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RULES

TO BE OBSERVED BY PERSONS BECOMING INMATES OF THE

WASHINGTONIAN HOME. ✓

1. PERSONS placing themselves under the care of the Institution are considered patients, who have submitted themselves for medical treatment, and are under the care of the Superintendent and Physician of the Institution. They are expected to obey his orders in relation to treatment. They must not leave the building without his consent; and will be subject to the care of an attendant if the Superintendent so directs. They are not to take drugs or nostrums of their own prescribing; and, above all, they must entirely abstain from the use of intoxicants of every name and nature, and they are not to visit places where such are sold.

2. Medical treatment does not consist alone in the administration of drugs, but in all the moral and Hygienic appliances at our command; hence, all patients who are able, must attend all Chapel services, especially morning services, when a short address will be delivered, which will be of interest to those who attend.

3. At 10.30 o'clock, P. M., the building will be closed; at that hour, every patient is expected to be in his room and the lights extinguished. Loud talking is at all times to be avoided, more especially after the hour of closing.

4. Patients must be punctual at meals, and those having special diets prescribed, will be served in their rooms.

5. No unclean or filthy habits will be allowed, and every gentleman is expected to conduct himself in a becoming manner, as he would at his own home with his family. In fact, our desire is to make this a *home* in every sense of the word ; and in order to do this, the Superintendent must have the co-operation of the patients themselves.

6. The use of tobacco by those suffering from Alcoholism is almost universal, and no doubt is a greater hindrance to the work of reform than all other obstacles combined ; yet we do not propose to entirely forbid its use. We would, however, strongly urge those who use it to excess (and nearly all do), to use it less frequently, with the view to its total abandonment, as one important step in the way to sure and permanent reform. The use of tobacco depresses the vital forces, destroys the appetite for wholesome food, and fosters a desire for stimulating drinks. It deranges the whole nervous system, and depresses the spirits ; it darkens the soul, and hedges up the way to a spiritual life ; and when you ask us the most sure way to begin the work of reform, we would bid you ABANDON THE USE OF TOBACCO, AT ONCE AND FOREVER. To those who will abandon its use, we will say, that we can aid them materially in their efforts in this direction.

MAY 18 1962

RULES TO BE OBSERVED BY THOSE WHO APPLY FOR ADMISSION,
EITHER FOR THEMSELVES OR FRIENDS.

1. The payment of one month in advance will generally be required, the price being from \$10 to \$20 per week; if at a less price than the above named, a special arrangement will be made, governed by the circumstances in each case. The price named will include board and medical care only. Our great object here, is to CURE THE PATIENT. This we shall endeavor to do by the use of such means as careful observation and a large number of years of practice has developed. While we have not cured all, yet a large number have been cured, and are now useful members of society; hence we would say to all friends and the victim of intemperance himself, that OUR PLAN IS WORTHY OF A TRIAL.

2. The Institution will not consider itself bound to keep any person under its care who persists in the violation of its rules, and whose conduct is such that other patients are injured thereby. The retention of such a person will be of no benefit to him, and only detrimental to the interests of others.

Finally, our aim will be to inspire hope in those that are cast down, restore strength to the weak, and, if possible, lead all to a higher and better life.

ALBERT DAY, M. D.,

Superintendent and Physician.

41 WALTHAM STREET, BOSTON.

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