



J. W.  
March 5, 1885

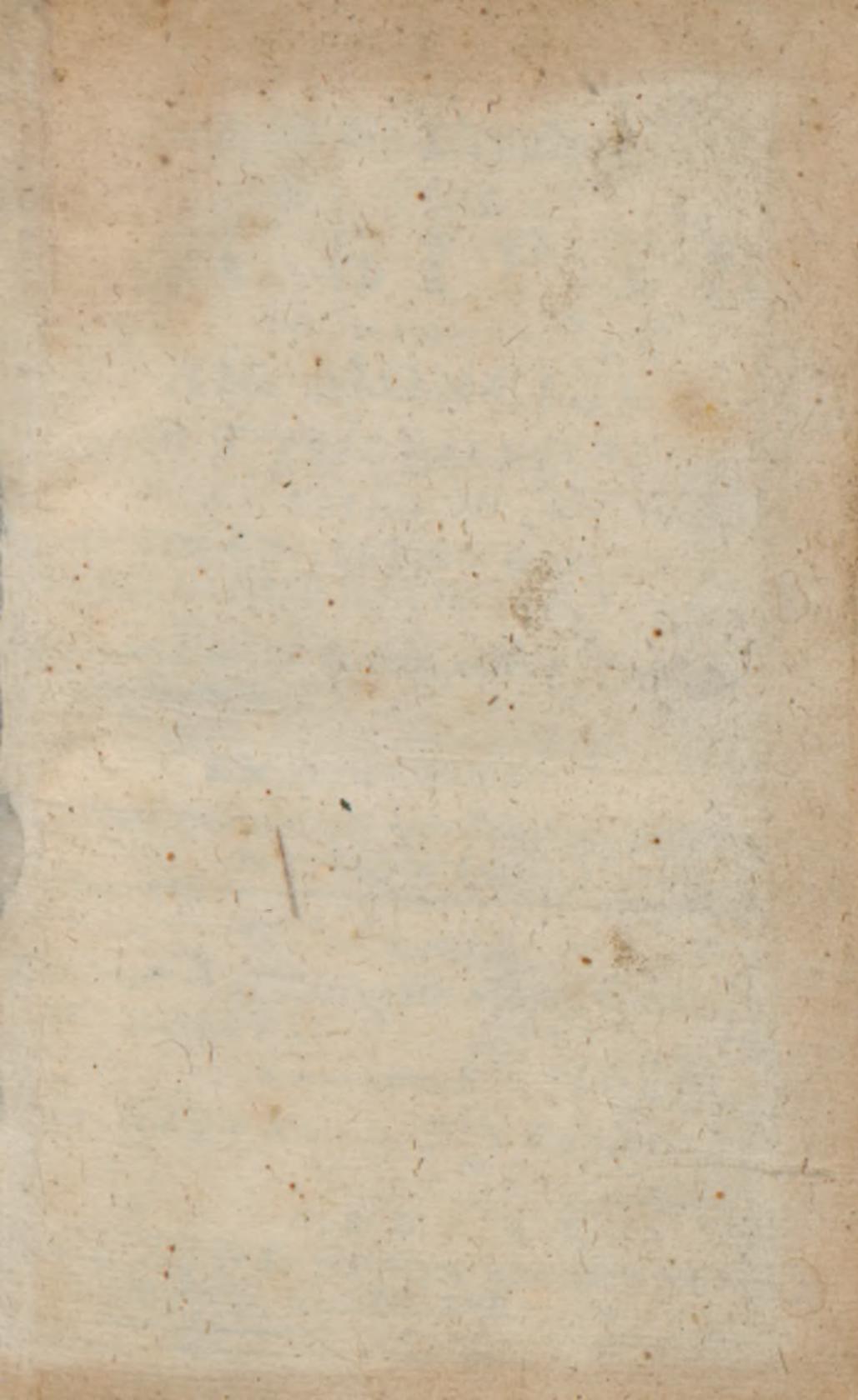
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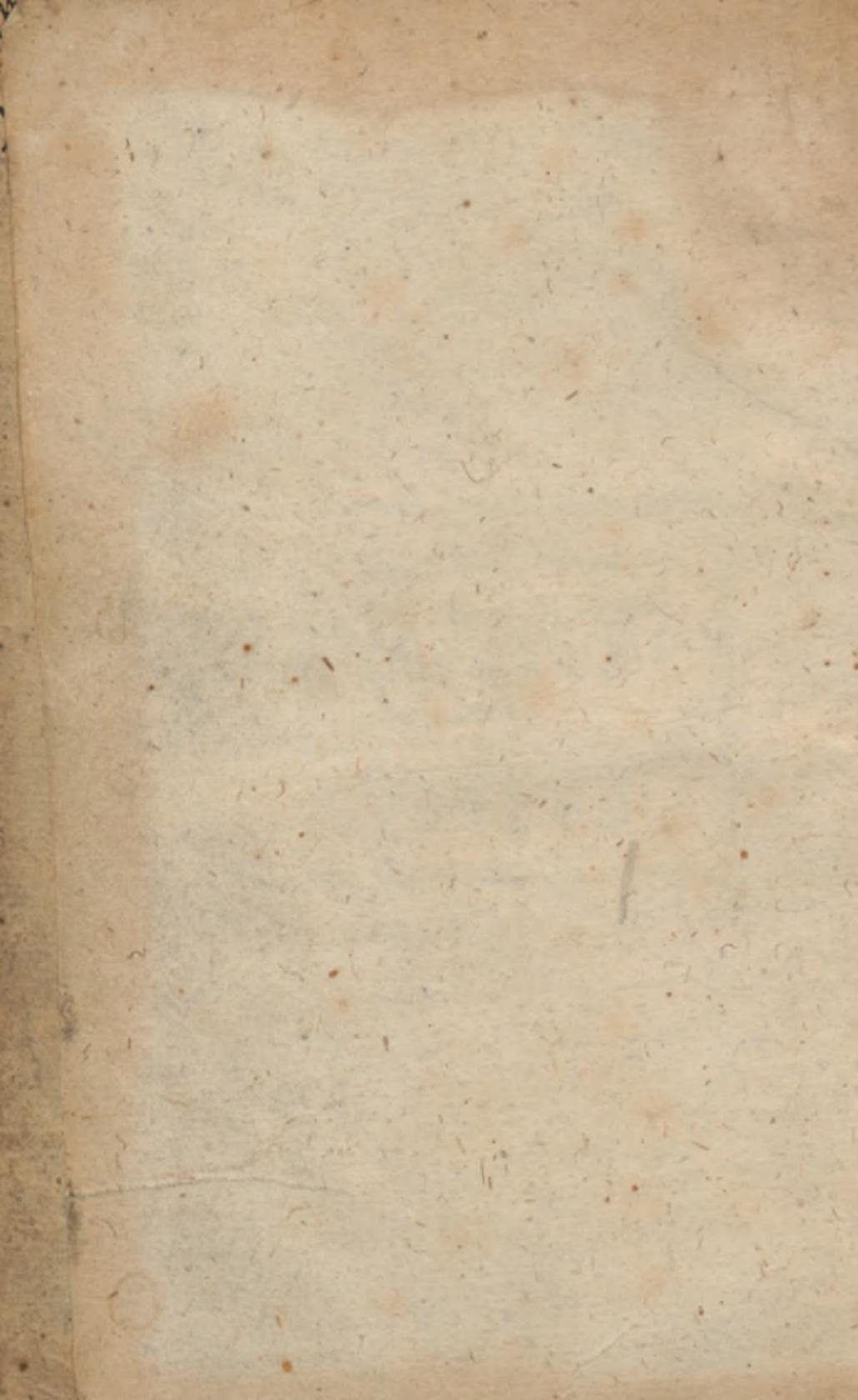
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THE  
Poor Man's Physician,  
OR THE  
RECEIPTS

Of the Famous  
JOHN MONCRIEF  
Of TIPPERMALLOCH:

BEING A

Choice COLLECTION of simple and easy  
REMEDIES for most DISTEMPERS

*Very useful for all Persons, especially those of a  
poorer Condition.*

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The Second Edition,

*Very much enlarged and corrected from the Au-  
thor's Original Copy.*

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To which is added,

The Method of Curing the SMALLPOX  
and SCURVY,

By the Eminent

Dr. ARCHBALD PITCAIRN.

EDINBURGH:

Printed for JOHN PATON Book-seller in the  
Parliament Cloſs, M. DCC. XVI.



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# To the Reader.

**A**S it is not necessary, so neither is it the Design of this Preface to give the Reader a Character of that worthy and ingenious Gentleman, whose Name is prefixed to these Receipts; His extraordinary Skill in Physick, and most successful and beneficial Practice being so well known, and yet fresh in the Memories of so many Persons, that few Readers, in this Country at least, can well be supposed to be ignorant of it: Of which also the quick Sale of a former Impression of this Work, tho' coarsely printed from a faulty and defective Copy, without any Method or Order, is no small Evidence. Our Business only is, to inform him of the Advantages of this above the former Edition, and how much he is to rely upon the Genuineness and Exactness of it. As to the first, (not to mention that through the greatest Part of the Book, the several Distempers and Diseases are methodically ranged under their proper Heads,) he will find its Bulk to be double that of the other. And for the Genuineness of it, it will be sufficient to tell him, that it is taken from an Original Copy, which the Author himself delivered to the truly Noble and Excellent Lady, the late Marchioness



chioness of Athole, and which her Grace the present Dutchess, a Lady no less eminent for her singular Goodness and Virtue, than her high Quality, was pleased to communicate to Us and the Publick.

As for the Cures themselves, the Reader will readily observe, that they are generally made up of plain and simple Ingredients, and consequently, tho they may be useful for all Degrees of Persons, yet seem mainly designed by the Charitable Author for those of a poorer Condition, who have not access to, nor Money to bestow upon more costly Compositions. Neither is it any Disparagement to these Receipts that the Author has been beholden for many of them to some Ancient Writers, particularly to Petrus Hispanus, (afterwards Pope John XXI.) his Thesaurus Pauperum; seeing it may be rationally supposed that he hath not taken them upon Trust, and without due Tryal and Examination.

We thought we could not do a better Service to the Publick, than to subjoin to these, the Method of Curing two very common and almost Epidemical Diseases, the Small Pox and Scurvy, written by that great Ornament of his Country, and incomparable Physician, Dr. Archbald Pitcairn, and published by himself in his own Life-time.

This is all we judged proper to be said by way of Preface to the following Receipts: to which we shall only add our hearty Prayers, that the great Preserver of the Bodies and Souls of Men, may bless them with Success to all those who shall have occasion to use them.



T H E

*Poor Man's Physician.*

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P A R T I.

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B O O K I.

*1. Of the Diseases of the Head.*

*1. Of the cold Distemper of the Brain.*

**P**owder of the dry leaves of Tobacco, snuff  
up in the Nose. 2. Mastick, chewed in  
the Mouth. 3. A Gargarism of Mustard-  
seed, and root of Pellitory, boiled in water and  
honey. 4. An Issue, in the hinder part of the Neck.  
5. Snails with their shels bruised, and applied to  
the forehead.

A

2. Of

## Diseases of the Head.

## 2. Of drowsie Diseases, called Coma, Lethargy, Carus and Apoplexy.

1. The fume of Brimstone doth raise from sleep. 2. The hairs of a Goat burnt; Or, the Horn of a Deer or Goat burnt, holden to the Nose, are most strong, for raising up of him, who is in a deep sleep. 3. The fume or smoak of white Amber is excellent. As also the Oyl of it, often applied to the Temples and Nostrils. 4. Rub the Soles of the feet with Water and Vinegar. 5. Boil mustard-seed in Vinegar, or strong Wine, and wash the palat therewith. 6. Roots of Pellitory boiled in Oxymel, that is, honey and vinegar, do the same thing. 7. It is good to hold Nutmeg in the Mouth and chew it very often.

## 3. Of Waking Coma.

1. A true Coma vigil is cured as a Frenzie and Lethargy. 2. Vinegar of Roses, applied to the forehead. 3. Cupping-Glasses applied to the Shoulders, Back, Buttocks, Thighs. 4. Leeches applied to the Temples, and behind the Ears. 5. Living creatures applied to the head, to dissolve the humor.

## 4. Catoche, and Catalepsis or Congelation.

This is cured, as other sleepy Diseases are.

## 5. Of Palsy or Paralysis.

1. Rub the part affected daily with warm Cloaths, but gently. 2. Rub gently the part benumbed with green Nettles; Or, 3. lay on Synapisms, or Medicines of Mustard, till the part

part begins to grow red. But you must not let them ly till they make Blisters; but only until the part grow red.

4. A Decoction of Bur-dock, and other Dock-roots, is much commended, for provoking of Sweat; But the Decoction of Ebulus, or Danewort, provoke Sweat violently. 5. Or, in the Time of the Disease, let the parts affected be wrapt in the Skins of Foxes, Hares, or Lambs. 6. Anoint the part with convenient Ointments, as of Camomiell, of white Lillies, of Hypericon, of Bour-tree, of Rue, of Earth-worms, of Pepper, of Goose-grease.

#### 6. Of a Convulsion.

1. Apply successively, to the part affected, the hot Lungs of a Sheep, as also young Pigeons, Whelps and Chickens slit in the middle. 2. Put the part affected into an Ox or Sheep's Belly, or other great Creature's Belly newly killed; and let it remain there, till it be warm. 3. Baths, made of Brimstone, are excellent. As also dry Baths of the fume of the Decoction of Sage or Rose-mary, or the like, in white Wine, sprinkled upon Stones fire-hot, or upon Iron. 4. It is very good, to foment the hinder part of the Head and Neck with hot Servits.

#### 7. Of the Epilepsy, or Falling-sickness.

1. A Seton, or Girn in the Neck. 2. Half a spoonful of the powder of the Root of wild Valerian, in Wine, Water, Milk, or any other liquor proper; but it is given to Children, in a less quantity, in Milk.

#### 8. Of the Falling-sickness in Children.

1. Give a litle fine Musk, in thin Wine, twice

4. Diseases of the Head.

or thrice in a Day, and it will cure perfectly. 2. Powder of the Root of wild Valerian, given in Milk, as is before mentioned, in the former Chapter. 3. Take a little black sucking Puppy (but for a Girl, take a Bitch-whelp) chock it, open it, and take out the Gall, which hath not above three, or four drops of pure Choler: Give it all to the Child in the time of the Fit, with a little Tile-Tree flower Water, and you shall see him cured, as it were by a Miracle presently.

9. Of Giddiness, or Vertigo.

A Cauter, in the forepart of the Head. That which cureth an Epilepsy, cureth a Vertigo.

10. Of Tremor or Trembling.

You must cure this, as you do the Palsy.

11. Phrenitis, or Phrenzy.

Apply Cloaths, wet in Water or Vinegar, to the Stones or Cods; Or, which is better, let them be wet with Rose-water and Vinegar. Fair Water may suffice, to wash the Feet. And if the Feet of the sick Man be put therein, when it is a little warmed; for the space of three or four Hours, it frees him from his Phrenzy, and makes him sleep. 2. The same effect is wrought by Housleek, beaten into a Cataplasm, and laid to the Soles of the Feet. 3. Great Housleek, bruised with Womens Milk, and laid to the forehead, appeaseth a Phrenzy and provokes sleep. But, as soon as he falleth asleep, you must take it away, lest he fall into some sleeping Disease.

12. Of the Imposthume and Sphacelus, or Mortification of the Brain. Have



them well and stir them upon the fire, and take it as hot as you can, Morning and Evening, for three days together. 3. New Triacle, given at night, from a Scruple to half a Dram, is good in the beginning.

16. *Of the Head-ach.*

Anoint the Head with Oil of Amber. Among the proper Medicines for the Head-ach, from what cause soever it ariseth, Vervain is the chief; whose Water distilled, you may give internally, and also apply externally. Green Vervain alone, hung about the Neck, hath cured two Patients, when many other Medicines failed, saith *Torestus*. 2. An Issue, between the Thumb and the Fore-finger, is approved by other experiments, and hath cured great Head-aches. 3. Horseleeches 10 or 12 put round about the Temples. 4. Sheeps Lungs applied hot, do much assuage the pain of the Head in a continual Fever. In all pains of the Head, of whatsoever cause, if other means fail, and the greatness of the pain make thee run to extremities, a Vesicatory applied over all the Head, after it is shaven, will cure it. 5. A Cauter upon the Coronal Suture, in a violent Head-ach; but it is more powerful, being applied to the Temples.

B O O K II.

Of the Eyes.

1. *Of Gutta Serena, or Amourosis.*

**I**N a desperate Case, when all other Medicines have been used in vain, a Vesicatory Plaister,

ap-

applied over the whole Head, ( being shaven ) in form of a Cap, hath many times been very successful.

2. *Of the Diseases of the Glassy humor.*

3. *Of the Diseases of the Crystalline.*

4. *Of the Diseases of the watry humor, and especially of a Suffusion.*

1. Pigeons blood, put hot in the Eyes. 2. Or, a young callor Pigeon, slit in the back, applied to the Eyes. 3. The juice of Brook-lime only, being often dropt into the Eyes. 4. When all Medicines fail, and when the disease is almost desperate, it were good to try an experiment with the ointment of quick Silver.

5. *Of the enlarging or dilation of the Pupilla.*

You shall often drop into the Eye the blood of a Pigeon, which is a most excellent remedy, in all wounds and contusions of the Eyes.

6. *Of the straitness or contraction of the Pupilla.*

The cure of this disease differeth nothing from the former.

7. *Of Albugo, or the white spot, called Pin and Web; and of other colours of the Cornea changed.*

1. The seed of Clary, put into the Eye, at bedtime, purgeth the Eye from filth; and so cleanseth it, that it conduceth to the Cure of *Albugo*. 2. An Oil made of burnt rags, mixed with the spittle of a Child, and laid on with a feather. It is made, by burning of a rag of Linen, and quenching it between two dishes; when it is cold, you shall find the Oil in drops,

drops upon the dish. 3. The gall of Fishes, or of a Partridge, Cock, Goose or Ox, and others mixed with honey. *Sugillatio*, or Blood-shot, or that red colour in the Eye, which cometh of Blood sent thither; if it be young, it is easily cured, 1. with Pigeons Blood dropped in, 2. Or the yolk of an Egg with Wine. 3. All Medicines, that are for a Catarrhe, are also proper for this. 4. When the disease is old, and the redness turneth black, dried Hyssop, tied in a rag, and put into hot water, and applied to the Eye.

For the Yellow colour of the Jaundice in the Eyes, put the fume of Vinegar into the Eyes.

#### 8. Of Ophthalmia, or Inflammation of the Eyes.

1. A Cataplasm made of the juice of Nettles and white flower, applied to the forehead and Temples. 2. Fresh Cheese, made of Sheeps Milk, often changed, applied to the Eyes. 3. The white of an Egg, well beaten, until it turn to water, asswageth pain, and gently stays the flux. 4. Also, an Apple, roasted in the Embers, doth much asswage the pain of the Eyes. 5. Thin slices of Goats flesh, Veal or Mutton, often applied to the Eyes, asswage pain. 6. This following doth powerfully resist inflammation, and stay the flux. Take of the white of an Egg, beat it in a Pewter-dish with a piece of Allum very well, until it come to the consistence of an Ointment, which you must spread upon a Linen-cloth, and apply it warm to the Eyes. Let it remain but two or three hours at the most. 7. Dissolve one scruple of white Vitriol at the fire, in four Ounces of Rose or Plantain-water, strain it  
and

and drop it into the Eye. 8. May-butter and the juice of Tobacco, boiled to an Ointment, applied to the Eye-lids, being closed, and in a dark room, cureth a desperate Ophthalmia, when all things fail. 8. The best and rarest secret, for the cure of an Ophthalmia, is made of the Oil, which cometh from Linen, burnt between two closs-dishes; one drop of which, mixed with the spittle of a Child, must be dropped into the Eye with a feather. 9. An Egg boiled hard, and the shell taken off, and cut in the middle, laid hot to the Eye, takes away the remainder of redness. 10. So doth a fomentation, made only of the Decoction of Hyssop. 11. Cotton, dried at the fire, and laid like a small pillow upon the Eye, and rolled down, removeth the filth of an Ophthalmia in the Eye, especially in Childrens Eyes.

9. *Of Hypopyo, or matter under the Cornea.*

Have refuge to the cure of Ophthalmia. Set the Patient upon a seat straight, take hold on both sides of his Head, and shake it.

10. *Of Phlyctenæ, or Blisters in the Eyes.*

Have recourse to the Cure of Ophthalmia.

11. *Of Ulcers in the Cornea, and Adnata.*

Take a hard roasted Egg peeled; cut it in two pieces, and taking out the Yolk, fill the hollow with the powder of Sugar-candie; ty it fast and hang it in a Wine-cellar, and you shall have a water drop from it, which is excellent to cleanse the Eyes without pain. And, if you will have it stronger, mix the powder of Myrrhe, with your Sugar-candie.

Put

Put 20 whites of new laid Eggs, in a Peuter dish in the Sun, till they be dry; then powder them finely with as much Sugar; and this Powder, put into the Eyes, doth much good, without pain.

12. *Of Cancer in the Cornea.*

Chickens, cut in thin broad pieces, often applied; or, the flesh of young Pigeons so cut, while it is warm:

13. *Of Rupture of the Cornea.*

This Disease, for the most part, is incurable, 1. Foment the part affected, with a Decoction of red Roses, of Solomons-seal, Bramble-buds, Shepherd's purse and Plantain, boiled in red wine, if there be no inflammation; but, if there be, boil them in spring-water.

14. *Of coming forth of the Uvea.*

The cure of this is difficult; have recourse to the Rupture of the Cornea its cure.

15. *Of Ægilops and Fistula lachrymalis.*

A Seton put in the Neck.

16. *Of Rhyas and Encanthis.*

The cure of Rhyas, is, by Incarnatives.

Encanthis is cured, by taking off the superfluous flesh, growing in the corner of the Eye. This is done with eating Medicines; beginning with the mildest first. Therefore, first use burnt Allum; after proceed to *unguentum Apostolorum*, and *Ægypticum*, or burnt Vitriol.

17. *Of Epiphora, or Involuntary Weeping.*

1. Apply a Plaister of Cantharides with honey  
and

and leaven to the Head being shaven. 2. Put on Leeches behind the Ears. 3. Make use of Masticatories, every morning. The remedies prescribed for an old Ophthalmy, are good in this Disease.

18. *Of Pterygium, or Haw in the Eyes, called Unguis.*

Have recourse to the Cure of the Spots in the Eye, called *Ptychena*.

### B O O K III.

#### Of the Diseases of the Ears.

1. *Of Deafness and thick or dull Hearing.*

**I**F this disease come of dryness. 1. Use long sleep, and wash the Head with warm water. 2. Oil of sweet Almonds, put in the Ear. 3. If this disease come of any thing that is fallen into the Ear, or if any Vermine be gotten into the Cavity of the Ear, Sneezing is good. 4. Hang down that side of the Head, and hap upon the foot of the same side. 5. Put in a hollow Quill into the Ear, and suck it out. For worms in the Ears, dip a sponge in milk and sugar, and apply it to the Ear. 6. A fig turned inside out, applyed. 7. The pap of a sweet Apple; or Bacon, and turning the Ear to the Sun. 8. Fleas are drawn forth with dog's hair. 9. Fasting spittle, or your own Urine, dropt into the Ear, will kill any thing living in them. 10. Also bitter and sharp things do it sooner, as Wormwood, Aloes, a beast's gall, Vinegar, juice of Onions, &c. This disease cometh commonly of a cold distemper and a De-  
fluxion

fluxion of moisture ; in this case, make use of Cauteries, Vescicatories, Sneefings, Masticatories, Gargarisms. But Masticatories are peculiarly necessary in this disease. 10. Take a loaf of ordinary Bread from the Oven ; take away the lower crust, to wit the sole, and dip it in Aquavitæ ; apply it to the Ear, as hot as may be suffered. 11. The fume of Glows, taken by a Tunnel into the Ear, when the Head is covered with a warm cloath. 12. The clarified juice of Ivy, mixed with strong white Wine, put in warm. 13. Ants eggs, mixed with the juice of an Onion, and dropt into the Ear, doth cure the oldest deafness. 14. The last remedy is an Uction of quick Silver. 15. A grain or two of Musk, put into the Ears with Cotton. *Nota*, That in the use of Topicks, you never put cold things, but warm into the Ears. And you must not dress them, until the old Medicine be taken out ; and after dressing, you must stop the Ear with Cotton muskified.

### 2. *Of Noise in the Ears.*

In this disease, have recourse to the cure of deafness and thick hearing.

### 3. *Of pain in the Ears.*

1. A Cupping-glass with Scarification, applied to the Glandule of the Ears. 2. Four Horse-leeches applied behind the Ears. 3. Milk alone squirted into the Ear, from the breast. 4. New breast-milk two Ounces, the white of an Egg, beaten to water, half an Ounce ; drop these mixed together warm into the Ear. 5. Mix burnt Allum with white Wine.

Wine; for this hath a great drying quality, for  
Ulcers in the Ears.

## B O O K I V.

## Of the Diseases of the Nostrils.

1. *Of the Ulcer of the Nostrils, and Ozena.*

**I**F the Ulcers of the Nose be crusty and hard, take them away with a little warm water and fresh butter, or Goose-grease, or Hens-grease, or Oyl of sweet Almonds. 2. Anoint the Ulcer with the Oyl of Yolks of Eggs, made in a leaden Mortar. For *Ozena*. 1. Allum-water is very good. 2. *Ægyptiacum* dissolved in Barley-water. 3. The smoak of red Wax-candles burnt, doth powerfully dry Ulcers in the Nose.

2. *Of Sarcoma and Polypus.*

Take half an Ounce of the emplaster *de Mucilagibus*, two drams of Savine in Powder; incorporate them, and put thereof into the Nostrils.

3. *Of the loss of Smelling.*

You must have recourse to the Cure of a cold Catarrhe, and Cures of the precedent Chapter.

4. *Of the stinking of the Nostrils.*

Snuff up sweet things, as *Galla Moschati*, dissolved in sweet Wine; Angelica-water, or the like.

5. *Of Coryza or Pose.*

1. Gargarisms and Masticatories are very good.

2. The

2. The fume of Vinegar, sprinkled upon a red-hot Iron, is good.

6. *Of Sternutation, or Sneezing.*

Take the Vapor of hot water into the Nose. Anoint the Nose with fresh-butter. Snuff up warm Milk into the Nose.

7. *Of bleeding at the Nose called Hæmorrhagia.*

1. Rub and bind the extreme parts. Clap great cupping glasses to the *Hypochondria*. 2. Cupping-glasses applied to the Feet. 3. The bending of the little finger, on the same side. 4. A most excellent Cataplasm is made of Thyme and Vinegar, applied to the Temples and forehead, as thick as two fingers; at two applications, it will certainly cure. 5. Also, a fomentation of very cold water, or Water & Vinegar, to the Temples and forehead, changing your Cloaths, as they grow hot. 6. Or, make a fomentation of the juice of Plantain, Knotgrass, Horsetail, Shepherds purse and the like, with a little Vinegar, to make it pierce. 7. The forehead fomented with a Sponge, dipt in Vinegar. Or, a Sponge, dipt in Vinegar, put into the Nose. 8. A great quantity of cold water, thrown in the Face, at diverse times, in a short space. 9. Vinegar and Water held in the Mouth, driveth the Blood down, and keepeth the Blood from falling into the Throat. 10. Dip a cloath in Vinegar, and bind it about the Neck, and change it often, before it turn warm. 11. Vinegar put in the Ear, next the Nostril bleeding. 12. A Bean, or piece of Money, bound to the root of the Nose, between the Eye-brows, stoppeth the

the

the flux of Blood. 13. The fume of Vinegar, sprinkled upon a hot Iron, taken into the Nostrils. 14. Vinegar and Water often snuffed up. 15. The Cotton of an Inkhorn squeeze'd a little, and made into a Tent, doth powerfully stop. As also bound and laid to the forehead. 16. Burnt Vitriol is best of all. 17. Vinegar and water, called Oxycrate, drunk plentifully, staves bleeding. 18. Outwardly to cool the Blood, and to hinder its motion, apply cold water, or water and Vinegar, to diverse parts, pouring it upon the Arms, and putting the Feet therein, and applying it to the Cods, as also to the Back. 19. It is excellent, to temper the heat of the Blood, to lay *Epithemis* to Liver and Spleen, made of warm Vinegar and water. 20. The juice of Nettles is extolled, for stanching of any Blood, of what part soever; and therefore it is either given inwardly to four Ounces once or twice, as also snufft up into the Nose, and applied to the forehead and Temples, made like a Cataplasm with bran: Or the whole Nettle beaten. 21. The Root held in the Mouth doth the same, as some affirm. 22. Mints put into the Nose.

## B O O K V.

## Of the Diseases of the Tongue.

1. *Of Inflammation of the Tongue, and other tumors of the same.*

WASH the Tongue often, with the juice of Lettice. My plantain Unguent, dissolved upon the Tongue, excells all things I know.

2. *Of*

2. *Of the Ranula, under the Tongue.*

My plantain Unguent, dissolved under the Tongue, cureth the same.

3. *Of the Taste being hurt.*

Have recourse to the Cure of Tumors.

4. *Of the Palsie of the Tongue, and the hurt motion thereof.*

1. Rub the Tongue often, with Oxymel of Squil alone, or mixed with Mustard-seed. 2. Rub the Tongue often, with a Bag of Sage; to which you may add Mustard-seed also.

## B O O K VI.

Of the Diseases of the Teeth, Gums, Jaws, Palat, and Wind-pipe or *Larynx*.

1. *Of the Tooth-ach.*

1. **T**HE root of Comfrey, fresh and bruised, applied to the Temples, doth intercept the Defluxion very well. 2. Also a Plaister, made of the Powder of Allum and Galls, mixed with Pitch applied. 3. Vinegar put in the Ear of the same side, if it be a cold cause; or, Oyl of bitter Almonds, in a cold cause. 4. The juice of Garlick, mixt with Triacle, dropt warm into the Ear, doth wonderfully assuage the pain of the Teeth. 5. A clow of Garlick peeled, put into the Ear, is good. 6. Above all, the Oyl of Box-tree is extolled, being but once dropt into the Tooth, it stayeth the pain. This Oyl is made of  
the

the Box-tree, cut in small Pieces, & then distilled by Descent into two Vessels, the one put into the Earth, the other above; upon which you must make a strong Fire, and so the Oyl will fall into the lower Vessel. 7. The Root of Crow foot, holden between the Teeth. 8. Pollitory Root steeped in Vinegar. 9. When the Jaws are swelled, apply a Cataplasm made of Figs, Bread and Vinegar. 10. A Nettle bruised, and laid to the Jaw, doth quickly assuage the Pain.

2 *Of the Blackness and Rottenness of the Teeth.*

1. Dip a little Stick in the Spirit of Sulphur or Vitriol, and rub your Teeth with the End thereof; and then wipe them with a Clout. 2. Tobacco Ashes is very good to cleanse and make the Teeth white.

3. *Of the Erosion, or eating away, and of the Exulceration of the Gums.*

The Spirit of Vitriol or Sulphur, either alone or mixed with Honey of Roses, or Water, as in the precedent Chapter.

4. *Of Bleeding at the Gums.*

1. Thyme alone, with the White of an Egg, apply'd. 2. Burnt Vitriol. 3. Gum Arabick.

5. *Of the Ulcers of the Mouth and Jaws.*

If there be no Inflammation, the chief and only Remedy is, the Spirit of Vitriol or Sulphur; which may be used alone, taken upon a little Lint at the End of a Stick, gently touching the Part, when used to Men: But to Children, you must

mix the Spirit aforesaid with Honey of Roses. 2. If the Ulcers are very painful & inflamed, you must gargle with Milk often; and in Children, with Milk chalybeated.

6. *Of the Relaxation of the Uvula, or falling down of the Palat.*

Have recourse to the Cure of the Ulcers of the Gums and Jaws, and to the Chapter of *Angina*.

7. *Of Angina or Squinzie.*

Hold Cassia new drawn in the Mouth, which excels above all other Things. Proved by me often.

## B O O K V I I.

### Of the Diseases of the Breast.

1. *Of Asthma, or Difficulty of Breathing.*

1. **O**NE Scruple of Saffron given in a Spoonful of Wine. 2. Tobacco taken in a Pipe hinders the Fit. So does the Leaf chewed; as also the Smoak of Clows in a Pipe. 3. The Tincture of dry Tobacco, drawn with Aquavitæ; a little thereof mixed with Honey, and that held in the Mouth, as big as a Pease or Bean, swallowing it by Degrees. This draws Rheum in abundance from the Stomach and Lungs. 4. A Decoction of red Coleworts, taken many Days with a little Sugar. 5. Cut the Juice of red Coleworts, with the Sugar of Roses, or Syrup of Colts-foot, taken in Form of a Julep for many Days, is better. 6. Saffron in Sauce is good for the Breast. 7. Also, a Junket

Junket, made of Mustard-Seed and Honey, doth expectorate. 8. The Flower of Brimstone made into Pills, with fresh Butter, given three Days together, to one Scruple, doth much help the *Asthma*.

2. *Pleuritis, a Pleurisy.*

1. Hot Bread from the Oven, dipt in fresh Butter and applyed, doth very much dissolve the Matter fixed to the Side. 2. Horse-dung, dissolved in Carduus-water and strained, doth powerfully disperse the Pain and Humor in a Pleurisy. 3. White Hen-dung, given in a Dram of the same Water, doth as much. 4. The Blood of a wild-Goat, given to ten Drops with the aforesaid Water, doth powerfully discuss the Pleurisy. 5. In the want thereof, you may give the Blood of a tame Goat, to the Quantity of a Dram weight. You must prepare it thus: Hang up the Goat by the Horns, and bend his hinder Legs backward to his Horns; then cut off his Stones, and take the Blood in a broad Vessel; dry it in the Sun in Summer, or, at other times, upon an Oven. It is far different from the Goats-blood in the Shops. 6. The Soot of a Chimney, given to a Dram weight, is very good.

3. *Of Peripneumonia, or Inflammation of the Lungs.*

The Cure of the *Peripneumonia* is very like that of the Pleurisy. 1. Make use of the Juleps and Emulsions, prescribed in the Cure of the Pleurisy. 2. Anoint the Breast with the Oyl of Violets or sweet Almonds, or with fresh Butter, or the like. 3. You may provoke Spitting, with Syrup of Violets and Jujubes, and the rest prescribed in the Cure of the Pleurisy. Let the Patient's ordinary

Drink be Barley-water with Licorice, as in a Pleurific.

4. *Of Empyema, or Matter in the hollow of the Thorax.*

1. Take of the *Pulpæ* of fat Figs one Ounce, of fresh Butter two Ounces, Oyl of sweet Almonds, newly drawn without Fire, one Ounce, Sugar-candy two Ounces, Starch two Drams, make a Lohoch.

2. Venice Turpentine, washt with Barley-water, given to the Quantity of three Drams, with the Powder of Licorice, doth much profit for Maturation, Discussion and Cleansing.

5. *Of Dropsie in the Breast.*

1. All Medicines prescribed in the Dropsie are good. 2. Diureticks alone, or Medicines to provoke Urine, often used are good. 3. Also Sudorificks are profitable. 4. Cauters applyed to make Issues in the Thighs and Legs, are also good to take Water from the Breast.

6. *Of Hæmoptylis, or Spitting of Blood.*

1. Take the Water of the White of an Egg, well beaten, two Drams, Sugar of Roses one Ounce, white Starch three Drams, mix them for a Lohoch.

2. Take of the Juice of Purslaine twelve Ounces, Sugar eight Ounces, boil them to a Syrup; of which let the Patient often lick. This is the best for spitting of Blood. And if you want Purslaine, you may take Plantain. 3. Four Ounces of the Juice of Nettles, drunk five or six Days fasting, cureth, when they are given over by Physicians. 4. As also Nettle Broth. 5. It is also good to wash the

Stones

Stones with Oxycrate, to stop the Flux and allay the Heat. 5. A weak Decoction of Yarrow, drunk ordinarily, is good against all Bleedings. 6. Conserve of dried Roses holden in the Mouth, especially at Bed-time.

7. *Of Phthisis, or Consumption.*

1. Two Ounces of Manna, given with Chicken or ordinary Broth. 2. Or make a Bolus of Cassia, one Ounce, and one Scruple of the Powder of Licorice. 3. A Seton put in the Neck is very good. 4. Milk doth hit all Intentions for cure; it cleanseth with its serous Part, it conglutinateth with its coagulating Part, and nourisheth and refresheth with its unctuous Part. 5. Sugar of Roses is very profitable; as also the Conserve. 6. The Syrup of Comfray is excellent; for it cleanseth, healeth and strengthneth, by astringing. As also Comfray-roots boiled in Broth. 7. Oyl and well leavened Bread used, cureth a Consumption. Take of the Flower of Brimstone and Powder of Frankincense, of each one Scruple, put them into a hollow Apple; then roast it; and let the Patient eat it with Sugar every Morning for eight or ten Days together. Let his Drink be Water and Sugar, Barley-water and Licorice, a thin Hydromel, or a weak Decoction of China.

## B O O K V I I I.

## Of the Diseases of the Heart.

2. *Of Syncope or Swooning.*

1 FROM what Cause soever it come, in the time of the Fit, these are good; Lying upon the Back, throwing cold Water on the Face, provoking to Sneezing putting of strong Wine, Cinnamon or Imperial Water, Aquavitz and the like, into the Mouth, holding of hot Bread to the Nose, loud Calling and Shrieking, stopping of the Nostrils, wringing of the Fingers, pulling of the Hair, rubbing, binding and cupping. But in respect of the Causes, which are diverse, you must vary the Cure thus, 1. If it come from want of Meat, he will be cured with strong Wine and a Toast. 2. If it come from Thinness of Humors, give him sweet Things and Meats of good Juice, and anoint the Skin with the Oyl of Roses. 3. If it come from the Mother, you must give Medicines for that. 4. If it come from some evil Quality, give Cordials and Antidotes. 5. If from Poison, give Things to expel it; first a Vomiture, then Triacle. 6. If it come from immoderate Evacuation, let the Patient be refreshed with Scents, Meat, Drink, Sleep and Rest. 7. If from too great Loss of Blood, lay him upon his Bed, with his Head backward, dash his Face with cold Water, give him a little Wine with cold Water. 8. If it come of too much Purging

ging, give him Triacle with three Grains of *Laudanum*. 9. If it come of too much Sweat, sprinkle upon the Feet and Hands cold or Rose-water alone, or with a little Vinegar. 10. If it come from Suffocation of the Spirits, you must call them forth by Frictions, Ligatures, Cupping-glasses and the like. 11. If it come of Repletion, you must bleed plentifully, but by Degrees. 12. If it come of Terror or Fear, you must also bleed.

### 2. Of Palpitation of the Heart.

Apply Cupping-glasses to the Breast, two Scruples of true *Raphontick* given in Wine, or Wine wherein the same hath been steeped.

### 3. Of Weakness.

First then, mix Cordials in his Nourishment, as *confectio Alkermes*, or *confectio de Hyacyntho* in Broths, or with pleasant Wine, or Cinnamon-Water, if there be great Weakness. 2. Boil between two Dishes a piece of a Leg of Mutton, after the Skin and Fat is taken off, and let the Patient drink the Broth, being strained, at one Draught. 3. The Juice of Legs of Mutton alone is of much Use; half roast a Leg of Mutton, and slash it upon the Spit, take the Juice and boil it a little in the Dish, and give it either alone, or with Broth, or with Yolks of Eggs. 4. Caudles of Yolks of Eggs, Wine, Sugar, and Cinnamon, are very restorative. 5. Apply to the Stomach bags, of Spices dipt in Wine. 6. Let the Stones and privy Members be fomented with Confection of *Alkermes*.

## B O O K IX.

## Of the Diseases of the Stomach.

1. *Of want of Appetite, or Vomiting of Meat.*

1. **I**N a hot Distemper, give the Patient a gentle Vomiture. 2. A Rose-Cake steeped in Rose-Vinegar, laid to the Stomach, and removed before it grow hot. 3. Vinegar and all sharp Things are good with their Meat. 4. In a cold Distemper, the Use of Turpentine is good, because it cleanseth all the Bowels; especially if you make it into Pills with Rhubarb. 5. One Ounce of the Syrup of Wormwood, drunk fasting many Mornings, or Wormwood-wine. 6. Claret-water is usual, and it is thus made. Take of Cinnamon grossly powdered two Ounces, steep them in a Pint of Aquavita in a Glass; in another Glass put six Ounces of Sugar, with half a Pint of Rose-water: Let these Glasses stand two or three Days, every Day shaking them often; then mix them both together, and strain them by Filtration: Keep the Liquor in a Glass closly stoppt, and let the Patient take a Spoonful or two fasting. 7. Cinnamon-water alone is excellent in a cold Stomach. 8. Hot Wine, or Drink, drunk ordinarily, doth amend the Imbecillity of the Stomach. 9. Powder made of two Parts of Sugar & one of Cinnamon, sprinkled on all Meats. 10. Some three Doses of Pepper, whole or beaten, taken fasting. 11. Salt Meats do most provoke the Appetite, & sharp things

things in a small Quantity 12. A Hare's Skin, or a Piece of Scarlet worn upon the Stomach.

2. *Of Dog's Appetite, called Fames canina.*

1. You must have recourse to the Cure of want of Appetite. 2. Wine plentifully taken asswageth Hunger; and especially the Spirit of Wine, or Aquavitæ. 3. All fat Things and Oyls. 4. Six Grains of Ambergrease taken in a raw Egg, doth not only strengthen the Stomach, but by a special Quality cureth this Disease.

3. *Of Pica and Malacia.*

Have recourse to the Cure of *Clorosis* and want of Appetite.

4. *Of the Thirsty Disease, called Sitis morbosa.*

1. Have recourse to the Method of the Cure of Fevers. 2. The two best Remedies are Milk & Baths.

5. *Of the hurt Concoction of the Stomach.*

1. The Strengthening of the Stomach may be taken from the Cure of want of Appetite. 2. The Juice of Limons, Oranges and Vinegar.

5. *Of Singultus, or Hic-cough.*

1. Take Vinegar of Squils often, or instead thereof, Oxymel of Squils. 2. Claws holden often in the Mouth. 3. Cupping-glasses apply'd to the Region of the Stomach, miraculously and presently abate & take away the windy Diseases of the Stomach. 4. Take Broth often. 5. Drink cold or warm Water, or Prisan often. 6. Oyl of sweet Almonds doth asswage Sharpness of the Humors. 7. The Stomach fomented with a Sponge, dipt in Rose-water. 8. A-  
noint

noint the Region of the Liver with cooling Ointments. 9. Provoke a Vomiture. 10. Apply Cupping-glasses to the Back against the Stomach, or before. 11. Bind the Stomach, that it may not be dilated. 12. Use Ligatures to the remote Parts. 13. Anise-feed taken specifically cureth. 14. Take Vinegar of Squils in a Spoon. 15. Sneezing doth shake off the matter, which is compacted in the Tunicles of the Stomach.

*7. Of Nausea and Vomiting.*

1. Give a Vomiture of warm Oyl. 2. Strengthen the Stomach with old Conserve of Roses or Comfrey-root. 3. Some few Grains of the best Maltick, taken in the Morning is good to stay Vomiting. 4. A Decoction of Beans or Pease, after the first Water is cast away, with a little Vinegar, is much commended. 5. Camphire often smelled. 6. Boil a Sponge in strong Vinegar, and apply it hot to the Stomach. 7. Bind about the Neck Linen-cloths dipt in Oxycrate, to repel the Humors. 8. The Hands put into cold Water doth stay all kinds of Vomiting.

*8. Of Vomiting of Blood.*

1. Let the Patient's Nourishment be commonly astringent and emplastick, and cold, both actually and potentially, as Barley, Almonds, Rice, Panadoes, Jellies, and especially Starch made without Chalk, and boiled in Milk; which is good also in spitting of Blood. 2. Hard Eggs steeped in Vinegar are good. 3. Bread-Crums steeped in cold Water. A sower Apple or Pear roasted in the Embers. 5. Let him abstain from all sharp, salt, peppered and fryed Meats; as also from such Things as breed much Blood, except he grow weak. 6. Use Frictions and

and Ligatures to the extreme Parts. 7. If you suspect there is congealed Blood, give him a Glass of Vinegar and Water, or Oxycrate; for it easily dissolveth Blood, and sends it from the Veins of the Stomach, and shuts them up; and foment the Stomach cold with the same. 8. When Vomiting ceaseth, to astringe and bind the Veins, use this following; Take the White of an Egg, Rose-water and Vinegar, of each one Dram and an half; beat them well, then add two Drams of Chalk, let the Patient take now and then a Spoonful. 9. Or take the Juice of Plantain four Ounces, give it cold Morning and Evening; for there is nothing better to stop any kind of Flux of Blood. 10. Let his Hands be put into cold Water, for so all Vomiting is stayed.

*9. Of the Disease called Cholera.*

In the Beginning, drink warm Water, with Syrup of Vinegar; which, if it provoke not Vomit, will stay the sharpness of the Humors.

*10. Of the Pain in the Stomach, called Dolor Ventriculi.*

1. Apply Bread hot from the Oven, cut in the middle, either by it self, or sprinkled with Spices.  
 2. Apply outwardly a Cataplasm of Bread & Milk, with the Yolks of Eggs & Saffron.  
 3. Or Bread from the Oven, broken in the middle and dipt in Vinegar.  
 4. Or, which is best, put the Patient in a warm Bath; for that is most proper.

II. *Of Inflammation, Ulcers and Imposthume in the Stomach.*

1. For Inflammation, Blood-letting must not be neglected in the Beginning. 2. Opening of the Hemorrhoids. 3. Turpentine washed with Wormwood-water, if it be given twice or thrice, doth either dissolve or maturate the Imposthume of the Stomach. 4. Anoint the Stomach with the Oyl of Roses and Violets mixed.

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B O O K X.

Of the Diseases of the Intestines or Guts.

I. *Of the Collick.*

1. **B**Oil fair Water, & add to it the fourth Part of Oyl, & some gross Pepper; let the Patient take three or four Spoonfuls, as hot as he can endure it, & the Pain will be instantly gone. 2. Six Ounces of the Oyl of sweet or bitter Almonds do assuage pain, and cast the Matter cleaving to the Intestines downwards. 3. One Dram of Anise-seeds, powdered and given in Wine, doth first assuage, and the second Time it is given, quite taketh away the Pain. 4. A Cataplasm, made of Barley & Lin seed-flower boiled in Oyl of Camomil, applyed to the Bottom of the Belly, is good. 5. When there is great Thirst, give cold Water to drink. 6. Anoint the Belly often with Oyl of Camomil, Dill, sweet Almonds, Lillies

lies, or with fresh Butter. 7. Drink Whey and sharp Waters.

2. *Of the Iliack Passion.*

1. A Clyster of simple Oxycrate, every Day given is excellent against the Inflammation of the Guts. 2. Abstinence is good for Inflammation of the Guts. 3. If it come of hard Excrement & slimy Fleam, make use of emollient and laxative Medicines. 4. Give inwardly Oyl of sweet Almonds, either alone or with white Wine. 5. If it come of the Circumvolution of the Intestines, which is either from Wind, or a *Hernia*, the last Remedy is, to apply a Smith's Bel-lows to the *Anus* or *Arse*. and blow in his Belly. 6. Quick-silver drunk in Water.

3. *Of Astringtion or Binding of the Belly.*

1. Sweet Prunes & roasted Apples with Sugar taken an Hour before Dinner. 2. Or take Chicken-broth, or other Broth, in which have been boiled Beets, Borage & some Apples. 3. Fresh Butter taken an Hour before Dinner, to the greatness of a large Nut, and Wine & Water drunk after. 4. An Ounce of Manna mixed with Broth, taken in the Morning. 5. Take of Beets and Mercury, of each an Handful, boil them in Broth, and take it an Hour before Dinner.

4. *Of Lientery and Cabiack Passion.*

1. Have recourse to the Cure of want of Appetite, if it come of Phlegm. 2. If it come of Cholera, have recourse to cholerick Vomiting, and cholerick *Di-arrhœa*. 3. That which cometh from the Imbecillity of the retentive Faculty, is a deadly, at least a dan-  
gerous

gerous Disease. 4. In a Cæliack, have recourse to the Cure of the Diseases of the Liver.

5. Of Diarrhœa.

1. Vomiting revelleth and evacuateth the Matter of the Disease. 2. Two Drams of Mastick, boiled in three Pints of Water, for ordinary Drink. 3. Iron-Water is also good. 4. In a hot Disease, Conserve of Roses, mixed with Spring-water. 5. Much cold Water drunk in Summer-time, cures a cholerick *Diarrhœa*. 6. Plantain boiled in Broth is excellent. 7. The Smoak of Mullein, taken through a hollow Chair, is excellent. 8. Take the Juice of *Perficaria maculata*, and the great House-leek, of each three Ounces, boil them till the third Part be consumed, and give them in the Morning; they do certainly cure any Flux, though very old. 9. Decoction of Juniper-Berries in Wine, given three Days together, is good. The Decoction is made thus: Take of Juniper-Berries one Handful, red Wine one Pint & an half, boil them to the Consumption of two third Parts.

6. Of Dysenteria, or Dysentery.

The Cure of this Disease is wrought by Medicines, that assuage, cleanse and evacuate sharp Humors, that consolidate and dry Ulcers, and stop the Flux. 1. Rhubarb given in Broth often, evacuates the Humor offending. 2. Vomiting is very good in this Disease, if the Patient be inclinable. 3. A Clyster of the Juice of Plantain alone, or with Milk. 4. Comfrey-roots boiled in steelled Milk, the Milk drunk. 5. Veal-Broth, boiled very long, doth assuage Pain in the Ulcers. 6. Cream of Rice doth heal them up. 7. Rice boiled in Milk, with Yolks of Eggs, and the Juice

Juice of Ground-Ivy. 8. Oyl and Rose-water, given in equal Parts, cureth at the first or second Draught. 9. Two Yolks of hard Eggs, mixed with Rose-water, taken with Sugar & a little Nutmeg twice or thrice. 10. The Juice of Plantain alone, given three or four Ounces at a Time, or mixed with other proper Things, is excellent; and, if there be an Inflammation, it allayeth it. 11. The Juice of Ground-Ivy taken, hath saved many a Man's Life. 12. A Syrup made of the Juice of Wormwood and Mint well purified, hath great Force in strengthening the Stomach. 13. Roast a young Pigeon, stufed with Wax, and give it to the Patient to Dinner. 14. Take three Ounces of Spiders Webs, and one White of an Egg well beaten, fry them in a Pan, and apply them hot to the Navel. 15. A Bag of Bran, boiled in Vinegar, applyed to the Belly. 16. If the Pain be great, apply a Linen-cloath, wet in steelled Milk that is warm. 17. Old Fluxes are dryed up by excessive Venery.

### 7. Of Tenesmus.

1. The Cure of *Tenesmus* little differeth from the Cure of a Dysentery. 2. Take of Mullein & Wormwood, of each six Handfuls, boil them in new Milk, and put them into two Bags, which apply to the *Anus* and whole Belly, one after another very warm. 3. Fill two Bags with Barley-bran, and boil them in Vinegar, let the Patient sit one while upon one, another while upon the other, as hot as he can. 4. A Suppository of Goats-Sewet appeaseth Pain, and healeth the Ulcer.

### 8. Of Fluxus hepaticus, or Flux of the Liver.

Eat Raisins of the Sun, with their Stones, in great Plenty.

Plenty. 2. The Juice of young Nettle-tops given either by it self to two Ounces, or with Water and Vinegar every Morning, for three Days together, stops the Flux, and purifieth the corrupt Blood.

9. *Of Worms.*

1. Infuse Worm-seed in Vinegar, for the Space of two Hours, and then mix it with boiled Honey, in Form of an Opiate; it is a principal Medicine against Worms. 2. Burnt Harts-horn given with Raisins. 3. Oyl given with Wine. But when there is a Fever, it is better to give it with the Juice of Limons; or (which is better) Oyl of bitter Almonds, with the Juice of Limons.

10. *Of immoderate Flux of the Hemorrhoids.*

1. Frictions and Ligatures of the superior Parts, do revell the Blood. 2. Tamarinths have a special Power to stop this kind of Bleeding, whether they be taken boiled or in Substance. 3. A fomentation of Mullein, boiled in Smith's Water, or astringent Wine, is best; but it must be used either cold or moderately hot. 4. A Cataplasm made of the Hairs of a Hare burnt, and Spiders Webs mixed with the White of an Egg, applyed to the Vein where it is open. 5. A Fumigation made of Mullein, is best of all.

11. *Of Pain of the Hemorrhoids.*

1. Oyl of Box-tree is best; & as it cures all Tooth-aches miraculously, so doth it mitigate all other Pains: Lay but a Drop. with a little Lint upon the Hemorrhoids. 2. Plain Oyl of Eggs, or made in a leaden Mortar, affwageth Pain. 3. Butter alone set in a leaden Mortar in the Sun, till it wax black, is excel-

excellent. 4. Also fresh *Pomatium*. 5. Leeks put in a wet Cloath, rosted in the Embers, beaten with fresh Butter, taketh away Pain and Swelling. 6. A Cataplasm of Leek-heads, boiled in common Oyl. 7. Elder or Bour-tree Leaves stamped, and applyed cold, takes away the Pain at the third Dressing. 8. Cold Water alone is a good Fomentation, and a Bath also; but in Winter warm it. 9. A Foment of red Wine, wherein Allum is boiled, taketh away Swelling. 10. Oyl of Yolks of Eggs, stirred in a leaden Mortar, apply'd. 11. Decoction of Yarrow, taken three Days as ordinary Drink. 12. The Powder of Mullein given in Milk or otherwise, is much approved, against the Swelling of the Pills. The Powder of Yarrow & Tormentil doth the same. 13. The Juice of Mullein by it self, or made into a Syrup with Sugar, is excellent. 14. An Issue made in the Leg, is very good for them that are subject to this Disease.

## B O O K X I.

### Of the Diseases of the Liver.

#### 1. *Of the hot Distemper of the Liver.*

1. **C**ommon Pilsan made of Barley-water & Cichory, or with Dogs-Tooth and Sorrel-roots.
2. Conserve of Roses, mixed with Spring-water and strained, drunk.
3. A Bath of warm Water used often, doth more powerfully and profitably cool and moisten the Body than any other Remedy; especially

## Diseases of the Liver.

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ally in lean Folks. 4. Whey is good for the same; if it be used fifteen Days or more together; it is made best by boiling the Milk, and pouring in a little Vinegar or Juice of Limons, and afterwards straining it. 5. And if the Body be lean and consumed, you may give milk alone. 6. If the Disease continue, open the *Hemorrhoids* with Horse-leeches, once or twice in a Month.

### 2. *Of the Inflammation, Imposthume, or Ulcer of the Liver.*

The Cure of the Inflammation of the Liver is the same with that of the Inflammation of the Stomach afore-mentioned.

### 3. *Of Stoppage or Obstruction of the Liver.*

Drink ordinarily Water and small Wine, wherein Steel hath been infused.

### 4. *Of the Jaundice.*

1. Syrup of the Juice of Horehound cureth. 2. Take of Nettle-roots one Pound, Saffron one Scruple; beat them well, and take out their Juice with white Wine, and let the Patient take four Ounces every Morning, for four or five Days, and cover himself, to sweat after it.

### 5. *Of the Scirrhus of the Liver.*

1. Conserve of Horehound, taken for the Space of fourty Days. 2. Take of Turpentine, washed with white Wine, one Ounce and an half, Sugar half an Ounce; give one Dram every Day, or every other Day. 3. The Leaves of Henbane, boiled in Vinegar, are good to be outwardly apply'd to the Party, made  
into

into the Form of a Cataplasm or Pultess, with Oyl of bitter Almonds. 4. Make an Issue in the right Leg, to draw away Part of the Matter offending.

6. *Of the Dropsie.*

1. Two Ounces of the Juice of Flower de Luce drunk with Honey. 2. Three Handfuls of Juniper-Berries bruised, boiled in a sufficient Quantity of Sack-wine to the half; give the Patient two Ounces every Morning, and cover him warm after. 3. Two Ounces of the Juice of Chervil given every Morning in Wine, for many Days, is one of the chiefest Medicines for Purging by Urine. 4. Decoction of Juniper. 5. Lec made of Juniper-ashes with white Wine, four or five Ounces thereof taken. 6. Give one Spoonful of Cinnamon-water every Morning, & before Supper, to strengthen the Liver. 7. Abstinence from Drink and taking of supping Meats, cureth the Dropsie; therefore make use of dry, and avoid sweet Meats as the Plague. 8. Dip a new Sponge, which will compass the whole *Abdomen*, in Lime-water; strain it and apply it to the Belly bound on: This consumeth the Dropsie-water, taketh away the cold and moist Distemper of the Bowels, and dissolveth the Hardness of the Spleen. 9. A Cataplasm of Radishes bruised and laid to the Navel and Reins doth provoke Stools and Urine. 10. A Cataplasm of Snails, bruised with their Shells, which must be kept to the Belly, until it fall off of its own accord: It draweth Water forth violently. 11. A Toad, cut through the Belly, and tyed to the Reins, doth provoke Urine violently. 12. Half a Dram of the Powder of a Toad, dryed and calcinated in an Oven,

drunk in Wine or other Liquor, doth wonderfully expel the Dropsie by Urine. 13. Take of Toads two Pounds, the Juice of Dwarf-elder three Pints, Oyl one Pint, Wax half a Pound; boil them in a luted Pot, to the Consumption of the half; strain them for a Cerat, spread this upon a Leather, and lay it to the Spleen; it evacuateth all Waters. 14. The Juice of Plantain, boiled to the half, given every Day, cureth the Dropsie.

## B O O K XII.

### Of the Diseases of the Spleen.

#### 1. *Of the Inflammation of the Spleen.*

**H**Ave recourse to the Cure of the Inflammation of the Liver.

#### 2. *Of the Pain of the Spleen.*

The Cure of this Disease is with Clysters that are *Carminative*, or that expel Wind, with convenient Purgings, and with emollient and discussing Fomentations, mixed with Vinegar; as also with Linements made of Oyl of Lillies, Camomil, Capars and Wormwood, with a little Spike and Vinegar.

#### 3. *Of Obstruction, Tumor, or Puffing up of the Spleen.*

Have recourse to the Cure of the Obstruction of the Liver. 1. Oxymel Simple, or of Squils, dissolve powerfully gross and earthy Humors. 2. Medicines made of Steel, are of all others the best to open Obstructions of the Spleen. 3. Vinegar is exceeding-  
ly

ly commended, in all Diseases of the Spleen, used both inwardly and outwardly. 4. Hemlock put into Cataplasms, is most powerful to soften and dissolve Humors. 5. A Cataplasm made of green Tobacco, boiled in Oil and white Wine, is excellent.

4. *Of Schirrhus, or hard swelling of the Spleen.*

Have recourse to the Cure of the *Schirrhus* of the Liver. 1. *Galeopsis*, or Blind-Nettle, boiled in Wine, given to the Quantity of an Ounce; or one Dram in Powder with Wine or other convenient Liquor, or Decoction, is given with admirable Success. 2. The Belly fomented with a Sponge, dipt in Thyme-water and squeezed, cureth the *Schirrhus* of the Spleen and Droisie. 3. Take of fowr Leaven two Pounds, boil it in equal Parts of Oil and Wine to a Pultess.

5. *Of the Hypochondriack Melancholy.*

1. Apply two or three Horse-leeches to the *Hemorrhoids*. 2. An Issue burnt in the Leg, doth purge the Spleen and other Bowels from superfluous Humors. 3. Ambergrease alone given five or six Grains at a Time, every Day with Wine or Rose-water, doth clear the Spirits and natural Heat, and much rejoyce the Heart. 4. Clarified Whey, drunk for fifteen or twenty Days, opens Obstructions of the Bowels, & amends the hot Distemper. 5. The Juice of Wormwood, thickned into the Form of a Pill, given, looseth Obstructions. 6. The Decoction or Wine of Wormwood, taken thirty or forty Days together, cureth. 7 Two Ounces of the Juice of Bugloss, with two Drams of Sugar, and as much Wine as them both, given for ten or twelve Days every

every Morning, is excellent to qualify the melancholick Humour. 8. The principal Thing for cure is, to keep the Body always soluble. 9. Venice-Turpentine, swallowed to the Quantity of an Acorn, three Hours before Dinner, once, twice or thrice in a Week; for, beside that it looseth the Belly, it also cleanseth the Stomach, opens Obstructions, provokes Urine, warms the Stomach, and doth not heat the Liver, but doth it good by opening and cleansing it.

6. *Of the Scurvy.*

Have recourse to the Cure of hypochondriack Melancholy. 1. Take of clear Juice of Water-creffes and Brook-lime, of each one Ounce, the Juice of Fumitory two Ounces, white Sugar two Drams, make a Potion. 2. Or take the Juice of Fumitory and Water-creffes, of each two Ounces, mix them. 3. Or take the Juice of Sorrel, Fumitory and Water-creffes, of each two Ounces, mix them.

B O O K X I I I .

Of the Diseases of the Mesentery, Sweet-breed and Caul.

1. *Of the Obstruction of the Mesentery.*

**H**Ave recourse to the Obstruction of the Liver.

2. *Of the Inflammation of the Mesentery.*

Have recourse to the Inflammation of the Liver and Spleen.

3. *Of*

3. *Of Imposthume, Ulcer and Schirrhus of the Mesentery.*

Have recourse to the *Scirrhus* of the Liver and Spleen.

4. *Of Diseases of Pancreas, or Sweet-breed.*

Have recourse to the Liver, Spleen and Mesentery.

5. *Of Diseases of the Caul, or Omentum.*

Have recourse to the former Chapters.

## B O O K X I V.

## Of the Diseases of the Reins and Bladder.

1. *Of the Stone in the Kidneys, and Pain in the Reins, called Dolor nephriticus.*

1. **A** Pply a Cataplasm to the Ureters, made of Onions, shred and fryed with Hogs-grease.

2. Take of warm Water four Ounces, Salad-oyl one Ounce, simple Syrup of Vinegar one Ounce and an half; make a Vomiture. This asswages Pain.

3. A Potion of equal Parts of sweet and bitter Almonds, expels the Stone. 4. Open the Hemorrhoid Veins. 5. Ashes of burnt Egg-shells, from half a Dram to an Ounce, given in white Wine, do powerfully expel the Stone, that sticks in the Passages of the Ureters.

6. Take of Horseradish scraped two Ounces, white Wine four Ounces; steep them a few Hours, then strain them strongly; let the Patient take of the Straining twice or thrice at convenient Times. 7. An Ounce or two of Savine-water given, doth purge Stones and Gravel.

8. Tur-

8. Turpentine, to the Quantity of a small Nut with Sugar, swallowed every Morning. 10. Fresh-Butter, with as much Sugar-candy, taken every Morning fasting, doth cleanse the Passages of the Urine, and hinder the Breeding of the Stone. 10. Ten or twelve bitter Almonds taken in a Morning, doth the same. 11. Filbert-nuts taken before Meat. 12. Six or seven Ounces of boiled Water, given Warm once or twice in a Day before Meat, hinders the breeding of Stones. 13. Whey drunk in Summer, a whole Month together, is best of any to correct the hot Distemper of the Reins, to hinder breeding of the Stone.

*2. Of the Stone in the Bladder.*

The Way of Cure is the same with that of the Kidneys. The distilled Water of Onions expelleth the Stone.

*3. Of the Inflammation of the Reins and Bladder.*

1. *Unguentum populeon*, with a little Vinegar, applyed. 2. Or make a Linement of an Egg well beaten with a little Oyl and Rose-vinegar; if the Pain be violent, add a little Saffron.

*4. Of Pissing of Blood.*

1. The Juice of Plantain newly drawn, given four or five Ounces in a Morning or Evening, which is good for any Bleeding. 2. Six Ounces of Sheeps Milk, with one Dram of Bole-Armoniack. 3. Decoctions of Knot-grass, Horse-tail, Purslane, and Bramble-tops, are good. 4. A Plate of Lead full of Holes, worn about the Reins, is good.

*5. Of*

5. *Of the Ulcer of the Reins and Bladder.*

1. Half an Ounce of Turpentine washed, given with the Powder of Licorice at once, is excellent in this Disease. 2. Vomiting is the best Way to cure an Ulcer in the Reins. 3. And, above all, new Milk from the Cow, with a Dram of Bole-Armoniack, that is true, taken every Morning, is excellent. 4. Whey taken every Morning in abundance, is a chief Cleanser of the Ulcers. 5. Or six or eight Ounces of thin Hydromel, taken in the Morning, in ordinary Drink. 6. Or Decoction of Barley and Licorice with Sugar; and give Water and Sugar for ordinary Drink. 7. In the Ulcer of the Bladder, it is proper to make Injection twice a Day, first with Hydromel or Whey, or the Decoction of Barley with Honey of Roses, to cleanse; then with Astringers and Binders, made of Iron-water, in which Comfrey-roots, Myrrhe, Allum, have been boiled. 8. Warm Milk injected is excellent for Pain of the Bladder.

6. *Of Diabetes, or extraordinary Pissing.*

1. A Vomit made of the Decoction of Radish-seed and Dwarf-elder with Oxymel, doth evacuate and draw from the Ureters. 2. Syrup of Comfrey-roots and Sloes is good. 3. Sheep, Cow, or Asses Milk are excellent, wherein hot Flint Stones have been often quenched.

7. *Of Pissing the Bed, or involuntary Pissing, or not containing of Urine.*

1. The Brains and Stones of a Hare burnt and drunk. 2. A Snail burnt with its Shell, given to drink

42 Diseases of the *Reins and Bladder.*

drink. 3. Hare's Dung. 4. Powder of burnt Mice. 5. The Hoofs of a Hog burnt. 6. The Ashes of Date-stones. 7. Rosted Hasel-Nuts. 8. Powder of Egg-shells. 9. But, above all, are commended the Powder of Agrimony and the inward Skins of Hens Gizzards dryed, given either by themselves, or mixed together with red Wine.

8. *Of Stoppage of the Urine and Strangury.*

1. A Lee made with Ashes of Egg-shells and Rhenish-wine. 2. Apply a Cataplasm of fried Onions, with Hogs-grease, to the Loins and Privities, with some Eggs; but raw white Onions, beaten with Oyl, into the Form of a Cataplasm, do far better, if they be apply'd to the Kidneys, Ureters and Privities. 4. A Cataplasm made of beaten Radishes, is good. 5. When *Ischuria* comes of clotted Blood, make use of simple Oxymel, and Oxymel of Squils, Syrup of Vinegar and the like. 6. Outwardly a Cow-turd does Wonders.

9. *Of Dysuria, or Scalding of the Urine.*

1. A gentle Vomit, once or twice in the Week, is excellent. 2. The Whey of Goats-Milk is very good, given in great Draughts. 3. And if there be no Fever, you may with more Profit give Milk by it self. 4. The White of an Egg, beaten with Rose-water, cureth. 5. When the Pain is great, put the Yard, when you piss, into warm Milk, or warm Water only.

## B O O K X V.

## Of Womens Diseases.

1. *Of the Green-Sickness, called Clorosis.*

1. **C**onserve of Mugwort, taken a long time, cureth. 2. In the greatest Obstructions, an Issue made in the right or left Leg, as the Liver or Spleen is affected, is very good. 3. Carnal Copulation.

2. *Of the Stopping of the Terms.*

1. Frictions, Ligatures, Cupping-Glasses, dry, and with Scarification. 2. Take Cinnamon and Amber, of each one Scruple, of Saffron half a Scruple; Mix all, and make them into a Powder, to be taken diverse Mornings, one after another. 3. Flowers of Lavender, eaten with Honey, many Days together. 4. Or, Conserve of Marigold-Flowers, given to the quantity of two Drams at a time. 5. The quantity of a Chesnut of old Leaven, with the same quantity of Sugar, given three days together. 6. In an old inveterate Disease, Issues, made in the Legs, may do very much good.

3. *Of immoderate Flux of the Courses.*

1. Fasten a very large Cupping-glass to her Dugs; but take it quickly off again. 2. A gentle Vomit often repeated. 3. A Dram of the Powder of Egg-shells alone, given diverse Mornings together, cureth, and is accounted a Secret. 4. Ten Grains

Grains of the Runnet of a Kid or Hare taken, stop flowing of the Blood, and dissolve that which is clotted together in the Womb. 5. Three or four Ounces of the Juice of Plantain newly made, given, is the best Medicine in the World. 6. Two or three Ounces of Yarrow-Juice, given with some convenient Syrup. 7. The Juice of Nettles is nothing inferior to, but rather exceeds the former in efficacy; It may be given alone, or in mixture with others of little Faculty. Or a Syrup may be made of Nettles, to be ever in readiness. 8. Milk, in which hot Steel hath been quenched, being drunk many Days together, is very effectual, in an old Flux of the Courses. 9. Boil a piece of Sea-sponge in strong Vinegar, and lay it upon the Patient's Share and Privities, and it will powerfully stop the immoderate Flux of the Courses. 10. A Cataplasm or Pultess, made of Nettles, fried in a Pan, and laid upon the Share and Privities, worketh by a special property. 11. Injections, made of the Juice of Plantain alone, is much cried up by Practitioners. 12. A Fume made with Vinegar, poured upon a red-hot Iron-Plate, and received by the Patient, sitting over a close Stool, is very profitable. 13. Pessaries of the Leaves of Purslaine, Plantain or Knot-grass, or some other convenient Herb, bruised and rolled in a Piece of fine Linnen, put up in the Womb. 14. Wash the Patient's Legs in cold Water.

#### 4. Of the Whites.

1. Take Jalap finely powdered one Dram, Cinnamon finely powdered half a Scruple; mix them, and with a draught of Chicken-Broth give it to the Patient

Patient in the Morning. 2. A laxative Ptisane, dayly taken for a Month together, cureth a stubborn Flux of Whites, when nothing can. 3. Vomiting is likewise much commended in this Disease, for such as can easily vomit. 4. The use of Chalybeate Milk, taken Fourty Days together, to the quantity of four or five Ounces, is very proper.

5. *Of Madness, from the Womb.*

1. Whey drunk many Days together. 2. And, to be brief, whatever hath been prescribed in the Cure of Madness and Hypochondriack Melancholy, will be good in this Disease. 3. A Plate of Lead worn continually upon the Reins. 4. Marry the Patient to a lusty young Man. 5. If the Disease do yet continue, let Issues be made in her Thighs; for nothing is better, than by such means to draw the Matter downward from the Womb, to those inferior Parts.

6. *Of the Mother-fits, or Womb-Sickness.*

1. When Convulsions happen or Swooning Fits, hard rubbings with coarse Cloaths are good upon the Soles of the Feet; also with Vinegar and Salt. 2. It is good also, to pluck off some Hairs from the Head and Share. 3. To cramp the Fingers of the Patient. 4. Cry aloud in her Ears. 5. Stinking and strong smelling Things put in the Nose. 6. Garlands of Rue, Tansie, Wormwood. 7. The smoak of Tobacco, blown into the Mouth and Nostrils, doth quickly free the Patient from the Fit. 8. Sweet smelling Things must be put into the Womb, as some Grains of Musk or Civet, wrapt in Cotton-wool. 9. If the Patient be very much  
oppressed

oppressed with her Fit, provoke her to sneeze. 10. Anoint Oyl of Amber upon her Nostrils. 11. A Clyster of Vinegar, tempered with Water, doth presently assuage the Mother-fit, by compressing and coagulating the Vapours, which cause the same. 12. The same doth a draught of Vinegar, allayed with Water, being taken in at the Mouth. 13. Gird or bind a Swath-band strongly about the Patient's Belly, above the Navel, that the Womb may be thereby reduced, and the Vapours hindered from ascending. 14. Apply under the Navel a Plaister of Galbanum and *Assafetida*. 15. Anoint the lower part of the Belly with Oyl of sweet Almonds. 16. Being out of the Fit, nothing better than carnal Copulation. 17. Aquavitæ or Cinnamon Water given in the Fit. 18. Give a Dram of two parts of Brimstone, and one of Nutmeg in Powder. 19. A Dram of Soot from the Chimney, given in an Egg soft boiled, cureth the Epilepsy or Falling-Sickness by consent of the Womb. 20. Open the Hemorrhoid-Veins. 21. Issues made in the Thighs. 22. *Assa fetida* tied about the Neck in a thin Rag of Cloath. 23. A Foxe's Pizzel and Stones dried, hung about the Neck in a String, and resting upon the Navel, preserveth from Womb-fits.

7. *Of Inflammation of the Womb.*

Coughing or Sneezing breaks the Impoſthume.

8. *Of an Ulcer in the Womb.*

1. Provoke a Vomit. 2. Take Eight Ounces of Milk or Whey in a Morning, adding a little Sugar, is good. 3. Turpentine washed in some  
con;

convenient Water for the Womb, as of Plantain, taken now and then with Sugar of Roses, fills up the Ulcer. 4. Luke-warm Water often injected. 5. Whey taken with Sugar cleanseth.

9. *Of a Schirrhus, or a painless hard Swelling of the Womb.*

1. Open the Hemorrhoid-Veins. 2. Issues in the Thighs. 3. The Fume of the Stone called *Pyrites* (that is, the *Marchasite* or Fire-stone) being made red-hot and quenched in Vinegar, is by *Galen* wonderfully extolled, for dissolving all stony hard Swellings, so that it works like a Charm.

10. *Of Cancer of the Womb.*

1. Foment the Part with the Water or Decoction of Plantain. 2. Frogs washed and boiled, laid on as a Plaister or Pultess. 3. Herb *Robert* used inwardly or outwardly. 4. If from an ulcerated Cancer much Blood do proceed, as it often falls out, let Juice of Plantain with a little Frankincense be injected into the Womb.

11. *Of Mortification, or Gangrenation, and Sphacelation, or Blasting of the Womb.*

The Cure is performed with the same Remedies, which are applied to other parts being Gangrenated, if it be in the Neck of the Womb, or tend towards the outward Parts; as namely, with Scarifications, and Washings or Bathings, with a Decoction of Wormwood, Myrrhe, or the like, with the Ointment called *Aegyptiacum*.

11. *Of*

12. *Of the Womb's Wind or Water Swelling, or Dropsie.*

1. Have recourse to the Dropsie and Green-Sickness. 2. Give her a Vomit twice in the Week. 3. Sweat Drivers are profitable in this Disease. 4. When the Swelling of the Womb proceeds from Wind, a Fumigation of Nutmegs is very healthful. 5. Cupping Glasses, with much Flame set upon the Navel, excellently dispels Wind. 6. Put Issues in the Thighs.

13. *Of Falling down of the Womb.*

1. Affright the Patient, with a red-hot Iron in your Hands, threatening to burn the Part. 2. Or cause the Patient ly upon her Back, and cause one ly upon her Breast, another upon her Thighs; and then cause her to be frightened, putting some creeping Vermine upon her Legs, such as Mice, Frogs and the like. 3. Present sweet Savours to her Nose, and stinking Things to her Genitals, unless she be subject to Fits of the Mother. 4. Pessaries are profitable in desperate Fallings down of the Womb, made of a piece of Cork, smeared over with Wax, or made of Wax alone, round or long.

14. *Of the Womb shut up or unperforated.*

This is performed by Cutting, &c.

15. *Of Barrenness.*

1. The After-Birth of a Woman is believed to be of great Efficacy, being dried and powdered, and taken to the quantity of a Dram. 2. If a Woman, upon the fourth day of her Monthly Purgations, shall

shall drink about half a Pint of the Juice of Sage, with a little Salt; and, a quarter of an Hour after, submit her self to the Genial Embraces of her Husband, many grave Men affirm, she will undoubtedly conceive. 3. It is related of Garden-Garlick, that if it be beaten with Oyl of Spike, and thrust into a piece of Linnen, made like a Pudding-bag, and so put (not far) within the Womb, that it powerfully brings down the Courses being stopt, and wonderfully delights the Womb and purges it; so that thereby many have been brought to conceive Children, who, for a long time, have been past all Hopes of ever having any.

16. *Of Acute and Chronical Diseases of Women with Child.* See Fevers, &c.

17. *Of Abortion or Miscarriage.*

1. Let her swallow every Day certain Grains of Mastick in the Morning. 2. Women do frequently use Plantain-Seed, which they take in the Morning, about the quantity of half a Dram, with Wine, or Water, or in an Egg or Broth, or by it self almost every Day, the whole time of their being with Child, and that not in vain. 3. A Decoction of Tormentil-Roots, sweetned with Conserve of Roses, may profitably be given. 4. These things, which are accounted, by a secret Property of their Nature, to retain a Child in the Womb, are, an Eagle-Stone worn about the Neck; a Load-Stone apply'd to the Navel; Corals, Jaspers, Smaragds, Bones found in the Hearts of Stags, or such like, worn under the Arm-pits, or hanged about the Neck.

18. *Of hard Child-Birth.*

1. To cure Difficulty in Child-Birth, first, all Causes which may delay the Birth, as much as may be, are to be removed; and afterwards, such Medicines, as further the Birth, are Methodically to be administred. And in the first place, it is common among Women to give a groaning Wife; 1. A Spoonful or two of Cinnamon-Water; Or, 2. Cinnamon it self in Powder, with a little Saffron; Or, 3. Half a Dram of *Confectio Alkermes* in a little Broth; Also, 4. Saffron alone, being given ten Grains in every Mess of Broth the Woman takes; Or, 5. Every Hour being taken in a little Wine, is good. 6. Five or six Grains of the Extract of Saffron; Or four or five Drops of Cinnamon-Oyl; Or twelve or fifteen Drops of the Oyl of Amber in Wine, Broth or other Liquor. 7. Sneezing hastens the Birth. 8. Let the Midwife often anoint the Woman's Womb with Oyls, of Lillies, sweet Almonds, of Lin-seed, and the like. 9. Anoint her Navel with the Oyl of Amber. 10. Apply the Gall of a Hen to the Navel. 11. Eagle-stone or Load-stone, or Storax and the rest, fastened to the Hips. 12. See that the Woman have no precious Stones about her, either in Rings or otherwise.

19. *Of a Dead Child.*

1. A Fumigation of Galbanum received, by a Tunnel, into the Womb.

20. *Of After-Birth retained.*

1. Cause the Woman bite an Onion between her Teeth, and still let over the Juice, and at last

to drink a Draught of warm Wine upon it, it presently helps her. 2. Juice of the Tops of green Lovage, given in a draught of Rhenish Wine.

21. *Of the immoderate Flux of the Lochs; or Child-bed Purgations.*

1. A Linen Cloath applyed to her Loins, moistened with a Mixture of Water and Vinegar. 2. An Injection of the Juice of Plantain into the Womb. 3. Take pure Soot from the Chimney, not mixed with Dirt, eight Ounces; work it lustily with the strongest Vinegar, and make a Pultess, to be applied to the Reins.

22. *Of the Suppression of Child-bed-Purgations.*

1. Rub the Woman's Thighs downwards. 2. Let the Toes of her Feet be tyed, till they ake again. 3. Let diverse Cupping-Glasses be fixed to her Groins and Hips, and let some of them be scarified.

23. *Of Grippings, after Child-Bearing.*

1. Anoint the Patient's Belly with the Oyl of Dill or Rue. 2. Decoction of Mugwort and Camomil in Pullet-Broth, given presently after she is brought to Bed. 3. Give her the Broth of an old Cock three Days together, early in the Morning, while she is fasting, with a little Cinnamon and Saffron. 4. Apply to the Navel a Plaister of Galbanum and *Assa fetida*, in the midst whereof some Grains of Musk must be put. This cureth Pain in their Groin, by reason of their Womb's being gathered together like a Ball in their Groin.

## BOOK XVI.

Of the Diseases of the Joints, and Rheumatick Pains of the whole Body.

1. *Of the Pain of the Body, called Arthritis, or the Gout.*

1. **G**entle Vomits are very good. 2. Hot Beer, in which the great Bur-dock-root hath been boiled, drunk. 3. A Cataplasm of Wheat-Bread-crumbs boiled in Milk; adding the Yolks of Eggs and a little Saffron. 4. In the beginning, lay on a Cataplasm of Salt and Soot, wrought into a body with the Whites of Eggs. 5. A living Whelp laid to the pained part. 6. Sloke Lime in Urine, purify the Liquor, and foment the pained Place therewith. It is likewise good, if it be done with Vinegar and Lime. 7. Take of Wheat-Bran one Pound, Salt an Ounce, Soap as much as shall suffice; Boil all into a Pultess or Cataplasm. 8. Or, take Bean-Meal half a pound, boil it in a sufficient quantity of Wine, adding thereto a little Aquavitæ and Butter, make it into a Pultess. 9. The Leaves of Dwarf-elder or Tree-elder beaten, applied. 10. Or fryed with Butter in a Frying-Pan, like a Pancake. 11. Evacuation by Vomit is very good for prevention, better then a Purge, for Sciatick, Knee-Gout and Foot-Gout. 12. Swallow three Clows of Garlick whole every Morning, for a Month together, for a great Preservative.

2. *Of*

## 2. Of Hip-Gout, or Sciatick.

1. Blood-Leeches put upon the Hemorrhoid-Veins. 2. Many prefer Vomiting Medicines before Purgatives. 3. Spanish Soap or Castile-Soap, dissolved in Spirit of Wine, is most excellent, smeared on by the Fire-side. 4. A Loaf very hot out of the Oven, cut in the middle, sprinkled with Aquavitæ, and laid on, will be very helpful. 5. In an old Disease, an Issue in the Leg, on the pained side.

## 3. Of Rheumatick pains of the whole Body.

Take the quantity of a Chesnut, Morning and Evening, of Conserve of the Fruit which grows upon the Rose-brier or Eglantine-brier.

## B O O K X V I I .

## Of Fevers.

## § 1. Of Ephemera Fever.

**A** Cooling and moistening Dyet, as Barley, Cream, cooling-Broths, small Drink and Sugar, common Ptisan-Drink, or Fountain-water with Syrup of Limons.

## 2. Of the Fever, Synochus simplex.

Let the Patient Drink a great quantity of Water cold; so that he grow pale, tremble, and be cold all over.

3. *Of an Hebtick Fever.*

1. Dyet here, as in all Chronical Diseases, can do much; yea, in this Disease, it can do more than all Medicines: The Air of his Chamber must be moderately cold and temperate; his Meat cooling and moistening, and quickly nourishing. 2. Let him drink Barley-water by it self, or with Syrup of Vinegar; or Water, in which a piece of Bread hath been boiled, sweetned with a little Suggar. Motion of the Body is not good. 3. He must not sleep long, nor very little. 4. A Bath of Water and Oyl is good.

§ 2. *Of Putrid Fevers.*1. *Of Continual Putrid Fevers.*

1. The Dyet, in all Cholerick Fevers, ought to be cooling and nourishing; in Phlegmatick and Melancholick, more warming and attenuating. As for point of Nourishment, the Dyet ought to be thin and spare, in acute Fevers, as Ptisan and Barley-water: In Fevers, not so very acute, Panadoes are given, twice or thrice in a Day, made of washed Bread and Broth. 2. In long Fevers, a fuller Dyet is fitting, of Flesh of Chickens, Veal, Hens, and Pullets, Capons, Partridges, Mutton, or the Juice pressed out of them. 3. Ptisan, made of the Decoction of Barley and Licorice, is usually given in all Fevers for Drink. 4. Also Water, that has had a piece of Bread boiled in it, either by it self or sweetned with Sugar, is good; or mingled with a little Vinegar; or Water alone boiled, to take away the Crudities, wherewith sometimes a little Sugar

Sugar is mixed. 5. Sometimes also Vomiting is to be procured, in the beginning of these Fevers. 6. In Fevers from Phlegm, a Decoction of Camomil is excellent.

2. *Of Symptoms which accompany Putrid Fevers.*

Against want of Sleep and Ravings, a Cataplasma laid to the Soles of the Feet, made of Leaves of House-leek, of Lettice, or such like.

3. *Of a Tertian Ague.*

1. A Cup of Hippocras, given before the Fit, cureth. 2. Take the Juice of Plantain four Ounces, Vinegar of Roses half an Ounce, Saffron three Grains; mix them and give the same to the Patient to drink, two Hours before the Fit. 3. Decoction of Camomil, or the distilled Water thereof, to the Quantity of four Ounces, given two Hours before the Fit. 4. Rose-water, Plantain-water and Aquavitæ, of each a Spoonful, given before the Fit. 5. Mousse-ear, beaten with Salt and Vinegar, applyed to the Wrists, before the Fit. 6. Or Stone-crop used in like Manner. 7. Shepherds-Purse, beaten with Salt and Vinegar, doth the same.

4. *Of a Quotidian Fever.*

Take Flowers of Camomil three Pugils, Tops of Roman Wormwood two Pugils; boil all in three Pints of Water, to a Pint and an half; add to the Strainings four Ounces of Sugar; let the Patient drink five or six Ounces every Morning.

5. *Of a Quartan Ague.*

1. Leeches upon the Hemorrhoid-Veins. 2. Ten Grains

Grains of Saffron in Powder, given with white Wine before the Fit, doth much weaken the same.

3. Roots of Nettles beaten, moistned or steeped in Vinegar, applyed to the Arteries of the Wrists and of the Feet. 4. Also Craw-foot applyed to the Wrist.

6. *Of Complicated Fevers, and particularly of a Semitertian.*

Have recourse to the Cure of a Quotidian and Tertian.

### §. III. Of Pestilential Fevers.

1. A Cataplasm of Snails beaten and applyed to the Soles of the Feet. 2. Warm Milk gargarized mitigates Pain, tempers Inflammation, moistens the Tongue and Throat, and attracts the Venom to it.

#### 1. *Of Measles and small Pox.*

1. Many keep an Ewe or Wedder in their Chamber, or on the Bed; because these Creatures are easily infected, and draw the Venom to themselves; by which means some Ease may happen to the sick Person. 2. A Decoction of Barley, or of the Roots of Sorrel, or of Hart-horn, is profitably used for Drink, in the Beginning of the Disease especially, and when the Fever is vehement; but if the Fever be not very violent, a Decoction of Barley and Figs will be very profitable, viz. effectually driving the Humors to the Skin. 3. Anoint the Eyes every Hour with Plantain or Rose-water, in which a little Saffron is dissolved, before the Pox begin to appear. 4. If any Pox appear in the Eye, Pigeons Blood must be

be often dropt in. 5. When the Eyes so swell that they cannot be opened, they must be often washed with a Decoction of Lin-seed, and so the Swelling will fall, and the Eyes open. And if, when the Eyes are opened, there appear Clouds in them, they must be scoured off with Sugar-candy finely powdered. 6. To preserve the Nostrils, they must often smell Vinegar. 7. If Pox be within the Nose, anoint often with the Oyl of sweet Almonds. 8. And finally, if an Ulcer happen in the Nose, it must be drest with a Linement of the Oyl of Yolks of Eggs, and Juice of Plantain, stirred together in a leaden Mortar. 9. Oyl of Egg-yolks doth nourish and engender Skin; and therefore is very convenient to fill the Pox-holes. 10. Wedders Sewet fresh and new, molten and done out with a Feather, is effectual to the same Purpose.

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## T H E

*Poor Man's Physician.*

## P A R T II.

## I. Of the Head.

## § 1. Of Falling of the Hair.

1. **M**AKE a Lee of the burnt Ashes of Doves Dung, and wash the Head. 2. Boil the Leaves and the inner Bark of the Oak-tree in Water, and wash the Head. 3. Filbert-nuts boiled in Bears Grease, restoreth Hair that is pluckt out. 4. Ashes of little Frogs burnt applyed, suddenly cureth the Fall of the Hair. 5. The Head washed with the Decoction of Mallow-roots in Water, incontinently causeth the Scales of the Head to fall. 6. Burnt Ashes of Goats-dung, anointed with Oyl, multiplieth Hair. 7. Laudanum anointed, multiplieth Hair. 8. The Place rubbed over with Onions, multiplieth Hair. 9. Wash the Head often with Water of the Decoction of the middle

middle Bark of Elm-tree, it causeth the Hair to grow effectually. 10. Wormwood bruised and bound on the Place. 11. Burnt Ashes of Goats-Hoofs, made up with Pitch, cureth *Alopecia*. 12. *Euphorbium* with Oyl applyed, is admirably good against the *Alopecia*. 13. Also the burnt Ashes of Bees, with Oyl, anointed on the bald Place. 14. Wash the Head with a Dog's Urine, and you shall not be bald. 15. Make a Lee of the burnt Ashes of Ivy-tree, the Bark taken off, and wash the Head therewith, and your Hair shall be Yellow.

§ 2. *To hinder Hair from Growing.*

1. Pluck out the Hair, and anoint the Place with the Blood of a Bat. 2. Or anoint the Place with the Blood of a little Frog, 3. Or with the Oyl of Henbane. 4. Or Loch-leeches bruised with strong Vinegar, applyed. 5. Burnt Ashes of Colewort-stalks, mixt with Vinegar, hindereth the Growing of the Hair. 6. Also the Juice of Hemlocks, carefully mixt with Water, applyed to the Place where Hair is pluckt out. 7. Dogs Milk anointed, suffers not Hair to grow. 8. Sprinkle upon Water, (with which you mind to wash a Place, from which you would have Hair to fall,) Powder of the burnt Ashes of green Frogs, and the Hair will fall all out. 9. Meal of Lupines applyed, causeth Hair to fall, and suffereth not other Hair to grow on the Place. 10. Juice of Fumitory mixt with Gum-Arabick (the Hair being first pluckt out) applyed, suffereth not Hair to grow again. 11. Powder of Swans Bones, put upon any Body's Head, incontinently causeth the Hair to fall.

## § 3. For Ulcers and Scabs in the Head.

1. For Blisters, wash the Head often with Vinegar.
2. Or with Water in which Camomil is boiled; there is nothing better.
3. Cresses bruised with Goose-grease, applyed, cureth the *Rosca*.
4. Violet-Leaves bruised with Honey applyed, cureth suddenly.
5. Decoction of Vetches cureth all Scabs of the Head, as also of the whole Body.
6. Vinegar, in which Tartar is boiled, cureth the *Rosca*, the Scall being first made clean.
7. Wash the Head with Water, wherein the Leaves and middle-Bark of the Oak-tree have been boiled.
8. Gather the Grains and Leaves of a green Fig-tree, and bruise them strongly with Water, if it be a new Scall or *Rosca*; and if it be an old Scall, with Vinegar so long until it be like Marrow, and anoint therewith.
9. The Leaves of Radish, mixt with old Grease, applyed, is profitable.
10. The Herb *Scabius*, bruised with Swine-seam, takes away salt Phlegm, and the Pustules or Biles that come thereof, applyed.
11. Wormwood bruised and applyed to the Head, soon helpeth.
12. Powder of a Pismire-hillock, mixt with Oyl, and anointed before the Heat of the Sun, powerfully cureth the Scab and *Rosca* of the Head.
13. Bruise old Grease, Celidon and Brimstone together, anoint the Head therewith, being first razed, is best of all.
14. Take of Allum eight Ounces, of Salt two Ounces; dissolve them in strong Vinegar, and anoint the Head.
15. Put upon the whole Head white Hellebore, bruised with Swines Grease.
16. The raw Liver of a Swine, emplastered upon the Head for the

space

space of twenty Dayes, and then washed with cold Water, the Head shall be cured.

§ 4. *For Lice and Nits in the Head.*

1. The Filings of Hart-horn drunk in Wine is profitable; but it will be more forcible to make an Unguent thereof. 2. The Powder of Pepper anointed with Spittle. 3. *Staphis ngria* pulverized, bound in a Cloath, and carried about one's Flesh, draweth all the Lice to it self, and they die.

§ 5. *For Scurf or Scales of the Head.*

1. Oyl of bitter Almonds anointed. 2. Meal of Lupines rubbed on. 3. Wild Oyl-olive anointed.

§ 6. *Against Sun-Burning.*

1. Liquor of the Leaves of Elm-tree anointed, preserveth the Face from Sun-burning. 2. The Face anointed with Hares Blood, removeth Sun-burning. 3. The Mucilage of Lin-seed smeared on the Face. 4. Incense with Milk, anointed, cureth.

§ 7. *To make the Face fair.*

1. The distilled Water of Snails, anointed. 2. The distilled Water of the Juice of Limons. 3. Wash the Face with the Decoction of Lupines. 4. Anoint the Face with the Juice of the Flowers of Primrose.

§ 8. *For bloody Pustules.*

1. The distilled Water of Ash-tree, anointed. 2. Strawberry-wine anointed. 3. Foment the Pustules with the distilled Water of Mullein, adding thereto a little Camphire.

§ 9. *For*

## § 9. For Wrinkles in the Face.

1. Anoint the Face often with Oyl of Myrrhe, or perfume the Face with the Smoak of Myrrhe, in a burning Dish. 2. The distilled Water of the Juice of Aron, or Cuckow-pint, anointed. 3. Juice of Primrose, anointed.

## § 10. For Spots in the Face.

1. Distilled Water of the Juice of Limons. 2. Oyl of the Yolks of Eggs. 3. Oyl of Wheat. 4. Oat-meal boiled in Vinegar. 5. Decoction of Lupines anointed. 6. Mustard kneaded with Water anointed, 7. The Juice of *Bonus Henricus*, anointed with Vinegar. 8. Strawberry-wine anointed. 9. Juice of the Flowers of Primrose. 10. The distilled Water of the Flowers of Mullein.

## § 11. For Freckles and Spots in the Face.

1. Cassia with Honey anointed. 2. The Blood of an Hare hot anointed. 3. The Meal of Wheat with Mulse-Vinegar, that is, Vinegar and Honey mixt. 4. Nutmegs and their Oyl anointed. 5. Oyl of Yolks of Eggs. 6. Oat-meal boiled in Vinegar applyed. 7. Barley-meal kneaded with Vinegar and Honey, applyed Plaister-wise.

## § 12. For a Scar or Cicatrice in the Face.

1. Cover the Face with a Cataplasm made of Bean-meal and Goose-grease. 2. Anoint the Face with the Oyl of Myrrhe. 3. Anoint the Face with the Sweat of an Egg, when it is a-roasting.

## § 13. For Pimples and Spots in the Face.

The Juice of Onions mixt with Salt.

## § 14. For Vitiligo, or Leprous Faces.

1. Anoint the Place with Hares Blood. 2. Or with

with the Ashes of Garlick with Honey. 2. With Oyl of Yolks of Eggs. 4. With the Juice of Gentian.

§ 15. For Tetters and Ring-worms.

1. Brimstone & Venice-Turpentine mixt together anointed. 2. Salt with Oyl and Vinegar rubbed on. 3. New Bread of Wheat, with Brine applyed. 4. Ashes of Garlick with Honey applyed. 5. Mustard with Vinegar anointed. 6. Spurge-milk anointed. 7. Fasting-spittle rubbed on. 8. A Foment of Sea-water applyed. 9. Pitch with Honey anointed. 10. Oyl of Yolks of Eggs anointed. 11. The Leaves of Mint and Horehound rubbed on, being bruised in Vinegar.

§ 16. For Blisters.

1. Anoint the Place either with old and stale Urine of a Man. 2. Or with the Rust of Iron. 3. Or with *Sanguis Draconis*. 4. Or with Cinnabarium.

§ 17. For the Morpew, called Alphos.

A raw Onion rubbed on.

§ 18. For the Wild-Scab, called Pfora.

1. *Staphis agria*, bruised with Oyl anointed. 2. A Foment of Sea-water applyed. 3. Decoction of Lupines poured on.

§ 19. For the Itch.

1. Brimstone with Nitre rubbed on. 2. Salt with Oyl and Vinegar rubbed on. 3. Allum with Water, sprinkled on. 4. Juice of *Bonus Horricus*, with Vinegar, anointed. 5. Decoction of Sena in Whey, often taken. 6. Or the Decoction of Agrimony. 7. Of Fumitory. 8. And of the Flowers of Lupines, often taken.

§. 20. *For Warts, Corns, and hard Flesh.*

1. Anoint the place with Vinegar, wherein the burnt Ashes of the Bark of the Ozier-tree have been steeped. 2. Apply Sheeps-dung mixt with Vinegar. 3. Rust of Iron, applyed. 4. The Root of Crow-foot bruised, applyed. 5. Juice of the great Celandon anointed. 6. Cantharides bruised, adding thereto Vinegar and Leaven, applyed. 7. Incense with Vinegar and Pitch, applyed. 8. Juice of Spurge applyed.

§. 21. *For Rists of the Lips and Hands.*

1. Goose and Hens-grease, anointed. 2. Oyl of Yolks of Eggs, applyed. 3. Pomat applyed.

§. 22. *For the Head-ach, coming of Cold.*

1. Oyl or Water of Vervaine, applyed to the Head. 2. Galanga, or Lavender, or Musk, or Amber, or Civet, put up in the Nose.

§. 23. *For the Head-ach, coming of Heat.*

1. Stone of Tree-moss, steeped in Rose-water, applyed to the Fore-head. 2. Juice of the Birk-tree, applyed to the Fore-head. 3. Red-roses boiled in Red harsh Wine, anointed, and the Roses applyed Plaister-wise to the Fore-head. 4. The Slime of quick Snails, with Oyl of Roses, applyed. 5. The Yolk and White of a new laid Egg, with Rose-water and Oyl of Roses, applyed. 6. Purpy bruised, applyed. 7. Beans. boiled in Vinegar, applyed. 8. Green Leaves of Water-Lilly or Henbane applyed. 9. The Juice of any kind of Sea-green, or the Herb bruised, applyed to the Fore-head.

§. 24. For the Megrim.

1. The Powder of Incense and Myrrhe, mixed with the White of an Egg, anointed on the Temples of the Head. 2. Sneezing provoked with Flowers of Ptarmica, with the dry Powder of Craw-foot Roots, with Powder of white Hellebore, with Powder of Mustard-seed, with Powder of Pepper. 3. The Head is to be purged, with the Juice of Cole-worts, — Juice of Beets, — Juice of great Celandon, — Juice of Flower de Luce. — Juice of Marjoram, put up in the Nose. 4. Masticatories for Purging of the Head, and to be long kept in the Mouth, or an Onion, — Pellitory, — *Staphis agria*, — Raisins, with Pepper, — Maltick and Odoriferous Wax, — Root of *Imperatoria*, — Mustard, — Cresses. 5. The often Use of the Decoction of Sena, or Infusion.

§. 25. For a weak Brain.

1. *Agalocum* drunk. 2. Cubebs swallowed. 3. Musk or Civet smelled upon. 4. Powder of Amber and Cloves, sprinkled upon the Head. 5. Rosemary and Conserve thereof often eaten.

§. 26. For a Rheumatick Brain.

1. Red Santals sprinkled on the Head. 2. Fume or Smoak of Cloves taken up in the Nose. 3. Roman Nigella, — Vernix, — dry Roses, — Sage, — Rosemary, — Maltick, — Carabe, — Incense, — *Sanguis Draconis* taken in Smoak, or made in Powder, sprinkled on the Head.

§. 27. For Drunkenness, or Surfeit.

1. Coleworts supped after Meat. 2. Worm-wood taken

taken before Meat. 3. A Linen-cloth, dipt in Vinegar, wrapt about the Cods. 4. Six bitter Almonds, eaten before Drinking.

§. 28. *For running Ulcers of the Head.*

1. Bath the whole Head with old Urine, putting upon the Head Fene-greek. 2. Mallows with Man's Urine emplaistered. 3. Garlick-ashes with Honey, anointed. 4. Sowr Brine sprinkled on the Head. 5. The Juice of Mint anointed.

§. 29. *For Inflammation of the Brain, called Sirialis.*

All the Santals, mixed with Rose-vinegar, Oyl, and a little Camphora added, anointed on the Fore-head.

§. 30. *Lethargy.*

A Lethargy is an Oppression of the Brain, with Forgetfulness and Sleep. 1. Bruise Rue and Water-mints with strong Vinegar, and apply it to the Nose. 2. A Man's own Hair burnt, made up with Vinegar and a little Pitch, applied to the Nose, awaketh him powerfully out of a Lethargy. 3. The Lights of a Swine, applied to the Head, being first razed, is marvellous good. 4. The Smoak of Galbanum with Harts-horn, put up in the Nose, is to be preferred to all. 5. *Mel. Abacarinum*, given in Drink, is the proper Medicine of this Disease. 6. The Fume or Smoak of Kid-leather burnt, taken up in the Nose, awaketh the Lethargy, the Epilepsy and the Histerick Passion. 7. Savoury, bruised and boiled, applied Plaister-wise to the Crown of the Head, awaketh them that are in a deep Sleep.

Sage and Lavender doth the same. 9. Bruise Mustard-seed with Vinegar, and therewith rub the Soles of the Feet strongly, and it will awake the Patient. 10. Burn the whole Skin of a Hare with the Ears and the Nails; the Powder thereof being given hot and warm to the Patient; cureth the Lethargy perfectly. 11. The distilled Water of Cinnamon drunk. 12. Conserve of the Flowers of Gilliflowers eaten. 13. Conserve of the Flowers of Sage. 14. Conserve of the Flowers of Rose-mary. 15. Root of *Imperatoria*, applyed to the Fore-head and taken. 16. Oyl of Leaves, and Flowers of Hyssop anointed.

§ 31. For the Frenzy.

1. Apply to the Head a Water-Sponge, infused in the Water of the Decoction of Betony, — or Water-Lilly, — or Henbane, — or a Whelp cut up through the midst of the Belly, — or a Cock, — or the Lights of a Swine. — Likewise let the Arms be strongly bound, until it raise Pain, and the Thighs and Legs, — Also cause the Patient smell Camphora, — or Henbane, — or Opium, — or the best Saffron. — Also cause anoint the Eyes, Nose and Lips with Myrrhe taken in Rose-water, and the Milk of *Papaver*, — of Opium, — of Henbane, boiled in Mulse, and incontinent he shall be quiet and still. 2. Take two Drams of Opium, three Ounces of Wheat, bruise them with Honey and Vinegar, anoint all the Pulses therewith, and he shall be quiet and still. 3. Open a Vein, that is in the midst of the Fore-head, and draw forth much Blood, the Pain shall cease. It is a most expert Cure. 4. Eight Ounces of the Juice or Decoction

of Mallows drunk, provoketh Sleep. 5. The Gall of a Hare drunk with Wine, causeth a Man ever to sleep, until you give him Vinegar. 6. A Water-sponge, steeped in hot Wine, applyed to the left Pap often. 7. Hemlocks boiled in Water, applyed to the Head being razed. 8. The Head anointed with *Castoreum*, maketh the Phrenetick quiet. 9. Anoint the Lips and Nose with Sweet-wine, wherein Henbane has been boiled, & presently the Patient shall fall asleep with great admiration. 10. Anointing the Fore-head with Oyl of Roses, and applying Leeches to the Veins of the Fore-head, is wonderfully good.

§. 32. *For inveterate Pain in the Head.*

1. The Juice of Ground-Ivy, put up in the Nose, purgeth the Head very well, and easeth the pain thereof; and the Juice of Black-Ivy, put up in the Nose, cureth the filthy Rottenness of the Nose. 2. Calamint, or wild Thyme, bruised and rosted, applyed to the Head, is very profitable for Rheum in the Head, of a cold Cause. 3. Beans, the Skins taken off, boiled and bruised, emplaistered upon the Head, cureth Pain. 4. Hyssop rosted, applyed to the Head, &c. 5. Doves Dung, Mustard, Horse- or Water-Mint, and Rue-seed, bruised and rosted, applyed to the Head, drieth up cold Rheum, and cureth the oldest Pain thereof. 6. Millet, Salt, Dill, often applyed to the Head, in a Pock, consumeth much Rheum.

§. 33. *Vertigo, or Giddiness.*

1. Foment the Head with Water of the Decoction of Trefoil; thereafter emplaister the Herb to the

the Fore-head and Temples, and the *Vertigo* shall be put to flight. 2. A Garland of Vervain, put upon the Head, extirpates all Pains. 3. Juice of Onions, put up in the Nose, or snuft up, purgeth the Head well. 4. Blood drawn of the Fore-head-Vein, cureth many Diseases of the Head. 5. Juice of Leeks put up in the Nose, when one goeth to Bed at Night, cureth many Infirmities of the Head. 6. Galbanum smelled upon. 7. The Root of *Imperatoria* drunk or eaten. 8. *Sagapenum* taken in Drink or applied. 9. Decoction or Infusion of Sena drunk. 10. Calamint drunk and applied. 11. Juice of Plantain, and the Herb it self, bruised and emplaistered with the Patient's Urine, suddenly removeth Pains of the Head. 12. Arrache, bruised and applied Plaister-wise, doth the same. 13. The Fore-head and Temples anointed with *Dialthea*, suddenly cureth.

§. 34. *For Pain in the Fore-head.*

1. Bruise Rue with Salt, adding thereto Honey, and anoint the Fore-head. 2. The Leaves of Betony alone emplaistered, wonderfully cureth the Passions of the Fore-head and Eyes. 3. Celidon, boiled and bruised, applied Plaister-wise to the Fore-head. 4. Juice of Ground-Ivy, mixt with old Lard or Fat of Bacon, anointed on the Fore-head, helpeth marvellously. 5. Mint bruised, applied to the Fore-head, easeth Pain by drawing forth Humors.

§. 35. *Watching.*

1. A little of the Fruit of Tamarinths given, hath not an equal for Efficacy. 2. Ashes of Harts-horn burnt,

burnt, mixt with Oyl of Roses, anointed on the Head and Temples, causeth a pleasant Sleep, and thereby easeth the Pain of the Head. 3. Juice of Celidon, put up in the Nose, purgeth the Head. 4. Vapor, or Fume, of the Decoction of the Roots of Celidon in Wine, received in at the Mouth; Or the Decoction it self, often gargarized with, purgeth the Head, and puts up the Pap of the Halfe, by drying thereof. 5. For an old Pain in the Head, there is not a more commodious Cure, than a Plaister of Mustard. 6. If the Patient take three Pills, each of the Quantity of a Bean-pickle, made of Aloes and the Juice of Coleworts; scarcely shall he be troubled with any Pain in his Head thereafter. 7. Lettice taken in Meat. 8. The Leaves of Ground-Ivy bruised, and emplaistered upon the Fore-head with the White of an Egg. 9. The Juice of Lettice, with the Oyl of Roses, anointed on the Temples and Fore-head.

§. 36. *Epilepsy.*

1. Powder of Harts horn, drunk in Wine, cureth. 2. The Brains of a Fox, given often to Infants or young Children to eat, preserveth them, that they shall never be affected with the Epilepsy. 3. Mares Milk drunk is effectual. 4. The Liquor that falleth from the Lights of a Ram, when it is roasting, cureth. 5. Cock-stones, bruised with hot Water, drunk, cureth; if they abstain from Wine Nine Days. 6. Crow-eggs taken are profitable. 7. Powder of a Man's Bones burnt, chiefly of the Scull that is found in the Earth, given, cureth the Epilepsy. The Bones of a Man cureth a Man, the

Bones

Bones of a Woman cureth a Woman. 8. How long soever the Patient shall carry or wear *Aristolochia* about him, he shall not be troubled with the Epilepsy. 9. A Girdle of a Wolf's Skin, worn about one, that Person shall not be troubled with the Epilepsy. 10. Mistletoe of the Oak drunk, cureth certainly this Disease. 11. Three Spoonfuls of the Juice of Horehound, mixt with three Spoonfuls of Honey, drunk at one Draught, cureth. 12. If the Patient fall suddenly, kill a Dog, and give him the Gall hot. 13. Pellitory of Spain, hung about the Neck ( especially of a Child ) or holden to the Nose, cureth the Epilepsy. 14. Piony-root, hung about the Neck, preserveth from falling, as long as he keepeth it. 15. Take a Frog, and cut her through the middle of the Back with a Knife, and take out her Liver; roll the same in a Colewort-Leaf, and burn it in a new Lame-Vessel well stopped, and give the Powder thereof to the Patient in Drink; and if he be not cured for this at the first, give it to him often, one after another, and you need not doubt but he shall be cured perfectly. 16. Swallows eaten cure the Epilepsy. 17. The Root of *Imperatoia* given in Potions. 18. Piony-Seed, thred upon a Threed, and bound about the Neck. 19. Coral drunk and hung about the Neck. 20. Infusion of black Hellebore drunk. 21. Squil-Vinegar often taken.

§. 37. *Melancholy.*

1. Juice of sweet Apples and of Citrons. 2. Decoction of black Hellebore. 3. Decoction of Betony-Leaves. 4. Six Ounces of the Juice of Mallows

Mallows drunk. 5. Balm, drunk often any manner of way, helpeth Melancholians. 6. Infusion of black Hellebore drunk. 7. Squill-Vinegar drunk. 8. Syrup of *Polypodium*.

§ 38. Convulsion.

1. *Castoreum* anointed and drunk. 2. Oyl of Lin-seed anointed. 3. Oyls of Hyssop, — Sage, — of white Lillies. 4. Hemp-roots boiled, then bruised and anointed. 5. The Root of *Imperatoria* sometimes taken, sometimes applied.

§ 39. Numbness or Stupidity.

1. Decoction taken in Form of a Hydromel, of Mead or Penny-royal, — of Rosemary, — of Sage, — of *Imperatoria*, — of Hyssop, — of Marjoram, — of Germander. 2. Mustard-oyl, — Oyl of Hyssop, — Oyl of Sage.

§ 40. Palsy.

1. *Sagapennum* drunk. 2. Wine of Squills drunk. 3. Decoction of *Asa rabacca* drunk. 4. Cinnamon-water drunk. 5. Meal made of the Root of Elicampane drunk. 6. *Castoreum* drunk with Musse. 7. Juice of Sage drunk. 8. Decoction of Sage, — of Roots of *Imperatoria*, — of Marjoram, — of Sena, — of Germander, taken in Form of Hydromel. 9. Conditè Roots of Flower de Luce eaten. 10. Conserve of Acorns, — of Rosemary, — of Betony, — of Balm, — of Sage, 11. Mustard-Oyl anointed. 12. Oyl of Hyssop anointed.

§ 41. Trembling.

1. The common distilled Water of Cinnamon. 2. De-

2. Decoction of the Root of *Imperatoria*. Moreover, all the Cures that are good for the Palsy.

§ 42. *For the Pains of the Nerves and Joints.*

1. Squil-Vinegar drunk. 2. Wine of Thyme drunk, 3. Venice-Turpentine, eaten with the Juice or Decoction of Ground Pine. 4. All the Conerves mentioned in the Palsy. 5. Oyl of Nutmegs drunk and anointed. 6. Oyl of Turpentine anointed. 7. Burnt Ashes of Beans, Stalks and Cods, mixt with old Swines-Grease, anointed. 8. Sea-water poured on. 9. The Root of *Althæa*, by it self, or the Decoction in Wine or Mulse-water, applied Plaister-wise. 10. Lilly-roots roasted, mixt with Honey, applied.

§ 43. *Wounds of the Nerves.*

1. Snails bruised, applied. 2. Earth-worms bruised, applied. 3. Oyl of Venice-Turpentine anointed. 4. Oyl of Nuts. 5. Distilled Oyl of Wax. 6. The Flesh of Snails with Miln-dust applied. 7. Oyl of Worms. 8. Oyl of Turpentine. 9. Oyl of St. Johns-wort.

§ 44. *Contraction and Hardness of the Nerves.*

1. Badgers or Brocks Grease anointed. 2. Oyl of Yolks of Eggs anointed, 3. Oyl of Lin-seed anointed. 4. The Marrow of a Hart or Calf.

§ 45. *Bruised Nerves.*

1. Flesh of Snails, mixt with Miln-dust, applied. 2. Bean-meal mixt with Oxymel. 3. The Root of Dragons, with Honey and Goats-dung anointed.

## II. Eyes.

## § 1. Pain of the Eyes.

1. **T**HE Yolk of an Egg roasted, adding thereto Rose-water and Saffron. 2. Snails bruised in a clean Mortar, with a Hen's Egg raw, bound to the Forehead with unwashed Wool. 3. The Juice of Blew-bottle dropt into the Eyes. 4. The Agate-stone looked unto. 5. Roses put into a little Pock, and made luke-warm, applyed, removeth Pain and Swelling of the Eyes. 6. For a great Pain of the Eyes, take burnt Ashes of Colewort-stalks, the Yolk of an Egg boiled, a Woman's Milk and a little Honey, and put into the Eyes. 7. The Lights of a Hare suddenly ease Pain. 8. All kinds of Milk ease Pain of the Eyes; and chiefly emplaistered with the Yolk of an Egg and Oyl of Roses. 9. Betony bruised and emplaistered, cureth the Strokes of the Eyes. 10. The White of an Egg luke-warm, anointed on pained or sore Eyes, restoreth them to Health. 10. The Eyes of a Crow, hung about the Neck, healeth all Infirmitie of the Eyes.

## § 2. Dimness of the Eyes.

1. The Gall of a Partridge put into the Eyes. 2. Juice of Rue, mixt with clarified Honey, putting a little thereof into the Eyes now and then, cureth ancient Dimness of the Eyes. 3. Vervain bruised with the White of an Egg, applyed. 4. The Leaves of Vervain, bruised with Wine and Salt, and put  
upon

upon the Eyes Day and Night, hath an admirable Effect. 5. Juice of Plantain put into the Eyes, or the Herb applyed, doth the like. 6. Aloes bruised with the White of an Egg, helpeth wonderfully. 7. Boil Betony or its Roots in Water, and wash the Eyes therewith, it cureth Dimness of the Sight, by drawing the Blood to the inferior Parts. 8. The clarified Juice of Acorns put into the Eyes restoreth them. 9. Milk of the Bark of the Willow tree anointed, cleareth the Eyes, and comforteth tender Eyes. 10. Wine wherein Tormentil has been boiled, often drunk without any other Drink, and the Herb boiled every Day, applyed Plaister-wise to the Eyes, for the space of three or four Months or more, restoreth the Sight to those who have clear Eyes and see none. 11. Bruise the Bark of a green Thorn with a little Wine; put in one Drop of that Wine into the Eye, and he shall be free of Dimness in three Days. 12. The Gall of a Cock, mixt with the Juice of Celidon and Honey, anointed upon the Eyes, cleareth the Sight perfectly. 13. The Eyes of a Pyot carried about one, sharpeth the Sight. 14. Ashes of a burnt Swallow, put in with Honey, taketh away Dimness. 15. Thyme often eaten, cleareth the Dimness of the Sight.

§ 3. *Spots of the Eyes.*

1. Juice of Wormwood put into the Eyes.
2. Ashes of burnt Snails with their Shells, put upon the Spot of the Eye, taketh it away in three Days.
3. Ginger rubbed upon a Grind-stone, with white Wine, put into the Eyes, removeth the Spots.
4. The Juice of Flowers of Millefolium, bruised with  
Woman's

Woman's Milk, strained, put into the Eyes, taketh away Spots of the Eyes. 5. Juice of Knot-grass put into the Eye, taketh away the Mark in one Day. 6. The Powder of Tussilage and Ground-Ivy applyed, doth the same. 7. To take away a great Spot or Mark, steep the Roots of Celidon in Rose-water; then put them in a Linen Pock and hang them up, and that which droppeth from the Roots, put into the Eyes: This is only to be done with great Spots and Marks, otherwise it would dissolve the Eyes. 8. Pure common Oyl put into the Eyes, taketh away the Spot suddenly: 9. The Juice of Darnel, exprest by chewing of it in the Mouth, put into the Eyes, taketh away Spots hastily. 10. Ceruse put into the Eyes, cureth Spots and cleareth the Eyes. 11. Camphora doth the like. 12. Decoction of Rue in Wine, to the Consumption of the third Part, put into the Eyes, cleanseth them from all Filthiness and Blood. 13. Ashes of Man's Dung put into the Eyes, cureth all Spots and Dimness. 14. A precious Powder to take away Spots, and to bind the Blood and Tears of the Eyes: Take of *Tutia* two Drams, of *Sanguis Draconis* one Dram, of finely brayed Sugar one Dram, searce them; and of these put a little into the Eyes, with Water of Effros and Fennel: A most secure and certain Experiment without Danger.

§ 4. *Red and Bloody Eyes.*

1. Green Wormwood, bruised with the White of an Egg, put into the Eyes, taketh away the Blood and Redness of the Eyes, of whatsoever Humor it cometh. 2. The hot Lights of a Sheep put upon the  
Eyes,

Eyes, soon cureth bloody Eyes. 3. Also the Juice of Parsley, put in with the White of an Egg. 4. Vervain bruised with the White of an Egg, bound on the Eyes in the Night, cureth blood-shot Eyes. 5. Doves Blood cast into the Eyes, binds the Blood of them. 6. Parsley, with the White of an Egg, cureth bloody Eyes. 7. Powder of burnt Willow-tree, put dry into the Eyes.

§ 5. *Of Watry or Teary Eyes.*

1. The Eyes often washed with Water of Decoction of wild Thyme, dryeth watry Eyes. 2. Musk made in Powder, put into the Eyes. 3. Saffron with Woman's Milk, anointed on the Eyes. 4. Incense put into the Eye, with the Yolk or White of an Egg. 5. The Soot of Incense, or Pitch, or of Butter, anointed on the Eyes. 6. White Starch put into the Eyes. 7. Tutia washed in Rose-water, until it change the Colour, put into the Eye, cureth watry, bloody and hot Eyes. Tutia above all Medicines, by hindering the Matter flowing to the Eyes, clearth them by drying of them. 8. Beans, the Skins taken off or chewed, tempered with the White of an Egg, applyed Plaister-wise to the Temples of the Head, diverts flowing of Humors to the Eyes. 9. A Drop of the Patient's Urine powerfully dryeth up Tears. 10. Touch the Eyes often with a Sapphyre or Emerald, and the watry Eyes are cured.

§ 6. *Heat in the Eyes.*

1. The White of an Egg casten, and the Fume scummed off, put into the Eyes, cureth Heat and pricking

pricking Pain in the Eyes. 2. Anoint the Eyes with Dog's Milk, mixt with the Juice of Knot-grass. 3. For Itch in the Eyes, take the Juice or Leaves of Parsley, mixt with the best white Wine, and anoint the Eyes. 4. For superfluous Flesh in the Eye, the Juice of green Coriander, tempered and strained, put in the Eyes.

§ 7. *Ulcer and Fistula in the Eyes, &c.*

1. Juice of Plantain, put on the Angles of the Eyes, with silken Caddes, cureth the Ulcer of the *Fistula*, within nine Days. 2. *Acacia* plaistered upon Tumors and Wounds of the Eyes, wonderfully helpeth them. 3. Beans chewed, emplaistered with Wine, upon the Eyes that are hurt with a Stroak, cureth them. 4. Night-shade applyed cureth a *Fistula* in the Eye. 5. Ashes of Harts horn, burnt in an un-used Pot, put in the Eyes, cure Ulcers and Hurts in the Eyes. 6. The Leaves of Field-mallows chewed, and applyed with a little Salt, cleanse the *Fistula* of the Eyes, and cause Flesh to grow. 7. For *Albugo*, or a white Spot in the Eye. Man's Urine tempered with Honey, cureth. 8. Also Juice of Ground-Ivy, put into the Ear of that same Side the *Albugo* is in, the Head being vehemently bowed backward, taketh out the Disease.

§ 8. *Nail or Haw in the Eye, &c.*

1. Juice of the Roots of Lillies put in the Eye. 2. Blood of a living Eel put in the Eyes. 3. Powder of Licorice sprinkled on the Eyes. 4. For the *Web* in the Eye, Juice of wild Purslaine put in the Eye, without doubt taketh away the *Web*. 5. For the

the Disease in the Eye called *Pannus*, the Gall of a Goat, with the Juice of Rue. 6. Juice of red *Papaver*. 7. For the *Scurf* of the Eye-brows, ( called *Ordeolum* ) Pismires wanting the Heads, bruised and applied.

§ 9. *Affects of the Eye-lids, or Hairs.*

1. *Lapis Armenius* anointed, hindereth Falling of Hair off the Eye-lids. 2. Oyl Omphacine, — or the Gall of a Partridge, — or the Gall of a white Hen, anointed on the Eye-lids, cureth Roughness and Filthiness on them, 3. Aloes, — or the Milk of Figs anointed, — or *Tragacanthæ lachryma* steeped in Milk anointed, — or *Sagapenum* with Vinegar put on, cureth Scabbedness of the Eye-lids. 4. A Hens Egg raw, mixt with the Oyl of Roses put on, — distilled Water of Ducks Meat anointed, — distilled Water of Borage and Bugloss, cureth Inflammation of the Eye-lids.

§ 10. *White Spot in the Eye, Albugo.*

1. Myrrha, — or the Gall of a Partridge, or of a white Hen, — or of a wild Goat put into the Eye. 2. Man's Urine boiled in a Copper Vessel, anointed. Juice of Onions anointed. 4. Juice of Trefoil mixt with Honey, anointed. 5. Milk put into the Eyes. 6. Juice of Hawk-weed put into the Eyes.

§ 11. *Clouds in the Eyes, Nubecula.*

1. Juice of Fennell put into the Eyes. 2. Man's Urine, boiled in a Copper-Vessel, put into the Eyes. 3. The Gall of a Partridge, or of a white Hen, — or of a wild Goat. 4. Juice of Onions put into the Eyes, — or Juice of Trefoil. 5. Gall of

of a Hare, mixt with Sugar, put into the Eyes. 6. Distilled Water of Man's Dung put into the Eyes. 7. Powder of Clows, made very fine, put into the Eyes. 8. Juice of great Celidon, mixt with Woman's Milk, put into the Eyes. 9. Juice of Hawkweed, with Woman's Milk, put into the Eyes. 10. Strawberry-wine dropt into the Eyes. 11. Effros taken within, any manner of Way.

§. 12. *Of Scroaks, Wounds, Ulcers, and gnawed or consumed Angles of the Eyes.*

1. Woman's Milk, with Incense, casten into the Eye. 2. The Blood of a Dove or Partridge, anointed. 3. The Soot of Incense, or of Turpentine, or of Butter, anointed, drieth up Ulcers in the Eyes. 4. White Starch anointed. 5. Gnawn or consumed Angles of the Eyes are dried up with Oyl Omphacine anointed. 6. With the Soot of Pitch put on.

§. 13. *For Ægilops, Lachrymalis, Fistula and Falling out of the Eyes.*

1. Plantain applyed Plaister-wise, — the Leaves of Garden-Night-shade cut small, put to — *Cadmia* anointed, — *Eni Spuma* put in, for *Ægilops* or *Lachrymalis* Fistula. — 2. Bean-Meal, *ons* with Roses, Whites of Eggs and Incense, applyed Plaister-wise, cureth Eyes, that are fallen out. 3. The Leaves of Bramble bruised doth the like, being put in.

§. 14. *Inflammation of the Eyes.*

1. Cheese, put on the Eyes. 2. Sugar, put in the Eyes. 3. Mouse-ear with *Polenta*, applyed Plaister-wise.

wife. 4. The Leaves of great House-leek, apply-  
 ed. 5. Parsley, with Bread, or *Polenta*, put to. 6.  
 The Leaves of Mullein, applyed. 7. Snails, bruised  
 in a clean Mortar, together with a Hen's Egg,  
 boiled and bound to the Fore-head with unwashed  
 Wool. 8. Juice of Blew-Bottle dropt in. 9. Juice of  
 Hawk-weed with Woman's milk, dropt in. 10.  
 Leaves of Betony bruised and applyed to the Fore-  
 head. 11. Strawberry-Wine put in.

§ 16. *Dim Eyes, Bleared, Pin and Web.*

1. The Blood of a Dove, — or of a Partridge  
 anointed, helpeth the dim Eyes. 2. Suffusion or  
 Pin and Web is cured with the Gall of a Partridge,  
 or the Gall of a white Hen, — or the Gall of  
 a wild Goat. 3. *Sagapenum* put into the Eye. 4.  
 Juice of Hawk-weed dropt in. 5. Blearedness is  
 cured with the Juice of Purslain, — Juice of Plan-  
 tain, — of great House-leek, — of Hawk-weed,  
 infused into the Eyes. 6. Effros, taken any manner  
 of way. 7. The frequent Use of Effros-wine.

§ 17. *Dim and Dull Eyes.*

1. Dim Eyes are cured with the Juice of the Bark  
 of Willow-tree, cut when flourishing. 2. With  
 the Juice of Coleworts, boiled with Honey, infused  
 into the Eyes. 3. Frequent Use of Nutmegs. 4. Pow-  
 der of Clows finely brayed, put into the Eyes. 5.  
 Dulness of the Eyes is helped with the Juice of  
 Brook-lime, taken at the Nose. 6. With the Gall  
 of a Cock. 7. With the Juice of Fennel, and the  
 rest of the Remedies that are for Dimness of the  
 Eyes.

## III. Ears.

## § 1. Pain in the Ears.

1. **B**oil the Juice of House-leek in the Hollow of an Onion among hot Embers to rost, then express the Juice, and put it into the Ear, and apply the Onion Plaster-wife to the Ear. 2. Earth-worms bruised with the Oyl of Roses, applyed. 3. Hot Water alone, with Woman's Milk, is effectual. 4. Juice of Organy, with Woman's Milk, put in. 5. Juice of Onions with Woman's Milk, cast into the Ear, removeth Pain. 6. Fox-grease put into the Ears, cureth them. 7. Oyl made up with Cinnamon, is the chiefest Remedy for Pains. 8. A Mouse bruised in Wine, boiled with the Fat of Bacon, wonderfully cureth the ancient Dolours of the Ears. 9. Decoction of Roses in harsh Wine. 10. Juice of Fox-lights. 11. Earth-worms, with Goose-grease boiled. 12. Goose-grease, — Hens grease — Fox-grease, put into the Ears. 13. Juice of Beets, — or Plantain, — or Mustard, — or Ivy and its Berries, — or of Organy, — or of Mint, — or of Melilot, — or of Rue, — or of Horehound, — or of Hemp, by themselves, or mixt together, dropt into the Ears, wonderfully cureth Pains in the Ears. 14. Juice of Elder-Berries boiled with Honey, dropt into the Ear. 15. Juice of Mallows dropt into the Ear.

## § 2. For inward Inflammation of the Ears.

1. A Hen's Egg raw, with the Oyl of Roses. 2. Oyl of Yolks of Eggs.

§ 3. Ring-

## § 3. Ringing or Sounding in the Ears.

1. The Gall of a Bull, — the Juice of Leeks with Incense, Vinegar and Milk, — Juice of Onions.
2. The Fume of hot Vinegar, taken in at the Ear through a Tunnel, will cure Ringing in the Ears.

## § 4. Bruised or exulcerated Ears.

1. Onions, with *Polenta*, applied.
2. Brimstone, with Wine and Honey, anointed, healeth Bruises.
3. The Gall of a Swine put in the Ears, — un fet Leeks with Earth-worms, boiled in Oyl, cureth exulcerated Ears.

## § 5. Deafness.

1. Juice of Betony cast into the Ear luke-warm.
2. Juice of Laurel-tree Leaves, cast in, cureth Deafness, and extraneous Soundings in the Ears.
3. The ancientest Deafness is cured, if you take Pifmire-Eggs, bruised and strained through a Lincloth; and to this Straining cast the Juice of Peony, and drop it into the Ears.
4. Black Hellebore put in, and kept for the Space of three Days.
5. *Flos eris* blown through a Pipe into the Ear.
6. The Fume of Brimstone, suddenly taken in at the Ear through a Pipe.
7. Oyl of Venice-Turpentine.

## § 6. Filthy mattering Ears.

1. Hot Urine of a Child, infused into the Ears.
2. Juice of the Leaves of Willow-tree is esteemed the last Remedy.
3. Juice of Onions.
4. Juice of Knot-grass.
5. Allum dissolved in the Juice of Knot-grass infused into the Ear.
6. Oyl of Yolks

of Eggs. 7. Juice of *Bursa Pastoris* put into the Ear. 8. Juice of Wormwood. 9. Oyl of bitter Almonds. 10. Juice of Calamint, dropt into the Ear. 11. Oyl of Turpentine. 12. Fig-milk. 13. Juice of Arsmart. 14. Juice of Horse-mint. 15. Juice or Decoction of Hemp, infused into the Ear.

§ 7. *Stones, or Grains in the Ear.*

1. Cause a Man breath into his Ear strongly, and on a sudden draw in his Breath again. 2. Hold the Mouth and the Nose close, & provoke Sneezing. 3. Or put Turpentine or Glue upon the End of a Staff, and put it into the Ear, and draw them out therewith.

§ 8. *Swelling behind the Ears, Parotides.*

1. *Oxyfum* applyed. 2. Goat's Dung boiled in Wine or Vinegar, emplaistered. 3. Meal of Linseed, or Bean-meal with Honey, applyed Plaister-wise. 4. Glue mixt with a like Quantity of Rosen and Wax. 5. *Galeopsis* with Vinegar, applyed. 6. Fresh Roots of *Ireos* boiled and bruised with Barley-meal, applyed. 7. *Asphodil*, or *Eringo*-roots boiled, applyed Plaister-wise.

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IV. *Nose.*

§ 1. *Bleeding and Wounds of the Nose.*

1. **H**old in your Hand Knot-grass, or Shepherd's Purse, or Vervain before your Eyes, for Bleeding of the Nose. 2. The Blood burnt, made in Powder, blown up into the Nose. 3. Powder

der of Incense cast in. 4. Snails with their Shells bruised, put in, 5. Juice of both the Nettles put in. 6. *Lyfimachia* put in. 7. Flowers of *Galeopsis* put in. 8. Juice of Horse-tail put in. 9. Juice of Swine's Dung put in. 10. Juice of Rue anointed on the Fore-head stoppeth, put up in the Nose provoketh Blood. 11. Burnt Ashes of the Leaves and Roots of Rue, blown up into the Nose, wonderfully stoppeth Blood. 12. The Roots of Violets chewed in the Mouth, and the Juice often swallowed over, incontinently stoppeth the Blood of a Wound. 13. Dandelion bruised and put upon both the Paps, stoppeth Blood from whatsoever Part of the Body it floweth. 14. Powder of Beans wanting Skins, put upon the Wound, stoppeth Blood wherever it be. 15. The middle of a Bean, put into the Wound, stoppeth Blood by gluing the Wound together. 16. Ashes of a Frog, well burnt in a Pot, stop all Fluxes of Blood, and glue Veins and Arteries, and cure Burnings. 17. Also Ashes of Hens-feathers burnt, or Ashes of Nettles snuff up. 18. Roots of Nettles chewed in the Mouth, that they be swallowed over; and if you keep this in your Mouth, you cannot put forth Blood. 19. Mortar burnt, bruised with Hare's Hair, and emplaistered with the White of an Egg, stoppeth Blood of an Artery. 20. Or the Hair of an Hare alone, bruised and mixed with the White of an Egg, stoppeth Blood of an Artery, being put on. 21. Sprinkle Hare's Hair upon Water and Vinegar, and put them up in the Nose, they will produce a marvellous Effect. I my self know this to be best of any Thing known, and that it hath not an equal. 22. Blood of a Partridge, or  
of

of an Ozel, or of a Dove, put in, wholesomely repelleth Blood flowing out of Wounds. 23. Also the Blood of a Cow, put into the Wound. 24. Make a Plaister of Clay, Vinegar and Rosewater, and plaister all the Fore-head therewith. 25. Or make a Plaister of Clay, Vinegar and the Whites of Eggs. 26. Cause the Patient ly upon his Back all naked, and drop upon him Water and Vinegar. This is a most sure Remedy. 27. A Jasper-Stone carried about one, and applyed to the Wound. 28. A roasted Onion, put in the Wound. 29. The distilled Water of Plantain, mixed with an equal Portion of strong Vinegar, applyed to the Palms of the Hands, Soles of the Feet, and to the Liver. 30. The Juice of Onions with strong Vinegar, infused. 31. Jasper-Stone carried in the Hand.

§ 2. *Polypus.*

1. The Root of great Dragons put in the Nose. 2. *Flas aris* put in the Nose. 3. *Sandaracha*, with Oyl of Roses put in the Nose. 4. Juice of the Roots of Aron, or Cuckow-pint, put in the Nose. 5. The burnt Leaves of Aron put in the Nose.

§ 3. *Ozæna, or an ulcerous Sore in the Nose.*

1. Juice of Ivy put up in the Nose. 2. Juice of great Dragons, put up in the Nose. 3. *Sandaracha*, with Oyl of Roses cast into the Nose.

§ 4. *Distillations of the Nose.*

1. The Seed of *Nigella*, dryed at the Fire, brought into Powder, and wrapt in a Piece of fine Lawn or Sarsenet, cureth all Murrhes, Catarrhes, Rheums, and

and the Pose; dryeth the Brain, and restoreth the Sense of Smelling unto those who have lost it, being often smelled unto, from Day to Day, and made warm at the Fire when it is used.

§ 5. *Nose obstructed with Shivel.*

Provoke Sneezing with Mustard bruised, or with the Root of *Ranunculus* in Powder, or with the Flowers of *Parmelia* smelled unto.

## V. Mouth and Tongue.

§ 1. *For bad Smell of the Mouth.*

1. Musk holden in the Mouth. 2. Claws chewed. 3. Angelica-Roots, chewed. 4. Gold holden in the Mouth.

§ 2. *Gnawing or eating Ulcers in the Mouth.*

1. Juice of Licorice, or of Organy, or of Scurvy-grass, holden in the Mouth. 2. A Mouth-water of the Decoction of Bramble, or the Roots of Cinquefoil, or of Vervain, or of Camomil, or of Allum with Honey, put in the Mouth. 3. Water that floweth out of the Body of a Birk-tree, being bored, holden in the Mouth. 4. A Mouth-water of the Decoction of *Virga aurea*, or of Silver-weed, or of Mouse-ear. 5. The Leaves of Privet, or of Parslaine, or of Daisies, chewed in the Mouth. 6. Gold, or the Stone *achatar*, or Coral, holden in the Mouth.

§ 3. *A Stinking Breath.*

1. Myrrha, or Limons, or Citrons, or Ma-

Mastick, — or Anise, chewed in the Mouth. 2. Mouth-water, of the Decoction of Limons, — or Citrons, — or Oranges. 3. Nutmegs, — or Leaves of Sow thistle, — or Cloves, — or Dill, — or Root of *Imperatoria*, or Rosemary, chewed in the Mouth.

§ 4. *Roughness and Filthiness of the Tongue; Inflammation, Palsy, Speech hindered, Blisters, and Blybes in the Tongue.*

1. *Filthiness of the Tongue* is helped with Decoction of *Prunella*, or with distilled Water of Harts-tongue, — or with Sugar-candy, holden in the Mouth, — or 2. Pulp of Tamarinds, holden in the Mouth.

1. *Inflammation* is cured with Decoction of Herb-Trinity in harsh Wine. 2. Oyl of Mastick applyed.

1. *Palsy of the Tongue* is cured with distilled Water of Cinnamon, holden in the Mouth. 2. With Decoction of Pellitory and long Pepper, holden in the Mouth. 3. With *Sagapenum* holden upon the Tongue. 4. Thirty Pickles of Peony-Seed, the Skins taken off, made in Powder, drunk in Wine.

1. *Speech hindered* is restored, with the distilled Water of Italian Weed, or Lavender. 2. Or with the common distilled Water of Cinnamon, both drunk and holden in the Mouth.

1. *Pustules of the Tongue* are cured with Pomegranate-wine, — Honey of Roses, — and Plantain-water anointed. 2. With the Leaves of Daisies chewed in the Mouth. 3. An Ointment made of Plantain and fresh Butter boiled together, holden in the Mouth, is incomparable.

§ 5. *Wrying*

§ 5. *Wrying of the Tongue, Motion hindered, Inflation, Speech lost.*

1. If the Tongue through Cold be suddenly wryed or set aside, make a Gargarism of the Decoction of Sage, Pellitory and Rue in Wine. 2. Or hold in the Mouth the Decoction of Mustard, Cinnamon and Salt. 3. Anoint the Tongue with *Oleum benedictum*, or with *Oleum Juniperi*, or with *Oleum Castorei*.

If Motion of the Tongue be hindered, apply to the hinder Part of the Head an Emplaister of *Castoreum*, of Pellitory, of Dove's Dung, Pitch, Wax, and the Grease of a Bear.

If the Feeling be dull, apply to the hinder Part of the Head that same Plaister of *Castoreum*, because there the Disease is bred. If Inflation trouble the Tongue, put thereon *Saphyrum electum*.

If Speech be lost, wash the Mouth with lukewarm Vinegar, or the Decoction of Penny-royal. 2. Hold in the Mouth Pottage made of the Meal of Wheat, Vinegar, and Rue, boiled together. This wonderfully restoreth the Speech lost.

## VI. Face.

### § 1. *Gutta Rosacea.*

**M**AKE a Bath with the Chaff of Barley and Oats, with Leaves of Mallows & Wormwood.

§ 2. *Letters or Ringworm, Impetigo.*

For *Impetigo* in the Face, (which is a spreading Sore

Sore or Scab) the Roots of small Sorrel bruised in Vinegar, rubbed on. 2. The Root of Plantain, with Vinegar and Salt, bruised, strained, and anointed on the Place.

§ 3: Spots and Wrinkles in the Face.

1. Doves-Dung, bruised in Vinegar, anointed. 2. The Blood of a Bull anointed. 3. The Liver of a Sheep, fresh and hot, put upon the Face, maketh the whole Face to be well coloured.

## VII. Teeth and Gums.

§ 1. Pain in the Teeth.

For a vehement Pain in the Teeth, 1. Drop the Juice of Ground-Ivy into the Ear of that side the Pain is in; it will be a little sore, but thereafter all the Pain shall be done away. 2. For a strong Pain in the Teeth, hold in your Mouth Wine, wherein Violets are boiled. *Probatum.* 3. To cause the Teeth never to have Pain, the filings of Hartshorn, boiled in a Pot with Water, and often held in the Mouth. 4. Juice of Beets, dropt into the Ear of that same side the Pain is in, easeth the longest Pain. 5. A Date-stone, kindled in the Fire, and holden betwixt the Teeth, cureth the Pain. 6. What ever Day you anoint your Teeth with the Juice of Onions, they shall not be sore. 7. Salt, made up with Paste, burnt in the Fire, applyed to the Teeth, cureth Pain perfectly. 8. Dandelion, applied to the pained Tooth, easeth Pain. *Often proved.*

proved. 9. Rub the Teeth and Gums with the Root of Radish, and they shall have no Pain. 10. Powder, made of a Dog's Tooth, put in the Teeth, easeth pain. 11. Rub the Teeth with the Roots of Colewort, and they shall never be vexed with Pain any more. *It is a sure Experiment.* 12. Juice of Cichory, put into the opposite Ear, doth the same. 13. A Cup-ful of the Juice of *Millefolium* drunk, doth the like. 14. The Root of *Millefolium*, chew'd in the Mouth fasting, removeth Pain. 15. The Root of *Dittander*, or Pepperwort, or Garden-Ginger, hung about the Neck, cureth Pains in the Teeth. 16. Straw-berry Leaves chew'd in the Mouth, cure Pain without doubt. 17. Touch the fore Tooth with a dead Man's Tooth, and without all doubt you shall be free of Pain. 18. Chew, with the Mouth and Teeth, the Root of Angelica, the Leaves of *Millefolium*, the Root of *Ireos*,—Mustard-Seed,— the Root of Plantain.

### § 2. Foul Teeth.

1. Foul Teeth are cleansed with Ashes of Cocklefish,— of Earth-Snails,— of Harts-horn, of Crums of Bread, rubbed on the Teeth. 2. Pumice-Stone rubbed on the Teeth.

### § 3. Loose and dull Teeth, and Worms in them.

1. Loose Teeth are made fast and firm with the Decoction of Mastick,— of Plum-tree-Leaves,— of Silver-weed,— of Straw-berry in Vinegar or harsh Wine. 2. Juice of Barberries holden in the Mouth. 3. Allum, dissolved with Vinegar and Honey, applied. 4. Put a Grain of Salt in a Spider's Web, and

and put it in the Hole of the Tooth, and it will fasten the Tooth. 5 Mastick, chewed in the Mouth, doth the like. 6 Dull or stupid Teeth are cured with chewing of Purpy in the Mouth.

1. Worms of the Teeth are cured with the Smoak of Henbane-Seed put upon hot Coals, and received through a Tunnel, and that miraculously. 2. Also anoint the Tooth with the Marrow of an Horse. 3 Rub the Teeth often with Parsnip-Roots, and the Pain will also be done away.

§ 4. *Breeding of Teeth easily.*  
 1. Dog's Milk, — fresh Butter, — the Brains of a Hare boiled, rubbed on the Teeth and Gums. 2. Anoint the whole Neck, the Head, the Jaws, and the Cheek-bones with sweet Oyl, and drop thereof into the Ear. 3. A green Jasper-Stone hung about the Neck.

§ 5. *To break rotten Teeth.*

1. Juice of great Celidon. 2. The Root of *Ranunculus*, put into the hollow Tooth. 3. The milky Juico of Tithymal, or Spurge, taken with Flower, and put into the Hole of the Tooth, both breaketh and draweth out the Tooth. 4. A Raven or Corbie's dung, put into the hollow Tooth, breaketh the same, and easeth Pain. 5. The Root of *Asparagus* bruised, and applied with Wool to the sore Tooth, draweth out the Tooth, without Pain. 6. Put the powder of Coral into the hollow Tooth, and it shall be rooted out. Also it is very good for comforting the Gums.

§ 6. *Rists.*

§ 6. *Rifts in the Lips.*

Malkick, softened with the White of an Egg raw, applied, healeth Rifts in the Lips.

§ 7. *Wenk, consumed, rotten Gums.*

1. Decoction of dry Roses, or Galls, or of Plum tree Leaves, or of dry Penny-royal. — or of Bramble in austere Wine, boiled, strengthens the Gums.
2. A Mouth-water, to wash the Mouth, of the Decoction of the Rust of Iron, — or Allum, — or Salt in Vinegar. Consumed and putrid Gums are dried,
  1. With Aloe-Wine & Honey.
  2. Allum, — Pumice-stone, — Rust of Iron, brayed and applied.
  3. Powder of Coral, rubbed on & anointed.
  4. Mouth-water of the Decoction of Silver-weed, — of Strawberry and its Roots.

VIII. *Wind-pipe and Wesand.*§ 1. *Defluxion in the Wesand.*

Vinegar gargarized. 2. A Gargarism of the Decoction of Barberries, or of wild Prunes.

§ 2. *Roughness of the Gorge and Thropple.*

1. A Gargarism of the Juice of Mustard, — of Milk, — of the Decoction of the Roots and Leaves of Mallows.
2. Licking Medicines of Myrrha, put under the Tongue and melted, — of the Juice of Licorice, — of sweet Almond-Oyl.
3. The White of a raw Egg taken, — Orage boiled eaten.

§ 3. *In-*

## § 3. Inflammation of the Throat.

1. A Gargarism of Milk,--- of the Juice of both the Nettles,--- of Vinegar,--- of the Juice of Goose-berries and common Bramble,--- of the Decoction of *Virga aurea*,--- of Roses,--- of Plantain. 2. The Throat anointed with Ashes of burnt Swallows and Honey, with Oyl of boiled Frogs,--- with Juice of the Roots of Wall-wort, anointed about the Throat warm with Linen-cloaths.

## § 4. Pap of the Halse fallen,

1. If the *Uvula*, or Pap of the Halse, be over lax or fallen down, first dry it with Decoction of *Virga aurea*,--- or with Decoction of wild Prune-tree-Leaves, or with Decoction of great or middle Comfrey,--- or Mouse-ear,--- or of Silver-weed. 2. Raze the Hair from the Head, and put thereon Tar or liquid Pitch made hot, with Incense and Mastick. 3. Divide an Egg into two Halfs with a Knife, after it is well boiled, and apply the one Half thereof to the Crown or Top of the Head very hot. 4. Ashes of the Roots of Dill dry the *Uvula*. 5. *Diamoron*, mixt with Vinegar and Honey, gargarized warm, drieth and consumeth Humors of the *Uvula*, *Nicolaus* reacheth, that the *Uvula* and Palat, and all their Affects, are helped by *Diamoron*. 6. Ashes of Colewort-Roots burnt, applied to the Part affected, drieth up the Humors. 7. To ease the Pain of the *Uvula*, apply Salt made very hot, put in a Linen-cloth, to the Neck. It is wonderfully profitable.

## § 5. Squincy, Angina.

1. Make use of repelling things, to gargarize with-

withal, as Vinegar, --- Vinegar and Water mixt together, --- sweet Milk, --- Juice of both Sorts of Nettles, --- Juice of Scurvy, --- Juice of Bramble, --- Decoction of dry Figs. 2. Apply outwardly Tar, --- a Bull's Gall with Honey, --- Pepper with Honey, --- Juice of Onions, --- Salt with Honey and Oyl, --- the Juice of Snails wounded with a Needle, anointed with a Feather, --- Dog's Dung. 3. Amber burnt, and Smoak thereof, taken in at the Mouth. 4. Powder of Dog's Dung, blown in at the Mouth with a Reed or Pipe. 5. An Emplaister of Dog's Dung, and a Bull's Gall, applyed. 6. Man's Dung dryed, made up with Honey, taken. 7. Bruise the Root of a Lilly and Figs together, put thereto Leaven; mix them altogether with Swine's Milk: Boil this and make a Gargarism thereof. This breaks the Aposthume, by a natural Property. 8. Snails (especially those that are found upon Trees) applyed Plaister-wise, are best of any Thing to ripen and break the Squincy. 9. The Root of Celidon, bruised and boiled in Wine, gargarized, dryeth the Humor, and purgeth the Head. 10. Vervain, bruised and emplaistered hot, oftentimes cureth a desperate Squincy. 11. Vervain, if it be bound upon Tumors, openeth them. 12. For a dangerous Squincy, take the Powder of Swallows burnt, mixed with Honey, and anoint the Throat within with a Feather. 13. Scabius drunk or emplaistered, cureth a confirmed Squincy.

## IX. Breast and Lighs.

## § 1. For the Cough.

1. Oyl of sweet Almonds drunk. 2. Decoction of Germander, or of Tussilago, or of Hyssop, or of Figs, or of Marubium, or of Rushes, or of Mullein, or of the Roots of Valerian, or of Raisins. 3. *Eclēmata*, that is, licking or sucking Medicines of Honey and Elicampane, or of Turpentine and Honey, or of Lin-seed with Honey and Pepper, or of the Squil-Onion and Honey in an ancient Cough, or of boiled Leeks with Honey. 4. Myrrha taken to the Quantity of a Bean-pickle. 5. Mastick drunk. 6. Filbert-nuts, drunk with Honey and Water. 7. Infusion of Oat-meal drunk. 8. Beans taken in Meat. 9. Radish boiled and eaten, chiefly in an old Cough. 10. Garlick raw or boiled taken, for an old Cough. 11. *Galbanum* swallowed for an old Cough. 12. Brimstone taken in an Egg. 13. Dry Figs eaten. 14. Sugar-candy taken. 15. An Onion roasted under hot Embers, eaten with Butter and Sugar. 16. Cherry-Gum, drunk with Wine and Water.

## § 2. Spitting of Blood.

1. Juice of Knot grass drunk. 2. A Hen's Egg luke-warm, supped or swallowed over. 3. Two Drams of the Juice of wild Thyme, drunk with Vinegar. 4. Goat's Dung, drunk in Wine or Water. 5. Starch, or Stiffen, drunk. 6. Flower or Meal of Wheat

Wheat, boiled like Glue, is a singular Remedy for Spitting of Blood. 7. If the Blood flow from the Rupture of a Vein, drink continually Water, mixt with Vinegar, cold. 8. Also Bole-Armoniack and Starch, of equal Portions, drunk with Water or Vinegar, cold; or with the Juice of Plantain mixt with Vinegar and Water, bindeth the Blood wonderfully. 9. The Juice of Parsley, drunk with Water, doth the like. 10. *Tragacantha*, with the Juice of Plantain, drunk, cureth Ulcers in the Breast. 11. Juice of Knot-grass taken with Honey. 12. Pills of Amber drunk. 13. Juice of Barberries or Gooseberries, drunk. 14. Sugar of Roses taken. 15. Distilled Water of Oak-tree Leaves, drunk. 16. Juice of Horse-tail drunk. 17. Juice of Mouse-ear, — or of middle and lesser Consound, — or of Sanicle, — or of Bears-ear, — or of *Virga aurea*, — or of Silver-weed: Or these Herbs taken any manner of Way. 18. A Jasper-Stone hung about the Neck, or applied to the Liver.

§ 3. *Distillationes, Asperitates, Plenitudines Phlegmatica, omniaque Pectoris incommoda.*

1. *Distillations* of the Breast are stopped with a licking Medicine, made of the Seed of *Ireos* and Honey. 2. If the Distillation be old and perillous, first raze the Head, and apply a Plaister thereto of Mustard and Wax, that it may blister a little, and the Distillation shall be dried up.

1. *Roughness* of the Breast is cured with the Juice of Licorice holden in the Mouth. 2. *Casia solutiva* drunk. 3. Oyl of Almonds taken. 4. Leeks boiled licked with Honey.

1. The Breast is purged with the Decoction of Hyssop, — or of Sage, — or of Agarick, — or of *Sena*.
2. Scabius made in Powder, or the Juice thereof made up with Honey, in a licking Medicine, — or the Decoction of Scabius, drunk for many Days.
3. The Breast is freed of all other Diseases, with Leeks boiled, eaten with Honey.
2. With the Juice of Licorice.
3. With the Decoction of Thyme.
4. With the Decoction of Savory.
5. With the Decoction of Comfrey in Mulse.
6. With the Juice of the Root of Cinquefoil.
7. With the Decoction of the Roots of *Ireas*, — of Male-Fuellin, — of Licorice, — of Raisins.
8. Turpentine swallowed.
9. Confectured *Ireas*-Roots eaten.

§ 4. Phthisis. *Phthisick, or Consumption.*

1. Juice of *Pulmonaria*, often drunk, or the Herb it self taken any manner of Way.
2. Coleworts well boiled, often eaten.
3. Juniper-berries drunk.
4. Dry Figs and Hyssop made hot, drunk.
5. Leeks boiled with Honey, eaten.
6. Juice or Decoction of *Marrubium* drunk.
7. Chervil given in supping Meats.
8. Turpentine taken by it self alone, or with Honey, in Form of a licking Medicine, devoured.
9. Supping Broths of all Grease or Fat eatable.
10. Woman's Milk sucked out of the Paps.
11. Snails found in Woods or Orchards, cleansed from their Filth, boiled in Cow's Milk, with Tuffilago, taken in Meat.
12. Young Cocks Stones taken in Meat.
13. Frequent Use of Sage, — of Male-Fuellin, — of the Roots of *Geranium*.
14. Earth of *Armenia*, — Coral-stone, — *Hamatites* taken any manner of Way.

55. *Suspiriosi. Breathing with Pain, short or broken Winded.*

1. Take often the Decoction of dry Figs and Hyssop. 2. Hyssop-wine drunk. 3. Decoction of Leaves and Roots of Valerian, with Raisins and Anise-seeds. 4. The milky Juice of Sow-thistle taken. 5. Mustard-seed taken in Meat or Drink. 6. Juice of Sage,— of Licorice,— of Hyssop,— of *Imperatoria*-Roots,— of *Scabius*,— of Mustard-seed, 7. Licking Medicines of *Oxymel Squilliticum*,— of Turpentine,— of the Marrow or Pith of Colewort-stocks, and Almond Cream boiled, made up with Honey,— Pitch made up with Honey taken and licked,— boiled Leeks with Honey. 8. Brimstone taken in an Egg,— or the Smoak taken at the Mouth. 9. Conserve of Elicampane. 10. Oyl of Almonds. 11. Onions boiled, or roasted under hot Embers, eaten with Sugar and fresh Butter. 12. *Galbanum* swallowed. 13. *Aquavitæ* sometimes taken with Syrup of Violets. 14. Infusion or Decoction of *Sena* drunk. 15. Meats to be eaten for the Disease, are, dry Figs, Raisins, Almonds, Broth of old Cocks drunk, Broth of red Coleworts, Mustard-seed, made up with fat dried Figs and taken at Night,— or dry Figs filled with Mustard-seed, boiled in clear Wine; and every Night drink the Wine after Eating of the Figs.

56. *Pulmonis inflammatio. Inflammation of the Lights.*

1. Two Drams of the Leaves of Betony, taken in four Spoonfuls of Hydromel. 2. Hyssop Wine.

3. Brimstone taken in an Egg, or the Smoak taken at the Mouth. 4. Turpentine swallowed. 5. Juice of Licorice. 6. The Meal or Powder of *Scabius* drunk; or the Juice of the Herb with Honey licked, and Decoction of the Herb drunk for many Days. 7. *Pulmonaria* taken any manner of Way. 8. Tar mixt with Honey devoured. 9. Almonds and their milky Juice.

### § 7. Pulmonis læsio. Hurt Lights.

The Lights are sometimes hurt with Smoak or Dust; or with a drying Heat, as it commonly falleth out in sharp Fevers, and after great Thirst: Sometimes also with great Crying, or with Rheum, or with the Use of Salt-meats, which dryeth over-much: Sometimes also with the Use of sour Things, which exasperate.

Hurts, which come of Smoak, Dust, Heat, or Crying, are easily cured, if, at going to Bed, you give the Patient cold Water, in which has been boiled Licorice and the like; and also take with it Sugar-Penidice, and so let him rest all Night. In the Morning, when he rises, give him a Piece of Bread, steeped in the same Water, and that will quench Thirst. 2. Simple Water will do the like.

Hurts, which come to the Lights of Rheum or Defluxion, are helped and cured with these Cures that are made mention of for the Voice and the Cough. This following Pill is very effectual.  
*R. Gummi Arabici, Tragacanthæ ana drach. 2, Olibani drach. dimidiam.* Make them up with Honey.

§ 8. Pleuritis. *A Pleurisy.*

1. A Mass of dry Figs, bruised with Swines-seam, or common Oyl, emplaistered upon the pained Place. 2. Make a Plaister of the Roots of *Althæa*, Meal of Lin-seed and Butter. Often proved. 3. Dip Wool in Butter and *Dialthæa*, and anoint the sore Place often therewith. 4. Rue drunk with the Juice of Licorice, in the beginning of a Pleurisy is very profitable, and helpeth all Affects of the Breast coming of gross Humours. 5. Medicines taken at the Mouth for the Pleurisy are, Juice of Licorice, — Decoction of the Roots of *Ireos*, — *oleum Sesaminum*. — Almond Oyl. — half a Pound of Lin-seed Oyl drunk, — Decoction of Camomil, — Syrup of Violets, — Turpentine swallowed, — a sweet Apple roasted in the hot Embers, eaten with Licorice with Starch and Sugar sprinkled upon it, — the milky Juice of Almonds with much Sugar eaten 6. External Applications, — Swines-seam washed, boiled with Ashes and Lime, applyed, — *Sagapenum* applyed Plaister-wise — Snails bruised applyed, — Pitch with Brimstone and Cumine, applyed Plaister-wise.

§ 9. *Lateris Dolores. Pains or Stitches in the Sides.*

1. A Cataplasm made of Goats-Dung, Wax and Oyl, kneaded together, applyed. 2. A Cataplasm of the Ashes of Colewort stalks, burnt, mixt with Swines-Seam, applyed. 3. A Cataplasm of *Galbanum* applyed. 4. The Weight of a Bean-pickle of *Myrrha* eaten.

§ 10. *Vox impedita aut amissa. To restore the Voice hindered or diminished.*

1. *Myrrha* kept under the Tongue, until it melt.

2. Hyssop Wine drunk. 3. Decoction of Ireos-Roots drunk. 4. Conserve of Ireos-Roots eaten. 5. Oyl of Almonds drunk. 6. Mallows boiled and taken in Meat. 7. Raisins eaten. 8. Juice of Licorice taken. 9. Leeks boiled eaten with Honey.

To restore the Voice lost. 1. Conserve of Elicampane taken. 2. Gum-Arabick devoured. 3. Wine holden in the Mouth, wherein Roots of Bugloss are boiled.

§ 11. Asthma. Shortness of Breath.

1. Conserve of the Roots of Ireos and of Elicampane often eaten. 2. Dry Figs filled with Mustard-seed, brayed, and boiled in Wine, with Hyssop. 3. Hyssop Wine drunk. 4. The frequent and often Use of the Decoction of Valerian, — or of Licorice, — or Anise-seed, — or of the Leaves of Scabius, — or of Tusfilago, — or of Marrubium, — or of Hyssop, — or of Thyme, — or of Calamint, — or of Savory, — or of Balm boiled in Hydromel. 5. Two or three dry Figs, steeped in Aquavitzæ, eaten. 6. Turpentine taken. 7. Boiled Leeks taken with Honey. 8. The Urine of a Child drunk. 9. An Onion boiled, or roasted under the Embers, eaten with Butter and Honey. 10. Myrrha drunk.

§ 12. Excreationes renitentes et purulentæ.

Spitting that is difficult to come up, and full of Worsom or filthy Matter.

For Difficulty of Spitting, 1. Rennet almost of all Sorts, drunk. 2. Mustard-seed, — or Cresses-seed taken in Meat or Drink. 3. Lin-seed, or Oyl there-  
of

of taken. 4. Oxymel *Squilliticum* taken. 5. Hyssop-Wine taken. 6. Decoction of Elicampane-root,— or of *Pulmonaria*,— or of Tussilago,— or of Hyssop,— or of *Scabius*,— or of Sage.

For Spitting of Worms or filthy Matter. 1. Distilled Water of Ducks-meat. 2. Seed of both the Nettles, made up with Honey, licked up. 3. Decoction of *Pulmonaria* and Tussilago. 4. A Suffumigation taken at the Mouth, of Incense,— or *Sandaracha*,— or Mastic,— or of Ginger.

§ 12. *Pulmonis abscessus, Empyema, pectoris vulnera. Apostumes of the Lights, Empyema, and Wounds in the Breast.*

For Ulcers and Apostumes of the Lights. 1. Decoction of *Pulmonaria* and Tussilago. 2. Decoction of Raisins,— or of Dates,— or of Licorice.

For Empyema, Juice of *Pulmonaria* and *Scabius* taken — or the Powder of both these Herbs taken.

For Wounds and Ulcers in the Breast, make a Decoction, &c.

§ 14. *Cordis affectus, dolor, tremor, palpitation Cordis. Pain, Trembling, Palpitation of the Heart.*

For Pain of the Heart. 1. The Juice of the distilled Water of Balm and Hinds-tongue, drunk. 2. Gold brayed and boiled with Coral and Pearl. 3. A Water (commonly called *Clareta*) made of equal Portions of Aquavitæ and Rose-water, in which are dissolved Sugar and Cinnamon, drunk.

For Trembling of the Heart. 1. The distilled Water of Cinnamon,— or of Balm,— or of Hind-tongues. 1.

Avens smelled unto. 3. Apply to the Pulses of the Arm a Plaister made of twice baken Bread (commonly called *Bisket*) first toasted at the Fire, then steeped in strong Vinegar and baken. 4. Apply to the Heart Mithridate with the Conserve of Bugloss. 5. Apply to the Heart a Plaister of Bread, steeped in the best Wine; and add thereto the powder of Roses, Marjoram, Nutmegs and Cloves.

For Beating and *Palpitation* of the Heart, all these above-mentioned for trembling of the Heart, are good; but chiefly, the Bone of the Heart of a Hart, or Stag, made in Powder, taken with Rose-water and Wine. 2. The Heart of an Ox steeped in white Wine, and then distilled, taken. 3. A Smock, or Shirt, perfumed with odoriferous Things, put on and worn. 4. A Pock filled with an odoriferous Powder, called Violet-powder, applied to the Heart.

§ 15 Syncope, seu Deliquium animi. *Swooning or Fainting of the Heart.*

1. Boil a Hen, in a Vessel well stoppt and covered in all places, to the consumption of two parts of the Water, casting thereto comfortable things, as are, Maces, Amber, Musk, and the like. After this, being cut in pieces, and as yet reeking and smoaking, apply it to the Patient's Nose, and give the Patient the Broth to drink. 2. If it be a Swooning of Sweat, or too great Heat, give the Patient red Sugar with cold Water, being first besprinkled with Rose water. This is very profitable. 3. Also, all these following are profitable against Swooning: The distilled Water of Cinnamon, or of Hind-tongues,

tongues,— or of Balm,— or of the Roots of *Angelica*, or of *Imperatoria*,— or of the Flowers of Gilliflowers, taken any manner of way. 4. All the kinds of Santals,— Civet,— Clows,— Mint,— Roots of *Avens*,— The best and finest Wine, holden at the Nose, and smelled upon, or rather casten upon the Face.

§ 16. *Cardiaca Passio.* A Gnawing of the Stomach, called Heart-pain.

Beside these Medicines, that are for Swooning and other Maladies of the Heart, these following are also profitable for the *Cardiack* Passion. 1. Wine drunk, wherein an Agate-stone fired is quenched. 2. Citrons eaten. 3. Limons eaten. 4. Boiled Pears eaten. 5. Clows taken in Meat. 6. Decoction of Eringo-Roots,— or of Bugloss,— or of Balm. 7. Conserve of Rosemary. 8. *Zedoaria* eaten.

## X. Paps.

§ 1. *Dolor Mammaram.* Pain of the Paps.

1. Foment the Paps with a great Spunge dipt in Wine of the Decoction of Cinquefoil 2. The Leaves of *Elicampane* and *Marrubium*, with Swines-seam, emplaistered, cureth Pain and Hardness of the Paps. 3. Mint doth the like, applyed in Form of a Plaister. 4. Also a Cataplasm of Bean-meal, Yolks of Eggs and Swines seam, applyed. 5. Also Incense, mixt with Chalk and Oyl of Roses, applyed, is a singular Remedy. 6. Mouse-dung, mixt with  
Water

Water, anointed cureth Pain. 7. If the Paps be fore through Fulness, or too great Abundance of Milk, repell and put it back with Clay and Vinegar mixt. 8. Or with Bean-meal and the White of an Egg. 9. Or with Lentils, boiled in Water.

§ 2. *Mammaram Inflammatio. Inflammation of the Paps.*

1. A Cataplasme, made of Walnuts, with Rue and a little Honey, bruised. 2. A Cataplasme of Barley and Bean-meal, boiled in Oxymel, applyed. 3. A Cataplasme of Purpy bruised. 4. A Cataplasme of *Althea*, boiled. 5. An Ointment of the Dregs of Lees of Wine with Salt. 6. An Ointment of a Hen's Egg raw, and Oyl of Roses. 7. An Unguent made of Oyl, well and long beaten in a leaden Mortar with a leaden Pestle, anointed.

§ 3. *Durities Mammaram, Hardness of the Paps.*

1. Knot-grass bruised, with fresh Butter, applyed. 2. Bank-Cresses applyed. 3. An Egg, mixt with Oyl of Roses, taketh away Swelling and Hardness. 4. Crums of Bread, made up in a Plaister, with the Juice of Parsley, applyed. 5. Lin-Seed, made up with Honey, is chiefly good, when the Sore is at the Height, applyed. 6. Colewort-Roots, — Mint, — Bean-meal, all together, or every on by themselves, dissolveth and bindeth up the Milk: 7. For the Swelling of the Paps, apply hot to the Paps, Mallows bruised with Cinnamon-oyl. 8. Fried Beans, in manner of a Cataplasme, doth the same, and likewise hinders Milk to flow to the Paps. 9. Honey

9. Honey, Wax and Doves-dung mixt together, applyed, cureth Swelling, Bowdening and Pains of the Paps, and suffereth them not to grow great. 10. Bran of Wheat, boiled in Wine, emplaistered, cureth the Hardness of the Paps.

§ 4. *Mammæ rigentes a partu, exulceratæ, Rimæ papillarum.* Paps stiff and cold after the Birth, Paps exulcerate, Rists of the Nipples or Pap-heads.

1. For cold stiff Paps, apply a Cataplasm of the Bran of Wheat, and Leaves of Rue boiled together. 2. A Cataplasm of *Marrubium*, with old Swine's Seam, bruised.

For exulcerate Paps: 1. An Unguent of Oyl of Roses, being well beaten in a leaden Mortar, and Meal made of *Aparine* sprinkled thereon.

1. For Rists of the Pap-heads, Anoint them with an Ointment made of the inner-bark of the Elder-tree, Grease and Wax. 2. Anoint them with Oyl of Yolks of Eggs. 3. Anoint them with Pomate. 4. Anoint them with the Juice of *Aparine*. 5. Anoint them with Starch, dissolved in Rose-water.

§ 5. *Mammæ pendulæ & nimium crescentes.* Hanging Paps and over-much growing.

1. *Epimedium* applyed & anointed, for hanging Paps, is good. 2. To hinder Paps from growing great, cover the Paps with a Plaister of Hemlocks bruised. 3. Bath them with Juice of Hemlocks.

§ 6. *Abscessus, Ulcera, Fistulæ Mammæ.* Apostumes, Biles and Fistules of the Paps.

A Cataplasm of Dock-leaves, with Swines-seam boiled together, applied.

For *Ulcers* of the Paps, to cleanse them, it is profitable to apply an Ointment, made of seven Yolks of Eggs, and of clarified Honey Half a Pound, boiled together, in a Pound and an Half of black Wine, upon a soft Fire, with a continual stirring thereof with a Spatule.

*Fistula's* of the Paps are cured, with an Ointment of *Assa Fetida*. 2. With a Lotion of Wine, wherein *Myrrha* is boiled.

§ 7. *Cancer, Morbus pilaris & Necrosis Mammarum.*

1. For a *Cancer*, the Juice of River-Crabs bruised, anointed by it self, or with Oyl of Roses, mitigates the *Cancer*. 2. Goats-dung, with Honey, applied. 3. Man's dung, burnt and sprinkled on. 4. Ashes of a Dog's head. 5. The green Leaves of Cole-worts, raw, bruised, applied twice every Day. 6. Plates of Lead, applied. 7. Chervil, with Honey bruised, applied. 8. Dry Figs, with fresh Grease bruised, applied.

If the *Cancer* be exulcerate, it is profitable to make use of the Powder of *Antimonium*,—or also Alum-water,—or also Sublimate.

For *Morbus pilaris*, which is a Disease coming of a Hair in a Cup or Dish, drunk over with Drink, and raising a vehement Pain; which is never eased, until the Hair willingly of its own accord come forth with pressing of the Pap, or sucking of the Milk thereof. 1. Sea or River-crabs, bruised and applied, cure. 2. Or the Flesh of Shel-fishes anointed thereon. For

For *Necrosis*, or to hinder the Paps from consuming, apply a Plaister, made of two Drams of Bole-Armoniack, four Grains of *Camphora*, with the watry part of an Egg.

§ 8. *Thrombosis, sive Lactis grumescencia. Curdled Milk in the Paps.*

1. Foment the Paps with Vinegar and Water, dipping a Water-sponge therein, and apply it to the Paps. 2. Dip a Water-sponge in the Juice of Parsley, and apply it. 3. Or cover the Paps with a Cataplasm of Bran boiled in Wine. 4. Or with an Emplaister of Mint, --- or of green Parsley, --- or of Wine-lees or Dregs, with Vinegar. 5. Swallow ten Grains of white Wax every Day in the Morning. *Diesc.*

§ 9. *Nimia lactis abundantia, aut ejus defectus, in mammillis. Over-much Milk, or Defect of Milk, in the Paps.*

To diminish the too great Abundance of Milk, endure much Fasting. To procure Milk in the Paps, 1. Rub them often, and cause suck them. 2. Juice of Sow-thistle drunk. 3. Ashes of the burnt Hoofs of Kine, drunk in Pilsan. 4. Coleworts boiled, and sprinkled over with the Powder of long Pepper, eaten with Broth.

## XI. The Stomach.

§ 1. *Ventriculi dolor, ardor, erosio, Inflammatio. Pain, Heat, Gnawing and Inflammation of the Stomach.*

1. *Pain*, or Biting of the Mouth of the Stomach, is cured, by steeping of Bread in harsh Wine, and eating of it. 2. A Foment, put upon the Stomach, of the Decoction of Wormwood, -- or of Mint, -- or of Organy, -- -- or of Calamint, -- -- or of Ginger. 3. Anoint the Stomach with the Oyl of Laurel, -- -- with Oyl of Mastick, -- -- with Oyl of Nutmegs.

1. *Ardor Stomachi*, called *Heart-scald*, is eased, by Admission of the cold Air, -- by Ventilation. 2. By smearing the Face over with a Water-spunge, dipt in Water and Vinegar, cold. 3. By eating of Goose-berries -- or Barberries, -- or Bramble-berries, or with the Juice of Licorice, -- -- or Juice of Endive, -- -- or Juice of Oranges, -- -- Limons, -- -- or Citrons. 4. Anoint the Stomach and Back, about the eleventh Spondel, with Juices of Sow-thistle, of Purpy, -- of Knot-grass.

1. The *Gnawing* of the Stomach is eased, with Oyl of sweet Almonds, -- or *Sesaminum* drunk. 2. Woman's Milk drunk. 3. Sow-thistle Juice drunk.

1. *Inflammation* of the Stomach is tempered with the Juice of Limons, -- with the Juice of Citrons, -- with the Juice of small Sorrel. 2. Ointment of Oyl of Roses, -- of Unguent of Roses.

§ 2. Gulæ seu OEsophagi affectus. *For the Gullet.*

1. Hold in the Mouth steelled Milk. 2. Apply a Cupping-glass to the second Spondel of the Neck.

§ 3. Nausea et Vomitio. *Vomiting and a Disposition to vomit.*

1. Water of the Decoction of Parsley, stayeth Vomiting, and the Disposition to vomit. 2. Root of Mugwort, Leaves of Wormwood and Fennel, bruised together, and given to drink warm with Honey, presently stayeth Vomiting. 3. Mastick, made up with the White of an Egg and Vinegar, put upon the Stomach, at the Point of the Breast-bone, cureth Vomiting and strengthens the Stomach. 4. Take three Pieces of Linen-cloath, steep them in Mint-water and wring them; then dip them in the Whites of Eggs: Afterwards sprinkle on the Powder of Incense, and put one of them upon the Mouth of the Stomach; the other two bind to the Wrists of the Hands; it cureth the Hiccup and Vomiting. It is a sure Experiment. 5. The Juice of Wormwood, boiled with Sugar or Honey. 6. Sowr Apples boiled upon hot Embers, eaten. 7. Clows drunk in harsh Wine. 8. The green Jasper-stone, or a Piece of Ivory born about the Mouth of the Stomach.

§ 4. Singultus, Ructus acidus. *Hiccup, sowr Ristings.*

1. Juice of Mint taken with Wine, is good for a cold Hiccup; but taken with the Juice of sowr Citrons, is good for a cholerick Hiccup. 2. Rhu-  
barb

barb drunk in Wine. 2. *Castoreum* bound to, soon stayeth the Hiccup. 4. Take a Gold-ring off the left Hand, and put it on the longest Finger of the right Hand, it incontinently stayeth the Hiccup. A Spoonful of *Coriander* given, stoppeth sour Ristings. 2. A Dram of *Agarick* drunk. 3. Confected *Carvy* eaten.

§. 5. *Lac aut Sanguis in ventre concretus.*  
*Milk or Blood curdled in the Womb.*

1. Simple *Vinegar* drunk. 2. Wax like the Grains of *Millet*, taken. 3. *Rennet*, drunk with *Water* or *Wine*. 4. Juice of *Walwort* drunk cureth. 5. Juice of *Bugle* or *Prunella* drunk. 6. Juice of *Moule* ear drunk.

§ 6. *Sanguisugæ epotæ. Gelles or Leeches drunk.*

1. *Gelles* sticking in the Gullet, are cured with Swallowing of *Vinegar*. 2. With a *Gargarism* of *Butter* and *Vinegar*. 3. Juice of *Walwort* or *Willow* drunk. 4. *Garlick* eaten driveth them out.

§. 7. *Aurum, aut Æs, aut Ferrum, aut Acicula deglutita. Gold, Silver, Iron, or a Pin swallowed.*

For *Gold*, *Silver* and *Iron* swallowed. 1. The Juice of *Mallows* or *Lin-seed*, taken in a great Quantity with *Drink*, maketh smooth the Roughness of the *Intestines*, and causeth that which is swallowed to slide through. 2. Also all strong purgative Medicines. 3. A *Pin*, that is swallowed, and yet sticking and wandring in the Gullet, is put down with the Crust of *Bread* eaten, or with Supping of fat *Broth*, with *Rye Bread* grossly cut, suddenly supped; which

which when it is put down to the Stomach, you must continue in supping of these fat Broths, or in eating of much Butter; and the Body must in no wise be bowed hither & thither, lest, by unequal Motion, the Pin fix it self in some Place of the Intestines; but you must walk moderately, straight and even up, that it may be the easier brought down with the Excrements:

§ 8. *Appetentia dejecta, aut depravata. Weak or depraved Appetite.*

1. Pepper eaten. 2. Vinegar or Oyl Onphacine, taken with Meat. 3. Wormwood-wine drunk. 4. Barberries, — Sloes, — Goose-berrys, — Mustard, — All these restore the Appetite. 5. Hippocrates's Counsel is, to travel before Meat, to drink Water, and to refrain from Sleep.

— A depraved or corrupted Appetite is cured, 1. With Aloes or *Hiora* taken. — 2. Wormwood-wine drunk. 3. The Stone *Ætites* bound to the Arm, — or Saphire, — or Jacinth, — or Jasper, — or Diamond-Stones, worn and carried upon them.

§ 9. *Fames canina. Insatiable Hunger.*

1. Fat Broths supped. 2. Bread steeped in Oyl eaten. 3. Bread steeped in Must, or in thick sweet Wine, eaten. 4. Hippocrates's Counsel is to drink Rhenish Wine with a fasting Stomach. 5. Rice made ready with a good Quantity of Milk, eaten. 6. Potage made of Flower. 7. Eating of the Tail, Feet, and other extreme Parts of eatable Beasts.

§ 10. *Sitis inexplebilis. Insatiable Thirst.*

1. Sleep. 2. Silence. 3. Breathing of cold Air

4. A Drink of Wine with much Water, rather than Water alone. 5. Vinegar mixt with much Water. 6. Barberries, — Sloes, — Goose-berries, — Citrons, — Limons, — Oranges, — Pears, — Licorice-roots and its Juice, — Wood-sorrel, — ripe Strawberries eaten, — Purpy-Leaves put under the Tongue. 7. Crystal, — the Stone *Achates*, — the Stone *Alectorius*, — the Stone Jacinth, — Pieces of Gold or Silver holden in the Mouth.

§ 11. *Coctio imbecilla. Weak Digestion.*

1. Wormwood-wine drunk. 2. Make use of Pepper and Ginger, — Cloves — Nutmegs, — confectioned Citrons, — confectioned Walnuts. 3. A Pear, or Quince-Apple, roasted in the Embers, eaten. 4. Oynments with Oyl of Wormwood — or of Mint, — or of Mastick. 5. Foment of the Decoction of Wormwood, — or of Mint, — or of Organy, — or of Marjoram, — or of Penny-royal.

§ 12. *Cholera morbus. Cholerick Passion.*

When the Matter for the most Part is evacuated, which often falleth out or cometh to pass in 24 Hours, it shall be convenient to strengthen the Stomach, both with Things taken in at the Mouth, and externally applyed. Things to be taken at the Mouth, are, 1. Conserve of Roses. 2. Wild Pears, — wild Prunes, — Nutmegs. 3. Cloves drunk in Wine. 4. Dry Mint with Starch and Water, drunk. 5. Powder of Rosemary, eaten with Bread, or drunk in pure Wine. 6. An Adder's Skin, boiled in Oyl of Roses, applyed. 7. Oyl of Mastick, — Oyl of Quinces, — Oyl of Myrtles.

Myrtles, anointed. 8. An Emplaister of the Crusts of Bread, applyed.

## XII. The Liver.

§ 1. *Jecoris obstructio. Obstructions of the Liver.*

1. IF the Liver be obstructed of a cold Cause; take in at the Mouth, Decoction of the Roots of Eringo, — of Agrimony, — of whole Succory, Herb and Root, — of the Root of *Imperatoria*, — of the Root of *Angelica*. 2. Also Juice of the Root of Gentian, — or of *Ireos*, — or of fresh Roses, — or of Eringo. 3. Also Decoction or Infusion of Sena. 4. Apply to the Liver after, an Ointment of common Oyl, of fresh Butter, of Goose-grease, of Hens-grease, mixt together.

And if the Liver be obstructed of a hot Cause; take in at the Mouth, 1. Decoction of whole Succory, - - - or of Endive, - - - or of Plantain, - - - or of Hind-tongue, - - - or of Roots of Grass, - - - or of Sorrel. 2. Anoint the Liver with Oyl of Wormwood, - - - or of Violets. 3. In both Cases, the Powder of Earth-worms above-mentioned.

§ 2. *Jecoris inflammatio, dolor, durities, refrigeratio. Inflammation, Pain, Hardness and Coldness of the Liver.*

For *Inflammation*, take in at the Mouth. 1. Succory-water, - - - or Sorrel-water, - - - or Juice of Plantain. 2. Anoint the Place with Oyl of Worm-wood,

wood, — or of Violets, — or of Camomil.  
 Pain is eased by 1. Anointing with Oyl of the Flowers  
 of Ireos, — or of Laurel, — or of Dill. 2. With the  
 Decoction of common Agrimony, — or with the  
 Juice of Agrimony drunk, or with the Decoction  
 of *Acorus*, or with the Seed of the Honey-suckle  
 drunk.

*Hardness of the Liver* is softened with *Ammoniacum*,  
 both taken inwardly and applyed outwardly, & with  
 those Things that shall be spoken of for the *Scirrhus*.

The cold Liver is cured, 1. With Rhubarb, bray-  
 ed and eaten with Raisins. 2. With *Acorus* drunk  
 in Oxymel. 3. With distilled Water of Cinnamon.  
 4. With eating Cloves, —

§ 3. *Morbus Regius. Jaundice.*

1. Rhubarb. — Agarick or Aloes, taken in Potions.  
 2. Decoction of the Roots of *Ireos*, — or of Sor-  
 rel, — or of Succory, — or of Asphodil, — or  
 of Thistles, — or of Eringo, — or of Neeps, —  
 or of Vetches, red and black, — or of Germander,  
 — or of *Chamaepitys*, — or of Hind-tongues,  
 or of Betony, — or of Mouse-ear. 3. Ashes of  
 burnt Earth worms, drunk in the Decoction of  
 Wormwood. 4. Three Leaves of wild Rocket,  
 pluckt up with the left Hand, presently eaten. 5.  
 Great Celidon, worn under the Soles of the Feet  
 within the Shoes. 6. Saffron dissolved in Water,  
 drunk. 7. One Grain of Arsenick, drunk in Wa-  
 ter, miraculously cureth the Jaundice. 8. Brim-  
 stone taken in an Egg. 9. Goats-Dung drunk  
 with the Juice of Agrimony, for the Space of three  
 Days. 10. The Patient's Urine drunk, with the  
 Juice

Juice of *Marrubium*. 11. Powder of Harts-horn burnt, drunk.

§ 4. *Jecoris Scirrhus*. *Hard Tumor of the Liver.*

1. Conserve of the Flowers of Elder-tree, drunk in Goats Whey, every Morning. 2. Oxymel, — or *Acerum Squilliticum* drunk. 3. Apply all these Things that are said to be good for Obstructions of the Liver and yellow Jaundice and black. 4. Apply outwardly to the Liver, an Emplaister of *Diachylon*.

§ 5. *Cachexia*, feu *malus corporis habitus*.

*Cachexia*, or *evil State of the Body*.

Decoction frequently taken. 1. Of the Roots of *Acorus*, — or of the Tops of Succory, — or of the Tops of Pontick Wormwood, — or of the Roots of *Imperatoria*, — or of Agrimony, — or of Betony, — or of *Pilosella*, — or of the Flowers of Elder-tree, — or of the Flowers of Broom. 2. Conserve of the Tops of Pontick Wormwood, made up with much Sugar. 3. Nutmegs, Cinnamon and Cloves, drunk in the Morning, with white Wine, mixt with Succory-Water.

§ 6. *Hydrops*. *Dropsy*.

Dropsy, coming of a hot Cause, is cured by forbearing the Use of hot Things, immoderate Exercise, and by frequent Drinking of Decoction of Endive: 1. In this Case, a Plaister also of both the Plantains, Vinegar and Barley-Meal is profitable. For Dropsy coming of a cold Cause, these following are profitable. 1. Every Morning, take a Spoonful of Goat's Urine, or of a black Sheep, in which hath  
H 3 been

been boiled Spikenard, or Oyl of Spike, or the Blood of a Goat, of a like Measure. 2. Decoction of the Bark of the Roots of Elder-tree. 3. The Patient's Urine drunk, or Urine of a Hare. 4. Mustard drunk with Wine, being boiled in it. 5. Decoction of the Roots of Walwort,--- or of Germanander,--- or of the Seeds of Ash-tree,--- or of Neepeeds, or of the Roots of Asphodil,--- or of the Roots of Thistles,--- or of Eringo Roots,--- or of *Imperatoria* Roots. Besides all these, these following. 6. Juice of the Roots of *Ireos* raw. 7. Roots of *Ireos* condite. 8. Distilled Water of Cinnamon. 9. Distilled Water of Elder or Walwort Roots, three Ounces thereof, taken in the Morning, for the Space of thirty Days. 10. Conserve of Pontick Wormwood, eaten every Morning. 11. Lee made of white Wine, and Ashes of Juniper-tree drunk. 12. Ash-tree Seed. 13. Juice of the Bark of Elder-tree, - - or of Walwort Roots drunk. 14. Radish applied Plaister-wise, with Honey and Pepper brayed. 15. Cover the Patient with Sea-sand, heated with the Sun, all over to the Head.

§ 7. Fluxus hepaticus. *A Liver Flux.*

1. Distilled Water of the tender Leaves of Oak-tree drunk. 2. Powder of Rhubarb, with Conserve of Roses, taken.

## XIII. The Spleen.

§ 1. Spleen inflamed, obstructed, pained, cold, hardened.

**I**nflammation of the Spleen is helped. 1. With Cassia, often devoured. 2. With the Juice of Barberries, or of fresh Roses taken. 3. Decoction of Strawberry-Roots drunk. 4. Conserve of Succory Flowers. 5. Succory-Roots-condite. 6. Ointments also with Oyls of Violets, — or of Roses, — or of Camomil, mixing a little Vinegar with them.

**O**bstruction of the Spleen is helped. 1. With Rhubarb, — Agarick, — Sena, given in Infusions. 2. Decoction of the Root of *Asarum*, — of red Vetches, — of Elicampane, — of Eringo, — of the Roots of *Imperatoria*, — of Hind-tongue, — of Agrimony, — of the Leaves and Roots of Strawberry. 3. Oyls also anointed with, as Oyl of bitter Almonds, — Oyl of Laurel, — of Capers.

1. Pain of the Spleen is helped, with Trochisks of Capers often taken. 2. Also with Ointments of Oyls, made of the Flowers of *Ireos*, — or of Laurel, — or of white Lillies.

A cold Spleen is heated. 1. With Oxymel. 2. With the Roots of *Imperatoria* or *Angelica* eaten. 3. Rosemary eaten with Bread. 4. Ointments also of the Oyls of bitter Almonds, — or of Laurel.

A hard Spleen is softned. 1. With Turpentine, devoured. 2. With Decoction of Hind-tongue, —

or of Broom-flowers, — or of Elicampagne-roots.  
 2. With Oxymel, made of Broom-flowers. 4. With  
 Conserve of Broom flowers. 5. With the Decoction  
 of Germander, — or of *Chamaepitys*. 6. With Oint-  
 ments of Oyl of Almonds, — or of white-Lillies,

§ 2. *Lienis tumor. Swelling of the Spleen.*

1. Hind-tongue drunk in Wine, for the space of  
 thirty Days, extenuates the Spleen, by drying it.  
 2. Powder of the Root of Hind-tongue, drunk for  
 the space of three Days, with small Wine, when the  
 Moon is in declining, is miraculously good. 3. De-  
 decoction of the Bark of Willow-tree in Wine, drunk,  
 melts Hardness of the Spleen. 4. Agrimony taken  
 in Meat, saith *Dioscorides*, melts Hardness of the  
 Spleen. 5. Penny-royal, bruised with Salt, apply-  
 ed, melts Hardness of the Spleen. 6. Bark of the  
 Willow-tree, boiled with Swines-seam, melts Hard-  
 ness of the Spleen, — 7. Decoction of *Acorus*, —  
 or of Germander, — or of the tender Leaves of  
 Ivy, — or of the Roots of *Smyrnium*, — or of wild  
 Germander, — or of the Roots of Fern, — or of the  
 Roots of Elicampagne, — or of the Bark of the Roots  
 of Ash tree, — or of Hind-tongues, — or of Agrimony.  
 8. Also Juices of any of those Herbs before-mentio-  
 ned, expressed with Vinegar of Squills, or with  
 Wine; And, that both the Decoction and Juices  
 may have the more strength to penetrate, both  
 ought to be prepared and made ready with Vine-  
 gar or white Wine. 9. Also Water, or Wine, in  
 which Iron or Steel hath been quenched, drunk.  
 10. The Root of Sorrel, boiled in strong Vinegar  
 and bruised, applyed. You may do the like with  
 Ivy-

Ivy-Leaves. 11. Decoction of the Bark of the Roots of Elder tree, to the consumption of the third part, drunk for the space of thirty Days, has not a fellow remedy. 12. Avicen counsels the Patient to drink his own Urine.

## XIV. The Intestines.

§ 1. Intestinorum affectus. *Affects of the Guts, or Colick.*

1. Hens-Dung drunk in Wine. 2. Oyl of Almonds drunk. 3. Root of *Imperatoria* drunk in pure Wine. 4. A Powder of *Herba Trinitatis* drunk. 5. In a desperate Pain of the Colick, the White that is in Hens Dung, drunk in pure Wine, cureth. 6. The Ankle Bone of a Hare, hung or bound to the Belly. 7. A live Duck's Belly applyed to the Pain. 8. A live Frog applyed to the Belly, draweth all the Evil to it self, and dieth. 9. Sucking Whelps applyed to the Belly, draw the Evil to themselves and die. 10. Little Sacks or Pocks filled with Millet, Bran and Salt, dryed in a Frying-pan, applyed to the Place.

§ 2. Dolores intestinorum. *Pains in the Guts.*

Pains of the Guts are helped with Decoction of Meum, - - or of Peony—-or of *Imperatoria*, - - or of the Leaves of Balm, - - or of Rue, - - or of Lovage-seeds, - - or of Lin-feed. This said Decoction either drunk or taken in a Clyster.

External Applications: 1. Walnuts with their Shells burnt,

burnt, applyed to the Navel. 2. Great Celidon with the Roots bruised, and made hot in Oyl of Camomil, applyed to the Navel.

§ 3. *Volvulus, seu dolor Iliacus. Iliack Passion.*

1. Rotten Dung, that is found in Cattle-Stables or Byres, where they piss much, parched and dried, fryed with Oyl and applyed, presently healeth any Pain whatsoever. 2. Doves-Dung bruised and boiled, emplaistered cureth the Colick. 3. Man's Dung, Mouse-dung, Doves-Dung, Goats-Dung, Hens-Dung applyed, hath been found profitable to many. 4. Make a Bath presently, in which put all Sorts of Dung that may be had or gotten, it marvellously expelleth Wind. 4. Garlick with a little Bread eaten.

§ 4. *Dysenteria, A bloody Flux.*

1. It is stopt chiefly with an Infusion of Rhubarb, in Rose-and Plantain-Water. 2. Also with the Decoction of the Bark of Mirobolans. 3. With Citron-Skins roasted: In which Medicaments there is not only Virtue to purge the Humors, causing the Fluxion, but also to strengthen the Part receiving, and to dry the same being ulcerate.

In the mean Time, take at the Mouth these Things that are of an astringent Quality, in whose Number are much praised, 1. Barberries eaten. 2. Hares-Blood fryed, eaten, - - - 3. Two Spoonfuls of Harts-horn burnt, drunk. 4. Mastick drunk with Water or with the Juice of Plantain. 5. Juice thereof, or of Goose-berries drunk. 6. Conditè Cherries eaten. 7. Hares-Flesh roasted, eaten. 8.

Hares

Hares-Dung drunk. 9. A Hen's Egg, boiled in Vinegar, eaten. 10. A Dog's white Dung, drunk in Milk, in which fired Stones have been quenched. 11. Starch taken in Meat. 12. Both the Seeds of Plantain taken in an Egg, and roasted upon an hot Tile, eaten. 13. Powder of Hemp-leaves, with the Yolk of an Egg, eaten. 14. Wax taken in sucking Meats. 15. An Emerald Stone hung or holden in the Mouth, cureth a *Dysentery*, as witnesseth *Avenzoar*.

§ 5. *Diarrhæa.* *A Looseness of the Belly.*

1. Goat or Cow's Milk, so boiled and continually stirred about, until it boil in to the third Part. Or mix a third Part of Fountain-water with Milk, and boil it in to the half, and drink it. 2. In all Fluxes of the Belly, Marmalade of Quinces is good, if it be taken before Meat. 3. All Kinds of Milk, in which Sea-stones have been quenched, (after they have been fired) drunk. 4. Tree-moss steeped in Wine, drunk. 5. Wild Pears eaten. 6. Silverweed, in Latin called *Potentilla*, drunk, or applied green to the naked Soles of the Feet, within the Shoes. 7. Incense or Mastick drunk. 8. Coleworts twice or thrice boiled, eaten. 9. Bramble-berries eaten. 10. Pottage of Flower or Starch. 11. Conserve of Currans,— or of Barberries,— or of dry Roses,— or of Comfray.

§ 6. *Lienteria.* *A Lientery-Flux.*

1. Tree-moss steeped in Wine, drunk. 2. Tosted Nutmegs. 3. Tosted Clows. 4. Rhubarb tosted, drunk in harsh Wine, or in Juice of Plantain. 5. Cori-

Coriander seed, drunk in Water. 6. Rice dried, boiled in Milk, in which fired Stones have been quenched. 7. Ginger dried, with steell'd Water drunk.

§ 7. *Cæliaca. A Caliack Flux.*

1. Tree-moss, steeped in harsh Wine, drunk. 2. Marmalade of Quinces. 3. Incense drunk. 4. Clows drunk in Wine. 5. Rice dried, boiled in Milk, wherein Steel is quenched, taken in Meat. 6. The Patient must sleep upon his Belly.

§ 8. *Diuturnum alvi profluvium. A Belly-Flux of long Continuance.*

Here it is to be observed, that nothing be given hot, but cold. 1. A Cupping-glass with much Fire, applyed to the Belly, stoppeth the Belly miraculously within four Hours. 2. Eat Bread made of Millet, or of Wheat, drinking upon it some little Rose- or Plantain-Water. 3. Ashes thrice boiled in Vinegar, to the Consumption of the Vinegar; emplaister them both before and behind. 4. Steep Eringo roots for the Space of three Days in the strongest Vinegar; then after bind it to the Soles of your Feet. It is miraculous in this Disease. 5. Pears boiled in Water or Vinegar, emplaistered. 6. Stalks of Coleworts well boiled, or roasted under the hot Embers, eaten. 7. Juice of great Comfray, mixt with Wine, and boiled upon a Tile, drunk. 8. Thin Cakes or Wafers, mixt with Turpentine, eaten; for these bring forth with themselves the Matter that is fixed in the Stomach and

and Intestines, as I have often tryed. 9. The Liver of any Beast, boiled in Vinegar, eaten. 10. *Ferisuga* drunk, bindeth wonderfully. 11. Milk boiled and mixt with Oyl *Omphacine*, drunk.

If the Flux come of *Bilis prasina* or *eruginosa*,  
1. Give in Tablets the Powder of Pearl and Coral; for Coral is a Bridle for all kind of Fluxes. 2. Quinces, boiled in Cistern-water, or the Roots of Tormentil, are the best Remedies. 3. Eat a thin Cake, fryed with Bacon and Wax.

§ 9. Tenesmus, or a Desire to be at Stool; without Voiding any Matter.

This Disease is like the Dysentery, to which chiefly are profitable, 1. A Foment of *Tapsus barbatus*, — or the Bark of the Pomegranate, — or of Roses. 2. A Suppository of Goats-Grease. 3. A Suffumigation to the Fundament, of Turpentine, cast upon a hot Tile-Stone.

§ 10. *Pigra alvus.* A stord Belly.

1. Fresh Cherries, — Prunes, — Crab-tree Apples, — ripe Figs, taken in Meat. 2. Broth of Cockle-fish. 3. The Broth of Beets, — of Blite, — of Mallows, — of *Cynoglossum*, — of Coleworts, — of Sporage-beets, — of the Leaves of Chick-weed gently boiled. 4. Raisins eaten before Dinner. 5. Juice of Mercury, — of white Beets, of *Hieracium* taken. 6. Decoction of an old Cock. 7. Anoint the Orifice of the Fundament, with an Ox-Gall, — with Aloes, — with *Sal gemmae* and Oyl. 8. Mallow-roots boiled and bruised, applyed. 9. Bacon bruised, mixt with Ink, applyed to the Belly. 10. A miraculous and most

most expert Remedy; Fill the Bone of a dead Man's Arm or Leg, with his Dung, whom you have a Mind to purge; close it strongly and well with Wax, and being bound with a Cord, cast it into hot scalding Water; and so long as it remaineth therein, his Womb, whose Dung it was, shall be loosed: and, this Bone taken out again, his Womb shall cease running. 11. One Grain of Salt, put up in the Fundament, looseth the Belly. 12. A Plaister applyed to the Navel, of Savine-tree, boiled and bruised with Swines-seam.

§ 11. *Lumbrici. Worms.*

1. *Worms* are killed, with the Juice of Purpy, or of Elicampane, or of Germander, or of Agrimony, or of Coleworts, or of Oranges. 2. With Decoction of Wormwood, or of Hyssop, or of Mint, or of Calamint, or of Thyme, or of Rue, or of the Roots of Tormentil, or of the Roots of Bistorte, or of the Leaves of Hemp. 3. Wormwood-wine drunk. 4. Oyl of bitter Almonds drunk. 5. Harts-horn with Honey taken. 6. Garlick drunk or eaten. 7. Triacle, with the Juice of Mint, expelleth *Worms* powerfully.

§ 12. *Intestinorum vulnera & ulcera. Wounds and Ulcers in the Guts.*

1. For *Wounds* in the Intestines, Hares-dung, and the Hair that is on a Hare's Womb, boiled with Honey, and often swallowed to the quantity of a Bean-pickle at once. 2. Decoction of great and middle Comfray, or of Mouse-ear.

For

For *Ulcers* in the Intestines, all kinds of Milk, heated with fired Stones, cast up in a Clyster.

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## XV. The Fundament.

### § 1. Hæmorrhoides. *Emrods.*

**P**Ain of the *Emrods* is eased, 1. With Oyl of Lin-seed. 2. With green Leaves of Plantain bruised, anointed. 3. Leek-leaves boiled, applied.

*Emrods* are opened. 1. With Onions rubbed on them. 2. With Fig-tree-leaves rubbed on. 3. Pills of unwashed Aloes swallowed.

The Bleeding of the *Emrods* is stopt, 1. With Oyl of Roses anointed. 2. With green Leaves of Plantain bruised, anointed. 3. With a Forment or Bath, of the Decoction of Plantain, — or of *Verbascum*, — or of Roses in harsh Wine, or steelled Water. 4. An Emplaister of *Gypsum*, mixt with the White of an Egg, taken with *Bombace*, — or of Starch, — or of steeing Meal, — or of Bole-armine.

*Emrods* are altogether cured. 1. With Decoction of the Roots of *Anonis*. 2. With the Powder of Bistorte, often drunk. 3. Two Drams of pure *Galbanum*, taken in Water for the space of thirty Days. 4. Purpy, boiled to the highest, applied.

### § 2. Sedis rimæ, ulcera, inflammationes. *Ulcers, Rists and Inflammations of the Fundament.*

*Rists* of the Fundament are cured. 1. With Oyl of Yolks of Eggs, anointed, 2. Green Leaves of Plantain

Plantain, bruised, applyed. 3. An Ointment made of Oyl, with a Mortar and Pestle of Lead, anointed.

For *Ulcers* of the Fundament. 1. Juice of great and middle Comfrey,--- or of *Pilosella*,--- or of all the kinds of *Verbascum* anointed. 2. An Unguent of Oyl prepared in a Mortar with a Pestle of Lead.

For *Inflammations* of the Fundament. 1. Juice of Sow-thistle anointed. 2. Green Leaves of Plantain bruised, anointed. 3. All the kinds of *Verbascum*, anointed. 4. The Roots of great Comfrey, with the Leaves of Ground-sell, applyed Plaister-wise.

§ 3. *Sedis Procidential*. *Falling out of the Fundament.*

If the *Fundament* fall out, put it up in its place, If it cannot be put up, foment the place, 1. With the Decoction of Penny-royal,--- or of *Marrubium*,--- or of *Verbascum*,--- or of *Primula veris*,--- or of Sage, in Water, or Wine, in which a Water-sponge is to be dipd, applyed; after fomenting, put it up in its place; and let the Patient sit upon a Form of Timber, as hot as he may suffer; and when it is put up in its Place, it is to be kept there, with astringent Fumigations, rather than with strong. And cause prepare Fumigations of, 2. Nutmegs,--- or of Rosemary, or of Mastick, cast upon the Coals. 3. A Cataplasm of the green Leaves of Plantain, bruised,--- or of Roses,--- or of *Tapsus barbatus*, boiled in Wine, to the Consumption of the Herb, then stamped and applyed. 4. Or a Cataplasm of Doves-dung,--- or of Goats-dung, taken with Turpentine, applyed to the Holy-bone, or Hip-bone.

§ 4. *Condyloma, Thymus penilis, Tumor induratus Sedis.*

*Condyloma*, because it is a callous Tumor high and rough, it stands in need of softening, 1. With Decoctions of *Malva*, or of *Cynoglossum*, or of *Violets* in Water and white Wine. 2. Also Ointment with Oyl of Lin-seed. Next, it standeth in need of drying, by sprinkling on Ashes of *Calcitis* burnt,-- or of Egg-Shells. 3. Or with an Ointment of the Oyl of Lin-seed, and Yolks of Eggs long beaten together, in a Leaden Mortar,--- or of green Plantain-leaves bruised and anointed,--- also the Leaves of *Verbascum*.

• *Thymi peniles*, High or hanging Warts, are daunted or tamed, 1. With Ashes of Willow-tree burnt, mixt with Vinegar, anointed. 2. Sheeps-dung with Vinegar anointed. 3. The green Leaves of Plantain bruised and applyed.

• *Hard Swellings*, are softened and resolved with the Powder of Galls.

## XVI. The Reins.

§ 1. *Renum dolor, obstructio, ulcus. Pain, Obstruction and Ulcer of the Reins.*

FOR Pain of the Reins. 1. *Cassia solutiva*, with the Powder of Licorice. 2. Oyl of Almonds drunk. 3. The Seed of *Althea* drunk. 4. Wine, mixt with Honey, drunk. 5. Juice of Licorice *in passum* drunk. 6. Decoction of the Root of Peony, drunk.

For Obstruction of the Reins; 1. Wormwood-wine and Honeyed-wine drunk. 2. Decoction of *Ireos*. Roots drunk. 3. *Cassia solutiva* devoured. 4. Decoction of *Anonis*. 5. Decoction of *Carduus benedictus* drunk. 6. Eringo-roots drunk. 7. Decoction of Strawberry Roots and Leaves drunk.

Ulcers of the Reins are first to be cleansed of that Worm that is contained in them, 1. With *Cassia solutiva*. 2. With Whey of Cows-Milk. 3. With drinking of any kind of Milk. 4. Decoction of any of the kinds of *Equisetum*.

§ 2. Calculus & Arenulæ. Stones and Sand in the Reins.

1. Diureticks, to break the Stone, and expel the Sand, are, Decoction of the Roots of *Anonis*.— or of *Althæa*.— or of Bramble-roots.— or of Valerian.— or of Ground-moss.— or of Ash-tree-Seed.— or of *Filipendula*-roots.— or of the Roots of Primrose.— or of Broom-seed. 2. Cherry-Gum drunk in Wine. 3. Wormwood-wine, or Honey and Wine, called *Melitites*, continually drunk. 4. Decoction of Ground-moss in Wine, drunk. 5. Ash-tree-Seed drunk in old Wine. 6. Water flowing out of a Birk-tree pierced, drunk. 7. Distilled Water of Oak-tree-leaves. 8. Cockle-shells brayed, drunk. 9. Ashes of a Hare, wholly burnt, drunk. 10. The Reins of a Hare eaten either raw or boiled. 11. Broth of Coleworts. 12. Distilled Water of the Flowers of Broom, or their Conserve with Sugar. 13. Menstrual-blood, dried & brayed & drunk, breaketh the Stone, before any thing. 14. Two spoonfuls of Mugwort-Juice, drunk every Day, dissolveth the Stone wonderfully.

fully. 15. A Man's Stone drunk fasting, is most powerful of any, to break the Stone and expel it with the Urine. 16. If you anoint the Reins, the Privy parts and the Groin, with the Blood of a Fox, presently the Stone shall break. 17. Fox-blood breaketh the Stone, being drunk. 18. Ashes of a whole Hare, burnt in a Pot; or of two or three young Hares drowned in Vinegar, burnt, or Ashes of the Dung, Flesh & Hairs of a Hare, drunk. 19. The Liver, Lights, Reins, Pizzle and Intestines of a Male-Goat, bruised all together and made in a Pudding, in the meikle Bag, boiled and eaten. This is so forcible, that, after the eating of three or four pieces thereof, it will cause a precious Stone, worn in Gold upon the Finger, to break and leap out. 20. Goats-Blood and Goose-Blood, mixt together and boiled on a soft Fire, will do the like. With this, precious Stones and Glass are softned; that you may cut and dissipate them at your pleasure. 21. Decoction of seven Heads of Garlick, drunk for the space of eight Days, dissolveth the Stone. 22. Decoction of the Root of Elicampane, in Wine and Water, drunk, doth the like. 23. Flies (as hath been often tried) bruised, put in the Passage of the privy Member, provoketh Urine. 24. A Stone, found in the Head of a great Snail, bruised and drunk in hot Wine, expelleth the Stone with the Urine. If the Stone be great and hard, take many Snail Stones, and you shall see a wonderful effect. 25. To break and expel the Stone, Take ten Slices or Pieces of Radish-roots or moe; steep them in white-Wine for the space of one Night. In the Morning, drink that Wine fasting: Do this three

or four Mornings. And for proof, any Stone, that is put in this Wine, is soon broken.

## XVII. The Bladder.

§ 1. *Vesicæ Scabies, ulcus, vulnus. Scabs, Ulcers and Wounds, in the Bladder.*

FOR *Scab* in the Bladder. 1. *Cassia* often devoured, with the Powder of *Licorice*. 2. *Almonds*,— or *Sesaminum-oyl*, drunk. 3. The Juice of *Licorice*.

FOR *Ulcers* in the Bladder. 1. All kinds of Milk drunk are profitable. 2. Decoction of *Equisetum*, with Powder of the Herb, drunk.

FOR *Wounds* of the Bladder. 1. Water or Juice of *Equisetum* drunk. 2. Distilled Water of *hedera terrestris*, drunk, — or of *Pilosella*, — or of great *Comfrey*. 3. Julep of *Roses*.

§ 2. *Ischuria. Suppression of the Urine.*

Urine stop is provoked by these following, viz. 1. With Decoction of *Acorus*, — or of the Roots of *Meum*, — or of dry *Valerian*, — or of the Roots of *Elicampagne*, — of the Roots of *Radish*, — of *Garden-leeks*, — of *Calamint*, — of *Sage*, — of *Thyme*, — of *Savoury*, — of the Roots of *Anonis*, — of the Roots and Seeds of *Lovage*, — of *Carvy*, — of *Parsley*, — of *Fennel*, — of *Gromil*, — of *Broom*, — of *Parsnep*, — of *Ashe*, — of *Leeks*, — of *Mugwort*, — of *Camomil*, — of *Betony Leaves*, — of *Ruscus*, — of Roots of *Reed*, — of *Water-mint*, — of *Hyssop*, — of *Penny-royal*, — of Roots of *Imperatoria*, — of *Filependula*.

*pendula*,--- of Flowers of Broom. 2. Cherry-Gum, drunk. 3. Garlick devoured. 4. Juice of Brooklime drunk. 5. Onions boiled taken in Meat. 6. Juice of *Equisetum* drunk. 7. Seed of the Ash tree drunk. 8. Quick Flies put upon the passage of the Yard. 9. Decoction of Broom-Flowers in Wine. Also Conserve of Broom-Flowers. 10. Juice of *Millefolium* with Vinegar drunk. 11. Garlick bruised, applyed to the Nut of the Privy Member, presently provoketh Urine. 12. Neats-dung, mixt with Honey made hot, applyed to the Share-bone.

§ 3. *Dysuria. Great Pain and Difficulty in making Urine.*

Take, 1. Decoction of Purpy,--- of *Smyrniun*-roots,--- of Parsley,--- of Germander,--- of Peony,--- of *Althæa*,--- of Grass,--- of Garden-radish,--- of Horse-radish,--- of *Anonis*. 2. Oyl of sweet Almonds drunk. 3. A Fox-blood hot, anointed upon the Reins, Share and Privy Members, cureth.

§ 4. *Stranguria. A dropping of Urine.*

1. It is cured, with Decoction of the Roots of *Acorus*,--- or with the Roots, Leaves and Berries of *Ruscus*,--- of the Roots of *Eringo*,--- of *Filipendula*. 2. Seed of Water-mint drunk in Wine. 3. Juice of Knot grass drunk. 4. Decoction of *Dens leonis* drunk in Vinegar. 5. Decoction of Agrimony, in white Wine with Sugar.

§ 5. *Diabetes. A continual Pissing, when one cannot hold his Urine.*

Take inwardly. 1. Conserve of Quinces,--- Conserve of great Comfrey. 2. Juice of *Equisetum*,--- Juice of Sorrel.

The Reins are to be anointed, 1. With Oyl of Maffick, -- Oyl of Quinces. 2. Ashes of a Sheep's Head burnt, taken continually for the space of three Days, with Water, or Vinegar, at Bed-time, the Moon being in her declining. 3. The Lungs of a Kid, eaten or emplaistered.

§ 6. *Vesicæ calculus. Stone in the Bladder.*

The Stone is expelled with these Remedies, mentioned for the Stone in the Reins, and with this following: 1. With the Decoction of the Roots of Docks in Wine, -- or of Parsley-Seed, -- or of Fen-nel-Seed -- or of Grass-Roots, -- of Roots of *Rufcus*, -- of *Erica*, -- of Primrose-roots, -- of Broom Flowers. 2. Cherry-Gum drunk. 3. Gromit drunk in white Wine. 4. Juice of Birk-tree drunk. 5. Ashes of a whole Hare burnt, drunk. 6. Mousse-dung drunk. 7. Powder of the Stone of an Ox-gall drunk. 8. Powder of great Saxifrage, drunk in Wine.

§ 7. *Urinæ incontinentia. Pissing the Bed.*

1. Half an Ounce of Sugar of Roses, taken in the Morning, and an Hour before Supper. 2. Powder of the Root of *Bistort* and *Tormentil*, drunk in Plantain-water.

§ 8. *Vesicæ inflammatio. Inflammation of the Bladder.*

1. The Share-bone and Groin, fomented with *Oxyrrhodinum*. 2. *Unguentum rosaceum lotum*, in the Juice of Nightshade and Plantain, anointed on the whole nether Part of the Womb.

§ 9. *Urinæ*

§ 9. *Urinæ ardor. Scalding of Urine.*

1. For this the Pulp of *Cassia* is very profitable:  
 2. Syrup of dry *Roses*. 3. Syrup of *Papaver*. 4. Syrup of *Nenuphar*.

§ 10. *Cruenta mictio. Bloody Pissing.*

1. Date-stones with raw Silk burnt, taken inwardly. 2. Juice of Plantain and *Millefolium* drunk, adding thereto a Dram of *Philonium Persicum*. 3. An Ounce of the Meal of *Millefolium*, with a Dram of Bole-armine, drunk with Cows-Milk.

XVIII. *The Privy Members.*1. *Penis ulcus. An Ulcer of the Yard.*

1. Juice of Knot-grass boiled in Wine, applyed with Honey. 2. Powder made of Allum sprinkled on. 3. Powder of burnt *Abrotanum* sprinkled on. 4. The Leaves of Bugle, or the Juice applyed.

If the Ulcer become putrid, and cometh to the Nature of a *Phagedæna*, which is an eating up of the Flesh within the Skin, anoint it with an Ox-Gall and Honey, and sprinkle it over with the Powder of *Pelofella*, or *Potentilla*.

- § 2. *Caruncula in meatu penis, et verruca in præputio et glande enata. A Caruncle in the Passage of the Water, or a Wart on the Foreskin & Nut of the Yard.*

The Root of *Anonis*, any manner of Way prepared, whether in Powder or distilled Water, &c.

§ 3. *To*

§ 3. Testium inflammatio. *Inflammation of the Testicles.*

1. The Leaves of Daisies bruised, applyed. 2. Oyl of Roses beaten in a leaden Mortar, anointed.

§ 4. Veneris impotentia. *Impotency to Venus Games.*

Impotency chiefly cometh from Penury of Seed; sometimes also from a cold Distemper of the Testicles.

Seed is augmented, 1. With Coriander drunk. 2. Oyl of *Sesaminum* drunk, or taken in Meat. 3. Rice boiled in Milk, with Saffron and Cinnamon. 4. Turneps boiled in Milk. 5. *Asparagus* taken in Meat. 6. Half an Ounce of Cloves drunk in Milk. 7. Artichocks eaten with Pepper. 8. All Kinds of Milk drunk. 9. Boiled Onions eaten. 10. Turneps boiled in Meats. 11. Parsnep roots devoured. 12. Roots of *Satyrian* eaten. 13. Root of Dog-stones drunk or eaten. The Testicles are heated, 1. With *Asphodil* roots, taken with Rocket-seed, with Leek-seed, with Cress-seed, and Nettle-seed drunk *in passum*. 2. Condit Ginger. 3. Sparrows eaten. 4. Powder of Lin-seed with Sugar taken in Meat. 5. Musk with Oyl of *Cicumum*, anointed on the privy Member. 6. Civet anointed after the same Manner. 7. Oyl of Nutmegs anointed. 8. The Gall of a Boar anointed, raiseth the privy Member. 9. *Satyrian* root holden in the Hand.

§ 5. *Libido inexplabilis ad res Venericas.* *Insatiable Lust to Venery.*

The Abundance of Seed must be diminished, and the immoderate Heat of the Genitals tempered; both which

which are Accomplished, 1. With Seed of the Willow-tree, — with the Seeds of Lettice, — with Purp-v-seed, — with Dill-seed and the Tops thereof, — Leaves of Rue — Dog-stones, — *Papaver-seed*, all boiled.

2. Flowers of Willow tree. or Poplar-tree eaten, for certain extinguisheth Lust, as hath been often tryed. 3. Vervain drunk permits not Erection for seven Days. 4. Juice of Water-lilly, drunk with Water, represseth Venery. 5. Hemp-seed largely taken in Meat. 6. The Testicles often anointed with the Juice of Nightshade. — Sea-green and Vinegar. 7. Vervain carried or put under the Pillow or Bolster, hindereth Erection. 8. Leaves of Willow applyed to the Testicles. 9. Tops of Hemlock, bruised and emplaistered, applyed to the Genitals, is most powerful to restrain Venery. 10. Juice of Water-mint applyed to the Testicles.

§ 6. *Seminalis profluvium.* Flux of the Seed.

1. Seed and soft Down in the Knops of Roses, drunk in harsh Wine. 2. Yellow Flowers and Hairs in Roses drunk. 3. Juice of Succory drunk. 4. Juice of wild Mint drunk and anointed on the Testicles. 5. *Millefolium* with the white Flower bruised, drunk with Goat-Milk. 6. Coral drunk. 7. A Ring with a Topaz-stone in it, worn.

§ 7. *Pollutio Nocturna.*

1. Venery is repressed with the frequent Use of Coriander, or Penny-Royal. 2. Lettice seed or Willow-seed eaten. 3. Juice of Vervain drunk. 4. Anoint the Genitals with Oyl of Roses, beaten in a leaden

leadен Mortar. 5. The Topaz, the Saphyre, the Emerald Stones, worn or carried. 6. *Bardana*, carried upon the Privities, stayeth Venery.

## XIX. The Womb.

6 1. *Uteri inflammatio.* *Inflammation of the Mother.*

**I**Nflammation of the Womb is cured, 1. With Juice of Onions anointed. 2. With Decoction of *Artemisia*, — or of *Melilot*, — or of *Althea* fomented with. 3. A Cataplasm of *Althea*, of Bean-meal, of Lin-seed, or Barley-meal, boiled and bruised through a Hair-sieve.

10 2. *Uteri inflatio.* *Wind in the Womb.*

1. The Root of *Imperatoria*, drunk in Wine. 2. A Dram of *Geranium* and its Roots drunk. 3. Apply to the nether End of the Belly Pocks of Millet and Salt, fryed in a Frying-pan. 4. Water-mint, made hot on a hot Tile, and sprinkled over with odiferous Wine, applyed to the Belly. 5. Cost-mary baken in Wafers, and Cost-mary Leaves fryed in Oyl or Butter, both eaten and applyed.

5 3. *Uteri dolor.* *Pain of the Mother.*

1. Luke-warm Milk casten up into the Womb, — or Juice of Plantain, — or Juice of Lettice. 2. Foment the nether End of the Belly without, with Decoction of Lin-seed, — or Decoction of Violet-Leaves.

Leaves, — or of Purpy, — or of Dill, — or of upright Vervain.

But, if this Pain of the Mother happen in the Birth, or a little before the Birth, these Uctions have no Place; but you must have Recourse to those Things which facilitate the Birth; therefore anoint the nether End of the Belly and the privy Parts, 1. With Oyl of Ireos, — or of Almonds, — or of Laurel, — or of Scorpions, — or of white Lillies, — or of Lin-seed; dipping in them the filthy Wool of a Sheeps Flanks unwashed. 2. Water-mint and Feverfew, made hot upon a hot Tile, sprinkled over with odoriferous Wine, applyed to the Belly. 3. Great Celidon with its Roots bruised, made hot in the Oyl of Camomil, applyed to the nether End of the Belly. 4. Distilled Water of Cinnamon drunk. 5. Nutmegs made in Powder, or Decoction in Rhodomel and Aquavitæ drunk. 6. Root of *Imperatoria* taken any manner of Way. 7. Decoction of Roots of Devils-bit in Wine, drunk.

§ 4. Uterus frigidus. *A cold Mother.*

For Cold in the Mother, 1. Distilled Water of Cinnamon, — or of Nutmegs. 2. Root of *Imperatoria* drunk in Wine. 3. Cost-mary drunk. 4. Foment the Place with Lavender, — or with Cost-mary, — or with Carvy, — or with Feverfew.

§ 5. Uterus induratus. *A hardened Mother.*

1. Anoint the Place with Goose-grease, — with Hens Grease, — with Almond-oyl, — with *Sesaminum* oyl, — with Marrow of a Hart & Calf, — with Oyl of Lillies. 2. Foment the Place with Decoction of Mallows, or with

with the Leaves of Walwort and Elder,— or Feverfew,— or of Lilly-roots,— or of Maudline.

§ 6. *Uterus exulceratus.* *Exulcerate or galled*

*Mother.*

Foment the Place with a Sea-sponge, steeped in the Decoction of *Malicorium*,— of Aloes and Allum.

§ 7. *Procidens uterus.* *Mother fallen down.*

It is put up in its Place by what Art it may be gotten done. Being put up, it is to be kept up there,

1. With Cupping-glasses applyed,— with Rest,— with lying upon the Back, with her Hips holden up, with her Loins and Head holden down

2. There must be Injection made in the Womb, Of the Decoction of Galls,— or of both the Nettles,— or of

*Acacia*, &c.

§ 8. *Mensium suppressio.* *Courses stopt.*

The Terms are procured by many Kinds of Remedies, by Decoction drunk or used in Baths, 1. Of the Roots of *Ireos*, -- of *Eringium*, -- of *Meum*, -- of *Acorus*, -- of *Asarum*, -- of *Elicampane*, -- of both the Radishes, -- of *Asphodil*, -- of *Anemone*, -- of *Lovage*, -- of *Rosemary*, -- of *Pepper*, -- of the Roots of *Imperatoria*, -- of the Leaves of *Valerian*, -- of the young Sprouts of *Garlick*, -- of *Pennyroyal*, -- of *Organy*, -- of *Sage*, -- of *Thyme*, -- of *Germander*, -- of *Mugwort*, -- of *Chervil*, -- of *Camomil*, -- of *Hypericon*, -- of both the Nettles, -- of *Betony*, -- of *Savine*, -- of *Hyssop*, -- of *Agrimony*, -- of *Feverfew*, -- of *Costus*, -- of *Ruscus*, -- of *Calamint*, -- of *Savory*. 2. Of the Seeds of *Willow*, -- of *Lin-seed*, -- of *Smyrnum*,

of

of Fennel, -- of Dill, -- of red Vetches, -- of Juniper-berries. 3. *Castoreum* drunk. 4. Juice of Onions drunk. 5. Cinnamon drunk. 6. Goats Dung drunk. 7. Juice of Coleworts drunk. 8. Wormwood-wine drunk. 9. Hyssop-wine drunk. 10. Snails with their Shells bruised, applied to the privy Parts. 11. Juice of Onions anointed on the Privities. 12. Rue put up in the privy Place. 13. A Suffumigation of *Galbanum*, and also put up. 14. *Hypericon* put up. 15. Black or white Hellebore put up. 16. Calamint put up. 17. *Imperatoria* Root put up. 18. A Pock full of the Heads of Garlick put up.

§ 9. *Mensium profluvium. Inordinate Flowing of the Terms.*

The Terms flowing beyond the Course and Custom of Nature, are stopt by many Kinds of Remedies, 1. With the Decoction of the tender Bark of *Acorus*, — of Sorrel-roots, — of Plantain Leaves, — of the Tops of Leeks, — of the Tops of Bramble, — of the Leaves of Horse-tail, — of the Leaves of Knot-grass, -- of wild Prunes, — of the Roots of *Bistort* and *Tormentil*, -- of Strawberry-Leaves and Roots, -- of *Millefolium*. 2. The Berries of Hawthorn-tree taken in Meat or Drink. 3. The Rennet of a Hare, — of a Kid, — of a Sheep, — of a Calf, in Drink. 4. Powder of Hart-horn drunk in an astringent Liquor. 5. Twelve Grains of Peony-seed drunk in harsh Wine. 6. Decoction of Comfray in Wine, drunk. 7. The Seed and Down in the Cups of Roses, drunk. 8. Coral as well drunk as hung. 9. If a Woman drink one Grain

Grain of Coriander, the Flux will be stayed for one Day; if two Grains, two Days; if three Grains, three Days. 10. Juice of the Heads or Blades of Leeks is so effectual, that it will stay the Flux of an Abortment. 11. Pocks full of the burnt Ashes of great Frogs, hung upon the Paps. 12. The Juice of Plantain drunk, is excellent for stopping of this Flux. 13. Ashes of a great Frog, carried in a little Bag or Pock, be a Woman upon any Place she pleaseth, stoppeth all Fluxes of Blood. If you please to make Tryal of this, hang this Powder about a Men's Neck, the next Day kill her, and she shall not bleed. 14. A Jasper or Cornelian-stone carried upon the Woman. 15. Foments of the middle Bark of Oak-tree, — of Plantain, — of *Virga pastoris*, — of Knot-grass, and the like. 16. Hen's Dung put up. — Juice of *Pilosella*, — of *Potentilla*, — of Strawberries and their Leaves put up.

§ 10. *Alba menstrua. Whites.*

1. The middle Flowers of Roses with their Heads, made in Powder. 2. Distilled Water of the tender Leaves of Oak-tree. 3. Rosemary taken every Day for a long Time. 4. Roots of Avens drunk. 5. Green *Millefolium*, bruised, put up and anointed on the Share-bone. 6. Purpy eaten. 7. *Equisetum* (but chiefly it stops a red Flux) drunk in Water or Wine. 8. The White of an Egg casten in Rose-water, and drunk fasting with a little Powder of Mastick.

§ 11. *Strangulatus uteri. Suffocation of the Mother. Hysterick Passion.*

Stopping of the Terms and Retention of the Seed,  
pro-

procureth the Hysterick Passion. These Causes must be removed, before you can cure this Disease.

These following cure the *Hysterick Passion*. 1. The Roots of *Meum* bruised, and Juniper-berries devoured. 2. Juice of Plantain drunk in Wine. 3. Fifteen Grains of the Seeds of Black-peony drunk. 4. Powder of the Root of *Imperatoria* drunk in Wine. 5. Two Drams of the Root of Butter-bar, drunk in Wine. 6. Powder of Crystal drunk in Wine, suddenly cureth the Hysterick Passion. 7. One Dram of Carret-seed bruised, drunk in Wine, doth the like. 8. The Root of Peony hung to, is profitable for all Hysterick Women. 9. Anoint the Fundament and Privities with Rue and Honey mixt together. 10. Civet put in the Dens and Cavities of the Navel. 11. A pessary of the Leaves of *Mercurialis* bruised, and all these Topicks which are mentioned for provoking of the Terms.

Therefore if a Woman be affected with the *Hysterick Passion*, 1. The Leaves of Nettles bruised and put under, helpeth her; Or the Seed of Nettles, given with Wine, doth the same; curing Windiness besides. 2. A Suffumigation of *Galbanum* cureth suddenly. 3. Oyl of bitter Almonds, given in a Clyster, or a Pessary, cureth Suffocation and Pain of the Mother. 4. A piece of Linen, boiled with Water, and Ashes, chiefly of Colewort-Socks, applyed, effectually cureth Windiness of the Mother. 5. Experience teacheth, that a great Ventose with much Fire and Scarification, put on between the Navel and the Privy parts, cureth the said Disease very well. 6. Goose and Hen's dung, drunk,

drunk with the best Wine, miraculously cureth sudden Suffocations of the Mother. 7. For Swooning in the Hysterick Passion, cast up into the Nose Pepper and Salt, and the Swooning shall presently cease. 8. For preventing of the Disease, make an Emplaister of *Galbanum*, dissolved in Vinegar, and spread it upon a piece of Allum-Leather, and apply it to the Navel.

§ 12. *Perversio uteri.* A perverse or froward Mother.

Apply stinking Smells to the Privities, and sweet smells to the Nose. Then after this, cause the Midwife anoint her Hand with the Oyl of Almonds, or sweet Oyl; and put in her hand, and put it right in its place, and cause her ly on the whole side, that it may abide in its place constantly.

§ 13. *Vulvæ constrictio & facilis conceptus.*

If the privy Member be too wide or open, that the Neck of it wavers, whereby the Conception is impeded, you may straiten and make it narrow, 1. With the Powder of Allum. *Sanguis draconis*, and Ink made of strong Vinegar; if, being put in, it be kept in a little Space. 2. And I have learned, through Experience, That a Suffumigation of Darnel and Incense, disposeth Women for Conception.

3. *Dioscorides* saith, *Laudanum* put in, emplaistered and suffumigate heateth much an over-moist and cold Mother; wherefore it is said with the smell thereof to beget Children with the Chaste 4. The meat of the Artichock is most profitable; for being often eaten, it causeth Male Children to be begotten.

5. Seed

5. Seed of the wild Carret, called Birds-nest, drunk, is marvellous good for Conception. 6. A suffumigation of Balm comforteth the Matrix much for Conception. 7. The shell of an Egg, filled with one Dram of *Colophonia* and two Drams of Mastick, applyed hot to the Navel, it comforts the Matrix to retain the Seed. 8. If a barren Woman drink Water of the Decoction of Sage in the Morning, that same Day she shall be apt to conceive; and if she be conceived, she will vomit it again, because 'tis not in her power to keep it. 9. Anoint the privy Members of a Woman and of a Man with the Juice of *Satyriion*, and sprinkle Powder made of the same Herb into the Woman's privy Member, it will cause a barren Woman to conceive, and does augment the Pleasure. It is a precious and sovereign Remedy. 10. If a Woman eat the great and hard Stone of *Satyriion*, she shall conceive a Male-Child; and if she shall eat the lesser Stone, a Female-Child. 11. Foment the Privities often with Rosemary. 12. The Smell of the Box-tree is very effectual for Generation. 13. After the Menstrual Flux, cause the Woman fill a little Pock full of the Powder of *Nigella*, and put it up for a little Space. 14. Or put up the Rennet of a Hare with Butter. 15. All kinds of Rennets, taken after the Menstrual Flux is past, or put up in the Matrix, further Conception. 16. *Triphera magna*, with the Juice of Mugwort and Bombace, put up in a Pessary, helpeth much. 17. The Leaves and Seeds of Mercury, having sharp Seed, bruised and anointed on the Man's Yard, causeth a Woman to conceive. 18. Juice and Seed of Male-mercury, having round Seed

hanging in Pairs, in form of Testicles, anointed on the Woman's Privities, causeth her to conceive Male-Children. 19. The Shavings of Ivory are profitable for Conception. 20. Garlick dry, and moist, bruised, boiled in the Oyl of Roses, or Oyl of *Sesaminum*, to the Consumption of the Oyl, and put up in the Matrix with Wool, is a most powerful Remedy. 21. Oyl made of the Timber or Wood of Ivy, often anointed from the Navel to the Privities, and upon the Reins, comforteth the Matrix, and consumeth the superfluous Humidity thereof, that it may be made fit for Conception. 22. An excellent Electuary, which if a Woman make use of, she presently conceiveth. R. *Dactyl. lib. 1. pinearum, fisticorum, ana lib. 1. Hyperici drach. 2. Nucis moschatae, Cinnamomi ana drach. 1. Gallarum drach. 2. Zinzib. drach. 2. Sacchari lib. semis. Consciuntur simul cum Melle.* 23. A Chopin of the Juice of Sage with a little Salt, drunk for the space of four Days, causeth a Woman to conceive. 24. The Root of *Imperatoria*, drunk in Wine, causeth Conception. 25. A Spoonful of the Powder of *Alchimilla*, drunk in Broth or Wine, for the space of twenty Days. 26. Take the Rennet and Dung of a Hare, of each a like quantity; Mix them with Honey, and apply it in place of a Pessary for the space of three Days and three Nights; and in the mean time, cause her drink of the Shavings of Ivory every Day; and albeit she has been barren before, yet thereafter she shall conceive. 27. Also, when the Seeds of both Sexes meet, in the Act of Generation, cause the Woman presently lying on her Back, put up the Juice of Rue with Bombace or,

soft

soft Wool, and then let her sleep. 28. The Stone that is found in the Stomach or Brains of an Eagle, taken in Meat or Drink; or bind this Stone to the right Arm of a Man or Woman before Copulation, and it causeth Conception. 29. To cause a Woman retain the Seed and conceive, cause her drink often Peony-grains with black Wine; and, in place of a Plaister, apply Incense, Mastic and Myrrha. 30. Fene-greek bruised with the Grease of a Duck, comforts the Matrix for Conception. 31. Musk dissolved with Oyl of Roses, put up, is most effectual.

§ 14. Prohibitio abortus, seu Retentio foetus.  
*To retain the Birth, and hinder Abortion.*

1. Quinces often eaten. 2. Sage or Conserve of Sage eaten. 3. Powder of the Root of Bistort or Tormentil, supped in a soft Egg. 4. The Stone *Asites*, called Eagle-stone, carried, effectually retaineth the Birth. 5. Jasper-stone doth the like.

§ 15. Difficilis partus. *A hard Birth.*

1. Many affirm the Filings of Date-stones, drunk in Wine, to be endued with a marvellous Virtue against a hard Birth. 2. The Bark of Laurel Tree drunk, bringeth forth the dead Child. 3. Parsley bruised, and put up in the Mother, expelleth the dead Child, and After-birth; and the same, given in a Drink, cleanseth the Bairn-bed and the Child also, of gross Humors. 4. Bray the Seeds of Peony with Oyl, and anoint the Loins and Privities of a Woman, and she shall bring forth her Birth without Pain. 5. A Suffumigation of the Horns and Hoofs of a Goat, powerfully stirreth up the Matrix to

the Birth. 6. *Polypodium* bruised and put upon the Woman's Foot, presently bringeth forth the dead or live Child. 7. A Drink of Water, of the Decoction of *Castoreum*, is one of the best Medicines. 8. The Load-stone, called *Magnes*, holden in the Hand, facilitates the Birth. 9. Bind to the Thigh of a Woman *Storax Africana*, she shall not feel Pain. 10. Saffron bruised, and made up in form of a Nut, and hung to the Hip, maketh an easy Birth, and expelleth the After-birth. 11. Coral bound to, after the same manner, doth the like. 12. A Woman, drinking another Womans' Milk, shall have an easy Birth. 13. Vervain bruised, drunk in Water. 14. Mugwort boiled and emplaistered upon the Navel, bringeth forth the Birth with the After-birth. 15. Three Drams of Betony, given with the Water of Honey, is profitable, by liberating the Woman in Travel from imminent Danger. 16. The Leaves of Honey-suckle, put up in the Mother, presently excludes the Birth; but it must be suddenly removed, lest it exclude the Matrix also. 17. The Leaves of Juniper, with Water and Honey, drunk, soon bringeth forth the dead Child, the After-birth and the Blood after the Birth. 18. Beware, that there be no Pears in the House of those that are travelling; because they hinder the Birth, and suffer not the Matrix to open. 19. Knot-grass dried green, bruised with Water and drunk, presently without Pain casteth forth the dead Child. 20. Bistort, bound to the Groin, facilitates the Birth so, that, if it be not presently removed, the Matrix will also follow. 21. Juice of Leeks, drunk with luke-warm Water, worketh powerfully. 22. Mint, with Water of

of Honey, does facilitate the Birth. 23. Horse-dung drunk in Water, and a Suffumigation made thereof, not only excludes the Birth, but often also liberates the Matrix. 24. Dog's Milk, with Wine and Honey drunk, doth no less. 25. Tops of Ivy, bruised with Oyl and put up, soon expelleth the Birth. 26. The Herb or Flower of white Violets drunk, excludeth the dead Child, and consumeth the live Child, procureth the Terms after the Birth, and cureth Windiness of the Mother. 27. *Galbanum* taken excludeth the dead Child. 28. If a Woman, after her Birth cannot be purged, cause her take Borage, the Leaves of Leeks, and Juice of the Roots of Parsley mixt with Oyl, and presently she shall be purged. 29. *Myrrha*, in form of a Nut, given with hot Wine, straightway putteth forth the Child either dead or alive. 30. The Herb *Satyrion* carried, or applyed to the Groin, hath the same effect. 31. A Jasper-stone hath a great Virtue, in expelling the Birth. 32. A Suffumigation of a Horse-hoof, maketh a Woman easy in her Birth. 33. One Root of Spurge or Tithymal, bound to the Reins, soon excludes the Birth; so that, if it remain any longer there, the Entrails will also come forth.

§ 16. *Fœtus mortuus educendus.* To expel the dead Child.

If there be a Suspicion, or rather certain Knowledge, that the Child is dead, use these Remedies following. 1. Drink *Galbanum* with *Myrrha* in Wine. 2. Decoction of Sage drunk, — or of *Marrubium*, — or of *Tussilago*, — or of *Penny-royal*,

— or of Calamint, — or of Chamæpitys, — or of Savine.

§ 17. Mola. *A false Conception.*

1. Decoction of Penny-royal, — or of Calamint, — or of Chamæpitys, — or of Thyme, — or of Savory, — or of Germander, — or of Mugwort, — or of Ghervil, — or of Savine, — or of the Roots of Camomil. 2. Pepper drunk. 3. Oesypus put up in Wool. 4. A Jasper-stone or Eagle-stone bound to the Thigh.

§ 18. Ut mitiores sint dolores partus. *To ease the Pains of the Birth.*

1. Cockles eaten some Days before the Birth. 2. The Roots and Leaves of Mallows, boiled to some Corruption and Clamminess, supped in Form of a Broth; the Juice also drunk. 3. A Spoonful of Meal of the dried Herb *Cardiaca*, drunk in white Wine. 4. The privy Place bathed with the Decoction of emollient, and opening or operative Things, — of the Leaves of Mallows, — Marsh-mallows, — or of Parietary, — or of the Seeds of Line, — Fene-greek, — *Althea*. 5. Ointments with Oyls of Lillies, — of sweet Almonds, — of fresh Butter, — with the Greases of Hen's — Duck's — Geese, — with Marrows of Harts, — of Calves.

§ 19. *Secundinæ pellendæ.* *To bring forth the Secundine, or After-birth.*

1. Drink Decoction of Penny-royal, — Thyme, — Savory, — Horehound, — Mugwort, — Roots of *Althea*, — of *Mentastrum*. 4. Myrrha taken, — or Seed

Seed of *Smyrniun*, -- or *Bunias*-seed, -- or Lavender, -- or of the Root of Peony, with Wine or some Decoction. 3. Provoke Sneezing, -- Perfume the Mother. 4. Give these Things that bring forth the Child. 5. Apply stinking Things to the Nose, and sweet smelling Things beneath.

§ 20. *Tormina ac dolores a partu.* *Throws and Pains after the Birth.*

If Throws or vehement Pains trouble the Patient, 1. Take some Spoonfuls of the Oyl of sweet Almonds, newly extracted without Fire, in white Wine. 2. Anoint all the Belly over with Oyls Omphacine, -- or of Jasmin. 3. Great Celidon with its Roots bruised, and made hot in the Oyl of Camomil, applyed to the Nether-end of the Belly. 4. Oyl of Lillies and Oyl of Lin-seed, anointed all the Belly over, with unwashed Wool full of Ure. 5. The Yolks of Eggs well boiled in Water, if there be a Fever; if not, in Wine, and bruised with Swine's Grease. 6. Juice of Mugwort and Cumine emplaistered, is a sure Remedy. 7. If there be a Fever, boil an Onion in Water, then bruise it with common Oyl and Yolks of Eggs, and apply it Plaister-wise.

## X X. The Joints.

§ 1. Arthritis, sive Gutta. Painful Swelling of a Joint; or the Gout.

A precious Ointment for all Fits of the Gout. 1. Take three Sorts of Snails in the Month of May, and make an Ointment of them in a Frying-Pan. *Electum et expertum.*

2. An expert Remedy, in all Causes of the Gout, without any Purgation going before. Anoint the Place with the Juice of Onions, and Synapize it with the Powder of black Pepper; then bind a water-Sponge upon it, infused in Wine, of the Decoction of Cumine and Calamint; it consumes and drives forth the hurtful Humors. 3. An Emplaster made of the Juice of the Root of Dwarf-Elder, bruised with Swines-Seam put upon it, cureth the Gout. 4. All Kinds of Gouts are soon cured with a Bath of the Decoction of *Osilium*. *Probatum.*

5. Mustard-seed, a Crum of Bread, dry Figs, Honey and Vinegar, as much as you please, being mixt together and apply'd, cureth the Gout. 6. To mitigate the swelling Pain of the Joints, and all other Pains, take of Ribwort-Plantain as much as you please; of the best Wax and Oyl Olive, of each three Pounds; let the Herbs steep therein three Days; then boil them to the Consumption of the Water, until nothing appear but the Oyl; then strain them thrice through a Linnen Cloath, and casting away the Herbs, reserve the Oyl for your Use.

Uſe. 7. An ancient and desperate Gout is cured with Water, in which Ants or Piſmires and their Eggs have been boiled. 8. Garden Crefſes cure an ancient Pain of the Gout, and Aches of the Joints. 9. For a cold and moiſt Gout, take old Swines-Seam, and the Whites of Eggs long caſten together, Bran, Roots of ſharp and red pointed Dock, quick Silver; mix them together without Fire, and apply them to the Place Morning and Evening, upon a Piece of Leather; on the ſecond or third Day, the Water will gush out in great Quantity, and the diſeaſed ſhall be cured. 10. Onions, Allum, Salt, Euphorbium, Laurel-Oyl mixt together, applyed. *Probatum*. 11. Salt roſted, boulted Flower, Honey and red Wine, boiled all to a Thickneſs, applyed to the Gout. 12. Old Cheeſe emplaſtered with Oyl, and holden upon the ſore Place, is one of the chief Remedies for extracting Pains out of the Joints.

§ 2. Podagra. *Gout in the Feet.*

For Gout in the Feet of a hot Cauſe, 1. Juice of the Root of Willow-tree anointed with Oyl, is wonderfully profitable. 2. The Root of Hemlocks, boiled in a Paſte, put upon the Gout, is a moſt ſure Remedy. 3. Green Leaves of Poplar-tree, bruised and applyed, cureth ſwollen Knees. 4. Penny royal with *Polenta*, applyed, cureth Gout in the Feet. 5. The Root of *Althea* with old Swines-Seam, applyed, cureth the Foot-Gout in three Days. 6. Plantain-Leaves emplaſtered with freſh Swines-seam, are moſt excellent for the Gout; or Plantain-ſeed after the ſame Manner, applyed, doth the like. 7. Betony bruised & emplaſtered, is moſt profitable. 8. Mul-

lein, with the small Leaves, boiled and emplaistered, will cause the Patient rise the same Day. 9. Anoint the Gout with Ashes of Coleworts burnt, made up with fresh Swines-seam, and the Patient shall be cured the third Day. 10. For immoderate Pain of the Gout, one Dram of *Opium*, pulverized with Saffron, Yolks of Eggs and Oyl of Roses, mitigates the Pain, and beats back the Matter. 11. Ants with their Eggs, with their Earth and Salt brayed, adding thereto old Swines-seam; apply them with a Cloath betwixt them and the Skin. 12. Goats-Dung, mixt with Swines-seam, cureth the Gout; and drunk with Vinegar, is a singular Help for a Sciatick. 13. Hares-Blood, anointed hot upon the goutty Feet, perfectly cureth the Gout. 14. Or a Crum of white Bread, boiled in the Juice of House-leek, emplaistered luke-warm. 15. A Cauter under the Knee, is the last Cure.

§ 3. *Ischias. The Sciatick.*

1. Green and fresh Calamint bruised, and put upon the Place, draweth out the Sciatick, by drawing up the Humidities. 2. Costmary, applyed upon the Sciatick, doth the like. 3. The Root of Elecampane, bruised and applyed, cureth the Sciatick. 4. The Juice of Plantain drunk, happily cureth the Sciatick. 5. Cresses with Meal and Vinegar mixt together, applyed upon the Place, is very profitable. 6. A Gigot of Mutton, applyed hot, is most effectual. 7. The Gall of a Goat, mixt with Oyl, and put on with a Feather, cureth the Sciatick. 8. Juice of Tussilago, boiled in Swines-seam, mixing a little Wax therewith, anointed. Tussilago Herb boiled in Wine,

applied. 10. If the Pain be intolerable, boil Moussear in Wine, and emplaister it. 11. Fat of Fishes applied, is very profitable. 12. A Dram of the Bark of Poplar-tree drunk, cureth the Sciatick. 13. If the Pain be with Swelling, take four Drams of Bean-meal, five Yolks of Eggs, and emplaister them.

## XXI. Of Fevers.

### § 1. Febris ephemera. *One Days Fever.*

**F**OR the Fever *Ephemera*, 1. Make a Syrup of Roses, Santals and the Flowers of Water-lilly. 2. Green Cucumbers, mixt with Oyl of Roses, applied to the Pulses, and anointed on the Heart, mitigates all Heats of Fevers.

### § 2. Febris Hæctica. *An Hæctick Fever.*

As for the Way of Cure; first, you must keep a Diet; you may give a Chicken with Broth, or boiled with Wheat; and you may give the Head and Feet of Swine, unless the Heat be too great, — also BarleyMeal, — Almond-Milk in Starch, — *Penidium*, — Eggs (unless the Fever be great and much) mixt Oyls of Borage, — Mallows, — Orache, — Spinage with Almond-Milk, or new milked Milk. 2. Fishes living in Gravel or stony Ground, or in Salt-waters, — white Wine, — or Orange-coloured Wine, tempered with Barley-water; which Water must be taken once in the Week, — Goats-Milk, in

in which Peeble-stones have been quenched, —  
Almond Kernels eaten.

§ 3. *Febris continua, et nimius ejus fervor.*

To allay the excessive Heat of a *continue* Fever,  
1. Boil the Leaves of Coleworts with old \* Lubes,  
and bruise them in Oyl of Roses, and emplaister  
them upon the Stomach, — The like may be done  
with Leaves of Willow, Nightshade and others.  
2. Burnet resolved in hot Water, drunk, cureth a con-  
tinue Fever, and looseth the bound Belly in it.  
3. Also the Juice of Barberries, — with the Julep  
of Violets drunk; and in like manner, Gooseber-  
ries, — Currans, — sour Cherries. — If the Fever  
be not too sharp or violent, give the Patient Wine  
to drink, mixt with Mulse-water, it cooleth much;  
and opening the Obstructions, it driveth the Matter  
forth by Urine, & comforteth the Strength. In a vehe-  
ment Fever forbear Wine: But, if the Patient have a  
great Desire to Wine, put hot Bread in the Wine,  
and put it through a Cloath without straining or  
pressing, and give it him to drink. 4. Purpy bruised  
and emplaistered upon the Stomach and Hypochon-  
dries, extinguisheth the Heat of this Fever, more  
than any other Thing. 5. To cure a continue,  
or any other Fever whatsoever, *Dioscorides* pre-  
scribes Oyl of Roses, Vinegar, the White of an Egg,  
of each a like Quantity; mix them by casting and  
tossing them strongly together; and with these a-  
noint the whole Body; except the Soles of the Feet,  
the Loofs of the Hands and Crown of the Head,  
and he shall be cured. 6. Also Silver-weed applyed  
to the Loofs of the Hands and Soles of the Feet.

§ 4. Quotidiana febris. *A Quotidian Fever.*

If you would cure a Quotidian suddenly, 1. Take two Ounces of Betony, one Ounce of Plantain, and give them with hot Water, before the Fit. 2. Parsley-Juice, drunk with luke-warm Water, doth the like. 3. Crums of Bread and the Gall of a Goat, of equal weight, made up with a soft roasted Egg and Oyl of Laurel, and put upon a Cloath, applyed to the Stomach and Belly. This to be profitable is taught by long Experience. 4. Mustard-seed eaten before the Fit, cureth long lasting Fevers and Quotidians. 5. Southern-wood bruised, tempered with Water, drunk, wonderfully helpeth. 6. *Constantius* in his Practice, affirms, that he cured many of the Quotidian Fever with the middle Bark of Elder given in hot Water, or with Bark of the Nut-tree.

§. 5. Febris tertiana vera. *A true Tertian.*

1. Give the Patient Juice of Dandelion, three or four Times, before the Hour of the Fit, and the Fever shall relent. 2. Radish-root bruised with Flower, and put upon the Navel Plaister-wise, untill there be some Pain or Throwing felt; it is an approved Remedy against Tertians. 3. Juice of Parsley or Knot-grass, any of them taken in Wine before the Fit, utterly extirpates a Tertian. 4. Juice of Plantain given before the Fit, is of great Virtue. 5. Juice of *Tapsus barbatus*, casten up into the Nose of the Patient, before the Fit, cureth both a simple and a double Tertian. 6. Knot-grass emplaistered to the Wrists, cureth a simple and double Tertian. 7. Garlick bound to a Man's Body, cureth

cureth the Tertian and Quotidian, by drawing forth the Matter to the external Parts, and strengthening the principal Members. 8. Juice of Hen-bit, plentifully dropt into the Nose, cureth the Tertian well. 9. To take away the Heat of a Tertian, make up the Juice of Agrimony with Honey, and anoint the Temples of the Head. 10. A Jasper-stone carried,

§ 6. Febris quartana. *A Quartan.*

1. The strongest Wine, in which Agrimony is boiled, drunk, cureth a *Quartan*. 2. Juice of Tus-silago, drunk for nine Days, cureth. 3. Juice of Mugwort, mixt with common Oyl, if it be drunk three Days luké-warm. 4. Juice of Plantain, with luke-warm Water and Honey, of equal quantity, drunk two Hours before the Fit, cureth the *Quartan*. Also four Roots of Plantain, bruised in Water. 5. *Tormentilla* sometimes drunk. 6. Four Leaves and four Roots of Vervain boiled in Wine, drunk, cureth the *Quartan*. 7. Anoint the Soles of the Feet, the Loofs of the Hands, the Forehead and the Back-bone, with the common Oyl of Scorpions. 8. Neep or Cat-mint, plentifully drunk with Wine, before the Fit, resolveth all the Matter into Vapours, cureth the *Quartan*. 9. Decoction of black Hellebore, drunk, is to be preferred before any thing, to cure old *Quartans*. 10. Man's dry Dung, given with Honey or Wine, impedeth the Fit of a *Quartan*. 11. Grains of Pepper, taken with hot Water, is very profitable to cure *Quartans* and o-ther periodick Fevers. 12. Camomil drunk hath the same Virtue,— or the Juice of Camomil, mixt with Oyl, and anointed on the Back-bone and Pulses  
of

of the Patient. 13. Anoint the Patient with Oyl, wherein green Frogs have been boiled, and he shall soon escape. 14. One Dram of *Imperatoria* or *Angelica*, taken in pure Wine, an Hour before the Fit. 15. Infusion of black Hellebore drunk. 16. *Ranunculus* bound to the Pulsers, before the Fit, stops the Fit. 17. Anoint the Back-bone, Soles of the Feet, Loofs of the Hand, Forehead and Temples, with the Oyl of Scorpions, before the Fit. This cureth the Quartan, Quotidian and Tertian Fevers.

§ 7. *Diuturna febris. Fevers of long Continuance.*

1. Frequent Use of Hydromel in Wine, chiefly if there be a great Weakness in the Stomach. 2. Infusion of Rhubarb often taken. 3. Decoction of Agrimony,— or of the Roots of *Afarum* often drunk. 4. Pluck the Flowers of Camomil, without the Leaves, bray them in a Mortar, and dissolve them in the Oyl of Camomil, and make Pastes thereof; and if you anoint the whole Body over, from the Crown of the Head to the Feet of the Patient, with these Pastes dissolved in their own Oyl, and presently cover them well up with Cloaths, to cause them sweat, you shall cure all kinds of Fevers whatsoever, if you cause them sweat abundantly. 5. Decoction of black Hellebore drunk.

§ 8. *Hepiala febris. A Fever in which one findeth himself both hot and cold at the same time.*

Three or four Leaves of Hen-bane, fresh and green, drunk with Wine, cureth the *Hepiala*. Also the Decoction of *Acorus*,— or of Fennel,— or of *Asparagus*,— or of Agrimony,— or of Agarick often taken.

§ 9. *Causus. A hot burning Fever.*

1. Frequent Use of the Juice of Barberries. — or Goose-berries in Broth, — or sour Cherries, — or common Currans. 2. *Potentilla*, called Silverweed, applyed to the Soles of the Feet, and to the Palms of the Hands, tempereth the Heat of a *Causus*.

§ 10. *Circuitus februm. Course of Fevers.*

1. The course of a Paroxysm is stopt, by taking a little before the Fit, these following, — Mustard in Meat. 2. The Seed of *Smyrnum*, — or Pepper in Drink. 3. Decoction of Rue. 4. Juice of Knot-grass, drunk.

§ 11. *Rigores februm. The vehement Cold of a Fever.*

Pepper drunk. — Decoction of Calamint drunk, or the Seed and Root of *Smyrnum* drunk in Mullein.

§ 12. *Compositæ febres. Complicate Fevers.*

1. Frequent Use of the Infusion of Rhubarb, — Agarick and Leaves of Sena. 2. Purpy seed drunk in Wine. 3. An Emerald Stone hung about the Neck, cureth a Semitertian. 4. Coral and Saffron, rolled up in the Skin of a Gall, & hung about the Neck.

§ 13. *Præcautio pestis, ac pestilentis febris.**Preservatives against the Pestilent Fever.*

These following preserve from the Plague, 1. Chervil drunk in Wine, twice or thrice every Day. 2. Decoction of the Roots and Leaves of Valerian, — or of Mint, — or of Tormentil, — or of Bistort, — or of *Carduus benedictus*, — or of *Scabius*, — or of Burnet drunk. 3. Juice of Barberries, — or of Goose-berries, — or of common Currans, — or of Citrons,

— or

— or of sour Oranges. 4. Myrrha and Camphora swallowed in Pills. 5. The Herb and Flowers of blue-Bottle, taken any manner of Way. 6. *Scordium*—*Galanga*—*Scabius*, taken any manner of Way 7. Bole-armine drunk in Sorrel-water.

§ 14. *Curatio pestis ac pestilentis febris. Cure of the Plague and Plague-fever.*

If any be infected with the Plague, let him use these Remedies following, 1. Citron-seed made in Powder, drunk in the Juice of Sorrel. 2. The expressed Cream of an Onion made hollow, filled with Triacle and the Juice of Citrons, boiled under hot Ashes, drunk, altho there be Suspicion of the Plague. 3. Gilli-flowers eaten, and Conserve of its Flowers,— Juice of the whole Plant of Gilli-flowers, together with the Flowers pressed and drunk,— Vinegar made of the Flowers of Gilli-flowers, anointed on the Hands and Arteries, after it has been a little in the Sun. 4. Fresh and green Roots of Devil-bit, drunk in Wine. 5. Root of *Imperatoria*,— Root of Butter-bur,—or Root of Burnet,— Root of Angelica, either mixt together, or by themselves alone, taken with Triacle, or their own Water, to provoke Sweat, or drunk in pure Wine. 6. Conserve of Rosemary-flowers. 7. Germanander taken every Day in a Salad in the Morning, fasting. 8. The Decoction of *Scordium* or Calamint taken. 9. Oyl of Scorpions anointed on the Pulses of the Arms. 10. The Root of Burnet hung about the Neck. 11. A Carbuncle,— a Rubie,— a Granate,— a Jacynth,— a Saphyre — an Agate,— worn upon the Finger or carried.

## T H E

*Poor Man's Physician.*

## P A R T III.

Containing Miscellany Medicaments for  
diverse Diseases.

1. Anthrax. *A Plague-boyle or Sore; a Carbuncle.*

1. **P**ARSLEY, — Rice, — Doves-Foot, are much worth, if they be emplaistered, against the *Anthrax*, in an opposite or remote Place; they draw to themselves the venomous Matter. 2. A Saphyre-stone holden before an *Anthrax*. 3. Rue, Nuts and Honey bruised together, wonderfully dissolve a melancholick or phlegmatick Aposthume. 4. Nuts with their Shells, bruised and put upon the Navel, destroy all Aposthumes fixt within the Body. 5. The Kernel of the great Nut, bruised with Leaves of Rue, and emplaistered Morning and Evening, breaks the hardest Aposthume. 6.

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*Cardus benedictus*, Groundsel and Snails bruised together, and emplaistered upon any Apofthume, it will either mature or dissolve it. 7 The Root of the Field-daisies, bruised between two Stones, applyed, breaketh the *Anthrax*, and easeth its Pain. 8. Horse-tail bruised and applyed, wonderfully cureth the *Anthrax*. 9. Leaven and Cresses, mixt and made in a Plaister, cureth the *Anthrax* soon, being applyed. 10. Toad-flax, bruised and put upon an *Anthrax*, breaketh and cureth it: Or Burnet and *Linaria* together. 11. An Emplaister made of the Dung of a Peacock, cureth faithfully. 12. *Scabius*, drunk with Wine, or eaten, draweth forth inward Apofthumes to the external Parts, and dissolveth them by insensible Evacuation. 13. An Emplaister, maturing and attenuating a crude and undigested Apofthume; Take Juice of Elder, Juice of Coleworts and Rue, of each alike, — of Honey, of Butter, of each alike, one Ounce; of Flowers as much as will suffice, and make an Emplaister. 14. Another approved at *Paris*; Cause the Patient drink St. Johns wort, then make an Emplaister of Flower, Juice of Parsley and Honey.

2. *Ramex*, five Crepatura. *A Rupture.*

1. Hemlock-Leaves rosted, bruised and emplaistered, cureth all Kinds of Ruptures in nine or fifteen Days. 2. *Hepatica*, bruised and drunk with Wine every Day, soon cureth a Rupture. 3 The Hairs of a Hare, made up wjth Honey, in Form of Pills, taken strongly, consolidates a Rupture. 4. Or the Dung of a Hare, mixt with Honey, made up in Pills, to the Quantity of a Bean-pickle, and often taken

taken, consolidates a Rupture. 5. An Emplaister of Earth-worms, applyed to the Rupture for the Space of nine Days; and therewith cause the Patient swallow Pills, made of the Hairs of a Hare, and he shall be soon whole. 6. The Leaves of Leeks bruised, and applyed with Salt to Ruptures, wonderfully conglutinate them. 7. The Leaves of Oak-tree do the like. 8. Panfies, or Hearts-eale, taken in Meat or Drink for the Space of nine Days, perfectly cureth a Rupture; which I have often tryed, You may also apply a Plaister of these Herbs. 9. Juice of Earth snails emplaistered. 10. The Leaves of Horse-tail emplaistered, cureth Incision of the Gut, and other Wounds presently. 11. Put Glue made of Skins upon a Cloath, and put it upon the Rupture, and if it fall away put on another. 12. Betony green and fresh, bruised and emplaistered, is holden the best of all Cures. 13. Quick Lime, Soot, and the White of an Egg, made up in a Glass-Vessel, is good for Ruptures.

### 3. *Morsus venenosorum. Biting of Venomous Beasts.*

1. The frequent Use of raw Onions or Leeks, is very profitable, by casting forth Poison. 2. The Brain or Heart of a Hen, taken or applyed, is effectual before any Thing. 3. A Man's own Spittle is abundantly sufficient to cure venomous Bitings. 4. The Hoofs of an Ox boiled and eaten with Mustard, resist all Poison; so that there is not much need of any other Medicine. 5. Goats-Dung tempered with Honey, applyed, miraculously cureth all venomous pricking Pains. 6. The Yolk of an Egg,  
mixt

mixt with toasted Salt, applyed twice or thrice a Day, withstands Poison mightily. 7. The Root of Asphodil presently draweth forth all venom. 8. Pantain-seed, taken with Wine, cureth all venomous Bitings. 9. The Shell of an Egg, with the Juice of Agrimony drunk, presently causeth all kind of Venom or Poison to be vomited up with great ease, curing all venomous Bitings. 10. Bees and Flies, bruised and boiled in Wine and Honey, bound on the Bite, driveth forth the Poison. 11. Garlick bruised, applyed. 12. Wild Thyme drunk and emplaistered. 13. The clarified Juice of Bugloss expelleth all Venom forth of the Body. 14. Juice, or the Herb, or the Root, or the Powder of Tormentil, drunk, putteth to flight all kind of Poison whatsoever. 15. Agrimony, drunk with Wine, is best of all other, for Serpents, Man's or Mad-dog's Bitings. 16. Juniper-berries cureth the Bitings of Serpents; and is so forcible against Poison, that it hath not an equal.

#### 4. Variolæ. *Small Pox.*

If any Man would cure the Pox, he must first have a Care to put them soon forth; and, for that effect, use this Remedy; Put the whole Body in Water of the Decoction of Lentils warm, or of *Cynoglossum*; By this Experiment the Matter will be presently drawn forth.

#### 5. Fistula, præcipue cancerosa. *Cancerous Fistules.*

1. To kill a *Fistula*; Tithymal. — or Spurge-Milk, mixt with fresh Swines-seam melted; Boil them a little, that they may incorporate: Then add to them the Powder of *Myrrha*, 2. *Potentilla*,  
L 3. drunk

drunk for thirty Days, cureth a *Fistula*. 3. Juice of Doves-foot drunk, or also put into the *Fistula*. 4. *Serpyllum*, bruised with Salt, and emplaistered, is effectual. 5. A Man's Dung burnt, adding thereto the Powder of Pepper, is profitable for a Cancerous *Fistula*, before any other thing. 6. If the *Fistula* be great, apply Goats dung with lukewarm Honey: This takes away all Pains and Swelling, removing Putrefaction, and purging the vitious Nerves. 7. Plantain, bruised and put in the *Fistula*, is profitable. 8. Betony bruised and emplaistered. 9. Juice of Cinquefoil cureth all *Fistula's*. 10. Juice of Burnet, put in the *Fistula*, and the Herb it self bound on the *Fistula*, is a chief remedy. 11. Pepper, Garlick, dry Figgs, — Parsley Roots, bruised together and made in a Plaister. 12. Agrimony and Doves-dung, drunk with Goats-milk, cureth all *Fistula's*. 13. Juice of Cows-dung in Broth or Wine, cast into the *Fistula*; then emplaister the Dung upon the *Fistula*. 14. Steep Leaven in strong Lee, for a Nights space, and then apply it: It draweth forth Putrefaction from the Deep of the *Fistula*.

6. Lepra. *Leprosy*.

Put a Serpent into a Barrel of the best Wine, well stopt, until the Serpent putrify; and then cause the leprous Person drink of that Wine.

7. Scabies. *The Scab*.

1. An Emplaister made of Garlick, long bruised with Swines-seam, cureth all Scabs, being thrice applyed. 2. The Leaves of Lillies bruised, and emplaistered upon the Head, cureth the Scab in the Head

Head. 3. A Linen-cloath, dipt in melted Tallow, or Sewet, applyed, healeth the Pustules in the Legs, and other places notably; as I have sometimes tried. 4. Boil the Flowers of Spurge with Vinegar; add Oyl thereto, and anoint therewith. This cureth the Leprosy, Scab, and all kinds of Itching.

8. Scrophulæ & Glandulæ. *Cruels, Waxen Kernels, or Kings-evil.*

1. Pitch and Swines-seam melted together, adding thereto Brimstone and Bran of Wheat; make an Emplaister, which you may apply to the Cruels of the Neck and Throat. 2. Dock-roots, boiled in Wine, and applyed in form of a Cataplasm, dissolveth Cruels. 3. Dock-roots, hung about the Neck, suffer not the Cruels to grow or breed. 4. Galeopsis, or Hedge-Nettle, stamped with Vinegar, and applyed warm, Morning and Evening, in form of a Cataplasm, cureth the Cruels, Cancers and all other Sores. Often proved. 5. Mustard-seed, bruised with old Swines-seam, emplaistered, soon dissolveth the Cruels. 6. Plantain bruised with Salt, applyed, dissolveth the Cruels. 7. Bean-meal with the White of an Egg and old Oyl, emplaistered, is profitable. 8. Juice of Agrimony and Whey, drunk for the space of nine Days fasting, when the Moon is in her declining, cureth the Cruels, Often proved. 9. Powder of black Pepper tosted, made up with hard Pitch, cureth the Cruels in Children. 10. Ripe Figs boiled and emplaistered, cureth the Cruels in Children. 11. Liquorice buised, applyed, cureth the Cruels in Children. 12. Plates of Lead bound

bound strait on Glandules, cureth them. 12. Radish applied dissolveth the Cruels. 14. Brimstone and Bran, mixt with Turpentine, emplaistered, cureth Glandules. 15. Quick-lime, tempered with Oyl or Swines-seam, cureth Glandules.

9. *Verrucæ. Warts.*

1. The burnt Bark of Willow, tempered with Vinegar, applyed, cureth Warts. Juice of the Leaves of Willow doth the like. 2. Agrimony, bruised with strong Vinegar and Salt, emplaistered. 3. Purpy rubbed on Warts, roots them out by a hidden Property. 4. Rub the Warts continually with an Apple.

10. *Ambusta. Burnings.*

1. The Root of a Fern, burnt and applyed with the white of an Egg, cureth burnings of Fire. 2. Ashes of burnt Bark of Elm-tree sprinkled on, cureth burnings well. 3. The Yolk of a raw Egg, anointed on new burnings, healeth them absolutely. This is certain. 4. Put the burnt Member into lukewarm Wine, to hinder the Burning to take deep rooting; or put Ox-dung thereon. 5. Oyl of Yolks of Eggs is good. 6. Leeks boiled, applyed, are best of all.

11. *Ignis facer, Erysipelas. St. Anthony's Fire.*

1. Anoint with raw Eggs, putting thereon the Leaves of Blites, and you shall admire the suddenness of the Cure. 2. Dip a Cloth in Doves-dung, dissolved in Oyl, and apply it. It is the strongest and most approved Remedy. 3. Salt bruised with Oyl, applyed, extinguisheth the *Erysipelas*.

## 12 To draw out any Stob or Thorn.

1. Southern-wood bruised with Swines-seam applyed, draweth forth a Stob, Thorn, or any other thing. 2. Goose-dung applyed draweth forth Iron or Stobs of Timber. 3. *Polypodium*, bruised with Swines-seam, draweth forth all kind of Stobs. 4. Ashes of Earth-worms with raw Honey, put upon a Wound, draweth forth little Bones. 5. Garlick, boiled and bruised, applyed with Pitch, draweth forth all things that are within any Wound.

## 13. Wound-drinks.

Take Agrimony, Betony, Sage, Plantain, Leaves of Ivy and *Anemone*; bruise them and make them up for a Drink.

## 14 To eschew Drunkenness.

Eat the Lights of of a Sheep before Meat, and you shall not be drunk for any Drink.

## 15. Rectifying of troubled Wines.

1. Make Powder of Plaister very small, and put it into the Barrel, and it will draw all the Dregs to the Bottom with it. 2 The Whites of Eggs with Honey, well and much casten and stirred, put into the Barrel, doth the like. 3 The Root of a Fern, put into the Barrel, suffereth not the Wine to sour. 4. The Leaves and Roots of Hollihock, maketh soft Wine hard.

\* *Herba Roberti, Fistule emplastrata, vel fumus ejus in eam posita, curat Fistulam.*

\* *Qui mane jejunus, per novem dies, bibit propriam Vinam, non patietur Epilepsiam, Paralytim, nec Colicam.*

\* Et

\* *Et qui bibit propriam urinam, sanabitur a sumpto veneno.*

16. *For an Ague in Women's Breasts.*

Take Hemlock-Leaves, and fry them in sweet Butter, as hot as the Patient can endure; lay it to the Breast, and lay white Cotton warmed upon the same.  
*Dr. Matth.*

17. *For a Quartan Ague.*

A little Piece of Ox-dung drunk, with half a Scruple of Master-wort. *Albertus*, — Or the Juice of Plantain, given with Honey and Water, two Hours before the Fit, helps it, and by taking it oftner, cures it. *Mizaldus.*

18. *For the Plague.*

Lamprey-Eels eaten frequently in the Time of the Plague. *Mizaldus.*

19. *To procure Appetite.*

1. Take a preserved or roasted Quince, Pear or Warden, with Sugar; or a preserved or roasted Pippin, and so eat it. Also, Damask Prunes, well stoned, with white Wine and odoriferous Rose-water, adding thereto a little Sugar, and three or four Clows, and three or four Tops of Rose-mary, are very good to eat, and the Syrup thereof souced, is good to nourish, loose, cool and comfort. 2. A Spoonful of the Powder of Amber, taken in white Wine, or in Broth, is good for Pains in the Stomach, and to procure Appetite.

20. *To cure Piles or Emrods.*

Take Frankincense small beaten, Sheeps-Dung,  
of

of each a pretty Quantity; throw it upon a chaffing Dish of Coals, and let the Patient take the Fume thereof in a close Stool. *Dr. Houston.* 2 Or take Crums of Bread of Barley, and wet them in Women's or Goats-Milk, adding the Yolk of an Egg and Saffron. *A Manuscript.*

## 21. For a Cancer.

Take Rose-water, Allum, Verdegrease, of each what is sufficient; mingle and wash them every Day thrice with Cloath woven from Threed. *MS.*

## 22. For Distillation and Rheum.

Take Nutmeg and Mace, and chew it in your Mouth; or make it into Powder, and snuff it up in your Nose, and it will cure you. *Mr. Brown.*

## 23. For the Megrim.

1. Dissolve *Euphorbium* in Vinegar, dip a Cloath therein, and lay it to the contrary Side of the Head of him that hath the Megrim.

2. It cureth Gouts also, being dissolved in Vinegar.

3. Lay it to the Forehead and Temples, it cureth the Megrim presently. *Dr. Jones.*

## 24. For the Head-ach.

The Load-stone laid upon the Head, takes away all Pain. *Holerius.*

## 25. For the Falling-Sickness.

Drink in a pitched Cup, cureth the Falling-Sickness. *Mix.* 2. So soon as Children are born, before they taste any Thing, if you give them a Scruple of Coral, finely powdered in the Nurse's Milk, they shall never have the Falling-Sickness. *Arnoldus.*

## 26. For

## 26. For the Small Pox.

To bring them forth, give the Patient a little *English Saffron* in warm Milk; keep the Sick warm, and it will bring them out; and being come forth, take raw Cream and Saffron, beat them together, and anoint the Sores with a Feather, and it will heal them without Sign or Spots. Dr. *Matthias*.

## 27. For Melancholy.

Rub the Body all over with Nettles. *Cardanus*.

## 28. For Pin and Web in the Eye.

Take *Daisie-leaves* and Roots, red *Fennel* and ground Ivy, of each alike; stamp them well together, and mingle therewith *Women's Milk*; strain it and put it in a Glass for your Use, and Morning and Evening put a Drop or two in your Eye. Dr. *Mayerne*.

## 29. To stop a Bloody Flux.

1. Take a Pottle of *Fountain-Water*, of *Cinnamon* half an Ounce, of *Rice* husked, half a Pound; boil these together, till they come to a Pulse; and when it is cold, warm so much upon a Chaffing-dish of Coals, as you will eat. Dr. *Matthias*. — 2. Take *Hares Runnet*, *Hares blood*, what is sufficient, of each a like Quantity; mingle them and give them to the Patient. This cureth all *Belly-Fluxes*. *Alex. Miz.*

## 30. For the Squincy.

Take the Dung of a Hog newly made, and as hot as you can get it, apply it to the Place, and it cureth. Dr. *Matthias*.

31. For

## 31. For the Uvula, or Pap of the Halse.

If the Uvula grow loose, by a Distillation from the Head, the Juice of raw Coleworts, laid upon the Crown of the Head, will draw it up again into its proper Place. *Mix.*

## 32. For the Cough.

Take three or four Spoonfuls of clear running Water, or more if you please, if it be in the Summer; if it be in the Winter, take the like Quantity of Aquavitæ, and put thereto a Spoonful or more of Sugar, or Sugar-candy beat to Powder, let the Patient drink thereof Morning and Evening, for three Days together. *Dr. Johnston.*

## 33. For a Pleurisy.

Take a Ball of a Stoned Horse's Dung, thoroughly dried; beat it into Powder, and let the Sick drink thereof, and it will cure him. *Dr. Clerk.*

## 34. For an Imposthume within the Chest.

If any one have a Pleurisy or Imposthume in the Breast, let him take a Scruple of Nettle-seeds in Powder, with Syrup of Violets, or some other pectoral Syrup, and swallow it down, by licking it up by Degrees; he shall cast up the clammy Matter without Pain.

## 35. To Stop Vomiting.

Take a Tost of Wheat-Bread, toasted at the Fire until it be brown; then moisten it well with strong Wine-Vinegar, and lay it upon the Stomach, as hot as the Patient can well endure. *Dr. Manly.* 2. Or take

take a Handful of Garden-Mints, boil them in Ale, and scum them as oft as need is, give the Sick a Draught thereof warm. *Dr. Manly.*

36. For inward Wounds.

Drink the Decoction of Avens-roots. It avails also for Pains in the Breast, and Sides, and to dispel internal Crudities.

37. For the Yellow Jaundice.

1. Take an old Piece of rusty Iron, be it a Horse Shoe or any Thing else; lay it in the Fire, till it be red hot; then take it out of the Fire, and let the Patient make Water upon it, and take the Fume thereof at his Nose and Mouth, using this three Days together, and it will cure him. *Dr. Clerk.* 2. Or Broth made of Strawberry-leaves and Roots, eaten for some Days together, of one that hath the Jaundice, curath perfectly. *A Monk.*

38. For the Colick.

1. The Hoofs of living Creatures are singularly good, being drunk. *Rhasis.* — Or dry Ox-Dung drunk in Broth; or the Juice pressed from the Ox-Dung drunk, is better. *Gesnerus.* — 2. The Heart of a Lark bound to the Thigh, is excellent against the Colick, and some have eaten it raw with very good Success. *A Spaniard.* — 5. This is certain, that a Wolf's Dung, Guts, or Skin eaten, will cure the Colick; or if you do but carry them about you; for they strengthen the Choler. *Cardanus.*

39. For Worms.

1. Take a Handful of Water-creffes, fry them in

a Pan, untill they be somewhat hard, but not burn'd; put them between two Linen-Cloaths, and apply it very warm to the Navel. Dr. *Matthias* 2. Raisins eaten alone fasting, drive forth Worms from Children. *Lemnius*.

## 40. For the Dropsy.

Clysters of the Decoction of *Carduus benedictus*, in Urine, being often given, cure all Dropsies. *A Manuscript*.

## 41. For the Stone.

1. The Berries of White-thorn, taken in Wine, are very effectual to drive out the Stone. *Brasavolus*. — 2. All Kinds of Stones that are found in Fishes Heads, powdered and drunk in Wine, cure the Colick and Stone in the Kidneys, breaking it in Pieces. *Gal. Abub*. 3. Cherry-tree Gum dissolved in white Wine drunk. *Mix*. — 4. Take the best Aquavita, Oyl of sweet Almonds, of each two Ounces, drink this upon an empty Stomach, — Powder of the Bark of the Roots of Rest-harrow, drunk in white Wine, soon frees the Patient from Pain, and quickly expelleth the Stone. *Mix*.

## 42. To provoke Urine.

1. A Hedge-Toad cut in two, and applyed to the Reins, will vehemently provoke Urine. *Cardanus*. — 2. The Stalk of Artichock boiled in Wine and drunk, will drive forth Plenty of stinking Urine; and so will help a virulent and venereous *Gonorrhœa* *Dios. Oribasius, Paulus Langius*.

43. To

## 43 To remove the Matrix from its Place.

The greater Burr-leaf, applyed to the Crown of the Head, draweth the Matrix upwards; but applyed to the Soles of the Feet, draweth it downwards. This Remedy is held to be the best, against Suffocations, Precipitations and Dislocations of the Matrix. *Mizaldus.*

## 44 To make easy Child-birth.

Take a little Castile-Soap, temper it in the hand, until it be soft; then make it into little Pills, whereof the Party may swallow down five, being a little rolled in Sugar: then let there be in readiness a good Draught of Poffet-drink, wherein some Sucory hath been boiled. Let the Party drink it as hot as she can suffer it, and it will work the Effect.

## 45. To draw back Rheum.

Take a Fig and slice it in the middle, and dip it in *English* Honey, and lay it to the Nap of the Neck, and it will draw the Rheum back. *Mr. Lofts.*

## 46. For Cods Swollen.

1. Take new Horse dung, mix the same with Vinegar and fresh Butter, fry it in a Pan, and as hot as the Patient can endure, lay it to the grieved place *Mr. Clows.* 2. Take of Blades of green Wheat and of Parsley, of each an handful; boil it in fresh Butter with a little Milk and a little Oat-meal, and lay it to the Grief, as hot as the Party can suffer it. *Mr. Clark.*

47. For

## 47 For the Gout.

1. Take Frankincense the weight of an Egg, the Juice of Sea-green, a little strong Vinegar; mix all these together, and warm them, and anoint the place. *Dr. Manly*. 2. Take of Goats-milk, or of Cows-milk five Ounces, the Yolks of two Eggs, of Oyl of Roses one Ounce, Saffron half a Dram, Crums of Bread, as much as will suffice to bring it to the form of a Cataplasm, being stamped till they be well mixed together, and apply thereof to the part grieved. *Dr. Manly*.— 3. Take a handful of Mugwort, boil it in sweet Oyl Olive, until the third part only remain, anoint the part grieved with it. *Mix.*

## 48. For the Sciatica.

Decoction of the Rind of white Poplar, will exceedingly ease the *Sciatica*; and the Juice of Broom-boughs steeped in Vinegar will do the like. *Mix.*

## 49. For Diseases of the Joints.

Oyl wherein Frogs are boiled, until the Flesh part from their Bones, is excellent against all Pains in the Joints and Nerves, and benumbed Limbs, if they be anointed with it. *Mix.*

## 50. To heal Sores or Cuts, old or new.

Put fair and clear Water into an earthen Vessel; that hath not been used, and when the Water is reasonably hot, pour it into quick unflokned Lime, the Lime being before in another new earthen Vessel; Let it remain and rest so long therein, until it be settled, which will be in six Hours: Then scum the Froth with a Feather; keep the same Water in a Glass, or some other Vessel close stopt for your

Use. It is good for all Ulcers, new Wounds or Cuts, Bitings of Mad-Dogs, or others. You must bath the Sore with this Water warmed; and when you have so done, take off this Water clean, and when it is Blood-warm, wet a fine Cloth in the Water, and lay it eight or ten times double upon the Sore, do this until it be whole. \* *Nota*, That to every Quart of Water, you must use a Quarter of a Pound of good new Stone-lime. *D. Sadler.*

51. *For a sudden Swelling.*

1. Take one part of Wine-Vinegar, and two parts of fair Water; put to this as much fine Flower as will make it thick, and lay it warm to the Grief. It will heal any sudden Swelling that looks red. *Mr. Boon.* 2. Take a good quantity of Water, and put thereto a good quantity of Salt, and steep it well together; then wet a Cloath five or six times double therein, and lay it thereto, and it helps any sudden Swelling. *Idem.*

52. *To assuage Swelling.*

Take of new Dung and fresh Butter, and fry it in a Frying-Pan; then spread it upon a Cloath, like a Pultis, and lay it on as hot as the Patient can suffer it. *Dr. Johnston.*

53 *To cure a white Scurf or Scall.*

Take Elicampane-roots, scrape them very clean, pound them in a Mortar; put thereto a quantity of Salad-Oyl, and double as much Vinegar as Oyl; work these together till they be very thick: Then cut the Hair close, and anoint the Fore-head with  
this

this Ointment, and when the Sore is fallen off, wash the Head with Cow-piss warmed. *M. Boon.*

54. *For Burning and Scalding.*

1. Take four Ounces of the Juice of Onions, common Salt half an Ounce; mix them well together, and anoint the Sore. *L. Bacon.* 2. Take of Sheeps-Sewet or Grease half a pound, of Sheeps-dung and Violet-leaves of each two handfuls; stamp them well together, then heat it in a Frying-pan or some other thing, and strain out the Juice; and when you dress the Patient, warm it and anoint the sore Places with a Feather, until they be whole. *Dr. Johnston.*

55. *For Members that have the Palsy.*

Take of the best Wedders-Fat two Cups; Boil them to half; then add of Oyl of Roses one Cup, and boil them again, until halfe be consumed, and anoint the parts that have the Palsy. *Roschellus.*

56. *For a Felon.*

Take of black Soap, Salt and Southern-wood, of each a pretty quantity; pound all these together and apply it oftentimes, *Dr. King.*—Take new rusty Bacon, Snails with Shells, and Leaven, of each alike; pound these together, apply it to the place, and it will draw and break it. *Lady Camden.*

57. *To provoke Sweat.*

Take Bricks very hot, wrap them in Clothes, and lay them to the Feet and Sides; or Stone-Bottles put into boiling Water and filled therewith, being well stopt with Corks, and fast bound at the Head; use them as the Bricks. *Mr. Rowland.*

## 58. To cure the Knots of the Joint-Gout.

If rotten Worm-eaten Cheese be mouldred with Broth wherein a Gamon of Bacon hath been long-boiled, it will take away the Knots of the Joint-Gout, without any Instrument, if it be laid on for a Plaister, as Galen saith.

## 59. For all Imposthumes.

Keep an old Gander fasting three Days, then give him pieces of an Eel new killed, and preserve his Dung; you have a present Remedy for all Imposthumes.

## 60. For Warts.

Take a red Onion, bruise it well, and mingle it with Salt, anoint the Warts with it. *Roscellus.*

## 61. For Corns on the Feet. Approved.

Beat a head of Garlick, and bind it on, and renew it every Day; but you must every other Day wash the Feet that have Corns with Lee; and when they are dried, bind on the Garlick, until they fall. The Holes must be cured afterwards with some abstergent and healing Unguents.

## 62. For outward Parts ill affected.

An Ointment, made of the Leaves of Dane-wort with May-butter, helpeth all Aches, Cramps and cold Affections of the Sinews; comforteth, strengthneth, warmeth and openeth all the outward parts ill affected.

## 63. Oyl for Lamps.

Berries of the Female-Cornel-tree, boiled and pressed, yield an Oyl for Lamps.

## 64. For Plague-sores.

The Root of Crow-foot, stamped with Salt, helpeth Plague-sores, applyed to the Thigh, attracting the Malignity of the Disease.

## 65. For the Epilepsy.

Two handfuls of the Herb Fox-gloves, taken with four Ounces of *Polyodium* of the Oak, bruised, and drunk in Ale, effectually helpeth the Epilepsy.

## 66. For green Wounds, Tettors, old Aches and Pains.

The Juice of St. James-wort, tempered with Honey and May-butter, and boiled to a Salve, helpeth green Wounds and filthy Tettors; it cleanseth and healeth them. Boiled in Hogs grease to an Ointment, it helpeth old Aches and Pains, in the Arms, Hips and Legs.

## 67. For a Canker.

1. Burnt Salt, burnt Egg-shells, burnt Copperas, burnt Bones; Verdegrease, Wormwood and Rue burnt, of each an equal Quantity; make Powder thereof and mix them well together, and strew the Powder into the Canker, and let no Water come to it, cureth a Canker. 2. The Juice of Agrimony, mixt with raw Honey, anointed on the Lips, cureth a Canker in the Lip.

## 68. For an Imposthume.

Whosoever shall daily take a draught of Ale or Beer, with the Powder of Matfellow or *Scabius*, it will destroy any Imposthume within him.

70. *For Trembling or a shaking Palsy.*

Stamp Mugwort in Rose-water, and wash the Hands therewith, that are troubled with a trembling or shaking Palsy.

71. *To restore Speech.*

Lay a thin Piece of raw Beef to the Fore-head of them that have lost their Voice, and let it ly on all Night.

72. *For the Scurvy.*

Chop small the knotted Place of a Pine-tree, and boil it well in Ale or Beer, that the Stem of it may come out, and drink of it, and this will cure the Scurvy.

73. *For Pains in the Stomach.*

Take four Grains of Mastick swallow them every Night to Bed-ward, this preserveth the Stomach from all Pains, and cureth.

74. *Pro Cancro et Lupo.*

Ribwort stamped and laid on the Sore, will kill it.

75. *For Corns.*

Anoint them often with fasting Spittle; or cleave a black Snail and lay to them; or apply Beans, chewed in the Mouth, to the Corns.

76. *To make a Swelling break.*

Take Urine and stamped Sage one handful, and Flower, boil them together, and lay them hot in a Cloath to the Sore.

77. *To*

77. To cast up Blood of any Hurt within.

Effros or Eye-bright, boiled in Water, drunk;

78. To make Teeth fall out.

Powder of Goats-Dung put upon the Teeth, makes them to fall out.]

79. For a Scald Head.

Wash the Head with Vinegar and Camomil stamp and mixt together. There is no better Thing.

80. Doctor Davisons Plaister for all green Wounds and Sores; for mollifying hard Swellings, for Cruels and Contusions.

Take one Pound of Litharge, two Pounds of Oyl Olive, a Pound of strong white-Wine-Vinegar; boil them all together with continual Stirring, until they come to a blackish brown Colour, and all well incorporate, then pour it out in Water, and fashion it in Rolls at pleasure.

81. For the Head-ach.

The Leaves of Camomil yet green, being dried upon a Tile or hot Fire-pan, do by and by appease the Head-ach applyed.

82. For a Wind-Colick.

Take Sack and Aquavitæ, of each of them an Quarter of an Ounce, and put thereto one Penny-worth of fine Sugar, and let the Patient drink it every Morning fasting, for the Space of five or six Days together, and it will help him.

83. For

83. *For a Consumption of the Reins.*

Take a Handful or two of Clary-leaves and prick them, and four or five Yolks of Eggs new laid; make a Tansie thereof, and use it eight Mornings together, with Nutmegs and Sugar. Then take Saffron, and dry it upon a Tile-stone, or some such Thing, and grind it very small, and put all these together and fry them in fresh Butter.

84. *Certain Presages of Death by the Face.*

The Nostrils are extenuated, very sharp, Eyes hollow, the Skin of the Eye-brows hard and dry, and loose, as if they were tanned; the Ears cold, shrunk, and almost doubled; the Face black, swarthy and ill favoured.

85. *By the Eyes, Lips, &c.*

If they be deprived of Sight, or overflowing with Moisture. If they stare or start out of the Head. When one Eye seems less than the other, or drawn into one Side. When they are moveable, ghastly, staring, stirring quick up and down. When the Patient sleeps with open Eyes. When the Lips are thin, cold, pale and hanging down, and the Nose very sharp, 'tis a Sign of Death. By the Patient's lying in Bed, when the Neck, Hands and Feet are stiff, and not to be moved. Sudden Starting, Sleeping with the Mouth open, tossing and tumbling from one end of the Bed to the other, Gnashing of Teeth, by frequent plucking of the Bed-cloaths, peeling of Straws, &c. By the Breath, if in a hot Distemper, a long cold Breath. If his Sweatings be cold, it is an infallible Presage that Death is near.

86. *A Receipt for the Gout.*

Take four Ounces of Bee-wax, four Ounces of Rosin, half a Mutchkin of Nolt-feet-Oyl; bray the Rosin, cut the Wax small, melt both in the Oyl, in a Pan or Skillet, reserving a Spoonful of the Oyl to make up your Plaister. Then take six Ounces of White-lead, half an Ounce of *Olibanum*, two Ounces of Litharge of Gold; bruise them to Powder, and sift them clean in a Searcher or piece of Tiffany, and put them in among the other Gums as they boil, and stir them about as they boil: And when it comes clean from the Stick, it is enough. And still keep stirring till it be near cold; then take a clean Table, and with a little of the Oyl on it make up your Rolls of Plaister; and when you use it, spread it upon the fleshy Side of a Sheeps Skin, allumed, and apply it to the Sore, and remove it every twenty four Hours.

87. *For a Colick.*

Take a Handful of Oat-meal, as much of the Juice of Celidon as will near by colour the Meal, a good Head of Garlick, cut small; take Pepper, Clows, Cinnamon, grossly bruised, mix them with the Meal, and draik all these with the White of an Egg. Make two Bannocks, and apply them one after another to the Patient's Navel, in a Linnen Cloath, as hot as the Patient can endure; and as the one cools apply the other. These Bannocks you may keep for Use a twelve Month. *Probatum.*

88. *For a flying Gout.*

Take two Handful of Bur-dock-roots, sliced and  
well

well washed, and boil them in a Quart of strong Ale, with a little of the Powder of Saffron, to the Consumption of the Half; and thereafter strain it through a Cloth, and drink half a Mutchkin thereof every Morning, and as much at Night. *Probatum.*

# APPENDIX.

## 1. *For the Heart-burning.*

**T**ake six Corns of the best Pepper, chew them in your Mouth, and let them down your Throat, and it will ease the Heart-burning.

## 2. *For the Hiccup.*

Stop both your Ears with your Fingers, and the Hiccup will presently leave you.

## 3. *To destroy a Canker in any Part of the Body.*

Take a good Quantity of the Bark of Sloe-tree, chop it very small, and boil it in some running Water until it be black; then temper it with a little Rye-meal, a little burnt Allum powdered, and a little Honey; make a Plaister thereof, and lay it to the Place grieved, and it will speedily heal it.

## 4. *For Stopping of the Lungs.*

Take Elicampane Roots well dried, Liquorice and Anise-seeds, of each an Ounce, Flower of Brimstone half an Ounce, of Sugar candy six Ounces,  
made

made all into a Powder, and eat half a Spoonful and more thrice a Day.

5. *Another.*

Take half a Pint of Hyssop-water, and as much Aquavitæ, and an Ounce of Sugar-candy beaten small, put them all in a Dish over the Fire, and stir it often with a Spoon, and take thereof a Spoonful every Day warm.

6. *A special Medicine to open the Lungs.*

Drink an Ounce or two of Hyssop-water twice a Day, in the Morning and Evening.

7. *To purge Melancholy.*

Eumitory evacuates melancholy Humors; the Juice is given to two Ounces in Decoction, the Herb is put from three Ounces to five Ounces in Whey: You may strengthen this Operation with a little Wormwood put in.

8. *A good Conserve in hot pestilent Fevers, restoring the Spirits consumed with Heat.*

Take the tart Root of fresh Citrons quite from the Shels, with a wooden Instrument, three Pounds, Water one Pound, Sugar well refined three Pounds and a half, boiled in a glazed Pipkin, stirring it with a wooden Spoon, until it come to the Consistency of a Conserve.

9. *Against Wind in the Stomach.*

Take a Pound of Sugar, of Anise, of Coriander, of each a Quarter of a Pound, beat the Seeds to Powder, and sift them through a Search; then take  
four

four or five Spoonfuls of Rose-water, and boil these to a Paste, so make them up in Form of Lozenges.

10. *A Receipt to cause one vomit.*

Take warm Water wherein a Radish-root hath been boiled, and a little Oyl, and drink it.

11. *A Receipt to bring out the small Pox.*

Take two Figs sliced, a Spoonful of Harts-horn bruised, a few Marigold-flowers, and Tops or Leaves of *Carduus benedictus*, and a little Saffron, boil them in a Posset, and give the Patient to drink thereof.

12. *Another for the Pox.*

Boil Milk, Saffron and *English Honey* together; and give the Patient to drink; let him be kept warm, and the Pox will come out speedily.

13. *To hinder Dinting or Marks of the Pox.*

Take Beef-broth, and bath the Scabs therewith; afterward take the Fat of Calves Feet, boiled and beaten white with May-dew and Rose-water; Anoint the Face therewith. Or, take white Wine and Butter, of each a Quarter of a Pound; boil them together, and bath the Face often. Or, melt salt Butter, put into cold Water, and so anoint the Face withal.

14. *Against Pain in the Back.*

Take the slimy Substance of Comfray-root in Posset-drink, four or five Days together; or take Knot-grass, shred it and mix it with Butter, and make a Tansie thereof, and eat it.

15. *A Remedy for the Emroids.*

Take the Roots of Pilewort and Meadow-sweet, and shred them both together small, and boil them and strain them: So keep them for your Use, to anoint the Piles withal.

16. *Another Remedy.*

Take the Leaves of Mullein, and the Leaves of an Elder-tree; stamp and beat them both very well together. and mingle them together with fresh Butter. Anoint the Place grieved often therewith before a good Fire, and it will cure them without all doubt.

17. *A Receipt for Curing the Bloody Flux, and for Healing the Ulcers in the Gut, caused thereby.*

Take the inner Rind of a Sapline of Oak; about twenty Years Growth, two Handfuls; being cut into small Pieces, boil the same in a Quart of Milk, till it be ready to run over, then sloken it with cold Milk and Plantain-water; so boil and sloken it five or six Times, which makes it more astringent: Let the Patient take an Half of a Pint at once, adding thereto a little gross Pepper.

18. *An approved Medicine to clear the Eye-sight.*

Take the Powder of Fennel, Anise and Elicampane, and temper them with *Aquavita*, and then dry them again, and eat thereof every Morning and Evening a pretty Quantity, and it will not only clear your Sight, but also purge Wind, and make one that is old seem young a good Time after.

19. *Ans*

19. *Another.*

Take pure new white Wine, and infuse therein Eye-bright and Wood-Betony, of each a small Handful, and so let it remain for the Space of three Days together; then boil it with a little Rose-mary in it, and drink a good Quantity both Morning and Evening, and it will cause you have your Sight both perfect and well. Accustom your self every Morning to eat a new laid Egg, rare roasted, and put therein some Eye-bright, and that will help to clear your Sight.

20. *Another to preserve the Sight and clear the Eyes.*

Take a handful of Eye-bright bound together, put it into a Gallon of Beer, when it is newly cleansed, let it hang in the midst of the Drink, and let it work together, until the Drink be clear and ripe to be drunk according to the common use; and then drink as much as you will; and it were not amiss to every handful of the Herb (to avoid Windiness) to add two Drams of Fennel-seed, well dusted, and a little bruised. This hath been truly approved.

21. *For Rheum in the Eyes, and to cure the Redness of them.*

Anoint the Eyes three Nights together with thin Cream, then anoint other three Nights with Live-Honey, applyed.

22. *For the Tooth-ach, a marvellous good Remedy.*

Take a little Honey, and set it on the Fire, and put thereon some of the Herb of Elder-tree cut small, adding thereto a little Ginger, and some Bay-salt  
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mixt together; and apply it warm unto your Tooth, and you shall find present Remedy:

23. *For the Itch.*

Take a handful of *Scabious-Leaves*, another of *Dock-roots*, slice and boil them in a Quart to a Pint of Water, and mix an Ounce of *Brimstone* with some salt Butter and a little *Ginger*, anoint the Patient therewith.

24. *A present Remedy for the Itch.*

Boil the Roots of *Elicampane* very soft, and mix them with fresh Butter in a Mortar, and of the Powder of *Ginger*, of these make an excellent Ointment against the Itch and Scabs.

25. *Another.*

Take eleven or twelve *Dock-roots*, of the yellowest that can be gotten, and scrape them very clean; then cut them very small, and stamp them well in a Mortar; then set them over a Chaffing-dish of Coals, and put a Pound of sweet Butter therein, and boil them sufficiently; then strain them, and put in a Spoonful of the Flower of *Brimstone*, finely beaten to Powder, and stir it well together; then let it stand till it be quite cold, and it will be a pure Salve: Anoint your Body therewith before a Fire, and let it soak into the Skin. Use this Medicine Morning and Evening for six or seven Days, and it will take away the Itch, be it never so great.

26. *To take out a Burning.*

Take *Lambe-Blood*, if you have it, or *Chickens Blood*, warm from the Lamb or Chicken, if you can,

can, and if not, warm it, and bath the Place with it.

27. *Another for Burning.*

Take Castile-soap, and stir it on the Fire until it be as thick as a Salve, and make Plaisters thereof, and lay on the Place that is burnt, or anoint the same therewith.

28. *Another for Burning or Scalding.*

Anoint the Place with the Juice of a Fern or Brake-root, and it straightway helpeth Scalding or Burning.

29. *An excellent Medicine for the Stone or Gravel.*

Take some Quantity of white Wine, Nutmegs, and a small Quantity of Oyl and Sugar; also Almonds; mingle these together, and take it. It is also very good for the Colick.

30. *An excellent Receipt for the Stone and Colick.*

Bray Pellitory and Butter together, and bind them to your Navel; or take a Lapwing and burn her, Feathers and all, and give the Ashes to the Patient to drink in white Wine, something warm.

31. *For the Palsy.*

Take the distilled Water of Daffodils, bath and rub the Patient with the said Liquor by the Fire, and it cureth.

32. *An approved Medicine for Heat in the Mouth or Throat.*

Take a Quart of Spring-water, and put it into

a Pipkin, and put thereto two Sticks of Liquorice, and some Violet-Leaves; then boil it to a Pint, and strain it, and gargarize often therewith.

33. *For Heat of the Back.*

Take the Oyl of Roses, six Ounces & an half, and put to it a little Wax, and four Drops of Vinegar, and anoint the Back therewith.

34. *A sovereign Medicine for the Cramp.*

Take the middle Bone of the Knee-joint of the hinder Leg of a Hare, and touch the Place therewith, and it doth straightway help the Cramp.

35. *To make an Issue.*

Take Rye-flower and Mustard-seed beaten into Powder, and with Water make a little Paste; bind a Ring made of a Rush, and apply it.

36. *An approved Receipt for a scalled Head.*

Take a Candle, and let it drop upon it as hot as you can; in so doing, it will scale off; then take a Cows Piss, and the Furring of a whole Chamber-pot, boil these together, and wash the Place, and it will straightway cure.

37. *An excellent Medicine for the Gout.*

Take two Handfuls of Ivy that grows on a Wall, and put it in raw Milk, and put thereto Boars-Grease and Oat-meal; boil it together, and apply it to the Place.

38. *To open Obstructions of the Liver, and to preserve from the Dropsie.*

Take every Day half a Dram of fine Rhubarb,  
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thin

thin sliced, with a Spoonful of Currans steeped and washed in white Wine two Hours; then chop them finely with the Rhubarb, and eat them fasting nine Mornings together, in the Spring and Fall.

39. *To stay a Looseness.*

Take a Pint of Milk of a red or black Cow, and set it on the Fire; and when it boils up, pour in a Spoonful of Spring-water, and let the Milk boil up again, and do in the same Manner nine Times. Drink thereof when it is boiled, Morning, after Dinner, and in the Evening.

40. *A special Receipt for the Spleen.*

Take three or four Handfuls of the Leaves and Flowers of Melilot, and put them into a Pot with Water, but let the one Half of the Water be Smith's Water, and the other Half the Patient's own Water, and let it boil to a Quart; then take both Herbs and Flowers and put them in a Bag, then put them to the Patient's Side as hot as he can endure it. Let him use this nine or ten Days together, every Day once, and it will make him well.

41. *An excellent Medicine for a green Wound.*

The Coals of a Beech-fire made into Powder, and put into the Wound or Sore, healeth it presently, without any other Thing, in few Days.

42. *A special Receipt for the Falling Sickness.*

Take three Handfuls of Box-tree Leaves, of Peony-roots, small and thin sliced, two Handfuls, of Peony-seed-Piles six Ounces; boil these in three Gallons of Beer or Ale, to two Gallons, then give this

this to the Patient every Day twice, a good Draught warm.

43. *A Special Remedy to Stanch Bleeding of the Piles.*

Take a good Quantity of the Juice of *Millefolium*, and put thereto a pretty Quantity of the Powder of burnt Garlick, and let the Party grieved drink thereof, in either Ale or Wine, and the Piles will die shortly.

44. *To loose the Belly of one that is hard bound.*

Take a Chicken and a pretty Quantity of *Cassia fistula*, boil these in fine running Water, and drink the Broth thereof, and it will immediately procure Looseness without Pain.

45. *Another for the same.*

Take the Juice of Southern-wood, and anoint the Belly well therewith, and it will loose you gently.

46. *To stanch the Bleeding of a Wound.*

Take a Linen cloath and burn it, then take the Powder thereof, and spread it thick upon a Linen-cloath, and lay it to the Wound, and it will stay Bleeding immediately: Also take Pimpernel and hold it betwixt your Teeth, and you shall not bleed so long as you hold that.

47. *To stanch Bleeding of a Wound at the Nose.*

Take the Powder of Bole-armoniack, and with a Quill blow some of the same Powder into the Nose of the Party that is given to much Bleeding, and it will stanch immediately.

48. *Another.*

Take Pervinck, and bind the Patient about the Temples of the Head very hard therewith, and let the Knot be in his Neck, and this will stanch Bleeding, without any more ado.

49. *A sovereign Remedy for Bleeding inwardly.*

Take a pretty Quantity of the Juice of Neeps, and likewise of the Juice of Shepherd's-Purse, mingle both together, and let the Party grieved drink thereof, and it will cause the Blood to be cast up immediately.

50. *A marvellous good Medicine for those that cannot void Water.*

Take the Leaves and Roots of Wood betony, wash them very clean, and dry them in an Oven, then beat them into fine Powder, and drink the same in white-Wine-poffet, Ale, or any other ordinary Drink, and it will cause you immediately to void Water.

51. *Another for that same Purpose.*

Take Ivie berries and beat them to Powder, and let the Patient drink it in white Wine, or in stale Ale somewhat hot, and it will forthwith cause him make Water.

52. *A wonderful good Medicine to cleanse the Mouth, and fasten the Teeth.*

Take Wood-bind-Leaves and Sage, of each an Handful, and a Spoonful of fine *English* Honey, and a Piece of Allum of the Quantity of a big Walnut,

nut; boil all these together in a Quart of fair running Water, until the one half be consumed; then strain it through a fine Linen Cloath, and wash the Mouth and Teeth therewith luke-warm, and it will both cleanse the Mouth of all Corruption and Filth, and fasten the Teeth.

53. *A special good Salve or Ointment to cure any Wound or Sore, whether new or old.*

Take half a Pint of Salad-Oyl, four Ounces of unwrought Wax, an Ounce of Turpentine, four Ounces of Rosin, and an Ounce of Mastick. *Items* Smallage, Wood-bind-Leaves, Plantain and Marigold-Leaves, of each an Handful; of the Tops of Hyssop half an Handful: Wash them all well, and dry them at the Sun for the Space of half a Day together, then stamp them in a Mortar, and strain them, and take the Juice thereof, and boil it with all the other Things before-mentioned, except Turpentine, and stir it continually, until you find all the Juice dried up; then put in your Turpentine, and let it boil a Walm or two, then take it from the Fire; then let it stand a while, strain it through a course Linen-Cloath, and keep it in Boxes or Gally-pots, until you have Occasion to use it. This Salve cures all Sores both new and old.

54. *An excellent Remedy to stanch Bleeding.*

Take a Toad, and dry it very well before the Sun, then put it in a Linen-Cloath, and hang it with a String about the Party that bleedeth, and hang it so low, that it may touch the Breast of the left Side, near the Heart: This will certainly stay

all Bleeding at the Mouth, Nose, Wound, or any Thing whatsoever.

55. *To take away Warts.*

Take the Heart of a red Colewort, stamped well with a little Honey, and rub the Wart oft-times well therewith, and it will take it away.

56. *A special Receipt to heal a Felon.*

Take a little Bay-salt, stamp it very small; and also a little sower Leaven, or Bread; mingle these well together, with the Yolk of an Egg, and apply it to the Sore twice a Day, and it will draw Pain from the same, cease the Swelling, and cure it speedily.

57. *An approved Receipt to cure a Felon.*

Take the Grounds of Ale, and an Handful of Groundsel, with a Piece of sower Leaven, boil them together in the Salve, and apply it, it will heal the Sore.

58. *A very good Remedy for Swelling of the Legs.*

Take white Herrings out of the Pickle, open them, and lay the Insides of them to the Soles of your Feet, when you go to Bed, and let them remain all Night, and in the Morning apply new ones again; use this five or six Times, and it will help you.

59. *An approved Medicine for the Morpew.*

Take the Juice of Celandine, mixt with the Powder of Brimstone, and lay it to the Place where the

the Morpew is, (all cold.) Use that five or six Times, and it will assuredly cure you.

60. *A wonderful good Medicine for Legs that do rankle and fester.*

Take Smallage, Southern-wood, House-leek, Violet-Leaves and Roots, and Plantain-Leaves, of each of them a good Quantity, and of Honey; stamp all together, and strain them through a fine Linnen Cloath, and make a Plaister thereof, and lay it to the Sore, and renew it twice every Day; and always before you lay on the Plaisters, wash the Sores very well with white Wine, or with Oyl of Roses; and as long as you use to continue this Medicine, put five or six Leaves of Sage in your Mouth, and in a short Space your Legs will be whole and sound.

61. *For the yellow Jaundice.*

Take an Handful of red Nettle-tops, Plantain and Saffron, and boil them well in a Pint of Ale, then strain it, and drink thereof for four or five Days together.

62. *For a Cough in the Lungs.*

Take an Handful of Figs, and seeth them in Ale until they be somewhat tender, then set them asunder, and put them in a Linnen-Bag, and so lay them on your Stomach warm; and when they become cold, warm them again in the same Liquor, and apply them to your Stomach as formerly. Do this several Times.

63. *A*

63. *A sovereign Remedy for Gnawing about the Heart.*

Take Sage-Leaves a pretty Quantity, and as much Yarrow, and temper them with Ale; then strain them, and drink them, and you shall presently have Relief.

64. *For a Woman that hath great Breasts.*

Oftentimes anoint her Paps with the Juice of Succory, it will make them round and hard: If they be hanging or bagging, it will draw them together, whereby they shall seem like the Paps of a Maid.

65. *For a Woman's sore Breasts, occasioned by Cold or otherwise.*

Take a Cole-wort-Leaf, and anoint the Leaf it self with May Butter, first boiled with Rose-water, and then lay it to the Woman's sore Breast, and it will both assuage the Swelling and Pain in a short Time.

66. *For a Canker in the Mouth.*

Take a good Quantity of white-Wine-Vinegar, and Honey, boil them well, and wash the Mouth therewith.

67. *For destroying any Imposthume.*

Take of the Juice of Flower de Luce, and Roots of Lillies, of each a like Quantity; stamp them well together, and put therein a Quart of Honey, and boil them well together, either in Wine or Ale; and when they are well boiled, then take the  
Liquor

Liquor thereof, and strain it through a fine Linen-Cloath; and when Occasion serveth for Use, let the Patient drink thereof three or four Spoonfuls at a Time, especially in the Morning, or Evening, first and last, and it will speedily cure him.

68. *A marvellous good Remedy for the Pleurisy.*

Take Brook-lime, Sheeps-sewet and a little fair Water, fry them together in a little Frying-pan, and make a Plaister thereof, and apply it, and it will take away the Corruption, and give ease.

69. *A marvellous good Remedy for a Consumption.*

Take half a Pound of the best Raisins, stone them, and put thereto two Ounces of the purest brown Sugar-candie; put them in a wooden Mortar, and then beat them together; and in the Beating them over and over again, put in the Quantity of half a Spoonful at a Time, of Oyl of sweet Almonds, until you have put in so much as will sufficiently moisten them; and when the Matter is beaten fine like a Conserve, take thereof the Quantity of a Nutmeg at a Time, first and last, and it will do you good.

70. *Another for a Consumption, or any Decay in the inward Parts.*

Take a Pound of Dates, pickle out the Stones and Skin, and the White that is in them, and beat them in a stone-Mortar as small as can be; then take a Quart of clarified Honey, also long Pepper, Mace, Grains, Cloves, Nutmegs, of each a Quarter of an Ounce, beat them to Powder; then put your Dates and Honey, well mixed together, on the Fire, and let

let them boil, always stirring it for fear of Burning; and in your stirring, stir in your Powders by little and little, till all be in, (you must not boil it so thick as you do Marmalade, for then you spoil it) then take half an Ounce of fine Ginger, beaten to Powder, and stir it on, and always stir it on till it be cold; put it in a Box as you use to do your Marmalade, and eat the Quantity of a Chesnut first and last, and it causeth Sleep, and restoreth Health.

71. *Another for a Consumption.*

Take two Handfuls of Clary-Leaves, and pickle them clean, and five Yolks of Hens Eggs new laid, make a Tansie thereof, and use it eight Mornings together, with Nutmegs and Sugar; then take Saffron, and dry it on a Tile-stone, and grind it very small, and put all these Things together, and fry them in fresh Butter, and let the Patient eat it first in the Morning for eight Days together, and it will do him much good.

72. *For the Falling Sickness.*

The Powder of that which a Foal casteth when it is new foaled, being dryed and made in Powder, given to the Patient, by certain Experience frees him of that Disease, and that miraculously.

73. *Another for the Falling Sickness, altho it were never so old and evil.*

In the Months of May, June and July, gather together four green Paddocks, cut them up quick, and take the Livers out of them, and dry them on Colewort-Leaves laid in a Glass-Pigg with soft Fire; then make Powder of them, and divide it into five equal

equal Parts, and give the Patient in the New of the Moon one Part of the Powder, and let him not take Meat for two Hours after, and give him another Part of it at Night when he goes to Bed; and so forth.

74. *For bruised Blood of a Stroak on the Eye, or any Part of the Body.*

Juice of the Roots of Solomon's Sealgreen applyed, removes the same in any Part of the Body, or with the Juice of Wormwood with Honey.

75. *For Pain in the Eyes.*

The Strynd of an Egg well beaten and applyed, healeth all Wounds and Pain in the Eyes.

76. *An Ointment for the great Pox.*

Take Allum, Verdegrease, Honey that is good, strong and sharp Wine-Vinegar, of each a little Quantity, mix them well together to an Ointment, anoint the Place therewith, and it will both dry and heal. *Probatum.*

77. *Virtues of Whey, for a Dysentery or gripping Flux.*

The best Cure and the most absolute in the whole World for any Flux that hath a Grinding or Fever with it, is to drink Whey cold abundantly at all times in the Day and Night. Drinking thereof, not only cures, but likewise preserves from the said Disease: But if the Flux have neither a Grinding nor a Fever accompanying it, I forbid the use of Whey and all other liquid things, also both of Meat and Drink, except sometimes a little red Wine.

78. *Vir-*

78. *Virtues of cold Water.*

Certainly, there is not a greater Preservative from the Gout, than a drink of cold Water in the Morning, if it be taken twice in the Year, that is, in the beginning of the Spring, and fall of the Leaf, and continued for some Days together; or else if it be taken immediately before such times as it is usually wont to seize on the Party. In like manner, nothing is of more Efficacy (when it hath seized on him) for the asswaging of the violent Torments of it, than cold Water is, and especially, if to this cold Water you join the breathing of a Vein, either upon the part affected, or upon the neighbouring part.

79. *For the Sciatick.*

Neither is this cold Water, as I have prescribed it, useful only in curing and asswaging the Pains of the Gout, but also the Sciatick, or Hip-Gout, which is both the most violent, and the hardest to be removed of all the rest. If the Sciatick be but new begun, taking of cold Water an Hour or two before Supper, (because the Disease uses to rage worst of all towards Bed time,) or at any other time when the Patient is in Pain, is excellent; taking it this way by way of Prevention, and doing the like every Morning: And many times very aged Persons, who have taken it but five or six Days together, have been, without using any other Remedy, perfectly cured, and the Disease for ever from them banished: But remember withal to put Horse-Leeches on the part affected, where the Pain is most violent, and Cupping-Glasses with more than ordinary

nary Scarifications. It is also profitable in these Cases, to breath the Vein that lyes in the outward Ankle; which is therefore called *Vena sibiatica*, or Hip-Vein. But in an old inveterate grief, a large Blistering-Plaiſter set over the whole Hip, uses to be a most effectual Remedy; yet sometimes it were good to have recourse to red-hot Iron Also an Hour or two before Supper, a drink of Water taken cold, is a speedy Remedy against the Gout. A drink of cold Water taken after Dinner, immediately giveth great ease to the Pains of the Stomach, coming of Crudity. A drink of cold Water with a sower Apple taken at Supper-time, instead of all other Meat or Drink, cures a new begun Hoarseness, and restores one to his own natural clear Voice the next Morning. A drink of cold Water taken in a burning Fever, is a most present Remedy. A Drink of cold Water every Morning for the space of some Days, or Weeks together, cureth red fiery Faces, pimpled Faces, carbuncled Noses, or any other Deformity of the Skin, in whatsoever part of the Body they are. A drink of cold Water, or luke-warm, or hot Water, taken for some Days together in the Morning constantly, is very profitable for the Stone in Kidneys. A drink of cold Water is good against the Crudities of the Stomach, and those that are troubled with raw and belching Stomachs, cold Water applyed externally, cures the Pains thereof. Benumbed Hands or Feet, put into cold Water, recover their former strength; being put therein for the space of half an Hour, if while the Feet are in the Water, the Party drink a large Draught of warm Wine, and spiced with Nutmegs and Cinnamon;

now

now this being done, the Feet and Thighs must be wiped with a Linen-Cloath, and so anointed with ordinary Soap, but must not come near a Fire for a time. The continual application of cold Water for the space of three or four Hours together, cures the Palsy in any part of the Body. All strainings of the Joints, and all Contusions, either in the same or any other part of the Body, as well as any huge Swelling, may be much more safely cured by Bathing of cold Water, than by any other Remedy whatsoever, and that more speedily too, and without any other cost or trouble, or loss of Time, if it be done timeously within two or three Hours: Yea, if it be done the next Day after. The Gout of the Feet is cured by a large Effusion of cold Water every Day for the space of five or six Days together: If the the Head be put in cold Water, as far as the Middle-bone in the hinder part of the Head, and to the Nose before, so that there be left just so much of the Nose out of the Water, as the Party may have freedom of breathing only; and that this may be done so long as a Man may be in saying of *The Lords Prayer*, the Pain of the Head, tho it hath been of long continuance, will be removed, and Diffusions stopped, as hath often been proved by Experience: Or else in stead of this putting the Head into cold Water, (which seems to be very proper for Women) you may take a Linen-cloath dipped in cold Water, and apply the same several times to the Head.

81. *For those that are subject to Infirmities of the Head, and troubled with sore Eyes, stuffings in the Head, Distillations, Swelling of the Glandules or Almonds of the Ears.*

Nothing is better than cold Water; where the Head in the Summer-time is to be held under a Water-Spout for a pretty while together every Day, the Water all the while running down it. The Tooth-ach also may be cured, by applying this cold Water to the part affected, and Bathing the parts therewith, and higher beyond the Temples, and by repeating the said Application. The Application of cold Water to the Inflammation of the Eyes, in the beginning of the Inflammation, and often repeated, cures the same. The most horrid Pain of the Shoulders, Back, Loins, are cured by application of this cold Water. Dip a Linen-cloth in cold Water, and apply it to the Reins a pretty while together, repeating the said Application several times, is good against the Stone in the Kidneys. Bathing the Legs of Children as far as the Knees in cold Water for a good while together, doth help them much, who through extremity of Pain cannot stand on their Feet. By Bathing the Legs in Water the windy Colick is cured. The Immersion or Application of cold Water upon the green Wounds of the Head, or any other part of the Body, continued for the space of an Hour or half an Hour, absolutely cureth them, without doubt; without Suppuration, according to the first Intention: But remember to put the Shel of an Egg upon the Wound, to save it from external injury. The cutting or pricking of a Nerve, is cured by the Application of cold Water.

81. *Wine Vinegar for the Scurvy.*

The Party affected with the Scurvy, must take every Morning Wine-Vinegar, and the Juice of Blades of Wheat, of each two or three Ounces for ten or twenty Days together, according to the exigence of the Disease; and he must also often use to take this Composition, and hold it in his Mouth for a good while together, washing his Gums, and sometimes gently rubbing them therewith.

82. *For the Colick Pains.*

Six Grains of *Laudenum Opiate* taken. Half a Dram of *Pilula Catholicae*. A Dram of the powder of Wolfs-Gutts in three Ounces of Wine. Cupping Glasses applyed to the Navel. The Cork stopple of an Hogshead of Wine, which hath been many years so imployed, and consequently is well drencht with Wine, must be burnt to Ashes, and a Dram of the Ashes taken with white Wine, when the Pain is urgent.

83. *For a choleric Colick.*

Take in the Morning a piece of fresh Butter, and drink a little Wine above it.

84. *For vomiting in a malignant Fever.*

Take Salt of Wormwood a Scruple, fresh Juice of Limons a Spoonful, mix them together, and give them to the Patient.

85. *For the Pleurisy.*

Take a roasted Apple, with a Dram of Frankincense, and put thereupon four Ounces of Carduus-water, and cover the Patient well that he may sleep:

Half

Half a Dram of Chimney-foot powdered, given in Carduus Water. Vomiting in the Beginning of the Pleurisy, cures the Patient.

86. *For Bleeding at the Nose.*

Vinegar and Water frequently snuffed up at the Nostrils. Vinegar of Roses dropped into that Ear which is nearest the Nostril, out of which the Blood cometh.

87. *For the Bleeding of a Wound.*

Roll a Linen-Cloath into a Cylinder, like a Garden Rolling-stone, and fill the Wound therewith perpendicular Ways.

88. *For a Wound in the Breast.*

Cause the Patient suck the Milk of a Woman's Breast, and also make Injections of the same into the Wound.

89. *For a deadly Head-ach.*

Take of the Hair of the Head, and cover the Head with a Vesicatory Plaister.

90. *For a stubborn Pain of the Head.*

A Piece of Gold rolled up in the Nose, and another holden at the Mouth.

91. *For Pain of half the Head.*

The Smoak of Amber received in at the Mouth and Nostrils, for half an Hours Space when the Pain is.

92. *For the Rheumatick Disease.*

Two Spoonfuls of the Tincture of Corals, every  
O Day

Day taken two Hours before Meat, or taken every Day in the Morning or at Night. The Quantity of a Walnut of the Conserve of Eglantine Hippi.

93. *To stop a Catarrh or Flux of the Rheum.*

Take strong Leaven two Ounces, Amber-Powder two Drams; make a Cataplasm thereof, and apply it to the Crown of the Head, after the Hair is shaven off.

94. *For uniuersal Pains.*

Take Elder-tree Leaves, and dry them in a Baker's Oven, after the Bread is drawn, as many as will fill two Sacks-full, and ty the two Sacks, being full of the said dryed Leaves, about the Patient's Body wholly, and it will cause him sweat; Do this three or four Times.

95. *For Running of the Universal Gout.*

Crocus Metallorum.

96. *To ease the Pain of the Gout.*

Foment the Place pained with Ashen-tree Leaves, stilled in a leaden Still.

97. *For Scabs and Felons.*

Purge the Patient with a Scruple of *Mercurius dulcis*, and half a Scruple of *Diagredium*.

98. *For scabby Legs.*

Take *Unguentum Basilicum* four Ounces, Turpentine two Ounces, Oyl of Roses three Ounces and an half, three Yolks of Eggs, and a little Wax; make an Ointment of all, and anoint the scabby Place therewith.

99. *For*

99. *For a Cancer.*

Four Grains of the Extract of black Hellebore;  
A Broth and an Ointment of green Frogs, applyed.

100. *For a watery Rupture in the Cods of an Infant.*

Take half a Pound of Bean-meal, boil it in strong rich Wine, to the Consistence of a Pultis; then add three Drams of Oxymel simple; make all in a Cataplasm or Pultis, and apply it Morning and Evening.

101. *For a Rupture in the Belly.*

A Foment of Aquavitæ applyed to the Groin;  
Three Plaisters made of Galbanum, every one of the Plaisters worn nine Days, with a Truss on the Place.

102. *For the Sciatick.*

Blood taken of the Ankle-bone in the same Side.

103. *For an Hysterical Passion.*

Take the Powder of the Flesh of a Wolf, and wear a Piece of the said Flesh salted always about you.

104. *Another.*

A Clyster of Vinegar and Water.

105. *For the Falling Sicknes.*

Peony gathered when the Moon is descending in the Sign of Aries, doth remove the Falling Sicknes, only by external Application, worn about the Neck or Arm. The Fit of the Falling-Sicknes is cured

by blowing the Smoak of Tobacco into the Mouth,  
the Time of the Fit.

106. *For the Rose.*

Strong Wine drunk.

107. *For an Ulcer with Corruption of the Bone.*

Powder of *Euphorbium* with Lint, applyed.

108. *For a bound Belly.*

Take stewed Prunes and their Syrup; to which add a Quantity of Wine allayed with Water for two Hours before Dinner, the half of which Syrup must be taken before, the other half after the Prunes; also take the Quantity of a Walnut of new Butter, and drink it upon a Drink of Wine and Water mingled.

109. *For a Dysentery.*

One Dram of the Salt of Vitriol dissolved in Water, taken in a Porringer full in the Morning and at Night. Drink of the Decoction of Burnet made with Water and Butter.

110. *For sore inflamed Eyes.*

The Drinking of pure Wine.

111. *For Inflammation of the Eyes with Filth.*

Cotton well drycd over the Coals, and well teezed and put asunder with the Fingers; and every Night let each Eye be covered with Cotton in manner of a Bolster bound on; do this many Nights together.

112. *For*

112. *For a Spot of the Eyes.*

Rose-water, wherein Salt-Armoniack hath been dissolved in such a Quantity, that it may bite the Tongue a little, kept two or three Days in a Copper Vessel, till it keep a blue Colour, put into the Eyes. Water of Honey doth most certainly take away the Spot out of the Eye, but it causeth Pain. Juice of Rue dropt into the Eyes.

113. *For Gutta Serena.*

Great Fasting or Abstinence.

114. *Sight repaired in old Women.*

Put into the Eyes five or six Seeds of Clary at Bed-time.

115. *For Bruises.*

Honey Combs with Honey in them, boiled to the Consistence of an Ointment spread upon a Linnen-Cloath, applyed.

116. *For the Dropsy.*

Decoction of the Roots of Butchers-Broom, drunk the Space of a Month, with two or three Purges of the Infusion of *Sena*. Also an Infusion of Rhubarb in fair Water, drunk for his ordinary Drink. Also Abstinence from all Manner of Drink. Also many Vesicatories applyed to many Places of the Body: Salt *Prunella* drunk for ordinary the Space of a Month. A Cup full of the Decoction of the Tops of Oaken Boughs, drunk for the Space of Fifteen Days or more.

117. *For an Hectick Fever, with Fear of a Consumption.*

Keep a thin Dyet, and take two Drams of *Sena* in the Week, in the Decoction of Succory and Bugloss made with Anise-seeds; the *Sena* must be infused a whole Night, the Decoction hot.

118. *For a Consumption of the Lungs.*

A healthful Woman's Milk, sucked from her Breast.

119. *For the Jaundice.*

Three Ounces of the Juice of Fumitory, taken for certain Days.

120. *For the Stone in the Kidneys.*

A Decoction of the Root of Asses-thistle and Liquorice, drunk for the Space of twelve Days. The Doze is of Thistle-root half an Ounce, and two Drams of Liquorice in every Doze.

121. *For Night-Sweats.*

Take twice a Month Julep and Cream of Tartar, of each half a Dram, for two or three Months; also a cooling Julep of the Waters of Succory and Bugloss, and Syrup of Apples.

122. *For Pain of the Emrods.*

Infuse Yarrow in boiling Water, and give the Patient to drink for a Month's Space.

123. *For Pains after Child-birth.*

Take *Galbanum*, *Assa fetida*, of each an Ounce, spread therewith a round Plaister, and put four Grains

Grains of Musk in the middle, and lay it on a little below the Navel.

124. *For Mother-fits.*

A Plaister of *Galbanum* applyed to the Navel, and drink of Water tempered with Vinegar when she is athirst.

125. *For slipping down of the Womb.*

A round Piece of Wax as big as a Hand-ball, put up in the Womb.

126. *For immoderate Flux in the Courses.*

Five Ounces of the Juice of Nettles drunk, and a Cataplasm made of the Juice of Nettles & Wheat-flower applyed to her Belly below her Navel; do this twice or thrice.

127. *For Chops in Womens Dugs.*

Oyl of Nuts new drawn, anointed, and Sugar strawed thereon. The Balsom of Sugar doth the same.

128. *For extream Thirst.*

One Dram and an half of *Sal prunella* dissolved in Water, and drunk.

129. *For Rottenness of the Teeth.*

Fill the hollow Tooth with Turpentine. Burn the Tooth with a red hot Iron.

130. *For a hard Swelling of the Back of the Hand.*

A Plate of Lead smeared over with quick Silver, laid on the Hand for eight Days or more.

131. *For the Pestilence.*

The Patient's Dung, distilled with the Patient's Urine, strained through a Linen-Cloath and drunk.

132. *For the King's Evil.*

Suffer the Child's Head to become Loufie, till all the Head become scabbed and running.

133. *For Kings Evil Swelling fallen on the Fingers.*

The Smoak of Vinegar poured out on a red-hot Flint-stone, continued Morning and Evening for 2 Months Space on the Fingers.

134. *For the sleepy Disease in Children.*

One Dram of white Vitriol in Broth, half an Ounce of *aqua benedicta*, the Juice of Onions and ordinary Oyl, of each a Spoonful, mingled together, taken.

135. *For the Tumor of the Face.*

A Plate of Lead smeared with quick Silver, and stuck upon a Plaister, and applyed with a Bolster upon it, and bound on with a Band.

136. *For a Canker in the Dugs.*

Water of red Poppy, Plantain and Roses, mixt with Honey and Roses, applyed.

137. *For a Gangrene in the Leg.*

The Place affected, long Time fomented with Water, in which Lime and Chalk have been boiled.

138. *For a Wen.*

The Leaves of Sorrel wrapped in a wet Paper, roasted

rosted in the Embers, and afterwards incorporated with sifted Ashes in Form of a *Pultis*, diverse Days applyed warm.

139. *For Madness.*

Geld the Patient, and his Madness will cease.

140. *For stopping of Urine.*

The Brains of a Pyot dried, and drunk in white Wine, maketh the Patient piss within an Hour.

141. *For Warts.*

Parsley bruised and rubbed on, then applyed as a *Pultis*; renew the same twice a Day, it cures within eight Days.

142. *For Corns on the Feet.*

Cut the Corns when the Moon is in the Wain, first washing the Feet a pretty while in hot Water; then apply Ivy-Leaves bruised: Renew the same every Day, Morning and Evening, within fifteen Days the Corns are drawn out.

143. *For Burnings.*

Ivy-Leaves boiled in Water, applyed.

144. *For the Whore-master's Pox.*

Take of the Roots of the great Bur-dock cut in thin Slices, eight Ounces, white Wine and Spring-water, of each two Pounds, let them boil together till half the Liquor be consumed, adding towards the End an Ounce and an half of *Sena*, according to the Patient's Disposition; let the Patient take half a Pint of the strained Liquor, and procure Sweat, by

by laying on hot Flints tyed up in Cloaths near the Soles of his Feet, by each Leg one, by each Thigh one, by each Shoulder one; and being closly covered, let him sweat plentifully an Hour and an half together, and about Evening he shall have a Stool or two.

145. *For Running of the Reins.*

With Conserve of the Fruits of *Bruscus* or Butchers-Broom, given to the Quantity of two Drams or half an Ounce, for some Days together. Water stilled out of the Root, hath the same Effect.

146. *For the Tooth-ach.*

As much of Salt of the Wood of Ash-tree, as will fill a Woman's Thimble, applyed to the Artery of the Temple where the Pulsation is feeld, and within a short Time it makes a Knot in the Artery, whereby the Flux is intercepted.

147. *Hæmorrhagia. Bleeding at the Nose extremely.*

Take the Patient out of his Bed, and spread a woollen Covering on the Floor, then cover the Patient's whole Body with Linen-Cloaths dipped and wet in Vinegar and Water for a long Space, till he begin to tremble, then put him in his Bed.

148. *Hysterica passio. Suffocation of the Mother.*

A Goblet of Water and Vinegar mixed, given to the Patient.

149. *For the Choleric Passio.*

A little Cup full of *Oxycratum*, given to the Patient.

150. *For*

150. *For the Falling Sicknes.*

A Goblet full of *Oxyeratam* every Morning, and ever before the Fit, a Goblet full of pure Vinegar taken.

151. *For Spitting of Blood.*

Starch boiled in Water like Gruel, taken every Morning for a Month's space.

152. *For a Whitloe in the Finger.*

Stop the Finger into a Cat's Ear, and it will be whole within a Quarter of an Hour.

153. *For the Tooth-ach.*

Tobacco chewed in the Mouth.

154. *For the Falling Evil.*

Drawing of Blood often.

155. *For a Consumption of the Lungs.*

Cause the Patient eat nothing but Raisins with Bread, and drink the Decoction of Barley and Liquorice.

156. *For a Gangrene.*

Foment the Place continually for two Days, with Vinegar, wherein the Dross of Iron hath been well boiled.

157. *For a Pain in the Knee by Contusion.*

The Knee anointed with the Oyl of Wax, and Aquavitæ, of each a like Quantity, mixt together, and thereafter applying Linen-Cloaths to the Knee Morning and Evening.

158. *For*

158. *For Inflammation of the Paps.*

A Cataplasm of Bean-meal, boiled in *Oxycratum*, that is, Vinegar and Water, and often renewing the same.

159. *For Inflammation of the Kernels of the Neck.*

Take of Mustard-seed one Dram, of Rose-Vinegar and white Sugar, of each of them an Ounce, of Water three Ounces, make a Gargarism.

160. *For Flux of the Emrods.*

Two Ounces of the Juice of Nettles clarified, with a little Sugar put therein, taken.

161. *For a double Tertian.*

A Goblet full of white Wine, taken warm, wherein is dissolved Brimstone made in Powder, to the Quantity of an Egg.

162. *For a Quartan Fever.*

Half a Goblet full of white Wine, taken every Morning for some Days, in which Oranges cut in Pieces, have been boiled. Also the Powder of dry Germander taken in Broth.

163. *For immoderate Flux of a Woman.*

A Dram of the Powder of burnt Egg-shells taken in Broth. Four Ounces of clarified Juice of Nettles, taken in the Morning and at Night.

164. *For a bloody Flux.*

One Dram of the Cork-tree, made in Powder, drunk in Wine.

165. *For the Sciatick.*

Cantharides, with old fowr Leaven, applyed to the Place pained.

166. *For the Scurvy broken out rough on any Part.*

Take Scurvy-grass-Leaves, and cut and strain the Juice of them, and mix them with Brandy, and rub the Part affected therewith often, and cause the Patient drink the Root of the Bur-dock, sliced in Ale twice a Day.

167. *For Deafness.*

Take the Gall of a Ram, or if that cannot be had, of any other Sheep, and strain from it the clear Liquor, till it come to the greenish, which cast away; then take the foresaid Liquor, and mix it with the equal Quantity of Brandy, put them in a Glass, and mix them well, & pour a little thereof into the Patient's Ear, when in Bed, putting in Wool or Cotton after it, and causing him ly on the Side affected. This is to be done several Times, &c. Then to make use of Fumes of Tobacco or other drying Herbs.

168. *For Stopping of Blood at the Nose, or of a Wound, or Spitting of Blood.*

Take two Whites of Eggs and a little Stiffin, beat it small to Powder, and cast the Whites of the Eggs and it together, and drink it; also apply it in a Linen-Cloath bound up clos to the Wound. Apply Cob-webs and Salt. Drink also Smiddy-water boiled, or drink off Steel.

169. *Another.*

The eating and chewing of strong Grass, and applying it, stops the Bleeding of a Wound.

170. *To stop Bleeding at the Nose.*

Snuff up Cob-webs and Sugar.

171. *Another.*

One's own Blood fryed and snuffed, stops Bleeding of the Nose; or to lay cold Iron, or drop Water on the Neck.

172. *Another.*

Spiders bruised in a Linen-Cloath, and held to the Nose, or pulverised and snuffed, stop Blood.

173. *To cause Hair grow on bald Heads.*

To wash with Dogs Piss, causes Hair to grow on bald Heads.

174. *To sweeten the Breath.*

Smoak Tussilago, either alone or with Tobacco.

175. *For Burning.*

Anoint the Place with Sallad-Oyl, or rub the Place with *Unguentum album*, or chop Plantain with salt Butter, and apply it.

176. *For Pissing Blood.*

Cows Milk often drunk, cures.

177. *To put back a Beeling.*

Apply roasted Cheese to it.

178. *For healing and drawing Boils.*

Apply the Head of a Posset, or white Bread and Milk

Milk boiled with Saffron or Marigold thereto, or  
altless Pottage, or Butter-Pottage.

179. *For a Catarrh in the Hand.*

Cows Dung applyed warm, cures and draws out  
the Venom.

180. *For a Mark on the Eye.*

Wash it in Water wherein common Vitriol is  
steeped.

181. *For a Colick.*

Bind Cows Dung round the Waist warm. To  
provoke Vomiting by a Feather. For some to drink  
strong Liquor, others cold Water, or to apply a cold  
Stone to the Belly.

182. *For a windy Colick.*

To drink Brandy or Ale, with the Spirit of Anise.

183. *To cause one sweat throughly.*

Take an Handful of Carduus-Leaves, and boil  
them in a Mutchkin of Ale or Beer, till it be boiled  
in to the Half; then strain them into a Gill of  
Triacle, and it will occasion Sweating; the Triacle  
will make it pleasant to drink.

184. *For the Tooth-ach.*

Take ground Pepper, Nutmeg, and brown Sugar;  
put in a little Brandy, and made up in Pills put  
them into the hollow Tooth, it will give ease, and  
cause one to spit up Defluxions.

185. *A sure Remedy for the Itch.*

Take Dock-roots, and Lice and boil them in Wa-  
ter,

ter, two Chōpins to one: and then strain them; afterwards putting thereto two Spoonfuls of salt Butter, boil them in to a Mutchkin, mixing therewith, when taken off the Fire, two Ounces of Flower of Brimstone, or brayed Brimstone, anointing the Body twice or thrice therewith, it cureth perfectly.

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*Signs and Presages of Diseases in several Parts of the Body.*

**I** Divide the Body of Man into four Parts, the Head, the Breast, the Belly, the Bladder.

1. *In the Head.*

When any Disease is to affect the Head, certain Presages and Signs do for the most part foretel the same: Of which sort are, Heaviness of the Head, even to the Eye-brows, the buzzing Noise or Sound of the Ears, and the Beating of the Temples of the Head. In the Morning the Eyes are watery and dim, the Smelling of the Nose is dull, and the Gums do swell. Therefore when you perceive any of those Presages or Signs, the Head is forthwith to be purged, not with the help of any Medicament, but with the Tops of Hyssop and Origany, bruised and boiled in a little Pot with bastard Wine, or nine Ounces of Broth, with which you shall wash your Mouth fasting, and gargarize therewith until the whole pituite-Humor be expelled. This indeed is the easiest Remedy for the Head. It will be most health-

healthful in like manner, to wash the Mouth fasting with a Decoction of Mustard in Mulse-water, *s. e.* with Water and Honey, made hot and steeped, and by Gargarizing to draw forth the Humor out of the Head. But it will be expedient to rub the Head first very gently, and keep the Head very warm with some Cover, that the dissolved Pituite, all Hindrance being removed, may the more easily pass away. Every one who neglects the foresaid Signs and set down Remedies, may certainly be perswaded to be in danger of these Diseases, to wit, Of the *Ophthalmia* (which is a dropping wateriness and running of the Eyes,) of the *Glaucoma*, which is a dryness of the chrySTALLINE Humor with Concretion, of the Pain in the Ears, of the Kernel in the Neck, of the Consumption and Mortification of the Brain, of the *Pose*, which is a Fluxion of undigested Humors, flowing from the Ventricles of the Brain to the Nose, (which is caused by the Heat of the Sun, or by the liberal drinking of Wine, or by hot Baths, or by immediate Cold in the Head) of Hoarsness, of the Night Squinance, of the falling of the *Uvula*, or *Pap* of the Hals, of falling off of the Hair, of little Ulcers in the Head, and of Pain in the Teeth.

2. *In the Breast.*

When the Breast is in danger of any Disease or Sicknes, you shall know it by these Signs or Symptoms, to wit, Some Sweat will break through the whole Body, but chiefly about the Region of the Breast, the Tongue will become big, and gross and salt bilious Matter is spit out of the Mouth voluntarily, Pains arise in the Sides, Shoulders and Shoulder-

P

blades,

blades, without manifest Cause; often gaunting, much trouble and weakness for want of Sleep, vexed and oppressed with Chockings and Strangling, a Drowth and Thirst is present, and in Sleep Trouble and Anxiety of Mind, straitness of the Breast vexes them, a weakness of the Arms and trembling of the Hands. Which Diseases of the Breast are often cured after this Manner. In the first Place, give and provoke a Vomitor in the Morning before Meat fasting. Whoever therefore are pleased after this Manner to vomit, let them eat or devour Radishes, Cresses, Rochet, Mustard or Purslane; afterward let them vomit by taking a plentiful Draught of luke-warm Water. These who through negligence pass over the foresaid Signs and Remedies, may be afraid of these Diseases, *viz.* Pleurisy, of the *Peri-pneumonia*, of Melancholy, of acute and sharp Fevers, of Frenzies, of the Lethargy, and with the Hickup a vehement Heat of the Jaws or Cheeks, or hot or red Swellings.

### 3. *In the Belly.*

If any Disease affect the Belly, it is discovered by these Symptoms. First of all, the Belly is drawn together, mutters and is vexed, Meat and Drink have a bitter Relish and Taste, there is an Heaviness & Trouble in the Knees & Legs, an inflexible stiffness in the Back-bone or Loins, with a weariness of the whole Body, without any manifest Cause. When you observe these Symptoms, the Body is to be mollified and made soluble, by no kind of Medicine, but by Diet; for it is better and far more sure to make use of these Things wherein there can be no Offence.

Of this kind and number are Beets boiled in Muls-water, and Garlick boiled with Mallows, Sowr-docks, Mercury, all made up and rinded with Honey: every one of these purge the Belly gently and abundantly; for which, if any of these Presages be more and more vehement, you shall infuse the Liquor or Juice of Bastard or Garden Saffron in all the Decoctions, for this is more pleasant and more sure. Also smooth Coleworts boiled in a good Quantity of Water, will be very profitable. A Draught of this Broth to the Quantity of five Ounces with Honey and Salt will help mightily. And likewise the Decoction of Fitches drunken in the same Measure, for it worketh the same Effect. These Signs and Helps being slighted and little esteemed, oftentimes these Diseases ensue, *viz.* The *Diarrhæa*, *Dysenteria*, *Lienteria*, Iliack Passion, Sciatick, Tertian Fever, the Foot-boat, Apoplexy, Hemorrhoids, and Aches of Joints.

#### 4. In the Bladder.

When any Disease is approaching to the Bladder, it is known by these Marks and Symptoms. After a little Meat, fulness is decerned to trouble or vex much, there arise Puffs of Wind, and breeding of Wind in the Body, belching or rifting, and Pains through the whole Body: Sleep is troublesome and painful, the Urine thin, watery and dropping: Difficulty also about the privy Members, Buboës or œdemous Swellings. When such like Signs or Presages appear, they are conveniently to be helped by Remedies forcing and provoking Urine. That which doth perform this without Danger, is the

Roots of Fennel and Parsley steeped, and decocted in thin fragrant white Wine, so that eight Ounces of the Broth or Liquor be given every Day, to wit, Morning and Evening, with the Water of Carrets, Alexander, or Elecampane, or any of these, for they are all alike profitable: Also the Water of Fitches steeped or boiled, drunk with Wine by the Diseased, will produce the like Effect. Whoever imprudently neglects the foresaid Signs and Remedies, let him be afraid of these, viz. of the Dropsy, of the swelling of the Spleen, of the Pain of the Liver, of the Gravel, of Pain in the Reins, Strangury, Colick. Moreover in all the Signs and Maladies which are already set down, it is convenient to give the gentlest Medicaments to Infants, and the younger sort of People, and the strongest to those of riper Years, and more aged Persons. Moreover, because some certain Diseases use to invade at certain Times of the Year, in which Aliment or Nutriment is to be eschewed or taken; I shall briefly prosecute this, beginning at the Winter Solstice.

I. *Winter Solstice.*

The Winter Solstice, even to the Spring Equinoctial, augments in People Distillation and Moisture; and therefore it is necessary to make use of hot and warm Meats, and to drink pure unmixt Drink, and that sparingly, and in a little Quantity, and to drink the same in Organy, as also to use a little Venery. Betwixt the Winter Solstice and Spring Equinoctial, are ninety Days,

2. *Spring Equinox.*

At or about this Time, Pituite and sweet Serosity in the Blood increaseth until the arising of the seven Stars, and at this Time chiefly, things full of Moisture and Juice and sharp ought to be made use of, the Body to be kept in Exercise and Venery. Between the Spring Equinoctial and the Rising of the seven Stars, are forty six Days.

3. *Rising of the seven Stars.*

About this Time bitter Bile and yellow Choler, and bitter Serosity in the Blood is augmented until the Summer-Solstice; All sweet Things that move the Belly, are then convenient. Venery is to be forborn. From the arising of the seven Stars to the Summer-Solstice, are forty seven Days.

4. *Summer-Solstice.*

About this Time of the Year, till the Autumnal Equinox, black Bile is promoted; therefore cold Water and all odoriferous Things should be made use of. Venery is hurtful. From the Summer-Solstice to the Autumnal Equinox, are ninety three Days.

4. *Autumnal Equinox.*

This Time of the Year breeds Abundance of Pituite and thin Defluxions until the seven Stars set; it is then convenient to extract Humors out of the Head, and make use of sharp and sour Things, and chiefly of Things full of Juice. Be sparing to vomit. Eschew Exercise and Venery. From Autumn's Equinox to the setting of the seven Stars, are forty six Days.

6. *Setting of the Seven Stars.*

About this Time until the Winter Solstice, Piruite abounds in Men; and therefore Use must be made necessarily of all kind of sour and sharp Things, of pleasant Wines; and make use of fat Things and Exercise. From the setting of the seven Stars to the winter Solstice, are forty five Days.

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*The Method of Curing the Small Pox, first written in the Year 1704, for the Use of the Noble and Honourable Family of March. By Dr. Arch. Pitcairn.*

1. **I**F a Child, or any Person, grow sick, feverish, or has Pain in the Back, or Slot of the Breast, loss of Appetite, Drowsiness, short Cough, Sneezing, watery Eyes, or some of these; but always accompanied with some Heat, and frequent Pulse, or Drought: In this Case Blood is to be taken at the Arm, or with Loch-leeches; and if the Fever ceases not, tho the Pox appear, let Blood a 2d or 3d time. Mean time, give the Child a Spoonful of Syrup of white Poppies at Night, and in the Night time, ay till Sleep or ease comes.

2. After the Pox appears, and Fever is gone, then steep a handful of Sheep's Purles in a large Mutchkin of Carduus-water, or Hysop-water, or Fountain-water, for 5 or 6 Hours; then pour it off without straining, and sweeten it with Syrup of red Poppies. Give of this a Spoonful or two, every 4th or 5th Hour,

Hour, to make the Pox fill, and preserve the Throat. Always at Night time and in the Night, give a Spoonful or two of the Syrup of white Poppies for a Cordial: That keeps down the Fever, and keeps up the Pox.

3. If the Pox run together in the Face (which is the only thing that brings hazard) use the Infusion of the Purples, and the Syrup of white Poppies oftner than in other Cases; also about the eight Day from the appearing of the Pox, or a little before that, give the Child to drink of Barley-water, sweetned with Syrup of white Poppies; this will make the Child spit, which saves the Child.

4. The Child's Drink may be Milk and Water at other times, or Emulsion, but use the first rather.

5. Apply nothing to the Face.

Use no Wine, or winish Poffets.

6. If any Looseness comes before the 4th Day of the Eruption, stop it with Syrup of Poppies, and five or seven Drops of liquid Laudanum given now and then till it be stopt.

Let the Child's Diet be all along a thin Bread-Berry in the Morning, a weak Broth, and soft Bread for Dinner, and Milk and Bread at Night, or Sugar-Bisket and Milk, and about the fifth Day from the Eruption, give the Child Groat-Broth sometimes.

*Nota*, If at any time the small Pox disappear, with a Raving before the 5th, 6th, or 8th Day from the Eruption, then let Blood again, and apply a large blistering Plaister between the Shoulders, and give an Emulsion.

2. If the small Pox fall down without Raving, then

then apply a blistering Plaister large between the Shoulders, and give an Emulsion, and boil in a Gill of Water, and as much white or red Wine, half a Dram or a Dram of Zedoary-root sliced, two Figs, and two Scruples of Theriac or Diascordium; sweeten it with Syrup of Kermes and white Poppies, each half an Ounce.

2. In the end of the Disease, that is, about the 10th, 11th, 14th, &c. Day, after the Eruption, if the Child's Defluxion is gross, either apply a new Veficatory, or give often the Spirit of Hart-horn, in Syrup of Violets, or a Vomitor.

Lastly, when the Pox is blackned sufficiently, or about the 14th Day from the Eruption, let the Child drink Whey, eat Pottage, &c. Broth with Prunes, unless the Child's Belly is open enough of it self.

But if the Child is so young or unlucky as not to cough heartily, and force up the Defluxions; or if the Frost thickens it, apply to the Slot of his Breast, a Pultes of Theriac, Diascordium, Alkermes, Oyl of Rosemary, and Cinnamon with warm Claret, in a double Linen Cloath often.

2. And to the Throat apply, in a double Linen Cloath, a Pultes of Cow's Dung boil'd with Milk and soft white Bread: Put a little Brandy to as much as you apply at a Time.

3. For the Defluxion also give inwardly some of this, which has a Dram of Sperma Ceti, well mixt in a Glass-Mortar (not a Brass one) with fine Sugar; to which add at leisure Syrup of Violets or Balsamick, or Poppy-Syrup, with some Spirit of Hart-horn.

If the Pox was confluent or run together on the  
Face,

Face, then, after the Person is recovered, give a Purgative, to bring away the Remainder of the Pox within the Guts.

*Advice for curing Inflammations and Ulcers in Arms or Legs, arising from what is called the Scurvy in the North of Europe. By Dr. Arch. Pitcairn.*

I. **L**et the Person take five or seven or 10 Grains of white sweet Mercury, with the soft of wheat Bread or *Matthew's Pills*: Make them into small Pills; make twelve Doses of them, and call them *The preparing Pills*.

II. Take 25 Grains or 30 of *Wedderburn's Pills*, with three Grains of green Mercury; and make seven Pills. Make twelve such Doses, and call them *The purging Pills*.

III. Let the affected Person take at bed-time a Dose of the preparing Pills for four Nights on end; and if his Gums do not then begin to fret, let him take more of them until the Gums begin to fret. When they begin to fret, let the Person leave off any more use of the Mercury for two or three Days, drinking then Liquorice steep'd all Night in Water with a little Brandy. Then let him take a Dose of the purging Pills in the Morning, either every, or once every other Day, for three Days; and then begin this Course again for three or four Times. When all the Courses are over, let the Person take for twenty Days, every Morning, Pills that have in them filings or shavings of Steel fifteen Grains, Salt of Amber five

five Grains, with a little of Conserve of Oranges ; make them into five Pills for a Dose: Call them *The Steel Pills.*

At the same time let the Person use exercise, by walking or riding or coaching, as much as he can, and drink this Ale for ordinary drink:

Take two Pounds of shavings of Guaiac or Sarsaparilla cut or sliced in a Bag, and boil them in three Gallons of Wort to two, then throw away the Bag, and put a Gallon of Wort to the rest ; put Barm to it, while it is working, put to it in a Bag half a Pound of crude Antimony not powdered, with four Ounces of sharp-leaved Dock (*Oxylapathum*) sliced, and when it has wrought, barrel it, and put some dried Rose-mary or dry'd Orange-skins to it, with the Juice of 400 or 500 Sclaters squeez'd through Linnen into the Barrel. When the Ale has wrought, bottle it. It will not be so soon clear as other Ale. When it is twenty Days bottled, drink it.

Outwardly at all times apply to the Places affected the Sriptick Water, of which this is the Receipt:

Take of quick Lime a Pound, infuse it amongst six Pounds of boiling Water for 24 Hours, then strain it ; and to every Pound of it put a Dram and an half of sublimate corrosive Mercury. Let them be shaken together in a Glass, till the Water turn of a yellow Colour ; then strain it again, and in it dissolve a Dram of Sugar of Lead. Add to it two Drams of the Oyl of Vitriol. Strain it again and keep it for use.



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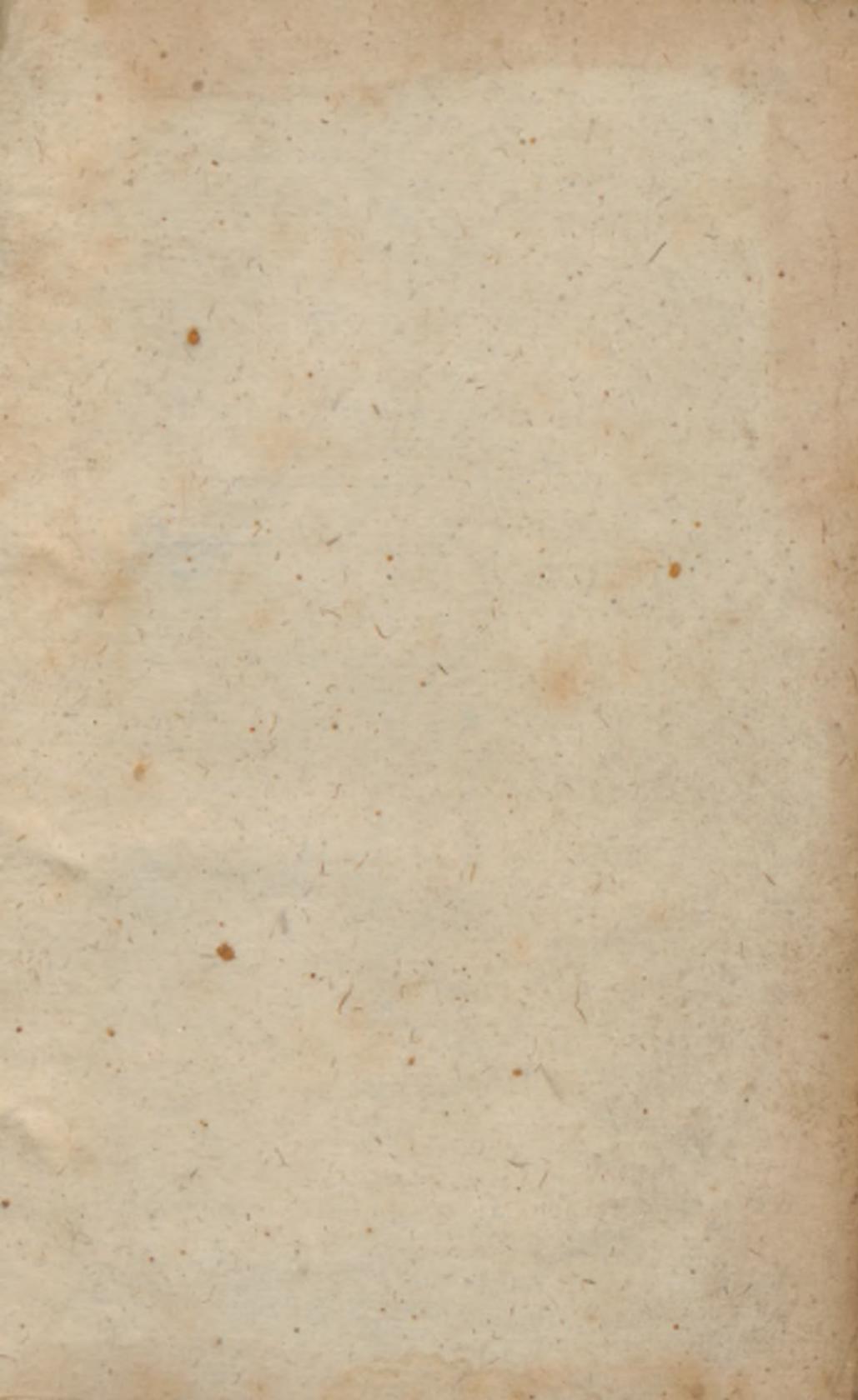
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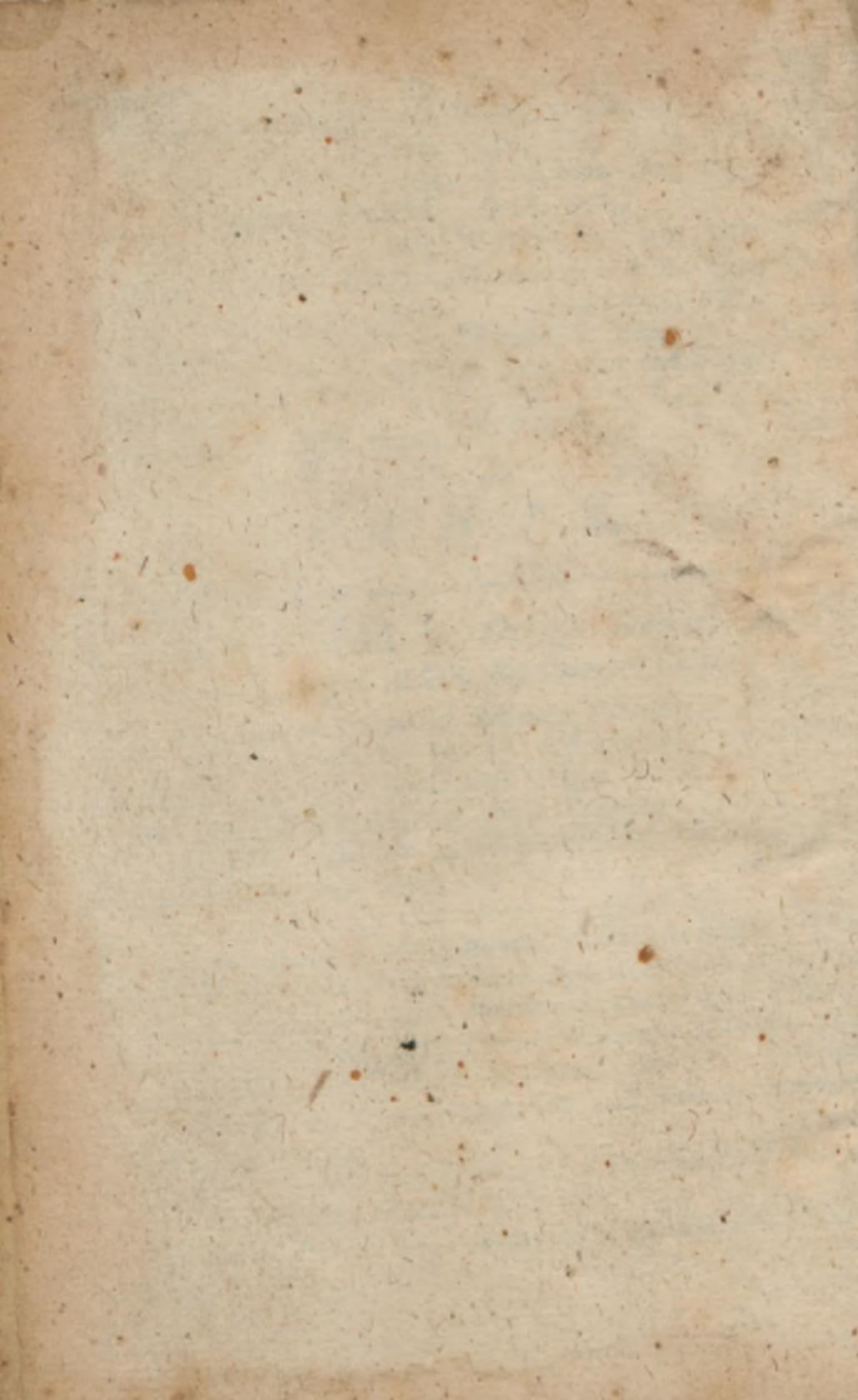
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