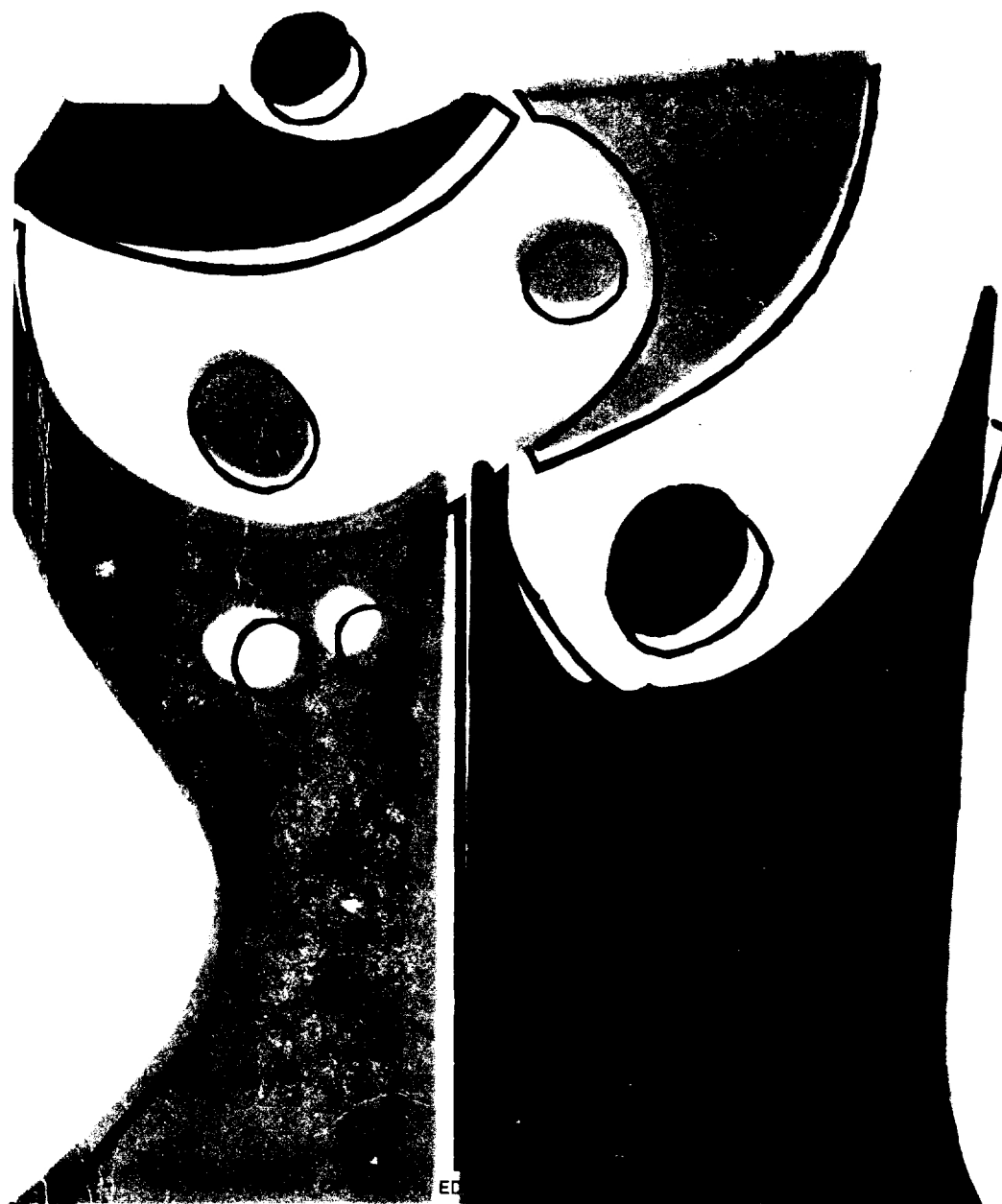


# HEALTHY PEOPLE

The Surgeon General's Report On  
Health Promotion And Disease Prevention



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1979

U.S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

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DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE  
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SURGEON GENERAL  
OF THE  
PUBLIC HEALTH SERVICE

The Honorable Joseph A. Califano, Jr.  
Secretary of Health, Education, and Welfare

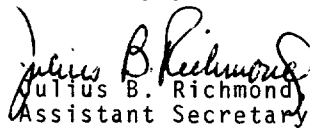
Dear Mr. Secretary:

I am pleased to transmit herewith the manuscript of the Surgeon General's Report on Health Promotion and Disease Prevention.

I believe this will be an important document for the American people.

Many people and institutions, too numerous to acknowledge, have provided valuable assistance in preparing this report. I would particularly like to express appreciation to Dr. J. Michael McGinnis, Acting Deputy Assistant Secretary for Health (Disease Prevention and Health Promotion) and his staff, and to Dr. David Hamburg, President of the Institute of Medicine, of the National Academy of Sciences, for his leadership in mobilizing the resources of the Institute to provide the accompanying papers which present documentation for the report.

Sincerely yours,

  
Julius B. Richmond, M.D.  
Assistant Secretary for Health and  
Surgeon General

July 1979

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