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 AREA V'S COMMUNITY COURSE FOR CCU NURSES

wound up a second successful teaching session on Feb. 5 when 15 nurses received certificates from Dr. George C. Griffith in a little ceremony at Methodist Hospital of So. California in Arcadia. Graduating were: Mrs. Joann Middleton, RN, Mrs. Kristan Wiggenhorn, RN, Miss Ruth E. Vineyard, RN of Glendora Community Hospital; Miss Willemina Rynders, RN, Mrs. Judy B. Lenoir, RN, Mrs. Pearl Schuil, RN, Mrs. Lois M. Shipshee, RN of Monrovia Community Hospital; Miss May Standing, RN, Sister Claire Marie, RN of St. Luke Hospital; Mrs. Laverne Harby, LVN, Mrs. Barbara Sedgwick, RN, Mrs. Barbara Cotten, RN of Methodist Hospital; Mrs. H. Barberia, LVN, Mrs. P. Richardson, RN, Mrs. Josephine R. Callina, RN of Santa Teresita Hospital.

Dr. Griffith congratulated them on their decision to become specialists in this field and commented on the difference between the earlier days of medicine when about all nurses were trained to offer was comfort and now, when they are taught skills that can actually save the lives of coronary patients. Speaking from his own recent experience as a cardiac patient, Dr. Griffith described how his life had been saved several times during his illness through quick action by people who knew the right procedures. He urged the CCU nurses to exercise "good judgment, eternal vigilance and sympathetic understanding for both the patient and the family. You have been taught how to deal with the midnight of this disease but in your relationship with the community and the hospital, I hope you will also become teachers because we must learn to recognize and prevent this disease in its daytime and sunrise hours."

The course, which is based on use of a Multimedia Instructional System, was presented two days a week for four consecutive weeks, supplemented with personal instruction by VIVIEN E. WARR, RN, Coronary Care Instructor and with lectures by community physicians, H. S. Aijian, D. G. Covell, R. K. Dickey, C. B. McAuley, E. R. Ritter, W. B. Wallace, B. G. Hassler, C. Shore, S. J. Alexander, A. W. Silver, J. H. Getzen.

Dr. R. K. Dickey and Mrs. Kay Smylie, RN of Methodist Hospital, were of invaluable assistance in coordinating the course. Classroom facilities and additional teaching aids were generously provided by Methodist Hospital.

CALIFORNIA RMP NURSES

met Feb. 5 in Palm Springs, Calif., with good representation from all but one Area. KAY D. FULLER, RN and DOROTHY E. ANDERSON, MPH attended for AREA V. They report:

One of the most interesting discussions concerned the recent development of inexpensive projects at community level without the necessity of long drawn-out applications for large appropriations of funds. Some examples cited were: by Area III - Stanford, a community-based educational program which, by cooperative effort and coordination, expects to put 400 allied health personnel, including PT's, OT's, Speech Therapists, nursing personnel, etc. through an education experience pertaining to stroke patients, at a total cost of \$10,000. Another was reported by Area VII - San Diego, which is devising a core curriculum for allied health personnel and is looking at ways of promoting career ladder mobility through changes in the educational system. Medical Lab Technicians and Nurses are the first health careers in which these improvements are to be coordinated through college, junior college and university levels.

Another subject of interest was the forthcoming "Second National Allied Health Conference" to be held at Airlie House, Warrenton, Va. on April 26-29, 1970. This is a follow-up to the Conference held in Asilomar, Calif. in 1969 and emphasis will be on ways by which the allied health professions can make a maximum contribution to the delivery of personal health care through RMP

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HIGHLIGHTS OF THE CCRMP STAFF CONSULTANTS MEETING - JANUARY 8

- * Vacant chairmanships in Categorical Heart & Stroke Committees will be filled by having members serve as chairman on an interim basis.
- * Further activities of the CCRMP Objectives Committee are to be held in abeyance until the new role of RMP is defined.
- * Data and Evaluation Committee has reviewed plans for the Hospital Discharge Study. A motion that funds be allocated and a Proposal for a Survey of Radiation Therapy Facilities in California be undertaken failed, five votes to four.
- * Future review committees for proposals will be chaired by a Coordinator from some other RMP Region. A fiscal expert is to be added to the group in the interests of more realistic budgets.
- * Discussion of a possible change from the present review process to a Regional anniversary review system which would entail greater fiscal responsibility and might necessitate a change from the present line item budget to a program budget. The latter allows greater latitude in the use of funds but requires a very clear outline of how the funds are to be used and what accomplishments are expected. A series of meetings with a program budget specialist, and training sessions for Area representatives are proposed.
- * Paul Ward suggested efforts be made to determine accomplishments possible with the funds available now and for next year. Also requested that ideas for activities to coincide with a change in direction of the Program be developed by each Area for discussion at the next meeting (2-19-70).

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INDIAN HEALTH

All those who attended the second AREA V meeting on Indian Health (February 9) were given an opportunity to learn a great deal about the process of getting a free clinic started from an expert--Mr. Kelly Hodel, community liaison worker with the L.A. County Health Department. After showing a film on the Fairfax Free Clinic, which was originally organized to deal with drug abuse problems of youth, Mr. Hodel described several different types of clinics that have developed and went into the various regulations imposed by health and fire departments, requirements for licensing, and the various ways equipment and drugs might be obtained. In response to some expressed concern about the availability of professional help, Mr. Hodel was confident that if Indian professionals were unobtainable, others could be found who would be glad to serve voluntarily. He stressed that the more people who are involved in running the clinic, the better. Often, the only paid staff in a free clinic are the administrator and the janitor but these matters are usually decided by a Board of Directors.

Mr. Ted Boles spoke about the United American Indian Council's interest in planning for improved health services for the urban Indian and in learning how they might begin negotiations with AREA V for assistance in planning a health information, emergency care or similar service. It was learned that UAIC is incorporated as a non-profit agency and could receive funds for planning and operating such projects. Later, the center itself could be incorporated so that it would be an independent organization. There was discussion of a possible site for the project and then agreement that a special committee would be needed to explore such matters as location, recruiting and training of volunteers, additional and continuous funding. Statements of cooperation with the UAIC for the purpose of this health project were expressed by several of the non-member Indians. Since it was agreed that the committee should be as broadly representative as possible, the selection of committee members was postponed until after formal application for funds has been made by the UAIC.

Mrs. Carmella Coffey, an Indian social worker, told of her experience as one of a seven-member Task Force appointed by HEW in the interests of improving medical care for urban Indians. The establishment of several health centers in various parts of the country is proposed and there was speculation that an ongoing project for Indian health in L.A. might be instrumental in having one of these centers located here.

A request for funds from RMP was drafted for the approval of the UAIC meeting to be held on Wednesday, February 11 and AREA V staff members and Mr. Kelly Hodel were invited to attend.

FREE CLINICS

TONI MOORS reports on the Symposium on Free Clinics and Neighborhood Medical Facilities, presented Feb. 31-Feb. 1, in San Francisco:

Over 450 people attended, representing 200 free clinics, community drug abuse counselling groups, and neighborhood health facilities from all over--Honolulu, Toronto, London, Washington, D.C., Boston, Dallas, Seattle, New York, Cincinnati, L.A. etc.

The purpose was to exchange basic organization, operation, fund raising, staffing, services and the different treatment programs. It is believed this type of communication will help to improve and expand the delivery of much needed medical services, and will also provide a forum for community approaches to drug abuse treatment in drug subcultures.

Various community health facilities presented programs emphasizing health education research potential, uniqueness of service, and different methods and approaches to funding.

The Los Angeles free clinics were credited with the greatest success in working with "the establishment" and there was a strong feeling that the free clinic model is offering an alternative for some people to the present system of medical care delivery and will remain visible until some changes are made in the current system of delivery.

The next Symposium will probably be held in Los Angeles, some time next spring.

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EAST LOS ANGELES

A last reminder: all applications for the position of Special Assistant for Mexican American Health in Dr. Egeberg's office in HEW must be in the hands of the ELA Selection Board by February 14.

The Selection Board, by the way, is composed of a group of ELA citizens who are very well informed on the health affairs of the community: from the ELA Health Task Force--Roy Cardona, Miss Carmen Guzman, Mrs. Vera Saucedo, Jose F. Carlos; from the ELA Committee on Health Needs--Earl Harrison, MD, Arnold Martinez, Miss Aurora Martinez, RN, Joseph Duarte; from LUCHA--(League of United Chicanos to Help Addicts) Robert Castro; from ELARCA (ELA Retarded Childrens Assn.)--Ruben Milanez; Dr. Larry Cosgrove from the Northeast Health Center and Dr. Jane Shields from the East Los Angeles Health Center.

After reviewing the applications, personal interviews with the candidates will be conducted by a special committee of three members of the Selection Board, with the task being revolved amongst all members. Interviews commence around Feb. 18.

Final choice of one of the three successful candidates will be made by Dr. Egeberg, at a yet unannounced date.

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On Feb. 11, at Ferris Clinic, the ELA Steering Committee will meet to review the final reports of the health survey of the ELA community and of the health conferences.

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V minute news

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