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Moneys of England.

King Edward the first established a Standard for Coyne. viz.

24 Graimes made one penny sterling, 20 penny weight one ounce, & 12 ounces, or 5760 Graimes made a pound sterling consisting of twenty shillings. Of these 12 ounces 11^o 2 penny w. sterling was to be of fine silver, & the weight of 18 penny sterling the minter did add. So that anciently a pound sterling was a pound Troy weight. whereas now 1^l sterling is but $\frac{1}{3}$ of 1^l Troy, & a little more than $\frac{1}{4}$ of 1^l Avoir du pois. w.

In the time of the aforementioned Silver Edw. 1. The Coynes were only 4 pence 3^d. 2^d. 1. halfe penny, & the farthing all of silver. The first Gold Coyne by Ed: 3.

The pound weight Troy of silver since the Reigne of Q. Eliz: hath ben cut at 62 shillings, & the silver Coynes now current in Engl: are the Crowne or 5 shill: ^{wh} is almost the ounce Troy, then halfe Crownes, Shillings, 6^d, 4^d, 3^d, 2^d, 1^d.

For Coynage there was till of late allowed 2 shill: in the pound Troy of silver, so that the Merchant who brought in the bullion, received only 60 shill: for each pound Troy, which

which made the ounce to be just
5 shill:; but by Act of Parl: for
encouraging of Coyneage, the charge
of Coyneage is defrayed by an Imposi-
-tion on Brandy, & nothing payd
by the bringer in of the Bullion, so
now the Merchant receives 62 Sh:
for every pound Troy of Bullion.

Gold

The pound weight or 12 ounces
Troy of Gold, is divided into 24 pts
called Carrats, each Carrat 10^{rs}
Troy, or halfe an ounce, & the Car:
divided into 4 pts^{ch} are called
Carrat Graines. The Carrat Gr
is 2^{rs} 1/2, or 60 ordinary Graines.
The Car. Gr. is divided into divers pts.

The Standard of Crown Gold
is 22 Carrats of fine Gold, & 2
Car: of allay in the pound^{wt}: Troy.
The Allay of some Gold is all silver
as the Guinea Gold, & some all Cop-
-per, w^{ch} renders the Gold Coyneage, some
more white, some more yellow.

The pound^{wt}: Troy of Gold is cut
into 44 pts & halfe, each pt 20^s
& the halfe pt 10 shill: There are
Coyned also some peices of 40 S^s,
some of 100 shill. of proportion-
-able weight & fineness wth the 20^s
peice. Of the 44th 10^s coyned
of the pound Troy, the King had
15^s for Seignorage & Coyneage, &
the Merchant recd but 43^l 15^s
but now since the Act of Parl.

as fore said 44^l 10^s

The Standard of Sterling Silver is 11^o 2^{dr} of fine silver, & 18^{dr} of alloy of Copper out of the five, & so proportionably; so if 12^o of pure silver wth out any alloy, is worth 3^l 4^s 6^d & an ounce is worth 5^s 4^d 1/2; but wth alloy is worth but 3^l, & if ounce 5^s.

The Spanish, French, & Flemish Gold is almost as fine as English.

The English Silver hath less alloy than the French, or Dutch.

The moneyers divide the pound weight into 12 ounces Troy

The	{	Ounce.	} into	20. pennyweight.
		Pen-w.		24. Grames.
		Graine.		20. Mites.
		Mite.		24. Droites.
		Droite.		20. Perits.
		Perit.		24. Blanks.

The proportion of Gold to silver is as 1 to 14 & about one third; viz: 1 ounce of Gold is worth in silver 14 ounces & about 1/3, or 3^l 14^s 2^d of English money.

Since Ref^d. Car: 2. stamping of money wth hammers hath been left, & all stamp'd by a mill or Screw.

Weights & Measures of England. By the 27 Chapt: of Magna Charta all weights & Measures ought to be according to the Kings Standards kept by an Officer of his house (the Exchequer) called Clerk of y^e Market.

Weights. Of weights 2 sorts { Troy weight
 Avoir du poids
 In Troy weight. (sterling)
 Troy weight 24 grames of wheate make a penny wth
 20 Pennyweight make an ounce
 12 Ounces make a pound. So there
 are 480 Grames in an ounce, and
 5760 Grames in a pound Troy.

By this weight are weighed powder
 precious stones, Gold, silver, bread
 & all corne & grame; & this wth
 the Apothecaries use though by
 other divisions, their least mea-
 sure is a Grame.

20 Grames	} (Scruple)	} Mark	} 7
3 Scruples			
8 Drachms			
12 ounces			
	} (Drachm)	} Mark	} 3
	} (Ounce)	} Mark	} 3
	} (pound)	} Mark	} 16

Avoir-
 du-pois
 weight. In Avoir du poids weight.
 438 Grames make an Ounce
 16 Ounces make a pound Avoir du poids

The ounce Avoir du poids is
 lighter then the ounce Troy by
 42 Grames in 480, that is neare
 a 12th part, so the ounce Avoir du
 containeth but 438 grams, & is
 as 73 to 80, that is 73 ounces
 Troy are as much as 80 Avoir du

The pound Avoir du poids is
 heavier, the pound Troy, & is
 as 73 to 60, that is 73 pound Troy
 makes but 60 pound Avoir du poids.

The ounce Troy being larger then
the ounce Avoird^o: 14 ounces Troy
& halfe & the 10th pt of a Troy ounce
make a pound or 16 ounces Avoird^o.

By this weight are weighed all Avoird^o-
Grocery wares, Fleesh, butter, Cheefe, -du-pois,
Iron, Hemp, Flax, Tallow, Wax,
Lead, Steel, & all things of which
comes roaft; & therefore 112^{lb}
Avoirdupois is called a hundred
weight, 56 pound halfe a hundred,
& 28^{lb} $\frac{1}{4}$ of hund, or Tod; 8^{lb}
Avoird^o. amongst Butchers a Stone.

Note that when wheate is at Bread
5 shill: the bushell, then the penny Troy
white loafe is to weigh 11 ounces ^{weight}
Troy, & Three halfe penny wheate
-en loaves to weigh as much, &
the household penny loafe to
weigh 14 ounces Troy, & two
third parts of an ounce, & so
more or less proportionably.

Note also that heere, as in other Silke
Countrys, Silke men use a weight Avoird^o-
called Venice ounce, w^{ch} is 13^{dr} ^{du-pois}
& 12 gr: so that 12 ounces Venice
is but 8 ounces 4 penny Troy, &
9 ounces Avoirdupois; but of this
there is no Standard, neither
doth the Magistrate allow of it.

Measures

All Measures are either
Applicative or Receptive.

measure The smallest measure applicative
Applicative is a Barly corne, whereof 3 in-

length make a fingers breadth or
Inch, 4 Inches makes a handfull
3 handfulls a foote, 1 foote & halfe
a Cubit, 2 cubits a yard, one
yard & a quarter an Ell, five
foote makes a Geometricall pace
6 foote a fathom, 16 foote & a
halfe make a perch, pole, or rod
40 Perch make a Furlong, 8

Mile.

Furlongs or 320 perch make
an English mile; w^{ch} according
to the Statute of 11. H. 7. ought
to be 1760 yards, or 5280 foote,
that is 280 foote more than the
Italian mile; 60 miles or more
exactly 69 miles & a halfe make
a degree, & 360 degrees, or 25020
miles compass the whole Globe of
the Earth.

Land.

For measuring Land 40 perch
in length & 4 in breadth make
an Acre of land, 30 Acres ordi-
narily make a yard-land & 100
acres are counted a Hide of land

but in this & also in some weights
& ^{other} measures, the custome of y^e place
is otherwise, yet must be regarded.

In France about Paris 12 inches French
make a foote, 22 foote make a perch, measure
& 100 perches make an Arpent.

Receptive Measures are two-fold, Measure
of Liquid or moist things; & 2^d Receptive
of Dry things.

About a pound Avoirdupois makes ^{of moist} things.
the smallest receptive measure called
a pint, 2 pints make a quart, 2
Quarts a Pottle, 2 Pottles a Gallon, Ale.
8 Gallons a Firkin of Ale, 2 Firkins
a Kilderkin, 2 Kilderkins or 32 Gall.
make a Barrell of Ale.

Nine Gallons make a Firkin of Beere.
beere, 2 Firkins a Kilderkin, 2
Kilderkins or 36 Gallons make a
Barrell of Beere, 1 barrell & halfe
or 54 Gall. make a Hogshead,
2 Hogsh; a Pipe or Butt, & 2 Pipes
a Tun, consisting of 1728 pints.

A Barrell of Butter or Soape, Butter.
is the same with a Barrell of Ale. Soap.

The wine measures are smaller Wine.
then those of Ale & Beere, & hold
proportion as 4 to 5 so that 4
Gall. of Beere are 5 of wine mea-
sure, & a Gallon of wine is 8 pounds Troy

Troy weight; 18 of these Gallons
 make a Rundlet, 31 Gallons $\frac{1}{2}$
 make halfe a Hogshead, 42 Gallons
 make a Tierce, 63 Gallons: make
 a Hogshead, 84 Gallons: a Puncheon,
 126 Gallons. a Pipe or Butt, & 252
 Gallons: or 2016 pints make a Tun

Of dry things. To measure dry things as Corne
 or Graine, there is first the Gallon,
 which is bigger then the wine Gallon,
 & less then the Ale or Beere Gallon,
 & is in proportion to them, as 33 to
 28 & 35, & is counted 8th Troy.
 2 Gallons make a Peck, 4 Pecks
 a Bushell, 4 Bushells $\frac{1}{2}$ Comb
 or Curnock, 2 Curnocks a
 Quarter, & 10 Quarters a Last
 or Weigh, which contains 5120
 Pints, & about so many pounds.

Troy weight for Gold - 24 Grams, 1 weight
 480. 20 ^{gr} made 1 ounce which is 480 ^{gr}
 which is worth 3^l 14^s 2^d The halfe
 10. 1^{nt} ounce 240 ^{gr} worth 1^l 17^s 1^d the ^{gr}
 240. of an ounce is 5. 1^{nt} 120 ^{gr} worth
 120. 18^s 6^d $\frac{1}{2}$ The $\frac{1}{8}$ of an ounce 2. 1^{nt} $\frac{1}{2}$
 60. 60 ^{gr} worth 9^s 3^d $\frac{1}{4}$ The $\frac{1}{10}$ of 1 ounce
 30. is 1^{nt} $\frac{1}{4}$ 30 ^{gr} worth 4^s 7^d $\frac{1}{2}$
 15. The $\frac{1}{32}$ of an ounce is 15 ^{gr} & worth
 2^s 7^d $\frac{3}{4}$ $\frac{1}{16}$ - A graine is worth
 1^d $\frac{3}{4}$ $\frac{1}{8}$ almost.

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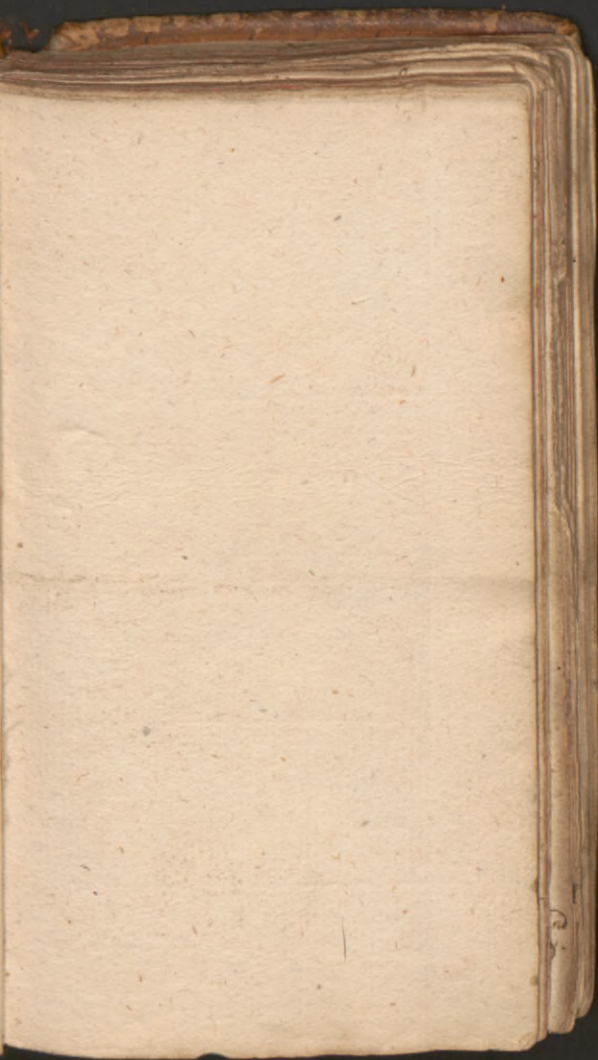
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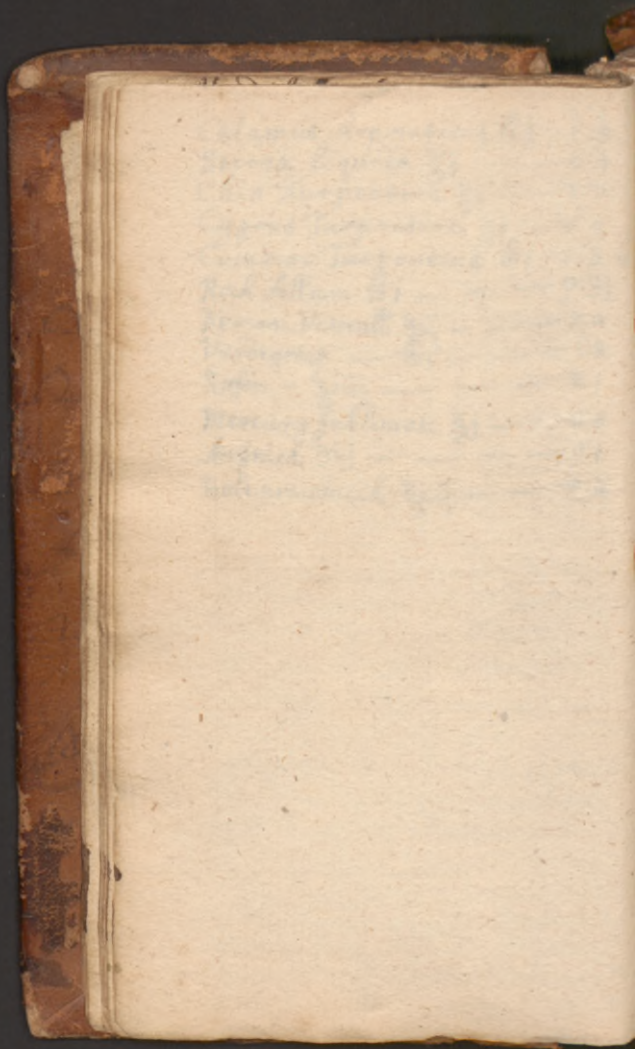
Ugnea Cran: humani	℥i	2:8
Adeps human.	℥i	3:0
Mummi	℥i	1:0
Venice Turpentine	℥i	3:0
White Sugarcandy	℥i	3:4
White Copperas	℥i	0:2
Oyle of Johnswoort	℥i	0:3
Minium Plaiſter	℥i	2:0
Cyſcharge of Gold	℥i	3:0
Silver of each	℥i	3:0
Diapalma plaiſter	℥i	1:0
Diachilon cum Gum	℥i	1:0
Mellilot	℥i	1:8
Corraline	℥i	1:0
Ivory	℥i	0:8
Paracellus Plaiſter	℥i	3:8
Sena	℥i	0:4
Diaſcordium	℥i	0:3
Myrk	℥i	0:4
Alloes	℥i	0:6
Flos Sulphuris	℥i	0:1
White Copperas	℥i	0:1
Burnt hartshorne	℥i	0:1
Iriſh ſlatt	℥i	1:0
Oyle of Amber	℥i	2:0
Andromacas Treacle	℥i	0:2
Venice Treacle	℥i	6:0

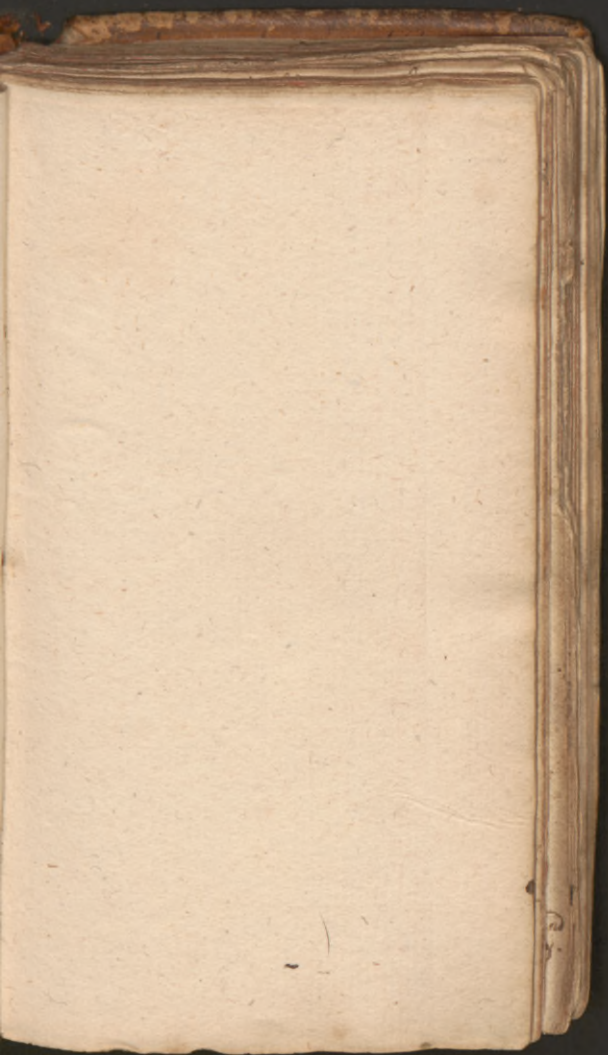
	Mithridate ℥viij	3:6
℥i 10 ^d	Chymical Oyle of Mirrh ℥ij	0:6
	Gum Lacca ℥ij	0:9
	Gum Sandrach ℥ij	0:3
	Benjamin ℥ij	0:5 ¹ / ₂
	White Frankincense ℥ij	0:1
	Gum Arabick fine ℥ij	0:2
	Olibanum ℥ij	0:4
	Camphir ℥ij	1:3
	Sarcocolla ℥ij	0:7
	Taccamahacca ℥ij	1:6
	Euphorbium ℥ij	0:2
	Elemni ℥ij	0:6
	Bdellium ℥ij	0:8
	Ammoniacum ℥ij	0:5
	Storax ℥ij	0:11
	Pix siccat ℥ij	0:1
	Galbanum ℥ij	0:5
	Gum hederæ ℥ij	0:9
	Opoponax ℥ij	0:10
	Sanguis Draconis ℥ij	0:5
	Gum Fragacanth ℥ij	0:3
	Sagapenum ℥ij	0:8
	Assa fatida ℥ij	0:5
	Colophonias ℥iij	0:1
	Mastic ℥ij	1:7
	Gum Anumæ ℥ij	0:11
	Pix Burgundica ℥iij	0:3

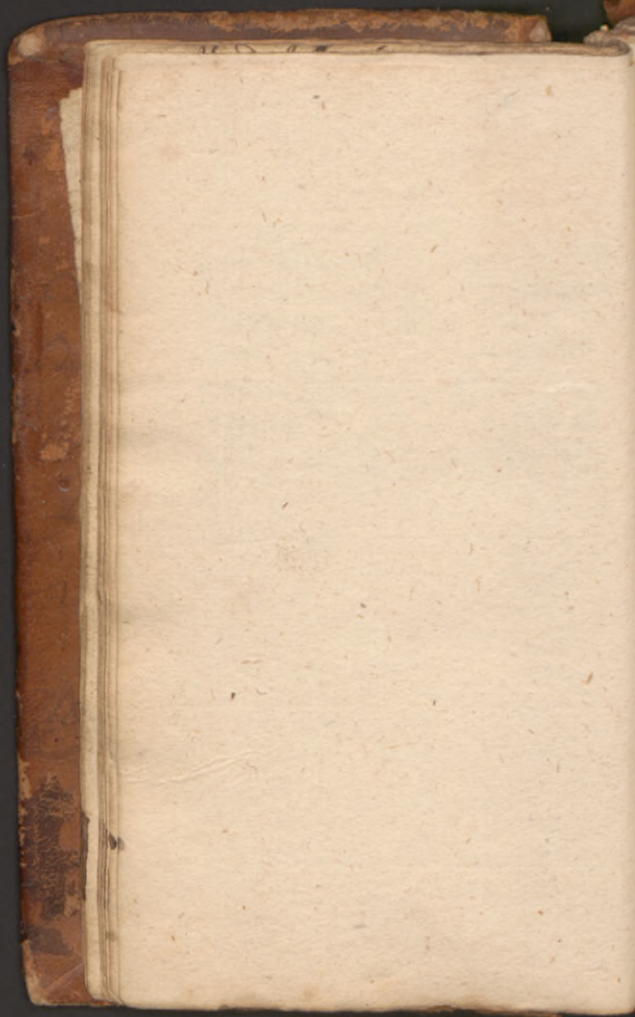
Caranna ℥i	— — —	3:10 ⁵
Gum Cerafum ℥i	— — —	0:5
Sulphur vivum ℥i	— — —	0:2
Lignum Aloes ℥i	— — —	1:6
Amber ℥ij	— — —	1:3
Galinal ℥ij	— — —	1:3
Musk, Civet, & Ambergris	3:6	of each 4 Graimes
Terra sigillat Rubr. & Vera	3:6	
ana. ℥i	— — —	0:9
Zedoary ℥i	— — —	0:6
Lapis Calaminaris ℥i	— — —	1:4
White Pepper ℥i	— — —	2:0
Quick silver ℥i	— — —	5:0
Cubebz ℥i	— — —	4:8
Graimes ℥i	— — —	1:0
Sal petra ℥i	— — —	1:8
Galajacum ℥i	— — —	0:6
Fine Bole ℥i	— — —	2:0
Course Bole ℥i	— — —	0:5
Cantharides ℥ij	— — —	1:8
Cardamon seeds ℥ij	— — —	1:2
Gum Guaiaci ℥ij	— — —	2:6
Red, Yellow, & White Sanden	6:9	of each ℥viij.
Sassafras ℥i	— — —	
Lignum Rhodium ℥i	— — —	1:0
Cassia lignea ℥i	— — —	6:0

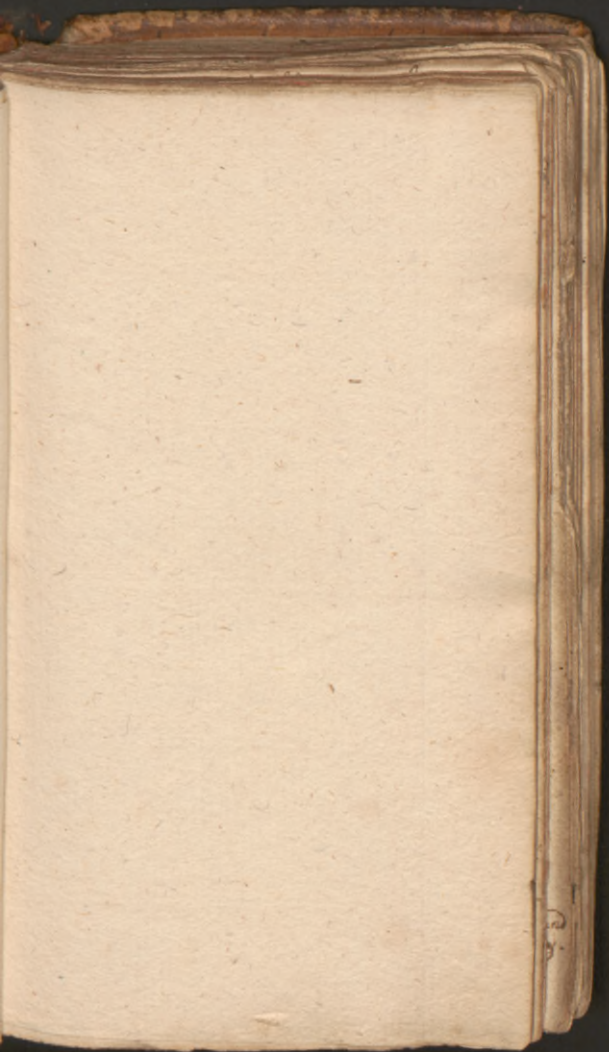
Calamus Aromaticus	℥j	—	—	1:8
Stirax liquida	℥i	—	—	0:4
Chio Turpentine	℥i	—	—	1:0
Cyprus Turpentine	℥i	—	—	0:9
Common Turpentine	℥i	—	—	0:8
Rock Allum	℥j	—	—	0:3½
Roman Vitreall	℥ij	—	—	2:0
Verdegrease	℥ss	—	—	1:8
Resin	℥iiij	—	—	0:1
Mercury Sublimate	℥j	—	—	0:8
Arfnick	℥ij	—	—	0:1
Bolearmoniac	℥iiij	—	—	0:2

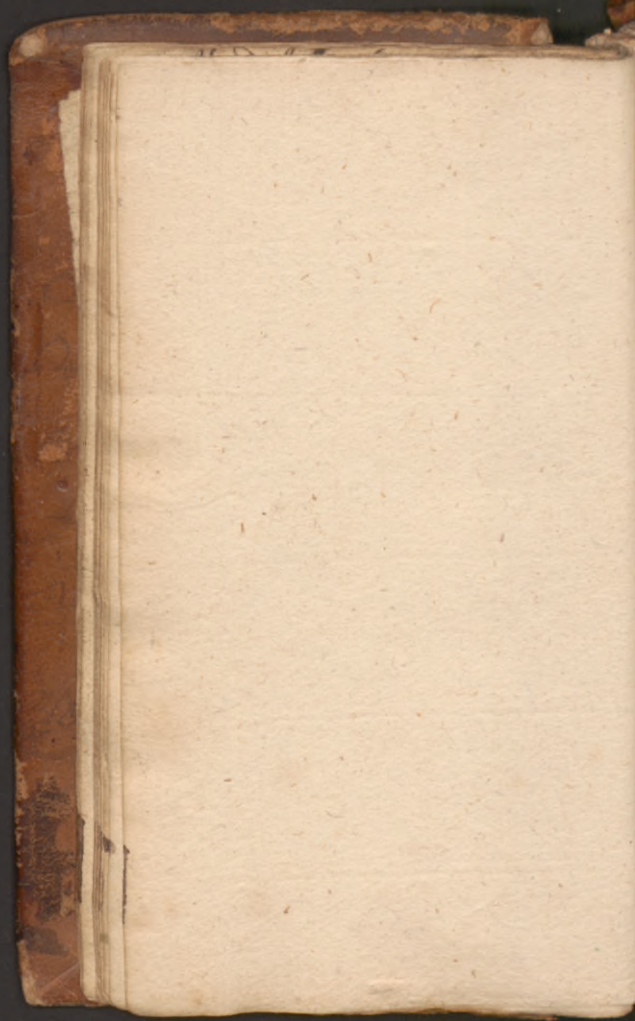


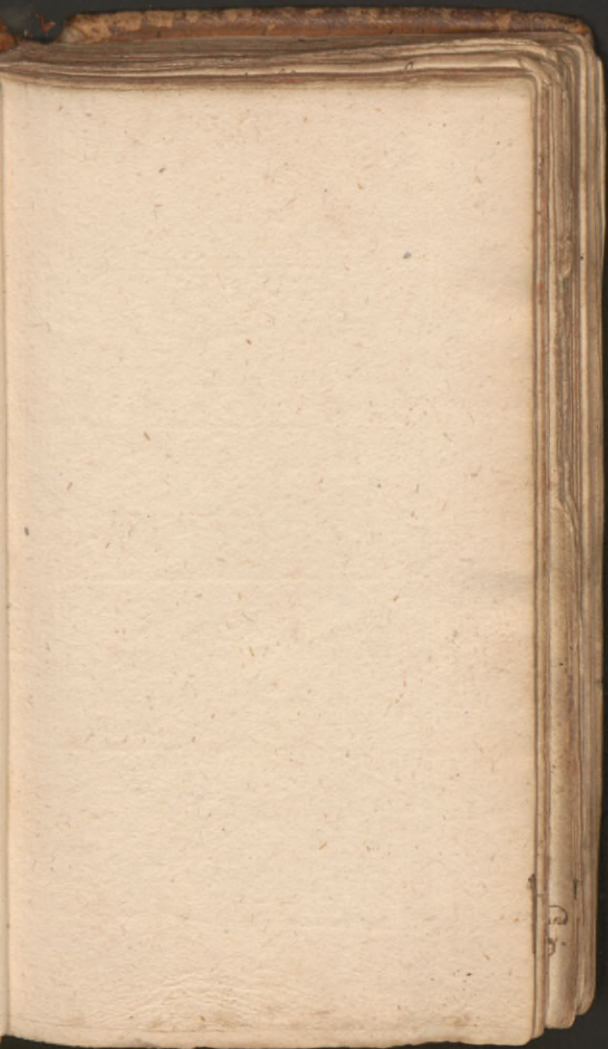


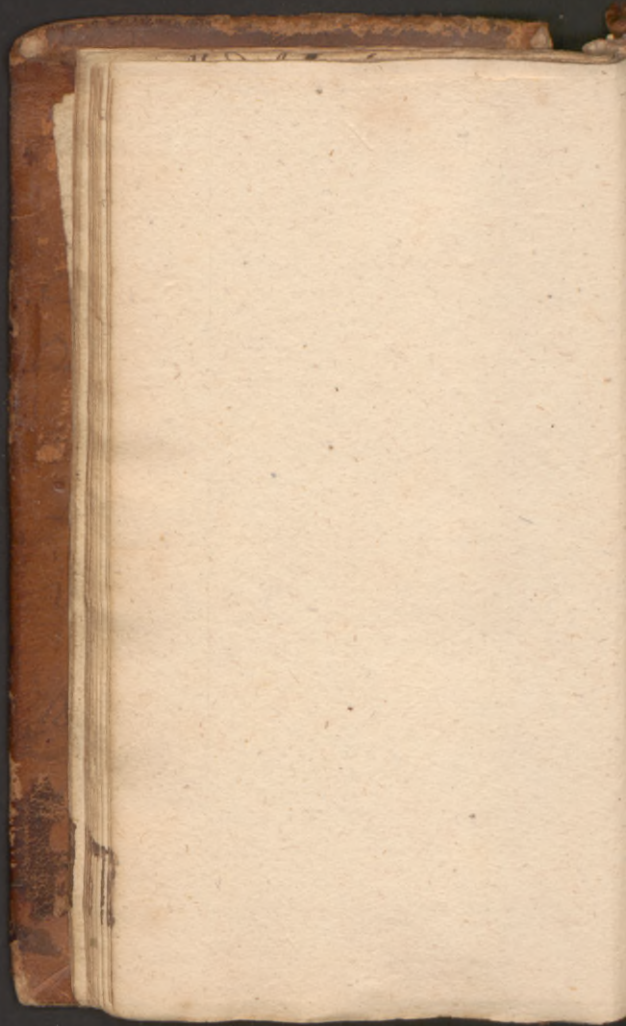


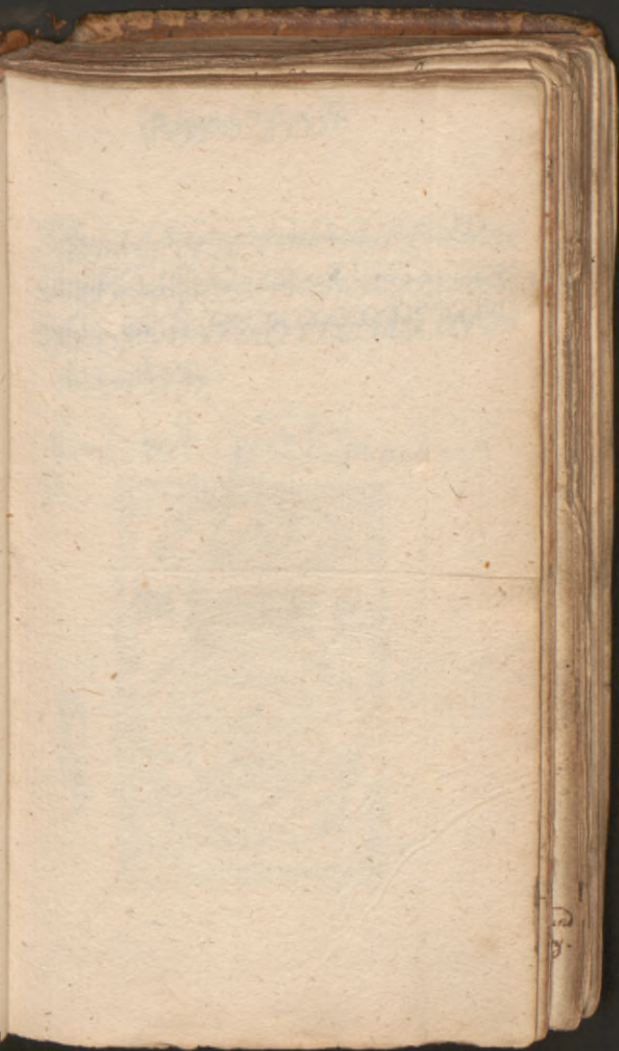


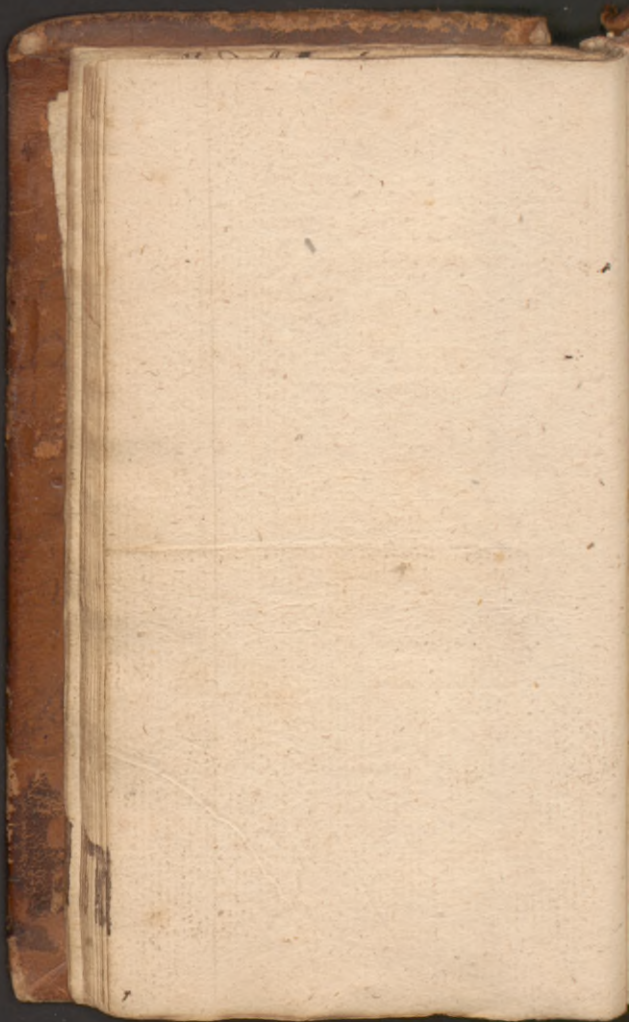












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William First the first



William de la Hay

William



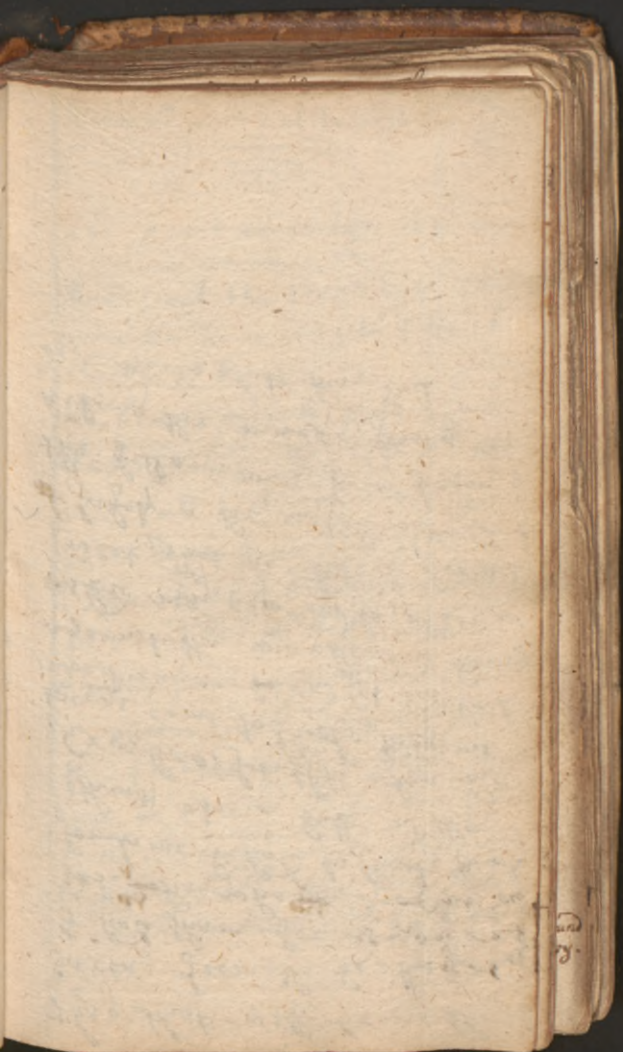
Hay

prob: 4. 7. 8. 14. 16. 18.

19.

2.

8 f. 01. 7. 3. 1



Naturall and artificiall Conclu-
sions.

The secret proprietyes of y^e Egge.

And first the round Egge set
under the henne, bringeth forth a henne
chicken, & the long egge set under
the henne bringeth forth a cocke
chicken. Also the Egge wth the

shell laid to steepe in vinegar for
three dayes space, doth after for
soften it, that any may worke y^e
same at length like unto waxe

An the same egge afterward laid
in water, doth come againe to
the former state. Also if an
Egge be painted wth sundry colours

& the same set under a henne
to bring forth; shal hatch
a chicken having such feat-
thers, unto the colours painted
ed on the egge.

2. Also the Egge laid for three
dayes to steep in Strong Vine-
egar, & after for one whole
month laid to dry againe in y^e
sunne, will after by degrees
come to the hardnesse of a
Stone.

To make Golden Inke.

Take Salt & honey alike quantity, And
mixe them together with leafe Gold, &
Gum water, & the white of an egge.

Another.

Take Christall beaten small, & temper
it with the white of an egge, & when it
is dry, rub it with a gold ring.

Silver Inke.

Take black lead, & temper it with Gum
water, & write upon a black paper, &
when it is dry rub it wth a wollen cloth.

Red Inke.

Take honey & salt of each alike quantity
mixe them well, & in a pot well covered
let it stand 8 or 10 dayes, & write wth it.

Yellow Inke.

Take Saffron & Argill, & temper them
with gum water, & write wth it.

Purple Inke.

Take Saffron & temper it wth the yolk of an
egge, a little gum & raine water.

Greene Inke.

3.

Take halfe a pint of honey $\frac{3}{4}$ of a
pint of Vineger, temper them together
in a pot of brass or pewter, & cover
it close, putting to it a handfull of
beaten chalk, & let it stand 12 or 14
dayes before it be used.

Another.

Take Verdegrease & Argill, & grind
them together on a stone, then temper
it this will colour, vellum, parchment
paper or quills.

Blow Inke.

Take Elser berries, & a little powder
of Chalke, & temper them together &
put some beaten Gum in it, then let
it boyle a little while, & when it is
colds use it.

Gum-water.

Take a dishfull of faire water, & put
in it a handfull of Gum, let it stand
3 dayes & then stirr it well.

To write on Steele or Iron.

Take an ounce of Saltpeber, & an ounce
of green Coparis, & beat them grossly
together, then put them into a strong
glass bottle, then spread soft wax over
the knife, & write on it with a sharpe
pointed bodkin, then poure the water
on the writing, let it lay a day and
night, then wipe it off.

4. To make a Candle burne in water.

Take wax, brimstone, & vineger, of each a little quantity, & boyle them together untill the vineger be consumed, make a candle of the wax remaining, which will burne in the water.

To kinde fire at the sun.

Take a bright bason & put a new looking glass into it, set the bason in the sun, put about it dry tow & it will take fire.

Black Jewell.

Take of Galls 3 ounces & have small heaby & thinne, put them in a vessel of 3 pints of Rain Water, letting it for stand for 3 or 4 Sun for 2 days, then take Powders of 2 ounces for Roman vitriall well coloured & beaten small, stirring it well with a stick, & being put in set it againe in the Sun for one or 2 days more stirring all together. Add 2 ounces of yelcbeate of y^e clearest & most shining, being well beaten, & to make juke fine & lustrous add to it some certayne pieces of a Bagge of pomegranate tree, or a small quantity of double refined sugar. then boyle it still to draw a gentle fyre, & pour it out & leave it in a glass or Leadon vessel well stopp'd.

(Copper?)

How to dispose of many men, in ⁽⁵⁾
such sort, that rejecting the 6th - 9th -
10th part, there shall remain
those w^{ch} you will have.

Its done by the vowels of this
verse. pOxVLEAm. vEgAm. mAtEr
vEgInA tEnEBAt. Have respect
to them thus. count a. 1. e. 2. i. 3.
o. 4. u. 5. The vowel o being
the first in the first word
& taken for 4. shews that there
must be 4 (of those w^{ch} you would
have to remain) placed first, then
the next vowel is. u. w^{ch} taken
for five shews that there must
be five, of those w^{ch} you would
have rejected, placed next;
& so they must be placed turn
by turn according to the num-
ber of the vowels. Then cast
away every ninth man, and
only those w^{ch} you would have

observed, will remaine. This
probleme extends to any number
whatsoever. Therefore to apply
a generall rule in counting the 3.
4. 9. 10. &c. amongst 30. 40. 50.
persons, e more or lesse: this is
to be observed: Take as many u-
nites and dispose them in order
privately. Thus for example. Let
24 men bee proposed to have
committed outrage, 6. of them on-
ly are found necessary. e let it
be agreed that counting by 8
and 8. the eight men should bee
always punished. ~~The~~ Take there-
fore first 24 unites, or upon a
piece of paper write downe
24 ciphers, e account from the
beginning to the eighth, which
eighth marke, and so continue
counting, allways marking the
eighth, untill you have markt
6. by w^{ch} you may easily per-
ceive how to place the eight
men you would have pun-
ished. and so of others. —

To make Inke .

7.

Take coppas, & galls grossly
beaten of each half a pound, put
this into a quart of rainwater,
& set it by the fire one day, to
boyle by it, then put in a quarter of
a pound of gumme arabicke, or if it
then be too thin,
a quarter p. halfe,
& halfe an ounce of
white sugarcandy
powder. let it
stand three dayes
nearer the fire that
the heat may come
to it, or els let it
stand out in the sun
nine or ten dayes,



stirre it often every day till the
gumme be consumed; & it will be good. ℞.

To make white Mithylin .

Take fower gallons of water, a
gallon of honny at the least, mixe
the honny & the water untill it will
bear an egge the breadth of iiij
let it be boyled & scummed .
then take of Lycoras beaten and
sifted a quart of a pound, of
aniseds bruised the like, of
ginger bruised halfe an ounce,
of Nutmeggs 4 number of 3 bruised
of Cinamon bruised one ounce or 2.

8. of clouys and maer bruised, a little;
put these spices into a bagge, &
when the liquor is boyled & scummed,
put the bagge into it let it boyle a
little, then take it from the fire
& when you haue turred it, hang
the bag by a thred at the bung-
hole, & sink it with a stone all-
most to the bottome. The best time
to make it is after christmas for
then it will last till that time a-
gaine & be as good as Jacke.

To make Jacke.

Take a pint of Vineger or raine
water. Gauls beaten one ounce,
boyle it halfe an hower; then put in
an ounce of vitreal beaten seeth it
a little, when you haue took it of,
put in an ounce of gum, a little allum
beaten, stir it till it be colde, after
it hath stood a while straine it, & use it.

Another

Take 3 ounces of Gum Arabick white
& cleare, 4 ounces of Galls beaten, & 3
ounces of green Copperas, put them all
into a quart of raine water, & let it
stand a weeke at least (but the longer
it is kept the better it will be) only
be carefull to stir it often, else
a white scum will arise w^{ch} will take
away the strength & blackness of the
Jacke.

Glyckop.

Stop both eares wth your fingers; & bat:

Observations for planting of 9.
Young Trees.

Remove and set young trees
either in the end of October
November: or February. De-
cember and January being
excluded because of the cold-
ness of those months, you
must set these trees the
moone increasing, and be
sure to set that side South
which was South before, be-
cause it cannot endure the
cold North. The warmer
the time is, that you set
your Trees, the better: where-
fore let not the wind be
in the East or North, be-
cause such winds are cold,
Especially being helped by
an aspect of the moone with
Saturne or Venus in cold
Signes, as Virgo, Capricorne,
Taurus, Scorpio, Pisces, or
Cancer.

For y^e pin & webb in y^e Eye.
Take y^e marrow of the bone of a
Goose whing & put some of it on the
Spot in y^e Eye. y^e older the wing y^e better.

10. To make trees newly set to grow againe.

Digg about the Trees newly planted, once every month untill they shall be of 3 years standing in that ground. Sic Calo: But if not over a month, because of the continuall toyling, yet to lobsen y^e ground about the roots: twice or three times a yeare, I thinke ~~it~~ very needfull and convenient.

To make barren Trees fruitfull.

Take of Roseferde & mustard, ferde a like quantity, put to these the foote of a wexsil & a little peece of a fruitfull tree. hange all these mixt together on a limbe about the midst of the tree, and this will wonderfully refresh the Tree, & make him very fruitfull: sic Mixatons.

Bloody Flux.

Take yarrow & plantaine of each alike stamp them well, put thereto red wine, straine it well, & drink a good draught, ^{1st} & last 3 or 4 dayes together.

To wipe away a Spot in y^e
Eye.

11.
Eys

Take foure Spoonfulls of y^e best
honey, one ounce of fine sugar-
candy white, powdered, the galls of
two cocks or hens, one pennyworth
of saffron dryed & powdered, one spoon-
full of bay salt powdered, six spoon-
fulls of white wine vinegar, & as much
rosewater, let them steepe all a while
together, then strayne it, & keepe it
in a glasse, & put it into the eye,
once a day upon topp of a feather.
It is very good to put into y^e eye white
sugar-candy finely powdered, once a day.

A water to bath y^e eyes warme. Eys

℞ Semin: Cydonij ℥i.

Fenugr: Semin. ℥i.

Hordei Decort: m. i.

Borag: rad: contus: et mund: ℥iij.

Semin: Lini ℥i.

Anisi Semin: ℥ss.

Vini albi. ℥vi.

Aqua Euphrag: ℥vi.

Aqua rosar: albar:

Aqua plantag: ana: ℥xij.

Aqua Hyssop:

miscantur et paululum coquantur.
qua pluat oculus quotidie.

¹². Eyes. A water for the Eyes.

R^o vini albi . ℥iiij .
Aque rosar: ℥vi .
Aque Selind: ℥iiij .
mellis dyspumat: ℥i .
Sarcocoll:

Tutia preparat: et pulvir: ana ℥ij .
Lapid: Calam: pulvir: ℥s .
Saccar: candi albi pulvir: ℥i .
Alors Hipat: pulvir: ℥i .
miserantur et fiat collyr:

Dropt into y^e eyes 3 times a day .
you may put 10 blades of saffron into

Eyes. For the Eyes; to recoure sight .
Take Cloves, grayns, Nutmeggs, of
each halfe an ounce, fennell seed
C anisidre, of each an ounce, of saffron
twoe pennyworth, of Eyebright leaues
a good handfull, make all into a
powder, & take thereof, morning, and
evening, in 9 or 10 raisons of the
sunne stord, as much in each raison
as will lye on an halfpenny .

Face hurt wth pox .
A water for y^e face hurt wth pox,
Take water of white lillies one pint,
white roswater, & water of brans:
flowrs, of each halfe a pint, twoe
handfulls of siccamore kryes made
to a pulvir, strawberry leaues halfe
a handfull, cammomill, primrose,
& borragr flowers, of each twoe

handfulls, spoonfulls, two ounces of 13.
Sugarcandy powdered, Camphire one
ounce, white frankincense two ounces
& halfe, two handfulls of mathros,
let them be all well bruised & steep
in the water one night, then distill
it & you shall have a precious water
for the face. when you use it, dippe
a ragge into it, & wash the face, & let
it remaine a while without wiping it,
you may use it sometimes warme, some-
times cole. It is vey good to wash
the face now & then with cowhot milke.

Doctor Stevins water.

Take a gallon of good Gascoigne wine
then take ginger, gallingall, anisidris,
nutmeggs, graynes, cloves, coliadore
seeds, fennell seeds, carraway seeds,
of each a dramme; then take sage,
mints, red roses, tyme, pellitory of
the wall, rosmary flowers, wild tyme,
wild marjoram, organ, cammonill,
Pygmountaine, Small Lavender, &
avenes, of every one of them a hand-
full; then beat the spices small,
& beat the herbes & put it into the
wine altogether, & let it stand
two or three howres, stirring it often,
then distill it in a limbecke, &
keep the first water by it selfe
for it is the best, then there will
come a second water which is
vey good likewise.

The vertues of this water are these,
 It comforteth the spirits vitall, &
 greatly preserveth the youth of a man
 it helpeth inward distempers coming of
 cold, & the shaking of the palsy, it
 curith the cold dropfy, it helpeth the
 stone in the bladder, it curith the con-
 tract of sinewes, it helpeth the con-
 ception of women that are barren,
 it killith the gout, it helpeth the
 toothach, it comforteth the stomach
 very much, & the ryngs of the back,
 it cureth the canker, it cureth a
 stinking breath, & whatsoever useth
 this water moderately, it preserveth
 him in good liking, & will make
 him ferme young, very long, with
 this water Doctor Stevins preserv'd
 his life for long, that he could not
 ride, nor goe, but liud in his bed
 divers yeeres: & he confes'd a little
 before his death, that ^{whenever} he was sick
 at any time, he us'd nor other physick.
 This water will be much better if it
 be set in the sunne all the sommer.
 Take of the first running a pint, & of the
 second as it will runne. You may use
 these spices and herbs. Calamus, Aro-
 maticus, its good for the stone, Pibitory, is
 good for the palsy & braines; Camopithes,
 its good for the kidneys & liver. Serras,
 its good for the liver, lungs, & head. Juniper
 its good for the stomach, & to provoke urine.
 myrrilot, sage, tutson, and gillyflowers,
 Knotgrass, harehound, & filipindula.

Doit
Burgis.
purginy
Ale.

pag. 15

An approved purging Ale, to be taken
every Spring & fall, viz: from the first of
Aprill to the end thereof, & from the
middest of Sept: to the end of Oct: It cures
& dropfy, palsy, nigrom or headach, Souleser
of the lungs, pain of the stomach & back,
It cleanse the body of all corrupt humours,
as water, & wind, & purgeth the stomach,
liver, lungs, & head, & other parts of the body
without offence: its good for Stone, & many more.
Take 4 gallons of the strongest ale or
Draught being of the first brewhout or running;
then being boyled from 4 gallons untill it
come to three, or three abouts, tanner it up
with good store of barme, that it may worke
well, and against you be ready to tunc it,
provide a canvas bagg, & put into it these
ingredients viz: of Sina, & polipodium
of the oake, of each 6 ounces; Ashen leaves
bruised 3 ounces, Anisifinde Saffras wood,
Bayberries kullid, & Saldanilla of each of them
2 ounces, let them be all bruised, except the
Sina; then thrust an hable stick through the
bagg, & for fasten it, within the barrill, that
the bagg ge not within three inches of the
bottom, nor flow on the toppe with the barme,
and when the ale hath done working, stop it
close, having good store of barme on the toppe,
& after three or four days, drinke thereof,
during the time aforesaid, every morning
halfe a pint at brewe, about twoe howers
space betwixt, & every evening, if you please,
these parts of an halfe pinte. This drinke
may be taken by a child, or old body without
offence; if they take a little warme broth every
morning it will worke the better; but in the
evening you must take it when you go to bed.
Keep your selfe warme during the which time; you
take it, the more you exercise your body, the better it workes.

and
by.

16
Hindack. For the hindack. Take burdock leaves
& binde them about the head; wear camomill
in your stockings or shoes.

Ach in
any part. For an ach in any part. Take the ker-
nells of walnuts & bruse them, & there will
come an oyle from them, straine the oyle,
and annoynt the place ground.

Cough. For the cough. Take Lycoras, slicer it, &
steep it in rainwater, & drinke it cold.

Flux. For the flux. 1. Take Rubarb, galls, &
Cinnamon of each alike, beatn to powder;
& drinke it in posset. 2. Take black froth
flat beatn to powder, & drinke it in posset.
3. Drinke $\frac{1}{2}$ powder of marrowbones in posset.
4. Fry butter black, & drinke it in posset.
5. Take sack & fullit oyle of each a quartier
of a pinte, warme the sack & drinke it.

Shortnes
of breath. For Shortnes of breath. Drinke Loopes
in beer or wine, the first morning one,
the second twoe, the next three, & so on
to nine, or eleven, & then back againe
till you come to one as at first.

Convulsion. For the convulsion fits. Take $\frac{1}{2}$ dang
of a stoned horse, being new, press out the
juice of it, & drinke it, & drinke every morn-
ing for seven dayes your owne water.

For lice, or Scabbs in the head.

Lice & Scabbs. Take an egge & rost it very hard, then take the
in y^e head. yoller, mixe it with fresh butter, & annoynt it.

Stone. For the Stone. 1. Take the roots of Ele-
campane, & alixander, dry them, pound them to
powder, & drinke it in white wine. 2. Egge shells
boyled hard, beatn, & dranke in white wine
is very good. 3. Elter berges drid, & pounded, to
powder & dranke in wine or beer. 4. Sarnpitt,
oyle, the flowers of camomill, & a bath of many
herbs to bath in, all very good. 5. the juice of
camomill dranke in white wine. miliam solam.
6. lay a bagge of camomill hot to the place
pained; or 2 or 3 handfulls of parsley with a
little vinegar, & applyd hot to the place
is very good.

7. Drinke Sacke & salt oyle, & take down-
tobacco. 8. The powder of thundrstone, as
much as will cover a grate & Syrup of
Stonewort, & white wine warmed & drinke.
9. Take down the yoller of an egge raw, & a good
draught of small beer after. 10. boyle pillitory
of the wall in popst & drinke it. 11. Take one
spoonfull of the peger of limmon, one spoonfull
of oyle, one spoonfull of loafe sugar, mixe it,
warne it, & drinke it. 12. Take 2 ounces of
the Syrup of marsh mallows, one pint of
milke, halfe a pint of white wine made to a
chere point with a spoonfull of honey & brew.
& drinke it. 13. Take Snails in the shells, &
dry them in an oven in an earthen pot after the
bread is drawn, doe this twice, then beat them
to powder sift them through a silke searse, &
drinke them in white wine, 3 dayes before the
full, & the new of the moon. 14. Take Dia:
salpionella powder in white wine. to make
the powder. Take saltpebr & 2 or 3 knobbs
of brimstone burnt in an earthen pot such as
goldsmiths use.

For the Gout. 1. Take Arthriticus in Gout.
white wine & drinke it. 2. Take gumme
Carana with gumme Almonix mixt, & spread
on a playstro of leather, & apply it to the place
pained; 3. If windy take Curicostinum in
halfe a pint of white wine. 4. Drinke roem:
wood beer in the morning often.

A drinke to cleanse the liver

Take Liverwort & hartstonger of each a good quantity, boyle them in wort instead of hopps, then turne it before it bee ripe, put barne to it; then take anisides, lycoras, & red sandes, (all beuisd) & put into a bagge of sack 2 ounces, put the bagge into the barrill, & sink it with a stone almost to the bottom, let it hang by a thred, & after three dayes, drinke of it a good draught, only in the morning fasting. m^r Froth.

Cleansing
drinke
Liver.

round
107.

18.
Pox.

To Drive out the Pox.

Take an ounce of hartshorn, put it into a pint & halfe of water, let it steepe all night, then boyle it, till it come to a jelly, w^{ch} will be, when it hath boyled till it come to you may a quarter of pint. put in to this a stick of gilly a little resin water & sugar & of cinnamon give it in a little warme posset or a little madder in the or beere. Its good against infection. boyling of it, its good alsoe for the wormes.

Pox. to

ripen.

or drive

them out

& drive them

out of the

throat.

a comfortable

Drinke.

you may

put on a

Crust of beere

To Drive out y^e Pox, & to ripen them.

Take 3 broad figgs & boyle them a little in a pint of beere with the flowers of marigolds, keep it covered in the boyling. Burnt hartshorn about 20 gr: or 10 or 12 gr. of gasseigne powder give to a child in a little warme posset or beere is good to drive them out.

To make Almonds milke, w^{ch} is a very good drink for a feaver, or in any sickness.

Take about 2 quarts of raine or running water & boyle in it an ounce of french barley, halfe an ounce or better of hartshorn, & a stick of cinnamon; let it boyle till halfe be consumed, then take it off, & let it stand: then having in readiness a quart of the best and largest almonds blanched in a little warme water, & very well powdered in a stone mortar; put some of the barley water to them & stirre it very well; then strain it through a cloth

found the same againe. It put more of
the water to them three & straine it as be-
fore, & thus doe as long as the water comes
off white. With this barley water you
may make a fine cooling Julep, by a Julep.
adding some Syrup of Framboys, can-
dy, or if the party be costive
Syrup of violets.

For the cough. what

Take of the courth, brame, & salt
salt of each alike quantity. Dry them
both very well & bray the salt very
small in a mortar, mixe them together
then & powd^{er} them up betwixt a fine cloth
& lay it to the mole of the head.
otherwise take the powder of frankin-
cense & strow it upon the mole & let
it there remaine. Its good likewise
to annoynt the stomack with capons
grease or drizis furt. Another is to

Cough.

Take an ale quart of running water
& boyle in it halfe a pound of Currants
& when a quarter is boyled away put
in a quarter of sugar & let it
boyle till a third of that be con-
sumed for that there remaine only
halfe of the first quantity of water
Take of this three or foure Spoon-
fulls currants & all, as often as you
Feele the tickling in your throat.

Comfortable Drinks in a favour

Barley water (before prescribed in the Drinke
making of vtmond milk) is very good. in Feaver
els Boyle a cust of bread in Spring
water with a little sugar candy, squib-
ing some limon into it; for costiveness
You may add some Syrup of violets unto it.

20. Eys inflam'd.

Take rofe water, white wine vinegar,
the whites of two or three eggs very
well beaten, & Normans milke, mixe
them all very well together, then
take as much Bolus armeniac, finely
powderd as will thicken it well; y^e
make a playster for the forehead
to be applyd every day.

A powder for the wormes.

R. Corallina ꝑꝑ.

Cor: Linn: ust ꝑꝛ an. ℥ij.

Rii elret:

Rad: Dictamni alb: an. ℥j.

Sem: Santonic: ℥ij

Saccar. Cand: alb: ℥ij

Pulverifcenter omnia tenuissima
ac procutur pulvis in vase fictile
Dosis gr xv vel ℥j dand: aurora
ac quarta pomeridiana in Cochli-
=atri Cirsicia vel vini albi.

wormes Take of this powder a dragma & halfe
Divide it into 6 papers & give
2 of them a day. in morning & at 4
in the afternoon. & let the party
fast one hour after: & continue
this the space of 3 days. you may
increase or diminish the quantity ac-
cording to the age & strength of y^e child.

For the Stone .

21 .

Take a Glistre made wth mallows
parfly roots, fennell roots, and
Pellitory: and Drink Pellitory
poffets sweetned with the Syrop
of violets . ~

Hydromel .

Take a vessell that may be
closely covered, then put into
it a pottle of water: provide
halfe a dozen toasts rounde a-
bout a loafe of rancid bread
not leavened, bake them very
hard, but have a care they be
not burned. then spread them
over with honny pritty thick
on both sides, and cast them into
the vessell of water, and cover
them very close. You must pro-
vide before hand a little bagge
of Tiffany and put into it ten
clours bruised, twelve Glicers of
ginger, a little blade of mace,
a proportion of Cinamon as much
as all the spices, put them into
the bagge loosely and cast them
into the vessell. Then bind the
vessell close about with a linnen
cloth, and set it in the chimney

round
joy.

22. cover, near the fire, fower and
twenty hours, then cast it
through a rauge and straine
it, and put it into bottles close
stoppt, and it will be fitt to
Drinke in a fortnight.

For the Cough.

Cough. Take 2 quartz of running water,
or raine water, put to it a quart
of a pound of french barley, a quart
of a pound of blew figgs shred;
a quart of a pound of sun raisons
ston'd and shred, an ounce of
aniseed bruised, and halfe an
ounce of Licoras drabin; boyle
it till halfe the water be con-
sum'd, then straine it, and put
into it a quart of ~~an~~ ounce of
white sugarcandy.
you may boyle in it three penny
worth of maidenhair.

Another.

Cough. Take an ounce of the oyle of
sweete almonds, and an ounce
of white sugarcandy finely pow-
der'd, mixe it in maner of an
Probato: elictuary. you may put into it
a little of y^e spirit of Brimstone.

Angelic water. Take this alwayes
 both morning and evening warme
 warme it & a spoonfull (or two if the party be
 fast 2 howers after it. *disfrad* and sweat upon it. If not
disfrad then a spoonfull a day is
 sufficient. & take this for certaine

Ginger \mathfrak{z} ss
 Nutmegg \mathfrak{z} ss
 long pepper \mathfrak{z} ss
 mithridate \mathfrak{z} ss
 Andromachus
 Treacle \mathfrak{z} ij

that there was neither man nor woman
 nor child (in all the time of y^e plague)
 that took this but (by gods blessing)
 were recovered by it. If the heart
 were not cleane mortified & drowned
 with the disfrad before. This is also
 very good against the small pox,
 measles, & surfills. *Q. Cabum.*

For the Rickets.
 Take halfe a dozen branches of
 Springwell boyle it in water and
 thicken it as broath & take it every
 morning.

Some say
 And Treacle \mathfrak{z} ss
 Mithridate \mathfrak{z} ij

Take of maiden hyssop, broad time,
 hartstongue leaves, spruce mints, oregan,
 of each one handfull, a handfull
 of Liverwort 6 branches of Cumfroy,
 halfe a li of raisons of the sun stoned,
 halfe a li of broad figgs, take these things
 & boyle them in 3 gallons of the first
 running of your wort till halfe be
 wasted; Take a little sandies in a
 spoon & fill the spoon with this
 water, & let the child take it, an
 hour after it hath eaten the pot-
 tage. leave then the sandies out
 & let the child drinke of it 2 or 3
 times a day.

Take all these herbs after boyled
 in the wort & boyle in halfe a li

of barrows flick till the herbs be
 dry, then straine it and anoynt the
 child from the heart pitt (but doe not
 touch the pitt by any means) doone
 athwart the ribbs, & the reins of the
 back upwards & also the hony pannel
 bones, & handwrists, & every joynt,
 mornings & evenings, then take a
 table napkin doubl & wrap it a-
 bout the child, & when you take it off
 to anoynt the child put the same
 on againe though it be loofy till
 it roth off.

For the Eyes

Take a large red fennell roote, put
 it into 3 quartes of running water, boyle
 it till a third part be consumed, put
 then to it halfe a pinte of white wine
 vinegar let it boyle a little while after
 & then sweeten it with honey to the taste
 drinke this twice a day at ten in the
 morning & at 4 in the afternoon -
 halfe a pint at a time.

Twoe dayes after you have used this -
 make twoe plaisters of Burgundy pitch
 the bignise & fashion of an Egge lay -
 them to the shoulder blades.

Twoe dayes after you have used these
 Take as much white Copperas pow-
 dred as will ly. on a grate put it
 into halfe an ale pinte of running
 water, & wash the eye lidds with it

and
 ey.

A. Black Salve.

Take May-Butter, & Virgin wax,
a little Venice Turpentine, & of Tarr
a little quantity. boyle it well together.

For Sores that are exceeding
hot & burning. Oyntment.

Take about halfe a pound of May-
butter, Strawberry leaues, Marigolds
leaues, Feverfew, Elder buds, & Sen-
greene a quantity of each pound & boyle it.

For an Ach. Oyntment.

Take a little Craime & Cammomill,
& a pretty quantity of Sengreene
pound it & then boyle it.

For burning & Scalding.

Take of Hyssop a good handfull, cut it
small. of the inner rinde of Elder, a
little handfull. of new Sheeps dung,
halfe a pinte. boyle all these together
in a pound of fresh barrows-grease,
Straine it into an earthen vessell. &
anoint the place therewith twice a
day being first warmed. Lay on the
fore a leafe of Golden Rod. or linnen
cloth singed & anointed.

For the Cough.

Take of Lent Figgs slit. one pound.
Raisons of the Sun stoned. halfe a pound.
Greene Licoras sliced. 2^d worth.
Aniseedes. 1^d worth. boyle all in 2
quarts of water, till halfe be consumed,
Straine it, & put therein 2^d worth of
Sugar-candy. Take it warme morning
& evening about the quantity of a
small beere glass.

For the Rot or Coth in Sheepe.

27.

Take a Gallon & halfe of Urine. twoe handfulls of Holly-bush rindes. twoe handfulls of Bay-leaves. two handfulls of Ground Ioye. two ounces of Pepper-powder. a pinte & halfe of Bay-salt. boyle all together till halfe be consumed Straine it, & mixe therewith a pinte of Tarr. Give 4 Spoonfulls to a Sheepe being pens up the night before. Give it every third day for 3 severall times

For the Plague, or new disease in Horses.

Take a pinte of Sack. two ounces of London Treacle, a small quantity of Mithridate, & also of Diapente. This may serve for two Breaches.

Another

Take of Rue & Sage of each one handfull pound & boyle them in 3 pintes of Ale till it come to a quart. straine it & put therein one Nutmeg. 1st worth of Long-pepper. 1st worth of Ginger, & then boyle it againe halfe a quarter of an hower. then take it off the fire, & put therein 2nd worth of Mithridate. 2 ounces of London Treacle. 2nd worth of Saffron dried into powder. a quarter of a pinte of Angelica water. mixe it well together, & put it in a stone bottle which may be well stopp'd. Take about 3 large Spoonfulls at a time, & give the horse.

For an Itch or Spraine in a man.

Take Danes blood boyle it in hoggs grease straine it & anoint y^e place therewith.

round
Ioy.

28. For the Convulsion.

Take a single piony roote 5
 Inches in length & of the big-
 ness of mans thumb. slice it.
 * Elks hoofs scrapt. as much as
 will ly on a shilling. & a hand-
 full of Rue shred. Boyle all
 in a quart of strong Ale, till
 halfe be consumed, then straine
 & keepe it bottled. Let the
 Patient take 3 Spoonfulls at
 a time twice a day (viz) in y^e
 Morning fasting, & last at
 Night 3 dayes before & after
 the new & full of the Moone,
 & some little time before the
 fitts, if possible. If it be a
 sucking child the Nurse must
 take it a little before y^e child
 begins to suck. The Patient
 must (2 houers after the morn-
 ing & evening dozes) take halfe
 a spoonfull of the oyle of sweete
 Almonds mixed wth the like
 quantity of white sugar candy
 dissolved. This is the quantity, &
 no more for persons of all Ages.
 The diseased persons must for-
 beare to eat milke, & not use

perfumes or sweete flowers. The
Patient must haue hung about y^e
neck one ounce of *assa-fatida*
bruised & put in a cloth or little
purse full of holes, that by y^e pores
no other smell may haue access
to the said party or Patient.

For soare Breasts.

29.
Take a pint of white wine, put
it in a bell-brass skillet over the
fire untill it boile then take
beane meale & strow into it untill
it be thick enough for a pulter &
let it boile a pretty time after.
Then cut a linnen cloth fit to
cover the breast with a hole in
the middle of it for the nipple to
goe thorough, then spread the
pultiss over the cloth & so hauing
by a warming pan, with coales
in it, lay the plaister on the cover
of the pan untill it be so hott
as may be well endured & lay it
to the breast twice a day, viz: morn-
ing, & evening when the party goeth
to bed.

For a sudden or hasty violent Swelling.

Take Hayhow or Maiden haysse bruise * ground
the leaues warme them, & binde them
thick on the swelling. or apply them
in a pulter.

30. For a greene wound in a horse.
Take halfe a pound of new stone
lime, halfe a handfull of Sage
Boyle them in a quart of running
water till the hard part be boyled
away, let it settle a while, then
straine it exactly put it in a
glazing bottle, & as occasion is
warne it & wash the wound
therewith.

For a burne or Scald
Take a considerable quantity of
eggs boyle them hard, then take
the yolks & crum them small
put them in a skillet & boyle them
gently till they come to an oyle,
then annoynt the wound therewith.

For the Murrin in beasts.
First let blood; then Take a spoone-
full of Turmerick, a spoonfull of
Kendung, a spoonfull of bole armoniak
& mixe it in a pint of vrine. give
a considerable quantity to y^e beast.
If it be a pigg blood him in a veine
about the knice of the fore legg.

For one that pisseth blood.
Take red blind nettles chopt small, tem-
per them in batter made with Rye
flower fry it in a pancake give
it the party diseased. If it be a
woman take white blind nettles.

For an Ague .

31.

Take Garlick & Saffron mixt
like a Salve, binde it on y^e upper
joynt of the fourth finger of the
left hand .

To make one goe to Stool if it
have bound in his body .

Take honey & put it on a little
panter dish fouled downe on a few
coales of fire, & stirr the honey
with a knife till it is very thick
then role it up into pills: then
first take one end of a Candle &
sharpen it & put it up into the
fundament: then take a peece of
strome poynt it & put that up:
then put up the honey pills, & it
will open the body .

At Pultifs .

Take mutton suet, wheate gurgings,
stale & strong grounds, boyle it well
together & apply it warme .

At Salve .

Take strong wort of the first
running boyle it till it comes to
an oyle or Salve apply it upon
plaisters .

Spots or staines in cloth, cap, or hat .
Wash the spot in water wherein Laven-
der hath ben sodden .

32.

To make Metheglin.

For a
quantity
of 7 herbs
see in
Pag. 141.

Take Bitany, Egremony, browne
Burnet, mead parfly, wild carrot,
Harts tongue leanes, eyebright,
blew buttons, Cantary, fennell rootes,
Parfly rootes, browne Sage, rjmary,
Costmary, Pennyroyall, winter
Savory, Sweet Thyme, hony suckles,
balme; Take a considerable quan-
tity of each according to the nature
of these herbes, boyle them very
well in faire water, then straine
it, & when the liquor is a little
cooled, being not scalding hot, put
in the honey combs & all, squeeze
out the honey till the liquor
will beare an egge the breadth
of 6^d above the water; then
boyle it againe & scum it well &
when it is cleare, put into the
quantity of a hoghead of liquor
an ounce of Ginger, an ounce of
cloues, halfe an ounce of aniseede
all bruised together, & boyle well
in the liquor, then put in 3 or 4
pound of Molasses of Sugar &
boyle it a little; then put it
abroad in coolers till it be cold,
then put it together & put to it

a considerable quantity of barne
which is very new, let it stand 2 or 3
dayes in the kinne, covered with a
cloth, then put it in the vessell, but
stop it not too close till it hath done
purgmg. The drier the herbes be,
the better, so they are dried in the
shade.

For a broken Belly.

Take 2 ounces of Solomons Seale
or Jacobs Ladder, & boyle it in a
quart of strong ale till the 3rd part
be boyled away, straine it & let 3
part^s drink this and no other liquor
for the space of 24 hovers, but be
sure the broken place be well put
up, kept with a truss, & lying on
his back most of the 24 hovers.

An Electuary for a Cold.

Rx Conserve of red Roses. ℥iiij.
Raisons of the Sun stoned. ℥iiij.
Browne Sugar candy. ℥ij.

beate it well together with a wooden
pestle in a Stone mortar. then
put to it of oyle of vitreal. gut. 20.
& of oyle of Sulphur gut. 12.
alloe of the Syrup of Coltsfoot. ℥j.
mixe & beate it well together.

Pill. Maeri.

℞ of the best Alloes.
 of Flowers of Marjeram. an. ℥ij.
 Salt of wormwood. ℥j.
 Masticke. ℥ss.
 Made up with the juice of a
 Colwort & sugar.

To fatten an Ox, bull, or cow.
 Take pease & dry them upon an
 East or in an Oven that they
 may grinde: then grinde them &
 make ther meale into don wth
 small beere, or the droppings of
 the barrells make this don up
 into balls the bigness of an egg
 of a Turkey or a small goose
 egge & give the beast twelue
 of these balls at a time twice
 a day viz. mornings & evenings
 & let him have hay betweene
 let there be alwayes water
 by him that he may drinck his
 fill: be carefull in giving these
 balls that the beast be not
 cloyed with them: but if he
 eates them wth a good sto-
 mach, you may give him some
 of

of them about the middle time 35.
of the day also according to bigness
strength & stomach of the beast.
If at first giving them the beast
refuse to take them take one of
them & force it into his mouth &
rub it about his teeth & force him
to taste it & after that he will
take them himselfe. Grinde about
2 bushells of pease at a time, & mix
as much of the meale as will fowle
him a day, & so day after day. he
will eat about a bushell a week.
& 12 bushells will make him fall.
Gray pease are counted the best &
the biggest sort of them the best.

An Oynment.

Take a gallon of Adderstongue
bruised very small; a pinte of fall
oyle, one ounce & halfe of virgin
wax. let this simmer very well
together over the fire, then put in
to it a penninorth of Saffron: &
mix it well together.

A Solue

Take a quart of white wine put
therein halfe a pound of burgundy
pitch; Lebanon, Mastick, Frankin-
sence, virgins wax, deeres suet,
& Tarpentine. of each one ounce, let

36. Let all these simmer on the fire till they are all melted, then straine it through a fine linnen cloth. & the next day worke it well into a salve.

The danger of falling sick on the dayes of the Moon.

1. If his sickness be feirce or tedious, he shall quickly dye.
2. Shall be cured, though fore sick.
3. wth good care & Physick cured.
4. Some restored to health.
5. Restored after 10 dayes.
6. Shall not be in danger.
7. Hardly live above 3 months.
8. Sicknes will continue long.
9. After 9 dayes shall have health.
10. After 10 dayes shall amend.
11. Shall recover though long.
12. After 12 dayes shall recover.
13. Shall be long sick.
14. No doubt of recovery.
15. No feare but easily to escape.
16. Kept from open ayre in less dang^r.
17. No Physick does him good.
18. 19. 20. Good dayes.

21. Mortall & incurable.
22. After 3 months he le escape.
23. In few dayes shall dye.
24. Shall remaine fish long.
25. 26. 27. 28. 29. All good dayes.
30. Shall hardly escape, though
many good Medicines used.

A drink in a feavour.

R^x of faire water.

Red Rose water. an. 2 Spoones.

Currants. 1 spoonefull.

Sirrup of Gilliflowers. 2. sp.

Juyce of Lemmons. 1 Spoones.

Mixe all well together bruise
ing the Currants wth a spoone
& let them remaine in the
liquor. Doz. 2. spoonfulls
a little warmed.

Burings & Scaldings.

R^x of Honey & Soape. ant.

alike quantity. mixe them
well & apply them to take
out of fire.

For the Scurvy.

Take of new cheese whey
 3 quartts. of the flowers
 of Marigolds, Borrage. ana
 halfe a handfull. of
 Pellitory of the wall,
 Brooklime. water cresses,
 & Scurvy gras. ana. a
 quarter of a handfull.
 Currants washed & bruised
 12 spoonfulls. mixe all
 together. & in an earthen
 vessel close covered boyle it
 till one third part be con-
 sumed. Take a good beere
 glass full in y^e morning ^{early} at
 10. before noone, & at
 4 after noone. This is
 very safe to be used by
 as child having respect
 to the quantity.

For the Cough, & Cold
 distempers of y^e head & wind.
 ℞ of Rosemary & Aniseeds of
 each alike. powder y^m. Juice
 of Lycoras of the weight of the
 powder. Spirit of Turpentine
 the weight of $\frac{1}{4}$ of the powder
 Honey Clarified wth the white
 of an egge as much as will
 make it into a mass for pills.

The Dose 3 the bigness of a
 small hable nut, morning
 & evening, fast after.
 A Salve for a Cut.

℞ Clowes woundwort, plant-
 taine, of each 5 ounces. Truilly
 Roger & wax of each 3. ℥.
 Valerian. 2 ℥. Sage. 1 ℥.
 Hop. 2. ℥. Turpentine.
 Rosin. Barrows greafe. Ana
 1. ℥. Oyle halfe a pint. let
 the herbs be well pounded &
 boyle all together till the
 herbs be dry, then press it
 very hot. & put in y^e Turpentine.

40. & boyle it againe, add Myrbe
& frankinsense; then strain
it up.

A diet Drink.

R. Rubarb

Aggarick ana. ℥ij. } purgers.

Senna. ℥iij. or ℥iiij.

Sasaperilla. ℥ij.

Macaoan.

Stockadoes.

Sassafras.

Aniseedes. ana. ℥ij.

Lycoras. lb. ℞.

Raisons of the sun ston'd. lb. ij.

Scurvigrass halfe a peck. w^{ch} if
it can be gotten, abate 1 ounce
of the Senna for it. bruse and
slice all these small, put them in
a canvas bag, put 4 gallons of
new ale to it, & let it worke
together about 4 or 5 dayes before
it be drunk. Take a pint in the
morning fasting, if that doth
worke well, take no more that day,
if not take as much about 4 in
the afternoone. If you can get store
of Scurvigrass, abate half of the purgers.

For a Canker in y^e nose or mouth.

Take the inner green rinde of elder or
the juyce thereof. mixt with life honey
& a little Ginger, & annoynt the place.

For a Canker or blisters of a fore mouth.

Take Melrosarum or the honey of
roses mixt with plantaine water &
wash the mouth or fore therewith.

An Oyntment

By Rosemary.

Bayleaves

Rue.

wormwood. of each a handfull.

Specke in the blade.

Camnomill.

Red Sages

Elder leaves

Greene Mallowes.

Brook lime.

adders tongue, or the oyle thereof.

Sallet oyle Neats foote oyle.

Sheepes brotter oyle.

Tallow of the Sheepes guts,

Barrows greafe or flick.

To make a quart of the oyntment
take a pint of each sort of y^e oyles
chop the herbs together & boyle it 3
or 4 Rowers straine it through a Lin-
nen cloth; make it in the moneth of
May.

42. For a running Legge.

Take Stone lime, Rosin, & red lead,
of each alike quantity; pound it
all small, mixe it & apply it, &
when the wound is well cleaned
put in chalk instead of lime.

For the dimness of the Eyes.

Take Rosewater & dissolve in it white
Sugar candy & drop it into y^e eyes.

For a streak in the eye.

Take y^e Juice of Smallage, & fennell
mixed wth the white of an Egge, & put it
into the eye.

For watering Eyes & darkness of y^m.

Take may butter & honey of each alike
quantity seeth them together, & after
that put in the white of an egge, & put
it cold into the eyes.

For an Itch.

Take plantaine & Sorrell of each alike
quantity. press out the Juices & mixe
the Juice with the like quantity of
vineger: & so wash or anoint y^e place.

Another for the same; & to kill lice.

Take 2^d worth of quicksilver kill it wth
fasting spittle beating it well together in
an earthen dish & putting thereto 4^d
worth of the oyle of Bayes, & so anoint
the place: it will kill lice in the head or
body.

For a sore mouth.

Take y^e powder of Cattle bone & mastick
seeth it in vineger & white wine & wash
the mouth therewith.

For a Bruise.

Take a handfull of Mallowes seeth ⁱⁿ
 in fresh grease straine it & put there-
 to a quantity of aquavita & anoynt ^y
 bruised place before the fier.

For a sore legge.

Take unwrought wax & as much sheeps
 tallow seeth them together with a litle
 quantity of white Copperas & make a
 plaister thereof.

For the deafness.

Take old oyle Olive & put therein
 fresh cast young naked mice wthout
 haire & let them remaine in the same
 till they be rotten. then take a peece
 of Bombaste dippe the same in the
 oyle, & put it in ^y patients eares.

For a cold & hoarsness.

Take a pound of Raisons of the Sun stoned
 & 4 ounces of white sugar, beate them
 in a stone mortar, & in beating it cast
 in some fine powder of Lycoras & halfe
 a Spoonfull of Rosewater, & eate thereof
 at sundry times.

For an etque if it shakes the party.

Take a quart of strong ale & seeth therein
 9 bayleaves till it come to a pint, then
 take out the bayleaves, & put therein one
 pennyworth of treacle & a halfe penyworth
 of pepper stir it well together & let it
 seeth againe one waime, take it off the
 fire & let the patient drink it as hot as
 he can, & be covered as warme as he may abide
 by the space of six or seven howers.

44. For a Skuff in y^e Body.

Take of Boares greafe. ℥ij.
the powder of Oyster shells burnt. ℥j.
The powder of Brimstone.
Mercury mortified wth fasting spittle.
℥ij. Compound all these together
& anoint the body 3 or 4 times. &
take an easy purgation.

A drink for the paine of the back
& for making thick water w^{ch} is
occasioned by a worme in the bottome
of the belly.

Take the tender topps of broome, the
roots of parfly, fennell, & Smalage
of each one handfull, purflane one
handfull. wash them cleane, & seeth
them in a gallon of new ale, till a
quart be consumed, then straine it &
keepe it in a vessell close stopt 3 or 4
dayes, & then let the patient drinke it
& noe other drink for a weeks space.

A Scarecloth for an Itch.

Take Oyle 2 pounds, white & red lead
10 ounces, wax six ounces, goose
greafe & Capons greafe halfe an ounce,
seeth all till it be black.

A pultifs.

Take Mallows & stampe it, & seeth it
with fennell & Cammomill, oyle of Roses
& crummes of bread.

For the Gout, or sinnewes shrunk. 45.

Take 3 ounces of Turpentine, & 2 ounces of brimstone, 5 yolks of 4 new layde Eggs, a quantity of y^e topps & seedes of red nettles: Take a young whelp of an ebrage hound the fattest can be got skald him & draw out of his gutts as much fatt as thou canst, then roast him, & y^e oyle is good for the disease aforesaid.

To take away warts.

Take fomen & Orpiment, & calx vive powder them together & this will take away the warts.

To make one piss that cannot.

Take a quart of Renish wine, & a peice of Venice soape as big as a walnut, & seeth them together till it come to a pint, & drink it.

Boyle parsley
& thyme in
white wine

To keepe teeth from stinking & to make them white.

Take salnitre & Rock allome & distill them together & wth a cloth or cotton wet in this rub the teeth.

For the toothatch.

Take a little long pepper beate it small, then take a little honey, & a little ale or beere, & boyle them together & put a little allome unto it & when it is boyled put it in a cloth & lay it to the gummes.

For the toothatch.

Take 20 leaues of Iuie, & a little long pepper, & boyle them wth a handfull of salt in old wine, & when it is well boyled, put the liquor into thy mouth on that side the paine is.

For smarting or pricking in y^e Eyes.

Take the white of an Egge, the iuyce of houghlooke & womans milk: beate them well together, straine it and drop thereof into thine Eyes.

For hoarfnefs.

Take the water of Scabious, fennel, liquoras, bugloss, of each a pint, Sugarcane a pound, seeth them together, & drink nine spoonfulls at a time, morning & Evening.

For one that bleedes often.

Drinke the iuyce of liverwort in warme posset drink morning & evening.

For bleeding at the nose.

Take Bol armoniack the white of an egge & vinegar, beate them together, make plaisters thereof & lay them to the temples.

To stanch bleeding of a cut or wound.

Take hoggs dung hot from the hogge, mixe it wth sugar & lay it hot to the wound. ^{Leaves of Rye stamp &}

To kill wormes in the belly.

Take mares milk & drinke it as hot as it can be had from the mare in the morning fasting.

For a bruise with a fall.

Take Stone pitch, beate it, & drink it with white wine, sack, or malmsiey or some other liquor; then melt Spormaceti & anoint the place where the bruise is.

It pulstifs for a swelling.

Take the crum of white manchet, seath it in milk till it be thick, then put in a peece of new butter of the bigness of a walnut or more.

For one that is broken.

Take a quantity of Conserg, kneeshome, knot-grass, Ribwort & polipody stamp them all together & straine it give it the patient to drink in ale Cold, & truss him up with some bolster, & let his diet be competent, avoiding all slippery meates, as butter, & such like, let him keepe his bed 6 or seaven dayes, lying upon his back & sometimes holding his belly with his hands.

For the shrinking of sinewes.

Take the marrow of a horse bone, the tops of Elder & as much sage choppe them together, boyle them in the marrow, straine out the herbs, & put to the liquor one spoonfull of honey, two spoonfulls of aqua composita, & a quantity of pepper, boyle it againe & keepe it for use.

A salve to take dead flesh out of a wound.

Take vineger & honey of each a spoonfull, a quantity of verdegrease & as much allome boyle these together, & keepe it for use.

For a fore throat.

Take of Columbine leaues & gassell
of each a ~~handfull~~ halfe a handfull,
10 leaues of finchfoile, & 2 jews eares
boyle them in a pint of milk, & let
the party gargale his throate with it
morning & evening.

For weakness in the back.

Take Clary, Dates, & the pith of an
Ox, & put to them creame eggs &
grated bread, fry them together, streit
sugar on it (having mixt it together
wth some white saunders) & eat it in
the morning fasting.

For all evil in the head.

Take Rue & stamp it wth strong ayfill
mingle it & wash thy head therewith.

For a Consumption.

Take the oldest Cock, skald him, draw
him, & cut him all in peeces put it in
a glaz pot stopp it as fast as may be
& put among the peeces cloves, mace,
small raisons & salt, then put this
glaz into a great pot, & let all seeth
together till they be a gelly, then
straine it into a cleane vessell, & giue
the sick first & last bloud warme.

To restore y^e Braine.

Take powder of Bittony & use it in thy
pottage. it will destroy the stone.

Another for the same.

Take an egge, roast him hard, peepe him,
cleaue him in two, & lay it to y^e temples
as hot as can be suffered.

To cleare the head of evill humors. 49.

Take unſet hyſop, & unſet time poure
them & roring them into thy drink and
drink thereof every day. ~ probat^r:

For a fellon.

Take herbage, reſty bacon, ſowre
leaven, & honye ſnailes take the ſnailes
out of their ſhells, beate all together
& lay it to y^e greiſe.

For the yellow jaundis.

Take white ſpaniſh ſoape, & a little
ſtale ale in a cup, rub the ſoape againſt
the cups bottom till the ale be white,
then ſhawe in a halfpenny weight of
Ivory, & drinke it morning & laſt at night.

For all maner of aches.

Take ſage, rue, wormwood, laurell
leaves, hore hounds, red nettles, ſtamp
them all together, & mingle them with
may butter, let it ſtand ſo ~~ten~~ dayes
off fry them, ſtraine them cleane, &
then melt therewith Incenſe.

For the windy Collick.

Take halfe a ſpoonfull of the powder of
orange pills, the like quantity of the
powder of anifeedes, put them into ale
or beere, & drinke it when the paine
taketh thee & walk upon it.

Another.

Take 2 new laid eggs, & beate y^e yolks
& whites together, with a quantity of
pepper bruſed, & lay it on a peece of flax
at thy back & belly alſo where the paine is.

50. Another for the same & Stone.

For a
Bastard
Collick.
Wormwood
Rew.
Mother wortboyle
Lavender
Cotton stamped
with 3 gall
of an ox
wormes &
Laid plaister
ways to the
Belly.

Take a quart of white wine, two ounces
of partly seide, time, phillipenula,
charwell, Salsifras of each 2 handfulls,
then drinck thereof morning noones & night.

Another for the Collick & Stone.
In May when broome flowers be neere
shooting forth, take halfe a pound of them
pick them cleane from the stalks, & beat
them in a mortar very small, mingle them
with may butter, & keepe it close 8 dayes
in a vessell, seeth it, straine it, & anoint
the place greived, with the ointment warme.

A Salve for any wound.

Take Snarles with shells sprinkle salt
on them & let them shower themselves
therein all night, in the morning beate
them small, & put thereto the juyc
of a handfull of houghleeke, then take
a spoonfull of honey & a little fresh
butter, boyle them moderately upon the
embers & anoint wth it & make a plaister
& if the flesh waxe pround, wash it with
white wine, or with allome fresh butter
& beere boyled together.

For the paine of the stomack.

Take Malmsey & butter heate it &
anoint the stomack with it, then
dip a rose cake therein & lay it where
the paine is.

For faintness in y^e Stomak, or Morphew.
Take of the powder of Amber, & the -
powder of English Saffron, & drink it in 51.
white wine. 7. or 8. times. ^{it green paper hung}
^{about the neck to touch}
^{the skin neare the mouth}
Unguentum Borianum ^{of the Stomack with}
^{Strengthen it.}

℞ of Hoatsfoot oyle one quart.
Shavings of Curriers Leather ℥12.
of best Joynters glue ℥4
Boyle it together till it be very
thick strain it & rander it very
small, then add to it of
Honey ℥6

of Shavings of Leather ℥6
in boyle in fine powder ℥6
New glue in boyle, and in
fine powder ℥4

Booys Suet cleaned from
y^e skins, & shred small - ℥4

Spirit of Turpentine ℥1

Mix it all together to y^e thick-
ness of an Ointment in a
mortar: by adding to it some more
of the oyle in w^{ch} it was boyled
if neede be.

A water for an old foule sore
or fistula.

Take Rosemary, Honey suckle topps,
Brier topps, Juice of Scurvy grass, Sage,
Broad plantaine, Nettle topps, honey,
allome, Salt, of y^e herbs a handfull
3 or 4 spoonfulls of y^e honey, ^{all of the allome}
the bigness of a walnut, of the salt, a little handfull

Boyle
in faire
water

For a burne or Scald.

R^x of mallows, Nightshade, hem lock
52. Purflaine, henbane, greene Coleworts,
houfleake or singreene, & greene.
inward rinde of Elder, of each alike
quantity, beate & bruse them, then
boyle them in as much fresh butter
as they can ly in, & butter be
an handfull above the herbs, let it
boyle softly for 3 howers, & when
it is greene enough straine it
through a linnen cloth, & put to
every pound of oylment one
ounce of bees wax.

R^x A Balsome.

For one quart of linseed oyle,
halfe a pound of Rosin, beeswax,
Turpentine, pitch, of each halfe
a pound, melt them all together,
take it from the fire & put into
it oyle of speeke, & Galbanū
of each one ounce, & let it be
dissolved in white wine.

A Cordiall Electuary.

R^x Musk. gr. 6. Beſoar gr. 4.
Amber greene. gr. 3. Crocus. gr. 6.
Gallangall gr. 6. or 8. Ari
fol: 3. Sur Carriophilow ʒi
ʒ. E. ʒ. A. Ade gut: 3. Spt
vit.

For a Cough.

℞ Conserve of red Roses ℥i.
powder of Mastick ℥ij. incor-
porate them in a mortar, & take
thereof in the morning & evening y^e
bigness of a small nut, & oft in
the night let it ly in y^e mouth
till the Rhume thicken.

For a Cold yellow Jaundice.

℞ Bristone in a reare Egge eaten
or supd, or in wine is good for such
as are troubled wth the Asthoma cough
or yellow Jaundice.

For an old Cough or Pleisick.

℞ & boyle Garlick in water till it
be tender, then change the water, &
add honey to it, & make thereof a Syrrap.

For y^e burning of the Stomack.

Eate often bitter almonds betweene meales.

Good for the heart. (Soloman)

℞ Bugloss rootes take out the pith &
boyle them wth sugar, & eate them
morning & evening.

A water for a Consumption.

℞ halfe a bushell of shell Snailles
& prick them with a needle to make
them spit out their slime y^e breake
their shells & pick them out & skowe
them wth salt & wash them wth water
till the water looks cleare, then let
the

the water from them, & boyle them in 2 quarts of new milk; then take them from the fire & put into them a pound of dates stoned & cut in small peeces, & a pound of currants unwraight, put these into a cold still & save the water &c: & sweeten it with browne Candy.

For an Aque.

Beate white pepper & boyle it in white wine vinegar spread it on a cloth & lay it to the hollow of the sole of the foote. ℞b:

For the Itch.

Beate dock rootes, put them in a bagg with the fine powder of brimstone, & let the bagg ly & steepe in sallit oyle, & with the bagg anoint the parts greived every night.

℞ Julip for the Aque or feaver before the 3^d fit cures.

℞ Barly or any other cooling water & Syrrup of violets & Syrrup of red poppies as much as will sweeten it, drop in as much oyle of vitreal as will make it pretty sharp, & drink when thou art dry.

For deafness when the eare is obstructed with foule matter which is visible to the eye.

℞ Ol. Amigd. amar: ℥ij. Ol. Terebinth: Gut: iij. m. Drop 3 or foure dropps into the eare, as the

the party lyeth in bed, doe so the 2^d night, & against the 3^d night make ready this ensuing decoction, & inject into the eare a very little.

℞ Colopionida seedes ℥i. aqua com
℥ss. bruise the seede ℥. d. s. a.
then use the eare siringe ℥. a. being taken out. stop the eare wth cotton or wooll dypt in y^e oyle of bitter almonds.

℞ aquavita, & aqua coms ℥. s. In-
ject of this untill the stoppage be removed, then annoyat the eare with civet or ol. amyg: amar: & stop the eare with black wooll carded.

For an Impostuone in y^e Stomach.

℞ the rootes of white lillies, & wipe them cleane, stamp them & straine them, & take every morning two spoonesfull of the Juice in a glass of warme beere, 2 weekes together.

Cure sometimes by vomit.

A drying water to cure the piles, or Itch, or any sore, & is good for sore mouths, or quinsy, or an old sore, or sore Itching Eyes.

℞ white Coperas ℥iiij. Camphore
℥i. calcine them together then bring it to a powder with fine bole
℥iiij. & keepe it in a pot. For use
Take a quart of aqua com, & make

56.

make it like to sooth, then put in a good Spoonfull of the powder. then keepe it in a bottle, & shake it oft 2 dayes, then when you use it dip a cloth in it & apply it.

For a great belly in children when they be much swelle.

Annoynt them with English honey & spread it on browne paper & lay it to the belly, & it will swage it, & let them drink often good sallet oyle. Clysters are good that are made ⁱⁿ a strong decoction of centory & honey.

For the payson of a Toade.

Make a pulvis of burdock leaves.

For Agues.

Apply burdock leaves to y^e handwrest.

Against heate in y^e eyes or bloodshed.

& that wh^{ch} is calld the cockbread in the whites of eggs a quantity of them & stirr them in a brass mortar with a pestle till they come to an oyle & drop a drop of it morning & evening into the eye.

To stop Rhumes in the Eyes.

Alloes in fine powder wet with mel rosarum & put into the eyes at night 3 or 4 times in a night.

A water for the eyes when ill humors flow to them, & a waterish matter hath almost covered y^e sight.

& Rosenater. ℞ij. Roman Vitreal. gr. x. mel rosarum ℥6. misce. drop 3 or 4 drops into y^e eyes 2 or 3 times a day.

A Powder

57.

℞ Lapis Calaminaris ℥ss. white sugar
ʒij. Sal armoniac. ℥ss. Sal gem. ℥i
grind them with rosenwater till they
be very fine then dry them, & put of
the powder into the eyes.

Let those that be apt to miscarry
drink milk boyled with rosemary (3
weekes together) with sugar.

An Excellent Oynment for an
itching watry humour in y^e Eyes
& piles

℞ Sweete Lard ʒij. then take a
cleane pipkin that will hold 3 pints
fill it full of damask rose leaues (pickt
& cleaffed from all it seedes) 12 cloues
& 1 blade of mace, then thrust the
lard upon them & cover it close &
set it into oven after bread is drawne
out, & when the oven is cold boyle
it gently on the fire often stirring
it leass it burne, & so looke black,
then straine it through a strong cloth
& if it be not sweet enough, you may
add to it so many more roses as before,
then straine it into a skillet & to a
pint of it put ʒij of white wax,
& when that is melted, put in Camphore
ʒss. stir that till it be melted & put
it into a pot & put to it 4 spoonffull
of oyle of Tartar, & as much oyle of
bitter or sweete almonds. The oyle of

58. of Tartar will make it looke white like milk, stir it till it is almost cote &c. You may add Civet or oyle of Rhodium & oyle of cloves for Pomate. You may use unsalted butter if you have no Lard, but it will not looke so white, though as good & better for use. It takes any paine from nipples, & y^e piles. If for red Eyes add powder of Tutia.

To cure one y^e hath y^e Plague. Take ripe Joy berries & dry them in the shade, beate them to powder, & give as much as will ly on q^d in 2 or 3 Spoonfull of white wine, & let y^e party sweate well after it.

Another.

Put the roote of bastard helebore in any part of the body, cut an hole & put it in, & it will draw all the infection thither &c. as in beasts for the murrine &c.

An Oyle to cleanse y^e Morphen.

By white tartar & salniter. ana. alike quantity, grind them small on a stone, then make a hole in the midst of the powder into which put a glowing Cole, & save y^e oyle that runneth from the stone w^{ch} annoynt the Morphen. ~ Els.

Take white helebore ℥iij. strong wth wine vinegar ℥ij. Sope ℥vi. m. & wash.

To stop blood an Artery being cut.
℞ Aloes, fine bole of each alike
quantity grind them in a mortar, &
wet a pledget of lint in $\frac{1}{2}$ a spoone-
full of vinegar wherein is dropt 6
or 8 drops of spt of vitri. then dip
it in the powder & binde it hard to
the place.

For Agues

Boyle Groundsell, pepper, & black
soape together, & lay it to the soales
of the feete. Another.

℞ the powder of Cynifoyle ℥i.
infuse in white wine ℥vi. &
drink it (being strained) before y^e sitt.

To stop blood, an Artery being cut.

℞ a Pledget of lint wet it with
the white of an egg & vinegar,
then dip it in the powder of
aloes & frankincense of each alike.
& lay on a ragg toucht wth spt of vitri.

For the falling sickness.

Shave or cut away the hayre from y^e
mouts of the head, & pound some radish
rootes & apply.

For Ruptures. (Scala cali better)

℞ the powder of yarrow fine, & give
the child in milk, & the Nurse. Els.

℞ the powder of ricket ferne,
morn: & Even.

60.
etch
stick
use oyle or
butter.

For a cold ach in any part.

R^x a beeves Gall, a quarter of a pint of oyle, & as much aquavita boyle them together, & chafe where the paine is.

Consumption Cough.

R^x Mastick, olibanum, & amber ana alike, & white candy 4 times the weight of all the rest powder it. m.

To cure Deafness.

R^x black snailes, prick them, & let their oyle run through a bagg. then take the sapp that runs out of an ashen stick when it burnes, straine it cleane from ashes, then mix them together, & drop 3 or 4 drops blood warme into y^e care at night. Make it as you use it.

For the Piles.

Beate a red onion th fresh butter. ^{Apply}
Els. Anoint th Linseed oyle & sit over the fume of frankincense.

Macarones.

Blancht Almonds ^{to} dry them in a cloath, beate them very small with some rosewater to keepe them from oyling, then by degrees put into the almonds ^{to} of fine searced sugar, & beate 4 whites of eggs very well, put them

to the almonds & sugar, beate all together, then see the oven be not too hot, bake them $\frac{1}{2}$. a. & after dry them.

Naples Bisket

Beate a pound of Eggs ⁱⁿ a whisk very well, then put in $\frac{1}{2}$ of the whitest powder sugar, beate it well with a spatula till it be melted, then put in a pound of very fine flower & beate it well with the spatula. you may put in some milk dissolved in aqua rosarum. paper the pans, & see the oven be not too hot, but enough to make them rise &c: & after dry them &c:

Sugar Cakes.

\mathcal{R} Sugar $\frac{1}{2}$ S. butter. \mathcal{Z} iiij. 3 Eggs. some carraway seeds as much fine flower as it will wet (i.e. a quart) roule $\frac{1}{2}$ & bake $\frac{1}{2}$. S. a.

Mace Cakes.

\mathcal{R} Yolkes of eggs 3. butter \mathcal{Z} ij. flower a pint. mace \mathcal{Z} ss. &c:

To prevent miscarrying.

Let her drink the water of distilled oaken leaves 2 spoonfull at a time, with 1 spoonfull of red roswater, morn. & Even.

For the white Scurf.

℞ Quicksilver ℥ij kill it in vinegar
then take oyle of bayes ℥i. Lard ℥i
beate the Quicksilver & oyle of bayes
in a brassy mortar, then mix it all
together, & annoint with it once
a day, or once in 2 dayes. &c.

For a Tresson.

Beate Rue wth soft Soape. & aply it.

To make Confectio Alkermes.

℞ Syr. Papaver: ℥vi. made
wth Juyce & as much s^{pt} of vit^r
as will give it a fine colour;
then take of Pectorall Lozenges
in powder ℥ij. musk gr. ij.
ambergreene gr. i. leafe goats
q. s. f. ℞.

For burnes.

℞ the whites of 2 eggs & beate
allome as much as will ly on 3 &
mix it with the whites, & with
a long stone of allom stir it
till it come to curds & whay w^{ch}
apply to y^e sore twice a day.

For an humour in the Eyes.

℞ Aquavite 1st worth, as much
white Candy boyle it betweene 2
dishes on Coales, wipe of the dew
from the upper dish wth a feather &
drop 1 or 2 drops into y^e Eyes.

For y^e webb in the Eye.

Take the oyle of white paper.

To stop a flux of Rhume in y^e Eyes.

By fine aloes in fine powder, dissolve it in fine honey or mel rosa-
rum, or mixe it with flowre of white sugar candy, make it thick with aloes, & at night put of it in the Eyes. & when thou wake at night, & in y^e morning wash thy Eyes with eyebright water.

For a Pearle in y^e Eye.

Burne holland in a pewter dish & take of the oyle in the dish & drop into the Eye.

For Lues Venerea.

By Mercurius dulcis gr. 20.
Turbitth mineralis gr. 3. Give this quantity 4 mornings one after another, & sweate in bed 2 howers after it, & change well & carefully. Drink all this time mace ale or small beere, y^e filthy matter will come away much. after those 4 dayes are past, purge every day for a month with conf. hamelch 2 or 3 drams, after y^e give a Diaphoretick of guaiacum & salsaparilla.

Another way.

Another way.

Rx the Chymicall oyle of Brim-
stone rightly drawne, & annoint
the vlcers, & give ℥j of this oyle
in ℥ss of Rose, Carduus, & sorrell
water, & sweate in a bed 1 howre.

For burnes.

Rx Thorne apple of Peru a good
quantity, & halfe so much of Eng-
lish Tobacco, & an handfull of
ground Ioy, 2 or 3 leaves of hen-
bane, 6 or 8 mandrake apples,
let all be well beate, (& put as
much laurd to it as will cover
it) or put oyle & sheepes suet to
it of each alike quantity, boyle
all together till the herbs be
crispe, & straine it out.

For heat rising in pimples or
swelling.

Rx 3 parts of ~~coms~~ aqua coms
& 1 part of vineger

To prevent miscarrying.

Rx Red Corral & amber, venice
turpentine ana ℥j scrape the
wooll off from a peice of scarlet
cloath, as much as will make it
into pills.

Bleeding at y nose.

Rx Gyzer periwinkle. & put it up
the nose.

Convulsions.

Scrape the braine from a skull digge out of a grave, wch lyeth in the hinder part of the skull neere the pole dry. Give of it inwardly at the Change of the moone or when they are like to have a fit.

For a Canker.

First scrub it with lint on a probe (in all y^e soule places) dipt in a decoction made of lign-vita & the rinde of Sassafras boyled to a strong consistence. Then wth some of this, mel rosarum spit of vitreal & ungu: Egyptiacum made strong dress it every day till it be cleane & sweete, & then only inject wth a Syring the former ingredients (without the Egyptiacum & spit vitr) & lay on some lint wet, & a minium plaister over the hole. *Exat.* to a Canker that had eaten through the Cheeke. & it was cured.

To ripen & break an Impostume. Boyle the powder of Fenugreece & Linseed in strong beere to a pultiss.

66. lay it on a cloth & put some Basilicon upon it & apply it warme, & when it is ripe put some vinegar or Lemmon & it will soone breake.

Almond milke simple.

Wash ℥ij of french barley cleane & boyle it in a quart of water, as soone as it boyles take ℥ij of sweet almonds & blanch them in this first water, & fill up the skillet with fresh water, & let it boyle till the almonds be blanched & beate very small & in beateing them put ℥iiij of roselwater to them by degrees: then poure the water from the barley a cooling then put the almonds into it & straine it out adding to it 1 spoonfull of sugar.

For y^e Rickets.

R hartshorne ℥ij let it infuse or boyle in a pint of sack till it be a jelly; & bath y^e childes limbs. Els. Boyle Ivory in running water & wth that make broth or water grewell, & let it eate milke wth oatmeale boyled in it, & if y^e child

child be weake give it Stonehorse
dung infused in calebant to drink.

For fits of the mother

℞ Assafalida ℥ss Castor ℥i
nettle seeds & smallage seeds ana
℥ss. aloes washed ℥ij. f. saffron
℥i briony root pared ℥ij. oyle of
Cinamon, oyle of amber ana Gut: 10
Levant Musk ℥ss spt wine q. s.
f. pill. s. a. Dose ℥i.

taken 2 a month before y^e change
of the moone, or when neede is.

One stung th by an Adder was cured.

The arme being swelled was tyed
above the swelling, then live pigeons
were held to the place the feathers
being pulled of behind y^m. then some
mithridate was put to the place, &
to all the swelling some burdock
rootes beate wth hawd, & he drank
some juyce of ash in sack.

W^{om}en. If a woman be wth child her urine
will be amber colour and a circle
on the top of it.

To hasten a birth.

℞ Borax in fine powder gr: 18 or
20. in white wine or mace ale. ~

68.

For the sting of bee or hornet.
Suck the place hard a while, then
brufe marigold leaues & lay on
for a bee dip a clout in vineger
of squills & lay on.

To bring downe y^e Courses.

℞ Bedwort (i.e. water horehound)
Boyled in posset drink &c.
mugwort the like.

A fine drinke in a feavour.

℞ 2 quarts of running water, boyle
in it ℥ss of nutmeggs cut small
when it boyles put in the under
coust of a browne loufe & when
halfe is consumed put in ℥iij
of Tamerinds plesue & let them
infuse a while (they will not ex-
-dure much boyling) then straine
it & sweeten it with ℥ij of
browne Candy beate small.

If the feavour be very strong put
in the Juice of Sengreene into y^e
drink. & drink when dry.

A rich Cordiall to expell the
Child & help fainting.

℞ Bearzor Orient gr: iij. Amber-
-greece gr: iij. musk gr: ij. saffron
gr: 10. galingall. ℥i. all in powder
mixt in syr: Clovgyllflowers ℥ij
& leafe gold q. s. Dose. q. of a pease.

One had hot embers flew in her Eyes . 69 .

To wch was applyed a sop of white bread wet & warmed in milke $\frac{1}{2}$ a Spoonfull, & $\frac{1}{2}$ a Spoonfull of Camphire water cured in one night .

To make Camphire water .

R Damask Rosewater to j Camphire Zij alone Zij borax Zij oyle of Tartar Zij boyle all together & keepe it in a glass .

Lac virginis .

R white wine vineger to j .
Litharg of silver Zij boyled to a 3^d part . then mixe this with as much Camphire water, & it will be white . It layes the pame of the gout, & sore Eyes .

For the Eyes .

Beate the white of an egge till tis like oyle, add to it Zij of Camphire water, & dropt into the Eyes . takes away pame & bloodshed by bruises & stopps ruine, a cloth dipt in it & laid on the Eye .

To stopp blood .

Lay on a pledget wet in y white of an egge & vineger, & dipt in the powder of aloes & frankincense of each alike quantity & strow the powder on it . & where the blood comes .

70. out, apply a little lint dipt in
spt of vitriol.

For the Piles.

℞ Ruffy bacon verdegrease &
Ginger in powder: mixe & apply
Pilewort is good.

For the Gout.

Apply to the place Comfry roots
pounded cold.

Pills for the wormes.

℞ Croci pulvis ℥ij powdered dry
with knob of sugar in a dry
mortar, add to it sugar ℥ij &
grind it together, then add to it
helebore ℥ij in fine powder,
flos sulphur. ℥ij flos liqui-
-rissia ℥ij. Gallangal ℥ij. oyle
of aniseede, naturall balsom, &
oyle of wormwood ana. 3 or 4
dropes, make it into past with
mixture of Gum-drag.

Rickets

℞ Garden shell snails & bruise
them in a bag of Canvas and
catch what runs from them, &
with the liquor anoint the
weake Joynts.

Lapis Infernalis an easy worker.

℞ Calx vivum ye bigness of a
nutmegg. Salarmoniac gr: 2.

gray soape to make it a past. 71.
lay it on for 24 howers. It eates
flesh.

For the toothack.
& Ginnipepper ty it in a cloth &
steepe the cloth in aniseede water
& put the cloth into the tooth. haue
2 cloths to steepe one while the other
is in the tooth.

For Stinging of an Ader.
Heat a knife red hot in y^e fire & hold
it very neere the place doe this often
with 2 or 3 knives.

A Balsome.
& Bees wax [℥]℥. slice it very wax: 8
thin & melt it by it selfe gently Tur: 1:10
in a bellbrass skillet. add unto oyle: 8
it one pound of Turpentine Venice blue: 2:6
(it being first well washed in water Balf: 2:0
distilled from Red Roses, or Juniper oyle: 8
berrys, Hyssop, broad lime, or speare John: 10:3
mints) then boyle them gently toge- Sand: 10:3
ther for a little space stirring it wth Sacko: 1
a smooth staff, then take it from 7:7
the fire, & let it stand 12 howers
or more; then take it out of the
skillet, scrape away the botome,
& slice it into thin peeces, & put
away the water that was in it,
then melt it agame untill it doth
gently boyle, & stir it in y^e boyling

72.

with the staff; then take it from the fire, & add unto it Gallit oyle or oyle olive 3 pints, naturall balsome ℥ss. oyle of Johns wort ℥i. Red Saunders ℥ij finely searfed. Jack six Spoonfull. Then set them all on the fire together, & boyle them very gently for a little space, stirring it with the staff. then take it from the fire, & stir it very well about the space of 2 hours, then put it into potts & keape it close stopt or covered with bladder & leather over that. ~

For the Eyes.

Take the quantity of a small pease of white Coperas, with double or treble the quantity of white sugar candy, put them in the shell of a new layd egge fill it wth spring water & boyle them gently together & in boyling scum off the froth with a fine feather, afterward set it a cooling in the shell, then poure it cleare into a glass & keape it close stopt. take 3 or 4 drops at a time in a spoone & wash the eyes mornings & evenings wth a feather, & twinkle the eyes wth a water may goc in.

Set it a boyling in sand or ashes.

In a quart of the universall
medicine add halfe a handfull of
Juniper berries bruised, halfe a
handfull of broad time, spearemint
& organy. Distill Bourns water.

73.

Cordiall Lozenges.

Rx Musk gr: vi. Ori. Bezor:
gr: x. Ambergreece gr: 6.
Galang. ℥i. Crocus. ℥ij.
Sacarum to s. 4 leaves of
aurum. ^{Another} Pulv: Orris ℥ij. for a.
pulp: Elecampane ℥ij. ^{Gold or}
Sacarum to i. pulp: Lycorish. ^{Dough.}
℥s. fiat Lozen: with
Musiledge of Gum tra:
gacanth.

Syn: Violets.

Take a good quantity of y^e flowers
beate small being clean pickt
put to them a little boyling water
& let it be cruyt hard out as long
as it looks blew, ad a little more
water to it with a touch of ^{x or 2 or} Spt 3 drops
of vit^l. & put to the strained ^{of juice}
Liquor as much loose sugar in pow: ^{of Lemon}
der as it will melt cold & so keep
it & poure of the clearest into a
bottle. & the bottome will serue more Juice.

Phyſick: Ale 6 gallons
 ℞ Senæ ℥vi. Rubarb ℥ij
 Agarick ℥s. Epithimū ℥s.
 Polipodiū ℥s. Coloquintida
 pulpt ℥s. Sem: Coriand:
 Anisi. Caraw. ana. ℥ij.
 Guaiacū ℥iiij. Salsaperilla
 ℥ij. Sassafras ℥ij.
 Galanga ℥ij. Raiſon Jun
 ℥i. Lyquoriſh. ℥iiij.

For the Cough.

℞ Sassafras & Nutmegge in
 fine powder ana ℥j. Saffron
 in powder ℥ij. Sugar candy powder
 ℥ij. Doſe ℥j.

For a Chine Cough.

Take a greate apple & make a
 greate hole in it & fill the apple
 with oyle olive & cover againe the
 hole of the apple with the peice of
 was taken from it, roast the apple
 under the embers then ſpread it
 on a cloath & lay it on the breaſt
 of the party as hot as may be
 ſuffered.

For a moist Cough, when one
hath much fleame in his breast
& cannot bring it up.

Take Hyssop, Florehound, Pene-
royall of each two handfulls,
Enulacampane leaves number 8
steeth all in a quart of running
water till it be watted to
strayne it & put in as much clar-
tyed honey as will make it sweete
boyle it againe a pretty while, then
~~take it off~~ & let it stand till it be
coole then drinck it.

For the Cough a good Drinck,
Boyle a quart of white wine wth
Lycoras aniseedes & sugarcandy, of
each alike quantity putting to them
10 figgs of the best & let them boyle
till halfe be consumed. Take two
spoonfulls at a time morning and
Evening warmed.

A powder for the Cough.
Take Rosemary topps & nutmeggs
dry them to powder & sift them
through a fine sieve, beate some
white sugarcandy & put to it.
Eate it morning & Evening and at
any other time of the day.

Purify to Cure.

Let blood plentifully in the
Arme on the same side the pain
is in. If that ease not doe it
the next time in the other arme.
By Inwardly a saliv in which
is spirit of vit^r. with pecto-
rall syrups: every 3 howers
drink whey, posset, or thin broth
If Costive use a chyster of
emollient herbs wth some sugar
or honey, a little spt of salt
& oyle or butter to be added.

A drink to cure fits like
the falling sickness or trem-
bling of the heart, & makes
the party fearless for a time
Boyle in a pottle of faire water
a good handfull of sage & Rose-
mary, & the roots of single peonies
& give a draught of halfe a pint
of it sweetened wth a little sugar
or some syrups of peonies in the
morning & at 4 in the afternoone
& last at night 3 dayes before
& after the new & full of
the moone. . if this disease
be not speedily cured it usually
turnes to the falling sickness, or
makes the party become grow simple

An universal Purg.

℞ Sol. Jenne mundana ℥ss.

Epithimi ℥ij.

Rubarb elect.

Coem: Tartari } ana ℥i.

Sem: Faniculi dulcis

Macis ℥i.

Zinziberis ℥ss.

Folium trium Cordialium ana ℥i.

Quibus crasso modo contusis affun-

-de vini albi q. s.

Stent in infusione per noctem

mane colentur ℥iiij.

In quibus dissolve

Manna Calabri ℥i.

Confect hamech ℥iiij.

Tinctur Croci ℥i.

Misce. ℞ ss.

For the Gout.

℞ Aceti vini ℥i.

Flos Tritici. q. s.

fiat Cataplasma

quibus Adatur

ol. ex pedibus vituli.

Applicetur.

For a totall stoppage of Urine.

℞ of Sallet oyle $\frac{1}{4}$ of a pint &

as much urine of a male child about

10 yeares old, partly shred small

an handfull boyle all together a pretty while then straine it out hard, & annoynt the bottome of the belly. Also Rx of white wine a quart of parly & time of each a handfull shred boyle them in the wine then straine it out hard, & set it over the fire againe and scrape into it of Casteele sope $\frac{ij}{ij}$ (or common hard white sope) then straine it againe through a cleane woollen cloth, & drink thereof a good draught warme. ~ Prob.

For warts.

Take the Juice of Stonecrop, or prick a black Snayle.

For a Feavour.

Rx 2 Spoonfull of Tumeric water & as much mint & bugloss and redweed water sweeten it with white sugar & drink it before & in the feavour.

For an Ague.

Let the party eat & drink well at supper the night before the ague day, & let him forbear to eat or drink all that day, & the Ague may miss him.

For Issues.

Cantharides put on a pease will cause the Issue to run after that the skin is growne over. or Elder pith in a peice of tiffany like a pease. or Hermodactills or white Hellebore cut like a pease & put in. ~

For the Farfions in a horse. 79.

Rx Rue ℥ij. shred small, boyle it
in 2 quarts of Oyle or beere to
the consumption of halfe, & give
a pint for a drench.

For the farfions neere the throat
~~the~~ ^{a quantity} of Rue put in y^e Ear,
being first pounded with fresh
lard & the eares sticht up
or knit to keepe it in.

Unguentum e Nicotiana.

Rx of Tobacco leaves bruised to ij.
keepe them a whole night in red
wine. in the morning boyle it in
fresh lard diligently washed to ij
till the wine be consumed: straine
it & add $\frac{1}{2}$ a pound of Juyce of
Tobacco, Rosin ℥iij. boyle it
to the consumption of the Juyce
adding towards the end, round Birth-
worth rootes in powder ℥ij, new
wax as much as is sufficient to
make it into an Oyntment. f. a.

It cures Tumors, Aposthumes, wounds,
Vleers, Gunshot Batches, Scabbs, Itch,
stinging with Nettles, bees, wasps, hornets,
venomous beasts, wounds made with poi-
soned Arrows, &c. It helps scaldings

though made with Oyle, Burnings
 though with Lightning & that wth out
 scarr, It helps nasty rotten stink-
 ing putrefyed vlcers, though in the
 leggs, whether the humors are most
 subject to resort, If fistulas though
 the bone be afflicted, it shall scale it
 without any Instrument, & bring
 up the flesh from the very bottome,
 The face anoynted wth this all red-
 ness pimples, & sunburnings will
 vanish; A wound dressed wth this
 will never putrefy; a wound made
 wth so small a weapon & no tent
 will follow, anoint but with this &
 you need feare no danger; If the
 head ake anoint the temples wth
 this & it giveth ease; The stomack
 anointed wth this no infirmity dares
 harbour there, no not Asthma's, nor
 Consumptions of the Lungs; The belly
 being anointed wth it, helps the colick
 & Illiack passion, & wormes & what
 not? It helps the hemeroids or piles
 & is the best oymnt that is for Gout
 of all sorts. ~ &c. ~

For y^e stinging of an Adder.
 Heate a knife red hot & hold it very
 nere to the place. Doe this often
 with two or three knives.

For the Piles.
 Take of the powder of burnt muffle
 shells mixe it wth Lard, & use it.

Another.

Take of vertegreese & powder of . 81.
Ginger, mix it wth the fat of ole
Doffy Bacon & anoint therewith.

To make an Issue.

Apply first a Vissicatory or a plai-
ster with a hole to take away the
skin, then bind upon the plate a
pease hard with a 6^d upon it.

For the Convulsion or Mother fits.

R^x of Starkeys pill Gr: 30

℞ opiat Para: Gr: 4

℞ Sucking Gut 10

Make hereof 4 pills, to be taken
1 at a time going to bed & drink
a glass of white wine after it,
& about 4 hours after take another
& drink as before, take the other 2
the next night in y^e same manner
or else the 2 next nights 1 at a time.

Probatu. A woman Cured wth 2 pills.

For the Gout.

R^x Colewort leaves beate downe.
the feames, warme them against the
fire, & apply them continually. ~

For a bruise.

R^x Stronge Ale or beere, a good hand-
full of worm wood & some butter,
Boyle it well to a pulvis & lay it
on hot. ~

For the falling sickness.

℞ 2 young Hites livers beate them
to powder, then take a quart of Cow-
-lip water & to j of Cowslippes stamp
them & straine them with the water
then divide both water & powder into
9 parts, which fast when you use it
mixe it & drink 9 mornings cold.

A pulvis to break fore breasts & heale j.

℞ Mallows, Hollislocks, & violet leaves
ana. Mj. chop them together & boyle
them in milke & thicken them with
linseedes; & if there be neede of draw-
-ing, put in a white lilly more. dress
it twice a day. ~

For Sinnewes that be cut in funder.

℞ Earthwormes that you shall finde
cling together beate them small and
then temper them with honey, & lay
them into the Cut, & it will shut them
together in short time. ~

For Sinnewes that be shrouk.

℞ Oyle of foxes ℥j Oyle of Cammo-
-mill & oyle of Earthwormes ana. ℥j
mingle & annoynt with them warme
& lay over it some Carded wooll
quilt upon a linnen Cloth.

For the Gonoreah.

℞ Venice Turpentine ℥ijss washit
dissolve it in white wine ℥iiij ^{ss}
the yolk of an egge, then put into it
℥i of Sirrup of Comfry, & 4 dropps of
oyle of Amber. f. Potio.

For the Shingles.

1. Purge with Rhabarb &enna.
 2. Dry it only with Lithargy in vinegar.
- By ye Juice of red Archangell mixt with cream, & annoint the place wth a feather 3 or 4 times a day. Prob. or annoint it wth the Juice of Baume, & plantaine beate with oyle.

To stay bloud of any wound.

By Sanguis Draconis \frac{ss} terra Sig-
gillata \frac{ss} of the white flux of
an hare that is under his belly -
very finely & short cut; & throw on
the wound.

To take away the colour of a spot
or black bruisse.

By vinegar & marigold leaves, boyle
them together & apply them to the spot.

For the bruisa fallen downe.

By Ale to; sack to; a good quant
of long pepper grossly bruised &
boyle them to the Consumption of the
gargle the throat heer with warme.

For the Stone & Strangury.

By the filmes within Gizzards of
geefe in powder wth stale beere, or wth wine.

To voide the Stone & gravell.

The shells of horse snarles in powder.
By in the morning fasting 3 or 4 peeces
of fresh butter as bigg as nutmeggs
& drink presently after a glass of white
wine, & fast till noone. &c.

Another
 In strong mutton broth before tis
 thick some very hot strong drink
 in the morning. Rue water is also good
 To provoke urine.

By the Juice of flower de luce rootes
 & put the white of new lays egg away
 & fill up the shell wth the Juice &
 yolke make it hot in the embers
 & drink it hot in the morning fasting.

An excellent receipt for y^e Stone.
 By a quantity of Egge shells, (those
 are the best out of w^{ch} chicken have
 come) dry them very well in an oven
 or betwene 2 tile stones, make fine
 powder thereof mingle it with wth
 wine or stale beere & drink oft
 in the morning of it. or make
 powder of the back bone of a
 Thorreback &c: Rue water excellent.

Gulles. *Gliaca passio*
 Anoint the navill wth y^e quantity
 of a pease of Castorium.

For the Toothack.

Boyle halfe a spoonfull of honey
 in an Oyster shell on the embers
 & as much pepper small, till it be
 thick & hot, put it in a sage leafe.
 & put the leafe in a ragg bound
 fast, & lay it to the pained tooth
 as hot as can be endured.

For head ach to bring a yant of
sick head into temper & to make
the party sleepe.

By white archangell, plantaine,
wormwood, marigolds wth black bot-
toms ana. m. i. Stamp & boyle y^m
in white wine to the thickness of
a pulvis, & make a plaister of it
six inches long & two broad &
spread an Inch thick on a cloth
& bind it warme to the forehead
& downe the eyebrowes, & lay
another to the hollow of y^e neck.

Or lay 1 handfull of ground Joice
betwixt 2 hot bricks, & lay it
in a cloth to the forehead, & so
1 handfull of chickweed to the
nape of the neck.

For scabbed soles in Children.
Anoint it wth Juyce of Lemmons
& oyle of Roses of each alike. q.

For a sudden pally y^e drawes the
mouth gray.

By peeces of wheate bread keate y^e
hot at the fire, & lay them in Vin-
eger, & smell to them hot oft times (6 times)
in y^e morning & also at night &
eate 3 sage leaves 6 dayes.

Orala to put up.
Doe it with small powder of allom.
& pepper.

For a Lymfy.

℞ red bramble Berries boyle them
& take the cleere liquor & put
therin some spirit of vitreall &
gargle with it very oft.

For the Toothack.

℞ a roote of plantaine & put it in
to the care.

For an Ague.

℞ of Cinckfoyle in powder ℥i.
infuse it in ℥iiij of white wine,
straine it & take it before y^e sitt.

For those y^e void blood at the yard.

Roast a Nutmegg against y^e fire
then powder him, & take as much
powder of Cinamon & mix wth it
& make it into pills wth the white
of an Egge.

To bring downe y^e Courses.

Let the party weare a green mull in
leafe to each foot, & change it every
day. §b.

Shingles.

Apply to it a paitter of fine soape.

To bring out the small pox.

Give morne & Even 3 grains of Beſor.

For a blind Eye.

℞ of Aquavita ʒi worth as much
white ſugarcandy cover it between 2
ſaucers, boyle it on a few Coales, &
wiſpe off the dew from the upper
ſaucer, & drop it into the Eye. §b.

For a white thing over the Eye. 87.

R. fennell rootes & frankincense stamp
it together, wring out the Juice, & put
of it into the Eye morn & Even.

A Vificatory.

R. Burguney pitch & worke into it
some powder of Cantharides, & a
little vinegar, & apply it as big as
the blister should be.

For Cornes.

R. a Singreen leafe prick him full
of small holes steepe him in vinegar,
Or apply tarr to them.

Signes of Life & health.

1. Not troubled in mind.
2. Easy breath-
ing.
3. Easy Enduring.
4. Pulse good.
5. Strong in body.
6. Meate lying.
7. The face of healthfull colour, amiable.
8. The belly & Spleene hard or bound.
9. The Excrements soft of an equal sub-
stance, in colour yellow.
10. The Urin
amber colour, the residue therein
floating towards the bottome.
11. The
Spittle white, coming forth easily, not
sticking.
12. To overcome the Crit-
ticall Day easily, without great
paine especially in a sharp feavour.

Signes of Death.

1. Strength failing.
2. Evil pulse
weake out of order & unquall.
3. in
mind unconstant.
4. Hard breathing.

88. 5. hard to endure . 6. unquiet . 7. a sliding of the Temples or falling .
8. a turning or winding of the face .
9. the nose sharp . 10. the Eyes hollow .
11. hanging downe of the Eares . 12. a stretching of the skin of the face . 13. The light of the Eyes failing . 14. Involuntary shedding of Teares . 15. A wrapping up of the Cloathes, & picking such things as are neere, & Grossness more then needes, & waking more then ordinary . 17. a devout appetite . 18. Red Eyes . 19. Black veines . 20. The Colour of the face green or darke . 21. The lipps hanging downe or shaking . 22. the nailes & fingers black & cold . 23. Extreame cold . 24. Cold sweats . 25. The Excrements black, green, stinking like Carrion, or soft and white . 26. Urin black or dark, or like faire water in Children .

Contusions . i. Bruises black & blew .

Cure . Visible Evacuation . blood letting . Cupping glasses . Scarification . or Leeches wth fitting purgations ; Anoint with dissolving Oyle .
A Sudorifick Potion to dissolve Coagulated blood .

R. Lign. Guicw. ℥vi . Rad. Emulacampare, Ireos, & polipodiu ℥i

89.
Sem Anisi & Coriandri ^{the} Lyco-
rish. ℥ij. Gilliflowers, Carduus,
& Centory ana. m. s. boyle all to-
gether in fountaine water, till halfe
be consumed. Dose. ℥s. in the
morning in bed. sweat 1 hower or
more at a time 8 dayes together.

Or take Centory, gentian, round
Aristolock ℥ss. fiat pulv. s. a.
Dose. ℥i. ^{the} Carduus water &c.

Or Sperma Ceti ℥ij, in Carduus
water; or Mumma & Sperma Ceti
ana. ℥ss. for 7 or 8 dayes together
in the morning.

Or Lapis Zebulofus ^{is} excellent
in fractures. Dose. ℥i. & applyed
outwardly.

A Medecine to cure Ruptures
in old or young wearing a
decent Truss.

By rootes of Knotgrass. ℥ij dry
Ribwort & Comfrey ana. ℥ij dry.
make it into powder, then add to it
powder of aniseed ℥iij. Give it to a
child every morning for 14 dayes.
& make Cataplasms with the powder
& put under the Truss. Anoint the
part with Ung Nervinū. p. b.

For the Stone.

By pellitory of the wall, wild time
ana m. i. roots of parfly pier, &
fennell

90. fennell barkt & slict ana. $\mathcal{M}. \mathcal{S}$.
parfly seed $\mathcal{Z} \mathcal{ij}$. boyle these in
posset drink to \mathcal{ij} . Drink a good
draught heereof with fyrrup of
Althea in the morning.
If there appeare heate in the vrin
boyle in the posset drink purflan. \mathcal{M} .
Lycorish $\mathcal{q} . \mathcal{S}$.
If Excoriation. \mathcal{R} Gum Arabick
very cleare in powder wth sugarcandy
 $\mathcal{f} . \mathcal{a}$. Take heereof the weight of
 $6 \mathcal{d}$ in posset drink.

To Dissolve the Stone.

\mathcal{R} Rhenish wine to \mathcal{i} . with Lemmons
slict & sugar & nutmeggs, fasting
not too long leaft the vrin be sharp.

Gonorhea.

\mathcal{R} Venice Turpentine $\mathcal{Z} \mathcal{j}$. wash
it well & make it potable wth the
yolk of an Egge, drink it in a small
draught of white wine posset drink
in the morning fasting. It gives
betweene 4 & 8 stooles. Cures at
the 1st or 2^d time. (Eggs)

Also Red Rosewater & y^e yolk of an
Egge.

For the Stone.

\mathcal{R} Parfly-piert, moule eare, dried
ana. $\mathcal{Z} \mathcal{j}$. bayberries, turmerick,
cloues, the seeds of the great burr,

the seedes of the hipps of sweete
briar tree, Fenugreek seedes ana.

℞. y^e stone in the Oxes Gall. ℥ss.
℞. pulv. f. a. in wine Dose is from
℥s. to ℥i. - Or quench a black
flint red hot in wine, & drink it.

Collick. Gripings of the belly.
By the Juice of Rue Extract it till
comes to the thickness of a pill. Dose
is 5 or 6 pills morning & evening.

Also Take a Rose cake, in 2 halves
sprinkle them with muskadamie, &
grate 2 nutmeggs on them, & apply
them on both sides of the belly

under the navill. Olives are
also good. - Or Galang. ℥ss
in $\frac{1}{2}$ a pint of sack. ℞.

To ease the paine of the Gout.
By water Germaner or Scordiu
bruised & mixt with a little
vineger, & apply it f. a.

For an Ague.
By Shepards purse, m. i. Spanish
clay salt, & currants dry & blew
ana. m. i. beate them well in a
stone mortar, with some white vine
roote, then add to them a spoonfull
of Mustard & a little powder of

of Pepper worke them together
fry them in a pan, & apply it to
the hand wrests, 2 howers before
the fit, & let ly on 2 fits, & if it
alter not doe so againe. ℞.

For the falling sickness.

℞ the eggs of Ravens in the Juice
of wild rice. The ashes of a Swallow
or Stone in his maw. — The liver
of a young Kite in Cowslip water.
Cranid: Humanū pulv. never buried.

To stay a Gangrene.

Foment the part wth a Lixivium
made f. a. put into it wormwood,
Cammomill, bayes, (leaves flowers,
Berries) Carduus &c: if it pro-
ceede from a wound forbear the
wound: if the Gangrene proceede
then scarrify. &c.

Hygystiacū is good to apply to
the Scarrification.

Amputation.

Dissectio) Evacuat & fit diet, as
If the stomack be weake nourish
slowly. ℞ bolus ℥ss. far hordē.
Locally ℞ ℥iiij. sanguis draconis, terra
figgillata. ana. ℥ij. olibani. ℥ss.
aceti ℥iiij. albuminis ovorū. q. s.
apply it just above on a peece of cloth

cloth that may goe 3 times about the part hard to numb the part, & hinder the falling of the vitall & animall spirits to the part. Lay unto the end of the bone lint wet in oyle of Roses & the white of an egge mixt. Have all things necessary before you begin, as stapes, bouldsters, ligatures & bladder. — To stop the blood Caubery, if not actually, potentiall. ℞ Aloes succatrina, Thus, arjuni ℥ij. Calx vive ℥vi. Aceti ℔i. Boyle it to the Consumption of the vineger. f. a. fiat pulv. ℞ of this powder ℥iiij. fine bole. ℥iiij. Egg shells calcined ℥j. albuminis ovorum q. s. Wet the tow in vineger & wring it out to make the stapes, have 2 or 3 in readines, have sufficient assistance to hold the member. Dismember Carefully & speciously f. a. Defend the parts above the fore by wetting it every day. 7. dayes after take off the ligature, & apply this unguent to fetch off the Escar. ℞ butiri recentis ℥iiij. wax ℥js. vng. populeon ℥ij. f. vng. f. a. The

The Defenitive for the first Application to stay the flux of blood in wounds, or amputation.

℞ Lapis hematitis, lapis Callamianaris, gum oliban, sang draconis, myrrh, mastick, aloes succatri, Calcino Egge shells in powder. bole armen. ana. ℥i. white wine vinegar worke it s. a. lastly add to it the flux of an hares belly.

To stop blood when a veine is broken in the lungs.

℞ the finest bole ℥s. terra sigillata. & amitu ana. ℥ss. white sugar candy ℥ij. in fine powder add to them the oyle of aniseedes Gut. iij. Dose ℥s. often Oyle of Sulphur excellent in healing the lungs, & oyle of vitreal of each alike quantity with some convenient lambitive or Lohock.

Diapente.

℞ Myrrh, aristolochia rotund, Gentian, Ivory, Juniper or bay berries of each alike quantity. s. p. s. a.

Dose ℥j. or ℥ij.

To take away paine in a plurisie. A bolus.

℞ an Apple cut of the top, take out the core & fill it wth gum olibanum

cover it and roast it very tender, then
peele it & incorporate the pulp with
the olibanum. swallow it all in a
spoon. *A Draught*

By the Juice of stone horse dung
with white wine in the morning.

An Electuary.

By Conferences of barberries, borrage,
wood sorrell, & cowslips of each alike
quantity. m. & add to it ʒij of bitr
or sulphur, make it very sharp.

To free the lungs from flegme.
Mixe in some pectorall syrrop, as
much ʒij of Sulphur as will make
it sower, & a little of it being often
took, will cleare the lungs in Coughs
colos, or the plurisy. &c.

Rich: Mathews. Pills

By of Opium ʒij . white hebeore.
 ʒij . salt of Tartar. ʒij . pow-
der of Lycoras ʒij . Oyle of Tur-
pentine. ʒij . Let the opium be
sliced & with the salt of Tartar &
oyle of Turpentine be beaten into a
liquio mass. Let it stand one month
or two till it be dry. then imbibe
it with more oyle, then add the other Hebeore
things in powder, & keepe it moist & Liquoris
with oyle.

Historicall Choking Felts.

A vomit. R of vomit Extract
10 Gut. If it worke not well R
Ox: squ: ℥ij. then R the next
day if the party be bound 19 Gr.
of Pill: duobus.

For extreame paine in head & Eare.
R in the morning 23 Gr: of Pill:
duobus in 3 pills.

For a droply.

R of Brio: drink $\frac{1}{2}$ te at a time.
Efect Holihoockes ℥j. diagrid: 21 gr.
Oz. Anisi. m. for 4 doses.
Jalep ℥ij. Crem. tartar: ℥ij. misce.
make a base for 4 times, $\frac{1}{4}$ of it
taken 1 hour before the taking
 $\frac{1}{2}$ pint of the former drink.

Drink the decoct: of Guaiac.

For extreame paine in Stomach wth
vomiting.

Give a vomit. Crocus martis ℥ij
with acetum squill: if it continue
give vin: of squills ℥ij. a spoonfull
at a time to provoke vomit. then
20: Bearzor Lozenges at severall
times; & a Glister every day till
it worke well & give ease. The
Glister. R sem: fenugreece et lin:
ana. ℥ij. sem: anisi et cummin ana
℥ss. gin ℥i pulvis ad pestem ℥ij.
Coloquim: ℥ij. boyd in aqua com. ℥ij.
to ℥i. with 2 spoonfulls of oyle.

For one in a plerisy taken with
vomiting & looseness & paine in side. 97.

Let blood. & apply a plaister of
Cargund: pitch: & if need be let
blood againe & give Lambarts syr
℞vj. with flowre of Lycoras & spt
of vit: gut 10 & Carduus water
℞i. & 8 beazor lozenges at times.
Give a julep. & to provoke spit-
ting give spt of sulphur percopan
in his syr. let his drink be barley
water.

For extreame paine by fits in
the belly.

Give ℞viij of ~~the~~ Jack
& Gallang at severall times

For extreame paine in the head &
in other parts ^{the} vomiting all things
that are taken.

℞ 3 grs: of Cord: pill. after
a glister. then a vomit & after
another glister.

For a jaunvy & droply ^{hants hony}
℞ spt: of vit: ~~℞~~ ^{c.c. cast.}
rubb the teeth & get of the scales &
wash wth the decoct: of Guaiacum, &
drink morning & evening of it 3 span-
fills made acide with spt of vit: for
3 weekes together, yr take 8 quarts
of physick Ale.

For a Tempany.

Hold in the mouth the Roote of Lovage to bring away Rhume.

Greene Sicknes.

R. Aloes Zij. steell p^{re}par^d ʒss.
Rhubarb. Zij.

For the wormes.

R. Corraline p^{re}p. ʒan. Zij.
C. C. ult^o p^{re}p. —

Corrall p^{re}p. ʒan. Zij.
Rhubarb —

Cinamon the weight of 3^o.

Sugarcandy Zij. misse.

dose in fine powder as much as will ly on 3^o in milk or beere, or with ju^{re} of Rhubarb.

For the Farcions in a horse, a Powder of Drench.

R. Bolearmonic ʒ. Bolis

Give the almys ʒ. Assafatida ʒ. made
Drench of into powder, & give a spoonfull
tho the thereof every morning mingled
powder al- with oates. Then cut the
so. — bunches & put therein greene

copperas mixt with vinegar.

Let blood. The Drench.

Use the Take Senna ʒ. horspice ʒ.
Drench mustard seed, Rosemary & hyssop
first. & a quantity of each, Creame of
than the Tartar. ʒ. boyle it in
powder. take it off & put in Gallat Boyle.

Another for the same.
A Breach for a wheather in
a Cow.

99.

Rx Long pepper ʒ, heyhows,
Archangell, whitewort of each
an handfull boyle all in a quart
of strong beere till halfe be con-
sumed then put in ʒ of Saffron.

Wind galls in a horse.

Rx the white of an egge, vineger ʒ,
green Copperas ʒ, allom water
Galls ʒ, pound & mingle all wth
the vineger & let it stand 3 or 4
dayes, then wash it every morning
& evening for 8 or 9 dayes let
him stand dry.

For the Glaunders in a horse.

Rx Mustard seede, Cubebs, hyssop,
ginger, Lycoras, & pepper, beate
it well together, then boyle it a
while in strong beere, take it off
& put to it fallet oyle, & a little oyle
of Turpentine, give it the horse fasting.

For spots that appeare on the
Lungs, after y^e meafells, & smke
in a game.

Give 10 gr: of Contrayerva in
2 or 3 drops of Alkermes, &
let y^e party drink sack sometimes.

For the Stone: a water.

Take a gallon of new milke of a red Cow; put thereto pellitory of wall, wild time, Saxifrage, & perilly of each an handfull, & 2 or 3 radish rootes sliced, steepe all these in the milke one night, then distill the hearbes & the milke ~~in a ordinary still~~ with a moderate fire. The best time of distilling this water is towards the later end of May: you must use it in this manner. Take of the water six spoonfulls, of rennish or white wine the same quantity, a little sugar & slices of rutmegge make it warme, & drink it fasting, & fast after it 3 houers, using moderate exercise. Take this 2 mornings together & 2 evenings (of the same mornings) to bedward, at the full of the moone, & at the wane or oftner if neede require. This medicine hath ben used by many to their great ease & benefit especially by one M^r Farnham sometimes Pensioner to his Ma^{tie}, who had ben for the space of 30 yeares most grievously handled by y^e Stone, & was by the use hereof not only eased, but also to his dying day so preserved, as being opened after his death, there was not found any signe of the Stone, in any part of his body.

Another for the same.

101.

Take horse radish rootes & leaues, Ramsons
rootes & leaues, Sampier of y^e Sea, mayden
hyssop, Philipendula, Saxifrage, mountaine
tyme, pellitory of the wall, garden parsley,
of each a good handfull, lay them a drying
3 dayes, cut them small, steepe them in a
quart of white wine 24 houers, adding
thereto a pottle of milke, wth 12 date stones
beaten small, then distill them all together
in an ordinary still wth a soft fire. ~

For the Stone.

Take Syrup of Althea 1 ounce, white
wine 6 ounces, Redweede water 2 ounces,
& Gromwell seede halfe a spoonfull beaten
into fine powder. drinke these mingled
together in the morning, before the fit
comes, & walke an houer upon it. ~

A Clifter for the Stone.

Take a quart of posset ale or wlay, Tyme,
& Dandelion of each halfe a handfull, of
aniseede, & fettnell seede of each halfe
a spoonfull, bruised, of red sugar lower
spoonfulls: boyle the liquor with the
hearts & seedes till halfe be consumed, &
take y^e quantity of almost a pinte. ~

For the Gout.

Take Caricostinum new made $\frac{1}{4}$ of \mathcal{Z}
dissolve it in a draught of burnt white wine
& drinke it in the morning fasting, & fast 2
houers after it, then drinke a draught of thin
broath or posset drink, & demaank your selfe
as after any ordinary potion. ~

A Diet Drink to be used Spring & fall.
 Take 4 Gallons of sweet wort, boyle it
 halfe an hower, then set it a working
 wth Barne, & when tis ready put it up
 into a vessell. Then take of Sena ʒij
 Rubarb ʒss. polipodium of the oake ʒij
 Kernells of ashkeys ʒij. Jollop ʒss
 Bayberries ʒij. Sweete fetnell seede
 & aniseede ana. ʒij. Saxifrage ʒss
 hermodactills ʒij. Rub the Sena
 betweene your fingers, slice the Rubarb
 thin, beate the Jollop into fine powder
 slice the polipodium thin, let the rest
 be grossly beaten, put all these into
 boulder bagg & hang it in the middle
 of the vessell. ~

A Black Salve

Take a pint of Gallet oyle, $\frac{1}{2}$ a pound of
 bees wax, $\frac{1}{2}$ a pound of white led finely
 beaten, put all these in a bell mettle
 skillet over y^e fire, & keepe stirring of
 it till it be ready; the put it up in a pot
 To put away any thing fro^m the Stomack
 that lyeth heavy thereon. ~

Take a quart of white wine, burne
 therein speremint topps, & marigold
 flowers of each halfe a handfull,
 Diafeordium the quantity of 2 nutmegs
 sweeten all this wth suger, drink there of
 a good draught morning & evening, &
 sweat after it if you can. ~

Imperiall water.

103.

Take Scabious, bittony, pimpennell,
 Turmentill rootes & all, dragons, burnet,
 Leaves knaps & all, of each 4 handfulls, Plague.
 Lay them drying (after they are cleane Feaver.
 pickt) three dayes, then chopp them Stomach
 small, & steepe them in as much white
 wine as will cover them, let it stand
 24 houers, then distill it in an ordinary
 still: put thereto 2 ounces of good
 mithridate, or good Treacle of Jane,
 3 penyworth of Turmericke rootes, a
 quarter of a pound of Licoras, a good
 handfull of aniseedes, a little saffron,
 4 ounces of hartshorne finely rasped,
 a peck of buglas or burrage flowers,
 one pound of sugar; then distill it
 all together againe; You neede not
 still the sugar in it but put it into
 the water after it is distilled.

This water is very good against the
 Plague, either taken alone, or with
 Bezar stone, or Unicornes horne; it
 helpeth the burning feavour, it con-
 forteth the heart, & expelleth all
 offensive humors w^{ch} offend the
 Stomach, it is most precious for
 all aforesaid.

Cherry water.

Take 4 pound of Cherries, 5 pintes of Claret wine, $\frac{1}{2}$ a handfull of rosemary; of Balme ^{2 handfulls} Cinnamon ^{2 handfulls} bruised ~~nutmeggs sliced~~ of each 2 ounces, 2 nutmeggs sliced: take & stones out of the Cherries, infuse all the rest in an earthen pot close covered one night & the next day distill them wth a soft fire in an ordinary still: let it in y^e sun 10 dayes or more in a glass, putting in as much sugar as will sweeten it, & hang a little Muske lapped in Lawne therein by a thred.

For the watering & redness of y^e Eyes that followeth y^e small pox & meafells.

Take 6 pennynworth of Lapis Calamiraris in whole lumps if it may be, burne it red hot, quench it in a pint of white wine, breake it into small powder, then put it with the white wine in a glass bottle stoppt close, let it ly in y^e shade 24 howers, then drop the water into the eye; & or if it smart too much y^e it cannot be endured, bath y^e eye wth it; soe y^e wth opening the eye to & fro, it may distill thereinto. this doe morning & evening, or at any time so that it be not within an hower after meales.

A Greene Oyntment for y^e Stomack. 105.

Take mints, wormwood, rosemary leaues,
& red rose buds of each a handfull, chop
& beate them in a stone mortar, then take
halfe the herbs & boyle them in as much
Capons greafe as will cover them, straine
it, & then take the other halfe of hearbs
& boyle them in the same liquor, & when
they are almost boyled, put into it halfe
an ounce of Mace, & a quarter of an
ounce of Cloves, & 2 spoonfulls of
Aquavita, these must be boyled till
the hearbs be harsh then straine it.

For the yellow jaundies.

Take a pennyworth of Turmerick in
fine powder, a pennyworth of saffron
brayed, an ounce of conserve of Bar-
-berrys, mixe all well together; take
of this the quantity of a walnut morn-
-ing & evening, & drink a good draught
of Dandelion posset after it.

Lozanges for y^e winde.

Take $\frac{1}{2}$ a pound of loafe sugar, in fine
powder, boyle it wth a little faire water
to a hight, put into it aniseede, carraway
seede, coriander seede pipard, sweet fennel
seede of each, halfe a quarter of an ounce
all finely pounded, a dragme of cammon
pills, a large nutmeg, a large race of
ginger, & a dram of Galbanum, all finely
grated & pounded, put all into y^e sirrup with

106. with 6 spoonfulls of aniseede water,
boyle ^{it} till they come to a thick past, &
then drop it upon a plate.

For a Canker in y^e mouth.

Take of life honey 2 spoonfulls, red sage
& Rew of each one handfull, rosemary
7 or 9 topps, pound the Herbs & straine
out a good spoonfull of Juice, put it to
the honey, & boyle it to a right, then
put in as much burnt allome as will
lye upon a Groale, & the 6th part of a
pennyworth of Turmerick, let it boyle
a little after, & then put it in a cleane pot
Anoint the Canker gently wth it, & let
the water run out of your mouth, & it
will cure it in 4 dayes.

For bleeding at the Nose.

Lay a playster of Bole armonick &
whitewine vinegar to the forehead
it may reach from one temple to the
other, let it remaine 1 day or 2 if neede.

Lozenges for y^e winde.

Take Liquoras pared & sliced, aniseede,
horehound, the topps of hyfop, & penny-
royall, Elecampane rootes, & fennell
rootes the pith taken out, all bruised,
Infuse all in hyfop water 7 dayes
putting in fresh Herbs: then steepe
in that water Gum dragon, & make
lozenges wth it & fine Sugar, as
you doe Sugar plate.

For a high coloured face.

Take 3 drams of Camphir to $\frac{1}{4}$ of a pintle of white roselwater, let it stand 24 houers, & wash your face when you goe to bed. you may add some n^r Candy to it.

For a Plurisy.

Take hot dung of a stord horse, straine it with ale, & drink a good draught with a little Treacle. Drink it 3 times 3 houers betweene every draught.

To kill a Ringworme.

Take red dock rootes sliced thin, bake them, & lay them all night in y^e strongest vinegar, & wash it wth all.

For the Gunere.

Take the white of ten new layd Eggs, beate them to an oyle, & drink them in the morning fasting. Then take these Pills following. Myrh Aloes & -
Saffron Composit^d. called Pilla Rufa.

A Paister for y^e white or red Gout.

Take of Aquavita, Ale yeast, & English honey of each 3 spoonfulls, 3 whites of new laid Eggs, & a quantity of wheate flower, beate all together, & spread them on a cloath, & apply it to the white warme, to the red cold.

Sugar Plate.

Take unto $\frac{1}{2}$ a lb of fine searfed Sugar (roll it thin & cut it in
a $\frac{1}{4}$ of an ounce of dried violets finely steeped in roselwater. (Lozenges
stamped with Gum dragon)

108. A Bath to wash a festerd Sore.

Take red Sage, mayden hyfop, plantane leaves, & red bramble leaves, of each a handfull, boyle them in a quart of faire water till it comes to a pinte, take it off the fire, & put therein a stone of allome y^e bigness of a small nut, & 3 or 4 Spoonfulls of Hony.

A Pultis for such a wound.

Take a handfull of Mallow leaves pickt from y^e stems, boyle them in faire water or milke till they be tender; then take a quarter of a lb of fuet of a sheepe pickt from the skin & shred; beate it very well together till it be thoroughly incorporated, then warme it in a pewter dish, spread it on a cloath, & lay it to the place greived.

A Purging wine.

Take a pottle of white wine, put into it 4 ounces of Sena, of Rubarb thin sliced 2 drams, Epithimum 2 ounces, hermodactils halfe an ounce, Camomill flowers 2 drams, Stickadus 2 ounces, cloves, mace, & cinamon of each one dram in gross powder, Sugar halfe a pound beaten, let these infuse in the wine 2 howers, then let it run through an Ippocras bag 10 or 12 times. Take 3 or 4 Spoonfulls

Spoonfulls in the evening when you goe to bed, & in the morning if neede require. If the patient haue no great heat, there ought to be added to the former an ounce of Ginger sliced.

For the Cough of the Lungs.

Take russet hyssop, liverwort, lungwort, peryroyall of each a handfull, 2 or 3 tops of rosemary, a quarter of a pound of raisons of the sun stoned, 10 or 12 blew figgs cut in peices, aniseede one ounce, two or 3 good sticks of liquoras bruised, & a little sweete marjorom, boyle all together in a pottle of raying water to a quart, & drinke morn & euen.

For y Consumption of the liver.

Take a gallon of strong wort & put in to it these heards, hartstongue, liverwort, maiden hayre, Cowslips of Burrage buglos, & broad tyme of each a handfull boyle all in the wort, till 1/2 be consumed straine it & put into it a peny worth of red sanders, & 2 Spoonfulls of grames bruised, boyle it to 3 pints, & drinke a good draught morning & evening in your bed, bloud warme.

A water to dry an old Sore.

Take Tutia & rock allome of each an ounce, sal armoniac halfe an ounce, all in fine powder, adde thereto a dram or two of Camphire (if you please) infuse all these in a pinte

of plantane water 4 or 5 howers; but
 suffer it not to boyle; Apply it with
 warme cloaths or lint to y^e Sore.

Another for the same.

Take a pintle of running water & boyle
 therein a pennyworth of white cop-
 -peras till it come to halfe a pintle,
 take it off & put to it 2 penyworth
 of Camphire finely beaten, cover it
 close & let it stand till it be almost
 cold, then stir into it the white of an
 egge ready beaten to an oyle, & scrape
 in as much bolearmoniack as a
 nutmeg, & when it is cold put it
 up in a glass & stopp it close:

Shake it before you put any forth
 & apply it with warme cloaths as before.

To expell any thing from y^e Stomack.

Take a pound of Bolearmonaek finely
 powdered & searfed, Pimpernell, Carduus
 benedictus, Scabius, Turmentill, bittony
 of each a handfull all bruised, put y^e
 herbs to steepe in a quart or 3 pintles of
 whitenime 24 howers, then straine
 so much of the wine out, as will make
 the Bolearmonaek thicke as white pot,
 set it out in the sun, stirring it divers
 times a day, & continue wetting it every
 day, till it haue drank up all y^e liquor,
 then dry it till it worke as wax, then
 print it into Cakes, & keepe them for
 your use. ~

Eye water.

111.

Take y^e distilled waters of Eye bright,
white Roses, Sellendine, fennell & ~~rose~~
rue, of each halfe a pinte, then take
3 ounces of Tutia make it red hot six
times & quench it every time in white
rosewater & white wine in equall parts,
then cast away this rose water & wine,
& take y^e Tutia, cloves 3 ounces, Sugar-
candy 4 drams, put all these, made
into fine powder, into the distilled wa-
ters, adde to it a pinte of greeke wine,
stop it very close, & shake it for the
space of 40 dayes, once or twice a day.

For the Eyes.

Take broome, fennell, browne sage,
daylie leaves, of each a handfull, &
halfe a handfull of wormwood; (if there
be greate heate in the eyes then little or
no wormwood will serue) shrid or pound
them in a mortar, & put as much honey
to it, as will make it moist. Then dip
as much Towel (in the white of an egge
well beaten) as will cover all y^e eye,
then lay a pretty deale of this medicine
on it, & dress it thus twice a day. ~

Another.

Take red rose buds, red fennell, worm-
wood, vervaine, & sellendine of each
alike quantity, distill them altogether
& wash your eyes therewith, & it will
keepe them cleare.

Another for y^e Eyes.

Take Alloues, fellendine, & dayeyes
of each alike quantity stamp them
& straine out y^e juice, put thereto
a little sugar & rose water, & drop
it wth a feather into the eyes.

It taketh away all manner of
inflamation, spots, webs, itch,
smarting, or any other greife in
the eyes what soever, although y^e
sight were almost gone.

For y^e Stone.

Take burr seed, fennell seed & parfly
seed of each alike quantity, boyle
it in posset ale & drink it.

Another for y^e same.

Take a date stone, & Meire y^e weight
of the date stone, beate them to powder
searse, or reuge them, & drink it in
mace Ale.

Aqua Composita for a Surfit.

Take rosemary hyssop, & fennell of
each a handfull, a good roote of Ele-
-campane, halfe a handfull of wite
tyme, six crops of Sage, as much of
mints, & of penyryall, a handfull of
horehound, five crops of marjeron,
2 ounces of liquoras, & as much anis-
-seed steepe all in 2 gallons of strong
Ale 24 howers the distill wth anothimbeck.

Water of Life, for a Consumption. 113.

Take Malmsey, or red wine 2 gallons
a good Capon & a Rabbit liver, & all
the flesh of a legge of mutton the fat
being cut away, bruise all the bones &
cut the flesh also, & take y^e yolkes of
12 eggs, a pound of sugar, a pound of
great raisons, & of Cloues, ginger,
Cinamon, liquoris, & nutmeggs, of
each an ounce, of aniseede a spoon-
full, Burrage, rosemary, buglos,
parsly, sage, & hyssop, of each a hand-
full, of bitony leaues half a handfull,
of Scabias the leaues & flowers 2 hand-
fulls, & of white leavened bread a
penny loafe, bruise all & put them
into a pot to distill th in an Alimbeck.

A cooling Drinke.

Take Borrage, Buglos, violets, fumi-
torie, water cresses, & young hopp
buds, of each 2 handfulls, 3 ounces
of scraped liquoris, 2 ounces of
fumitorie feedes bruised, 3 drams
of whole mace, fennell rootes pitted
2 ounces, greate raisons stoned a good
handfull, boyle all in 2 gallons
or 2 galls & halfe of whay untill
halfe a gall be wasted, straine it &
add to it the juice of 2 or 3 Lemmons
or orranges, keepe it in a cold place
& drink it in the morn fasting, & at hower

Supper
before

Another for the same.

Take a quart of white wine, another of water, put therein a handfull of liverwort, another of violet leaves, a quantity of succory, Endive, & harts-tongue, boyle it well together, straine it, sweeten it with sugar, & drink it as aforesaid.

To provoke sleepe.

Take bay berries bruise them in a mortar & lay them to the Temples.

A good salve.

Take a pound of red led, a pint of Sallet oyle, & 3 ounces of unwrought wax boyle all together, continually stirring it, untill it look black, then take it off, & make it up in rolles.

A pultis for an antique fallen into

the Lions.

Take grounds of velle, boyle in them mallowes, & Cammonill, thicken it with wheate bran, & put into it a peece of iust, lay it on very hot.

For the Liver.

Take liverwort, harts-tongue, & fumetorie of each alike quantity, boyle all in clarified whay, drink twice a day.

For Melancholie.

Take Balme bruise it a little and sprinkle it with white wine, distill it in an ordinary still, & drink thereof.

To keepe Lemmons & Orengees .

115.

Take white sande that is sifted dry it in an
oven that there be no moisture in it. Then
put the sand into a barrell an inch deepe
then set found Lemmons in it an inch
afunder, then cast more sand on them
to the same depth, & soe a row of Lemmons
& a row of sand, & keepe them very close.

For the Plurisy .

Take croppes of broome a good handfull
leeth it in ale or beere from a quart to
halfe a pinte, drinke it warme with a
little mithridate; And then lay to the
side a toast spread wth Treacle .

A Salve for a Sore legge .

Take Castle Soape, red lead, lithargy
of Gold, & barrowes greafe washed
4 times in rosenwater (& if neede be)
some powder of burnt allome, worke
these well together untill they be very
soft, & lay on as much as will cover
the sore; take it of once a day, wipe it
& lay it on againe till it be whole .

Plague water .

Take Angelica, Dragons, Rosemary, Sage,
rue, wormwood, mugwort, Selendine,
Pimpernell, Egramony, vervaine, Scabias,
Biltonie, Carduus, maiden hyssop, Tormentill,
Coltsfoot, Balme, valerian, Organes,
hartstongue, of each one pound, cut them
& steape them in ale 24 houers, distill it in
an Alimbeck with a soft fire; you must
keepe the Alimbeck so close that it must but drop
as it will drye & be spilt. It must be made in May .

For y^e Nipple of the breast being sore.
Take posset drink, kerned wth allome,
& wash the nipple with it, as hot as
you can suffer it, then dip a cloth in
it & lay it to the nipple, use it as
often as the child both suck. ~

For sore Breasts.

Take mutton suet, Sallet oyle, & rosin
of each alike quantity, melt it toge-
ther & let it stand to cleere, then put
it into a dish & beate it wth a spoone
neere an houre, then spread it on a
woollen cloth for y^e purpose.

For y^e Morpew or any spots in y^e skin.
Take a pottle of rainewater & put to it
the crum of a manchet & let it stand
4 or 5 dayes, then straine it & put into
it mercury sublimat^d in fine powder
halfe an ounce, Almonds blancht &
beaten small 2 ounces, Camphire in
fine powder 2 ounces, Ceruse in fine
powder one ounce, then let it stand
4 or 5 dayes.

Then take 2 ounces of lithargy of
Gold made into fine powder, put to it
halfe a pound of white wine vineger, &
let it stand 2 howers.
And take as much running or well
water, & put to it one ounce of bay salt,
& let it stand likewise 2 howers;
Then put into each vessell a peece
of white Cotten, & distill the two -

Liquors each by themselves, till they are drawne out cleane, then put them together & it will be as milke; put these into the aforesaid water, & let it stand in the same 4 or 5 dayes, & then you may use it.

To strengthen the leggs & sinnewes.

Take 4 ounces of hartshorne filed very small, put it into a quart of white wine & let it boyle 3 or 4 howers simmering (when it is cold it will be in a jelly) you must annoynt the place greived wth it morning & evening, bathing it a good while.

Against Bleeding.

Take linnen raggs dry them well, & take as much Duckfist as raggs, put it together & set it on fire, & when it is burnt, put it out with a board, as you doe tinder; lay this powder to the bleeding place, the nose or elsewhere.

A purging Diet Drink.

Take of Sasaperilla, & Senna, of each 4 ounces, Aniseede & English liquoras of each 2 ounces, of English saffron a penyworth, Cinamon a quarter of an ounce, raisons of the sun halfe a pound Ginger a penyworth, bruise the spices & stone the raisons, & take 3 gallons of Ale when it is newly tunc, & hang all these in it in a thin bagg wth a stone in it to make it linke, & when it hath stood 7 dayes & the Patient eate nothing but

118. Dry roasted meate all that time, & keepe
himselfe very warme, he must drink
no other drink for 3 dayes space.

To kill an Itch in a Sore.

Take of the ashes of a Vine & the Juice
of a Lemmon of each one spoonfull, &
halfe a spoonfull of clarified honey,
mixe it well & anoynt y^e place greived.

A Greene Salve.

Take Scala Cali one pound, Rosemary
flowers 4 ounces, Pomegranat rindes
2 ounces, Sallet oyle 2 pound, white
wine 6 pints, Infuse them 10 dayes in
the Sun, boyle them till the wine be
consumed, then straine it & put to the
oyle Mastick & Olibanum of each 4
ounces, Alooes cicha one ounce,
Earthwormes 2 ounces, Venice Tur-
pentine 12 ounces, Verdegrease 1 ounce
boyle the Mastick, Olibanum, Alooes
& Earthwormes, untill the Gums be
melted, then put in the Verdegrease &
let it boyle 2 or 3 walmes, take it
from the fire, put in y^e Turpentine,
& stirr it till it be cold.

Uble for y^e Dropsy.

Take mayden hayre, red sage, & Chamapitus
of each a good handfull being dried,
Etecampane rootes dried & sliced, & y^e
common dock rootes dried & sliced of each
a handfull, the like quantity of Juniper
berries & bayberries, an ounce of Cin-
namon, five good nutmeggs, & twelve

cloues, make all these into gross pow- 119
der, hang it in a thin bagg in a vessell
& tun up a Gallon of Ale to it, &
when tis 7 dayes old drink it, & no other drink.

For y^e Greene Sickness.

Take Germander, Orgamon, maiden =
hayre, & hyssop of each a quarter of a
handfull, boyle it in a quart of good
Ale or white wine; Then take white
Amber red Cobrall, & date stones of
each alike weight finely beaten &
searfed, mingle it together, & take of
this powder as much as will lye on a
3pence every morning & Evening, in
a spoonfull of the aforesaid drinke,
& drink ~~also~~ a good draught of it
warmed, & walke after it as much as
you are able for the space of an hower,
The first morning, the Patient must
sweate after it in her bed.

Another for the same.

Take of Sassafras sliced halfe an ounce
Mugwort, Germander, Lovage of each
a handfull, wring them in peeces with
your hands, Bridgewe an ounce, Liquoras
one big stick scraped, sliced, & bruised,
steepe these in a quart of faire water
all night in a vessell close stopped,
& in y^e morning put the said vessell in
a Kettle of water, soe let it marme till
a 3^d part be consumed, straine it & sweeten
it wth sugar to your tast. Drink every morning
a good draught of it warmed, & fast 1 hower after

using some Exercise.

of vomit to worke 8 or 9 times.

Take 8 grames of Stibium in fine powder put it into a viall wth 10 spoonfulls of cleare posset Ale, boyle it in a Skillet of water 2 howers, you must shake it often & let it be but lightly stoppt, straine it through a thick cloth, leaving the dross take only y^e cleare, & cast away y^e rest. Then take a spoonfull of honey another of wine vinegar, boyle it halfe a quart of an hower continually stirring it, put it altogether into your posset ale, it must not be made a day or 2 before you drinke it. Take it fasting all at a draught, & after every vomit drinke a good draught of cleare posset ale being but warme, to make it worke y^e better.

For y^e Giddiness of y^e head, to strengthen y^e memory, & cleanse y^e blood.

Take 3 ounces of Sena leaves, Zedary, Cummin, parsley, & dill seede of each one ounce, Ginger ℥ss, Cloves, nutmeggs, Calmemeus, Gallinagal, pimpernell roots, Sage, rue, valerian, annes of each $\frac{1}{2}$ of an ounce, Sugar ℥iij pound all small, & mingle them together. Take morning & evening one dram at a time. ~

A Purge for Melancholy.

Take y^e Juice of Borrage & Bugloss ana ℥viij y^e Juice of sweete apples ℥viij. Let it stand & settle, then put into it Sena ℥ij & let it infuse 24 howers, then let it seeth a walme or 2 & straine it out

then boyle it to a Syrrup with 9 ounces 121.
of sugar, hang with a little bagg $\frac{1}{2}$
a dram of saffron in it, & so keepe it
all y^e yeare for your use.

Lozanges for y^e Stomack & wimde.

Take $\frac{1}{2}$ a dram of Mithridate, $\frac{1}{2}$ a quarter
of an ounce of oyle of Aniseede, 3 grames
of Ambergreece the 3^d part of a penny=
worth of Saffron, 4 ounces of fine Barbary
Sugar beaten & searfed, as much Gum
Dragon dissolved in red rosewater, as
will bring it to a past, worke it well
together & roll it thin, Cut it into Lozanges.
Dry them & keepe them neere y^e fire.

To keepe one Loosebellyed.

Take a dram of y^e powder called pulvis
Sanctus & steepe it a night in a $\frac{1}{4}$ of
a pinte of white wine, in the morning
warne it & drinke it all at a draught
but stir it well first that none be left
in the bottome, Take it fasting thus
every 3^d day for a weeke or 2, & fast
two howers after, then take thin broath.

An Oyntment for y^e side.

Take oyle of Capers, oyle of Dill, & oyle
of Broome ana \mathfrak{zj} . oyle of cammomill,
& mellilot ana \mathfrak{zss} . misce. put some
of it into a sawcer, & annoynt y^e side
& belly very warne, & lay a double
cloth warne upon it, Doe this mor-
ning & evening. For Costiveness. Costive
Use to drinke butter milke.

A Pultice. for a Sore.

Take Daylies rootes & leaues, plantane
& Mallow leaues ana. ʒ. ʒ. Smallage 3
or 4 tops boyle these in running water
till they be tender, take out γ the herbs
pound them small & put them in againe
thicken it with oatmeale & $\frac{1}{2}$ a pound
of mutton suet finely shred, when it
is boyled to a sufficient thicknes, spread
it on a cloth & lay it on warme.

A Pultis for the biting of a dogge,
or fallen to a fellon.

Take $\frac{1}{2}$ a pinte of vineger, a spoonfull
of flower, & another of honey, the yolk
of an Egge, a handfull of Smallage &
a good quantity of Boares grease finely
shred, boyle it on a soft fire untill it be
thick: but if it be for a fellon use
mutton suet & Rue instead of Boares
grease & Smallage.

To make a posset without milke.

Take γ yolkes of 12 Eggs & the whites of
8, beate them well together, then take
a pinte of sack & another of Ale, put
thereto $\frac{1}{4}$ of a pound of sugar, beate all
well together, set it in a pan on a soft
fire & stirr it often untill it begin to
boyle, then put it in a bason on Coles
in a chafindish, & let it boyle till the
curd be sufficiently risen up, take off
the curd, & strow sugar & spice
therem.

To draw up y^e Pallat of y^e mouth 123.

Take leuen as much as a big walnut
make it into a thin past^{ie} w^{ith} whitewine
vineger, put there in fetherfew or
whitewort finely shred q. s. halfe a
nutmeg grated, then boyle it till it
come to y^e thickness of Bookbinders past,
then put it in a little bagg, & lay it
as hot as you can suffer it to the pit
of your Pole. ~

For a burne or Scald.

Take of y^e greene leaves, or greene rinde
of Elder, & Sage leaves, of each a hand-
full, chop them small, & take as much
new Sheepes dung as hearbs, boyle them
in as much hoggs lard or mutton suet as
will cover them, let it boyle $\frac{1}{2}$ an hower
very gently, then straine it & put it in
to a pot till it is cold; & anoynt therewith.

To stop y^e Rhume of the Teeth.

Take Toroe make it into 4 parcells as
bigg as halfe crownes or broader, then
put y^e white of an Egge (beaten to a froth)
all over the toroe shave thereon a s. q.
of bole armonie, grate thereon the
like quantity of nutmeg, warme them
& lay one upon each temple, & behind
each eare one, keepe your head very
warne, & let them stick on, till they fall
of themselves.

To expell any venome from y^e heart.

Take Borrage & Parsly of each a handfull
pound it, put red rosewater to it & straine
it, then boyle it, & put a spoonfull of -

124. heartshorne, a peice of Gold, & sugar into it, & boyle it together to a syrrop; Take it morning and evening first & last 15 Dayes.

For a Squinly or sore Throate.
Take Groundsell, whitewort, Elder (leaves in summer rinde in winter) of each alike quantity pound & take the Juice & mingle it with honey, & wash y^e throate, & mingle some of it with flower, make a plaister, & lay it to the throat: but for a Squinly add unto it y^e white Album Gracum both in y^e plaister & water.

For the wormes.
Take Aloes, Senna, & Centory, of each halfe an ounce, in fine powder, put it into a bladder wth halfe a pinte, of muskadine & hang it in the Chimney till it be dry; then slice it in peeces & take the weight of a Goat at a time 3 mornings together at the new moone either in Pill, or any other way.

For deafness.
Take Stone pitch as much as a beane, melt it in a spoone, & put into it 5, or 6 grames of Civet, & as much ambergreed & twice as much Colloquintida, & 4 or 5 grames of Scamony, & stirr them well together till the mixture be cold, Take as much of this as a wheate corne put it, in a thin peice of Saofnet, into

the hole of y^e Eare, fasten a thred to it & tie it about y^e Eare, that it may not be lost; take it out every morning & wipe it, & put it in againe. It will make a royse in the head at first, & will not work the effect (perhaps) in a fortnight, but weare it untill it be quite consumed. prob: est.

For a benumbedness in y^e hands.

Take Rosemary, Sage, Lavender, & Tyme of each a great handfull, boyle it well in beere, & rub the hands & armes with it twice a day, & after they be dry, rub them & the neck wth a quantity of Aquavite warmed.

For Marinating of Fish.

Take of y^e best fallett oyle & therewith fry your fish well, then take a quart of whiterwine, a pinte of white vineger & a good quantity of gross pepper, a quantity of large Mace, Rosemary, Hyssop, Tyme, & Bayes, boyle all these untill halfe be consumed, then let it coole; & when it is cold put in y^e fish cold, & let it lye in it two dayes, then serve it wth some of the broath. It will keepe good a fortnight.

An Antidot to expell winde & water.

Take honey & Treacle of each 2 ounces pepper grames halfe a dram powdered mixe it well together without fire, then powder a little Nutmegg & Cinnamon & put into it.

126. For y^e Rickets, An Oynment, & Drink.
Take Sheepestrotters oyle, & Bullocks Gall
of each halfe a pinte, put therein a good
handfull of Cammomill, put all in an
earthen pepkin & set it on y^e fire, &
let it boyle gently or simmer for y^e space
of halfe an hower, continually stirring
it, then take it off & straine it; & with
this annoynt all the Joynts of the Child
every Evening, keeping it very warme
night & day for a weekes space. Then
The Drinke.

Take Rock Raw, Mayden hayre, Liver-
wort, Coltsfoot, of each a good handfull,
Blew Currants, raisons of the sun stoned
& blew figgs, of each $\frac{1}{4}$ of a pound, &
one ounce of Aniseede; boyle all these
in 2 gallons of sweete wort an hower,
then let it stand till its cole enough to
set it on worke, then straine it & put
barme to it, & when it is ripe put it
in a firken & stop it close. Give it y^e
Child mornings & Evenings, & at night
as often as he will drinke. Or els.

Another Drinke.

Take $\frac{1}{4}$ of a pound of blew currants
bruisse them & steepe them in a pinte
of Muskadome, or for want of Muskadome
in Rassy wine.

For the Stone .

Take horseradish rootes, $\frac{1}{2}$ a pound, & an ounce of parfly feede cut them small & steepe y^m all night in a quart of white wine, then drinke thereof, & let y^e rootes & feedes lye in it till all be drunke: It may be sweetned wth sugar if neede be.

Another

Take y^e rootes of filipendula or dropwort in powder, or a decoction of y^m in white wine, where unto add a little honey when they are boyled from a pinte to halfe a pinte.

For the Cough .

Take 6 ounces of sun raisons stoned, beate them very small in a stone mortar then add 8 ounces of old conserve of red roses, beating them together till they are well mixt, then take 4 ounces of browne sugarcandy (being first beaten small) & strow it on with a spoone, as you are beating the conserve & raisons, continueng so to doe till all the candy be well mixed wth the rest; then gather it together into the middle of y^e mortar & drop on it 12 drops of y^e oyle of Sulphur, & 24 drops of y^e oyle of Vitreal, mixe them very well wth a strong knife or silver spoone untill all have a sharp tast, put it in a gallipot & keepe it close tyed with paper & leather. Take y^e quantity of a large nutmege by small

the morning fasting & fast 2 houers after, morning in the same quantity at night in bed.

Put 8 quarts of water in a kottle & when it begineth to boyle. Take ℥iiij of Sallaparilla. ℥i of red saunders ℥i of white Saunders. ℥is of china. Cut them & put y^m into y^e water. Let all these boyle halfe an hower; then Take ℥i of red saunders, ℥i of Misericum. $\frac{1}{8}$ of an ounce of Guaiacū. Cut them & put them into y^e water; let them boyle $\frac{1}{4}$ of an houre; then take ℥s of Saffras. $\frac{1}{8}$ of an ounce of Rose wood. a sprigg of Liquoras. Let all these boyle together till there remaineth but the quantity of 4 quarts of water. This will be 3 or 4 howers making although you keepe a good fire under it. When it is coole put it into glasse bottles; (wth out straining y^e Sediment from it) & so powre it out upon occasion. This will last for two dayes & no more.

Take a glasse of it in y^e morning an hower before you rise, & a full glasse when you goe to bed, the rest at dinner & supper, & when you are thirsty. In three weekes time you must neither drinke wine, water,

milk, vinegar, oyle, nor any liquid 129.
but the Diet Drinke. You must neither
eate salt meales, pepper, beefe, pottage,
nor mutton, unless dry roasted or
broyled: but you may eate rost veale
rost chickens, & y^e like, but as ma
dyet, & little. You must neither purge
nor let blood, but may walke freely
abroad.

Let y^e proportion of water be
but 7 quarts boyled to 3 with y^e
same quantity of druggs.

The whole Course will be 7:10. charge.

If no Mesereon can be gotten, Lau-
reola will serue: but it must be
prepared in Vineger. Gil: Talbot.

To make hayre grow againe.

Take mice dung, the ashes of walpes
burned & hazell nuts, mixe it wth
a little vineger of Roses: & anoint
wth it a bald place often therewith.

Sickenning time. Live or dye.

Marke y^e day any doe fall sick on, and
number y^e dayes from y^e sixth of the
Callends of July (w^{ch} is y^e 26 day of June)
untill y^e day the party began to be sick,
deuide the whole number by 3: If one
remaine, he will quickly escape; If 2
remaine he will be long sick; If none
remaine, its to be feared he will dye.

If 1 rem

long sick

2 remaine

He will d

if none

he will

recoyer

quickly

N. C.

Against Plague or Poyson.

Take Juniper berries 2 drams, & each of Lemnise as much, & one scruple more w^{ch} is the weight of 24 barley cornes; make them in fine powder mixethem wth hony, & keepe it in a cleane vessell. Take y^e quantity of a hassle nut at a time in 3 ℥ of aqua mulsa, w^{ch} is made of one pound of hony & 8 ℔ of water foddren & skimd over an easy fire untill y^e 4th pt be consumed. If no poyson be taken before it will remaine in y^e stomack quietly; but otherwise it will procure vomit.

Remede.

Binde old oxen leaves about y^e end of a little stick, cut y^m something round. Hold them as deepe in your mouth as you can, wth the stick betweene y^r teeth, & y^e Remede will run; betweene while wash the leaves, & put y^m in againe. Doe thus about halfe an houre, & use it 3. or 4 times a day for 3 or 4 dayes.

For a Burne, or Bruiſe.

Take a pinte of oyle olive, put it into a cleane pipkin, & put therein a handfull of the second rindes of Elder spriggs, w^{ch} are no bigger then your little finger. & Plantaine, Sengreene, the youngest leaves of Elder, of each halfe a handfull, wth the 6th part of

of a pintle of white wine vinegar, & 131.
2 or 3 Spoonfulls of Urine, & 2 inches
of a Cotten tallow Candle cut from
the weake; boyle all these together
halfe an hower on a soft fire stir-
ing it now & then; straine it through
a course cloath, put it into the pipkin
againe wth an ounce & halfe of yellow
wax sliced; when its melted take it
of. When its use for a burne, it is
to be spread on a cloath & applyed,
changing it but once in 24 houers.
For a Bruise anoynt y^e place therewth.

• The Miscarrying water.

Good against Loosenes also.

Take of red Oaken buds, woodroves,
Broad Plantaine, of each 2 handfulls,
Pomgranate rinde, & Cinamon, of
each an ounce powdered. Shred the
herbes, & steepe them wth y^e powders
in a quart of red wine one night,
still it the next day morning in
a cold still pasted, wth a soft fire,
Give 3 spoonfulls at a time.

For y^e wormes.

Take 8 Egges beate them well, then
take wormwood, Rew, Lavender Cotten,
Feverfew, mayden teetes of each a hand-
full, shred them small, mixe them wth
the Egges, & fry them in a pan, with

132. some fresh butter, in nature of a pancake
& apply it to y^e Stomack & navill; use
it 3 nights together; with swathing
it on. The Cordiall water.

Take Sage, Cellandine, Rosemary,
Rue, wormwood, Mugwort, Mints,
Pimpernel, Dragons, Scabias, Egre-
mony, balme, Scordium, Centory,
Carduus, bittony, Rosafolis, of each
a good handfull: Angelica rootes,
Henbane rootes, Tormentill rootes,
Zedoary rootes, & Lycoras of each
halfe an ounce; slice the rootes
when they are cleane; Then wash
the hearbes & dry them in a cloath;
when they are very well dryed,
shred them very small, put them
into a gallon of y^e best white wine,
& steepe them in it 2 dayes & 2 nights
stirring it twice a day, & so distill
it in a cold Still.

The Selfheale Oyntment.

Take of Selfheale 2 handfulls,
Plantaine, Parsly, Ground Ioye, &
Daylie rootes leaves & flowers, of
each one handfull, cleane wash &
dryed in a cleane cloth; then shred
them all very small, & boyle them in
a pound of fresh butter unwasht,
let it boyle soberly for 2 howers, -

Stirring it all the while, then Straine 133.
it & keepe it in earthen potts. It will
keepe good 3 or 4 yeares. Approved
for many things.

How to make the Sirtinose.
℞ Staple of Spanish Halfe an ounce
Almas a dram & a halfe
Lubards . a dram.
make it into pills with Salt. & set
in number 10. take them 9
mornings. viz. 2 at a time. &
Drink a glass of Claret after
it, then stire till y^e Salt
fast 2 or 3 howers, then eat
some hott thing. approved.

Antidotus Contrayerva
℞ of Orientall Pearles, Crabbs Eyes,
red Corvall, Hartshorne, white
amber, Rooles of Scorzonera (or
Vipers Grass) Roote of Contrayerva
ana alike quantity, of the black
tipps of Crabbs claws, so much in
quantity as of all y^e rest, powder &
searse them through a lawne seive
make all these into a mass wth jelly
of hartshorne, wherein you must infuse
some stone of saffron; make it like
Paff with continuall beating, then
make it in balls & keepe it dry. It
will last long wth out decaying. Dose
is 12 or 18 Gr. & in y^e greatest extremity
20 Gr. & y^e every 12 howers. To a child 8 Gr.
as you see cause.

134. Vertues) This Powder is Excellent
againgst all infectious diseases (or y^e
Plague) Its also good for aques and
feavours, paines & tremblings of
the heart, It doth restore those that
are fallen into Consumptions, adding a
little Syrrup of Gilliflowers it draw-
-eth out the small pox & meafells.
Given in a little conserve of red roses
it stayeth fluxes, & being taken
in time preserveth from infection
It provoketh neither vomit-
nor stoole, nor giveth offence to
y^e tast smell or stomack; but
worketh insensably & without
violence to nature, & is of such
vertue y^e neither Beazor nor
Unicorns horne can equall it.

St Phillip Paris Plaster.

Vertues) If you lay this upon
the stomack it provoketh appetite
& taketh away many greifs from the
same. Lays on y^e belly it easeth the
collick speedily, lays to y^e raynes it
stoppeth the bloody flux, running of
y^e reynes, healeth of y^e kidneys, & weak-
-ness of y^e back; it healeth swellings
aches, bruises; it breaketh fellons
& Imposthumes, & healeth them, drawes
out humours without breaking the
skin; it healeth y^e diseases of y^e funda-
-ment, Lays on y^e head it healeth
y^e headack, Urula, Eyes. Lays to y^e
belly, it provoketh y^e monthly terms

Grapteth y womb for conception; 135.
it is made as followeth.

℞ Olij communis ℥ij. Minij ʒss
Ceruse ana ℥j. in fine powder.

Castile Sope. ℥ij. Incorporate
them all together in an earthen pan
well glased before you put them to
boyle, then put them upon a gentle
fire of coales for an hower ever
stirring it with a spatula, then
increase y fire till y red turne
grayish (continuing your stirring)
drop a drop upon a trencher, if
it cleave not to it then it is eruse
make roles of it. S. A. It will
last good 20 yeares.

To make Black Inck.

Take of Stale beere or vineger
one quart Galls broken $\frac{1}{2}$ ℥
Gum Arabick $\frac{1}{4}$ ℥ & Copperas
 $\frac{1}{2}$ ℥ mingle them together
& keepe it in a warme place
for 24 howers nere y fire
if it may be lukewarme then
remove it; & every morning
stirr it for a weekes space.

An Universall Medicine

Take a peck of cleane stone
 Lime well burnt, put it in a
 tub of water w^{ch} may be three
 inches above the lime, when it
 is flatcht, let it stand 24
 hours in the Tub; then pouge
 off a gallon of the water wth out
 taking of the feam. Then
 Take East Indian Salt peter, &
 white Rensh Tartar, of each
 halfe a pound, made into very
 fine powder & well fearlessly
 mixed together, throw it into
 a new earthen pipkin (made
 red hot over a charcole fire)
 with a spoone that the powder
 may burne, & let the pipkin
 heate by degrees that it breake not
 doe soe till it is all burnt & if
 you have wrought it well there
 will remaine about 8 ounces
 of a pure yellowish salt in the
 pipkin, if more remaines the
 pipkin was ~~too~~ ^{not} hot enough if
 less, it was too hot. put this
 salt into y^e gallon of water, to
 w^{ch} adde Black hellebore,
 Juniper berries, & red Poppy,
 of each halfe a pound: bruised
 let

137.
Let it simmer over a charcoale
fire 24 hours close covered
in a convenient vessell of
Glass, Tin, or Pewter.

For the Stone.

Take the Spine of a Salmon,
the slime strings being cleane taken
out, dry the spine very well in an
oven, powder & searce it through
an haysre seive. The Dose is
3 Thimblefulls in halfe a pint of
white wine in the morning fasting,
or at any time when the fit comes
Drinke a pint of new Ale presently
after. when the fit is over take
an ounce of the Sirrup of Marsh-
mallowes in a pint of burnt white
wine hot.

For Deafness.

Drop a drop or two of the Oyle
of Turpentine into the eare at
night when the party is in bed,
& in 3 or 4 dayes it helpeth.

For the Ricketts.

Take the Gall of a Boeve newly killed (if ye gall be greate) take 2^d worth of Strongwater (but if small but one pannyworth) & Black Sops of quantity of a wallnut. Boyle these together till the Sops is melted. Keepe it in a glass bottle close stopt. Anoint therewith once a day the ribs & belly, on both sides, stroking it downwards, & dry it in by the fire.

Then Take Egrimony & Liverwort of each a good handfull, Pellitory of the wall & Speedwell of each a less quantity, Cotten downe Thistle - roote & branch one or two (if large) but if small, 5 or 6; Boyle all these together in midling wort, ripen & tan it into a Cask. Of this let the child drink, as often as it will. If it suck the nurse must drink it also.

Women that beare children subject to this disease should drinke it when they give suck, though the disease doth not appeare on y^e child.

For the Plague.

Take halfe a Dram of y^e powder of Joy berries in 2 or 3 ounces of Plantaine water, & sweate very well after it.

For the Toothach.

Take an equall quantity of Ginger
& Allome, in fine powder mix
it, & rub the Gums, & put some of
it into the tooth if it be hollow.
Continuing it till y^e paine aſſuage.

For a Corne.

Cut the Corne, & apply a leafe
of Singreene (the rinde pitts of)
to it every day till it be well.

For Piſſing Blood.

Take of the powder of red corral
as much as will ly on 3^d or 4^d
& drink it in 2 or 3 ſpoonfulls
of Cowhot milke. About an
hower after, Take 3 or 4 ſpoon-
fulls of red Ralpy wine, burn it
& put into it a little thin toaſt
bakt very dry, & add thereto a
little nutmegg & cinamon, Then
eate the toaſt & drink the wine.

About an hower after this -
eate of the toaſts made as
followeth. viz. Take a
young legg of mutton, roſt it,
but doe not drip it, & while
it roſts; lay toaſts of unlea-
-vened bread (bakt very dry)
under it, that it may drop thereon,

& when it will drop no longer,
prick it, & let it roast, & the
toasts remaine under it, as long
as any drop of Juyce drop thereon
Then let the party eate of this
toast as much as his stomack
will take, & afterwards of the
mutton also what it can.
Take these things in this order
every morning till he recover.

For Beasts that make redwater.
Take Sellendine, brown Sage,
Ren, Shepards pouch, & blood wort
of each an handfull pickt & chopt
very small, mix with it an
handfull of dry foot, put all into
a quart of cow hot milk, & give
it the beast, & afterward, if it
be bound in body give it a toast
& barre.

For the Plague.

Lay a plaister of Galleum to
the Botch & it will keepe it
from going in againe, if laide
to betimes.

For the Rickets.

Take maydenhayre, Liverwort,
Hartstongue, mayden hyssop, may-
den Time, winter Savory of
each an handfull, sweete mar-
joram & browne fennell of each

141.
halfe a handfull, wash & boyle
them in a quart of the first wort
or faire water till halfe be
consumed; then put in halfe
a pound of stoned raisons let it
boyle a while. then straine it
& keepe it close giving it the
childe mornings & evenings to
drinke warme putting a little
honey into it.

An oymment for y same.

Take a good handfull of cam-
momill pound it & take the
Juice thereof, put to it 2^d worth
of Burrows flich, 2^d worth of
fooke oyle let it boyle together
& when it is cold put into it
2^d worth of hot water, & so
anoint the childe morn & eve-
nings by the fire.

The Quantity of Herbs

for a khd of ordinary

Metheglen. vide page 32.

Costmary, Egremony, Hony suckle
Centary, & Rosemary of each
two handfulls. Pennyroyall,
meade parfly, wild carrat,
Savory, & Tyme of each fowre
handfulls.

142. Bittany, Burnet, Eyebright,
Sage, & Balme, of each eight
handfulls. Blaw buttons or
Scabious, & Harts Tongue of each
16 handfulls. of Fenell &
rootes, & partly rootes of each
one pound.

The Opodeldock Plaster
for Old Ulcers in any part.

R. Rosin pulv. ℥v

Deere suet ℥iij

Sanguis Drac. pulv. ℥i

Bol: Armen. pulv. ℥is

Red Sanders pulv. ℥i

Abblum. ust. pulv. ℥i

Terebinth. venet. ℥iij

Bees wax shaven ℥v

Dissolve the suet in a large
Skillet over a gentle fire then
add the rosin & wax, wch being
melted take it off least it run
over. Then add the Turpentine
lastly all the powders, stirr it
well & pour it out into a basin
or pan of cold water, & while it
is warme worke it into 5 rowles
with a little oyle of Roses. prized
at 10 s. & Rowle, it holds good 40 yeeres.

To Make Ginger Bread.

℞ a quart of honey refine it on
the fire, put into it of Ginger,
pepper, Liquorish, & Sanders of
each a penny worth all made
into fine powder, ^{powder} ~~aniseeds~~ 4
ounces, & the like quantity of
Clarot wine or old ale. Then
Take 3 penny manchets finely
grated strow it amongst the rest
& stir it, & so make cakes &
dry them gently. Another.

Take a quart of Clarified honey
seeth it till it be browne, & if it
be thick put to it a dish of water
Then put to it the fine crumb of
white bread grated stir it well,
& when it is almost cold put to it
the powder of Ginger, cloves, cinnamon,
& a little liquorish & aniseedes, then
kneade it & put it into molds. some
put to it a little pepper, & some are
treacle.

French Bread.

℞ halfe a bushell of flower, ten
eggs, a pound & halfe of fresh butter,
as much yest as for manchet temper
it with new milk pretty hot, & let it
lye half an houer to rise, make it into
leaves, wash them over with an egg beaten
with milk, let not y^e oven be too hot.

For a Cancer.

9 times
Cancer.

Take Lapis Calaminaris 4 ounces make it red hot in a Charcole fire. ^{3 times} Quench it as often in a pint of white wine, continue it in an earthen pipkin untill the heate make it boyle, & so repeate it as above, & let it stand so neare the fire as to continue warme. Take one ounce of whole Tully burn it in a Cruet & when red hot quench it in a pint of red Rosewater ^{3 times}. Then mixe wine & Rosewater & all together putting it into a bottle shake it twice a day when you use it dipp a double cloth in the water bigg enough to cover the sore, apply it warme, keepe the grained place warme after & use it twice a day or as often as neede requires. Pat. J. S. Blandford.

Urine bloody
Stone.
Gravell.

For Bloody Urine, Stone, Gravell.
Camararius saith, that the thickned Juice of Purflan made into Pills with the powder of Ham Tragacanth & Arabick, being taken, prevaleth much to help those that make a bloody water. The Decoction of Agrimony made with wine, helps those that have soul troubled, or bloody waters.

Blood spitting

A grave of the powder of Betony taken with a little honey & some vineger, helps those that piss or spit blood.

Stone kidneys
Stomach weak.

Buckshorn plantane boyled in wine and drunk helpeth those that have the Stone in the kidneys, strengthening weak stomachs that cannot retaine their meate but cast

it up, stayeth all bleeding at mouth & nose, bloody urine, bloody Flux, & Laps of the belly & bowels. Bloody flux.

Take 3 or 4 good handfulls of the Berries of winter fresh or green or dried, bruiseth them, & put them into so many Gallons of Ale or Beere new brewed, this drink taken daily - Stone.

both ease the paines, expell urine, & the Stone, & cause the Stone not to engender; The decoction of the berries in wine & water is the most usual way, but the powder taken in drink is more effectual. ~

The Root of Earthnuts or Pignuts in powder made into an Electuary is a singular remedy for pissing or spitting blood. Blood pissing & spitting.

Crabbes Claws or water Scagween is an excellent remedy for such as have boyled their Kidneys & upon that pissing blood. ~

The Juice of decoction of Horstail being drunk, or the Juice decoction or distilled water applyed outwardly, stayeth all sorts of Laps or Fluxes in man or woman, & the pissing blood, & healoth inward ulcers & excoriations of the Extrails, bladder &c. & all other sorts of foul, moist, & running ulcers, & sovereth together the tops of green wounds.

The decoction in wine helpeth the Stone, Strangury, Ladies Smocks or Cuckoo-flowers provoke Urine & break the Stone. Fluxes. Bladder.

It you make a vinegar of wild Time or Mother of Time (as vinegar of roses is made) it stops the paine of the head being agrieved with it, it helps spitting & pissing blood, coughing, & vomiting, it strengthens & comforts the Head, Stomach, Reines, & womb, expells wind, & breaks the Stone. Head & Spitting blood.

For excoriation in the neck of y^e bladder. Coughing. Vomiting. Stomach. Reines. Womb. Wind. Stone.

Re 6 ounces of Comfrey Roots & the Juice of 12 handfulls of Plantaine, worke & beate them in a stone or wooden Mortar with Sugar to an Electuary.

For the Consumtion.

Take 20 Lippins & 12 Turnips shred
 them very small, Abrifide & Lyquoras
 in powder of each one ounce, powder
 of Elecampane halfe an ounce, Then
 Take Browne Sugar cundy & Raisons
 of the Sun Stones of each one pound,
 put all together into an earthen
 pot cover it with Rye dowe &
 bake it with houfhold bread then
 Straine it very well, & put to
 this Jayce Syrrup of Mayden hayre
 & Syrrup of Coltsfoot of each six
 ounces, Conferues of Roses lower
 ounces, & a quarter of a pound of
 Englifh honey, mix all very well
 together, & let the party take
 thereof as often as he can, & if he
 finde himfelfe cold, let him take
 Candyes Elecampane.

And for his Diet Drink. Take
 Pollipodium, Scuroy gras & lung-
 wort of each one handfull, of
 Liverwort two handfulls, of Bittar-
 ny halfe a handfull, & of water
 Cress one handfull, boyle all in
 wort, & put no Hopps to it at all.

For the Small Pox.

Take a quart of Ale, a dram of Saffron
 halfe a pound of figgs slit the figgs
 in the middle, then take 2 worth of
 green Licoras slice the outside
 Scrypt away, put these into the Ale
 & boyle it till it come to a pint. let
 the party drink it all up in the morning

fasting hot at a Draught, & fast
3 hours after. If a woman or child
let them take it often all the day, as
they can drink it & eat or drink no-
thing els that day. The infection
will come away in the urine, & the
pasty, will have few if any.

For scabs in hands &c.
By the middle rind of Elder, boyle it
in cream, putting in a knob of Allom;
& anoynt the place with it.

For the Itch.
By a handfull of Sage, a handfull of
wormwood, a handfull of Rosemary, &
a knob of Allom, boyle it in middling
cream when it is cold put in the flower
of Brimstone & anoynt the party.

For the Farce in a horse.
By a little handfull of Savin, a handfull
of Rue, 3 spoonfulls of Hempseed, a little
bunle of the inner rind of Elder & a little
Scurvygrass, boyle all in 2 quart of water
till halfe be consumed, give it him blood
warne fasting, & ride him an hour after.
Then take a good handfull of Copperas, 2
handfulls of Salt ~~and~~ & 2 handfulls of
nettles boyle all in Gale urine & with
this wash the Sores.

Bees to improve.
By a handfull of Baume, one dram of
Camphire, half a dram of Musk dissolved
in Rosewater, as much yellow wax as is
sufficient, oyle of Roses as much, Stamp the
baume & camphire very well, & put them
into the wax melted with the oyle of
Roses, let it be made up into a Mass, let it
cool before you put in the Musk for els the
heat will fume away most of the scent of it.
Put the signet of a Halseell nut of this Mass
within the bee hive & it will increase the

Bees, Honey or wax threefold. J. working.
 Buck wheate & Amisidee sowne neere the
 Apiary is esteemed an extraordinary
 delightfome food for Bees. J. workinge.

Made to tast like wine.

Rx 4 part of Clarified Honey & 8 parts
 of water Boyle it halfe away scumming
 it, when it is coole tun it, & when it
 hath done working stop it close & bury
 it under ground for 3 monthes.

Another.

Rx Clarified Honey 20 lb water 32 gall
 boyled to halfe & cleane scummed, & to
 haue an Aromatick tast add flowers
 of Elder, Rosemary & Marjerom of each
 one handfull, Cinnamon 2 ounces,
 cloves 6 ounces, ginger, pepper, & Carda-
 mom of each 2 scruples. Jo: workinge.

To Destroy Rats & mice.

The Roote of white Hellebore in powder
 is good, it kills nothing els. The Smellie. of the
 For an Aque. Roots of corrs burnt
 or toes away mice.

Rx 2 quarts of spring water boyle in it
 2 handfulls of Redwort Plantaine grossly
 shred & 2 ounces of Lycoras well beaten
 or bruised, let it boyle till halfe be con-
 sumed, if for a party of full growth, but
 if for a boy or yirle, till a quarter be
 consumed: then straine it, & put into the
 liquor 2 ounces of browne Sugarcandy, &
 when it is dissolved bottle it, & let the party
 drink of it, & no other drink till the Aque
 be gon. Make 2 plaisters of Mithri-
 date & the pulp of an Orange, or
 Limon, or for want of them a sowre
 Apple, & apply it to the wrists. In old
 peele 2 heads of Garlick boyle it in Hy sop
 water till it is tender, then take it out,
 mix it with hoggs lard, lay it on two
 peices

pieces of bladder & apply it to the hollow
of the soles of the feet: but let them first
be well bathed with the said Hyssop water.

Another.
R^e the inner skins of the Gizzards of poultry
Cocks or hens, wash them cleane, dry & make
them into fine powder. Take 2 parts of this
powder & one part of fine powder of Cocks-
neale, well mixt, & give the parts as much
as will ly on six pence, or 4^d for weaker persons.
Or els, 2 drams of Cortex Peruviana, call'd
the Jesuits powder, & 1 dram for weak persons.

For a Cough, & defluxion of Rhume.
R^e Powder of Liquorish ℥ij. powder of
Aniseeds ℥ss. powder of Elecampare ℥ij
Flower of Brimstone. Red Corral prepared
of each ℥j. double refined Sugar beaten
& yeasted ℥j. Then with Gumoragacanth
steep'd all night in Rose water beat them into
a past, mols it up with yeasted Sugar, & make
it into Lozenges, dry them in the Sun, or some
warre place, eat them often day & night.

For the Scurvy, & Catarrhs, Rumes, consumption.
R^e a good quantity of Scurvygrass beat it by
straine it, set the Juice over the fire till it be
hot (but let it not boyle) when the thick foam
arise take it off, & straine it through a linnen
cloth, but squeeze it not, set it on the fire againe
& take 3 ounces of clarified hony, one ounce
of butter clarified, with 3 cloves of Garlick, half
an ounce of Aniseeds, halfe an ounce of Ele-
campare, half an ounce of liquorish in fine
powder, one dram of Saffron finely beaten,
one ounce of white Sugar candy fine beaten,
mix all these powders well together, & strew
them carefully into the afore said Juice, with
the clarified butter & hony, & keepe it continually
stirring till it be thoroughly incorporated, then take
it off the fire, & keepe stirring it till it be cold, then
put it in a gallypot if you keepe for a sirtap, or

Or make it thicker with more Sugar candy, & add a little flos Sulphuris, & perfume it if you please it for Lezenges.

For a tickling Rhewme & Cough.

℞ Conserues of fox lungs 2 ounces, Syrup of Colts foote, Syrup of Maiden hayre, Syrup of horehound, Syrup of Hyssop, Syrup of Violets of each one ounce, mix them well & take them often in a day or night on a liquorish stick.

For the Kings Evil broken or not.

℞ Neats foote oyle & verjuice of each a like quantity mix them well dip clothes therein & lay on morning & evening.

Another

℞ the finest wheate flower, & the best Sallet oyle, blend them together very well spread it on a linnen cloth, & lay it to the places greived morning & evening; Let their ordure be misting able, wherein is laid in steape, Angelica leaves, & stalks, Elder leaves & the inner bark of it, hounds tongue leaves, & plantane leaves, of each 3 handfulls to fower gallons of Ale, Drink it 2 or 3 times a day a good draught.

For the Plague or Pestilence.

℞ Strong whiterome Vineger half a pint, Spring water a quarter of a pint, mix them & put thereto one ounce of Venice treacle. Take 2 spoonfulls every morning, & anoynt your nostrills with a little mithridate.

For a Consumption.

℞ Shell Snayles cast salt on them, & when they are well clenfed from their slime, wash them crack their shells & take them off, then wash them in Hyssop water, put them on a canvas bag with some white sugar candy beaten hang up the bag & let it drop as long as it will into some vessel, which if you bruise the Snayles before it be hung up it is the better.

Take a spoonfull of this water at a time Mor- 151.
ning & Evening.

To take Staines out of Linen.

℞ 4 ounces of white hard soap, beat it in
a mortar with 2 small Lemmons sliced, &
as much Rock allome as a hazle nut, when
they well beaten makes it up in little balls,
Rub the staine therewith, then wash it in warme
water till it is cleane.

For a beast that pisseth blood.

Boyle an handfull of Periwinkle in a quart
of Ale till it comes to a pint, & give it the
beast. doe this 3 times.

For an old Cold in a Horse.

Put 2 new laid Eggs in an earthen pot wth
as much whitewine vinegar as will cover
them, set the pot close covered in a horse dung
hill for 12 houers, then poure it down the
horses throat shells & all, gall of him after
it, & cloath him warme, give it him 3 or 4
times, but rest a day betwene each time.

To Comfort the Heart, Braine & Nerves.

℞ Sage 30 or 40 leaves. Saffron 15 Grains.

Rosemary $\frac{1}{2}$ that quantity of y^e Sage
Take a quart of Spring water, boyle
away one third part, take it off the fire
while it boyles & presently put into it
the said Ingredients, cover it close, &
when it is cold enough drink it hot.

For a Consumption.

Boyle 9 Snayles in as much Red Cowes
new milk as you can drink at a time,
the shells first broken off, & cleane washed,
Put in a sprig of Spear mint in the boyling
& take it every morning.

For the wind Collick.

Boyle a handfull of Eloor flowers, & a race
of Ginger sliced in a pint of white wine, sweeten
it with Sugar & drink it warme.

Snayle water

R^x a peck of Snayles with their shells,
 wash them in Beete, & having pick'd them
 well, put them in a Kettle with fiere
 over the fire, let them boyle a little till
 they be dead, skim of the slime & filth, then
 take them out into a sieve, that they may
 dreine, then pick & wipe them cleane with
 a cloth; then take a quart of earth wormy
 slit them & throw a handfull of salt among
 them, & let them stand a little, then wash
 them cleane in water; beate them wth the
 Snayles together, to peices in a stone
 mortar. Then put in the bottome of the
 Linbeck 2 handfulls of Angelica, as much
 Felendine, as much Heartfoot, as much
 Egremony, as much wood Bistony, as much
 wood sorrell, as much of the inner rind
 of the Barberry tree, as much of red
 dock rootes the pith taken out, 2 quart
 of Rosemary flowers, a handfull of Rew
 stamped, a dram of Saffron dried & beaten
 an ounce of Cloves, an ounce of Turmeric
 an ounce of Fenugreek, all beaten, and
 six ounces of Hartshorne, let the Snayles
 & wormes be put in betwene the Herbs
 & the Spices, then put in 3 gallons of
 strong Ale, low wines, or Spirits, stop
 it close, & let it stand all night or
 longer, then draw it off; keepe it to a
 constant heate, that it run not off white
 If you distill on Ale or low wines, you
 may draw off 5 quart; if on Spirits
 twice as much; If you put in 2 quart
 of faire water before you put in the
 Spirits, it will run off the better good & the
 better. Keep the herbs & other ingredients from
 burning to the sizes. Vertues are, good
 for yellow jaundis, surfits, paine in the
 Stomack, Infection diseases, plague,

winde Collicke, cheeres the Spirits of aying 153.
people.

For the wind Collicke.

Heat Bay Salt, or other Salt very hot in a frying pan, put it in a linnen bag & apply it as hot as the party can endure it, if the paine cease not, heat it againe & apply it as before till it cease.

A Glistre for the same.

Boyle cammomil flowers, violet leaves, marsh mallow leaves, of each an handfull in posset drink, till they be soft, straine them out, let the quantity be a pint, put thereto 2 good Spoonfulls of Red Sugar, & so use it for a glistre.

Another Drink for the Collicke.

Bruije a Spoonfull of nettle seed, boyle it in ale & drink it.

For the Piles.

Beate Mullett or heeg taper into a salve with fresh butter, spread it on a linnen cloth & apply it to the place.

Another

Let the party sit in a hollow chaire over 2 or 3 red hot bricks, sprinkled with Vineger, that the same may ascende to the fundament, doe this 3 or 4 times if neede be. Or els apply Elder buds with fresh butter.

For an Aigue.

Spread 1 rooth of the powder of frankincense gently on sheeps leather with a warme knife, put on that 1 rooth of Turpentine, prick the plaister full of holes, & apply it to the navell half an hour before the fit.

Another

Rx 3 Spoonfulls of fine flower 1 Spoonfull of pepper beate small, beate them in Sopa to make it to a past lay this to each wrist, & let it ly on 9 dayes.

For the Stone or Gravel.
Boyle the Seedes of Parsly, Burdock and
Lovage in white wine, Straine & drink it.

Another.
Re a penny pot of white wine, steepe in it
half a spoonfull of Nettle seede all night
braise, straine & drink it.

To break the Stone in the Bladder.
Re a Spoonfull of Rew water twice
distilled every morning fasting during
the monthy of March & May.

To make the Syrrup of Marshmallons.
Re 2 pound of the roots, wash them clean
& slip them in peices, one handfull of the
leaves, one handfull of Pellitory of the
wall, as much Camomill, as much of
white or English Saxafrage, a few par
Raisons of the Sun Stone, let them simmer
in a clean pipken with 2 quarty of Spring
water over a soft fire, till halfe be con-
sumed, then hang them up in a flannel
bag, & let them drop into a pan, & boyle
it up to a Syrrup, put 2th of Sugar to a
pint of the Lyquor.

To preserve Walnuts white.
Pare them deepe, scald them in milk &
water till they be tender, coble them in
water & put them into Sugar then clari-
fyed, let them ly in it 2 or 3 dayes, heating
them once every day, & before the last
tyme of heating them, you may stick half
a clove into each walnut; then boyle up
the Syrrup with them in it, but not too
high, leas they Candy. Let not the Sugar
you Clarify be too dry.

For Paine in the Head.

Quest a red Rose cake well in Vineger, and
put a good quantity of powder of cloves
& Nutmegs into it, & bind the same very
hard to the Temples of the Head: Rub your
Temples & nostrils often with the Juice of Joy
Leaves mixt with oyle & Vineger.

A wound Drink.

℞ Harts tongue, Liverwort, wood Bugle,
 Sanicle, wood Sage, wood Bittany, Southernwood,
 wormwood, Acheoife, Bugloss, Scabicus, Ribwort,
 white bellie, Mugwort, Comfrey, Mints, Egermony,
 Strawberry leaves, violet leaves, Cinnyfolle,
 Dayly harts roots, & flowers, wild Honey suckles,
 wild Angelica, Avena, Plantaine, Cloones,
 woundwort, Harphora buds, Bramble buds; these
 Herbs may be gathered in May, as many as can be
 then had; the buds in March as soon as they put
 forth, before they come to leaves, you must mea-
 sure them, & take equal quantities of them; dry
 them severally every sort by themselves in the shade
 when they are thoroughly dried put them up in bags
 & keepe them all together. Then make the drink thus.

℞ one gallon of the best spring water, one pottle
 of the best white wine, ad to this 2 handfulls
 of all the Herbs well dried, & very well mingled
 together, & if you use them green then take one
 handfull of each; boyle them in a pipkin or iron
 pot, till half be consumed, then scum & put
 to it a quart of Honey, let it boyle a little again
 the skum it, & when it is cold put it up in bo-
 glases, & stop it close. Let the party drink
 about $\frac{1}{4}$ of a pint at a time in the morning
 fasting & at $\frac{1}{4}$ in the afternoone.

The Liverwort is ever best to be put in green.
 If you use it for any sore or ulcer, lay any
 cerecloth or plaister to it of unguentum Apoc:
 tolorum, Minium or the like, or a plaister of
 Honey & wax. ~ This is good for wounds,
 Sores old & new, womens breasts, putrefyed
 bones causing them to seale, for any itch in the
 Stomach, ulcers in the body, to stanch the
 blood of veines broken in the body, it hath caused
 Bullets to come out of the flesh that have con-
 tinued long therein. S^r J^ons^e was cured by
 drinking this, being wounded through the lungs.
 If there be any Spice of the Kings Evil, you must
 ad these herbs to it. viz. Nep, partly breakstone,

yarrow, Scaifrage, figwort, Mullen, Tutjan,
Hacknut, horehound, Chickweed, Opening
rootes, raifons of the Sun. One advises to
ad to the herbes these druggs, viz.
Sarfaparilla ℥iij. wth Guajacum ℥i
bark of Guajacum ℥ij. Sassafras ℥ij.

To heale any wound or Ulcer

R^e one handfull of Daisys, but if in the head
℥.i. ½. Woodbine ℥.i. but if in the breast
℥.i. ½. Dandelion ℥.i. but if in the Arm
℥.i. ½. Tops of Brambles ℥.i. but if in y^e body
℥.i. ½. Ribwort ℥.i. but if in the leggs
℥.i. ½. Sanicle. ℥.i. Betony. ℥.i. Wood Sage ℥.i.
Mugwort ℥.i. Great daisys otherwise called
white bottles ℥.i. Avens ℥.i. If the party
be bound in body Mercury ℥.i. If it stuff
in the Stomack Wormwood ℥.i. All these
must be boyled in 3 quartes of water till
half be consumed, then put in 3 pintes of
white wine, let it boyle to the halfe with
one ounce of Madder & one pint of Honey.
This must be strained & put into bottles
close stoppt. & the party must take 5
Spoonfulls in the Morning, & as much
at night. If it be for an Ulcer in
any part lay a cerecloth or plaister of
Unguentum or such like, or a plaister of
Honey & wax. This will break any impo-
-tume & good for all things as the former.

Gather alike quantity of the Herbs in April
& May dry them in the Sun & keep them.
These may be added Carrants, Raifons, fax-
-glove flowers, Arangel flowers, Tamarisk,
Hartshorne, Aniseede & Licoriz, &c

For all manner of Soars & wounds

R^e 3 ounces of clean reas wax, & 2 ounces
of the sweetest & clearest Incense, melt
them with a soft fire, put to them the juce
of Betony, plantaine, & Smallage of each
a pint, boyle them together till the juce be
wasted

washed, ever stirring it while it boyles, than 157.

mix with it 5 ounces of Turpentine, & when it is cold put it up. This heals any wound without any Tent, & one Plaster will cure 40 wounds, if it be well kept, & but chafe it between your hands. Spread it on a cloth broad enough to cover the wound, which must be washed morning to night with white wine, & honey boyled together, wash it warme, make cleane the plaister, & warme it in your hand, make a tent with flax dipt in the wine, & put it in the hole, w^{ch} the plaister & it will draw all the filth to the top of the Sore.

For any Swelling, wound, & Joynt paine. Greene
R^e 3 pound of unswart butter, set it over Oyntment
the fire, & scum it, put into it bay leaves,
Rosemary tops, Sothernwood, Sage, Rose-
leaves, Herb of grace, Lavender tops, Camo-
mil, & Lofmary of each an handfull all
chopt small, 3 nutmegs & a quarter of an
ounce of mace beaten, put in also a quarter
of a pound of Boves grease, or for want of
that Gallat oyle, when it is halfe boyled
away take it off & stram it.

To draw & heale any Sore, & kill a fellon.

R^e Frankincense, Resin, Bees wax, Turpentine, Black
& Pitch, of each a like quantity, of nutmegs Plaster.
& mace a quarter of an ounce pound to an
ounce of the other things, set it boyle once
up, then take it off the fire, & pat it up.
Spred it on a Sheeps skin when you use it &
use it with the green Oyntment.

To draw forth Cholles & tough Flegm. Dropsy.

The fifth roots of Elder boyled like Apparagus,
& the young leaves & stalks boyled in fat broth
draweth forth Cholles & tough flegme. The
tender leaves eaten with oyle & salt doe the
same; The middle or inner bark boyled in water
& drunk worketh much more violently, &
the berries green or dry expell the same
humors, & is good to help the Dropsy.

158. That ^{Birth & Conception} Signe & Degree the Moone is in at
the hower of the birth of any Child the
same Signe & Degree did ascend at the
time of the Conception of the same Child.
And the Signe & Degree wherein the Moone
is at the Conception, The same Signe & Degree
or the opposit to the same, shall ascend
at the birth. Hermes. Ptolom. Guido Bon.
Johan Yaniv. Sconetus Triguorus. &c.

To Dye Black.

Take a Kettle of water & put therein
a quarter of a pound of Galls & one
pound of Loggwood in a bagg, let it
boyle a little; then put in a quart of
urine, & let it boyle an hower & halfe,
The coole the liquor a little, & put in
five pound of wooll, let it boyle in
the liquor one hower & halfe, then take
it up, & put in a quarter of a pound
of Copperas & when it is dissolved,
put in the wooll againe, let it lye till
it is ready to boyle, then take it up &
coole downe the liquor, put in a quart
more of urine, & a quarter of a pound
more of Copperas, & when it is dissolved,
put in the wooll againe & let it boyle
a quarter of an hower.

To dye yellow.

Take a Kettle of water put in two or
three handfulls of Bran & let it boyle,
then put in a peck more of Bran, & let
it boyle up a little, Then powre it out
into another vessell, & let it stand two
or three dayes till it be sowre, then take
this liquor & put into it one pound of
allom set it on the fire, & let it boyle up

a little; then put in five pound of
wooll & let it boyle two howers, then
take it up, scum it out in a little warme
water, & fill up the Kettle againe with
water, & put in fouer or five pound of
woodwax, & when the liquor is yellow
take up the woodwax, put in the wooll
& let it boyle a little.

To preserve Walnuts.

Take walnuts before they be hard, while
a pin will goe thorow them, prick them
full of holes & lay them in water & salt for
five dayes, shifting them every day into
fresh water (the salt drives away the
bitterness) then rub them well from the salt
& boyle them in faire water till they be
tender, often shifting of them in the boyling.
Then take two pound of Sugar, & two
pints of water, boyle the Sugar & water
pretty well, & put in a pound & halfe of
walnuts into the Syrrap boyle & scum
them well. They are cooling & loosening.

To knit a Capnet to take Birds.

Begin with 10 meashes widen on both sides
at going out till it be about 70 meashes
broad; then knit on plain of that breadth
about the depth of 50 meashes more.
The size of the halfe meash must be
three quarters of an Inch or more.

To knit a purse to take Conies.

Begin a string of eight meashes long, then
cut off the third close, & open it, & there
will be 3 meashes on one side & but 7 on
the other side, take up the 7 on a string,
cut of the short end which was at first
fastened to the string; then knit on the
third on the needle to one of the end
meashes, not to the lower part, but half a

160. meash above it (leave more then halfe a yard of the thred on the needle hanging at the place where it is knit on, which may serve when the net is turned to work round or) to knit to the thred on the needle, so to let it downe halfe a meash lower round after round till the net is finished) Then when it is knit on with that end hanging as above, work on upon the 8 meashes till it is 7 meashes & halfe deepe. Then cut of the thred on the needle but not close to y^e net, knit on the thred againe to the end of the next meash & knit back to the other corner, cut of one thred there close to the net, & knit on againe to the thred was left at the other corner. Then take off the net from the string, spread it on a Table & it will appere to be 8 meashes one way & 8 and halfe the other way. Then take up the middle knot of the net to which fasten the string (leaving the 08 halfe meash on that side where the thred on the needle is, & towards the left hand). Then knit round the net till to the end that hangs downe which knit to the thred on the needle to let it halfe a meash lower so doe round after round till the net is nine meashes deepe from the knot to which the string is fastened in the middle of the net; which may be made larger if it be thought convenient.

A gentle Purge.

2 ounce of Manna Zijz dissolved in a
& halfe quart of whey. Take it all
at a time once a weeke.
Dr Sydenham.

The Births of my Children.

161.

Thomas Fry Borne 13 Jan: 1643. $\frac{1}{2}$
 Married 24 Feb: 1652. $\frac{1}{2}$
 Mary Fry Borne 28 Jan: 1645. $\frac{1}{2}$
 Married 28 Nov: 1653. $\frac{1}{2}$
 Elizabeth Fry Borne 8 Jan: 1647. $\frac{1}{2}$
 Married 20 Oct: 1657. $\frac{1}{2}$
 Grace Fry Borne 10 Feb: 1649. $\frac{1}{2}$
 Married 13 May: 1656. $\frac{1}{2}$
 William Fry Borne 21 Feb: 1651.
 Anna. Fry. Borne 14 Oct: 1653. $\frac{1}{2}$
 Sarah. Fry. Borne 1 June: 1655. $\frac{1}{2}$
 Stephen Fry. Borne 10 Jan: 1656. $\frac{1}{2}$
 John Fry - Borne 5 Sept: 1658. $\frac{1}{2}$
 Jane Fry - Borne 16 Apr: 1661. $\frac{1}{2}$
 Married 29 Sept: 1663. $\frac{1}{2}$
 William Fry Borne 25 Oct: 1662. $\frac{1}{2}$
 Married 23 Apr: 1661. $\frac{1}{2}$
 Nathanael Fry Borne 8 May: 1665. $\frac{1}{2}$

Elixir Salutis.

℞ Sena $\mathfrak{z}\text{iiij}$, Lignum Sanctum,
 Elecampne roots dried, Anis
 seedes, Carraway, Coriander,
 Liguorish of each $\mathfrak{z}\text{ij}$. Raisons
 stone $\mathfrak{z}\text{viij}$ Aquavite 3 quartz
 Macerate them in y^e cold 4 dayes
 then strayne it through woollen
 or flannel & press it out for use
 another of the same.
 ℞ Sena $\mathfrak{z}\text{iiij}$ seedes of sweet
 fennel, Anis, & cummin, of
 each $\mathfrak{z}\text{iiij}$ Almonds $\mathfrak{z}\text{ij}$ Elecampne

162. Elecampane, Rorfe Radish, and
Lyquorish of each ℥ij Venice
Treacle ℥j Raisins stoned ℥i.
Cut the roots bruise the seeds
& infuse all in 2 quarts of Mus-
sedde water in the cold 4 or 5
Dayes the straine it for use.
Jo. Foster of Marlebrough.

A fine Purge.

R. Pil. Extract Rudiij ℥i
For Glanders or Sarsit Horse.

Take Crude Antimony in fine
powder ℥j Give it with Dates.
Price of Antimony 6^d to London.

For sore Breasts.

R. the fat of Rassy Bacon set on
fire on the top of a knife or sharp
iron & let it drop into cleane
water & anoint the sore wth it.

Critical Dayes.

After the beginning of the sicknes
the 3. 5. 7. 9. 11. 14. 17. 21. 28. in which
dayes no strong Medicines or purgations
oft to be given, nor to let Blood unless
great necessity require it. Other days
there are in which if man or beast
fall sick he shall hardly escape &
that not without much difficulty.
viz. Jan. 1. 7. Feb. 3. 4. Mar. 1. 4.
Apr. 8. 10. May 2. 7. June. 10. 15.

July¹⁰. 11. 13. Aug¹. 3. 2. Sept 3. 10. 13. 163.

Oct³. 6. 10. Nov. 3. 5. Dec. 7. 10.
And some say if any dangerous disease
happen on the 6th of April. the 10th
of August. or 1st of December it will
go very neare to terminate in Death.

And on the Contrary there are other
good dayes that if a disease happen on
them, there is hopes of recovery, & hopes
of succeeding in taking a journey, or
any labour or business in hand. viz:

Jan: 3. 13. Feb. 5. 28. Mar: 3. 22. 30.

Apr. 5. 22. 29. May. 4. 28. June. 3. 8.

July. 12. 13. 15. Aug. 12. Sept. 1. 7.

24. 28. Oct. 4. 15. Nov. 13. 19. -

Dec. 23. 26. And these were held
in esteeme by the Antients both in
relation to man & beast, & in their
undertakings, relating to labour or the
like.

Horse Plague.

R. of wotmwood, Rue, Selandone
spores & all, of each one handfull,
shred it small, & Boyle it three
pints of new milk, till halfe be
consumed, straine it, & put in
halfe a pound of fresh Butter &
as much Mithridate as a Nutt.
meg. Give it blood warme, Let
him fast 3 lowers before & after.
Give it every other day to prevent,
the disease. Major Pelham.

164. An Excellent Eye water.

℞ Rose. or Fennel water ℥iij
 white Vitrioll 12 Graimes ℥iij
 Sacchar Saturni 15 Gr. Camphir
 4 Graimes put it in an earthen
 vessell & stew it gently twice
 in an Oven after bread is drawn
 Straine it & put it in a glass
 Bottle for use. wash with it
 morning noon & night.

Eyes to be taken inwardly

℞ ol. Cymii Stillat, ol. Chamomile
 et ol. Juniperana ℥ss Take
 6 drops morning & evening
 in Beere Broth or wine.

Another for Eyes

℞ Tincture of Salt of Tartar
 Tincture of Antimony & Spirit
 of Salt & Ess Veneris, of
 each halfe a dram; Take
 12 Drops at a time morning
 & Evening in Beere or Broth.

Dangerous dayes in all the
 months of the year according
 to ye judgement of Extra Pastor
 to fall sick, let blood, take
 a journey, or wed a wife.

January 8 dayes viz. 1. 2. 4. 5.
 10. 15. 17. 19. June. 4. 7.
 Feb. 8. 10. 17. July. 15. 20.
 Mar. 15. 16. 19. Aug. 19. 20.
 Apr. 15. 21. Sept. 6. 7.
 May. 7. 15. 20. Oct. 6.

Nov. 6. 9. Dec. 6. 7. 11. et alij
dicunt 15. 16.

165

For the Collick

Re moose Time & Ground Ivy of
each a handfull. Beate & strain
it with white wine & drink it
warne morning & Evening.

Eliair Salutaris.

℞ Enul. campan. ℥ij.
Sen. optima ℥ij.
Ras. liquoric. ℥ij.
Sem. Anisi ℥ij.
Sem. Coriand. ℥ij.
Ligni Guajacii ℥ij.
Pulsul. mundat ℥ij.
Aq. vite. lib vi.

Ad fortius purgand. si libet

adde Rubar. Elect. ℥j.

In fundantur omnia in Aqua
vite in loco tepido sex diem
spatio semel vel bis agitentur
unoquoque die in vase bene operato.

The same

℞ Elecampane Roots bruised,
Sena. leaves purified, Liquoras
Raspt, Aniseeds, Coriander seeds
& Guajacum wood of each of
them two ounces & Raisons of
the sun pickt & ston one pound
(if you will have it purg well
add to these one ounce of choice
Rubar) infuse them in 3 quarts
of Brandy in an earthen vessel
close stopt in a chimney corner six days.

166. Six dayes, stir them twice a day
then having stood a day & night
to coole, & settle poure it off
gently into small bottles close
stop, & use it as Daffy & Scribes.
If you would have it very fine
you may distill it after you have
powred it off the Dragg.

Syrup of Marsh ^{Confin} Guttridge
mallows.
℞ of Marsh mallow roots 2 ounce
Grass rootes, Sparagran rootes,
Liquoras, Raisons of y^e Sun stone
of each halfe an ounce, y^e tops
of mallows, & marsh mallows,
pelletory of the wall, Burnet
plantaine, mayden hayre, white
& black, of each one handfull,
Red Sicors an ounce, of the 4
lesser & greater cold seedes of
each 3 drams, Boyle them toge-
ther in 6 pound of spring water
till 4 remaine, which being
strained, put a pound of Sugar
to a pint of the liquor, & boyle
it to a Syrup, you may add for
the wind parly rootes, Sweet
fennel rootes, & smallage roots
of each an ounce.

For the Murren.

℞ Marren wort, white wort,
Liver wort, & blood wort, vervain
& Many, & Rew, Oxheale, Maiden,
& Treacle, chop these & pound it
small, & put it into very strong

167.
beere with Bay Salt, & let the beaſt
bleed under the tongue, & give to each
a pint; but not to buſy with Oxheale
Bay ſalt & Rue eſpecially, for piggs
you muſt take milk & not beere. ~

Another for the Murren.

Take a pinte of milk, & a handfull of
Mather, with a quantity of Oxheale,
& a quantity of liverwort & of
vervaine, boyle them together & give
it to the beaſt. ~

For a wheather in a beaſt.

Take ſome beate it to powder, then
take a Thimble full of this powder
& halfe a Thimblefull of verdegreaſe
& put it to the ſore end of the wheather
& ſo put it into the wheather. ~

For a Beaſt that maketh Redwater.

Take a Frogg put it into the beaſts
mouth & make him ſwallow it with
a little milk after, & if the beaſt
be bloud bound Take a ſpoonfull of
ſallet oyle, & a ſpoonfull of Treacle
boyle together in milk & give it the
beaſt. ~ For the Piles.

Cut them at 12 of the Clock at
noone, & rub them with Salt.

For Piggs that have the Shaking.

Take a pinte of ſtrong beere, boyle in
it a handfull of mather & drench
them, then cut off the tayle & the
eares, & burn him round the neck,
& let him lye as cold as you may ~

168. A Drench for a wheather in a Cow.
℞ two pennyworth of Anniseede,
two pennyworth of Liquoras,
two pennyworth of long pepper,
two pennyworth of Saffron,
two Spoonfulls of hony,
two new laid Eggs &
a quart of milk.

A Drench for a cow to rid her foule.
℞ halfe a pinte of Hempseede, a
quarter of a pound of Bole armeniak,
a pennyworth of Saffron, a pretty
quantity of Gladden, a handfull
of Groundsell, & a pennyworth of
Brimstone in a quart of milk.

For the Droply.

℞ one gallon of Spring water,
two handfulls of couch Eloor, two
handfulls of knee holme, one handfull
of wormwood, wild vine or briony
rootes an indifferent quantity, of
Saffron one ounce, of amiseede one
ounce of Liquorish two or three
fennell rootes scrapt with pitch
taken out, one pound of raizons of Sun
stones, put all these into an earthen
vessell over a soft fire infusing it
8 or 10 hours close stoppt, then bottle
it up & drink it as oft as the
patient can, or alwayes best morn-
ings & evenings.

169.

For the Head water in Sheep
Take a quart of Clove Brin
Two or three ounces of annises
a little Greene fennell
a little Red Sage and Roding
as bigg as a Walnutt boyle
this well together & when
it is cold give to Each Sheep
two or three Spune fulls
are Subject to it about
micholmas

For the running out of Sheep
take oatmeal Girts & Pork
& Salt.

For a Calf.
Take the white of an Egg a
Spun full of salt and a little
Stale.

For the Stone.

Seeth Time & Parsly in white
wine very well then straine it
& into a good Draught thereof
I have a Spoonfull of white Jope
Take this & it will cause any to
make water with speede.

Another for the Stone.
The Juice of the pitale rinde of a cherry
Tree, in a little white wine warmed & it

170. & it will cause one to void Gravel & Stone & make water presently.

Another for the Stone.

℞ An handfull of Holly Berries boyled in a pint of good Ale till halfe be consumed Then straine it, put a little butter to it, & let the party drink thereof five or six spoonfulls, & within halfe an hower after the party will make water.

Another

℞ The rootes of red nettles made into powder, & drinck a spoonfull of the powder in a draught of white wine something wayne & it will break the Stone with speed, use it every day till the Stone & gravel be all broken & consumed.

For the Head ach.

℞ The Juice of Groundjuice juft up into the nose out of a spoone, purgeth y^e head & takes away the greatest & best paine.

For the Stone.

℞ The Gum of a cherry tree dissolved in white wine.

For the Collick, Strangury, & Stone.

℞ the seedes of Carraway, fennell seedes, Spicknard, Annis seede, Commin seede, Cinnamon & Galingale, of each halfe an ounce; Gromell seede & Licoras of each an ounce, beate them all to powder & drinck half a spoonfull of this powder in Ale a little warmed, & walk up and downe one houre after, before you eat or drinck any other thing. Doe thus 5 or 6 dayes together at least.

To break the Stone in y^e bladder & Raines.

℞ of the Juice of Saxifrage 2 pints, of Gromell & the Juice of Parsly of each one pint, of the best vineger of a pleasant wine 8 ounces, Distill all these together, & keepe the liquor distilled in a glass with a narrow mouth, distilled in this one ounce at a time morning, noon, & night going to bed.

For the Collick, Stone, & Strangury. 171.

R Six cloves of Garlick Stamp & straine
into a draught of Renish wine & drunk
for 3 dayes is a present remedy.

For the Strangury.

R The powder of the berries of Briony
drunk in the water wherein water-
cresses have ben sod doth help it.

Another for the same.

R The inner rinde of the young branches
of the haffell tree boyld in small Ale
untill halfe be consumed, is a good
draught thereof drunk first & last for
the space of 8 or 9 dayes together.

For the Stone.

R The Juice of Radish Rootes stamped
& strained, & mixt with white wine,
& the powder of Turpentine burned or
dried in the Sun & soe received breakz
& drives forth the Stone: proft.

Another.

R Partly stampt in white wine & strained
is a good draught drunk causeth one to
make water & breakz the Stone. use it 5 or
6 times. Also cloves of Garlick burnt
in a pot all to powder, & this powder used
to be eaten in pottage causeth to make water.

Another.

R Mallows & Garlick stampt together
mingled with white wine & then strained
& a good draught drunk 9 times will make
one make water of what cause soever stopt.

Another.

R Foure ounces of Turpentine burne it
upon an hot & burning plate of Iron,
untill it may be made into powder, then
mix two drams thereof with 4 ounces
of the water of Saxifrage, & give it twice
a weeke early in morning to them that have
the Stone in the Bladder, & continue it two
months, & it will break & drive forth the Stone
& preserve them from breeding the Stone.

For Stoppage of Urine.

R of English Saffron in fine powder mixed well with as much of pure good black Sope, & spread upon the fleshy side of a peice of leather, & lay it upon the Navell of them whose urin is stoppt, & they will make water within an hour.

For the Strangury.

R a pint of good Aqua composita, & put a good handfull of Joy leaves therein, & keep the vessel well stoppt, & Joy leaves will consume therein: use to drink of this 3 or 4 Spoonfulls at a time morning & evening first & last, 5 or 6 dayes together.

For the Stone.

R one ounce of the Root of Radish cut in thin slices, lay it to steepe in halfe a pint of white wine, all night, then straine it well, & put thereto of the Electuary called Lithontrigon of the Description of Nicholas, & also Iusticium one dram, mixe them with the said white wine, & let the party take all this at one time; if neede be let him take the like quantity 3 or 4 dayes together.

To cure Iron like Brasse.

R Aquafortis wherem the filings or Scrapings of Brasse is dissolved, & with it rubb over any cleane or polished Iron.

For the Pluresie.

R of Dealtha 2 ounces, the oyle of Sweet Almonds ~~ounce~~ halfe an ounce mix them together, with this oynment being warme let the greived place be anointed; then sprinkle upon the anointed place halfe an ounce of the powder of Comin finally searfed: then take a Colenwort leaf made hot upon burning ashes, & anoint it with old butter not salted, & lay it hot upon the anointed

& powdered place, tying it on with
clothes, that it remove not. This is
good in any other great paine, in all
the body from the head downward. This
helped one of the Pluresy without letting
blood. This ought not to be applyed unto
the sick party till the 4th day be past.

For a Burn or Scald.

R Salt dissolved in water, or Brine, &
bath the Burne with linnen clothes wet in
it, & apply a linnen cloth wet in the same
to the Burned place. This takes away the
paine & the heate of any burning, whether
it be with Gunpowder, gyle Pitch, Scalding
water, burning Coales, burning iron, or any
other thing whatsoever.

To make Silver plate faire.

R Salarmoniack, Roch Allom, Allom plume,
Salgem, Tartar & Roman Vitreal, of each
equall parts, all which severally made in
fine powder, mix together, & dissolve it in
faire cleare water, then put the Silver
plate therein, & let it lye, & let it over
the fire that it may be very hott, & the
Silver plate will be very white & faire.

For the Paine of the head.

R The Juice of Good Ivy snufft up into
the nose out of a spoone, takes away the
eldest paine that is. This hath helped
them that had great paine in their head
12 yeares & never had paine since.

For the falling sickness, paine of the head, & Collick

R A peice of a Childs navell string &
weave it in a ring, that it may touch the bare

For the prickings & stiches paines of
the side, & griping of the gutts. (SRIN)

R The Seedes of Carduus benedictus
Stamped & drunk.

For the Crampe.

R A Ring made of an Ox or Cowes
Horne weare it about you.

So draw out a Thorne.

R Take blacke Sope & much Ginger
& let it lye on 12 howers; nothing is better.

I For the Collick.

R The tender hornes of young Bucks that are covered with an hairy skin, cut in peeces, put in a new pot covered & set in an Ovea or other hot place & made in powder & some of it given with pepper & myrror in good wine, helps the Collick.

For the same & paine of y^e Bladder & Cods.

R Pellitory of the wall stamped & laid to the Cods & under the navell. Use it 4 or 5 times & it helps the Collick & bladder.

For all diseases of the Bladder.

R The Decoction of the Broad Plantaine drunk every day first & last halfe a pint at a time for 4 or 5 dayes helps it.

For the Cods Swolne.

R The powder of Cummin seede, Barly meal & hony of each alike, fry them together wth a little Sheepe feet, & binde the same as a plaister all about the Cods.

For the Yabo Swolne.

R Wax, oyle, & the Juice of Purflan, mix them together & apply it.

For any Tetter or Ringworme.

R Black Sops & almost as much Ginger in powder, mix them well together and annoint the Tetter or Ringworme every day for 4 or 5 dayes & it will heale it.

For loosening the belly, & binde it.

R The leaves of Docke doe loose, y^e seede. For paine of y^e head & to cleare y^e Eyes.

R Bay salt stamp by it selfe, as much. Cummin seede stamp by it selfe, as much. Brown seanel, then stamp them all together & with as much pure vinegar & a little Rosewater mix them all together over a chafing dish with hott coales, & apply some of it hott upon a cloth to y^e hinder part of the head at night, make it fast that it fall not off, & doe soe for severall nights till the paine cease.

To make Stones soft.

R Lay them all night in the hot blood of an Oxe, the fat of a weather, & strong breeger mixt together. Baptista Porta.

To draw the Oyle of Cinnamon.
Good for the Stomack.

175.

R. of Cinnamon one pound, beate it very fine, then mixe it with the Oyle of sweete Almonds unto the forme of an Ointment, then heate the same in an earthen panny somewhat, which then let stand for twelve or fourteene dayes close covered. Then heate the same againe very hott, then put it in a bagg & roring out the Oyle in a Press, untill it remaine very dry in the Bagg.

To get the Stone called Craupandina.

R. A Great overgrown Toad, bruisè it in divers places, put it in an earthen pott, & set it in an Antes hill & cover it over with earth; which Toad the Antes will eat, & the bones & stone will be left in the pott.

Poyson

Sting of

Bee, wasp

or Spider.

For the bleeding of the Nose.

R. Nine or ten fresh Leaky, put thred throo the midst of them, cut of the topps of the leaves, hang them about the partye neck that bleedes, the leaves being upward to the nose & the heath downward. It is good also to smell to Camphere dissolved in vinegar, & also to put the roote of Piony under the tongue.

To keepe any thing from burning.

R. Moath Glue & Allome equall parts mixed together, put vinegar to them, & what thing is annointed there with it will not be burned.

For one that hath taken Poyson, & to prevent being poysoned.

R. a Spoonfull of the powder of Bethony in a draught of wine, a little boyled & drunk, helps such as have drunk poyson, And the same drunk in a morning fasting, no poyson taken after that day can hurt.

To make Copper or Brass like Silver.

R. Salt Armoniack Allom. & Salt Nitro. of each alike, with a little filings of silver mixe all together, & put them to the fire that they may be hott, & when they cease to smoke, rub Copper with this powder, & spittle.

For all Aches & Paines in the Joynts.
 R. All the horne that a Buck casts off,
 (the later the better) cast away the scawpe,
 take nothing but the horne, cut the same in
 shivers or thin peeces, seeth the same in a
 gallon of faire water, till it come to a
 pint or something more, then cast away
 the peeces of the horne, & let that in the
 vessell stand till it is cold, which then
 will be a jelly. And when you would
 use it warme, some of it, & annoint
 the groived place therewith by the fire
 morning & evening, & let it drinke in by
 the haake of the fire, & it will help it
 in 9 or 10 dayes.

For Swolne or sore Throats.

R. Rub your hand on the bare earth or
 ground & then therewith rub your sore
 throat, & doe thus three times.

To have Medlars to grow.

R. If you graft the Slippes of a wilding
 or sowre Apple upon the stock of a
 Hawthorne you shall have Medlars.

For the biting of a mad Dogg.

R. Rue, Box, & vervaine, of each an
 handfull, Starre of the Earth halfe a
 handfull, Chopp these small & boyle
 them in a quart of strong beere till
 a quarter is boyled away then straine it
 & put into it an ounce of the powder
 of Crabbs Claws & Crabbs Eyes, & when
 it is milk warme put into it 3 ounces
 of the oyle of Scabious, & is worth of
 Sallet oyle & give it to any beest, and
 drink of it your selfe.

For a Consumption.

R. ʒij Stone Pippans sliced and as
 much Elcampare roots bake ym
 in an earthen pot with a pint of
 Ralfe of honey with a Datch of bread
 & let it stand all night after the bread
 is drawne.

Take Sweet Marjoram 4 handfulls, worm-
 wood one handfull, Aniseeds Zij with
 the inward fath of an Adder or
 Snake, boyle in a sufficient quantity
 of faire water, Brandy, or wine.

Before Syrringing of the eare moisten
 it with a little of your owne water,
 & after Syrringing, put in your Eare
 a little Cotton wool dipt in the saps of
 Comes of Green Ash wood in burning,
 & renew it as often as it dries.

An excellent Stomack Oynment

Good for all maner of paines &

for the wormes. Lady Freake.

Take of Capons Grease 2 quarts, of the
 Topps of young wormwood, the Topps
 of young Rosemary, the Topps of mints,
 of Red Rose buds halfe blowne, an
 handfull of each; but somewhat more
 of the wormwood & mints; Chopp-
 them small, & beate them well in a
 Stone Mortar; Then boyle them in
 the Capons Grease 3 or 4 howers w
 a gentle fire, Then powre all into
 a pewter bason, & let it stand till
 the next morning; Then set it over
 the like fire, & let it boyle till the
 herbs be somewhat crispe; Then straine
 it into the bason, & if it be not strong
 enough & well coloured with these herbs
 put in more of the like hearbes, &
 boyle it againe till they be crispe,
 Then straine it into the bason, & pre-
 sently put it into the skillet or pos-
 -net, & put thereto of mace, nutmegs,
 & cloves well pounded, an ounce
 but most of the mace, & put into it
 Ralls.

Take a quarter of a pint of the strongest & best aquavita, & let it boyle gently over the fire, stirring all together, that the Aquavita may incorporate, & then when it is reasonable cold, powre it into your Gallipot, or Glass, & keepe it close, & stopp untill you use it: If you put not in hearts a second time. Then put in y^e Spices after the first Straining.

For the Eyes, hot & inflamed.

Rx Strawberries, & put them into a Distillatory or body of Glass fit for them, which being well closed set them in a bed of horse dung, for 12 or 14 dayes, & then distill it carefully, & keepe it for your use. It is an excellent water for hot inflamed eyes & to take away any films, or skin that begins to grow over them & for many other defects in them.

Another

Rx Slices of wheate bread soaked in read Rosewater & apply it to y^e Eyes that are hot or bloodshed.

For an Ague.

Rx A Spoonfull of white Rosewater, a Spoonfull of white wine vinegar, a Spoonfull of white wine, and a Spoonfull of faire water, put all these together & make it warme, & drink it when you finde y^e Ague coming. If the Ague be strong & violent, then take 2 Spoonfulls of each.

For the Eyes.

Rx Lapis Tutia, white sugar candy ana. Zij Red Rosewater q. s.
Drop the Eye full, 3 times a day.

For a Consumption.

℞ a quart of howse Snayles, & put them into green fennell, & let them lye 24 howres, then take them out & wash them well, then take a silver Bookin & thrust into the middle of them all, take it out, & fill them full of white Sugar Candy, or sugar refined, Then put them into a peice of Tiffany, & hang them up to drop, & put the firr up into a glass, & take a spoonfull in the morning, & another at night. ~

For the Wormes.

℞ of worme seeds halfe an ounce, Currants halfe a pound, Running water a quart, & of hartshorne scraped 2 pennyworth; Boyle all to a pinte sweeten it with honey; Give the party a wine bowle full warme going to bed 2 howres after Sapper. ~

For Deafness.

℞ foure ounces of the juce of a Red Onions, 4 ounces of the Oyle of Bitter Almonds, 4 ounces of y^e juce of Bittony, & 6 silver Eeles skind gutted & cutt in peices, Still all in a cold still; And after it is one month old put 3 dropps warme in the patients Eare going to bed & let him lye on the contrary side. ~

Another.

℞ Goose grease, & the patients Urine, beate both to an Oyle & use it as the former. ~

Dr Willis his Trivale Vineger

For the Plague.

℞ the Roote of Angelica, Zedoary,
Valerian, Ana ℥ij, Imperatoria
℥ij, fol. Rubæ, Scordij, Cardui, ana
℥ij, Rad. Serpentaria virginiana
℥ij. Scorzonera. ℥ij. Aq. Theriacal
℥ij. Misce Pulver. crass. Infuse
all these in a pinte of Vineger,
for 24 howers, & take 2 spoonfulls
at a time for prevention: ℞℥

℞℥. Oynment for Scorse
or scald heads.

℞ Rue or Tobacco one part,
Foxgloves two parts, make it in
to an Oynment with Roggs Grease.
℞ nettles boyle them well in faine
water, & wth it wash the head before
you anoint it.

Goldsmiths Soulder for Plaine.

℞ Sandiver 2 parts, Borax 1 part
Sandiver 2^d or 3^d ℥ pound. Borax
3^d or 4^s ℥ ounce.

A Purging Liquor.

℞ of the Spirit of the juce of
Elderberries, of the Spirit of Junic
per berries, true made by ferment-
tation, & not with wine, ana q. s.
of mirh, Aloes, & Saffron ana q. s.
of the Syrraps of Roses solative,
& Buckthorne ana q. s. Digest
them till they are of a due confis-
-tency, then straine out the liquor,
& Relpe it for use.

By faire water & red rosenwater
of each a like quantity, a few Cur-
-nants, Syrup of Clove Gilliflowers
enough to colour the rest, juice of
Lemons as much as will ^{sharpen} ~~thicken~~ all.

For the wormes.

By Honey, Bees Gall, & Aloes, make
a plaister for the navill. Galbanū
plaister to the Stomack.

A Drink for such as have ran-
-ning Sores & Superfluity of mois-
-ture, & hardly use of their limbs.

By Sassafras, Sarsaparilla, Gua-
-racum, liquoras ana ℥ij. Sona,
Aniseedes, ana ℥j. Raisons of the
Sun ℔. Rootes of Poligody M. i.

All these being prepared, put in
to two Gallons of strong Ale when
it is new, & therein let them
remaine, & when it is fit to
Drink use it. Probat. est. ^{orothy Sibley}

Elder wine.

By Sun Raisons 25 pound rubb &
Chopd small, put them into 7 Gallons
of water & stirr them together every
day for 10 dayes, & against that time
put ripe Elder berries cleane & boyled in
earthen Critches set in a furnace of
water (as you would for Syrup) & when
it is cold straine out the liquor without
squeezing, & put a pint of this Juice to
every gallon of the water the raisons
being first squeezed out, & put it into a
Tubb & bann it up. you may add 1 peck
of Damsons boyled as the Elder berries & when
cold put them into the vessel stoned & all, it.

182. It gives it a fine flavour. when it hath done working stopp it close, in a quarter of a year it will be fit to drink.

For the biting of a mad dogg.

Re a quart of stale beere or Ale, a gods handfull of Rue, the like of feaverigne or whitenort & of wormwood the same, 3 heads of garlick, 3 or 4 Spoonfulls of Connon Treacle, 2 ounces of Tinne, & an ounce of Crabbz claws small powdered, & if you take 2 good handfulls of the start of the Earth it will be the better. Boyle it till a quarter is boyled away, The Dose for a man or woman is 3 Spoonfulls, for a horse as much as of other Drenches, & for other cattle according to their strength.

Tobacco water for Sheepe.

Re halfe a pound of Tobacco, broome topps a good quantity, $\frac{1}{4}$ of a pound of Brimstone powdered small, 3 ounces of white Ashick, & 2 quart of bay salt, boyle all these in 9 Gallons of urine & brine or droppings of barrell, till halfe be consumed, then take out the liquor & keepe it in a barrell close stoppt.

For the biting of a mad dogg.

Re The juyce of Agrimony & Strawberry leaves & rootes & drink it in milke twice a day 4 dayes after at least.

Cynorrhodus, a red Lilly or wild Rose Roote is also very good for the same.

The Roote of Eglantine. Daisy Rootes powdered are good.

For a Cough.

Re Oake lungs 2 pennyworth, Figgs & Raifers stons of each ziii . Annis seed a pennyworth, Licuorice 2 pennyworth. boyle all in 3 quart of spring water till halfe is consumed, Sweeten it with fine Sugar.

Doctor
Salmon.

For a Cough & Consumption.

Green walnuts, Moufeare, Borrage, →
 Coltsfoot, Nettles, Beazer stone, Beazer
 water Capon water, Cinnamon water
 Aqua Calestis, Imperial water, Aqua
 Maria, Rosa folis, Syrup of Citron peels,
 Cordial Syrup of Jalip, Syrup of Raisons,
 Lohoch of Pinenuts, Lohoch of foxlings,
 Lohoch fanum, Sugar of Roses, Sugar of
 Elecampane roots, Maiden hayre, Ellet-
 tuarium Resumptivum, Unguentum
 Perborale, unguentum Resumptivum,
 Syrup of Juniper berries, & ground Gire,
 Milk taken ^{being taken continually} every day, Begin with a
 pint & Encrease the quantity by
 degrees till the party comes to drink
 3 Gallons a day, & so continue it for
 3 months together. - Goats milk
 is better then Cowes, & Asses better
 then that; Give once in 5 or 6 dayes
 ℥ij of Manna dissolved in Chicken
 broth made strong, it is very good;
 or ℥j of new drawn Cassia. Let
 the Milk at first taking for some
 times be sweetned with sugar of
 Roses least it Curle in the stomack.
 After the taking of the Milk the
 Patient may, if he please, eat Jor-
 dan Almonds & Raisons of the sunne.

The Broth of Snayles in Milk is ex-
 cellent if it be well sweetned with
 Sugar of Roses.

Condenses of Red Roses, not above a year
 old, taken in great quantity both alone
 & with meate & drink, & given after
 Cleanfers & openers. And for cleansing &

184. For cleansing & opening the body, Take
this Stomatich of Riverius, now & then.
℞ Pil. Ruffi ℥i. Gum Guaiac, Antimoni
Diaphoretick An. ℥ss. with Balsam of
Peru q. s. Make a Mass. Dose ℥i. once
or twice a weeke as you see occasion.

Note Milk doth no Good unless taken
long, & in great quantities; But in a
strong feaver & great paines of the
you must disuse it or mix it wth water.
But if there be frequent & much sweat-
ting its dangerous; but if there be
hopes, divert it by Diureticks, & fre-
quent gentle Purges, & by constant
giving inwardly Oyles of Sulphur, or
vitriol, in all liquie things (milk ex-
cepted) that the sick takes; for this
Cools the blood & stops the fluxibili-
ty of humors: Give also Conserve
of Red Roses, & anoint the breast &
back bone with Oyle of Roses Omphacis
& of violets. Dr. Wm Salmon.

Oleum Myrrha & Diliquium.

Put the powder of Myrrh in a hard
Egge & set it in a moist place to melt,
Or mix it with the white & lay it on
a glass tablet that it may drop into a
Receiver set under it. This Oyle beau-
tifies the skin; & being taken ℥ss a
time with Sugar candy helps hoarsness
& Coughs. Given in a glass of Claret
or Ale can be for some mornings, stops
a Gonorrhoea in men, & the whites in
women. ~ Salmon.

The Emperour Fredericks Golo
water wch he used in the time of
the great Contagion in Germany
good for all Distempers. ~

R Cinnamon ℥iij. Cloves ℥i.
White Ginger ℥iij. Nutmegs ℥i.
Sage water ℥ij. Apoth Grames ℥iij.
Coriander seed ℥ij. Cubebz ℥ss. Dry
Rosemary ℥ss. Hyssop ℥ss. Rootes of
℥i. Sage leaves ℥i. Lavender
℥ss. Sugar cand ℥iij. Currants ℥iij.
Raisons ℥iij. Juniper oyle ℥i. Red
Rosenwater ℥iij. Elder water ℥iij.
Iris water ℥iij. pound all together
& being mixt with 5 pints of the
best silver Lent, put all in an Apo-
thecarys great glass & set it in the
sun (if it be summer) 6 or 7 dayes, if
winter, set the glass in a Kettle of
water over the fire blood warme, &
let it infuse, the glass close stopt,
then straine it cleane & bottle it.
The Dose is a Nozzen a day or better.

A browne Oyle good for Cuts, green
wounds & bruises, to anoint the place
& wet a cloth in the same laid over it.
For a Cough, Consumption, Sitts of the
mother, a present Take, any straine in
the inward Parts, Take 2 Spoonfulls in
the morning & Evening for a straine
in any limb anoint the place. For
the Toothach, wet a little Cotten & stop
the tooth. For the headach wet the
Temples 2 or 3 times a day, & snuff
a little up the nostrills. For a Broken
Belly, wet a cloth & apply it, & mix a

Cuts.
green
wounds.
Bruises.
Cough.
Consump-
tion.
Mother.
Take.
Straine.
Toothach.
Headach.
Broken
Belly.
Truels.

The Browne Oyle.

℞ A pint & halfe of Brandy. Cloves ℥^{ss}
Juniper berries a pennyworth, put
these in a flaggon & set it in a Kettle
of water over the fire, & let it infuse
a pretty while, then put in a dram
of white Camphire & let it infuse a
little longer, then take it off the fire
& straine it.

A Liquor for Boots & Shoes.

℞ Fresh Butter ℥vi. Tripe Tallow
℥iij. Bees wax ℥xij. Burgundy
Pitch ℥xij. Venice Turpentine ℥iij
Linsedde Oyle & foot Oyle Ana pint
& halfe, Oyle of Speck & spirit of
wine Ana ℥iiij. Let the Burgundy
Pitch be melted in a Pipkin by it selfe.
& then put into the other over the fire
& then melt the Turpentine in the same
pipkin & put that in: but put not in
the oyle of Speck & spirit of wine till
it is taken off the fire. ℞iij. Redout.

For the Kings Evill.

℞ The herb called Dead mans hand to
be gathered in March. Ranckeword
alias Herb Robert. Funetory
& Eldertoppes make these into a
powder & put 3 spoonfulls of this
powder into a quart of ale & boyle
it very well; & take 3 spoonfulls of
this drinke in the morning fasting &
at 4 in the after noone & at night
going to bed. Cady Dampfells.

The fit Times for gathering herbs, 187.
when the Planets that governe them \bar{D} Salmon
are dignified \bar{w} in friendly Aspects. \bar{J} .

Herbs under Saturne \bar{H} .

Buckthorne Plantain \bar{x} .

Comfrey $\bar{=}$ Cresswort \bar{m} .

Elme tree \bar{m} Flexweed \bar{z} .

Fumitory $\bar{=}$ Water Fern \bar{y} .

Peach tree $\bar{=}$ Snake weed \bar{m} .

April. May. —

Blackthorn \bar{y} .

Hemp \bar{m} .

Hawkweed \bar{m} .

Loofeftrife \bar{y} .

medler \bar{m} .

moss \bar{y} .

Poplar tree \bar{m} .

Quince tree \bar{y} .

Oct. Nov.

Byfmart \bar{m} Buckthorn \bar{y} .

Clowes woundwort \bar{m} .

Sciatica Cresses \bar{x} .

Heartease \bar{m} Horsetayle $\bar{=}$.

Knapweed \bar{m} Knotgrass $\bar{=}$.

Mullen \bar{m} Red Beetes \bar{y} .

Solomons Seale \bar{y} .

Servis Tree \bar{x} .

Shepards Purse \bar{y} .

Stinking Gladwin \bar{y} .

Tamaris Tree $\bar{=}$.

Thorough leaf \bar{m} .

May. June.

Jvie \bar{m} .

Black Heliboro. \bar{y} .

December.

1696.

Apr. 10. May 5. 13. 30.

June 21. July 5.

Aug. 30. Sept. 1. 2.

Oct. 10. 17. Nov. 3. 15. 25.

Dec. 8. 14.

Amaranthus \bar{y} . Byfoile \bar{m} .

Blew bottle $\bar{=}$.

wild Campions \bar{m} .

Dodder of Time \bar{m} .

Goutwort \bar{m} .

Hemlock \bar{y} Henbane \bar{y} .

Nightshade \bar{m} .

Rupturewort $\bar{=}$.

Spleenwort \bar{m} .

woundwort $\bar{=}$.

June. July.

1697. Apr. 9.

May. 10. 18. June 5.

July. Aug.

Sept. 1. 13. Oct. 23.

Nov. 14. 28.

Dec. 14. 27.

1698. Apr. 8.

May. 10. 19. 31.

June. July. 3.

Aug. 21. Sept. 2. 25.

Oct. 10. Nov. 26. 28.

Dec. 21. 22.

Bistort \bar{m} Bevills bit \bar{y} .

Pellitory of the Oake \bar{y} .

August. September.

188.
H.

1699. Apr. 6. 8.
May. 24. Jun. 7. 21. 30.
July. 12. Aug. Sept.
Oct. 8. 10. 13. 21.
Nov. 28. Dec. 1. 8.

Herbs under Jupiter
Agremony. ☿.
Apparagus. ♄.
Burrage. ♃.
Clove Gilliflowers. ♃.
Dock. ☿.

1700. Apr. 2. 20.
May. 11. 12. Jun. 24. 27.
July. 23. Aug. Sept.
Oct. 6. 19. 20.
Nov. 10. 29.
Dec. 3. 19. 21.

Figgtree. ☿.
Howseleake. ☿.
Lungwort. ♃.
Sage. ☿.
Sampire. ♃.
Succory. ♄.
Juna. July.

1701. Apr. 4.
May. 4. 26. Jun. 9. 25.
July. 3. 8. Aug. Sept.
Oct. 3. 20. Nov. 1. 21.
Dec.

Halle tree. ♄.
Aug. Sept.

4 Herbs under Jupiter

Bill berries. ☿.
Cherwill. ♃.
Cheafnut. ♄.
Scurvygras.
April. May.

Horse tongue. ♄.
Liver wort. ♃.
Oct. Nov.

Alexander. ☿.
Avens. ♄.
Balme. ☿.
Costmary. ☿.
Cinguefoile. ♄.
Doggs gras. ☿.
Endive. ☿.
Roses. ☿.
White Beets. ☿.
Wood Betony. ♄.
May. June.

1696. Apr. 26.
May. 9. 29. Jun. 9. 13.
July 3. 5. 17.
Aug. 4. 12.
Sept. 11. 12. 18.
Oct. 22. Nov. 9.

1697. Apr. 15.
May. 15. 28.
June. 20.
Sept. 21. 28.
Oct. 20. 27. 29.
Nov. 14. 27.

1698. June. 11. 29.
July. 16. 31.

Aug. 17. 22.	Garlick. m.	189.
Sept. 5. 26.	Masterwort. m.	♂.
Nov. 19. 24.	Pepperwort. m.	-
1699. Apr. 5. 7.	Ground Pine. m.	
May. 18. June.	Rest Harrow. m.	
July. 23. Aug. 1. 21.	Round Docks. m.	
Sept. 5.	June. July.	
Oct. 7. 10. 14.	Ground Basil. m.	
Nov.	Butchers Broom. m.	
1700. Apr. 3.	Broome. m.	
May. 10. June. 3.	Hawthorne.	
July. 28. Aug. 7.	Nettles.	
Sept. 3. 22.	Rubarb.	
Oct. 24. 30. 31.	August.	
Nov. 8.		
1701.	Fleawort. v.	
Apr. 9. 15. 26.	Mustard. v.	
May. 10.	Taperwort. v.	
June. 9. 15. 16. 17.	Wormwood. v.	
July. Sept. 15.	September.	
Oct. 6. 9.	Hawkweede. m.	
Nov. 2. 10.	Madder. m.	
Herbs under Mars	Onions. m.	
♂. Thistle. m.	Savin.	
Cotton Thistle. m.	Oct. & Nov.	♂.
Allheale. m.	1696.	
Barberries. m.	June. 6. 13. 21.	
Carduus Bents. v.	July. 19. 28.	
Buck. m.	Aug. 9. 25.	
Doves foot. v.	Sept. 17. Oct. 1. 22.	
Dragons. m.	Nov. 19.	
Flaxweede. m.	1697. June. 5. 20. 28.	
Futtbluh. m.		

190.	Sept. 5. 6.	St Johns wort. \mathcal{D} .
\mathcal{D}	Oct. 12. 28. 29.	Marygolds. \mathcal{D} .
	Nov. 6. 10.	Mistletoe. \mathcal{V} .
	1698. July. 3. 9.	Smale Lentory. \mathcal{V} .
	Aug. 12. 28.	Tormentill.
	Sept. 18. 28.	June & July.
	Nov. 10. 12.	Ash tree. \mathcal{D} .
	1699. June. 21.	Bay tree. \mathcal{V} .
	July. 5. Aug. 7.	Piony. \mathcal{V} .
	Sept. 5. Nov. 1. 28.	Saffron. \mathcal{D} .
	1700. June. 21. 26.	Aug. & Sept.
	July. 3. 28. Oct. 30.	Juniper
	1701.	Berry bush. \mathcal{D} .
	June. 9. 18. 26.	Oct. & Nov.
	July. 5. 9.	1696. Apr. 1. 26.
	Oct. 4. Nov. 3.	May. 5. 20.
\odot	Herbs under Sol.	July. 3. 21. 28.
	Angelica. \mathcal{D} .	Aug. 23.
	One Blade. \mathcal{D} .	Sept. 1. 3. 18.
	Butter Bur. \mathcal{D} .	Nov. 2. 10.
	Burnet. \mathcal{D} .	1697.
	Cellendine. \mathcal{D} .	May. 5. 18. 28.
	Eyebright. \mathcal{V} .	June 12. July. 2.
	Pimpernell. \mathcal{D} .	Aug. 4. 18. Sept. 13.
	Rosa folis. \mathcal{D} .	Oct. 12. 20. Nov. 15.
	Rosmary. \mathcal{D} .	1698. Apr. 7. 19.
	Rue. \mathcal{D} .	May. 7. 31.
	Walnut tree. \mathcal{D} .	June. 12. 29.
	Apr. May. June.	Aug. 2.
		Sept. 5. 18. 25.
		Oct. 9.
		Nov. 19. 26.

1699.

Apr. 3. 7. 8.

May. 20. 23.

June. 12. July. 16.

Aug. 1. Sept. 23.

Oct. 7. 8.

Nov. 5. 12. 13.

1700. Apr. 20.

May. 2. 10.

June. 21. 24. Aug. 21.

Sept. 3. 5. Oct. 19.

Nov. 3. 8. 28.

1701. Apr. 9. 12.

May. 4. June. 14. 17.

July. 5. 8. Aug. 19.

Oct. 1. 9. Nov. 1.

Herbs under Venus

♀ Alehoocke. ♂

white Arkangel. ≡

Beanes. ≡

Black Elder tree. ⊙

Colts foote. γ

Con. slips. ≡

Columbine. II

Common Elder tree. H

Cherry tree. ≡

Dagys. ⊙

Cudwede. ♂

Ladys bedstraw. ♂

Ladys mantle. ♂

Selfheale. ≡

Wood sorrell. III

wall penyriall. ≡. 191.

Apr. & May.

♀

Dwarfse Elder

Diepwort. ≡

Damask Roses. ♂

Feverfew. ♂

Groundsell. ♂

Hartichoks.

Honyfuckles. ♂

Herb Robert. ≡

Mint. ♂

monywort. ♂

Meadowweet. ≡

Nep. ♂

Penyriall. ≡

Plantane. ≡

Sanicle. ≡

Strawberries.

May. & June.

♀

Alkanot. ⊙

Arrak stinking. M.

Beach tree. ≡

Bishopsweed. ⊙

Blackberry bush. ♂

Burdock. ♂

Cammonil. ≡

Crabs claws. ♂

French beans. ♂

Figgwort. ≡

Golden rod. ♂

Grommill. ≡

Goosbery bush. ♂

Horehound. γ

motherwort. ≡

192.	Mugwort. ♂.	1698.	
♀.	Mother of Time. V.	Apr. 7. 22. 29.	
	Ragwort. ♂.	May. 19. June. 1. 10.	
	Wood Sage. ♂.	July. 9. Aug. 21.	
	Spignole. m.	Sept. 25.	
	Southistle. V.	Oct. 10. 17.	
	Sopewort alias	Nov. 6. 9.	
	Sothornwood. —		
	Vervine. ♂.	1699. Apr. 16.	
	June & July.	May. 9. 18. 24.	
	Winter Charrys. —	July. 12. Aug. 7. 21.	
	Darnell. ♂.	Sept. 28.	
	Eringo. ♂.	Oct. 13. 14.	
	Peach tree. —	Nov. 5. 10. 17.	
	Plumbs. ♂.		
	Wheate. —	1700. Apr. 3.	
	Yarrow. ♂.	May. 11. June. 16.	
	Aug. & Sept.	Aug. 2. 21.	
	Garden Parsnips. ♂.	Oct. 24. Nov. 29.	
	Oct. & Nov.		
	1696. Apr. 10.	1701.	
	May. 12. 23. 30.	Apr. 22. 29.	
	July. 17. 26.	May. 13.	
	Aug. 9. 23. 30.	June. 14. 16. 26.	
	Sept. 9. 12.	July. 3. Aug. 10.	
	Oct. 1. 17. 31.	Sept. 15. Oct. 3. 4.	
	Nov. 9. 30.	Nov. 2. 21.	
	1697. Apr. 15.	Herbs under Mercury	
	May. 27. Jun. 12. 28.	♀. Amaranthus m.	
	Sept. 4. 6. 28.	Dill. II.	
	Oct. 13. 23.	Fern. m.	
	Nov. 27.	Germander: m.	
		Lilly of the Valley	

Parfly. II.	1699.
Pellitory of Spain. II.	May. 9. 22. 23.
May to June.	June. 29.
Jack by the Hedge. M.	July. 5. 16. 23.
Scabious. II.	Oct. 21. 22.
Smallage. II.	Nov. 12. 13. 17. 28.
Carraway.	1700. May. 2.
Horehound.	June. 3. 16. 26. 27. 28.
Savory.	Oct. 20. 21. 31.
July.	Nov. 1. 15.
Maple tree. II.	1701. May. 10. 26.
White Maiden hair.	June. 14. 15. 18. 25.
Licoras M. (M)	Oct. 1. 6. 21.
Willi Carrats.	Nov. 3. 18.
Sweet Marjoram. V.	
Mulberry tree.	Herbs under Luna. D
Oct. 8. Nov.	Adders tongue. D.
1696.	Water Caltrops. D.
May. 9. 13. 20.	Chickweed. H.
June. 7. 9.	Corralwort. D.
July. 19. 21. 26.	Water Cress. D.
Oct. 10. 31.	Duckmeat. D.
Nov. 10. 15. 25.	Flower de luce. H.
1697.	Lady smocks. D.
May. 10. 17. 27.	Lettice. H.
July. 2.	Moonwort. D.
Oct. 13. 25. 27. 28.	Bimbs Vervine. D.
Nov. 14. 19. 28.	Clary. V.
1698. May. 10.	Mito. Clary. V.
June. 1. 11. July. 16.	Moufear. D.
Oct. 9. 12. 17.	Opium. V.
Nov. 9. 10. 24. 28.	Poppy. D.
	Rattlegrass. D.

194.	white Roses. \mathcal{D} .	1701.
\mathcal{D} .	Apr. May & June.	Apr. 26. 30.
	Clivers. \mathcal{D} .	May. 2. 21. 22. 23.
	Cucumbers. \mathcal{D} .	June. 5. 6. 15. 25.
	water Flaggs. \mathcal{D} .	July. 4. 14.
	Fluellin. \mathcal{H} .	<hr/> Dr Salmon. <hr/>
	water Lilly. \mathcal{H} .	Herbs for y ^e Bladder.
	Purflan. \mathcal{D} .	Ulcer, Stone, paine.
	white Saxifrage. \mathcal{D} .	<hr/> A. <hr/>
	Willow tree. \mathcal{D} .	Adders tongue. \mathcal{D}
	Loosestrife. \mathcal{D} .	Alehoofe. \mathcal{F}
	July.	Agremony. \mathcal{H}
		Alkanet or \mathcal{F}
		Anchusa. \mathcal{F} .
1696.		
	Apr. 9. 10. 29. 30.	<hr/> B. <hr/>
	May. 12. 18. 19.	Bastard Rubarb.
	June. 2. 3. 30.	Bistort \mathcal{H} \mathcal{H}
	July. 22. 23.	Blowbottle \mathcal{F}
		Bramble. \mathcal{F}
		Briar Ball.
1697.		Brooklime.
	Apr. 2. 6. 14. 20.	Broome. \mathcal{F}
	May. 5. June. 26.	Broom rape.
	July. 5. 6.	Bugle.
		Burdock. \mathcal{F}
		Burnet. \mathcal{O}
1698.	Apr. 21. 26.	
	May. 10. 11. June. 26.	<hr/> C. <hr/>
	July. 2. 16. 17.	Campions wild. \mathcal{H}
1699.	Apr. 10. 15.	Centary. \mathcal{O}
	May. 14. 15.	Charries winter. \mathcal{F}
	June. 8. 17. 26.	Chestnuts earth.
	July. 10. 11. 26.	\mathcal{H} Clowns wound wort.
		Comfrey. \mathcal{H}
		Corral wort. \mathcal{D}
1700.		Conflips. \mathcal{F}
	Apr. 6. 14. 27.	Confound Saracell.
	May. 2. 11. July. 18.	

Couchgrass . 4
Crabbs Claws . 2
Cranesbill .
Cresses water . 3
Crosswort . 3
Cucumbers . 2
Cudweed . 2

Gromwel . 2
Ground Pine . 2

H.
Hawkweed . 2 3
Horse radish .
Horse tayle . 3
Hounds tongue .

D.

Daisys . 2
Doggs grass 4
Doves foote . 2

J.
Jack by the hedge 2
St Johns wort . 2
Ivie . 3
Juniper . 2

E.

Earth Chestnuts .
Elecampane .
Endive . 4
Eringo . 2

K.
Kidneywort .
Knot grass . 3

F.

Feather few . 2
Fennel .
Fennel sow .
Fern water .
Figgwort . 2
Filipendula .
Flixweed . 2 3
Fluellin . 2
Furz . 2

L.
Ladysmocks . 2
Licoras .

M.

Madder . 2
Maiden haire .
Marsh Mallons .
Mint . 2
Monywort . 2
Moss . 3
Moufeare . 2
Mugwort . 2
Mullen . 3

G.

Gentian .
Gilliflowers winter .
Golden rod . 2
Gooseberry . 2

N.
Nettles . 2

O.
Oake.
One blade .o
Ofmond roial.

P.

Parsly peirt.
Peach tree . q 3
Pellitory of the wall.
Pimpernel . o
Pine ground . o
Plantaine . q
Plums . q
Privet.
Purse shepards 3
Purslan . d

st Johns wort . o
Scabious . d
Scuroygrafs . 3
Selfheale . q
Shepards purse 3
Smallage . d
Sorrel .
Sorrel-wood .
Southernwood . q
Sow fennel .
Sow thistles . q
Spignel . q
Spleenwort 3
Star thistle .
Stone crop .
Strawberrys q
Succory . 3

R.

Radish horse .
Ragwort . q
Rattlegrafs . d
Rest harrow . o
Rocket winter .
Rubarb bastard o
Rue . o
Rupturewort 3

T.
Tamarisk . 3
Tansy . with Tansy
Thistle star .
Thistle sow .
Thorough leaf 3
Time . wild Time 3
Tobacco English .
Tormentil . o
Tutsan .

V.

Valerian .
vervaine . d q
Vine .
violets .

S.

4 Sage . wood Sage . q
Sampire . q
Sanicle . q

Saracens confound

Sawse alone . d

Saxifrage . d

Saxifrage white .

W.

Wall flowers .

Water cresses . d

Water fern . 3

Winter Cherrys . q

Winter Gilliflowers.
Winter green.
Winter Rocket.
Wood Sage. ♀
Wood Sorrel. ♀

Against the Jaundies.
The leaves or Roots of
Strawberries eaten in
Potage. Also, The Juice of
Walnut or of Elder, 4
ounces of it drunk each mor-
ning, is a speedy cure: If the
disease be strong, make a bath
of the herb boiled in water to
bath the body in.

197.

For the Piles or Hemorrhoids.

1. Sow thistle bruised, or ʒ Juice.
2. Arum, the leaves & roots, Caplyd.
Boyled in wine with a little Oyle
& aplied, or the Juice of it sale over.
3. Orrice, or flower de luce, The Oyle
thereof called Oleum Ivinum.
4. Restharrow, The Decoction taken.
5. Great Pilewort, the Decoction taken
& the herb bruised & aplied.
6. Mullen, The flowers infused in Oyle.
7. Leeks, the green blades boyled &
8. Blackberries & the flowers, Caplyd hot.
9. Beetles, of Cow dung boyled in
Linsed oyle untill the Beetles be
consumed & aplied hot to the lint.

All Flower water, 30 for Bale.

Its made of Cowdung gathered in May. Gout.
adding to it a third part of white wine. running.
and then distilled. Or thus: The fresh Matigone
Cowdung, Snayles with their shells Stone Stop
bruised, Ana. mix & distill in a com- page wine.
-mon Still. Dose 4 ounces at a time. Scapoy.
The Doctress that got 1000 of the by this Pally-
made it thus viz. ʒ Fresh Cowdung ga- Collick.
-thered in the morning, 12 pound, Spring or
River water 30 pound: mix & digest 24
hours: let it settle, & then decant the
clear brown Tincture. Dose 5 or 6 ounces
morning fasting & at night, & as much half an

hour or an hour before dinner, if the Disease be stubborn: And if there be any External affect, to bath the part therewith 2 or 3 times a day very hot, for a quarter of an hour at a time: by this shew cured all Diseases.

For the Collick & B. Bate.

R powder of Rue, Sal Gem, of each alike, as much honey as to make a mass for pills. Dose half a dram at bed time & in morning fasting: for 4 dayes in every month. & if the Disease be vehement 4 times a day viz about 10 or 11 in morning & 4 in afternoon.

A piece of Alam ^{shaved with doe} For the Collick & Suppositary. as well ^{as well} R powder of Alam & whites of Eggs of length of a ^{finger} which make Suppositories & drg for use. when you use it anoint it with Oyle.

For the same.

R long Pepper cut small ℥ij. Rue in fine powder ℥ss. Sal Gem ℥v. Theriaca Januensis ℥xij. mix them & make an Electuary. Dose from 1 dram to 2 drams twice a day morning & night. If 2 drams of Camphir be put to it, it will add to the virtues of it.

For the same & Stiches in the Side.

R Acorns hulled ℥viij Nutmegs ℥ij. white Sugar ℥ij. mix & make a powder. Dose is ℥j twice or thrice a day. If you add Camphir ℥ij, Thebian Opium ℥i. in fine powder the powder will be the better, & then you may give it to ℥j every night going to bed.

For the same.

R The whitest Chalk in fine powder ℥ij. moisten it with Juices of Rue & Camomil till it becomes like pulp: dry it with a gentle heat & powder it fine againe, repeat this work with fresh Juices to the 4th time, reducing it at last into a very subtil powder. Dose from ℥j to ℥ij every 4th hour. Its Antifebrilick also.

it may be made into a Colus with Confectio 199.
Alhermes, or mixt with some proper Syrap.

For the same. Conserve of Oranges.
R. The yellow of Orange peeles new cut
off & cut small lb. 5. beat them well with
white Sugar lb. 7. in a marble mortar, so
as to become a Conserve. Dose from ℥ss
to ℥ij. in morning fasting, before Dinner
& last at night going to bed, drinking af-
ter it a glass of wormwood wine.

For the same Preserved Garlick.
R. Cloves of Garlick cleaved lb. j. water
℞. s. boil a little; which water cast away.
then boil in hyssop water ℞. s. to a thoro
softness, make the liquor into a Syrup
with double refined Sugar lb. j. by boyle-
ing; about the end add the Garlick, with
Sibergrise ℞. xxiii. musk ℞. iv. tied
up in a rag: Spirit of Clary ℥ij.

Its use in the wind Colick, Cough, Cough.
Asthma, Stone, & Gout. ℞. Dose ℥j. Asthma.
3 or 4 times a day, chiefly in morning Stone.
Fasting, 1 hour before dinner & last at night Gout.

For the same. Sugar of Elder flowers.
R. Elder flowers ℥ij. treble refined Sugar,
(dissolved in Elder flower water) lb. j. boil in
four forth.

For the same & the Stone.
R. The best Manna ℥ij. Cremer Tartari, Stone.

Sperma Ceti ℞. ℥ij. mix them; it is
given in a draught of Chicken broth against
the Cholick. 2 Doses, oyle of Juniper ℥ij.

For the same.
R. Cloves ℥ij. spirit of wine ℥viij. Spir-
it of sal armoniac ℥iv. Digest them together
to be united. Dose from ℞. x. to ℞. xv.

For the same.
R. Salt of wormwood depurated, ℥j. Recti-
fied spirit of Salt ℥ij. mix & coagulate.
Dose. ℞. vi. to xv.

200. For the Collick, wind & Stone.
 Colick. R^e Choise Juniper berries lbj Sprinkle
 wind. them with Mallaça Sack & straw
 + trebble over them double refined Sugar in
 Stone. fine powder ℥iv. through a Sieve
 Comfits. & dry them with a gentle heat. S. S.
 Scarry.

Choler. For a Consumption & the Lungs.

R^e Turneps pared & cut in thin slices
 lbij. Trebble refined Sugar in fine
 powder lbj lay them S. S. S. in an
 earthen vessel let them stand in
 the vessel with a weight put up
 on them for 12 hours then strain
 out: Its a good Pectorall. Some
 make it thus. R^e Turneps full
 grown, & new gathered q. v. bake
 them in an oven with housewive
 bread, then press forth the Juice
 to every pound of which (separated
 with whites of Eggs) add lbj of 3℔
 refined Sugar which melt & mix
 in Balneo Mariae.

For a Fever Julep.

R^e Spirit of French wine, or Brandy
 ℥iv. Juice of Limons ℥ij. Syrup
 of violets ℥v. fair water ℥xij
 mix & make a Julep, to be drunk
 before the fit. Best with more spirit.

To make a good sort of Punch.

Strengthening
 of Stomach
 & Heart
 Stops vo-
 mit &
 Quencketh
 thirst.
 R^e Fair water a quart: Choise &
 pure Lime Juice, almost half a
 pint; double refined Sugar three
 quarters of a pound: mix & perfyed
 by dissolve the Sugar: then add of
 French Brandy a full pint; & if you
 so please one Nutmeg grated.

Anticolicus Tincture

201.

R Juniper berries well bruised, grans
 & all, Bone ashes, ℞. ℥iij, best rec-
 tified spirit of Juniper berries,
 made by fermentation, or Tincture of
 Salt of Tartar made therewith ℔i
 ℥iv. mix, digest 20 dayes, & then
 Decant the cleare for use. or thus:

Collick
 Stone.
 Gravell.
 Wind-
 vapors.
 Gripes.
 Infection
 Diseases

R of the bruised berries ℥iij. Powers
 of Juniper repeat with the volatile
 Salt ℔i. mix digest 20 days & then
 Decant the clear for use. Or thus:

R Of the bruised berries ℥iij. Spiritus
 Intimus ℔i. Mix, digest 2 days, or
 more, then decant the clear, which
 is a saline Tincture, & more powerful.

Dose of the first from ℥j to ℥iij in any
 convenient liquor, or fit vehicle. ℞ Salmon.

Dose of the second from ℥s to ℥i
 Dose of the third from ℥j to ℥iij in

the morning fasting & last at night
 & at any time when a fit of the Collick
 or Stone is present.

Another Tincture of Juniper berries.

Is made of the Rob of the Berries ℥j &
 the spirit of Juniper berries distilled from
 their fermented substance; the Tincture di-
 gest & filter. S. A. Dose 3 Spoonfulls thrice

Coughs.
 Hoarsness
 Astmal
 Wind.
 Collick
 Dropsy
 Stone
 Sand.

a day against Dropsy, Collick, Stone &c:
 Its better made of the ripe berries bruised
 (rather than the Rob) of the rectified spirit

Elixir of Juniper - to dissolve tartarous matter
 R Rob of Juniper berries or ^{am the Reins extract} y melaginous Dose
 Extract ℥iij. Malaga wine ℔i. mix From ℥s

them well in a Glass or marble Mortar. then
 let them stand in Digestion; the Tincture
 separate by straining in an Hypocrus Bag &
 keep it for use.

202. Spirit of Salt Coagulated. D. Bate.

Collick. \mathcal{R} Salt of wormwood depurated $\mathcal{Z}\text{ij}$
 Feavour. Rectified Spirit of Salt $\mathcal{Z}\text{ij}$. mix & Coagulate
 Jaundice. Set. Dose from Gr. vi to xv . Minifick
 Drops. \mathcal{R} advises that so much of the Spirit may be
 Coagulated & united with the Salt till it
 Gout. prevails both in taste & strength. It is
 Palsy. Diabetic & Hydrotick, expelling by urine
 Leoprog. all watry Rains in wind & Stones & gravel
 worms.

For Kibes & Chlilblains, Yellow, whiteloes.

\mathcal{R} May butter $\mathcal{Z}\text{vi}$. Wax, Rosin, St $\mathcal{Z}\text{ij}$
 Crude honey $\mathcal{Z}\text{x}$. Wheat flower $\mathcal{Z}\text{vi}$. mix
 them. S. S. its good to abate Inflammations
 & to bring Puffes to ripeness, Spred on lesnet
 & applied wathme twice a day. D. Bate.

For chaps. D. Salmon

\mathcal{R} Beef suet $\mathcal{Z}\text{ij}$. wax $\mathcal{Z}\text{j}$. Stralburgh
 Turpentine $\mathcal{Z}\text{s}$. Oil of better hemonds
 q. s. to bring it to an ointment being
 melted together. Anoint wounds & wens.

Lucatellus Balsom.

\mathcal{R} The best Oyle olive $\mathcal{L}\text{ij}$. Spanish
 wine $\mathcal{L}\text{j}$. Venice Turpentine weight
 in Rosewater $\mathcal{Z}\text{vi}$. Wax $\mathcal{L}\text{j}$. Boile
 adding Red Saunders in fine powder $\mathcal{Z}\text{ij}$
 Balsom of Peru $\mathcal{Z}\text{j}$. mix them. Outward
 its good against burnings, inflammations
 ulcers & wounds &c. Inwardly it is
 given from $\mathcal{Z}\text{j}$ to $\mathcal{Z}\text{ij}$ in wine for inward
 bruises, ulcers of the Reines, Stone in
 the Reins & Bladder, Difficulty of
 making water. D. Bate.

D. Salmon makes it thus. viz.

\mathcal{R} Oyle olive $\mathcal{L}\text{ij}$. Spanish wine $\mathcal{L}\text{j}$.
 Boile that the wine may be consumed,
 then add the best Beeswax $\mathcal{L}\text{j}$. when
 it is melted put in Stralburgh Cyprus
 or Chio Turpentine $\mathcal{L}\text{ij}$. Balsom

of Pora ℥viij. Red Sanders in fine powder 203.
℥ij. melt mix & stir it till it is cold.

This a Balsam without compare.

Note on Eliair Salutaris.

Dr Salmon says in his Bates's Dispensatory that the true Recipe is 3 quarts of Aquavita to 6 ounces of Sena which is 2 ounces to a quart. & then he says it ought to be 9 ounces of Sena to Aquavita 6 pound which is 3 ounces to a quart, what is less is too little.

And then if any other purger be added he commends powder of Gallap & doth proportion it thus. ℞ Alexandrian-Sena 4 ounces. powder of Resinous Gallap 1 ounce, Amigdalæ Juniper Berules, Liquorice, Elecampane, all crushed of each 2 ounces, Aqua vitæ a Gallon, mix digest & strain and dulcific it with Syrap made with double refined Sugar. So observe with Gallap he allows but one ounce of Sena & 2 Drams of Gallap to a quart, And without Gallap afterwards he allows but one ounce two Drams & two Scruples to a quart which is the same proportion that Bates allowed, which is 4 ounces of Sena to 3 quarts. So that Salmon in his ℞ with Gallap allows 2 Drams of Gallap mixed of 2 Drams & 2 Scruples of Sena to a quart. So that though he said 2 ounces to a quart was the true Recipe, & after that, what was less than 3 was too little, yet at last he allows no more than Bates does viz 4 ounces of Sena to 3 quarts which is 1 ounce 2 Drams & 2 scruples to a quart without Gallap. & with Gallap but 1 ounce.

For a poore weake Cow.
 ℞ halfe a lb of San Royons & 1 lb of
 Lent figgs slit & the Royons stoned.
 ℥i of Aniseede & ℥i of Saffron a
 little Celendine boyle in a quart of
 Strong beere till halfe is boyled away
 put in the Saffron after it is boyled
 bound up in a litle ragg.

For a low to cast her cleaning.

℞ Two pennyworth of Treacle & a
 litle mallows, Grounel, night shade
 all boyle in strong beere.

Vineger of Honey.

℞ Honey ℔ij. Depurated Rain water
 ℔viij. Boil to the consumption of
 half scanning of it well. when it is
 cooled put into it a nodule of seeds of
 Sumach grossly beaten ℔ij. made up in
 a linner rag. Leave the Cask in a warm
 Room if it be winter, or expose it to
 Sun in Summer till it hath done work-
 ing: so it will by degrees turn to Vineger
 Some instead of Sumach make use of
 Rocket seede. From this alone, or mixt
 with an equal quantity of Turpentine
 may be distilled a sharp or Radicate Spirit
 which will dissolve flints & other stones
 without any preceding Calcination.

For the biting of a mad Dogg.

Eate the liver of a mad Dogg forcoth
 made into powder) a Dram at a time
 this is the best of medicines Nic: Culpepper.

For the Colick.

℞ Cummin & Carraway seed, brayse them
 well, boyle them in ale till it be thick &
 eate it with a Spoon.

For those that piss Blood.

Bring the Juice of Sorrell with as much milk

The yeare hath 33 Evill Dayes. 205

January 8. The 1. 2. 4. 5. 10. 15. 17. 29.

February 3. The 8. 10. 17.

These not so Evill. 26. 27. 28.

March 3. The 15. 16. 19.

These not so evill. 28.

April. 2. The 16. 21.

These not so evill. 7. 8. 10. 20.

1st Monday in April

Lain borne & flue.

Abel.

May 3. The 7. 15. 20.

These not so evill. 3. 6.

June 2. The 4. 7.

These not so evill. 10. 15. 22.

July 2. The 15. 20.

August 2. The 19. 20.

2^d Monday in August

Sidon & Honeoral

destroyed.

These not so evill. 1. 29. 30.

September. 2. The 6. 7.

These not so evill. 3. 4. 21. 22.

October. 1. The 6.

These not so evill. 3. 16. 24.

November 2. The 15. 19.

These not so evill. 5. 6. 28. 29.

December. 3. The 6. 7. 9.

31 of December

Judas born.

These not so evill. 15. 17. 22.

For a Cottive belly.

A Suppository made of white Sope.

Or the herb Mercury boyled in pottage.

Instead of herbs let them be but halfe

boyled; this pottage eaten makes the body

Slippery. N. Culpeper.

For a Surfeit.

Betony boyled in wine & drunk.

To procure Appetite.

Centaurie boyled in wine or taken in powder

4 or 5 Dayes together helps such as have lost

their Appetite to their victuals.

To prevent Poyson.

Drink the powder of Betony in wine in morning.

Terrified Against Spitting blood.

Terrified Rubarb taken in the morning. And the

Syrup of Comfrey is also very good. N. C.

Herbs under Saturn

Angelica, Barly, Beares foot, Bats
 Blackthorne, Burdock, clowns woodwort
 Comfrey, Fern, fumitory, Stinking
 glason, Hellebore white & black, Hemlock
 Henbane, Mandrake, Melancholy
 Thistle, Night Shade, Mops, plantaine
 polipody, parsnip, poppy, Shepards
 purple, Stinking Glason, Tamarisk
 Black thorne, Melancholy thistle,
 Vervine, Clowns woodwort
 Yarrow,

Herbs under Jupiter

Barberries, Betony, Billberries,
 Bloodwort, Burrage, Buglofs, Centory,
 Cherries, Cinafoyle, Colts foot,
 Dandelyon, Dazil, Elecompane,
 Endive, Fumitory, Gilleflower, Hyssop
 Licorice, Lungwort, Liverwort
 Margoram, Mint, Mulberries,
 pyony, Sage, Scurveygrass, Saccory,
 violets, wallwort, wheate, Self
 Heale.

Herbs under Mars

Broadlime, Bramble, Broome,
 Birth wort, Cardus Benedictus
 Crow foot, Collo Quintida, Dame
 wort, Fursboosh, Garlicke, Ginger,
 Horse Radish, Hops, Leech,
 Mustardseed, Madder Nettles,

Onions. pepper. Radish. Ruerb. 207.
Speare wort. Thistles of all sorts &
Mathorne, woorm wood.

Herbs under Sol.

Angelica. Bane Burrage, Bugloss
Butterbor. Cellandine. Cloves Cam-
mamile Centory Eybright Roy. Saint
Johus wort. Lavender. Marigolds
Chare. Nutmegs pimpernell Raisins
Rofemory Safron. Wood Sorrell.

Herbs under Venus.

Alehoof. Stinking arrack Arch-
angel. Blights. Bugle. Burgoock
Chickweed. Cowslips. Clary. Corks=
head, Daisies, Dafadill. Diuells bitt
Eder. Featherfow, Grown fill. Gum=
well, Ladys mantle, Lillies of all
Sorts, Mallows, Maigen haire,
March mallows, Melilott, Mug-
wort, Stone Parsley, Perrywinkle,
primrose, Peneroyall, Roses. Sow.
Thistles, Saunders, Stinking arack
Spinage, wilde Tanzey

Herbs under Mercury

Cullen bine, Carrots, Carraways
Dill, Fenell, Honey suckles,
Hore hound, Licoras, Sweet Margarum.

208. Hazell nutt tree, oates, Parsley
Lellotary of the wall, Sampire
Savery, Smalage, Trefoyle, Valeri-
= an,

Herbs under the Moone
Betony. Burnoff. Cabedges. Clewort
Duckmeat, flower de luce, graves.
Horse leech, Mouse eare, Mone wort.
orpine. Poppies, Purslane. Trivett.
white roses, Saxifrage, Todey stoole
Turnips. water Lillies, water agreem-
= ray, water Plantaine, wall flowers,
water flaggs, Willow Tree, flau-
= ellin

Gather the Herbs when the planet
is Essentially dignified & governs
q^m. If possible, Lett the planet
be angular either in the ascendent
or tenth house, & in some good
aspect of the Moone, Lett you
be taken in theyr prime, being
full of Juice, & green, & from
Such places they thrive most in

209^{graph}

For Deafness

Take a green Elme or Ashen stick put it
into fire & save the water that runs out
of it, mix it with the salt of an Ele, and
boyle it a little, & drop a drop or two into
the deafe Eare lukewarme at night in bed
& in 3 or 4 dayes it will cure it. H.C.

Baite for a Fox.

209.

Take Rosted mutton put Cantharides
& Nuc Vomica into it: Then take
Appatolida dissolved in water, & dip
the Traile, being the Garbidge of any
Fowle, in that water; & anoint the
Trapp with Galbanum, or oyle of Amber.

Baite for
Fox.

For the Collick.

Collick.

Take the innermost skin of a pigeons
Gizard in powder as much as will ly
on sixpence in warme Ale.

Another.

Take Cammin & caraway seeds bruiſe
them well, boyle them in Ale till it
be thick, & eat it with a spoone.

To Pickle, or make mangus of Walnuts.

Take them about midsummer when
You may thrust a pin through the shell
prick them with a quill in severall
places, put them into faire water &
salt for 9 dayes shifting them every
day: hang them over the fire in fresh
spring water & when that is scalding
hot & bitter, shift them into fresh water
& hang them over the fire againe do this
about 8 times till the bitternes be gone
& the nuts be tender. Then take them
out of the water & rub them with a
course cloth till the skin comes off, then
lay them one by one in a broad earthen dish
till next day, then put them up into wide
mouth glasies, or gally pots, laying first
a Roe of walnuts, then a little mustard
seede, nutmeg, mace, cloves, pepper, cut
ginger, & some salt, & cloves of Garlick,
a little of each of these betweene every
Roe of walnuts till the pots are full.

Pickle

walnuts.

Horse

Radish.

Day leas

Shallots

then

210. Then poure in as much vinegar as will cover them, & a little bill on the Topp. Then binde on hoggs bladder and paper over them, & they will be fill to eat in a months time. Remember that every time you put them over the fire, you stopp the pott close.

This not alwayes eaten as a pickle, but put in made dishes one or two broke - smak with a spoone into the sauce. D. W.

Deafness.

For Deafness. Ant Eggs beaten & strained, & mixt with a little of the joyce of Knotgrass, & a little dropt in to the Eare cures Deafness tho, of long Continuance. N. C.

Another for the same.

The Juice of Betony dropt into the Eare puts away Deafness.

Poyson.

A rare Stone against Poyson.

Sting of bee, wasp or A.D.

Take a great overgrown Toad & tye her up in a leather bag prickt full of holes; put her bag & all into an Emmet hill; & the Emmets will eat up all the flesh; & then you may finde the Stone.

Trembling Hands

To cure Trembling Hands. Mugwort steeped in Rosewater, & wash the hands with it.

Gripping of Guts.

Against Gripping of the Guts; Carduus benedictus seedes stamped & taken, easeth pains, aches, and stiches, in the sides, & gripes.

Gripes wormes.

Another. Rue infused all night in sack, & the sack drunk in the morning, is also good for wormes.

memory Brain Stomach.

For the Memory, Brain, & Stomach. The whitest Frankincense powdered & drunk in white wine.

To cure the Collicke. Probatum est.

The Decoction of Hollyonke mixed with a little Honey & Butter doth being drunk warme, wonderfully ease it.

Collicke

The virtues of Knotgrass. It is an Herb of the Sun, & cures Diseases of the Heart, Back, Stones, Collicke, Burstness, & resisteth the Pestilence.

Heart, Back, Stones, Burstness, Pestilence

To Provoke a Stool.

Seeth mallows & red nettles together & let him that cannot go to stool, sit over it when it is hott.

to provoke stool

Drinking much buttermilk makes one Laxative.

Against Stone, Strangary, Collicke.

Stone, Strangary, Collicke

Six Cloves of Garlic stamped and strained into a draught of Rensh wine & drunk up is a present Remedy.

For a Corne on the Toe.

Corne

Take a black Snail royst him well in a white well cloth, bruise him & lay him hot to the corne.

To breake the Stone.

Stone

The Stone that is found in Coches & Hens Gizards, a little of the powder of it (being beaten in an Iron Mortar) for brass spoils it) being given in white wine breaks the Stone.

To make one see in the night.

To see in the night

Goates liver applied to the Eyes makes one see very well in the night and the reason is because Goater see as well by night as by Day.

Concoction

To help Concoction of the Stomach.

This must be given

The internal skin of the Gizard of a hen doth it, & resisteth all Diseases from want of Digestion which are as Atoms in the Sun. N.C.

before meate

212. An Electuary invented by K. Mithridates
 Plague. & often used by the Emp^r Charles the 5th.
 Poyson. Take of green Rue gathered in the hour of
 Physick of Sol. half a handfull, blew figgs six lb
 Consumption many walnuts, with forty juniper
 Rue m. l. Berries, & a little Bay Salt: beate into an
 Figgs. 10. walnuts. 10. Electuary. Take the quantity of a halfe
 Berries $\frac{3}{4}$ lb. nut. Against any infectious Disease.

Ague For a Quotidian, Tertian, or Quartan.
 Quartan Give Cinquefoil gathered in the hour of
 Rue bruised Jupiter, if it be possible, he being above
 & above the Earth, Give the powder of it in Vin-
 der of Sate-eger, or vinegar of Squils, give one leafe
 next to skin. for a quotidian, three leaves for a ter-
 tian in a Decoction thereof. It doth the
 Cure in two or three fits.

For a quartan Ague.
 Cantharides wrapped in a spiders web
 & hang'd over the party cures it.
 whether for all Agues.
 Boil halfe a pint of Sack to a quar-
 ter, with a little Garlick sliced thin
 in it; & drink it as warm as you can
 just as the fit comes.

For Hoarsness.
 Take a quantity of Sugar & put so
 much Spirit of wine to it as will just
 wet it, & this take on a knives point
 at night going to bed, 3 or 4 times.
 If the party be feverish use oyle of
 sweet Almonds, or the best sallet oyle
 instead of Spirit of wine.

Another
 Sooth Pennyroyal in running water
 & drink a good draught of the Deco-
 tion with a little sugar in it, at night
 going to bed.

Against Poyson.
 Juniper berries are a great Counter poyso.

To Stanch Blood & take away Inflammation 213

An Ointment made with the leaves of Henbane & Hogs greafe Stancheth blood & takes away Inflammation of any wound.

Blood to stop.

Toads spiders & Frogs and their Spawne.

Another to Stanch Blood.

Tye up a Spider in a linnen cloth & bruiſe it a little & hold it nere the nose that bleedeth. but touch not the nose & the blood

ing will ceafe. Another for the same.

Dry ſome of the Parties blood in a fire ſhould to powder, & apply it to the wound or ſnuſſ

it up the nose if it bleed. Another.

The aſhes of hens feathers or bones burnt & applied to the place. Another.

Let the Party that bleeds hold a dried Toad in his hand. & the blood ceaseth.

For the Eye to reſtore fight.

Eyes.

The herb & Root of Tormentil boyled in wine & the wine drunk & the Herb laid to the Eyes plaifterwiſe reſtore fight.

For hot Rheum in the Eyes.

Fill an Egg ſhell newly emptied with the Juice of Houſleek ſet it in hot embers & take the ſcum from it & ſtrain it.

Another. Beate the white of an Egg, then wet a Colwort leafe in it & lay it to the Eye when you goe to bed.

For Swolne Eyes.

An Ointment made of Irie leaves & hoggs greafe. For Cold Eyes. Dropp a drop of good Aqua Compoſita into them.

Against watry Eyes. Tye peeces of Amber to the nape of the neck.

For hurt in the Eye with a Stroke.

Bruiſe Agrimony very well temper it with white wine & the white of an Egg, ſpread it thick on a cloth & lay it to the outside of the Eye lid. To preſerve fight. Eat one branch of Rue & another of Eyebright every morning with a fig or two three every week.

214.
Inflammation
of the Leggs
or Breasts.

Against an Inflammation in some arm
Leg, or Breast with wounds or without.
Apply malt flower made into a pultis
with Verjuice.

Breasts
Swells.

For womens Breasts that are swelled.
Bruise 9 woodlice, Hog lice, or Sows &
lay them all night in 8 or 9 Spoonfull
of Drink, in the morning strain it &
let the woman drink it all, & lay to
her breast a linnen cloth warmed and
doubled 3 or 4 times; The next morn-
ing let her take 8 of the said lice used
as before, the next morning 7. It will
diminishing one every morning till
she comes to take but one. If her
breast be not well by that time, let
her encrease them one by one every
morning as shee subtracted them.

Breasts
Broken.

For Breasts that are broken.
Take wheat flower yolks of Eggs &
plantane, mix it till it be thick like
Ointment, spread it upon cloth & apply
it to the breast: If there be holes
dip tents in this ointment & tent them
with it, & lay a plaister of the same over.
Another for sore Breasts.

Breasts
Sore.

Take a handfull of figs & stamp them
till the kernels are broken, temper them
with fresh grease, & apply them to the
breast as hot as the woman can endure.
It will take away the anguish & break
it, or cure it without breaking.
Let her drink the juyce or decoction
of vervain: make a Syrup of it to
keep all the year. To cure sore breast

Oyle of
Eggs.

Take the yolk of an Egg & beate it
with fresh grease & plaister it with
this: & this good for any wound: and oyle
of Eggs likewise.

Against Heart Burning.

215.

Take 5 white pease, chew them well and swallow them down, then hold thy breath as long as thou canst.

Heart
Burning

Against Heart Trembling.

Dry the marrow of an old Cock, beat it into powder, & take a dram of it in the morning in wine. Or Take a Scruple of the fine powder of Red Corral in Borrage water first in morning & last at night.

Trembling

For Fatness about the Heart.

Clarify the Juice of Fennel & make a Syrup of it with Honey, & Take an ounce of it morning & evening.

Fatness.

For gnawing about the Heart.

Clarify the Juice of Sage leaves & yarrow & drink a spoonful of it in every draught of Beere you drink. Things strengthening the Heart are Saffron, Rue, Borrage, mace, Bugloss, Harts horne, Mustard, red Roses, Violets, good wine, & Spirits of wine.

Gnawing

For Heart Qualms.

Qualms.

Take halfe a Drachm of Pyony roots in Powder, every morning, or a Spoonfull of the Syrup of Pyonies.

Against the Falling sickness.

Take a Jay, pull off her Feathers, & pull out her guts, salt her well for a week, then fill her belly full of Cummin seedes, put her into a pot, stop it close, & dry her in an Oven till she be converted into Mummy, & dram of her beaten into powder & taken in any convenient liquor every morning, put in Piony water, is an excellent remedy.

Falling
Sickness

Against the Gout.

The powder, made of the Mummy of an Oyle, as was done with the Jay, as before, & being mixed with Boars Grease, & anointed the place by the fire, is an excellent Remedy.

Gout.

For the same. Pigeons dung boiled in wine till the wine be consumed, & applied plaisterwise, toid morning & evening cures it in 4 or 5 dayes.

216.
Gout.

Against the Gout, a present Cure.

If the pain be outrageous, Take a dram of Opium, 2 drams of Saffron, mix them with 4 or 5 yolks of Eggs, & plaister it upon the Greife. It will abate the pain, & dissolve the Corruption. Another. The Juice of Broom flowers, of Scala Cali, or Solomon Seal, & of Honey, of each a like quantity boyled to the thickness of Honey. Ointment.

Another. A pint of Aqua Composita, a bullocks gall, & an ounce of Pepper, beaten very small, & boyled to a salve, & applied to it, & changed once in 12 houers, cures any Sciatica, Ach, or Gout. Another, The Roots of Holyoak stamped with Hoggs-grease, & applied, helps it in 3 dayes.

Another. The Roots of Menbane stamped & applied warme. Peice grease fryed out of Shoemakers leather is good. Also Mugwort stamped & boyled in sweet oyle till the Juice be consumed. To Cure the Gout.

Stamp Spear grass & fill a walnut Shell full of it, & apply it to the place pained, binde it on, & in 6 or 8 houers it will draw a Blister, which cut & let out the water, & keepe a Colwort leaf to it till the malady is cured.

This hath cured 3 Gout of 20 years standing.

Another. Walwort is excellent for the Gout applied outwardly in oyls and ointments, or inwardly in Syrups & Electuaries.

Another. Garlic & Houghleek of each alike stamped & applied to it helps the Gout be it hot or cold. For the Gout or Palfie.

Gout &
Palfy.

The Bones of Horses washed & dried in the sun, & then boyled in water long time, & the fat saved that cometh from them, is a good remedy for Gout or Palfy.

Another Raretie. Take oyle of Bayes, aqua-vita, Juice of Sage, Vinegar, Mustard & Beards gull, of each alike, put them into a bladder much too bigg for them tyed close, shake them up & down with your hands an hour & halfe, then

have you as good an Ointment as the word affords.

Against the yellow jaundice.

217.
Yellow
Jaundice

Make a strong Decoction of Centaury
in stale Ale, & being strained, Boil it with
double the quantity of Honey to a Syrup,
a Spoonfull of this taken in the morning helps
the yellow jaundice, strengthens the Heart helps
Digestion, & provokes Appetite. Another
A Decoction of Earthworms, Sallendine, &
Juy Berries in white wine, equall quantities
of each, It towards the end of the Decoction
you add a little Saffron tied up in a Rag It
will be the better. Black Jaundies.

Jaundies

Take a dram of the powder of Shell snailies
Dried in an Oven, in Ale, in the morning fasting
& in 9 or 10 days it cures. Another for the same.

Black

Earthwormes flit & washed well in white
wine, dried & beaten to powder, & a spoonfull
of it taken in any liquor in the morning fast-
ing, in little time cures. Another for the yellow jaundice

Take a great Bur root, scrape it clean,
put it into a pot of new Ale, & the Ale
will boil, let it stand 24 hours close stopp'd,
Drink a good draught of it 2 or 3 mornings
Against Pain in the Bones.

Bones
pained.

Make a strong Decoction of Alehoofe or
ground Juy in Ale & drink it. Alike Deco-
tion of Mouseare is as good, or you may
put them both together. For any Ach-

Anoint the place 3 or 4 times with good
Aqua Composita & dry it in by the fire, &
then Anoint it again, & while it is wet
strew the powder of Olibanum upon it then
sew a cloth round it, & let it ly there 3 or 4
days, & it will be well.

Ointment for bruises & aches.

Bruises &
Aches

Take a quantity of Black snailies alive, Salt
them well, & hang them up in a linnen Bag, let
the water drop out of them, Boil a pound of this
water & scum it clean, then add as much may
butter to it, boil it to an Ointment, viz. till the
water be consumed, then add a little wax to it.

Bruiſe by a fall. Drink the Decoction of
Egrimony, Betony, Sage, Plantane, Juy leaves, &
Rose-parchy boyled in wine. Or the powder of
Stone pitch given in small beer 2 or 3 mornings -
Bruiſe by
a fall.

218. Against Shortness of Breath, lungs stopt.
 Vinegar made of Rue, as you make vinegar
 of Roses & taken inwardly. Or the Roots
 of Hollioke powdered & mixed with 3 times
 their weight in honey. Another. Slic
 Figgs, fill them full of mustard, boile them
 in white wine, eat the figgs & drink the wine.
- Against the Dropsey. Centaury take
 usually will prevent a Dropsey, & help it, by
 drinking the decoction of it in Ale. Another
 Empty an Egg of all the white & fill up the
 void place of the shell with Juice of flower
 deluce then warm it a little in hot Embers &
 give it every morning to one that hath the
 Dropsey, it will make him avoid the Hydropi-
 cal humour downwards. Another. Snails
 either with shells, or without, being beat with
 Rhenet & applyed plaister wise to the Navil
 draweth out all the water, but it must not
 be removed till it drop off of it selfe, &
 this will draw out any thorne or any thing
 that is got never so deep in the flesh.
- To draw
 out a Thorn
 a peice of
 the tongue
 of a
 fox moister
 with vinegar
 if too dry
 apply it to
 the
 place.
- To help the Dropsey. Bryony rootes boile
 in water & the water drunk. Another.
 The Roots of Elder trees sod in water & if
 Decoction drunk for common Drink. So
 both the Decoction of walwort either
 in wine or water. For Strickt Dropsey.
- Stone. The Berries of winter Cherries stamped
 & Dropsey. the Juice taken out & dried, taken inwardly.
 To know whether the Dropsey be hot or cold.
 If it begins below & swells upward it is hot.
 but if it swells downward it is cold.
- Against Dropsey in the Leggs.
 Soothe Oates in water till they be soft &
 hold the swolln Leggs over the steem co-
 vering the vessel with a blanket, that
 the steem may not goe out, & it will draw
 Blisters, which cut off & heale them again
 with fresh Butter. To cure Aches
 The Juice of Asymart mixt with halfe
 the quantity of Aquavita, to anoint with.

Against Swollen Leggs & Feet.

219.

Ointment made with Hoggs grease Mug-
works & a little vinegar. Another. Leggs &
The liquor wherein heates feete have. Feet
Swollen.

ben boyled is good to bathe the leggs in, &
if you add Chickwood Mallows & Smallage
to it, it will be the better. when the leggs
are bathed Apply the Herbs to the soles
of the feete. Another. Take wormwood
Southernwood, & Rew. of each alike, Stamp
them, & fry them in Honey, till they begin
to wax dry, & apply it as hot as can be
endured. to Swollen Leggs or hands. Another Swollen
for a leg that will pit with a touch. Hands.

Take Chickwood & pellitory of the wall,
of each a handfull, Sheeps ballow 1 pound
Sartar beaten 2 ounces, Boil these in milk
till they be soft like a pultize & apply it.
Another. Take a quart of Red wine, Boil
it to a pultize with crums of Rye bread
& apply it as hot as can be & in 4 times Cures.

Another. For a Red Swelling in Legg or Arm
Take Oatmeal Boil it in milk, & add to it an Arm
handfull of Mallows, & a handfull of Houflesh Swells
or Sengreen chopped small, Boil it to a pultize
with some sheepe fuet, & apply it, it will either
break it, or cure it without breaking.

For Ach in the bones of Leggs or Arms. Ach in
Take a quarter of a pound of Dill seede in Leggs or
powder, Boil it in a quart of white wine, till Arms.
halfe be boyled away, then put to it a pint of
Sallet oyle, & Boil it till all the wine be con-
sumed, then strain out the oyle & keepe it.

For lame limbs; Sallet oyle, Aquavita, Lame
Oyle of Exeter, & a bullocks gall, of each a Limbs
like quantity, mixed, makes a good ointment.

Another. Bathe them in a decoction of Rew
& Rosemary, & wrap them in a lambs skin
the wooll side inward. Another. Oyle of fowen
Froggs have ben boyled till the flesh is boyled off
the bones is very good for lamenets in Joints & nerves.

220.

Ach in
Leggs &
Armes.

Against Ach in Leggs & Arms.

Take stale Ale & the Gaul of an Ox, &
Boil it till it is as thick as birdlime, when
it is cold anoint with it by the fire, as hot
as can be endured, when it is dried on once
or twice, spread some upon a piece of white
leather, & apply it, when it is hard take it off
& apply another this doe 3 or 4 dayes.

Knees

Tooth

in
Thighs

Against any Ach, or Swoll Knees.
Bruise Rue & Lorage, Boil them in a little
Honey, & apply them warm.

Knees

Swoll.

Eyes

Head ach

wound

in
Sore

joint

in
younge

Limbs lame

numb

Ague.

Warts.

Teeth to
draw

Tooth

loose

Tooth

loose

Tooth

loose

Tooth

loose

Tooth

loose

Tooth

loose

Against pain in the feet & thighs.
The inner Rind of Elder, or dwarf Elder
boiled in Beares Grease, cures both.

Rue stamped with Honey & Salt helps
Swellings in the Knees.

The water of Marigolds helps disease
of the Eyes, & the head Ach.

To Cure a wound wonderfully
Lay an handfull of Adiantum wet in cleare
water, into a wound or sore, then take it
away & bury it in a moist place, & the
wound will heale as the fame rots.

To Cure an old joint disease.
A Bath wherem Emets & their Eggs have
ben fidd will quickly doe it.

For lame & numb limbs.
Oyle wherem frogs have ben foddren till the
flesh comes of the bones doth help all lame-
ness of joynts & nerves.

For a Quartan Ague.
Knotgrass gathered & the Juice pressed out
on a Thursday & drunk with the powder of
7 pepper Cornes a little before the fit comes.

To take away warts, anoint them
with the Juice of Elder Berries.

A Secret to draw Teeth.
Fill an earthen Crucible with Emets
& their Eggs, burn them keep the ashes
with which if you touch a Tooth it
Acting will fall out. A Hog louse or wood louse
Tooth loose prick with a needle & the aching
tooth touch with it the pain will cease.

Wound on the Head

Betony stamped & applied to any wound in the Head, draws out the broken bones if any Head wound & heales the wound.

To prevent witchcraft.

St Johns wort burn about one, keeps from witchcraft being hurt by witches or Devils.

To kill Tethers. Halfe an ounce of Tethers & white Coppuris dissolved in a pint of water kills Tethers & Ringwormes. Stamp Celastrium.

To kill Lice. The powder of Olivibum

Boyled with as much barrow grease will kill the Lice in childrens heads, & such as are subject to them, will never breed them after.

For Deafness & Impostume in the Eare. Deafness

Take the Birds leaves or inner rinde of an Elder beat it & drop a drop or two of the Juice into the Eare. The Brainz of a weazel dried & drunk in vinegar cures the falling Sickness.

Elder leaves made hot betwene 2 tile stones & applied to the forehead & Temples ease the paine of the head.

To cure those that cannot hold their Urine. Urine

Dry a Bullcubs, sheeps or Goats bladder & beate it to powder, & give a dram of it in water, vinegar or any convenient liquor at night or morning.

For the Stone to break it. Take a Spoonfull of the powder made of the roots of red nettles & a lime in white wine. To kill Tethers & Ringwormes.

Anoint them with Black soap & beaten Ginger.

For Lambs Limbs. Sallet Oyle aquarilla. Lambs

Oyle of Exeter, & a Bullocks Gall of each a like quantity mixt together to anoint with. Another. Bath them in the decoction of Rue & Rosemary & wrap them in a Lambs skin the woolly side inward.

For Aches. The Juice of Aspartus

mixt with halfe the quantity of Sybarilla cures Aches anointed with it.

To preserve Health in body & mind. Health

Take of Cinnamon 3 drams, masticke & pomgroat rinde of each 1 dram, Galingal halfe a dram, make all these in fine powder into an Electuary with clarified Honey, & take the quantity of a Halle nut every morning. Digestion in a Dutch glass stomach, good Digestion & rejects the humors of all humors.

Lame
Joints.

For lame Joints. Rub them well with warm Cloths, & then Anoint them with Aqua composita mixt with a little oyle of Roses. Or els with the Jelly of Hartshorne boyled in sack. Tooth Ach. Sooth Juy berries in vinegar, & sup your mouth full as hot as it may & when it is cold sup againe & agame. Or els stop the Sooth if hollow with spirit of Vitriol. Or Take the inner rinde of Elder, bruisse it & put thereto a little pepper make it into balls & hold them between the Teeth that ache.

Tooth Ach

The Tooth of a dead man born about a man suppresseth the paine of the Tooth. N.C. Roast an Egge hard & beate it with a spoonfull of Salt & 2 spoonfulls of vinegar to a pap & put a little into thy moath now & then.

Tooth to
fall out.

To make Teeth fall out. Lay the Roote of the Mulberrie Tree to steep in strong Vinegar, dry & beate it to powder, touch a tooth with it & it will drop out. Another. The powder of

Tooth Ach

Earthwormes, of mice dung, & of a Hares tooth, put into the Hole of a hollow Tooth, it drops out.

Tooth Ach

A little Gun powder tyed up in a rag & held in the mouth that it touch the aching Tooth. A peice of the Roote of Crowfoote put into a hollow tooth or applyed to it casteth it.

Cured for
ever.

Take & press out the Juice of Water Grays of 7 part of it that grows above the water & drop a little into the contrary eare of one that hath the tooth ach, it cures him for ever.

Let the party that hath the Tooth ach lie on the contrary side, & drop 2 or 3 drops of the Juice of Rue into his Eare of that side & akes & let it remaine 1 hour or 2 & it cures for ever.

For those that cannot hold their water.

Diabetes

A Glasse mouse dried & beaten to powder and given at a time helps them, & such as have a Diabetes if you doe the like 3 dayes together

Diabetes

To strengthen Memory & help forgetfulness.

memory.

Anoint the Temples once a month with the Gall of a partridge. And The soles of the feet with with good Mustard helps forgetfulness.

Bloody
Flux.

For Bloody Flux. A spoonfull of powder made of what is shown before a red & given 3 times at a time quickly cures the bloody Flux.

Bloody
Flux.

For Bloody Flux. A spoonfull of powder made of what is shown before a red & given 3 times at a time quickly cures the bloody Flux.

For the Gout. Stamp Speargrass & fill a Walnut shell full of it & apply it to the place pained, finde it on, & in 6 or 8 hours it will draw a blister, which cutt & let out the water & keepe a Colewort leafe to it till it is well.

This hath cured such as have had it 20 yeares. Another. Stamp a handfull of Magwort & boyle it in sweet Sallet oyle till the Joyce be consumed, & anoint with it. Peice. Grease fryed out of Shoemakers leather is good. The Roots of Hen bone. Stamped warmed & applyed to the place cures it both in Jack & Knees. Take a young Puppy all of one colour, cut him in 2 peices through the back & lay one side hot to the grievous place. The Roots of Holy oak stamped wth Hoggs grease & applyed helps it in 3 days. The Leaves & bark of a willow tree stopp'd in wine, doth ease the Gout bathed with it.

For such as cannot hold their urine. The Claws of a goat burnt to powder, & a draze taken in the morning helps it.

To prevent the falling Sicknes. If you give Ten grains of Red Coral in powder to a Child in Breast milk for the first sustenance it takes it will never be troubled with the falling sicknes.

The powder of mans Bones, or rather the Skull of a man not buried, called Cranium humanum. If the Nose bleed on the right side, Crush the little finger of the right hand, if on the left side of the left hand. The three cornerd Stone that is found in the kinder part of a Carps head near the neck, keate to powder, & a little of it smupp'd up the nose stays it. Or els write on the partys forehead with his own blood these words, Consummatum est.

Receive the Smoke of gross powder of Amber up into the nose with a funnell on a Chasing dish of Coales. One that had bled 24 hours was cured by a scain of black thred set on fire at one end, the other end at his nose, the Smoke of which stopp'd it. when all other means have fail'd it hath ben stop'd by opening a vein in the Eare. The powder of Blew woollen Cloth burnt & snuff'd up the Nose stops it. As is by a man that bleed, wrap a cloth wet in Vinegar about his privities, if a woman, about her breasts.

224. **Ulcers, Sores & Fistulas.** Carduus Benedictus
Ulcers Stamp'd & boyled with Barrows Grease & white
Sores Flower to an ointment with wine, cures them
Fistulas the the bones be bare. wounds, Sores, Issues,
 Ulcers, Aches, pains in the Back, Hemorrhoids
 wounds Gout. $\frac{1}{2}$ lb white wine a quart, old oyle
Sores. three pints, Carduus Benedictus, Valerian,
Issues. Sage with the flowers, of each a quarter of a
Ulcers. pound, of the leaves & flowers of S^t Johns
Aches. wort halfe a pound, let the herbs & flowers
Paines be infused in the oyle & wine 24 hours, then
 in Back. boyle it in an earthen vessell well glased, or
Hemorrhoids brass vessel, till the wine be consumed, stir
 Gout. ing it now & then, lest it burn, then take it off
 & when cold put it in a glass, stop it close,
 & let it stand in the Sun. 10 dayes before used.
Ulcers. Egrimony is the herb appropriated for Ulcers.
 By white Sope, scraped fine, & so much good
 Gout. Aqua vite, put them into a large Retort &
 Quartan. lute a large Receiver to it, distill it in sand,
 French first with a gentle fire, then increase the fire
 Pox. by degrees, & there will come out an oyle mixt
 Scald. with water. The oyle is incombustible, & its
 Heads. vertues many in Alchymy to fix volatile
 To fix medicines, & in melting to incorporate Metals
 Metals. But in Physick, it asswageth all swellings,
 the never so gross & clammy, heady malignest
 Ulcers, the Gout, Quartan Ague, French
 Pox, dry scalded Heads. The Juice of
 ulcer Plantane cast into an Ulcer or Fistula with
 Fistula. a Syringe heals it, & so doth the Juice of Betony
 & Cynkfoile. By the Juice of the leaves
 Festered or Roots of Foxgloves mixed with the like
 Sores. quantity of the partys urine, wash any
 festered sore with it. If the Juice be boyled
 till it be thick, it may be kept all the year.
 Ulcers Put unslaked Lime into a new earthen vessel
 Putrified till tis almost halfe full, then fill the vessel
 Sores. with boyling hot cleane water, skim it cleas
 Inflammation off the clear water, & keep it in a Glass
 close stoppt. This cures Ulcers & putrified
 Sores by ripping a linnen cloth in it & laying
 Plaisterwaire over the sore, it takes off Inflammation

For the guts is to break the Stone in Reins & Bladder 225.
A Red Sparrow the feathers taken off & the guts
also, is kept in salt, or converted into Charming Stone.
When Eaten breaks the Stone in Reins & Bladder.

The blood of a hare dried & taken inwardly ^{Bloody}
breaks the Stone in the Bladder, & helps the Bloody Flux.

The Bones of a man or woman taken in powder
helps the Bloody Flux. Also a Dram of the powder
of new Tobacco pipes given at a time, in any
convenient liquor morning & evening, but as
soone as the Flux is stopped leave off. To stop

Fluxes of Blood in any part of the body, Menstruas
in women, Aches, ^{impediments} in the back, & Liver, Menstruas
heat in fevers, & length day. ʒ Cinnamon, ^{Aches.}
Cassia Lignea, Opium, of each two Drams, — Back.
Nyrh; white & long Pepper, of each one Dram, Liver.
Galbanum one Dram, beat into powder what Sleep
can be beaten, make it into a mass with clarified
honey, & let the patient take 2 pills of it no bigger
than a pea at night going to Bed. Allom poger
stops the overflowing of the Menstruas in women.

For a Bin & web in the Eye. The Head of a Eye a
Black Cat burned in a new Crucible made fine Dins
& applies a little of it blow into the Eye with a quill web.
3 times a day is a good remedy: If in the cure the
Patient feel any burning in his Eye, lay 3 or 4 Drops
leaves moistned in water to the Eye, & when they have
lain a while turn them. To prevent Cramps

& Palfys. If you use when you go to bed to ^{Cramp.}
rub your fingers between your Toes & smell to ^{Palfy.}
them, it prevents Cramps & Palfys. The little
bone of the Knee joint of a Hares hinder leg
helps the Cramp if you touch the grievous place with it.

Lavender boyled in water & halfe a pint of the
Decoction drunk morning & Evening, cures the Palfy.
The herb & root of Tormentil boyled in wine
The wine drunk, & the herb laid plaisterwise
upon the Eyes restores the sight tho lost many yeares.

A Plaister made of young Swallows & their
nest burnt with oyle & wax & applied to the
throat Esajeth the swelling of the throat.

For any Ague just when the fit comes A que.
Boil halfe a pint of sack to a quarter of a pint
with a little Garlic sliced thin in it, & drink it warm.

Spleen.

For the Spleen. Drink the water when
Smiths quench their Iron; Eat Capers

Anoint the Side with the marrow of Beef
mixt with the like quantity of Oyle of Sider
Almonds swarmed well. Or Dye the inner
Rinde of an Apple tree well in white wine & drink
a draught of it every morning. Or use Tamaris
Bark & Caper roots the same way. Or wash your
left side in the morning with your own urine.

If the Spleen be cold Rub your left side
with your hand every morning, & anoint it with
ointment of Tobacco, or lay a Tobacco leaf to
the region of the Spleen moistned in the ointment.
Or apply a plaister of Ammoniacum cum
Scicuta; Cut the plaister to the same form.

Head to
purge.

Vertigo

Dizziness.

Head Ach.

Impostume

Speaking
in Sleep.

Head Ach.

Lethargy.

Vertigo

Dizziness

Megrin.

Head Ach.

the Spleen is of To purge the Head chew
Make Tents of the Root of Pellitory of Spain

linnen cloth & dip
them in Cinamon water & put them up they will
trills it helps the Vertigo & Dizziness.

For Head Ach. Make vinegar of vervain
as you make vinegar of Roses, only of leaves
of vervain not flowers & Bath the Head.

For Impostume in the Head. Apply to it a
Red Rose cake warm moistned either
with Romans Breast milk or Red Rose
vinegar. Also a handfull of Betony leaves
& half an ounce of Cummin seeds boiled
in stale Ale & drunk is good for the same.

The Juice of Rue mixed with vinegar
& the Head washed with it, cures all evils
A draught of the same drunk going to bed
helps such as speak in their sleep.

Camomile & Betony boiled in vinegar to
a pultis & laid warm to the head helps the
megrim & head ach called *Agria*.

Rosmary tops boiled in Ale & laid to
the Temples doth the like. Root 3 or 4
great Onions well in embers, pill & bruise
them with the powder of Cummin seeds & apply
it plaisterwise helps head ach, And the haire be-
ing shaved off is good for the Lethargy.

The Roots of Beets part of the kind press
out the Juice & fann it up the nose, it purgeth
the head, helps vertigo Dizziness megrim.

It Diamond held to the head that aches
quite takes away the pain. Verjuice fed put
into a tick bottle with narrow mouth held to the Ear that the pain

may goe up into the head Reliefe the Head ach in Head 227
noise in the Eares, if it any live thing be got Eare.
into the Eare, it quickly bring it out.

To stay Vomiting. Take a Toad very well Vomiting
dip it in Vinegar, Chew a little in your mouth to stay.
whilst it is hot, & hold the rest to your Nose.

For Stoppage of the Liver. Use Garden- Liver.
Thyme in all four kinds of Broths, it will
prevent & cure it. The Liver of a hare dried
& beate to powder, cures all Diseases of the Liver.

For a Swell in the Side. Take leaves of Holly Side
in powder 2 drams at a time in wine. Swell.

For a Stitch. Anoint the side with your own Stitch.
urine wherin wormwood & Cummin seeds brayed
have been boiled when you goe to bed. Oyle of Bay is good.

For the Navel Swell. Lay on the Navel a
plaister of Cowdung boiled in the milk of the same Cow. Navel

For weakness in the Back. Apply a Plaister Back
made with Blolly flower & Beah flower with oyle weakness
& Roses & the yolk of an Egg. A Rice of fine flower

& 10 heat flower of each alike temper it with Claret
wine & sugar, the powder of Clay & nutmeg, make
it into a Cake with fresh butter, bake it & eat no other
breakfast for some dayes. For paine of the Back

Apply a Plaister made with fresh Cowdung Pain.
fryed in Vinegar. Figs in Fundament.

Purge melancholy with Confection of Hamed Fundament
or Pills of Lapis Lazuli. Be the powder of a
Dogs head burnt, mix it with the Juice of
Pimpernel & make long Tents & put it up
the Fundament. Falling out of Fundament.

Boil Bay leaves well in water, put it in an earthen
or pot & sit over it as hot as you can endure it, & Fundament
the fume may goe up the Fundament, so may you put
it up, & when it is up, sit down with your bare
Breech on an Oaken board made as hot as you can
suffer it. Another Braise Red No the very well

& Boil them in white wine in an earthen pott till
half be consumed & dried this first in morning &
lay it night & lay fresh to the Fundament as hot
as can be suffered. Anoint with the Juice of
Night shade made into an ointment with May butter.

For a Swell Leg that will pit with a touch.
Boil a quart of Red wine to a pultis with Leg
Crums of Rye bread & apply it to the Leg.

To make a Nail grow where it is wanting. Swell.
Braise Cinkefoil with fresh grease & apply it to the place
where it is wanting, it will make another grow. Nail.

Head
Purgid

Head is purged by Gargarisms, of which Mustard is Excellent. A Spoonfull put into the mouth is good for the Lethargy; purge the head by Sneezing. Mix the Juice of Primrose leaves with a little milk & let one blow it up the nostrils with a quill.

Rheum
& Palsy.

For Rheum in the Head & Palsy. Bruise a Red Onion well, boyle it in verjuice & put to it clarified honey in a great spoonfull of good Mustard, when it is well boyled, let the party receive the smel up his nose twice a day while it is very hot. Such things as purge the head purge the Eyes. Take care of taking cold after sneezing. To cleare the sight.

Eyes.

Take Green walnuts before they have shells & walnut leaves, distill them cold & drop the water into your Eyes. For the Polipus.

Nose

Polipus.

Make a Tent with Cotton dip it in the Juice of Ivy & put it up the Nostril. Smell up the Juice of Red Beale roots, it will cleare both Nose & Head. To keepe the Mouth, Tongue

Mouth

Nose

Eyes

Ears

Teeth

Spit blood

Speech lost

for most of their pains, proceed from Rheum.

For Spitting Blood. Drink a spoonfull of the Juice

of Betony mixed with milk every morning.

Loose Speech. The Juice of Sage & Primroses

held in the mouth will cause one to speake.

Canker.

For Canker in the Mouth. Wash the Mouth

often with Verjuice. or water of Burnet,

Fumitory, Lavender, or Periwinkle, or the

Decoction of either of them. Teeth to fasten.

to fasten

Teeth loose

Soeth the Roots of Verpan in white wine & wash

your teeth often with it & it will fasten them.

Gums Scurvy

Boyle cloves in red Rosewater, dry them,

& beat them to powder, rub the Gums with

the powder & drink the decoction in morning

fasting an houre after it. Canker in the Gums.

Canker.

Take halfe a pint of white wine, a quarter of a

pint of water, water an ounce of burnt

Alloy, & a handfull of Cinkefoil roots

bruised, boile these in an earthen pot over

a gentle fire till half be consumed, scum

Rotting

Gums or

Consuming

it well, strain it, keepe it in a glass, and

wash your Gums with it. Rotting of Gums

Wash your mouth every morning with

Sage water, and afterwards rub your

mouth with a Sage leaf.

For a Red Face. Boil Southwistle, Borrage 220.
Sorrel, puglan, French bards, Bayly roots, Red Face.
& Liquorish in running water & drink a
draught of the Decoction first in morning &
last at night. Face with red pimples, Diffolor, pimples
Camphir in Vineger, & mix it wth the Vineger with
Salsome water, & wash the Face with it.

Wash your face with the water distilled from
Hony suckle leaves or meadow Trefoil. white
Face Faire, wash it with Beanflower water. Scales
To take away the marks of the small Pox. Faire
When the small Pox are well shabbed anoint
the face Divers times aday with the juce of
Fennel, 3 or 4 dayes together. To prevent the
small Pox marks & cure deap wounds & ulcers. Ulcers.

with out a Scar, anoint the place with Oyle of Eggs.
Sooth Pennyroyal in running water and
drink a good draught of it at night going
to bed with a little Sugar in it. Throat
Hoarseness

Bleeding is good in all inflammations therefore
in this. It's good to have Sympth ointment
alwa^{ys} of Orange always in house for such
occasions to drink the Sympth & anoint the
throat with the ointment. Break the Lungs
of a Fox into powder & take a dram of it every
night in Rose water. For Inflammation, Dissol^{ve}
Sugar candy in Rose water & drink no other drink. Lungs
weakness
Inflam^{at}

Or els anoint the Breast often with oyle of violets
or oyle of water lillies. Stoppings of the Breast
Dissolve the Gum of a Cherry Tree in old wine
& drink thereof. Hard Belly without pain. Stopt
Belly

Stamp the herb Mercury & Mallows together
& make a plaister thereof & lay to the Navel. Hard
Or els Claretly the juce of Roro & drink a spoon
full of it in all the drink you drink. Belly Sore.

Beate Pennyroyal & mix a little powder of
Ginger with it & apply it plaisterwise to the Belly.
Stamp wormwood Rue Motherwort, Bastard
Lavender Cotton, & mix the Gall of an
Ox with them warmed & apply plaister
wise to the Belly. Rue Bruised & worn in
under the foot next the Skin is a remedy
for a Quartane Ague. Any part of a
bone of a mans Arm with the biggest end of a
goose raking horn about one that hath a quartan
ague cure him. Drop the juce of Bayleany into
the eares. It cure deafness & noise in eares.

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For the Rhe water in Sheepe.

Put halfe an ounce of *Asafetida* in a pinte of water & give the sheepe two spoonfulls of it with warme let him walk upon it half an hower.

Gedyrogetide for Gedynefs put a spoonfull of the same water into each Eare something more then milk warme and let them rest upon it 3 howers.

For the Murren in beasty & Pigg.

Take 2 or 3 rootes of Beares foot black Hellebore pound them well in a mortar mixt with garlick a handfull of Rue & a handfull of Southernwood being well mixt put it in a quart of strong well straine it out cleane & give halfe a pinte to each Beest with a horne & let them rest upon it & give them no water for 24 howers. Give Pigg 2 or 3 spoonfulls & give them no water for 12 howers.

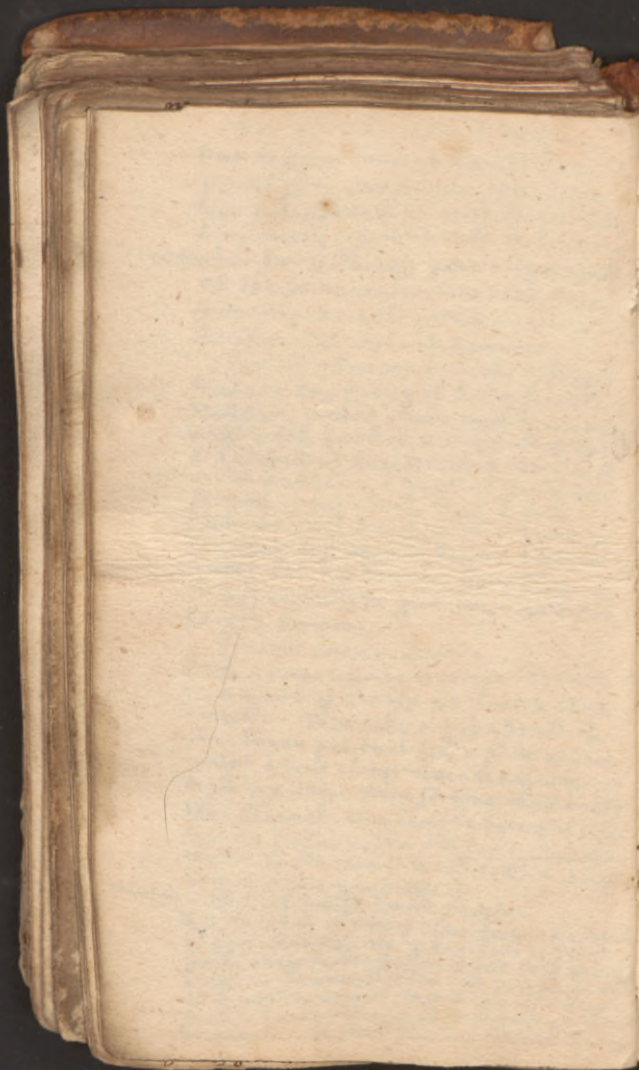
To make Lemmon Brandy.

Peele a large Lemmon & steepe the rinde in a quart of Brandy 48 howers close covered. Then take a $\frac{1}{2}$ of a pound of fine sugar put to it $\frac{1}{2}$ of a pinte of fair water a few cloves mace & nutmeg - boyle it a little. Then straine the Brandy thro flannel, & when the Syrrap is blood warme strain it thro the same cloth into the Brandy & when it is cold bottle it, Stir it well before you bottle it.

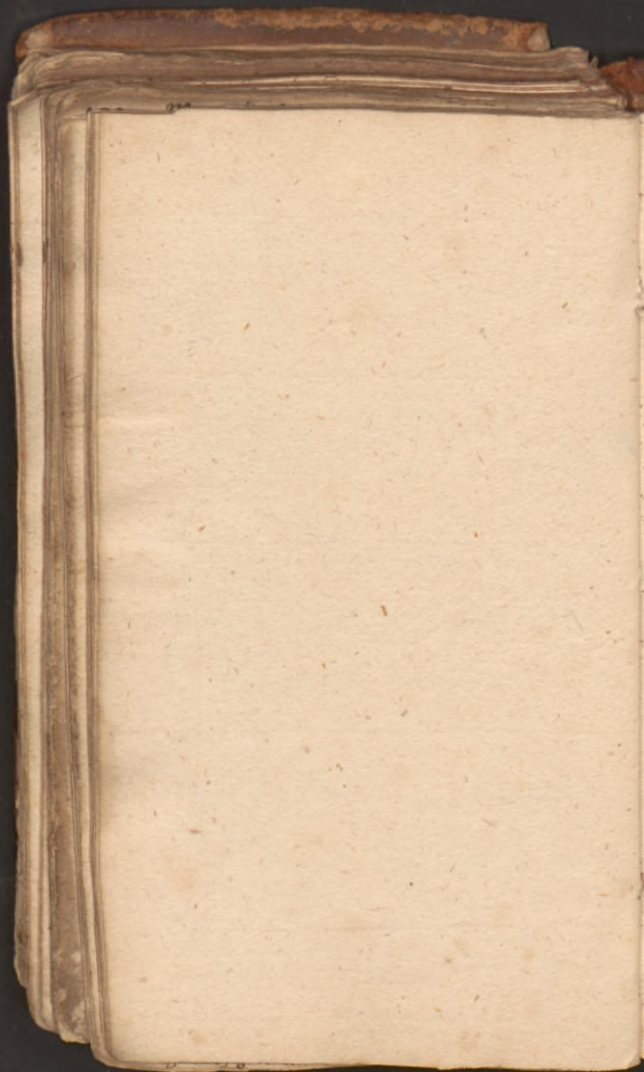
Droopy. A Diet Drink for the Droopy.

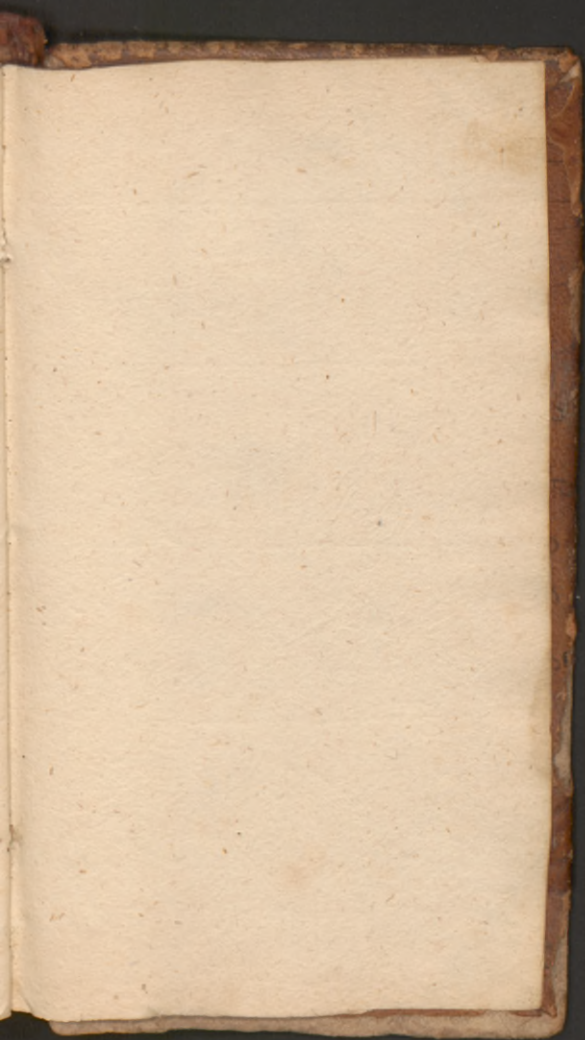
Take 1 Handfull of dward Elder Roots. 1 Handfull of horse Radish roots. 2 Handfulls of Broome. Boile these in one gallon of the best port halfe an houre, & when cold, put Baye to it to work & ripen it. & put into it in bags Sena & Turinet berries of each halfe an ounce & when it hath stood six dayes drink it.

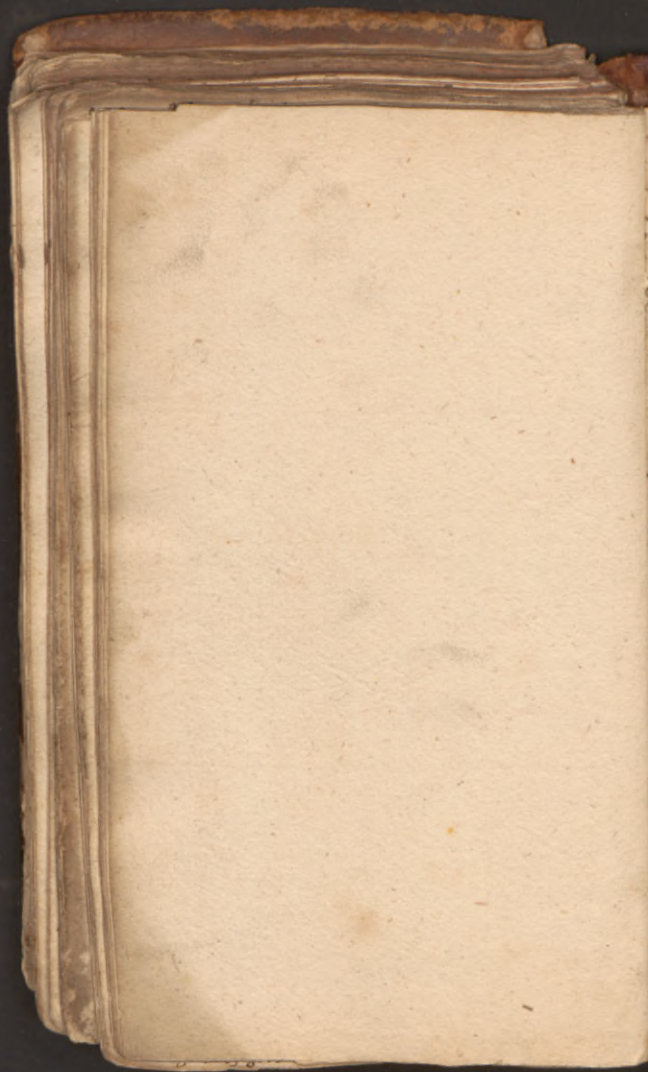


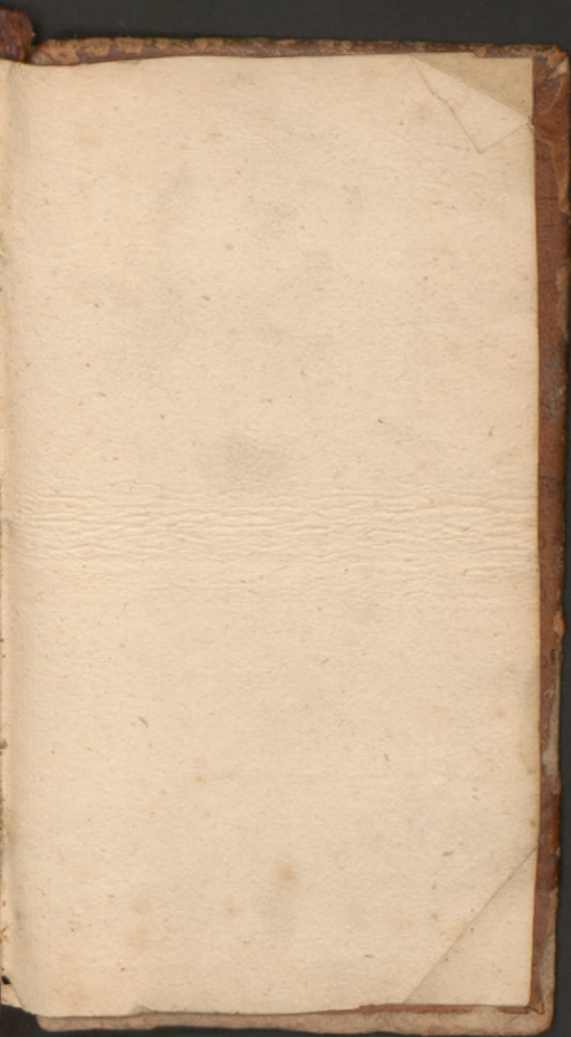


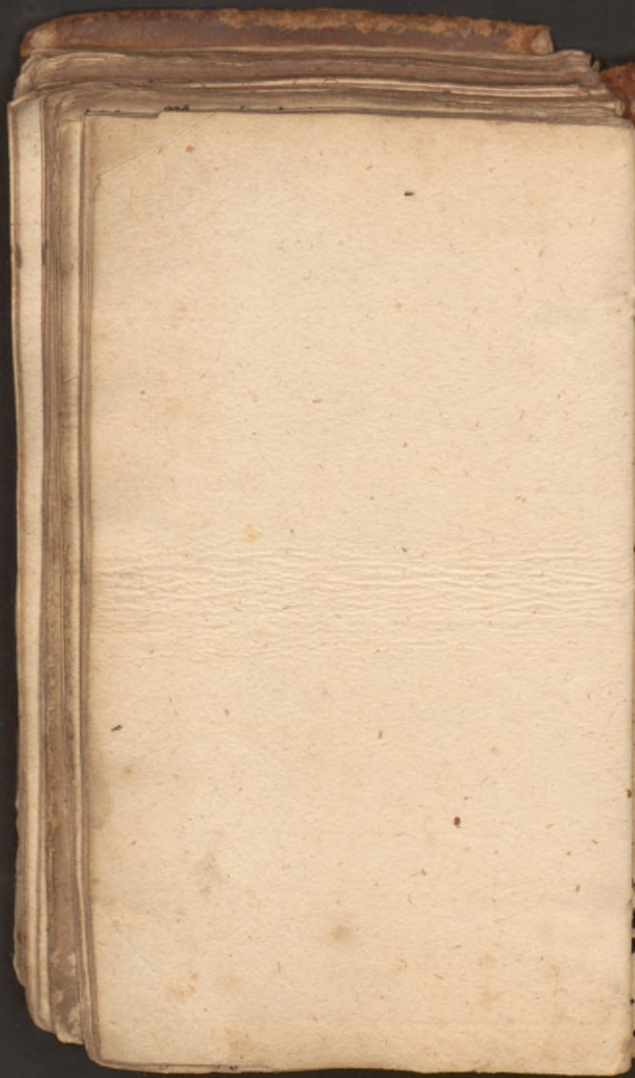


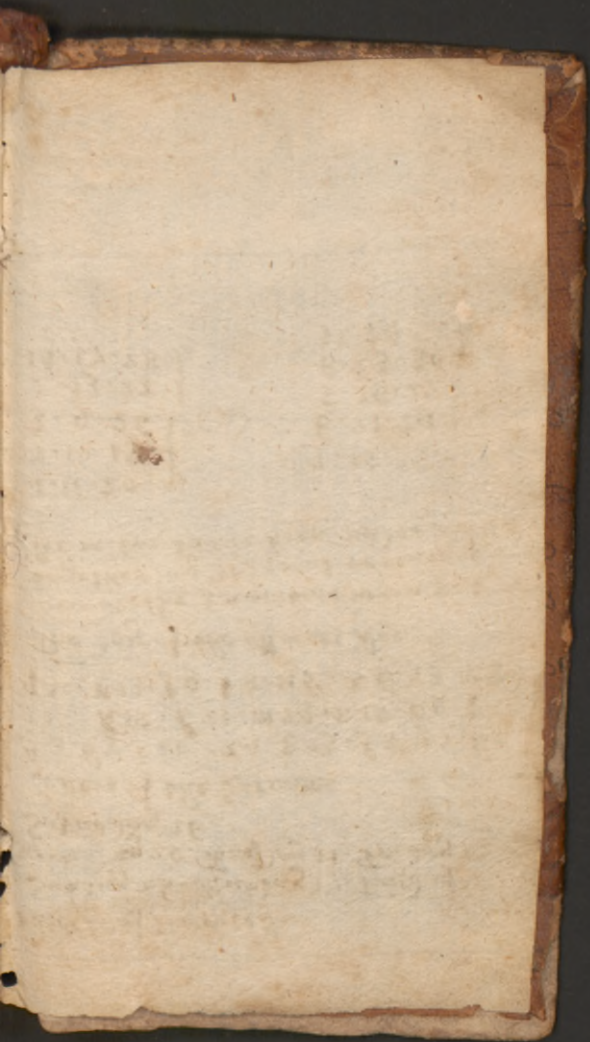












Days of the week

Sunday 26. Monday 17. Tuesday 15.

Wednesday 25. Thursday 11. Friday 17.

Saturday 26.

Letters of the Surname.

A. 3. B. 3. C. 22. D. 24. E. 25. F. 3. G. 7. H. 6.

I. 15. K. 15. L. 21. M. 24. N. 15. O. 9. P. 14.

Q. 21. R. 13. S. 9. T. 8. U. 5. X. 6. Y. 3. Z. 3.

The day of the Moones Age.

Divide the 3 numbers when put

together by 30: what remains

see in the table, here under with.

1. 11. 20.
7. 16. 19.
3. 9. 26.
2. 13. 22.
14. 17. 28.

Good.

4. 15. 25.
6. 21. 29.
5. 18. 27.
8. 23. 30.
12. 24.

Bad.

Handwritten text in a cursive script, possibly a title or author's name, located at the top of the page. The text is partially obscured by a piece of tape or a label.

Handwritten text in a cursive script, possibly a title or author's name, located on the right side of the page. The text is partially obscured by a piece of tape or a label.

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