

**THE CINCINNATI
LITERARY AND SCIENTIFIC INSTITUTE,
AND
PHYSIO-MEDICAL COLLEGE.**

The Subscriber will commence, on the first Tuesday in January, 1872, to a class of Ladies, already engaged, a Regular course of Lectures on the Science of life; involving the consideration of all the subjects that are very essential to the preservation of health and the cure of disease.

He will be aided, as it becomes necessary, by competent Professors.

The Lectures will continue twenty weeks, within which time will be taught all that is ESSENTIAL to enable diligent and faithful students to take good care of their own health and lives and those of their families, and of others, if they choose. Those who do not want the whole course, may attend any part of it. An extensive practice for nearly forty years, has convinced us that seven tenths of the present suffering and premature deaths of females and their children, from diseases peculiar to THEM, might be prevented by obedience to the instructions that will be given in this course of lectures.

All other sciences than Medicine, have been so simplified, by discoveries and experiments, that they require of students far less time and labor than they formerly did, to become well acquainted with them. The declaration that Medicine requires longer time and severer application, is proof that WHAT IS CALLED Medicine is not a science; and the miserable failures every day occurring, prove that its practice is not an art.

That the Physio-Medical System is the TRUE science and art of HEALING, is fully proved by the practice of the LADIES who have exercised it, and will be by all who shall attend the course of Lectures here enunciated, and do justice to their opportunities. They will learn to prevent SEVEN-TENTHS of all their present sufferings from disease, and to cure ninety-nine-hundredths of the cases that do occur, at an expense of time and money less than the cost of a good piano and five months practice on it.

What other present so valuable can a person give to a daughter or a female friend? Music is interesting, good and useful, but not indispensable. THE SCIENCE OF LIFE is invaluable; it is not only the preserver of health, it is a means of support. They who possess it need never sing "The Song of the Shirt." They can always secure a good living by its practice, one of the noblest of all employments. Their services as physicians are wanted everywhere and the compensations are more liberal than are those of any other employment.

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Notwithstanding the general excellence and extent of the instructions in our schools and colleges, it is well known that, from all these, many Students, for various reasons, after passing through the whole course of studies, are very deficient in their knowledge of many of the subjects included in it, and have wasted much time, labor and money, on others of little value, to the neglect of what should be thoroughly known in its principles, and familiar to the practice, of every youth whatever be his circumstances or the course of life he desires to pursue.

It is further known, that the methods of teaching much that is really valuable, are too generally such that the acquisition is painful, protracted, and almost useless; instead of being, as it might be, pleasant, rapid and profitable, by a proper method of instruction. The popular methods are more abstract than practical, and therefore the attainments are superficial and soon forgotten. For example:

Pure mathematics is taught before applied; and grammar, reading and translations of dead languages as such, instead of, or in preference to, studying them for their instructions in science, and their contributions to our own language, and the mere reading and translation of modern languages, instead of speaking and writing them; the only thing that gives them either interest or value. In short, the popular educational error consists in the teaching of science and art through languages, instead of teaching them through their proper objects, and languages through them as their media of communication and preservation.

In our Normal School, the pupil may choose his subjects of study, and the above popular method of teaching will be reversed. Scientific principles will be taught by experiments that illustrate them; arts, by the practice of them; and languages, by speaking and writing them; thus making languages the servants of education and instruction, not their masters.

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