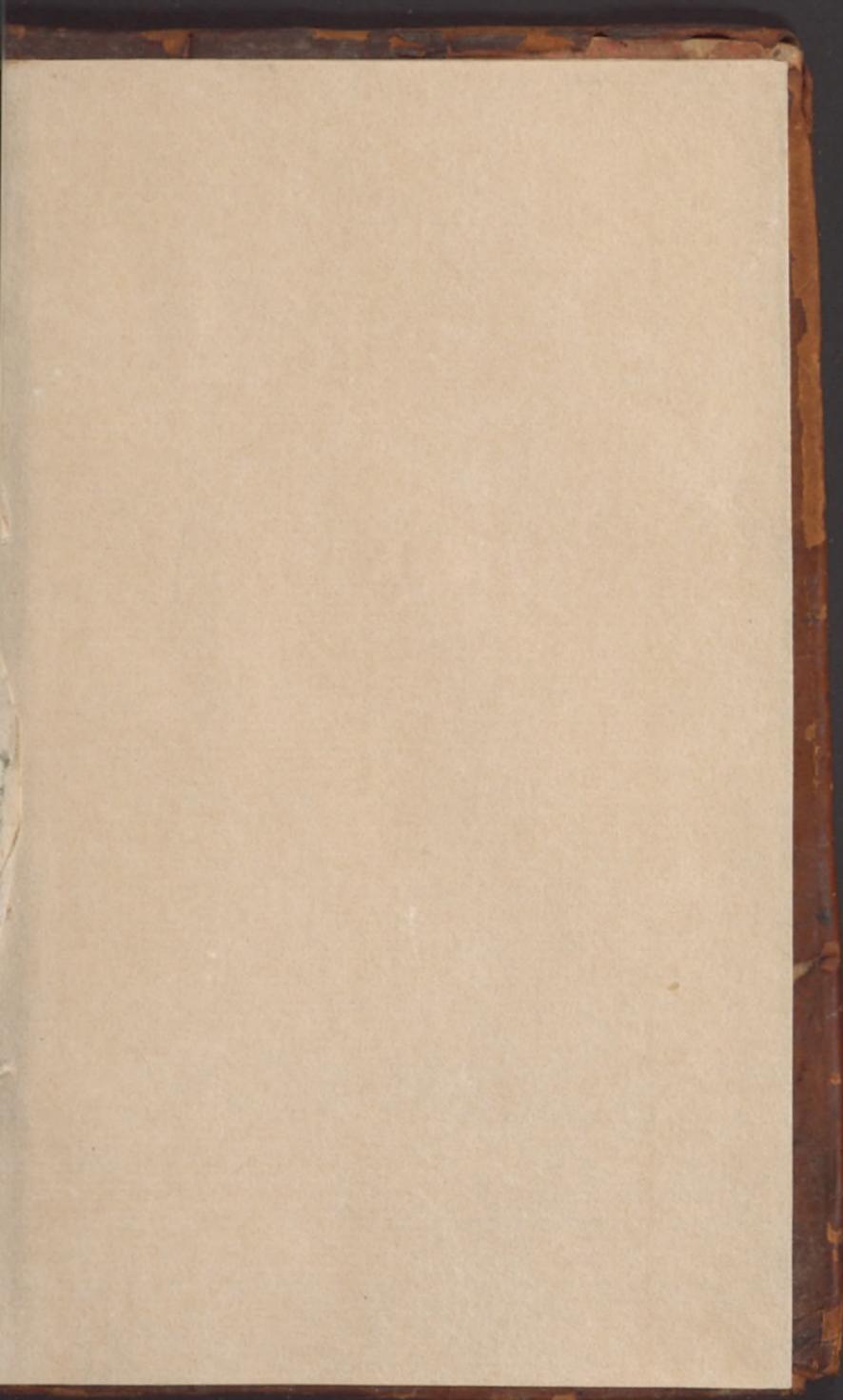
Take a pint of the best salte oyle of  
of red led. w<sup>ch</sup> may be of resin. w<sup>ch</sup> may be  
w<sup>ch</sup> may be upon the fire put in the  
then keepe it stirring till it be as  
as pitch then put into it 2 cuppes  
bees wax & let it boyle 6 or 7  
let it be a little then put it into a

after y<sup>e</sup> laue acynotted by y<sup>e</sup>ts  
 pained. w<sup>ch</sup> is trased in w<sup>ch</sup> y<sup>e</sup>ts  
 y<sup>e</sup>uen eye at myght w<sup>ch</sup> y<sup>e</sup>ts go to bed  
 by next morning before the fire  
 draw downe w<sup>ch</sup> y<sup>e</sup>ts finger a  
 drop or 2 of oyle of ambr<sup>e</sup> upon  
 the plate most pained. then lay  
 on your plaster made of the plate  
 salve & lett it by till it fall off

- 1 pound of white lode
- 1 pound of vnde lode
- 2 pound and a halfe of  
 fallett oyle 12 ounces  
 of cassell sope

MS  
 B  
 119

M



a  
7  
D  
S  
S  
o

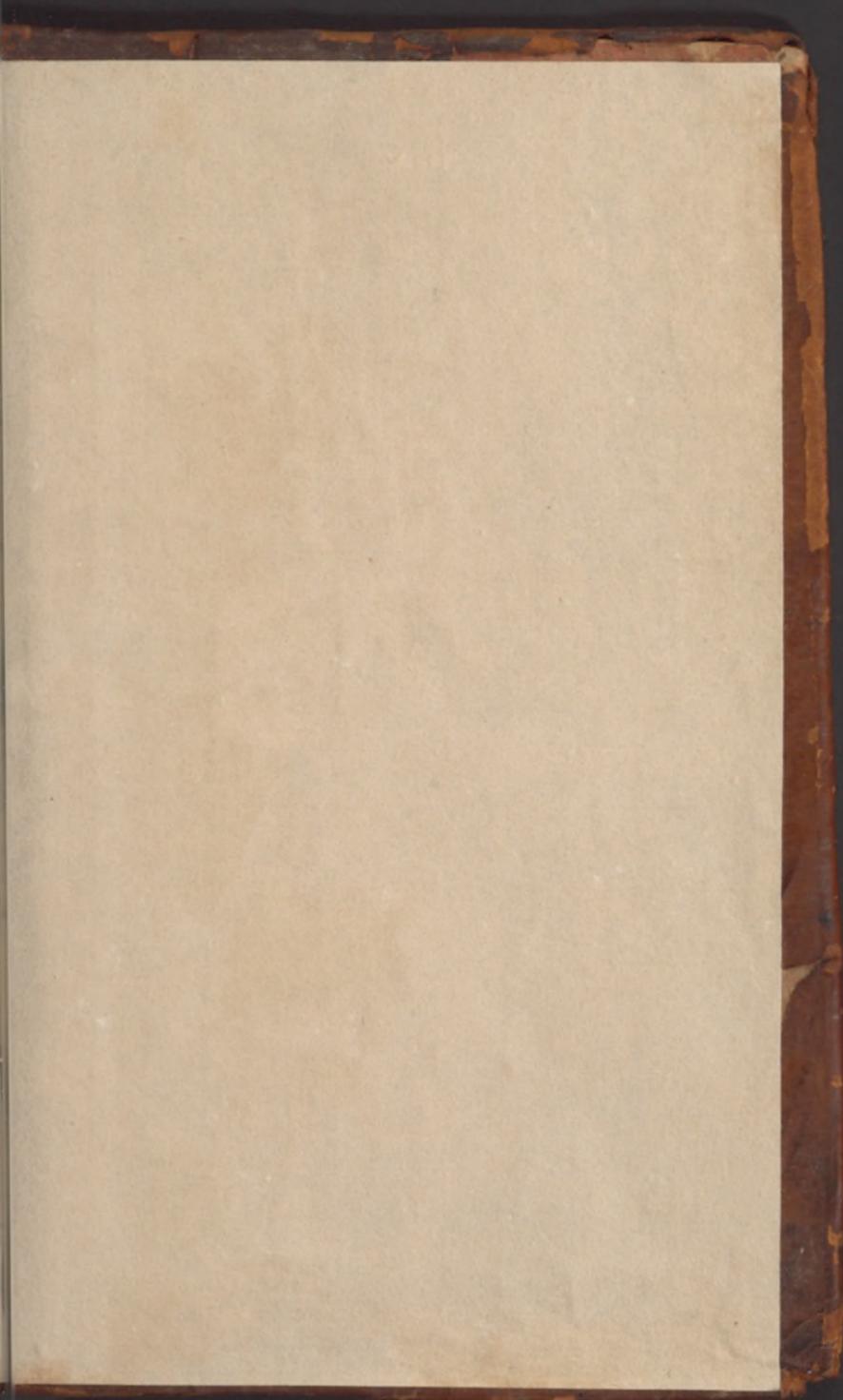
1

1

2

f

o



R C