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AMERICAN FOUNDATION FOR HOMOEOPATHY
CHARACTERISTIC
SYMPTOMS
OF THE
MATERIA MEDICA
FOR THE
POCKET.

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Characteristic symptoms of nursing materia medica for the pocket.
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Catarrhal inflammation of eyes with thin, burning, excoriating discharge (tears), oedematous lids (esp. lower) with a general cachexia.
Arsenicum Album.
Pains fine thread-like, burning agg. soon after midnight, amel. external warmth.
Arsenicum Album.
Pain in occiput, extends to vertex and down the spine like a bolt; amel. bending head backward.
Cimicifuga.
Nausea and vomiting with deathly anxiety, restlessness, cold sweat, feeble heart, faintness.
Antimon. et Potass. Tartaricum.
Eructations smelling like putrid eggs.
Arnica.
Horny warts on hands and soles, sensitive.
Antimonium Crudum.
Fever, periodic, chill short, fever prolonged, sweat moderate or suppressed (rarely long-lasting), during apyrexia great weakness and other characteristic developments.
Arsenicum Album.
Throbbing over eye, extending to head; agg. night (in syphilitic iritis.)
Urging to stool, with discharge only of hot offensive gas, affording transient relief.
The flesh feels bruised and sore; everything on which one lies seems too hard; bed sores.
Arnica.
Sciatica, pains agg. sitting and walking, disappear on lying; tendons seem contracted.
Ammon. Mur.
Tonsilitis, Diphtheria, throat bright red glossy, oedematous, stinging pains, puffiness externally, stupor, drowsiness, no thirst.
Apis.
Blepharitis marginalis, edges of lids thick and red (no burning as in Alumina).
Argentum.
Croup, early stage; tosses about in agony, short, dry, hacking cough at end of every expiration.
Aconitum.
Colic, burning pain, with icy cold extremities, with restlessness and prostration or with vomiting and purging.
Arsen. Album.
Sleep restless with startings and jerkings, sleepless after 1 or 3 a. m.
Arsenicum Album.
Encysted tumors, esp. of scalp.
Baryta Carb.
Peevish intolerance; the slightest pain makes one frantic.
Chamomilla.
Illusion of vision; as if serpents were crawling over objects, with no mental distress.
Argentum Nitricum.
Face puffy, cachectic looking; pale, even cold.
Arsen. Album.
Burning and stinging, with redness of the skin as from "frost bite," feet or external ears.
Agaricus.
Acute laryngitis, on coughing hoarse, feeling as though lining of larynx would be torn out, coughing brings tears to the eyes, with fluent coryza, cough worse in cold air.
Allium Cepa.
Gastritis; very sensitive to touch, burning and stinging pains, often extending into chest.
Arsenicum Album.
Loss of sexual desire and power, with cold, relaxed penis and scrotum.
Agnus Castus.
Uterine inertia during parturition, with faint-like sinking of strength.
Causticum.
Melancholia, weeps and prays, longs to die.
Aurum.
Sensation of a stone or hard lump in stomach after eating
(compare Abies nig.)
Bryonia.
Constipation, rectum dry inactive, must strain, followed by clear blood.
Alumina.
Fluent coryza or an acrid ichorous discharge from nostrils, with sore excoriated nostrils and chapped face.
Arum. Triphyllum.
Inflammation and ulceration of cornea with great photophobia and bone pains.
Aurum.
Threatening heart failure and collapse with faintness, coldness with desire for air, especially to be fanned.
Carbo veg.
Urine scanty, hot; may be suppressed; often dark, albuminous, with general dropsy, etc.
Arsen. Album.
Boring pain in nasal bones with fetid ozæna.
Aurum.
Loose rattling cough and respiration with cold sweat, inability to expectorate, threatening suffocation and faintness.
Antimon. et Potass. Tartaricum.
Extreme thirst, wants but little drink at a time, or fears to take but little on account of the irritable stomach.
Arsen. Album.
Emission of very foul flatus.
Arnica.
Diarrhoea painless; stools thin, yellow or bloody, burning in anus, it seems to remain wide open.
Apis.
Constant picking or boring into the nose till it bleeds.
Arum. Triphyllum.
Eyes intensely inflamed, lids and conjunctiva swollen, with profuse purulent discharge.
Argentum Nitricum.
Acute urethritis, meatus swollen, everted with stinging pains; excessive discharge, purulent.
Argentum Nitricum.
Epileptic seizures; a number of convulsions follow each other with little intermission (palliative, mainly).
Absinthium.
Sharp pains, agg. motion, amel. rest, warmth and pressure sufficient to keep painful part quiet (amel. lying on painful side).
Bryonia.
On attempting to pass only gas, thin feces escape; is unable to distinguish the presence in rectum of feces from gas.
Aloe.
Cough dry, agg. coming into a warm room.
Bryonia.
Soreness and pain in the region of the liver and at lower angle of the rt. scapula and in right shoulder, with yellow skin, etc.
Chelidonium.
Slow and imperfect development, mental and physical.
Baryta Carb.
Pains become intolerable, they drive one almost crazy, with agonizing restlessness.
Aconitum.
Eructations tasting of the ingesta.
Antimonium Crudum.
Suffocation, chest feels constricted by a hoop, with asthmatic attacks.
Arsenicum Album.
Chorea-like twitchings, amel. when warm in bed.
Agaricus.
With fever, portions of body seem separated, they can not be collected.
Baptisia.
Fever without thirst, with sleepiness, worse from 3 to 5 p. m.
Apis.
Vomiting food, but not drink, (reverse of Bismuth).
Bryonia.
Scarlatina, livid rash, in spots, color returns slowly after pressure, with stupor or delirium, sordes on teeth, great weakness, stools, thin, offensive or bloody.
Ailanthus.
Lips, tongue and buccal cavity sore, raw, cracked and bleeding.
Arum Triphyllum.
Blepharitis marginalis with thickening, dryness and burning.
Alumina.
Recurrent nose-blood, with pale face, faintness, feeble pulse, coldness, with desire to be fanned.
Carbo veg.
Facial neuralgia, fine lines of burning pain, as from red-hot needles.
Arsen. Album.
Stomach very irritable, the least food or drink causes intense distress, with efforts to vomit, and an evacuation of bowels.
Arsenicum Album.
Tonsilitis, threatening suppuration, can swallow only liquids.
Baryta Carb.
False membrane on throat, dry or wrinkled, with exhaustion, restlessness, burning thirst, etc.
Arsen. Album.
Metrorrhagia, dark, clotted, paroxysmal, uterus sensitive, legs painful (see disposition).
Chamomilla.
Intermittent, supra-orbital neuralgia (usually one-sided), especially accompanying a malarial attack.
Cedron.
Suppressed menstruation with hemorrhages from nose, throat or other parts.
Bryonia.
Stool involuntary during fever, putrid or dark-bloody, or acrid, and foul.
Arnica.
Lipomata esp. about neck.
Bartya Carb.
One cheek red and hot, the other simultaneously pale and cool.
Chamomilla.
Grey, gelatinous, mucus like clear starch, is expectorated from the larynx, the upper part of which feels sore and raw on coughing.
Argentum.
Chronic metritis, uterus large and hard, with prolapsus, bruised pain.
Aurum.
Sensation of a plug wedged between the symphysis pubis and coccyx.
Aloe.
Stupor or muttering delirium with involuntary discharges, in a low type of fever.
Diarrhoea, stools small, frequent, (often brown or black), thin preceded by colic, followed by extreme exhaustion.
Arsenicum Album.
Extreme anguish with restlessness and thirst, with fever and bounding pulse or with collapse, feeble pulse, cold sweat, etc.
Aconitum.
Indigestion with burning pain, extending to spine (not around the sides), worse after eating, transiently relieved by cold drinks.
Bismuth.
Hemorrhoids purple, sore, feeling of sticks in anus, pain in sacral region and hips.
Aesculus Hippocastanum.
Viscid, grey, jelly-like mucus is easily hawked up from the pharynx, which is raw and sore.
Argentum.
Urine scanty, dark, albuminous, with stupor, no thirst, dropsical symptoms.
Apis.
Ptosis, a sensation of heaviness in the upper lid, often with burning dryness in the eyes.
Causticum.
Dropsy; thirst, stomach irritable, inclined to vomit; scanty urine, weak irregular pulse.
Apocynum Cannab.
Uterine and ovarian pains seem to extend upwards to the ribs or in various directions (false labor pains).
Cimicifuga.
Whining restlessness; the child wants various things but pushes them away, is quiet only when carried about.
Chamomilla.
Acute affections caused by fright; such as vertigo, congestive headache, suppressed menses, even jaundice.
Aconitum.
Face sunken, drawn, pale, ashy grey, with cold sweat (with abdominal diseases).
Arsenicum Album.
Conjunctivitis with dryness, burning and smarting, worse in inner canthus. (Compare zinc.)
Alumina
Skin red, inflamed, often in blotches, with stinging pain, intolerable biting or itching (urticaria, erysipelas, erythema).
Apis.
Tongue thickly coated white (with craving for acids), very cross disposition.
Antimonium Crudum.
Intercostal pains, shooting or cutting, extending downward, with soreness, amel. by bending forward. Pleurodynia or true pleurisy.
Asclepias Tuberosa.
Erysipelas of face, hot, bright swelling, with stinging pains, drowsiness, delirium, *et cetera.*
Dyspnoea, from a sense of constriction in air passages, agg. after midnight, agg. lying down in bed.
Arsenicum Album.
Stitches in the sides, agg. motion, breathing, amel. by lying on painful part.
Bryonia.
Extreme restlessness with prostration, with anxiety or fear, or anguish.
Arsenicum Album.
Frontal headache agg. stooping, jar on rising from bed mornings, extends into upper jaws.
Bryonia.
During chill hovers over fire, no thirst, during fever thirst for small quantities (cold water causes chilliness) restlessness, dry, hot skin; sweat follows later, without relief of distressing symptoms.
Arsenicum Album.
Tongue dry, brown or red, with indented edges, with thirst.
Arsen. Album.
Chronic indurated and swollen tonsils (esp. r. tonsil); liable to inflame.
Baryta Carb.
A sore bruised feeling in the uterus after parturition (or with prolapsus).
Arnica.
Rectum seems dry and filled with small sticks.
Aesculus Hippocastanum.
Diarrhoea exhausting, fetid, usually dark, often bloody, at times involuntary during a low fever.
Baptisia.
Putrid odors from the mouth.
Arnica.
Excessive flatulent distention of the stomach (with nausea and vomiting), violent gastritis, threatening ulceration, et cetera, (toxic, from alcohol).
Argentum Nitricum.
Fear of being touched by persons coming towards him.
Arnica.
Loss of memory, especially after protracted fevers (typhoid).
Anacardium.
Voice hoarse, uncontrollable, now deep, now high.
Arum Triphyllum.
Eruptions dry, scaly with burning and itching, agg. scratching.
Arsenicum Album.
Hoarseness and aphonia from weakness or paralysis of the vocal cords.
Causticum.
Pain and lameness in sacrum and hips with rectal symptoms.
Aesculus Hippocastanum.
Flatulent distention of stomach and abdomen with heartburn, acidity and weakness.
Carbo veg.
Burning pain in rt. ovary.
Arsen. Album.
Reverberation of voice or other noise in the ear.
Causticum.
Headache; like a boiling of hot water in the brain.
Aconitum.
Burning stinging pains in ovary (esp. rt.), extend down thigh.
Heart’s action irregular, weak, rapid (irritable heart).
Arsenicum Album.
Boring pains in base of the skull with periostitis.
Aurum.
Irresistible desire to curse and swear.
Anacardium.
Melancholia with incessant talking, mental and physical restlessness, changes subject and changes place constantly.
Cimicifuga.
Unhealthy ulcers, even gangrenous, with burning, foul discharge.
Arsenicum Album.
Inflammation of eyes (cornea and conjunctiva) with puffy lids and chemosis, hot gushing lachrymation.
Apis.
Dull frontal headache as if a tight band were stretched across forehead from temple to temple.
Carbolic Acid.
Boring bone pains at night with despair (periostitis.)
Aurum.
Fatty degeneration of the arteries (aneurism).
Bar. Mur.
Palpitation with tremulous weakness after stool or after excitement, must lie down, but agg. lying on back.
Arsen. Album.
Fever with tremulous weakness, restlessness, muttering delirium, diarrhoea, generally offensive exhalations.
Baptisia.
Lips sore, chapped, cracked and bleeding; the patient constantly picks them.
Arum Triphyllum.
Whooping cough, with Ecchymosed eyes; child cries before coughing (dreads the hurt of coughing).
Arnica.
Fever without thirst, *with sleepiness*, agg. 4 to 5 p. m.
Apis.
Diarrhoea, caused by ice-water, ice-cream or after anything cold taken when overheated.
Arsenicum Album.
Stupor with sudden shrill cries, with symptoms of meningitis.
Apis.
Extreme hyperesthesia, scratching on linen or silk is insupportable.
Asarum.
Head feels too large, as if distended by something within (as if elongated Hypericum).
Arnica.
Diarrhoea, after drinking; chronic D. long after emotional shock; stools green mucus or watery, may be bloody, even with tenesmus; gastric and abdominal distress amel. by evacuating gas.
Argentum Nitricum.
Constipation alternates with watery diarrhoea containing undigested food, agg. acids.
Antimonium Crudum.
Suicidal mania.
Arsen. Album.
Cough with pain in the lower part of the rt. lung and in rt. shoulder, with a sore liver, jaundice, etc.
Chelidonium.
Painful, anxious urging to urinate, micturition, *guttatim*, with burning, hot, scanty, even bloody urine.
Aconitum.
Pain in left ovary and small of back extending to the front and downward with prolapsed uterus.
Argentum.
Involuntary micturition, when coughing, or at night during sleep; usually is not conscious of the urine passing through the urethra.
Causticum.
Delirium, loquacious, constantly changing the subject, with physical restlessness. In general suspicious or frightened and tremulous.
Cimicifuga.
Fluent coryza, thin discharge corroding the lips (often alternating with feeling of stoppage at bridge of nose).
Arsenicum Album.
Hemorrhoids, sore and hot, with fullness and dragging in the rectum.
Aloe.
Diarrhoea, evacuations of green mucus, or white and yellow mucus, as if chopped; color changeable, often of undigested food; usually very offensive (during dentition, after taking cold, etc., see disposition).
Chamomilla.
In overloaded stomach vomiting of large amounts of liquid rarely of solids.
Bismuth.
Joints swollen, hot, shiny, red, painful on motion, amel. by warm wraps.
Bryonia.
Peevish and fretful; the child cries when touched or even looked at.
Antimonium Crudum.
Stools, hard, dark, dry as if burnt.
Bryonia.
Nails grow slowly, become horny and split.
Antimonium Crudum.
Conjunctivitis with swollen everted lids.
Apis.
Deeply seated pain in the left hypochondriac region with enlargement of the spleen.
Ceanothus.
Cough deep and hollow with rawness in trachea down to bifurcation of bronchi; cough agg. by talking and warmth of bed (sang.) amel. by sips of cold water.
Causticum.
Neuralgia of tongue, pains like red-hot needles.
Arzen. Album.
Cough dry, caused by suffocative sensation in larynx, preceded by restlessness and anxiety, usually worse evening and night, must sit up; agg. by drinking, cold air, and lying on back.
Arsenicum Album.