

Mead (Ed.)

# ANNOUNCEMENT

OF THE

## PSYCHOPATHIC RETREAT,

AN INSTITUTION FOR THE TREATMENT OF

MENTAL AND NERVOUS DISEASES,

UNDER THE SUPERINTENDENCE OF

EDWARD MEAD, M. D.,

MEMBER OF THE MASSACHUSETTS AND THE OHIO STATE MEDICAL SOCIETIES;  
LATE PROFESSOR OF INSANITY AND MEDICAL JURISPRUDENCE IN THE  
CINCINNATI COLLEGE OF MEDICINE AND SURGERY, FORMERLY  
OF OBSTETRICS AND DISEASES OF WOMEN AND CHILDREN  
IN THE SAME; AND OF MATERIA MEDICA AND  
THERAPEUTICS IN THE MEDICAL DEPART-  
MENT OF ILLINOIS COLLEGE.



BOSTON:

W. F. BROWN & CO., PRINTERS, 50 BROMFIELD ST.

1874.

THE only institution of the kind within the limits of BOSTON,  
authorized by the GOVERNOR and COUNCIL of MASSACHUSETTS;  
and amenable to the laws governing public institutions, in re-  
gard to the admission of patients and official supervision.

No patient admitted for a shorter period than three months.  
A bond is required for the payment of expenses for that length  
of time, unless the patient is sooner restored.

VISITING DAYS wednesdays and thursdays from 2 to 4 P. M.

## PSYCHOPATHIC RETREAT.

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THE need of a well organized and well conducted private institution for the care and treatment of persons afflicted with mental and nervous diseases, where special arrangements can be made, is very generally felt and acknowledged. Although provision has been made on a liberal scale, by the establishment of public hospitals, the extent of accommodations is still inadequate to the need.

There are, moreover, persons suffering from certain forms and degrees of mental disturbance, for whose care and restoration to health the ordinary restraints of a public hospital are not necessary; yet where temporary removal from home to a suitable retreat in which home-like arrangements are preserved, is indispensable to a speedy recovery: again, friends sometimes prefer to place the afflicted members of their families in charge of some competent medical adviser, who has availed himself of opportunities of culture in the requirements of this specialty, and whose personal supervision is limited to a few cases, enabling him to give more attention to each than is practicable in crowded wards.

Nervous diseases, so nearly related to those of the brain, are also often embarrassing to the practitioner, as well as annoying to friends, for want of a proper combination of hygienic and curative influences besides mere medication. Complicated as they generally are,



with chronic functional disturbance of some kind, they can only be controlled by the aid of sanitary and moral agencies beyond the reach of ordinary domestic regulations.

Oinomania or Dipsomania—the disease of intemperance—is frequently the result rather than the cause of brain disease; and when treated in accordance with the dictates of modern science and enlightened humanity, experience has proved its curability.

Uterine displacements, which have been observed to be a prolific source of mental disturbance, and certain abnormal conditions of the menstrual function, originating in a variety of causes, characterized by extreme sympathetic nervous reaction, constitute a class of cases which need temporary retirement from the harassing excitement of familiar scenes.

To supply these needs an institution has been established within the present limits of the city of Boston, yet with all the advantage of retirement beyond the confusion of public thoroughfares, and organized with reference to the practical application of the most efficient psychopathic means.

It is situated on Seaver street, Roxbury, near the intersection of Walnut Avenue. The building is a first class dwelling erected in the Italian style, with spacious apartments, formerly occupied by Gen. Horace Binney Sargent. The locality is elevated, affording commanding views of the adjacent country, free from miasmatic effluvia, embracing in its surroundings a salubrious atmosphere and the highest sanitary conditions. The grounds are laid out with cultivated taste, in accordance with the principles of landscape gardening, adorned with a variety of ornamental trees and shrubbery, lawns for

croquet, games of ball, and other out-of-door exercises. Music, a library, current periodical reading matter, and parlor games afford in-door recreation and amusement. Medicated as well as ordinary baths form a part of the therapeutic resources.

It is within a short distance of two lines of street railroad, viz: Grove Hall station in one direction, and Egleston Square in another, thus affording convenient access to the intellectual privileges, social and religious assemblies, concerts, lectures, theatrical entertainments, museums and other advantages to be had in the city of Boston; all of which can be made available in the treatment of the various forms of mental and nervous maladies during the period of convalescence.

The institution is under the immediate superintendence of EDWARD MEAD M. D., late Professor of Insanity and Medical Jurisprudence, formerly of Obstetrics and Diseases of Women and Children, and of other branches in some of the western Colleges. Dr. M. has devoted a large part of thirty years to the study, practice and teaching of this specialty, including eighteen years' experience in the management of two similar institutions, with extensive practical observation in the hospitals and asylums in this country and Europe, and the delivery of ten courses of lectures to medical classes and before medical societies. Appended hereto will be found a number of testimonials from experts in the specialty, Professors in Medical Colleges, and other persons of distinction, which, although given for another purpose, are here presented in order to assure those who desire to place their afflicted friends under treatment, that they will have the benefit of kindly care and a large professional experience.

## TESTIMONIALS.

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From His Excellency R. B. HAYES, Governor of Ohio.

STATE OF OHIO, EXECUTIVE DEPARTMENT.

COLUMBUS, OCT. 29 1868.

Dr. Edward Mead of Cincinnati, Ohio, is known to me personally and by reputation. The care and cure of the insane has been his specialty for many years; and he is no doubt a perfectly competent physician to take charge of an Asylum, and administer its affairs. I therefore commend his claims and merits &c.

From Hon. CHARLES F. WILSTACH, Mayor of Cincinnati.

MAYOR'S OFFICE, Dec. 31 1868.

TO WHOM IT MAY CONCERN:

The bearer of this letter, Dr. Edw'd Mead of this city, is hereby recommended to all with whom he may have business relations, as a gentleman worthy of the fullest confidence. The Doctor's specialty is the management of Insane Asylums, in which he has had much experience.

From Hon. BELLAMY STORER, Judge of the Superior Court, Cincinnati; Professor in the Law School; formerly Member of Congress. Dated Oct. 30 1868.

Dr. Edward Mead is a highly esteemed member of the medical profession in this city, and has had large experience in the



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management of the insane. His lectures upon the treatment of the insane, and all forms of disease connected with the mental faculties, have been well received, and are appreciated by all who have read them. I have no doubt of his competency and entire fitness to superintend a Lunatic Asylum.

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From HON. GEO. HOADLEY, Professor in the Cincinnati Law School, formerly a Judge of the Superior Court. Dated Dec. 31 1868.

This is to certify that I have known Dr. Edward Mead for many years. He is a gentleman of high social and personal standing; esteemed by all who know him. His professional brethren are better qualified than I, to speak of his professional standing; but I may properly say that he is reputed to be a physician and surgeon of great skill; especially qualified by experience and study, for the treatment of the insane.

I cheerfully recommend him to all who know me, as worthy of the highest confidence.

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From JOHN DAVIS M. D., of the Medical Staff of the Cincinnati Hospital; President of the Academy of Medicine; member of the Board of Commissioners of Benevolent Institutions. Dated Dec. 30 1868.

Dr. Edward Mead has made the study of Insanity his specialty for many years; and I do not know any one that I regard as his superior in knowledge on this subject. He is very unassuming in his address, but bold when boldness is required in any work entrusted to his charge; and always thorough.

If appointed superintendent of your institution, I have no doubt he will give you eminent satisfaction.

NOTE. Drs. Davis and Mead were in the same class in 1840.

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From JOHN H. TATE M. D., Professor of Obstetrics and Diseases of Women and Children in the Cincinnati College of Medicine and Surgery; the same chair occupied by Dr. Mead in 1851-2 and for two subsequent sessions. Dated Dec. 31 1868.

I graduated in the same class with Dr. Edw'd Mead, and have known him personally and professionally for many years. Insanity is his hobby; he has given more attention to this subject than any man I know; has already had the management of Institutions for the Insane; and is in my opinion, thoroughly qualified to take charge of such an institution.

By conferring an appointment on such a man, you will benefit alike the insane, and a most worthy member of the profession.

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From W. W. DAWSON M. D., Surgeon to the Cincinnati Hospital; late Professor of Anatomy in the Medical College of Ohio. Dated Dec. 31 1868.

Dr. Edward Mead of this city has made Insanity a special study for years, and I think he has few superiors in that department, in the United States.

N. FOSTER M. D. says "I fully concur in the above."

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From M. B. WRIGHT M. D., Professor of Obstetrics in the Medical College of Ohio, addressed to Dr. Mead.

I have known you from boyhood. In your specialty you have manifested great zeal; and so far as I am capable of judging, your knowledge of Insanity and its treatment comes up fully to the times. Added to this, you have had ample observation and experience.

In another letter Prof. W. writes, "From my knowledge of your professional attainments, you are abundantly qualified to discharge the duties that belong to the superintendent of a Lunatic Asylum. With my best wishes for your success, &c."

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From GEO. MENDENHALL M. D., Professor of Obstetrics in the Miami Medical College; President of the American Medical Association. Dated Dec. 31 1868.

Dr. Mead has been in charge of institutions of the kind, and has had considerable experience in that way. It would be gratifying to his friends to hear of his appointment.

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From Wm. Clendenin M. D., Health Officer, Cincinnati; Professor of Military Surgery in the Miami Medical College.

I beg respectfully to suggest for your consideration, the name of Dr. Edward Mead of this city. Dr. Mead is an educated gentleman, and has had quite a large experience in the treatment of the insane, and as superintendent of Insane Asylums; and he would in my opinion, readily adapt himself to, and properly manage your institution.

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From EDWARD B. STEVENS M. D., Editor of the "Lancet and Observer;" Professor of Materia Medica in the Miami Medical College.

I have known Dr. E. Mead of this city for many years. He



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stands among our well known physicians. He has for a long time given particular attention to the subject of Insanity, and the care of the insane.

I understand that you desire to select a proper person to take charge of your Asylum, and it affords me a great deal of pleasure to commend to your favorable regards Dr. Edward Mead.

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From W. H. MUSSEY M. D., Professor of Surgery in the Miami Medical College.

I have known Edward Mead M. D. for many years. He has given especial attention to the Literature of Insanity, and to the practical care of the insane. His industry, character, attainments and position in the profession, entitle him to distinguished consideration.

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From W. F. TIBBALS M. D., addressed to F. HOWARD M. D. Washington City.

Permit me to present my friend Dr. Mead of this city. He is quite an eminent man in the west in the specialty of Insanity. He is on a visit to the eastern Institutions.

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From JOHN F. WHITE M. D., late Professor of the Theory and Practice of Medicine in the Miami Medical College.

It gives me pleasure to commend Dr. E. Mead as a medical gentleman, fitted by nature, acquirements and experience, to take charge of an Asylum for the Insane.

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From the late L. M. LAWSON M. D., Professor in the Transylvania University, Lexington, Ky.; and in the Medical College of Ohio; founder of the Western Lancet, and author of a Treatise on Phthisis Pulmonalis.—Extract from a letter addressed to the late Governor WRIGHT of Indiana, afterwards U. S. Minister to Prussia. Dated April 3 1857.

Permit me to introduce to you Dr. Edward Mead of this city, who visits Indianapolis for the purpose of inquiring into the condition of your Lunatic Asylum.

Dr. Mead is now, and has been for years engaged in treating Insanity; and it is my opinion that his qualifications in that department, are not surpassed (if equalled) by any physician in the western country.

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The undersigned, Physicians of Cincinnati, being personally acquainted with Dr. Mead, cordially recommend him as a gentleman peculiarly fitted, from long study and experience, to take charge of a Hospital for the Insane.

GEO. C. BLACKMAN	}	[Professors in Medical College of Ohio.]
JAMES GRAHAM		
B. F. RICHARDSON		
THOMAS CARROL	}	.. Cincinnati College of Medicine and Surgery.
FRED'K ROELKER		
W. H. MUSSEY	..	Miami Medical College.
GEO. FRIES M. D.		
DAVID JUDKINS M. D.		

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We the undersigned, Physicians of Cincinnati, placing confidence in the honesty, integrity and professional ability of our friend and colleague Dr. Edward Mead, (particularly in the specialty of Insanity) do respectfully recommend him as a suitable person for superintendent of an Insane Asylum.

P. S. CONNER, [Professor of Chemistry, Med. Coll. of Ohio.]		
W. F. TIBBALS.	I. S. DODGE.	CHA'S WOODWARD.
W. H. McREYNOLDS.	T. J. PEALE.	E. MORGAN.
JOHN DAVIS.	W. B. DAVIS.	M. CASSAT.

NOTE. A similar testimonial signed by twenty one others, including the prominent German Physicians, is now in Washington city.

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From ISAAC RAY M. D., Author of the "Medical Jurisprudence of Insanity," and "Mental Hygiene," formerly Superintendent of the Butler Hospital for the Insane, and of the Maine Insane Hospital.

Our progress in this branch of the healing art would have been much greater than it has, had not so many been appointed to the charge of hospitals, whose merits consisted of any thing rather than high professional attainments.

For the good of the cause, therefore, and the honor of the country, I hope that Dr. Mead's claims will be allowed to have all the weight to which they are eminently entitled.

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From the late LUTHER V. BELL M. D., President of the Massachusetts Medical Society, and for twenty years Superintendent of the McLean Asylum, Somerville, near Boston. Dated June 19 1860.

I became acquainted with Dr. Edward Mead some fifteen

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years since, at one of the annual meetings of the Association of Insane Hospital Superintendents. I formed, in common, I believe, with the other members, a high estimate of Dr. M's mental powers, professional attainments, and decided taste for this special department of the medical profession.

The knowledge I have since had of his pursuits, and a recent opportunity of renewing my personal acquaintance, have corroborated my conviction, that he has gifts, qualifications and experience, which ought not to be lost to the community, in their application to the charge of some of our public institutions for the insane.

I should be happy, from the interest I must ever retain in a great cause, to hear that you had called him into your service.

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From CLEMENT A. WALKER M. D., Superintendent of the Boston Lunatic Hospital.

I have known him [Dr. Mead] long and well by reputation and somewhat by personal acquaintance, and I think I cannot be mistaken in my knowledge and estimation of him. His reputation (among the members of our specialty) for thorough knowledge and skill in this most difficult branch of our profession, has for years been an enviable one.

Should you place your hospital in his charge, he will carry into your service a clear head, a warm heart, and an untiring energy.

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The following paper was drawn up at the annual meeting of the Association to which it refers, held in June 1869.

The undersigned, members of the Association of Superintendents of American Institutions for the Insane, having known Dr. Edward Mead personally, and by reputation for many years, consider him to be eminently fitted by study and experience, to take charge of an institution for the insane.

ISAAC RAY, [Late Superintendent of the Butler Hospital for the Insane, Providence, R. I.

JOHN CURWEN, Superintendent of the Pa. State Hospital, for the Insane, Harrisburg, Pa.

CLEMENT A. WALKER, .. Boston Lunatic Hospital.

THOMAS S. KIRKBRIDE, .. Pennsylvania Hospital for the Insane, Philadelphia.

D. T. BROWN, .. Bloomingdale Asylum, N. York.

C. H. NICHOLS, .. Gov't Hospital, Washington City.

JOHN S. BUTLER, .. Hartford Retreat.

JOHN P. GRAY, .. N. Y. State Lunatic Asylum.

JOHN E. TYLER, .. McLean Asylum, Boston.



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From **PLINY EARLE M. D.**, Superintendent of the Northampton Lunatic Hospital.

Although my personal acquaintance with Dr. Edward Mead has been but slight, I have known him many years by reputation. I have regarded him as not only well versed in the treatises upon insanity, but as having a particular taste for that specialty, and therefore likely, if engaged in it, to devote himself with all his ability to its duties.

From **H. M. HARLOW M. D.**, Superintendent of the Maine Insane Hospital.

I have known Dr. Mead for several years past, and believe him to be a man well qualified to have charge of the insane. He has made the subject of insanity a study for many years, and has had quite an extended experience in the treatment of the disease; which with his natural mental qualities, render him much more suitable for the position of superintendent than one who has had little or no training for the specialty.

Should your board see fit to elect him to the office, I feel confident that you will not have cause to regret the appointment.

From **JOHN E. TYLER M. D.**, Superintendent of the McLean Asylum, Boston.

Your experience in the study and treatment of Insanity has been very large, and I have no doubt but you would fill the office of Superintendent to the entire satisfaction of the Trustees, and of their community; and I should be pleased to welcome you back into the ranks of the active members of our Association.