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AT STONY BROOK

DEPARTMENT OF PSYCHOLOGY

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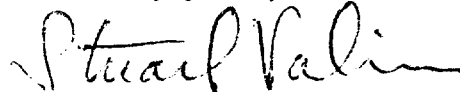
Mr. Joshua Lederberg  
c/o The Washington Post  
1515 L Street, North West  
Washington, D. C. 20005

Dear Mr. Lederberg,

I have just seen your column describing some of my research. I would like to congratulate you on the accuracy of your description. It is all too rare for non-professionals to be able to do this in as clear a fashion as you have. (Do you have any scientific training? How was your attention drawn to my research?)

I am enclosing two reprints of articles that might be of further interest to you. Their relevance for the treatment of maladaptive behavior should be obvious.

Sincerely yours,



Stuart Valins, Ph.D.  
Assistant Professor

SV:amw  
Encl.

Dear Dr. Valins-- Our letters must have just crossed. Believe me, your remarks are among the most commendatory, and appreciated, of those I have received about my column. Since my professional field is genetics (and you can look up the details in American Men of Science) you might well be surprised at my dabbling in your own.

I first heard of your work from one of my colleagues here in Psychiatry, probably Alberta Siegel. I ran into it again in sitting on the National Advisory Mental Health Council when your NIMH grant came up for renewal, and was impressed not only by its inherent interest but also by its methodological implications for many other lines of work. I hope the handwritten questions on my note were legible -- the one that concerned me most ~~perhaps~~ was the extent of actual entrainment of heart rate, a point you did raise yourself, but did not as far as I know directly answer.

Sincerely,

Prof. Joshua Lederberg  
Department of Genetics  
School of Medicine  
Stanford University  
Stanford, California 94305

