

Elizabeth Strachey  
her book 1693

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*The Libris Annot.*

A Book of receipts of the sorts

A very good one for the tyick or  
shortness of breath: Mrs Mitchel

Take sheeps Doung fresh every morning  
from ye falde & steep it in milke or any other  
Liquor for An hower: then strain it And drinke  
A good draught of it. And you will find the  
benefit if you continew the constant use  
of it for some time

for the piles: Mrs Colpis:

Take scarlett cloath And Burn it In the  
fire to A cole: powder it to A very fine  
powder: And if they rage ever soe bad take  
A little of it betwixt your fingers And Apply  
It to the place greined It will give ease  
sooner then you can Imagine

for the gout: Mrs Colpis:

Take pilsomach with russ gume Aloes rojat: of  
each one dram: salt of wormwood & rosen of  
Gallup: of each A scruple: make them in to A mass  
with serup of Roses: the dose half A dram At night  
When you goe to bed: drinke it downe in beer  
or what you pleas: it will not worke till the  
morning & then you may goe any where or eat  
or drinke Any thing

A nother for the goute  
of very violent

Take of opum one dram: of saferon 2 drams:  
mingle them with 4 or 5 yolks of eggs: And  
put A plaister of it on the part Afflicted:  
And It mildly swageth the pain And restraineth  
the corruption

An other for the goute  
Take the Juice of the flowers of Broome:  
And the Juice of Scala celi: & hony: As much of  
one As of the other: seeth it till it is of y<sup>e</sup> thickness  
of hony: And Annoynt the gowty place there with

An other for the goute And Joynt Ache  
Take y<sup>e</sup> Juice of sage: of ~~Sage~~ Squawite: of oyle  
of bay: of vinegar: mustard: & of A beest gall: of  
Each A like quantity: put It All together in A  
great bladder & chafe it well up and downe with  
your hand for the space of An hower, and  
half: And keepe it for your use: & Annoynt  
the greued place with it morning <sup>and</sup> Evening  
And you will find the benefit in A short time:

A nother  
fry out the grease of shumakers shreds: or  
peeces of leather: And lay some of it on brown  
paper: warming it A little At the fire; then  
Apply it to the part greued: And it will take  
Awey the pain In one night

Take <sup>over</sup> A cut or scald  
garlick And houselick of each A Like  
quantaty. Stamp them both together And Apply  
It playster wise. And it will ease it maruelously

Take for A canker In the mouth  
two peny worth of treacle. A Like quan  
taty of hony. A peece of Allum of the bigness  
of A walnut. being beaten very small. boyle  
All these to gether till it come to A salte  
& lay it to the place

Take for the Stooone  
holly berryes And dry them And  
beat them to fine powder. put half A  
spoonfull of the powder In Ale or whiterwin  
And drinke it luke warm morning And evening

A nother for the Stooone  
Take oyster shells & wash them very clean  
then burn And pound them to A fine  
powder. & drinke A draught of white wine or  
Ale luke warm: sum of the powder being in It.

Take <sup>or This</sup> wilde time: & dry it to powder: put  
it In whiterwine & boyle it from A quart to A  
pinte & drinke it fasting.

for A bluddy flux  
Take franconsence and put it in A chafingdish  
of coals: put it in A close stooke & sit on  
it bare

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for deafnes  
Take the Juice of ye Buds: Leaves, Inner rind  
or young branches of elder: Luke warm; put  
it in to the yeares: It will breake the  
Impostume within 4 or 5 days: And cure  
the deafness

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A nother  
Take the Juice of betony: And Juice of  
Anions: of each 6 ounces: A handfull of  
~~Rosmary~~ Rosemary Leaves stamped: 3  
ounces of Bitter Almons: one white eele grese  
choped: mix them all together. And distill  
them: then drop 2 or 3 drops in ye yeares  
2 or three nights together

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A nother  
Take A stick of green Elme: or Ash: And  
lay it on ye fire: receive the water that  
comes out of the ends of it: And take the  
grese of A fat eele that is Red beneath the naue  
boyle them together A little: And put it into A  
glass: And when you goe to bed drop A drop or two  
in ye yeares

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for Aches In ye Limbs  
Anoynt the place with good Aquacomposita  
by the fire 3 or 4 times together, And at  
the last time cast Apon it before it be drye  
the powder of Libanum, or the best frankensin  
And bind A lincloth on the part and see fast  
en on 3 or 4 days

for poyson to be taken inwardly  
Take A spoonfull of powder of betony, And  
put it in A draught of wine and drink it  
presently works A cure

Take A peny worth of Aquacity  
And the same quantaty of oyle of bay, mix it  
together, And Anoynt ye Infected part but  
not by the fire, And it takes away the paine  
presant

for swollen legs  
Take mallows & seeth them in water, y<sup>e</sup>  
Stamp and strain them from the liquor,  
And put to them Barrows grease, & fry it  
to gether till it be thick: And Apply it  
plaister wise; morning and evening 4

for ould Aches In ye Limbs: <sup>or</sup> blinno  
Take of black dew snails: And put them in  
An earthen pot with camemel: A lincloth of the  
one And A lincloth of the other: till the pot is full,  
Bake it with household bread, & from them will com  
A oyle: therewith Anoynt the Limbs

for Itches Another:

take of grey and black snails 2 quarts:  
one quart of Earth worms: 4 swallows:  
pull of the feathers & pluck out the guts  
& chop them small: then take half A pinte  
of Aquavity: put all these together in A  
earthen crutch; and lay it <sup>in</sup> horse dung 21  
dayes: then take wormwood: sothernwood:  
camamill: baye leaues: ren: sage: damask  
rosee: and broome flowers: A Like quantaty  
And put them to the other things: And  
boyle them together ouer A gentle fire for  
the space of An hower: then strain it  
And there will come A oyntment from it:  
keepe it for your use

Take A quart of the best white wine:  
2 quarts of y<sup>e</sup> best oyle olive: ~~then~~ 4 ounces  
of cardus: one pound st. Johns wort: 4 ounces of  
sage: of Each one of these take the leaues & flowers  
if it be possible: It being small shredded: Let all these  
steep 24 howers in the wine & oyle: then boyle  
It in A earthen pipken ouer A soft fire for  
An hower: stirring it continewady with A  
spatter: then strain it throuth A cloth wring  
it till all the liquour is wrang out: then set it  
ouer the fire Again in the same pipken: And  
Add to it one pound of uenus turpentine:



washed in Rose water: 4 ounces of olibanum: 2  
ounces of mirhe: And let them boyle on a soft  
fire till all the gumes be dissolved: then take  
it from the fire And let it stand till it  
be colde: then put it in a glass bottle And stop  
it close, & set it in y<sup>e</sup> sunne 10 dayes before  
it be used.

It is a excellent <sup>thing</sup> for the goute And pains in  
the bones: for the cramp: And all sorts of  
bruses: either in man <sup>or</sup> woman: to be Applied  
to the greened places: with rubings: for a  
quarter of An hower twice a day till it  
proves A cure: which will be in two or three  
dayes:

A drink for the plauge  
Take of malmejey 3 pintes & boyle therein offlage  
And rue one handfull: till A pinte be wasted: then  
strain it & set on the fire Again, put to it  
two peny worth of long pepper: one ounce of  
ginger: nutmegs half A ounce: well beaten to  
gether: 2 peniworth of London streacle: 3 peny  
worth of methredate & A quarter of A pinte of  
strong Angelica: water: warm 2 spoonfulls of  
this Ligour if Alredy Infected: And sweeten it  
upon it: If not infected A spoonfull is  
suffitient for either man woman or child  
All these Among my unkle: papers At falston

M<sup>r</sup> Daubany A receipt for A wenn

Take A peece of Lead And bete it uery thin  
pounce It full of holes And bind it hard on  
the swelling It wil Aruage it In A little time

My Aunt for deafnes

Destill rosmary In An Alimbeck some faires  
water Being In the bottom of ye pot to keep  
It from burning: on the top of the water you  
receiue: there wil be An oyle which drop In to  
the yeares It haue recovered people of deafnes  
Euen to A merable

A uery good oymntment

Take one handfull of wormwood, one of  
Rouemary flowers: one of y<sup>e</sup> flowers of brow  
rage: one of burdock rates: one of brooklimes: And  
one of lemon time. boyle All these In A quart  
of ~~water~~ foot oyle til tis half boyled ~~And~~  
way: then strain it & keep it In A earthen pot  
for y<sup>e</sup> use: It is uery good for Any sinnewe y<sup>t</sup>  
Are shrunk: or for cold Itches: or reaticath.  
Anoynting the part by y<sup>e</sup> fire ʒ ʒ ʒ ʒ ʒ

A receipt for the Itch

Take of marygoulds: camamile: And wild  
tany: of Each A handfull make A pojet w<sup>th</sup>  
them And drink A good draft of It morning  
And night: ʒ ʒ ʒ ʒ

these two: of  
mary palmer who knew them to be uery good

snail water very good for A consumption  
& to create An Apatite. of m<sup>r</sup> Langton

Take 3 gallons of y<sup>e</sup> strongest Ale to 2 gallons  
of sack: then take A great peck of garden <sup>house</sup> snails  
& make A fire with Charcole Upon A clean hearth  
And when It is well kindled put them In A  
Iren Tripenpan; with one end higher then y<sup>e</sup> other,  
that the froth may run out: & keep stirring y<sup>m</sup>  
till they haue dun hipping: then take them out:  
And put them Into the Ale & sack: & put to it: 8  
ounces of Hartshorne 2 ounces of half of cloues  
brused: 2 good handfulls of Angelicoe Leaves: 3  
quarts of rosemary flowers: And 2 handfulls of  
Sallindine: soe stop the mouth of y<sup>e</sup> limbeck  
with Lie past: & In the morning Distill It: keep  
the first by it self: & soe the second & third: take  
A ~~good~~ small draught of it mornings fasting And  
It 4 of the clock In the Afternoon sleepers After  
It: If It is too strong you may mixe it with  
Any water you fancy

Mary palmer for A sore brest.

Take 2 yolks of eggs And A little spoonfull  
of hanny some cream & flower to make it A  
prety stiff paste warm it And make it In to  
A cake & Aply it to y<sup>e</sup> brest: it do both draw  
And heell

Mary palmer for A pain that tyfe hard  
In y<sup>e</sup> stomach:

Take wild time: sweet margarum: Wyup:  
sueary: bittony: featherfew: of each half  
A handfull: boyl All these together In 3 pints  
of spring water till it be boyled half away  
& then strain it & sweeten it with brown  
sugar: drink A good draught morning & evening  
And you will find y<sup>e</sup> benefit In A short tyme

Mrs Nicolson A receipt to clear y<sup>e</sup> eye sight  
Approved

Take Eyebright: sage: Bittony: and sweet  
margirum A like quantady: boyl As much water  
As you think fit And power it on y<sup>r</sup> yerbs  
boyling hot strifell it: & when tis cold drink  
A good draught of it every morning fasting & At  
A cloz In y<sup>e</sup> After noon. fo A quarter of A year  
If you pleas you may sweeten it with sugar  
when you drink it

Aserting cure for A wart  
Take A little bit of fat backon w<sup>th</sup> y<sup>e</sup> vine on & rub  
the wart with it And nail it where the sun may  
come to it: And As the bacon doe waste the wart  
will grow less

Couz. Jones

Mr<sup>s</sup> Langton

sirup of vinegar with garlick

Excellent good Against a fixed cold or tick

Take one pint of good white wine vinegar  
3 ounces of new English Licorish: one ounce  
of Anniseeds brewed: 3 heads of garlick sliced:  
put to your vinegar a quarter of a pint of  
spring water: take Algot 3 or 4 figs. & As many  
dates sliced small that y<sup>e</sup> Juice may y<sup>e</sup> better  
come out: boyle all these together till half y<sup>e</sup>  
Liquor be boyled away: then strain it very  
well; & put y<sup>e</sup> Liquor so strained into a cleane  
skedlet & Ade there unto 3 quarters of a pound  
of good powder suger or more: then boyle it up  
to a sirup over a gentle fire: when it is 3 or 4  
days old it will be pleasant enough, & have  
ben found very good being taken w<sup>th</sup> a Licorish  
stick going to bed. & fasting in y<sup>e</sup> morning, And  
often in y<sup>e</sup> day when y<sup>e</sup> stomack is most empty  
And in y<sup>e</sup> night when the cough is violent

pill for y<sup>e</sup> pain in y<sup>e</sup> bak

Take half an ounce of nutmegs half a ounce  
of cinomon & half an ounce of loaf sugar & mix  
it w<sup>th</sup> Venus turpentine And make it in to pills  
take 3 At a time every other night for 6 nights

for a Boyl

Take the strongest beer you can get And boyl  
it till it comes to y<sup>e</sup> thickness of a salve & when  
it could spread it on a peece of shoyes leather & put  
it on y<sup>e</sup> boyl it will give eas pleasantly  
Cuz. Jo. crop

1002 A Excellent receipt for A film or pin  
thornhill And web in y<sup>e</sup> eyes

Take A egge that is just laide: And rost it  
in y<sup>e</sup> Embers & when tis hard, take y<sup>e</sup> white first  
peeling of the skin And squeeze it in A lining  
clouth And there will come out An oylly moisture  
that drop in to your eyes 3 or 4 times A day It  
will sartingly worke A cure in A short time

A uery good receipt for ye

Strangury. Mr lock

Take y<sup>e</sup> powder of white suger candy in  
A bit of butter unsalted About y<sup>e</sup> bigness of  
Anutmeg every morning fasting And At  
night goeing to bed: doe it for A quarter  
of A year together & it will sartingly work  
A cure

for A could Mr Ashforde

take A spoonfull of mustard seed ~~is not~~  
pounded & mix it with y<sup>e</sup> pulp of A rotted  
Apple & swallow it when you goe to bed  
And when you rise in A morning H H H

for y<sup>e</sup> piles Mr Ashford

Take of laperselestis: decolue it in fair  
spring water til y<sup>e</sup> water is collored so  
dip A rag in it & wet y<sup>e</sup> place greined you  
may make the water stronger or weaker At  
y<sup>r</sup> pleasure by puting more or less of y<sup>e</sup> stone  
in it

M<sup>r</sup> Ashfont: so kin provide flesh

Take A small stone of lasecelestis &  
rub y<sup>e</sup> wound with it As often As y<sup>e</sup> drop  
it. or take y<sup>e</sup> powder of precipitate And  
strow A little on y<sup>e</sup> wound ~~in the manner~~  
As often As y<sup>e</sup> other

M<sup>rs</sup> Nicolson: Rhume pills

Take 4 ounces of English Licorish dryd &  
bete to powder & sift it very fine with A pretty  
quantity of Anegeds beaten And sifted fine.  
y<sup>n</sup> take A peniworth of gum dragon & stepe it all  
night In colts fut water hysup & Red Rose water  
or Any other water that is good for y<sup>e</sup> distillations  
from y<sup>e</sup> head then take your powders & put them  
In A mortar with the gum that is stepe In y<sup>e</sup>  
waters A little At A time beeteing it very  
well till it come to A paste to be wrought  
with y<sup>r</sup> hand then Roull them up In some of y<sup>e</sup>  
powder & dry them by the fire A little while  
then put them In A box where they may  
be cept dry & they will keep A yeare make  
the pills About y<sup>e</sup> bigness of Apease & take  
three At A time

M<sup>rs</sup> Nicolson: The black plaister

Take A pound of bees wax & A quart of  
the best sallet oyle A pound of white led In  
shifers A ounce or 2 ounces w<sup>th</sup> you pleas of  
camphire then put your wax In A scillet over  
A soft fire till It be all melted then put In  
your oyle & let It boyle softly one houre  
then put In your led keep It stirring  
over A gentle fire till It begins to boyle  
blackish then put In your camphire & keep  
stiring It till It boyls quite black & heard  
enough to roule: then rub your hands w<sup>th</sup>  
A little oyl & make It up In rouls: you  
must desolve your camphire w<sup>th</sup> A drop of  
oyle before you use it. ¶ ¶ ¶ ¶ ¶ ¶

M<sup>rs</sup> Nicolson: for the kings eavill

Take of Elder: march: Robert: lead mans  
hand: fumitory wild: Angelico: dry these  
herbs severly In their season in y<sup>e</sup> shade  
A like quantity of each: make It In to  
A powder & mix it All together then put 2  
good spoonfulls of y<sup>e</sup> powder In to  
A quart of middling Ale or beer: boyl Away A third  
part Strain It & when It is cold put In to  
A bottle: drink 6 spoonfulls every morning  
And At 4 a clock in the Afternoon: doe It  
till you find A cure ¶ ¶ ¶ ¶ ¶ ¶



Angellica water: Couz. clark

Take A bushell of damask Rojes: 4  
handfulls of Angellica stalks & Leaues  
4 ounces of Angellica roots 1 ounce  
of cinomon one gallon of sack: slice  
the roots thin & break the cinomon  
In small peeces & sift y<sup>e</sup> Rojes then dis-  
till It In A limbeck draw 3 quart  
of water & sweeten it with double  
refine sugar: If you desire It stron-  
ger put In one quart. of brandy  
to y<sup>r</sup> sack ㄥ ㄥ ㄥ ㄥ ㄥ ㄥ

To make orange Brandy cou: clark

Take y<sup>e</sup> outside rines of 4 middle sized  
oranges of any sort, put them in to A  
quart of y<sup>e</sup> best brandy with some cloves  
& cinomon keeping it cloce covered 4 8  
howers then boyl A pint of fairer water  
& when it boyls take it off the fire &  
stir in to it half A pound of sugar & when  
It is cold put it to y<sup>r</sup> brandy, strain y<sup>e</sup>  
brandy first, then bottle it & stop it cloce  
this is A very good stomach water

Mr. Sautlers Amber water  
Take mint, balm, rosmary, ren  
Angellica wormwood, of each one  
handful. Strip & cut these herbs  
& put to them of ~~Anny seeds~~ sweet  
fennil seed, carraway seed, colliander  
seed, cardemum seed. ~~Juniper berries~~  
~~Berries~~, of each half An ounce, bruse  
the seeds & mix them with the herbs  
& infuse all these in A gallon of  
Aquanita 24 hours, then draw it  
off in A cold still lented, or A limbeck  
ty up ~~the~~ <sup>the</sup> idoron in A fine cloth  
& let it hang in the bottle under  
ye still till it is As Deep A couler As  
y<sup>e</sup> pleas y<sup>e</sup> may Draw of y<sup>e</sup> same  
quantity of water As y<sup>e</sup> put in  
spirits then mix it all together And  
sweeten it with Double Refined  
sugar As sweet As y<sup>e</sup> pleas

A new good poultice for a swollen  
breast or any other swelling.

Take. A quarter of A pound of rice:  
A quarter of A pound of lent figgs:  
A quarter of A dram of saffron. put  
the saffron in the figes & slice it  
small together, then put them & the  
rice into 2 wine quarts of good milke  
set it over A gentle fire & let it  
boyle till tis thick & tender: then spread  
it on A cloth & laye it all over the  
breast As warme As it can be suffered:  
let it bide on the breast 24 houers with  
out changing of it: And keepe using  
it till y<sup>e</sup> swelling is dispersed or broke  
for it doe both draw & mollifie. before  
you take it out of the scilet put in  
to it Aboute half An ounce of diaca-  
lum

this used to my sisters breast when  
it was broke by m<sup>r</sup>s Allworthey

for A Burn By Hill

Take A pound of butter & melt it  
When its melted take A handfull  
of ground Ivy Leaves. 2 handfulls of  
ye Leaves of Elder & 2 handfulls of  
brier Leaves, thred y<sup>m</sup> All together & put  
y<sup>m</sup> in y<sup>e</sup> butter & when they are crisp  
put in half A pint of sheeps truckles  
keeping it Always stirring when y<sup>t</sup> is well  
mixt thred in one ounce of bees-wax  
& when its melted strain in to A pot for  
y<sup>r</sup> use. ~~Its~~ A exalant thing for A  
burn first cuting y<sup>e</sup> blister & then  
spred some of it on burdock ~~for~~  
plantine Leaves it will hee it with  
out leaueing Any mark; It hee's  
y<sup>r</sup> prethed hands or lips by Anoint  
ing them with it. H H H (Good)

A cure for chil blains  
quench red hot gads of Iron  
or steel In your own water till  
it boyles then pat them with it  
As hot As y<sup>u</sup> can suffer H H H

for painer in y<sup>e</sup> Limbs. - Which  
Take y<sup>e</sup> outward rind of A yong Ash  
A good handfull, & boyle it very well  
in A quart of beere or water which  
y<sup>e</sup> please, & drink A good draught of it in  
morning twice or thre A week lying  
in y<sup>e</sup> bed for An hower After. y<sup>e</sup> y<sup>e</sup>  
may have A brething sweat. It has  
ben known to recover those y<sup>t</sup> have  
ben bedriden — — — — —

A saving cure for y<sup>e</sup> tooth Ache  
Take 3 of y<sup>e</sup> seeded tops of red  
nettles & 5 pepper corns put both in  
A rag and hold it between y<sup>r</sup> teeth &  
It will give ease immediately — — —

for A cancer: Dr Glid  
wet rags of lining, in y<sup>e</sup> distill  
ed water of whitelash & As they  
dry wet them Again — — —

Mr<sup>s</sup> Machen) Admerable good Lozanges  
for A cough

Take red roses & pound them very  
small & to An ounce of that take  
A quarter of An ounce of Licorish  
finely powdered, y<sup>e</sup> like quantity of  
Rosemary dryed & powdered, mix it  
All together with y<sup>e</sup> yolks of 5 eggs  
& A little rose water & As much double  
refined sugar (sifted small) as will  
make it into A pretty stiff past, y<sup>n</sup>  
stamp them in Lozanges with A silver  
thimble & bake them on tin very  
dry & hard & keep y<sup>m</sup> on sugared  
papers for y<sup>r</sup> use, when y<sup>r</sup> cough  
troubles y<sup>e</sup> eat one of them — —

Syrop of Gilliflowers with  
Juice of Lemons

Take your Gilliflowers & clipp of the  
whites & when they are cut clean off  
cutt them again a little with your sizars  
& to A pound of these, take About 20  
lemons the clear Juice without the seeds  
& put it to the flowers into a Gally pott  
If y<sup>e</sup> Juice of 20 lemons will not quit

cover them you must put in so much  
more as they may lye in a plash then  
cover y<sup>e</sup> pot very close & let them stand  
coole 3 dayes turning them once A day  
then strain them hard out & to that  
juice take 3 pound of double refined suga  
wet the lumps in water & boyl it to a  
candy height then take it off the fire  
& poure the Juice in just as you take it  
off & keep it constantly stirring till the  
suger is quit melted & when it is quit  
cold put in your bottle

the leaves is a pretty sallet with only  
a little sugar to them

This is Approved By Mrs Stringer  
for An Exjalent thing In A Feavor

Mrs Saillers Angellica water  
To A gallon of Aquavita take As much  
Angellica As that will wet but most  
of y<sup>e</sup> stalks, strip & cut them, & add  
half An ounce of colliander seeds bruse  
& let them Infuse 24 hours & distill  
it <sup>in a Embick</sup> & sweeten it with fine sugar

M<sup>r</sup> Salders mint water

To A gallon of Aquavita take as  
much mint stript, & cut as that will  
wet & infuse it 24 hours & distill  
it Either in A cold still or A Limbeck  
mixing it all together when you  
sweeten it with fine sugar ##

A powder for y<sup>e</sup> stone  
Approved by M<sup>r</sup> Newark

take y<sup>e</sup> small stones you will find  
in coals heads pound them & sift  
them to fine powder Let y<sup>e</sup> ~~stone~~  
Afflicted party take as much as  
will ley on A ~~stone~~ <sup>great vice pence</sup> if y<sup>e</sup> fitt begins  
with colde) In A dram of right  
french brandy, If they are warm  
When y<sup>e</sup> fitt comes then take it  
In A glass of whitwine or sider  
It will pleasantly give ease. ##



A Infallible cure for A  
quinsey Approved by  
Mr Newark

Take A live house mouse & cut  
the throate of him saucing y<sup>e</sup> blood  
that comes from him & while it is  
warm have In readiness A small  
scain of white silk cut In threads  
About half y<sup>e</sup> length of ones Arme  
make every one of these threads  
In to little kind of worms by rowling  
them up between your fingers then  
Lay them In y<sup>e</sup> warm blood for  
An houre or two & give it to y<sup>e</sup>  
party & they will slip down y<sup>e</sup>  
throat easly: It works A speedy  
cure

41 X 7 8 15 1/2  
Lungs & parts

for Convulsion fits.

M<sup>rs</sup> Newark

Take y<sup>e</sup> skins of y<sup>e</sup> gijards of  
fowls wash them very clean in  
water lay them on fire & dry  
them in A oven powder them very  
fine & give As much to the party  
Afflicted As y<sup>e</sup> can take upon A  
sixpence In A draught of whitewine  
or what liquor y<sup>e</sup> pleas. for A  
man It must be y<sup>e</sup> gisards of  
hens: & for A woman y<sup>e</sup> gijards  
of cocks.

Approved) A strengthening ointment  
By Mrs Newark)

Take 2 pound of unsalted butter  
In y<sup>e</sup> may month & clarifie it  
In y<sup>e</sup> June 9 times parting it  
from y<sup>e</sup> bottome which will be  
droffy then take half A peck of  
cammamile, two handfulls of y<sup>e</sup>  
tops of rosemary As much of brown  
sage, Lavender before it is bloome  
Fetherfew, & one handfull of  
wormwood, shred All these in  
small As possible: then take 2  
quarts of black <sup>den</sup> maitt cleane  
washed put y<sup>e</sup> maitt butter &  
herbs In A earthen pan A row  
of one & A row of the other till y<sup>e</sup>  
pot be filled & powder over it A  
pinte of y<sup>e</sup> newest neetsfoot oyle

cover it close & put into A oven  
After howeould bread & lit it  
stand 12 hours then strayn it  
out & when it is cold part it  
from y<sup>e</sup> bottome & soe keep it  
for y<sup>r</sup> use; this is exstreamey  
good to strenten y<sup>e</sup> Limbs by  
chafing y<sup>e</sup> Joynts & for Any  
Palseyall humore to chaf  
y<sup>e</sup> part twice A day by the fire

Approved Coule of Eggs uery  
by m<sup>r</sup> Newark good for A Rupture  
take A good quantity of eggs & boyl  
them hard then take them out of y<sup>e</sup>  
shell & put them into A bedmettle  
scillet chopt small & put them over  
wood coles keep stirring of them till  
you see y<sup>e</sup> moisture come out then put  
them in A flaying bag & wring out the  
oyle with wich Anoynt y<sup>e</sup> part till its cured

A drink for the watering  
of the back by <sup>approved</sup> ~~man~~ <sup>new</sup> ~~woman~~ <sup>newark</sup>  
Take 3 quartes of olde malliga  
sack 3 pound of y<sup>e</sup> best dates  
with outside & inside skins  
taken off. one handfull of the <sup>leaves</sup> ~~leaves~~  
~~poach~~ 2 ounces of plantain seed  
put it over a soft fire & cover  
it close Liting it just simmer til  
one pint is wasted, then let it  
stand Altogether 3 or 4 days  
then strayn it & put to it A  
handfull of knot grass, half A  
pint of y<sup>e</sup> marrow that goes down  
A oxes back & 15 date stones  
finly powdered & half An ounce  
of powder of correll then boyle  
it over a soft fire til A pinto

It wanted let it stand ~~Altogether~~  
Altogether & take half A pint  
of It (shaking it that you may  
have y<sup>e</sup> powder in every draught  
every morning half An hour  
before y<sup>e</sup> rise & y<sup>e</sup> same quantity  
when y<sup>e</sup> are settled in y<sup>e</sup> bed

### A Tropical Diarrhoea drink

take two gallons of y<sup>e</sup> best  
sweet wort 2 gallons of whitewine  
4 handfulls of Brown sage 2  
handfulls of young tops of Broom  
put It over A fire close covered  
let It simmer till it is half  
consumed then take it off y<sup>e</sup>  
fire & keep it close covered

till it is cold then strain it of  
& put it in bottles with a stick  
of lycerigh in each bottle & in a  
week it will be fit to drink.

<sup>Being close stopp'd</sup>  
Take half a pint of it every  
mornina & At 4 a clock in the  
Afternoon: Approved by Mrs  
Newark to cure y<sup>e</sup> Dropsey or  
Any Watery Humore that  
Crines out of Any part of y<sup>e</sup>  
body

A nother for y<sup>e</sup> waisting of the  
Back in women

Take A piece of an Elephants Tooth in  
powder & drink it in water wherin y<sup>e</sup>  
seeds of Lettice have been infused & red  
hot steef have been quenched -  
for A man in that Case

Take y<sup>e</sup> Cups of Ripe Acornes smake  
them in to powder & drink as much  
as will ly on A shilling in any Liquor  
fasting .3 or 4 days following w<sup>it</sup>  
Seldome fails -

for worms

Take a handfull of Peach leaves and  
chopp them small & sprinkle them w<sup>th</sup>  
viniger & put them in to two little  
bags then bind one to y<sup>e</sup> stomach &  
y<sup>e</sup> other to y<sup>e</sup> Belly, & it will certainly  
cure -



to make Uguobayh  
prepare y<sup>e</sup> spirits thus, viz put a good hand-  
full of Angelico & 3 quarters of a pound of  
Aniseed into three Gallons of Beer or Cider  
Grounds, & soe distill it in A Limbeck  
Into 6 gallons thus prepared put 5 pounds  
of Raisons, 5 pounds of figs, one pound of  
Dates, 4 ounces of dried Squorish, 5 ounces  
of Nutmegs & 5 ounces of Cinomon: stone  
y<sup>e</sup> raisons, rub y<sup>e</sup> figs in a cloth to cleane  
them, cleane the Dates & take out their  
stones & inward skins scrape y<sup>e</sup> Squorish,  
& then having bruised all these Ingredients  
grossly, Infuse them 2 days, stoping y<sup>e</sup>  
vessel close & stirring it twice a day  
very well, then strain it thro a flannen  
bag, & lancing colour'd it with Graid  
Saffron according to y<sup>e</sup> own mind, let  
it stand 24 hours & then pour it off  
from y<sup>e</sup> seddiment & bottle it: A dram  
of saffron colours A gallon of y<sup>e</sup> Liquor.  
this Approved by Couz. Jo: Crox

Mrs Babers Usguobath on Ale  
when y<sup>e</sup> Ale is workt very well to tan  
put in one ounce of holup, stir it well &  
turn it & stop it close, in A fortnight distill  
it in to Low wines, to every 2 gallons of  
this spirits put A quarter of A pound of  
Aniseeds one ounce of Callamus Aramaticus  
sliced thin, distill this to one gallon, then  
infuse in it half A pound of liquorish stick,  
when it is sweet enough to y<sup>e</sup> pallet decant  
it & couler it deep enough to stain A glass  
with saffron, bottle it & it will be fit to  
drink in 2 months, y<sup>e</sup> staler y<sup>e</sup> Ale is y<sup>e</sup>  
better provided it is not sower

Mrs Baber A pearl cordiall  
take of black chery water of compound  
mony water & mony water of each 3  
ounces & sweeten it with one ounce of  
suger of pearl this is very good in A fever  
A Spoonfull At A time

M<sup>r</sup> Babers Red powder

take A quart of whitewine. put it into  
A earthen pan, take pimpevell, tormentell  
Root & Leaves, Cardus, Bittony, scabius, of  
each one handfull cut small, & put them  
In y<sup>e</sup> liquor & let it stand 2 days in y<sup>e</sup> sun  
covered, then strain it & take A pound of  
y<sup>e</sup> finest bolearmionick beaten very small  
& sifted, mingle it with y<sup>e</sup> liquor & so make  
it up in little balls & dry them in y<sup>e</sup> sun,  
y<sup>e</sup> dosage is As much as will lye on A shilling  
(powdered) for A man or woman & less for  
A child in Any cordial water but especially  
in plague water: it is good to strike out  
Any infection or distemper, causes sweating,  
good for Any flux of blood but it must  
be taken 3 or 4 mornings together for  
A flux, & but once for Any other thing

M<sup>rs</sup> Haber's Surfit water

take one gallon of Brandy & 3 gallons  
of strong Ale, of gallingale roots, melilot  
flowers, cubibs, Cardimus & grains one  
dram of each sort, Long pepper one grain  
cloves, mace, nutmeg, & ginger, of each 3  
drams, Lent figgs one quarter of a pound  
Raisons of y<sup>e</sup> sun & popys of each one pound  
Bruise y<sup>e</sup> spices stone y<sup>e</sup> raisons & slit the  
figgs & let it steep together one night,  
next morning still it in a Limbeck & let  
it drop in a earthen pot on half a pound  
of popys with y<sup>e</sup> black Eyes pickt off & a  
pound of y<sup>e</sup> best powder suger, y<sup>e</sup> may  
draw 6 quarts good, & let y<sup>e</sup> Limbeck  
run very fast Approved

Caraway Water (M<sup>rs</sup> Haber)

take A quart of french Brandy & one  
quarter of A pound of caraway seeds  
Bruised, & shake them well together &  
let it stand A fortnight in A Bottle close  
stopt, shake it once A day, then to strain

out y<sup>e</sup> seeds & put in to y<sup>e</sup> Brandy 5  
grains of scuchaneel finely beaten, & 2  
ounces of fine suger shake it well &  
Bottle it for use, A spoonfull or 2 of this  
is very good for A turfit Approved - - -

M<sup>r</sup> Babers) sirup of saffron  
put half An ounce of saffron in A glass v.  
half A pint of Annizeed water, stop it close  
& shake it every day for 21 days together  
then take half A pint of red poppy water  
& half A pint of couclin water & A pound  
& half of Loaf suger & boyle it to A sirup  
then strain y<sup>e</sup> Annizeed water & put to it  
keep it over y<sup>e</sup> fire til it is ready to  
boyl & when its cold put it up - - -

tinomon water m<sup>r</sup> stringer  
Infuse y<sup>e</sup> tinomon (when its brused & stoppt  
it close) in A quart of y<sup>e</sup> Brandy 2 or 3 days,  
take A gallon of Brandy, 2 quarts of spring  
water & 4 ounces of tinomon & put it Ad in  
y<sup>e</sup> cold still & past it very close & stid it of  
but be sure to keep A cover cloth well A top  
of y<sup>e</sup> still for y<sup>e</sup> cooler y<sup>e</sup> water comes off y<sup>e</sup>  
better & will yeild y<sup>e</sup> more spirit, Draw it  
moderately of not too hot A fire under it - - -

Lady Hewitts water

Take of red roge, Bettony, spearmint, unset  
flyson, let well, time, baulm, penroyal, sunicle,  
seladine, water cresses, heartseage, Lauender,  
Angelica, germander, callamint, tamaris, coltsfoot,  
Annice, ualnia, saxafrage, pimpered, nartia,  
parsly, Rojemary, ransvy, scabius, Egrimony,  
mother of time, Cardus benedictus, melitroy  
of y<sup>e</sup> wall, field Tajes flowers & roots, of each  
of these renewall roots A handfull, After they  
be clean pickt, of ~~the~~ rue, yarrow, comfory, plantain  
canomile, maiden hair, sweet margarum, of  
each of these A handfull before they be clean  
pickt, Red roge Leaves, Cowlip flowers, rojemary  
flowers of each of these half A peck, fenel seeds,  
Annis seeds, parsly seeds, Caraway seeds of each  
of these 2 drams, Cardimus, Lignum Aloe,  
spicknard, Ellecompane roots, dried, melilot  
flowers, Calamus Aramaticus, vuburb sliced  
thin, Galangall, Uewinca, Zedeary, cubibs  
Grains, of each of these 2 Dramt, Juniper <sup>seeds</sup> one  
dram, Aramaticum Rosirum 3 drams, chena  
roots one ounce, saxafrage sliced thin half an  
ounce, wash All these before namid herbs &  
twing them in A cloth till they be dry, then  
cut them & put y<sup>m</sup> in to earthon pots & in  
y<sup>e</sup> mids of y<sup>r</sup> herbs put y<sup>e</sup> seeds, spices, &  
brags, being brayed, then put y<sup>e</sup> quantaty

of y<sup>e</sup> Best Chevy sack to w<sup>ch</sup> will cover y<sup>r</sup> herbs  
& let y<sup>m</sup> stand 24 hours After that put it  
in to A Limbeck & make 2 stillings of it, from  
which draw A nottle of water, that is from each  
A quart, & in to y<sup>r</sup> 2 quart glasses first put  
cordials viz: 30 grains of Bejov, 24 grains of  
musk 20 grains of Ambergreen, 2 drams of flower  
of corall, 2 drams of flower of pearl, one pound  
of hearts horn, one pound of sugercandy, A little  
bag of saffron as big as ones thumb, to each  
of these glasses put one half of these  
cordials y<sup>e</sup> longer y<sup>e</sup> keep it y<sup>e</sup> better it will  
be for y<sup>e</sup> use if it be close stop't & often shake  
After it is first made: its exalents good to  
be given to women in travell, or to any one  
to A high cordiall, A doe comforts y<sup>e</sup> stomach,  
& (if needfull) will bring from death to life  
At cases y<sup>e</sup> head the 2 spoonfulls being taken  
& lying on A bed A little time After

probatum

R<sup>h</sup> Gf hqmsuh

Elder water Couzen s<sup>t</sup> Loe

take 4 bushels of y<sup>e</sup> ripe burys ready  
 pickt & break y<sup>m</sup> to mash, then put them  
 in to a deep tubb & cover y<sup>m</sup> close till they  
 have done working & y<sup>e</sup> burys go to the  
 bottome (by stirring y<sup>m</sup> once A day) which  
 will be in A fortnight or 3 weeks, then  
 draw y<sup>m</sup> off in A Limbeck, & draw from  
 them till y<sup>e</sup> water comes lower, put it in  
 A earthen pot As y<sup>e</sup> draw it, first putting  
 in y<sup>e</sup> not these following Ingreedience viz:  
 of wild margarum, wild thyme, coustlin  
 flowers dyed, mellilot flowers, the tops  
 of s<sup>t</sup> Johns wort flowers & green, orange &  
 Lemon weed chint & adifferently 3 mat,  
 of eache of these one handfull, 2 ounces  
 of sweet fenel seeds, 2 ounces of caraway  
 seeds, y<sup>e</sup> same of colliander seed, 2 ounces  
 of Anay seed, & 2 ounces of Juniver burys  
 Bruise y<sup>e</sup> seeds & burys & then draw this  
 of Again As long As y<sup>e</sup> water is good & mix  
 all together: A sack will produce 10 quarts  
 of water, this is Appoyd for any scurbutic  
 Rumore or gripes either in y<sup>e</sup> bowels or  
 stomake = y<sup>e</sup> put some grounds of sidex  
 to y<sup>e</sup> left Ingreedience & will make  
 A rather water



To dissolve Amber greens M<sup>r</sup> Swinger

Take 60 grains of Amber greens, 30 grains of good musk, 20 of civet, shridy Amber greens fine, Bruise y<sup>e</sup> musk & put to it oyle of ~~Serben~~ one ounce, half as much Juice of Lemon, put these in to a silver dish & let it boyle a quarter of an hour on a gentle fire, then put it in a glass & stop it very close & ty it down with a leather & it will keep 20 years, this y<sup>e</sup> may always, by y<sup>e</sup> to perfume waters cakes &c.

Linn salve      Couzen Cross

Take y<sup>e</sup> jaw bone of A hog & Bruise it that y<sup>e</sup> may take out y<sup>e</sup> marrow. Take of bees wax & may butter An equal quantity of each, & of y<sup>e</sup> marrow melt it all together & skim it well, then let it cool, then take half A pint of taint & half A pound of ~~aloe~~ <sup>clean washed</sup> roots & A quarter of A pound of covands, boyl these 3 well together, then put in y<sup>e</sup> rest & give it one boyl, & strain it in to little cakes for y<sup>e</sup> use

M<sup>rs</sup> Crozes Walnut Water  
or Aqua Cordelias

Take of spirimint sage, balm, Rosemary,  
Angelica, Clary, Verrine, Eyrimony, pimpinell  
Scabius, Eringer, Root Bittony Rue sweet  
margerum, Eryon, Roman wormwood, Clydarn  
Common thistle one handfull of each  
Dry'd, take half A Bushell of walnuts  
while they are green & tender, bruce  
them & A pound of Juniper berys  
Infuse All these Ingreedient one  
night in 2 gallons of old maligo sack  
or brandy & 2 gallons of water, then  
Distill all these together in A Limbeck

The Vertues

It is good to remove Any pain from  
Heart or stomach comforteth & reviveth  
spirits, It is good Against A fever or  
pleagre of half A quarter of A pint  
be Taken As y<sup>e</sup> go to Bed to swete

# Lucatiliues Balsam

Take of venice turpentine one pound, oyle  
olive 3 pints, yellow Bees wax half A pound,  
naturall balgame one ounce, oyle of <sup>or y<sup>e</sup> country</sup> st Johns  
wort one ounce, Red sanders beaten small &  
very fine sifted one ounce; sack 6 spoonfulls  
Cut y<sup>e</sup> wax & melt it on y<sup>e</sup> fire, then take it  
off least it catch fire & put y<sup>e</sup> turpentine  
to it being first washed 3 times in Damask  
Rose water, then mix y<sup>e</sup> oyle & sack & put  
it to y<sup>e</sup> wax & turpentine over y<sup>e</sup> fire & stir  
it till it begin to boyle (it will be Apt to Boyle  
too soon) then let it cool A night or more  
till y<sup>e</sup> wine be sunk All to y<sup>e</sup> botome, then  
make some holes in y<sup>e</sup> wax that y<sup>e</sup> water  
be run from it, which being don, set it on  
y<sup>e</sup> fire & put y<sup>e</sup> Balgam & oyle of st Johns  
wort to it & when its melted put in y<sup>e</sup>  
sanders & when it begins to boyle take it  
off y<sup>e</sup> fire & keep it continually stirring  
for 2 or 3 houres that it may well mix,  
& when its cold & thick, put it in earthen  
pots & keep it for use (It will keep good 40  
years) some put y<sup>e</sup> balgame, oyles, sack &  
sanders y<sup>e</sup> next day After its melted &  
then let it boyle All together for A little  
time =

The vertues of Lucatilis Balsam

It is good to heal any wound inward or outward being squirted in to An inward wound, & Applied to y<sup>e</sup> outward with some fine Lint or Lining cloath Anointing y<sup>e</sup> part About with it, Not As it can be <sup>used</sup>, It taketh Away y<sup>e</sup> pain keepeth it from inflammation & draweth out Broaken bones or any thing that may offend or fester it for <sup>the</sup> Bruise Inwards, If y<sup>e</sup> heart or Liver be not toucht it will heal, If nothing elce be Applied, It heales Any burn or scald, or any Bruise or cut being first Anoynted, & A Lining cloath dist in it & Laid on y<sup>e</sup> part warm, It helpeth y<sup>e</sup> head Ach by Anointing y<sup>e</sup> temples & nostralls, It is good for y<sup>e</sup> wind collicke & stitche in y<sup>e</sup> side

Applied with warm cloaths 4 mornings A row, each morning A quarter of An ounce, its good Against poison & A ruse, if it be taken y<sup>e</sup> quantity of An ounce in A little warm sack, helpeth y<sup>e</sup> biting of mad dog or any other beast, Its good to prevent y<sup>e</sup> Plague by Anointing y<sup>e</sup> nostralls & Lipps, helpeth A fistula In any part of y<sup>e</sup> body be it never so deep, Applied At before, its good for one Infected with y<sup>e</sup> meazels so it be taken prestantly A quarter of An ounce

four mornings together, in warm broth, & sweat  
Upon it, it helpeth digestion Anointing ye pit  
of ye **stomack** & navill, when ye party goes to  
Bed, it will stanch blood of A Lard wound  
By putting A plaister of Lint on to it very  
hot & tying it hard on ye part; take ye  
quantity of nutmeg in sack blood warm  
& it causeth sweating & will bring out clott  
Blood & take Away Aches, it helpeth ye gout  
& scurvy & paine in womens Breests All  
chaps in ye nipples & wolfs that comes from  
Breests & All sprains & swellings &c.

2. for heat or pimples in ye face  
Take the Liverwort that groweth on ye wall  
stamp & strain it & put it in to cream  
& so Anoint ye face, ye juice of Liverwort  
drunk in Beer warm, is good for ye heat of  
ye liver

3. A toad stone by gently stroaking ye part  
takes Away Inflammation & swelling from  
Any wound made with venomous creature  
& presently draws out ye poison

4 1<sup>o</sup> Edward Hittles salve call'd y<sup>e</sup> chief  
of All ulcers

Take Rosin eight ounces, virgin wax &  
frankencence of each 4 ounces, mastick one  
ounce, hearts suet 4 ounces, camphire 2  
drams, beat y<sup>e</sup> Rosin & mastick together to  
fine powder, melt y<sup>e</sup> wax & frankencence  
& then put in y<sup>e</sup> powders & when they are  
well melted strain it through A cloath to A  
bottle of whitewine & boyle it together till  
it be thick, let it cool, & put in y<sup>e</sup> camphire,  
& 4 ounces of venice turpentine drop by  
drop least it cleave, stirring it still & when it  
is cold make it in Roles Anointing y<sup>e</sup>  
hands with A drop of oyle to keepe it from  
sticking to them = = =

y<sup>e</sup> vertuse of it

It is good for All wounds & sores old & new.  
It cleauneth all festers on y<sup>e</sup> flesh & suffers  
no dead flesh to Ingender, It cureth y<sup>e</sup> head  
Ache, by Anointing y<sup>e</sup> temples, It helpeth  
sinnies that grow stiff or sprung with hard  
labour, or wax dry for want of blood, It  
draweth out rusty Iron, arrow heads, stubs  
splints, thorns, or what ever is fix'd in y<sup>e</sup> flesh,  
It cureth y<sup>e</sup> biting of A mad dog or pricking of  
Any venomose creature, It cureth fellous or  
white flaws, it's good for All festeringis in

cankers, It healeth All Aches of y<sup>e</sup> Liver, spleen,  
Kidneys Back, sides, Arms, Legs, & All Biles, blains,  
Cotches Impostumes or swelings in Any part  
of y<sup>e</sup> body, scabs, Itch, wrentches sprains, gouts,  
palsies dropsey & water between y<sup>e</sup> flesh &  
skin It healeth y<sup>e</sup> piles in man or woman, It  
cureth y<sup>e</sup> bloody flux, If y<sup>e</sup> belly be Anointed  
therewith, make A scarv cloth therewith to  
heal All y<sup>e</sup> Above mentioned maladies &c.

5 A plaister for An Ague  
Take strong tobacco Leaf six draims, A small  
handfull of corianders & As much Boore grees as  
will make it in to A salve by beating it in A  
morter of stone, when itt beaten to A salve  
take 2 pieces of sheepe Leather & spread y<sup>e</sup>  
salve An Inch thick on both of them & Lay them  
on y<sup>e</sup> veins of both wrists 24 hours before y<sup>e</sup>  
fit comes, It A cure for either quarter or  
terzion = = =

6 A scarv cloth for A Bruise  
strain or wound  
Take A pint of oyle olive, red Lead 8 ounces,  
vergins wax 4 ounces, ointment of popoulion 4  
ounces, oyle of Roses & camamille of each one ounce  
set y<sup>e</sup> oyle on y<sup>e</sup> fire & melt y<sup>e</sup> wax with it, then  
put in y<sup>e</sup> popoulion & other oyles & when itt  
melted put in y<sup>e</sup> red Lead, stir it well & let it  
boyle till it be black, then dip in y<sup>e</sup> cloth &  
Apply it as y<sup>e</sup> have occasion = = =

## The Lead Plaister.

Take 2 pound & 4 ounces of y<sup>e</sup> best & greenest saddle oyle. A pound of good Red Lead & A pound of white Lead, beat them well to dust then take 12 ounces of castile soap, incorporate All these well together in A well glazed great earthen pot that y<sup>e</sup> soap may come upwards, set it on A slow fire of coles for one houre & half, still stirring it with An iron ball or round pumell, then make y<sup>e</sup> fire something bigger till it be y<sup>e</sup> colour of oyle, then drop some on y<sup>e</sup> board, & if it cling neither to y<sup>e</sup> finger nor to y<sup>e</sup> board it is enough, then take Reasonable fine Roland of whit Giness y<sup>e</sup> peccas & dip in it, & when y<sup>e</sup> have so don rub it with A peck stone, it will last 2 or 3 years & be y<sup>e</sup> better as long as it will stick it is good =

## The Vertues

If it be laid to y<sup>e</sup> stomach it procureth An appetite & helpeth any pain there, Applied to y<sup>e</sup> belly it easeth y<sup>e</sup> pains, If laid to y<sup>e</sup> rains of y<sup>e</sup> back, it cureth y<sup>e</sup> Bloody flux, rining of y<sup>e</sup> rains, heat of y<sup>e</sup> Liver or weakness of y<sup>e</sup> back, it cureth All bryes & swellings it taketh away Aches it breaketh fellows & impostumes & healeth them, it draweth out any running humor without breaking y<sup>e</sup> skin, & being Applied to y<sup>e</sup> fundament it healeth any disease there, Laid to y<sup>e</sup> head is good for y<sup>e</sup> eyes, & Laid to y<sup>e</sup>



Belly It provoketh ye terms & maketh Apt for  
conception - - -

8 A white salve for A Green  
Wound

Take 4 ounces of frankensence, half a pound  
of virgins wax, one pound of Burgundy  
pitch, melt all these together in a pipkin over  
A soft fire, still stirring it, & when itt Ad melted  
pour it in a bason of fair water then take it  
out of ye water & with oyled hands work it  
well & roul it up & keep it in oyled paper -

9 To Make oyle of Roses

Take A pint of ye Best salet oyle, & 3 <sup>1</sup>/<sub>4</sub> ~~quarters~~  
quarters of A pint of Red rose Leaves &  
ye whites are clipt off, put it in A strong  
Earthen pot, stop it close with watt, & set it  
in A pot of boyling water till ye think ye  
strength of ye roses are lost, then take it off  
& wring ye roses through A canvas cloath  
till they be dry, then put in new, stop boyle  
& chane them 4 or 5 times till ye think  
it strong enough of ye roses & put it up  
for ye use = It is very good for Any sprain  
Ache, swelling, or Bruise, being chafed  
in to ye part by ye fire = - - -

10

## Oyle of Swallows

Take 2 dozons swallows out of y<sup>e</sup> nest, a good handfull of Roymary, As much Lavender cotten & As many strabury leaves string & All stamp All these together & fry them in may butter or rather sallet oyle till y<sup>e</sup> rawness be gon, then put it in A Earthen pot, stop it close 9 days & then fry it & wring it throv<sup>n</sup> A cloath & keep it in A gally pot when y<sup>e</sup> use it warm it And Anoint Any Ach or sinnew that do shrink = = =

11

For A stitch in y<sup>e</sup> side

Take A piece of white Levened bread & toast it on both sides then spread one side of it with y<sup>e</sup> best treacle y<sup>e</sup> can get & cover it with A fine cloath & Lay it on y<sup>e</sup> grived part = = =

## syrup of Turnips

12

first Bake the turnips in A pot with household bread then press out y<sup>e</sup> liquor between two plates put A pint of this to half A pint of Rysop water & As much brown suger candy As will sweeten it & boyle it to A syrup, it very good for A cold or conjuntion = = =

13

A drink for A fever

Take spring water & Red Rose water  
of each A pint & half, y<sup>e</sup> Juice of 3  
Lemons, white suger candy one ounce,  
mix them together & give y<sup>e</sup> patient to  
drink 8 spoonfulls At A time till y<sup>e</sup>  
unnatural heat expire = = =

14 Almond milk for A fever  
Take A pot of water, boyle it & let it  
stand to be clear then boyle in it violet  
leaves strawberry leaves & roots of each  
A pretty handfull, & A good root of sarved  
All washed, A crust of white bread, 2  
ounces of Raisins of y<sup>e</sup> sun stoned, boyle  
this from A Bottle to A quart & with  
50 Blanch'd Almonds & 30 pumpion  
seeds well beaten draw An Almon milk  
sweeten it with suger to y<sup>r</sup> tast & drink  
About A pint morning & Evening =

15 Almon milk for A Bloody flux  
Boyle some mutton in water & scum  
it well then put to it A handfull of  
Borage As much prunes, some cinomon, &  
whole mace y<sup>e</sup> upper crust of A manchet  
boyle this well together till y<sup>e</sup> strength be  
in y<sup>e</sup> broth then strain it through A cullender  
then take Jordan almonds & parch them as  
you would pease & put ym in & let ym

Boyle 2 or 3 whalms, then strain them  
throw A cloth & sepon it well with sugar  
& A little salt let y<sup>e</sup> patient drink of it  
All hours of y<sup>e</sup> day = = = =

16 The only Receipt Against  
The plague

Take 3 pints of muscadine & Boyle  
in it A handfull of sage & A handfull  
of Rue till A pint be wasted, then  
strain it & set it on y<sup>e</sup> fire again,  
then put to it A peniworth of long  
pepper, Ralf an ounce of nutmeg & a  
beaten, then let it boyle A little &  
put A pound of treacle & A quart  
of y<sup>e</sup> best Angelica water, take of it  
warm both morning & evening, A  
spoonfull in y<sup>e</sup> morning & Ralf A  
spoonfull in y<sup>e</sup> evening All y<sup>e</sup> plague  
time, & under god it will secure y<sup>e</sup>  
for it never fails; It not only good  
for y<sup>e</sup> plague, but small pox, meazels,  
& surfits = = = =

17

For A tetter  
Take water of red tar & wash y<sup>e</sup>  
tetter often with it & It An Approved  
remady = = = =

18

Docter Butlers preservative  
from y<sup>e</sup> Plague

Take wood sorrell & pick it from y<sup>e</sup> stems  
& pound it very well in a stone mortar &  
then take to every pound of sorrell A pound  
of suger finely beaten & 2 ounces of  
methredate beat them well together &  
put it in pots for y<sup>e</sup> use, take every morning  
before & After y<sup>e</sup> infection for some time  
together as much As A walnut = = =

## 19 Docter Butlers Purging Ale

Take of sawparella two ounces, polipody  
of y<sup>e</sup> oak & rena of each 4 ounces, of carruba  
seed & Anniseed each half an ounce, Liquorish  
2 ounces, maidenhair & egrimony of each  
one little handfull, scurvey gras half A  
bushel, beat all these grossly & put it in A  
course canvas bag & hang it in 3 gallons of  
strong Ale, when it is 3 days old drink it =

20

## A cordial water

Take pimpered, Carduus, Angellica, scordiu  
scabius & dragon, still these severally in  
A roze still, & when yu have A pint of water  
of each Reavbs, mingle all together & dissolve  
in it half A pound of venice treacle then still  
All together & mingle y<sup>e</sup> strong with y<sup>e</sup> small  
6 spoonfulls of this water made blood warm  
& given to one sick of y<sup>e</sup> plague driveth

all ye venum from ye heart, it is  
excellent for ye small pox or Any peccitent  
feavor = = = = =

21 Amber pills for A consumption

Take venice turpentine one ounce washed  
in Rose water, & six graine of ye powder of  
white Amber, mix them together & set them  
in A clean pot upon Embers, & let it not stand  
too hot, take A drop & let it cool, & if it do  
not stick to y<sup>e</sup> finger it is enough, then take  
of powder of pearl, white Amber, & dove  
of each A quarter of An ounce, of y<sup>e</sup> inner  
bark (powder'd) of An oak, A quarter of An  
ounce, cinomon & nutmegs of each As much,  
& 3 ounces of white loaf suger, make all  
these into powder & seeth them & put ye  
pills on to them, before ye take them ye  
must be well purgid, & After take 3 of ye  
pills wrap'd up in ye powder or what else  
ye will, & on ye morning take y<sup>e</sup> yolk of An  
egg new laid, warmed, & put in it As much  
of ye powder As will ly on a shilling &  
tap it off, let this be used some time  
& you'll find great benefit by it =

22 A medijon for y<sup>e</sup> palsey

Take A pint of y<sup>e</sup> strongest mustard, set  
it in A oven till it be As thick As A Rasty  
puding, but y<sup>e</sup> oven must not be too hot, to  
burn it, then set it on A chafindish of coles  
till it be dry enough to make to powder  
then mix half An ounce of betony powder  
with it. sweete All, with suger candy to y<sup>e</sup>  
tast & take of it every morning for 10 days

23 To help Digestion

Take 2 quarts of small Ale, put to it  
one handfull of Red mints, Red sage A  
like quantity & A little cinamon, Let it  
boyl soft till half be wasted, sweeten  
it with suger to y<sup>e</sup> tast & drink A draught  
of it every morning & Evening

24 Saffron water

Take 1 quart of whitwine & infuse  
in it one night an ounce of saffron dried,  
In y<sup>e</sup> morning distill it in A Limbeck or  
glass body, & put some fine <sup>white</sup> suger candy  
to drop on

25 A cordial Electury for  
Staffing of y<sup>e</sup> Stomack & shortness  
of Breath

Take A pint of y<sup>e</sup> best hony, set it  
on y<sup>e</sup> fire & scum it clean then put  
to it A bundle of Rysop Bruise it small  
before you ty it, & let it boyle well till  
y<sup>e</sup> hony tast of y<sup>e</sup> Rysop, then strain out  
y<sup>e</sup> hony very hard & put to it, y<sup>e</sup> weigt  
of A sixpence of Angellica root powdered,  
fine, powder of elicampane root y<sup>e</sup> same  
quantity, ginger & pepper of each y<sup>e</sup> weigt  
of 2 pence, Licorish & Aniseed of each y<sup>e</sup>  
weigt of 4 pence All beaten very small  
severally, put All these in to y<sup>e</sup> strained  
hony & let them boyle A little space,  
stiring it well All y<sup>e</sup> time, then take it  
from y<sup>e</sup> fire & powder it in A clean pot  
stiring it till it be quite cold, keep  
it close covered for y<sup>r</sup> use, when you are  
troubled with shortness of breath  
take of it with A Licorish stick  
Bruised & youll find y<sup>e</sup> benefit of it =



26 A perfume Against y<sup>e</sup> Plague.  
Take Angellica roots & dry them a very  
little in A oven or by y<sup>e</sup> fire, & then  
bruse them very soft & Lay them in  
wine riniger close covered 3 or 4 days  
& every morning heat A brick hot & Lay  
y<sup>e</sup> pot thereon, its exalent to Ayre An  
infected horge or cloaths or to breath  
over it in A morning fasting

27 To Make spirit of Castorem  
Take caliminta 4 ounces, orang peid 2  
ounces, ney half An ounce, walnut blosom  
half An ounce, rosemary flowers & tops  
of sage of each one handfull, castoreum  
one ounce, white wine one quart, distill  
it in A Limbeck, this water is good for  
sounding fits, weak stumacks, & rijing of  
y<sup>e</sup> mother

28 A cordiall Water  
Take 2 ounces of dried red gilliflowers  
& put y<sup>m</sup> in to A pottle of sack, put to it 5  
ounces of fine suger in powder & half A  
scuple of Ambergrees in powder, put All in A  
stone bottle stop it close, with A strong cork &  
shake it often, After 10 days pass it throug  
A gelly Bag, & give 2 or 3 spoonfulls As A  
great cordiall, this wey y<sup>e</sup> make Lavender  
wine for y<sup>e</sup> nausey & other distempers

29 A nother cordiall

Take 3 spoonfulls of mint water As  
much muskadine & 2 or 3 drops of  
spirit of sinomon, beat these well  
together with 2 or 3 spoonfulls of  
clovegilliflower spirit & give y<sup>e</sup> party  
now & then A spoonfull especially going  
to Bed

30 oyle of camomile

stamp A good quantity of camomile  
flowers in A mortar, put them in A pot  
with some oyle olive, let it stand 12  
days, then boyle it A little on y<sup>e</sup> fire  
then press it very hard, & put y<sup>e</sup>  
juice in glasses & put more camomile  
flowers to it bruid small so keep it  
for y<sup>e</sup> use; It is good in glisters for  
Agues that come of costirness it k<sup>o</sup>wa<sup>re</sup>  
geth swelings & Atches it cureth wearied  
& bruid parts & openeth All stopages  
oyle of Lillys is good to mollifie & stretch  
sinews that be shrunk, it is good to Anoint  
y<sup>e</sup> sides & veins in fits of y<sup>e</sup> stone

31

## Clary water

Take 3 gallons of strong beav, the bottoms  
 of 3 white Lones, 10 handfulls of clary,  
 3 pound of Raizons of y<sup>e</sup> sux stoned, 4  
 ounces of Anniseeds, 4 ounces of Licorish  
 y<sup>e</sup> whites & shells of 24 eggs, beat y<sup>e</sup>  
 shells & mix y<sup>m</sup> with y<sup>e</sup> whites, distill  
 it in A Limbeck & let it drop on suger candy,  
 It comforts y<sup>e</sup> stomach strengthen y<sup>e</sup> back  
 & procure Apetite = = = = =

32

## Orang Water

Take y<sup>e</sup> pils of 2 douzen & half of  
 oranges (civell ones) to A pottle of maligoe  
 sack, steep it All night, y<sup>e</sup> next day  
 distill it in a Rose still & let it  
 drop on suger candy = = = = =

33

## Milk water

Take A pottle of milk, 2 handfulls of  
 cardius, one of mint, & half A handfull  
 of wormwood, let it stand All night then  
 distill it in A Rose still & let it drop on  
 A quarter of A pound of white suger  
 candy = = = = =

34

## A syrup for A cough

Take one handfull of colts foot leaves,  
 A handfull of Rysop, half A pound of  
 Raisons of ye sun, 3 larg sticks of Licorish,  
 one ounce of Anny seeds, half A ounce  
 of fenell & carraway seeds, Boyl Ad  
 these in 3 pints of Running water till half  
 be consumed, then strain ye Liguor, &  
 boyl it with A pound of suger candy till  
 it come to A syrop, drind of it as often  
 As ye cough troubles ye party especially  
 going to bed ~~(Approved)~~ = = =

35

## to stay Vommiting

Take A piece of sheeps Leather As big  
 As ones hand rub it over with spirmint  
 Leaves brused, then spread on it old  
 quince marmalet & throw on it powder  
 of mastick, & Aply it to ye pit of ye stomach  
 it will stop A Loosness If put to the  
 navill = = = = = (Approved)

36

## Plague Water

Take of Rue, Rosmary, Red sage, Selandine,  
 dragon, Angellica, wormwood, mugwort,  
 betony, scabius, tormintil, <sup>with 8 blanch</sup> Egrimony,  
 nimporned, Liverwort, balme, Paxafrage,  
 Red mints, & verrain, of each of these

one pound of gention roots one ounce, A  
good handfull of Rosca solus, & A quantity  
of treacle, shred ye herbs & steep ym  
in 3 gallons of whitewine 3 days, & 3  
nights, then distill it in A Limbeck with  
A soft fire, taking ye first runing by it  
self, for ye 2<sup>d</sup> is not of so great vertue =

37 Doctev chambers his Water

Take 2 galons of ye best white wine, ginge  
galengalls, cinimon, nutmegs, grain clove,  
Anniseeds & carraway seeds of each A dram,  
sage, red mint, roses, time, politory of y<sup>e</sup> wall,  
Rojemary, wild time, camomile, & Lavender, of  
each a pound, then bray ye herbs & spices  
small, & put ad in ye wine & let it stand 12  
hours, stirring it divers times, then distill  
it in A Limbeck, keep ye first water by it  
self ye other has not so good vertue,

The vertues of it

It comforteth ye stomach & vitall spirits  
& Relieveth inward diseases. It is good Against  
ye shaking palsey & contraction of sinews it  
Killeth y<sup>e</sup> worms in ye body, It Relieveth y<sup>e</sup> stone  
in ye valns of ye back, & in short time ye  
stinking breath, ye use of this water so it  
be not too often will keep one in good health  
& comfort ~~Reatt~~ nature wonderfully, with  
it Dr. chambers preserv'd his life till extreem  
old age & If he was sick At Any time never  
used any other: If you

set it in y<sup>e</sup> sun At summer it will be  
y<sup>e</sup> better = = = = =

38

Aqua mirabulis

Take cubeb's, galingals, cardamum, melicot  
flowers, cloves mace ginger of each one  
dram, & sinomon y<sup>e</sup> like quantity: bruse  
all small, y<sup>e</sup> quice of celandine one pint,  
juice of thir mint half A pint; Juice of  
Balm half A pint, suger one pound, coustipps  
flowers, Roymary flowers, burage flowers  
bugleas & marigold flowers, of each 2  
drams, y<sup>e</sup> best sack 3 pints, strong Angelica  
water one pint Red Rose water half A  
pint, bruse y<sup>e</sup> spices & flowers & steep  
them in y<sup>e</sup> sack & quices all night, y<sup>e</sup>  
next day distill it in A rejs still &  
first Lay hearts tongue Leaves in y<sup>e</sup>  
bottome of y<sup>e</sup> still, pass y<sup>e</sup> still very  
well (Approved)

The vertues

It preserveth y<sup>e</sup> lungs & helpeth y<sup>m</sup>  
when they are wounded, It suffereth  
not y<sup>e</sup> blood to putrify but multiplieth  
it, It easeth y<sup>e</sup> heart burn, & mellancoly  
& spleen, It expeleth rheume, preserveth  
the stomach preserveth youth & procureth  
A good colour, it preserveth y<sup>e</sup> memory

& distroyes y<sup>e</sup> palsy, If it be given  
to one dying one spoonfull will revive  
them; In y<sup>e</sup> summer use one spoonfull  
In A week fasting & In y<sup>e</sup> winter 2  
spoonfulls

39 A water for y<sup>e</sup> scurvey  
Take one handfull of sage, Egvimony,  
scabius, penroyal, spirmint, water creper,  
half A handfull of Rue & mead fennill, A  
ounce of parsley & fennel roots, A handfull  
& half of scurvey gras, distill All these  
in milk, let y<sup>e</sup> quantity be 3 quartts,  
yu may put in An ounce & half of hors  
Radish roots, & may use malliga sack in  
steed of milk, & put in 2 or 3 oranges  
cut in picces & it will be more cordial  
where there is no feavov: still it in a  
roje still & sweeten it with suger candy,

40 for y<sup>e</sup> wine colick

Take pearly seeds & bruse them &  
teeth them in sack drink it warm  
when yu have y<sup>e</sup> pain

41 To Break An Impostume in  
the Stomack or throat & to  
Spit it out peice meel

Take new one handfull, & At much  
penivoyall stamp these & strain out  
ye Juice mix it, & to every 2 spoonfulls  
put 3 spoonfulls of Aqua composita,  
take 3 spoonfulls every morning 5  
days together, If it rise in y<sup>e</sup> throat  
like A puding, drink one spoonfull  
At noon, It will rot y<sup>e</sup> bag &  
carry it to void peice meel, this has  
ben provd by one that sounded 3  
times in one hour with y<sup>e</sup> rising  
of y<sup>e</sup> bag in y<sup>e</sup> throat; keep it As A  
great secret, if you use it 8 or 10  
days together it will produce y<sup>e</sup>  
greater effect

To Make y<sup>e</sup> Aqua Composita  
Take Rosemary tops, fennell, Glysson,  
bryad hime, sage, Rovehound, of every of  
these one handfull, penivoyall,  
spearmint, margarum, of each of  
these six croppes, Enula campana roots,  
Lycorick & Anyseeds brused, of each of  
these 2 ounces, put All these to 3



think fit & take As much of ye red  
As ye Butter will melt then melt it  
over ye fire & not let it boyle & set it  
away till ye next day, then just boyle  
it again & set it till ye next day, then  
boyle it again till it be of A scarlet  
couler & strain it & keep it for y<sup>e</sup> use  
It's good for A Bruise to be taken inwardly  
3 times in each y<sup>e</sup> signess of A nutmeg  
At A time & outwardly to Anoint y<sup>e</sup> place:  
60 Sirup of Roses

Fill A silver bason w<sup>th</sup> 3 quarters  
full of rain water or rose water then  
put in to it A convenient quantity  
of damask Rose leaves clipt from y<sup>e</sup>  
whites, then set it on A pot of boyling  
water & stifle it close for 3 quarters  
of An hour or An hour & you'll have y<sup>e</sup>  
whole strength of y<sup>e</sup> roses & tincture,  
then strain out y<sup>e</sup> leaves & wring them  
hard, then distill more roses 7 times  
then make it in to sirup & it worketh  
very kindly = ye make most flower  
syrops in this maner = = = =

for A cough or A  
Consumption

Take A pound of Ellicompane  
 roots draw out y<sup>e</sup> peath & boyl them  
 in 2 waters till they be soft when  
 its cold put to it A Like quantity  
 of y<sup>e</sup> pulp of rosted pipings & 3  
 times their weight of Brown suger  
 candy beat to powder stamp All in  
 A mortar to A conserve whereof take  
 every morning fasting y<sup>e</sup> bignes  
 of A walnut for A fortnight to  
 gether & After but 3 times A week  
 All these from my mother  
 & mess<sup>r</sup> Astruc<sup>de</sup> / <sup>by</sup> her  
 An oymment

Take half A pound of hoggs  
 lard & A good handfull of  
 groundsell boyle it well together  
 for An houer then strain it in to  
 A gally pot for y<sup>r</sup> use some mallons  
 added to it is best

A Legd plaister

Take 3 quarters of A pound of  
Red Lead & A pint of ye best tallet  
oyle, boyle these over A soft fire  
for 3 hours then strain it throu  
An indifferent fine cloath in to A  
pail of water & As it cools make  
it up in routs, use it As A plaister  
with ye Aforesaid oylment If ye  
wound requires fenting, melt A  
little of this plaister in A spoon  
& dip A roul of Linet in it Apply  
it hot, It has cured severall when  
nothing else would & It Appeard by  
one that was very neer having  
his Leg cut off

Doctor Thomas his Receipt for  
A wound or sharp humors

Take A pint of y<sup>e</sup> Best white wine  
viniger & set it over A Gentle heat in  
A glazed earthen vessel put in it one  
ounce of sal Armoniac powdered, there  
let it continue till it is dissolved, which  
will be in A little time, then Boyee A  
little scuchaned In it to give it A cōter  
& when its cold keep it in bottles for  
use

The Lime water

Take A stone of un slaited lime &  
put it into A bason of water till it be  
slaited then let it stand till its  
cleere then filtre it through cap paper  
for use, 3 or 4 parts of this water may  
be Added to one of y<sup>e</sup> other to temper  
it that it may not be too Active  
which must be At y<sup>e</sup> discretion of him  
that uses it, only this may be observed  
that y<sup>e</sup> neerer y<sup>e</sup> sore it being used the  
weaker y<sup>e</sup> water ought to be

How to Apply y<sup>e</sup> water to  
the sore

y<sup>e</sup> must drop some of it In y<sup>e</sup> wound  
then wet A fine rag double In y<sup>e</sup> water  
& Lay upon y<sup>e</sup> wound & upon that y<sup>e</sup>

must lay A piece of Lead thinly beat  
As broad As will cover ye wound & swelling  
(If there be any) then bind it with A  
long swath As tite As ye person can  
bave it Above & below & upon ye wound  
dres it twice A day, ye Lead must be  
of that sort which is made purposely  
for wounds & swellings, ye person  
must take purging pills severall  
times when ye wound is in cure to  
carry it off ye quicker from sharp  
humors (Approved)

Aqua Langui, or Compound  
Peony Water

Take Gillies of ye Vally A pound, Infuse  
them in 4 gallons of canary, Lime tree  
flowers half A pound, peony flowers four  
ounces, let them Infuse <sup>two weekes</sup> together & then  
distill it in A Limbeck, then put to ye  
spirits peony roots two ounces, & half,  
Aristolockil & dictamnium, of each 2 ounces,  
mistletoe of ye oak & rye of each 2 handfulls,  
peony seeds ten drams, rye seeds three drams  
& half, Castor two scruples, Cubebs & mace of  
each of two drams, Cinomon An ounce, & half,  
preparat sapsins three drams, rosmary, flowers  
six pugils, of Steekador & Lavender of each 4  
pugils, flowers of Bittony Cowslips And

gills, lowers of each eight pugells, Juice of  
Black Cherries two quarts, make A second  
distillation which keep for use (Approved)  
The Vertues.

### Sweale Water

Two quarts of ye Juice of green Walnuts  
of yve three pints, of Carduus, mary golds,  
& hawm of each a quart, ye Roots of Butter  
burr a pound & half, of Burdock, Angelica, And  
masterwort, of each half A pound, scordium  
leaves four handfulls, venice treacle And  
mithridate of each half A pound, of Canary  
or spirit of Wine A gallon & half, vineger  
three quarts, Juice of Limons A quart, distill  
it After two days digestion - - -

The vertues .

### Bryony Water

Two quarts of ye Juice of Bryony roots,  
of rue & mugwort of each A quart, savine  
three handfulls, featherfew, nep, pennyroy-  
all of each two handfulls, Basil, dittany of  
Crete of each A handfull & half, orange peel  
4 ounces, mirke two ounces, castor An ounce  
canary or spirit of wine A gallon & half  
digest them four days & then distill it

The vertues

It is good

### Gentian Water

Slice A pound & half of Gentian Root, ye  
Leaves & flowers of ye lesser centaury of each  
4 ounces, steep them in A gallon & half  
of spirit of wine or white wine, for three  
or four days & then distill it in A  
Limbick It is An excellent thing for ye  
wind & creates An Appetite & cleares  
ye blood, - - -

Take meadow sweet, carduus, goats rue,  
of each six handfulls, mint, & wormwood  
of each five handfulls, rue three handfulls,  
Angelico two handfulls, bruse ye herbs

to which Add three gallons of milk &  
still it in A cold still, q<sup>t</sup> very good in  
A feavor

Almon milk for A feavor

Boyle half A pound of french Barly in  
3 severall waters & keep y<sup>e</sup> last water  
to make y<sup>r</sup> milk with, then stamp  
half A pound of Almonas fine with  
A little of y<sup>e</sup> barley water to keep them  
from oyling, & then put them to y<sup>e</sup>  
rest of y<sup>e</sup> water & strain it, then Boyle  
it A little & sweeten it with loaf  
suger & give it y<sup>e</sup> party warm — —

An Exalcent water for A Consumption

Take A pint of new milk & A pint of  
good Red wine, y<sup>e</sup> yolks of 24 eggs deposed  
in y<sup>e</sup> liquor, then slit As much fine  
manchet as will drink up y<sup>e</sup> liquor  
then still it in A cold still with A soft  
fire, take A spoonfull or two of this water  
in all drinks or broths, that y<sup>e</sup> sick  
party dose eat or drink for A month  
together without intermition



A Nother for A Consumption  
Take A Red Root cock & cut him in 6  
or 7 pieces & wash him clean, then  
take prunes currants, Dates Raisons of  
ye some, sugar three or 4 leaves of gold,  
tinomon, ginger, nutmeg, & some may-  
den haire cut very small then put  
all these in A mug or flagon with A  
pint of muscadine & put it in A  
little of boyleing water, stop ye mouth  
of ye pot very close & past it, Let it  
stew ye space of 12 hours, then strain  
it & give ye party 2 or 3 spoonfulls  
of ye liquor cold every morning  
fasting - Approved

for A weakness in ye Back  
Take clary, Dates, the pith of An ox &  
clay them together mix it with cream  
yolks of eggs, grated Bread & A little  
white sanders, temper it very well  
& fry them in cakes in A pan,  
eat them in A morning

M<sup>r</sup> Langton: For y<sup>e</sup> Rickets

Take three Spoonfulls of harts tongue  
water (cold stilld) & 3 spoonfulls of maiden  
hyson water, of oylekermis As much y<sup>e</sup>  
quantity is A larg pearle & 3 or 4 drops  
of spirit of sulpher & 2 or 3 spoonfulls  
of syrop of gilliflowers, mix all these  
together & take it 3 mornings fasting

Mrs Waltons Raybury

Take 3 pound of rapps to A gallon  
of Brandy & put it in A Bottle or pan  
close covered. Let it infuse till the  
goodness of y<sup>e</sup> rapps is out, y<sup>e</sup> put to  
it fine suger to y<sup>r</sup> tast & y<sup>e</sup> strain it  
through A jelly Bag, y<sup>e</sup> may put of  
suger in with y<sup>e</sup> rapps if y<sup>e</sup> pleas

Approved

Mr<sup>s</sup> Hoelands Licorish Balls for

<sup>A Cough</sup>  
Take one pound of ye greenist Licorish &  
scrape off y<sup>e</sup> outside then scrape All y<sup>e</sup> other &  
beat it in A mortar & pull it All A sunder,  
so put it in to A silver tankard & put to  
it half A pint of Ruyup water & As much  
colts foot water, & y<sup>e</sup> like of Red Roze  
water, Let it steep 2 or 3 days, stirring it  
often, then strain it out hard & Beat  
y<sup>e</sup> Licorish over Again & Add to it A  
little more of y<sup>e</sup> 3 waters & then stir  
it About & strain it to y<sup>e</sup> rest of y<sup>e</sup> Licorish  
As hard As y<sup>e</sup> possibly can, then set y<sup>e</sup>  
Licorish over A chafing dish of coles &  
Let it boyle As fast As y<sup>e</sup> can, continually  
stiring of it, when its half consumed put  
in by degrees half A pound of double  
refined suger finely sifted, Let it boyle  
till its thick enough to Role up in round  
balls then take it off y<sup>e</sup> fire & put in  
to it one grain of Ambergreese or musk  
powderd, & 3 drops of oyl of sweet

Annyced. keep it stirring till its pretty  
cold that you see it stiff enough to be  
solid, set y<sup>e</sup> Balls on A stove or warm  
place to dry & Always keep them in  
A warm or dry place or elce in wet  
weather they will run

### Mrs Newarks Back Plaster

Take of Bees wax, white Francynence  
Borgondy Pitch, oxacroyius, & Parayulphus of  
each 2 ounces, half An ounce of spermacity,  
put All these on A Earthen pipken over A  
soft fire & when All is dissolved put to  
it one peny worth of venice turpentine  
& half A noyen of french Brandy, take  
care that it do not boyl over to ketch  
A fire, let it boyl till it drops stiff & then  
strain it in to ~~water & wine~~ <sup>water & wine</sup> ~~it~~ <sup>keep it in oyle papers</sup>  
it on sheeps Leather or new dooles, y<sup>e</sup>  
turpentine must be wash'd very well  
before y<sup>e</sup> use it; y<sup>e</sup> same Angreediencie  
Added to half A noyen of oyle of

spick, half An ounce of oyle of mace  
& half An ounce of Naturall Balsome  
Being Boyld with it is Exalant good for  
A Bruise or sprain & for A pain At y<sup>e</sup>  
Stomack. Adding An ounce of coming seed finely powdered  
& melted together = Approved

M<sup>r</sup> Newarkes Agree Playster  
spread Burgondy pitch on sheeps  
Leather y<sup>e</sup> ruff side, then Lay on  
that half A dram of saffron, then  
over that A little venice turpentine  
& put it on y<sup>e</sup> Navel 2 hours before  
y<sup>e</sup> fitt Comes = - - - - -

for y<sup>e</sup> Piles: M<sup>r</sup> Newark  
make Allom roget & Apply y<sup>e</sup>  
Curd to y<sup>e</sup> part As hot As y<sup>e</sup> can  
suffer it. - - - - -

To Kill worms in Children & to  
Bring down A Big Belly

To one pound of goose grees take  
one handfull of maiden Leeks Biers  
& ~~Al~~ One handfull of Rew, one of  
wormwood, & one of feather fern, shred  
the hearbs & put them to y<sup>e</sup> grees in  
A new pipken over A gentle fire & A  
quarter of A pint of viniger, Let it  
simber till y<sup>e</sup> hearbs Are soft, then  
strain it & Add to it A quarter of  
A pint of viniger more, & half An  
ounce of y<sup>e</sup> Apple of Colligrintita  
(with some of y<sup>e</sup> seeds taken out) then  
Let it boyl for A quarter of An hour  
& strain it, After it is cold part y<sup>e</sup>  
topp from y<sup>e</sup> bottom & keep it for  
use for y<sup>e</sup> worms Anoynt from y<sup>e</sup>  
breyt down to y<sup>e</sup> Navel; & for A hard  
belly Anoynt y<sup>e</sup> Belly All over but not

touch y<sup>e</sup> navel — — —

A nother for ~~the~~ An Agre  
Take sheeps Leather or dowlcs & spre  
it with venice turpentine, & strew  
on that y<sup>e</sup> powder of Leberum, <sup>on y<sup>e</sup> gum</sup> & put  
it to y<sup>e</sup> wrijts — — —

For A Breaking out, In A Child  
face or head

Take one pound of primrose Leaves  
& 2 pound of y<sup>e</sup> flowers. chopt small,  
then Add to that 3 pound of Boore Gries  
& pound it All In A mortar, then set it  
in A Celler & Let it stand till it is  
moldy then melt it & strain it &  
Add y<sup>e</sup> same quantity of Leaves &  
flowers Again, then set it to be moldy  
& melt & strain it Again, then put to  
it 4 ounces of New Bees wax & 2 peny  
worth of white unguintom, set it on  
y<sup>e</sup> fire & when that is dissolved, put to  
it A quarter of A pint of y<sup>e</sup> quice of Cellond

2 Let it put boyl & its fit for use  
It must be don on A gentle fire or  
elie it will spoyle y<sup>e</sup> colovv. Anoynt  
y<sup>e</sup> part As ofen as y<sup>e</sup> find occasion =

A Diate Drink to purifie y<sup>e</sup> Blood  
Take sajaperilla 4 ounces, China 2 ounces  
sajaphras, Licorizil, Any seed, sweet finell  
seed, & harts horn shavings of each 3 ounces,  
Boyl there in a gallon ~~of water~~ & half of water  
till half y<sup>e</sup> water is neer consumid strain  
it & drinke it as common drinck, y<sup>e</sup> may Add  
to y<sup>e</sup> ingredients A handfull of broom tops &  
2 or 3 ounces of sena to carye A gentle purging

To Make Hungary water. See: Willer:

Take a fine spirit, drawn thric, so add a considerable  
quantity, of drye rosemary buds, And likewise flowers,  
Infuse it in it spirit warme, & spirit and let it  
stand 24 Hours, then set it in a still, And let him  
with gradually, Dant, drawe it too lowe.

M<sup>rs</sup> Carew for A Childs sore head  
take y<sup>e</sup> peth of Levond Bread & Boyle it  
in fresh cream till it turns sylly then strain  
it & Anoint y<sup>e</sup> head with y<sup>e</sup> oyle



Mrs Caven for worms in children  
Take of y<sup>e</sup> root of y<sup>e</sup> mulberry tree & dry  
it well then powder it fine & give as much  
of y<sup>e</sup> powder as will lye on a shilling in  
Any thing that y<sup>e</sup> child likes. 3 mornings  
fasting -

News Ris Diate Drink to sweeten  
y<sup>e</sup> Blood  
saryapanilla raspt 4 ounces; saffraun 2 ounces.  
harts horn & qvery raspt. of each one ounce.  
Licoris one ounce: Lignum vite chips broak small  
A half a pound Raisons of y<sup>e</sup> sun ston 2 ounces:  
Gafuse All in A gallon of spring water All night  
in A gentle heat. boyl it y<sup>e</sup> next morning till  
it comes to 3 quarts. Drink of it A good draught  
mornings fasting. At 4 A clock in y<sup>e</sup> After noon  
& going to Bed, continewing it A fortnight, boyl  
y<sup>e</sup> ingredients After in y<sup>e</sup> same quantity of  
water & take it As common drink; for A sore  
Breast Add 2 or 3 hundred of Loops to y<sup>e</sup>  
same ingredients

Resin of Jollop is An Excellent thing  
to purge A child for Any breaking  
out Approved by me from 4 to six grains  
for 6 year olde & improporionable for Eliz. Jones  
olde

Cousin Clark for Convolution fits  
slit y<sup>e</sup> ears of A Black cat & whip them to  
make them bleed & to A sucking child give  
half a spoonfull in breast milk to A weand child  
in other milk,

M<sup>rs</sup> Carew for Convulsions  
Take A female mold Alive in march being  
big with yong slit her down y<sup>e</sup> Belly &  
take oute All her Bowels, <sup>except y<sup>e</sup> gall</sup> & yong ones put  
it All in to A Earthen dish & dry it in A  
oven After household Bread & then powder  
it fine & give of y<sup>e</sup> powder As much As will  
ley on A sixpence in Any thing if child  
eats to A grown person A greater quantity  
Black chery water is best  
Aunt Clarke's Diate Drink for A cancer  
or fistula

Take of Red sage 2 handfulls & half wormwood one  
Larg handfull, 2 pound of Lignum vite shavings  
one pint of wood Lice put All these in to 5 gallons  
of middleing Ale, after it have done working, & in  
5 or 6 days it will be fit to drink = drink A good  
draught betimes in y<sup>e</sup> morning & fast An hour After  
& At 4 A clock in y<sup>e</sup> After noon, doe this every day

Lady Hide for ye same

Take 2 handfulls of Red sage one handfull of Rue A few tops of wormwood, A quart of wood lice Beat All these together & put it loose in to 3 gallons of new Ale After it has don working, Let it stand 4 days & then drink of it As constant drink for A month without intermission, spring & fall

M<sup>r</sup> Newark's Tar Ointment

Take A quarter of A pint of Tar, A quarter of A pound of mutton suet, A Large handfull of Celladine pounded & take ye Juice of St. half An ounce of Argemone sliced thin. simmer it All together over A soft fire till ye suet is melted, then take it from ye fire & stir in to it 2 ounces of unguintom newfratom, then put it on ye fire Again & Let it just boyl up, strain it in to pots for use it will keep 40 years good & is very good for better, Itch, Ring-worms, Or any scurbutick Humore

Oyle of whete, (M<sup>r</sup> Newark)

Take A handfull of whete & put it on A tripple Anvil & put A hot fire on it & there will come oute An oyle which y<sup>e</sup> must strike off with

A feather in to A ~~plate~~ plate or saucer, use  
this with y<sup>e</sup> green of A Bucket well mixt  
together & Anoynt for y<sup>e</sup> shingles with it  
It is A present remedy, If y<sup>e</sup> can get some blood  
of A Black cat & put with it it will be y<sup>e</sup>  
better, y<sup>e</sup> oyle y<sup>e</sup> may keep As Long As y<sup>e</sup>  
pleas, but y<sup>e</sup> must mix it when its wanting

Mr Newark for An Astma

Take A quart of y<sup>e</sup> best french Brandy one  
pound of Lent figgs, slit them but not quite  
open them, then fill them with white sugar  
candy, colliander seed, & Caraway seed, A  
small handful of unjet Oyle, 2 or 3 tops of  
Rose mary, put all of it in to y<sup>e</sup> Brandy in  
to A broad Bacon or skillet. Just warm it  
& set it A fire & with A fork keep y<sup>e</sup> figgs  
continewady turning & when it will burn  
no longer, give y<sup>e</sup> patient 2 or 3 of y<sup>e</sup> figgs  
& A spoonfull or 2 of y<sup>e</sup> liquor Every Morning  
fasting & At night going to Bed, shave in  
to it A stick of Agrovish About 2 ounces with  
y<sup>e</sup> rest of the Ingredients (Approved) — —

A Plaster for y<sup>e</sup> stomack for y<sup>e</sup> Anorexia  
By M<sup>r</sup> Newark

Take half An ounce of English saffron dry  
It & powder it, 2 ounces of Bees wax, 2 ounces  
of white frankincense, 2 ounces of y<sup>e</sup> oymntment  
of Marsh Mallows, one ounce of oyle of Mace,  
one ounce of Commin seed finely powdered  
& sifted through A fine seive, Let it All Boile  
softly over A small fire, then strain it through  
A fine rag in to A pot for use, It must Be  
spred on sheeps leather cut in y<sup>e</sup> shape of A  
hart & put to y<sup>e</sup> pit of y<sup>e</sup> stomack with y<sup>e</sup>  
point (Anorexia)

(M<sup>r</sup> Wright) for The Itch

Take 2 pound of unsalted Butter, one peny worth  
of stone brimstone finely powdered, one penyworth  
of powdered ginger, one peny worth of y<sup>e</sup> best tobacco  
& A handfull of foxglove leaves, & A handfull of Broom  
tops kept very small, boyle All these together A quart  
of An. hower, then strain it & keep it for use Anoint  
with it 3 or 4 nights successively all over y<sup>e</sup> Body  
but not y<sup>e</sup> head, & were y<sup>e</sup> same Lining 14 days  
then change & wash in warm water & change y<sup>e</sup>  
cloaths; Before y<sup>e</sup> Anoint y<sup>e</sup> must take y<sup>e</sup> flower  
of Brimstone in milk 3 or 4 mornings

M<sup>rs</sup> Newark's Green Oyle

Take of Cammamil, feather few, Rosemary  
Coursmary, hearts ease green & flowers: garden  
Kew velerion or chavity, ~~herb~~ sage, Balsam  
tree Leaves, Ladys Bed straw, Ladys Mantle,  
St Johns wort greens, St James wort, speck  
of Lavender sort, Mouse hair, Adders tongue,  
Savens Conzound, Jacobs Lader, Knot Gras,  
shepherds pouch, green Mariarum: unjet Risop  
philippendula, pile wort, pellatory of y<sup>e</sup> we  
origin, A small handfull of each ~~of each~~  
~~of each~~ of these hearbs, but double y<sup>e</sup> quantity  
of velerian, chop it All As fine As dust, & put  
it in to 3 quart of y<sup>e</sup> Best Gating Oyle: put  
it in A glass Jar close covered in y<sup>e</sup> some 3  
or 4 days, then put it on A cool sceller, &  
Lett it stand from y<sup>e</sup> beginning of may till  
y<sup>e</sup> latter end of June, stirring it some times  
that y<sup>e</sup> hearbs may not be moldy, then put  
it in to A bason over A chafin dish of coles &  
Lett it simmer over A soft fire, & As it

timbers squeeze out y<sup>e</sup> hearbs by degrees  
through A Jelly Bag, then let it Royle  
A Little time, & strain it All out, then  
let it stand A Day or 2, then part it from  
y<sup>e</sup> bottom which will run thick, keep y<sup>e</sup> cleare  
by it self in A Bottle for y<sup>e</sup> use, It's Excellent  
in Breases, All maner of swellings, pains in y<sup>e</sup>  
Sext & Deafnes, dropt warm in y<sup>e</sup> years, 3 ~~spoonfulls~~  
spoonfulls drinking warm Ale or wine after it  
is very good for y<sup>e</sup> stone or gravell, ~~ward~~  
~~ward~~ <sup>Cruses</sup> taken y<sup>e</sup> same quantity, It's also  
very good for, you must ~~take~~ <sup>take</sup> A larg handfull  
of mellelot, & A little handfull of pimpernea  
Lwormwood, y<sup>e</sup> thick bottom is As good As y<sup>e</sup>  
cleare oyle for Aches or Breases to chafe it  
warm on y<sup>e</sup> part, Add to y<sup>e</sup> hearbs y<sup>e</sup> same  
quantity of yarrow, Clowits wounds wort, &  
Clouns All heal,

M<sup>o</sup> Hill for y<sup>e</sup> gout

Take of polipody of y<sup>e</sup> oak, surjaparilla, china  
root, hermodactyls of each 4 ounces, powder the  
hermodactyls. & slice y<sup>e</sup> other ingredients very  
small & put them all into An earthen vessel glazed  
then take 3 pints of white wine & 9 pints of water  
just boyled up, then pour in y<sup>e</sup> white wine & boyle  
it one hour, pour it hot on y<sup>e</sup> ingredients & cover  
it down hot for one night, then strain it fine  
off & Bottle it.

2 pints of white wine & six of water to be boyled  
in like order & infused on y<sup>e</sup> same ingredients  
for 2 nights. As Above -

Drink of y<sup>e</sup> first Infusion frent, As often As y<sup>e</sup>  
please, At meals or any intervals of eating, drink  
nothing else during y<sup>e</sup> course, nor eat any sallads  
or sponon meats of any sort, preferring best before  
boyled meats & taking a gentle purge every fourth  
day, then drink of y<sup>e</sup> 2<sup>d</sup> Infusion Likewise under  
y<sup>e</sup> same regimen.

for A Diet Drink

Brew about 5 gallons & half or 6 gallons of mild  
Ale & boyle y<sup>e</sup> sliced ingredients some time in y<sup>e</sup> wort,  
but put in y<sup>e</sup> hermodactyls After y<sup>e</sup> wort is taken off  
& After A days steeping or two, pour it off from y<sup>e</sup>



Ingredients into a little vessel & ripen it with Sun  
& As soon As its fine drink it once or twice A day to  
prevent, as well As much oftener to remove ye gout -

A Diate Drink for A humor  
In Any part of ye Body

Take of Polopodium of y<sup>e</sup> bark half  
A pound, Licorick 4 ounces, half A  
pound of Lent figs, half A pound of  
Raisons stoned, sassaoparilla & China  
Root of each 2 ounces, guaiacum  
Both wood & Bark half A pound,  
tassafras 4 ounces, Caraway seed  
2 ounces, Anniseed 2 ounces, Bruce  
y<sup>e</sup> seeds & slice y<sup>e</sup> Roots & figgs,  
& put it over A soft fire with  
20 quarts of spring water & let  
it simmer till About 8 quarts is  
wasted, take it off y<sup>e</sup> fire & cover  
it close till its cold, then strain  
it off & Bottle it, Drink half A  
pint every morning fasting.

Q. At Night going to Bed, till At  
is done, for purging some times  
In ye time of Drinking of this  
take A quart of ye same Liqueur  
& keep it boyling hot, & put to  
it 2 ounces of Alexanders seana  
half An ounce of Spanish Aubine  
A quarter of A pound of Blew  
brands, pouy ye Liqueur boyling  
hot on it & keep it In ye fire  
All night, in ye morning strain  
it off & bottle it, twill keep good  
for A purg 7 year, & A drawer  
of A pint is A proper quantity  
for A man or woman, less for A  
child, ye need Not keep to A strict  
diet nor within doors only keep yr  
self warm, Approved by Mr. Henard

Take some sheeps Lung & ty it up in  
A thin Rag & boyle & squeeze it in every  
thing y<sup>e</sup> party eats & Drink, it being  
y<sup>e</sup> best thing in y<sup>e</sup> world to fill y<sup>e</sup> stomack  
Dix & Abate y<sup>e</sup> flavor Approved by  
M<sup>r</sup> Newark

Pile wort & Dead mans hand is very  
good to be taken & infused in Beere  
for y<sup>e</sup> Evil. & Clithorn infused  
being fierst brused & put in Ale one  
night is very good for y<sup>e</sup> scurvey  
to Drink constant As A Drink both  
By M<sup>r</sup> Newark

Hypopique water from M<sup>r</sup> Coys

take of Hypopica, & of Senechal each one Dram  
infuse them in A quart of good Brandy & let it  
9 days by the fire or in the sun. A coffee dish full  
is good to carry of the pain in y<sup>e</sup> stomach & is A  
gentle purge. Sweeten it to y<sup>e</sup> taste when y<sup>e</sup> Drink  
it you must shake y<sup>e</sup> Bottle 3 or 4 times in A day  
while it is infusing

Orange or Lemon Water. Mr. Cross  
To A gallon of spirits put ye Rines of 16  
or 20 oranges pared thin distill it As  
long As it tastes of ye spirits, & if it dose  
not produce ye full quantity As y<sup>e</sup> put in  
make it up with spring water & then  
sweeten it with 3 quarters of A pound of  
Soft suger - (Approved)

Mr Page for A Loosness  
if powder of salamoniack As much As will  
lie on A 6 pence, & phylorom Romanom As much  
As y<sup>e</sup> can take on ye point of A knife put  
if both on A draught of warme Ale & give  
it to y<sup>e</sup> party Afflicted, it will stop it  
Immediately increase y<sup>e</sup> quantity As y<sup>e</sup>  
find y<sup>e</sup> strength of y<sup>e</sup> Constipation

Mr Zebick for Convulsion fits  
mix An Equall quantity of flower of sulfur  
Red sanders fine powderd Soft suger & single  
Peony Roots or seeds powderd, & give As much  
to A young child As will lye on A silver penny &  
proportionably more to y<sup>e</sup> Age of Any other person  
In Any Signes y<sup>e</sup> like. y<sup>e</sup> single Peony seeds before  
they are quite black string on A thread & were  
wound y<sup>e</sup> Neck Cures A violent head Ake As Approved  
by Rev

M<sup>r</sup> Woggs Pills for Hystericks

Take of Galbenum, Asafetita, And Castor of each  
A Drachm & half, An ounce of olde Methirdate, Beat  
All together in A mortar till they Are well Mixt, make  
it in pills of y<sup>e</sup> bigness of A fetch & take 2 or 3 water  
of them Every morning & night for 9 days following  
& when y<sup>e</sup> have rested 9 days, take them Again  
for 9 days more, & soe continew this method for  
~~3 weeks~~ or A month or 6 weeks (Approved)

M<sup>r</sup>s Keens Green Cyntiment

Take of the Leaves of Bay, of Balm Peed  
Sage, Camemell, Rue, wormwood of each  
of these leaves one pound, and as many  
pound of mutton Suet, that 6 pound of Suet  
mince all these herbs and suett together,  
then pound itt and add to it 6 pound of neats  
foot oyle put all the in y<sup>e</sup> presence in to an  
earthen pan and let it stand nine days, stir  
ing it every day, then Coul it on a y<sup>e</sup> visible fire  
till the vertib<sup>l</sup> or out of the herbs then strain  
it and add to it five ounces of oyle of spike,  
then stir it together and put it into Gallyp<sup>es</sup>  
for use

it Cures A Scald or burn its good for all  
Sorts of Swellings from Cold, it Cures all  
Crus<sup>s</sup> pains in the Bones its good for Young  
Children that has Worms to destroy their  
nails, its good for sore breasts to annoynt them

M<sup>rs</sup> Keens playster

Take Baum, Veruine, Pimperned, stript  
& bruyed ~~in~~ ~~as~~ ~~much~~ ~~as~~ ~~can~~ ~~be~~  
boyled In 3 pints of y<sup>e</sup> best strong white  
wine, An Equal quantity of Each heerb,  
liting<sup>it</sup> boyl till y<sup>e</sup> Liquor comes to A quart  
(silver or bell mettle It must be boyled in)  
Strain it out hard in to y<sup>e</sup> skillett & put to  
y<sup>e</sup> Liquor half A pound of fine Rosen Beat  
to A powder 2 ounces of vergins wax melted  
In breast milk half An ounce of maytack in  
powder, keep it boyling & stirring till its well  
mixt, then take it off y<sup>e</sup> fire & stir in to it  
4 ounces of venice Turpentine & keep it  
stiring from y<sup>e</sup> fire till its cold enough  
to rowl, keep y<sup>e</sup> wine that will settle to y<sup>e</sup>  
Bottom to wash y<sup>e</sup> sores, rowl them up to  
keep. & put them in oyl'd papers to keep  
them from drying too fast, Its y<sup>e</sup> Best  
playster to draw & heal in y<sup>e</sup> world

An Eye water

Take of white rose water & plantaine water  
A Like quantity, of white coperis the bigness of  
A small pee, then take y<sup>e</sup> shell of A new Layd  
egg with y<sup>e</sup> inside clean taken out & fill it with y<sup>e</sup>  
water & put y<sup>e</sup> coperis in to it putting it over A clear  
fire, soe that it may not boyl<sup>e</sup> over till the  
coperis is melted then strain it throw A fine  
cloath yn to A silver or cheny thing & let  
it stand till cold, then put it in A bottle  
& when y<sup>e</sup> use it y<sup>e</sup> must dip A fine holand  
rag in it & Lay it on your eyes, It is good for  
Any humour in y<sup>e</sup> Eyes.

M<sup>r</sup>s Greishes Tear Cloath

Take a pint of oyle olive & half A pound of  
Red Lead boyl<sup>e</sup> them together stirring them w<sup>th</sup>  
A stick till it be black & something thick, then put  
it on y<sup>e</sup> side of A dish & if it be thick it is enough  
then take it off & put in one peny worth of soft  
red wax, & 2 ounces of rosen, then set it on A soft  
fire that dos not blaze stirring it continually,  
then take it off & dip in lining cloaths Applying  
them to the place grieved & when one side is done  
y<sup>e</sup> other is good, It must be boyled yn A farthor  
not that is new, & y<sup>e</sup> must keep it in white paper.

M<sup>rs</sup> Keens To make spirit of Lavender  
Take a great Glass or Mugg & fill it 3 parts  
full of Lavender flowers full ripe stript  
from stems then fill y<sup>e</sup> glass brim full of  
with good French Brandy or spirit of wine  
Let it stand A fortnight close stopt, then  
fill it up Again & Let it stand A month or 3  
Weeks longer close stopt then still it in A  
Limbeck

M<sup>rs</sup> Croves Colick Water

Take stone hors Dung 6 pound, Cardanum  
seeds one ounce, Venice Treacle one ounce,  
Raisons of y<sup>e</sup> sun stoned one pound, Mint one  
handfull, put all these in to 2 quarts of white  
wine or spirit of wine, And to Every quart of  
spirit put 2 quarts of Ale, & put it in to y<sup>e</sup>  
still over night, & still it in y<sup>e</sup> morning, An  
2 days 'twill be fit to drink, take About A wine  
glass At A time, its also proper for women  
Newly deliver'd, or A New Born Child (Approved)

from M<sup>rs</sup> Croves An Excellent Glisten to be given  
in y<sup>e</sup> Colick prescribed by Dr. West.

Turn A pint of <sup>milk</sup> posset with strong Bear, steep  
in it 8 or 9 parts of stone hors dung give  
half A pint of it, & if it stays with y<sup>e</sup> patient 5



or 6 hours It is y<sup>e</sup> better  
of m<sup>rs</sup> Loyscome) A drink for A sore head  
Take one ounce of stone Brimstone & pound  
it fine then put it to 2 quarts of water  
& Let it boyl til it comes to one quart then  
let it to settle, & when y<sup>e</sup> Brimstone is fixt  
to y<sup>e</sup> Bottoome power off y<sup>e</sup> cleere & put it to  
boyl Again with A quarter of A pound of  
Treakle Just Let it boyl up to be well  
mixt & then coal it & bottle it - Drink  
A good Draught of it Every Morning  
Fasting & In y<sup>e</sup> After Noon About 4 or  
5 A Clock till it cures using no outward  
Medijon

M<sup>rs</sup> Maggs Green Oyniment  
Take 6 pound of May Butter Unsalted, one quart  
of sallet oyle. four pound of Barons greese, one pound  
of y<sup>e</sup> Best Rosen, one pound of turpentine half A  
pound of frankincence, & to this quantity take these  
following heards of each A handfull, viz: smaltage,  
Balm, Covage, Red sage, Savinder, & Savinder Cotton,  
herb grace, Bayly, Comfry, Louewell, Leaves Beach  
Leaves, Lungwort, mariareum, Rosemary, mallows,  
Cammatica, S<sup>t</sup> Johns wort, Plantin, Allhead

Chickweed, English tobacco, Flee Henbane,  
Gronswell, wound wort, Betony, Egrimony,  
Melilot & Cardus, pick All these herbs clean &  
wash them, strain them clean from y<sup>e</sup> water  
(they must be all gathered After y<sup>e</sup> sun Rises)  
then stamp them on A stone or wooden Marke  
As small As possible y<sup>e</sup> can beat y<sup>e</sup> Rosen to A  
fine powder & Adjoe y<sup>e</sup> frankenjence, & melt  
them first, then put in y<sup>e</sup> Butter, Hogs Grease,  
Oyle, & when All is melted put in y<sup>e</sup> herbs  
& let them All boyl together half A quarter  
of An hour, then take it from y<sup>e</sup> fire & keep  
stirring of it A quarter of An hour At Least, &  
in that time its from y<sup>e</sup> fire put in y<sup>e</sup> Turpin-  
tine & 2 ounce of Verdigrise very finely  
powderd, & while y<sup>e</sup> put in y<sup>e</sup> verdigrise &  
turpentine stir it well, or Else it will run  
over & so stir it till it Leaves boylng then  
put it in A Earthen pot stoping it Close with  
A cloath & A board on y<sup>e</sup> top, & then set it on A  
dunghill of hors muck, 21 days then take it  
& put it in to A little & let it boyl A little  
so that it dos not boyl over, then strain it  
through A course cloath on to Earthen Gally  
pot & when All is strained put to it half A

pound of oyle of speck Cover y<sup>e</sup> pot Close till y<sup>e</sup> use  
it: In y<sup>e</sup> winter warm it when y<sup>e</sup> use it but cold in  
y<sup>e</sup> summer

M<sup>r</sup> Keens Palye Drops

Take of sage flowers, Rosemary flowers, Bitony  
flowers, Borage & Bugleas flowers of each half A  
handfull, y<sup>e</sup> flowers of y<sup>e</sup> Lily of y<sup>e</sup> Valley & Cowslip  
flowers of each A handfull, steep them in Aquaviv  
or spirit of wine As y<sup>e</sup> gather them In their seasons  
till All is had, Add to it of Bay leaves, orang leaves  
& flowers of y<sup>e</sup> can get them, Baum, mother wort  
& speck flowers, y<sup>e</sup> same quantity, first cut small,  
let it steep. All together 6 weeks in as much spirit  
As will just cover it, & y<sup>e</sup> same quantity of spirit  
of Lavinder, keeping it close covered All y<sup>e</sup> while  
with A bladder & Leather, & when y<sup>e</sup> have distill'd  
it in A worm or Limbeck Add to y<sup>e</sup> water, of Lemon  
or cittern peels dryed, & piony seeds huld of  
each A Dram, sinomon, nutmegs, mace, Cardimues  
& cubibs of each half An ounce, Lignum allowes  
one Dram, make all these, in A powder, put Alsoe  
in to it half A pound of Gunboe being first studd  
cut small, stop it close for 6 weeks & then strain  
& press it very hard, then filter it, & After hang in  
y<sup>e</sup> clear Liquor In A saynet bag As follows, powder  
of Bevil 2 Drams, prepared Vmarrays A scruple,  
Amber Greege, musk & saffron, of each half A scruple,  
keep it Always in it close stop, use it dropt on A

Rub of Loaf suger Enough to wet it in A spoon  
its good for Lowness of spirit, fainty fits or Colick  
& Adye for Any Disorder of y<sup>e</sup> Head to be taken  
Any time of y<sup>e</sup> Day or Night

M<sup>r</sup> Keene For the Kings Evil Broken or Not

Take y<sup>e</sup> flowers of Fox gloves About A peck stamp  
them very fine put them in to A new pipkin with 3  
pound of New Butter Not salted nor wash'd but  
Beat very well out of y<sup>e</sup> milk then set to boyl over  
A gentle fire for About 2 hours, keep it in the same thing  
& cover it close with leather, warm part of it Every  
time y<sup>e</sup> dress y<sup>e</sup> sore, Anoynt y<sup>e</sup> swelling with the  
thin part & take y<sup>e</sup> thick & spread on A clothe just  
y<sup>e</sup> bigness of y<sup>e</sup> sore, never chang y<sup>e</sup> cloath but scrape  
off y<sup>e</sup> salve from it Every time putting fresh to y<sup>e</sup>  
wound twice A day, but be sure never put fresh  
cloaths to y<sup>e</sup> wound, y<sup>e</sup> must make A good quantity  
of y<sup>e</sup> medijon At y<sup>e</sup> season its to be got for its seldome  
less then A year before y<sup>e</sup> Evil will be well, when y<sup>e</sup>  
see y<sup>e</sup> sore grow bigger be not troubled for it will see  
so till all y<sup>e</sup> humors Are tryed up & then twill heal & skin  
up

The purg for y<sup>e</sup> Evil

take diacatholicon a quarter of An ounce, of syrop  
of Roses solutine with Agarick half An ounce, mingle  
it with 3 spoonfulls of white wine & take it Every fortnight

The Drink for y<sup>e</sup> Evil

To Every Gallon of wort boyl with y<sup>e</sup> hops one handfull  
& half of Eye bright, sage, Rosemary, & Bittony of each  
2 handfulls & half put it in a vessell & when its fit  
let y<sup>e</sup> patient drink At least 2 draughts Every morn  
ing fasting After it 2 hours, & At night take A  
draught 2 hours before Bed: this of Grace white,

For y<sup>e</sup> Bloody Flux By Heall

2 Draughts of Cinomon Cassia, 2 Draughts of  
pepper, 1 Draught of Galbannum, one Draught of  
Signum opiat, pound it & mix it in to pills with  
clarified hony, take 2 every night & 2 every  
morning fasting 2 hours after =

for A sickly Girl

one ounce of prepared Powder of steel  
must be mix'd with 4 ounces of Bourage  
flowers, & y<sup>e</sup> party must take about y<sup>e</sup>  
bigness of A walnut Every morning & at  
4 a clock in y<sup>e</sup> after-noon till y<sup>e</sup> quantity  
is taken & if this dos not procure the  
desired effect she must repeat y<sup>e</sup> same  
quantity & take it without Intermittion  
& After that is taken rest some time =

Approved

Tho: Hills receipt to turn an humer  
2 peny worth of white Coppavis, & one  
peny worth of Bolaxmonik, infuse it  
in one quart of spring water over a  
gentle fire till it comes to A pint so  
pat y<sup>e</sup> sore often with it with A  
Lining Cloath. —

Mr. Francklins Tincture of Lemon  
cut off y<sup>e</sup> Top of A Lemon & take out  
as many of y<sup>e</sup> seeds as y<sup>u</sup> can then put  
in the hollow of it As much saffron as  
it will hold, stop it in with y<sup>e</sup> top y<sup>u</sup>  
cut off & pin it down that it may stop  
close tight so put it on A plate before y<sup>e</sup>  
fire to roast as y<sup>u</sup> would an Apple and  
As it roasts y<sup>e</sup> Juice will come in to y<sup>e</sup> plate  
which y<sup>u</sup> must take up before it dry Away,  
& when y<sup>e</sup> Lemon is soft roasted put it in to  
A pint of Mounting or white wine with

what Juice you saved from y<sup>e</sup> plate, Let it sidge  
in y<sup>e</sup> wine (close stop't in A mug) A night or more  
then strain it & keep it in A Bottle close stop't  
for use, A spoonfull of this tincture taken in  
A glass of Any liquor in A morning fasting  
& y<sup>e</sup> same going to bed for A week together  
is Admirable good for y<sup>e</sup> yellow jaundice &  
will certainly cure it if not gon too far, It  
Alsoe A very Great raizer of y<sup>e</sup> spirits, At y<sup>e</sup> first  
coming of A feverish or small Pox, & Alsoe At y<sup>e</sup>  
turning of y<sup>e</sup> later, if fainty, & Likewise in a  
Consumtion &c. — (Approved)

4. vouts The Cordial Gout Tincture  
Take a quart of fresh Train Towle  
dye'd with Any red water, of Myopiera &  
Couchawood of each one Train, & affon half  
A Dram putte it in y<sup>e</sup> water 10 or 11  
days in A warm place, then strain it off  
& keep it for use take of this from 7  
to 11 spoonfulls as you find occasion at any  
time, but most properly going to Bed = =  
It seldom fails giving Ease Either in gout or  
colick

Niece Jones for An Ague

Dry Sawrell Leives in an oven till they will  
pound to A fine powder, & of y<sup>e</sup> powder take as  
much as will lay on A shilling in Any kind of  
Liquor y<sup>e</sup> Like (but wine is best) repeat y<sup>e</sup>  
Dose every 4 or 6 hours & it will certainly  
cure -

M<sup>r</sup> Lewes for A Consumption

Take Mousse snails & wash them in Beer,  
then prick each of them 2 or 3 times in  
y<sup>e</sup> fleshey part with A pin, so put them  
in A flaying Bag & hang them up over  
A dish, in which there is some Brown suger  
Candy powdered, & let them drop on it  
till it come to y<sup>e</sup> moysture of A syrop,  
take A spoonfull of this syrop as often  
as y<sup>e</sup> please, but Especially when y<sup>e</sup> Cough is  
most violent -

for y<sup>e</sup> megrim

Take of Camameil, comin, & crums of  
Brown Bread alike quantity, pound it  
all together with a little Viniger, make  
A playster with it on A cloth and Bind  
it to y<sup>e</sup> forehead -



for a fellow

Take a handfull of smallage & a handfull  
of featherfow standel & straind, & with sope  
wheat flower make A salve & use it —

To cause sleep

Take y<sup>e</sup> juice of floulike, & y<sup>e</sup> same quantity  
of womens milk, & allyoe of Rose viniger, mix it  
together & dip some flax in it being first warmd  
& bind it on y<sup>e</sup> Temples & some allyoe made  
up round & bound to y<sup>e</sup> palms of y<sup>e</sup> hands —

an oymnt for shynking of Cynews

Take neats foot oyle finely clarified, & put  
to it as much Rosemary flowers, Cowslip &  
pwinroge flowers, a like quantity, and as much  
as y<sup>e</sup> oyle will drinke up, stop it in a glass  
jar & set it in y<sup>e</sup> sun 14 days, then put it in  
A little of water close stopd & let it boyl six  
hours & then strain it throv a clothe in to  
A pott for use, & anoynt y<sup>e</sup> Cynews with it —

for y<sup>e</sup> Bloody flux & all other fluxes

Take a quart of Red wine. A quarter of  
an ounce of cinamon, powdered, one peny  
worth of sanders & one peny worth of Blanched  
almonds powdered & 2 ounces of Rice powdered  
boyl it all together till it be half wasted  
thick, keep it stirring that it maint burn.

put it out in A thin dish, & when its  
cold cut it out in slices & eat it with  
white suger Candy sifted over it, in y<sup>e</sup>  
morning fasting & at night or any time  
elce -

### for Deafness

Take 2 spoonfulls of y<sup>e</sup> juice of Rue, & as  
much romans milk (that suckles one of  
y<sup>e</sup> Contrary sex) boyl it together till it is  
curdled, then strain it, & dip some black  
wool in it & therewith drop it in to y<sup>e</sup> Ear  
morning & Evening for 9 or 10 days  
together very warm -

### A Nother

Take Earth worms & fry them with  
Goose greese & drop some of it in y<sup>e</sup>  
Eares warm, 9 or 10 times -

### for sore Eyes

digittil hazel nuts before they have  
any kernells in them & use y<sup>e</sup> water  
to wash y<sup>e</sup> Eyes by its self, or elce mix  
it with an equall quantity of vervine  
& plantine water. & A little bit <sup>of</sup> <sup>stony</sup> y<sup>e</sup>  
Eignes of A nut dissolved in it -

The powder of Burdock seeds as much as  
will lay on 6 pence taken in whitewine  
is excellent good for y<sup>e</sup> Colick or stone

for A swelling in y<sup>e</sup> Legg &c  
boyl Grounded & Myzop in milk very  
tender turn y<sup>e</sup> milk to a poppet & put  
on curd & herbs together very hot  
& for A Bruise fry stone flors dung in  
claret wine & Lay it on hot about an  
inch thick as soon as possible after y<sup>e</sup>  
hurt

for y<sup>e</sup> strangury  
Boyle an ounce of Parsley seeds & 2  
heads of Garlick brused, in A quart of  
milk make A poppet of it with white  
wine then strain it & drink of it morn-  
ing & evening

A Glyster for y<sup>e</sup> Wind  
Take Cammamel Green, or flowers,  
featherfuc, mercury Leaves, Madons,  
wormwood, & Hollyhock, of each half a  
handfull, coryander, Dill seed, fennel  
seed & Anny seed, of each a spoonfull

brused, boyle all these in 3 pints of  
clear posset, till it comes to 3 quarters  
of A pint; then strain it & dissolve over  
y<sup>e</sup> fire one quarter of A pound of Couis  
suger a quarter of A pound of fresh butter  
& 2 ounces of syrop of Damayk Rojas, &  
so administer it —

for immediate help in y<sup>e</sup> Colick  
Take half A spoonfull of Tincture of  
Rauberb & drink in A glass of moun-  
tain wine & it usually gives ease —  
this of Mr White

for sharpnes & heat of  
Grisiths urine: found in this Mowse  
Take y<sup>e</sup> whites of 3 new Layd eggs  
& Beat them well, & mix them in a  
pint of Plantine water, & sweeten it  
with white suger Candy, & if y<sup>e</sup> pain  
be violent drink A Draught of it eve-  
2 hours frov 6 hours together, or  
elee only morning & Evening —

by Dr  
Griffiths) A nothier for ye same  
Take of Agrimony one handfull of  
Plantaine leaves & Rib-wort, with Common  
mallows stems & leaves, of each half An  
handfull, boyl these in something more  
then A quart of spring water till A  
quarter part is wasted, A glass of this  
strain'd off, put in to Ale or milk luke  
warm, & take it Early in A morning or  
2 hours before Dinner, till y<sup>e</sup> quantity  
is done - & if y<sup>e</sup> water be Bloody

Take of Agrimony Dried 2 good hand-  
fulls, moweare one handfull & half-  
boyl these in 3 pints of water to A  
quart, strain it, & keep it close stop'd  
in A Bottle for use, & mix a 5<sup>th</sup> or 6<sup>th</sup>  
part with y<sup>r</sup> usuall Drink if Beere or  
or ale, or a 3<sup>th</sup> or 4<sup>th</sup> part with Wine  
use it at meales or at any time else  
but Especially at supper -

A nothier for y<sup>e</sup> strangury  
or stone  
Take half A pint of ale, half A pint  
of small Beer, half A pint of Rain  
water, beat y<sup>e</sup> yolk of A new Lay

Egg in it & sweeten it with Honey  
& grate A nutmeg in it, Drink as much  
at A Draught as y<sup>e</sup> can -

for A Dyet Drink for y<sup>e</sup>  
same Disorder

Take y<sup>e</sup> Topper of Firr Tree & Pine  
Tree of each one handfull & half,  
10 Drams of y<sup>e</sup> seeds of wild Carrots  
Bruised - 2 handfulls of shavings of  
new Deale, Boyl it in 2 Gallons of  
wort for constant Drinking -

Dr. Griffiths) Another for Bloody Water  
Take y<sup>e</sup> Roots of Tormentil 3 drams  
of leaves of Medow sweet, shepards  
purs, plantine, Agrimony, & sanicale  
of each one small handfull, Liquorish  
half an ounce, mellen, & parison  
seed of each 3 Drams, white Poppy seed  
half an ounce, let y<sup>e</sup> Roots be sliced y<sup>e</sup>  
herbs shred, y<sup>e</sup> Poppy seeds Bruised, &  
y<sup>e</sup> other seeds Blanch'd with hot water  
as almonds, then Boyl all in 3 pints  
& half of spring water till it come  
to A quart, strain it & sweeten it

with Syrop of Althaea, & take A Draught  
of it morning & Evening — y<sup>e</sup> may alsoe  
Boyl an ounce of Comfrey Roots in A  
pint of milk & water, & in it y<sup>e</sup> white  
ov 2 of new Laid Eggs Beat to Water  
Drink half A pint morning & Evening  
& some times put A scruple of powder  
of Holecarmonek in it, y<sup>e</sup> Clarified juice  
of Nettles is alsoe good in A draught of  
warm ale morning & Evening

and Grovel

For Lumbago & Strain in Back

Essential Oil of Juniper 1 Droche

Oil of Turpentine — 1 Droche

Spirits of Wine — 2 Droche

Tincture of Opium — 1/2 Droche

Balsom of Capivy — 1 Droche

Take 30 Drops Night & Morning  
in a Tea Cup of Soft Water

B. J. D. IP

## A Receipt for Gold

Take a Lemon and pare it then cut it  
Round but into Slices then take a penny  
worth of Saffron and put betwixt the  
cuts then take a quarter of a pound of  
Honey and boil it for about 10 Minutes on  
a Slow fire and while boiling pour a  
Lime of the ~~Honey~~ on the Lemon take  
it off then Squeeze the Juice of the Lemon out  
and take a Tea Spoonful as you are troubled ~~with~~

## Receipt for a Cold

Take a Large Lemon boil it 3 or 4 times in  
a Quart of Water changing the Water till the  
Bitterness thereof is then ground itt in a Stone  
Mortar & add two ounces of Brown Sugar  
Candy and two ounces of Sweet Oil Make an  
Electary & take a Tea Spoonful when ever the  
Cough is ~~troubled~~ ~~with~~ ~~trouble~~ ~~sumo~~



Stoughtons Elixir.

To A quart of y<sup>e</sup> best Brandy put y<sup>e</sup> outside  
peel of a Douzen larg Civill oranges or 15  
small ones, let it stand 3 weeks, shaking  
it every Day, after this strain it & put to  
it one ounce of Gentian cut very thin, one  
Dram & a scruple of Couchanceel pounded  
& half A Dram of saffron, both put in to  
A little Bag, let these stand 3 weeks, &  
then strain it thorow white'd Brown  
paper in to little Bottles for use, &  
be sure, to keep it always stop'd close  
A Tea spoonfull is y<sup>e</sup> proper Dose in  
any Signor y<sup>e</sup> like for y<sup>e</sup> colick or any  
disorder in y<sup>e</sup> stomach

For an Ague

Take of jesuits bark half an ounce, of  
Covianer-seed an ounce, of Anny-seed  
an ounce, beat all these to A fine powder  
& add as much powder Ginger as y<sup>e</sup> can  
take up between y<sup>e</sup> Thumb & two Fingers,  
& half a pound of brown suger, mix these  
well together with two or three spoonfulls  
of Rose water, put it in A skillet or Porrin-  
ger over a soft fire till y<sup>e</sup> suger be melted,  
& take the bigness of A walnut of it Every

3 hours Night, & Day, till half y<sup>e</sup> quantity  
is taken, then rest 10 or 12 Days before y<sup>e</sup>  
take y<sup>e</sup> other half, & then observe y<sup>e</sup> method  
as before; eat no flesh, nor drink no strong  
Drink while y<sup>e</sup> are taking of it, & begin  
to take it when y<sup>e</sup> fit is off, but continue  
taking till y<sup>e</sup> ague is gon.

these two I had of M<sup>rs</sup> Gresh & Approved:

the following Receipt was sent for  
my own gancys in 1727 by M<sup>rs</sup> Fry,  
from one of her Physicians.

Peruvian Bark one ounce, Dragons  
Blood two Drams, Cinamon one Dram,  
Boyled in 3 pints of water til one pint  
be wasted, strain it off, & Drink a wine  
glass full twice A Day -

Bleeding, & purging before y<sup>e</sup> take y<sup>e</sup>  
Above will be proper, if strength admit  
of it.

fine Rock Allom 3 drams, melt over A  
gentle fire, & stir into it one Dram of  
Dragons Blood finely powdered, of which  
make forty Pills, & take 4 of them before  
every twilight of y<sup>e</sup> above decoction -

(1) to stop all sorts of Fluxes &  
to prevent Mjearing  
Take 2 handfulls of red oake buds, as much  
of broad Plantine, & as much of Red Roses,  
an ounce of Cinamon & y<sup>e</sup> rine of one  
Dungranet both beaten to powder, steep  
it in A quart of red Wine one night &  
then still it in A Cold still, 3 or 4 spoon  
fulls morning & Evening for 3 days  
together is y<sup>e</sup> doze, it may be given to  
A woman in child Bed without any  
danjure, A water for spiting of Blood

(2) Take of Nettles & Cypres tops 3 hand-  
fulls, A pint of whites of Eggs, & a little  
yellow sandlers & A little mace, put it  
in to A gallon of New milk & still it  
in A Rose still,

(3) Snail water for A Consumption  
Tak 80 Glouze snails wipe them clean  
& break y<sup>e</sup> shells, put them shells and  
all in to A gallon of New Milk boyl it  
till it grow thick, then put it in to A  
Rose still with A handfull of Mint in  
y<sup>e</sup> botom of y<sup>e</sup> still, put in y<sup>e</sup> inside of A  
Loaf of white bread & A handfull of

hartshorn, & if y<sup>e</sup> party be inclin'd to  
a feavour put in A handfull of dandy  
lion, Let it drop in to A Bottle with  
white suger Candy in it & take 8 or 10  
spoonfulls twice a day - -

(4) For violent pain in  
the head  
Pound ground grey & lay it over y<sup>e</sup>  
forepart of y<sup>e</sup> head in A thin cloth &  
being first heat ~~it~~ in A fire shovell  
as it cools renew it - -

(5) for A fix'd Cough  
Take 2 ounces of syrop of Maiden  
hair, 2 ounces of Syrop of Violets,  
an ounce of Conserve of Red Roses,  
half A Dram of flower of Brimstone  
mix it in to A Conserve & take of y<sup>e</sup>  
bigness of A Nutmeg as often as y<sup>e</sup>  
please - -

A Purg

Take the best Rhubarb in Powder, 2  
 ounces & half, of salt of wormwood one  
 Drahm, orange peel half an ounce, grated  
 Nutmeg two scruples, Couchaneel half a  
 Drahm, infuse this 48 hours by y<sup>e</sup> fire  
 side in a quart of good Arrack, strain it  
 off & keep it for use,  
 two or 3 spoonfulls may be taken at a  
 time twice or 3 times A week without  
 any hindrance of buisness -

(68)

For An Ague

Take half an ounce of Bark, Nutmegs  
 Cinamon, Cloves, mace, Jamaica pepper  
 Ginger, Carraway seeds of each 3 quarters  
 of an ounce, A quarter of A pint of Anny  
 seed water, mix it with A quart of  
 small Beer, to be taken at 3 times  
 at 8 a clock in y<sup>e</sup> morning, at one,  
 & at 5 in y<sup>e</sup> afternoon y<sup>e</sup> next day  
 after y<sup>e</sup> first & drink it warm,

(69)

Pills for the Stone

Aloes 2 Drams, Venice Turpentine half  
 an ounce, mix them together & make  
 it up with powder of Licoris & Anny seed

& take 5 or 3 of them when y<sup>e</sup> goe to  
Bed - -

(9) an opening Medijon  
Seana half An Ounce A race of ginger  
slic'd, A thimble full of Anny seed,  
infuse these all night in A pint of  
whitewine, in the morning boyl it A  
little then strain it & put in to y<sup>e</sup>  
Liquor 30 or 40 Prunes & stew them  
& eat 7 or 8 in A morning fasting &  
yn may goe any where - -

(10) To Make Daffys Elixer

Take an ounce of senna; Guajacum,  
Elicampain Roots, Anny seed, Carra-  
way seed, Coriander seed, & Liquoris  
of each half an ounce, Raisons of y<sup>e</sup>  
sun ston'd 2 ounces, infuse these in  
A quart of good Brandy for 4 or 5  
Days then strain it off,

the dose is 2 spoonfulls at Night  
& 3 in y<sup>e</sup> morning, & no confinement  
being only a little opening,

(Lynard)

(11)

For y<sup>e</sup> Kings Evil

Take the white Arch Angell, Greens, Blosom  
& all, boyl it in milk & turn it to Tojet  
with small Bear, strain y<sup>e</sup> nettle & Card  
from y<sup>e</sup> Drink, chop them together &  
apply it warm to y<sup>e</sup> sore twice A Day  
Let y<sup>e</sup> drink be y<sup>e</sup> only Liquor, & continen  
y<sup>e</sup> eye of it till y<sup>e</sup> patient is recover'd  
eating no salt Meats during y<sup>e</sup> Cure  
the Nettles may be Gather'd when y<sup>e</sup>  
Blosom is on & carefully Dryed & they  
will Answer y<sup>e</sup> End in y<sup>e</sup> winter

(12)

Barly Wine Good in A Feaver

Take half A pound of French Barley w<sup>ch</sup>  
it & boyl it in 2 or 3 severall waters y<sup>e</sup>  
waters being kept of an equall heat  
then take 3 pints of y<sup>e</sup> soft water y<sup>e</sup>  
have boyl'd it in, & half A pint of Succory  
water, A quart of y<sup>e</sup> best white wine, & y<sup>e</sup>  
juice of 3 or 4 Lemons clean from y<sup>e</sup> pulps  
& seeds, add half A pound of white suger  
powder'd & Brew it all together very  
well till y<sup>e</sup> suger is well dissolved then  
put in Bottles for use & stop it close, Let  
it stand 3 or 4 Days before y<sup>e</sup> drink it

(13)

for y<sup>e</sup> stone

Take Glaws at Michalmas bruse them in A mortar & put them in to A Cold still & put to them as much white wine as will cover them to 3 spoonfulls. of this water take a Draught of Ale with A little Nutmeg & suger & walk or Ride after it

(14)

for y<sup>e</sup> pain of y<sup>e</sup> stomach

Take 12 Corne of white Pepper (clean rubb'd) in A spoonfull of salet oyle,

(15)

A nother

Take 6 pound of Raisons of y<sup>e</sup> sun stoned 2 ounces of gentian sliced & A little handfull of Egrimony dryed, as much of sentary, put it all in A Earthen pott & when y<sup>u</sup> have boyled 20 pints of water to 16 put it to y<sup>e</sup> ingredients boyling hot, & let it stand 30 hours in A warm place then strain it off & work it as y<sup>u</sup> would mead & Bottle it up Take A wine Glass full every morning fasting & so in y<sup>e</sup> after noon



(16) A Drink for any Yellowish Humour  
Take half A pound of Madder, 4 ounces  
of Sena, 2 ounces of Anny seed, 2 ounces  
of Liquorish, 2 handfulls of scabious,  
one of Egrimony, wash y<sup>e</sup> Roots & slice  
them bruse y<sup>e</sup> seeds, & put all in to A  
bag to 4 Gallons of Ale after it have  
done working, & when its fitt drink  
A pint in A morning fasting, -

(17) A nother to sweeten y<sup>e</sup> Blood  
Take of Dock Roots 4 pound, of  
Dandelion 4 ounces, of Rumabony  
leaves 4 handfulls, of Ground Grey  
4 handfulls, of Furr tops on hand  
full of Crude Antimony in powder  
tyed up in A Lining Bag 6 ounces  
bruse & cutt y<sup>e</sup> rabts & hearbs &  
put them in a bag & let them  
hang in A vessell of 6 Gallons  
of Ale which y<sup>e</sup> must drink of  
constantly till its done -

(18) For A Loosnes & Vomiting  
Take of Venice Tike & diascordian  
of each 2 Drams; mix them very <sup>well</sup> with  
mint water, Barby water, & Cinamon  
water of each 4 ounces, of which take  
2 spoonfulls in case y<sup>e</sup> disorder is very  
violent or less if not so -

(19) for A Cough & Rhume  
Take Sappanilla 2 ounces, China sliced  
one ounce, of Lentise wood, guaiacum,  
& saysafra of each half an ounce, &  
or 9 Dates Cut small, boyl these in 3  
quarts of spring water till it come  
to 3 pints, drink A 3<sup>d</sup> part of A pint  
3 times A day for 20 Days

(20) for A Sore Mouth  
Turn some milk with Allom  
being boyled in it till its Clear &  
sweeten it with glory so with  
this wash y<sup>r</sup> mouth severall  
times A Day

(21) for y<sup>e</sup> bite of A Mad Dog  
make A salve with Onions salt  
& Rue pounded & mixed with glory so y<sup>e</sup>

(22) A Conserve for A Consumption

Take some Almonds Blanch'd & Raisons of  
y<sup>e</sup> sun ston'd of each A like quantity which  
pound very fine & to A pound of this put  
2 ounces of Syrops of Clove Gillyflowers  
mix it well together & give y<sup>e</sup> quantity  
of A walnut to A Child twice A Day,  
more to A Grown person —

(23) A Nother

Take y<sup>e</sup> yolk of A new Layd Egg A spoon  
full of Red Rose water, & as much Plantain  
water, & as much flower of Brimstone  
as will lye on A 6 pence, A spoonfull of  
fine suger warm it & take it every  
morning fasting for some time —

(24) A Nother

Take A pint of Red cows milk & set  
it to y<sup>e</sup> fire to just warm it, then  
dissolve in it an ounce of Conserve  
of Red Roses & 2 spoonfulls of any  
Pectevall syrop so drink it every  
night going to Bed, —

(25)

for A hoarsness of y<sup>e</sup> voice  
Take an ounce of Oyle of sweet  
Almonds & an ounce of Colocynthon  
mixt well together of which take  
after

(26) For A violent sore Throat  
Take A spoonfull of Mustard seed  
beaten fine, A handfull of y<sup>e</sup> outward  
Bark of Elder scrap'd lightly off, put  
to it A spoonfull of Honey & make it  
up in to A past with any course Meal  
make 2 Long pads of it y<sup>e</sup> bredth of  
2 fingers & Lay of each side of y<sup>e</sup>  
Throat behind y<sup>e</sup> hollow of y<sup>e</sup> Ear  
downwards to y<sup>e</sup> Throat, & as  
they dry put on New ones

(27) For spitting of Blood  
Take of white, Red, & yellow Sanders  
each an ounce, infuse them 16 hours in  
5 quarts of water, then boyl it to 3/4  
a half add of Maidenhair, Coltsfoot,  
sanicle, & Daisy flowers, & Pauls Betan  
of each 2 handfulls, sweet finnel seed,  
an ounce, Licough slic'd 6 drams, of  
Raysons of y<sup>e</sup> sun ston'd 4 ounces.  
then boyl Away A nother pint  
& strain it for use, so drink it in  
A morning & mostly instead of other  
drink,

(28) For ye shingles <sup>(Myrrh)</sup>  
First Bleed then foment y<sup>e</sup> parts  
with lint seed fenigreg seed, & white  
dilly more boyled in milk & after  
purg with Epsom salts.

(29) To make Elixir Proprietary  
Allowe one ounce, ~~of~~ <sup>Myrrh</sup> half an  
ounce, saffron a quarter of an ounce  
one Dram of Tincture of sulphur,  
put all in a pint of Brandy in a  
bottle, & set it in a Kettle of water  
& let it boyl half an hour, let it  
stand till next day, so doe 3 days  
following, & then pour off y<sup>e</sup> cleare  
in to A<sup>n</sup> other Bottle for use.

(30) for A quartan Ague <sup>(Approd)</sup>  
Take A Dram of hiera picra in A  
quart of Any seed water Infuse  
& of this give 2 spoonfulls the  
party going to Bed immediately.

(31) For A Bloody Flux  
Take A new laid egg break off  
y<sup>e</sup> Top & let out y<sup>e</sup> white then fill  
it with any strong Liquor

(32)

A Drink for y<sup>e</sup> Scurvy

Take half A peck of scurvygrass,  
glove-radish roots sliced 4 ounces, sage  
4 handfulls wormwood Dried one  
handfull, or more if Green, Raisins of  
y<sup>e</sup> sun stoned 2 pound put it in to A  
thin Cloath Bag, & then put it in 14  
or 16 Gallons of Ale when it has don  
working & put A stone in it to make it  
sink & when it have stood to be strong  
of y<sup>e</sup> herbs take y<sup>e</sup> Bag out & stop y<sup>e</sup>  
vessel Close so drink it Common

(33)

For A Cold Palsy in y<sup>e</sup> Limbs

Take A Gallon of spring water, sage  
& wormwood of each a handfull, boyl  
it on A soft fire till y<sup>e</sup> half is wasted,  
then take it off & make it very strong  
with mustard, so bath y<sup>e</sup> parts with  
y<sup>e</sup> herbs as hot as can be endured  
once or twice A Day, it have cured  
those as have had no use of their  
Arms to A Miracle — —

(34)

Powder for A Fleaver

Take of Craw fish eyes an ounce, of  
grish slate 2 ounces beat both to A  
fine powder make them in to Balls

with Glatts. Flaxn jelly that have saffron  
in it, give as much of this as will lye  
on A sixpence when scrap'd, in Dragon  
water

(35) Pills for A woman in Travill  
Take of Castorum in fine powder & of  
Methridate of each 20 grains, of Mirre  
one Dram, saffron 6 grains, both finely  
powder'd Chemicall oyle of Amber 2 drops  
syrop of mugwort as much as will make  
it in A mass, & keep it close covered in A  
pot & give as much as y<sup>e</sup> Bigness of A Pees  
only in great extremity, drinking A glass  
of milt wine after, & so laid in A warm  
bed as long as convenient

(36) A Powder for Convoltions  
Take half an ounce of y<sup>e</sup> powder of  
Gention Root, as much of single Leony  
Root powder'd, An ounce of powder of  
scull, & an ounce of an Asser Benth<sup>e</sup>  
powder'd, mix all together & give A  
child as much as will lye on A silver  
three pence in Black Chery water 7  
days together before y<sup>e</sup> Full of y<sup>e</sup> Moon,  
& 3 days before y<sup>e</sup> chang, or oftener if  
y<sup>e</sup> fits be violent, to A man or Woman  
as much as will lye on 6 pence must  
be gave in y<sup>e</sup> same manner

(37) To strengthen y<sup>e</sup> Eye sight  
Take Powder of Eye-bright 3 ounces,  
of finnell seed one ounce in powder  
& half an ounce of Cloves powdered  
Take as much as will lye on y<sup>e</sup> pence  
fasting every morning either dry  
or in any Liquid -

38 A Strengthening jelly  
to purg y<sup>e</sup> Blood

Take an ounce of Ivory shavings,  
one ounce of China, 2 drams of Red  
sanders, & 2 of White; boyl all these  
in 3 pints of good water till it comes  
to A quart, & as much harts horn  
as will make it in to A jelly sweeten  
it as y<sup>e</sup> like & eat of it frequently -

39 For sore Eyes

Take 9 marigold tops, 9 wood lice,  
3 ground grey leaves, 9 daizy roots  
tops & all, stamp & strain them in  
to a pint of new ale, drink half at  
night & lye on y<sup>e</sup> left side, & y<sup>e</sup> other  
half next morning -



A water to wash y<sup>e</sup> eyes  
upon A Humour by a cold  
Take a lavy piece of lapis Calaminaris  
made red hot & quenched 9 times in  
white wine, then beat it in to a very  
fine powder sifted, put a little of it  
in to a glass & pour Red rose water on  
it, dip A spring in it & pat y<sup>e</sup> Eyes  
with it often in A day

these 40 Receipts taken out of  
M<sup>r</sup>s Lophams Book in Feb. 1729<sup>30</sup>

An ointment for Beets  
& pimples in y<sup>e</sup> face

one ounce of fresh Butter & of flower  
of Brimstone put 12 peniworths of  
Larmaciby to it in A silver Mortar  
& About 10 spoonfulls of Damask Rose  
water strain y<sup>e</sup> butter after it have  
been boyld with y<sup>e</sup> Brimstone & Larma-  
city in to y<sup>e</sup> rose water through A  
fine Cloth then beat them all together  
very well for an hour then pour  
y<sup>e</sup> Rose water from it & put y<sup>e</sup> salve  
in A pott for use

(in) ye following Receipts taken  
(1731) out of Salmons Practical Physick

For An Ague

1) put half A spoonfull of Black Pepper  
grop, pounded, in to half A pint of  
Carduus Benet, Drink it warm an hour  
before ye fitt come, & cover up warm  
in Bedd to sweat,  
A nother,

2) spread Venice Turpentine on leather  
& on that strew ye powder of Rue  
& Frankincense An equal quantity,  
so Bind it to ye wrists before ye fitt  
comes & keep it on till ye fitt be gon:  
or elce take Venice Turpentine half  
an ounce & incorporate it with as much  
camphire & mastick beaten in to fine  
powder as will make it in to A Plaister.  
then spread of it on sheeps leather cut  
round, & lay it on ye stomach & navel  
warm, a Day before ye fitt comes -

3) half A pint of ye juicc of camonil  
Drank an hour before ye fitt comes hee  
says he have cured quartern Agues  
with, repeating it for 3 or 4 fitts:

(4) for Bleeding at y<sup>t</sup> Noze  
Take powder of Bole Armoniack finely  
sifted, with an equal quantity of  
an old Hat burnt to Ashes mix it to-  
gether & Blow it up y<sup>e</sup> Bleeding Nostril  
with A Quill & it will stop immediately,

(5) for Bloody water  
Take 4 ounces of sheeps milk & mix  
in it A Drachm of fine Bole Armonick  
in powder in A morning fasting.

(6) A nother for y<sup>e</sup> same or Bloody Flux  
Take one ounce of Conserve of Red Rojes,  
one scruple of Crocus Martis, of volatile  
Laudanum 2 Grains, mix it all well toge-  
ther, & take it on y<sup>e</sup> Point of A knife 3 morn-  
ings fasting.

(7) for spitting of Blood  
Take of maytick & Olibanum in fine  
Powder 2 scruples of each, Conserve of  
Red Rojes 2 ounces, Diascordium half  
an ounce, Gutta vita 3 Drachms, mix all  
together, in to an Electury, & take of it  
morning & Evening on y<sup>e</sup> Point of an knife,  
y<sup>e</sup> bigness of an Nutmeg.

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(1731) out of Salmons Practical Physick

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comes & keep it on till ye fitt be gon:  
or elce Take Venice Turpentine half  
an ounce & incorporate it with as much  
camphire & mastick beaten in to fine  
powder as will make it in to A Plaister,  
then spread of it on sheeps leather cut  
round, & lay it on ye stomach & navel  
warm, a Day before ye fitt comes -
- 3) half A pint of ye juicc of Camonil  
Drank an hour before ye fitt comes hee  
says he have cured quartern Agues  
with, repeating it for 3 or 4 fitts:

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gether & Blow it up y<sup>e</sup> Bleeding Nostril  
with A Quill & it will stop immediately,

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in it A Drachm of fine Bole Armonick  
in powder in A morning fasting.

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Take of maytick & olibanum in fine  
Powder 2 scruples of each, Conserve of  
Red Rojes 2 ounces, Diascordium half  
an ounce, Gutta vita 3 Drachms, mix all  
together, in to an Electury, & take of it  
morning & Evening on y<sup>e</sup> Point of an knife,  
y<sup>e</sup> bigness of an Nutmeg.

(8) To stop Bleeding  
by Leeches

slit A Bean in two, skin it & lay it to  
y<sup>e</sup> place where y<sup>e</sup> Leech has Drawn & it  
will stop y<sup>e</sup> Bleeding,

(9) For Bleeding of wounds

Take sheeps Blood, Ox Blood, but  
y<sup>e</sup> best of all is mans Blood, Dry it &  
Powder it fine, of which take an ounce  
of crocus martis, & Colcothar, of each half  
A Drahm, mix it together, & strew it on y<sup>e</sup>  
wound;

(10) For A flux

Take either shery or maledera wine,  
half A Pint, sal-Prunella half A Drahm  
mix & dissolve it in y<sup>e</sup> wine & give it at  
3 or 4 times a Day this may be given  
in A burning Fever.

(11) For Gripes with A Flux

Take Rubarb thin sliced two ounces,  
anny seeds bruyd one ounce & half,  
Gentian, Cinnamon half an ounce, put  
it in to A quart of spirit of wine, in  
which let it infuse some time, take of  
it from 3 spoonfulls to 8 twice or thrice

a Day in propotion to y<sup>e</sup> strength of y<sup>e</sup> person, or y<sup>e</sup> nature of y<sup>e</sup> Disorder, it's y<sup>e</sup> best in y<sup>e</sup> world for nurses, & children, to whom y<sup>e</sup> discrecion must propoion y<sup>e</sup> Doze.

(12) for Grippings in y<sup>e</sup> Bowels

Take half A Dram of Oyle of Anny seed mix it with white suger & put it in A Glass of wine & Drink it in y<sup>e</sup> morning fasting -

(13) for shortness of Breath

Take Raisons of y<sup>e</sup> sun stoned, Lent figgs slit, & Licorish Bruised 2 ounces of each, Ellicampane Roots bruised one ounce, boyl all in A Gallon of spring water, strain it, & drink half A pint at a time, 3 or 4 times A Day -

(14) For An Ague in y<sup>e</sup> Breast

Take good Aqua-vite & Linseed oyl & warm them together so dip cloaths in it fit for y<sup>e</sup> Breast & lay 'em hot on morning & Evening -

(15) For long Gripping with A Flux  
to A Gallon of strong ale put A pint  
of y<sup>e</sup> best Brandy, 4 ounces of Rheubarb  
sliced thin with one ounce of Anny  
seeds Bruised, tye it up in A thin rag  
& hang it in y<sup>e</sup> Ale & Brandy with A stone  
tyed up in it to make it sink, Let the  
person continually drink of it as common  
Drink till he find A Cure -

A water to thicken y<sup>e</sup> Glair

A pound of Honey, A handfull of Rosemary  
& a handfull of y<sup>e</sup> curlings of grapes  
still it in a Rose still & Draw off  
3 pints, or if in A worm y<sup>e</sup> must  
put water just to cover y<sup>e</sup> ingred-  
-dience; (From my nieces at Bath)

Niece Strachey Syrop y<sup>e</sup> A cough  
take 3 sheeps hearts, slice y<sup>m</sup>  
thin, but dont wash them, add  
a larg handfull of Rosemary, A  
stick of ~~the~~ <sup>liquoris</sup> thin cut, 2 ounces  
of hartshorn shavings, & 4 pound



of Brown suger Candy pounded  
put it all in A Deep Pot, A Laying  
of each thinge pot is full, pour  
over it three pints of Origin Water  
to bake it with Glowhold Bread,  
strain it off hot, & take of ye  
fatt when cold, & Bottle y<sup>e</sup> rest  
for use, take of it 2 or 3 spoon  
fulls at a time as often as y<sup>e</sup> please  
But chiefly mornings & at Bed  
time, —

The following directions was by Dr  
middleton to a relation of Niece  
strachey who was afflicted with pains  
& quidness of y<sup>e</sup> Head, occasion'd by y<sup>e</sup>  
paorness of Blood, Originally from y<sup>e</sup>  
Bleeding of y<sup>e</sup> Piles & then stop'd.  
Take 2 ounces of Rhubarb Grated, the  
piece of A Sivill orange Rosted, 2 ounces  
of Brown suger, candy Pounded, a Nutmeg  
Grated. put it all in to a quart of Lybon  
or other white wine, & let it stand 4 Days  
then strain it of, Drink a wine Glass  
going to Bed —

(of M<sup>r</sup> Colerel) A Dyate Drink for  
y<sup>e</sup> Rumatick Pains  
Take 3 peny worth of Rhubarb  
cut thin, 5 peny worth of Seaweed  
half A pound of Lent figgs, half  
A pound of Raisons of y<sup>e</sup> sun  
ston'd, put it in to a little Bag  
& hang it in A vessel of mild  
ale after it has don working;  
adding to it A handfull of y<sup>e</sup>  
green tops of Broom

For An Astma (of Davit of Fowbery,<sup>1700</sup>

Take half an ounce of the flower of Brimstone,  
A quarter of an ounce of Ginger in fine powder,  
3 quarters of an ounce of y<sup>e</sup> best Senna in fine  
powder, add to these powders 4 ounces of fine  
flony & work it all together with A knife on a  
plate, take of this Electury y<sup>e</sup> bigness of A large  
nutmeg every morning fasting 2 hours after it, &  
at night going to Bed after eating 2 hours, this Doe  
for 5 or 6 days together, unless it work too much  
if so, y<sup>e</sup> may rest a Day or two, & then take it  
but once A week at morning & night for A  
considerable time, & if y<sup>e</sup> self not perfectly  
well, take it once a fortnight, as y<sup>e</sup> did before;

A Green salve, from my sons  
Printed Book

Take of Cloves-allheal, ~~sta~~ 5 handfulls,  
Stamp it & put it in a pot, put to it 4 ounce-  
es of Tard, half a pint of oyle-olive, 3 ounces  
of Bees wax, so boyle it till y<sup>e</sup> juice is almost  
consum'd, which is known when y<sup>e</sup> stuff do  
not bubble, then strain it & add to it 2  
ounces of venice Turpentine, so boyle it  
a little, & then put it in pots for use -  
melt some in a spoon & apply it to  
a wound with Linnet, & for a Bruise  
to chafe y<sup>e</sup> part -

for any sort of Flux  
Take of Camfary Roots washed &  
scrap'd, & an equal weight of  
Plantine Leaves, pound them  
well together, with half y<sup>e</sup> quantity  
of soft sugar, & take of it 2 or 3  
times a Day of y<sup>e</sup> bigness of a wal-  
nut till its done, (from y<sup>e</sup> same)

one pennyworth of an Aque plaister  
Gun-powder, one ounce of Tobacco snuff, & a Glass  
of Brandy, mix it well in a mortar & spread it on  
sheeps Leather for Plaisters to y<sup>e</sup> wrists putting  
them on an hour before y<sup>e</sup> flux comes =

Extiortus

A purg for the  
same disorder

Seuerall Receipts of wines  
Known to Be Very Good By  
Those that haue Used them

(Cham: 177) Elder wine.

Take 20 pound of maligoe Raisons to  
5 gallons of water let y<sup>e</sup> raisons be well  
rubd in A cloth but not washed, cut them  
A little without stoning & let them stand  
10 days in y<sup>e</sup> water in some warm place  
stirring it often then let it run through  
A fair sieue without pressing, put Elder  
berys in A sagg & set them in A Kettle  
of boyling water & soe take y<sup>e</sup> Juice  
By degrees As it comes out of y<sup>e</sup> Berys  
Till y<sup>e</sup> haue six pints, Let y<sup>e</sup> Juice  
first be cold then stir y<sup>e</sup> water of y<sup>e</sup>  
Raisons & this wed together, put it up  
in A vessel & let it stand 6 or 8 weeks  
in A warm place & then bottle it y<sup>e</sup>  
way try A little sugar in y<sup>e</sup> bottling

A nother way  
Boyl y<sup>e</sup> water very well & to 3 quarts  
of water put one pint of Juice, when  
y<sup>e</sup> water is cold, put to it as much

powder sugar As will make it strong  
enough to bear An egg being well sticed  
then put it in y<sup>r</sup> vessel & let it work  
A fortnight before y<sup>e</sup> stop it - - - -

Couz: Croser way to make Sherry

Take 3 gallons & A half of water &  
Boyl half A gallon away: take 12 pound  
of Raisons of y<sup>e</sup> some stalks & All, cut  
them small & put them in to y<sup>e</sup> water  
when it is cold then take one or 2 spoon  
fulls of yeast & put to it, let it stand  
10 or 12 days stir it every morning very  
manerly well, then strain it & put it  
in y<sup>e</sup> vessel & let it stand 10 or 12  
weeks before y<sup>e</sup> bottle it - - - -

M<sup>r</sup> Stringers Burch Wine

take A wimble or A nail & bore A hole in A  
Burch tree either white or red & drive  
A nail in to y<sup>e</sup> tree upon which hang  
A bottle to receive y<sup>e</sup> Juice, then put A  
sock of wool in to y<sup>e</sup> bottle & one end of it  
in to y<sup>e</sup> hole of y<sup>e</sup> tree & y<sup>e</sup> Juice will run  
through it in to y<sup>e</sup> bottle. An ordinary tree  
will run three quart A day & if y<sup>e</sup> do not

suddenly put y<sup>e</sup> ingredients & boyl y<sup>e</sup>  
juice once In two or three days It will  
be sower: to every gallon of Juice put  
one pound. & half of y<sup>e</sup> best powder  
suger & to every 12 gallons put in y<sup>e</sup> peel  
of A Lemon & half Anounce of cloves  
then boyl these together one hower, then  
skim of y<sup>e</sup> froth As it rises which don  
put it in to earthen pots till it is cold  
then put in 2 or 3 spoonfulls of Ale yeast  
& cover it close & In 10 or 12 days it will  
be fit to bottle this is to be done in  
march; when y<sup>e</sup> have what quantity y<sup>e</sup>  
desire from y<sup>e</sup> tree drive A wooden pin  
in to y<sup>e</sup> hole & y<sup>e</sup> tree will be never the  
worse —

### M<sup>r</sup> Nicolson's corand wine

Take to every quart of Juice, 2 pounds  
of suger (Loaf is best) & two quarts of  
water, put y<sup>e</sup> suger to y<sup>e</sup> water &  
clarifie it over y<sup>e</sup> fire with y<sup>e</sup> whites of  
eggs & when its cold put y<sup>e</sup> Juice to it,  
then put to it A little yeast & work it

As y<sup>e</sup> doe Beer & tun it up in to A cask & let  
it stand till it is fine & fit to bottle -

### Goosbury wine

Take to every quart of Juice (when  
the frute is ripe) 2 pounds of sugar &  
4 quarts of water Clarifie y<sup>e</sup> sugar in y<sup>e</sup>  
water As y<sup>e</sup> other & After order it As y<sup>e</sup>  
covand wine (Approved)

### Cour: Clarks Clougid flower Wine

To 6 gallons of water put 2 pound of white  
powder sugar let it boyl & After it is well  
scumd let it boyl half An houer then put  
it to cool & then work it with good Ale  
yest As y<sup>e</sup> doe beer & when it have wrought  
pretty well put in A good half peck of gilliflow  
ers clipt & As y<sup>e</sup> flowers rises keep them  
down y<sup>e</sup> may let them stand in it 12 houers  
in A warme place then strain it & put it into  
A vessell & stop it up leaving A little vent  
in A week or 10 days time As y<sup>e</sup> see it come  
cleav bottle it, & in A little time after it  
will be fit to drink - - - -



Cazen Clarke's Couslip Wine

Take 20 quart. of spring water, put in  
 it a pound of white powder suger set it  
 over y<sup>e</sup> fire & let it boyle a little while  
 & as y<sup>e</sup> scum rises take it off & when its  
 well scum'd take <sup>it</sup> off y<sup>e</sup> fire & set it to  
 coole, when its quite cold take 2 peck  
 & half of good coulips pickt, & bruzed put  
 y<sup>m</sup> in it with 3 Lemons sliced but y<sup>e</sup> peel  
 of one, 2 or 3 spoonfulls of Ale yeast & cover  
 it to make yt work y<sup>e</sup> better. Let it steep 2  
 or 3 days & as y<sup>e</sup> flowers work up stir  
 y<sup>m</sup> down then strain it & put it in y<sup>e</sup>  
 veggell & when it has stood 3 weeks if it  
 be not fine rack it of

Cazen Crozes Couslip Wine  
 To a gallons of water put a pound of  
 white powder suger, boyle it to gether  
 one houre, clarifie it with whites of eggs  
 & scum it while it boyles then put it in A  
 tubb & put to it A bushel of pickt coulips  
 that have ben beat in A mortar while y<sup>e</sup> water  
 is hot: y<sup>e</sup> next morning strain it & squeeze

if flowers very hard, then take good thick  
Ale yeast & spread it on A hot brown toast well  
baked & put it in y<sup>e</sup> liquor & when it begins  
to work put to it 2 quarts of sack & one of  
renish wine y<sup>e</sup> juice of 6 Lemons & some of y<sup>e</sup>  
yeild then cover it close & let it stand A day  
& A night, then strain it & put it in A vessel  
let it stand 3 weeks & bottle it with half A  
spoonfull of sugar in each bottle & stop y<sup>m</sup>  
close

Mr Babers way to make Vineger

to one gallon of watter take 2 pound of  
malicoe Raisons pick only y<sup>e</sup> larg stems out  
of them & chop y<sup>e</sup> raisons being unwashed,  
put them in to y<sup>e</sup> cold wated & stop it up  
in A vessel, put it out in y<sup>e</sup> sun in may  
& let it continew All y<sup>e</sup> summer or till its  
very sharp

Mr Babers Orany wine

to 6 gallons of spring water put 12 of  
y<sup>e</sup> best powder sugar & 4 whites of eggs, boile  
it half An houer scum it till its clear y<sup>n</sup>  
have in rediness y<sup>e</sup> rinds of 50 oranges  
then pare so that non of y<sup>e</sup> white remain

& put y<sup>m</sup> to y<sup>e</sup> Liguor As soon As it  
comes from y<sup>e</sup> fire put it in to y<sup>e</sup>  
uesel when it is no more then blood  
warm, put in to it 6 ounces of cineth  
oranges well beaten with y<sup>e</sup> juice of  
juice of y<sup>e</sup> Aforesaid 50 oranges strain  
let All these stand close couered 2  
days & A night & After they have ben  
well stired Add to it A quart of Rensick  
wine & A quart of sherry shoot to A  
uesel to work, After 24 hours stop it  
close & in 15 or 20 days it will be fit  
to drink

to make shrubb Mr Haber  
take 5 Lemons slice them thin take out  
y<sup>e</sup> seeds & put y<sup>m</sup> in 2 quarts of brandy  
in A stone Jug close coued it or 5 days y<sup>e</sup>  
strain out y<sup>e</sup> Lemons & put to y<sup>e</sup> brandy  
2 pound of double refined suger, one  
quart of whitewine & A pint & half of  
water when y<sup>e</sup> suger is dissolved strain  
it thro A flaning bag & Bottle it - - -

ms. Hoelands orany wine

take 6 galons of candie water & 12 pound of  
good white suger, boyl y<sup>e</sup> water & suger together  
till there is no scum upon it, take 50 ripe rindell  
oranges & pare them in to y<sup>e</sup> water, when it is  
cold & slit y<sup>e</sup> oranges & squeeze y<sup>e</sup> in, take 2 ounces  
of sirup of Lemons or 6 Lemons to 2 pound of  
suger & scum off y<sup>e</sup> seeds, put 6 spoonfulls of good  
Ale yest on a toyt & put it in & lit it stand 2 days,  
then run it up in a wine vessel & let it stand  
12 days & y<sup>e</sup> bottle it & in a month it will be fit  
to drink (Approved) without syrop of Lemons

ms. Stringers Apricock wine

take 3 pound of suger & 4 quarts of water,  
lit it boyle together & as y<sup>e</sup> scum rises take it  
off & when y<sup>e</sup> sirup is very cleav put in 6 pound  
of Apricocks pared & stoned let y<sup>e</sup> boyle till they  
be very tender, then take it off & let it run  
throu a felly bag, let it stand till it be thorow  
cold & y<sup>e</sup> bottle it in stone bottles tying y<sup>e</sup>  
corks down with strong twine

My Mothers Lemon Ade

Take 2 pound of Raisins of the  
sone stoned & thred, & 1 pound of  
suger to A gallon of fair water,  
boyle it very well & power it to y<sup>e</sup>  
Raisins boyleing hott in An Earthen pan  
& slice in to it 3 Lemons nicels & All, Let  
it stand 3 or 4 days stirring it often  
then strain it & After it has stood A  
while to settle bottle y<sup>e</sup> cleav, In A week  
After it will be fit to drink, y<sup>e</sup> may  
make A smaller sort After with half  
y<sup>e</sup> quantity of water As before =  
mead

Take one quart of Rony & seven quarts  
of cold water & stir it well together  
till y<sup>e</sup> Rony is dissolved, then put it  
in A Kettle & let it boyle About 3 quarters  
of An hour with A small quantity of cloves,  
nutmeg, ginger & mace Bruised together &  
tyed up in A bag, put A little Lemon  
nicel in y<sup>e</sup> Liguor, & while it boyles take  
off y<sup>e</sup> scum carefully, & to make y<sup>e</sup> scum  
rise y<sup>e</sup> better keep one quart of y<sup>e</sup> Liguor  
cold & As y<sup>e</sup> rest boyles put it in by Degrees

When its cold put it in A vessel that  
will hold just ye quantity allowing  
room for it to work, put in to ye vessel  
8 or 10 spoonfulls of Ale yeast & At 3  
days end stop it & A week After bottle  
it & A week after its bottled drink it  
As ye would have it soon ripe slice in A  
little Lemon As it boyls, ye must beat  
ye hony with A wooden slice in A Cole  
till it is white before ye mix it with  
ye water — (Approved)

~~Take of Fine hony 12 pound spring  
water 2 Gallons ye peels of 8 Lemons,  
Romeyn & honyed clover half An  
ounce boyl all these to ye consumption  
of ye hony & till it is ye serum with  
Aynon As it rises, then run it through  
A sieve in to A tubb, & let it stand till  
its cold & After bottle it for ye use  
let it stand 2 or 3 months before ye  
use it~~

both these from my  
mother ye first Approved

My Mothers Rayberry or corand  
wine

Take A gallon & half of frute to  
one gallon of water Let it stand 6  
houvs & stir it gently Let it stand  
A nother 6 houvs & press them through  
A hair sieve, then put in to it 3 pounds  
of suger to A gallon of y<sup>e</sup> Liquor &  
put it in A vessel & let it stand six  
weeks If it be <sup>not</sup> clear draw it of in to A  
nother vessel & put A pound of suger  
more to each gallon & when it is clear  
bottle it, you must grind y<sup>e</sup> corands  
or elce y<sup>e</sup> pressing of them will not  
break them = = = =

for clearing corand  
wine

Take About 20 kernells of quinces to  
A small runlet Bruise y<sup>e</sup> kernells &  
mix or boylee them with A small  
quantity of y<sup>e</sup> wine & put y<sup>e</sup> jelly  
being straird from y<sup>e</sup> kernalls in  
to y<sup>e</sup> wine, it will make it very clear;

To clear cyder

Take About A dozen quinces, pair ym  
& quarter them take out ye core & put  
ye quarters qn to hogged of ruder

To make cyder drink pleajant  
& good

Take for 5 dozen of bottles 5 quarts  
of good water put to that one pound of  
ye best suger 3 peny worth of cloves, & 3  
peniworth of mace boyle these till half  
be wasted, then straih it & put in to it  
one spoonfull of barm take warm, & qn A  
hour or 2 it will work skim it very clear  
& when yr cyder is bottled, put in each  
bottle 2 spoonfulls then cork it fast & y  
may drink it qn 3 weeks time or yu may  
keep it A year & it will be ye better

Approved All by N<sup>o</sup> N<sup>o</sup>fruk

To Make Gogbery Viniger

Take y<sup>e</sup> Gogberys when they Ave full ripe  
mark them well, then meazure them &  
to every quart of Gogberys put 3 quarts  
of water that has ben well boyed & is  
quite cold again, let it stand together  
24 hours then strain it first through  
A Canvas & Afterwards through A flaneel



bag, then put to every gallon of  
this Liquor one pound of brown  
Sugar, stirring it before y<sup>e</sup> tun it up,  
& keep it six months before y<sup>e</sup> use it =

To Make Elder Viniger  
gather y<sup>e</sup> flowers of Elder & pick  
them very clean, dry them in y<sup>e</sup>  
sun with a gentle heat then take  
to every quart of Viniger a good  
handful of y<sup>e</sup> flowers & let it  
stand to sun a fortnight, then  
strain y<sup>e</sup> Viniger from y<sup>e</sup> flowers  
& put it in to y<sup>e</sup> bared Again, &  
when y<sup>e</sup> draw a quart of Viniger  
put in to y<sup>e</sup> bared a quart of  
water luke warm = = =

### Little Loyds Mead

To 12 pound of fine hony take 8  
Gallons of spring water y<sup>e</sup> pills of  
Lemons 2 ~~Onthred~~<sup>spices</sup> of Rosemary, clove  
half An ounce, boyle All these together  
to y<sup>e</sup> consumption of ~~the~~ y<sup>e</sup> third part  
take of y<sup>e</sup> scum clean as it rises then  
run it through a sive in to a tubb & let it

stand till its cold then pour it in a  
vessel just fit for it & in a month  
time bottle, or according As you see  
occasion, for it will keep a long  
time good (Approved)

Mrs Caldicotts Cowslip Wine  
To 5 gallons of water 10 pound of  
suger boyl it well together, clarifie  
it with y<sup>e</sup> whits of eggs, then put it  
boyling hot to a Gallon of Cowslips  
& work it with A little Ale yeast  
let it stand till y<sup>e</sup> next day. After  
it has done working barreled it up  
slicing into y<sup>e</sup> vessel two Lemmons  
& Add to it A bottle of Rensh  
(Approved)

To Make milk punch or verdee,

Take 3 Dozen of Lemons & cut them in y<sup>e</sup>  
middle then take out All y<sup>e</sup> pulp & strain it  
hard through A cloth, into 4 quarts of milk  
then heat 4 quarts of water warm enough  
to make y<sup>e</sup> milk As warm As when it comes from  
y<sup>e</sup> cow, so mix y<sup>e</sup> water with y<sup>e</sup> milk & put  
to it y<sup>e</sup> outside rinds of 10 Lemons, then put it

it in to A Larg swanikin bag made As A  
jelly bag, & of y<sup>e</sup> thickest sort of swanikin fine  
wring y<sup>e</sup> Bag, or else it will not run well. As  
It runs of keep putting of it up Again till it  
runs very fine, then when All its run fine  
of, mix it with 4 quarts of Brandy & A  
pound & half of Double Refind Loaf suger,  
then put it in to y<sup>e</sup> Bag on y<sup>e</sup> curd, & when  
it runs fine Bottle it up, it will keep As long  
As y<sup>e</sup> please (Approved)

M<sup>rs</sup> Wisshes Cowslip or Primrose wine  
Take one gallon of spring water to which  
put 2 pound of suger & Let it boyle An hour,  
then take half A peck of y<sup>e</sup> flowers pickt  
from y<sup>e</sup> greens & pound them, & when y<sup>e</sup>  
Liquor is Blood warm put y<sup>e</sup> flowers to it  
with y<sup>e</sup> Juice of 2 Lemons & y<sup>e</sup> Rine of one,  
then take A good spoonfull of yeast with 2  
or 3 spoonfulls of y<sup>e</sup> Liquor & beate it well  
together & then mix it with y<sup>e</sup> Rest, then set  
it in A narrow vessel & Let it stand 3 days  
close coverd, then strain it & put it in A Barrell  
& after it have done working stop it close for  
3 weeks then Bottle it & it will be fit to drink  
in 6 weeks

## Black Corand Wine

to A gallon of frute pickt from y<sup>e</sup> great stems  
take A gallon of water, boyle y<sup>e</sup> water & powder  
it boyleing hot on y<sup>e</sup> frute Let them stand 24  
hours then grind y<sup>e</sup> frute & manage y<sup>e</sup> liquor  
As y<sup>e</sup> doe y<sup>e</sup> red corands 1 pound, of sugar  
is full enough to A gallon of liquor.  
1/2 A pound of sugar to A gallon of liquor is good Viniger. (Approved)

## Mrs Coopers Mead

to A quart of water put A pound of Honey,  
warm y<sup>e</sup> water & dissolve y<sup>e</sup> Honey in it, to 10  
Gallons put y<sup>e</sup> whites of 5 Eggs well Beaten & whipt,  
then boyle it, & stir no more, but skum it very clean  
whilst it boyle. Let it boyle About half An hour,  
then strain it through A flanning Layd on A hair  
sieve, put it to coole, & then Fun it Adding to 12  
Gallons a quart of y<sup>e</sup> Best Brandy; let it stand  
A year in y<sup>e</sup> vessel, Honey of A year old is Best,

## Mrs Grized Gribbes Clavy or Elder wine

Put 20 pound of Maligo Raisons pickt & Rubed  
& ciet (but not washd) to 5 Gallons of Cold water  
let it stand 10 days stirring it once A day, then  
strain it through A hair sieve, put to y<sup>e</sup> liquor  
half A pint of Ale yeast stir it well together & turn  
it up in A vessel just fit for it & let it stand  
About A week, then put in to it A little handfull  
of Dried Clavy stop it close when it have had  
most done Rissing, & keep it so till its fine, & when

& then ~~Almost~~ don. bottle it & when y<sup>e</sup> drink Any  
lack it off in to A nother Bottle, y<sup>e</sup> may make  
Elder wine y<sup>e</sup> same way by Leaving out y<sup>e</sup> Clary  
& putting in As much Juice of Elder As will  
make it of A claret Colour, y<sup>e</sup> best way of quicing  
y<sup>e</sup> Berys is to Bake them with household Bread  
& strain y<sup>e</sup> Juice from them

Manham Receipt for Viniger 1720

So each Gallon of water putt 2 pound &  
half of malaga Raijons, A small handfull  
of Celendine, & A nother of sorell, let it stand  
3 months in y<sup>e</sup> sun, begining in may & then  
y<sup>e</sup> may draw it off, ~~about~~ half y<sup>e</sup> quantity  
of water in to y<sup>e</sup> same vessel & let it stand  
in y<sup>e</sup> sun y<sup>e</sup> same time As y<sup>e</sup> other & it will  
be good Enough for Common use = = =

Mrs Franklins Pipping Wine  
first make Sider of any sort of Hard  
Pipping, & After it has don working rack it  
in to A Tub, where to Every Gallon of sider  
y<sup>e</sup> must put 3 pound of Runch Raisons, or  
Raisons of y<sup>e</sup> sun, being first Chopped  
Grose, here let it infuse 12 days, stirring  
it well once or twice A day, then strain  
it through A flaning Bag hung upp  
that it may run without pressing, so  
run it in to A veyell & when it has don  
working stop it close & let it stand A  
full 12 month before y<sup>e</sup> tap it, then  
Bottle it & it will be exactly like forain  
wine - y<sup>e</sup> Raisons y<sup>e</sup> Drain off, y<sup>e</sup> may  
mett olde sider to, & stir it half y<sup>e</sup> time  
as before, & it will be A weaker wine to  
Drink in half y<sup>e</sup> time

To make Rattifec

Put what quantity y<sup>e</sup> like (to give A  
gratefull Bitter) of Apricock, Peach, or Plum  
kernells, in to good french Brandy, & let  
them infuse in it 3 weeks or A month,  
& then to each quart of Brandy Take  
A pint of water & boyle in it A quarter

of A pound of Double Refin'd sugar &  
when its cold put it to y<sup>e</sup> Brandy first  
straining it from y<sup>e</sup> Kernells,  
some will boyl A stick of (Approved)  
Cinomon with y<sup>e</sup> water & sugar

M<sup>rs</sup> Arishes Raison wine

To every Gallon of spring water  
put 5 pound of Raisons clean pick'd  
& chop'd very small, let it stand 3  
Days, stirring it every Day, then  
squeeze them in A hair bag very dry,  
put it in A white wine vessel, or  
A Brandy one, let it stand 3 months  
if it is not then fine, rack it thro' a  
reng as before, & when fine bottle  
it: y<sup>e</sup> vessel y<sup>e</sup> put it in must be season'd  
season'd with A Brimstone match  
before y<sup>e</sup> put in y<sup>e</sup> Liquor, & it must  
not be stop'd but only with a loose  
bung to keep out dust

very Good

Nice Hwacheys Clavy wine

Boyl 10 Gallons of water, & when  
boyled put to it 25 pound of powder  
suger or Lump is best, & when y<sup>e</sup>  
water is cold stir in y<sup>e</sup> suger with  
y<sup>e</sup> whites of 8 Eggs well beaten, boyl  
it softly 2 hours & scum it well, then  
put it in a Tub & let it stand till cold,  
put to it 10 ounces of y<sup>e</sup> tops & small  
leaves of clavy well dyed, put it all  
together into y<sup>e</sup> veyell with a pint of  
new ale yeast, stir it very well 3 or  
4 times a Day & when it have don  
working stop it close & keep it y<sup>e</sup> year  
round before y<sup>e</sup> Tap it

M<sup>r</sup> Lydes small Mead

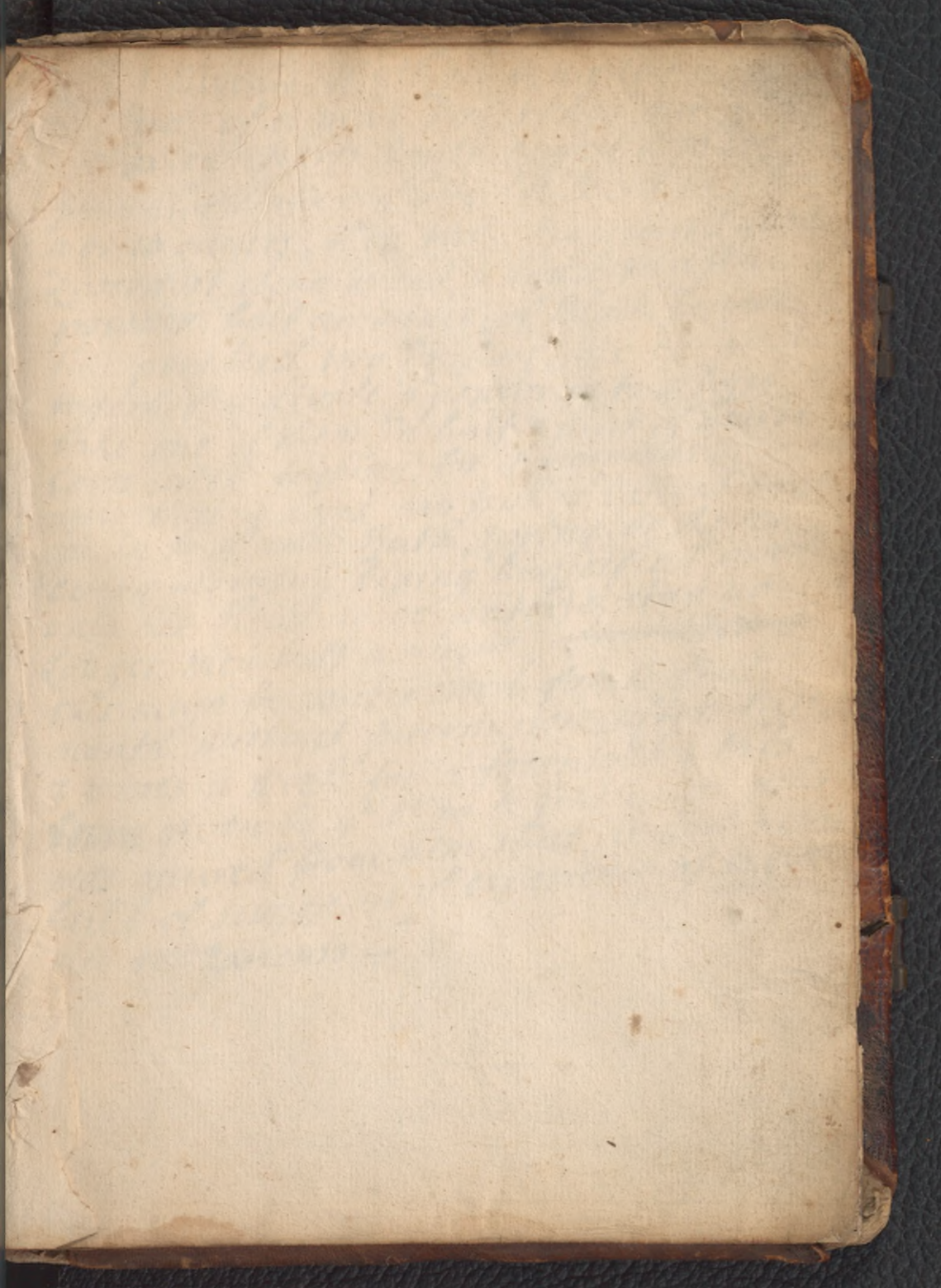
To one Gallon of water put one pound of Honey  
& half a pound of loaf suger powdered, stir it  
all well together & let it boyl till its well dyed  
& in y<sup>e</sup> boyling stir in 2 or 3 whites of Eggs & as  
y<sup>e</sup> scum rises scum it clean off, strain it in to  
a tub & when its almost cold put to it some  
yeast spread on a flott Taste & y<sup>e</sup> juice of a  
Lemon with half y<sup>e</sup> Rine, when work'd enough  
skim it & Turn it in to A veyell, stop it  
about 10 Days twill be fitt to Bottle &  
Drink

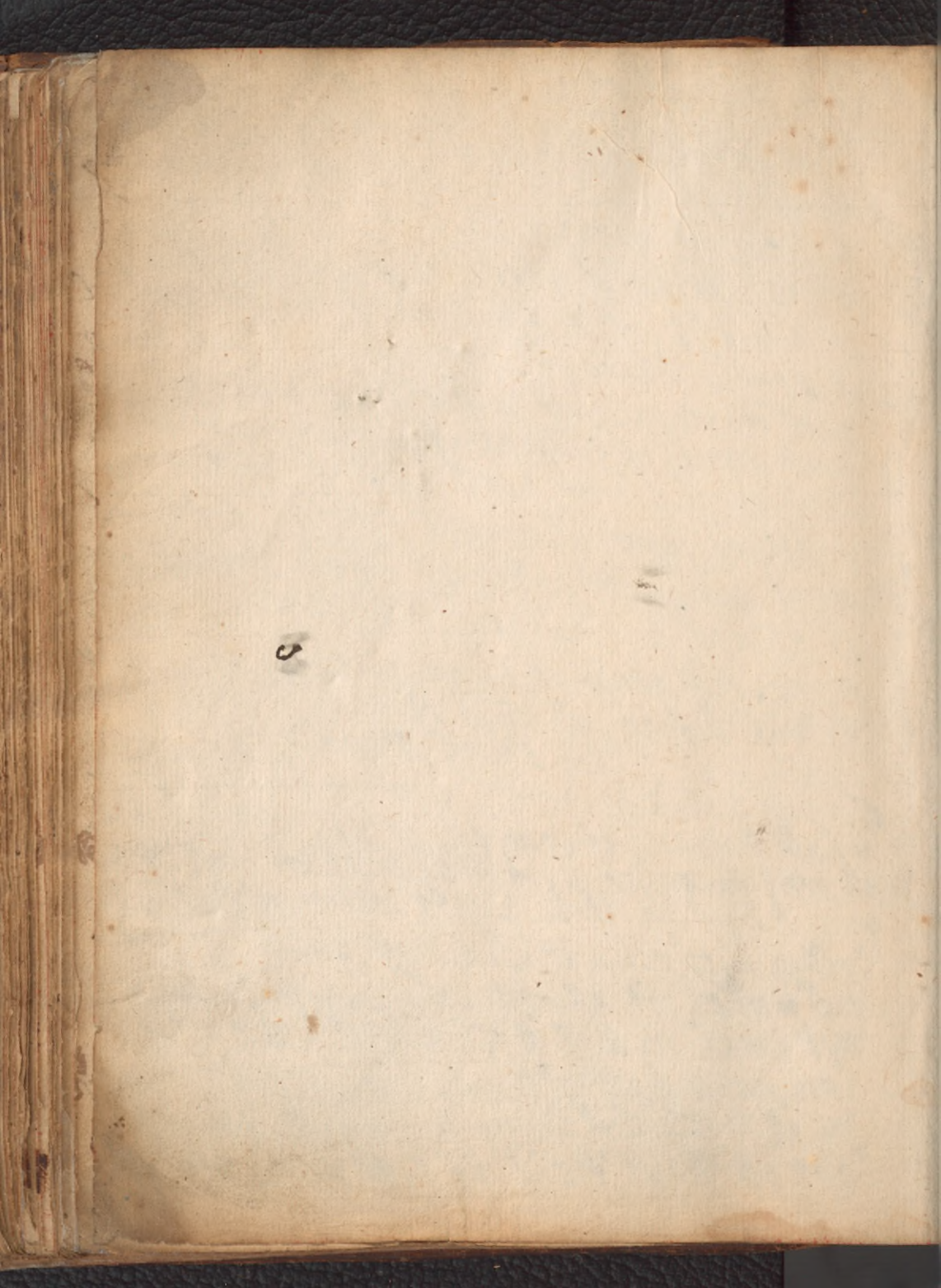


Handwritten text, mostly illegible due to fading and bleed-through. Some words like "NEW" and "AT THREE" are faintly visible.

2

Handwritten text, mostly illegible due to fading and bleed-through. Some words like "TO THE" and "OF THE" are faintly visible.





Dr Mead's Method & Medijon for y<sup>e</sup>  
Bite of a mad Dog taken out of  
Farley's News Paper August 9<sup>th</sup> 1735

Immediately after y<sup>e</sup> bite, let Blood in y<sup>e</sup> Arm  
9 or 10 ounces, then take Ash colour'd ground  
Liverwort clean wash'd, & dry'd to a fine  
powder, half an ounce, of Black Pepper  
fine powder'd two Drachms, mix 'em well  
together, & divide y<sup>e</sup> powder in to 4 Doses, so  
take one of them in half a pint of warm  
Cows milk fasting, for 4 mornings,  
after these 4 doses are took, y<sup>e</sup> Patient must  
goe in to y<sup>e</sup> cold Bath, spring, or River  
every morning, dipping himself all over  
(only his Head above water) & stay no  
longer then half a minute, ~~after this~~  
this must be continued for A full  
month without intermission, after this,  
3 times a week for a fortnight, this  
was given by y<sup>e</sup> Dr to A Gentleman, who  
was assur'd from him, that he had never  
fail'd of success in y<sup>e</sup> experience of 30 years  
with 500 Patients —

Typhus Fever

Place a little powdered Saltpetre  
in a Saucer and pour on it as much  
Oil of Vitriol as will just cover it  
A Copious Discharge of acid Gas  
will Instantly take place the quantity  
of which may be regulated by  
Lessening or Increasing the quantity  
of the Ingredients

M<sup>r</sup>, Bave for y<sup>e</sup> biting of Mad Dogs

Take six ounces of Rue clean picked & bruised  
In a mortar, 4 ounces of Garlick picked & bruised,  
4 ounces of Methredate or Venice Sreacke, four  
spoonfulls of scraped Tin, or y<sup>e</sup> best olde penter  
filed; Boyle these in 2 quartts of ale for one  
houe in A pot close covered over A gentle  
fire then strain out y<sup>e</sup> dregs & give of the  
Decoction 9 or 9 spoonfulls warm to a man for  
fasting for 3 mornings together, give it cold  
to any Beast 3 or 4 spoonfulls for 3 or 4 morn-  
ings following it must be given to a hog,  
Dog, or sheep within 9 days after biting,  
it never faild any Man or Beast —

As Approved by him

---

M<sup>r</sup> saintloes receipt, for Mad Dogs.

Venice Treble, and Treble water, Of Each  
Three parts of an ounce, four Drachms.  
A Drachm of Vipers: Coured, and mixed with  
y<sup>e</sup> things before mentioned.

Another from M<sup>r</sup> Cothe.

Two handfulls of Kite, and Two more of y<sup>e</sup>  
Star of y<sup>e</sup> Earth, And a Quarter of a pound  
of Hunney boyled in a Quart of milk,  
Till half is boyled away.

June: y<sup>e</sup> 20: 1609. Dried this.

A Bait for Rats & Mice

A pint of flower of Oatmeal, a pint  
of powder Lemme not scalded A pint  
glass Bottle pounded & sifted, mix  
it with A pound of Roicey Bacon  
tryed in slices, & y<sup>e</sup> Syppor to  
moxten it with; where y<sup>e</sup> Bait  
is laid put water by it.

A medison for Madnes

Take garlick<sup>e</sup> Ren, London treacle,  
the filings of Pewter, of each half a  
pound, put All these in A gallon of  
stale beer in A mug clogge stopt put  
ye<sup>e</sup> mix in A kettle of water & let ye  
water boyle softly for 12 hours without  
intermission, then take it out of ye<sup>e</sup>  
water & when its cold give to each  
hound four spoonfulls

Mr. Gores. Of Barrowe:

to joyne China, of A Traviling Man  
ye<sup>e</sup> juice of 24 snails, 2 whites of  
Eggs, 2 ounces of Plaister of Paris in  
powder, 2 ounces of Unslaited Lime  
fine powderd, mix ye<sup>e</sup> powders together  
& wet ye<sup>e</sup> Edges of ye<sup>e</sup> china with ye<sup>e</sup>  
Liquor & daub ye<sup>e</sup> powder thick on,  
so close ye<sup>e</sup> china together, & dry it  
by ye<sup>e</sup> fire - -



Couzen  
Ann 5<sup>th</sup> 66

A very good receipt to take of freckles  
from or Any yellowings from y<sup>e</sup> face

Take the flowers of Elder And still them in  
A cold still: wash your face with y<sup>e</sup> water  
every day & you will find the Advantage in A  
short time

A very good wash for y<sup>e</sup> face

Take half A pound of y<sup>e</sup> y<sup>e</sup> cold  
seeds take y<sup>e</sup> skins from of the 2  
bigest & rub y<sup>e</sup> other in A clean cloth  
very well: put them in to A stone  
morter & stamp them with A little  
whitewine very well, then put A  
quart of whitewine more to them  
stamp them & strain it til All the  
goodness is out then bottle it for  
your use

A nother Approach By M<sup>rs</sup> Bingham

take A quart of whitewine & put it in A little  
Bottle & put to it 2 ounces of bitter Almonds  
blanched, one ounce of white sugar candy  
finely beaten, one ounce of ceras, one Ounce  
of cream of tartar, one handfull of fuma, any  
of juice of 2 Lemons: Let it stand 2 or 3 days  
before y<sup>e</sup> use it, & when y<sup>e</sup> use it shake y<sup>e</sup> bottle  
keeping y<sup>e</sup> Ingredients in it

For An Ague; Couzen S. Loc

Take A dry stike shave it flat & smooth  
or A staff. And As many fits so many notches  
must be cut In the stick: & write the partys  
name on it. you must be sure <sup>not</sup> to missecon  
fits but rather put one too many then one less  
& burn it In the fire: ~~It~~ must be done unknown  
to the party or else tis never the nere

A nother for An ague

when Jesus went by the cross to be  
rucified the Jews Asked of him And said  
wt thou Afraid or hast thou got the Ague  
Jesus Answered And said I Am not Afraid  
neither have got the Ague Amen sweet  
Jesus Amen Sweet Jehouah Amen Amen

Abrajad A bra

Abrajad A br

Abrajad A b

Abrajad A

Abrajad

Abrasa

Abras

Abra

Abr

This must be writ  
& sealed without the  
persons seeing it. ty  
A string in it that  
it may goe  
hangg just to the  
stomacke till the  
Ague is gon

11

~~Received of Mr. [unclear] the sum of [unclear]~~  
~~for [unclear] [unclear] [unclear]~~  
~~the sum of [unclear]~~  
~~the sum of [unclear]~~  
~~the sum of [unclear]~~

8

RECEIVED BY [unclear]

One tea spoonful of Lact Sulphuris  
and half a Tea spoonful of Calcin'd  
Magnesia to be taken the last thing  
going to Bed in a small Quantity  
of Milk that has been skimm'd.

The Quantity may be increased if it  
does not operate the intencion is to  
keep the body moderately open by  
taking it when it appears necessary  
for that purpose

copy  
1919  
1919  
1919

WLN

South Hillworthy  
Gloucestershire

WLN

2

20 Grams of Speacachana

40 Drops San Domum

Quarter Pound of Honey Clarified

in Half a Trazep full of Vinegar

put all into a Half Pint Bottle

and fill it up with Water take

2 Table Spoonfull 2 or 3 Times a Day

For A Cough

L. Howell

PTON

WTN

Jones, Russell & Co.

13, Friday Street.

For the Gravel

B. Lynest

Take 1 Oz of Castile Soap, half an Oz of  
Hot Lims, & pound them together in a Mortar:  
moiten them well with oil of Juniper suffi-  
cient to make them into Pills.

Take 3 of them early in the Morning &  
three going to Bed: drinking plentifully of Tea  
or Cyder made of Marshmallows after-  
wards.



NLM



NLM

+ French Polish	
Rectified Spirits of Wine	1 pint
Green Juniper	1 1/2 ounce
Shell Lac	1 1/2 ounce
Mixed	

---

### Black Rosewood Stain

First - Brazil Dust - qualified with Alcohol  
 In proportion as 1 is to  $\frac{1}{2}$

Second - Logwood and Brazil - as 1 is to  $\frac{1}{2}$

Third - Vinegar - Iron filings and Green copperas

+ W<sup>3</sup> a little Annatto heightens the  
 colour of this composition

To recover faded Black Cloth  
Fig Tree Leaves boiled well in  
water wash the cloth in it milk warm  
dry it in the sun and it will prove  
an excellent Black

Donation to University of  
Blue



Diluted Sulphuric

Acid ℞. Drops

Comphurist's Spruce Wine

Oil of Amber and Brandy

for Breasts after Confusion +

NLM

Dissolve one Dram of Salts of Tartar  
in a quarter of a pint of Water add 10 Grains  
of Chemical Mercury powdered



NLM

The Oynment for Eyes

Take 4 ounces of May Butter Clarified in y<sup>e</sup> Sun  
one ounce of Virgins wax half an ounce of  
powder of Tutty; Camphir 2 Drams dissolved them  
in a Bason together over y<sup>e</sup> fire if work y<sup>e</sup> up  
with a little Rose water this Oynment is  
good for all swellings in y<sup>e</sup> Eyes Lids or Cloud  
Shed Eyes Striking y<sup>e</sup> Eyelids with it over night  
& washing it of the next Morning with Rose  
Water or Cardus Water if neither with  
Spring water y<sup>e</sup> things must be all weight  
apothecarys weights.

NLM

For Shortness of Breath

Mix  $\frac{3}{4}$  of an Oz of fine powdered Senna  
 $\frac{1}{2}$  an Oz of flour of Brimstone  
 $\frac{1}{4}$  Oz powdered ginger in 4 Oz of honey

Take the size of a nutmeg every night  
and Morning for five successive  
days. Afterward once a week  
for some time  
G. Walker

James

Powell

Powell

Rae

right

off

and

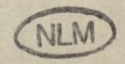
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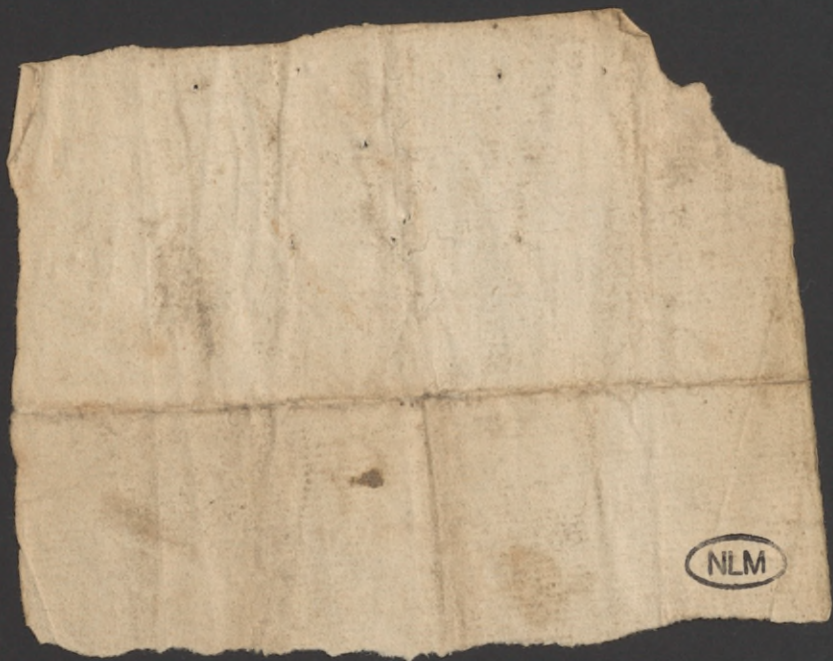
good

own

Walker



In herb  
Sitre  
Stone Brometone  
Gnaicum an equal quantity  
of each, made into pills  
of 5 grains each, 5 pills  
to be taken every other Night.



NLM

## Cholera Morbus

An intelligent correspondent has obliged us with the following remedy for this dreadful disease, which he received from the late Dr Shuter, head of the Botanical Institution in Calcutta where, from his own observation he can state that it has saved the lives of thousands - Calomel, one scruple powdered Opium, three grains; mixed with a sufficient quantity of conserve of hips to form and divide into six pills, two of which are to be taken every two hours the Powers of Life to be kept in full action by hot flannels, friction, &c. until the disorder has subsided.

Cheltenham Chronicle



Sugar 5/2 to sell	7
He 5/2	6
Can away seeds	1 ounce
Barren to 5/2	10
Sapi - 6	7
Landless 6/4	7
Integers	1 ounce 1/4
Solar 10/4	3 ounce
Waffle	8 ounce
Mute 2/6	2 1/2 half pint

15-10-  
 15-10-92  
 16-5-10/12



For OCTOBER, 1747.

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four of these pills twice a day—and after each dose, drink half a pint of spruce-beer, with a drachm of *Iris* slate powdered in it.

*An excellent Remedy against Agues and Intermittent Fevers.*

TAKE Jesuits-bark one ounce, snake-root one drachm, and as much syrup of cloves as will make it an electuary; of which take the quantity of a chefnut every three hours between the fits. And if you take it two or three days at the intervals of six hours, after the fit is stopped, it will certainly cure, and prevent any return.

*The ANGLER and SPORTSMAN instructed in November.*

OBSERVATIONS *for the ANGLER.*

THE Angler must now be thinking to provide rods for the next season. For this end, let him remark, that those fishing-rods will do him most service, that are cut after the sap is down, *i. e.* from the latter end of this month, to the middle of *January*.

The haffe, black-thorn, and crab-

should be five yards long: For the *New-River*, a line of two yards is long enough: In fine, you must proportion your rods and lines to the breadth and rapidness of the water in which you seek for sport.

As for the strength of your lines, they must be proportioned to the fish sought for. The common way is to

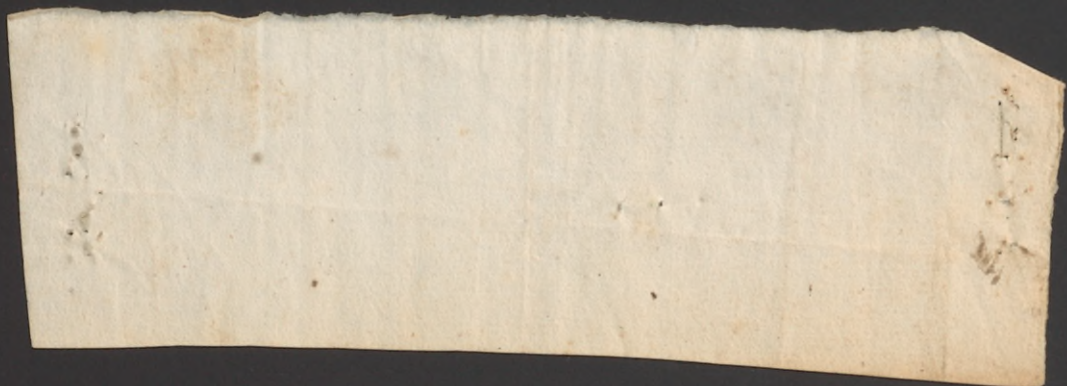
vous knees. Its eyes are brown and dim, but they are continually open, and seldom look forward. It is a subtle creature, but not bold. The Hare never walks or treads, but jumps or leaps, and runs quickest in paths and highways. This is the creature represented in the following cut.



The best time to hunt the Hare, is from the middle of *September* to the latter end of *February*; during which to the middle of its head, the feathers are of a reddish ash colour. It has a grey belly and breast.

R Pil, Rudy Extract Ji Calomel gr viij  
in. fac Pilul: R. iij vel iv: pro doze  
sind Hauere, Vases:

2 Penny worth Oed Masserway  
1 Do Do Spirit of Do  
1 Do Do Hawthorn  
1 Do Do Appledwick  
1 Do Do Gold Water  
For Rummasters



Elizabeth Strachey  
her book 1693

