

... Las Vegas Hot Springs ...

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NEW MEXICO, U. S. A.

» A HEALTH RESORT. «

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OFFICE OF MEDICAL DIRECTOR.



April 15 1898.

My dear Doctor:-

Las Vegas Hot Springs, N. M., is a village devoted to the restoration of health. It is more than a hospital, a sanatorium, or both. It is a place for the healthy as well as the sick; for recreation as well as for treatment. It is not a place for incurables, but for enjoyment, rest and recovery. The treatment out of doors is made as much a feature as the treatment within doors.

Las Vegas Hot Springs has an altitude of 6,767 feet; a monthly precipitation, between June and September, of less than one inch; a mean annual temperature of 59.07; an average of 328 days of sunshine annually; and no sand storms. High hills form almost a complete circle around the grounds and buildings, thus protecting us from severe winds. Controlling an extensive territory, there is freedom from noises and confusion of town and city life, and from dangers of contagion. The Gallinas river runs through the property. With these unusual natural advantages, it is desired to link together every modern medical convenience and appliance, so as to best combat such affections as are applicable to this locality. Those sent as patients will receive individual instruction and direction in regard to exercise, diet and all that concerns health. Monthly reports will be sent to the family physician, or consultant, who by this means will be kept closely in contact with his patient.

The buildings are ample, with steam heat and electric lights, and the grounds are sufficient for recreation and amusement of every description. The waters of our hot natural springs, the saline, sulphur and lithia elements predominating ranging from a temperature of 110 to almost boiling, flow into the bath house, natatorium and main resident building with almost no loss of temperature, and are utilized in the treatment of diseases which will suggest themselves. The peat from our peat beds is applied in the shape of baths in treating diseases for which it is useful.

Our prices are moderate. Physicians who desire recreation or treatment will be received without medical charge. Tubercular cases, advanced in the third stage, are not desirable. The extreme care taken in regard to the destruction of sputum is such, we feel assured there is less possibility of contagion than in the streets and homes of populated centers. Patients should bring warm clothing for protection in open air treatment.

Las Vegas Hot Springs is six miles from Las Vegas, on the Santa Fe route, and is connected by railroad with all through trains on that line.

Very respectfully,

William Curtiss Bailey



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