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NATIONAL COMMISSION ON AIDS
CONFERENCE ON
HIV INFECTION AND AIDS
IN
CORRECTIONAL FACILITIES

5 Penn Plaza
New York, NY

August 16, 1990
9:00 a.m.

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11 John Street
New York, N.Y. 10038
(212) 349-9692
223 Jericho Turnpike
Mineola, N.Y.
(516) 741-5342

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APPEARANCES:

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DR. CHARLES BRASLOW, Program Director, Montefiore
Rikers Island Health Services

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DR. ERAN BELLIN, Director, Infectious Disease
Services, Montefiore-Rikers
Island Health Service

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DR. MARGARET GROSSI, Deputy Commissioner of Health
N.Y.C. Dept. of Health

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MICHAEL TANNENBAUM, Acting Assistant Commissioner
Department of Prison Health
Services

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MARGARET WISHART, Administrator, Montefiore-
Rikers Island Health Service

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DR. STEVE ZOLOTH, Epidemiologist, Rikers Island
Health Service

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DR. WALLACE ROONEY, Medical director, Prison
Health Service

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NICHOLAS FREUDENBERG, Professor, Hunter College,
City University of New York

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COMMISSIONERS

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DR. JUNE OSBORNE, Chairperson

19

DR. DAVID ROGERS
COMM. SCOTT ALLEN

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DR. JAMES ALLEN
DR. CHARLES KONIGSBERG

21

COMM. HARLAN DALTON
COMM. DIANE AHRENS

22

COMM. EUNICE DIAZ
COMM. LARRY KESSLER

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P R O C E E D I N G S

(9:15 a.m.)

DR. OSBORNE: We're still missing one of the Commissioners who should be here, but we thought we should proceed.

I want to welcome everybody, and in particular thank our guests for their flexibility in joining us here. We're very disappointed not to join you at Rikers Island, but I think it certainly was prudent and wise that we do things this way, so now, I'm going to need to ask for some help from the staff as to how we want to proceed.

Karen, could I get you perhaps to help me make some suggestions?

MS. PORTER: I understand Dr. Braslow knows how we're going to proceed for the beginning part of the morning.

DR. BRASLOW: I'm Charles Braslow, I'm program director for Montefiore Rikers Island program service, I'd like to introduce Margaret Grossi, who is the Deputy Commissioner for the Department of Health, and one of her many concerns and responsibilities is the prison health care in the city jails, and she would like to start off

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with a few words.

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DR. GROSSI: Okay, I thought maybe I'd just orient you to the role of the Health Department and then turn it back to the Montefiore staff.

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The New York City Charter gives, assigns responsibility for health care in the prisons to the New York City Health Department, and the Health Department in turn contracts for services with Montefiore, and they are the longest and the largest contractee, and now in the last year with St. Vincent's. There are nineteen facilities currently, and between 18 and 20,000 inmates at any one period of time, and we say about 120,000 inmate admissions a year.

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Now, these facilities break down into eight are serviced by Montefiore, they are all on Rikers and they are all, they all tend to be very large. St. Vincent's operates three, the Tombs in lower Manhattan and the two boats, as we call them, the maritime facilities in lower Manhattan.

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The Health Department currently operates eight, the large borough houses, you might think of them as, and some smaller houses in the boroughs,

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2 plus two small facilities on Rikers; the mental
3 health center and the old Rikers Island hospital,
4 RIH so-called, which is no longer either a hospital
5 or an infirmary, it's a general population jail.

6 So the health policies are set in
7 cooperation, obviously, with all three providers.
8 When it comes down to the procedures, of course,
9 the individual provider determines his own
10 procedures for his own facilities.

11 HIV policies are developed there for
12 that way, and the procedures that we set in place
13 several years ago under then Commissioner Joseph
14 were to offer medical confidential HIV counseling
15 and testing to inmates who would want it. We
16 secured funding for a large AIDS educational
17 program which was both for inmates and for
18 correctional and health staff, and still is; a
19 program of condom distribution in the jails,
20 particularly at special housing facilities, and
21 units, and is now available in medical clinics when
22 inmates request them, and I guess Charlie will be
23 saying more about that, and discharge packages,
24 which amounted to business size envelopes which
25 have the AIDS hotline information and hotline

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2 numbers for access to drug treatment, and some
3 condoms.

4 HIV testing is done in the Health
5 Department laboratory. The volume now is around
6 300 a month. Is that the figure you have in your
7 head, Charlie? And that's up. Initially, it was
8 very, very much less and I only stress that because
9 initially and perhaps for the first year, year and
10 a half, the positivity rate was around 50, 55
11 percent, every single month, so we were obviously
12 testing only those who were at very high risk. Now
13 it tends to hover around 25 percent every month as
14 the volume has gone up.

15 We did the first sero prevalence study,
16 randomizing proportionately, proportional on the
17 basis of sex, and the types of inmates housed in
18 each facility. Those bloods were drawn at the end
19 of 1989, November of '89, and the overall rate was
20 18 percent and that broke down into males--18
21 percent positive; males, 16 percent positive and
22 females 26 percent positive. This was no surprise.
23 We had had a resident a few years before who did an
24 estimate of seroprevalence based upon the history
25 of IVDA usage and she got similar percentages with

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2 that same relatively high percent in females.

3 I think the value of doing a sero-
4 prevalence study will be once we can establish
5 trends, so we are going to be repeating this in the
6 fall of this year.

7 DR. ROGERS: Margaret, are you talking
8 jail population or prison population?

9 DR. GROSSI: Both. Charlie, do you have
10 that breakdown?

11 DR. BRASLOW: That number is for a
12 population which is approximately 80 percent
13 pretrial detainees, and 20 percent sentenced, but
14 only year or less sentence, so it would not include
15 people who are sentenced to an upstate--although
16 the seroprevalence survey was done on all new
17 admissions, so it really would include everybody
18 coming in, which would also include those people
19 who ended up with prison sentences, so it's jail
20 admissions is what the rate is.

21 DR. ROGERS: Excuse me.

22 DR. GROSSI: No, I'm finished. Whatever
23 you want to say. That's I think good enough for an
24 open. Charlie?

25 DR. ROGERS: Did I scare you that much,
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Margaret?

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DR. GROSSI: No.

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DR. OSBORNE: Just before you go, I'm curious about the dynamics of the seroprevalence study. Was that accepted reasonably?

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DR. GROSSI: It was a blinded seroprevalence study that of course went through our IRB and it went through yours, Charlie?

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DR. BRASLOW: Yes.

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DR. OSBORNE: And in terms of repeating it so forth, having done it once, therefore, relatively few problems other than the cost of repeating?

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DR. GROSSI: I'm not aware of any problems. You're closer to the jail than I am, Charlie.

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DR. BRASLOW: I think that when the idea was first discussed of doing a seroprevalence, which was before the development of any real therapy for HIV disease, I had concerns about whether this was necessary at all, because I was concerned about the potential for stigmatization of an incarcerated group by widespread publicity that they had a very high seroprevalence rate, with no

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concomitant gain from it.

However, with the development of therapies, and I think a more realistic ability to use the sorts of numbers to project resource needs as far as what was necessary to deliver these therapies, that there seemed to then be a medical justification for it.

I think the way that it was done was a blinded discard blood seroprevalence, so that no extra bloods were drawn. It was all from admission bloods that had been drawn for other purposes.

DR. OSBORNE: Which would routinely be done anyway.

COMMISSIONER AHRENS: I just have a structural question. I don't understand the system here. You operate both jails and a prison or prisons in New York City operated by New York City, is that what I understand you to say?

DR. GROSSI: A couple of the facilities are for sentenced inmates.

COMMISSIONER AHRENS: Up to--

DR. GROSSI: Up to one year.

COMMISSIONER AHRENS: Okay.

DR. GROSSI: And they are not all on
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2 Rikers, as a matter of fact, because Forbel and the
3 Brig, they are various other jails, too, not just
4 Rikers.

5 DR. BRASLOW: They also include the two
6 facilities that the City runs from the State in
7 upstate New York which are used for City sentenced
8 inmates for a year or less, but the City only has
9 responsibility for a year sentence or less.

10 COMMISSIONER AHRENS: So those would
11 encompass the 19 that you mentioned, all of these?

12 DR. GROSSI: No, because I wasn't
13 counting the two upstate.

14 DR. BRASLOW: The total including all of
15 them is about 20,000.

16 DR. GROSSI: But the total number of
17 facilities would be 21.

18 COMMISSIONER AHRENS: Okay.

19 COMMISSIONER DALTON: I wasn't sure
20 whether Dr. Braslow was also going to give a
21 presentation?

22 DR. GROSSI: Oh, definitely.

23 COMMISSIONER DALTON: Maybe I should
24 wait.

25 DR. BRASLOW: I'm going to expand a
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2 little bit on some of the things that Margaret
3 mentioned. What I'd like to do is give you a
4 little bit of an overview of the issue of
5 correctional health in general and how it's
6 developed, then an expansion of what Margaret
7 mentioned as far as the way we provide health
8 services in the City, and then some of the
9 particularly HIV related issues that we've been
10 dealing with for the past several years, at which
11 point I really would like and hope that it would be
12 a very open discussion.

13 Correctional facilities are called
14 correctional facilities now, and I think that the
15 reason is because there's some perception that
16 developed in the 20th century that somehow
17 incarceration would correct behavior.

18 In the 19th century, when prisons first
19 started being built, they were called
20 penitentiaries, and that implied the philosophy at
21 that time, which was that it was a place that
22 allowed people to do penance. Obviously, a lot of
23 these ideas have changed and I don't think that
24 penance or correction are really effective
25 functions of the correctional facilities that

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2 currently exist.

3 Prior to the 19th century, really,
4 corporal punishment and a much wider use of capital
5 punishment and exile and those sorts of punishments
6 were used, but the development of warehousing of
7 people in facilities is a relatively modern
8 concept.

9 Provision of medical care in these
10 facilities has really been moderately primitive up
11 until recently. Most correctional health care was
12 provided by the departments of correction, which
13 ran the security aspects of the facilities, and as
14 such, was very much subsumed to those security
15 concerns, and the courts were very unwilling to get
16 into issues concerning correctional facilities
17 until really the 1970's, and they felt that it was
18 the province of the correctional administrators to
19 decide what went on in their own facilities and
20 didn't really take any sort of judicial interest.

21 But in the '70's, as a result of the
22 civil rights movement and a lot of people being
23 incarcerated from the Viet Nam war period, more
24 interest was focused, there were riots at Attica,
25 there were riots here in New York City jails, and

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2 in the mid-'70's there was a development of a
3 judicial standard for what was required
4 constitutionally for health care in correctional
5 facilities, and the decision in 1976, Estel v.
6 Gamble, established a constitutional criterion
7 based upon the 8th Amendment proscription of cruel
8 and unusual punishment, which essentially declared
9 that medical care in a correctional facility could
10 not be deliberately indifferent to the serious
11 medical needs of the inmate without violating the
12 8th Amendment.

13 So that's the standard that's been used
14 since 1976 to develop a system of judicial
15 monitoring which has actually had to be enforced in
16 a lot of correctional facilities around the country
17 in order to try to improve the level of medical
18 care, and I've had the experience of knowing that
19 in many places in this country the medical care is
20 still quite abysmal.

21 Some of the gains that have occurred
22 have been wiped out by the very recent large
23 increase in the correctional population. The
24 population over the past several years has
25 dramatically increased.

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2 I started working at Rikers Island in
3 1980. At that time, we had responsibility for
4 about 5,000 inmates. Currently my program has
5 responsibility for about 13,000, and most of that
6 increase occurred since about 1986, and they have
7 literally built, they've over doubled the capacity
8 of the Rikers Island facilities by bringing modular
9 housing units in on flatbed trucks which form 50
10 bed dormitories and they can attach these things in
11 many, many locations to pre-existing buildings, and
12 by doing that, keep more and more people on a
13 fairly small physical area.

14 The program that I'm responsible for is
15 a part of Montefiore Hospital, and as Dr. Grossi
16 said, we are one of the two contractors with the
17 City Department of Health to provide services. Our
18 program developed in about 1973 when I think the
19 City wisely realized that provision of health care
20 was something that a medical center could perhaps
21 do better than the City agencies that had been
22 directly providing the care at that time could do.

23 The Department of Corrections really was
24 not in the business of providing health care, and
25 it was the Department of Health's mandate to do

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2 that by City Charter, so the Department of Health
3 took the course of contracting out to a medical
4 center for these services, and at that time, we
5 started one facility on Rikers and as the years
6 have gone by sort of expanded into other facilities
7 and currently run the eight facilities at Rikers
8 Island now, which is an average daily population of
9 around 13,000 inmates. About 12 to 1300 of those
10 are women, about 80 percent of them are pretrial
11 detainees. They are people being held either
12 without bail or on bail that they cannot afford.
13 Many of those bails are very low. There are also
14 about, I think 2,000 or so who are sentenced
15 prisoners who have a sentence of a year or less, so
16 that's what the population is constituted of.

17 Because it is a group primarily of
18 pretrial detainees who are not able to get out on
19 bail, it's a population that is extremely
20 overrepresented by the economically disadvantaged.
21 Approximately 45 percent of the population is
22 black, 45 percent Hispanic, and about 10 percent
23 white, and it comes from a group of people who
24 cannot afford the bail, who don't have the family
25 support to make bail, and who don't frequently have

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2 the access to medical services in the community
3 that other people do.

4 As such, I think we are particularly at
5 a crucial point to be able to make interventions
6 with regard to the HIV epidemic, and I think that
7 if I could make one point here, it would be that we
8 are able to reach a group of people who are not
9 being reached on the outside. It's a group of
10 young, primarily male drug users who are the exact
11 group of people who do not avail themselves
12 frequently of the health care system on the
13 outside, and where I think that things that we can
14 do on the inside might have a real likelihood of
15 having a good impact.

16 So that I think that there's a very
17 important public health aspect to correctional
18 medicine, particularly in New York, which goes far
19 beyond the mandate to take care of the medical
20 needs of the inmates, which is really our primary
21 goal.

22 I think that's an important point,
23 because obviously, it's not a popular issue that
24 the man on the street I think is particularly
25 concerned about, providing health care to inmates,

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2 and I have heard the attitude expressed on many
3 occasions that people should be thrown in jail and
4 locked in and throw away the key and who cares if
5 they get any medical care. That's a sort of a hard
6 attitude to get over, and it doesn't help when I
7 explain, well, they have been accused of something,
8 they haven't been convicted of something.

9 The perception is that most of these
10 people are those that are causing the crime problem
11 in New York City, and therefore they deserve what
12 they get. And in order to try to overcome that
13 attitude, I think that it's helpful and important
14 to emphasize that we can make a big impact upon the
15 course of this epidemic in the city at large, and
16 we can also make a big impact on the course of the
17 subsidiary epidemics that are occurring in other
18 infectious diseases, partially as a result of HIV
19 infection, that are also occurring in the city at
20 large.

21 Such as every case of tuberculosis that
22 we pick up in people who are incarcerated is a
23 person who is not transmitting tuberculosis while
24 they are on the outside. Every case of syphilis
25 that we can detect and treat is a break in the

1
2 chain of transmission of syphilis. Both
3 tuberculosis and syphilis are increasingly
4 problematic in New York, and our ability to do
5 something in the jails I think could make a big
6 impact.

7 We're currently treating over 100 people
8 on any day for active tuberculosis, whereas three
9 years ago, perhaps, it was less than a quarter of
10 that.

11 We also can show increased rates of
12 syphilis, and these are related to some extent to
13 HIV infection, to some extent to homelessness, to
14 some extent to the concurrent crack epidemic, but
15 they're all problems that I think that we can make
16 an impact in.

17 That's really what I have to say about
18 the constitution of our system. I'd be willing to
19 talk, if you want to have a clearer idea of what
20 the city jail system is at this point before we go
21 into some of the specific issues that we've been
22 dealing with.

23 Did that clarify things?

24 I remember first hearing about HIV, I
25 think, in 1981 or '82, and it was the medical

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2 director who was at Rikers at that point talking
3 about the initial reports of the disease, and I
4 think, as did everyone, we were caught somewhat by
5 surprise by what's happened, although I clearly
6 remember thinking when the first reports came out
7 of the way the number of cases were increasing, and
8 doing some multiplication in my own head and saying
9 this isn't possible, within a few years there are
10 going to be hundreds of thousands of people dead,
11 and I also--I couldn't accept that, and I also
12 couldn't accept or even project what the impact was
13 going to be in the jail system, because at that
14 time it was not perceived as being a problem that
15 was associated with intravenous drug use.

16 But obviously, as things have developed,
17 I think that there's been a shift in the epidemic
18 and a lot of issues of HIV infection which are
19 currently concerning us are very well represented
20 by the issues that we're having to deal with, and I
21 think one of the first ones and the one that I
22 think we've probably spent the greatest amount of
23 time on, and the greatest amount of effort on, is
24 to demonstrate something that we are very aware of
25 on a daily basis, which is the very dramatic change

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2 in the nature of illness, the level of morbidity
3 among the inmates in the correctional facilities.

4 Five years ago, ten years ago, my
5 medical staff would see people with colds and would
6 take care of them as a cold and give them a cold
7 protocol. They would give people with headaches
8 aspirin.

9 It's not that way any more, and we now
10 have to be very attuned to all of the HIV-related
11 conditions that may be responsible for a lot of
12 common complaints that we see, so that the very
13 level of medical care that we're having to provide
14 has really been dramatically impacted, and we are
15 seeing people with very early pneumocystic
16 pneumonia, we are seeing people with very early CNS
17 infections.

18 We've made diagnoses of people very
19 early in the stages of cryptococcus meningitis, and
20 we feel that it's very important for us to be
21 attuned to that and to be able to give the time to
22 our medical encounters that is necessary to be able
23 to do that sort of thorough diagnostic evaluation.

24 That requires more medical staff, and we
25 have been fighting and we have been fighting with

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1
2 the assistance of the Health Department over the
3 past several years to demonstrate that this
4 increased morbidity requires increased resources
5 for health care in the correctional facilities. I
6 think to some extent we've been successful, but
7 we're going to have to continue to fight this
8 battle over the next several years to make sure
9 that we do have the resources that are necessary to
10 do that.

11 That's a fairly obvious need. We've
12 coupled the concerns of that sort with development
13 of an HIV-related program under the direction of
14 Dr. Bellin, who is our infectious disease doctor,
15 and he essentially has been calling the shots as
16 far as program development with regard to treatment
17 of HIV-related conditions, and I think that we've
18 been able to maintain a very up to date and
19 successful program which allows us to provide
20 community level medical care within the
21 correctional facilities. It's a very difficult
22 battle, but it's one that I think has been to a
23 large part successful.

24 With regard to how other correctional
25 systems could use what we've learned, I think that

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2 it's very important to have someone who is a
3 specialist in infectious diseases accessible and I
4 think it's important to have that person available
5 to the entire medical staff of correctional
6 facilities, and not to try to segregate out people
7 who are HIV infected or who have HIV-related
8 conditions, to provide specific medical staff for
9 just treating that kind of a person, and I think
10 that's one of the trends in a lot of correctional
11 facilities, which is to try to train two or three
12 health staff who can take care of these problems,
13 and then everyone else really doesn't know a lot
14 about it.

15 What we've tried to do is to teach
16 everybody about it and to have one person who is
17 responsible for letting everybody know how to take
18 care of that and having program wide policies about
19 taking care of HIV-related conditions, rather than
20 have it be a specialized area.

21 Tied into the impact upon routine
22 medical care has been the whole issue of
23 HIV-related education, and obviously I think that
24 education is still one of the mainstays of
25 attacking the problems of transmission, and with

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2 the Department of Health's AIDS education program,
3 which was developed to bring people into the
4 facilities to teach the inmates about HIV
5 transmission, we have developed some of our own
6 educational programs into an attempt to do that.
7 We've gotten grants from here and there, from AMFAR
8 and the State AIDS Institute to bring in additional
9 personnel to develop programs to provide HIV
10 educational efforts to the inmates, to the staff
11 and also to the correctional staff, although we
12 haven't really been directly related to that
13 education among correctional staff.

14 Increased knowledge among correctional
15 staff, however, has greatly reduced, I think, the
16 initial atmosphere of fear that was present during
17 the early days of the epidemic. I don't sense that
18 there's nearly the fear and potential for
19 recrimination from the correctional staff that
20 existed in the early years. I hope that I'm right
21 about that.

22 The next issue that we've been grappling
23 with has been the whole issue of HIV testing, and
24 Dr. Grossi mentioned that we do have testing
25 available. It was developed, the policy was

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2 developed for the entire system, the Department of
3 Health with our input developed a policy of
4 confidential self-initiated, voluntary HIV testing.
5 That was at the very beginning when there was
6 really nothing that could be offered to people who
7 are positive, but we felt that it was important
8 that people would have access to this information
9 if they wanted to make their own decisions about
10 risk behavior and so forth.

11 As therapies have developed, we've
12 expanded the program and now are able to offer it
13 to people who self-initiate it. If our medical
14 staff feel that it might be an important piece of
15 medical information, we will suggest it and if the
16 person wants to have the test, then it is available
17 to them. It's done with pretest counseling and
18 post test counseling, and we have recently added
19 some specific members of our staff who are
20 specifically devoted to pre and post test HIV
21 counseling.

22 The issue of confidentiality, though, is
23 a big one here, and as much of a problem as that is
24 on the outside, it's much more significant in a
25 correctional facility, where it's really my opinion

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2 that confidentiality cannot be assured. As you may
3 be aware from the events of the last few days, it's
4 an unsettled type of environment, there are
5 multiple facilities where people are transferred
6 from facility to facility and their medical records
7 need to follow them from place to place. It's a
8 situation where to maintain that sort of
9 information in a confidential way is extremely
10 difficult, and there are opportunities for
11 breaching that confidentiality which do occur.

12 That I think is counterweighed by the
13 necessity of having this information for providing
14 a good level of medical care for the patient, so I
15 think that it's worth accepting the risk that
16 confidentiality may be problematic, especially
17 given the fact that we really don't have any
18 significant evidence of problems with people who
19 have let other people know their HIV status. We
20 have not been made aware of one group of inmates
21 victimizing another group because they're positive,
22 or of significant instances of correctional
23 officers producing that sort of result.

24 It's certainly a concern, and we do
25 everything that we can to maintain confidentiality

1
2 at the very highest level, but it's an important
3 issue that we have to constantly fight about.

4 As Dr. Grossi mentioned, the number of
5 tests that we have done have increased
6 significantly recently, and we're making every
7 effort to test people as necessary and to provide
8 the appropriate medical services after we receive
9 the results.

10 The issue of testing ties in directly,
11 though, to the issue of housing and segregation and
12 this is something that certainly has been an
13 important issue in correctional facilities around
14 the country. We do not have segregation based on
15 HIV status, although some correctional health
16 systems do. I know that California, for example,
17 if someone is tested and found to be HIV positive,
18 they're placed in a housing area or a group of
19 housing areas which is solely for HIV positive
20 patients. We don't do that in this system.

21 I don't think that there's a medical
22 necessity to do it, and I think that it's not
23 something that should be considered for any reason.
24 I do feel, however, that some people with HIV
25 disease require a higher level of medical care than

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2 what we provided in general population, so that to
3 house people based upon their medical needs in an
4 infirmary setting I think is totally appropriate,
5 and we do have a housing area on Rikers Island
6 which is an infirmary where we have people with
7 HIV-related conditions and are able to provide a
8 higher level of nursing and medical care for people
9 who require it, and I think in my opinion, that's
10 the model that makes the most sense, and is least
11 likely to produce difficulties with
12 confidentiality, since obviously if there's an HIV
13 housing area, everyone knows that everyone in this
14 housing area is HIV positive and there's not even a
15 pretense to confidentiality, and that's sort of a
16 situation.

17 DR. OSBORNE: What do you do about
18 active TB under those situations?

19 DR. BRASLOW: When we suspect active
20 tuberculosis, we refer them to a municipal hospital
21 for diagnosis, and initiation of treatment until
22 they're not infectious. We do have a different
23 infirmary, however, on Rikers, an infectious
24 disease infirmary, which has currently been
25 outfitted with the capability of housing people in

1
2 respiratory isolation and one of our other
3 infirmaries also has a respiratory isolation
4 facility with good air turnover and so forth where
5 we warehouse suspicious cases.

6 In general, we feel that because of the
7 setting of dormitories and ventilation problems
8 within the jails, we would prefer, if we're
9 suspicious of TB, to get them out of the jail until
10 they're being treated.

11 The issue of provision of experimental
12 and new therapies is one that we've grappled with
13 as well. This is one that the inmate patients
14 themselves are very interested in, and have
15 initiated a lot of discussion about making new and
16 experimental HIV-related therapies available to
17 them.

18 As is frequently the case, the issue for
19 us is somewhat complex, because there's a long
20 history of abuse of correctional inmates as
21 experimental subjects. In fact, there were drug
22 companies who built special facilities inside of
23 prisons around the country and used inmates as
24 experimental subjects, which resulted in the
25 development of federal guidelines restricting

1
2 fairly significantly the use of prison inmates as
3 experimental subjects, and there's a prison in
4 Michigan that has a building called the Upjohn
5 building and Upjohn built it and they had drug
6 trials there, it was a very nice facility, they
7 provided better food than the general prison and
8 there were big concerns about whether a situation
9 like that could really result in the inmate giving
10 his truly informed consent, because there was a
11 real coercive element by the very nature of the
12 services that would be provided for them if they
13 did, quote, volunteer for these drug trials.

14 So there is a significant restriction on
15 what you can do, and anything that you can do in a
16 correctional facility has to really be shown to
17 have a fairly good likelihood of directly
18 benefitting patient or directly benefitting the
19 class of incarcerated people, and depending on how
20 you read the wording, it may or may not prohibit
21 use of placebo based trials where there's a chance
22 that some of the inmates may not be getting the
23 drug, whereas other people are.

24 DR. ROGERS: Charlie, a suggestion. You're
25 covering all the ground we want to know about. We

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2 read a fair amount about it. I suggest you finish
3 up fairly fast so the Commissioners can pop
4 questions at all of you.

5 DR. BRASLOW: Certainly.

6 I'd like to say a few words about HIV
7 transmission within correctional facilities. I
8 hope that that does not play a large part in
9 people's deliberations, because I think the general
10 perception is that that's a major problem. I would
11 just like to make the point that the same types of
12 activities that transmit HIV infection occur in
13 correctional facilities as they do outside of
14 correctional facilities and I think our job should
15 be to try to do what we can to prevent that.
16 Toward that end, we do have a condom distribution
17 program in our city jails. The inmates are allowed
18 to carry up to three condoms.

19 This has been going on for about two
20 years now and we have no evidence of any sort of
21 security problem, which was the original
22 correctional concern, and it's been a successful
23 program as far as not causing problems, and I hope
24 that it's been successful too in some instances of
25 possibly reducing transmission.

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2 We have a compassionate release program,
3 where we can recommend to the Department of
4 Corrections legal division the names of people who,
5 with their consent, may have a limitation of their
6 life expectancy based upon their HIV status, and we
7 feel that that should be used in the deliberations
8 of their case if the inmate wants that to happen,
9 so we leave that up to the courts and we bring the
10 medical information to their attention.

11 Specifically with relation to women
12 inmates, we do have a lot of women. They are more
13 highly infected than the men. Eight percent of
14 them, approximately, are pregnant when they are
15 admitted to the correctional facilities, so we do
16 prenatal services where they are offered HIV
17 testing if they would like it, and then there is
18 the availability for them to make reproductive
19 choices based upon that status.

20 We have mental health services,
21 obviously, to adjunct our other services and
22 provide a fairly thorough mental health evaluation
23 for people who have difficulty dealing with their
24 HIV-related problems or status while they're
25 incarcerated.

1
2 And finally the whole issue of aftercare
3 I think is a particularly problematic one. We have
4 a very dynamic population with an average stay of
5 only 45 days and as detainees we don't know when
6 they're leaving the facility, so they'll go to
7 court one day and never come back, leaving the
8 system, so the ability to plug into aftercare
9 services is very difficult. We're currently
10 working on that, but I think it's one of the
11 problems of 1990 in New York City where the entire
12 medical system has been strained, and it's
13 difficult to plug in people for care in general,
14 and specifically for inmates it may be even more
15 difficult, but I think that we recognize that as
16 one of our problems and it's one that we're
17 currently working on, because continuity of care
18 when they're discharged I think is an important
19 issue.

20 Those are what I consider to be the main
21 issues that we've been dealing with. I haven't
22 gone into any depth into the actual types of things
23 that we do for HIV infected inmates. They're more
24 or less what would be available on the outside.

25 We have about 150 people on AZT now. We

1
2 have about 40 people, 46 people I think currently
3 on aerosolized Pentamidine. We do have respiratory
4 isolation for people who might have respiratory
5 disease, and I think are providing a good level of
6 services in our facility. It's a shame that you
7 didn't get a chance to come and see it on-site.

8 COMMISSIONER DALTON: Dr. Braslow, I was
9 interested in the way you began your remarks by
10 commenting on the nomenclature, penitentiary versus
11 correctional facility.

12 My involvement first began in 1971 with
13 the Attica Commission and that was shortly after
14 there had been a change to correctional facility as
15 nomenclature. The inmates naturally have a large
16 number of terms for facilities, for guards, but for
17 the deputy warden, the deputy superintendent of the
18 facility, the inmates continue to call that person
19 the "official keeper" which was the official
20 language for the deputy warden in the 1970's and
21 that to me captures a lot of language of what the
22 institution is about.

23 I have a series of questions. The first
24 has to do with testing.

25 Dr. Grossi, where do tests take place,
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2 assuming an inmate self selects or is recommended
3 for testing?

4 DR. GROSSI: Well, they take place in
5 the medical clinic setting where the physician
6 draws blood following precounseling, and the bloods
7 are then sent to the Department of Health
8 laboratories on First Avenue where they are run and
9 results come back to the individual institutions.

10 COMMISSIONER DALTON: So when later Dr.
11 Braslow characterized that as confidential, it
12 certainly couldn't be anonymous, given that
13 structure. It's confidential, meaning that the
14 record of the HIV test is segregated from other
15 medical records?

16 DR. GROSSI: It is handled in a
17 confidential way, in that the last slip that is
18 made out for that test that accompanies that blood
19 specimen is just numbered, it does not have the
20 name of the individual, of the individual inmate.

21 Also, I must say in terms of anonymous
22 testing, part of the precounseling includes,
23 particularly for detainees who might be going out
24 in a very short period of time, the availability of
25 anonymous testing on the outside and how they can

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get it.

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COMMISSIONER DALTON: I was going to ask you indeed if there was an option to Corrections Department testing. The option is once they're released, they're advised of the availability of anonymous testing.

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DR. GROSSI: Right.

COMMISSIONER DALTON: The numbered lab slip, does that go into the inmate's medical file?

DR. GROSSI: Yes the number goes there, it goes to the last slip, and Charlie, does it then go on your log? I think each jail has a slightly different system of handling this.

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DR. BRASLOW: When the blood is drawn initially we put the number in the chart, in the progress notes. When it comes back, we don't--we have not been putting the slip itself in the chart, but have maintained a central group of the slips with only the numbers on them, where the practitioners who have been prescreened as appropriate people for obtaining these results, they've undergone the appropriate training, can call and get those results.

It's an attempt to try to keep as little
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2 in the chart as possible. It's something that
3 we've talked about a lot. In fact, I've just been
4 asked to reissue what our guidelines are as far as
5 charting. We have to balance the necessity for
6 medical practitioners to know the HIV status in
7 order to manage the case with the desire to
8 maintain as much confidentiality as possible.

9 COMMISSIONER DALTON: I take it, though,
10 as a minimum the chart reflects the inmate has been
11 tested, it may not reflect the test results?

12 DR. BRASLOW: That's correct.

13 DR. GROSSI: However, at some other
14 facilities it might be done differently.

15 I just want to introduce Dr. Wallace
16 Rooney, who is the medical director for prison
17 health services and, Dr. Rooney, maybe you would
18 want to say how it is handled in the borough
19 houses?

20 DR. ROONEY: Yes, good morning. My name
21 is Dr. Rooney, I'm medical director of prison
22 health, Bureau of Prison Health, Department of
23 Health, and in December of 1987, we began what we
24 called a medically confidential voluntary HIV
25 antibody testing system. As Dr. Grossi mentioned,

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2 the actual test is done in the Bureau of Labs here
3 on First Avenue.

4 We've progressed really very slowly with
5 this. There was a question of confidentiality in
6 pre and post test counseling in our individual
7 clinics with the inmates, so that other people
8 weren't hearing what was going on, namely,
9 officers, and initially, we began with a selected
10 list of M.D.'s who were privy to the test results,
11 and the inmate who was tested was given the test
12 number. He would then return to the clinic some
13 one to two weeks later, if he was still with us; he
14 would present that number; one of our selected
15 physicians would phone the lab, would get the
16 numbered result back and communicate it orally to
17 that individual.

18 Should the individual have been released
19 from the correctional system, he was to go to a
20 very specific health clinic here in lower Manhattan
21 where he would present that number and go through
22 that process.

23 We met considerable difficulty and delay
24 with this, as the number of tests increased. Where
25 it was all right when there were two or three

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2 tests, but when we started getting five, ten,
3 fifteen, twenty tests a day, in conjunction with
4 which, no matter how you phrase it, somewhere that
5 physician has to pretty much mention in that chart
6 what the test result was, and there was also a
7 strong feeling on the part of practicing
8 physicians, look, I need to know the test result
9 when I look at this chart as to how will I treat
10 this positive PPD, how will I treat this sore
11 throat?

12 So we have finally come to the stage now
13 where we no longer have the test results being
14 transmitted by phone, but we get an actual hard
15 copy of the test result without the inmate's name
16 on it, just his number, from the Bureau of Labs
17 sent in a sealed package addressed to the physician
18 in charge of each facility.

19 At this point now, that lab test result,
20 that written copy, actually goes into the patient's
21 chart, and we consider the entire medical record as
22 a medically confidential document, and we do all in
23 our power to keep persons who are not authorized to
24 view the entire document from getting access to it.

25 One of the difficulties, of course, is
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2 that in our system we have some 20 different
3 facilities, inmates are constantly being
4 transferred from one to another. Each time the
5 inmate is transferred, he's accompanied by this
6 medical chart. Corrections Department takes the
7 charts with the inmates when they move them from
8 one facility to another.

9 There are various methods of sealing
10 that medical document right now to know whether
11 someone has gotten in there and looked at it, and
12 frankly, that doesn't occur very much.

13 So to answer your question very briefly,
14 yes, we have a hard copy of the lab report in the
15 chart, we consider the entire chart a medically
16 confidential document, we do all in our power to
17 keep that entire chart confidential. We feel that
18 it's necessary to mention the test result in that
19 chart so that the next practitioner will be privy
20 to that information.

21 COMMISSIONER DALTON: Thank you.

22 Dr. Grossi, in addition to the
23 appearance in the medical chart of either the fact
24 of testing or the test results, does that
25 information appear anywhere else in the inmate's

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2 files? Is it sent to the parole--I guess it
3 wouldn't be parole, but in the case of somebody
4 sentenced--well, I guess to probation, would it be
5 sent to probation authorities? Would it be
6 anywhere other than the medical records?

7 DR. GROSSI: I guess that comes down to
8 the discharge summary when inmates, for example,
9 are being sent upstate, Charlie. Do you want to
10 address that?

11 DR. BRASLOW: They are not sent to
12 anyone other than medical providers. We do a
13 discharge summary from one medical provider to
14 another. If they are subpoenaed, then the medical
15 records can be subpoenaed, as can all medical
16 records, but we have not been requested to send
17 them to the parole board and that sort of thing.

18 COMMISSIONER DALTON: Dr. Braslow, you
19 mentioned that in addition to self initiator
20 testing, there is also a practice of essentially
21 recommended testing by medical personnel, is that
22 correct?

23 DR. BRASLOW: If we saw somebody who
24 medically, this might be an important piece of
25 medical information, we would ask--we would suggest

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2 that the patient have the test. We would say that
3 this was information that we thought was medically
4 helpful, and then the person would receive the same
5 sort of counseling that he would receive otherwise.

6 COMMISSIONER DALTON: You indicated that
7 you thought it was worth taking the risk that
8 confidentiality would be breached because of the
9 availability of therapies.

10 DR. BRASLOW: Yes.

11 COMMISSIONER DALTON: But I take it
12 that's still the inmate's choice to decide?

13 DR. BRASLOW: Absolutely, and they have
14 to sign consent and so forth.

15 COMMISSIONER DALTON: When you say the
16 availability of therapies, you also indicated that
17 there's a difficulty in the prison system in terms
18 of making experimental therapies available to
19 inmates, given the problems with the code of
20 federal regulations, et cetera, et cetera, so when
21 you say that available therapies in some ways
22 alters the balance, the desirability of testing or
23 the appropriateness of taking the risk of
24 confidentiality being breached, what therapies are
25 you talking about?

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2 DR. BRASLOW: I'm saying AZT, we
3 wouldn't want to start somebody on AZT unless they
4 were positive.

5 DR. BELLIN: It goes beyond that, if I
6 could go on. When a person comes back HIV positive
7 he's immediately given a pneumovax vaccination to
8 prevent pneumococcal pneumonia. He's also
9 instructed about influenza in the appropriate
10 season and given vaccination as well. We've been
11 offering for a good deal of time now, for T cells
12 less than 500, AZT to prevent the progression of
13 disease, and we follow the patient very closely on
14 a three month interval. If T cell counts continue
15 to drop, we decide on prophylaxis.

16 It's part of an educational effort that
17 begins from the moment of HIV positivity. So the
18 therapies that are available, even conventional
19 therapies, which I think are being alluded to here,
20 are significant and we have a very proactive
21 program in place right now.

22 COMMISSIONER DALTON: That's helpful.

23 One final question, and I'll let David
24 get in.

25 Dr. Grossi, you mentioned with respect
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2 to the seroprevalence program, you said "of course
3 it went to our IRB," the "our" being the Department
4 of Corrections or being Montefiore? Who sits on
5 this IRB?

6 DR. GROSSI: The Health Department has
7 its own IRB as does Montefiore. A study like this
8 would have to go through our IRB because we were
9 doing the study, our laboratories and our AIDS
10 bureau people.

11 I want to correct what I think happened
12 to that one, also. I believe it also went through
13 Montefiore's IRB, the seroprevalence study.

14 DR. BRASLOW: I'm not sure whether it
15 did or not.

16 DR. GROSSI: I think it did, but we're
17 not sure, is where we're going to leave it.

18 COMMISSIONER DALTON: Who sits on your
19 IRB?

20 DR. GROSSI: I chair it. However, at
21 that time, that was a few years ago, it happened to
22 be a combined medical health research association
23 of New York, MHRA/Department of Health IRB. The
24 Department of Health now has it's own IRB, and a
25 number of people in the department sit on it. I'm

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2 designated as the chairperson, and there are a
3 number of outside people who sit on it as well.

4 DR. BRASLOW: There are people who have,
5 as Dr. Grossi does, interest in inmate concerns who
6 are on the IRB, as the federal guidelines say it
7 has to be passed by an IRB with either an inmate
8 representative or somebody representing inmate
9 interests.

10 DR. GROSSI: Yes, and that occurred at
11 that time. If we currently had proposed any
12 research, have any proposed research involving
13 inmates, we would have to call somebody in who
14 would have to fit into that category to fulfill the
15 requirement of the guidelines.

16 COMMISSIONER DALTON: Who would be the
17 inmate representative for that? Would it be, for
18 example, the Prisoners' Rights Society?

19 DR. GROSSI: We would select somebody
20 that was mutually agreeable to the members of the
21 IRB or the Commissioner or both.

22 DR. BELLIN: At Montefiore Medical
23 Center, Nancy Dubler serves that program, so any
24 program we initiate we pass through to the IRB, and
25 then pass it on to the Department of Health IRB.

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2 DR. ROGERS: Let me preface my question
3 by saying I much admired what Montefiore has done
4 there, it's been an impressive program, but a
5 couple of tough questions.

6 At least until recently you lived half
7 as long if you had the misfortune of being a
12 prisoner with AIDS vis a vis outside, and I've been
8 startled and concerned by the 30 percent diagnosis
9 only at autopsy, which suggested the system was
10 missing a hell of a lot of people.
11

12 DR. BRASLOW: I think those numbers are
13 from the State system. I'm not sure you have
14 comparable numbers from the City system.

15 DR. ROGERS: Are you doing better?

16 DR. BRASLOW: We don't have as many
17 people die, because we don't have nearly as long
18 term a facility. I don't know the number, the
19 comparable numbers for our system.

20 DR. BELLIN: I think there are two
21 issues here: First of all, there's a larger
22 question of are we adequately detecting HIV
23 disease, and the answer to that is no, and that's
24 absolutely true. We have a grossly inadequate
25 number of people being tested, we have a grossly

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2 inadequate resource for achieving that, but we have
3 significantly increased that from before.

4 One has to recognize that there are
5 competing interests here. One has to deliver care
6 to the people you find, and you also have to be
7 able to find new people, and it is unconscionable
8 to just label people, to go out and test people for
9 the purpose of stigmatizing them, as Dr. Braslow
10 pointed out, unless you can deliver the care. So
11 our efforts have been directed towards developing
12 adequate care for the people we find and then
13 expand our capacity to find new people in order to
14 deliver the care.

15 To answer the specific question that you
16 addressed earlier, the mortality studies that you
17 referred to are much older data. We have our own
18 experience with our own HIV patients, specifically
19 the AIDS dormitory that we care for. We have kept
20 people alive way beyond their life table, people
21 who have had both pneumocystis, both cryptococcal
22 meningitis, with total renal shutdown, and we were
23 using at that time compassion release,
24 experimental agents; Fluconazole, which is now a
25 recognized treatment and aerosol Pentamidine, which

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2 is a recognized treatment.

3 I was surprised when we did this, we
4 kept people alive far longer than any of the
5 literature said we could, and the only time they
6 went on to die was when they were released on the
7 compassionate program and stopped therapy.

8 So we are making ground in keeping
9 patients alive, but you can only increase your
10 capability to deliver patients if you have the
11 infrastructure of care, and that's what the
12 Department of Health has been working with us in
13 terms of the ability to deliver care as well as to
14 identify new people.

15 DR. GROSSI: I think there's something
16 you should add, which I don't think you mentioned
17 Charlie, and that was the Goldwater unit. Inmates
18 who are in the infirmary and who are too ill for
19 infirmary level care, but not sick enough to need
20 acute patient care, it's quite often those who are
21 ready to be dismissed from an HHC facility and are,
22 quote, really ready to die with AIDS, and a SNF
23 level of care unit is needed for in between, and
24 about three years ago, Charlie, I believe, the unit
25 at Goldwater was established.

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2 That's Goldwater Memorial Hospital,
3 under the auspices of the Health and Hospitals
4 Corporation, and there is now a six bed unit there,
5 and it's at most times filled partly by inmates
6 that will transfer from the infirmary and
7 partly--with AIDS of course, all with AIDS, and
8 partly inmates who will be transferred from the HHC
9 facilities.

10 DR. BRASLOW: Right, I think it's been
11 an important place for people who have
12 significantly advanced disease who are not
13 considered to be eligible for acute admission to a
14 hospital, but who if they remained in our facility
15 are extremely disturbing to the other inmates, and
16 that's been a valuable resource.

17 DR. OSBORNE: Eunice Diaz.

18 COMMISSIONER DIAZ: Maybe I missed it,
19 but I don't know if any of the speakers mentioned
20 if there were conjugal visits at any of the
21 facilities permitted?

22 DR. BRASLOW: Not in the city jails.

23 COMMISSIONER DIAZ: Is there any kind of
24 educational program or outreach for the families of
25 HIV impacted prisoners that are going to be

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2 released, so that the families or extended others
3 within the settings that they go back to really
4 know how to deal with this within their
5 environment?

6 DR. BRASLOW: We do not have any
7 programs that extend beyond discharge. We have
8 tried to set up some pilot programs that have
9 involved families and have found it to be not
10 related to HIV in particular, but in terms of other
11 sorts, mental health type problems, which has been
12 extremely difficult to set up and we really haven't
13 been successful.

14 What I'd really like to do is give Nick
15 Freudenberg, who has been involved in several of
16 our HIV educational initiatives to say a few words
17 about what he's done with us at Hunter College.

18 MR. FREUDENBERG: Had you finished your
19 questions?

20 I'd like to briefly talk from two
21 different points of view. First, I'd like to
22 outline what I think some of the elements of a
23 comprehensive AIDS prevention program in a
24 correctional setting need to be and then describe
25 briefly some of the--a particular project we've

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2 been work on at Rikers Island, and I really want to
3 echo Charlie's opening comment that I think the
4 prison population presents extraordinary both
5 opportunities and challenges for AIDS prevention
6 work, that in New York City here are 120,000 people
7 who are at highest risk of HIV infection, and to
8 develop programs that could provide in population,
9 which is not being reached by other programs with
10 the knowledge and the skills and the support to
11 begin to make changes in behavior could have a
12 dramatic effect, not only on that population, but
13 on the population of New York City as a whole.

14 And I think a really critical task for
15 public health people, correctional people and AIDS
16 organizations, is to work to define a standard of
17 care and services in correctional settings, so that
18 AIDS prevention and AIDS education becomes part of
19 medical care, and I think the fact that there's a
20 constitutional right to medical care, and the fact
21 that AIDS education and AIDS prevention services
22 are really the key element for preventing the
23 spread of AIDS, means that we have to say that
24 failure to provide comprehensive AIDS prevention
25 constitutes deliberate indifference to the medical

1
2 needs of this population.

3 In outlining the elements for
4 comprehensive AIDS program, I'm basing it both on
5 the work that I do at Rikers Island and also I've
6 served as an expert witness in court cases in
7 Alabama and Connecticut and reviewed their AIDS
8 prevention programs in their settings.

9 I think first of all a comprehensive
10 AIDS program has to include a mandatory program for
11 all inmates into the system where they get
12 information about AIDS and orientation to the
13 services available both in the correctional system
14 and outside the correctional system. In most
15 cases, I wouldn't support mandatory education, but
16 I think in a prison setting it's particularly
17 important because of the danger of stigmatization
18 if people have to step forward for AIDS education.
19 I think in a prison setting where the potential for
20 discrimination of people who are identified as
21 being gay or being drug users or being concerned
22 about those things are so great that there has to
23 be some common level that everyone is provided
24 with.

25 Second, I think there needs to be

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2 mandatory education for all correctional staff and
3 all health staff working in correctional settings,
4 and they can really make the difference between a
5 program working and not working by either
6 reinforcing or subverting the attitudes. In
7 Alabama, for example, which has a segregation
8 facility for people with HIV, the corrections
9 guards would go in wearing masks and gloves, and
10 that undercuts any educational program that tells
11 people that it's not a casually contagious disease.

12 I think all inmates need to have the
13 opportunity to request confidential counseling and
14 testing, and that service needs to be accessible
15 and confidential, and I think at Rikers they're
16 moving in that direction. The addition of staff
17 will make it in fact available to people who
18 request it.

19 Inmates should have the opportunity to
20 participate in ongoing groups that provide
21 information and support about risk reduction. I
22 think if we look at what we've learned from a
23 decade of AIDS education experience we know that
24 superficial interventions in general don't work,
25 information alone doesn't work and I think that's

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2 particularly true in the prison setting, and I
3 think it's even more an issue in the jail setting
4 where there's a short-term stay, so I think our
5 interventions need to be much more intensive than
6 they generally have been and there need to be
7 ongoing opportunities for people to participate.

8 I think that peer educators can play a
9 very important role in prison programs. That's
10 difficult in a jail setting where people usually
11 aren't there enough, but not impossible and
12 recently released inmates I think could play a
13 strong role.

14 I think prison officials need to create
15 a social environment that supports prevention and I
16 think this is both very difficult but very
17 important. Drug treatment needs to be available to
18 those who want it. For someone to come into prison
19 with a drug problem and want to get help and not be
20 able to have it just doesn't make sense and it
21 seems to me that this is a setting where we really
22 need to be putting efforts to expand the capacity
23 and I think the effort makes a difference in terms
24 of recidivism and so forth, so it's a good place to
25 put drug treatment resources.

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2 Condoms need to be available. There
3 need to be affirmative programs to prevent sexual
4 violence within the prison system, and as Charlie
5 has described, I think determined efforts to treat
6 syphilis, tuberculosis and other infectious
7 diseases will make sure by the time anyone leaves
8 prison and had risk factors that something could be
9 done about that it's taken care of.

10 Inmates need to learn skills that will
11 protect them against infection both inside and
12 outside the system. The condom distribution is a
13 controversial one and New York City is sort of in
14 the middle of places that have developed other
15 policies. In the system in New York City, inmates
16 need to request, as I understand it, a visit to the
17 medical service in order to get a condom. That's a
18 big obstacle. Better than they can get them and
19 from our discussion with inmates, there's an illicit
20 market for Saran Wrap, baggies and so forth, and I
21 think that's an indication that people want to
22 protect themselves, but don't always want to
23 identify themselves and tell the guards and
24 identify themselves as someone who engages in same
25 sex behavior.

1
2 Prevention needs to be linked with
3 social services with regard to inmates and AIDS.
4 Nowhere is it clearer that the links between
5 prevention and treatment than in a correctional
6 system. Unless you educate people in the general
7 population of inmates about how HIV is and is not
8 transmitted, you will not be able to put HIV
9 infected inmates in the general population and have
10 them be able to talk about it. If you have an
11 atmosphere, and again, I agree with Charlie there's
12 been good progress in Rikers in reducing fear and
13 hysteria, if you have an atmosphere where people
14 know about how the disease is transmitted, then you
15 don't need to segregate inmates.

16 If you don't have that, and again as in
17 Alabama, you have guards going in with gloves and
18 masks, you have a situation where you have to do
19 what you say is done.

20 I think prisoners and inmates need to be
21 included in planning and implementing AIDS
22 prevention programs and they can play a critical
23 role. I don't know how much you've done other work
24 in looking at correctional AIDS programs, but I
25 would strongly encourage you if you haven't to talk

1
2 to some inmates who are involved. There's a
3 program at Bedford Hills women's prison and there
4 are other programs and I found inmates who spent
5 some time working in AIDS prevention programs are
6 extraordinarily knowledgeable and skilled in
7 understanding the obstacles.

8 AIDS prevention programs need to be
9 developed for all institutions within the
10 correctional system, particularly jails and police
11 lockups which reach a large number of people who
12 aren't reached by other programs and move out
13 quickly. But in addition, probation programs,
14 halfway houses, parole programs, and only I think
15 by having a comprehensive system where each inmate
16 at several points in the system gets information
17 and knowledge and support can we hope that by the
18 time people get out, they'll have what they need.

19 I think a prerelease counseling session
20 is a critical component of comprehensive program.

21 And, finally, I think there needs to be
22 much more effort on the part of AIDS organizations,
23 prison health officials, correctional departments
24 to work together. I think there are limits to what
25 a correctional system or even a prison health

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2 service can do, and I think Rikers has a lot of
3 people, a lot of organizations working there, and I
4 think that really adds to the programs.

5 I think there are then problems of
6 coordination, but I think having advocacy groups
7 and AIDS organizations come in, that they have a
8 credibility and a level of experience working with
9 AIDS which is not always the case for people who
10 work inside the system. And I've outlined some of
11 these things and will make them available with
12 people.

13 I want to just spend a couple of minutes
14 talking about a problem we've spent the last year
15 working on, which we call the AIDS empowerment
16 program. This is a program we've developed a
17 curriculum for women in the House of Detention.
18 It's a program designed to have women feel more
19 confident about their ability to take action to
20 protect themselves against HIV, and we've attempted
21 to address some of the particular obstacles in this
22 setting.

23 From our pre-intervention interviews, we
24 found that 44 percent of these women report they
25 rarely or never use condoms, 38 percent report that

15
1 they've shared needles, 28 percent report having
2 sex when they don't want to, 77 percent report
3 using drugs often or sometimes to get away from
4 their problems. Interestingly, and I think this is
5 in general a problem in New York City, but
6 particularly in prison, 70 percent believe that
7 crack use is not a risk factor for AIDS HIV, and I
8 think we need to do a much better job talking about
9 the link between crack and HIV to have people
10 understand.
11

12 A lot of people feel that unless they
13 shoot drugs, they don't need to worry. And 28
14 percent of the women we talked to say that they
15 often or sometimes feel there's not much they can
16 do to protect themselves against AIDS, and it's
17 really that feeling we've tried to address.

18 We've put together an intervention in
19 which there are five sessions, each on key topics
20 that came up in our interviews. They include
21 coping with life at Rikers, drugs and your health,
22 drugs and addiction, sex, sexuality and
23 relationships and self esteem and negotiation
24 skills. Each session is two hours long. We spend
25 ten hours with a group of eight to ten women.

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2 We've had very good cooperation with the
3 Department of Corrections in getting the same group
4 together and we do one session a day for a week, so
5 even people who are there for only a week or two
6 were able to reach women over that time period.
7 We've just finished this about a nine month cycle
8 of groups and are in the process of evaluating
9 changes in knowledge, attitudes and intended
10 behavior, and we'll be producing a curriculum that
11 we then hope to train other staff at Rikers,
12 including people on the corrections side and people
13 who work in volunteer programs at Rikers to use
14 with other populations and in other settings.

15 DR. OSBORNE: Thanks: Don? Larry, did
16 you have a question before?

17 COMMISSIONER KESSLER: Yes, I had a
18 couple of questions around the condom issue.

19 Dr. Braslow said that inmates can ask
20 for up to three condoms at a time. Do you have any
21 figures on how many ask, how many carry them, for
22 what period of time and how many are actually using
23 them and for what purposes?

24 DR. BRASLOW: Well, we really don't feel
25 that it's productive to do a lot of asking about

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2 that, so I really don't have the answer to those
3 questions.

4 As Nick mentioned, the system for giving
5 out condoms requires a visit to the medical
6 provider. You don't have to tell the guard you
7 want a condom. I don't want what you said to leave
8 that impression. You have to sign up for the sick
9 hall procedure and you go and see a medical
10 practitioner and in the privacy of a medical
11 transaction you can ask for a condom, so there
12 really should be no reason why the correctional
13 staff should know that.

14 As a result, though, of having to access
15 them through the medical care system, I think that
16 we have given out many fewer than if they were more
17 widely available, if they were available in the
18 commissary or through other non-medical ways.

19 Getting the condoms at all was a
20 compromise on the part of the Department of
21 Corrections. There is a great deal of resistance
22 to the idea, because it seems in their minds to
23 sanction the idea of sexual activity, which is
24 supposed to be prohibited, and I think it was a
25 victory of Dr. Joseph that he was able to negotiate

1
2 the system that we currently have with the
3 Correctional Commissioner at that time, but it had
4 to be done under a medical model, because that gave
5 it the imprimatur of being a medical situation,
6 which made it more palatable.

7 In the future, I think we should
8 continue to make efforts to expand the availability
9 to non-medical settings, but at current times,
10 that's not the case.

11 COMMISSIONER KESSLER: Do you have any
12 anecdotal evidence that it increases sexual
13 activity?

14 DR. BRASLOW: None.

15 COMMISSIONER KESSLER: What about women?
16 Is there any availability of dental dams?

17 DR. BRASLOW: There is not currently.
18 It's been brought to us as an issue, and I think
19 that it's something we need to work on, but it's
20 not currently available.

21 COMMISSIONER KESSLER: And the final
22 question, in terms of the guards' anxiety about
23 condoms being used as ways to smuggle in drugs or
24 as a weapon to choke someone, so on, has that
25 anxiety died down because over time they simply

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2 haven't been used for that purpose?

3 DR. BRASLOW: Well, I think that--I
4 think the answer to that is yes. We don't hear
5 those sorts of concerns expressed any more. They
6 were expressed prior to instituting the
7 availability of condoms at all.

16
8 Since they were available, I have not
9 heard of any incident of the sort that you're
10 describing, and therefore I think that there is
11 less of an argument to resist expansion of the
12 condom availabilities beyond what the current
13 situation is, so that I think that we've got a
14 program now that seems to have worked and I think
15 allayed some fears, and I would hope that in the
16 future that this would result in an increased
17 availability.

18 DR. GROSSI: Could I just add something
19 to that?

20 Charlie, as I recall when we originally
21 designed the program to address the fears of
22 Corrections, that maybe they would be used for
23 contraband, et cetera, one of the requirements was
24 that it would be a unique condom, which turned
25 out--they were initially striped and now are pink?

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2 DR. BRASLOW: Yes. They wanted to be
3 able to distinguish between condoms that we have
4 given out from from ones that might be used to
5 smuggle drugs in from visitors and so forth, and
6 they wanted them to be identifiable.

7 DR. GROSSI: And we do not know of any
8 incident in which the unique condom has been found?

9 DR. ROONEY: Yes, may I add some
10 background to this? Only a few weeks ago, I met
11 with the new chief of operations for our
12 corrections department, the head of their uniformed
13 division, the group of people who would most look
14 into this situation to try to keep condoms out of
15 the facilities.

16 The ostensible purpose of the meeting
17 was to expand the distribution of condoms to our
18 mental health unit. Up to now we've only been
19 distributing condoms to people in general
20 population, plus a particular section that I won't
21 go into, a homosexual housing area out at C95.
22 That was the first place we began to distribute
23 condoms.

24 But to go back a little bit, what we did
25 was to prove to Corrections that sexual intercourse

1
2 did take place in a correctional setting by proving
3 to them a substantial number of cases of acquired
4 gonorrhoea, oral, urethral and rectal. We proved
5 that this activity does take place in a
6 correctional setting. They recognized it
7 grudgingly.

8 There's tremendous fear that it would
9 increase the number of attacks and harrassment that
10 would go on. None of that has shown up as late as
11 the conversations I had two weeks ago with their
12 operations division, and I asked them very
13 specifically, were there any increased episodes of
14 sexual attacks, fights, illicit use of condoms for
15 other purposes, and Corrections could cite no
16 increase whatsoever.

17 No, what we do, quite frankly, in
18 distributing the condoms, which are by our
19 correctional department ordered not uniquely
20 identifiable, when you go back and look at the
21 order, we can distribute any color condom we want--

22 DR. GROSSI: But the agreement I think
23 was--

24 DR. ROONEY: The oral agreement, but the
25 written order specifies that it needs to be in a

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2 sealed container. The order reads that no inmate
3 may have more than three condoms in his possession
4 at any one time and they must be in their original
5 sealed container.

6 Now, the inmate may come to any of our
7 medical clinics, and in most of our medical clinics
8 what we have is a bowl on the doctor's desk with a
9 number of condoms in them. If the inmate wants
10 some condoms, he may take one, two, three, he may
11 take, frankly, as many as he wants, because how
12 much he has in his possession is between himself
13 and the Correction Department. So we keep no
14 running account of how many condoms we distribute
15 to any particular inmate or group of inmates, but
16 I'll say over all, through our supply disposition,
17 that we have--I wouldn't say--we're dealing now in
18 almost thousands in our system.

19 COMMISSIONER AHRENS: Per what?

20 DR. ROONEY: I think thus far this year
21 as many as 2,000. Now, a number of these I think
22 find their way into the hands of the corrections
23 officers themselves. In addition to which we put
24 three condoms into a discharge packet of
25 information that we give to each prisoner, so when

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2 he goes for his property, he also gets a sealed
3 envelope which gives him certain written material
4 in Spanish and English about AIDS, about condoms,
5 common use and three condoms, so I include that
6 number.

7 But it's really a very simple, low key
8 process. Bowl of condoms on a desk. At this point
9 they really don't have to be uniquely identifiable.
10 Inmate comes in, he wants them, he takes them.

11 COMMISSIONER KESSLER: I assume that
12 there is not a supply of proper water based
13 lubricant available?

14 DR. ROONEY: Now we have somewhat of a
15 technical question. Let me go back to the uniquely
16 identifiable condom, and the many subcommittees
17 that developed on the size, shape, color of
18 condoms, and where we were going to purchase them.

19 To my recollection, there is one firm in
20 the south that produces two types of condoms. The
21 first one we purchased turned out to be not that
22 satisfactory, it didn't pass certain tests, but the
23 condom we're purchasing now is not oil based, but
24 there is a lubricant. I don't know the technical
25 details, but I do know that according to consumer

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2 report, it's one of the first or second best ones
3 in the country being manufactured, safest.

4 COMMISSIONER KESSLER: Is there also
5 literature available in terms of the proper use of
6 condoms?

7 DR. ROONEY: Well, yes. What we are
8 pushing for, really, in each of our facilities, we
9 have a cap program of AIDS educators that go in on
10 a scheduled basis, and have educational programs,
11 sessions with inmates, at which time they go into
12 how to use a condom, purpose of the condom and
13 distribute material.

14 We are pushing for having those AIDS
15 educators also being able to dispense the condoms
16 the way we do in a medical clinic now, but again I
17 must harken upon the fact that the fears the
18 corrections staff had, that it would increase
19 fights, increase assaults, that they would be
20 jammed into locks and so on. None of that has
21 happened, and believe me, the correction department
22 was looking for it, and they haven't found it in
23 about two years.

24 COMMISSIONER KESSLER: I congratulate
25 you all, because it seems that just watching you,
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1
2 you can even talk about condoms without squirming.
3 In some parts of this country, people won't even
4 say the "C" word.

5 DR. BRASLOW: We're bored at this point.

6 COMMISSIONER DeJARLAIS: I've also been
7 struck by the in depth discussion of drug use in
8 prison. There are certainly certain studies from
9 other cities indicating that prisons are wonderful
10 places for transmitting the virus among drug
11 injectors, across geographic subdivisions within a
12 city.

13 What's happening on this issue in
14 Rikers? Is there anything being done? Is it not
15 discussable? What really is the current situation?

16 DR. BRASLOW: We have specific programs
17 related to drug problems. We have methadone
18 detoxification to people who are addicted to
19 opiates when they're admitted and we also have a
20 State Department of Substance Abuse services funded
21 program called the KEEP program, which allows us to
22 maintain people on methadone while they're
23 incarcerated and then directly refer them to an
24 evaluation point in the community to determine the
25 appropriate long-term treatment for their drug

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2 addiction, which I think is able to circumvent some
3 of the delays in getting people drug treatment
4 which has occurred in the city.

5 As far as anything specifically related
6 to reducing transmission within the facilities from
7 that route, perhaps Dr. Grossi--there is nothing
8 currently. I would certainly think that the
9 availability of solutions that could clean
10 apparatus infected with blood would be something
11 that could potentially do that.

12 DR. BELLIN: I think this also harks to
13 the whole issue of education. There are manners of
14 spread of disease within a prison that is not the
15 usual routes. Obviously, sexual activity, IV drug
16 use is one way.

17 Other ways include spitback methadone,
18 which is a way of gaining currency within a prison
19 facility where a person basically regurgitates the
20 methadone they've taken in and therefore
21 effectively transmits hepatitis and other such
22 things that day. There's also tatooing that goes
23 on in the prison, which during my attending rounds
24 at the communicable disease unit the inmates are
25 very ingenious at finding ways of finding pigment

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1
2 and of tatooing each other.

3 There are many different issues here
4 that really need significant education within the
5 prison with people who are sensitive to the issues
6 that are unique to this environment, and some of
7 the issues that Nick was dealing with are very
8 important and have to be worked on.

9 COMMISSIONER S. ALLEN: I'm not sure if
10 I heard you correctly, Charlie, if the education of
11 the guards is not part of your shop? Is that
12 correct?

13 DR. BRASLOW: That's correct. The
14 Department of Corrections provides their own
15 educational efforts for the correction officers and
16 I think Margaret may have said--do your Department
17 of Health educators also do that?

18 DR. GROSSI: Yes.

19 DR. BRASLOW: Our services are primarily
20 inmate related.

21 COMMISSIONER S. ALLEN: Is that
22 effective? Has it alleviated the fears and so
23 forth?

24 DR. GROSSI: It's been consistent and
25 ongoing for a number of years. I think we have to

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2 say it's effective, although there haven't been any
3 measures of that, but I think the Grossi
4 measurement is things that Charlie referred to in
5 terms of attitude on the part of correctional
6 officers. They definitely have calmed down over
7 what I heard what, say, three years ago, Charlie,
8 when they were all very, very uptight about HIV. I
9 don't hear that any more.

10 DR. BRASLOW: At one point there was
11 separate transportation of inmates who were known
12 to have HIV infected status, they were using
13 special types of handcuffs that could be disposable
14 and all that has gone beside the board.

15 DR. GROSSI: They were even suiting up
16 on both sides, both corrections and in the HHC
17 facilities, when a so-called AIDS patient was
18 brought in for a specialty clinic visit or an
19 inpatient admission to the hospital, all of that
20 has long since passed.

21 COMMISSIONER S. ALLEN: What happens if
22 a guard is exposed to blood? How do you proceed
23 there? Blood to blood, I mean, not--

24 DR. BRASLOW: The Department of
25 Correction has its own health management division

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2 which is responsible for the health of the
3 correctional employees. So that if they were
4 exposed to blood, they would have to get their
5 advice from that division, and I really don't know
6 what their policy is.

7 For our purposes, we have Montefiore
8 employee health policies related to our staff who
9 have exposures to blood, and that's obviously a
10 constantly evolving situation, and also gets into a
11 lot of issues of what you can do as far as
12 obtaining HIV-related information about the source
13 of the blood exposure, and it's our feeling that
14 that should be something that the source controls,
15 whether access to that information is obtainable.

16 COMMISSIONER S. ALLEN: One more
17 question on the families. Eunice brought it up
18 about the HIV positive, I was concerned about
19 confidentiality to families, but do you have any
20 basic education to the families that come to visit?
21 Is there some type of information there for all
22 individuals in the process of--that's a wonderful
23 target.

24 DR. BRASLOW: We really don't have any
25 programs specifically devoted to the families.

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2 They do come in and visit, and it would probably be
3 a good place to provide handouts and so forth. I
4 will give that some thought.

5 What we have had to do when we've had
6 outbreaks of viral exantheams, we've had measles and
7 rubella outbreaks where we've had to provide
8 information to the families to make sure pregnant
9 women weren't being exposed, which was done in the
10 visiting area, but as yet we haven't done anything
11 in the way of HIV materials for those people.

12 COMMISSIONER S. ALLEN: And there's a
13 potential, as Harlan just mentioned, of a video for
14 people waiting to utilize, hopefully different
15 languages and so forth.

16 DR. BELLIN: I think your question is
17 really right on the money. You're beginning to see
18 the prison as being a real public health asset,
19 you're talking about educating families, outreach
20 for tuberculosis and syphilis and the rest, those
21 are excellent questions that are really right on
22 the money.

23 But as you also can see, there's really
24 no functional provision for that in terms of the
25 institution. We have institutional care for the

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1
2 inmates, we have the corrections officers covered
3 as well, but there has never been this proactive
4 public health view of the prison as you're
5 describing it. That may be one of the major
6 contributions that you can give to redefine the
7 prison that sees 120,000 admissions that touches so
8 many lives of so many poor people of being the
9 entry point of so many other interventions.

10 MS. WISHART: I'd like to add something
11 here in terms of doing something for visitors. I
12 think it's important to remember that by the time
13 people get there, it's taken them a long time,
14 hours of waiting for the buses, waiting in the
15 heat, a long ride, so anything you need to present
16 needs to be really good, not some home made video,
17 because they're used to very sophisticated level on
18 television and they're certainly not going to look
19 at them unless they're really great.

20 MR. FREUDENBERG: Just an anecdote.
21 There's a bus that goes from Rikers to Manhattan,
22 Q101 and I've had students go out to do AIDS
23 education projects on the bus, going out with
24 family members and they've been warmly received,
25 and it illustrates the potential for reaching

1
2 people.

3 COMMISSIONER DALTON: I must say when
4 you mentioned home made video, it makes it quite
5 apparent you do need a professional production.

6 I think I'm going to switch to first
7 names here, since my first name was mentioned, and
19 8 Nick, I appreciate you laying out the elements of a
9 comprehensive AIDS program, I think that will be
10 very useful for us, we may need to debate it, but I
11 wouldn't mind taking word-for-word what you laid
12 out.

13 I would also like to say thanks to Eran
14 for his remarks. Earlier in response to the
15 question of what kinds of therapy do you in fact
16 make available, I thought you gave a very good
17 primer on what ought to be available and what I
18 take it Montefiore makes available, and if you
19 could--that's in the record, but if you have
20 something you want to add to that, that would be
21 really very helpful.

22 DR. BELLIN: You mean add in general
23 care? One thing I didn't mention was in addition
24 to the direct delivery of blood tests and
25 immunizations that are initially done, we also

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2 review the record. As you know, the standard for
3 positive skin tests in tuberculosis is 5
4 millimeters in someone who's HIV positive. The
5 standard for prophylaxis is obviously much more
6 aggressive in people, so we also ask our
7 practitioners to review the chart to see whether
8 the reaction to TB was 5 millimeters or not, and to
9 go over the history.

10 If they had a history of positive skin
11 test, we will treat. With syphilis, we go over
12 that history, because as physicians, we realize at
13 this point the disease progresses more aggressively
14 and you have to proceed more aggressively as well.
15 That's a basic level of care that we would expect.

16 One of the issues that Charlie brought
17 up is that there are a number of questions we don't
18 know what to do with right now. We have a large
19 Hispanic population, I use the term advisedly, I
20 don't know exactly what it means, but it seems to
21 serve in conversations. There's a very high toxo
22 titer, for example, toxoplasmosis is a common
23 infection and no one has the foggiest notion of
24 what to do with these people; whether we should be
25 prophylaxising them against toxoplasmosis or not.

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2 I think we're fortunate today because it seems to
3 indicate you will not until the T cell counts fall
4 blow 100, and although we perceive ourselves being
5 in the AIDS epidemic forever, it's really not
6 forever and I think we're going to begin to see
7 this population mature over this lower range over
8 the next two or three years. We need to actively
9 find solutions to public health interventions for
10 this population that is not generally dealt with in
11 the other environments.

12 Another classic issue that we've been
13 agonizing over is the whole issue of immunizing
14 full blown AIDS patients. Clearly, the CDC has
15 recommended that HIV positive children can be
16 immunized but full blown AIDS; should you or should
17 you not. We have done our best not to immunize
18 full blown AIDS patients and try to isolate them
19 when we've had these outbreaks, but there are very
20 specific clinical questions that we don't have the
21 answers to that unfortunately we also happen to be
22 in the best position to answer if we could get
23 around the--that's a bad term, I don't want to use
24 that, the inhibitions that have legitimately been
25 placed in the past.

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2 There are ranges of opinion on this, but
3 I'm a strong believer that in situations where
4 there is no therapy known, legitimately known
5 therapy known, that a placebo based trial might
6 actually be reasonable and in something like a
7 prophylaxis for toxoplasmosis where we have this
8 large population of high reactors and we don't know
9 what to do with them, we process so many people,
10 this might in fact be the environment to treat half
11 with the a prophylaxis and half with not and give
12 them followup care.

13 That may be a radical notion. These are
14 people who are not going to be seen otherwise, be
15 completely uncouneted, and I'm convinced we're going
16 to see real morbidity here. I'm not talking about
17 things that are not proven, but there are lots of
18 areas where things are not known and these are not
19 people who come to the clinical trials. That's
20 just another issue.

21 COMMISSIONER DALTON: That latter issue
22 we're going to get into tomorrow afternoon, and I
23 agree it's important.

24 DR. BELLIN: It's not just of the sexy
25 drugs, we're talking about the non-sexy preventable

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2 drug approach which needs large scale involvement
3 which I don't think the large scale academic
4 medical centers are set up to produce. I think
5 areas such as we are might be more ready to do
6 that.

7 COMMISSIONER DALTON: Charlie, I heard
8 your caution that we not get hung up thinking and
9 talking about how HIV is transmitted in prisons,
10 you indicated it's transmitted the same way as
11 elsewhere, although there are additional ways to
12 think about focusing on the reasons.

13 I think we have to focus on this,
14 because the general public impression that sex in
15 prison is largely forcible rape. Even when there's
16 that perception, you get peculiar notions, like you
17 shouldn't distribute condoms because that would
18 encourage rape. That's bizarre, because I take it
19 a rapist wouldn't stop to put on a condom, nor
20 primarily be at risk, being the inserter rather
21 than--so I think there's some advantage to be
22 gained about talking about sex within prisons,
23 giving out accurate information, being able to talk
24 about it comfortably.

25 I want to ask you whether you're--I

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2 assume you're familiar with Cathy Potler's report
3 which indicates that most prison sex is consensual,
4 assuming that has any meaning in the context of a
5 prison, and I was curious about what your
6 understanding is in the jails that you administer.

7 DR. BRASLOW: Well, I think that we have
8 very limited knowledge of this issue, because we
9 really only see the results of sexual activity in
10 terms of sexually transmitted diseases, whereas Dr.
11 Rooney mentioned we have been able to show
12 transmission of gonorrhoea within a correctional
13 facility, which is evidence that something
14 occurred.

15 The only thing we would see would be a
16 forcible incident which required medical care where
17 the person was willing to come forward and talk
18 about it. That happens extremely rarely. It's
19 very rare that an inmate will come to the clinic
20 and say, "I've been raped." I think it's too weak,
21 though, to say that most sex is totally consensual.
22 I think a lot of it is coercive, but not physically
23 violent, so that even coercive sex, which is based
24 upon a power relationship where one partner may not
25 want to be involved, still might be a setting where

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2 a condom could be used and where it could be, the
3 availability of condoms could be helpful.

4 I think it's something about which we
5 don't know a great deal and some sort of better
6 studies going on looking for that sort of thing
7 might be very helpful. It's something that the
8 correctional hierarchy I think is very resistant
9 to.

10 MR. FREUDENBERG: I think we also assume
11 that it's only inmate-inmate sex we're talking
12 about, but there's a commerce in everything at
13 Rikers, as in other prisons, and I think we need to
14 talk about correctional staff and inmate, both
15 male-male and male-female. From our discussions
16 with women at Rikers, that's a problem, and our
17 comments, it might not be the traditional
18 definition of forcible rape, but when there's a
19 trade of some kind there's a level of coercion
20 there.

21 COMMISSIONER DALTON: I have another
22 question. There was a vague reference in Dr.
23 Grossi's opening remarks to a special unit. I take
24 it that's the gay unit that Dr. Rooney mentioned.

25 Are condoms freely available in that
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2 unit? Is that because there's an assumption that
3 gay inmates have sex, but people who are
4 essentially straight on the outside don't? What's
5 the logic for having condoms available in the gay
6 dorm but not elsewhere?

7 DR. BRASLOW: Number one, there is a
8 housing area that is called the homosexual housing
9 area. It is only, it only houses people who
10 request to be housed there, so it's not something
11 that the person is forced to be housed there
12 against their will. They know its exists and they
13 ask to go into it when they come in, and they ask
14 to go there, because I think that the inmates feel
15 more secure there, and feel less likely to have
16 predatory activity occur.

17 The answer to your second question, I
18 think that condoms are more available there,
19 because we make rounds in that area on a daily
20 basis, and dispense condoms to people in the
21 housing area who ask for it, which makes it easier
22 for them to get it than if they came to the clinic,
23 and I think that the presumption behind that would
24 be that they were more likely to have sexual
25 activity than other people.

1
2 DR. ROONEY: May I interrupt for a
3 minute to give some historical background to it?

4 Quite frankly, it was a means of getting
5 the door open. We went to Corrections with the
6 problem, they denied it. They did grudgingly admit
7 that it did exist. We asked to begin somewhere and
8 we focused upon the homosexual housing area as the
9 easiest area to convince Corrections to begin any
10 program and it was a small, self contained unit
11 with a maximum capacity of about 180 and
12 Corrections kept a very close eye on it to see if
13 there were any increased fights, incidents.

14 When the program ran well there, we used
15 it as a means of getting through the doorway, so
16 that we look upon it not that they would be handled
17 in any unique fashion, but that we would use it as
18 a small laboratory and expand past that, so today
19 it's just one of many areas that we dispense
20 condoms.

21 DR. BRASLOW: I think, I really want to
22 clarify that, because it really, I don't want to
23 leave the wrong impression. Many of the people in
24 that housing area are there for criminal charges
25 related to sale of sex, and I think that there

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2 might not be--there might be a not unjustified
3 feeling that some of these inmates were engaging in
4 sexual relations with a larger number of other
5 people, so while I would certainly not want to
6 imply that that was making a comment related to
7 sexual orientation, I think that perhaps there is
8 something to the actual, to that concern which is
9 really based in fact.

10 MR. FREUDENBERG: And they're at
11 extraordinarily high risk of infection for the
12 reasons you just gave.

13 DR. ROGERS: Could I just add a comment
14 on that? Because, I'm sorry we haven't seen
15 Rikers, but having seen this board, I would
16 emphasize that it is a very different population
17 than, say, the Gay Men's Health Crisis or what have
18 you. This is a group who, as Charlie has said,
19 have been largely female-behaving prostitutes; they
20 have breasts, they wear lipstick, they have plucked
21 eyebrows. It looks like a female ward, at least it
22 did when I visited it. It was quite a difference.

23 So I think they have selected, they have
24 asked to be on this ward for their own protection
25 from the rest because they are quite evidently

1
2 different than most of those going in, as you can
3 see.

4 DR. BRASLOW: I would, my final word on
5 this subject is that I think that condoms should be
6 as freely available to everyone as it is to this
7 group currently.

8 DR. OSBORNE: Jim Allen, Diane and
9 Larry, and I think we probably need to move along
10 because we're running out of time and we would love
11 to spend all day with you, but let me ask the
12 people who have been patient about questions to
13 also be brief, if they don't mind.

14 DR. J. ALLEN: This has been an
15 extraordinarily rewarding day and I want to thank
16 you all for the information that you provided and
17 congratulate you all on the programs recognizing
18 given resources you could do and would do much more
19 than you are able to.

20 My question, really, goes back to a
21 point that Dr. Braslow made fairly early in his
22 presentation and it's a question that I had even
23 before you mentioned it. You've provided some of
24 the information in regards to continuity of care.
25 I think the impression of most people in the

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2 general public is that you're dealing with inmates
3 and I think you have very clearly presented the
4 fact that most of your people are fairly
5 short-term, many of them have not, they're pretrial
6 detainees, and for--in actual fact, we really need
7 to consider them as part of the general population,
8 who for a very short period of time are in a unique
9 circumstance, and I think that's an impression that
10 we've got to get across to our legislators and to
11 others.

12 Because if we fail to provide for
13 continuity of care here, the problem really is
14 coming from the general public, you're identifying
15 it, it's going right back out to the general
16 public.

17 The issues of confidentiality were
18 discussed, the problems of the sudden breaks, the
19 fact that the inmates, and I use that as a general
20 term, it may not be the most appropriate, are often
21 transferred from one facility to another, they may
22 go off for the date at court and never come back
23 and the very clear problems of even trying to
24 arrange for continuity of care. It would be
25 helpful for me to address the problem of what

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2 recommendations need to be made, what can we do to
3 correct this problem, because I think it's an
4 incredibly important area.

5 DR. BELLIN: I think that's really an
6 astute observation and it cuts to the heart of our
7 problem. The short-term stay on average is 45
8 days, but it's bi-modal, most are gone in three
9 days.

10 I think a good example of what can work
11 is an effort we've done with the Department of
12 Health TB bureau, in which we've set up a
13 supervised therapy program, twice weekly TB therapy
14 on Rikers Island in a pilot way at two of our
15 facilities and we have coordinated that we send
16 records to the local community TB centers where
17 people get their health care in the community for
18 TB and we forward their medical records to those
19 places so that our patients know they're going to
20 be going back to their community, they're going to
21 a specific spot and their records are available
22 there and in fact they get there and get treated.

23 Unfortunately, there is no parallel
24 available in the general community for AIDS care.
25 At the turn of the century, when there was a lot of

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2 TB, the response was to built build up TB health
3 centers and you would deliver whatever medication
4 was available locally. We don't have that
5 available. There are budgetary constraints, but
6 one of the things you might consider on that is
7 setting up HIV care centers where within the local
8 center you could get Pentamidine, Bactrin AZT and
9 we could get the records there just as easily.

10 We have as part of our general care,
11 flow sheets, three pages; one with all the major
12 medical events on it, one with laboratory values,
13 one with the medications. That completely
14 summarizes the medical care. If that is able to be
15 forwarded to a local community system, then they
16 could get ongoing continuity and followup on these
17 things.

18 We've already done it with TB, we're
19 very actively working on expanding that program
20 with TB, and it's been very successful, but there
21 has to be a commitment to developing the local
22 infrastructure for people in the community which
23 just doesn't exist right now, and the hospitals
24 cannot take the place of that local infrastructure.

25 DR. BRASLOW: I think, too, I think the
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2 development of that sort of system has to be
3 considered in terms of the entire public health
4 needs of the population of the city as a whole, so
5 that I think a good system of community health
6 provision centers is a great idea.

7 I would differ somewhat with the idea of
8 having specifically HIV-related ones, because I can
9 see problems from the communities and
10 confidentiality and so forth. If we had, however,
11 an effective network of community health provision
12 services that could provide care of all sorts, then
13 that would be an appropriate way to go, with the
14 addition of a liaison between the inside of the
15 jail and the outside of the jail, which currently
16 really doesn't exist. It's something that we are
17 trying to effect, but really have not done so as
18 yet.

19 There needs to be some centralized
20 person that once a person gets out, that they can
21 call and talk to, to have their medical records
22 forwarded to the appropriate place, to intercede to
23 try to make appointments at various facilities.
24 That's a sort of a link that has not been developed
25 at the present time, and we have a very fragmented

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2 type of system. We have multiple agencies
3 involved, Department of Health, Department of
4 Corrections, Montefiore, HRA, HHC, I mean, there
5 are just so many different possibilities for care
6 being received from different places, that it just,
7 it has produced incredible logistic problems as far
8 as being able to coordinate it, and we need
9 somebody in a centralized location to I think try
10 to do that task, and that would be what I would
11 think would be very helpful.

12 MS. WISHART: I would also like to talk
13 about continuity of the care within the jail after
14 the first encounter, because that's one of our
15 major problems. We talked about our programs,
16 medical programs, our educational programs, but one
17 of our most outstanding problems is getting people
18 for followup. The most effective way to do that is
19 to have adequate custodial staff to bring those
20 people, you give them a list and say we want to see
21 those. The cutbacks in New York City and the
22 unrest on Rikers this week, much of that is related
23 to cutbacks and we have already felt the impact of
24 those cutbacks on our medical services; lack of
25 custodial coverage not only in our clinics, but

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2 almost total lack of any officers available to
3 bring people for followup. You can identify a
4 problem as a result of the intake lab tests, but if
5 you cannot find that person, you cannot treat them.

6 You may have a marvellous educational
7 program, but if you call for 25 inmates and and
8 five come, you have lost a major opportunity. So
9 that's an area that I think needs major resources.

10 MR. FREUDENBERG: And if you can't find
11 the people in the jail, imagine how much harder it
12 is to find them in the community, and I think that
13 illustrates the need not only for the institutional
14 city wide system to set up a system for
15 integration, but also a bottom up community level
16 system for managing individuals of case management
17 and of tracking down people.

18 A significant proportion of the
19 population at Rikers has recently been homeless or
20 is discharged and is homeless and so the difficulty
21 of actually finding people, getting them into care
22 and then continuing that care is extraordinarily
23 difficult and I don't think it can be done with
24 health professionals alone, but needs a level of
25 worker who can be working in the community and can

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2 really bring people in and work with them on an
3 ongoing basis.

4 DR. BELLIN: I don't want to get into a
5 large political discussion about whether we should
6 have HIV specific centers or not, but there are
7 specific skills that HIV people need, and that I do
8 not know that we can use a medical model that we've
9 used to date when we train infectious disease
10 people to go out and make ponderous statements of
11 what to do.

12 We have very dedicated nurses and PA's
13 who particularly demonstrated over the last 48
14 hours their professionalism, I want to acknowledge
15 them and they deliver a good deal of our medical
16 care and they can deliver adequate HIV level care
17 so we can make it affordable, make it deliverable,
18 but you have to limit the spectrum of knowledge
19 that has to be transmitted. You cannot expect a
20 physician to cover everything. You could expect a
21 well trained physician assistant or a well trained
22 nurse to be really sophisticated in this care and I
23 just mention that as an aside. You can decide how
24 to politically work it out.

25 DR. OSBORNE: Thank you. Diane?

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2 COMMISSIONER AHRENS: I wanted to hear a
3 little bit more about women in your facilities, and
4 first of all, talk a little bit more about what
5 you're doing with women, how does that differ from
6 what you're doing with men, how are women
7 responding to this, and how does that differ from
8 the male response, and then, finally, you mentioned
9 that eight percent of the women that I assume when
10 they come are pregnant, and if there are 1300 in,
11 that would be about 100 in any one day would be
12 pregnant.

13 If they choose an abortion how do they
14 get it and who pays for it?

15 DR. BRASLOW: I would say that our
16 overall HIV-related services are the same for the
17 men and the women. They all have access to HIV
18 testing and they have access to the same sort of
19 levels of medical care. The only, the difference
20 is the reproductive issue. They have access to
21 OB-GYN services at a Health and Hospital
22 Corporation Hospital in the city, Elmhurst General
23 Hospital, and they do have access to abortions. If
24 they request it, we refer it to Elmhurst and they
25 perform it there, or if at a later stage of

1 pregnancy, they do it at a different HHC facility.

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3 COMMISSIONER AHRENS: And paid for how?

4 DR. BRASLOW: It's paid for by--the
5 inpatient portion of health care is paid for
6 through the Health and Hospitals Corporation
7 system. They absorb the cost of inpatient inmates
8 who require care at those facilities, and also
9 specialty clinic services that they provide.

10 Other funding is to our contracted
11 services through the Department of Health and then
12 Department of Health's budget itself pays for their
13 own direct patient care activity. HHC just absorbs
14 that, I assume, and we have our own OB-GYN
15 consultant who comes into the facility to provide
16 on-site service and that's part of our contract.

17 COMMISSIONER AHRENS: What are the
18 response of women to the kind of education that you
19 provide, and does that differ from the male
20 response?

21 DR. BRASLOW: I think that the women in
22 general are extremely concerned about their health
23 status, and are very interested in participating in
24 programs developed for their health status. I
25 think Nick's program has been specifically aimed at

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2 the women, and has been extremely successful in
3 reaching a group of women in an educational effort.
4 I think both the men and the women are interested
5 in hearing this information, and as I said at the
6 very beginning, it's a group that have not been
7 amenable to educational efforts on the outside, and
8 I think a lot of them are very scared and are very
9 desirous of hearing what they can hear.

10 I don't know of major differences
11 between the men and the women. Nick, do you have
12 any feeling about that?

13 MR. FREUDENBERG: I think in general
14 women have been more responsive to AIDS prevention
15 programs for a host of reasons that you're probably
16 familiar with, such as feeling more responsible for
17 health and so on. I think there's not, especially
18 when it's provided in a way that gives women an
19 opportunity to voice some of their concerns and
20 fears and ask questions. So we found more women
21 wanting to participate in our sessions than we have
22 the resources to provide.

23 COMMISSIONER AHRENS: Just to follow up
24 on that. What percentage of the women that come
25 through this system would you say are there for

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2 prostitution charges, which would impact on this
3 whole discussion?

4 DR. BRASLOW: There's a large number of
5 people with prostitution charges. As health care
6 providers, we generally are not interested why
7 people are there, and it's not part of their
8 medical records, so I really don't pay a lot of
9 attention to that. What I do know is that they do
10 have a higher incidence of HIV infection, which I
11 think is to some extent due to the fact that
12 there's a high prevalence of sexually related
13 charges against them and also they have an
14 extremely high rate of syphilis infection, which I
15 think for the same reason.

16 COMMISSIONER AHRENS: But that gives you
17 a different population of women than the reason the
18 men are in there. I think that really is a
19 dynamic.

20 MR. FREUDENBERG: The women are there
21 for drugs or prostitution, that's the majority, and
22 both charges put them at risk.

23 DR. BRASLOW: Much less incidence of
24 violent type crimes on the women.

25 MS. WISHART: I would also like to add
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2 on a practical level, because I was the
3 administrator in the women's clinic when I first
4 went to Rikers, that periodically there are great
5 sweeps of the street, maybe because the President
6 is coming to town or before an election and perhaps
7 50 prostitutes will be brought in overnight and 50
8 of them will be bailed out by their pimps the next
9 morning, so as a group in general, they do not stay
10 very long in the jail.

11 DR. BELLIN: But, again, it's a bimodal
12 distribution. You have 21 percent gone in three
13 days, but then you have a good percentage that hang
14 around for a month or month and a half, about 50
15 percent of them, so you can make an intervention
16 even at that side.

17 DR. OSBORNE: We're running out of time.
18 Actually, we ran out of time, but I'd like Larry to
19 get his last chance at a question. Larry, go
20 ahead.

21 COMMISSIONER KESSLER: Mine was more of
22 a comment, maybe Dr. Rogers can help me.

23 I think the Harvard researchers at the
24 Deacon and Mass. General have done some research on
25 the immunization issue for full blown AIDS cases

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2 and have found it not to be a major hassle. I'm
3 not sure if there's data on that.

4 DR. BELLIN: No data on live vaccine.
5 There is data on killed vaccine, which shows early
6 in the stage of HIV infection you have better
7 response than later, but the actual safety of using
8 a live biological in full blown immuno incompetent
9 hosts, there is little data available.

10 It has been policy to immunize HIV
11 infected patients, but no one has done a large
12 cohort of full blown AIDS patients. I have had two
13 opportunities now to do that very interesting
14 study, but frankly I would like to avoid it as long
15 as possible. It may become more and more necessary
16 as the patient population gets sicker, because we
17 do have to immunize anybody who is full blown AIDS
18 who might be in general population if they're in a
19 building where there is a measles outbreak, so we
20 will get that experience over time.

21 COMMISSIONER KESSLER: And your reason
22 for wanting to avoid it is the history of using
23 inmates--

24 DR. BELLIN: That's not the reason. The
25 reason is the fear that an attenuated virus, while

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2 attenuated in the light of an immunocompetent host,
3 might not be so attenuated in an immunoincompetent
4 host. Smallpox vaccination historically was not
5 given to people immunoincompetent, because that
6 would become a major disease for someone
7 immunoincompetent.

8 DR. OSBORNE: There were a few cases in
9 the epidemics of military personnel who were given
10 the smallpox vaccine, and it became a way of
11 diagnosing their AIDS, because it just took off.

12 David?

13 DR. ROGERS: I guess this is a social
14 comment I wanted to have the opportunity to say
15 before you people left.

16 What an irrational society we are. Here
17 we are cramming the institutions full of other
18 problems. We're fortunate to have people like you;
19 badly underfunded, hampered by all kinds of
20 restraints and yet doing the kind of job you are.
21 I feel very privileged to have listened to all of
22 you this morning. That prison population is very
23 lucky to have all of you there.

24 DR. BRASLOW: Well, I would like to
25 thank the Commission for inviting us, and would

1
2 like to invite you again if you can possibly do it,
3 to come back at a time when you can visit Rikers
4 Island, because I think you would be impressed by
5 the physical nature of it, and we'd really like to
6 have the opportunity to show you what we're doing
7 on-site, because I think it's good.

8 Thank you.

9 DR. OSBORNE: Thanks so much. Some of
10 us will want to take you up on that.

11 (Time noted: 11:15 a.m.)
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A U T H E N T I C A T I O N

This is to certify that the attached proceedings
before the NATIONAL COMMISSION ON AIDS

IN THE MATTER OF: HIV INFECTION AND AIDS IN
CORRECTIONAL FACILITIES

DATE: AUGUST 16, 1990

DOCKET No.: _____

PLACE: 5 PENN PLAZA NEW YORK, NEW YORK

Were held as herein appears, and that this is the
original transcript thereof for the file of the
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Linda Fisher
Reporter / LINDA FISHER

Linda Fisher
Typist / LINDA FISHER