



E000365

FIVE SPECIAL STUDIES TO BE SUPPORTED BY AREA V

For the next 12 months AREA V will be observing, with much interest, the progress of five special studies selected by staff, committee chairmen and the Area Advisory Group for funding with carryover monies from the 1970 core budget. All of the projects represent efforts to improve the organization and delivery of health services, or to increase the numbers of health studies--priorities high on HEW's list for the coming fiscal year. The studies--very briefly described below--are expected to generate a wealth of valuable health data, in addition to expanding the Program's geographic scope and cooperative arrangements.

Respiratory Training Institute. A series of specialized training courses designed to develop a health team approach in patient care for the respiratory disease patient. Olive View Hospital, serving as a center for the project, will provide services, facility, equipment and clinical facilities; Mrs. Rose Schlichter, of the L. A. Tuberculosis and Respiratory Disease Assn. will play a major role in program development while the latter organization will also provide teaching aids and mount publicity and recruiting campaigns; funding of \$22,400 from AREA V will provide partial funding to initiate the program. Physicians, nurses, inhalation therapists, physical therapists, cardiopulmonary technicians, social workers, and other health workers will participate in a series of three educational programs, proceeding from a basic core curriculum through intermediate and advanced levels. Additional specialized courses will be centered around the interest areas of the participants but emphasis will be maintained on the value of teamwork on the part of the allied health professionals. Mrs. Kay D. Fuller, RN, is liaison for AREA V in this effort.

Integrated Health Care for Senior Citizens in East Los Angeles. AREA V funding of \$40,000 will supplement LA County Health Dept. resources in the establishment of a prototype clinic to demonstrate the feasibility of a low cost, ambulatory, integrated health care referral service for senior citizens in this disadvantaged community. The project will serve primarily as a screening clinic but will develop systematic referral procedures with existing medical resources, and a resource for the collection of basic epidemiologic data on heart, cancer, stroke, and other

(continued next page)

health problems. The project provides AREA V an opportunity to continue its thrust in the ELA community, away from a hospital-based setting and closer to the center of need. Operations will be based at the East Los Angeles Health Center, with specialty clinics at other locations. Frank F. Aguilera, MPA, will follow the project for AREA V.

San Fernando Valley Health Consortium. A contribution of \$10,000 from AREA V, and support from Area IV RMP, various health facilities and the Kellogg Foundation, are represented in the total of \$50,000 raised by San Fernando Valley State College to initiate this joint college-community educational endeavor, designed to organize and implement the training of health personnel. The Consortium will develop administrative working relationships within the College community; establish liaison with medical and related health agencies; and with professional societies and accrediting agencies; establish curricular articulation with high schools; junior colleges and universities; develop procedures for curriculum construction and review; and delineate academic standards. Miss Dorothy E. Anderson, MPH, will represent AREA V on this project.

Summer Experience for Allied Health Students. As previously reported in V-Minute News, the funding of \$1,800 from AREA V will support two trainees in this 9-week observation-participation experience in health care settings for a core group of medical and other health discipline students.

Free Clinic Liaison Program. This is a project involving the 20 or more Free Clinics now organized in the Southern California area. The goal is to foster and strengthen more effective communications; to encourage cooperation and involvement between the Clinics and appropriate public and private agencies; to develop an evaluation and ongoing research program; to determine the effectiveness of Free Clinic services and programs; to plan for needed education and training programs within individual Free Clinics; to explore and examine various alternatives in community organization and involvement; and to encourage development and duplication of successful models which prove effective. The requested support of \$22,800 will maintain a liaison staff of three people and provide telephone service for 12 months. Housing, supplies, and equipment will be supplied by the participating Free Clinics. Additional funding and personnel from other sources is being sought to provide greater diversity and coverage. Mrs. Toni Moors has been assigned to follow this project for AREA V.

Progress reports on the five studies will be published in V-MINUTE NEWS as frequently as possible. Anyone desiring more information about a particular study should contact the staff person designated as liaison for AREA V.

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REPORT ON AREA V'S STROKE REHAB NURSING PROGRAM

By Robert H. Pudenz, M.D.

At the end of May, Miss Carol Fisher, RN, Mrs. Joan Mitchell, RN and Mrs. Dorothy Gale, RN, assumed new roles as Stroke Rehabilitation Nurses and went back to their respective hospitals--St. Joseph in Burbank, San Gabriel Community, and Presbyterian Intercommunity in Whittier--to help initiate development of Area V's pilot program for rehabilitation of stroke victims. I have been meeting weekly with the nurses to review normal and abnormal examinations but on July 30, there was an opportunity for all of us to get together with Area V staff to assess what has happened so far.

It is a pleasure to note that the three nurses are still enthusiastic about their roles and that they appear to be successful in developing increasing cooperation of medical and allied health personnel in their institutions. As anticipated, the programs--tailored to the particular needs of each hospital and its community--are developing along different lines although the basic concept remains the same.

Although the program has been operational for slightly less than six weeks, it is the preliminary impression of the Stroke Rehabilitation Nurses that after participation in the special program, more patients are leaving the hospital in an ambulatory state, more patients have had bowel and bladder training so that the number of indwelling Foley catheters at the time of discharge has been reduced, and more patients are enabled to return to their homes rather than to an intermediate facility.

Each of the three hospitals developed a multidisciplinary stroke committee which works with the Stroke Rehabilitation Nurse. Dr. David Moline is Chairman of the Committee at Community Hospital of San Gabriel, Dr. Robert V. Miller, Jr. at St. Joseph Hospital in Burbank, and Dr. Michael Singlyn at Presbyterian Intercommunity Hospital in Whittier. Members of medical and nursing staff, representatives of physical and occupational therapy, social service and administration all participate in the deliberations of these committees.

Involvement of extended care facilities in the program are currently being studied at the hospitals. There are plans for visits to these facilities, along with presentation of workshops for extended care personnel, in the interests of broadening the effects of the rehabilitation program.

A major concern at this time is the decreased funding of rehabilitation programs under Medicare and Medi-Cal. Hopefully, the support of third party carriers can be obtained, if it is demonstrated that intensive programs in stroke rehabilitation actually reduce morbidity, mortality, and the cost of medical care.

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AREA V REGIONAL MEDICAL PROGRAMS

CALENDAR
August 1970

Friday, August 14

AREA V

Committee Chairmen's
Meeting

11:30 a.m.
RMP Conference Room

Tuesday, August 18

COMP - L.A.

Personal Health
Services

6:30 p.m.
Los Angeles

Wednesday, August 19

AREA V

Staff Meeting

9:30 a.m.
RMP Conference Room

Monday, August 24

CCRMP

Cancer Committee

5 - 9 p.m. - Parlor A
Hilton Inn, S. F. Airport

Wednesday, August 26

AREA V

Staff Meeting

9:30 a.m. Conference Rm.

CCRMP

Date & Evaluation

2 - 5 p.m. - Vintage Rm.
Hilton Inn, S. F. Airport

AREA ADVISORY GROUP MEETINGS FOR 1970

September 8 November 10

COMMITTEE CHAIRMEN'S MEETINGS - AUGUST, SEPTEMBER

August 14 September 11

NOTICE

During the summer months, the Calendar will cover two-week periods and V-Minute News will be published once every two weeks.

CCU

The special, 3-week course in cardiovascular nursing for nurse educators, presented June 29 to July 17, by AREA V RMP and Cal State College, drew 15 enrollees from LA Valley College, White Memorial Medical Center, St. Vincent's College of Nursing, Biola College, Riverside City College, Rancho Los Amigos Hospital, City View Hospital, Long Beach Naval Hospital, St. Luke Hospital, and Centinella Valley Community Hospital. The program was well received by the trainees who felt it served a great purpose in increasing their confidence to teach acute cardiac nursing and that it had much value as continuing education for nurses in the field. The course content was judged challenging and well organized and comments on the clinical experience were most enthusiastic. It is hoped that the special program may eventually become a regular presentation by Cal State.

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Madys Ancrum, DrPh, Asst. Coordinator for the AREA V CCU Program for the past two years, has accepted a position as Director, Comprehensive Health Program with the Seattle Model City Project and will leave AREA V shortly.

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The task of coordinating a comprehensive cancer planning program for AREA V has been taken up by Mrs. Ann Braatz, on loan from American Cancer Society. Mrs. Terry K. Broomfield, who initiated the program, has been obliged to forego her activities due to illness. Friends in RMP will be glad to hear she is now recuperating satisfactorily at home.

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A Special AREA V Committee on Allied Health has been convened by Area Coordinator Donald W. Petit, MD, to explore some of the problems of allied health and to consider where AREA V might best put its emphasis. Named to this committee are two AREA V AAG members--Bertel W. Ferguson, DDS and Robert J. Schroeder, DVM; Mrs. Lola Marshall, PHN - Chairman, Health Manpower - Comprehensive Health Planning Assn.; Mr. Edgar Rodriguez - ELA Allied Health Project; Dr. Lucie Young - Dean, School of Nursing - Cal State. It is planned to expand this committee with representatives from LAC-USC Medical Center. A first meeting held Aug. 4 was also attended by Mrs. Pauline Rodriguez, RN, Mrs. Norma de la Hoya, RN and AREA V staff members Dorothy E. Anderson, Frank F. Aguilera, Clyde E. Madden, Toni Moors, and Dr. Donald W. Petit.

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Dr. Wilbur Y. Hallett, Project Director for the AREA V Chronic Respiratory Disease Project, has announced the appointment of Dr. Stanley N. Rokaw, who is a member of the faculty of USC School of Medicine, working with the Pulmonary Disease Service, is also the new Medical Director of the Tuberculosis & Respiratory Disease Assn. of L. A. County. Physicians participants and their patients are brought to the attention of the Project through the mobile screening activities of the TB Association's Breathmobile and this closer association promises increased benefits to both organizations, to the community, and to community physicians.

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V minute news

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