

TRADE MARK REGISTERED

DRS. STARKEY & PALEN

COMPOUND  
OXYGEN

NOT A DRUG

1109 & 1111 GIRARD ST., PHILA., PA.

FOR THE CURE OF

CONSUMPTION, ASTHMA, BRONCHITIS, CATARRH, DYSPEPSIA,  
HEADACHE, OZÆNA, DEBILITY, AND ALL CHRONIC  
AND NERVOUS DISORDERS,

BY A

NATURAL PROCESS OF  
REVITALIZATION.


COMPOUND OXYGEN

PHILADELPHIA:

DRS. STARKEY & PALEN,

1883.

TREATMENT.

E ask of those into whose hands these "Testimonials" and "Reports of Cases" may come—should they, or any in whom they have a personal interest, be suffering with some chronic disease, or from some acute affection which threatens to become chronic, and for which a cure has not been found—to give them a careful examination.

Of their genuineness any one can satisfy himself. They have come to us in most cases without sollicitation, and are from persons either well known to the general public or in the particular communities where they reside, from any one of whom a verification can be had if desired.

See last cover pages for information in regard to the Treatment—its cost, how supplied, etc. It is taken by inhalation, either at our office, 1109 and 1111 Girard Street, Philadelphia, or at the patient's own home.

No "Home Treatment" genuine without our Trade Mark.

THE

COMPOUND OXYGEN

TREATMENT,

FOR THE CURE OF CHRONIC DISEASES BY A NATURAL  
PROCESS OF REVITALIZATION.

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UNSOLICITED TESTIMONIALS

AND

REPORTS OF CASES.

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PHILADELPHIA :  
DRS. STARKEY & PALEN.

1884.



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## TO THE READER.

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In presenting for your consideration a few of the many testimonials and reports of cases which we have received, showing the remarkable results which have followed the use of Compound Oxygen in chronic diseases, we are aware that we have to meet a natural incredulity hard to overcome. The manufacture of testimonials to wonderful cures has been so long practiced by unscrupulous venders of patent nostrums, that the public has come to doubt the genuineness of any that may be offered.

The following strongly expressed "CARD" from T. S. Arthur, the American author, and other gentlemen well and widely known, will, we trust, remove from the minds of those who do not know us personally, all doubts in regard to the reports of cases which we are giving to the public. On these reports we rest the evidence of all that is claimed for Compound Oxygen. What the public needs, and demands, is some undoubted assurance that they are genuine. To many, their own intrinsic evidence is sufficient. But to a large class of persons more than this is required, and, in order to satisfy this class,

we present the personal testimony of men who know us, who have used and been benefited by our Treatment, and who have had large opportunity for observing its effects on others.

**A CARD.**—We, the undersigned, having received great and permanent benefit from the use of "COMPOUND OXYGEN," prepared and administered by Drs. STARKEY & PALEN, of Philadelphia, and being satisfied that it is a new discovery in medical science, and all that is claimed for it, consider it a duty which we owe to the many thousands who are suffering from chronic and so-called "incurable" diseases to do all that we can to make its virtues known, and to inspire the public with confidence.

We have personal knowledge of Drs. Starkey & Palen. They are educated, intelligent, and conscientious physicians, who will not, we are sure, make any statement which they do not know or believe to be true, nor publish any testimonials or reports of cases which are not genuine.

**WM. D. KELLEY**, *Member of Congress from Philadelphia.*

**T. S. ARTHUR**, *Editor and Publisher "Arthur's Home Magazine," Philadelphia.*

**V. L. CONRAD**, *Editor "Lutheran Observer," Philadelphia.*

PHILADELPHIA, PA., JUNE 1st, 1882.

## Unique.

“Without an equal or another of the same kind,” as Worcester defines the term “unique,” and we use it here as the best word we can select to designate the character of our establishment. There is none like it in this or any other country. It is not in the nature of a Sanitarium, to which people must come for treatment, thus being obliged to leave home and its comforts, and subject themselves to a heavy expense. We treat patients in their own homes (as well as at our office in Philadelphia), no matter how far away from us they may reside.

Compound Oxygen is not a patent medicine and is not for sale by druggists. It cannot be had except direct from us or from our depositories in New York (862 Broadway), San Francisco, and Frodsham (Cheshire), England. We hold as close a relation to our patients as that of any other physicians, with the difference that, in most cases, consultations and advice are by correspondence instead of through personal interviews. No charge is made for rendering an opinion in any case submitted to us, nor for advice given during the time a patient is under treatment, whether it be for two months or a year. The only charges made are for the “Home Treatment,” which is \$15 for a two months’ supply, or \$30 for a month’s office treatment.

We are Homœopathic physicians, of long practice and large experience, and in our treatment of the cases which come under our care send our patients, whenever we think it useful in supplementing or quickening the action of our Treatment, the homœopathic remedies indicated by the symptoms which

they describe to us. The patient can use these remedies or not, at his own option.

Already the patients under our care have become so numerous that the time of three physicians is largely occupied in the work of consultations, writing opinions, giving advice, and sending prescriptions. In addition to this, the office Treatment demands the constant attendance of one or more persons for its administration, from thirty to forty patients using this treatment daily. In order to meet the steadily increasing number of our office patients, as well as our business requirements, we have recently enlarged our establishment by adding two more commodious rooms to the five or six already used exclusively for business and professional purposes.

The number of those who are availing themselves of our peculiar mode of Treatment is steadily increasing, while the general public is slowly, but surely, coming to see that a new method of cure, based on natural laws, and certain and safe in its action, has been discovered.

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### **Without a Parallel in Medical History.**

The remarkable results which have attended the administration of Compound Oxygen, the new remedy for chronic and so-called "incurable diseases," *are without a parallel in medical history.*

As dispensers of this new remedy, we have, after over thirteen years of earnest, untiring, and costly effort to introduce it to those who need its vitalizing and health-restoring influences, succeeded in rest-

ing its claims on the basis of facts and results of so wide and universal a character—*facts and results on record, and open to the closest investigations*—that no room for a question remains as to its *marvellous action in restoring the diseased to health.*

The rapidly increasing number of those who have obtained relief from pain, or been restored to health by Compound Oxygen, reaching now to many thousands, scattered throughout the whole country, is having a wide influence on public sentiment. There are no arguments so convincing as well-known facts. If a man or a woman who has been suffering for years from an exhausting disease, which no physician has been able to cure, tries a newly discovered remedy and is brought back to health, the fact stands as an unanswerable argument in favor of that remedy, so far, at least, as this particular case is concerned. A resort to the same remedy in another case, regarded as "incurable," and with a like result, adds a new and stronger argument in its favor. Accumulate similar results to the number of hundreds and thousands, and in the widest range of chronic and "desperate" diseases and abandoned cases, and you have a weight of evidence that is irresistible. On this weight of indisputable evidence we rest the claims of Compound Oxygen.

It is frequently urged against this Treatment by persons who have not made themselves acquainted with the natural laws governing its action, that the same agent is administered for all diseases—for neuralgia or catarrh; for rheumatism or consumption; for heart disease or bronchitis; that we offer it as a universal specific. In our *Treatise on Compound Oxygen*, which will be *mailed free* to any one who

will write to us for it, we have fully explained the nature and action of this remedy, and shown that it is not specific to any disease or class of diseases, but that it acts directly upon the nervous system and vital organs, and thence universally in the whole body. It gives new force and a more vigorous action to all the life-centres, thus restoring to nature the dominant power and healthy action which had been lost. This being the case, no matter what the disease or where located, it must be gradually ameliorated, and, if the central healthy action can be maintained, finally cured.

If we contrast the violence which is so often done to the delicate organisms of the human body through the administration of drugs given to break the force of a disease, and which sometimes keeps the patient lingering for months in slow convalescence, needing all the while the physician's care, with the revitalized condition of Compound Oxygen patients, the advantage on the side of the latter, as compared with those treated under most of the prevailing systems, becomes strikingly apparent. Under the new Treatment, which is by inhalation, there is no weakening of the tone of the stomach by drugs, and no violent assaults upon any nerve or fibre in the body, *but a gentle and subtly penetrating influence, reaching to the very centre of all the life-forces and restoring them to healthier action.* The natural result under this Treatment must be, that when a patient recovers he is in a far better condition to resist the causes which produce disease than the patient who has had the life-forces weakened through drug medication.

*As a restorer of vital force,* it can be largely shown from the results obtained during the past twelve



years, that *Compound Oxygen is the most efficient agent yet discovered by the medical profession. Its use by overworked business and professional men, and by all who suffer from nervous exhaustion and low vitality, would save many hundreds of lives every year, and give to thousands more the ability to work without the weariness, exhaustion, and peril which now attend their labors.*

### A Safe Remedy.

To those who have never used the Compound Oxygen Treatment, and who are debating the question as to whether they shall give it a trial or not, we offer it as *an entirely safe remedy*. If no benefit should be received (a case of rare occurrence), no harm will be done. There will be no shock to the system; no weakening of the vital forces; no legacy of evil, as when crude drugs are taken. It does not cure one disease by substituting another, which often is less curable than the one whose action it suspends. As we have said in our *Treatise*, "It contains no medicament, unless the elements of pure air are medicines; and its administration introduces into the body nothing which the system does not welcome as a friend, accept with avidity, appropriate as entirely homogeneous to itself, and claim as its own birthright."

In this freedom from all shocks, exhausting reactions, or drug-poisoning the Compound Oxygen Treatment stands alone, with the single exception of that administered by the homœopathic school of medicine. It never leaves a patient in a worse condition than that in which it found him, but always in some smaller or larger degree better. It sends its

subtle agent to the invisible centres of life, where diseases originate through obstructions in the first wonderfully minute organic forms which receive life from the soul, and removes the obstructions which were hindering its perfect reception and dispensation to the whole body. These removed, the influent life descends again, and health is restored. This is the simple philosophy of cure which lies at the foundation of our Treatment, and is the one upon which Homœopathy also rests. Any other method of cure is attacking effects and not causes, and in all of its varied forms is more or less hurtful to the body. That disastrous results to health follow, in a large number of cases, the administration of crude drugs by physicians is too well known. There is scarcely a person in any community who cannot point you to some relative, friend, or neighbor who is a sufferer from this cause. Many of these have been wounded past recovery, and doomed to a life of suffering and weary invalidism. Of this class are large numbers of our patients, and they are the most difficult to help; but even these find, with few exceptions, a measure of relief under the effects of our Treatment, and many of them, when there is enough vitality remaining, come slowly back along the road to health. Could anything show more conclusively that our Treatment is based on the true law of cure, viz.: that which regards causes and not effects; which goes to the internal seat and origin of disease, instead of attacking with violence the suffering body and reducing its strength; nay, worse, setting up within it, in too many instances, a new disease which may prove a worse enemy than the one sought to be dislodged?

## Arresting the Progress of Disease after it has made Serious Inroads upon the Vital System.

There is one thing in our Compound Oxygen Treatment to which we have repeatedly called attention, viz. : its action in arresting the progress of disease. The testimony of patients on this head is, with rare exceptions, uniform. No matter how great the suffering and exhaustion, the cases are few in which an almost immediate amelioration of the worst symptoms does not take place on commencing the use of this Treatment, and so long as it is continued the patient generally finds himself in a better and more comfortable position than before.

It will often happen that the vital system has become so exhausted by disease that restoration to health is impossible. But, in the large number of "incurable" cases which from year to year come into our hands, the instances are few in which the rapid progress of disease is not stayed and the patient's life prolonged and made comparatively comfortable. Too often it occurs that, in disappointment because a hoped-for cure is not speedily made, the Treatment is given up and the only chances for a few more years of life abandoned.

If nothing more is gained from the Treatment than a fair measure of relief from suffering, surely that is worth having, and something to be thankful for; but when to this is added an arrest, more or less complete, in the progress of a wasting disease, the gain must be regarded as beyond price. Such a result we can confidently promise if patients of this class will put themselves under our care, communi-

cate with us regularly as to their condition, and strictly follow our advice in using the Treatment.

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### **Arresting the Progress of Disease in its Earlier Stages.**

If the progress of disease can be arrested through the agency of Compound Oxygen after it has made serious inroads and impaired the vital forces, how much more readily must this be done while disease is yet only in its earlier stages. In cases where the lungs are threatened, a prompt use of this vitalizing Treatment will, with scarcely an exception—we might say without an exception—ward off the attack. So in the beginning of almost any disease, which, if suffered to get a lodgment, might progress until it gained a chronic condition. Asthma, pneumonia, bronchitis, neuralgia, rheumatism, nervous weakness, and, in fact, nearly all diseases, may be checked on their first presentation; and not only this, be held permanently in check if, whenever from any cause signs of their return become apparent, the Oxygen is at once resorted to.

To keep well is far safer and more comfortable than to get well. But to keep well in our variable and trying climate, and under the conditions of exposure, fatigue, and exhausting overwork to which so large a portion of our people are subjected, is a difficult and almost impossible thing. The waste of vitality which is constantly going on naturally disposes the system to the contraction of diseases, the germs of which may be lurking in the atmosphere, or to the baleful effect which may follow some change

In its organic condition. How to meet these changes, which manifest themselves in morbid conditions of the body, is a problem to which the best minds in the profession have long been directed. So far, no agent has been discovered which so certainly and quickly supplies the lost vitality which accompanies the conditions referred to as Compound Oxygen.

A Treatment kept in the house and used when there is a feeling of physical or nervous depression, or when there are indications of a cold or any marked disturbance of the health, will, in most cases, restore the vital equilibrium and save some member of the family from a spell of sickness more or less severe.

It is not only a matter of fact, but also a matter of law. The fact is that the law is not a mere collection of rules, but a system of principles which govern the conduct of men. The law is not a mere collection of rules, but a system of principles which govern the conduct of men. The law is not a mere collection of rules, but a system of principles which govern the conduct of men.

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UNRESOLVED TESTIMONIES

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# UNSOLICITED TESTIMONIALS.

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## No. 1.

### Inflammatory Rheumatism.

In the following case we have a remarkable instance of the wonder-working potency of Compound Oxygen. The patient herself could hardly have been more surprised than we were at the result which attended its use; for when we examined her case and understood clearly her condition, we did not believe that anything could be done for her, and frankly told her so:

“PHILADELPHIA, June 10th, 1882.

“DRS. STARKEY & PALEN: *Dear Sirs*:—In April, 1881, I came to your office on Girard Street to consult you in reference to the effect of your Treatment on *Inflammatory Rheumatism*.

“Eighteen years ago I discovered rheumatism in the ends of my fingers; from that it gradually spread all over my body, settling in my feet in 1870; and from that time to January, 1880, I grew worse and worse, suffering nearly all the time *intense shooting pains, prostrating me often for days*, when the trouble settled in my left arm. There were three spots on the arm so painfully sensitive that if any one touched them I would scream with pain. *My arm lost all vitality, becoming as cold as if encased in ice and hanging at my side a heavy weight. The muscles fell away to the bone*, and my shoulder wasted away till it became necessary to pad my dresses to wear them. Indeed, it was so alarming that I feared paralysis. In addition to this trouble, my stomach was in a terrible condition, having refused all kinds of food for months, and I was starving on a low



under the advice of one of Philadelphia's first physicians.

"At one time my trouble was pronounced cancer of the stomach, and when I recovered sufficiently to be around I would be attacked several times a day with nausea and vomiting. This continued for a long time. I also had a lung trouble of many years' standing, coughing daily and raising a good deal of mucus. With these three diseases, I was unable to sleep, and during the two months previous to coming to your office I had not slept one night.

"After a careful examination of my case, your Dr. Starkey said to me, '*I don't think I can do anything for you.*'

"I had heard and read of the Oxygen for so long a time that I was anxious to try it if only to get a little relief, so on April 8th, 1881, I began the Office Treatment, coming every day for a while and then three times a week.

"*The first night after inhaling the Compound Oxygen I had the first night's rest in months.* This greatly relieved and encouraged me. After using the Treatment a month, I was enabled to notice a slight change in my poor arm, *but could not move any part of it.* During the second month I could notice a decided improvement in my stomach *and a little motion of the fingers.* I then had the misfortune to fall down a flight of stairs, which threw me away back and injured my arm seriously. I resumed the Treatment as soon as I was able to come to the office, and by August, notwithstanding the fall, I found, by the use of the other arm, *I could move the lame one about an inch from the body* and could raise the shoulder slightly. In November I could lift my arm a little and the spots were not so painful. All this time my stomach was improving and my lung trouble less troublesome. By Christmas I could eat almost everything placed before me; I had little or no nausea, and seldom vomited. *My arm began to fill out* and the rheumatism, instead of being a permanent pain, was now scattering and only visited me

occasionally, and I realized that I was much less a barometer. *I felt like a new being. In February, 1882, I was using my arm at light work and was able to comb my hair, a thing I had not done in a long time, could button my dresses at the top, and found it necessary to take the padding from my dresses.*

"In April, one year from the time I began, my lungs had improved wonderfully, my stomach was well, and *my rheumatism back into my fingers, where it started in 1864, eighteen years ago.*

"I remain, very respectfully,

"MRS. MARGARETTA E. BAIR,

"1848 Filbert Street, Philadelphia."

"August 1st, 1882. Since the foregoing was written, the last vestiges of rheumatism which remained in my fingers have departed, and I consider myself cured. M. E. B."

[A year later Mrs. Bair was in our office, and stated to us that she had had no return of rheumatism, and was in all respects in good health.]

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## No. 2.

### Consumption Arrested and Held in Check.— Condition of the Patient After Five Years.

The case of Mrs. Vienna T. Douglass, of Huntsville, Ala., gives a striking illustration of the claim which we make for Compound Oxygen, viz.: that it is an agent by the use of which the progress of disease may be arrested and the patient, if recuperative power be not in a great measure destroyed, brought back to comparative good health.

In 1877, Mrs. Douglass commenced using Com-

pound Oxygen. In describing her case at that time, she says :

“When I commenced using it (Compound Oxygen) I was hollow-chested, with deep-seated pain in my lungs and great difficulty of breathing. \* \* \* *That dread disease, consumption, had been coming on me for more than fifteen years. \* \* \* Was so reduced that I was unable to attend to my household duties—hardly able to go from room to room—with the expectation of myself and family and friends that I would not live many months.*”

After two months' use of Compound Oxygen she began to recover, and to such an extent that, using her own language, “All my friends asked me what I had been doing to myself that caused such an improvement.”

Two years afterward we had a letter from her physician, Dr. J. F. Goldman, of Huntsville, Ala., in which he says :

“I can fully indorse her statement as to her health now. \* \* \* She is a picture of health.”

This was in August, 1879.

A year afterward, Mrs. Douglass, in consequence of overwork and exposure to cold, began to run down, when another Treatment was obtained. Its use quickly arrested the downward tendency and restored her to comparative health. At the end of another year, August, 1881, we had a letter from one of her friends, in which she says :

“By occasional use of the Oxygen, Mrs. Douglass is still able to attend to her household duties. In time of cold or exposure or overwork, she uses it regularly and so recovers. *Without it her five children must long ago have been motherless.*”

In the same month we had a letter from Dr. Goldman, saying:

"Mrs. Douglass was in my office two days ago, *well and hearty.*"

A later report from this case will be found below. It is contained in a letter from one of her friends, a lady who has taken great interest in the case and who has kept us advised from time to time of its progress.

It will be seen that the disease has, in the case of Mrs. Douglass, been held in check by Compound Oxygen in spite of very unfavorable conditions and her life of useful service to her family prolonged for years:

HUNTSVILLE, ALA., May 2d, 1882.

"GENTLEMEN:—Mrs. Vienna T. Douglass is again out of her 'life preserver,' as she calls the Oxygen. As I have so often said, if she could have had 'half a chance' she would have been well by its use long ago. As it is, she keeps about, performs her daily duties, now and then walks to town and back, a distance of at least two and one-half miles, counting the town-walking, and is in a great many respects vastly superior to a dead woman. She still receives and takes pleasure in replying to numberless inquiries, varying all the way from a postal card to two or three pages of letter-paper. Most of them ask the very original question, or, rather, make the statement that they write to know if there really is any such person as Mrs. Vienna T. Douglass or is it only an advertising dodge. Surely the days of American credulity are past!

"Hoping that Mrs. Douglass will soon receive the needed supply, I am, as always, her friend and yours."

## No. 3.

## Asthma.—A Most Distressing Case.

On Nov. 15th, 1882, Mrs. Mary Y. Hedges, of Danville, N. Y., came to our office and put herself under the Compound Oxygen Treatment. She had been for many years a sufferer from *asthma*. Her condition when she came was distressing in the extreme. She had exhausted the skill of all the different methods of curing asthma, including a long stay at an Institution in her native place. For about a year she had hardly been free from it at all, and had to take morphine every day. When she came, she remarked that she came to try the C. O. as a last hope for some relief, as she had not a particle of faith that anything in the world could *cure* asthma. We promised to let her go home for the holidays decidedly improved. She was very skeptical about our being able to fulfill the promise.

After one week's treatment she was free from asthma. During the second week she had one attack for two hours, in which she thought she would die. That was her last attack.

On Dec. 9th she went home, apparently a *well woman*.

Three weeks afterward, Dec. 30th, 1882, she wrote us as follows:

"It's now over three weeks since I left your office with my discharge papers, and I thank the Lord daily my steps were guided to you, to whom I owe so much.

"*I am feeling so well; better than in ten years.* I find I can walk, run sewing-machine, do many things about the house I have not been able to do in years. Have no pain either in lungs or shoulders; *not one*

*bit of pressure for breath; going and doing with perfect ease and comfort whatever I undertake. The great change in me is truly marvelous. I am a wonder to myself as well as my friends, and others here say they shall test its merits in their own cases."*

Between two and three months after the above was written we received the following letter from Mrs. Hedges, which we publish with her consent:

"DANSVILLE, N. Y., March 13th, 1883.

"DRS. STARKEY & PALEN: *Dear Sirs:*—In November last I called at your office in Girard Street, hoping to get relief from asthma, but not expecting to get cured of it. I had been told so many times 'no cure'—simply endure. After consultation with you, you said I could find relief, and in six months of persistent home effort an entire cure.

"*I have done so much better than you promised me that I feel I must write this letter to you and give the praise to Compound Oxygen. Sixteen years ago I had diphtheria, leaving me with bronchial difficulty. About eight years ago asthma set in, and for all these years I have suffered from a cough and frequent asthmatic spasms, never more than two months passing by without an attack more or less severe. For nine weeks before going to you I suffered day and night, never finding relief except under the influence of opiates. They were my constant companions till I could endure the thralldom no longer. Life wasn't worth living, puffing and panting for breath as I had to do.*

"To-day, after four weeks' office treatment, under the kind and attentive care of Drs. Starkey & Palen, *I call myself well—perfectly well—having had but one spasm since my treatment commenced, and that while under your care in Philadelphia.*

"*I breathe with perfect ease and freedom; work about my house; walk long distances, and 'breathe like other people,' none knowing the luxury till they have suffered in like manner. I am 'armed for the*

foe, with Home Treatment, and wish every asthmatic in the land could hear and know of the benefit to be gained from the use of Compound Oxygen. Wishing you long life and future usefulness, I am, sincerely

MARY Y. HEDGES."

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**No. 4.**

**Chronic Dyspepsia Cured.—A Case Without Parallel in Medical History.**

Dr. John Turner, writing from Saugerties, N. Y., reported, under date of October 6th, 1880, the following cure in a case of *Dyspepsia*, which we may safely say is without a parallel in medical history:

"Monday, August 30th, 1880.

"Was called to see a Miss Demill. She was suffering from *Chronic Dyspepsia*, and was completely run down with constant nausea, etc. \* \* \* *She could keep no food or aliment of any kind on her stomach—so that she almost lived on air.* \* \* \* I used the medicine indicated in Miss D.'s symptoms and visited her for a week. No benefit. She took as nourishment only *one-quarter of a teaspoonful of Valentine's Meat Juice, three times a day; and even that she could not keep down, as the water and it came up a short time after taking it.*

"Miss D. had been brought up from Brooklyn a week or so before I saw her, and now the difficulty was to get her back to her home. On the 7th of September I prevailed on her to try the Compound Oxygen, as I concluded that was the only help for her.

"*From the very first inhalation she was benefited, and would have been able to have gone to New York by the boat on the Monday following if the storms had permitted. As it was, she went to the*

city by the night boat on Friday, September 17th, just ten days after she began using the Oxygen, and was able to sit up on deck until eleven o'clock P. M. I consider the whole thing as near a miracle as anything can be.

"When I saw Miss Demill first, 30th August, and up to 7th September, she looked as if she could not recover, but very soon after using the Compound Oxygen she began to improve—could take soup and bear the smell of food, which she had not been able to do for months before. *I consider the case so remarkable as to be worthy of record.*"

The following letter from the brother of Miss Demill not only corroborates the above, but shows the case to have been even more desperate than Dr. Turner has stated it:

"NEW YORK, 55 Liberty Street, Sept. 18th, 1880.

"JOHN TURNER, M. D.: *Dear Sir*:—My sister had intended to reply to your kind letter herself; but fearing to fatigue herself in the midst of many other duties which she thinks must be discharged, she has deputed me to undertake the office for her. *She is fully sensible that, but for the 'Compound Oxygen' recommended by you, she would, in all human probability, by this time be no longer among the living.* As it is, she is improving in health and strength every day. As for appetite, I do not think she has occasion to improve in that respect. What a different state of circumstances this is from that of a few weeks back! We shall be very well pleased to have you see her improved condition on any visit you may make to the city. I am sure our friends in Saugerties would be amazed if they should witness the contrast. I have never been any great upholder of nostrums—but seeing is believing. And I feel that this compound of such gases as nature is giving to us every moment of our lives cannot be put in the same category with drugs which are foreign to the body. It will, doubtless, be a source of great



gratification to our friends at Saugerties to know that *my sister's visit to them has been the means of saving her life.*

Yours very truly,

"R. DEMILL."

Dr. Turner has removed to New York city, and is now in charge of our Depository at No. 862 Broadway.

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### No. 5.

## Important Testimony in Favor of Compound Oxygen as a Revitalizing Agent.

We give the important testimony of T. S. Arthur, the well-known American author, who, after many years of invalidism, was restored to full health by the use of this New Treatment:

"OFFICE OF *Arthur's Home Magazine*,

"PHILADELPHIA, 227 S. Sixth St., Jan. 1st, 1878.

"DRS. STARKEY & PALEN: *Dear Sirs:*—I do not think I can say anything stronger in favor of your Oxygen Treatment than I have already said. Your Dr. Starkey knows how run down, enervated, and exhausted I had become, and with what reluctance and lack of faith I at last yielded to his friendly efforts to induce me to try the new agent of cure which had come into his hands.

"At that time, as I then told him, I had laid down all earnest literary work and never expected to take it up again. My friends gave me but a short lease of life. But within six months my pen was resumed, and before the year closed I had completed one of my largest and most earnestly written books, closing the last page without any of the old sense of exhaustion. Since then there has scarcely been a day in which I have not been hard at work in my study from three to five hours, and all this without

any return of the weak and tired feeling from which I had suffered for so many years.

"The constant remark I now hear on meeting those who have long known me, is, 'How well you are looking!' And yet in a few months I shall enter my seventieth year. I am at the time of life when most men find themselves laid on the shelf and where I believed that I was about being laid some seven years ago, when I began to use this Oxygen Treatment; but now I have a sense of vitality of which I once knew nothing, and feel as if there were yet in me at least ten good working years.

"For all this I consider myself indebted to your  
COMPOUND OXYGEN TREATMENT.

"Yours, etc.,

"T. S. ARTHUR."

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Two years later Mr. Arthur says:

"The benefit received from the use of 'Compound Oxygen' has been permanent. The testimonial I gave you voluntarily, two years ago, is as true to-day, in regard to my general health, as when it was given."

And still later, June 10th, 1883, he says:

"I am still in the enjoyment of good health, which I attribute to the occasional use of Compound Oxygen."

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## No. 6.

### Confirmatory Testimony.

In January, 1880, Mr. William Penn Nixon, the well-known managing editor of the *Chicago Inter-Ocean*, gave us a voluntary testimonial in favor of Compound Oxygen, in which he says:

"In October, 1878, I was in very poor health. My

system had been much overtaxed, and a cold, contracted in the spring, seemed to have taken permanent hold on my lungs. I had had several slight hemorrhages, was troubled with a cough, and was much reduced in flesh. *I was discouraged and my family alarmed at my condition.* A friend in Boston sent my wife one of your little books strongly recommending your remedy. I was besought to order the 'Home Treatment' and did so. I followed instructions faithfully, and in three months was a new man. My troubles had almost entirely disappeared. The improvement had been quiet, but certain and sure from the time I first began its use."

As will be seen by the annexed letter addressed to a physician who asked his opinion of Compound Oxygen, Mr. Nixon's improved health has continued:

"THE INTER-OCEAN OFFICE,

CHICAGO, April 4th, 1883.

"DEAR SIR:—You ask my opinion of Compound Oxygen in regard to its efficiency as a healing remedy, and I am glad to be able to reply that I have the greatest faith in it. Several years ago, when laboring under very serious trouble with my throat and lungs, at the instance of a friend in Boston who had been similarly affected I began the use of the Oxygen—began without much faith, but the result was such that I am prepared to recommend its use to all persons similarly affected. *At the end of five months I found myself a well man; and ever since I have enjoyed better health and been more robust than ever before.* It seemed in my case to strike at the root of the disease and reform the whole system. I will recommend no patent nostrum of any kind, but I deem it as a duty to the many afflicted with lung trouble in this country to recommend to them the Oxygen. Perseveringly and continuously used, it will work wonders.

"Yours truly,

WM. PENN NIXON."

### “Could Not Have Lived Many Days.”

The following testimonial from Hon. H. P. Vrooman, of the law firm of Vrooman & Carey, Topeka, Kansas, is of so direct and positive a character that it can hardly fail to convince the most skeptical that in the new substance which we call Compound Oxygen there resides a marvelous healing and restoring power:

“TOPEKA, KANSAS, June 27th, 1882.

“DES. STARKEY & PALEN: *Gentlemen*:—In the interest of suffering humanity I send you, for publication, an account of the *almost miraculous cure* which your Compound Oxygen performed in the case of my wife. Her condition was a very peculiar one. She had a complication of diseases, *Dyspepsia, Torpid Liver, or Liver Complaint*, as her physicians have always called it, and *general nervous prostration*.

“If you will refer to my description of her case when I made the first order for your Treatment in December, 1877, you will see that she was suffering from severe attacks of colic and vomiting. These attacks first came once in two or three months, when she would vomit herself almost to death's door, and until she would raise a large amount of green bile. When her stomach was relieved from this she would become better at once. But as soon as a certain amount of bile would again accumulate there would be another attack of colic and vomiting. Each time the attacks came at shorter intervals and were more severe, until she became so weak and exhausted that *we are sure she could not have lived many days longer had not your Oxygen Treatment come just as it did and saved her*, for the colic and vomiting had become almost perpetual, and her strength and life were nearly exhausted.

“We could see a change in her condition from the first

*inhalation*, for she never had so severe an attack of colic afterward and had more strength to endure the pain and retching. She continued to gain steadily, and for the past four years has had no severe attacks. If she is threatened with one she takes an inhalation or two and so escapes any severe paroxysms.

"We have used in all nearly five Home Treatments in four years. One of our boys, fourteen years of age, had an attack of *inflammation of the bowels*, which left him in a very bad condition. The Treatment did him nearly, if not quite, as much good as it did Mrs. Vrooman.

"I think it but right that we should make known to others what Compound Oxygen has done for us, and therefore send you this statement for publication.

Very respectfully,

"H. P. VROOMAN."

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### No. 8.

#### "Tried Many Physicians."

In August, 1882, a gentleman in Kosciusko, Miss., consulted us in regard to his condition. For six years prior to 1880 he had been closely confined to desk and office work. Then his health began rapidly to fail. He grew weak and tired; had a dry, hacking cough; expectorating matter streaked with blood. Had to give up work for several months. In 1881 had malarial fever, which greatly prostrated him. After trying many physicians and spending a great deal of money in a fruitless search for health, he, after consulting us, determined to try Compound Oxygen. What it did for him this letter will tell:

"KOSCIUSKO, MISS., January 13th, 1883.

"DRS. STARKEY & PALEN: *Gentlemen*:—The gratitude of a truly grateful man is yours for the blessing

*you have bestowed upon me through Compound Oxygen* I have now been at my desk since 1st December, and feel no bad effects from work; on the contrary, *am improving daily*, and every friend remarks upon my improved appearance. *I have not felt as well in three years as I now do*, and during that period *I tried many physicians, squandered my money on doctors and their prescriptions, and now, thanks to your wonderful medicine, I have been cured at the small, yes, insignificant, cost of \$15.00.* \* \* \* You are at perfect liberty to use my name and refer any one to me.

"Yours truly,

"S. W. TUCKER,

"Cashier C. A. & N. R. R."

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### No. 9.

#### Rapid Improvement in a Case of Consumption.

MANSFIELD, MASS., March 11th, 1882.

"MESSRS. STARKEY & PALEN: *Dear Sirs:*—Two months have elapsed since I commenced taking your Compound Oxygen Treatment *and I feel like a new man.* *I cannot find words to express my gratitude for the benefit received.* I would not have believed that any treatment for my trouble would have brought such results in so short a time. Those of my friends who advised me to go to Florida or Colorado for my health last fall, now look at me with astonishment and ask, 'What have you been doing to improve your health so rapidly?' I tell them it is Drs. Starkey & Palen's Compound Oxygen.

"When I commenced taking the Treatment I could not walk fast or go up and down stairs without being all out of breath, coughed, and raised a great deal; and every change in the atmosphere would make me feel as though I had taken a sudden cold. My right lung was so sensitive that I could not lie on my right side, and I was troubled with pains if I over-exerted myself in the least. *Now I can run or walk*

*fast with ease ; do more work with less fatigue than for years ; cough nearly all gone ; can go out in any kind of weather without taking cold, and feel elastic and in the best of spirits.*

"This is what Compound Oxygen has done for one whose friends whispered among themselves that he was gone with Consumption. *Have not had a drawback since taking your Treatment.*

"I have a supply of the Oxygen for another month, and I shall keep your Treatment as one of the indispensable articles in my home while I live.

"Yours truly,

"S. C. LOVELL."

March 20th, 1882, Mr. Lovell writes:

"I was somewhat reserved at first about making public what treatment I was receiving, but now I am entirely willing that every one should know that Compound Oxygen has given me that life and vitality which I have not had before for years. *I think it has saved my life.*"

Writing us still later, May 13th, Mr. Lovell says:

"Inclosed find money-order for second supply of Compound Oxygen. My first supply was exhausted about six months ago, and I am *now satisfied that it has effected a permanent cure.* I send this order to have it on hand in case any of my family should require it, as I intend to always have it on hand.

"The Treatment has certainly performed a miracle upon me, for I never expected to regain my former health. *I can do more work with greater ease than I have been able to do for five years. My cough has entirely ceased and the ulcer on my leg is well and sound,* and I feel in every way like a new man.

"I shall always consider *that my life was saved by the power of the Oxygen Home Treatment, and bless the day that I commenced its use,*"

## No. 10.

## Hon. William D. Kelley.

The action of "COMPOUND OXYGEN" in *catarrhal cases* has always been prompt, and we have on record many remarkable cures. Among these is the case of HON. WILLIAM D. KELLEY:

WEST PHILADELPHIA, June 6th, 1877.

"DR. G. R. STARKEY, Philadelphia:

"*Dear Sir* :—Just about four years have elapsed since, overcoming a violent prejudice against any treatment that was offered as a specific for a wide range of apparently unrelated diseases, I yielded to the wishes of my friends, and, abandoning other medicine, put myself in your charge.

"Gratitude to you and duty to those who may be *suffering as I was from chronic catarrh* and almost daily effusion of blood, in greater or less quantities, but always sufficient to keep one reminded of his mortality, impel me to say to you and to *authorize you to give any degree of publicity to my assertion*, that the use of your gas, at intervals, has so far restored my health that I am not conscious of having discharged any blood for more than a year; and that *my cough, the severity of which made me a frequent object of sympathy, has disappeared*.

"In short, my experience under your Treatment has convinced me that no future dispensatory will be complete that does not embrace the administration, by inhalation or otherwise, of your agent or its equivalent, to those who, from their vocation or other cause, are, as I was, unable to assimilate enough of some vital element to maintain their systems in healthful vigor.

"Thanking you for renewed health, strength, and the hope of years of comfortable life, I remain

"Your grateful friend,

"WILLIAM D. KELLEY."



As will be seen by the "CARD" signed by Mr. Kelley and others, he says, as late as June, 1882, that he has received "great and permanent benefit from the use of Compound Oxygen," and that he regarded it as "a new discovery in medical science" and "all that is claimed for it."

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## No. 11.

### A Strong Testimonial.

The following letter from the wife of Attorney General John Fair, of Tennessee, gives so clear and emphatic a report of the great benefit received from the use of Compound Oxygen that we publish it with the consent of the writer:

"BLOUNTVILLE, TENN., October 16th, 1882.

"DRS. STARKEY & PALEN:—For seventeen years I have been a sufferer from *diseased liver*, having contracted the disease while living in the malarial districts of Texas, each succeeding attack being more severe, and leaving me less strength to bear the next.

"About two years ago I was induced to use Compound Oxygen, and since that time have steadily improved, without any falling back. The Oxygen has been used only at intervals, being now on the third supply.

"For years I had not had two good nights' rest in succession, but since using your remedy have slept well.

"It is now twelve months since I have had an attack of bilious colic, and have fewer symptoms of the return of the disease than for years. I have no doubt if I had used it regularly that by this time I would have been entirely cured.

"You are at liberty to publish all or any part of this that you may deem proper.

"MRS. JOHN FAIR."

## No. 12.

## "Cannot Speak too Highly in its Praise."

Dr. Turner, of our New York Depository, sends us the following important letter received by him from a gentleman in Brooklyn :

"BROOKLYN, 341 Hoyt St., Dec. 4th, 1882.

DR. JOHN TURNER, 862 Broadway, New York.

"Dear Doctor :—It is now over two years since a Home Treatment of the Compound Oxygen was obtained from you, and being certain that you will feel interested to know with what success it has been used, I take this opportunity of informing you.

"I had been subject to *terrible influenza colds* when I commenced using the Compound Oxygen. On leaving my head they invariably *seated themselves in my lungs, rendering them very sore, and would sometimes leave me a cough for months. I dreaded these colds more than my worst enemy.* Since using the Oxygen I have not had one on my lungs, and I have frequently had one inhalation drive away the cold so completely that the next day I could scarce realize that I had had one at all.

"Other members of my family have used the Oxygen for the same purpose; also, for *rheumatism, dyspepsia, and catarrh, with equally good results, especially in catarrh.*

"I cannot speak too highly in its praise.

"Very truly yours,

"FRANK W. DOUGHTY."

## No. 13.

## After nearly Four Years.

Dr. J. F. Goldman, of Huntsville, Ala., who has treated many of his patients with Compound Oxygen during the past four or five years, and with

remarkable results in quite a number of cases, sent us, in December, 1879, the following statement, made to him by one of these patients. It was dated Huntsville, Ala., July 16th, 1879 :

" I have had, for three years past, pains, soreness, and trouble in my right lung. Two years ago I had a hemorrhage from my lungs. At this time I was employed as blacksmith in the C. and Memphis Railroad shops. I was compelled to give up my situation and quit work. This last winter *I was troubled with a bad cough, and was so reduced in strength as to scarcely be able to walk. I lost my appetite and became greatly emaciated.* My throat also was constantly sore and I was troubled with hoarseness. *No one who saw me could doubt that I had the consumption.* Two months ago I was induced to visit Dr. Goldman's office and try the Compound Oxygen Treatment. The effect from the very first was quite marked. *Within five days my cough nearly left me, I slept well, my appetite returned, and, notwithstanding for one month past I have worked harder than I have for three years, I have gained, during this exceedingly hot month seventeen pounds in weight.* And now (so far as I can see) I am *well!* every bad symptom having disappeared, and I feel active and strong. *But for this Treatment, I should, in all probability, never have done another day's work. I relied wholly on this Treatment from the first, and I can, and do, most heartily commend the Compound Oxygen Treatment to all who are similarly afflicted.*

" N. B. GRAYSON."

In sending the above statement from Mr. Grayson, Dr. Goldman wrote :

" Mr. Grayson is still, at this date (December 8th, 1879), strong and healthy, working every day at the anvil. Two months' inhalation did it."

In March of this year, 1883, we received a letter

from Dr. Goldman, in which he orders a Treatment for his old patient, and says:

"This is the Mr. Grayson of whose remarkable recovery I sent you a notice nearly four years ago. *He is strong and hearty; has been at his anvil ever since.* He has a slight cold in his lungs now for the first time. He thinks, as a matter of prudence, he had better have the Oxygen by him."

This case, remarkable as it is, both in its rapid improvement and in the permanency of results which followed the use of Compound Oxygen for so short a period, is only one of many in which the progress of consumption has been arrested by our Treatment after it had reached a stage which seemed beyond the chances of relief or cure. From all we know of the results which have followed the Treatment of this disease by the best physicians, we are warranted in saying that only in exceptional instances has a case like the above been cured by any of the remedies known to the medical profession. Until the discovery and dispensation of Compound Oxygen, nearly all such cases were hopeless.

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#### No. 14.

#### "Tested and Not Found Wanting."

The following, under the above caption, is taken from *The Whispers of Peace*, published by Rev. H. S. Platt, A. M., at Southampton, N. Y. Mr. Platt has been using Compound Oxygen for some four years, and during that time has tested it in forty-one cases, the results of which he has voluntarily given to the public in his paper. Mr. Platt is well

known among the Methodists, to which denomination he belongs, as a truth-loving and conscientious man. No question can, therefore, lie against the fairness of his report:

"Thirty years of close observation and study have convinced us that the science of medicine needs some great *vitalizer* adapted to the widest range of diseases, yet thoroughly practicable. For a long time we sought it in electricity, but for the masses that is an untamed colt—serviceable if it can be properly used. In the nature of the case, no drug can ever meet the requirements. *Four years of experiment* have led us to believe that it is found in the *Compound Oxygen* of Drs. Starkey & Palen.

"As we have been so severely condemned for advertising this article so largely, we submit the following facts to the judgment of our readers, and also to answer the numerous letters of inquiry that reach us concerning it.

"We have *personally* tested Compound Oxygen in forty-one cases, with the following results:

"Class I. *Cases recognized from the outset as incurable*: One uterine, three consumption, one diabetes, advanced stage; all greatly relieved.

"Class II. *Cases deemed as POSSIBLY curable*: 1. Deranged several years; excessive nervousness; much improved. 2 and 3. Bronchial consumption; one nearly cured, the other greatly helped, but the disease rendered fatal by an accident. 4. Bronchitis, one lung useless; cured. 5. Constitutional debility, life-long; improved. 6. Consumption; cured. 7. Confirmed and increasing hallucinations; cured. 8. Neuralgia of optic nerve, gastric irritation, great nervous prostration; abandoned for want of proper instruction while at a distance.

"Class III. *Cases deemed probably curable*: 1. Bronchitis and hay fever; bronchitis cured. 2. Gastric fever and prostration, inability to recuperate; cured. 3 and 4. General debility; greatly benefited. 5. Kid-

ney disease and nervous debility; 'life saved.' 6. Persistent and harassing cough; cured. 7. Cough of twelve years' standing; cured. 8. Lung and heart disease; lungs cured and heart much improved. 9. Obstinate cough; cured. 10. Consumptive tendencies and cough; cured. 11. Cough and spermatorrhœa; cough cured. 12. Nervous debility; cured. 13. Sciatic neuralgia, nervous prostration (life despaired of); cured. 14. Consumptive decline; 'saved.' 15. Bronchial and gastric irritation and extreme nervous prostration (life despaired of—could only take Oxygen three seconds); cured. 16. Nervous debility and uterine troubles; greatly relieved. 17-20. Overwork; all helped immediately, though continuing the work. 21. Uterine difficulties, extreme nervousness and hallucinations; appetite improved immediately, but treatment unwisely abandoned lest it should increase stoutness. 22-24. Treatment not properly used. 25. Nervous debility from overstudy; helped. 26. Debility, difficulty of breathing, strong hereditary consumptive tendencies; debility partly overcome, difficulty of breathing cured (still under treatment). 27. Liver complaint of many years and nervous derangement; liver decidedly better. 28. Lung disease and dyspepsia; improved, but frequent absence from home interferes with the Treatment.

"It should be observed—

"1st. *Most* of these were cases in which physicians and other remedies *had failed*.

"2d. Many of them were chronic.

"3d. In thirty-eight of the forty-one cases only one Treatment (two months) was used, and in no case more than two.

"4th. Many of the cases reported relieved or helped would undoubtedly have been *cured* by further treatment, but financial reasons prevented. A number are still under *treatment*.

"5th. This statement of results is accurate to our personal knowledge.

"6th. These embrace *all the cases* under our own

direction, instead of being culled, as ordinary testimonials are, from hundreds or thousands of experiments.

"Knowing these facts, and knowing, moreover, that, according to the reports of a large Life Insurance Company of *causes of death* of its members during six months of the present year, every *fourth* person died of lung disease (and these, too, all *selected lives*), we should deem ourselves false to the interest of our readers, and traitors to humanity, if we failed to make known such a boon for the suffering."

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## No. 15.

### Neuralgia.

The testimonial given below needs no comment on our part. It is direct and positive in its statements, and shows how, in a case of severe and exhausting *Neuralgia* of seven years' standing, relief was promptly obtained and the sufferer "entirely cured" in less than a year:

"CAMDEN, DEL., February 12th, 1883.

"DRS. STARKEY & PALEN: *Dear Sirs*:—In justice to you, unsolicited by you, for the benefit of others I make the following statement of my case, which I trust may prove beneficial to other sufferers.

"In the fall of 1873 I had a severe attack of *Neuralgia*. The suffering was principally in my head, and was most excruciating. I could not sleep, only when entirely exhausted, and was becoming fearful that I would be deprived of my reason. *My system was completely run down; no vitality; scarcely any appetite; did not relish my food. Was confined to my bed about three months.*

"After being able to be out I continued to have severe attacks every few weeks. By taking medicine would obtain temporary relief.

"Abscesses would form on the side of my head, first on one side and then on the other, discharging pus quite freely.

"I remained in this condition about seven years, *weak and very feeble.*

"I then decided to try the Compound Oxygen Treatment, which I continued for over one year. *My general health soon began to improve; the abscesses all healed, and the neuralgia ceased.* And now I am *entirely cured of neuralgia*, for which I give the credit entirely to your Compound Oxygen, having taken no other medicine.

"You are at liberty to make such use of this statement as you may deem best, feeling thankful to you and a kind Providence for the result.

"Yours truly,

"S. GEDDES."

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## No. 16.

### From a Sister of Charity.

The following communication was received by Dr. Jno. Turner, at our Depository, 862 Broadway, New York. It is from a Sister of Charity, whose address will be furnished if desired.

"January 27th, 1882.

"DR. J. TURNER: *Dear Sir:*—Some three months ago I was induced by a friend to whom the 'Home Treatment' has been a real blessing to obtain a supply of it from your office. I gave it to one person who has been for several years afflicted with Nasal Catarrh. She has been most faithful in using it and with the best results. We are warranted in expecting a perfect cure by the great improvement that has taken place. In another case, where the patient was suffering from general debility, complicated lately by an attack of malaria, the effect was not so marked. The Treatment has not been used



regularly in this case, and the constitution was so debilitated that we could not expect the same results. As you saw this patient and know how weak she was, you will perhaps think we have been benefited as much as could be expected when I tell you that she is now able to take her class for five hours daily. She is still using the Treatment. A third Treatment, ordered for a clergyman, is also answering the purpose for which it was recommended, *securing a good rest to one who was frequently troubled with insomnia*, and preventing, to a great extent, the feeling of exhaustion consequent upon protracted and laborious Sunday duties. One who got the Treatment from Philadelphia before your office was opened wrote me a week ago, 'I will try to prove my gratitude to Drs. Starkey & Palen by *telling* the truth about Compound Oxygen to every afflicted person I meet; and if I were rich I would send it to many I know to whom life is often a burden.' You may refer any parties you wish to me personally.

Respectfully yours,

"SISTER —,"

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## No. 17.

### A Very Singular and Exceptional Case.

The following details of a case, made by the patient under his own signature, is one of the exceptional cases which we meet with in our dispensation of Compound Oxygen, and one that illustrates in a very striking manner the subtle and deeply searching and active power of this new agent. In a letter inclosing the statement, a daughter of the gentleman who makes it says:

"Father now considers himself well, and has been nearly so for some time. He has prepared a statement to send. I can only say this is a wonderful

change from intense suffering to perfect ease, and I thank God for it!"

"ST. CLOUD, WIS., January 16th, 1882.

"**DRS. STARKEY & PALEN:** *Dear Sirs:*—I believe it to be a duty I owe to sufferers from blood and skin diseases to make a brief statement of my case and the great benefit derived from the use of the Compound Oxygen Treatment for some two months. About ten years ago I had several inflamed dark spots come on both of my ankles. These spots, when they first appeared, were of a dark copper color and much inflamed and rigid. They gradually grew larger and more troublesome, with always a sensation of numbness, and sometimes paroxysms of most intolerable itching.

"I had for several years previous to the appearance of these spots on my ankles been troubled with inflammatory rheumatism. My joints would be sometimes badly swollen and inflamed. I used gum Gualacum and brandy for about six weeks, and have had no attack of rheumatism since, but those dark spots made their appearance at the end of the gum Gualacum treatment, and gradually increased in size, until both feet were covered with this dark or copper-colored appearance. It also extended up both legs about six inches above the ankle-joints, attended with much inflammation and numbness. My left ankle was always much worse than the right one. I have used hydropathic treatment for a number of years, but with very little benefit.

"My left ankle grew much worse, while my right one was soon better. I had much trouble and pain with my left ankle for the three or four months before commencing to use Compound Oxygen. *The whole of the outside of my left foot and ankle resembled in appearance and color a large piece of liver. It was much swollen and as rigid as an iceberg, with nine or ten very painful dry sores.* The central one was about one inch in diameter, and most excruciatingly painful. I showed it to several knowing ones, who pro-

nounced it a cancer. Whatever it might be called, it was painful enough.

F "The effects of the Compound Oxygen were truly wonderful. It worked like a charm. In a few days after commencing its use, my feet began to bleach out; the lumps all dissolved; *the skin and flesh of my feet soon became soft and white*; the sores became less painful, and soon began to heal with the aid of Hamburg Salve, *which they had refused to do before the Compound Oxygen Treatment.*

"*The sores are all now well, and my feet and ankles are as good as new.* In fact, I have got a new pair of legs; *for all of which I am indebted to Compound Oxygen.*

Respectfully yours,

"H. SPARKS."

The effect of Compound Oxygen in this case gives a striking proof of the law governing its action. It had no specific relation to the disease from which the patient was suffering, and did not act directly upon the affected parts, but, instead, infused new vigor into all the nervous centres, quickened all the life-forces, and restored to healthier activity every organic form in the body, and the result came as a natural and orderly sequence. The case is exceptional only in the character of the disease, not in its cure by Compound Oxygen.

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### No. 18.

#### "A Wonderful Change in Six Months."

In the fall of 1881, a gentleman in Greenfield, Mass., wrote to us in regard to his wife. In stating her case, he gave the following particulars:

"One year ago last spring, she had rose or hay fever, which terminated in asthma, *and was sick*

*in bed most of the winter, with soreness of the chest, cough, and hard breathing. Coughs hard now and raises considerable and is very thin and feeble. No strength and very little appetite."*

A Treatment was ordered and sent and we had regular reports of the progress of her case. The first came a week after the Treatment was received:

September 29th, 1881. "Very restless. Breathing troublesome in the morning. Discharges from head offensive and thick. Has asthma at times and suffers much. Appetite poor."

October 15th. "*Decidedly better than for a year.*"

October 21st. "*Improving every day. Appetite good. Sleep better. Cough and asthma less every day.*"

November 4th. "Decidedly better. Five weeks ago was confined to bed with asthma and coughing. To-day is up, with some asthma and cough in the morning. *Appetite good. Works all day at light work.* Complains of pains about shoulders and soreness of lungs."

December 5th. "Took cold two weeks ago and had a severe spell of asthma for two or three days. Has catarrh in one side of head."

December 19th. "Seems to be improving in every way except in cough."

January 2d, 1882. "*Down again with cough and asthma, and it is with difficulty that she can inhale at all.*"

March 3d. "Seems gaining every day. *Occasionally has touch of asthma; coughs mostly at night. Appetite good; sleeps well, and looks decidedly better.*"

March 18th. "*More coughing and asthma.*"

April 6th. "Coughs much at night and has had several hard attacks of asthma. Distress mostly in throat and windpipe, but used to extend lower."

April 25th. "Decidedly better. Appetite good

and gaining strength and flesh. Sleeps splendidly all night. Coughs but little; breathes well, and with no asthma."

The following letter, dated May 15th, 1882, gives the patient's condition at the time it was written. Tracing the case along through the reports above given and it will be seen that the change in six months has been indeed "wonderful."

GREENFIELD, MASS., May 15th, 1882.

"DEAR SIR:—*My wife is, she says, well. A wonderful change in six months, from the bed to good health, or nearly so, and all from Compound Oxygen.*

"Has used nothing else. Appetite good; strength and flesh returning; *everything looks like sound health again.*

"We are grateful. Words *cannot express the gratitude we owe to you for this great cure.*

"CHARLES HENRY."

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## No. 19.

### "At Death's Door."

Rev. J. H. Richards, of South Haven, Mich., gives us, under date of June 14th, 1882, the following account of what Compound Oxygen did for an old lady seventy years old, who, a year ago, was at death's door, and is now in comparatively good health:

"Compound Oxygen has done a fine work here in the person of a lady near seventy. For many years she was badly troubled with a great enlargement on the neck. An irritating cough followed, and finally a pulmonary attack. She coughed incessantly and became greatly reduced—in fact, was completely prostrated. *The physicians said that they could do no more for her, and that her end was at hand.* She used,

after this, one Treatment of Compound Oxygen and was so much relieved that she could endure life, and then discontinued it. But in two or three months she was again at death's door. Her family was called in to say farewell, and she gave them her dying charge. But not really dying, one of her daughters asked if the Compound Oxygen had ceased to do her good. 'Oh! no,' she replied, 'but I have been without it for some time.'

"A Treatment was immediately procured. This was about one year ago. Now she is doing work for her family and going out visiting in her carriage for miles in the country."

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## No. 20.

### Hemorrhage from the Lungs.

The following letter, addressed to Dr. Turner, who has charge of our depository, at No. 862 Broadway, New York, is commended to all who are suffering from *hemorrhages from the lungs*. It is only one of many cases in which bleeding from the lungs has been almost immediately arrested by Compound Oxygen and its recurrence prevented:

"334 W. Eleventh Street, NEW YORK CITY, }

May 10th, 1883. }

"DR. JOHN TURNER: *Dear Sir*:—As I am very thankful and grateful for the results of the 'Compound Oxygen,' I think it right that I should give you some record of my case.

"I have been using the 'Compound Oxygen' from your office since January 27th last, and am now able to go out every day for an hour or two, which I have not been for nine months past. I was taken with what the doctors called bronchial congestion of the lungs, *with severe and continued congestion of the lungs, which lasted from two to three days at a time*. These

hemorrhages commenced in July, 1882, and lasted until January, 1883, and, of course, I was utterly prostrated for weeks after.

"I have had no hemorrhages since I commenced to take the 'Oxygen' in January last. I have been under the care of many doctors, but all considered my case hopeless.

"I was examined by Professors L.—and W.—, and also by Dr. E.—, and up to the middle of March last they all regarded my case as *hopeless*.

"At present I have about given up all medicines and rely upon the 'Compound Oxygen' alone. I am now on the second supply of the 'Compound Oxygen,' and *consider myself well on to a complete cure*.

"I have been able to go out for the past three weeks, and, of course, have been gradually improving and gaining in strength, so that my wife and friends believe that I will be fully restored to health. This is the more remarkable, as *all, including myself, had given me up as a hopeless case*. Perhaps I ought to say the hemorrhages were most profuse, and continued, lasting day and night, for two or three days each time. With acknowledgments to the 'Compound Oxygen,' I am, etc.,

L. F. CLARK."

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### No. 21.

#### Remarkable Restoration in the Case of a Clergyman.

Rev. A. W. Moore, of Darlington, S. C., sends us for publication the following results in his case:

"DARLINGTON, S. C., January 16th, 1883.

"MESSRS. STARKEY & PALEN:—Though you have not solicited, I feel it to be my duty to give the following testimonial in favor of 'Compound Oxygen.' I inherited the *pulmonary taint* from my mother, and I have suffered from *bronchitis* from my youth. For the last three or four years, in the early fall, I have

been prostrated with an acute attack of severe *bronchial asthma*. Last fall this attack was unusually perilous, being complicated with a general derangement of the liver, kidneys, etc. *My medical advisers could not give much hope of any further work in the ministry.*

"In December I commenced the use of your Home Treatment. Shortly after I began its use nearly all the symptoms were greatly aggravated. For the last three weeks I have been improving. The constant expectoration has to a great extent ceased. I have a fine appetite, my digestion is good, I sleep well. *I am now preaching twice on Sunday without lassitude. I feel more vigor—more life—than I have for years.* I believe Compound Oxygen a blessed, providential discovery, to which you were unconsciously directed by the Great Healer.

"Gratefully,      REV. A. W. MOORE."

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## No. 22.

### At the Point of Death.

Rev. J. B. Grier, of Danville, Pa., ordered a Home Treatment for himself, but instead of using it as he intended, sent it to a poor young man in his congregation, a day laborer, who was lying, as supposed, at the point of death.

"I found him," says Mr. Grier, "*bolstered up in his chair, and what with frequent hemorrhages and extreme debility and rapid pining away, his condition seemed hopeless and very pitiable.*

"The first four days' use of your Compound Oxygen brought on such unpleasant but encouraging symptoms as are described in your little manual of instructions, and now, after using but one bottle of the Compound, the *young man is quite well, and very grateful and happy.* He has informed me that



through the last month he did not lose a day from his work and wages."

A subsequent letter from Mr. Grier confirms the above. The recovery is substantial and permanent.

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### No. 23.

#### Consumption of the Lungs.—A Case of Rapid Development accompanied by Severe Hemorrhage.

The following testimonial to the prompt action of Compound Oxygen in a case of rapid developing Consumption of the lungs, is given by the writer in order, as he says, that by means of its publication, "some afflicted one may be induced to try your very simple and beneficial remedy:"

"FOUNTAIN CITY, IND., April 17th, 1882.

"DRS. STARKEY & PALEN: *Dear Sirs:*—I will give you a short statement of my case. \* \* \* My lungs have been affected for years, it being hereditary with me, my mother having died of consumption. One year ago this last winter, I took a severe cold, which settled on my lungs and finally resulted in a severe hemorrhage. I had a hard, hacking cough all spring—in fact, all through the summer, at times. Last fall, as the cold weather came on, my cough increased, and *I was having night-sweats every night and one or two severe hemorrhages.*

"I was very much reduced in flesh. The color had left my lips and I was expectorating thick, yellow matter, often mixed with blood. Had to lie propped on pillows at night with a vessel beside my bed to spit in, and would discharge quite a quantity through the night. *I had about made up my mind that a few more months would end my earthly career,* and my friends have told me since I began to improve that some of them had only given me until

next May to live; but if I die before that time now I will have to go in some other way than consumption.

*"I have not had a single night-sweat since I first began your Treatment; have had one hemorrhage, of which I wrote you. The pain I spoke of at that time has never returned, except the last day or two I have felt a slight soreness in my lungs, which has been occasioned by my attending a series of revival meetings for the past week. My cough has almost disappeared and I think it will soon be gone entirely. My friends are remarking on my improved looks, so much so that some of them are going to send for a Treatment soon. I am rapidly improving, and trust that by leading a Christian life and freely using Compound Oxygen I may yet live many years.*

"Very gratefully yours,

"J. LINDON PARKER."

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## No. 24.

### Constipation and Sleeplessness.

In the case of one of our patients (the Postmaster at Houston, Miss.), who was a great sufferer from sleeplessness, as well as constipation, both ailments were reached by Compound Oxygen, as will be seen by the following letter:

"HOUSTON, MISS., May 15th, 1883.

"DRS. STARKEY & PALEN: *Dear Sirs:*—I write to inform you of the result of the use of your Compound Oxygen in my own case. I had been troubled for a number of years with constipation and sleeplessness. *All the remedies taken and remedies applied were unavailing to cure or to relieve me in any degree of my distressing complaints.* The torture of sleepless nights became almost insupportable.

"I sent for your Compound Oxygen, determined to give it a fair trial. In less than two months I ex-

perienced the most beneficial effects from its use, *the action of the bowels becoming regular and healthy, and, above all, I could enjoy the luxury of undisturbed sleep.* I began its use March 1st, and have been free from colds, to which I was subject in the winter and spring months.

A. WHITE, Postmaster."

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## No. 25.

### Arresting the Progress of Consumption and holding the Disease in Check.

The action of Compound Oxygen in arresting the progress of Consumption and holding the disease in check has been, as we have frequently said, very marked under our Treatment. The following is one of many cases. It will be seen that within three weeks after commencing the use of Compound Oxygen the disease was checked, and that after the lapse of nearly a year the patient acknowledges the great and unexpected benefit received:

"WENTWORTH, N. S., July 26th, 1882.

"DRS. STARKEY & PALEN: *Dear Sirs:*—I have been using Compound Oxygen about eleven months with good results. Other remedies had failed; physicians gave me no encouragement, and seeing your advertisement I resolved to try it, but only as an experiment. When I had used it a few weeks a decided improvement was apparent. *Night-sweats, vomiting after meals, raising of blood, and other threatening symptoms were soon brought under control. My digestion improved: my appetite became good, indeed, my whole system seemed to undergo a change for the better during the first three weeks. During the time that has intervened the above-named symptoms have been held in check. I am much better at the present writing than I was a year ago. It is with feelings of gratitude that I acknowledge the great and unexpected benefit derived*

*from your Treatment.* I am not well. I do not expect to get well, as one of my lungs is considerably broken. But your Treatment, by controlling and holding in check my worst symptoms, will certainly prolong life indefinitely.

"I am yours respectfully,

"R. BIRD."

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### No. 26.

#### Testimonial from Rev. M. K. Whittlesey, D. D., Superintendent American Home Missionary Society for Central and Southern Illinois.

"OTTAWA, ILL., May 24th, 1883.

"DRS. STARKEY & PALEN:—I am glad to say, without solicitation, that since my first use of Compound Oxygen, which helped in a case of severe cough in the summer of 1881, that my wife and daughter have not been willing to be without it. With them it has proved efficacious as a restorative and tonic, inducing sleep and rest, *and giving a new sense of life and power.*

"Others for whom I have ordered it have been very grateful for it, especially Mrs. M—, who has now her third supply. *We regard it as the chief instrument in prolonging her life.* As a tonic, allaying the irritation of a bronchial and catarrhal cough, in warding off colds and the incidental fever, in great debility, in loss of appetite and strength, she has deemed it very serviceable, and is still daily using it.

"Yours, etc.,

"M. K. WHITTLESEY, D. D."

## WHAT WE CLAIM.

**That the treatment by Compound Oxygen is a New Discovery in the Healing Art, and that it will Cure cases which neither of the great Schools of Medicine can reach.**

**The most searching investigation of this claim desired, and the largest means for effecting it offered.**

Slowly, but steadily, the conviction gains ground with the public that the new vitalizing Treatment for chronic diseases, which we have dispensed for over thirteen years, is based on well-known physiological laws, and that it cures by assisting nature to remove the obstructions which from various causes have choked the minute interior vessels where life first becomes active.

A little thought will make it apparent to any one that the vessels which first receive life must be the most interior and delicately constructed of all the organic forms of the body—more than microscopic in their wonderful fineness, as every scientific

observer knows. Now, if from any cause these interior vessels become closed or obstructed, then life cannot flow in free and healthy currents down and out to all the lower and more external organisms of the body. The consequence must be disease in some form more or less painful or dangerous.

Crude medicines (drugs) act upon what is lower or more external where *effects* appear. They do not reach to *causes*, and cannot, in the nature of things, cure radically a disease which has its origin in interior obstructions which they are too gross to reach. Too often, if largely administered and for too long a period, their action is to render these obstructions permanent, which is the reason why so many persons are injured for life by a medical treatment which employs crude drugs.

Homœopathy bases its therapeutics on a different theory of cure. It does not attack the *effect* of disease as it appears to the senses, but, regarding this effect as only a symptom of a real internal disorder, attempts to reach and remove that disorder by means of its finer medical attenuations. Its practitioners direct their efforts toward the *cause*, knowing that if they can reach *that*, the *effect* must cease. The success of their treatment depends mainly upon the selection and administration of a remedy or remedies which shall be "homœopathic to the disease." In the selection of these, guided by the patient's symptoms and the knowledge, skill, and experience of the physicians, the most careful discrimination has to be made. If the right remedy is given, it reaches the cause, when the effect ceases. No violence is done to the body, as in drug-medication. If the disease is not reached, no harm is done. Nearly

all acute and many chronic diseases are amenable to this treatment.

But there are diseases for which even Homœopathy has yet found no remedy—diseases which no system of medicine has been able to cure.

In many cases something more is needed than to remove obstructions from the channels of the life-forces, however minute they may be. It is quite as imperative that there be *life-forces* as that there should be normal channels through which they may move. Hence, the organs whose function it is to generate the life-forces, which organs are evidently the minutest parts of the nerve-centres, must be reached, else the finest of the vessels, although free from obstruction, are useless.

To reach these fountains and generators of the vital forces effectively, drugs—even when homœopathically prepared—appear to be too gross.

Here is where Compound Oxygen claims its superiority. Being the vital element of the atmosphere, and that being magnetized in the process of manufacture, it becomes so nearly etherealized that it may claim kinship with that quasi-etherial organisms—the generators of all the vitality in the body. Whether those organs appropriate it as a pabulum, or receive aid from it by some other mode, sure it is the nervous-centres become more robust, vigorous, efficient, and thus health-giving.

The importance of this work becomes more obvious when we consider that generally the obstructions to the life-forces mentioned above are the effect of the feebleness of those forces, and consequent inability to prevent the obstructions.

Until the discovery of Compound Oxygen, sufferers

from this class of ailments had nothing before them but a life of wasting and pain. Now, for all who will avail themselves of the boon, a large measure of relief from suffering, or it may be complete restoration to health, is offered and insured. Few, no matter how desperate may have been their condition, have failed to receive benefit under our administration of this new vitalizing Treatment; and there are now thousands of men and women scattered all over the country who gratefully acknowledge the good it has done them, and many hundreds who know that but for its use they would not be living to-day.

These are indisputable facts, and we invite the most rigid investigation into the claims here made. To any one, in or out of the medical profession, who desires to verify our statements in regard to what Compound Oxygen has done and is doing, the largest opportunity will be afforded. We ask *and seek* the most thorough examination into the authenticity of our reports of cases, which all who read them must acknowledge to be the most remarkable ever given to the public.

A visit to our office will always be welcomed, and we shall hold ourselves ready to give such information in regard to the published results of our Treatment as any one can reasonably ask. We are sure that not even the most skeptical in the medical profession can fail to be convinced of its marvelous action after the most careful consideration of the evidence which we are prepared to offer.



## ATTEMPTED ANALYSIS OF COMPOUND OXYGEN.

As might naturally be anticipated, various attempts have been made to discover, by means of chemical analysis, the substance which we call Compound Oxygen. These attempts have all failed because this substance is one of those which belong to a region of natural forces that lies above the grosser elements that respond to chemical tests.

The chemical solution in which we have been able, after long and carefully conducted experiments, to hold this substance and transmit it for use, can, of course, be analyzed. *But the magnetized substance itself is above and beyond the reach of the chemist.* Its discovery, which marks the beginning of a new era in the healing art, was, indeed, made in the laboratory, and while experiments were being conducted with the substances well known to chemistry from which it was evolved; but the SUBTLE ELEMENT itself, after it had been evolved from these substances when brought into certain relations and conditions and then held in a chemical solution, cannot be discovered by subjecting that solution to the ordinary tests of quantitative and qualitative analysis.

In order to be assured of this, we submitted the solution in which Compound Oxygen is held, to probably the ablest chemist in the United States, formerly a pupil of Baron Liebig, and now holding the chair of Chemistry in one of our largest and oldest Eastern colleges. His analysis, *while minutely accurate as to the chemical elements of the solution,*

failed to detect the **SUBTLE ELEMENT** which we knew to be there in full potency.

That there may be, and are, active substances in nature *which cannot be detected by any of the tests now known to chemical science*, is beyond dispute.

We claim to possess the secret by which one of these substances, hitherto unknown, may be evolved and made eminently useful in curing diseases which have baffled the highest medical skill; *and in proof of our claim, we point to the thousands of cases already successfully treated.*

In the face of this array of indisputable facts which we offer in proof of the curative value of Compound Oxygen—facts open for verification to any who wish to have incontestable proof—there can be no force or reason in the denial of potency to our Treatment on the simple ground of failure to find the subtle element it contains by means of tests which can only discover the well-known, *and for the most part cruder, substances in nature.*

The truth is, that chemistry, yet comparatively in its infancy, is at fault here, and *fails to discover, by any of its methods, this new substance, which we know to exist, and in the use of which we are curing diseases which no physician has been able to reach*, arresting the progress of maladies which hitherto ended with death, giving ease from pain and suffering and sending strength and vitality into the weakened nerves and relaxed muscles of thousands to whom life had become a burden.

And chemistry is equally *at fault in detecting the invisible malaria* which vitiates the atmosphere and sends sickness and death throughout whole districts of country.

It is at fault when it attempts to find the morbid element in small-pox or vaccine virus.

It is at fault and cannot give a test whereby to discover the peculiar taint, or nidus, in which typhoid fever, scarlatina, yellow fever, diphtheria, measles, of the various so-called blood-poisoned diseases originate.

And it is at fault in any effort to discover in a homeopathic remedy the particular substance held in potency above the third attenuation.

Referring to the poison in hydrophobia and snake-bite, the *London Nature* says:

*"For it is to be observed that neither the microscope nor chemical examination has given us any clue to the mysterious ingredient which constitutes the toxæmic property of these fluids as yet."*

And because chemistry is at fault in any or all of these instances, *is that a proof that no malarial, pestilential, or infectious substances exist?*

That they do exist we know too well; and if in the higher and more interior regions of nature exist subtle forces of an evil and destructive character which no methods of analysis known to chemistry can detect, *is not the fact itself conclusive that good remedial forces, by which these may be counteracted and neutralized, must exist also?*

Every new discovery of universal application must and will touch the interests of individuals, and often of a whole class or profession. If, as we declare, the discovery of what we call Compound Oxygen has given to the world a new substance, in the use of which for the cure of diseases, all the deleterious effects of drug medication and violent reactive treatments are avoided, and in the use of which internal obstructions are removed and nervous cen-

tres vitalized, so that nature can herself do the gentle and orderly work of healing and restoring, such a discovery cannot fail to touch and seriously affect the interests of a large class of empirics and specialists, from whom will naturally come assaults and misrepresentations.

Happily for the community, and especially for that large and steadily increasing class of sufferers from diseases which physicians fail to cure, Compound Oxygen was left free from assault and misrepresentation long enough for it to give incontestable proofs of its remarkable power over nearly all classes of ailments by which humanity is afflicted.

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## DANGER TO CONSUMPTIVES IN HIGH ALTITUDES.

One of the fatal errors into which the profession has fallen, is that of sending consumptive patients to Colorado and other elevated positions, where the atmosphere is greatly rarified and the supply of oxygen, the life-giving element, proportionately diminished.

In diseases of the lungs, a larger supply of oxygen than the patient has been in the habit of obtaining through ordinary respiration is absolutely necessary. The very converse of this treatment is that which sends a patient to Colorado, where every thousand feet of elevation is attended with a serious loss of oxygen, in consequence of the rarer condition of the atmosphere. A consumptive patient not long since described to us her sensations on

reaching Leadville, where her physician had sent her. She said that the atmosphere was so rare and her lung capacity so small, that to get a sufficient supply of oxygen she panted rather than breathed, and felt as if she would suffocate, and that not until she had descended some three or four thousand feet was she relieved from this distressing condition.

Take a patient with lung disease, who has become greatly reduced in strength, and send him to Colorado. What will be the natural result, the outcome of natural causes? He needs a larger supply of oxygen, but is sent to a region where the air does not contain one-half or two-thirds as much of this life-giving element as that which he has been used to breathing. He wants, besides, rest and the opportunity to regain the strength which has been wasting. But, in his effort to get the amount of oxygen that nature demands, he has to breathe with increased rapidity and with an unusual and continued effort that soon exhausts the little strength that remains after his fatiguing journey. No wonder that so many die from home and that so few get well after so vain a quest for health.

At home, with the quiet, rest, and physical comfort which can there alone be secured, nine patients out of ten are better off than in any of the so-called—we might say miscalled—health resorts to which physicians are in the habit of sending them. If the disease is one that demands a larger supply of oxygen than the weak or wasted lungs can get from the atmosphere, the new treatment by Compound Oxygen will supply that demand; or, if from any cause there is a condition of low vitality and nervous exhaustion, for which the family physician orders

change and travel as a last prescription, in nine cases out of ten Compound Oxygen will give the needed help. And as it can be used at home, where every attainable comfort is secured to the patient, all the chances of recovery are in his favor.

A physician, writing from one of the larger towns in Colorado, says: "I find here a peculiar tendency to neuralgia of certain nerves and their branches; especially of the fifth pair, causing tic-douloureux of old authors. The throat and lungs, as well as all of the air-passages, are very subject to their peculiar diseases. Pneumonia is the fatal disease—especially at this season of the year (January)—carrying off its victims in the early or congestive stage. Almost every one coming here is afflicted with loss of appetite and deranged digestive organs—for a time at least; and although the thousands who are daily seen on the street and doing business will not admit that they are sick, yet they do not feel as well as in a lower altitude. Many get up in the morning feeling well, but before noon their energies are gone, and they do not feel well again until the next morning. Such is a hasty statement of the physical condition here in Colorado. I learn that many doctors are prescribing blue mass and quinine largely in most cases, which you well know is not the thing. What is wanted here is a vitalizer rather than a depresser."

This is strong and positive testimony, and should be carefully considered by every invalid who thinks of going to Colorado.

# REPORTS OF CASES.





The following "Reports of Cases" are taken from "*Health and Life*," our quarterly record of cases and cures under the Compound Oxygen Treatment. This journal was started in 1880, and has been regularly issued ever since. The reports already given to the public through its columns reach many thousands, and the larger number of these show cures or great and permanent relief in chronic diseases of long standing which had baffled the skill of physicians.

In the reports here presented the names of patients are not given, as that would be a violation of professional confidence, but we can assure the reader that they are literal extracts from letters received at our office, and give the patients' statements of benefits received through our Treatment. We think that almost any fair-minded person will recognize in these reports an intrinsic evidence that will give a conviction of their genuineness.

Beyond our simple affirmation, and this intrinsic evidence, we refer any one who may desire still farther assurance to the card issued by Judge Kelley, T. S. Arthur, and Mr. Conrad, Editor of the *Lutheran Observer*, to be found on page 12.

## REPORTS OF CASES.

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### No. 1.

#### **Nervous Prostration and Extreme Physical Debility.**

The following letter, addressed to the physician who has charge of our depository in New York city, gives the result of our Treatment in a case where the apparent chances of recovery were so few that no encouragement to use the Treatment was offered.

The writer of this letter is a well-known member of the legal profession in New York city. His address will be furnished (he having given permission for us to do so) to any one who may desire to verify the statements made in the communications we publish.

When it is considered that at the time he commenced using Compound Oxygen *he was so weak that he could not go to his office, or give any attention to business, and that in a month afterward he had back his normal strength and could resume his law practice*, the case is seen to be so remarkable as to appear almost incredible. And yet we have treated a large number of cases with Compound Oxygen in which no less surprising results have followed.

In order to give a better understanding of this case and of its almost desperate character, we make, before giving the patient's clearly worded testimony, some extracts from a letter written to us by his son, who had consulted us about his father soon after he began using the Oxygen. This letter is dated October 25th, 1882:

"I wrote you," he says, "two weeks ago to-day in reference to my father. In your reply you said that *if you had been consulted you would not have advised him to get a 'Home Treatment;' that you considered his case hopeless and beyond a cure.* I am very glad that you were not consulted, for something has done him a world of good, and as he is taking no other remedies it must be the Compound Oxygen. *He has been slowly traveling up hill since he commenced taking it. He is recovering his strength and courage. We can see the improvement every day.*

"Dr. Turner told me a few days ago that when father had called on him *he could give him no encouragement and thought the case one of the worst he had seen.* Father had no confidence in him or any other doctor or any remedy. *He had made up his mind that there was no hope of his ever being cured.* Now he is full of hope and confidence."

A month later the following report was made to Dr. Turner:

NEW YORK, December 1st, 1882.

"JOHN TURNER, M. D., No. 862 Broadway.

"*My Dear Doctor:—*I cannot be satisfied with myself until I express, in this form, my high appreciation of the Compound Oxygen Treatment of Drs. Starkey & Palen, of whom you are the selling and consulting agent in this city.

"*My case seemed quite desperate when I called and consulted you early in October, last; utter nervous prostration and the most extreme physical debility was my condition.* A weak and inactive stomach and

imperfect assimilation of food had brought me to this. Coupled with this was the effect of a severe attack of catarrh of the bladder, with which I was visited about a year before, much, no doubt, contributing to my nervous condition. Even after that attack I was very subject to chills, against which I had to guard with the utmost care.

"Early in August of this year, while at the Thousand Islands, I had two chills within a few days of each other, the first slight, but the second severe. These utterly prostrated me, and I did not rally for the month after that I remained in the country. I arrived home early in September, but so weak was I that I could not go out and exercise. Finally I could walk a block and back and gradually increased the distance, but it was very short at the longest. *I could not go to my office (law) or give any attention to my business.* I lingered on, sometimes feeling a little stronger and then falling back, *on the whole, as I thought, losing ground.*

"While in this condition my son came on here from Western Massachusetts, where he had seen the effect of the Compound Oxygen Treatment upon an elderly gentleman very much in my condition *in whose case the improvement had been marvelous.* My son had been writing about this case for nearly a year, urging me to resort to the Treatment. When my son came on here *he found me much more reduced than he had supposed and was so alarmed that he insisted upon my calling and consulting you.* I did so on the 7th of October. *You did not seem sanguine about the Treatment benefiting me,* but suggested that it might be well for me to try the experiment. On that day you sent home to me a supply of the Home Treatment.

"You told me that I might not be conscious of any benefit from it for a week or two, or even longer. *But within two or three days I began to improve, growing stronger day by day, until, in the course of a month, I had back almost all my normal strength and could resume my law practice,* so that by guarding against

overwork I find myself equal to the ordinary demands of my profession. And still I can do more and more *and am continuing to feel better*. My stomach works well and feels well. My digestion seems to be easy and natural, and I feel assured now that if I do not abuse its organs I shall keep on doing well.

"I am taking a second course of Home Treatment and do not see why I shall not, under its effects, continue to enjoy a satisfactory condition of health.

"Accept my thanks for the kind and unremitting interest you have taken in my case."

Two weeks later, December 14th, our patient, writing to Dr. Turner, says:

*"The general tone of my system has gained immensely even in the short time since I wrote you last. I feel like myself again and am full of strength and courage for a renewal of the battle of life, which only a few months since seemed to me to be ended."*

A still later communication, February 13th, 1883 shows that the gain has been substantial and permanent:

"I have," he says, "just gone through eight weeks of very hard work, which has imposed upon me a *very severe and continuous strain*. But I have come out of it *without any sensible bodily exhaustion*, though my mind wants a rest. I think *that speaks well for your Home Treatment*."

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## No. 2.

### A Case of Long Standing and Severe Nervous Headache.

In a letter from one of our patients in Illinois, the writer says:

"Our son, Rev. — —, has been visiting us for a

few weeks past, and as we had a little of the Compound Oxygen left, he has been trying it. He was obliged to leave home and his charge, for reason of ill-health, for his head was badly affected and *he suffered everything with sick headache*, and was obliged to give up study. *The Compound Oxygen has helped him most wonderfully, and he is almost well.*"

A communication from the reverend gentleman above referred to has been received by us, and it fully corroborates the father's statement. On returning to his home in Michigan, he wrote for a supply of Oxygen, in order to follow up the good results obtained from a temporary use of our Treatment. Referring to his condition and the benefits he received, he says:

"I was compelled, on account of a severe and continued headache, to leave my work for a short rest. *The pain was in the top of my head and down in my forehead and eyes, so that I could not read even my newspapers.* I went down to Illinois in order to get away from my work entirely. My physician had been advising me to do so for some time, claiming that the cause was overwork. For seven years I have been engaged in this work and my seminary studies, almost without rest, preaching three times each Sabbath and walking to my appointments, five and a half miles, and back again (eleven miles). This I did because my salary was not sufficient to enable me to purchase a horse and buggy. I kept this up for a year and three months. By this time I began to feel that I must either get a horse or give up. I purchased one, to be paid for during the year, but, nevertheless, I did not seem to recover my accustomed vigor, and my health continued to fail till I reached the result already mentioned.

"*When I reached Illinois my headache continued and I was completely discouraged, fearing that I was to be laid aside permanently.* A day or two after I reached

home, my head was paining me severely. My mother suggested that I try the Compound Oxygen. I did so, with little faith. *But I am pleased to state that in fifteen minutes my headache was gone.*

"To say that I was surprised and pleased, only half tells the story.

"I continued the use of Oxygen while I was there with the best results. Very little headache and *no symptoms of sick headache, which I have been subject to from childhood.* I am confident that it has done me more good than six months' rest without it. *It lifted me up, but didn't let me down again. The effect was permanent.* But I feel the need of further use of the Oxygen, for I still have to be very careful of my studying."

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### No. 3.

#### Cough Cured and Hemorrhage Stopped.

This is the emphatic declaration of a lady residing in Augusta, Ga., after using a two months' Treatment of Compound Oxygen. About the first of March last, she sent us a description of her case, as follows:

"Consumption hereditary. *For twelve years I have been under a physician's care for inflammation and weakness of the lungs.* Am not confined to the bed, nor altogether to the house. My physician assures me that there is no tubercular deposit in the lungs. Have had several slight hemorrhages from the lungs, and lately two large hemorrhages from nose. Have coughed for two years with little expectoration. *Have pain in the lungs more or less all the time. Appetite very poor.* Have been treated constantly for four months for inflammation and ulceration of the womb. Have suffered much from uterine hemorrhages."

Under date of May 18th, 1883, our patient made this satisfactory report:

"I wrote to you about the first of March for your Compound Oxygen Home Treatment, scarcely daring to hope that it would benefit me, I had grown so weak and discouraged.

"I have almost finished using the supply you sent me, having faithfully taken it according to directions, and I should feel that I am ungrateful indeed should I not, at least, tell you of the marked improvement in my condition and express my thanks to you for this wonderful discovery. *My cough is cured. I have not had a hemorrhage since commencing the use of the Oxygen. My appetite is good, and I am growing quite strong in every way.* I have gained several pounds in weight, and sleep as I used to when a child, quietly and restfully, which I have not done for many long years.

"I commenced to improve the very first week of taking the Home Treatment, and have continued to get better and stronger. We could scarcely credit my improvement at first, and feared it was the effect of my imagination; but now we know it is the subtle effects of Compound Oxygen, which my husband truly believes has saved my life.

"To sum up all in a few words, *it has benefited me in every organ of my body.* I also found great benefit from the exercises you recommended, and from the use of the Oxygenaqua locally applied, which gave me great relief, and I believe permanent benefit."

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#### No. 4.

#### Insomnia.

In our reports from patients we have a uniform testimony to the influence of Compound Oxygen in producing sleep. A gentleman writing from Mansfield, Ohio, says :



"On the day after your Treatment came my wife took her first inhalation, having carefully posted herself beforehand regarding your instructions. Her first inhalation was in the evening before retiring, and although she had not been able peacefully to go to sleep one evening in a week for a month or more before, on account of nervous twitchings, she at once fell asleep and enjoyed the first good refreshing night's rest for weeks. She remarked immediately after inhaling that she had such a comfortable feeling in her breast and lungs, and that there was a warmth and freedom there that was entirely new and exceedingly pleasant. Her rest has not been disturbed but one single night since that time."

"The nights' rest are simply Paradise to me, or a foretaste of it," is the language of a patient in Elmira, N. Y. We give a portion of her letter, dated April 25th, 1882, in which she speaks of the great benefit she has received from the use of our Treatment:

"I have not written to you since receiving the last supply of Oxygen, which came in November; but I will now take time to tell you that I have passed a far happier winter than I did the year previous. My health has been much better, particularly in relief from nervous affections, etc. I still have some nervous trouble, but very slight compared with the horrors of the year before. No one will ever know what I suffered mentally that year. I cannot tell you how thankful I am that I can sleep once more. The nights' rests are simply Paradise to me, or a foretaste of it."

The following are a few extracts from our correspondence, bearing the same testimony to the value of Compound Oxygen as a remedy for sleeplessness. We could fill pages with similar extracts:

"My daughter has improved in flesh and looks

well. *She sleeps well at night—sleeps all night, a thing she was unaccustomed to do. Before taking the Oxygen wakefulness was one of her troubles. I can see that she is much less nervous, and is in better spirits.*"

"Before I commenced taking it (the Compound Oxygen) *I did not sleep any at night*, had no appetite, and my cough was so troublesome that I had no rest. Since I commenced taking it *I have slept well at night*, my appetite has very much improved; I scarcely cough at all: and, in fact, I feel better in every way."

"Improvement was steady and rapid, though chloral, which had been resorted to for a long time, was still used to procure sleep, but in smaller and smaller doses. The continued use of Compound Oxygen *soon gave her healthy and refreshing sleep, and all anodynes are abandoned.*"

"*Since using your remedy my sleep is natural and good. My spirits are in a much more healthy condition. I have no need of anodynes—have more actual strength than for years past.*"

"After omitting the chloral, we were obliged to use *hyperdermic injections to quiet her nerves, so that she could sleep—could not omit them as soon as you wrote that you wished to have us. About ten days since we omitted the hyperdermic injections, and she has rested very well nights—has no cough and no appearance of asthma.*"

"I have followed your directions as nearly as possible. Have left off all the medicines and stimulants my wife was taking, and the result of our Treatment so far has been more satisfactory than anything preceding it. *She has been able to sleep good at night without the use of chloral, a thing she could never do before.*"

"My headache all gone, good appetite, and *can sleep all night without coughing, a thing I have not been able to do for a year. I feel like a new person. I can breathe now.*"

**No. 5.****Dropsy.**

A patient in Texarkana, Ark., in writing for a new supply of Oxygen, makes the following report of the effects of our Treatment in a case of dropsy. She says:

"I divided my last supply of Oxygen with a sick child, who had the dropsy, and who also had heart disease from his birth. When I began using the Oxygen with him *it seemed as hopeless a case as ever I saw.* He is now able to be up and walk about the house. *The dropsy is all gone,* and I would have great hopes of his entire recovery if it were not for the heart disease. Those who saw him when I began to treat him *say that it is more like bringing the dead to life than anything they ever witnessed.*"

**No. 6.****Testimony of Physicians.**

The use of Compound Oxygen by physicians, as well in their own cases as in that of their patients, steadily increases. The reports received from them are usually guarded, as might be expected. Some, however, give unequivocal testimony to the beneficent action of the new Treatment. Below will be found extracts from letters, which speak for themselves. The first is from a physician in Ohio, and is dated March 7th, 1883. In ordering another Treatment, he says:

"You remember that a year ago I ordered a Treatment of Compound Oxygen, also a second and a third. *My health improved so much that I attended to my general practice during the autumn and winter, riding twenty or thirty miles a day in the saddle—*

though not cured. Owing to the severe changes of temperature lately, my cough is returning, and I wish to try another Treatment."

A physician in Nebraska, in ordering a Treatment for a consumptive patient, says, in reference to his own case:

"I would not be without it, and am anxious to see its effects on others."

This physician had been compelled to give up his practice in 1881, on account of lung trouble. In November of that year he sent for Compound Oxygen, and continued its use during the winter and ensuing spring and summer, with a steady improvement in his health, which became so well established that he resumed his practice in the fall. In December, 1882, he wrote to us, saying:

"I am at my old location, devoting myself to active practice again, after using only three of your Compound Oxygen Treatments. Last spring I had given up all hope of ever getting well, as *I was in a deplorable condition, and, as everybody thought, beyond all hope of recovery.*"

Writing from Wyoming Territory, a physician, in ordering a Treatment sent to a town in Ohio, says:

"This is for a patient of mine, who will leave for that place. *She has been taking the Treatment with marked benefit,* and I do not wish her to be without it for any length of time. So please forward immediately.

"I am still taking mine with benefit, notwithstanding the fact of plenty of hard work and almost constant exposure. I have recently made a trip to Ohio without becoming any the worse for it. It is the first time I have done so without suffering ill

effects as a result. *I attribute my escape this time to Compound Oxygen.*"

A physician in Georgia writes, in ordering a Treatment for one of his daughters:

"The last Treatment, ordered in 1882, *has been of immense service to my daughter*; only one slight hemorrhage for several months. I wish this Treatment for another daughter, very much prostrated from gastric irritability and torpid liver. I am afraid to use any mercurial preparation, as the mildest produces hypercatharsis. But little appetite, and only the blandest and mildest food agrees. Has an occasional chill."

Another physician, who resides in Salem, N. Y., has been using Compound Oxygen in a number of cases, and writes:

"Patients all doing well who are using Compound Oxygen. The young man of whom I wrote you in my last is gaining beyond all expectations."

A physician in the State of New York, whose daughter was in a rapid decline, and in whose case two other physicians, whom he called in consultation, gave it as their opinion that she would not recover, was induced to try Compound Oxygen as a last resort. His report, which we give, shows a prompt arrest of the disease and a rapid return healthward:

"Your Home Treatment was duly received and my daughter immediately commenced its use, stopping all other treatment. *The results are marvelous indeed.* She says that *she feels nearly well*, except that she has some cough yet. You will see, by reference to my former letter, that she had a very bad train of symptoms. *Two physicians whom I called to see her, pronounced it a case of Tuberculosis, and gave it as their opinion that she would not recover.* She had

had a cough for a year; was very hoarse; *had severe pain in right side; chill for last two months, with night sweats, emaciation, weakness, and loss of appetite, and nervousness; could not sleep at night; pulse a hundred and over at times; respiration about twenty-five to thirty-four.*

"She began to improve in about one week from the time she commenced the Oxygen Treatment, and has continued to improve up to the present time. *All the bad symptoms I have enumerated have passed off.* She gained six pounds in weight in four weeks. She is now able to do her work and ride around when she wishes to do so.

"I am very much pleased with the results of the Treatment, *and cannot find words to express my gratitude that my mind was ever called to consider the healing power of Compound Oxygen.*"

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## No. 7.

### A Blessing to the Aged.

Very few persons, on reaching threescore, find themselves in good health. From various causes, the constitution, which may have been vigorous in early life, has become broken, the nervous energy depressed, and organic diseases of some kind added too often to the catalogue of ailments which burden and distress the waning years of life. In cases of this kind the medical profession can do little, if anything. The administration of drugs only makes matters worse, and tonics, health-cures, sanitariums, and the like, give at best only temporary respite from depressing weakness or suffering. As the years go on, health steadily declines, and the days become more and more shadowed. It has become sadly true that a vigorous old age is the excep-

tion, and not the rule. The cause lies chiefly in the overstrain of early and middle life, or in a continued neglect of the plainest laws of health.

To this class, Compound Oxygen comes as a boon and a blessing. It has rarely happened in our administration of this new agent of cure, that persons in advanced life have not found it a remarkable quickener of all the vital forces; giving a new sense of life and comfort, and complete or partial freedom from pain where nervous or organic troubles have entailed suffering. The following extract from a letter written to us by a lady in Ohio, seventy years of age, gives an instance of what Compound Oxygen can do and is doing, in a large number of cases for the aged, in bringing them relief from suffering and depressing weakness in their declining years:

"I am much better," she writes, "of all my troubles; though I am reminded of them occasionally, I said *all*. The oldest of all is dyspepsia, which hangs on in some form occasionally, but which dates back more than twenty years. The skin trouble, by whatever name it may be called, came next; *after being a six years' scourge, has mostly disappeared*. The *catarrh, a five years' distress, has also gone entirely*. *The throat disease and laryngitis GONE—only threatening a little upon taking cold.*

"I have never given up to be an invalid, confined to the house; and if it were not that I am *threescore and ten*, I think I could increase in strength and activity. What strength I have and what power to do I *attribute, under the blessing of God, to the use of Oxygen*, as I feel confident I should have succumbed to bronchitis, if not to other diseases, had I not used it.

"I shall keep the Oxygen, and use as I need. I hope by this means to finally overcome the dyspeptic tendency. I have written thus definitely that you may use it as you please, only withhold-

ing name for the present. Sometime I may give it."

In the case of a gentleman over *seventy-four years of age*, the brother of a physician who procured our Treatment for him, the revitalizing action of Compound Oxygen is quite as marked:

"My brother," he says, "writes me that he has gained in weight sixteen pounds since the first of October last. Feels strong as a young Samson. Has an excellent appetite and a good digestion. Cough and expectoration reduced to less than nine-tenths of what it was six months ago, when he began the Compound Oxygen Treatment. He says that in all of his long life (above seventy-four years) *he never enjoyed a better class of good feelings. Sleeps as calmly as an infant from ten o'clock P. M. until five o'clock A. M., every night.*"

Nearly three months later, this physician writes:

"A recent letter from my brother informs me that he has increased in weight since last October, from one hundred and twenty to one hundred and forty pounds. *That at the age of seventy-four he feels as he did when only forty years of age.* Has a first-rate appetite. Can eat and digest any kind of food that is fit to eat. Bowels regular, and sleep sweet and refreshing, and no cough to amount to anything."

A gentleman in Indiana, in reporting his own case and that of his mother, a lady over seventy-five years of age, says of Compound Oxygen:

"My mother and self have been greatly benefited by its use. *It has undoubtedly preserved and prolonged her life these nearly two years past*, and though over seventy-five years of age and feeble, having for years suffered with liver and lung troubles, she has, in the providence of God, *enjoyed much more comfort and shown more vitality than we could have hoped,*



and, as we believe, is due to your Home Treatment.

"Have used it myself as occasion required in case of general running-down of my system from over-work and close confinement to in-door work; also in case of colds or exposure, and always with positively good results."

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## No. 8.

### Arresting and Breaking up Colds.

In the reports which come to us from patients, a large number refer to the rapidity with which Compound Oxygen breaks up a cold, and also to the immunity it gives in cases where the tendency to take cold has been very marked. As a greater number of the diseases from which people suffer have their beginning in colds, any agent that will arrest them must act as a preventive of sickness. That Compound Oxygen will do this in nine out of ten cases, if resorted to promptly, the experience of those who have used it faithfully fully proves. We give a few extracts from patients' letters in which reference is made to this action of our Treatment:

"I have used one of your Home Treatments," writes a patient, "and it has done me a great deal of good. I find it *one of the best and quickest reliefs for a cold that I ever tried*, and I have found great relief from the *asthma*, of which I am subject."

"I have very few colds," says another, "now compared with what I had before using the Oxygen, *and have had no more trouble with soreness of the throat. Am gaining in flesh all the time.*"

Another writes: "I think no medicine can be compared with your Compound Oxygen in curing colds. *I have not had a severe cold since I used the Oxygen.*

The weather is here so changeable that nearly everybody will take cold once in a while."

A lady in Ohio makes the following report of prompt action in the case of a severe cold, which threatened pneumonia:

"When I reported last I was suffering from something. I called it a severe cold; it affected me through my whole system, but the tendency was to my lungs. Was very much afraid of another attack of pneumonia (as I had last August), and had about concluded to send for our physician, when Mrs. L— advised me to keep right along as directed. Followed advice, and wonderful to tell, my cold was nearly gone before I knew it, it worked so quietly. *This Treatment is just grand to work off a cold.* My lungs are very sensitive to cold, sudden changes we are having. Think they are a little stronger; can breathe deeper without pain. Kidneys not as troublesome. Sleep better some of the time. Feel much encouraged.

Another patient writes: "The symptoms of that cold I mentioned in my last letter have all disappeared now, as you said they would, and my lungs are as good now as they have been at their best for the last five years."

A teacher in the West says: "I have been again greatly helped and benefited by the Oxygen. \* \* \* But it is very difficult for me to live in this climate. I take cold with every change of temperature. I have just been suffering from a severe cold, accompanied with total loss of voice. Have been out of school for two days. *The Oxygen has relieved the cold and bronchial tubes, so that I think I can be in school again to-morrow.*"

"When I get a cold," writes another patient, "no matter how severe, I always go for the blue bottle, and in forty-eight hours it is a thing of the past."

**No. 9.****From a Clergyman over Seventy.**

A clergyman in Cleveland, O., seventy-one years of age, who had preached regularly nearly every Sunday for fifteen years, says, in a letter dated February 8th, 1882, a few weeks after commencing the use of Compound Oxygen:

"My strength was equal to the work until about a year ago, when I began to fail, and had come to the conclusion that my work, if not my life, was nearly at an end. *But now I am quite a new man; yea, the revitalizer has introduced new life into my almost dead organs.* I can say that I am well, with the exception of a little soreness in my throat. Allow me to give thanks, first to God, and then to you, for this blessed hour of health."

**No. 10.****In a Case of Croup.**

There seems to be no disease, acute or chronic, on which Compound Oxygen will not make an impression. In the reports sent to us by patients, we are constantly meeting with new results. Most of the Treatments ordered are for chronic cases, but it often happens that some member of a patient's family becomes suddenly ill, and in the absence of any known remedy for the sickness, Oxygen is administered as an experiment. A lady in Missouri, in making a report of the condition of herself and husband, both of whom were using our Treatment, gives the following statement of its effect upon her little boy, who was threatened with an attack of croup:

"Our youngest boy—well, both of our boys, have been subject to croup all their lives, it being so severe at times that we thought they would surely die—the youngest one was sick and feverish all day and I knew from the symptoms that he would have croup that night. My usual remedies were all used up and we were five miles from town at that time. I felt worried and hardly knew what to do, as he was getting hoarser all the time. When I put him to bed I happened to see the Inhaler and thought I would try it. I did so, and *the hoarseness all disappeared as if by magic, and he slept as quietly as an infant all night.*"

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### No. 11.

#### "A Walking Skeleton."

The difference between a walking skeleton and a strong, hearty man is very great; yet, in the short space of two months, according to the testimony of a patient which is given below, that difference was lost and a "walking skeleton" transformed, under the use of Compound Oxygen, into an image of robust health. We give the report verbatim as it came to us:

"After so long a time I will speak my piece as to the effect of the Compound Oxygen Treatment. *I cannot say that it has raised me from the grave, but it has come very near it.* It has cured me of one of the worst cases of bowel diseases. I could not have stayed on this earth but a few months. You should see me eat and hear me sleep and see the amount of work I do every day! I am as well as ever and am enjoying life in all of its comforts. I say to my neighbors and friends: 'Send for the Compound Oxygen Treatment.' But they say 'Humbug,' or 'It is too expensive.' If you should see me now you would say, that fellow is a big, stout man, but *three months*

*since he was a walking skeleton.* I have tried to tell you how much I think of the Treatment, but am afraid I have made rather poor headway, so I will close these remarks by wishing you all the success that the Compound Oxygen is worthy of."

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### No. 12.

## Strength Increased and General Health greatly Improved.

The revitalizing action of Compound Oxygen is very marked in the following report. A letter from the patient, dated Mansfield, Pa., February 5th, 1883, gives this statement of the case :

"Age fifty-two. In September, 1881, took a severe cold, which affected my lungs and seemed to involve the left bronchial tube. After three months I recovered, but had occasional huskiness. Two months ago I contracted a severe cold which made me quite sick for several weeks. *Had fever and some congestion of the lungs, with considerable coughing.* Am at work, but not well. *Lack my usual energy. Nervous system run down from mental strain.*"

After using the Treatment for a month, he reported :

"On the whole, think I am better, but not as much better as I had hoped to be by this time. *Scarcely ever cough now. The sense of tightness with a little dryness across chest, at first seemed relieved, but has returned. I am much stronger, and the sense of weariness is almost gone.* Still occasional pain at bottom of left lung."

His next report, made April 2d, shows great and satisfactory improvement :

"I am better, decidedly better. At the time of my first report, though some symptoms of improvement

appeared, the condition of my left lung was not such as to assure me that the Compound Oxygen was reaching the trouble. Now *I can speak positively*. The soreness there is gone, I think, entirely. The sense of tightness has also nearly disappeared. The shortness of breath is now never perceptible, except when I run, as I had to do to-day, to reach the cars in time. When I did this, carrying a heavy satchel, I felt some return of it. My digestion continues to improve, but I think that my liver is not all right yet, as I have sometimes a bad taste in the mouth when I first get up in the morning, and some little headache.

*"My strength has greatly increased, and I do not weary with work. I keep up the corner exercise quite vigorously. On the whole, I am satisfied with the result, and am doing all I can to commend the Oxygen to other sufferers. I have now, practically, no expectoration from the lungs."*

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### No. 13.

#### Astonished at the Result.

A lady in Dover, N. H., who has used Compound Oxygen at intervals during a year, makes the following report of her condition now as compared with what it was before commencing our Treatment. The change is gratifying indeed, and we are not surprised at her astonishment and gratitude in noting the "wonderful improvement." She says:

*"I am wonderfully improved. When I consider my condition one year ago (I commenced taking Oxygen last May), I am astonished to note the difference. When I commenced to inhale Oxygen one year ago, I was not able to dust a chair or wash a pocket-handkerchief without discomfort. Now I do all my work for four in the family, and can eat and enjoy it. Of course,*

at certain periods, my stomach troubles me and I feel a few of the old symptoms, but I expect to at this time in my life, and only think! I have only taken two Treatments, with the exception of a little I keep in the bottom of the bottle to look at or in case of emergency. *I cannot be grateful enough for Oxygen.* I tell everybody that is sick with chronic disease to use Oxygen."

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#### No. 14.

### A great Sufferer from Neuralgia and Rheumatism.

A lady in Kankakee, Ill., wrote to us in July, 1882. The following extract from her letter gives a statement of her condition:

"Have had poor health for years. This month *I have been perfectly prostrated by terrible attacks of neuralgia and congestion of the head.* Was never very strong. *Had rheumatism and neuralgia for twelve years.* Have great pain in the spine—fever every day—*very poor appetite.*"

Two weeks after commencing to use Compound Oxygen she reported having "improved in health and gained in strength."

Five weeks later, she made the following statement of remarkable gains:

"Since I last wrote to you have used Compound Oxygen Treatment faithfully, and at present writing am feeling much better than when I wrote you last. *Am stronger, have a good appetite, sleep soundly, and can endure a good deal of work (physical).* Am doing but little mental work these days; have given up all public work, according to your advice. \* \* \* *Have had no attacks of neuralgia since I began Treatment,* but there is a good deal of soreness and pain

at times in knee-joints, which had been the case for years, as I wrote you, I think. Am gaining slowly in flesh; head somewhat clearer, not so easily confused."

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### No. 15.

## Partial Paralysis from Diphtheritic Poison.

In this case the patient's condition, when he commenced using Compound Oxygen, was a most painful and dangerous one, as the following statement, contained in his letter to us of February 12th, 1882, will show:

"Age fifty-six. Two years ago I had diphtheria, which *left me partially paralyzed* in whole system, and my sense of taste was not normal. With this trouble would be a feeling as of a mountain of ice pressing in the upper part of chest and throat. Finally, hands would tingle with intense pain. Last summer I spent in England and Scotland and only had slight attacks. Soon after my return, in July, I was taken with a very severe diarrhoea. After four weeks I began to move around. But my old trouble has returned with tenfold intensity. *Pains in chest and arms indescribable.* One physician said that the *poison from diphtheritic matter had entered my system* and produced partial paralysis."

After one month's use of Treatment, reported some improvement. At the end of two months the patient wrote:

"Think all the symptoms have improved, but trouble not removed yet. Think your Treatment has helped to brace my nerves, and *helped me greatly.*"

We heard no further from the case for several months, when the following letter was received:



“DETROIT, MICH., November 16th, 1882.

“MESSRS. STARKEY & PALEN: *Gents*:—I have often thought I would write you and let you know results.

“I find that while the Oxygen did not accomplish all that I had expected of it, it did me a *large service in bracing up my nervous system, and made me, in that respect, over again, as it were.* I am glad that I sent for it and used it. I am now under medical treatment for my described troubles and think they are passing away.

“My wife also used it for *nervous troubles and catarrh of throat, and I think it did her more good than anything she ever took.*

“I can only say a good word for the Oxygen and wish you success.”

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### No. 16.

#### Nervous Prostration and Great Debility.

The subjoined report in the case of a young lady in Minneapolis, Minn., shows how quickly Compound Oxygen acts upon the nervous centres and gives a new vitality to the whole nervous system:

“It is now six weeks,” writes the mother of our patient, “since our daughter began taking your Home-Treatment, and we can truly say that it has done more for her during this time than any other medicine could have done.

“*She was suffering from severe nervous prostration and great debility of the whole system, which had only been aggravated for two months previous by using medicines harsh for the stomach, causing much gastric irritation.*

“We truly feel more than gratified with the result of the Compound Oxygen, and wish her to continue its use until she is relieved from some of the standing difficulties she has had from a young girl. She

is now able to be around the house, can eat any easily digested food with moderation, and as a rule sleeps much better nights. \* \* \* She has been troubled with chronic constipation from a child. The Oxygen has given more relief to that than any other remedy ever tried."

In this case, as in many others where there is a diseased and highly sensitive nervous organization, a seeming aggravation of symptoms occurred on first using the Oxygen, showing its quick penetration and active force. "Her symptoms," says the report, "were worse for awhile, and she was more nervous and very sensitive to the effects of the Oxygen on inhaling, but she can now take it regularly without difficulty."

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### No. 17.

#### The Rapid Course of Disease Checked.

That Compound Oxygen will retard the progress of almost any chronic disease, and, when it is too late to effect a cure, prolong life, and make the patient's condition much more comfortable, has been so largely shown in the reports of cases which we have given to the public, that it is now a well-established fact. The following interesting extract from the letter of a patient in Taunton, Mass., within two years after her first use of our Treatment, gives another case in proof. While, as will be seen, a cure has not been made, nor the progress of the disease entirely arrested, its rapid advance has been checked and a condition of greater ease and comfort secured:

"It is now," she writes, "more than two years

since I first used Compound Oxygen, and, looking back, I am reminded of how much I owe you and feel that I must express my thanks for the benefit I have received from your Treatment and the constant kindness you have shown me. *It is true I have made no marked progress in the way of health; but it is also true, I think, that disease has progressed but little—but little, at any rate, compared with the progress it made before I used Compound Oxygen.* I cannot endure as much as I could a year ago, but I still have much to be thankful for. I think it is safe to say that *I have coughed less during the past year than I did in one week before I used the Home Treatment.*

*"I have but one hemorrhage now where I had ten when you first advised me. Have been very much relieved in every respect, and I have suffered too much and too long to be indifferent to any relief.*

*"If you knew with what reluctance I took the first medicine you sent me, I think you would conclude that faith had no part in the good results that have followed its use. I was unwilling to take any medicine, for it has been a long time since I had taken anything that had not, sooner or later, aggravated my difficulties. But I am thankful to say that I have taken your medicines without once feeling any unpleasant effects, but, on the contrary, a decided benefit. I believe that I owe my life to Compound Oxygen and your care. Again I thank you."*

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## No. 18.

### Cough and Night-sweats.

A gentleman in Scranton, Pa., consulted us by letter in regard to his case in September, 1882. Statement of case:

*"Age twenty-three. Last March took cold, which caused an attack of pleurisy and slight pneumonia. After three weeks was able to work again. Overworked and run down rapidly. Traveled two*

months and came home much better; *but cough has returned.*"

After getting our reply to his communication he ordered a Treatment. Its action was so prompt in giving relief that he made the following report in three days:

"The Compound Oxygen was received Wednesday night, everything in good shape.

"So well am I pleased with it that with only three days I can see a great change in my cough.

"I took the first inhalation Wednesday night, *and you can imagine my surprise when I say that I did not cough during the night nor the next morning.* The latter is very strange indeed. That I should get up in the morning and not have a coughing spell is something that one can hardly understand, inasmuch as I have had great trouble in that way.

"I trust it will continue."

A month later he made another report, from which it will be seen that his cough, though so promptly relieved during the first few days, especially at night and in the morning, did not really begin to show substantial improvement for two or three weeks:

"I wrote you soon after commencing the Treatment of its immediate effects. Two weeks passed and I saw no particular change; but as the end of the third week approached my cough became less, and I am happy to inform you *that the cough is almost gone.* In the morning I cough once or twice to clear my throat of phlegm, *and no more coughing for the rest of the day.*

"I sleep like a log and wake up bright and fresh. Night-sweats, which I *had quite badly, have entirely left me.* \* \* \* I am more than satisfied with the Treatment, and feel that I shall *come out of my trouble a new man.*"

## No. 19.

**"Sinking from Nervous Prostration."**

A patient in Mississippi gives this account of the "marvelous change" wrought in her condition by Compound Oxygen:

"Last December I ordered and received from you four Compound Oxygen. *I was in a very weak condition, sinking from nervous prostration.* I commenced its use immediately, leaving off everything else. And *what a marvelous change it wrought in a few weeks!* So rapidly did I improve that neighbors and friends who had been familiar with my complaints for several years *are still full of wonder at my recovery*; and as for myself, next after my Heavenly Father, to you I am devoutly thankful. I was saving with it, only used it myself when I felt badly.

"In the month of May my daughter, sixteen years of age, was attacked with a low *malarial fever* which lasted three or four weeks; I used nothing but the Oxygen and she recovered her strength very fast."

## No. 20.

**In Scarlet Fever.**

A lady in Marietta, O., whose three children were attacked with scarlet fever, used Compound Oxygen in connection with the remedies prescribed by the family physician. Of the result she says:

"I write especially to tell you of the final result of Oxygen upon my three children, who were sick with scarlet fever last winter and early spring. That the two youngest ones were benefited is not such a matter of surprise to people, but that the oldest one, who came very near to death, should so completely recover in every way is an occasion of remark by very many persons. I think the use of the Oxygen when

they were convalescent did the work. We had an excellent and faithful physician (homœopathic), but the Oxygen cleared the poison out of the system and revitalized all its functions."

## No. 21.

### A Life Saved.

A gentleman at Boston, Texas, who is a strong advocate of Compound Oxygen, says, in a letter dated January 4th, 1882:

"I was at Dalby Springs not long since, and met my old friend, G. Dalby, who informed me that he had at last yielded to my importunities and was trying Compound Oxygen with glorious effects. *I scarcely could believe that it was the same haggard form which I beheld last summer, so changed he was.* He informed me that he felt stronger every day."

From Mr. Dalby we have a letter dated the day after the above was written, in which he says:

"*The Treatment has been to me of inestimable value, for I should have been beyond all bodily pain before this but for the use of it. You are at liberty to use anything I write as you see fit.*"

Some five weeks later, Mr. Dalby makes another report, showing continued improvement and steady, but sure, gains in the direction of health:

"I still have a favorable report to make. I am still gradually improving. When I look back a few months and compare my condition then with what it is now, *I feel that I have much, very much, cause for gratitude.* \* \* \* I have often heard that faith in a treatment was necessary to effect a cure, which savors very much of superstition. But it takes some faith in the Oxygen Treatment for one to continue it. There is so little in it like any other treat-

ment, or so little that is repulsive, that from its very simplicity it might be thought a humbug. I weighed one hundred and nineteen pounds when I commenced the Treatment; and now I weigh one hundred and thirty-one and a half pounds."

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## No. 22.

### A Case of Aggravated Catarrh.

In the early part of December, 1881, a lady living in Denver, Col., consulted us in reference to her little daughter, eight years of age, who was suffering from catarrh of an aggravated character.

"The discharge," she wrote, "is thick, streaked with blood, and slightly offensive. *The doctor says hers is the worst case of catarrh he ever saw a child have.* Has much headache, especially over the eyes. Has dyspepsia, pain in limbs, and frequently very severe pain in one knee. Her voice is harsh, her throat always red, and her tonsils much enlarged and often ulcerated."

A Treatment was ordered and sent. At the end of three weeks an improvement was reported. Three weeks later, the mother wrote:

"*Improving wonderfully. The discharge is no longer offensive nor so copious.* Her complexion has lost its sallow hue, her cheeks are red, and she looks very much better in every way."

At the end of two months from the date of this report, word came that the case continued to progress favorably.

March 20th, 1882, the little girl's mother wrote as follows:

"I have been so busy with my school duties that I have neglected to write you how well my little girl

is looking. You remember when I first wrote to you about her she was not able to attend school at all and was then *white and listless*. I wish you could see her now; *her cheeks are like roses, she attends school regularly*, and does not now complain of headache, but studies well and keeps up with her class without any trouble. So many have said to me, 'How well your little girl looks, so different from when you came to Colorado.' I always say Compound Oxygen cured her, not Colorado air. I don't think catarrh can ever be entirely cured here; every one has it in a greater or less degree; the dry air seems to cause it, but my little girl is so much improved that I intend to continue using the Oxygen as long as I can afford to get it for her."



## IMPORTANT CONSIDERATIONS

### For those who have used or are using Compound Oxygen.

There are important considerations to which we would earnestly call the attention of all Compound Oxygen patients, especially those who, after getting partial relief from a single Treatment, have not continued its use until health was firmly established, but have been content to rest on their measure of restoration, when if they had persevered a complete cure might have been made. Not being cured, it must follow that the uneradicated seeds of disease will sooner or later, under some exciting cause, come to germination and produce their evil fruit.

Reader, are you one of this class? If so, let us present some of the considerations to which we have referred. As a rule, very few persons resort to a new system of treatment unless old and well-known systems have failed to cure, and their condition has become distressing or alarming. When suffering becomes well-nigh unendurable, or hope has begun to fall, a half-doubting and hesitating trial is made of the new Treatment. Does not this

describe, with some personal variations, your case when you decided, as a last resort, to try Compound Oxygen?

And now we may ask you to go back with us to the time—it may be six months or five years ago—when you used the one or two Home Treatments. What was the result? On this point our record of patients' reports gives large and varied information in thousands of cases, presenting the most remarkable history of relief or cure under conditions of disease which no physicians had been able to reach, to be found in the medical history of the world. The noticeable things in this record are the widely different action of the Treatment on different persons. Among the varied effects produced we give the following:

1. The almost immediate relief which, with few exceptions, follows on the first use of Compound Oxygen—often where the suffering is greatest the relief being quickest.
2. The apparent cessation of improvement after a few days or a week, and a seeming return to the old condition; the patient thrown often into a state of doubt and despondency as depressing as the newly awakened hope had been cheering to the mind.
3. A period, running from a week to a month, in which there was an evident conflict, so to speak, between the disease assaulted in its stronghold and the new life-forces which had been thrown against it; old pains and old troubles, which had not been known for years, being felt again, often attended with considerable suffering, but which, if the Treatment be persevered in, soon pass off.
4. A gradual improvement from the very begin-

ning in appetite and digestion; an increase of weight and strength, and a feeling of general comfort and elasticity not known for years before.

5. Immediate relief from suffering, with a steady and rapid gain from day to day, attended by scarcely a single drawback until the patient was restored to health.

6. Improvement in the general health, as in No. 4, during the first two months' use of the Treatment, but without any very marked change for the better as regards the cough, catarrh, rheumatism, neuralgia, or whatever the special disease for which the patient was induced to try Compound Oxygen. Disappointed at not gaining the special relief sought for, and not recognizing the fact, as indicated by their improved condition, that a constitutional renovation was in progress, which, so soon as it had gained sufficient power to quicken into new life the diseased organs, would gradually restore them to healthier activity, too many have abandoned the Treatment at the very point a little beyond which the good they sought was awaiting them. Many others, more thoughtful and wiser, have reasoned fairly that if Compound Oxygen was clearly working a healthy change in the system it could hardly fail, in time, to reach the more deeply seated condition and remove or, at least, greatly relieve it. It has rarely happened that any one acting on this conviction has failed, in the end, to be largely benefited, if not entirely cured.

7. No decided effect for two, three, or even four weeks, and then a sudden change for the better and a steady return to health.

8. Cases in which we could not, and did not, give

any encouragement, especially in pulmonary diseases of long standing, where the lungs were so far disintegrated and the vital system so far exhausted that restoration seemed impossible. In many of these cases the Oxygen was ordered in spite of our discouraging opinion. In a few of them, to our surprise, the Treatment wrought what seemed little less than a miracle, and there are men and women living and in fair health to-day who were regarded by us as on the brink of the grave and without hope of rescue. In others the progress of the disease was only arrested for a time, and life prolonged and made far more comfortable; but the help which Compound Oxygen might have given came too late for a sure recovery.

9. Cases, a very large number in which the new-found strength has been unwisely taxed beyond its capacity, and the gain of weeks or months lost or seriously impaired.

One of the saddest phases occurs not unfrequently in consumptive patients. They regain so much of their lost health that they feel secure. In comparing their state with that from which they have been raised, the change is so great that the impression is that they are well. This fallacy is very natural. The new, bounding vitality, restored strength and flesh, a stronger digestion, genuine as they are, are well calculated to seduce them into a false security. Of course, they stop the Treatment. But that is not the worst. They not only presume on a complete restoration to health, but also upon its being fully developed, mature, and hardened, ready for all emergencies. But, questioning them, they will own to a little cough, "but that is too trifling to be

heeded for a moment." That is the fatal position. So long as that insignificant cough remains there is lung tissue not yet healed, or, if healed, it is like a freshly closed sore on the skin, liable to be opened again by any slight force. But give the sore *time* and it will get to be as firm as flesh that has never lost its integrity. So it is with the similar condition of the lung-tissue. Common sense joins hand with professional leaching in declaring that the Treatment should be continued till the cough entirely stops and then sufficient time be given for the tissues to come into a full state of integrity—as they surely will—before they are subjected to a crucial test.

We might go on and classify still farther the reports of cases which fill many thousands of pages in our record books, each class presenting a different series of symptoms and results, but all, with scarcely an exception, showing more or less improvement. In a very large percentage of the cases treated the results have been simply wonderful.

What is the lesson of all this—the lesson especially to those who have given Compound Oxygen only a brief trial, and who have drifted, or are drifting, back into the old chronic conditions from which it partially rescued them? Did anything you ever tried help you so promptly or mark its beneficent effects so unmistakably? At the end of your first or second Treatment, were you not conscious of a new vital condition—pains lessened, appetite improved, and general health more satisfactory than for a long period before? Are you acting wisely in letting disease again go on with its insidious encroachments when, by an occasional use of this vitalizing

agent, you may keep the centres of life free from obstruction?

These are questions which we feel bound to present for your serious consideration. There is no longer any doubt in regard to the action of Compound Oxygen in arresting disease; the testimony in its favor has accumulated until it is, so to speak, overwhelming. None but the perverse or blindly stupid can doubt its efficacy.

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## THE RAVAGES OF CONSUMPTION.

In spite of all that medical science and professional skill have been able to do in that most fatal of all diseases, consumption of the lungs, it is steadily on the increase. The number of deaths from this cause, as shown from our bills of mortality, is simply appalling. Not long since, in referring to this fact, *Harper's Bazar* said:

—“Pulmonary diseases have been gradually increasing in this country during the past few years, especially during the winter months, which are particularly perilous to those who have delicate lungs. The figures are startling. According to the records of the Board of Health in this city (New York), *the loss of life by consumption alone during the five years ending December 31st, 1879, was twenty thousand nine hundred and ten.* Pneumonia and bronchitis are also very fatal diseases, the former causing more than one-half as many deaths as consumption and the latter nearly one-fourth the number.”

Taking the population of New York city at one million and the whole number of deaths from consumption, pneumonia, and bronchitis at thirty-six

thousand seven hundred and fifty in every five years, this would give for the United States a death-roll from these three kindred diseases of one million four hundred and seventy thousand; or one-fifth of that number (two hundred and ninety-four thousand) in every single year!

The Philadelphia *Ledger*, in alluding to the fact that forty-nine deaths by consumption had occurred in that city in a single week, makes this comment:

“The havoc of lung disease goes on with heavy count all the year round. *Yet the doctors, in their conventions, have almost ceased to talk about phthisis, with any degree of enthusiastic research,* while they give us no end of brilliant light upon sewerage and the deaths by bad drainage. *It is a discredit to medical science, that such well-defined diseases as American lungs present should yet be so little under control and the skill of our experts should still be baffled.*”

Another paper, in speaking of the subject, says:

“If any other disease prevailed to such an extent, we would have immediate and rigid investigation as to cause and remedy. That this is not the case in regard to lung diseases, can only be attributed to the fact that *medical science appears to have exhausted itself in that direction.*”

Here we have presented, in a form which cannot fail to startle the community, two most serious and alarming facts connected with the ravages of pulmonary diseases in this country. 1. That they have been steadily increasing for years. 2. That, with all its advancement in skill and in the knowledge of curative forces, the *medical profession does not know how to deal successfully with consumption AND CANNOT CURE IT!*

That consumption of the lungs cannot be cured

by any of the remedial agents known to either of the great schools of medicine, or by the eclecticism which includes the best curative appliances of both, is too well and sorrowfully known to the hundreds of thousands of wasting and slowly dying invalids, whose pale faces, sunken eyes, and feeble steps meet us in every city, town, and neighborhood. However hopefully these stricken ones may cling to life and deceive themselves as to their real condition, their nearest and dearest friends know but too well that they are steadily failing and wasting and that premature death is as certain as if an arrow had been lodged in some vital organ.

It is well understood that the only hope for those who are suffering from pulmonary diseases lies in their attaining, through some means, a higher degree of vitality and an increased power of nutrition. The tendency to a too rapid waste of tissue must be met and overcome by a new and larger ability to take and utilize the substances out of which the tissues are composed and the vital organs kept in healthy equilibrium. To gain this, the intelligent and conscientious physician, fully aware that but little dependence can be placed in medicine, advises and encourages his patients to use every possible hygienic expedient for keeping up the vital forces—exercise in the open air, nutritious food, carefulness in regard to any diet that may tax or enfeeble the digestive organs, avoidance of exposure, crowded rooms, excitement, etc. In a few instances, this care and regimen are successful in holding in check the enemy which has gained a lodgment, but rarely in casting him out. He has intrenched himself, and, ever on the alert and watchful, stands



ready to assault a weak, exposed, or half-guarded point, and sooner or later almost surely succeeds in his deadly work.

It is no fault of the profession that it cannot cure this disease. *Not because it is incurable*, but because in its materia medica no substance is found in use of which the diseased system can be furnished with an antidote or an effective resistant. But this is no proof that such a substance does not exist and that consumption must still go on destroying its hundreds of thousands every year. The search for an agent that would give the vitality which is needed to arrest this disease and restore the patient to health, has been an earnest pursuit with some of the ablest physicians in the past and present century, and some form of Oxygen-administration has been with many regarded as the means by which the ardently desired end would be gained. Experiments in this direction have been made from time to time, but not until within the past few years have they been carried to a successful result. Satisfied that if a new combination of oxygen and nitrogen could be made in which the former substance would be in excess of what is found in common air, a physician, who had been forced to abandon his practice in consequence of an attack of pneumonia, was led to make persistent experiments, which finally resulted in the discovery of a new substance, now known as Compound Oxygen, and by the use of which he was himself restored to permanent good health.

It is over thirteen years since this great result was reached—a result which has inaugurated a new era in the healing art. *Consumption of the lungs stands no longer in the list of incurable diseases.*

The action of "COMPOUND OXYGEN" in arresting the progress of pulmonary consumption has been so marked and constant under the administration of this new substance, that we are warranted in saying that, *if taken in the early stages, eight out of every ten persons affected with this disease might be cured.* In consumption, as every one is aware, the only hope for the patient lies in the establishment of a higher vital condition. Now, Compound Oxygen is an agent that gives directly this new and higher vitality, which generally becomes apparent at the very beginning of its use, manifesting itself in an almost immediate increase of appetite and in a sense of life and bodily comfort. If the use of Oxygen is continued, *a steady improvement nearly always follows,* and where the disease has not become too deeply seated, *a cure may be confidently looked for.*

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## FRAUDS AND IMITATIONS.

The rapidly increasing number of those who have obtained relief from pain or been restored to health by Compound Oxygen, reaching now to many thousands, scattered throughout the whole country, is having a wide influence on public sentiment. There are no arguments so convincing as well-known facts. If a man or a woman, who has been suffering for years from an exhausting disease which no physician has been able to cure, tries a newly discovered remedy and is brought back to health, the fact stands as an unanswerable argument in favor of that remedy, so far, at least, as this particular case is con-

cerned. A resort to the same remedy in another case regarded as "incurable" and with a like result adds a new and stronger argument in its favor. Accumulate similar results to the number of hundreds and thousands, and in the widest range of chronic and "desperate" diseases and abandoned cases, and you have a weight of evidence that is irresistible. On this weight of indisputable evidence we rest the claims of Compound Oxygen.

And now it becomes our duty to warn the public against frauds and imitations. Scarcely any higher assurance of the value of a useful discovery or invention can be given than the fact that unscrupulous persons attempt to deceive the public by offering them an article to which they give the same name, and to which they attribute the same qualities. The intrinsic value of a thing becomes evident in the efforts to make gain through an imitation or counterfeit. Our new Treatment is no exception to the rule. No sooner was its great curative value demonstrated beyond the reach of cavil or contradiction than frauds and imitations began to appear, and worthless articles were offered to the public as the genuine Compound Oxygen.

In one instance an individual engaged in this disreputable business actually put forth the claim that he was employed by us in a confidential position through which he was able, in a surreptitious manner, to discover the secret of its manufacture! And, with a dullness of perception equaled only by his moral obliquity, asked the public to credit his assertion, while at the same time claiming to possess the secret of making Compound Oxygen through a betrayal of confidence! As if the public would put

faith in a man who declares himself to be untrustworthy!

But there was not a word of truth in this man's assertion. He was never employed in our laboratory, and if he had been there was no possible way in which he could discover the substance used by us to give to the new compound the vitalizing element and curative force it contains. This is a secret which we do not communicate to any one employed in our laboratory.

In another case, a Western physician dispensed an imitation of our Treatment which he called Compound Oxygen, and then took a number of our testimonials and reports of cases and published them as having been given for cures made by his spurious preparation. A threat to publicly expose him caused him to withdraw, so far as we know, our testimonials, but he still offers the public his worthless article.

And, in still another case, a dishonest imitator not only used our testimonials, but actually took a number of pages bodily from our *Treatise on Compound Oxygen*, and published them as if written by himself as an exposition of the science and theory on which his pretended cure was based!

In most of the cases which have come under our observation, the spurious substance is offered at lower prices than we ask for the genuine article.

In consequence of repeated communications and inquiries from those who have tried these imitations and found them worthless, we deem it only a common duty to warn the public against them.

A moment's reflection will make it clear to any one that a man who tries to rob another of the fair re-

ward to which any new invention or discovery may entitle him, is not a man whom the public can afford to trust. His moral sense is perverted—he has neither true honor nor honesty, and will deceive those who trust him whenever he finds it to his interest to do so.

Let it be clearly understood that Drs. Starkey & Palen, 1109 and 1111 Girard Street, Philadelphia, are the only manufacturers and dispensers of Compound Oxygen. Any substance made elsewhere and called Compound Oxygen is *spurious and worthless*, and those who buy it simply throw away their money, as they will in the end discover.

The genuine article has, on each bottle, the following registered trade-mark,



which we have adopted in order to protect ourselves and the public.

## A FEW FACTS, REASONS, AND SUGGESTIONS.

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We offer the following facts, reasons, and suggestions for the information and guidance of those who are using, or who think of using, our vitalizing Treatment. Every patient should have such an intelligent knowledge of the means employed for restoration, and of his part in the work, as to give him rational confidence in these means and insure his careful co-operation. And first:

**How Does Gompound Oxygen Cure?**—We answer, In two important ways: *First*, by a rapid purification of the blood, in consequence of a larger supply of oxygen to the lungs, and, *second*, by revitalizing all the nerve-centres, the Compound inhaled having in its manufacture become *magnetized*, which gives it the quality known to chemists as "*ozone*." A new and healthy action is at once set up in the diseased system, and general improvement follows as surely as effect follows cause.

**Its Universal Action.**—When this is understood it can readily be seen that the particular disease for

which Compound Oxygen has been inhaled will not always be the first to yield to its subtle influence. But, with scarcely any exception, *a new vitality will be given to all the life-forces*, and a general and often very marked improvement in the health appear from the very beginning. The cough, from which relief was sought, may continue, though with diminishing severity, but the headache, catarrh, rheumatism, neuralgia, general debility, or loss of appetite with which the patient has long been a sufferer will be partially or entirely removed after a few weeks' use of the Oxygen Treatment. The same thing will often occur where the Treatment is used for the cure of catarrh, neuralgia, etc. There will be a steady improvement in the general health, and many troublesome ailments will disappear, while the catarrh or neuralgia opposes a stubborn resistance to the new force that assails it. But every reflecting patient must see that he has received a most substantial benefit, and that in the higher degree of health to which he is rising lies the hope of a final victory over the disease which has obtained so tenacious a hold upon his system.

**Observing the Laws of Health.**—Our work goes no further than to assist nature in her efforts to break the force of disease and to finally dislodge it from the system. In this work, if we do not have the intelligent co-operation of our patients—if they do not use self-denial and resistance in the matters of bad mental and physical habits, and prudence in guarding themselves against undue exposure, excessive fatigue, and the like, our efforts to help them will have only a partial success, or may be wholly

in vain. There may be a temporary restoration under the action of curative forces—or, as we should more correctly say, under the forces which remove obstructions to the orderly influx of life from the soul into the body; it being nature, as we call it, and not medicine that cures—but nothing can give permanency to a cure unless the laws of health are observed. *The causes that first produced sickness will, if they become active, produce it again. Nor can a patient hope for a successful result under any treatment if he does not obey these laws.*

**Desperate Cases.**—As a rule, our patients belong to that large class of invalids who have failed to get relief from skilled physicians or from the use of drugs or patent remedies. Their diseases are chronic, frequently of many years' standing, and often so deeply entrenched in some vital organ that cure becomes almost a miracle. *They come to us in despair of help from any other source, catching at our Compound Oxygen Treatment as a drowning man catches at a straw.*

More than half the cases submitted to us are of so desperate or complicated a character that no physician, who clearly understood the action and capabilities of the remedies at his command and who had any regard for his reputation, would undertake them and at the same time give the patient any assurance of an ultimate cure.

*The marvel is, that of these apparently hopeless cases, so many are ameliorated, greatly helped, or radically cured by the subtle agent we administer.* Cases which we have hesitated to undertake, and which, in spite of our discouraging answers when an opinion was



asked, were placed in our care, have rapidly improved, almost from the beginning, and steadily progressed to a cure—as much to our surprise and gratification often as to that of the patients and their friends. We have given many testimonials in cases of this kind from grateful patients.

**Protection from Cold.**—Many persons contract colds, which often, in *too many cases*, lay the foundation for lung and throat diseases, neuralgia, and acute pneumonia. All know the difficulty of breaking up these colds. In most cases, under ordinary treatment, they run a course of from two or three to four or five weeks, during all of which time the sufferer will usually report his condition to inquiring friends in the expressive word “miserable.” He is neither sick nor well, but “miserable.”

Where the lungs are delicate or diseased and where there is a neuralgic tendency, the effects of a cold become more dangerous or painful.

Now, every one can appreciate the value of an agent that will give protection from cold or break it up promptly at its inception. Such an agent is Compound Oxygen, as we know from the uniform testimony of large numbers of our patients.

**Neuralgia.**—Winter is the season when the victims of neuralgia suffer most severely. The sudden changes in temperature and the impossibility of always protecting themselves from drafts of cold or damp air, make winter a period of great privation and pain. Sufferers from this disease rarely get anything beyond a temporary relief under any of the ordinary methods of treatment, *which, in too*

*many instances, only deaden the nerves for a time and then leave them more sensitive than ever, and the sufferer a prey to intenser agony.*

In saying this, we do not in the least overstate the case, as all who know anything about the disease and the results of ordinary treatment understand but too well. *Once fairly entrenched in the system and neuralgia becomes, in nine cases out of ten, so far as the regular medical practitioner is concerned, an incurable disease.* But under the subtle and all-pervading action of Compound Oxygen, this disease, from which so many thousands of persons suffer a living martyrdom, *yields, even in some of the worst cases, with a promptness that is truly surprising.*

**Pneumonia.**—This disease, which so often runs its rapid and fatal course in a few days or weeks, can, in nearly all cases, be arrested by prompt use of Compound Oxygen. We are satisfied, from what we know of its direct action upon the lungs, and from results in cases of acute inflammation in that organ, that if it be used as soon as the disease manifests itself, it will give relief in nine cases out of ten, and restore the patient to health.

A severe cold always precedes an attack of pneumonia, and to the value of Compound Oxygen in promptly arresting and breaking up a cold we have the concurrent testimony of a large number of persons who are using our Treatment for various forms of disease.

**First Effects of Compound Oxygen.**—The first effects of Compound Oxygen differ in almost every case, depending upon individual peculiarities of

constitution and mental and physical habits. With some, no change is immediately perceived, but after a few days' use of the Oxygen, its effects become very marked; with others, the whole system begins to respond at the first inhalation, and there is a rapid and progressive improvement from the very beginning, while with others the condition seems to become worse for a time. The last effect occurs very often, *and is a most encouraging sign*, showing, as it does, that *new life-forces have been induced in the torpid and obstructed organism, and that their flow is occasioning a temporary discomfort or pain, which will soon give place to new and better sensations.*

**Wasting the New-found Strength.**—We cannot too often nor too strongly urge upon our patients the duty of *husbanding carefully the new strength and feeling of life and vigor that usually come as the first effect of inhaling Compound Oxygen.* The cessation of pain, the removal of distressing conditions, and the comfort and sense of vitality that are felt, too frequently awaken a false confidence and lead to both mental and physical efforts that quickly exhaust the system and cause it to lose what has been gained.

A few inhalations of Compound Oxygen may quicken the vital forces and give nature the power to hold disease in check, *but they will not restore to brain and nerve and muscle the strength which has been wasting for years. This can come only through healthy nutrition and the slow process of re-creating and re-building.* Gradually, as disease encroached, the system lost its tone. The downward course may have been through years. *The return to health must be along the way of descent.* It may be more rapid than

was the descent; but this will depend on the care with which every step is taken. If there is an attempt to carry burdens of business or professional or household duties heavier than the newly gained strength will endure, *a breakdown or set-back is inevitable.* Any one can see this.

It is against such an over-use of the strength at first received that we desire most earnestly to warn our patients. *There are few so run down and exhausted by disease that we cannot, through the agency of Compound Oxygen, bring them back to a new life and comparative health.* But to do this, as much depends on the co-operation of patients as on the action of our remedy.

We cannot take them up from where they have fallen, or are in danger of falling, by the wayside, and return them to the land of health. *We can only put a staff in their hands and send currents of new life along nerve and muscle. These they must use for themselves, wisely, prudently, and persistently.* If they do so, all will be well; if they do not, the responsibility of failure will lie at their own doors.

**Give them a Chance.**—If the thousands and tens of thousands of weak and weary sufferers throughout the land, who, in spite of care and skill, *are steadily drifting downward,* could have the benefit of this subtle and singularly vitalizing agent which we call Compound Oxygen, the help and ease and comfort it would bring to wasting bodies and depressed spirits would be blessings beyond price. *If, reader, you have an invalid wife or mother or daughter or sister or son or any one who is under your care and dependent upon you, and to*

whom life has become a burden through weakness and pain, consider seriously whether *you are not bound, in both love and duty, to give this sufferer a chance of recovery or at least the blessing of ease from pain.* We offer you the amplest means of information in regard to this new Treatment. *If you can examine the testimony we present, without prejudice, and can weigh evidence with judgment and discrimination, you will hardly fail to see that in Compound Oxygen there is a healing power that is simply wonderful.*

Let, then, the sick and suffering whom you care for and love and for whom you have not been able to get relief, have a trial of this new remedy. *It can do them no harm; and, seeing what it has done and is doing in so many thousands of cases, all the probabilities are in favor of its doing them good.*

**Our Relation to Patients.**—*We are physicians of long practice and experience, not venders of a patent medicine. Our business is to cure diseases. There has come into our possession a knowledge of the way in which to combine oxygen and nitrogen, the two elements which make up our common, or atmospheric, air, in such proportions as to render it much richer in the vital, or life-giving quality. It contains no medicament, unless the elements of pure air are medicines, and its administration introduces nothing in the body which the system does not welcome as a friend, accept with avidity, and appropriate as entirely homogeneous to itself. The results of over twelve years' administration of this new remedy are of a most remarkable character, surprising alike to ourselves and our many patients.*

Extensive arrangements have been completed by which we are enabled to supply the Compound Oxygen for *home use* to any extent and to all parts of the country, *giving, at the same time, the right of free consultation by letter during the time a patient may be using the Treatment.* Every case submitted to us will be, as we have said, carefully considered. If we see a reasonable ground for anticipating the favorable action of Compound Oxygen, we will encourage the patient to give it a trial; but if we think the matter at all doubtful, *we will frankly say so.*

**Establishing Confidence.**—The steadily increasing number of our patients; the favorable reports of which we are in daily receipt, reaching to hundreds every month; the cures that we are making in desperate cases, which often seem little less than miracles, and the number of voluntary testimonials from persons of high character and intelligence which we are constantly receiving, all demonstrate the fact that the Compound Oxygen Treatment is what we claim for it, *viz.:* a new and higher development of curative force, based on strictly scientific and pathological principles.

The work of establishing confidence in this Treatment, which was slow during the first few years of its administration, now goes on more rapidly. It is becoming clearer and clearer to the public every day *that we are not holding out fallacious hopes to the sick and suffering, but offering an almost certain means of relief in any form of disease which may be arrested or cured through the establishment of a new life in the vital system. There is no drug-medication, nor any violent assaults upon the enfeebled vitality of the*

*patient, but a gentle infusion of a new power which nature eagerly accepts and appropriates and which gradually but surely bears the sufferer back toward the long-lost health.* That Compound Oxygen is doing this work in a large and rapidly increasing number of cases is now well known to thousands of persons all over the land; and so confidence in its potency is being steadily and surely established.

**Not a Cure-all.**—Compound Oxygen will not cure every form of disease nor reach every condition. There are cases in which hereditary tendencies have been so confirmed by vicious medical treatment or by a personal neglect or disregard of the laws of health extending through years, that the abused, exhausted, and overtaxed vital organs cannot respond, except very imperfectly, to an inflow of new and living forces.

We meet occasionally with such cases and fail to cure them, to the sad disappointment of those who, seeing what the Oxygen cure has done for others apparently in as desperate a condition as their own, hopefully sought its aid. Most of these get a partial degree of relief, while some can see no beneficial result whatever; and some, in their disappointment, if not despair, weakly denounce the Treatment as a fraud, and this in the face of evidence to its curative power in hundreds of cases—*as if failure with them was a disproof of success in others.*

But in our large intercourse and correspondence with patients, the cases in which Compound Oxygen has failed to give a real and lasting benefit have been *so few in number that they are really exceptional to the rule of cure.* How far the failures in these

instances have been due to the patients' neglect of our directions and of proper care of themselves while under treatment, is something we cannot of course always determine; but we are satisfied that these causes have operated adversely in most of the cases where the expected results have not appeared.

**Kept it in the House.**—The value of Compound Oxygen, as something to be always kept on hand and for reliance in sudden attacks of illness, is becoming more and more widely known. Many cases are being reported to us in which a Treatment that had been only partly used, and which had remained in the house untouched for months, has been resorted to in case of cold where serious consequences were threatened, and with the happiest results. Seeing its value in cases like these, people are beginning to keep it on hand and ready for use. This is common sense and common prudence. If kept properly closed and in a cool place, the Treatment will suffer no deterioration, and its prompt use will, in most cases, ward off a threatened attack of illness, especially those which come from colds, from nervous and physical exhaustion, or from exposure to malarial influences. A Treatment kept on hand and promptly resorted to in time of need, will do more to prevent sickness in a family than any other known agency, and save often five or ten times its cost in doctors' bills, to say nothing of the suffering and loss too often entailed by serious illness. The old and trite adage, "Prevention is better than cure," cannot be kept too much in mind.

**Brain Workers.**—Brain work, unless excessive, does not depress the nervous system nor weaken the



vital forces. If the ordinary laws of mental and physical hygiene are observed, brain work, instead of making drafts upon the health, really improves it. But the great trouble with professional men and brain workers, in the various departments of science and industry, is their excessive and prolonged application, and too often utter neglect of the plainest laws of health. That so many break down in the prime of life is no matter of surprise. Only those of iron constitutions illustrate, in a somewhat questionable way, the doctrine of "the survival of the fittest;" and their number is not large.

In this country nearly every active business or professional man is overworked, and suffers from waste of vitality. Few reach the age of forty-five without this waste of vital force showing itself in some form of disease more or less troublesome or dangerous.

The ailments vary according to predisposition toward diseases of the individual. The most general is failure in intellectual ability, mental concentration, pointing to softening of the brain, from malnutrition of the organ, or its equivalent—exhaustion of some of its elements. More or less general paralysis is an effect of this condition of the brain.

Now, unless something can be done to renew the wasted vital force, these diseased conditions must go on increasing until an utter breakdown is the result.

Many, warned in time, retire from business or professional life and seek in change and relaxation a measure of the health which they have lost. With much the larger number, this retirement is felt to

be impossible; and they go on suffering and failing until the disastrous end comes in paralysis, softening of the brain, or sudden death.

Now, as we have repeatedly said, the results which have followed the use of Compound Oxygen during the last thirteen years, prove it to be the most efficient agent yet discovered by the medical profession for the restoration of nervous vitality. *Its use by overworked business and professional men would save many hundreds of lives every year and give to thousands more the ability to work without the weariness, exhaustion, and peril which now attend them.*

7588

205

7486

20831

74575

208

7411

128

329

1445

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946

## PRICE OF OFFICE TREATMENT.

The fee for this Treatment is \$30.00 per month, payable in advance. This calls for thirty treatments, whether in as many consecutive days or otherwise.

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## PRICE OF HOME TREATMENT.

The HOME TREATMENT is sent by Express, at the cost of the person ordering it, on the receipt of the price, which is \$15.00. It contains TWO MONTHS' supply of "Compound Oxygen," with inhaling apparatus, and full and explicit directions for use. If sent C. O. D., the cost of collection will be added to the Express charges.

The price of additional Supplies will be found at the bottom of each bill or receipt.

~~40~~ We send out no trial Supplies, and no single month's Supply.

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## NO EXTRA CHARGE

### FOR ADVICE OR CONSULTATION.

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We desire it to be particularly understood, that we give our patients the most careful professional attention, either in office consultation or by correspondence. We ask of every one who applies for the "COMPOUND OXYGEN," as full a history of his or her case as it is possible to give; and if we should be satisfied that the condition is such as to leave little or no hope in the new Treatment, we will honestly say so. If, on the contrary, from our wide experience of its action and effects, we see a reasonable hope of relief or restoration, we will encourage the patient to give the Oxygen a trial. In all cases, we desire to keep in correspondence with our patients while they are using the Treatment; and to get regular reports from them in order that we may give them the benefit of all the professional skill and advice in our power to offer. This is done *without extra charge to the patient.*

Drs. STARKEY & PALEN,

1109 & 1111 GIRARD STREET,

PHILADELPHIA, PA.

## COST OF THE "HOME TREATMENT."

The price charged for the COMPOUND OXYGEN HOME TREATMENT—two months' supply—is \$15.00. Now and then a patient suggests that the price is high. A few words will set this matter in its true light, and show that our charge to patients, instead of being high, is in reality very low.

We are physicians, and give our patients the right of free consultation during the time they are using our Treatment.

A Treatment if used according to directions, will last for from two to three months. It rarely happens that a patient uses Compound Oxygen for this period of time without receiving very great benefit; in a large number of cases the disease for which it is taken is cured. *And yet many of these patients have spent, as stated by themselves, many hundreds of dollars on physicians and medicines without gaining any relief.*

It will therefore be seen that the expense of this Oxygen Home Treatment, which lasts for over two months, during which time our distant patients have the right to consult us freely by letter, is, in reality, small; costing, in most cases, *less than a doctor's ordinary prescriptions while attending a patient during a like period—to say nothing of his regular fees.*

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## DEPOSITORY ON THE PACIFIC COAST.

All orders directed to H. E. Mathews, 606 Montgomery Street, San Francisco, Cal., will be filled on the same terms on which we fill orders sent directly to our office in Philadelphia.

Patients ordering from our Depository in San Francisco, should, at the same time, write to us, and give a statement of their cases, in order that we may send them such advice and direction in the use of the Treatment as their special diseases may seem to require.

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## TREATISE ON COMPOUND OXYGEN.

This Treatise of nearly two hundred pages contains a history of the discovery of Compound Oxygen, describes its mode of action, and gives a large record of the results which have followed its administrations during a period of more than twelve years. It is intended for free circulation, and will be sent to all who desire to receive a copy.

Also, sent free, "HEALTH AND LIFE," our quarterly journal containing reports of cases and cures under the Compound Oxygen Treatment.